

# Modeling and Simulation for Individualized Therapy of Amisulpride in Chinese Patients with Schizophrenia: Focus on Interindividual Variability, Therapeutic Reference Range and the Laboratory Alert Level

Shanqing Huang<sup>1,\*</sup>

Lu Li<sup>1,2,\*</sup>

Zhanzhang Wang<sup>1,2</sup>

Tao Xiao<sup>1</sup>

Xiaolin Li<sup>1</sup>

Shujing Liu<sup>1</sup>

Ming Zhang<sup>1,2</sup>

Haoyang Lu<sup>1,2</sup>

Yuguan Wen<sup>1,2</sup>

Dewei Shang<sup>1,2</sup>

<sup>1</sup>Department of Pharmacy, The Affiliated Brain Hospital of Guangzhou Medical University, Guangzhou, 510370, People's Republic of China; <sup>2</sup>Guangdong Engineering Technology Research Center for Translational Medicine of Mental Disorders, Guangzhou, 510370, People's Republic of China

\*These authors contributed equally to this work

Correspondence: Dewei Shang; Yuguan Wen

Department of Pharmacy, The Affiliated Brain Hospital of Guangzhou Medical University, 36 Mingxin Road, Guangzhou, 510370, People's Republic of China  
Tel +86-020-81268389  
Fax +86-020-81891391  
Email shang\_dewei@163.com; wenyuguande@163.com

**Purpose:** To explain the high inter-individual variability (IIV) and the frequency of exceeding the therapeutic reference range and the laboratory alert level of amisulpride, a population pharmacokinetic (PPK) model in Chinese patients with schizophrenia was built based on therapeutic drug monitoring (TDM) data to guide individualized therapy.

**Patients and Methods:** Plasma concentration data (330 measurements from 121 patients) were analyzed using a nonlinear mixed-effects modeling (NONMEM) approach with first-order conditional estimation with interaction (FOCE I). The concentrations of amisulpride were detected by HPLC-MS/MS. Age, weight, sex, combination medication history and renal function status were evaluated as main covariates. The model was internally validated using goodness-of-fit, bootstrap and normalized prediction distribution error (NPDE). Recommended dosage regimens for patients with key covariates were estimated on the basis of Monte Carlo simulations and the established model.

**Results:** A one-compartment model with first-order absorption and elimination was found to adequately characterize amisulpride concentration in Chinese patients with schizophrenia. The population estimates of the apparent volume of distribution (V/F) and apparent clearance (CL/F) were 12.7 L and 1.12 L/h, respectively. Age significantly affected the clearance of amisulpride and the final model was as follows:  $CL/F = 1.04 \times (AGE/32)^{-0.624}$  (L/h). To avoid exceeding the laboratory alert level (640 ng/mL), the model-based simulation results showed that the recommended dose of amisulpride was no more than 600 mg/d for patients aged 60 years, 800 mg/d for those aged 40 years and 1200 mg/d for those aged 20 years, respectively.

**Conclusion:** Dosage optimization of amisulpride can be carried out according to age to reduce the risk of adverse reactions. The model can be used as a suitable tool for designing individualized therapy for Chinese patients with schizophrenia.

**Keywords:** amisulpride, population pharmacokinetics, therapeutic drug monitoring, modeling and simulation, individualized therapy

## Introduction

Amisulpride, a substituted benzamide derivative, is a second-generation antipsychotic and a highly selective antagonist, which binds to dopamine D<sub>2</sub>/D<sub>3</sub> receptors.<sup>1</sup> Given its efficacy and tolerance, amisulpride has been suggested as a first-line treatment option in the management of schizophrenia.<sup>2</sup> However, high inter-individual variability (IIV)

of amisulpride pharmacokinetics has been observed in patients, and overdosing may lead to serious adverse reaction.<sup>3</sup> Therapeutic drug monitoring (TDM) is the use of whole-blood plasma or serum drug (or metabolite) concentration measurements to assess adherence, guide dosage, and the highest possible probability of response and a minimized risk of adverse drug reactions/toxicity. The Arbeitsgemeinschaft für Neuropsychopharmacologie und Pharmakopsychiatrie (AGNP) consensus guidelines considered TDM for amisulpride to be strongly recommended (level 1). The therapeutic reference range for amisulpride is 100–320 ng/mL, with a laboratory alert level of 640 ng/mL.<sup>4,5</sup>

The apparent distribution volume, protein binding rate and absolute bioavailability of amisulpride were 5.8 L/kg, 16% and 48%, respectively. After repeated administration, amisulpride did not accumulate in vivo and the pharmacokinetic parameters did not change with dosage. The elimination half-life was approximately 12–16 h. After intravenous administration, 50% of the drug was excreted as prototypes, most of them were excreted within 24 h (90% of urine excretion).<sup>6</sup> Amisulpride was mainly metabolized into two inactive metabolites, accounting for 4% of the excreta.

Amisulpride is almost entirely renally eliminated, without hepatic metabolism or known interactions. Thus, CYP450 enzyme activities or metabolic enzyme gene polymorphisms are unlikely to occur with amisulpride.<sup>7</sup> In addition, amisulpride is a substrate of SLC22 organic ion transporters in the kidneys, which suggests that active renal secretion is likely to be the major elimination pathway.<sup>8</sup>

Population pharmacokinetic (PPK) analysis is a robust tool for obtaining pharmacokinetic (PK) parameters from both sparsely and intensively sampled data. The influence of covariates on PK parameters can be quantified.<sup>9</sup> PPK analysis has previously been applied to drugs with high IIV.<sup>10</sup> One study in Caucasian adult patients investigated the effects of concomitant medications, genetic polymorphisms (such as the OCT1, OCT2 transporters, P-glycoprotein and some nuclear factors), age and lean body weight (LBW) on amisulpride concentration and included age and LBW in the final model.<sup>11</sup> Another study in older people and Alzheimer's disease found that age and body weight significantly affected amisulpride clearance at low dose (25–75 mg daily).<sup>12</sup> In addition, two studies reported a higher dose-adjusted concentrations (C/D, the ratio of

drug concentration to dose under steady-state and trough conditions) in elderly patients,<sup>13,14</sup> which showed that age is most likely to be the major influence on amisulpride.

In the present study, a population PK (PPK) model for analyzing PK characteristics of amisulpride based on routine TDM data collected from Chinese patients with schizophrenia was built without a fixed absorption rate constant. After building the model and evaluating the correlation of covariates, the PK characteristics of amisulpride under different dosage regimens were simulated to clarify the relationship between steady-state concentration and the therapeutic reference range/laboratory alert level of amisulpride. The aim of this study was to make the best use of retrospective TDM data to guide individualized treatment of amisulpride in Chinese patients with schizophrenia.

## Materials and Methods

### Data Collection

A retrospective study of TDM data from psychiatric inpatients treated with amisulpride in the Affiliated Brain Hospital of Guangzhou Medical University was performed from 2019 to 2020.

Patients who met the following criteria were included in the analysis: 1) those who took oral amisulpride with serum drug concentration monitoring; 2) multiple serum concentration data were obtained under different dosage schemes; 3) patients who had hospital information recorded in medical records. The exclusion criteria included 1) problems with patient compliance; 2) wrong sampling time; and 3) concentrations of amisulpride were zero or below the lower limit of quantification.

Demographic data (age, sex, body weight, height), dosage regimen, serum amisulpride concentration, renal function (creatinine, creatinine clearance rate, uric acid, retinol-binding protein, urea,  $\beta$ 2-microglobulin and cystatin C), glucolipid metabolism (cholinesterase, glucose, glycated serum protein, glycosylated hemoglobin, triglyceride, total cholesterol, low-density lipoprotein and high-density lipoprotein), and combination medication history (valproic acid, omeprazole, clozapine, lithium) were collected.

### Bioanalysis

Serum amisulpride concentration was determined using a Shimadzu 20A HPLC system consisting of two LC-20AD

pumps, a DGU-20A3R degassing unit, a SIL-20A autosampler, and a CTO-20A column oven (Shimadzu Corporation, Kyoto, Japan). MS detection was carried out using a Shimadzu LCMS-8040 triple-quad mass spectrometer (Shimadzu Corporation) equipped with an electrospray ionization source operating in the positive mode (ESI+). Quantification was performed using the multiple-reaction monitoring mode. Amisulpride (purity 99.9%) and amisulpride-d5 isotope (purity 98.0%) were produced by Toronto Research Chemicals (Toronto, Canada). Analytes were extracted using the acetonitrile protein precipitation method.

The separation was operated on an Agilent Eclipse XDB C18 column (4.6×50 mm, 1.8 μm) at 35°C. Using an electrospray ion source and multiple reaction monitoring (MRM) mode, the ion pairs used for quantitative analysis were m/z 370.2→m/z 242.1 (amisulpride), m/z 375.2→m/z 242.1 (amisulpride-d5). The mobile phase consisted of methanol-water (90:10, v/v, 2 mmol·L<sup>-1</sup> ammonium formate), and the flow rate was 0.7 mL·min<sup>-1</sup>. The standard curve equation for amisulpride was  $y = 1.36x + 3.20 \times 10^{-3}$  ( $R^2 > 0.99$ ), and the calibration curve was 20, 40, 400, 800, 1200, 1600, and 2000 ng·mL<sup>-1</sup>. The linear range of amisulpride was from 20 to 2000 ng·mL<sup>-1</sup>, the relative standard deviation (RSD) of intra-day and inter-day precisions ranged from 1.92% to 13.77%, the recovery rates ranged from 92.95% to 103.84%, and the stability was good.

## Software

We performed the PPK analysis through nonlinear mixed-effects modeling with NONMEM<sup>®</sup> (version 7, Level 2, Icon Development Solutions, Ellicott City, MD, USA). Subroutine ADVAN 2 and first-order conditional estimation with interaction option (FOCE-I) method were used in modeling. PsN (version 3.4.2, Uppsala University, Sweden) was applied for model construction and validation. The diagnostic plots of NONMEM<sup>®</sup> outputs were conducted using R version 4.0.5 (<http://www.r-project.org>).

## Population Pharmacokinetics Model and Simulations

### Population Pharmacokinetics Model

A one-compartment model with first-order absorption and elimination was evaluated to fit the concentration versus time data. The IIV was assessed using exponential random effects models as shown in Eq. 1.

$$P_i = P_{pop} \times \text{EXP}(\eta_i) \quad (1)$$

where  $P_i$  is the estimated parameter for the  $i$ th individual;  $P_{pop}$  is the population typical value of the parameter; and  $\eta_i$  represents the difference in the estimated parameter for the  $i$ th subject from the population typical value, which was identically distributed with a mean of zero and a variance of  $\omega^2$ .

In this study, both continuous covariates and binary covariates were investigated with a fractional model. The relationship between the population typical value and a continuous covariate (such as age and weight) was evaluated using Eq.2- Eq.3.

$$P_i = P_{pop} \cdot (1 + \theta_{COV} \cdot (\overline{COV} - COV_i)) \cdot e^{\eta_i} \quad (2)$$

$$P_i = P_{pop} \cdot (\overline{COV}/COV_i)^{\theta_{COV}} \cdot e^{\eta_i} \quad (3)$$

where  $P_i$  is the parameter for individual  $i$ ;  $COV_i$  and  $\overline{COV}$  is the covariate value for individual  $i$  and the mean (or median) of covariate, respectively.  $\theta_{COV}$  is the factor for adjusting the  $i$ th PK parameter.

The binary covariates (such as sex and comedication) were evaluated using Eq.4. For the sex covariate:  $COV_i = 0$  represented a female,  $COV_i = 1$  represented a male.

$$P_i = (P_{pop} + \theta_{COV} \cdot COV_i) \cdot e^{\eta_i} \quad (4)$$

The identification of significant covariates was performed through forward inclusion in which an objective function value (OFV) decreased of more than 6.63 from the base model was significant (chi-square  $P < 0.01$ ,  $df = 1$ ) and backward exclusion in which a  $\Delta$ OFV increased by more than 10.83 was significant (chi-square,  $P < 0.001$ ,  $df = 1$ ). Each covariate was incorporated stepwise into the base model to develop the full models. For the final model, a backward elimination process was employed to identify significant covariates. The covariates in the full model were excluded one by one.

### Model Validation

The OFV value, goodness-of-fit plots, plausibility and precision of parameter estimates, random and residual variances for the parameters and physiologically plausible were used to evaluate and validate the different models. The 95% confidence intervals of the parameters were evaluated through nonparametric bootstrapping without stratification ( $n = 1000$ ). The normalized prediction distribution error (NPDE) method, which is suitable for evaluating models developed from disordered data, can be used for internal or external evaluation. The NPDE for

each observation was calculated using R software with an attached package, NPDE (version 2.0), based on 1000 simulations. R software was also used to plot the NPDE diagrams.

### Model-Based Simulations

In the model-based simulations, the final PPK model was used to simulate the time course of amisulpride serum concentrations at steady state by typical parameter estimates under regular oral administration of commonly used dosage regimens [BID (100 mg, 200 mg), BID (200 mg, 200 mg), BID (200 mg, 400 mg), BID (400 mg, 400 mg), BID (400 mg, 600 mg) or BID (600 mg, 600 mg)]. The simulated concentrations, represented by population predicted values, were compared with the upper boundary of the recommended therapeutic range (320 ng/mL) and the laboratory alert level (640 ng/mL) to serve as a tool for treatment regimen selection for different clinical populations.

## Results

### Patient Characteristics

A total of 330 amisulpride serum concentration data sets were collected from 121 patients (63 females, 58 males). The demographic (such as age and gender) and clinical characteristics (such as concomitant medications and renal function) of the patients were summarized in Table 1.

### Population Pharmacokinetic Model

The PPK model of amisulpride was best characterized using a one-compartment model with first-order elimination. Residual variabilities were best described by a proportional error model. The final PPK parameters were summarized in Table 2. In the final model, age was identified as a significant covariate for the clearance of amisulpride which caused a significant decrease in OFV ( $\Delta\text{OFV} = 44.65$ ,  $P < 0.001$ ). The estimated typical values of  $\text{CL}/F$ ,  $\theta_{\text{CL-AGE}}$ ,  $V/F$  and  $K_a$  were 61.1 L/h,  $-0.624$ , 1720 L and 0.18 h<sup>-1</sup>, respectively. The relationship between clearance and age was shown in Figure 1 (the scatter plots of all covariates versus CL or V, both in base and final model were shown in Supplemental Figure 1).

The final model can be described by the following equations:

$$\text{CL}/F = 1.04 \times (\text{AGE}/32)^{-0.624} \quad (5)$$

$$V/F = 1720 \quad (6)$$

$$K_a = 0.18 \quad (7)$$

## Model Evaluation

The goodness-of-fit plots for the final PPK model for the TDM data set were shown in Figure 2. No significant deviation was found between observations and population predictions or individual predictions, indicating a good fit for the final model. In addition, there were no obvious trends in conditional weighted residuals vs time and conditional weighted residuals vs population predictions. And the QQ plots of CWRES for base and final model were displayed in Supplemental Figure 2. There was a deviation in the QQ diagram of CWRES between the basic model and the final model. Compared with the basic model, the QQ diagram of CWRES in the final model was improved.

The final PPK parameters, the standard errors, and the 95% CI on the basis of 1000 bootstraps were summarized in Table 2. All the parameters were relatively stable (RSE <30%) and the estimated mean values were close to the bootstrap results. The typical values of parameters from the final model all fell into the 95% confidence interval.

The PPK model of amisulpride was evaluated using the NPDE method to validate the predictions and the results of NPDE were shown in Figure 3. The cumulative distribution of amisulpride was obtained for each observation with 1000 simulations. The NPDE was distributed around a mean of 0.088 with a variance of 1.18. There was no trend in NPDE vs time and NPDE vs predicted amisulpride concentration. These results indicated that the PPK model of amisulpride was relatively accurate and reliable.

### Model-Based Simulations for Conventional Amisulpride Doses

The typical time courses of steady state amisulpride concentrations were simulated in psychotic patients in their 20s, 40s, and 60s after different dosage regimens according to the final model (Figure 4). According to the Consensus Guidelines for Therapeutic Drug Monitoring in Neuropsychopharmacology, the therapeutic reference range of amisulpride is 100–320 ng/mL. In order to maintain the concentration in the therapeutic reference range and not exceed the upper limit of the reference range (320 ng/mL), the model-based simulation results showed that the recommended dose of amisulpride was no more than 300 mg/d for those aged 60 years, 400 mg/d for those aged 40 years and 600 mg/d for those aged 20 years. In order to avoid exceeding the laboratory alert level (640 ng/mL), the

**Table I** Clinical and Demographic Characteristics of Patients in TDM Analysis of Amisulpride 2019.1–2020.12

Characteristic	N	Median (Range)	Mean±SD
Number of patients	121		
Concentration data (ng/mL)	330	395.15 (24.04,1905.84)	430.64 ±263.39
Sex (male/female)	58/63		
Age (years)		32(13,69)	35.83±13.50
Body weight (kg)		60(36,103)	62.73±12.86
Height (cm)		165(140,180)	165.64±7.28
Concomitant medications			
Valproic acid	26(21.49%)		
Omeprazole	3(2.48%)		
Clozapine	21(17.36%)		
Lithium	6(4.96%)		
Renal function			
RBP (mg/L)		39.1(15.9,88)	41.14±12.64
UA (μmol/L)		360(135,655)	367.92±98.99
Urea (μmol/L)		3.79(1.55,13.03)	4.03±1.50
Cr (μmol/L)		62(36,120)	65.05±16.61
CCR (mL/min)		1.28(0.59,3.84)	1.36±0.48
β <sub>2</sub> -MG (mg/L)		1.64(0.95,3.21)	1.67±0.42
Cystatin C (mg/L)		0.9(0.57,1.18)	0.91±0.13
Glucolipid metabolism			
AChE (U/L)		7921 (2623,14,492)	8107.27 ±2020.02
GLU (mmol/L)		4.64(3.11,12.17)	4.79±1.11
GSP (%)		1.53(1.02,2.21)	1.54±0.25
GHB (mmol/L)		5.2(3.8,7)	5.23±0.57
TG (mmol/L)		1.06(4.1,6.1)	1.20±0.57
TC (mmol/L)		4.42(2.51,12.37)	4.59±1.26
LDL (mmol/L)		2.54(0.99,9.85)	2.59±1.02
HDL (mmol/L)		1.27(0.73,2.21)	1.31±0.34

**Abbreviations:** RBP, retinol-binding protein; UA, uric acid; Cr, creatinine; β<sub>2</sub>-MG, β<sub>2</sub> - microglobulin; AChE, cholinesterase; GLU, glucose; GSP, glycosylated serum protein; GHB, glycosylated hemoglobin; TG, triglyceride; TC, total cholesterol; LDL, low-density lipoprotein; HDL, high-density lipoprotein.

model-based simulation results showed that the recommended dose of amisulpride was no more than 600 mg/d for those aged 60 years, 800 mg/d for those aged 40 years and 1200 mg/d for those aged 20 years, respectively. The model-based simulation results also showed that the serum concentration of amisulpride in patients aged 60 years was twice as high as that in those aged 20 years under the same administration scheme, which indicated that the serum concentration of amisulpride is more likely to exceed the

therapeutic reference range or even exceed the laboratory alert level under the same routine administration scheme in elderly people.

## Discussion

To our knowledge, this is the first report of the PPK of amisulpride in Chinese patients with schizophrenia to evaluate the therapeutic reference range (100–320 ng/mL) and laboratory alert level (640 ng/mL) for individualized medication recommendations simultaneously. Based on our previous exploration and research,<sup>5,13</sup> the mean dosage-adjusted serum concentration (concentration/daily dose) of amisulpride was consistent with the AGNP guidelines,<sup>4</sup> suggesting little difference in pharmacokinetics between races. The PPK model was used to quantify the effects of age on the clearance of amisulpride and to predict the concentrations of the compound at different dosage levels in Chinese patients with schizophrenia.

In a previous study, Reeves, S et al<sup>12,15</sup> explored the use of amisulpride in the treatment of Alzheimer's disease with a low dose (25–75 mg) for elderly patients, which is not suitable for Chinese psychotic patients as it is usually indicated for schizophrenia, which requires a wide range of recommended daily doses (50–1200 mg) for all age groups. In our study, there were only two patients who were younger than 18 years old. The sample size was insufficient to build the model for children. In addition, amisulpride is almost entirely renally eliminated. The youngest patient was 13 years old, in which kidney function has matured. Therefore, the research did not initially exclude patients aged from 13 to 18 years. Our study screened covariates with high standards ( $P < 0.001$ ) and found that the most significant was the  $\theta_{CL-AGE}$  as increasing age decreased amisulpride elimination. In agreement with this, Glatard, A et al<sup>11</sup> reported that LBW was also a significant covariate for the CL/F of amisulpride. LBW with an allometric exponent of  $\sim 2/3$  may be most suitable for describing an increase in CL with body size as it accounts for both body composition and allometric scaling principles concerning differences in metabolic rates across size.<sup>16</sup> However, in our study, the effect of weight was attenuated after including age as a covariate since both age and body weight were needed to calculate the creatinine clearance.<sup>17</sup> When the simulation data were compared, we found that the simulation results in our study were higher than those in their study under the same dosage regimen. According to a meta-analysis,<sup>5</sup> pooled concentration levels of amisulpride were higher than the recommendation with wide individual variation, especially in older patients, female

**Table 2** Population PK Parameters Estimates and Bootstrap Results of the Final PK Model for TDM Data Set

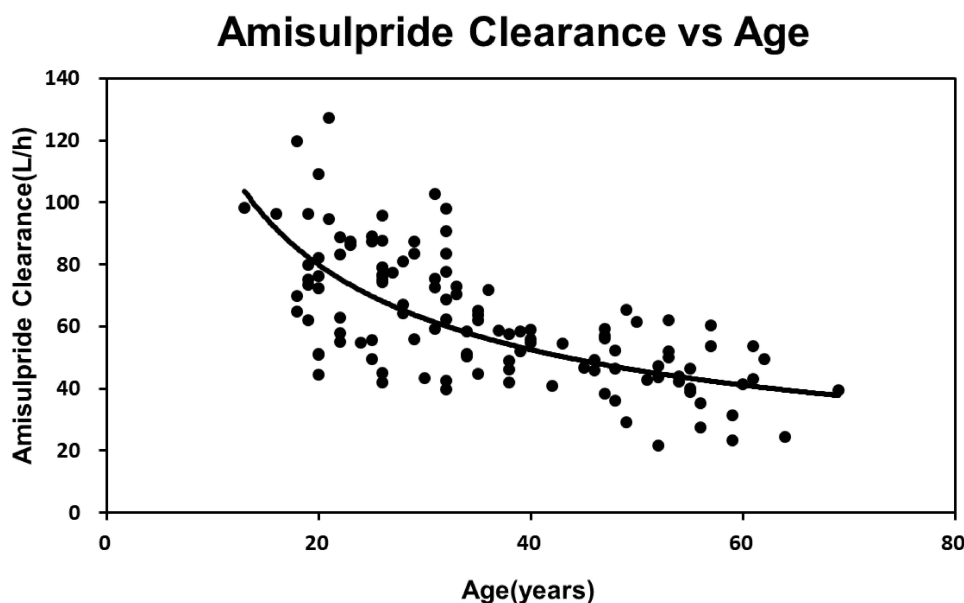
Parameter	Final Model	RSE(%)	IIV(CV%)	Bootstrap	95% CI	RSE(%)
	Estimate			Median		
CL/F (L/h)	61.1	4	30.1	60.8	49.9–65.3	5.7
$\theta_{CL-AGE}$	-0.624	10	-	-0.617	-0.8 to -0.4	14.6
V/F (L)	1720	21	122.5	1621.9	104.0–2118.0	27.0
Ka ( $h^{-1}$ )	0.18	25	0 fixed	0.17	0.08–0.3	29.8
Residual error						
PRO (CV%)	6.4	10.0	-	-	-	-

**Abbreviations:** CL/F<sub>0</sub> apparent systematic clearance;  $\theta$ , covariate effect of gender and smoking habit on CL/F; V/F, apparent distribution volume for the central compartment; Ka, first-order absorption rate constant; CV, coefficient of variation; CI, confidence interval; RSE, relative standard errors of parameters; PRO, proportional residual error. Final model:  $CL (L) = 61.1 \times (AGE/32)^{-0.624}$ .

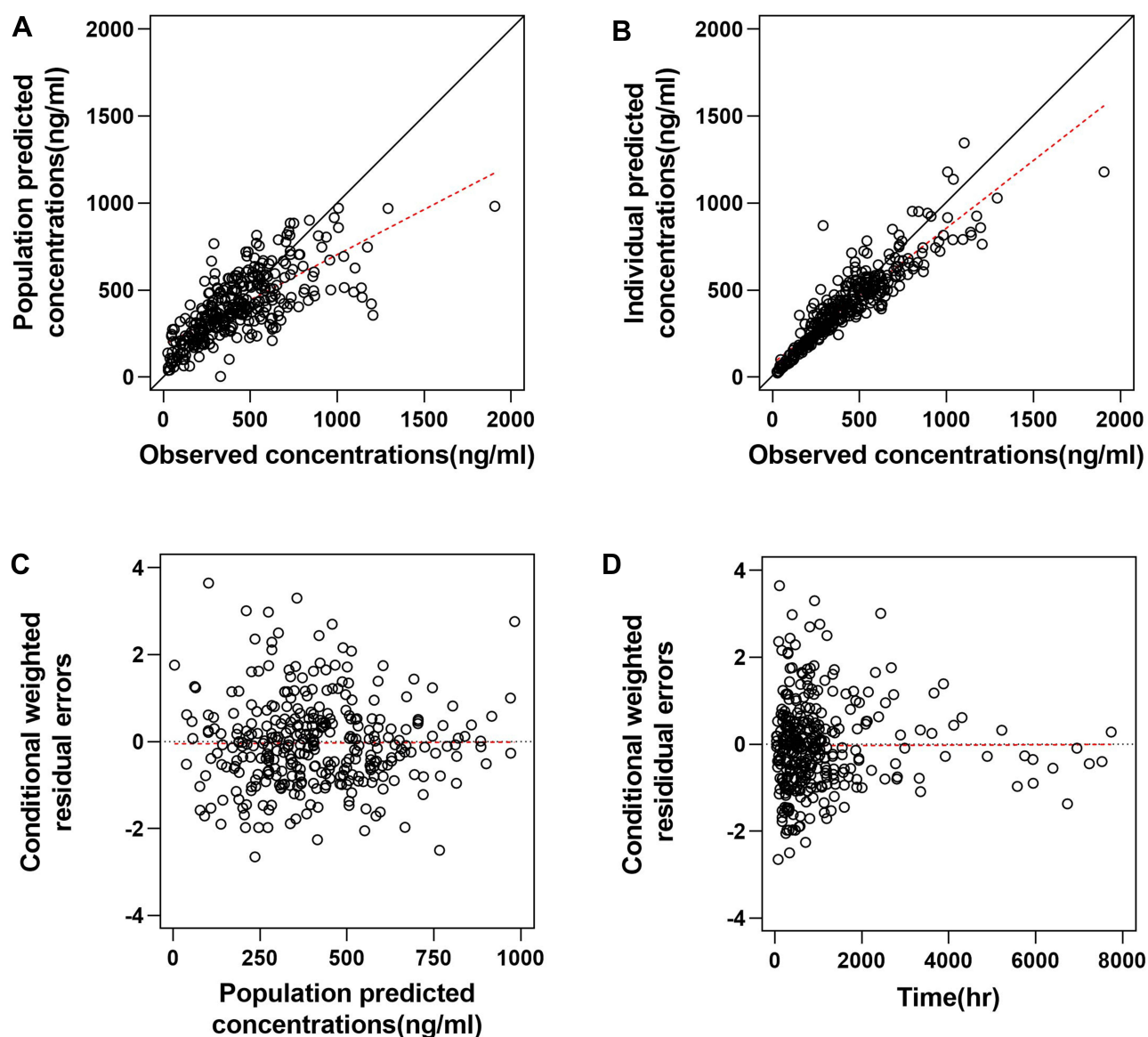
patients and patients taking amisulpride combined with lithium. In this study, combined lithium did not have a significant impact for the limited number of patients with combination medications. The mean concentration of amisulpride was  $430.64 \pm 263.39$  ng/mL, which markedly exceeded the reference concentration range (100–320 ng/mL). Amisulpride showed large IIV and a considerable percentage of patients had concentration levels outside the reference range.<sup>18</sup> Approximately 36% of the patients had amisulpride plasma levels higher than 320 ng/mL in the UK,<sup>19</sup> which was 54.4% in a study conducted in China.<sup>13</sup> A retrospective analysis of 253 samples was carried out to investigate the conformance of serum levels of olanzapine, aripiprazole, paliperidone, ziprasidone and amisulpride with the AGNP therapeutic reference ranges in Chinese patients. Good consistency was observed for the other four

antipsychotics, while the plasma concentration of amisulpride was  $445.2 \pm 231.5$  ng/mL, higher than the recommended range, which comparable with our research.<sup>20</sup>

The elimination of amisulpride was not affected by CYP enzymes as renal excretion was the main elimination pathway for this drug.<sup>21</sup> Transporters in proximal renal tubules contribute to the disposition of numerous drugs. Amisulpride is a substrate of SLC22 transporters (organic cation transporters, such as OCT1, OCT2, OCT3, OCTN1, OCTN2) expressed in organs.<sup>8</sup> Only a study using an animal model suggested that kidney transporter expression is affected by ontogeny and aging.<sup>22</sup> No in vivo data on the implications of these transporters on amisulpride PK are available.<sup>23</sup> Amisulpride is also a substrate of the P-glycoprotein (P-gp) transporter.<sup>24</sup> Moreover, Glatard, A et al<sup>11</sup> proved that OCT1 and OCT2 transporters, the



**Figure 1** Age effect on amisulpride: clearance decreases exponentially with increasing age ( $y=488.63x^{-0.605}$ ,  $R^2=0.4614$ ).



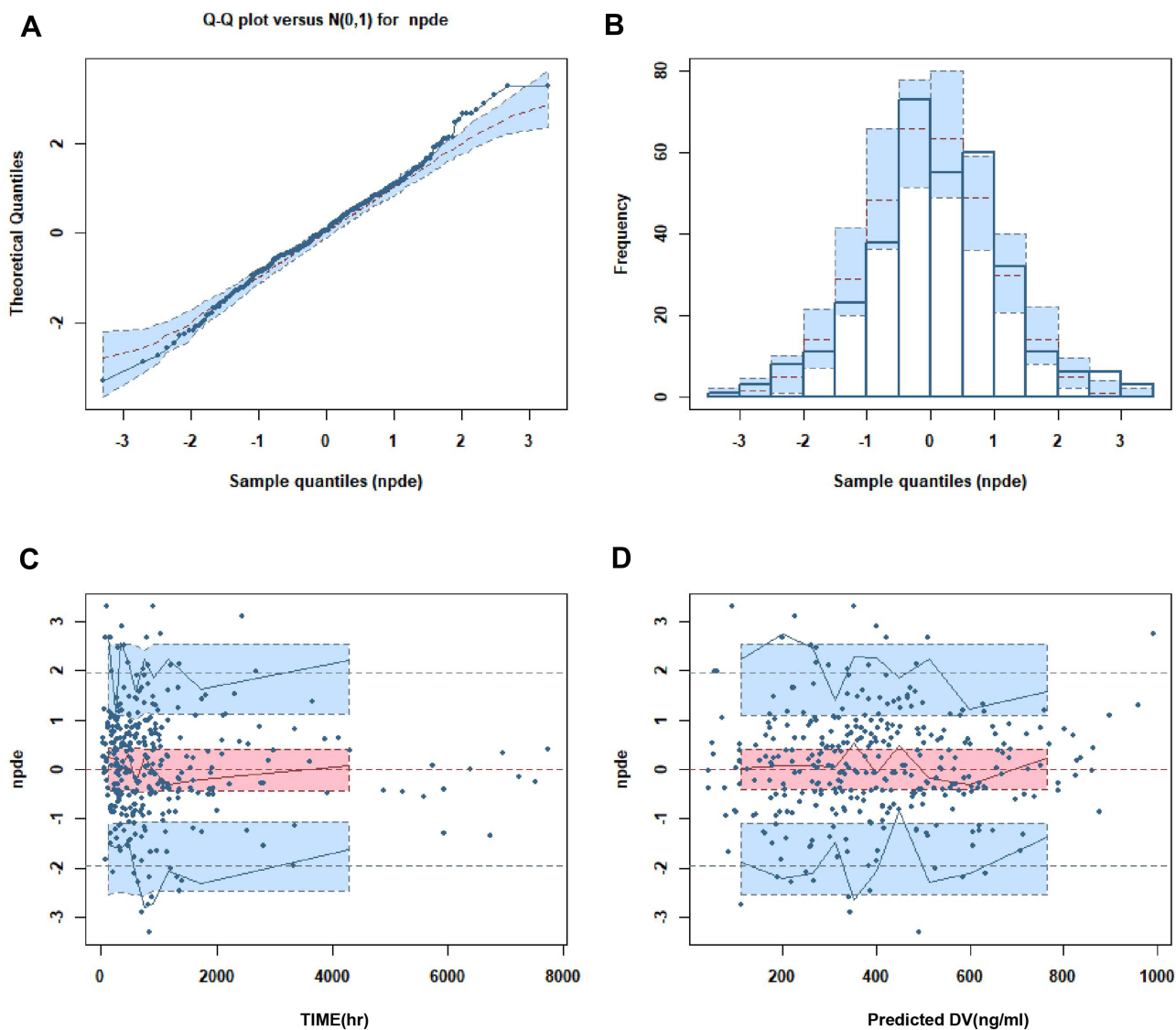
**Figure 2** Goodness-of-fit plots of the final population PK model for TDM data set. Observed concentrations vs population predicted (A) and individual predicted concentrations (B). Conditional weighted residual error (CVRES) vs population-predicted concentration of lamotrigine (C) and time after first dose (D). Open circles represent individual data points. The solid line represents unity and dashed line represents the smooth line.

P-glycoprotein, and some nuclear factors had no significant influence on the clearance of amisulpride. Therefore, amisulpride did not need to be adjusted according to genotype and transporters.

To date, only one study has provided evidence that amisulpride plasma levels of 100–320 ng/mL could be regarded as a useful therapeutic range to avoid both clinical nonresponse and EPS by receiver operating characteristic analysis.<sup>25</sup> However, the dosage regimen was once daily in this study, which is significantly different from the various dosage regimens in clinical application. Furthermore, inherent to statistical methods and to the variability of clinical

response, some patients are non-responders with plasma concentrations in this range (9% in the study population of Muller et al) and require amisulpride concentrations higher than 320 ng/mL to obtain a therapeutic response. Therefore, the concentrations simulated at high doses of amisulpride are very useful, especially in elderly individuals.

In clinical use, the starting dose for treatment of positive symptoms of schizophrenia is 400–800 mg/d, and is 50–300 mg/d for those experiencing predominantly negative symptoms.<sup>26</sup> Individualized treatment is not provided by the guidelines. For this, we propose that the treatment strategy should simulate the distribution of

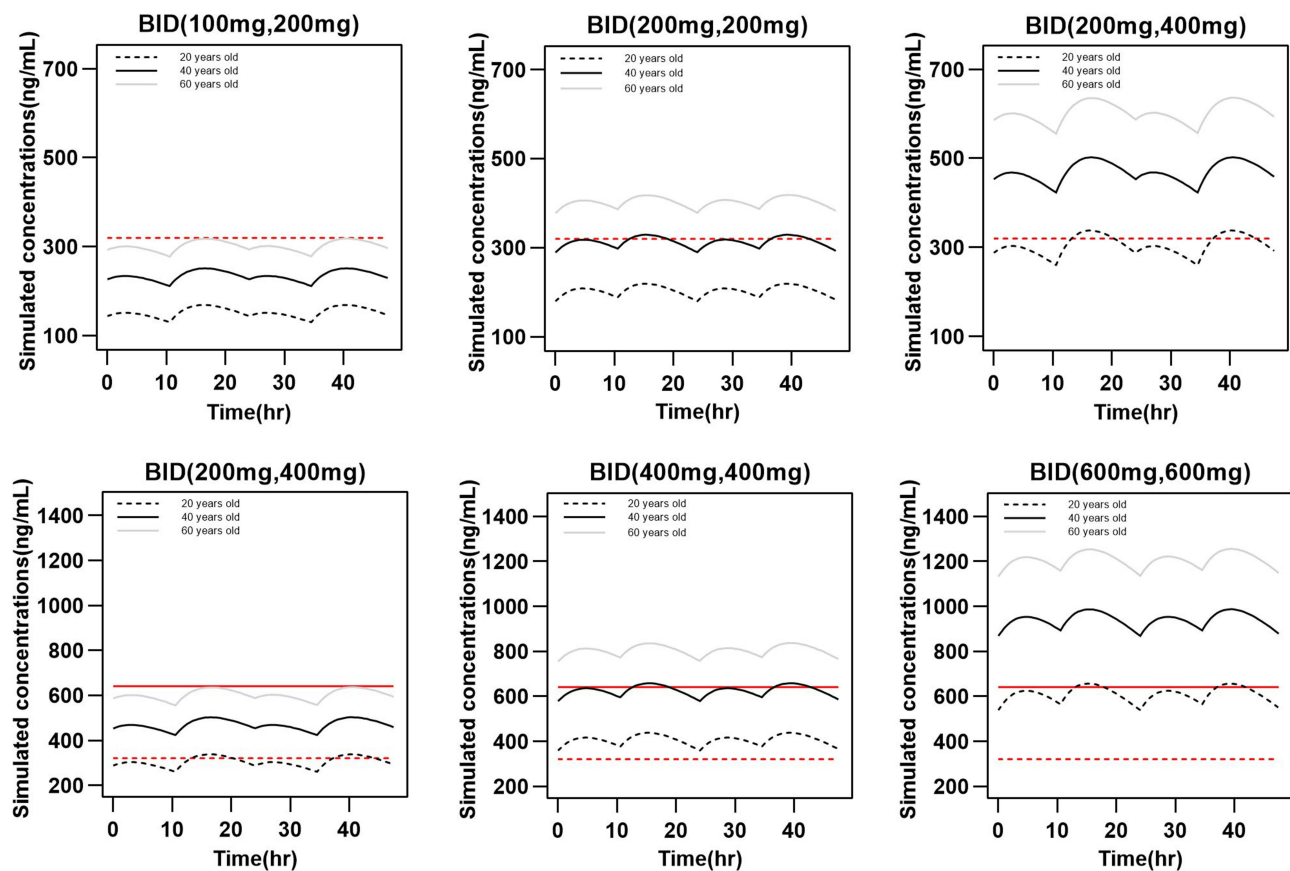


**Figure 3** Normalized prediction distribution error (NPDE) metrics for the population pharmacokinetic model of lamotrigine. Normal quantile-quantile plot for NPDE (A), distribution of NPDE (B), and NPDE vs time after first dose (C) or vs predicted concentrations (D).

serum concentration in patients of different ages under a conventional dose of amisulpride. Using this method, we found that patients in their 20s take twice as much as patients in their 60s to achieve the same trough concentration. It is not recommended that adolescents with schizophrenia take amisulpride in high doses due to high clearance. Patients in their 60s who take more than 600 mg/d are prone to exceeding the laboratory alert level, which will increase the risk of adverse reactions. Attention should be paid to the elderly to control the dose of amisulpride to prevent high serum concentrations resulting in drug poisoning. These predictions could prove valuable for dose adjustment during clinical maintenance in these patient groups.

In this study, age was the only covariate contributing to inter-individual variations in Chinese psychiatric patients aged 13–69 years. Other factors including gender, body weight, concomitant medications, renal function and glucolipid metabolism were not significant. Amisulpride concentrations could be well predicted by a concise PPK model with dosage regimens and age as influencing factors. Furthermore, the wide range of recommended daily doses (50–1200 mg) of amisulpride would inevitably lead to broad plasma concentrations, especially in patients with acute schizophrenic episodes or with severe positive symptoms who generally require higher doses. High concentrations of amisulpride were correlated with certain adverse events in specific groups of patients, eg, hyperprolactinemia in females or hypotension in elderly patients. In





**Figure 4** The simulated time courses of amisulpride serum concentrations of patients at steady state for 20-year-old patients (black dash lines), 40-year-old patients (black lines), and 60-year-old patients (grey lines) under common dose regimens. BID twice a day represents take the medicine at 8:30 a.m. and 7:00 p.m. The red dash lines represent 320ng/mL and red lines represent 640ng/mL.

this case, whether to change the prescribing drug or adjust its dosage regimen should be carefully evaluated by its benefits and risks. Medical decisions should not be restricted to the reference concentration range given by AGNP, but under comprehensive considerations including, but not limited to, patient age, therapy response, physical disorders and adverse events.

There were some limitations in this study. Firstly, the current study included a relatively small proportion of older patients, which limited the prediction precision of the final model for Chinese elderly patients. Although the population model for amisulpride CL/F and V/F adequately illustrates the observed data, we suggest that it may be more suitable for patients aged 13–69 years. Secondly, the association of effectiveness and drug safety with serum concentration has not been explained. Thirdly, the sample size in this study was small. In spite of the above limitations, this study still provides a guide on the relationship between amisulpride dosage and serum concentration, a partial reason for the variation among individuals and the design of individualized treatment.

## Conclusion

In conclusion, this one-compartment model was validated to have good predictability for amisulpride concentrations in Chinese patients with schizophrenia. Age was identified as a significant covariate affecting the clearance of amisulpride. The study predicted a reasonable concentration range of amisulpride in different age groups under conventional therapy. These findings may account for part of the variability in amisulpride exposure, and the dosage regimen in Chinese populations may need to be individualized for patients with schizophrenia based on age.

## Ethics Approval and Informed Consent

This study was approved by the Ethics Committee of the Affiliated Brain Hospital of Guangzhou Medical University (approval number: 2021-027). All patients in the study gave written informed consent after admission.

We confirm that this study was conducted in accordance with the Declaration of Helsinki.

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## Disclosure

The authors report no conflicts of interest in this work.

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