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Effect of curing and silanizing on composite repair bond strength using an improved micro-tensile test method

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ABSTRACT

Objectives: To evaluate the micro-tensile repair bond strength between aged and new composite, using silane and adhesives that were cured or left uncured when new composite was placed.

Methods: Eighty Filtek Supreme XLT composite blocks and four control blocks were stored in water for two weeks and thermo-cycled. Sandpaper ground, etched and rinsed specimens were divided into two experimental groups: A, no further treatment and B, the surface was coated with bis-silane. Each group was divided into subgroups: (1) Adper Scotchbond Multi-Purpose, (2) Adper Scotchbond Multi-Purpose adhesive, (3) Adper Scotchbond Universal, (4) Clearfil SE Bond and (5) One Step Plus. For each adhesive group, the adhesive was (a) cured according to manufacturer's instructions or (b) not cured before repair. The substrate blocks were repaired with Filtek Supreme XLT. After aging, they were serially sectioned, producing 1.1×1.1 mm square test rods. The rods were prepared for tensile testing and tensile strength calculated at fracture. Type of fracture was examined under microscope.

Results: Leaving the adhesive uncured prior to composite repair placement increased the mean tensile values statistically significant for all adhesives tested, with or without silane pretreatment. Silane surface treatment improved significantly (p < 0.001) tensile strength values for all adhesives, both for the cured and uncured groups. The mean strength of the control composite was higher than the strongest repair strength (p < 0.001).

Conclusions: Application of freshly made silane and a thin bonding layer, rendered higher tensile bond strength. Not curing the adhesive before composite placement increased the tensile bond strength.

Introduction

The philosophy and restorative approach to refurbish or repair defective restorations has gradually been adopted by most western dental schools and dental practitioners [1-4]. In a recent survey among Norwegian dentists, it was found that almost eight out of nine dentists preferred repair of failed restorations when damage was small [5].

New composite can be retained to old composite through macro-mechanical undercuts and micromechanical interlocking to irregularities in the prepared composite surface and through chemical bonding to filler particles and organic matrix, even though the latter bonding option is reduced by time [6-9]. There is growing evidence that repairing composites increases the longevity of the restorations and methods to achieve the best repair have been explored in a

number of investigations [10-12]. The majority of these investigations deal with different types of adhesives and surface treatments of the composite to be repaired. In addition to roughening with diamond burs, sandblasting, etching with hydrofluoric acid, lasers and silane application have been suggested. To date, there appears to be no consensus for the most appropriate way to prepare the substrate [12].

In an earlier report by us, silane surface treatment was found significantly to improve repair strength [13]. This finding is supported by others while some recent papers report no benefit of silane [14–21].

Because of the high viscosity and low wetting potential of composite materials, adhesive agents have been used to optimize the composite to composite bonding [22,23]. Lower micro-tensile bond strength was observed for Single Bond (3M ESPE) as the

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adhesive layer between dentin and composite was increased from one layer to three layers, whereas no correlation could be found for the more fluid Clearfil SE (Kuraray) [24]. Dall'Oca et al. stated that the interface between the aged composite and fresh composite remains the weakest zone of the restoration [25]. It must, therefore, be desirable to decrease the thickness of the adhesive layer as much as possible. We found that in general a thinner bonding layer rendered a stronger repair bond [13]. It is therefore, postulated that further limiting the adhesive layer thickness could create more hermetic bond between new and old composite.

The main objective was to evaluate the repair bond strength, using micro-tensile testing and different adhesives that were either cured before repair, as recommended by manufacturers, or left uncured when repair composite was placed. Furthermore, the effect of silane surface treatment on micro-tensile bond strength was evaluated. The tested null hypotheses were (1) The repair bond strength is independent of whether the adhesive is cured or not before placement of repair composite. (2) The repair bond strength is independent of silane pretreatment of the substrate and (3) The repair bond strength is independent of the type of adhesive used.

Materials and methods

All the restorative materials used in this study are listed in Table 1. The procedure and preparation of the composite blocks are summarized in Figure 1. Eighty, shade A1B Filtek Supreme XLT composite blocks, $10 \text{ mm} \times 6.2 \text{ mm}$ wide and 8 mm high, were fabricated in Teflon molds in accordance with the manufacturer's instructions. The composite blocks were incrementally built in four layers and each layer cured for 40 s with a Demetron A2 corded LED curing light (Kerr Corp., Orange, CA). Upon removal from the mold, the specimens were further cured for 20 s on the surfaces covered by the mold. The light output was measured at 1100 mW/cm² (Norwegian Radiation Protection Authorities, Österaas, Norway). As a control group, four composite blocks of the

same diameter and 12 mm in height were also incrementally fabricated.

After polymerization, the composite blocks were immediately stored in distilled water for a total of two weeks [26,27]. The blocks were further aged by thermal cycling 5000 times between 5 and 55 °C, with a dwell time of 20 s and transfer time of 3 s. The eighty specimens were all surfaced on a 320 grit silicon carbide sandpaper disc (Struers, Copenhagen, Denmark) under running water for 5 s to obtain a flat surface with standardized roughness. For cleaning purposes, the test surfaces were acid etched with 37% phosphoric gel for 15 s and rinsed with water for another 15 s, also in the groups that received self-etching adhesives.

The 80 aged blocks were randomly divided into two experimental groups: Group A, no further surface treatment and Group B, the surface was coated with bis-silane, a two-part silane porcelain primer (BISCO Inc, Schaumburg, IL). The two parts were mixed and applied to the test surfaces with a small brush for 30 s and gently dried with air for 5-10s to evaporate the solvent. Each experimental group (A and B) was further divided into subgroups, that each received different bonding systems for repair: (1) Adper Scotchbond Multi-Purpose (3M-ESPE), a three step etch and rinse adhesive. (2) Adper Scotchbond Multi-Purpose (3M-ESPE) Adhesive, where the primer was omitted and only the adhesive was used. (3) Adper Scotchbond Universal (3M-ESPE), a one-step self-etching adhesive. (4) Clearfil SE Bond (Kuraray America Inc, New York, NY), a two-step self-etching adhesive and (5) One Step Plus (BISCO Inc, Schaumburg, IL), a one-step selfetching adhesive. The adhesives were applied according to the manufacturer's recommendations for placement of composite restorations except groups A2 and B2.

Each adhesive group was further divided into two subgroups; a and b. In groups a, the adhesive was cured according to the manufacturer's suggestions, and in groups b, the adhesive was not cured before repair composite placement.

After surface treatment and adhesive application, the original mold was placed over the aged composite blocks and the first repair composite layer placed,

Table 1. Materials used in the investigation.

| Product | Manufacturer | Lot no | Expiry date |
|-------------------------------------|--------------------------------------------------|------------|-------------|
| Filtek Supreme XTE shade A1B | 3 M ESPE Dental Products St. Paul, MN 55144-1000 | N513137 | 2016-04 |
| | | N535292 | 2016-10 |
| Filtek Supreme XTE shade A3,5B | 3 M ESPE Dental Products St. Paul, MN 55144-1000 | N499574 | 2016-06 |
| Adper Scotchbond Multy-Purpose | 3 M ESPE Dental Products St. Paul, MN 55144-1000 | N520758 | 2015-05 |
| Adper Scotchbond Universal Adhesive | M ESPE Dental Products St. Paul, MN 55144-1000 | 532089 | 2015-09 |
| Clearfil SE Bond | Kuraray America, Inc., New York, NY 10038 | 000039 | 2015-09 |
| One Step | BISCO, Inc., Schaumburg, IL 60193 | 1400001552 | 2016-02 |
| Bis-silane | BISCO, Inc., Schaumburg, IL 60193 | 1300001356 | 2015-01 |



Figure 1. Schematic procedure of the specimen preparation and the improved micro-tensile bond strength test procedure.

using shade A3.5B to delineate the repair joint from the A1B substrate shade. To secure optimal adaptation of the repair material, the composite was placed to the middle of the specimen block to be repaired and adapted out to the margins with a small spatula. The second mold was then carefully fitted on the top and the composite further adapted and cured. The aged composite blocks were repaired in three approximately 2 mm incremental layers, the same way as the original aged specimen blocks, resulting in 14 mm high specimens. When the first composite repair layer was placed for the uncured group, the composite was also placed in the middle of the specimen and squeezed into the uncured adhesive and adapted to the sides. The uncured adhesive tended to be pushed to the side and was removed before placement of the second mold to avoid pooling or being mixed into the composite. After this, the cylinders were placed in distilled water for six months and thermo-cycled 5000 times. Control blocks (group C) were also thermocycled and stored for the same period of time.

The composite blocks were mounted on an automatic cutting machine (Metcon[®], Miracut 201

Automatic Precision Cutter, Bursa, Turkey) equipped with a water cooled thin diamond blade. The specimens were serially sectioned perpendicular to the bonding surface both in the x and the y axis producing a number of square test specimen rods approximately 1.1×1.1 mm. Approximately 15 ± 3 test specimens were obtained from each composite block. The test specimens were cleaned ultrasonically in distilled water for 3 min. After the cleaning procedure, the test specimen rods were examined light microscopically at a magnification of $40 \times$ for voids and imperfections in the composite and the adhesive interphase and for evaluation of interphase thickness. Only flawless specimen rods were tested. The width and thickness of each test specimen was measured to the nearest 0.01 mm. using a calibrated digital caliber (Mitutoyo Co, Kawasaki, Japan).

Our recently published and much less time consuming method was used to attach the specimen rods to the bond testing machine [13]. This attachment method was developed to secure more straight alignment of the specimen rods and, therefore, more uniform distribution of the tensile forces throughout the specimen. The 1.1 mm size of the test specimen rods was selected to fit into the female (hollow) end of 2 mm commercially available male/female extension screws (ELRA AS, Oslo, Norway) (Figure 1). An extension screw was fitted to each end of the test specimen rods and secured with cyanoacrylate glue (Locktide 435, Hankel Norden, Gothenburg, Sweden). A special fitting mold was made to insure alignment of the screws to the long axis of the specimen.

Each test specimen was mounted in a calibrated Universal testing machine (Lloyd Instruments LTD, Model LRX, Fareham, England) using specially attached steel wires designed to transmit pure tensile forces to the specimen. The testing was conducted at a crosshead speed of 1 mm/min until fracture. The tensile bond strength of each test specimen was calculated in MPa, by dividing the imposed force (in Newtons) at fracture by the cross-sectional bond area (in mm²). The test specimens were maintained moist throughout the preparation and the test procedure.

The fracture surfaces were examined under a stereo microscope (American Optical, Buffalo, NY) at 40× magnification to determine if the failure region was within the adhesive zone or out of it. The adhesive zone was defined as the interphase between the old and the new composite. The failures were reported as cohesive or adhesive. Fracture in the adhesive zone was classified as adhesive failure.

Statistical calculations done were according to suggestions from ISO/TS 11405:2015 on treatment of results for testing of adhesion using Microsoft Excel 2010 [27]. p values less than .05% were regarded as statistically significant.

Results

The results are presented in Tables 2-5. All the repaired specimens in groups A1b and B1b, Scotchbond Multi-Purpose, uncured, failed in the adhesive layer when removed from the mold. A total of 51-66 usable specimen rods were obtained for each subgroup, a total of 1179 specimen rods for the whole study. The mean tensile strength of the control composite was 62.2 ± 5.29 MPa. The highest mean tensile strength in the repaired groups was for group B5b, One Step Plus, adhesive uncured $(55.1 \pm 10.12 \text{ MPa})$, and B3b, Scotchbond Universal, adhesive uncured $(55.0 \pm 8.71 \text{ MPa})$ closely followed by B4b, Clearfil SE, adhesive uncured $(53.7 \pm 9.10 \text{ MPa})$, all with mechanical roughening with sandpaper and silane surface treatments. This amounts to 88.6%, 88.4% and 86.3% of the strength of the control composite respectively. There was not statistically significant difference

| | | | A. N | ecnanica | al roughe | ning wit | n sandpā | per | | | | | b. Mecha | nicai rou | gnening | WILD SAIN | apaper + | bis-silan | υ | | |
|------------------------------------------------------------|-----------------------|-----------|-----------------------|----------------|------------------|----------------|----------|-----------|-------------|-----------------------|----------------|-----------|-----------------------|--------------|------------------|--------------|-------------|----------------|-------------|-----------|----------------|
| onding agent | Scotchb MP | ond | Scotchb MP Bond | ond only | Scotchi Unive | bond rsal | Clearf | I SE | One Ste | sul da | Scotch | pood | Scotchl MF Bond | bood Vlnc | Scotchl Unive | oond rsal | Clearfi | II SE | One Sto | ep Plus | |
| uring of bonding agent ^a pecimen designation | c A1a | uc A1b | c A2a | uc A2b | c A3a | uc A3b | c A4a | uc A4b | c A5a | uc A5b | c B1a | uc B1b | c B2a | uc B2b | c B3a | uc B3b | c B4a | uc B4b | c B5a | uc B5b | U |
| lumber of specimen rods | 51 | Ð | 57 | 56 | 65 | 61 | 60 | 61 | 99 | 60 | 63 | e | 65 | 62 | 65 | 61 | 61 | 67 | 62 | 66 | 99 |
| 4ean µTF (SD) ^b | 27.8 | | 29.9 | 33.1 | 33.1 /0 FF) | 38.4 /5 56) | 33.4 | 38.5 | 33.9 | 36.8 | 33.0 /5 65/ | | 42.8 | 45.0 | 51.3 | 55.0 | 49.4 | 53.7 | 49.5 | 55.1 | 62.2 (5 20) |
| ό μTF of control ^c | (4.04) 44.7 | | (4.47) 48.0 | (4.20) 53.2 | (cc.o) 53.2 | (0C.C) | 53.6 | 61.9 | 54.5 | (0.04) 59.2 | (co.c) | | (co.c) | 72.3 | (10.6) 82.5 | 88.4 | (00.0) | (9.10) 86.3 | 79.6 | 88.6 | 100 |
| ó cohesive fracture ^d | 0 | | 0 | 0 | 4 | 9 | 9 | 7 | ŝ | 7 | 0 | | m | 7 | 11 | 13 | 13 | 19 | 14 | 19 | |

ċ

c

Percent of micro-tensile force in MPa of control specimens.

specimens that broke cohesive ¹Percent of

groups A1b and B1b, all the composite blocks failed in the adhesive layer when removed from the molds Ē

Table 3. Group A, mechanical roughening with sandpaper. Results of statistical calculations evaluating the difference between sub-groups of adhesives.

| | A5b | A5a | A4b | A4a | A3b | A3a | A2b | A2a |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| A1a | *** | *** | *** | *** | *** | *** | *** | * |
| A2a | *** | *** | *** | *** | *** | ** | *** | |
| A2b | *** | ns | *** | ns | *** | ns | | |
| A3a | ** | ns | *** | ns | *** | | | |
| A3b | ns | *** | ns | *** | | | | |
| A4a | ns | ns | *** | | | | | |
| A4b | ns | *** | | | | | | |
| A5a | * | | | | | | | |
| A5b | | | | | | | | |

Table 4. Group B, mechanical roughening with sandpaper and bis-silane treatment. Results of statistical calculations evaluating the difference between sub-groups of adhesives.

| B2a | B2b | B3a | B3b | B4a | B4b | B5a | B5b | |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|
| *** | *** | *** | *** | *** | *** | *** | *** | B1a |
| | ns | *** | *** | *** | *** | *** | *** | B2a |
| | | *** | *** | ** | *** | ** | *** | B2b |
| | | | * | ns | ns | ns | * | B3a |
| | | | | *** | ns | *** | ns | B3b |
| | | | | | ** | ns | *** | B4a |
| | | | | | | ** | ns | B4b |
| | | | | | | | *** | B5a |
| | | | | | | | | B5b |

p = p < .05, p = p < .01, p = p < .01, ns = p > .05.

 Table 5. The effects of silane treatment.

 Results of statistical calculations evaluating the difference between sub-groups of adhesives.

| uunesives. | |
|------------|-----------------|
| Comparison | p Value |
| A1a/B1a | p < .001 |
| A2a/B2a | p < .001 |
| A2b/B2b | p < .001 |
| A3a/B3a | p < .001 |
| A3b/B3b | p < .001 |
| A4a/B4a | p < .001 |
| A4b/B4b | p < .001 |
| A5a/B5a | <i>p</i> < .001 |
| A5b/B5b | p < .001 |

between these three groups (p > .05). The mean strength of the control composite was, however, significantly higher than the strongest repair strength (p < .001). The repair group that measured with the lowest mean tensile strength was group A1a, Scotchbond Multi-Purpose, mechanical roughening, adhesive cured, (27.8 ± 4.04 MPa). This amounts to 44.7% of the strength of the control composite.

In general, leaving the adhesive uncured prior to composite repair placement increased the mean micro-tensile values statistically significantly for all adhesives, with or without silane pretreatment, except for group B2, Scotchbond Multi-Purpose, adhesive only, where it only showed a trend. For all adhesives in group A, mechanical roughening with sandpaper, the difference was highly significant (p < .001).

In group B, mechanical roughening with sandpaper and bis-silane, the difference was highly significant for One Step Plus (p < .001), while somewhat less for Clearfil SE (p < .01) and Scotchbond Universal (p < .05). Furthermore, bis-silane surface treatment, in addition to mechanical roughening with sandpaper, improved significantly (p < .001)micro-tensile strength values for all adhesives, both for the cured and uncured adhesive groups. An exception is Scotchbond Multi-Purpose uncured both with and without silane application (groups A1b and B1b), where all specimen blocks failed adhesively when removed from the molds.

The thickness of the cured adhesive layer was approximately $5 \,\mu\text{m}$ for Clearfil SE and $20 \,\mu\text{m}$ for Scotchbond Universal and One Step. The thickness of the cured adhesive layer for Scotchbond Multi-Purpose varied more than for other adhesives, but it appeared mostly to be approximately $175 \,\mu\text{m}$. For all the groups where the adhesive was left uncured before repair, the new composite seemed to be closely united with the substrate making the adhesive layer invisible to the eye.

The percentage of cohesive fractures is presented in Table 2. All the cohesive fractures occurred in the old composite. More cohesive fractures were found in the stronger repair groups. Most cohesive fractures were in groups B4b and B5b (19%), which also had the highest mean repair strength. In group A, mechanical roughening with sandpaper, all or almost all of the specimens failed adhesively where Scotchbond Multi-Purpose was used.

Discussion

Clinicians prefer the same procedure for both placing and repairing a restoration. The use of burs, followed by acid etching and application of a bonding agent, appeared to be used by over 80% of clinicians as a pretreatment for the old composite for repair [5]. This was also the most commonly taught procedure for dental students in their curriculum [2,3,23,28].

The present study evaluated our assumption that the thinner the bond layers between two composites, the stronger the bond as suggested in an earlier study [13]. The adhesive layer is regarded as the weakest part of the repair composite and by reducing this layer, the new and the old composite approach being one unit, similar to what was suggested for tooth fragment reattachment [29]. By squeezing the repair composite into the uncured adhesive, the adhesive acts like a wetting agent occupying only the irregularities in the surface of the substrate. This study showed significantly increased bond strength for all adhesive groups when the adhesive was not cured before placement of the composite, both with and without bissilane surface treatment, except Scotchbond Multi-Purpose three step (Table 2). The adhesive layer was not visible under light microscope in any group where the adhesive was uncured prior to composite placement, suggesting very intimate contact between old and new composite.

All specimens from groups A1b and B1b, Scotchbond Multi-Purpose uncured failed when being removed from the molds. This adhesive is in a group that has showed a great clinical success in posterior restorations in several studies trough the years [30]. The failure occurred in the adhesive layer, which appeared not to have cured properly. It is believed that the repair composite squeezed the uncured adhesive from the surface of the old composite allowing intimate contact between the primer and the repair composite. The basic tertiary amine of the accelerator (co-initiator) for the photo-initiator in the repair composite is neutralized by ammonium groups formed from the acrylic acid and itaconic acid groups of the copolymer of the primer, and thereby the acceleration of radical formation is hindered for curing initiation [31,32].

Removing the superficial layer from an old composite and roughening with diamond bur are necessary to obtain micromechanical retention. In laboratory studies on composite repair, the standardized surface roughness is obtained by the use of silicon carbide sandpaper, simulating roughness obtained with a medium diamond bur [13]. We observed using profile meter measurements that 320 grit sandpaper and medium diamond bur resulted in similar surface roughness. The adhesives tested were selected to represent the variety of adhesives available today. Scotchbond Multi-Purpose is a three step etch and rinse system and Clearfil SE, a two-step self-etch system, both with a water based primer. Scotchbond Universal is water/ethanol based and One Step Plus water/acetone based; both self-etch one step adhesives. Scotchbond Universal contains also small amounts of silane. The three self-etch adhesives rendered generally higher repair strength than the Scotchbond Multi-Purpose. Despite the difference in composition of monomer and solvents, the three self-etch adhesives all performed similarly. In a recent investigation using shear bond testing, Scotchbond Universal which contains some amount of silane, gave similar repair strength as Clearfil SE with preapplication of bissilane [17]. That finding was not supported by this study, where both adhesives were found to give similar repair bonding strength, with and without bissilane preapplication.

Silane application increased bonding strength when repairing ceramic restorations [33]. The use of silane has been reported to improve, reduce and have no effect on composite repair strength [13,17,20, 21,33–35]. In our earlier study, the highest repair strength was obtained using mechanical roughening, silane and an adhesive that rendered a thin bonding layer [13]. Silane application is simple and safe and requires no extra armamentarium. Silane significantly increased micro-tensile bond strength for all adhesives tested and curing procedures (Table 5). Silane alone cannot replace the functions of an adhesive as a wetting agent that fills up surface irregularities in the substrate [23]. It acts merely as an adhesion promoter or a coupling agent in addition to increase wettability [36].

In most studies evaluating the effect of silane application on bond strength, one bottle prehydrolyzed silane solutions are used [12,20,21,34,35,37]. After opening the bottle, prehydrolyzed silane solutions have short shelf-life and may soon appear cloudy, losing the desired effect [33]. In this study, two-bottle silane system was used which consists of unhydrolyzed silane in ethanol in one bottle and in acetic acid in the second one [33]. Mixing of the two solutions initiates hydrolysis of the silane for use. This extends the life of the material considerably. Lundvall et al. found significantly higher bond strength when repairing porcelain with composite using two-bottle bissilane, whereas one-bottle silane showed similar bond strength as the group without silane [38]. The adhesion between resin based cement and dentin seemed not to be compromised if the dentin was exposed to silane [39].

The possibility of obtaining chemical bond to a composite substrate decreases slowly in time due to post-curing and water uptake, leading to hydrolysis of available double bonds, leaving few carboxyl groups for chemical bonding to new composite [8,9,40]. In laboratory studies on repair bond strength, aging of specimens is crucial for obtaining any meaningful results. A recent review article revealed that many studies used very short time span from fabrication of substrate specimens to repair composite placement and strength measurements [37]. In 82% of studies the substrate specimens were only aged immersed in water, and in 44% of the studies for 48 h or less, without further aging treatment like thermal cycling. This short aging leads to overestimation of bond strength and makes comparison between surface treatments less

meaningful. In specimens of six different composites aged only for few days the quantities of remaining methacrylate groups ranged from 25% to 48% [41]. It has been demonstrated that under dry conditions it takes up to 14 days before the bond strength between the substrate and fresh composite starts to drop [25]. It was, therefore, surprising that in a recent systematic review and meta-analysis, the minimum aging eligibility criteria for the substrate specimens was storage in water for only 24 h [37]. Another peculiar eligibility criterion was the requirement for a control group, which was either untreated surface or ground composite surface with a dental bur or sandpaper without any adhesive layer. Both of these surfaces are never dealt with clinically. In laboratory studies, untreated surface is usually the MylarTM matrix surface, exposing only resin. When a composite restoration is repaired, it is almost always resurfaced with a bur, exposing also filler particles. Furthermore, a composite repair most often includes both tooth structure and composite surface, where the use of an adhesive is mandatory. In this investigation, we decided to use the cohesive strength of the aged composite as a control for the desired or optimal repair strength. It is unrealistic to reach the cohesive strength of new material, since composite gradually loses strength as it ages [13]. While there is no consensus on aging of either substrate composite or repaired specimens, it makes comparison between studies more realistic when the tensile strength of the aged specimens is used as control.

Preparation and application of specimens are critical for the results, since fractures within the substrate or the adherent can be technique related [42]. Repair strength is force measured when the specimens fracture. If large portion of test specimens are cohesively fractured, little or no conclusion can be drawn from the results on repair strength. This has been the fact in a number of publications [15,20,21,34,47,48]. For example, in a recent investigation where more than 90% of specimens fractured cohesively the authors concluded that application of silane coupling agent did not improve the repair strength [20]. Such statements are, to say the least, very misleading and based on misinterpretation of the results.

A recent review article reported that of all repair bond studies, 60% used shear testing [37]. Some authors have criticized shear bond tests for producing stress concentrations in the substrate or the repair composite, leading to cohesive failures [26,43]. Heintze recommended shear testing to be abandoned due to critical and inadequate stress distribution and unreliable correlation to clinical outcome [44]. This has led to an increase in the use of the time consuming and laborious micro-tensile testing, where more uniform stress distribution is believed to be obtained and the tensile forces concentrated in the interface to be tested [45,46]. Recently, Eliasson et al. [13] introduced a much less time consuming micro-tensile testing method, where gluing the test rods into extension screws, attached to aligned long steel wires, secured more straight alignment of the test specimen. The tensile forces were also directed longitudinally from the ends of the specimen, distributing the forces more uniformly throughout the specimen. The many adhesive fractures observed in this investigation support this assumption and the results are more likely to represent the true repair strength. Based on the results all three hypotheses were rejected.

Conclusions

This investigation confirmed the results from our former study on composite repair, where application of freshly made silane and the use of a thin bonding layer rendered higher micro-tensile bond strength. The recommended procedure to obtain intimate contact between the two composites was to avoid curing the adhesive before composite placement. The composite repair became simpler and less time consuming by this procedure.

Clinical implication

A feasible clinical procedure for composite repair is after diamond bur roughening, acid etching and bissilane application, to squeeze the repair composite into the uncured adhesive followed by curing.

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Disclosure statement

The authors report no conflicts of interest.

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