# Research Article

# Differential Effects of Leptin on the Invasive Potential of Androgen-Dependent and -Independent Prostate Carcinoma Cells

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Obesity has been linked with an increased risk of prostate cancer. The formation of toxic free oxygen radicals has been implicated in obesity mediated disease processes. Leptin is one of the major cytokines produced by adipocytes and controls body weight homeostasis through food intake and energy expenditure. The rationale of the study was to determine the impact of leptin on the metastatic potential of androgen-sensitive (LNCaP) cells as well as androgen-insensitive (PC-3 and DU-145) cells. At a concentration of 200\_nm, LNCaP cells showed a significant increase (20% above control; P < .0001) in cellular proliferation without any effect on androgen-insensitive cells. Furthermore, exposure to leptin caused a significant (P < .01 to P < .0001) dosedependent decrease in migration and invasion of PC3 and Du-145 prostate carcinoma cell lines. At the molecular level, exposure of androgen-independent prostate cancer cells to leptin stimulates the phosphorylation of MAPK at early time point as well as the transcription factor STAT3, suggesting the activation of the intracellular signaling cascade upon leptin binding to its cognate receptor. Taken together, these results suggest that leptin mediates the *invasive* potential of prostate carcinoma cells, and that this effect is dependent on their androgen sensitivity.

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# 1. INTRODUCTION

Prostate cancer is the second leading cause of cancer related death among American men [1]. Obesity has assumed epidemic proportions in the United States and has been linked with increased risk of prostate, breast, colon, and endometrial cancers [2–7]. More recently, there have been several studies suggesting that obesity may impact upon risk, detection, and outcome with regard to prostate cancer [8].

Leptin, one of the major adipose cytokines controls body weight by regulating food intake and energy expenditure [9, 10]. Adipose tissue leptin mRNA and circulating leptin levels increase in obesity. Clinical studies have demonstrated that, blood leptin levels are associated with clinically relevant prostate cancer [11, 12], although some studies have questioned these results [13–16]. In vitro, leptin has been postulated as a growth promoter for androgen-independent DU-145 and PC-3 cells [17–20], but not in androgendependent LNCaP cells [20]. Several reports have demonstrated that leptin induces the formation of toxic oxygen radicals [21–25]. Oxidant damage has been implicated as a major causative factor in obesity mediated disease processes. The rationale of the present study is to confirm the role of leptin on the metastatic potential of prostate carcinoma cells. We tested androgen-sensitive LNCaP cells as well as androgen-resistant PC-3 and DU-145 cells for their ability to metastasize in the presence and absence of leptin. Additionally, we investigated the effect of leptin on mitogenactivated protein kinase (MAPK) phosphorylation, and on the activation of Erk-1 and Erk-2, and STAT-3.

### 2. MATERIALS AND METHODS

#### 2.1. Reagents

Leptin was obtained from Sigma-Aldrich Inc., St. Louis, Mo. Antibodies used were rabbit polyclonal antiphospho-p44/42 MAP kinase, rabbit polyclonal anti-STAT-3, rabbit polyclonal antiphospho-STAT-3, and horseradish peroxidaseconjugated goat antirabbit antibodies from Cell Signaling Technology, Beverly, Mass.

#### 2.2. Cell culture

The PC-3 and LNCaP cell lines were propagated in RPMI 1640 medium, whereas DU-145 cell line was propagated in EMEM medium (Invitrogen Corporation, Carlsbad, Calif) supplemented with 10% FBS (HyClone, Logan, Utah). For protein studies, cells were grown to subconfluent levels in RPMI or EMEM, respectively, and supplemented with 10% FBS in 6-well culture plates ( $10^6$  cells/well). The cells were then washed once with basal medium and starved of growth factors by switching them to basal medium containing 1% FBS for 16 hours. Cells were again washed once with basal medium and then exposed to various experimental conditions for different time points. At the end of each time point, cells were washed with ice-cold phosphate-buffered saline (PBS, Invitrogen), lysed in cell lysis buffer containing 50 mM Tris-HCl (pH 7.5), 1 mM EDTA, 1 mM EGTA, 2 mM Na<sub>3</sub>VO<sub>4</sub>, 50 mM NaF, 70 mM 2-mercaptoethanol, 1% v/v Triton X-100, 2% w/v SDS, and 1 µg/ml protease inhibitor mixture (Sigma-Aldrich, Mo). Cell lysates were used as indicated below.

### 2.3. Proliferation assay

RPMI or EMEM + 10% FBS was added to each well of a 24-well plate and pretreated for 4 hours with various concentrations of leptin at 37°C in a CO<sub>2</sub> incubator. Growth factor starved PC-3, LNCaP, or DU-145 cells were then transferred to each well ( $2 \times 10^4$  cells/well) along with  $1 \mu$ M [<sup>3</sup>H]Thymidine, and incubated in the CO<sub>2</sub> incubator. After 144 hours of incubation, the cells were then washed three times with ice-cold saline, precipitated with 10% TCA, washed with methanol and air-dried. The labeled DNA was dissolved in 0.05 N NaOH at 37°C, neutralized with 0.05 N HCl, transferred to scintillation vial containing the scintillation cocktail and counted.

## 2.4. In vitro migration and invasion assay

A modified Boyden chamber method using Transwell membrane inserts (Costar, Corning, NY) was used to measure PC-3 and DU-145 migration and invasion. For invasion studies, Matrigel (BD Biosciences, Bedford, Mass) was added to the upper surface of the Transwell membrane and allowed to solidify in a sterile environment for 24 hours. PC-3 or DU-145 cells ( $14 \times 10^4$  cells/ml) were suspended in basal medium supplemented with 2% FBS, and 0.02% BSA, incubated with various concentrations of leptin, and plated onto the upper surface of the Transwell membrane inserts in a total volume of 100  $\mu$ L. Basal medium supplemented with 2% FBS and 0.02% BSA was added to the lower chamber in a total volume of 400  $\mu$ L. The cells were then incubated at 37°C in a CO<sub>2</sub> incubator. After 10 hours of incubation, cells present on the upper surface of the membrane were scraped off, and the cells that had migrated to the lower surface of the membrane were fixed, stained and counted using an inverted Axiovert 25 microscope (Carl Zeiss, Thornwood, NY).

#### 2.5. Western blotting

Prostate cancer cells, pretreated for 16 hours with basal medium supplemented with 1% FBS, were treated with 25, 50, 100, and 200 ng of leptin for various time points. After the completion of each time point, the cells were lysed in the cell lysis buffer containing 0.1% w/v bromophenol blue. The samples were boiled for 5 minutes and separated using 7.5% SDS-PAGE (40µg of total protein/lane). The separated proteins were then transferred onto nitrocellulose membranes (Bio-Rad, Hercules, Calif), blocked with Trisbuffered saline containing 5% nonfat dry milk for 1 hour at room temperature, and incubated with the respective antibodies against the proteins in Tris-buffered saline containing 5% nonfat dry milk and 0.5% Tween 20, overnight at 4°C. After washing and incubation with horseradish peroxidaseconjugated secondary antibody, the proteins were revealed using the enhanced chemiluminescent detection kit (Pierce Biotechnology, Biotechnology, Rockford, Ill).

#### 2.6. Statistical analysis

The data were analyzed using the Statview software to obtain the SE values and the significance (P) values for the various results from 3 separate experiments.

## 3. RESULTS

#### 3.1. Leptin attenuates cellular invasion of androgen-resistant prostate cancer cells

Androgen-resistant PC-3 cells and DU-145 cells were suspended in media along with increasing concentrations of leptin and plated onto the upper surface of the Transwell inserts that were previously coated with Matrigel, as described in Material and Methods section. As seen in Figure 1(a), leptin attenuated the invasion of Matrigel by PC-3 cells as well as DU-145 cells in a concentration dependent manner, with significant attenuation observed at 50 ng, 100 ng, and 200 ng concentrations of leptin, indicating that nanogram concentrations of leptin inhibit the invasive capacity of these androgen-independent prostate carcinoma cell lines.



FIGURE 1: Cellular invasion and migration of androgen-resistant prostate cancer cells are attenuated by leptin. PC-3 and DU-145 cells were suspended in basal medium supplemented with 2% FBS, and 0.02% BSA, incubated with various concentrations of leptin, and plated onto the upper surface of the Transwell membrane inserts. For invasion studies, Matrigel was added to the upper surface of the Transwell membrane and allowed to solidify in a sterile environment for 24 hours. After 10 hours of incubation at  $37^{\circ}$ C in a CO<sub>2</sub> incubator, cellular invasion (a) and migration (b) were measured by counting the cells that had migrated to the lower surface of the membrane. Values represent the mean  $\pm$  S.E. of triplicate samples of a representative experiment.

# 3.2. Migration of PC-3 cells and Du-145 cells is attenuated by leptin

Androgen-independent PC-3 cells and DU-145 cells were incubated with increasing concentrations of leptin (see Figure 1(b)) and allowed to migrate through the pores of the membrane in the modified Boyden chamber containing transwell inserts. Attenuation of migration of both PC-3 and Du-145 cell lines was observed in the presence of increasing concentrations of leptin, with significant attenuation being observed at 100 ng and 200 ng concentrations of leptin for PC-3 cells and at 200 ng concentration of leptin for DU-145 cells, respectively, suggesting that leptin at nanogram concentrations inhibits the mechanism regulating the migration of these cell lines.

# 3.3. Leptin induces the proliferation of androgen-dependent prostate cancer cells

Proliferation of androgen-dependent and independent prostate cancer cell lines was observed in the presence of nanogram concentrations of leptin. After achieving the basal level of growth by overnight incubation in basal medium, increasing concentration of leptin was added to the cells, respectively. As seen in Figure 2, a dose-dependent increase in proliferation was observed when the androgendependent LNCaP cells were incubated with leptin, with significant growth being observed at 50 ng, 100 ng, and 200 ng concentrations of leptin, respectively. There was no change in growth of androgen-independent PC-3 cells and Du-145 cells in the presence of increasing concentration of leptin (data not shown), suggesting that leptin induces the proliferative capacity of only the androgen-dependent prostate carcinoma cell lines.

#### 3.4. Leptin stimulated MAPK phosphorylation

We hypothesized that binding of leptin to its receptors in the prostate cancer cell lines would lead to the early phosphorylation of MAPK. To test this hypothesis, androgendependent LNCaP cells and androgen-independent PC-3 and DU-145 cells were starved of growth factors overnight (basal medium supplemented with 1% FBS), following which they were exposed to increasing concentration of leptin for various time points. Phosphorylation of MAPK



FIGURE 2: Proliferation of androgen-dependent prostate cancer cells is induced by leptin. Growth factor starved LNCaP cells were incubated with increasing concentrations of leptin, and proliferation was measured by the incorporation of  $[^{3}H]$ thymidine after 144 hours. Values represent the mean  $\pm$  S.E. of triplicate samples of a representative experiment.

was observed at the end of each time point for all cell lines. Interestingly, leptin did not induce the phosphorylation of MAPK in the androgen-dependent LNCaP cells (data not shown). However, in androgen-independent prostate cancer cell lines, phosphorylation of MAPK was observed to be maximal at 15 minutes (PC-3 cells, see Figures 3(a) and 3(b)) and 10 minutes (DU-145 cells, see Figures 3(c) and 3(d)) upon exposure to leptin. Maximal increase in MAPK phosphorylation was observed upon incubating these cells with 100 ng and 200 ng of leptin, respectively, suggesting that binding of leptin to its receptors induces an intracellular signaling cascade leading to the phosphorylation of MAPK in the androgen-independent prostate cancer cell lines.

#### 3.5. STAT-3 phosphorylation is induced by leptin

After an overnight incubation in basal medium with 1% FBS, androgen-dependent (LNCaP) and -independent (PC-3) prostate cancer cells were incubated with a dose-dependent increase in leptin levels for various time points. STAT-3 phosphorylation was investigated over time for both cell lines. As seen in Figures 4(a) and 4(b), leptin induced the time-dependent phosphorylation of STAT-3 in PC-3 cells, reaching maximal levels after 15 minutes of exposure, and returning to baseline after 60 minutes of incubation. Exposure of PC-3 cells to increased leptin levels led to a correspondent increase in the level of maximal STAT-3 phosphorylation at the 15 minutes time point. Leptin exposure also induced the phosphorylation of STAT-3 in LNCaP cells (see Figures 4(c) and 4(d)), reaching maximal levels after 30 minutes of stimulation. However, in LNCaP cells, STAT-3 remained phosphorylated even after prolonged (60 minutes) exposure to leptin, suggesting that leptin induces the phosphorylation of STAT-3 only at an early time point in androgen-independent cells, while in androgendependent prostate cancer cells, STAT-3 phosphorylation is a delayed but prolonged event.

# 4. DISCUSSION

It has been shown that leptin influences the proliferation and migration of endothelial and epithelial cells and is capable of promoting angiogenesis [21]. In vitro studies on prostate cancer cell lines showed that leptin promotes proliferation of androgen-independent prostate cancer [20]. Leptin also induces cell migration and the expression of growth factors in prostate cancer cells, suggesting that studies undertaken to ascertain leptin and/or obesity association to prostate cancer should differentiate patients according to androgen resistance [19]. Leptin has been demonstrated to potently induce the invasion of endometrial cancer cells [22] and also contributes to the invasive phenotype of colonic and kidney epithelial cells at various stages of the neoplastic progression [23]. Our results demonstrate that the invasive and migratory capabilities of androgen-insensitive prostate cancer cells are attenuated upon exposure to nanogram concentrations of leptin for a short duration of 10 hours, and that this attenuation increases in a dose-dependent manner. Our observations are in contrast to those of Frankenberry et al. [19] who demonstrated that a longer 24 hour exposure of leptin increased the migration of androgen-independent prostate cancer cells. We did not observe any change in the proliferation of androgen-independent prostate cancer cells upon exposed to nanogram concentrations of leptin (data not shown). In contrast, the proliferation of androgensensitive prostate cancer cells is increased in a dosedependent manner when they are exposed to nanogram concentrations of leptin, suggesting leptin's ability to differentiate between the androgen-sensitive and -insensitive prostate carcinoma cells. Our results are in contrast to those observed by Onuma et al. [20] who showed an increased proliferation of androgen-independent prostate cancer cells using high (microgram) levels of leptin. Our contrasting observations using very low (nanogram) levels of leptin suggest that prostate cancer cells are very sensitive and behave differently at varying levels of leptin exposure.

As prostate cancer progresses, decreased androgen levels promote the growth of androgen-resistant prostate cells. These cells are hypersensitive to growth factors and cell regulators, especially mitogenic factors. The source of these growth factors and cytokines, in addition to outside factors affecting their expression, is important to understanding the progression of prostate cancer disease [21]. The leptin signal is transduced through the leptin receptor (LEPR). The different isoforms of this receptor arise from alternate splicing of the precursor mRNA [24]. The "long form" LEPRb leptin receptor is the only isoform that forms an IL-6-type homodimer and associates with the Janus kinase 2 (JAK2) tyrosine kinase to mediate intracellular signaling. JAK2 phosphorylates itself and the tyrosine residue (Tyr 985) on the intracellular tail of the LEPRb receptor. This phosphorylated tyrosine residue on the receptor then recruits the adaptor protein Grb-2 and p21ras, ultimately leading to the phosphorylation and activation of MAPK [25]. Our observations demonstrate that exposure of androgenindependent prostate cancer cells to leptin does indeed stimulate the phosphorylation of MAPK at an early time



FIGURE 3: Leptin stimulates MAPK phosphorylation in PC-3 and DU-145 cells. Growth factor-starved PC-3 (a) or DU-145 cells (c) were exposed to increasing concentration of leptin for various time points. Cell lysates obtained after each time point were separated on a 7.5% SDS-PAGE and Western-blotted. Phosphorylated MAPK levels were obtained after incubation with p44/42 MAPK antibody and chemiluminescent detection. (b) and (d), levels of p44/42 MAPK obtained after densitometric analysis and represented as percentage of control against time (control being set at 100%). The results of one of the three independent experiments are shown.

point, suggesting the stimulation of the intracellular signaling cascade upon leptin binding to its cognate receptor on the cell surface of these cells. Our observations are in accordance with those reported earlier by Banks et al. [25] suggesting involvement of MAPK activation upon binding of leptin to its surface receptor. Interestingly, we did not observe MAPK phosphorylation when the androgen-sensitive prostate cancer cells were exposed to leptin, suggesting the involvement of a different signaling cascade in these cells.

Activated JAK2 induces the phosphorylation of another tyrosine residue (Tyr 1138) on the intracellular tail of the LEPRb receptor, which binds and mediates the phosphorylation-dependent activation of signal transducer and activator of transcription 3 (STAT3). STAT proteins regulate gene expression by affecting transcription. They are part of the signal transduction pathway of many growth factors and cytokines and are activated by phosphorylation of tyrosine and serine residues by upstream kinases [26]. In benign cells, the signaling by STAT3 is under tight regulation so that the signal is transient. However, aberrant signaling by STAT3 is observed in many types of malignancies, such as myeloma, head and neck cancer, breast cancer, and prostate cancer [27]. Malignant cells expressing persistently activated STAT3 become dependent on it for survival; disruption of activation or expression of STAT3 resulted in apoptosis [28]. Lou, et al. have shown that STAT3 signaling is critical for the growth and survival of prostate cancer cells [29]. We observed the involvement of STAT3 phosphorylation in prostate cancer cells, which is concurrent with earlier published reports, thus suggesting that this transcription factor is an integral part in the leptin signal-transduction cascade. Our observations further suggest that STAT3 phosphorylation can differentiate between the androgen sensitivity of prostate cancer cells when they are exposed to



FIGURE 4: Leptin stimulates early phosphorylation of STAT-3 in PC-3 cells. PC-3cells (a) or LNCaP cells (c), devoid of growth factors by an overnight exposure to basal medium, were exposed to increasing concentrations of leptin for various time points.  $25 \mu g$  of the cell lysates obtained after each time point were separated on a 7.5% SDS-PAGE and Western-blotted, and the phosphorylated STAT-3 proteins were revealed by incubating with phospho-STAT-3 antibody followed by chemiluminescent detection. The membranes were stripped and reprobed with STAT-3 antibodies to verify the protein levels. In (b) and (d), densitometric analysis of phospho-STAT-3 and STAT levels was determined. A time-course, dose-response curves of phosphor-STAT-3/STAT-3 (PSTAT/STAT) ratios for the effect of increasing leptin concentrations are depicted for both (b) PC3 and (d) LNCaP. The original western blots are shown in (a) and (c). Results shown are representative of three separate experiments.

nanogram levels of leptin. In androgen-independent PC-3 prostate cancer cells, leptin induces an early phosphorylation of STAT-3, which then decreases with time to the baseline level, whereas in androgen-sensitive LNCaP cells, a delayed and prolonged STAT3 phosphorylation is observed upon exposure to leptin. It has been previously demonstrated that part of leptin action is mediated through the generation of toxic oxygen radicals [30]. Although, in this study we did not measure a direct cause-effect relationship between free radical generation, and the changes in metastatic potential of prostate cancer cells, indirect evidence of the role of free

radicals in this process is available in studies investigating the use of antioxidants in prostate cancer [31].

In conclusion, binding of leptin to its surface receptor induces a signal transduction cascade that has slight variations depending on the androgen sensitivity of the prostate cancer cells. These variations in the intracellular signaling events are translated into biological consequences such as the invasive, migratory, and proliferative capabilities of prostate carcinoma cells that are drastically different between the androgen-independent and -sensitive prostate cancer cells. Thus, differentiation of the metastatic potential of prostate cancer cells on the basis of their androgen sensitivity can be observed when they are exposed to low levels of leptin. Since a majority of leptin's effects (at least on metabolism) are centrally mediated, the in vivo effects of leptin on the metastatic potential of prostate cancer cells may differ from the in vitro observations. However, mechanism-dependent variations in the effects of leptin treatment on the basis of androgen sensitivity of prostate cancer cells can give us a vital insight into the possible in vivo effects of leptin.

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