



Review Cinnamic Acid Derivatives and Their Biological Efficacy

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Received: 25 March 2020; Accepted: 6 May 2020; Published: 9 August 2020



Abstract: The role played by cinnamic acid derivatives in treating cancer, bacterial infections, diabetes and neurological disorders, among many, has been reported. Cinnamic acid is obtained from cinnamon bark. Its structure is composed of a benzene ring, an alkene double bond and an acrylic acid functional group making it possible to modify the aforementioned functionalities with a variety of compounds resulting in bioactive agents with enhanced efficacy. The nature of the substituents incorporated into cinnamic acid has been found to play a huge role in either enhancing or decreasing the biological efficacy of the synthesized cinnamic acid derivatives. Some of the derivatives have been reported to be more effective when compared to the standard drugs used to treat chronic or infectious diseases in vitro, thus making them very promising therapeutic agents. Compound **20** displayed potent anti-TB activity, compound **27** exhibited significant antibacterial activity on *S. aureus* strain of bacteria and compounds with potent antimalarial activity are **35a**, **35g**, **35i**, **36i**, and **36b**. Furthermore, compounds **43d**, **44o**, **55g**–**55p**, **59e**, **59g** displayed potent anticancer activity and compounds **86f**–h were active against both hAChE and hBuChE. This review will expound on the recent advances on cinnamic acid derivatives and their biological efficacy.

Keywords: cinnamic acid; antimicrobial; anticancer; antimalarial; Alzheimer's disease

1. Introduction

Cinnamic acid, a natural aromatic carboxylic acid [1] (Figure 1), is a key chemical found in plants such as *Cinnamomum cassia* (Chinese cinnamon) and *Panax ginseng*, fruits, whole grains, vegetables and honey [1]. The presence of an acrylic acid group substituted on the phenyl ring gives cinnamic either a cis or a trans configuration with the latter being the most common of the two [2,3]. Studies have reported that cinnamic acid exhibit antioxidant, antimicrobial [4], anticancer [5], neuroprotective, anti-inflammatory and antidiabetic properties. [6]. Cinnamic acid terminates radical chain reactions by donating electrons that react with radicals forming stable products [7]. It is also used as a fragrant ingredient in toiletries, flavorings cosmetics and detergents [2]. Cinnamic acid can be prepared by enzymatic deamination of phenylalanine [8].



Figure 1. Chemical structure of cinnamic acid (1).

Besides the cinnamic acid derivatives that occur naturally in plants [2], the presence of a benzene ring and the acrylic acid group makes it possible to modify it resulting in synthetic cinnamic acid

derivatives [9]. Apart from them being intermediates in producing other compounds like stilbenes and styrenes, cinnamic acid derivatives exhibit antibacterial, antifungal, anti-inflammatory [10], neuroprotective [11], anticancer [12] and antidiabetic activities [13]. Cinnamic acid derivatives that have been reported by researchers include ferulic acid, curcumin [11], caffeic acid, p-hydroxycinnamic acid [14] coumaric and chlorogenic acids [15], etc. These cinnamic acid analogues are differentiated by the presence of hydroxyl groups on the phenyl ring that are either free or methoxylated [15].

The biological activities of different cinnamic acid derivatives have been attributed to the nature and position of the substituent groups. Drug resistance and the absence of curative therapies with low adverse side effect profiles to control cancer, microbial growth, neurological disorders etc. has led to research on the development of therapeutic compounds based on cinnamic acid [16]. Due to the biological efficacy of derivatives of cinnamic acid, this review will report different recently synthesized derivatives of cinnamic acid and their biological activity in vitro and in vivo.

2. Cinnamic Acid Derivatives with Antimicrobial Activity

The World Health Organization (WHO) recognizes infectious diseases caused by bacteria, viruses and fungi as a global health threat, especially in developing and poor countries. About 3.5 million people die from infectious diseases annually [17]. In 2018, the WHO reported 37.9 million people to be living with Human Immunodeficiency Virus (HIV) worldwide with 770,000 dying from AIDS-related illnesses [18]. The 2019 Global tuberculosis (TB) reported an estimated 10.0 million TB infections and 1.2 million deaths in 2018. Of the TB cases, 8.6% were people living with HIV [19]. The appearance of drug-resistant microbial strains has led to difficulty in treating diseases such as TB and malaria. Cinnamic acid derivatives are known for their antimicrobial activity and researchers are searching for antimicrobial agents which are more effective than the currently used standard drugs [20].

Deng et al. extracted a 4-hydroxycinnamic acid derivative, methyl 2-{(*E*)-2-[4-(formyloxy)phenyl] ethenyl}-4-methyl-3-oxopentanoate (**2**) (Figure 2) from a plant-based endophytic fungus *Pyronema* sp. The biological activity of the compound was evaluated in vitro on a non-tuberculous mycobacterium, Mycobacterium marinum, responsible for skin infections. The compound exhibited a good inhibitory effect with an IC₅₀ of 64 μ M [21].



 $R = OCH_3$

Figure 2. Chemical structure of 4-hydroxycinnamic acid derivative (2) [21].

Korosec et al. tested antifungal activity of cinnamic acid derivatives, most of them were synthesized [22]. The antifungal activity was based on targeting CYP53A15, a unique fungal enzyme known to play a role in demethyling lanosterol, subsequently promoting fungal growth [23]. Derivatives (**3–9**) (Figure 3) inhibited CYP53A15 enzymatic activity against the three fungi (*Cochliobolus lunatus, Aspergillus niger* and *Pleurotus ostreatus*) thereby revealing the potential antifungal activity of cinnamic acid derivatives [22].



Figure 3. Chemical structures of cinnamic acid derivatives with antifungal activity (3-9) [22].

Based on the Table 1, compounds 3 and 4 were the best inhibitors of *C. lunatus* growth. The percentage fungal growth increased from compounds 3 to 9 revealing the weak antifungal activity of some of the compounds. Compound 4 was antifungal activity was potent on *A. niger* inhibitor and compound 6 was not effective in inhibiting *P. ostreatus* growth. Compound 5 exhibited broad antifungal activity in all the three fungal species. The presence of an electron-withdrawing group on the phenyl ring enhanced the antifungal activity of the compound. The type of phenyl ring substituent and its position also played an important role [23]. 2-nitro or 4-cyano substitution inhibited fungal growth to the optimum [20]. Compound 5 also exhibited the best inhibition on CYP53A15 activity making it a good candidate for the further development of antifungal drugs [22].

Compounds	%Fungal Growth in 0.5 mmol/L of Inhibitor						
Compounds -	C. lunatus	A. niger	P. ostreatus				
3	22	85	38				
4	25	66	43				
5	30	28	29				
6	34	109	00				
7	42	84	62				
8	58	60	67				
9	63	50	53				
control	90	109	55				

Table 1. Comparing percentage fungal growth of the three fungi when treated with 0.5 mmol/L of cinnamic acid derivatives (**3–9**) [22].

Atmaram Upare et al. synthesized cinnamic acid derivatives (**10–26**) (Figure 4) in which the carboxyl group was replaced with bioisostere 1,2,4-oxadiazole followed by substituting the phenyl ring of the cinnamic acid resulting in a series of novel styryl oxadiazoles. The compounds were tested in vitro at day 8 for their anti-tubercular activity against H37Ra strain of *Mycobacterium tuberculosis* (Table 2). Compound **10** was 20 times less active when compared to cinnamic acid. Compounds having electron-donating substituents on the para position of the phenyl ring (**11–13**) were inactive with IC₅₀ > 30 µg/mL [24].

For the compounds with halogen substitutes on the phenyl ring, the position, number of substituents and the type of halogen affected the biological activity of the compounds. Para-substituted chloro-compound **14** (IC₅₀ = 4.54 μ g/mL) was more active when compared to ortho-substituted compound **15** (IC₅₀ = 9.91 μ g/mL), suggesting that the presence of chlorine on the para position enhanced the antibacterial activity of the compound [25]. Compound **17** with a 4-fluoro phenyl ring substitution was the most active of all the compounds containing fluorine with IC₅₀ = 0.36 μ g/mL indicating that fluoro substitution favored anti-tuberculosis activity of the synthesized compound.

However, compound **24** displayed high IC₅₀ value greater than 30 μ g/mL suggesting the nature of the fluorine substituent was also important [24].



Figure 4. Chemical structures of the synthesized novel styryl oxadiazoles [24].

Table 2. In vitro anti-tubercular activity of compounds 10–26 against M.tb H37Ra on day 8 [24].

Compound	IC ₅₀ (µg/mL)	Cpd.	IC ₅₀ (μg/mL)
1	0.06	18	>30
10	1.42	19	11.01
11	>30	20	0.045
12	>30	21	0.56
13	>30	22	>30
14	4.53	23	0.56
15	9.91	24	>30
16	2.35	25	>30
17	0.36	26	1.56

The introduction of an electron-withdrawing group improved their antibacterial activity (i.e., compounds **20** and **21**). Outstandingly, compound **20** with a carboxylic acid at the para position exhibited potent anti-TB activity ($IC_{50} = 0.045 \ \mu g/mL$) when compared to cinnamic acid. Thus, generally, the presence of an electron-withdrawing group on the para position of the phenyl ring favored significant anti-TB activity [25]. Compounds with electron-withdrawing groups exhibited improved activity (compound **23** with $IC_{50} = 0.56 \ \mu g/mL$ was more active than compound **16** with $IC_{50} = 2.35 \ \mu g/mL$) while compounds with electron-donating substituents on the phenyl ring did not display a significant anti-TB activity [24].

Malheiro et al. synthesized cinnamic acid derivatives by modifying the carboxyl group, the alkene and the phenyl ring (27–32) (Figure 5) and studied their effects, together with selected phytochemicals, on controlling planktonic *Escherichia coli*, *Staphylococcus aureus* and *Enterococcus hirae*. The phytochemicals and derivatives were also compared with the commonly used biocides such as sodium hypochlorite, triclosan, hydrogen peroxide, etc. Compound 27 appeared to be the most potent on all the three bacteria species, with better efficacy than sodium hypochlorite (Table 3) [16].



Figure 5. Chemical structures of compounds, 27-32 [16].

Generally, compounds **28–30** inhibition of bacterial growth on all the three species was not significant when compared to the control (Table 3). However, the compound **27** antibacterial effect was significant on the *S. aureus* strain of bacteria studied when compared to the control, sodium hypochlorite. The results of the compounds showed that modifications on the alkene group, phenyl ring and carboxylic acid functional groups affect the biological activity of the compounds [16].

Table 3. Minimum inhibitory concentration (MIC) of representative biocides and derivatives against *E. coli, S. aureus* and *E. hirae* [16].

Compounds	E. coli (mM)	S. aureus (mM)	E. hirae (mM)
Sodium hypochlorite	5	8	5
Triclosan	0.003	0.003	0.02
27	3	3–5	5-8
28	20-25	>25	>25
29	15-20	15-20	20-25
30	15-20	15–25	18–25
31	>13	>13	>13
32	>25	>25	>25

Antimicrobial activities of chlorogenic acid (compound **33**) (Figure 6) include antibacterial activity against multi-drug resistant bacteria, antifungal and anti-viral activities against HSV-1 and HSV-2, adenovirus, Ebola and HIV. Antifungal effects of compound **33** are known as it is effective against *Candida albicans* through impacting the cell membrane. It is effective against *Escherichia coli*, *Staphylococcus aureus*, *Staphylococcus epidermidis* and *Klebsiella pneumonia*, among other bacteria. It has broad applications in food due to its insensitivity against probiotic bacteria [26].



Figure 6. Chemical structure of chlorogenic acid (33) [26].

Wang et al. evaluated anti-Tobacco mosaic virus (TMV) activities of synthesized cinnamic acid derivatives containing dithioacetal moieties. Only **34a** and **34b** (Figure 7) displayed curative activities of 82.6% and 83.5%, respectively which were significant when compared to ribavirin (70.3%) and xiangcaoliusuobingmi (71.7%), used as the control [27].



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R = CH_2COOCH_2CH_3
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 $R_1 = 3-OCH_3-4-OCOCH_3$

Figure 7. Cinnamic acid derivatives with dithioacetal moieties (34a and 34b) [27].

Compounds **34a** and **34b** antiviral activities were comparable to the activity of ningnanmycin (85.2%) used as the control. Treatment of TMV particles with **34b** caused serious damage and fracture. Molecular docking results showed that **34b** bonded excellently with amino acid residues GLN34, THR37, ARG90, and ARG46 of TMV coat protein via hydrogen bonds [27].

Despite the several reports on cinnamic acid derivatives, the compounds with potent antimicrobial activities are **3–5** which were effective against fungal strains such as *C. lunatus*, *A. niger* and *P. ostreatus* when compared to cinnamic acid [22]. Furthermore, compounds with high antibacterial activity are **20** which exhibited potent anti-TB activity when compared to cinnamic acid [24] and compound **27** which was effective on *E. coli*, *S. aureus* and *E. hirae* when compared to sodium hypochlorite [16].

3. Cinnamic Acid Derivatives with Anticancer Activity

In 2018, WHO reported 18.1 million new cancer cases and 9.6 million deaths making cancer one of the leading causes of death [28]. The high number of people who die from cancer has led to researchers making unremitted efforts to develop safe and efficient antitumor agents [29]. The effectiveness of most of the currently used chemotherapeutic agents is severely limited by drug resistance [30]. Most drugs fail during invasion and metastasis of cancers making patients succumb to the disease [30]. Cinnamic acid derivatives have anticancer effects and are effective against a wide range of cancers such as breast [5] colon, lung, etc. Antiproliferative activity of cinnamic derivatives against tumors has been reported [31]. Cinnamic acid derivatives, such as cinnamaldehyde, use apoptosis, among other ways, to destroy cancerous cells [32].

Perkoic et al. synthesized harmicine and cinnamic acid hybrids (**35–37**) (Figure 8). In vitro cytotoxicity of the hybrids on a human liver hepatocellular carcinoma cell line (HepG2) depended on the harmicine type and substituent in the cinnamic acid derivative. Compounds **364**, **36e** and **36f** were the most effective compounds against HepG2 cell line with IC₅₀ values of 3.11, 2.19 and 0.74 μ M, respectively, when compared to harmine with IC₅₀ greater than 250 μ M [33]. The increased cytotoxicity of compounds **36d**, **36e** and **36f** is attributed to them being *O*-harmicines while the others are *N*-harmicines and *N*,*O*-bis-harmicines. However, no specific structure–activity relationship was reported [33].



Figure 8. Structures of cinnamic acid-harmine hybrids (35–37) [33].

Pellerito et al. synthesized ferulate derivative, tributyltin(IV) ferulate. In vitro studies on colon cancer cells, HCT116, Caco-2 and HT-29 showed that the ferulic acid did not alter the viability of any of the three cell lines even up to 1 μ M concentration while tributyltin(IV) ferulate showed remarkable cell viability reduction at 400 nM (–78.9% for HCT116, –64.1% for Caco-2 and –57.5% for HT-29). Tributyltin(IV) ferulate induced autophagic cell death and arrested the cell cycle thereby reducing colon cancer cell viability. Thus, apart from it showing remarkable cell viability against the tested cell lines, it also showed a very significant effect at very low doses making the novel ferulic acid derivative a promising colon cancer therapy candidate [34].

Matlou et al. synthesized zinc and indium tetra cinnamic acid phthalocyanine (Pc) complexes (38–40) (Figure 9) which were covalently linked through an amide bond to amino-functionalized magnetic nanoparticles (AMNPs) [35]. Cinnamic acid was connected to the nanoparticles due to its antitumor activity [36]. Compounds 38a–c were compared with compounds 39a–c for photodynamic therapy and in vitro cytotoxicity against human breast adenocarcinoma cell lines. Compounds 38a, 39a, 38b and 39b triplet quantum yield improved after linking to AMNPs but decreased for 39c (0.65) and 38c (0.73) due to photoisomerization on the alkene double bond of cinnamic acid [37]. The triplet lifetimes for complex 40 was shortened from 258 µs to 224 µs due to triplet energy lowering and non-radiative decays increasing after linking AMNPs to the complex. Singlet oxygen quantum yields also increased in the presence of AMNPs for 38a and 39a and decreased for 40.

All the six compounds showed very low in vitro cytocidal effects in the dark with compound **38c** showing the least cell viability at 78% at 80 µg/mL. This indicated that the used drug have low dark cytotoxicity. Photodynamic activity (PDT) of compounds **38a–c** on MCF-7 cells increased as the drug concentration increased from 5–80 µg/mL and the cell death was evaluated based on the cell confluence of viable cells. PDT activity decreased for compounds **39a–c** since phthalocyanine photoactivity decreased upon linking to AMNPs due to phthalocyanine complex aggregation. Compound **38b** outperformed **38a** and **38c** due to spin-orbit coupling and efficient transfer of energy to ground state molecular oxygen, which gives it the significant cytocidal activity against the tumorigenic cells [35].

Lima et al. synthesized cinnamic acid derivatives having 1,2,3-triazolic moiety (**41a–m** and **42a–m**) (Figure 10) and evaluated their antimetastatic activity. At 100 µmol/L, The compounds **41a**, **41b**, **41f**, **41h–j**, **41l**, **41m**, **42a–e**, **42g–I** and **42k–m** significantly suppressed B16-F10 cell migration when compared to the cells treated with 0.4% DMSO. Compound **42a** was the most effective with cell migration suppression of 86% when compared to the control. B16-F10 cell proliferation was also significantly impaired by compound **42a**. There was a decrease in B16-F10 cell invasion and adhesion upon treatment of compound **42a** for 24 h which confirmed the antimetastatic activity of cinnamic acid derivatives against colon carcinoma and human lung adenocarcinoma cells [38].



Figure 9. Chemical structures of zinc and indium tetra cinnamic acid phthalocyanine (Pc) complexes covalently linked to amino-functionalized magnetic nanoparticles (AMNPs) [35].





Figure 10. Chemical structures of compounds 41a-m and 42a-m [38].

B16-F10 cell colonies were reduced when treated with different concentrations of compound **42a** at 12.5 μ mol/L (25.5%), 25 μ mol/L (20.6%) and 50 μ mol/L (93.1%) when compared to the control. Since cell proliferation, migration, invasion, adhesion and colonization are the central steps in the in vivo metastasis process [39], the positive results exhibited by compound **42a** suggest its efficacy in reducing B16-F10 cells metastatic potential. Vero and fibroplast (NIH3T3) cells appeared somewhat sensitive to compound **42a** at 100 μ mol/L and no hemolysis was significant at different concentrations. Molecular binding prediction indicated that the compound **42a** inhibitory ability is due to its interaction with MMP-9 and MMP-2, enzymes involved directly in melanoma progression [40] The heteroatoms in compound **42a** have the capability to form hydrogen bonds with proteins thereby inhibiting the two enzymes [10].

Wang et al. designed and synthesized novel oleanolic acid (OA)-cinnamic acid ester derivatives (**43a–d** and **44a–o**) and glycyrrhetinic acid (GA)-cinnamic acid ester derivatives (**45a–p**) (Figure 11) and assessed their in vitro cytotoxicity against MCF-7 (breast cancer), HeLa (cervical cancer) and L-O2 (a normal hepatic cell) [5].



Figure 11. Chemical structures of the novel novel oleanolic acid (OA)-cinnamic acid ester derivatives (**43a–d** and **44a–o**) and glycyrrhetinic acid (GA)-cinnamic acid ester derivatives (**45a–p**) [5].

Based on the Table 4 below with selected compounds, compound **45c** exhibited the most significant cytotoxicity on L-O2 cells. The strong inhibitory activity (1.79 μ M) against MCF-7 cells shown by compound **44e** suggests that linking 4-methylcinnamic acid to the C-OH position of OA-2-chlorobenzyl ester has the ability to significantly improve the inhibition of MCF-7 cells. Compound **44o** was the most potent compound against HeLa cells with IC₅₀ of 1.35 μ M, close to that of the control, gefitinib (1.28 μ M) [5].

Compounds —		IC ₅₀ (µM)		Compoundo	IC ₅₀ (μM)			
	L-O2	MCF-7	HeLa	- Compounds -	L-O2	MCF-7	HeLa	
OA	32.9	>100	>100	44m	>100	38.89	56.29	
GA	>100	64.16	98.99	44o	>100	>100	1.35	
43d	>100	32.49	1.55	45c	10.19	>100	>100	
43a	>100	>100	>100	45e	>100	36.84	>100	
43e	>100	1.79	>100	45f	>100	>100	>100	
44h	>100	>100	>100	45i	>100	46.53	>100	

Table 4. IC₅₀ values of oleanolic acid (OA), glycyrrhetinic acid (GA) and their derivatives towards L-O2, MCF-7 and HeLa cells [5].

Compounds **44a**, **44h** and **44f** could not inhibit any of the three cell lines. The structure–activity relationships showed no clear trend when the substituent on the benzyl of GA was either electron-donating or electron-withdrawing. However, the electron-donating group (CH₃) on the ortho position of the benzyl group on OA increased the inhibitory effect of the compounds on HeLa cells. Compounds **43d** and **44o** were further evaluated due to their cytotoxic effect against HeLa cells and they were found to induce apoptosis and increased reactive oxygen species levels in a dose-dependent manner. Both compound **43d** and **44o** induced autophagy in HeLa cells [5].

Endo et al. examined autophagy-inducing activity of cinnamic acid derivatives in Brazilian green propolis: p-coumaric acid (46), caffeic acid (47), chlorogenic acid (33), drupanin (48), 3,4-caffeoylquinic acid (3,4-CQA) (49), artepillin C (ArtC) (50), baccharin (51) and caffeic acid phenethyl ester (CAPE) (52) (Figure 12) by subjecting them to castration-resistant prostate cancer (CRPC) CWR22R1 cells. Compounds 33, 46, 47, and 48 were less cytotoxic but compounds 49–52 significantly decreased prostate cancer [41].



Figure 12. Chemical structures of the cinnamic acid derivatives in propolis components [41].

CWR22Rv1 cells viability after 24 h treatment revealed compound **52** to be the most potent, even killing 90% of the cells at 30 μ M dosage. Compounds **50** and **51** significantly increased LC3-II levels, showing high autophagy-inducing activity and compound **50** was more potent than **51**. Further examinations showed that compound **46** induced autophagy through mechanisms different from lysosomal enzymes inhibition [41]. Choudhari et al. also reported the in vitro potency of Indian stingless bee propolis as anticancer agents [42]. Treatment of A549 cells with compound **52** (50 μ M) significantly decreased, in a dose-dependent manner, the expression of claudin-2, a protein highly expressed in most cancer cells [43]. Compound **52** up-regulated lkB levels and inhibited lkB phosphorylation with no effect on Akt, thus decreasing the transcriptional activity of claudin-2 in A549 cells. Compound **52** enhanced the sensitivity of the cells to anticancer agents such as doxorubicin by increasing the paracellular permeability to anticancer agents. Shimizu and Suzuki reported the ability of compound **52** to reduce the inflammation stage in macrophages, supporting the results of Endo and his colleagues [44]. Positive results have been reported for bioavailability and pharmacokinetics of compound **52** in rodents but they still remain unclear in humans [45].

Cotreatment of CWR22Rv1 cells with compound **50** and wortmannin or U0126, which are autophagy inhibitors, greatly decreased the viable cells and significantly increased lactose dehydrogenase release when compared to treating with compound **50** alone indicating the enhancement of the cytotoxic potency of compound **50** by autophagy inhibition. The authors also reported the involvement of necroptosis in the cell death when treated with compound **50** and autophagy inhibitor. Thus based on their findings, compound **50** induces autophagy and apoptosis in CWR22Rv1 cells and most importantly, autophagy inhibition further increases apoptosis and induces necrosis [41].

Ge et al. designed and synthesized novel cinnamic acid-progenone hybrids (**53a–o**) (Figure 13) and evaluated their biological activity as potential antiproliferative agents against A549, H157, HepG2, MCF-7, and HL-60 cell lines (Table 5) [31].



Figure 13. Chemical structures of designed and synthesized novel cinnamic acid-progenone hybrids (53a–o) [31].

Compounds **53f** and **53g** were the most potent compounds against all the five cancer cell lines (Table 5). Based on the IC₅₀ values of compounds **53b–53g**, 3-OH or 4-OH increased the potency of the compounds while methylation of the hydroxyl or changing its position decreased the compound activity especially towards A549 and HL-60 cancer cell lines. Antiproliferative activity also decreased upon introducing another methoxyl group (**53h**) or dialkylation of hydroxyl (**53i–53l**) indicating the role played by 3-OH and 4-OH on the phenyl ring on the compound's activity which was observed in **53m** being more active than **53n** and **53o** [31].

Cpd.	MCF-7	A549	H157	HepG2	HL-60	Cpd.	MCF-7	A549	H157	HepG2	HL-60
53a	>50	>50	>50	>50	>50	53i	>50	>50	>50	>50	>50
53b	>50	>50	3.72	5.46	>50	53j	>50	>50	>50	>50	10.19
53c	4.16	>50	24.50	6.55	>50	53k	>50	>50	>50	>50	>50
53d	8.85	30.98	21.33	22.59	15.68	531	>50	>50	>50	5.5	>50
53e	>50	>50	24.54	3.81	>50	53m	6.55	36.20	30.67	>50	11.26
53f	4.91	3.22	4.28	3.45	6.87	53n	>50	>50	>50	>50	>50
53g	6.46	5.16	3.77	8.86	3.51	530	>50	>50	>50	3.10	>50
53h	6.11	>50	17.98	5.22	25.64	Dox	1.51	0.31	0.48	1.82	0.91

Table 5. In vitro antiproliferative activity of compounds 53a-o as IC₅₀ (µM) [31].

At 50 μ M, all the compounds exhibited inhibition less than 50% on two non-tumor cell lines, BEAS2B and MCF-10A, thus the hybrids were considered to be selectively toxic towards the cancer cell lines compared to the non-tumor cells. Cell cycle results showed **53f** arrested the cell progression in G1 phase and enhanced apoptosis in A549 cells, the regulation of Bax/Bcl-2 expression by **53f** contributing to the latter [31].

After reviewing several cinnamamides and their structure–activity relationships in anticancer activity, Gaikwad et al. deduced that the compounds were more active when the ortho group remained unsubstituted but electron-donating groups were tolerated (Scheme 1). Electron-withdrawing groups such as NO₂, CN and CF₃ at the para position were important for potency and selectivity with *tert*-Bu and OCH₃ being exceptions since they are electron-donating groups such as OCH₃, vinyl and NH-R at the meta position was preferred for anticancer activity. For the R₂ substitution, heterocyclic and aromatic amines significantly elevated anticancer activity while aliphatic amines showed relatively low potency [25].



Scheme 1. General synthetic route for cinnamamide. Reagents and conditions: POCl₃, TEA, DCM, 0 °C [25].

Most anticancer agents used to treat hepatocellular carcinoma suffer from drug resistance [46]. In order to overcome drug resistance, Ling et al. developed β -carboline and *N*-hydroxycinnamamide compounds (55a–p) (Figure 14) [30]. All the compounds, 55a–p, inhibited histone deacetylase 1 (HDAC1), a key HDAC subtype shown in cancer cell differentiation and proliferation [30]. Compound 55p displayed the best potency with IC₅₀ of 1.3 Nm when compared to suberoylanilide hydroxamic acid (SAHA) (IC₅₀ = 142 nM), an approved HDAC inhibitor. The presence of an electron-donating group such as the R group such as methoxyl (55g–j) or more than one methoxyl groups (5m–p) enhanced inhibitory potency compared to compounds with a hydrogen (55a,b) or methyl (55c,d) [30].



Figure 14. Chemical structures of compounds 55a-p [30].

Antiproliferative activities of the compounds against human colon cancer cells (HCT116), human hepatocellular carcinoma (HCC) cells (HepG2 and SMMC-7721), and human lung cancer cells (H1299) showed that **55e**, **55g–I** and **55o,p** (IC₅₀ = 0.41–4.29 μ M) showed better antiproliferative potency when compared to SAHA (IC₅₀ = 4.79–7.02 μ M) (Table 6). Compound **55p** displayed the best antiproliferative effect against drug-sensitive Bel7402 and drug-resistant Bel7402/5-FU with IC₅₀ values of 0.85 and 2.09 μ M, respectively. Compound **55p** induced better Bel7402/5-FU cell apoptosis than SAHA together with autophagic flux activity in Bel7402/5-FU cells by down-regulating p62 and LC3-1 and up-regulating LC3-II proteins, making it a potential candidate in developing anticancer agents to treat multi-drug resistant human cancer [30].

Compounds	IC ₅₀	(μ M)
Compounds —	Bel7402	Bel7402/5-FU
SAHA	4.72	9.83
5-FU	15.6	61.7
55g	1.03	2.17
55h	2.15	2.90
55k	3.24	4.38
551	2.71	3.06
550	1.97	3.66
55p	0.85	2.09

Table 6. IC₅₀ values of compounds **55g**,**h**, **55k**,**l**, and **550**,**p** against drug-sensitive HCC Bel7402 and drug-resistant HCC Bel7402/5-FU cells [30].

Substituted cinnamic acyl sulfonamide derivatives (**56a–58e**) (Scheme 2) were synthesized and screened for their antiproliferative activity on MCF-7 human breast cancer cells. Based on Table 7,

compound **56a** displayed the best activity (IC₅₀ = 0.17 μ g/mL) when compared to the control, colchicine [47].



Scheme 2. General synthesis of cinnamic acid sulfonamide derivatives (**56a–58e**). Reagents and conditions: (i) K₂CO₃, acetone, reflux, 29 h; (ii) piperidine, pyridine, 80–90 °C, 24 h; (iii) substituted benzene-sulfonamides, Dichloromethane (DCM), 1-Ethyl-3-(3-dimethylaminopropyl)carbodiimide (EDCI), 4-Dimethylaminopyridine (DMAP), overnight [47].

Compound **56a** had no substituent on B phenyl ring but had a benzdioxan group on the A ring meaning the presence of a substituent on the B phenyl ring decreased the antiproliferative activity of the compound. Tubulin polymerization assay showed that compound **56a** was the most potent compound at inhibiting tubulin polymerization in vitro. Molecular docking revealed that compound **56a** formed one hydrogen bond and Van der Waals forces with tubulin [47].

Cpd.	n	R	MCF-7 IC ₅₀ (µg/mL)	ITP IC ₅₀ (μM)	Cpd.	n	R	MCF-7 IC ₅₀ (µg/mL)	ITP IC ₅₀ (μM)
56a	1	Н	0.17	0.88	57d	2	Cl	51.31	87.92
56b	1	CH_3	48.95	40.85	57e	2	Br	>100	>100
56c	1	F	74.05	76.90	58a	3	Н	53.87	49.01
56d	1	Cl	47.27	94.72	58b	3	CH_3	>100	>100
56e	1	Br	89.01	51.59	58c	3	F	>100	>100
57a	2	Н	2.16	5.47	58d	3	Cl	>100	>100
57b	2	CH_3	>100	93.33	58e	3	Br	>100	>100
57c	2	F	52.13	27.46	Colchic	ine		0.33	1.36

Table 7. Antiproliferative activities and anti-tubulin activities of 56a-58e against MCF-7 cells [47].

Toolabi et al. synthesized 6-Cinnamoyl-4-arylaminothienopyrimidines and compounds **59e** and **59g** (Figure 15) were very effective against A549 and HeLa cell lines [48]. Compound **59e** exhibited in vitro antiproliferative activity against both A549 and HeLa cell lines with IC₅₀ values of 0.04 and 0.004 μ M, respectively. Compound **59g** had an IC₅₀ of 0.033 μ M against HeLa cells. Both compounds were better than the reference drug, erlotinib with IC₅₀ values of 3.80 and 7.48 μ M against A549 and HeLa cells, respectively. Compound **59e** was further found to inhibit EGFR and ERH1/2 phosphorylation in HeLa cell lines [48].



59e R = 3,5-dichloro 59g R = 2,4-dichloro

Figure 15. Structure of compounds 59e and 59g [48].

Yang et al. synthesized a number of cinnamic acid derivatives and found only compound **60** (Figure 16) which exhibited 25.78% cell viability when tested against leukemia (HL-60) cells at 20 μ M for 48h [49]. The structure–cytotoxic activity relationship revealed that the presence of a trimethoxyl group on the phenyl ring, an ethylenediamine linker, inserting aryl substitutes at the C- α position and the presence of α , β -unsaturated ketone carbonyl substituent are all beneficial for the cytotoxicity of the compound. Compound **60** showed better uptake in HL-60 cells than in normal cells, with the mitochondria being the main site of accumulation. At 10 and 15 μ M, compound **60** mainly induced apoptosis while at 20 μ M it was elicited necrosis of the HL-60 cells [49].



Figure 16. Chemical structure of compound 60 [49].

The potent derivatives with anticancer activities which need further studies are **36d**, **36e**, **36f**, **43e**, **56a**, **43d**, **44o**, **55e** and **55g–p**. Cinnamic acid derivatives with potent anticancer activity against liver cancer are compounds **36d**, **36e** and **36f** [33]. Compound **43e** and **56a** were potent on MCF-7 cell lines in vitro [5,47] and compounds **43d**, **44o**, **55e** and **55g** were active against cervical cancer cell lines when compared to other derivatives which have been reported [5,48]. Compounds **55g–55p** were effective on human hepatocellular carcinoma cell line drug resistant cancer cell lines [30].

4. Cinnamic Acid Derivatives with Antiparasitic Activity

Parasitic diseases such as *Psoroptic* acariasis, malaria and leishmaniasis remain a major threat to public health especially to millions of people living in poor tropical countries [50]. In 2018, an estimated 405,000 people died of malaria, a parasitic infection calling for more measures to reduce the number of fatalities [51]. Resistance to broad spectrum anthelmintics in livestock helminths is a global threat to livestock such as sheep and goats [50]. The effects caused by these parasitic diseases on humans and livestock has led to the development of cinnamic acid derivatives with antiparasitic activity.

Perkovic et al. synthesized hybrids of harmine and cinnamic acid (**35a–37i**) (Figure 8) for antiplasmodial evaluation against the erythrocytic stage of *Plasmodium falciparum* (chloroquine-sensitive Pf3D7 and chloroquine-resistant PfDd2 strains) and hepatic stage of *P. berghei* as well as cytotoxicity against HepG2 cell line. From Table 8, compounds **36c**, **36g**, **36h** and **37b** ($IC_{50} = 0.13-0.16 \mu M$) were the most active against Pf3D7 strain with **37b** exhibiting the most potency against *Pf3D7* and *PfDd2*. Results on harmicines activity against *P. berghei* showed that they were more effective with (IC_{50} 0.4–2.62 μ M) when compared to the reference drug, primaquine ($IC_{50} = 8.4 \mu$ M). Conjugating harmine with cinnamic acid derivatives via triazole linker produced hybrids with excellent antiplasmodial activity when compared to the parent compounds at the erythrocytic and hepatic stages of *Plasmodium* infection [33].

Structure–activity relationship showed that the general activity pattern was 36 > 37 > 35 except for the p-OCH₃ substituted series which had 37b as the most potent compound. For series 35 and 37, the bulkiness of R₂ enhanced their antiplasmodial activity in vitro. Replacing hydrogen with fluorine on the m- and p- positions of the cinnamic acid ring resulted in compounds with enhanced antiplasmodial activity for series 35 and 36 (for example 35e > 35a, 35d > 35a) but not for series 37 [33].

Cpd	Pf3D7	PfDd2	P. berghei	Cpd	Pf3D7	PfDd2	P. berghei
35a	1.26	23.76	2.62	36g	0.15	0.69	-
35b	0.61	16.61	-	36h	0.13	0.46	-
35c	0.50	1.57	-	36i	0.33	3.06	0.66
35d	0.89	2.70	-	37a	0.56	1.59	-
35e	0.87	2.21	-	37b	0.13	0.16	0.4
35f	0.65	2.55	-	37c	0.44	0.65	-
35g	0.44	1.87	1.12	37d	2.50	3.23	-
35h	0.56	2.26	1.10	37e	0.62	8.00	-
35i	0.77	2.82	-	37f	1.07	17.94	-
36a	0.26	1.09	-	37g	0.25	3.28	-
36b	0.43	0.69	-	37i	1.34	4.02	-
36c	0.16	0.47	-	CQ	0.003	0.20	-
36d	0.20	1.19	-	Harmine	8.25	>27.7	-
36e	0.20	0.84	-	Primaquinee	-	-	8.4
36f	0.34	1.01	-				

Table 8. IC₅₀ (μ M) values for compounds **35–37** after in vitro screening against erythrocytic stage of *P. falciparum* (Pf3D7 and PfDd2 strains) and hepatic stages of *P. berghei* [33].

Rodrigues et al. synthesized cinnamic acid derivatives (**61–63**) (Figure 17) and tested their leishmanicidal activity against promastigote and amastigote forms of *Leishmania braziensis*. At 10 μ M, all the derivatives with an isobenzofuranone moiety (compounds **61a–d**) were toxic to promastigotes with survival less than 75%. Compounds **62a–d** were not toxic to promastigotes of *L. braziliensis*. Compounds with a triazolic moiety (**63a–d**) revealed that only compound **63a** and **63c** were toxic with 80% and 75% survival. Compound **63b** was the most active and its activity was similar to the positive control, amphotericin B (3.125 μ g/mL) (Table 9) [3].



Figure 17. Chemical structures of compounds 61–63 (a–d) [3].

When treated against amastigote forms, compounds **61b**, **62b** and **62d** were the most active with 80.47%, 86.32% and 80.12% toxicity, respectively, which was lower than amphotericin B (98.25%). Compounds **61b** and **62b** were further assayed because of their non-toxic nature to macrophages and their IC₅₀ values were 7.58 μ M and 3.05 μ M, respectively, when tested in vitro on the promastigote forms [3].

Table 9. % toxicity of the compounds on *Leishmania* intracellular amastigotes after 48 h. All compounds were 10 μ M [3].

Compounds	% Toxicity	Cpd.	% Toxicity
61a	43.87	62c	59.10
61b	80.47	62d	80.12
61c	59.53	63a	45.10
61d	50.14	63b	67.84
62a	19.91	63c	69.24
62b	86.32	63d	19.67

These findings suggest that the presence of an electron-withdrawing group on the phenyl ring of cinnamic acid enhanced the compound's anti-leishmanicidal activity. Halogenation of the phenyl ring of the triazole moiety plays an important role on the anti-leishmanicidal activity of the compounds. The results showed that the combination of two different bioactive chemical groups can yield effective novel anti-leishmanicidal drugs [3].

Mancilla-Montelongo et al. evaluated the in vitro anthelmintic (AH) activity of cinnamic acid (1) and its six derivatives (p-coumaric acid (46), caffeic acid (47), trans-ferulic acid (64), trans-sinapic acid (65), 3,4-dimethoxycinnamic acid (66) and chlorogenic acid (51) (Figure 18) against the larvae and eggs of a gastrointestinal nematode, *Haemonchus contortus*. Only ferulic acid and chlorogenic acid showed notable AH activity >74% and >39% egg inhibition, respectively, at 300 μ g/mL. Although compounds 1, 46 and 47 showed no egg hatching inhibition even at 400 μ g/mL, they damaged the larvae structurally, leading to their mortality [15].



Figure 18. Chemical structures of cinnamic acid with in vitro anthelmintic (AH) activity [15].

The authors also made mixtures (M) of the analogues. M1 was a combination of all the seven analogues. M2 was a combination of compounds **64** and **33** which blocked larval hatching. M3 was a combination of compounds **1**, **46**, **64**, **65** and **33**. M4 was a combination of compounds **1**, **46** and **65** and the combination resulted in the larval damage. M5, which is a combination of compounds **1** and **46**, exhibited significant ovicidal activity. M1 exhibited an effective concentration 50% (EC₅₀) of 1628.10 µg/mL, M4 (1143.75 µg/mL) and M3 (923.37 µg/mL). M2 and M5 showed no significant EC₅₀ value revealing an antagonistic effect. The presence of two free hydroxyl groups in compound **47** did not produce any significant effect of the compound active against *H. contortus* eggs suggesting that the activity of the compounds is based on their ability to inhibit hatching-related processes and their ability to form a complex film by binding to the proteins [15].

Chen et al. synthesized a series of cinnamic acid derivatives (67–79) and evaluated their efficacy against *Psoroptes cuniculi*, a non-burrowing ear mite causing *Psoroptic* acariasis (Figure 19). The synthesized cinnamic acid derivatives included thiol esters, esters, ketones, amides and analogues with a heteroaromatic ring. The structure–activity relationship of the derivatives was studied.

Compounds exhibiting higher activity were further studied for median lethal concentrations (LC_{50}) and median lethal times (LT_{50}) in comparison with the reference drug, ivermectin [52].



Figure 19. Chemical structures of compounds 67–79 [52].

Based on Table 10, compounds 67–75 and 79 had a mean mortality of 84% and above with only compounds 77 and 78 exhibiting mean mortality below 40% at 0.5 mg/mL. These compounds were potent when compared to ivermectin, an acaricidal agent due to factors such as lower molecular weight and simplified structure, affordability and non-toxicity to mammals and higher activity [52,53]. All the compounds displayed LC₅₀ values higher than ivermectin.

Cpd. —	Mean M	ortality %		IT (1.)	
	0.5 mg/mL	0.25 mg/mL	$- LC_{50} [mN] (24 n)$	LI ₅₀ (n)	
67	100.0	78.3	1.07	13.3	
68	100.0	98.3	0.56	12.0	
69	90.0	76.0	0.87	13.9	
70	84.0	68.0	0.74	15.2	
71	100.0	100.0	0.45	9.8	
72	100.0	80.0	0.82	15.6	
73	100.0	84.0	0.64	6.8	
74	100.0	100.0	0.36	2.6	
75	98.0	66.0			
76	65.0	16.7			
77	38.3	-			
78	26.0	-			
79	94.0	44.0			
Ivermectin	75.0	68.3	0.28	8.9	

Table 10. Mean mortality percentages of *Psoroptes cuniculi* when incubated with 0.5 mg/mL and 0.25 mg/mL of different compounds [52].

The cinnamic acid esters (67–70), the type of alkyl group, the length of the chain and the degree of branching greatly affected their biological activity. The compounds with potent biological activity were compound 68, 71, 73 and 74. Steric hindrance close to the ester group decreased the activity of the compounds. The conversion of a carbonyl on the ester group to a methylene group led to a notable decrease in activity as seen when comparing 68 with 78. Activity decreased when ester (68) was changed to thiol ester (79). Replacing the phenyl group (68) with 2-pyridinyl (71) or 2-furanyl

(74) increased the activity [52]. Based on the different reports on the antiparasitic activity of cinnamic derivatives, the potent cinnamic acid derivatives with antimalarial activity are 36c, 36g, 36h and 37b [33].

5. Cinnamic Acid Derivatives with Neurological Activity

The brain, an organ of soft nervous tissue is contained in the skull of vertebrates. It functions as the coordinating centre of sensation, intellectual and nervous activity [54]. When the brain is damaged, it can affect many different things, including memory, sensation, and even personality. A number of brain diseases and neurological disorders have been found which include brain tumor, traumatic brain injury and Alzheimer's disease, and these need to be treated for the well-functioning of the brain [55]. The treatment of Alzheimer's disease is of prime importance since the disease is characterized by memory loss, cognitive impairment and can be fatal. Treatment methods include restoring acetylcholine levels [56] and clearing the neurotoxic amyloid-beta protein [1]. Research has proven that cinnamic acid derivatives have neuroprotective ability and scientists keep on looking for neuroprotective agents based on cinnamic acid with better biological activity [6].

Lan et al. reacted *N*-benzyl pyridinium with cinnamic acids of different substitutions to obtain cinnamic acid derivatives (**80a–n**) (Scheme 3) that inhibit cholinesterase, suggesting potential efficacy in treating Alzheimer's disease. Compounds **80a–n** were highly selective towards acetylcholinesterace from electric eel (AChE) and butylcholinesterace from equine serum (BuChE). However, they were more selective towards AChE when compared to BuChE. Compound **801** was effective at inhibiting AChE with IC₅₀ of 12.1 nM while compound **80n** had the highest inhibitory activity against BuChE (IC₅₀ = 1.9 nM). The low cinnamic acid inhibitory activity of IC₅₀ > 100 nM revealed the requirement of the N-benzyl pyridium moiety for enhanced activity [11].



Scheme 3. Synthetic route for compounds 80a–n. Reagents and conditions: (i) DMAP/EDCl, DCM, rt, 12 h; (ii) CH₃CN, reflux, 1–3 h [11].

The methoxy groups present at positions 3 and 4 of the N-benzyl pyridium moiety increased the inhibitory activity of the compound which was significant in compounds **80i–n** when compared to **80b–g**. Activity decreased upon the introduction of fluorine, methyl and bromine on the meta, para position (for example, compound **80a** was more potent than **80g** for AChE). Compounds with different substituents (**80i–n**) had better activity against BuChE which was observed in compound **80h** and compounds with a Br substitution showed higher potency (**80f**, **80g**, **80l** and **80m**) (Table 11).

The compounds' ability to inhibit BuChE was affected more by the substituent size when compared to the electronic properties. Compound **801** had a dual inhibitory potency and further studies showed that it exhibited good neuroprotective activity against $A\beta_{1-42}$ toxicity in PC12 cells and it can penetrate into the brain, which was observed in PAMPA-BBB assay in vitro making compound **801** a leading novel compound for the treatment of Alzheimer's disease [11].

Compound	eeAChE	eqBuChE	Cpd.	eeAChE	eqBuChE
80a	54.1	6.3	80i	51.4	2.7
80b	102.6	8.1	80j	90.7	3.8
80c	1263.8	25.0	80k	29.6	3.1
80d	93.5	7.4	801	12.1	2.6
80e	90.8	10.0	80m	92.6	2.5
80f	153.6	2.5	80n	50.3	1.9
80g	1450.5	2.1	Cinnamic acid	>100,000	>100
80h	135.2	4.5	Donepezil	40.2	4.5

Table 11. Inhibition concentration (IC_{50}) of ChEs activity in nM [11].

Ghafary et al. designed cinnamic acid-tryptamide hybrids (**81a–l**) (Scheme 4) and evaluated their inhibitory activity against acetylcholinesterace (AChE) and butylcholinesterace (BChE) (Table 12) [56]. The presence of either an electron-donating or an electron-withdrawing group on position 4 of the unsubstituted tryptamine derivatives (**81a–f**) reduced the AChE inhibitory activity and the same effect was observed in compounds containing any substituent on the 4-position of the pendant benzyl group in the 5-methoxytryptamine series (**81g–l**), except for **81i**. Replacing fluorine with different electron-withdrawing groups greatly improved BChE inhibition meaning inhibition of BChE potentially depended more on hydrophobic or hydrogen interactions between the chloro or nitro groups with the BChE active site than on the electron-withdrawing effect [56].



Scheme 4. Synthetic route for compounds 81a–l. Reagents and conditions: (i) K₂CO₃/DMF/80 °C, (ii) pyrrolidine/pyridine/EtOH/reflux, (iii) EDCl/HOBt/CH₃CN/rt [56].

Table 12. Cholinesterace inhibitor	y activity IC ₅	0 (μM) of com	pounds 81a-l [56	6]
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Cpd	R ₁	R ₂	AChE	BChE	Cpd	R ₁	R ₂	AChE	BChE
81a	Н	Н	14.93	2.12	81h	F	OCH ₃	29.67	5.89
81b	F	Н	32.17	9.36	81i	Cl	OCH ₃	13.42	2.86
81c	Cl	Н	24.7	0.89	81j	NO_2	OCH ₃	31.45	4.28
81d	NO_2	Н	34.49	0.55	81k	CH ₃	OCH ₃	31.85	12.25
81e	CH ₃	Н	39.1	7.73	811	OCH ₃	OCH ₃	25.11	7.69
81f	OCH ₃	Н	34.95	2.51	Donepez	il		0.027	7.79
81g	Н	OCH ₃	14.18	6.63	-				

For compounds **81g–l**, the presence of an electron-withdrawing group (**81i**; **81j** and **81h**) enhanced the anti-BChE activity with **81g–j** and **81l** being more potent than the standard drug, donepezil. Compound **81d** displayed excellent neuroprotective ability on PC12 neuron cells at 10 μM with cell viability of 62.71. Molecular docking studies showed that **81d** inhibited BChE via a mixed-type mode of inhibition [56].

In a recent study, Medvedeva et al. reported the ability of 3-methoxy-4-hydroxycinnamic acid (64), 3,4- dimethoxycinnamic acid (66) and 3-methoxy-4-acetamidoxycinnamic acid (82) (Figure 20) [57] to prevent alpha-synuclein amyloid transformation, thus aiding the treatment of Parkinson's disease [58]. The IC₅₀ values of the compounds were 251 μ M for 64, 50 μ M for 82 and 13 μ M for 2. The compounds were also non-toxic towards human neuroblastoma cell line making them very promising for treating synucleinopathies [57].



Figure 20. Chemical structures of compounds 64, 66 and 82 [57,58].

Chen et al. evaluated the ability of new tacrine-cinnamic acid hybrids in inhibiting cholinesterase as potential therapeutics for the treatment of Alzheimer's disease. Only **83**, **84** and **85** (Figure 21) were chosen to validate their inhibitory activities on human cholinesterases (AChE and BuChE). The IC₅₀ values of the three compounds on human AChE and BuChE, respectively, were 10.2 nM and 6.3 nM for **83**, 16.5 nM and 5.7 nM for **84** and 15.7 nM and 8.0 nM for **85**. Binding patterns of compounds **83** and **84** with cholinesterases showed π - π stacking interactions, hydrogen bonds and van der Waals forces. At 25 μ M, the three compounds inhibited A β_{1-42} aggregation with an inhibitory rate between 31.82% and 34.57% when compared to resveratrol (30.36%), a reference compound [59].



Figure 21. Chemical structures of novel tacrine-cinnamic acid hybrids [59].

Behavioural studies revealed that all the three compounds, **83–85** showed enhanced cognitive function in the Institute of Cancer Research (ICR) mice in vivo. Administration of the three compounds caused no remarkable morphological liver changes making them safe and promising compounds for the treatment of Alzheimer's disease [59].

Lan et al. reported on ferulic acid derivatives (**86a–o**) (Figure 22) as multi-target inhibitors against Alzheimer's disease. All the ferulic acid derivatives inhibited eeAChE and eqBuChE with IC₅₀ ranging from 0.055 μ M to 42.26 μ M (Table 13). When evaluated on human ChE (hChE), compounds **86f–h** were potent against both hAChE and hBuChE with inhibitory activity higher than the reference compound, donepezil (Table 13) [60].



Figure 22. Chemical structures of compounds 86a–o [60].

The presence of the methoxyl and hydroxyl groups favored the inhibition of A β aggregation. Kinetic studies using compound **86g** showed competition for the binding site between the compounds and acetylcholine [60]. The interactions involved π - π stacking, hydrogen bond and cation- π [61]. At concentrations between 6 and 50 μ M, compound **86g** exhibited neuroprotective effects. Compounds **86f** and **86g** crossed the BBB thereby reaching the biological targets in the CNS [60].

Table 13. IC₅₀ values of compounds 86f-h on human AChE (hAChE) and BuChE (hBuChE) [60].

Cpd.	hAChE (nM)	HBuChE (µM)			
86f	16.5	0.76			
86g	19.7	0.59			
86h	13.7	0.66			
Donepezil	30.2	8.7			

Zhang et al. synthesized many compounds and found compound **87** (Figure 23) to be the most potent on both the nerve and endothelium cells. Structure–activity relationship analysis showed that the compounds with three methoxyl groups were the most potent indicating the role played by the methoxyl group in optimizing the compound's activity [9].



Figure 23. Chemical structure of compound 87 [9].

Compound **87** exhibited high neuroprotective ability against H_2O_2 -induced damage with EC_{50} values of 3.26 μ M and 2.41 μ M in HBMEC-2 and SH-SY5Y cells, respectively. Compound **87** showed potential in inhibiting the apoptosis of HBMEC-2 and SH-SY5Y cells induced by H_2O_2 , and also inhibited neuronal apoptosis and promoted angiogenesis [9].

Adisakwattana et al. evaluated the in vitro inhibitory effects of cinnamic acid derivatives (1, 27, 46, 47, 64, 66, 88–95) (Figure 24) against Protein Tyrosine Phosphatase 1B (PTP1B). Results showed that replacing the carboxyl group of cinnamic acid (1) (16.0% inhibition) with alcohol, aldehyde and methyl ester groups (89, 27 and 92) (12.5–18.0% inhibition) did not increase the PTP1B inhibition

percentage. Compounds **46** and **94** exhibited the highest inhibition of 39.4% and 35.9%, respectively, showing the role played by the hydroxyl group on the ortho- or para-positions. Introducing two moieties on cinnamic acid resulted in compounds with better inhibition (21.5–24.4%) when compared to cinnamic acid except for compound **64** [13].



Figure 24. Structures of cinnamic acid derivatives effective against Protein Tyrosine Phosphatase 1B (PTP1B) [13].

The most potent compounds with effective neurological activity are compounds **86f–h**. They were active against both hAChE and hBuChE when compared to donepezil in vitro [60]. There is a pressing need for these compounds to be evaluated in vivo.

6. Cinnamic Derivatives with Antidiabetic Activity

Diabetes mellitus is characterized as a metabolic disorder that results from a defect in insulin action, secretion or both [62]. The International Diabetes Federation estimated the global prevalence of diabetes mellitus to increase to 591 million by 2035 from 382 million reported in 2013. The inability to regulate blood glucose also causes many complications such as angiopathy, retinopathy and neuropathy [63]. The inhibitory effect of cinnamic acid derivatives on Protein Tyrosine Phosphatase 1B (PTP1B) has been one of the several ways to regulate blood glucose [13].

Amalan et al. also reported the ability of compound **46** in lowering blood glucose and improving insulin levels [64]. Compounds **94** and **89** (Figure 24) inhibited p-NPP hydrolysis catalysed by PTP1B with IC₅₀ values of 137.74 and 168.40 nM. Kinetic studies proved compounds **89** and **94** to be non-competitive inhibitors with the ability of being developed into highly selective PTP1B inhibitors [64], thus cinnamic acid derivatives can be further explored as PTP1B inhibitors for the treatment of diabetes [13]. Hypochlorous acid (HOCl) and H₂O₂ scavenging assay results showed compound **95** has the antioxidant capability to capture free radicals and reactive species such as O₂⁻⁻ and HOCl/OCl⁻ [64] which causes damage to the organs in the body [65].

Adisakwattana et al. evaluated compounds **1**, **46–47**, **64**, **66**, **88–91** and **93–95** (Figure 24) for their inhibitory activity against intestinal α -glucosidase (maltase and sucrose). The most effective compounds (**64**, **90** and **47**) exhibited a non-competitive inhibition, better on sucrase when compared to maltase (Table 14), although these compounds were less potent than acarbose with IC₅₀ values of 2.2 and 4.8 μ M for maltase and sucrase, respectively. Combining compounds **64**, **90** and **47** with acarbose

produced additive inhibition resulting in reduced postprandial hyperglycemia and hyperinsulinemia in type 2 diabetes [66].

Fable 14. IC ₅₀ values for maltase and	l sucrase inhibition by com	pounds 47, 64 and 90 [67].
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Compounds	Maltase	Sucrase
47	0.74	0.49
64	0.79	0.45
90	0.76	0.45

Wang et al. isolated a cinnamic acid glycoside derivative, dissectumoside (96), from the roots of *H. dissectum* (Figure 25). When evaluated for its in vitro triglycerides accumulation activity in 3T3-L1 adipocytes, compound 96 increased activity from 7.8% at 1 μ M through 32.1% at 10 μ M to 40.1% at 30 μ M. The authors reported that compound 96 provided antidiabetic effect [67] as previously reported [68] due to its ability to effectively transport glucose from the medium into adipocytes and triglycerides [67].



Figure 25. Chemical structure of dissectumoside, 96 [67].

Xu et al. evaluated the activity of coumarin derivatives (97a–i and 98a–i) (Figure 26) as α -glucosidase inhibitors with both the 97 series and the 98 series derivatives having the same substituents. Compounds 98a–i were less potent with 98b having the highest inhibition of 54.745 at 100 μ M and IC₅₀ of 94.52 μ M, the rest had inhibition less than 50% and IC₅₀ >100 μ M [69].



Figure 26. Chemical structures of coumarin derivatives (97a-i and 98a-i) [69].

Since compounds **97a–i** were better inhibitors (Table 15) than **98a–i**, it showed that conjugating cinnamic acid with 4-hydroxycoumarin was better than with 7-hydroxycoumarin. Compound **97b** exhibited the most effective inhibition activity of 89.92% and IC₅₀ of 12.98 μ M suggesting that the presence of a methyl group, which is an electron-donating group, favored the withdrawing group (**97e–i**). The two most potent compounds, **97a** and **97b**, showed that their α -glucosidase inhibition was reversible. Compound **97b** fitted well into the active site of α -glucosidase forming a hydrogen bond with the LYS293 amino acid sequences [69].

Compounds	97a	97b	97c	97d	97e	97f	97g	97h	97i
R ₁	Н	CH ₃	OCH ₃	F	Cl	Br	CF ₃	OH	OH
R ₂	Н	Н	Н	Н	Н	Н	Н	Н	OCH_3
% inhibition	83.51	89.92	73.15	68.50	33.10	60.99	41.87	33.19	19.51
IC ₅₀ (µM)	19.64	12.98	36.88	41.73	>100	69.30	>100	>100	>100

Table 15. Inhibitory Activity of Compounds **97a–i** on α -glucosidase [69].

7. Cinnamic Acid Derivatives with Antioxidant and Anti-Inflammatory Activity and in Cosmetics

Biomolecular oxidations of reactive oxygen and nitrogen species create oxidative stress. Free radicals produce damaged membranes, produce DNA nicks and inflict other oxidative injuries. Accumulation of free radicals activates proto oncogenes causing carcinogenesis [70]. There is a need to scavenge free radicals in the body to minimize the damage inflicted by free radicals. Cinnamic acid derivatives are known to have antioxidant properties [4]. Three mechanisms are reported in phenolic compounds during free radical scavenging. The first one involves a hydrogen atom being abstracted from the antioxidant by the radical. The second step involves the formation of a radical cation ArOH⁺⁺ through the transfer of an electron to the free radical from the antioxidant and the deprotonation yielding ArO[•] radical and ROH. In the last step, the phenolic compound is deprotonated and there is an electron transfer from the phenoxide anion to RO[•] to yield phenoxyl radicals [71].

Muhammad et al. isolated a new bioactive compound (99) (Figure 27) from the plant, *Viola betonicifolia*. At the concentration range of 2–50 µg/mL, compound 99 inhibited DPPH (diphenyl-2-picryl hydrazyl) free radicals with IC₅₀ of 124 µM which was higher than for common antioxidants α -tocopherol (IC₅₀ of 96 µM) and vitamic C (IC₅₀ of 90 µM). As an anti-glycating agent, compound 99 showed moderate activity with IC₅₀ of 355 µM when compared to the IC₅₀ of rutin, a standard drug which was 294 µM. Thus, due to its free radical scavenging ability, compound 99 has the potential to delay and prevent diabetic complications [72].



Figure 27. Structure of compound 99 [72].

Kortenska et al. reported the antioxidant activity of compounds **46**, **64**, **65**, **100–103** (Figure 28) in pure triacylglycerols of sunflower oil (TGSO) at 80 °C. Compound **101** showed the highest antioxidant activity at 0.1 mM [73]. The reaction of a phenol antioxidant with lipid radicals produces phenoxyl radicals which are stabilized by unpaired electrons delocalized around the aromatic ring [61]. Replacing hydrogen atoms in the o-position with prenyl groups increased the electron density of the OH-moiety through inductive effects thereby enhancing its reactivity towards lipid radicals [74]. This resulted in compounds **101** and **102** being more active than compound **46** [73].

Transformation of the phenol in compounds, **100** and **102** led to the loss of antioxidant activity as there was no hydrogen donating group left. The antioxidant efficiency was found to decrease in the order: $65 > 101 > 103 > 64 > 46 \approx 100 \approx 102$. Inhibition degree (measure of antioxidant strength), that is the number of times the antioxidant shortened the oxidation chain length, followed the sequence α -tocopherol > 101 > 103 > 65 > 64 > 46 \approx 100 \approx 102. The antioxidant activity, calculated as the ability of an inhibitor to terminate the oxidation chain and also the decreased oxidation rate during induction period, followed the sequence: α -tocopherol > 101 > 103 > 65 > 64 > 46 \approx 100 \approx 101 > 103 > 65 > 64 > 46 \approx 100 \approx 102 [73].



Figure 28. Chemical structures of compounds 46, 64, 65, 100-103 [73].

Nazir et al. synthesized cinnamic acid derivatives (**104a–c**) (Scheme 5) with tyrosinase inhibition activity for hyperpigmentation treatment. Compound **104c** ($IC_{50} = 5.7 \mu M$) was the most potent compound (Table 16) and kinetic studies revealed that compound **104c** inhibited tyrosinase [75].



Scheme 5. Synthesis of compounds (104a-c) [75].

Treatment of B16F10 melanoma cells with compound **104c** (30 μ g/mL) showed cell viability of higher than 99%. Compound **104c** proved a better inhibitor than kojic acid since 125 μ g/mL of kojic acid was needed to achieve the same inhibition effected by 30 μ g/mL of compound **104c**. Thus compound **104c** is a promising melanogenic regulator [75].

Table 16. Substituents, mushroom tyrosinase inhibitory activity, IC₅₀ (μM) and kinetics of compounds **104a–c** [75].

Cpd	R	IC ₅₀ (μM)	K _f (μM)
104a	Н	39.4	-
104b	2-OH	172.8	-
104c	4-OH	5.7	11
Kojic acid		16.7	n.d.

n.d., not determined. K_f is the kinetic reaction constant.

Gießel et al. synthesized cinnamic acid derivatives (**105–112**) (Figure 29) for use in flavors and fragrances. When evaluated for their biological activity, the compounds were weak inhibitors of both eeAChE and eqBuAChE with the highest inhibition being 45.5%. Cytotoxic studies against several human tumour cell lines and non-malignant mouse fibroblasts showed the compounds to be non-cytotoxic since they all had EC_{50} values of more than 30 μ M, thus can be safely used as cosmetics and flavoring. The compounds had a typical vanillin smell suggesting their potential use in fragrances and flavor [12].



Figure 29. Chemical structures of compounds 105–112 [12].

Taofiq et al. evaluated the anti-inflammatory and anti-tyrosinase activities of p-coumaric acid (compound **46**). Its anti-inflammatory activity was measured to be EC_{50} of 152 µg/mL and anti-tyrosinase activity of $EC_{50} > 2.0$ mg/mL. [76]. The ability of compound **46** to inhibit tyrosinase was credited to its ability to reduce microphthalmia-associated transcription factor (MITF) [77] and tyrosinase mRNA expression as high as 73% and 82%, respectively. The results showed that compound **46** has the potential to be used together with other bioactive ingredients for protection against hyperpigmentation [76]. Gunia-Krzyzak et al. reported compound **46**-containing cream that decreased erythema and pigmentation when applied daily on the foreskin arm [78].

Lee et al. reported the ability of hydroxycinnamic acids (cinnamic acid (1), p-coumaric acid (46), caffeic acid (47) and chlorogenic acid (33) on reducing furan and trapping α -dicarbonyl compounds, which are possible human carcinogens. [79]. Addition of water-soluble antioxidants such as caffeic acid, chlorogenic acid and ferulic acid has been found to reduce levels of furan derivatives [80]. When compound 47 was added to canned-coffee model systems (CCMS) containing glyoxal (GO), furan was reduced from 59.76 µg/L to 48.31 µg/L while compound 51 reduced it to 41.38 µg/L.

Compound **47** reduced furan in methyglyoxal (MGO) from 45.79 μ g/L to 35.41 μ g/L while compound **33** reduced it to 32.65 μ g/L. The results showed the capability of the compounds to suppress furan formation in CCMS. Compounds **47** and **33** showed better GO and MGO trapping efficiency when compared to compounds **1** and **46**. This was attributed to the presence of two hydroxyl groups on the aromatic ring trapping the dicarbonyls thereby causing the reduction of furan concentration in CCMS [79].

Garcia-Jimenez et al. reported the catalysis and inhibition of tyrosinase when subjected to different cinnamic acid derivatives (1, 46, 47, 88, 91 and 93–95) (Figure 30). Results of the compounds in the presence of 4-tert-butylcatechol (TBC) showed that compounds 1, 91, 93, 94 and 95 are competitive inhibitors whereas compounds 46, 47 and 88 are substrates of tyrosinase. The inhibition constants were affected by the ability of the substituent group to increase the charge on the benzene ring [81].

The methoxy group, OCH₃ is an electron donor and it increased the charge on the benzene ring making the inhibition constant to be in the order 95 > 93 > 91 > 1. Tyrosinase could not hydroxylate compound 94 but was able to hydroxylate compound 88 because compound 94 has a great distance for ligand hydroxylation while compound 88 has a distance feasible for hydroxylation [81].



Figure 30. Chemical structures of compounds 1, 46, 47, 88, 91 and 93-95 [81].

Ribeiro et al. evaluated the inhibition of cyclooxygenase enzymes (COX-1 and COX-2) by synthesized cinnamic acid derivatives (**113a–h**, **114a–h**, **115a–c**, **116a–c** and **117**) (Scheme 6). Table 17 showed the most important structure–activity relationship for COX-1 inhibition with the presence of the di-substituted aromatic rings having one hydroxyl group and one methoxyl group or two hydroxyl groups, an amide group and the absence of an α , β -double bond [82].



Scheme 6. Synthesis of compounds **113a–h**, **114a–h**, **115a–c**, **116a–c** and **117**. Reagents and conditions: (i) Dimethylformamide (DMF), Triethylamine (TEA), Benzotriazol-1-yloxy)tris (dimethylamino) phosphonium hexafluorophosphate(BOP), Dichloromethane (DCM), room temperature (rt) [82].

These aforementioned features gave compounds **114e** (IC₅₀ = 24 μ M and 65% inhibition), **114g** (IC₅₀ = 9 μ M and 85% inhibition) and **116c** (IC₅₀ = 15 μ M and 84% inhibition). Compounds **116a** and **117** were also good COX-1 inhibitors meaning a tri-substituted aromatic ring with one hydroxyl group and two methoxyl groups and no α , β -double bond made compound **116a** effective. The best COX-1 inhibitor was compound **117** (IC₅₀ = 4.3 μ M) meaning the 3,5-di-*tert*-butyl-4-hydroxyl aromatic substitution, the presence of tertiary diethylamide group and an α , β -double bond contributed to its biological activity [82].

Cpd.	COX-1		COX-2		Cpd.	COX-1		COX-2	
	IC ₅₀ (μM)	Inhibition (%)	IC ₅₀ (μM)	Inhibition (%)		IC ₅₀ (μM)	Inhibition (%)	IC ₅₀ (μM)	Inhibition (%)
113a	N.A.	N.A.	N.A.	N.A.	114g	9	85	21	79
113b	N.A.	N.A.	N.A.	N.A.	114h	N.A.	N.A.	N.A.	N.A.
113c	>100	41	N.A.	N.A.	115b	97	57	N.A.	N.A.
113e	>100	39	3.0	93	116a	11	82	62	90
114a	24	82	12.7	99.0	116b	>100	24	76	57
114b	14	81	20	98.3	116c	15	84	13.4	98.0
114c	87	60	30	74	117	4.3	79	1.09	85
114d	45	82	19	91	Ind.	-	91	-	-
114e	24	65	2.4	99.4	Cel.	-	-	-	71
114f	N.A.	N.A.	N.A.	N.A.					

Table 17. IC₅₀ and inhibition % of PGE₂ production via COX-1 and COX-2, in human whole blood [82].

N.A.—Non active up to highest tested concentration of 100 μ M. All the compounds were tested at 100 μ M except for compound **117** tested at 12.5 μ M for COX-1 and 3.1 μ M for COX-2. The two reference drugs were tested at 1 μ M. Where Ind. and Cel. represent Indomethacin and Celecoxib, respectively.

Compounds **113e**, **114a**, **114e**, **116c**, and **117** appeared to be the best COX-2 inhibitors with IC₅₀ values of 3.0, 12.7, 2.4, 13.4, and 1.09 μ M, respectively. The structure–activity relationship of the compounds revealed the presence 3,5-di-*tert*-butyl-4-hydroxyl aromatic substitution, tertiary diethylamide group and an α , β -double bond (compound **132**) and a disubstituted aromatic ring with two hydroxyl groups, an amide group and an α , β -double bond influenced the biological activity of these compounds. Since compounds **113e**, **114e**, **116d** and **117** were the most potent compounds against COX-2, they are suggested as potential non-steroidal anti-inflammatory drugs [82].

Ruan et al. reported the potency of a resveratrol-based cinnamic acid derivative, **118** (Figure 31). Compound **118** inhibited LPS-mediated expression of inducible nitric oxide synthase (iNOS) and COX-2 in RAW264.7 cells when analysed by Western blot [83].



Figure 31. Chemical structure of compound 118 [83].

Inflammation-related diseases are characterized by the expressions of iNOS and COX-2. Compound **188** suppressed the production of NO in LPS-induced RAW264.7 cells in vitro. Furthermore, it inhibited LPS-induced protein expression and immunofluorescence study showed that the compound slightly lowered the activation p65 in the nuclei. The anti-inflammatory role of the compound is partially attributed to its inhibitory effect on the NF- κ B signaling pathway LPS-induced RAW 264.7 cells. [83].

8. Conclusions

Research reports have shown that derivatives of cinnamic acid are active in vitro when compared to some of the currently used drugs such as the anticancer, antimicrobial drugs etc. which were used as control. The antimicrobial, anticancer and anti-oxidant activity of the derivatives was influenced by the nature and position of the substituent groups on the phenyl ring. The length of the linker also influenced the biological activity of the derivatives.

Furthermore, the toxicological studies performed on some of the derivatives revealed the non-toxic effects of the compounds suggesting their suitability for applications in vivo. However, the major draw-back pertaining to the synthesized derivatives is that most of them lack in vivo data. Thus, adding to the in vitro analyses that have been carried on most of the potent derivatives, there is a need to proceed to in vivo studies. More research on the development of cinnamic derivatives has the potential to result in potent compounds that will successfully reach clinical trials.

Funding: This research received no external funding.

Acknowledgments: The financial assistance of the Medical Research Council and National Research Foundation, South Africa towards this research are hereby acknowledged. The views and opinions expressed in this manuscript are those of the authors and not of MRC or NRF.

Conflicts of Interest: The authors declare no conflicts of interest.

Abbreviations

C 1	
Cpd.	Compound
IC ₅₀ Half	maximal inhibitory concentration
EC ₅₀	Half maximal effective concentration
HSV	Herpes simplex virus
HIV	Human immunodeficiency virus
DMSO	Dimethyl sulfoxide
TEA	Triethylamine
DCM	Dichloromethane
EDCl	1-Ethyl-3-(3-dimethylaminopropyl)carbodiimide
DMAP	4-Dimethylaminopyridine
DMF	D imethylformamide
HOBt	Hydroxybenzotriazole
CNS	Central Nervous System
BBB	Blood-Brain Barrier
AKT	Protein kinase B
ERK	extracellular signal-regulated kinase

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