The Mini-Mental State Exam

Patient		Examiner	Date
Maximum	Score		
5 5	()	Orientation What is the (year) (season) (date) (day) (month)? Where are we (state) (country) (town) (hospital) (floor)?	
3	()	Registration Name 3 objects: 1 second to say each. Then ask the patient all 3 after you have said them. Give 1 point for each correct answer. Then repeat them until he/she learns all 3. Count trials and record. Trials	
5	()	Attention and Calculation Serial 7's. 1 point for each correct answer. Stop after 5 answers. Alternatively spell "world" backward.	
3	()	Recall Ask for the 3 objects repeated above. Give 1 point for each correct answer.	
2 1 3 1 1	() () () ()	Language Name a pencil and watch. Repeat the following "No ifs, ands, or buts" Follow a 3-stage command: "Take a paper in your hand, fold it in half, and Read and obey the following: CLOSE YOUR EYES Write a sentence. Copy the design shown.	=
		Total Score ASSESS level of consciousness along a continuum Alert Drowsy	1 Stupor Coma

"MINI-MENTAL STATE." A PRACTICAL METHOD FOR GRADING THE COGNITIVE STATE OF PATIENTS FOR THE CLINICIAN. *Journal of Psychiatric Research*, 12(3): 189-198, 1975. Used by permission.

