

# Circular RNAs in gynecological cancer: From molecular mechanisms to clinical applications (Review)

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**Abstract.** Circular RNAs (circRNAs) have emerged as promising biomarkers and therapeutic targets in gynecological cancer. The present review explored developments in circRNA research in ovarian, endometrial and cervical cancer. circRNA biogenesis, functions and roles in cancer pathogenesis have been discussed, focusing on their potential as diagnostic and prognostic markers. Furthermore, circRNAs mechanisms of action, including miRNA sponging, protein scaffolding and peptide encoding were examined, highlighting specific circRNAs implicated in each cancer type and their clinical significance. The unique properties of circRNAs, such as stability and tissue-specific expression, make them ideal candidates for biomarker development. By synthesizing the currently available literature and identifying future research directions, the present review underscored circRNAs potential to improve gynecological cancer management through novel diagnostic tools, prognostic markers and targeted therapies.

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## 1. Introduction

Gynecological malignancies, encompassing numerous types of cancer of the female reproductive system, represent a notable global health burden. Among these malignancies, ovarian, endometrial and cervical cancer are the most prevalent. According to GLOBOCAN 2020 statistics, ovarian, endometrial and cervical cancer accounted for 313,959, 417,367 and 604,127 new global cases, respectively, and ranked 19, 17 and 9th, in terms of global cancer incidence. In addition, regarding the mortality rates, ovarian cancer, endometrial cancer and cervical cancer were responsible for 207,252, 97,370 and 341,831 deaths respectively, collectively representing 6.5% of all female cancer-related deaths (1).

Despite advances in medical science, the diagnosis and treatment of gynecological malignancies continue to pose notable challenges. Early detection methods remain elusive for a number of patients, and the current therapeutic approaches often fall short in managing advanced or recurrent disease. However, recent research into circular RNAs (circRNAs) has emerged as a promising option for both diagnostic and therapeutic innovations in gynecological oncology (2,3). circRNAs are a class of non-coding RNAs characterized by their covalently closed loop structure, which have gained considerable attention in cancer research due to their stability, tissue-specific expression and diverse regulatory functions (4). In the context of gynecological malignancies, circRNAs have been implicated in various aspects of tumor biology, including cell proliferation, metastasis and drug resistance (5). For example, in ovarian cancer, circWHSC1 has been shown to promote tumor progression by sponging microRNA (miRNA/miR)-145 and miR-1182, ultimately upregulating mucin-1 (MUC1) and human telomerase reverse transcriptase (hTERT) (6). In endometrial cancer, *homo sapiens* (hsa)\_circRNA\_079422 has been found to enhance tumor growth and metastasis by modulating the miR-136-5p/high-mobility group AT-hook 2 axis (7). Similarly, in cervical cancer, circRNAs serve a key regulatory role in cervical cancer progression, showing potential as therapeutic agents and novel biomarkers; however, further clinical research is needed to fully understand their therapeutic benefits (8). The unique properties of circRNAs, including their abundance, stability in bodily fluids and tissue-specific expression patterns, make them promising candidates for

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biomarker development in gynecological cancer (9). Moreover, the diverse regulatory functions of circRNAs offer potential targets for novel therapeutic interventions (10).

The present review aimed to provide a comprehensive overview of recent advances in circRNA research within the context of gynecological malignancies. The biogenesis and functions of circRNAs, their roles in the pathogenesis of ovarian, endometrial and cervical cancer were explored, and as well as potential applications in diagnosis, prognosis and treatment. By summarizing current knowledge and identifying future research directions, the present review highlighted the potential of circRNAs as a novel avenue for improving the management of gynecological malignancies (Table I).

**Introduction to circRNA.** circRNAs represent a unique class of non-coding RNA molecules characterized by their covalently closed loop structure, which distinguishes them from linear RNAs by the absence of 5'-3' polarity and polyadenylated tails (11). This distinctive structure, first identified in viruses by Sanger *et al* (12) in 1976, confers properties of enhanced stability, cooperativity and self-complementarity. The presence of circRNAs in eukaryotic cells was subsequently demonstrated by Hsu and Coca-Prados in 1979 (13), marking the beginning of a new era in RNA biology.

Initially, the importance of circRNAs was underappreciated due to limitations in RNA sequencing technologies and bioinformatics tools. For a number of years, these molecules were dismissed as non-functional by-products of aberrant splicing events (14); however, advances in high-throughput sequencing and computational analysis have led to a paradigm shift in the understanding of circRNAs and their potential roles in cellular processes (15). A key breakthrough in circRNA research came with the discovery that these molecules often harbor numerous miRNA binding sites, enabling them to function as competitive endogenous RNAs (ceRNAs) or 'miRNA sponges' (16). This mechanism allows circRNAs to regulate gene expression by modulating the availability of miRNAs, thereby influencing various cellular processes and pathways (17). In the context of gynecological malignancies, this regulatory function has been implicated in key aspects of tumor biology, including cell proliferation, metastasis and drug resistance (3). Beyond their role as miRNA sponges, circRNAs have been shown to interact with RNA-binding proteins (RBPs), potentially modulating protein function and localization (18). In addition, some circRNAs have been reported to encode functional peptides, such as circZNF609 (19) and circFBXW7 (20), adding another layer of complexity to their regulatory potential. These diverse functions underscore the importance of circRNAs in both physiological and pathological processes, including the development and progression of gynecological cancer. As research in this field continues to evolve, circRNAs are emerging as promising biomarkers and potential therapeutic targets in gynecological oncology (21). The unique properties of circRNAs, including tissue-specific expression patterns and stability in bodily fluids, make them attractive candidates for non-invasive diagnostic and prognostic applications (22). Moreover, the ability to manipulate circRNA expression levels or function offers novel options for therapeutic interventions in gynecological malignancies (23).

**Classification.** The diversity of circRNAs is reflected in their classification, which is primarily based on their genomic origin and structure. Understanding these classifications is essential for elucidating their roles in gynecological malignancies. circRNAs can be categorized into three main subclasses based on their genomic origin and structure. Exonic circRNA (EcircRNA) is the most prevalent form, accounting for >80% of known circRNAs (24); these are generated through the process of 'backsplicing', where a downstream 5' splice site (donor) is joined to an upstream 3' splice site (acceptor). Circular intronic RNA (ciRNA) is derived from intron lariats that evade the typical linear splicing debranching step, retaining a 2'-5' linkage at the branch point (25). Exon-intron circRNA (EiciRNA) contains both exonic and intronic sequences and has been shown to enhance the expression of their parent genes in *cis*, suggesting a potential regulatory role (26). Other types of circRNAs include antisense circRNAs, which are derived from antisense transcripts, and intergenic circRNAs, which originate from intergenic regions or other unannotated genomic sequences (27). As research progresses, and new biotechnologies and bioinformatics strategies emerge, the understanding of circRNA classification and function could continue to evolve (28). Future studies may identify additional subtypes or refine the current classification system, providing deeper insights into the diverse roles of these unique RNA molecules in cellular processes and disease mechanisms.

The classification of circRNAs is not merely an academic exercise but has significant implications for understanding their functions in gynecological cancer. For example, EcircRNAs often act as miRNA sponges, modulating gene expression and influencing tumor progression (29). By contrast, ciRNAs and EiciRNAs tend to regulate gene expression through interactions with the transcriptional machinery (30). The ongoing exploration of circRNA classification in gynecological cancer promises to uncover novel biomarkers for early detection and prognosis, as well as potential therapeutic targets. For example, the tissue-specific expression patterns of certain circRNA classes may be exploited in the development of targeted therapies or diagnostic tools specific to ovarian, endometrial or cervical cancer (3).

**Formation mechanisms of circRNA.** The biogenesis of circRNAs in gynecological malignancies remains an area of active investigation, with several proposed models offering insights into their formation (4,27,31). A prominent hypothesis posits that during the splicing of mRNA precursors, a process critical in gene expression regulation, non-contiguous exons may be brought into proximity through partial folding of the transcript. This spatial rearrangement can lead to exon skipping, resulting in the formation of a lariat intermediate structure encompassing both exonic and intronic sequences. Subsequently, this lariat undergoes a reverse splicing event, culminating in the generation of a stable circRNA molecule. This mechanism may be particularly relevant in the context of gynecological tumors, where aberrant splicing events are frequently observed and could contribute to the dysregulation of circRNA formation, potentially influencing tumor progression and treatment response (32).

In the context of gynecological malignancies, an alternative model of circRNA biogenesis has gained traction,

Table I. Key circRNAs and their functions in ovarian, endometrial and cervical cancer.

Type of cancer	circRNA	Function	(Refs.)
Ovarian	circMUC16	Promotes proliferation and invasion by sponging miR-199a-5p to regulate beclin-1 and RUNX1 expression	(74)
Ovarian	circCSPP1	Promotes cancer progression by counteracting the tumor-suppressive effects of miR-1236-3p on ZEB1	(75)
Ovarian	circFBXW7	Encodes FBXW7-185aa protein, which acts as a tumor suppressor by inhibiting cancer cell proliferation and migration	(61)
Ovarian	circRNA-encoded peptide SHPRH-146aa	Inhibits tumor growth by protecting full-length SHPRH from degradation	(63)
Endometrial	circTNFRSF21	Serves a crucial role in cancer cell growth and cell cycle progression by competitively binding with miR-1227, activating the MAPK13/ATF2 signaling pathway	(104)
Endometrial	circWHSC1	Promotes cell proliferation, migration and invasion while inhibiting apoptosis	(91)
Endometrial	hsa_circ_0061140	Promotes progression and migration through a regulatory axis involving miR-149-5p and STAT3	(107)
Cervical	circE7	Encodes E7 oncoprotein, contributing to transforming properties of HPV	(62)
Cervical	hsa_circ_0023404	Promotes cancer development by sponging miR-136, leading to increased expression of TFCEP2 and subsequent activation of the YAP pathway	(126)
Cervical	circ_0005576	Promotes cell proliferation and metastasis by sponging miR-153-3p and promoting kinesin family member 20A expression	(128)

circRNA, circular RNA; MUC16, mucin-16; CSPP1, centrosome and spindle pole associated protein 1; FBXW7, F-box and WD repeat domain containing 7, SHPRH, SNF2 histone linker PHD RING helicase; TNFRSF21, TNF receptor superfamily member 21; WHSC1, Wolf-Hirschhorn syndrome candidate 1; HPV, human papilloma virus.

emphasizing the role of intronic sequences in facilitating circularization. This mechanism, known as intron pair-driven circularization, involves the interaction of specific complementary sequences within flanking introns. These sequences, often found at the termini of exons, engage in reverse complementary base pairing, effectively bridging distant genomic regions. This intronic 'kissing' interaction brings downstream splice donor sites into close proximity with upstream splice acceptor sites, thereby promoting the circularization of the intervening exonic sequences. In gynecological tumors, where genomic instability and chromosomal rearrangements are common, this mechanism may be particularly relevant, potentially contributing to the aberrant expression of circRNAs observed in these malignancies. Understanding this process could provide insights into tumor-specific circRNA profiles, and their potential diagnostic or therapeutic implications in gynecological oncology (33).

Another emerging model of circRNA formation highlights the pivotal role of RBPs in the landscape of gynecological malignancies. These versatile proteins exhibit a marked capacity to influence circRNA biogenesis through specific interactions with both exonic and intronic sequences. RBPs can selectively bind to motifs located at the termini of exons and introns, subsequently forming dimeric complexes. These RBP dimers serve as molecular bridges, effectively reducing the spatial distance between distal intronic regions. This RBP-mediated proximity facilitates the circular connection of exons, promoting circRNA formation. In the context of

gynecological tumors, where the aberrant expression and function of RBPs is frequently observed, this mechanism may contribute to the dysregulation of circRNA profiles. Understanding the interplay between RBPs and circRNA biogenesis in these malignancies may indicate novel diagnostic biomarkers and potential therapeutic targets, thereby advancing the understanding of tumor biology and treatment strategies in gynecological oncology (34).

**Functions of circRNA.** circRNAs have emerged as key regulators of gene expression and are implicated in the pathogenesis of various human diseases, including gynecological malignancies. These versatile molecules exhibit multiple functional modalities that contribute to cellular processes and disease progression. Current research has elucidated several key functions of circRNAs: i) They can modulate transcriptional activity; ii) act as ceRNAs by sequestering miRNAs; iii) serve as scaffolds for protein complexes; and iv) possess protein-coding potential under specific cellular conditions (35). These diverse functions highlight the significance of circRNAs in the complex landscape of gynecological tumor biology and present potential avenues for diagnostic and therapeutic interventions.

**Transcriptional regulation by circRNA.** The intricate interplay between circRNA biogenesis and transcriptional regulation has emerged as a notable area of interest in gynecological oncology (36,37). This complex relationship indicates novel

mechanisms of gene expression modulation that may be key in the development and progression of gynecological cancer. In a pioneering study, Ashwal-Fluss *et al* (38) reported a competitive relationship between circRNA splicing and pre-mRNA processing. This competition was shown to occur at the 5' and 3' splice sites, suggesting that circRNA formation may serve as a regulatory checkpoint in the gene expression cascade. In the context of gynecological tumors, where aberrant gene expression is a hallmark feature, this circRNA-mediated regulation of linear transcript levels could represent a novel layer of transcriptional control. Further elucidating this concept, research has demonstrated that optimized circRNA expression systems can markedly enhance backsplicing efficiency (39). This process effectively sequesters exons into circular structures, consequently attenuating the production of linear mRNA transcripts. For example, in ovarian cancer, the formation of circ-mucin 16 (MUC16) has been shown to reduce the expression of its linear counterpart, CA125, a well-known biomarker for ovarian cancer (40). This finding highlights the potential impact of circRNA biogenesis on the expression of clinically relevant genes in gynecological malignancies. In endometrial cancer the circRNA, circ-rho GTPase activating protein 12 (ARHGAP12), has been shown to regulate the expression of its parental gene ARHGAP12, a tumor suppressor, by competing for splicing machinery (41). This regulatory mechanism can influence cell proliferation and invasion, underscoring the functional significance of circRNA-mediated transcriptional control in gynecological cancer.

Moreover, some circRNAs have been shown to interact directly with RNA polymerase II or other components of the transcriptional machinery. For example, the circRNA ci-ankyrin repeat domain 52 has been reported to accumulate at its sites of transcription and modulate the elongation of its parent gene by associating with RNA polymerase II (42). While this specific circRNA has not been studied in gynecological cancer, similar mechanisms could occur, potentially influencing the expression of key oncogenes or tumor suppressors. The ability of circRNAs to influence linear mRNA production through competitive splicing mechanisms may have notable implications for tumor biology, potentially affecting key oncogenic or tumor-suppressive pathways. These findings underscore the potential of circRNAs as key modulators of gene expression in gynecological malignancies. The complex interplay between circRNA biogenesis and transcriptional regulation offers new perspectives on the molecular mechanisms underlying these types of cancer. Further investigation into this regulatory axis could identify new targets for therapeutic intervention and contribute to the understanding of the complex transcriptional landscape in gynecological cancer. As research in this field progresses, it will be necessary to elucidate the tissue-specific and cancer-specific aspects of circRNA-mediated transcriptional regulation. This knowledge may lead to the development of novel diagnostic tools and therapeutic strategies tailored to specific gynecological malignancies, potentially improving patient outcomes.

**miRNA sponges.** circRNAs have emerged as key regulators of gene expression in gynecological malignancies, primarily through their function as miRNA sponges. This mechanism is characterized by the presence of multiple miRNA

binding sites within circRNA molecules, enabling them to competitively sequester miRNAs (43). By preventing miRNAs from binding to their target mRNAs, circRNAs effectively reduce the inhibitory effect of miRNAs on translation, leading to the increased expression of target genes (44). This competitive binding phenomenon, known as the 'miRNA sponge' effect, represents an important paradigm in post-transcriptional gene regulation (45). An example of this regulatory mechanism is circ-cerebellar degeneration-related protein 1 antisense (CDR1as, also known as ciRS-7), which has been extensively studied due to its marked capacity to bind miR-7 (46). While initially identified in neurological contexts, recent research has begun to elucidate its potential roles in various types of cancer, including gynecological tumors (47). For example, in ovarian cancer, circ\_CDR1 has been shown to sponge miR-1270, leading to the upregulation of suppressor of cancer cell invasion and subsequent inhibition of tumor progression (48). In the context of gynecological oncology, the miRNA sponge function of circRNAs has been implicated in various aspects of tumor biology. For example, in cervical cancer, circRNA\_0000745 may act as a sponge for miR-3178, upregulating the expression levels of FOXO4 and inhibiting tumor growth (49). Similarly, in endometrial cancer, circ\_0002577 has been demonstrated to sponge miR-625-5p, thereby regulating the insulin-like growth factor 1 signaling pathway and influencing tumor progression (50). Understanding these circRNA-miRNA-mRNA regulatory axes in gynecological malignancies offers new insights into the molecular mechanisms underlying tumor development and progression. Moreover, it presents potential opportunities for the development of novel diagnostic biomarkers and therapeutic targets in gynecological oncology (51).

**Protein scaffolds or sponges.** In addition to their role as miRNA sponges, circRNAs have emerged as important regulators of protein function in various types of cancer, including gynecological malignancies. This function is primarily achieved through their ability to act as protein scaffolds or sponges, facilitating or inhibiting protein-protein interactions and modulating protein activity (36). A well-characterized example of this mechanism is circFOXO3, which has been shown to form a ternary complex with CDK2 and the CDK inhibitor 1, p21. This interaction effectively inhibits CDK2 function, leading to cell cycle arrest (52). While initially studied in cardiac senescence, a research has begun to elucidate the potential roles of circFOXO3 in gynecological cancer (53). For example, in ovarian cancer, circFOXO3 has been shown to drive ovarian cancer progression by orchestrating exosome-mediated intercellular communication targeting the miR-422a/proteolipid protein 2 axis, potentially serving as a valuable biomarker for early detection and treatment monitoring in this aggressive malignancy (54).

Another notable example is circACC1, which forms a ternary complex with the  $\beta$  and  $\gamma$  regulatory subunits of AMP-activated protein kinase (AMPK); this interaction promotes AMPK holoenzyme activity, enabling cancer cells to adapt to metabolic stress and grow under nutrient-limited conditions (55). While the specific role of circ-acetyl-CoA carboxylase 1 (ACC1) in gynecological tumors remains to be

fully elucidated, its function in modulating cellular metabolism suggests potential implications for tumor progression and therapeutic resistance in these types of cancer (56). In addition, circPUM1 has been shown to interact with the nuclear receptor binding protein and the androgen receptor, forming a protein complex that promotes ovarian cancer cell proliferation and invasion (57). This example highlights the diverse mechanisms by which circRNAs can influence protein function and cellular processes in gynecological malignancies. The ability of circRNAs to act as protein scaffolds or sponges adds another layer of complexity to their regulatory functions in cancer biology. By modulating protein-protein interactions and enzyme activities, circRNAs can influence various cellular processes, including cell cycle progression, metabolism and signal transduction (58). Understanding these interactions in the context of gynecological tumors may provide novel insights into disease mechanisms and therapeutic targets (59).

*Translation of peptides.* Traditionally, circRNAs were considered to be non-coding RNAs; however, a recent study demonstrated that, under specific conditions, some circRNAs can be translated into functional peptides, adding a new dimension to their role in cellular processes and disease pathogenesis, including gynecological malignancies (39). In a seminal study from 2017, Yang *et al* (60) provided the first comprehensive evidence that circRNAs could undergo protein translation following N6-methyladenosine (m6A) modification. These findings demonstrated that m6A-driven circRNA translation is a widespread phenomenon, with hundreds of endogenous circRNAs possessing translation potential. This discovery not only expanded the understanding of the coding capacity of the human transcriptome but also opened novel avenues for exploring circRNA functions in various diseases, including gynecological cancer. In the context of gynecological oncology, the potential for circRNAs to be translated into functional peptides has significant implications. For example, in breast cancer, circ-F-box and WD repeat domain containing 7 (FBXW7) has been shown to encode a novel 21-kDa protein, FBXW7-185aa, which acts as a tumor suppressor by inhibiting the proliferation and migration of cancer cells (61). Similarly, in cervical cancer, circE7 derived from high-risk human papillomavirus (HPV) has been shown to encode the E7 oncoprotein, contributing to the transforming properties of HPV (62). The ability of circRNAs to produce functional peptides adds another layer of complexity to their regulatory roles in gynecological malignancies. These peptides may interact with other cellular components, modulate signaling pathways or directly influence tumor progression. For example, in ovarian cancer, the circRNA-encoded peptide SNF2 histone linker PHD RING helicase (SHPRH)-146aa has been reported to suppress tumor growth by protecting full-length SHPRH from degradation (63). As research in this field progresses, elucidating the specific functions of circRNA-encoded peptides in various types of gynecological cancer will be crucial. Understanding these novel mechanisms may provide insights into tumor-specific molecular signatures and identify new options to develop innovative diagnostic and therapeutic strategies in gynecological oncology (64).

## 2. circRNA and ovarian cancer

Ovarian cancer is currently the most lethal type of gynecological malignancy, with a markedly high mortality rate. Globally, ovarian cancer is responsible for >200,000 deaths annually (65). The standard treatment protocol typically involves surgical resection followed by platinum-based chemotherapy in combination with paclitaxel (PTX) (66). Despite these interventions, the prognosis for patients with advanced-stage ovarian cancer remains poor, with a 5-year survival rate of ~30% (67). This poor outcome is largely attributed to late-stage diagnosis and the development of chemoresistance (68). The mechanisms underlying chemoresistance in ovarian cancer are multifaceted, involving both tumor microenvironment factors and intrinsic cellular resistance pathways (69). Given these challenges, there is an urgent need to develop novel therapeutic strategies and enhance treatment efficacy to improve patient outcomes. In recent years, circRNAs have emerged as potential biomarkers and therapeutic targets in various types of cancer, including ovarian cancer (70). These unique non-coding RNAs have been implicated in diverse biological processes, and have shown promise in modulating chemoresistance and tumor progression (71). Understanding the role of circRNAs in ovarian cancer could potentially lead to innovative diagnostic tools and targeted therapies, addressing the critical need for improved management of this disease (72).

*Mechanistic studies of circRNA in ovarian cancer.* Previous investigations have provided information on the roles of circRNAs in ovarian cancer progression, unveiling complex regulatory networks that contribute to tumor development and metastasis. These studies have identified specific circRNAs and their associated molecular pathways, providing valuable insights into potential therapeutic targets (40,73). A notable discovery by Gan *et al* (74) demonstrated that circMUC16 can promote ovarian cancer cell proliferation and invasion through a complex regulatory axis. circMUC16 may modulate the expression of beclin1 and RUNX1 by sponging miR-199a-5p, thereby influencing key oncogenic processes. This finding not only elucidates a novel mechanism of ovarian cancer progression but also highlights the potential of circMUC16 as a therapeutic target. In a separate study, Li *et al* (75) demonstrated the oncogenic role of circ-centrosome and spindle pole associated protein 1 (CSPP1) in ovarian cancer. This previous study demonstrated that circCSPP1 can enhance cancer progression by counteracting the tumor-suppressive effects of miR-1236-3p on ZEB1, a key transcription factor involved in epithelial-mesenchymal transition (EMT). In addition, circCSPP1 depletion was shown to inhibit tumor growth, whereas its overexpression could upregulate oncogenic proteins, further emphasizing its significance in ovarian cancer pathogenesis. These mechanistic studies underscore the complex interplay between circRNAs and their downstream targets in ovarian cancer. However, the pathogenesis of ovarian cancer involves multifaceted mechanisms, and circRNA research, while promising, represents only one aspect of this intricate disease landscape. Further comprehensive investigations are required to fully elucidate the role of circRNAs in ovarian cancer and to translate these findings into clinically relevant applications (76). As research in this field progresses,

integrating circRNA studies with other aspects of cancer biology, such as genomics, proteomics and metabolomics, may provide a more holistic understanding of ovarian cancer pathogenesis, and identify novel diagnostic and therapeutic strategies (77).

**Diagnostic value of circRNA in ovarian cancer.** circRNAs have emerged as promising biomarkers for ovarian cancer diagnosis, offering unique advantages due to their stability and tissue-specific expression patterns. A previous study highlighted the potential of circRNAs in early detection, disease staging and prognostic prediction for patients with ovarian cancer; Ahmed *et al* (78) pioneered the comprehensive analysis of circRNA expression profiles in ovarian cancer. This study demonstrated a significantly higher number of differentially expressed circRNAs in metastatic tissues compared with that in primary lesions, in contrast to linear mRNA patterns. Notably, circRNA expression showed negative correlation with linear mRNA in key signaling pathways, such as NF- $\kappa$ B and PI3K/AKT. These findings underscore the consistency and stability of circRNA expression, suggesting the potential for circRNAs as robust biomarkers for ovarian cancer detection and progression monitoring. Further research by Pei *et al* (79) identified hsa\_circ\_0013958 as a highly expressed circRNA in ovarian cancer tissues and cell lines. hsa\_circ\_0013958 demonstrated a strong association with disease stage and lymph node metastasis, highlighting its potential as a diagnostic and prognostic marker. Several survival analyses have corroborated the clinical relevance of circRNA expression in ovarian cancer (76,80). Abnormal expression levels of specific circRNAs, including hsa\_circ\_0078607, circ-la ribonucleoprotein 4 (LARP4) and circFAM53B, have been closely linked to pathological stage and poor prognosis (81). These findings suggest that circRNA expression profiles could serve as valuable prognostic indicators for patients with ovarian cancer. The current lack of accurate screening and early diagnostic methods for ovarian cancer underscores the urgent need for novel biomarkers. In-depth research on circRNAs offers a promising avenue for developing early detection strategies for ovarian lesions. By enabling timely diagnosis and treatment initiation, circRNA-based diagnostics could potentially improve patient survival rates (82). As research in this field progresses, integrating circRNA biomarkers with existing diagnostic tools may enhance the accuracy and reliability of ovarian cancer detection. Moreover, the tissue-specific nature of circRNA expression could facilitate the development of personalized diagnostic and prognostic approaches, tailored to the molecular profiles of individual patients (83).

**Therapeutic value of circRNA in ovarian cancer.** Recent advances in circRNA research have revealed the promising therapeutic potential of circRNA in ovarian cancer treatment. These unique non-coding RNAs have been demonstrated to possess the ability to modulate various oncogenic pathways, offering new avenues for targeted therapies (84,85). Notably, Lu *et al* (86) investigated the tumor-suppressive role of circLARP4 in ovarian cancer and elucidated that circLARP4 can inhibit ovarian cancer progression through the miR-513b-5p/LARP4 axis. This finding not only sheds light on the complex regulatory networks in ovarian cancer but also

presents circLARP4 as a potential therapeutic target. Further research has focused on circ-itchy E3 ubiquitin protein ligase (ITCH), another circRNA with notable antitumor properties in ovarian cancer. Overexpression of circITCH has been shown to significantly suppress cell proliferation and to promote apoptosis through direct interaction with miR-10a, by acting as a ceRNA and regulating the circITCH/miR-145/RASA1 axis. These mechanisms have been shown to effectively inhibit ovarian cancer cell proliferation both *in vitro* and *in vivo* (87). The dual functionality of circITCH underscores its potential as a versatile therapeutic agent. The emerging understanding of these circRNA-mediated tumor suppression mechanisms demonstrates novel possibilities for ovarian cancer treatments. By targeting specific circRNAs or their downstream pathways, it may be possible to develop more effective and less toxic therapeutic strategies (88). Moreover, the tissue-specific expression patterns of circRNAs offer the potential for highly targeted therapies with reduced off-target effects. This characteristic could be particularly beneficial in developing personalized treatment approaches for patients with ovarian cancer (2). As research in this field progresses, it is essential to further investigate the safety and efficacy of circRNA-based therapies. Future studies should focus on optimizing delivery methods, understanding potential side effects and exploring combination therapies with existing treatment modalities (89). The therapeutic value of circRNAs in ovarian cancer is increasingly evident. These molecules offer promising targets for developing novel treatment strategies that could potentially improve outcomes for patients with this type of malignancy.

**Potential of circRNA as a vaccine candidate in ovarian cancer.** circRNAs have emerged as promising candidates for cancer vaccines, with potential applications extending to ovarian cancer. Their unique stability and capacity for durable protein expression make them particularly suitable for vaccine development, offering potential options in the field of hard-to-treat malignancies. Li *et al* (90) demonstrated the efficacy of circRNA cancer vaccines in driving immunity against challenging types of cancer. This previous study established a novel circRNA vaccine platform by encapsulating antigen-coding circRNA in lipid nanoparticles (LNPs). This innovative approach triggered robust innate and adaptive immune activation, showing superior antitumor efficacy in multiple mouse tumor models. Furthermore, the circRNA-LNP vaccine exhibited higher stability and initiated more durable protein expression than its linear counterpart *in vitro*; *in vivo*, the circRNA-LNP vaccine elicited marked innate immune responses and potent antigen-specific T-cell responses, comparable to modified mRNA-LNP vaccines. While specific studies on circRNA vaccines for ovarian cancer are currently limited, the potential is considerable. Certain circRNAs, such as circ-Wolf-Hirschhorn syndrome candidate 1 (WHSC1), have been identified as being highly expressed in ovarian cancer tissues, and serve crucial roles in cancer cell proliferation, apoptosis, migration and invasion (91). These circRNAs could potentially serve as targets for vaccine development. The ability of circRNAs to regulate key cancer-related proteins, such as MUC1 and hTERT in the case of circWHSC1, provides a molecular basis for their potential as vaccine candidates. However, it is important to note that the



application of circRNA vaccines in ovarian cancer is still in its early stages. Further research is needed to identify ovarian cancer-specific circRNAs suitable for vaccine development and to optimize circRNA-LNP formulations for maximum efficacy in ovarian cancer models. In addition, the safety and immunogenicity of circRNA vaccines should be evaluated in preclinical ovarian cancer studies, and potential combinations with existing immunotherapies or targeted treatments should be investigated. As research progresses, the unique properties of circRNAs, such as their resistance to exonuclease degradation and ability to be translated into proteins without 5' capping or polyadenylation, may prove advantageous in developing effective and long-lasting vaccines against ovarian cancer (20). While specific applications in ovarian cancer require further investigation, the initial results of circRNA vaccines in other cancer models are promising and could potentially revolutionize immunotherapy strategies for ovarian cancer in the future (92).

### 3. circRNA and endometrial cancer

Endometrial cancer is a significant health concern, ranking as the second most prevalent gynecological malignancy in China and the foremost in developed nations. In 2022, China reported ~84,520 new cases of endometrial cancer (93). Various risk factors have been associated with this type of cancer, including obesity, diabetes, polycystic ovary syndrome, infertility, early menarche and late menopause (94). Current screening methods for endometrial cancer primarily rely on transvaginal ultrasound, hysteroscopy and endometrial biopsy (95). However, these techniques have the following limitations: Transvaginal ultrasound results can be subjective, whereas hysteroscopy and endometrial biopsy are invasive procedures, restricting their widespread use in clinical screening (96). The standard treatment approach for endometrial cancer typically involves surgery followed by chemotherapy, often using a combination of carboplatin and PTX (97). Despite these interventions, challenges persist, including poor prognosis and drug resistance in some cases (98). Given these challenges, there is a pressing need to explore novel diagnostic and therapeutic strategies to enhance survival rates for patients with endometrial cancer. circRNAs have emerged as promising candidates in this regard. These unique RNA molecules, characterized by their covalently closed loop structure, have shown potential in both the diagnosis and treatment of various types of cancer, including endometrial cancer (99). A previous study demonstrated that circRNAs serve key roles in endometrial cancer pathogenesis, influencing cell proliferation, invasion and metastasis (100). Moreover, certain circRNAs have been identified as potential biomarkers for early detection and prognostic prediction in endometrial cancer (101). The exploration of circRNA-based therapeutic approaches, such as circRNA-mediated gene therapy or circRNA-targeted drug delivery systems, represents a notable option in endometrial cancer research (102).

*Mechanistic studies of circRNA in endometrial cancer.* A previous study has provided valuable insights into the biogenesis mechanisms of circRNAs, which can be categorized into three main models: The intron pairing model, the exon skipping model and the RBP model. The intron pairing model

posits that complementary sequences within introns form stable secondary structures, such as hairpins, which facilitate back-splicing and the formation of circRNAs (103). In endometrial cancer, the intron pairing model may explain the high expression levels of specific circRNAs, such as circTNFRSF21, which is significantly upregulated and competes with miR-1227 to activate the MAPK13/ATF2 signaling pathway, promoting cancer cell proliferation and cell cycle progression (104). Similarly, overexpression of circWHSC1, driven by intron pairing, enhances cell proliferation, migration and invasion while inhibiting apoptosis (105). The exon skipping model suggests that certain exons are skipped during the normal linear splicing process, leading to the formation of circRNAs (106). In endometrial cancer, hsa\_circ\_0061140 is formed through exon skipping and interacts with miR-149-5p to upregulate STAT3, thereby promoting cancer progression and migration (107). The RBP model involves the direct modulation of back-splicing by specific RBPs, such as Quaking and Muscleblind. In endometrial cancer, the abnormal expression of these proteins may contribute to the biogenesis of circRNAs like circWHSC1 and hsa\_circ\_0061140, influencing cancer development (3).

*Diagnostic value of circRNA in endometrial cancer.* Previous studies have highlighted the potential of circRNAs as diagnostic biomarkers in endometrial cancer. These investigations have demonstrated distinctive circRNA expression patterns in cancer tissues, offering novel potential for early detection and prognostic prediction (102,108). In 2019, Ye *et al* (104) used sequencing techniques to compare circRNA expression profiles in stage III endometrial cancer tissues with adjacent non-cancerous endometrial tissues; significant differential expression of circRNAs between these tissue types was demonstrated. Through bioinformatics analysis, it was identified that the hsa\_circ\_0039659/hsa-miR-542-3p/hsa-let-7c-5p pathway may be a critical predictor for stage III endometrial cancer. This discovery not only enhances the understanding of the molecular mechanisms underlying endometrial cancer progression but also presents a potential diagnostic tool for advanced-stage disease. Further supporting the diagnostic value of circRNAs, Chen *et al* (109) noted that, while no significant difference in the number of linear RNA transcripts was detected between endometrial cancer tissues and healthy tissues, a marked reduction in circRNA levels was observed within cancer tissues. The comprehensive analysis identified ~120 differentially expressed circRNAs, which may contribute to the susceptibility of endometrial tissues to carcinogenesis. This distinct circRNA signature in cancer tissues underscores the potential of these molecules as specific and sensitive biomarkers for endometrial cancer. These findings collectively suggest that circRNAs hold considerable promise as diagnostic and prognostic biomarkers for endometrial cancer. The unique expression patterns of circRNAs in cancer tissues, coupled with their stability and tissue-specific expression, make them attractive candidates for non-invasive diagnostic tests. Moreover, the identification of specific circRNA-miRNA-mRNA pathways, such as the hsa\_circ\_0039659/hsa-miR-542-3p/hsa-let-7c-5p axis, provides possibilities for targeted therapies and personalized medicine approaches. Future research should focus on validating these findings in larger, diverse patient cohorts and

exploring the potential of circRNA-based liquid biopsies for the early detection of endometrial cancer. Additionally, investigating the functional roles of these differentially expressed circRNAs may provide deeper insights into the pathogenesis of endometrial cancer and identify new therapeutic targets.

*Therapeutic value of circRNA in endometrial cancer.* Advances in circRNA research have demonstrated promising therapeutic potential in endometrial cancer. A notable discovery in this field is the identification of hsa\_circ\_0001860, a novel circRNA associated with medroxyprogesterone acetate (MPA) resistance in patients with endometrial cancer. This circRNA has been shown to be negatively correlated with histological grade and lymph node metastasis, suggesting its potential as a biomarker for disease progression and treatment response (110). Further investigation into the molecular mechanisms of hsa\_circ\_0001860 has reported a role in regulating SMAD7 expression levels and activating the SMAD7/EMT signaling pathway. Notably, hsa\_circ\_0001860 has been shown to enhance cancer cell sensitivity to MPA by targeting miR-520h. Experimental studies have demonstrated that overexpression of hsa\_circ\_0001860, coupled with miR-520h knockdown, can significantly increase cellular sensitivity to MPA treatment. These findings highlight the potential of hsa\_circ\_0001860 as a therapeutic target for MPA-resistant endometrial cancer (110). By modulating hsa\_circ\_0001860, it may be possible to overcome drug resistance and improve treatment outcomes in patients with advanced or recurrent endometrial cancer. This approach aligns with the growing interest in circRNAs as both diagnostic biomarkers and therapeutic targets in various types of cancer, including endometrial cancer (111). The discovery of hsa\_circ\_0001860 and its role in MPA resistance provides novel options for personalized medicine in endometrial cancer treatment. Future research should focus on developing strategies to manipulate this circRNA *in vivo* and to assess its efficacy in clinical settings. Additionally, exploring the interactions between hsa\_circ\_0001860 and other molecular pathways involved in endometrial cancer progression could provide a more comprehensive understanding of its therapeutic potential. As knowledge regarding circRNA biology is improved, it is likely that more circRNAs with therapeutic value in endometrial cancer will be identified. This emerging field offers possibilities for improving endometrial cancer diagnosis, prognosis and treatment, potentially leading to more effective and targeted therapies for patients with this malignancy.

*Potential as a vaccine candidate in endometrial cancer.* circRNAs have emerged as promising molecules in cancer research, particularly for gynecological malignancies such as endometrial cancer. Initially recognized for their potential as biomarkers and therapeutic targets, recent advances have highlighted circRNAs as novel vaccine candidates (112). The unique properties of circRNAs, including high stability and resistance to exonuclease-mediated degradation, make them attractive for vaccine development (113). The covalently closed structure circRNAs enables efficient protein expression and potentially allows for rolling circle translation. When engineered and encapsulated in LNPs, circRNA vaccines have demonstrated the ability to elicit robust innate and adaptive

immune responses, showing superior antitumor efficacy in preclinical models (114). Research has indicated that circRNA-LNP complexes can induce potent antigen-specific T-cell responses, which are crucial for combating solid tumors such as endometrial cancer (115). The circRNA vaccine platform offers an innovative approach for developing cancer RNA vaccines that may be particularly applicable to endometrial cancer, which is often considered challenging to treat. The potential of circRNA vaccines extends beyond monotherapy; a previous study suggested that circRNA-based approaches may serve as both primary and adjuvant therapies, potentially synergizing with existing immunotherapies to combat obesity-related endometrial cancer (116). For example, a circRNA OVA-luc-LNP vaccine has exhibited efficacy in suppressing immune-exclusive tumor progression, inducing regression in immune-desert tumors and preventing metastasis (90). Compared with traditional mRNA vaccines, circRNA vaccines demonstrate superior stability, prolonged protein expression and the ability to initiate robust immune responses without nucleotide modifications (117). These characteristics position circRNA vaccines as a promising alternative in cancer immunotherapy and have potential to improve endometrial cancer treatment and outcomes in the future. The ability of circRNA vaccines to collaborate with adoptive cell transfer therapy and to suppress late-stage immune-exclusive tumor progression by enhancing T-cell receptor T-cell therapy (TCR-T) cell persistence demonstrates their potential as a cancer therapy (90). Further investigation into circRNA vaccines for endometrial cancer is warranted, as it could lead to novel therapies. The unique properties of circRNAs, combined with their potential for enhanced translation efficiency through engineering, position them as a promising option in effective cancer vaccine development.

#### 4. circRNA and cervical cancer

Cervical cancer remains a notable health issue for women worldwide, ranking as the second most common malignancy after breast cancer. It is also associated with a high mortality rate, being a leading cause of global cancer-related mortality. Persistent infection with HPV is the primary driver of cervical cancer progression. In China, cervical cancer mortality is slightly higher in rural areas than in urban regions, with midwestern areas exhibiting mortality rates about twice those in eastern regions (118). Additionally, recent trends have indicated a decreasing average age of onset for cervical cancer, suggesting a rise in incidence among younger women (119,120). Current treatments for cervical cancer typically involve a combination of surgery, chemotherapy and radiotherapy. However, poor prognosis and low survival rates due to distant metastasis and lymphatic spread continue to challenge patient outcomes (121). Thus, there is an urgent need to identify new therapeutic approaches and early diagnostic biomarkers to improve survival rates. circRNAs have garnered significant attention in cancer research due to their unique properties, including high stability and resistance to exonuclease-mediated degradation (122). These characteristics make circRNAs promising candidates for developing novel therapeutic strategies and diagnostic tools for cervical cancer (123). Studies have suggested that circRNAs can serve as effective biomarkers for



early detection and may offer new opportunities for targeted therapies (5,124). For example, some circRNAs (including circ\_0010235 and circCCDC66) have been shown to interact with miRNAs and proteins involved in cancer pathways, influencing tumor growth and metastasis (125). The potential application of circRNA-based therapies could lead to more effective treatment options for cervical cancer, addressing the current limitations of conventional therapies. Research into the role of circRNAs in cervical cancer is still in its early stages but holds promise. Advances in circRNA studies may identify breakthrough therapies, improving prognosis and survival rates for patients with cervical cancer (Table II).

*Mechanistic studies of circRNA in cervical cancer.* Previous research has unveiled significant roles of circRNAs in the pathogenesis and progression of cervical cancer, offering novel insights into potential diagnostic and therapeutic approaches (47). Notably, survival analyses on hsa\_circ\_0023404 demonstrated an inverse correlation between hsa\_circ\_0023404 expression and overall patient survival, with higher expression levels associated with poorer outcomes. Mechanistically, hsa\_circ\_0023404 functions as a miRNA sponge, specifically targeting miR-136. This interaction led to increased expression levels of the transcription factor CP2 and subsequent activation of the YAP pathway, ultimately driving cancer progression (126). Another notable circRNA, circ\_0005576, has been shown to be markedly upregulated in cervical cancer tissues. Localized in the cytoplasm, this circRNA serves a key role in cell proliferation and metastasis (127). Functional studies have demonstrated that knockdown of circ\_0005576 can inhibit these malignant behaviors, while its overexpression may enhance them. The underlying mechanism involves circ\_0005576 sponging miR-153-3p, thereby promoting the expression of KIF20A, a key player in cancer cell division and movement (128). Given that HPV infection is the primary etiological factor in cervical cancer, exploring the interplay between HPV and circRNAs presents a promising avenue for future research. Understanding these relationships could potentially identify novel therapeutic targets and strategies for cervical cancer treatment (129). These mechanistic studies highlight the complex regulatory networks involving circRNAs in cervical cancer and underscore their potential as both biomarkers and therapeutic targets. Further investigation into the functional roles of circRNAs and their interactions with other molecular players in cervical cancer pathogenesis is warranted to fully harness their clinical potential.

*Diagnostic value of circRNA in cervical cancer.* circRNAs have emerged as promising diagnostic and prognostic biomarkers in cervical cancer due to their stability and tissue-specific expression patterns. A previous study highlighted the potential of specific circRNAs in predicting disease progression and patient outcomes; Tang *et al* (130) demonstrated that lower serum levels of circFoxO3a are associated with positive lymph node metastasis and increased depth of stromal invasion in patients with cervical cancer. Notably, patients with lower circFOXO3a serum levels exhibited higher overall survival and relapse-free survival rates, suggesting its complex role in

cancer progression and its potential as a prognostic marker. Further emphasizing the diagnostic potential of circRNAs, Ding and Zhang (131) identified circ-ATPase phospholipid transporting 8A2 (ATP8A2) as being significantly upregulated in both cervical cancer tissues and cell lines. This finding indicated that elevated levels of circATP8A2 may be strongly associated with advanced International Federation of Gynecology and Obstetrics staging and the degree of myometrial invasion. This association underscores the potential of circATP8A2 as a biomarker for disease severity and progression. These studies collectively demonstrate the promising role of circRNAs as diagnostic and prognostic biomarkers in cervical cancer. The differential expression of circRNAs such as circFOXO3a and circATP8A2 in relation to clinicopathological features offers new avenues for non-invasive diagnosis and personalized treatment strategies. However, further large-scale clinical studies are required to validate these findings and to establish standardized protocols for circRNA-based diagnostics in cervical cancer management.

*Therapeutic value of circRNA in cervical cancer.* Previous research has unveiled the potential of circRNAs as therapeutic targets in cervical cancer, particularly in addressing drug resistance. In a novel study from 2021, Dong *et al* (132) provided information on the role of circMYBL2 in PTX resistance, a common challenge in cervical cancer treatment, demonstrating that circMYBL2 may serve a key role in modulating the sensitivity of cervical cancer cells to PTX. Overexpression of circ-MYB proto-oncogene like 2 (MYBL2) was found to significantly reduce the growth-inhibitory effects of PTX on cancer cells; by contrast, the knockdown of circMYBL2 enhanced the efficacy of PTX, demonstrating its potential as a therapeutic target. The mechanism underlying this effect was shown to involve the regulation of miR-665; the study showed that overexpression or inhibition of miR-665 could reverse the effects of circMYBL2 on PTX sensitivity. These findings suggest that circMYBL2 functions as a positive regulator of drug resistance and malignant behavior in cervical cancer cells through its interaction with miR-665. This discovery provides novel options for developing targeted therapies for patients with PTX-resistant cervical cancer. By manipulating circMYBL2 levels or disrupting its interaction with miR-665, it may be possible to re-sensitize resistant tumors to PTX treatment. The identification of circMYBL2 as a key player in drug resistance highlights the broader potential of circRNAs as therapeutic targets in cervical cancer. This research not only provides insights into the mechanisms of drug resistance but also offers a promising strategy for overcoming this notable clinical challenge. Future studies may focus on developing circRNA-based therapeutics or using circMYBL2 as a biomarker for predicting PTX response in patients with cervical cancer (133). Several other circRNAs, such as circEIF4G2 (134) and circ\_0006528 (135), have also been implicated in cervical cancer progression and drug resistance, further highlighting the therapeutic potential of circRNAs in this malignancy.

*Potential as a vaccine candidate in cervical cancer.* Advances in circRNA research have demonstrated potential for their application as cancer vaccines, including for

Table II. Summary of potential circRNA biomarkers and therapeutic targets in cervical cancer.

circRNA	Expression change	Potential as biomarker	Potential as a therapeutic target	Related mechanism	(Refs.)
hsa_circ_0000745	Upregulated	Diagnostic marker	Inhibition of tumor progression	Regulates miR-3178/E2F3 signaling pathway	(49)
circMYBL2	Upregulated	Early diagnostic marker	Inhibition of tumor growth	Regulates FUS/EGFR signaling pathway	(132)
hsa_circ_0023404	Upregulated	High (negatively correlated with overall survival)	High	Promotes cancer development by sponging miR-136, leading to increased expression of TFCP2 and subsequent activation of the YAP pathway	(126)
circ_0005576	Upregulated	High	High	Promotes cell proliferation and metastasis by sponging miR-153-3p and promoting kinesin family member 20A expression	(128)
circFOXO3a	Downregulated in serum	High (lower levels associated with lymph node metastasis and deeper stromal invasion)	Potential (complex role)	Lower serum levels associated with higher overall survival and recurrence-free survival	(130)
circATP8A2	Upregulated	High (associated with advanced FIGO stage and myometrial invasion depth)	Potential	Upregulation closely related to disease severity and progression	(131)
MYBL2, MYB proto-oncogene like 2; E2F3, E2F transcription factor 3; TFCP2, transcription factor CP2; ATP8A2, ATPase phospholipid transporting 8A2; FIGO, International Federation of Gynecology and Obstetrics.					

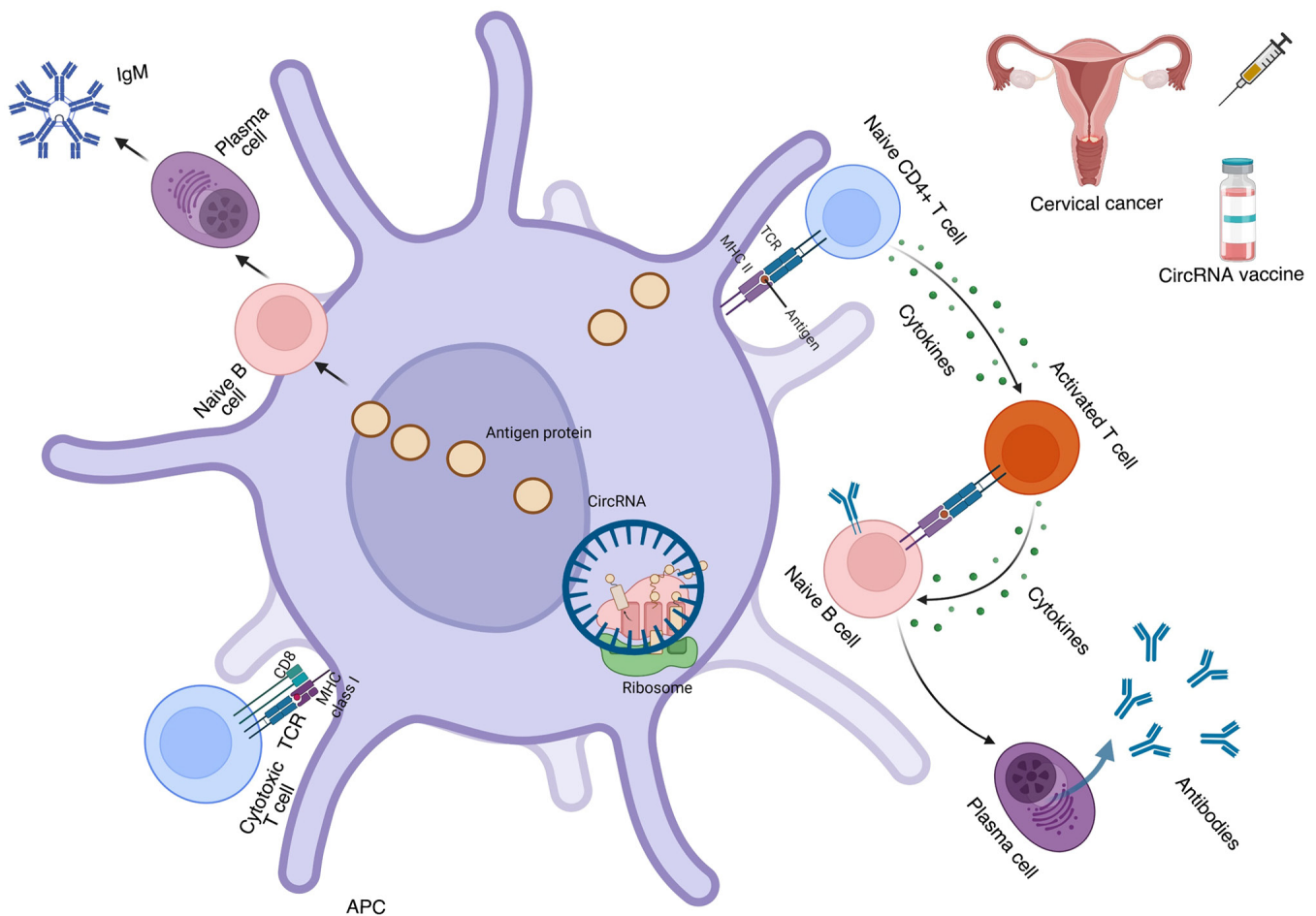


Figure 1. Mechanism of circRNA as a cervical cancer vaccine candidate. Illustration of the immune response triggered by a circRNA-based cervical cancer vaccine, which begins with intramuscular injection, internalization by APCs and translation of circRNAs into cervical cancer-specific antigens. These antigens are presented on MHC I and II molecules, activating CD8<sup>+</sup> T cells, CD4<sup>+</sup> T cells and B cells, leading to the production of IgM and IgG antibodies and enhancing both cellular and humoral immune responses against cervical cancer. circRNA, circular RNA; APC, antigen-presenting cells; MHC, major histocompatibility complex; TCR, T-cell receptor. This image was created with BioRender.com.

cervical cancer. This approach leverages the unique properties of circRNAs to stimulate robust immune responses against malignancies. For example, Niu *et al* (136) demonstrated the ability of a circRNA-based cancer vaccine to induce potent innate and adaptive immune responses in preclinical models, showcasing its therapeutic potential against types of difficult-to-treat cancer. For instance, combining circRNA-LNP vaccines with adoptive T cell transfer (OT-I cells) achieved complete tumor regression in all treated mice with advanced B16-OVA melanoma, while monotherapy (circRNA vaccine alone) resulted in 60% survival. This combination strategy extended survival beyond 60 days in 100% of mice, compared with rapid mortality in control groups. The potential mechanism is illustrated in Fig. 1.

While direct studies on circRNA-based vaccines for cervical cancer are limited, research on the role of circRNAs in cervical cancer progression provides valuable insights into their potential as vaccine candidates. For example, Ou *et al* (137) reported that circAMOTL1 can promote cervical cancer growth by acting as a sponge for miR-485-5p, leading to increased AMOTL1 levels. This finding highlights the possibility of targeting specific circRNAs involved in

cancer progression for vaccine development. Furthermore, Wang *et al* (138) emphasized the significance of genome-wide perturbations in A-to-I RNA editing in dysregulating circRNAs and promoting cervical cancer development. This previous study identified three RNA editing sites as potential biomarkers or therapeutic targets, underscoring the therapeutic potential of focusing on RNA editing dysregulation in cervical cancer treatment. The unique stability and tissue-specific expression patterns of circRNAs make them attractive candidates for vaccine development. By designing circRNA vaccines that encode specific tumor antigens or target circRNAs involved in cervical cancer progression, researchers may be able to elicit more targeted and effective immune responses against this disease. While these findings are promising, it is important to note that the development of circRNA-based vaccines for cervical cancer is still in its early stages. Further research is needed to fully elucidate the mechanisms by which circRNA vaccines stimulate antitumor immunity, and to optimize their delivery and efficacy in clinical settings. Nonetheless, the potential of circRNAs as vaccine candidates offers a potential new option for cervical cancer immunotherapy, which may lead to more effective and personalized treatment strategies in the future.

*Challenges and limitations of circRNA-based therapies for gynecological cancer.* CircRNAs hold potential as therapeutic tools; however, efficiently and safely translating them into effective treatments requires addressing several critical challenges. Despite the significant potential of circRNAs, efficient and safe delivery remains a major challenge. Current strategies for delivering circRNAs include lipid nanoparticles, viral vectors and exosomes. Each of these delivery systems has its limitations. For instance, viral vectors, while highly efficient, can trigger immune responses or insertional mutagenesis (139). Lipid nanoparticles, on the other hand, require further optimization for stability and tissue specificity (140). Additionally, ensuring that circRNAs are delivered to tumor sites while minimizing their accumulation in non-targeted tissues is a pressing issue (141).

The ability of circRNAs to regulate gene expression by interacting with miRNAs and RBPs can also lead to non-specific targeting effects, causing off-target effects. circRNAs may simultaneously regulate multiple miRNAs, thereby affecting multiple signaling pathways and leading to unintended biological consequences (124). Therefore, in developing circRNA therapies, extensive *in vivo* studies and high-throughput screening are necessary to ensure the specificity of their targeting effects while avoiding interference with normal cellular functions (142).

The clinical translation of circRNA therapies also depends on strict regulatory requirements. As an emerging biotherapeutic tool, circRNAs must meet the standards of international drug regulatory agencies such as the U.S. Food and Drug Administration. Research on the long-term safety, immunogenicity and metabolic pathways of circRNA drugs is still in its early stages. Before circRNA therapies can be used clinically, uniform quality control standards must be established, and rigorous preclinical and clinical trials must be conducted to ensure their safety and efficacy (143).

## 5. Conclusion

The emerging field of circRNA research offers promising options for advancing the understanding and management of gynecological malignancies. The present review has highlighted the diverse roles of circRNAs in ovarian, endometrial and cervical cancer, from their involvement in tumor progression to their potential as diagnostic and prognostic biomarkers. The unique properties of circRNAs, including their stability, tissue-specific expression and diverse regulatory functions, position them as valuable tools in gynecological oncology. The roles of circRNAs as miRNA sponges, protein scaffolds and even potential peptide encoders underscore their complex involvement in cancer pathogenesis. While notable progress has been made in elucidating the functions of circRNAs in gynecological cancer, much remains to be explored. Future research should focus on validating circRNA-based biomarkers, investigating tissue-specific and cancer-specific circRNA-mediated transcriptional regulation, exploring the therapeutic potential of targeting circRNAs and elucidating the functional significance of circRNA-encoded peptides in gynecological cancer. As the understanding of circRNAs in gynecological malignancies improves, the development of novel diagnostic tools, prognostic markers and targeted

therapies is anticipated. These advances hold the potential to markedly improve patient outcomes and to reshape the landscape of gynecological cancer management.

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Not applicable.

## Author's contributions

YL was responsible for writing the manuscript and investigation of the subject, such as conducting literature reviews to understand the current state of research. HA edited, conceptualized and supervised the present study. Data authentication is not applicable. All authors have read and approved the manuscript.

## Ethics approval and consent to participate

Not applicable.

## Patient consent for publication

Not applicable.

## Competing interests

The authors declare that they have no competing interests.

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