



17β-Estradiol Inhibits PCSK9-Mediated LDLR Degradation Through GPER/PLC Activation in HepG2 Cells

Wei Fu¹, Xiao-Ping Gao², Sheng Zhang¹, Yan-Ping Dai², Wen-Jun Zou² and Li-Min Yue^{1*}

¹ Department of Physiology, West China School of Basic Medical and Forensic Medicine, Sichuan University, Chengdu, China, ² College of Medicine, Chengdu University of Traditional Chinese Medicine, Chengdu, China

Plasma levels of PCSK9 are significantly higher in postmenopausal women. Pharmacologically increased estrogen levels have been shown to lower PCSK9 and LDL-C levels in animals and humans. The action of estrogen suggests that it has the ability to prevent PCSK9-mediated LDLR degradation in liver cells. However, little is known about how estrogen alters PCSK9-mediated LDLR degradation. Here, we report that 17β-estradiol (βE2) reduces PCSK9-mediated LDLR degradation by a mechanism that involves activation of the G protein-coupled estrogen receptor (GPER). In cultured HepG2 cells, BE2 prevented the internalization of PCSK9, which subsequently lead to PCSK9-mediated LDLR degradation. The altered LDLR levels also resulted in an increase in LDL uptake that was not observed in the absence of PCSK9. In addition, we showed that clathrin was rapidly increased in the presence of PCSK9, and this increase was blocked by βE2 incubation, suggesting rapid recruitment of clathrin in HepG2 cells. PLC_V activation and intracellular Ca²⁺ release were both increased due to the rapid effect of estrogen. By using a GPER antagonist G15, we demonstrated that the GPER mediates the action of estrogen. Together, the data from this in vitro study demonstrate that estrogen can regulate LDLR levels mainly through GPER activation, which prevents PCSK9-dependent LDLR degradation in HepG2 cells.

Keywords: 17β-estradiol, GPER activation, PCSK9, LDLR degradation, clathrin

INTRODUCTION

Estrogen plays a role in lipid metabolism in both physiological and pharmacological contexts. Because of the benefits of estrogen, as documented in the past decade, premenopausal women have experience delayed first-time myocardial infarction (1–3) and have approximately one half the risk of cardiovascular disease relative to that of men (4, 5). Estrogen replacement therapy is still controversial, and supplements with a high dose of estrogen plus progestin or estrogen alone have been associated with a high risk of developing breast cancer (6–9). A large randomized trial (10) from the Women's Health Initiative (WHI) indicates that estrogen plus progestin is not beneficial in postmenopausal women; there is early harm for coronary heart disease (CHD) as well as continuing harm for stroke and venous thromboembolic events (VTE). The WHI results are similar to those reported by others (11–13). However, estrogen administered to postmenopausal women increases LDL clearance and lowers the levels of total cholesterol (TC), LDL-C, and apoliprotein B in plasma, showing the beneficial effects of estrogen in reducing the risk of cardiovascular disease (14–21).

OPEN ACCESS

Edited by:

Yong Zhu, East Carolina University, United States

Reviewed by:

Chen Wen Fang, Qingdao University, China Kun Don Yi, Vertex Pharmaceuticals, United States

> *Correspondence: Li-Min Yue yuelimin@scu.edu.cn

Specialty section:

This article was submitted to Experimental Endocrinology, a section of the journal Frontiers in Endocrinology

Received: 16 April 2019 Accepted: 20 December 2019 Published: 30 January 2020

Citation:

Fu W, Gao X-P, Zhang S, Dai Y-P, Zou W-J and Yue L-M (2020) 17β-Estradiol Inhibits PCSK9-Mediated LDLR Degradation Through GPER/PLC Activation in HepG2 Cells. Front. Endocrinol. 10:930. doi: 10.3389/fendo.2019.00930 Estrogen increases the LDL receptor (LDLR) expression to reduce the levels of total blood cholesterol and LDL-C through nuclear receptor ER α , which has been extensively investigated and is also known to be in the classical receptor pathway and to have a genomic effect (22–27). However, in C57BL/6J mice, estrogen-mediated prevention of vascular injury in response to carotid artery denudation is independent of ER α (28). Another finding suggests that protection from the development of early atherosclerotic lesions is dependent on estrogen but independent of ER α (29). Therefore, many studies strongly support a nongenomic effect of estrogen through its membrane receptorrelated signal transduction (30–33).

It has been shown that the G protein-coupled estrogen receptor (GPER) mediates the rapid effect of estrogen via a non-genomic effect (31, 32, 41). The activation of the GPER by estrogen may upregulate LDLR expression and downregulate proprotein convertase subtilisin/kexin type 9 (PCSK9), a newly discovered negative regulator of lipid metabolism. As a risk factor for coronary artery disease, PCSK9 elevates LDL-C levels in plasma by binding to the extracellular domain of LDLR in hepatocytes to mediate LDLR endocytosis and degradation in hepatic lysosomes (34). In HepG2 cells expressing this receptor and the GPER agonist, G1 can decrease PCSK9 mRNA and protein levels so that LDLR protein expression increases on the cell membrane (41), thus suggesting its influence on the transcription of PCSK9. Studies in rats and humans found that high levels of endogenous estrogens reduce serum PCSK9, suggesting that estrogens also increase the number of LDLRs on hepatic cells through a posttranscriptional mechanism (35, 36). In human HuH7v hepatocarcinoma cells, LDLR mRNA is upregulated by BE2-conditioned medium with PCSK9, while βE2-conditioned medium without PCSK9 fails to upregulate LDLR expression. PCSK9-knockdown cells in medium without PCSK9 showed no increases in LDLR levels by β E2 (37). Therefore, these studies imply that PCSK9 is essential in the estrogen-induced upregulation of LDLR.

It has recently been reported that the GPER is a receptor in the plasma membrane that can be translocated to the endoplasmic reticulum (ER) (30). In HepG2 cells, β E2 is shown to be rapidly internalized via clathrin-coated vesicles and transported to sorting endosomes (38). Therefore, the aim of this study was to investigate the mechanism by which β E2 modulates PCSK9-mediated LDLR degradation and the role of clathrin in GPER activation by β E2. Our data showed that GPER activation by β E2 is dependent on phospholipase C- γ (PLC γ) and intracellular Ca²⁺ signaling, which alters the distribution of clathrin, thereby inhibiting PCSK9-mediated degradation of LDLR. These data may help understand the molecular mechanisms underlying the physiological effects of estrogens.

MATERIALS AND METHODS

Reagents and Antibodies

Recombinant human PCSK9 (rhPCSK9, gl-10916) was purchased from Genlocus (Chengdu, China). β E2 (E2758-1G) was purchased from Sigma-Aldrich (Shanghai, China). The GPER antagonist G15 (1161002-05-6) was purchased

from Cayman Chemical (Michigan, USA). The PLC inhibitor U73122 (U6756-5 MG) was purchased from Sigma-Aldrich (San Francisco, USA). Anti-LDLR antibody (sc-373830) was ordered from Santa Cruz (Dallas, USA). Anti-phospho-PLCy (Tyr783) polyclonal antibody (2821) and anti-PLCy rabbit antibody (2822) were purchased from Cell Signaling (Hongkong, China). Anti-clathrin rabbit polyclonal antibody (ab59710) was purchased from Abcam (Shanghai, China). The BODIPYTM FL LDL (L3483), Alexa Fluor[®] 488 protein labeling kit (A10235), Alexa Fluor[®] 488-conjugated goat anti-mouse IgG (A11001) and Alexa Fluor[®] 488-conjugated goat anti-rabbit IgG (A11008) were all purchased from Thermo Fisher (Shanghai, China). A cAMP parameter assay kit (KGE002B) was purchased from R&D (Minneapolis, USA). The PrimeScriptTM II 1st Strand cDNA synthesis kit (6210A) and TB GreenTM Premix Ex Taq II (RR420B) were purchased from TaKaRa (Dalian, China).

Cell Culture

HepG2 cells (ATCC, USA) were maintained at 37°C in phenol red-free DMEM supplemented with 10% fetal bovine serum, 100 IU/mL penicillin, and 100 μ g/mL streptomycin and allowed to grow until 85% confluent prior to the experiment.

PCSK9 Internalization Assay

For the internalization assay, rhPCSK9 was labeled with an Alexa Fluor[®] 488 from the protein labeling kit (^{AF–}PCSK9). To determine whether β E2 blocked the internalization of PCSK9, HepG2 cells were seeded into 48-well plates at 4 × 10⁴ cells per well in growth medium. After serum deprivation for 16 h, the cells were incubated with 25 µg/mL ^{AF–}PCSK9 for 0.5–6 h and treated with 0.01–10 µM β E2 for 2 h in the presence of ^{AF–}PCSK9 (25 µg/mL). For all assays, the cells were pretreated with 1 µM G15 for 15 min prior to the addition of β E2 to block GPER action. After a series of wash steps with PBS, internalized ^{AF–}PCSK9 was directly observed under an inverted fluorescence microscope, and the fluorescence intensity of ^{AF–}PCSK9 in isopropyl alcohol was detected by a SpectraMax M5 reader and reported in RFUs.

LDLR Protein Assay

To investigate whether $\beta E2$ prevents PCSK9-mediated LDLR degradation, HepG2 cells were seeded into 6.2 cm^2-cell imaging dish (NEST, Suzhou, China) at 6 \times 10⁴ cells per well in growth medium and allowed to adhere to the plate for 24 h. After serum deprivation for 16 h, the cells were treated with or without 0.01–1 μM $\beta E2$ for 6 h in the presence or absence of rhPCSK9 (25 $\mu g/mL$). The expression level of LDLR was detected by western blotting and immunofluorescence.

LDLR mRNA Assay

For detection of LDLR mRNA, HepG2 cells were seeded into 6-well plates at 1×10^5 cells per well in growth medium and allowed to adhere to the plate for 24 h. After serum deprivation for 16 h, the cells were incubated with or without 0.01–1 μ M β E2 for 6 h in the presence of rhPCSK9 (25 μ g/mL). Total RNA was extracted using TRIzol reagent (Invitrogen) according to the manufacturer's protocol. cDNA was prepared from 1 μ g

RNA using a PrimeScriptTM II 1st strand cDNA synthesis kit according to the manufacturer's protocol (TaKaRa). Real-time quantitative PCR was performed to detect the expression of LDLR mRNA in a CFX96 PCR system (Bio-Rad) with 1 μ L of cDNA diluted 25-fold in 12.5 μ L of the reaction mixture with TB Green Premix Ex Taq II and 0.1 μ M forward and reverse primers for LDLR and β -actin. Specific primers for LDLR and β -actin were used: for LDLR, forward, 5'-GTTATTCAGGGAGAACGG CT-3' and reversse, 5'-GAGTCAACCCAGTAGAGGC-3'; and for β -actin, forward, 5'-CTGGGCATGGAGTCCTGTG-3', and reverse, 5'-ATCTTCATTGTGCTGGGTG-3'. The primers were obtained from GENEWIZ (Suzhou, China). We set amplification parameters: 95°C for 30 s; 40 cycles of 95°C for 5 s; and 56°C for 30 s.

LDL Uptake Assay

LDL uptake was measured using a BODIPY[®] FL kit. HepG2 cells were seeded into 48-well plates at 4×10^4 cells per well in growth medium and allowed to adhere to the plate for 24 h. After serum deprivation for 16 h, the cells were treated with or without 0.01–10 μ M β E2 for 4 h in the presence of rhPCSK9 (25 μ g/mL). For the assay, the cells were pretreated with 1 μ M G15 for 15 min prior to the addition of β E2 to block GPER action. BODIPYTM FL LDL (6 μ g/ml) was added for 3 h, and then the cells were then washed with PBS. Isopropyl alcohol was added to measure the uptake of BODIPYTM FL LDL. The plates were read with a SpectraMax M5 reader (Molecular Devices, Sunnyvale, USA).

Clathrin Assay

Clathrin was also measured for the distribution assay. HepG2 cells were seeded into 6.2 cm²-cell imaging dish (NEST, Suzhou, China) at 6×10^4 cells per well in growth medium and allowed to adhere to the plate for 24 h. After serum deprivation for 16 h, the cells were incubated with 25 µg/mL rhPCSK9 for 0–2 h and treated with 0.01–1 µM βE2 for 2 h in the presence of rhPCSK9 (25 µg/mL). For all assays, the cells were pretreated with 1 µM G15 for 15 min prior to the addition of βE2 to block GPER action. After a series of wash steps with PBS, clathrin was detected by immunofluorescence with the corresponding antibodies.

Calcium Mobilization Assay

Calcium mobilization was detected by Fluo-4 AM (Invitrogen, Shanghai, China). HepG2 cells were seeded in a cell imaging dish at 6×10^4 cells per well and allowed to adhere to the plate for 24 h. After serum deprivation for 16 h, the cells were washed with Ca²⁺-free HBSS (136.8 mM NaCl, 5.4 mM KCl, 5.5 mM Glucose, 0.44 mM KH₂PO₄, and 0.33 mM Na₂HPO₄, pH 7.2) and then loaded with 5 μ M Fluo-4 AM for 20 min. The cells were washed again with Ca²⁺-free HBSS. Each cell imaging dish was placed in a laser scanning confocal microscope (LSM710, ZEISS). First, the fluorescence intensity images were collected every 15 s for 5 min, and 0.1 μ M E2 was then added and fluorescence was monitored continuously for 15 min. For the assay, the cells were treated with 1 μ M G15 and 1 μ M U73122 for 15 min prior to the addition of E2 to block GPER and PLC γ action. Data were quantified and analyzed using ZEN 2010 software. The background was

subtracted, and the fluorescence was expressed relative to values at the beginning of the experiment.

Western Blot Analysis

HepG2 cells were seeded into T25-cell culture bottles at 5 \times 10⁵ cells with 5 mL growth medium. After serum deprivation for 16 h, the cells were treated with or without $0.1 \,\mu\text{M}$ βE2 for 5 min in the presence of rhPCSK9 ($25 \mu g/mL$). For the assay, the cells were pretreated with $1 \,\mu M$ G15 for 15 min prior to the addition of β E2 to block GPER action. After treated with 0.1 μ M β E2 for 5 min or 0.01–1 μ M β E2 for 6 h, the cells were washed twice with cold PBS and lysed with 1×RIPA buffer (Beyotime, China) supplemented with a protease inhibitor PMSF (1 mM) to obtain the total protein. An equal amount of total protein from each lysate was loaded and separated on 4%-10% gels for SDS-PAGE and electroblotted to polyvinylidene fluoride (PVDF) membranes. The primary antibodies used included anti-LDLR mouse monoclonal antibody (1:150 diluted in PBS), anti-pPLCy (Tyr783) rabbit antibody (1:500 diluted in PBS), and anti-PLCy rabbit antibody (1:500 diluted in PBS). The secondary HRPconjugated antibody was goat anti-mouse IgG (1:4000 diluted in PBS) and goat anti-rabbit IgG (1:4000 diluted in PBS). Western blots were measured for chemiluminescence (Thermo Fisher), detected by ImageQuant LAS 500 (General Electric Company, Boston, USA), and analyzed by Image Plus 6.0 analysis software.

Immunofluorescence Staining

Experiments were performed in cell imaging dishes as described in the methods section LDLR Protein Assay and Clathrin Assay. HepG2 cells were washed three times with PBS and fixed with a 4% paraformaldehyde solution for 20 min. The fixed cells were permeabilized with PBS containing 0.3% Triton X-100 for 3 min at 4°C and washed three times with PBS containing 0.5% BSA. The cells were incubated with 3% BSA in PBS for 30 min at 37°C and then incubated with primary antibodies: anti-LDLR mouse monoclonal antibody (1:100 diluted in PBS) and anticlathrin rabbit polyclonal antibody (1:500 diluted in PBS) at 4°C overnight. Antibodies were stained with Alexa Fluor® 488conjugated goat anti-mouse IgG (1:250 diluted in PBS) and Fluor[®] 488-conjugated goat anti-rabbit IgG (1:250 diluted in PBS) at room temperature for 1 h. Excess antibody was removed by washing the cells with PBS, and the cells were stained with 4 6-diamidino-2-phenylindole (DAPI) and then viewed with a confocal microscope (LSM710, Carl Zeiss AG, German).

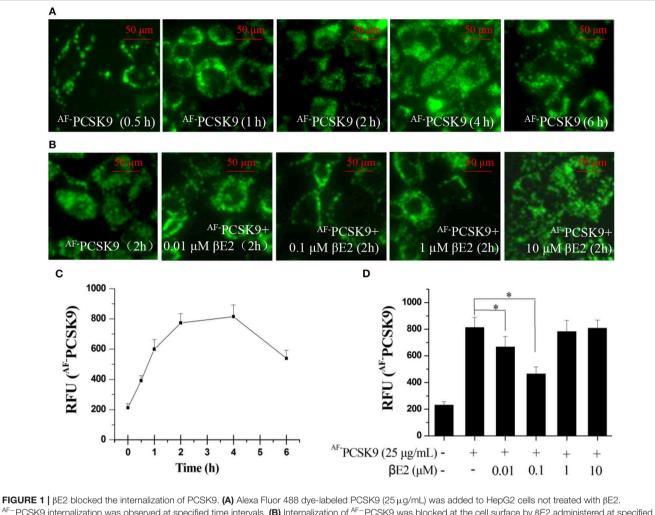
Statistical Analysis

Data are presented as the mean \pm SEM. Differences among groups were tested by SPSS 17.0 software with one-way ANOVAs followed by an LSD or Duncan test. Comparisons were considered to be statistically significant if P < 0.05.

RESULTS

β-Estradiol Blocked PCSK9 Internalization

PCSK9 is a secreted protein and negative regulator of LDLR in hepatocytes. It binds to LDLR at the cell surface and can mediate LDLR into lysosomes, where it is degraded. We first examined



 $^{AF-}$ PCSK9 internalization was observed at specified time intervals. (B) Internalization of $^{AF-}$ PCSK9 was blocked at the cell surface by β E2 administered at specified concentration ranges. (C,D) Quantification of $^{AF-}$ PCSK9. The relative fluorescent unit (RFU) of $^{AF-}$ PCSK9 was determined by ZEISS 2010 software. Values represent the means \pm SEM, n = 3; *P < 0.05 for a comparison between two groups.

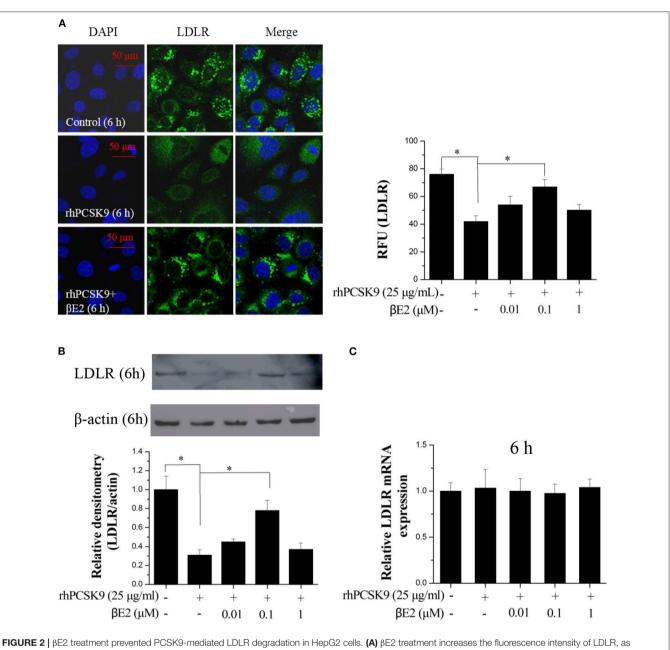
PCSK9 internalization using an Alexa Fluor 488 dye-labeled rhPCSK9 (^{AF–}PCSK9) in HepG2 cells expressing LDLR. The fluorescence signals were detectable in the HepG2 cells at 30 min and peaked at 2 and 4 h after ^{AF–}PCSK9 (25 μ g/mL) was added to the cells. The localization of ^{AF–}PCSK9 was initially at the cell surface, and it was later localized throughout the cytoplasm (**Figure 1A**) with increasing quantity (**Figure 1C**), indicating the internalization and intracellular trafficking of ^{AF–}PCAK9.

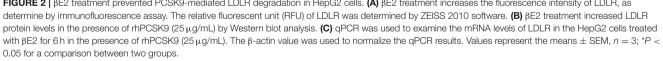
To determine whether $\beta E2$ blocked the internalization of PCSK9, HepG2 cells were incubated with 0.01–10 μM $\beta E2$ for 2 h in the presence of $^{AF-}$ PCSK9. In the HepG2 cells without $\beta E2$, the fluorescence signals were distributed throughout the cytoplasm after $^{AF-}$ PCSK9 (25 $\mu g/mL$) was added. In contrast, $\beta E2$ treatment decreased the cytoplasmic distribution of $^{AF-}$ PCSK9 and increased the distribution of $^{AF-}$ PCSK9 at the cell surface (Figure 1B), and this effect was most pronounced with the $\beta E2$ treatment of 0.1 μM (Figure 1D). These results indicate that estrogen can block the internalization of PCSK9

and thus may prevent PCSK9-mediated LDLR degradation. In cultured HepG2 cells, a high concentration of β E2 (10 μ M) led to significant cytotoxicity. Therefore, all subsequent experiments were performed with 0.01–1 μ M β E2 treatments.

βE2 Prevented PCSK9-Mediated LDLR Degradation

As expected, the immunofluorescence from the stained LDLR was significantly enhanced after treatment with β E2 at 0.1 μ M but not 1 μ M for 6 h compared with that in the control HepG2 cells that were treated only with PCSK9 (**Figure 2A**). A similar result was obtained using Western blotting (**Figure 2B**). β E2 treatment at 0.1 μ M significantly increased LDLR levels in the presence of rhPCSK9 (25 μ g/mL), and β E2 treatment at 1 μ M did not increase LDLR levels. In addition, LDLR mRNA levels were detected by qPCR, and no change was observed following β E2 treatment (**Figure 2C**). The addition of rhPCSK9 to the HepG2 cells for 6 h resulted in the reduction in LDLR levels, indicating





that PCSK9 mediated LDLR degradation. These data suggest that β E2 treatment at 0.1 μ M can inhibit PCSK9-mediated LDLR degradation in HepG2 cells.

βE2 Modulates Cellular LDL Uptake in the Presence of PCSK9

The addition of recombinant PCSK9 resulted in LDLR degradation. The inhibitory effect of β E2 on PCSK9-mediated LDLR degradation may promote the uptake of LDL-C into cells. As shown in **Figure 3**, β E2 treatment increased the fluorescence

intensity of the labeled LDL in the HepG2 cells compared to the intensity observed with rhPCSK9 treatment alone, indicating that β E2 promotes LDL uptake into cells in the presence of rhPCSK9. Consistent with the levels of LDLR protein expression, β E2 treatment at 1 μ M did not promote LDL uptake.

βE2 Prevents PCSK9-Induced Increases in Clathrin

Previous studies have suggested that clathrin trafficking is involved in PCSK9-mediated LDLR degradation in hepatic cells.

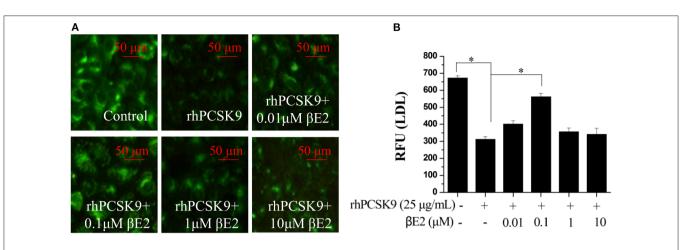
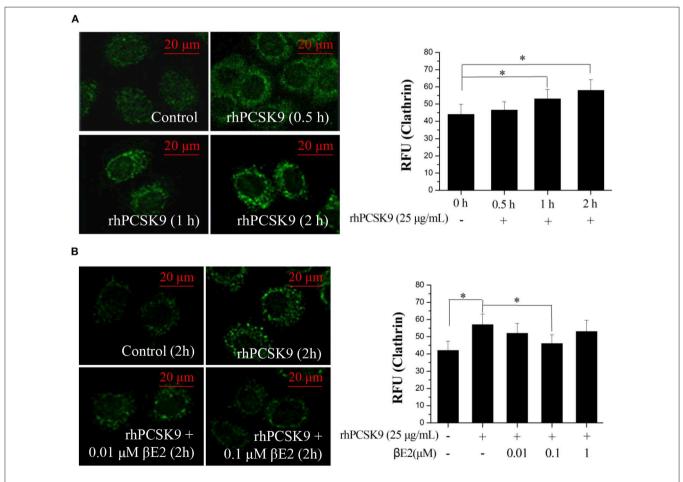
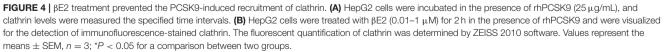
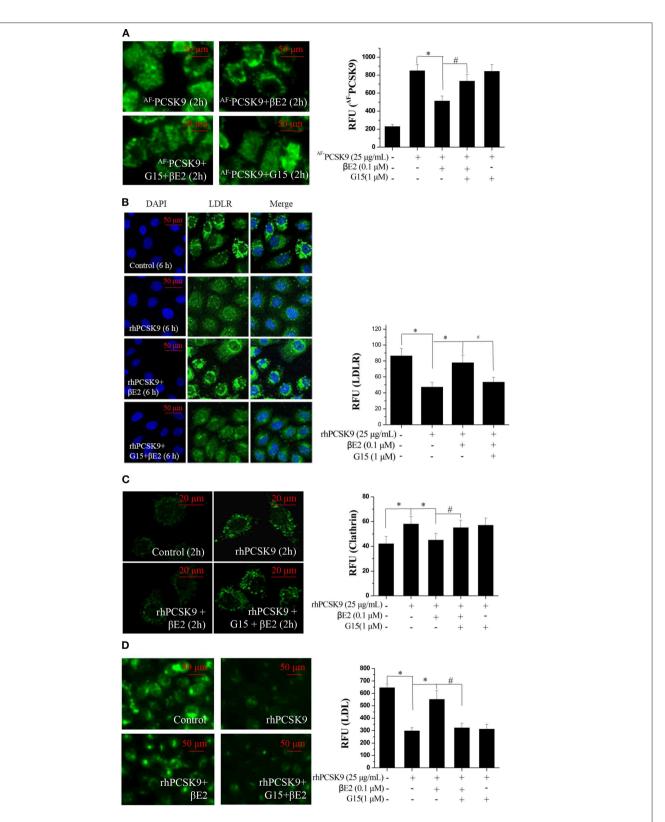
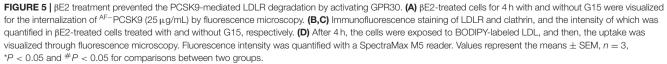


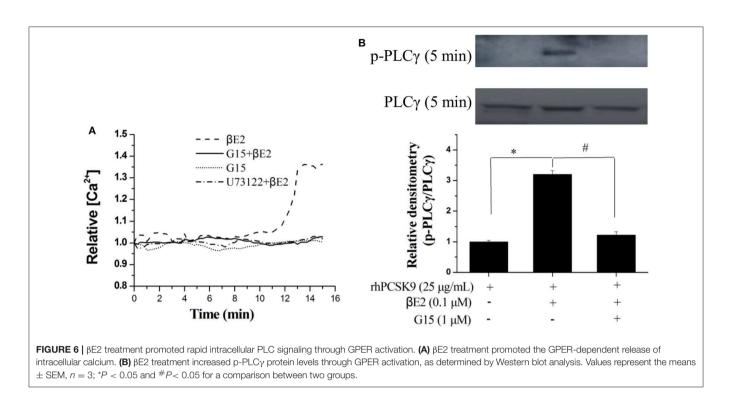
FIGURE 3 | β E2 treatment for 4 h promoted LDL uptake in the presence of rhPCSK9 (25 µg/mL). (A) LDL uptake was visualized in the HepG2 cells using BODIPY-labeled LDL and detected by fluorescence microscopy as shown in the representative images. (B) BODIPY[®] FL fluorescence was quantified with a SpectraMax M5 reader. Values represent the means ± SEM, n = 3; *P < 0.05 for a comparison between two groups.











The major route of PCSK9-dependent LDLR degradation in HepG2 cells has been demonstrated to be through clathrinmediated endocytosis (39). Knocking down the clathrin heavy chain increased the LDLR protein levels in HuH7 cells (40), indicating that clathrin is involved in PCSK9-mediated LDLR degradation in hepatocytes. We asked whether clathrin trafficking pathway might also be affected by BE2. HepG2 cells were incubated with rhPCSK9 for 0-2h and then examined for clathrin distribution by staining an antibody to clathrin. The addition of rhPCSK9 caused an increase in clathrin stain intensity in HepG2 cells, with large cytoplasmic and perinuclear localization peaks at 2 h, in contrast to the weak staining observed in the absence of rhPCSK9 (Figure 4A). In parallel experiments, clathrin staining was decreased by BE2 treatment (Figure 4B). These results suggest that PCSK9 may induce an increase in clathrin levels. It is very likely that clathrin is recruited by the addition of rhPCSK9 and then participates in PCSK9-mediated LDLR degradation in HepG2 cells. BE2 may prevent clathrindependent LDLR endocytosis, thereby inhibiting PCSK9mediated LDLR degradation.

βE2 Prevents PCSK9-Mediated LDLR Degradation by Activating the GPER

The GPER may function uniquely as an intracellular transmembrane receptor to contribute to normal estrogen physiology as well as pathophysiology (30). In particular, GPER activation has been shown to upregulate LDLR expression and consequently LDL metabolism (41). To determine whether the effect of β E2 was mediated through the GPER, HepG2 cells were pretreated with G15, a selective GPER

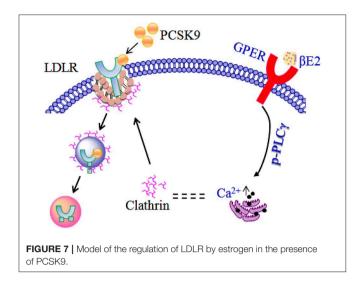
antagonist, followed by $0.1 \mu M \beta E2$ treatment for 2 h in the presence of ^{AF-}PCSK9. As shown in **Figure 5A**, ^{AF-}PCSK9 was mainly distributed at the cell surface after $0.1 \mu M \beta E2$ treatment for 2 h. However, G15 pretreatment for 15 min increased the distribution of ^{AF-}PCSK9 in the cytoplasm, exhibiting a similar distribution as that of the ^{AF-}PCSK9 to control cells not treated with $\beta E2$. G15 pretreatment also inhibited the effects of $\beta E2$, increasing LDLR degradation (**Figure 5B**) and clathrin levels (**Figure 5C**). In addition, $\beta E2$ -enhanced LDL uptake was prevented by G15 pretreatment (**Figure 5D**).

βE2 Promotes Rapid Intracellular PLC Signaling Through GPER Activation

The GPER is involved in intracellular calcium mobilization in different cell types, and its role is related to the rapid activation of phospholipase C. We next investigated the rapid effect of β E2 on GPER activation by measuring the release of intracellular calcium. Intracellular Ca²⁺ was released from in HepG2 cells after 15 min of 0.1 μ M β E2. The effects of β E2 can be blocked by G15 and U73122 (PLC inhibitor) pretreatment of cells (**Figure 6A**) for 15 min. Phospholipase C- γ (PLC γ), in the Ca²⁺ signaling pathway, was also activated after a 5 min β E2 incubation. The effect of β E2 can be blocked by G15 pretreatment (**Figure 6B**), indicating the rapid activation of PLC γ through GPER stimulation.

DISCUSSION

Several studies have been reported to suggest that estrogen regulates lipoprotein metabolism through the GPER in human



hepatic HepG2 cells or in HuH7 cells (37). However, no detectable change in PCSK9 transcription levels was found with increased β E2 doses (37). β E2 may upregulate LDLR through extracellular PCSK9-dependent mechanisms in human hepatic cells (37). The results presented here provide data in support of this hypothesis, i.e., that the effect of β E2 regulation of LDLR is dependent upon extracellular PCSK9. There was a significant increase in LDLR protein expression upon β E2 treatment in the presence of rhPCSK9. Moreover, β E2 inhibits PCSK9-mediated LDLR degradation, which results in the increase of LDL uptake by HepG2 cells, an effect that was blocked by G15, a GPER antagonist.

It has been shown that PCSK9 binds to the extracellular domain of LDLR to trigger LDLR degradation in lysosomes (39, 42, 43). Clathrin is a cytosolic protein, and the importance of the clathrin heavy chain has been demonstrated through the PCSK9-dependent degradation of LDLR (39). Although there is no evidence that clathrin recruitment is affected by PCSK9, the HepG2 cells treated with rhPCSK9 had increased levels of clathrin in the cytoplasm and perinucleus. It is likely that PCSK9 rapidly binds to LDLR to form a PCSK9-LDLR complex that recruits clathrin, and the complex then enters cells by a clathrin-dependent endocytosis pathway that leads to LDLR degradation. BE2 may prevent clathrindependent LDLR endocytosis, thereby inhibiting PCSK9mediated LDLR degradation, which was blocked by G15. Therefore, BE2 increases LDLR protein expression, likely via GPER activation.

GPER also contributes to the activation of the phospholipase C (PLC) pathway in other cell types (44). The activation of PLC may lead to an increase in intracellular Ca²⁺ and regulated clathrin-dependent endocytosis (45, 46). In HepG2 cells, PLC-gamma (PLC γ) was activated, and intracellular Ca²⁺ release was detected after β E2 treatment. These effects of β E2 were

blocked by the GPER antagonist G15 and the PLC inhibitor U73122, indicating a role for estrogen in the rapid regulation of LDLR lysosomal degradation through GPER. The regulation of PCSK9 levels has been shown to be cAMP-dependent (47), and cAMP is another messenger pathway known to be regulated by GPER activation. We also demonstrate that β E2 rapidly stimulates cAMP production which was blocked by G15 (data not shown).

Figure 7 presents a schematic diagram summarizing our results. PCSK9 binds to the extracellular domain of LDLR to mediate LDLR endocytosis and degradation in a clathrindependent manner. The molecular mechanism of estrogen inhibition of PCSK9-mediated LDLR degradation can be explained: activating GPER in the membrane by $\beta E2$ (48) rapidly initiates the phosphorylation of PLCy, leading to intracellular Ca²⁺ release, which in turn alters clathrin distribution or influences the clathrin trafficking pathway to affect the internalization of the PCSK9-LDLR complex. Another possible explanation is that the GPER is localized to the endoplasmic reticulum (30), where the binding of β E2 initiates activation of PLC γ and recruits calthrin assembly proteins to it, forming a clathrin-coated pit (38). The coated pit is internalized and prevents clathrin-dependent LDLR endocytosis, thereby inhibiting PCSK9-mediated LDLR degradation. The GPER may function uniquely as an intracellular transmembrane receptor that contributes to normal estrogen physiology as well as pathophysiology (30). Investigations into other possible intracellular GPER isoforms activated by estrogen would be of great interest.

In summary, our results highlight the important role of estrogen in regulating LDLR levels through GPER activation and being associated with clathrin trafficking pathway. Therefore, estrogen may have a role in modulating the levels of total blood cholesterol and LDL-C in hyperchlesterolemic women.

DATA AVAILABILITY STATEMENT

All datasets generated for this study are included in the article/supplementary material.

AUTHOR CONTRIBUTIONS

WF designed and planned the study and performed the experiments. X-PG and L-MY designed and planned the study and wrote the manuscript. SZ, Y-PD, and W-JZ performed the experiments and analyzed the data.

FUNDING

The present work was supported by grants from the National Natural Science Foundation of China (No. 81771542) and the Science & Technology Department of Sichuan province (No. 2017JY0021).

REFERENCES

- Palmisano BT, Zhu L, Stafford JM. Role of Estrogens in the regulation of liver lipid metabolism. Adv Exp Med Biol. (2017) 1043:227–56. doi: 10.1007/978-3-319-70178-3_12
- Freedman DS, Otvos JD, Jeyarajah EJ, Shalaurova I, Cupples LA, Parise H, et al. Sex and age differences in lipoprotein subclasses measured by nuclear magnetic resonance spectroscopy: the Framingham Study. *Clin Chem.* (2004) 50:1189–200. doi: 10.1373/clinchem.2004.032763
- 3. Lloyd-Jones D, Adams R, Carnethon M, De Simone G, Ferguson TB, Flegal K, et al. Heart disease and stroke statistics–2009 update: a report from the American Heart association statistics committee and stroke statistics subcommittee. *Circulation.* (2009) 119:480–6. doi: 10.1161/CIRCULATIONAHA.108.191259
- Roger VL, Go AS, Lloyd-Jones DM, Adams RJ, Berry JD, Brown TM, et al. Heart disease and stroke statistics—2011 update: a report from the American Heart Association. *Circulation*. (2011) 123:e18–209. doi: 10.1161/CIR.0b013e3182009701
- Wilmot KA, O'Flaherty M, Capewell S, Ford ES, Vaccarino V. Coronary Heart Disease Mortality Declines in the United States From 1979 Through 2011: Evidence for Stagnation in Young Adults, Especially Women. *Circulation*. (2015) 132:997–1002. doi: 10.1161/CIRCULATIONAHA.115.015293
- Crandall CJ, Hovey KM, Andrews CA, Chlebowski RT, Stefanick ML, Lane DS, et al. Breast cancer, endometrial cancer, and cardiovascular events in participants who used vaginal estrogen in the Women's Health Initiative Observational Study. *Menopause*. (2018) 25:11–20. doi: 10.1097/GME.00000000000956
- Mackey RH, Fanelli TJ, Modugno F, Cauley JA, McTigue KM, Brooks MM, et al. Hormone therapy, estrogen metabolism, and risk of breast cancer in the Women's Health Initiative Hormone Therapy Trial. *Cancer Epidemiol Biomarkers Prev.* (2012) 21:2022–32. doi: 10.1158/1055-9965.EPI-12-0759
- Cerne JZ, Novakovic S, Frkovic-Grazio S, Pohar-Perme M, Stegel V, Gersak K. Estrogen metabolism genotypes, use of long-term hormone replacement therapy and risk of postmenopausal breast cancer. *Oncol Rep.* (2011) 26:479– 85. doi: 10.3892/or.2011.1298
- Edlefsen KL, Jackson RD, Prentice RL, Janssen I, Rajkovic A, O'Sullivan MJ, et al. The effects of postmenopausal hormone therapy on serum estrogen, progesterone, and sex hormone-binding globulin levels in healthy postmenopausal women. *Menopause*. (2010) 17:622–9. doi: 10.1097/gme.0b013e3181cb49e9
- Rossouw JE, Anderson GL, Prentice RL, LaCroix AZ, Kooperberg C, Stefanick ML, et al. Risks and benefits of estrogen plus progestin in healthy postmenopausal women: principal results From the Women's Health Initiative randomized controlled trial. *JAMA*. (2002) 288:321–33. doi: 10.1001/jama.288.3.321
- Anderson GL, Limacher M, Assaf AR, Bassford T, Beresford SA, Black H, et al. Effects of conjugated equine estrogen in postmenopausal women with hysterectomy: the Women's Health Initiative randomized controlled trial. *JAMA*. (2004) 291:1701–12. doi: 10.1001/jama.291. 14.1701
- Hulley S, Grady D, Bush T, Furberg C, Herrington D, Riggs B, et al. Randomized trial of estrogen plus progestin for secondary prevention of coronary heart disease in postmenopausal women. Heart and Estrogen/progestin Replacement Study (HERS) Research Group. *JAMA*. (1998) 280:605–13. doi: 10.1001/jama.280.7.605
- Manson JE, Chlebowski RT, Stefanick ML, Aragaki AK, Rossouw JE, Prentice RL, et al. Menopausal hormone therapy and health outcomes during the intervention and extended poststopping phases of the Women's Health Initiative randomized trials. *JAMA*. (2013) 310:1353–68. doi: 10.1001/jama.2013.278040
- Roelfsema F, Yang RJ, Veldhuis JD. Differential effects of estradiol and progesterone on cardiovascular risk factors in postmenopausal women. J Endocr Soc. (2018) 14:794–805. doi: 10.1210/js.2018-00073
- Schnatz PF, Jiang X, Aragaki AK, Nudy M, O'Sullivan DM, Williams M, et al. Effects of calcium, vitamin D, and hormone therapy on cardiovascular disease risk factors in the women's health initiative: a randomized controlled trial. *Obstet Gynecol.* (2017) 129:121–9. doi: 10.1097/AOG.000000000001774

- Lee JY, Hyun HS, Park HG, Seo JH, Lee EY, Lee JS, et al. Effects of hormone therapy on serum lipid levels in postmenopausal Korean women. J Menopausal Med. (2015) 21:104–11. doi: 10.6118/jmm.2015.21. 2.104
- Jeon DS, Kim TH, Lee HH, Byun DW. Endometriosis in a postmenopausal woman on hormonal replacement therapy. *J Menopausal Med.* (2013) 19:151– 3. doi: 10.6118/jmm.2013.19.3.151
- Rozenberg S, Vandromme J, Antoine C. Postmenopausal hormone therapy: risks and benefits. *Nat Rev Endocrinol.* (2013) 9:216–27. doi: 10.1038/nrendo.2013.17
- Villa P, Sagnella F, Perri C, Suriano R, Costantini B, Macrí F. Low- and standard-estrogen dosage in oral therapy: dose-dependent effects on insulin and lipid metabolism in healthy postmenopausal women. *Climacteric*. (2008) 11:498–508. doi: 10.1080/13697130802471058
- Stampfer MJ, Sacks FM, Salvini S, Willett WC, Hennekens CH. A prospective study of cholesterol, apolipoproteins, and the risk of myocardial infarction. N Engl J Med. (1991) 325:373–81. doi: 10.1056/NEJM199108083 250601
- Stampfer MJ, Colditz GA. Estrogen replacement therapy and coronary heart disease: a quantitative assessment of the epidemiologic evidence. *Prev Med.* (1991) 20:47–63. doi: 10.1016/0091-7435(91)90006-P
- Parini P, Angelin B, Rudling M. Importance of estrogen receptors in hepatic LDL receptor regulation. *Arterioscler Throm Vasc Biol.* (1997) 17:1800–5. doi: 10.1161/01.ATV.17.9.1800
- Heine PA, Taylor JA, Iwamoto GA, Lubahn DB, Cooke PS. Increased adipose tissue in male and female estrogen receptor-alpha knockout mice. *Proc Natl Acad Sci USA*. (2000) 97:12729–34. doi: 10.1073/pnas.97.23. 12729
- 24. Ohlsson C, Hellberg N, Parini P, Vidal O, Bohlooly YM, et al. Obesity and disturbed lipoprotein profile in estrogen receptor-alphadeficient male mice. *Biochem. Biophys Res Commun.* (2000) 278:640–5. doi: 10.1006/bbrc.2000.3827
- Geary N, Asarian L, Korach KS, Pfaff DW, Ogawa S. Deficits in E2dependent control of feeding, weight gain, and cholecystokinin satiation in ER-α null mice. *Endocrinology*. (2001) 142:4751–7. doi: 10.1210/endo.142. 11.8504
- Ribas V, Nguyen MT, Henstridge DC, Nguyen AK, Beaven SW, Watt MJ, et al. Impaired oxidative metabolism and inflammation are associated with insulin resistance in ERalpha-deficient mice. *Am J Physiol Endocrinol Metab.* (2010) 298:E304–19. doi: 10.1152/ajpendo.00504.2009
- Li C, Briggs MR, Ahlborn TE, Kraemer FB, Liu J. Requirement of Sp1 and estrogen receptor alpha interaction in 17beta-estradiol-mediated transcriptional activation of the low density lipoprotein receptor gene expression. *Endocrinology*. (2001) 142:1546–53. doi: 10.1210/endo.142.4.8096
- Sullivan TR, Karas RH, Aronovitz M, Faller GT, Ziar JP, Smith JJ, et al. Estrogen inhibits the response-to-injury in a mouse carotid artery model. J Clin Invest. (1995) 96:2482. doi: 10.1172/JCI118307
- Villablanca AC, Tenwolde A, Lee M, Huck M, Mumenthaler S, Rutledge JC. 17beta-estradiol prevents early-stage atherosclerosis in estrogen receptoralpha deficient female mice. J Cardiovasc Transl Res. (2009) 2:289–99. doi: 10.1007/s12265-009-9103-z
- Revankar CM, Cimino DF, Sklar LA, Arterburn JB, Prossnitz ER. A transmembrane intracellular estrogen receptor mediates rapid cell signaling. *Science*. (2005) 307:1625–30. doi: 10.1126/science.1106943
- Kim HP, Lee JY, Jeong JK, Bae SW, Lee HK, Jo I. Nongenomic stimulation of nitric oxide release by estrogen is mediated by estrogen receptor alpha localized in caveolae. *Biochem Biophys Res Commun.* (1999) 263:257–62. doi: 10.1006/bbrc.1999.1348
- Chambliss KL, Shaul PW. Rapid activation of endothelial NO synthase by estrogen: evidence for a steroid receptor fast-action complex (SRFC) in caveolae. *Steroids*. (2002) 67:413–9. doi: 10.1016/S0039-128X(01)00177-5
- 33. Chen DB, Bird IM, Zheng J, Magness RR. Membrane estrogen receptordependent extracellular signal-regulated kinase pathway mediates acute activation of endothelial nitric oxide synthase by estrogen in uterine artery endothelial cells. *Endocrinology*. (2004) 145:113–25. doi: 10.1210/en.2003-0547
- Horton JD, Cohen JC, Hobbs HH. PCSK9: a convertase that coordinates LDL catabolism. J Lipid Res. (2009) 50:S172–7. doi: 10.1194/jlr.R800091-JLR200

- Ghosh M, Galman C, Rudling M, Angelin B. Influence of physiological changes in endogenous estrogen on circulating PCSK9 and LDL cholesterol. J Lipid Res. (2015) 56:463–9. doi: 10.1194/jlr.M055780
- Persson L, Galman C, Angelin B, Rudling M. Importance of proprotein convertase subtilisin/kexin type 9 in the hormonal and dietary regulation of rat liver low-density lipoprotein receptors. *Endocrinology*. (2009) 150:1140–6. doi: 10.1210/en.2008-1281
- 37. Starr AE, Lemieux V, Noad J, Moore JI, Dewpura T, Raymond A, et al. β-Estradiol results in a proprotein convertase subtilisin/kexin type 9-dependent increase in low-density lipoprotein receptor levels in human hepatic HuH7 cells. FEBS J. (2015) 282:2682–96. doi: 10.1111/febs.13309
- Moats RK, Ramirez VD. Electron microscopic visualization of membranemediated uptake and translocation of estrogen-BSA: colloidal gold by HepG2 cells. J Endocrinol. (2000) 166:631–47. doi: 10.1677/joe.0.1660631
- Nassoury N, Blasiole DS, Tebon OA, Benjannet S, Hamelin J, Poupon V, et al. The cellular trafficking of the secretory proprotein convertase PCSK9 and its dependence on the LDLR. *Traffic.* (2007) 8:718–32. doi: 10.1111/j.1600-0854.2007.00562.x
- Wang Y, Huang Y, Hobbs HH, Cohen JC. Molecular characterization of proprotein convertase subtilisin/kexin type 9-mediated degradation of the LDLR. J Lipid Res. (2012) 53:1932–43. doi: 10.1194/jlr.M028563
- Hussain Y, Ding Q, Connelly PW, Brunt JH, Ban MR, McIntyre AD, et al. Gprotein estrogen receptor as a regulator of low-density lipoprotein cholesterol metabolism cellular and population genetic studies. *Arterioscler Thromb Vasc Biol.* (2015) 35:213–21. doi: 10.1161/ATVBAHA.114.304326
- Maxwell KN, Fisher EA, Breslow JL. Overexpression of PCSK9 accelerates the degradation of the LDLR in a post-endoplasmic reticulum compartment. *Proc Natl Acad Sci USA*. (2005) 102:2069–74. doi: 10.1073/pnas.0409736102
- Qian YW, Schmidt RJ, Zhang Y, Chu S, Lin A, Wang H, et al. Secreted PCSK9 downregulates low density lipoprotein receptor through receptor-mediated endocytosis. J Lipid Res. (2007) 48:1488–98. doi: 10.1194/jlr.M700071-JLR200

- Konigame VC, Siu ER, Royer C, Lucas TF, Porto CS, Abdalla FM. Estrogen receptors mediate rapid activation of phospholipase C pathway in the rat endometrium. *Steroids*. (2011) 76:1582–9. doi: 10.1016/j.steroids.2011.09.013
- Delos Santos RC, Bautista S, Lucarelli S, Bone LN, Dayam RM, Abousawan J, et al. Selective regulation of clathrin mediated epidermal growth factor receptor signaling and endocytosis by phospholipase C and calcium. *Mol Biol Cell*. (2017) 28:2802–18. doi: 10.1091/mbc.e16-12-0871
- Alvarez-Arce A, Lee-Rivera I, López E, Hernández-Cruz A, López-Colomé AM. Thrombin-induced calpain activation promotes proteaseactivated receptor 1 internalization. *Int J Cell Biol.* (2017) 2017:1908310. doi: 10.1155/2017/1908310
- Mayer G, Hamelin J, Asselin MC, Pasquato A, Marcinkiewicz E, Tang M, et al. The regulated cell surface zymogen activation of the proprotein convertase PC5A directs the processing of its secretory substrates. *J Biol Chem.* (2008) 283:2373–84. doi: 10.1074/jbc.M708763200
- Filardo E, Quinn J, Pang Y, Graeber C, Shaw S, Dong J, et al. Activation of the novel estrogen receptor G protein-coupled receptor 30 (GPR30) at the plasma membrane. *Endocrinology*. (2007) 148:3236–45. doi: 10.1210/en. 2006-1605

Conflict of Interest: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

Copyright © 2020 Fu, Gao, Zhang, Dai, Zou and Yue. This is an open-access article distributed under the terms of the Creative Commons Attribution License (CC BY). The use, distribution or reproduction in other forums is permitted, provided the original author(s) and the copyright owner(s) are credited and that the original publication in this journal is cited, in accordance with accepted academic practice. No use, distribution or reproduction is permitted which does not comply with these terms.