

Expression pattern and methylation of estrogen receptor α in breast intraductal proliferative lesions

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Abstract. Intraductal proliferative lesions of the breast including usual ductal hyperplasia (UDH), atypical ductal hyperplasia (ADH) and ductal carcinoma *in situ* (DCIS) are associated with increased risk, albeit of greatly different magnitudes, for the subsequent development of invasive carcinoma. Estrogen receptor α (ER α) has been widely accepted as a prognostic marker and a predictor for endocrine therapy response of breast cancer. To investigate the ER α expression and methylation in breast intraductal proliferative lesions, we analyzed ER α expression in breast intraductal proliferative lesions including pure UDH (N=98), ADH without DCIS (N=160), DCIS without invasive breast cancer (N=149) by immunohistochemistry. Furthermore, the methylation status of ER α by methylation-specific PCR (MSP) was defined in 217 cases of breast intraductal proliferative lesions. Immunohistochemistry showed that 98/98 (100%) of the UDH cases were positive for ER α expression. ER α protein expression in ADH (132/160) (92.5%) was higher than in DCIS (101/149) (67.8%). But the ER α expression pattern was different with histological diversity of breast intraductal proliferative lesions. The average percent cells staining positive for ER α was 35.33% in UDH, 87.75% in ADH and 71.45% in DCIS. ER α methylation in 32/60 (53.3%) UDH, 11/77 (10.2%) ADH and 32/80 (40.0%) DCIS. Our results demonstrated a strong negative correlation between the percent of cells staining positive for ER α and ER α methylation ($r=-0.831$, $p<0.001$). Taken together, our results underlined that ER α expression or methylation may be involved in the breast carcinogenesis and advancement,

thus it is not parallel to breast cancer risk in breast intraductal proliferative lesions. No obvious watershed between ER α -positive and -negative breast carcinogenesis was established. Estrogen receptor (ER) methylation or expression is a reversible signal in breast carcinogenesis which affected biological behavior of cells.

Introduction

Breast cancer subtypes have been identified based on the expression of estrogen receptor (ER), progesterone receptor (PR) and human epidermal growth factor receptor 2 (HER2). Different subgroups presented with distinct molecular backgrounds and exhibited diverse clinical behavior and different treatment response (1). Estrogen receptor α (ER α) activation by estrogenic hormones induced breast cancer cell proliferation of luminal molecular subtype (2). ER α has been widely accepted as a prognostic marker and a predictor for endocrine therapy response of breast cancer (3,4). In general, ER α -negative breast cancers were more aggressive and unresponsive to antiestrogens (5-7). Our previous studies demonstrated that the absence of ER α expression associated with aberrant methylation of its CpG island in a significant fraction of breast cancers (8-10).

Intraductal proliferative lesions of the breast have traditionally been divided into three categories: usual ductal hyperplasia (UDH), atypical ductal hyperplasia (ADH) and ductal carcinoma *in situ* (DCIS) (11). They were associated with an increased risk, albeit of greatly different magnitudes, for the subsequent development of invasive carcinoma (12,13). The relative risk of subsequent invasive ductal carcinoma of breast was 1.5-2.0 times for UDH, 4-5 times for ADH (range, 2.4-13) and 8-10 times for DCIS (range, 2.4-13) (11,14-16). It was suggested that the breast intraductal proliferative lesions may be direct precursors of invasive ductal carcinoma. Many questions remain as to the role ER α in breast intraductal proliferative lesions. Which stage is the watershed between ER α -positive and -negative breast carcinogenesis needs to be established. The aim of the present study was to determine the expression of ER α and to define the ER α methylation in breast intraductal proliferative lesions.

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Key words: estrogen receptor α , methylation, usual ductal hyperplasia, atypical ductal hyperplasia, ductal carcinoma *in situ*

Materials and methods

Patients and tissue samples. Fresh breast tissue samples were collected from surgical resection in the Department of Breast Surgery, the First Affiliated Hospital of China Medical University between June 2007 and December 2014, including pure UDH (N=98), ADH without DCIS (N=160), DCIS without invasive breast cancer (N=149). None of patients underwent chemotherapy, radiotherapy or adjuvant treatment before operation. Patient ages ranged from 21 to 82, with an average age of 34.5 years. Each case was reviewed independently by two pathologists with a subspecialty focus in breast pathology, and only those cases that both pathologists finally reached unanimous diagnosis were used. In case of insufficient or unattainable material, original tissue blocks were reprocessed and new slides were created. All sections were reviewed for a comprehensive list of pathologic features, including margins (close margins were defined as tissue-free margins <1 mm), the presence of concomitant UDH, ADH, DCIS and IDC. Pathology classification was according to the WHO criteria published by Tavassoli (17-19). The study was approved by the regional Ethics Committee of China Medical University.

Immunohistochemical staining. Formalin-fixed, paraffin-embedded specimens were cut into 4 μ m-thick sequential sections. The sections were dewaxed in xylene and rehydrated stepwise in ethanol. Then the sections were boiled in citrate buffer (pH 6.0) for 90 sec in an autoclave. Endogenous peroxidase activity and non-specific binding were blocked with 3% H₂O₂ and non-immune sera, respectively. The sections were then incubated with primary rabbit anti-human ER α polyclonal antibody F-10 (sc-8002, dilution 1:400; Santa Cruz Biotechnology, Inc.) overnight at 4°C. Thereafter, the Catalyzed Signal Amplification System (Maixin Biotechnology, Fuzhou, China) was used for ER α staining according to the manufacturer's instructions. For the negative control, phosphate-buffered saline (PBS) was used instead of primary antibodies. We also adopted the German semi-quantitative scoring system in combination of the staining intensity and area extent, which has been widely accepted and used in previous studies (20-22). Every lesion was given a score according to the intensity of the nucleic staining (no staining, 0; weak staining, 1; moderate staining, 2; strong staining, 3) and the extent of stained cells (0%, 0; 1-10%, 1; 11-50%, 2; 51-80%, 3; 81-100%, 4; negative, 0% area staining; focally positive, 1-80% area staining; diffusely positive, 81-100% area staining). The final immunoreactive score was determined by multiplying the intensity scores with the extent of positivity scores of stained cells, with the minimum score of 0 and a maximum score of 12 (20,21). Slides were independently examined by two pathologists as previously mentioned. If there was a discrepancy in individual scores, both pathologists re-evaluated them together until a consensus agreement was reached before combining the individual scores. To obtain statistical results, a final score ≤ 1 was considered as negative, while scores ≥ 2 were considered as positive.

DNA extraction and bisulphate modification. Genomic DNA was extracted by solubilization in an SDS/proteinase K solu-

tion, followed by phenol/chloroform extraction and ethanol precipitation. Sodium bisulphate conversion was done on 2 μ g of sample DNA per sample using previously described methods to convert all unmethylated cytosines to uracils, while leaving methylcytosines unaltered. Alkali-denatured DNA was incubated in 3 mol/l NaHSO₃ and 0.5 mmol/ hydroquinone for 16 h at 54°C. Modified DNA was purified using the Wizard DNA Clean-Up System (Promega, Madison, WI, USA) and eluted into 50 μ l of sterile water. DNA was precipitated with 0.5 mol/l ammonium acetate (pH 4.6), 1.5 μ l of 20 mg/ml glycogen, and ethanol and then resuspend in Tris-EDTA.

Methylation-specific PCR (MSP) of ER α . We selected ER1, ER3, ER4 and ER5 for MSP from the six primer pairs previously described (8,9) because these covered the most significant methylated loci. The oligonucleotides of primers were synthesized by Sangon Biotech Co., Ltd. (Shanghai, China). PCR was carried out initial denaturation at 95°C for 10 min, followed by 14 cycles of 94°C for 30 sec, 62°C (ER1) or 59°C (ER3, ER4 and ER5) for 45 sec (-0.5°C decreased/each cycle), 72°C for 1 min, then followed by 30 cycles of 94°C for 30 sec, 55°C (ER1) or 52°C (ER, ER4 and ER5) for 45 sec, 72°C for 45 sec, ending with a final extension of 72°C for 10 min and a quick chill to 4°C. The products were subjected to 3% agarose gel electrophoresis at 100 V for 60 min and visualized by UV light. DNA from lymphocytes of healthy volunteers treated with SssI methyltransferase (New England Biolabs, Beverly, MA, USA) and then subjected to bisulfite modification was used as positive control for methylated alleles and water was used as negative controls.

Statistical analysis. Statistical analysis was carried out using SPSS version 13.0 (SPSS, Inc., Chicago, IL, USA). We compared ER α expression or methylation in breast intraductal proliferative lesions including UDH, ADH and DCIS using Chi-square tests of significance. Separate analyses were carried out for percent staining and the percent-by-intensity product term, using both the weighted averages as well as maximal values for percent staining. Differences were considered statistically significant at $p < 0.05$. The non-parametric correlations of ER α expression with methylation were analyzed with Spearman's test.

Ethics statement. The study was approved by the regional Ethics Committee of China Medical University. Subjects were also given sufficient explanation of the study in writing, and provided with written informed consent to participate. All patients providing tissues of intraductal proliferative lesions signed a consent form prior to breast surgery to allow for this research to be undertaken.

Results

ER α protein expression in breast intraductal proliferative lesions including UDH, ADH and DCIS. ER α has nuclear staining. UDH were positive for ER α expression in 98/98 (100%) cases. ER α protein expression in ADH (132/160) (92.5%) was higher than in DCIS (101/149) (67.8%) ($p < 0.05$, Fig. 1). Although the positive rate of ER α expression in UDH was higher than in ADH. The expression pattern of ER α

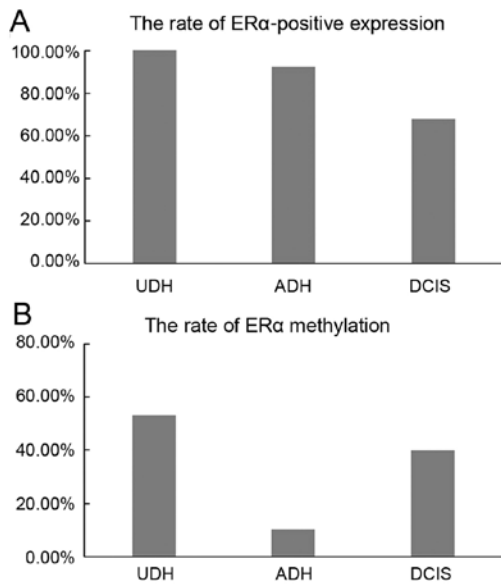


Figure 1. The rate of ERα expression and methylation in breast intraductal hyperplasia including UDH, ADH and DCIS. The rate of ERα (A) expression and (B) methylation in UDH, ADH and DCIS. ERα, estrogen receptor α; UDH, usual ductal hyperplasia; ADH, atypical ductal hyperplasia; DCIS, ductal carcinoma *in situ*.

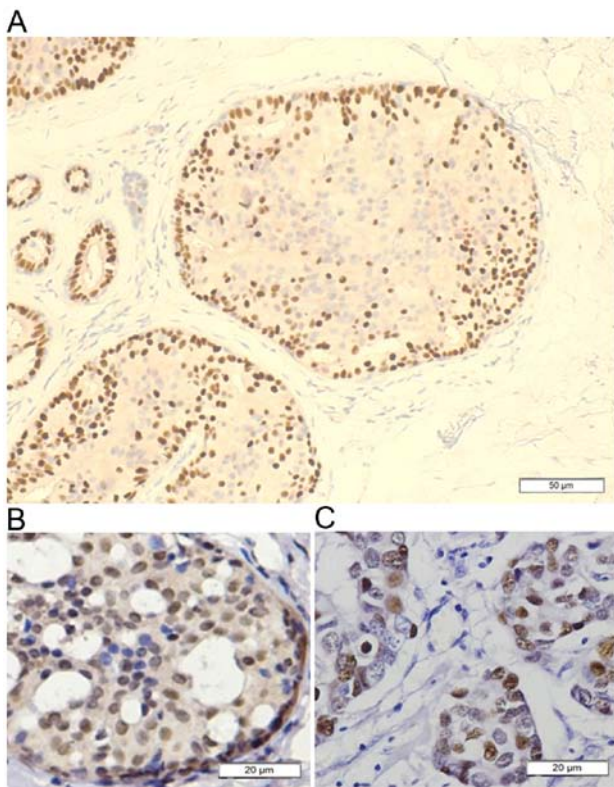


Figure 2. The immunohistochemical staining of ERα in UDH. (A) ERα-positive staining located mainly in the hyperplasia nucleus of UDH (x200). (B and C) The ERα-positive cells uniformly scattered in the benign proliferative ductal epithelial cells of UDH (x400). ERα, estrogen receptor α; UDH, usual ductal hyperplasia.

was different with histological diversity of breast intraductal proliferative lesions. Figs. 2-4 show immunohistochemical staining of ERα in the breast intraductal proliferative lesions.

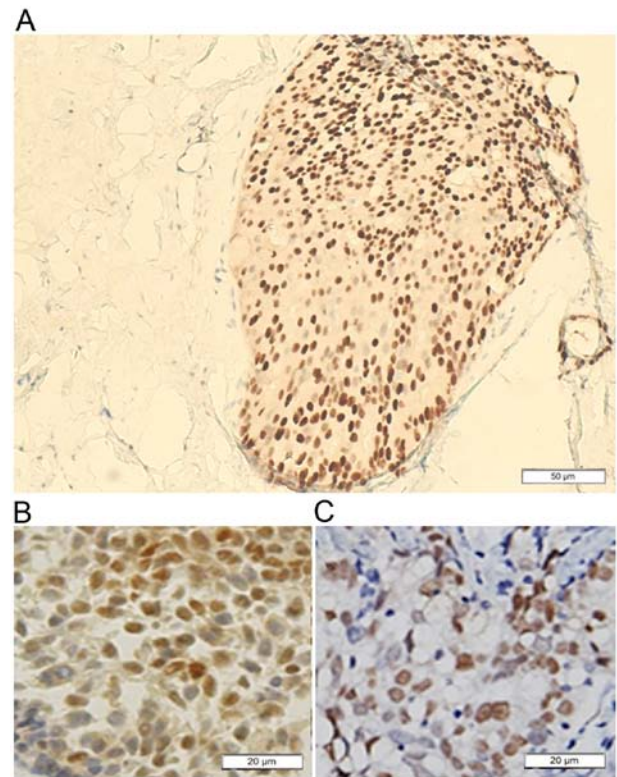


Figure 3. The immunohistochemical staining of ERα in ADH. (A) ERα-positive staining located mainly in the atypical nucleus of ADH (x200). (B and C) The ERα-positive cells clustered in ductal hyperplasia with thick cell layers which exhibited positivity of contiguous cells accounting for the majority in the lesions (x400). ERα, estrogen receptor α; ADH, atypical ductal hyperplasia.

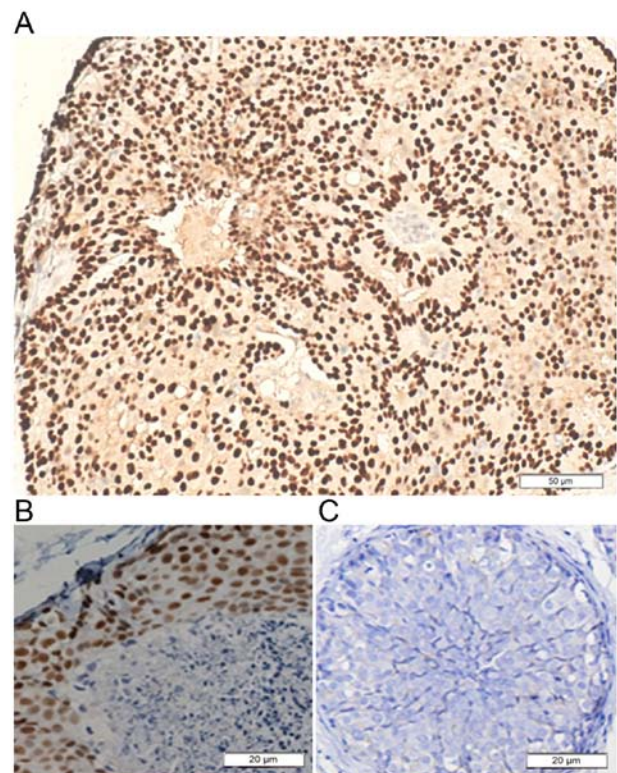


Figure 4. The immunohistochemical staining of ERα in DCIS. (A) All or none ERα-positive cells constructed the morphological variants (x200). (B) ERα-positive staining located mainly in the tumor cells of DCIS (x400). (C) None of ERα-positive cells constructed the lesion of DCIS (x400). ERα, estrogen receptor α; DCIS, ductal carcinoma *in situ*.

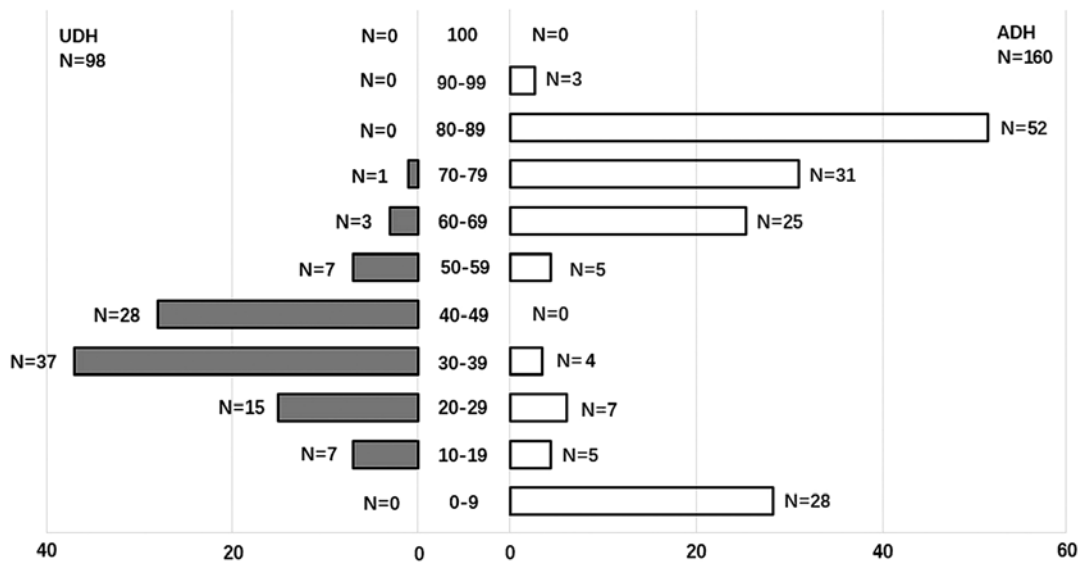


Figure 5. The percent of cells staining positive for ERα in UDH and ADH. ERα, estrogen receptor α; UDH, usual ductal hyperplasia; ADH, atypical ductal hyperplasia.

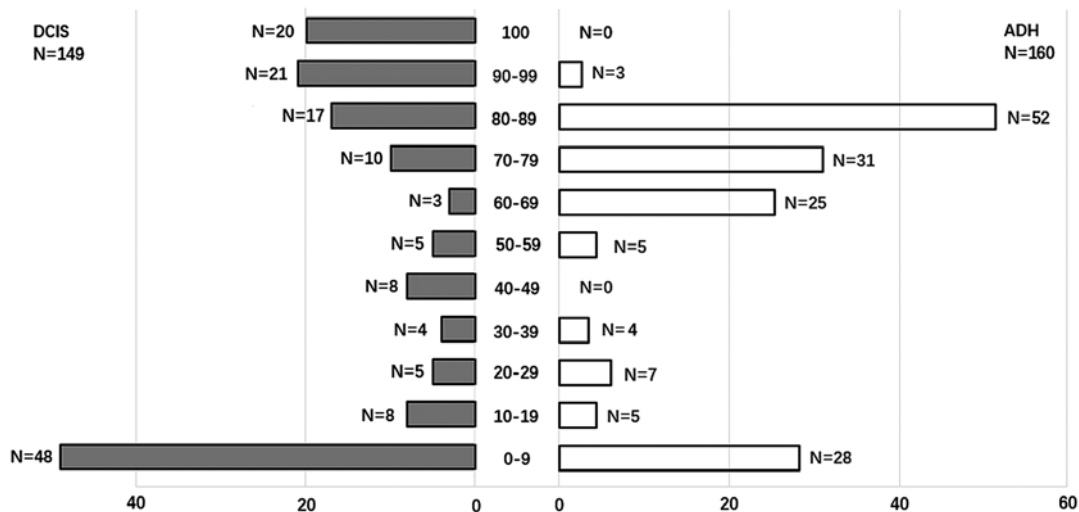


Figure 6. The percent of cells staining positive for ERα in DCIS and ADH. ERα, estrogen receptor α; DCIS, ductal carcinoma *in situ*; ADH, atypical ductal hyperplasia.

The average percent of cells staining positive for ERα was 35.33% in UDH, 87.75% in ADH and 71.45% in DCIS. ADH was more likely to show increased ER percent of cell staining, with mean percent of cells staining of 87.75%. As can be seen in Figs. 5 and 6, 116/160 (72.5%) of the ADH lesions had ERα staining in over half of the atypical cells. Conversely, only 11/98 (11.2%) of the UDH lesions demonstrated ERα expression in >50% of the hyperplasia cells. DCIS had ERα staining in over half of the tumor cells (76/149) (51.0%). In contrast, UDH showed less ERα staining (Fig. 5). As can be seen in Fig. 2, the ERα-positive cells uniformly scattered in the benign proliferative ductal epithelial cells of UDH. In ADH, the ERα-positive cells clustered in ductal hyperplasia with thick cell layers which exhibited positivity of contiguous cells accounting for the majority in the lesions (Fig. 3). In some cases of DCIS, all or none ERα-positive cells constructed the morphological variants (Fig. 4). On the whole, the stain pattern

was variable in DCIS. It exhibits considerable tumor heterogeneity, and in a given patient can have more than a single microscopic structural, cytologic, or immunocytochemical phenotype of ERα.

Methylation status of the ERα promoter in breast intraductal proliferative lesions including UDH, ADH and DCIS. Adequate tissue of UDH, ADH and DCIS for DNA extraction was available for 248/407 cases. Samples were classified as methylated if one or more regions were positive for MSP. Bisulphite-treated DNA was amplified with primers for ER1, ER3, ER4 and ER5 as shown in Fig. 7. We detected ERα methylation in 32/60 (53.3%) UDH, 11/77 (10.2%) ADH and 32/80 (40.0%) DCIS (Table I and Fig. 1). There was significant difference between the methylation in ADH and in DCIS, in UDH and in ADH. There was no significant difference between the methylation in UDH and in DCIS, p>0.05. There

Table I. The methylation and expression of ER α in UDH, ADH and DCIS.

Groups	ER α methylation		ER α expression	
	Tn	N (%)	Tn	N (%)
UDH	60	32 (53.3)	98	98 (100.0)
ADH	108	11 (10.2) ^a	160	132 (92.5) ^a
DCIS	80	32 (40.0) ^b	149	101 (67.8) ^{a,b}

^aP<0.05, compared with UDH. ^bP<0.05, compared with ADH. ER α , estrogen receptor α ; UDH, usual ductal hyperplasia; ADH, atypical ductal hyperplasia; DCIS, ductal carcinoma *in situ*; Tn, total number.

Table II. Correlation of ER α expression with ER α methylation in breast intraductal proliferative lesions.

	ER α methylation		Statistical values
	Methylation	Unmethylation	
ER α expression positive	42	157	r=-0.401
ER α expression negative	33	16	p<0.001

ER α , estrogen receptor α .

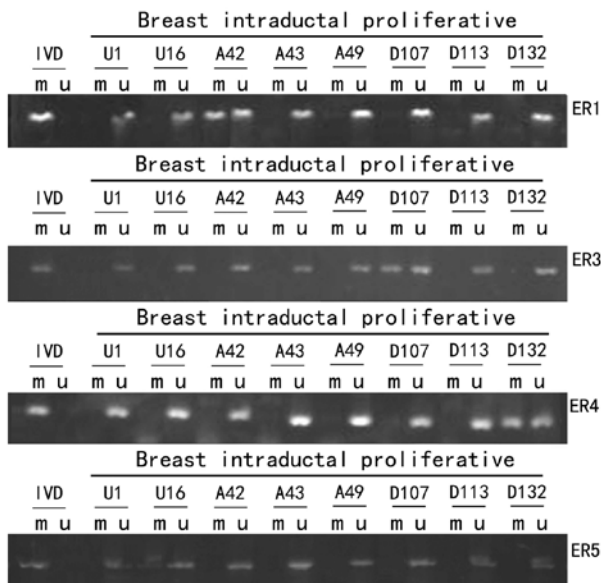


Figure 7. ER α methylation analysis of breast intraductal hyperplasia including UDH, ADH and DCIS. MSP was performed on bisulphate-treated DNA from intraductal proliferative lesions of breast. DNA bands in lanes labeled with U indicate PCR products amplified with primers recognizing the unmethylated promoter sequence. DNA bands in lanes labeled with M represent amplified products with methylation-specific primers. IVD serves as positive control for the U and M reaction, respectively. ER α , estrogen receptor α ; UDH, usual ductal hyperplasia; ADH, atypical ductal hyperplasia; DCIS, ductal carcinoma *in situ*; MSP, methylation-specific PCR; IVD, *in vitro* methylated DNA.

was no significant difference in the overall average percent methylation between the four primers in the non-invasive lesions.

Correlation analysis of ER α methylation and expression. In Spearman's correlation test, ER α methylation and expression had inverse patterns of alterations in breast intraductal proliferative lesions including UDH, ADH and DCIS. As shown in Table II, there is a strong negative correlation (r=-0.831, p<0.001) between the percent cells staining positive for ER α expression and ER α methylation, and a weaker but statistically significant negative correlation between ER α methylation and expression (r=-0.401, p<0.001).

Discussion

A history of proliferative breast disease is a significant risk factor for development of invasive breast cancer. UDH is considered to represent a benign proliferation of ductal epithelial cells, and patients with UDH carried only a small increased risk of developing subsequent breast cancer compared with patients without proliferative breast disease (23). ADH indicates that there are more cells lining the duct than would normally be there, and some of these cells are not typical - they are irregular in shape and size. Usually, a milk duct is lined with one even layer of uniformly shaped cells, but in ductal hyperplasia there may be many layers of cells (24). Patients diagnosed with ADH, have a risk of developing breast cancer 4-5 times the average lifetime risk. DCIS is a proliferation of malignant epithelial cells confined to the ductolobular system of the breast. It is considered a precursor lesion for invasive breast cancer. Estrogen plays a major role in promoting normal growth of breast epithelium and is thought to be important in the pathogenesis of breast cancer via the uptake into the cell through the mechanism of the ER (25). The role of ER α in breast intraductal proliferative lesions is a major dilemma. Which stage is the watershed between ER α -positive and -negative breast carcinogenesis needs to be established.

In this study we confirmed that 98/98 (100%) of the UDH cases were positive for ER α expression. ER α protein expression in ADH (132/160) (92.5%) was higher than in DCIS (101/149) (67.8%). But the ER α expression pattern was different with histological diversity of breast intraductal proliferative lesions. The average percent of cells staining positive for ER α was 35.33% in UDH, 87.75% in ADH and 71.45% in DCIS. ER α methylation in 32/60 (53.3%) UDH, 11/77 (10.2%) ADH and 32/80 (40.0%) DCIS. Our results demonstrated a strong negative correlation between the percent of cells staining positive for ER α and ER α methylation (r=-0.831, p<0.001); and weak to moderate negative correlations between ER α expression and methylation (r=-0.401, p<0.001). Could that mean that methylation alone is not enough to result in negative ER α expression and that in ER α -negative cases there are additional genetic or epigenetic events that result in loss of staining? The ER α expression detected by immunohistochemistry is to understand the distribution and localization of ER α within the tissue examined. The MSP requires only

small quantities of DNA, in analysis of ER α methylation patterns in CpG islands in a small fraction of cells. So we found strong negative correlation between the percent of cells staining positive for ER α and ER α methylation. The downregulation of ER α through promoter methylation was highly prevalent in breast intraductal proliferative lesions, which is consistent with previously published reports (8-10). Our data revealed that the levels of ER α protein expression diminished with the methylation of ER α . It is possible that the percent of cells staining positive for ER α can reflect the status of ER α more accurately.

A few recent studies have examined ER α expression in ductal neoplasia. In our cohort, the ER α -positive cells uniformly scattered in the terminal duct lobular units which contains benign proliferative ductal epithelial cells of UDH. ADH may represent the first clonal neoplastic expansion of these cells (24). Immunohistochemical study showed that ER α -positive cells clustered in ductal hyperplasia with thick cell layers which exhibited positivity of contiguous cells accounting for the majority in the lesions. It has been reported that ER α is the primary ER for mammary epithelial cell proliferation and differentiation (26). Mammary glands of adult female ER α knock-out mice fail to respond to ovarian hormones resulting at rudimentary duct stage without further development (27). In this study we found the average percent of cells staining positive for ER α was higher in ADH than in UDH. The upregulation of ER α expression involved in the conversion of UDH to atypia hyperplasia. DCIS represented a heterogeneous group of lesions with diverse malignant potential (28). The majority of available evidence suggests that ER expression range from very high to very low levels characteristic (29,30). The staining pattern was erratic in DCIS in our results which was consistent with previous published research (31). We thought that the DCIS is a heterogeneous group of lesions with diverse pattern of ER α expression resulted from the chaos methylation of ER α . The breast cancer risk is not consistent with the ER α expression or methylation. Possibly the ER α expression or methylation were not the initial factors in breast carcinogenesis. The ER α methylation is a common epigenetic signaling tool that is used to control ER expression. One of the most provocative recent observations in human solid tumors is the discovery of large hypomethylated blocks in cancer epigenetics (32). DNA methylation is a reversible signal, similar to other physiological biochemical modifications (33,34). The altered DNA methylation in CpG islands in solid tumors associated with loss of both epigenetic and gene expression regulation, resulting in hyper-variability of gene expression (35,36). These changes could even have interaction with the change of biological behavior of cells which resulted from the loss of structural integrity of heterochromatin.

DNA methylation is a reversible biological signal (34,37). Our new working hypothesis is that the methylation and expression of ER α shows dynamic variation in breast carcinogenesis. Our previous study indicated that breast cancer can convert into other molecular subtypes with the treatment of neoadjuvant chemotherapy (38). ER α expression or methylation may be involved in the breast carcinogenesis and advancement, thus it is not parallel to breast cancer risk in breast intraductal proliferative lesions. No obvious watershed exists between

ER α -positive and -negative breast carcinogenesis. ER methylation or expression is a reversible signal in breast carcinogenesis affecting biological behavior of cells.

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