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# Matrix vesicles from dental follicle cells improve alveolar bone regeneration via activation of the PLC/PKC/MAPK pathway

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## Abstract

**Background:** The regeneration of bone loss that occurs after periodontal diseases is a significant challenge in clinical dentistry. Extracellular vesicles (EVs)-based cell-free regenerative therapies represent a promising alternative for traditional treatments. Developmental biology suggests matrix vesicles (MVs), a subtype of EVs, contain mineralizing-related biomolecules and play an important role in osteogenesis. Thus, we explore the therapeutic benefits and expect to find an optimized strategy for MV application.

**Methods:** Healthy human dental follicle cells (DFCs) were cultured with the osteogenic medium to generate MVs. Media MVs (MMVs) were isolated from culture supernatant, and collagenase-released MVs (CRMVs) were acquired from collagenase-digested cell suspension. We compared the biological features of the two MVs and investigated their induction of cell proliferation, migration, mineralization, and the modulation of osteogenic genes expression. Furthermore, we investigated the long-term regenerative capacity of MMVs and CRMVs in an alveolar bone defect rat model.

**Results:** We found that both DFC-derived MMVs and CRMVs effectively improved the proliferation, migration, and osteogenic differentiation of DFCs. Notably, CRMVs showed better bone regeneration capabilities. Compared to MMVs, CRMVs-induced DFCs exhibited increased synthesis of osteogenic marker proteins including ALP, OCN, OPN, and MMP-2. In the treatment of murine alveolar bone defects, CRMV-loaded collagen scaffold brought more significant therapeutic outcomes with less unhealing areas and more mature bone tissues in comparison with MMVs and acquired the effects resembling DFCs-based treatment. Furthermore, the western blotting results demonstrated the activation of the PLC/PKC/MAPK pathway in CRMVs-induced DFCs, while this cascade was inhibited by MMVs.

**Conclusions:** In summary, our findings revealed a novel cell-free regenerative therapy for repairing alveolar bone defects by specific MV subtypes and suggest that PLC/PKC/MAPK pathways contribute to MVs-mediated alveolar bone regeneration.

**Keywords:** Extracellular vesicles, Matrix vesicles, Osteogenesis, Dental follicle cells, Bone regeneration

## Background

Tooth-supporting alveolar bone loss is a common consequence of periodontitis, an ongoing inflammatory disease accompanied by progressive destruction of the periodontal connective tissues [1, 2]. Up to 50% of the worldwide adult population suffers from periodontal diseases,

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making it one of the world's most noteworthy diseases [3, 4]. In addition, alveolar bone loss can also be caused by post-extraction atrophy, trauma, tumor resection, and congenital abnormalities such as cleft lip and palate [5, 6]. The conventional therapies, including guided tissue regeneration (GTR), autologous bone grafting and heterogeneous bone filling, have obtained some successful cases, but commonly showed limited efficacy, prolonged therapeutic period and even secondary injuries in some complex conditions [7–9]. Additionally, mesenchymal stem cells (MSCs)-based therapies exhibited curative effects [10], while the associated inflammatory responses and safety issues seem inevitable [11–14].

It is indicated the efficacy of MSCs relies on the paracrine course and the induction of extracellular vesicles (EVs) [15, 16]. Recently, the EVs-based treatment has been proposed as a feasible cell-free therapy to manage these clinical scenarios, with the goal of regenerating lost or damaged tissues to restore normal function and structure [14, 15, 17]. EVs are a group of cell-released particles, which contain plenty of biocompatible cargos including lipids, protein, and nucleic acid, and induce the activities in intracellular communication [17]. Some studies have investigated MSC-derived EVs for alveolar bone repair [18, 19]. However, the originating cell type seems to impact the composition of EVs, and some of the EV capacities appear to vary between cell types [20–22]. Thus, utilizing cell-type-specific or tissue-specific EVs to restore damaged tissue might have intrinsic advantages and bring more therapeutic benefits.

Matrix vesicles (MVs) are a subset of EVs generated by bone-related functional cells during hard tissue development including periodontium [23, 24]. These vesicles can bind to the collagen matrix and are enveloped with mineralization-specific components such as phosphatases, calcium and inorganic phosphate [25]. The calcium (Ca) and phosphate (P) ions can either remain amorphous or can crystallize into hydroxyapatite inside MVs [26–28]. MVs are believed to mediate the accumulation of inorganic electrolytes and have a major role in the mineralization of organic matrix, which is critical for bone formation [27, 28]. In addition, MVs also have shown osteoinductive properties which indicate their therapeutic potential for bone regeneration [29, 30].

The current belief is that MSCs cultivated in media with elevated concentrations of Ca and P turn to be a reliable source of MVs [31]. MVs can be released into the extracellular space to initiate mineralization. Generally, MVs can be classified into two subtypes, media MVs (MMVs) and collagenase-released MVs (CRMVs), depending on two different isolation techniques [29, 32–35]. MMVs denote the part of MVs secreted from the cell membrane into the extracellular space acquired by direct

culture media ultracentrifugation, and CRMVs represent the other part of MVs that adhere to the extracellular matrix (ECM) acquired by collagenase digestion and subsequent ultracentrifugation [32–34]. The proteomic analysis demonstrates that MMVs are enriched with plasma membrane proteins, while CRMVs mainly contain organelle and cytoskeletal proteins, indicating the different origins and vesicular attributes between them [34].

However, the previous studies mostly center on the biological properties, molecular composition and mineralization mechanism of MVs, and there is a lack of persuasive medical research and applications; thus, the therapeutic potential of MVs needs to be explicitly proved [25, 28]. In addition, most previous studies selected vascular smooth muscle cells or osteoblasts as the source for MV production [30, 35, 36], but it is known the acquisition of these cells is usually limited [37], which also impedes the translational practice of MVs. We and others have identified human dental follicle cells (DFCs), the progenitor cells contributing to the formation of the periodontium exhibited robust proliferative capacity, superior pluripotency and strong potential to construct osteogenic environments [10, 38–40]. Furthermore, DFCs are available during impact tooth extraction and without additional ethical concerns [41]. Consequently, in this study, healthy DFCs were obtained from youngsters and then be cultivated in an osteogenic differentiation condition, which may provide specific MVs adaptable to alveolar bone regeneration.

The aim of this study is to investigate the properties of DFC-derived CRMVs and MMVs in alveolar bone regeneration through *in vitro* and *in vivo* evaluations. We evaluated the ability of the different subtypes of MVs to induce cell osteogenic differentiation, modulate the expression of genes involved in bone formation processes *in vitro* and promote bone regeneration *in vivo* in rats subjected to alveolar bone defects. In particular, we assessed and compared the benefits of DFC-derived CRMVs and MMVs for new bone formation. In this study, we propose that CRMVs artificially acquired by ECM collagenase digestion and subsequent ultracentrifugation as an optimal cell-free therapy to promote alveolar bone regeneration. The final purpose of this study is the development of biocompatible and osteoinductive MVs for bone repair, especially of alveolar bone defects.

## Materials and methods

### Isolation, culture and identification of DFCs

DFCs were isolated from third molars of young patients (aging 13–20 years old) as we previously described [41, 42]. Briefly, dental follicle tissues were minced into 2–3 mm pieces and digested in collagenase type I (0.1 U/ml; Sigma-Aldrich, St. Louis, MO, USA) at 37 °C for

30 min. The isolated DFCs were incubated in the alpha-modified Eagle's medium ( $\alpha$ -MEM; Invitrogen, USA) supplemented with 10% fetal bovine serum (FBS; Gibco, USA) and 1% mixed antibiotics (100 U/mL penicillin and 100 mg/mL streptomycin, all from Sigma-Aldrich, USA). The cells were cultivated in a humidified atmosphere at 37 °C with 5% CO<sub>2</sub>, and the medium was changed every 3 days. DFCs at passages 3 to 5 were used for the following experiments.

The cell immunophenotypes were identified by the flow-cytometry assay. DFCs were incubated with antibodies against human CD24, CD29, CD31, CD44, CD90, CD106 and CD117 (all from BD Biosciences, San Jose, CA, USA) for 30 min at 4 °C in the dark and analyzed by using the Beckman Coulter Cytomics FC500 MPL system (Beckman Coulter, CA, USA). The cellular multipotent potentials in differentiation were determined according to the protocols [39]. DFCs were seeded into a 12-well plate ( $1 \times 10^5$  per well) and cultivated to 80% confluence. Then the culture medium was changed into the osteogenic/adipogenic/neuronal induction medium and refreshed every 3 days. After 14 days of osteogenic induction, 24 days of adipogenic induction or 4 h of culture in neuronal induction, the cells were fixed in 4% paraformaldehyde and stained with Alizarin Red S, Oil Red O and nestin antibodies, respectively. Images were acquired by a confocal microscope (Olympus, USA).

#### Isolation and identification of DFC-derived MMVs and CRMVs

To create an adaptable environment for MV production, DFCs were treated with the osteogenic induction medium which contains 100 mM dexamethasone, 50  $\mu\text{g mL}^{-1}$  ascorbic acids (AA, Sigma) and 10 mM  $\beta$ -glycerophosphate ( $\beta$ -GP, Sigma). A moderate duration of induction (7 days) was adopted [30, 33, 36], to avoid the hypermineralization of MVs and the formation of calcified nodules which impede MV application [43, 44].

Isolation of MMVs and CRMVs was performed by two techniques [29, 31–33, 35]. MMVs were isolated from the supernatant of the osteogenic medium [30, 34, 45]. Concisely, the supernatant was spun at 2000 $\times g$  for 30 min and 15,000 $\times g$  for 1 h to remove cell debris and apoptotic bodies, and condensed by 100KD ultrafiltration tubes (Amicon® Ultra-15 Centrifugal Filter Units, Millipore, USA) and centrifuged at 5000 $\times g$  for 30 min (Beckman Coulter, USA), followed by the purification of 0.8- $\mu\text{m}$  filter to clear miscellaneous proteins. MMVs were finally harvested from the pellets obtained by ultracentrifugation at 150,000  $\times g$  for 1 h at 4 °C (Himac P40ST, Japan). CRMVs were acquired by collagenase digestion of DFCs and sequential centrifugation [29, 33, 35, 46]. Briefly, after 7 days of osteoinduction, DFCs were rinsed with

PBS and treated with 300 U/ml collagenases (type IA, Sigma, USA) at 37 °C for 3 h. The digests were then centrifuged at 2000 $\times g$  and 15,000 $\times g$  to remove cell debris and apoptotic bodies. The supernatant was subsequently condensed and purified as the processes described above and eventually centrifuged at 150,000 $\times g$  for 1 h to pellet the CRMVs (Himac P40ST, Japan). Saline was utilized to wash and resuspend the pellets of MMVs and CRMVs.

The morphology of EVs was confirmed by transmission electron microscopy (TEM). MMVs and CRMVs suspensions were applied dropwise onto formvar carbon-coated nickel grids. The grids were air-dried, stained with 2% uranyl acetate and viewed under a Hitachi H7500 TEM equipment (Hitachi H7500, Japan). Energy-dispersive X-ray (EDX) analysis (Tecnai G2 F20 S-Twin TMP, USA) was used to detect the composition and distribution of Ca/P within MVs, and zeta-potential was estimated by Phase Analysis Light Scatter (PALS, Beckman, USA), and saline was set as a blank control. The particle size and concentration of MMVs and CRMVs were determined by NTA using a ZetaView (Particle Metrix, Germany). MV markers were detected by western blotting as described below.

#### Cellular uptake of MVs

According to our previously described protocol [47], green fluorescent dye DiO (Life, USA) was used to label and trace MMVs and CRMVs. Briefly,  $4 \times 10^4$  DFCs were co-cultured with DiO-labeled MMVs and CRMVs, respectively, for 6 h in confocal dishes. Then, DFCs were stained with phalloidin (Life, USA) and DAPI (Life Technologies, USA). Images were captured by confocal microscopy (Olympus FV1000, Japan).

#### Evaluation of cell proliferation and migration

Three different concentrations of MMVs and CRMVs ( $5 \times 10^6$  particles/ml,  $5 \times 10^7$  particles/ml and  $5 \times 10^8$  particles/ml) were used in the following in vitro experiments. The equal volume of saline was used as the control.

Cell proliferation was evaluated by a Cell Counting Kit-8 assay (CCK-8; KeyGEN, China). DFCs were seeded in 96-well plates ( $2 \times 10^3$  cells/well) and treated with MMVs or CRMVs. 10% (v/v) CCK-8 solution was added to each well, and the cells were incubated for another 2 h at 37 °C. The optical density value was measured at 450 nm by a spectrophotometer (Thermo Fisher Scientific, USA).

Cell migration in response to MVs was assessed by the transwell migration assay and the scratch wound assay. For the 8-mm pore transwell system (Corning, USA), the upper chambers were seeded with DFCs ( $1 \times 10^5$  cells per chamber), and the bottom wells were added with different

media. After 12 h, the submembrane surface was fixed with 10% formaldehyde and stained with 1% crystal violet solution (Gene Tech, China). In scratch wound assay, DFCs were seeded in a 12-well plate ( $2.0 \times 10^5$  /well). After confluence, the cells were scratched by a sterile pipette tip (200  $\mu$ l) and then cultured with MVs for 12 h. Images of cell migration were captured using an inverted microscope (Olympus, Japan). Cell numbers or restoring percentages were counted and analyzed using the ImageJ software.

#### Osteogenic induction of DFCs

DFCs were seeded in a 12-well plate ( $2 \times 10^5$  per well) and cultured with the osteogenic medium containing different reagents. The expression of osteogenic proteins (ALP, OCN, OPN, and MMP-2) and mechanism-related proteins (PLC- $\gamma$ 1, PKC, ERK, p-ERK, p38, p-p38, and OCN) on day 4 was detected by western blots. Furthermore, after 14 days of induction, cells were stained with 2% alizarin red solution (Sigma-Aldrich, St Louis, MO, USA). Calcium deposition was photographed and minerals were dissolved in a 10% (w/v) cetylpyridinium chloride solution (Sangon Biotech, China) to acquire the OD value at 562 nm by the spectrophotometer.

#### Analysis of protein expression

Western blot analysis was performed to determine the levels of different proteins as previously described [39]. Proteins were extracted from cell pellets or MVs using the Total Protein Extraction Kit (KeyGEN, China) and quantified using the BCA Protein Assay kits (KeyGEN, China). Aliquots of 20  $\mu$ g of each sample were separated by SDS-polyacrylamide gel electrophoresis (SDS-PAGE) and transferred onto a polyvinylidene fluoride (PVDF) membrane (Millipore, USA), followed by blocking with 5% (w/v) nonfat milk for 1 h.

To identify MV markers, the PVDF membranes were incubated with primary antibodies CD63 (1:1000, Zen Bioscience, China), TSG101 (1:1000, Zen Bioscience, China), HSP70 (1:1000, Zen Bioscience, China), ALP (1:1000, Abcam, UK) and Actin (1:1000, Abcam, UK) overnight at 4 °C. To detect osteogenic markers, we used the following antibodies: ALP (1:1000, Abcam, UK), OCN (1:2000, Zen, China), OPN (1:1000, Abcam, UK), MMP-2 (1:1000, Abcam, UK) and GAPDH (1:5000, Zen Bioscience). For the investigation of signaling proteins, antibodies including PLC- $\gamma$ 1 (1:5000, Abcam, UK), PKC (1:2500, Abcam, UK), ERK (1:1000, CST, USA), p-ERK (1:2000, CST, USA), p38 (1:1000, CST, USA), p-p38 (1:1000, CST, USA), OCN (1:2000, Zen Bioscience, China) and GAPDH (1:5000, Zen Bioscience) were applied. Subsequently, the membranes were incubated with horseradish peroxidase (HRP)-conjugated

secondary antibodies at room temperature for 1 h and chemiluminescent images were captured on an ImageQuant LAS 4000 mini system (GE Healthcare Life Sciences, USA). ImageJ software was used to determine the densitometric of the bands. The relative gray value or phosphorylation level was calculated.

#### Preparation of MV-loaded collagen sponge

The CS was cut into pieces of 3 mm length (L)  $\times$  2 mm width (W)  $\times$  1 mm depth (D) and subsequently placed onto 96-well plates.  $10^9$  particles of MMVs or CRMVs (about 40  $\mu$ g) or  $2 \times 10^5$  DFCs (40  $\mu$ g) suspended in 100  $\mu$ l saline and dripped onto the CS overnight at 4°. The ultrastructure of samples was observed using a scanning electron microscope (SEM; Inspect F, FEI, Netherlands). The loading rate ( $LR_0$ ) was quantified by using the BCA Protein Assay kits (KeyGEN, China). According to  $LR_0$ , the increased administration of MMVs, CRMVs or DFCs was employed to make CS virtually load the predetermined quantity.

#### Preparation of alveolar bone defects and treatment of MVs

A three-dimensional (3D)-printed module was produced by a 3D printer (Zrapid, China) and composite resins to guide the creation of alveolar bone defects in vivo. Within the module, each hole was 3 mm (L)  $\times$  2 mm (W)  $\times$  1 mm (D) in size (Additional file 1: Figure S2A). The holes were separated individually for subsequent usage.

The animal experiments were reviewed and sanctioned by the Ethics Committee of Sichuan University. Eight-week-old male Sprague–Dawley rats (240–280 g) were purchased from Dashuo Experimental Animal Co. Ltd. (Chengdu, China). Referring to the previous studies [48, 49], a standard alveolar bone defect of approximately 3(L)  $\times$  2(W)  $\times$  1(D) mm was created at the right mandibular buccal alveolar bone, centering on the second mandibular molar (M2) (Additional file 1: Figure S2B). The rats were randomly assigned into 6 groups ( $n=4$  for each group). (1) Intact: healthy group without any defects; (2) Blank: control group with alveolar defect but without any treatment; (3) CS: experimental group with alveolar bone defect and treated with saline-infiltrated CS; (4) CS+MMVs: experimental group with alveolar bone defect and treated with  $10^9$  MMV-loaded CS; (5) CS+CRMVs: experimental group with alveolar bone defect and treated with  $10^9$  CRMV-loaded CS; (6) CS+DFCs: experimental group with alveolar bone defect and treated with  $2 \times 10^5$  DFC-loaded CS.

#### Evaluation of the therapeutic effects

After 8 weeks, the rats were killed and the right mandibles were harvested and fixed with 10% formaldehyde. Samples were scanned by using micro-computed tomography

(micro-CT; Skyscan, Bruker, Belgium) as described previously [47]. The 3D pictures were reconstructed by NRecon (Skyscan) software. The region of interest (ROI) was chosen at 3 mm (L) × 2 mm (W) × 1 mm (D) corresponding to the defect. Bone volume fraction (bone volume/total volume, BV/TV), trabecular thickness (Tb. Th), trabecular separation (Tb. Sp) and trabecular number (Tb. N) of new bone were analyzed.

After that, the mandibles were decalcified in 10% disodium ethylenediaminetetraacetic acid (EDTA, Sigma, USA), dehydrated and embedded in paraffin. The paraffin samples were prepared into 5- $\mu$ m-thick sections and got Hematoxylin and Eosin (H&E), Masson's trichrome (Baso Diagnostic Inc., China) and immunohistochemical staining. Primary antibodies including OPN (1:400, Abcam, UK), OCN (1:400 dilution, Zen Bioscience, China), ALP (1:200 dilution, Abcam, UK) and MMP-2 (1:250 dilution, Abcam, UK) were used. Images were acquired by an inverted microscope (Olympus, Japan). The coverage of the healing zone, the number of vessels (above 50  $\mu$ m in diameter) and the average integrated density were analyzed using ImageJ software.

### Statistical analysis

Data processing and statistical analysis were conducted by SPSS 26.0 statistical software (IBM, USA). All data were presented as mean  $\pm$  standard deviation. Student's paired t test and one-way ANOVA were used to determine the level of significance. Statistical significance was set as  $p < 0.05$ .

## Results

### Phenotypic characteristic and multi-differentiation potential of DFCs

DFCs were characterized by a fibroblast-like morphology (Additional file 1: Figure S1A). Flow cytometric analysis showed that DFCs were positive for MSC markers (CD29, CD44, CD90) (Additional file 1: Figure S1F), but negative for hematopoietic and angiogenic markers (CD24, CD31, CD106, CD117) (Additional file 1: Figure S1G). In addition, the results of multi-differentiation induction assays indicated that DFCs were capable of osteogenic (Additional file 1: Figure S1B), adipogenic (Additional file 1: Figure S1C) and neurogenic

differentiation (Additional file 1: Figure S1D). These results indicated that we had efficiently isolated and cultivated DFCs.

### Characterization of MVs

TEM revealed the EV-typical bilayer membrane ultrastructure of MMVs and CRMVs (Fig. 1A). MMVs have a typical cup-shaped appearance, while CRMVs exhibited thicker vesicle membranes and darker cores. Chemical composition inside MVs was evaluated by EDX analysis. Mineralization-associated elements including calcium (Ca), phosphorus (P) and oxygen (O) were explicitly detected (Fig. 1B). Moreover, Ca and P ions perfectly colocalized in CRMVs, while disorganized in MMVs (Fig. 1C). The zeta-potential of CRMVs ( $-4.00 \pm 0.44$ mv) was quantified significantly higher than that of MMVs ( $-0.90 \pm 0.28$ mv) ( $p < 0.001$ ) (Fig. 1D). NTA showed MMVs and CRMVs shared a similar size distribution pattern and diameters approximately between 20 and 300 nm (Fig. 1E). Western blots demonstrated that both of MMVs and CRMVs expressed EV markers (TSG101, HSP70 and CD63) and were lack of cytoskeletal protein (Actin). Specifically, the transmembrane protein CD63 and the cytosolic protein TSG101 were enriched in CRMVs, while cytosolic protein HSP70 was abundant in MMVs. Of note, we found a significantly abundant expression of ALP in CRMVs, compared to MMVs and cell lysate (Fig. 1F). In summary, we successfully isolated two specific MVs from DFCs.

### Cellular internalization of MVs

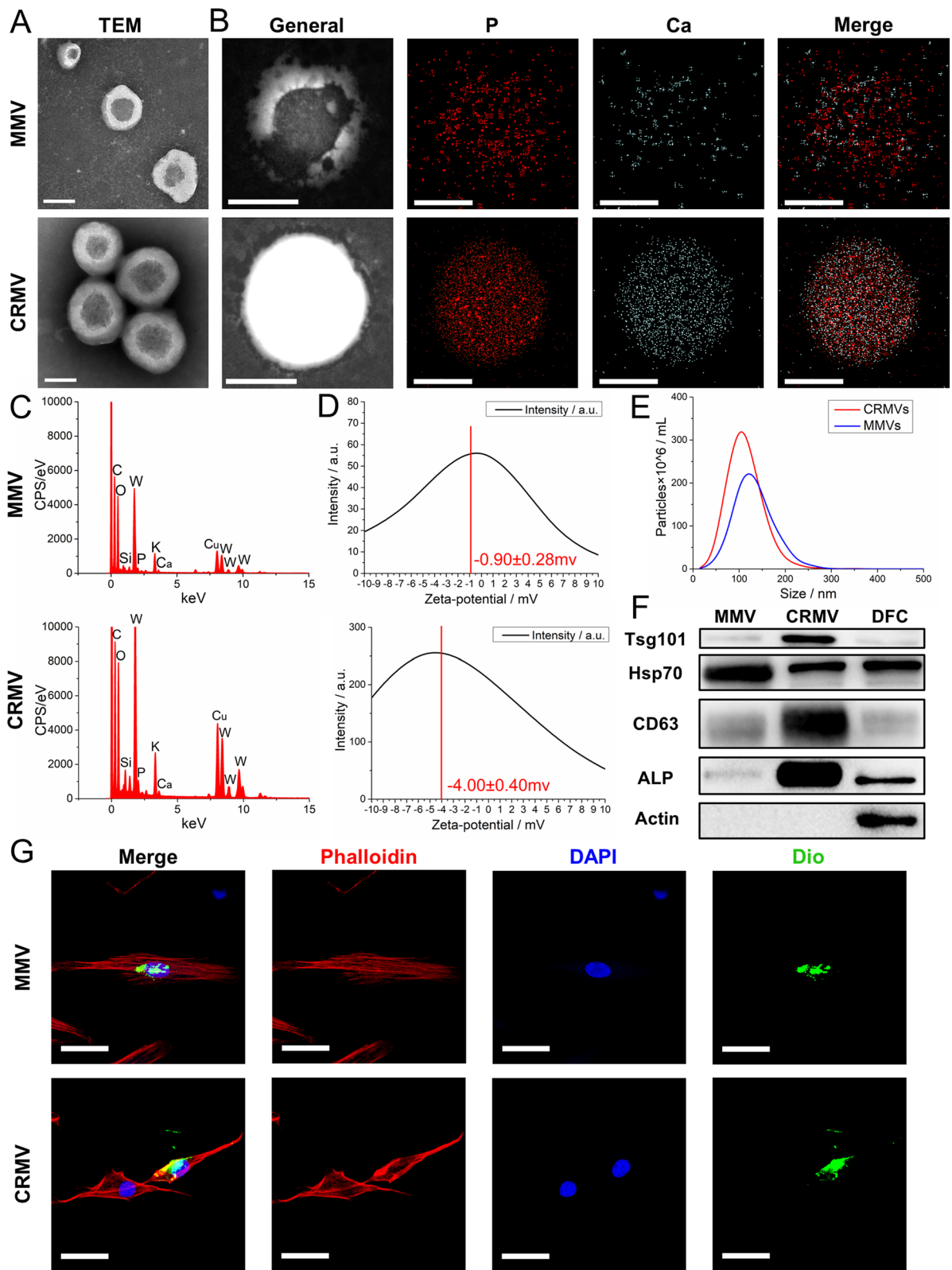
To investigate whether the MVs are actively taken up by their parent cells, we performed the internalization assay. After coculturing for 6 h, MMVs and CRMVs (green) could be assembled into the cell membrane and surrounded the nuclei (Fig. 1G). These results indicated that MMVs and CRMVs could be effectively internalized by DFCs and possibly regulate cellular functions.

### MVs promoted proliferation and migration of DFCs

MMVs and CRMVs were arranged into three concentrations:  $5 \times 10^6$  particles/ml,  $5 \times 10^7$  particles/ml and  $5 \times 10^8$  particles/ml. The CCK-8 assay revealed that MVs could significantly promote DFC proliferation in a

(See figure on next page.)

**Fig. 1** Characterization of human dental follicle cells (DFCs)-derived media matrix vesicles (MMVs) and collagenase-released matrix vesicles (CRMVs). **A** Transmission electron microscopy images of the ultrastructure. Scale bar: 100 nm. Energy-dispersive X-ray analysis: **B** General views and distribution of calcium (Ca; blue) and phosphate (P; red) in MVs. Scale bar: 200 nm; **C** maps of the chemical composition of vesicles in detail. **D** Zeta-potential evaluation by the phase analysis light scatter (PALS). **E** Nanoparticle tracking analysis of particle size distribution. The red curve denotes CRMVs and blue for MMVs. **F** Western blot analysis of TSG101, HSP70, CD63, ALP and  $\beta$ -actin in MMVs, CRMVs and DFCs. **G** Confocal fluorescence microscopy detected the uptake of DiO-labeled MMVs or CRMVs (green) by DFCs after incubation for 6 h. Nuclei were stained with DAPI (blue). The cytoskeleton was stained with phalloidin (red). Scale bar: 20  $\mu$ m



**Fig. 1** (See legend on previous page.)

time-dependent manner (Fig. 2A). The promotion effect could be detected on day 2 and progressively amplified till day 6. Interestingly, there was no significant difference between the proliferative effect of MMVs and CRMVs, and the dose-dependent manner was not observed. As a result, we keep the predetermined concentrations in the following experiments, to know whether different tendencies would occur.

Transwell assay demonstrated CRMVs enhanced the vertical migration ability of DFCs in a dose-dependent manner (Fig. 2B). CRMVs at the concentration of  $5 \times 10^8$  particles/ml increased cell migration by more than a half fold compared to the control group (Fig. 2C), with a significant difference ( $p < 0.05$ ). Scratch-wound assay indicated only the highest concentration of CRMVs ( $5 \times 10^8$  particles/ml) resulted in increased horizontal cell migration (Fig. 2D, E), exhibiting a significant difference in comparison with the control ( $p < 0.05$ ). However, MMVs showed no significant effects in this test. Taken together, the regulation of MVs on cell migration highly relies on the administrated dosage, and the highest concentration ( $5 \times 10^8$  particles/ml) may bring an ideal effect for CRMVs.

#### MMVs enhanced osteogenic differentiation of DFCs

After 14 days of osteogenic induction, numerous minerals were shown in MMVs and CRMVs induced DFCs, which were rarely found in the control (Fig. 3A, B). Moreover, the osteoinductive effects of CRMVs exhibited in a dose-dependent manner. There are statistically significant differences between the CRMV groups ( $5 \times 10^8$  particles/ml versus  $5 \times 10^6$  particles/ml ( $p < 0.001$ ) and  $5 \times 10^8$  particles/ml versus  $5 \times 10^7$  particles/ml ( $p < 0.05$ )). MMVs at concentration  $5 \times 10^6$  particles/ml and  $5 \times 10^7$  particles/ml exhibited a remarkable efficacy compared to the control ( $p < 0.01$ ).

Western blot assay was to detect the specific protein synthesis for the early-stage osteogenesis (Fig. 3C, D). The expression level of OCN and MMP-2 in DFCs was significantly increased in all CRMV groups ( $p < 0.05$ ), though no dose-dependent manner was observed. The expression of OCN in  $5 \times 10^7$  particles/ml and  $5 \times 10^8$  particles/ml CRMV groups was significantly enhanced in comparison with the MMV groups at the same concentrations ( $p < 0.05$ ). Variations of ALP and OPN were

not intuitive in CRMVs-treated groups. Moreover, MMV groups showed no direct enhancement in the production of the osteogenic proteins. These data imply that CRMVs can markedly increase the synthesis of OCN and MMP-2 in recipient cells during the early-stage osteogenesis.

#### Ultrastructure and loading efficiency of MMV, CRMV or DFC-loaded CS

CS was cut into pieces of 3 mm (L)  $\times$  2 mm (W)  $\times$  1 mm (D) (Fig. 4A). Since the biological effects of CRMVs were confirmed to correlate with a dose-dependent manner in the above results, we applied the highest feasible dose.  $1 \times 10^9$  MMVs,  $1 \times 10^9$  CRMVs or  $2 \times 10^5$  DFCs (with the equivalent content of protein of MVs) were loaded on the CS, and the loading efficiency was calculated. The results showed  $LR_0$  was ( $0.26 \pm 0.05$ ) for DFCs, ( $0.35 \pm 0.06$ ) for MMVs and ( $0.36 \pm 0.03$ ) for CRMVs (Fig. 4B). According to the  $LR_0$ , the dosage of droplets in each group was adjusted to make the CS load the predetermined quantity.

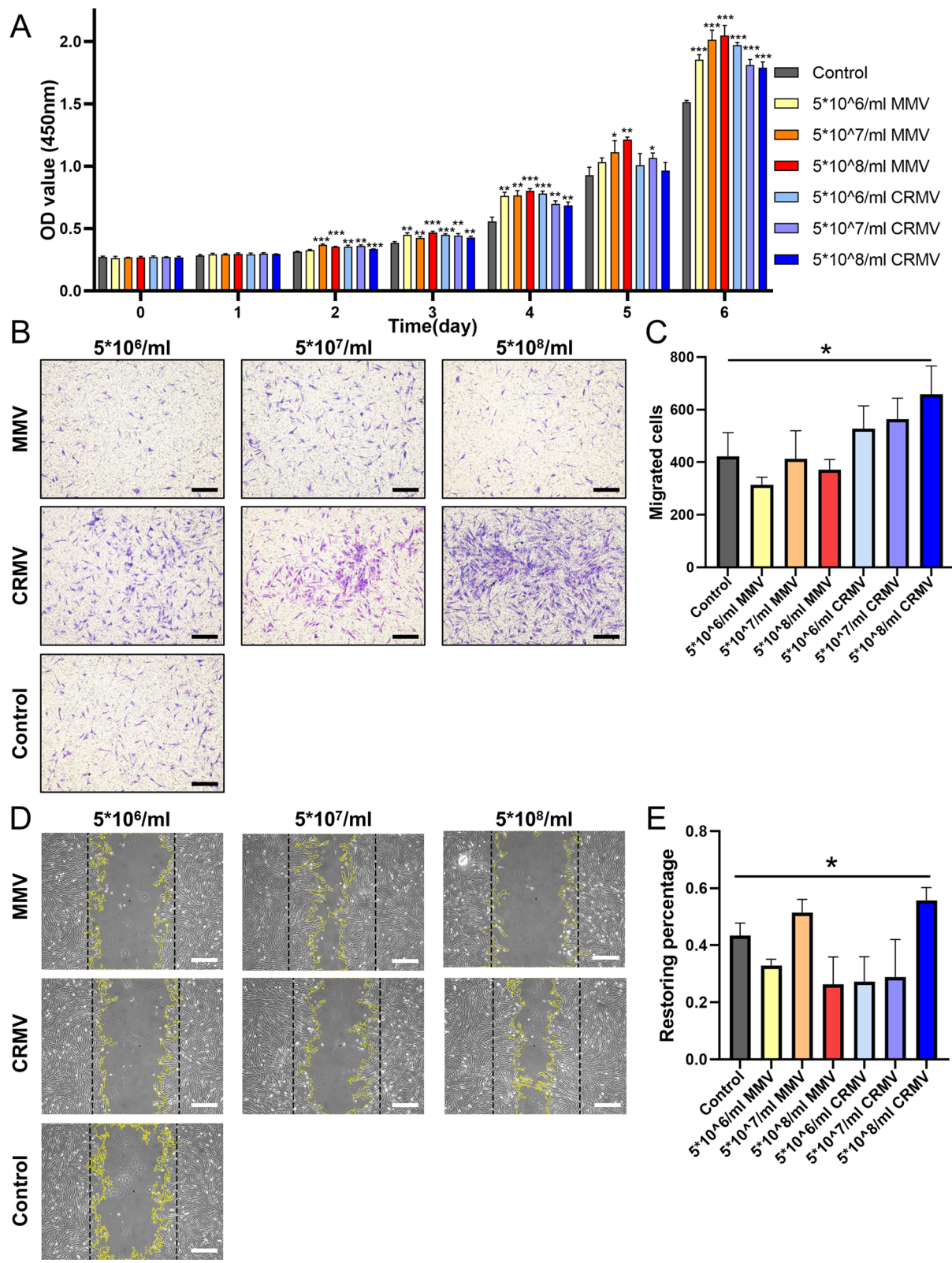
Subsequently, the ultrastructure of different samples was imaged by SEM (Fig. 4C). The CS exhibited a typical sponge-like structure, with an organized frame and regular distribution of pores. In DFC-loaded CS, cell nucleus and cytoplasmic protrusions were observed and profiled by colored lines (blue, yellow and green). In MMV and CRMV-loaded CS, vesicles with a diameter around 100 nm adhered to the material were observed. These findings demonstrated the feasibility of CS as a carrier of DFCs, MMVs and CRMVs.

#### CRMVs promoted alveolar bone defect regeneration

Eight weeks after implantation, the right mandibles of different groups (Blank, CS, CS+DFCs, CS+MMVs and CS+CRMVs) were harvested. Samples were firstly analyzed by micro-CT scanning. The 3D reconstructed images showed the general view of the tissue blocks and the defect area on the sagittal plane, and the 2D topographical section images illustrated the state of defects from the coronal plane of the M2 (Fig. 5A). The ROI (indicated by red dotted boxes) was determined centering on the M2, with the equal area of the initial defect ( $3 \times 2 \times 1$  mm). Within the groups (Blank, CS and CS+MMVs), defects were poorly repaired, and there were still significant cracks. In contrast, for CS+CRMVs and CS+DFCs, the damaged tissues have been recovered

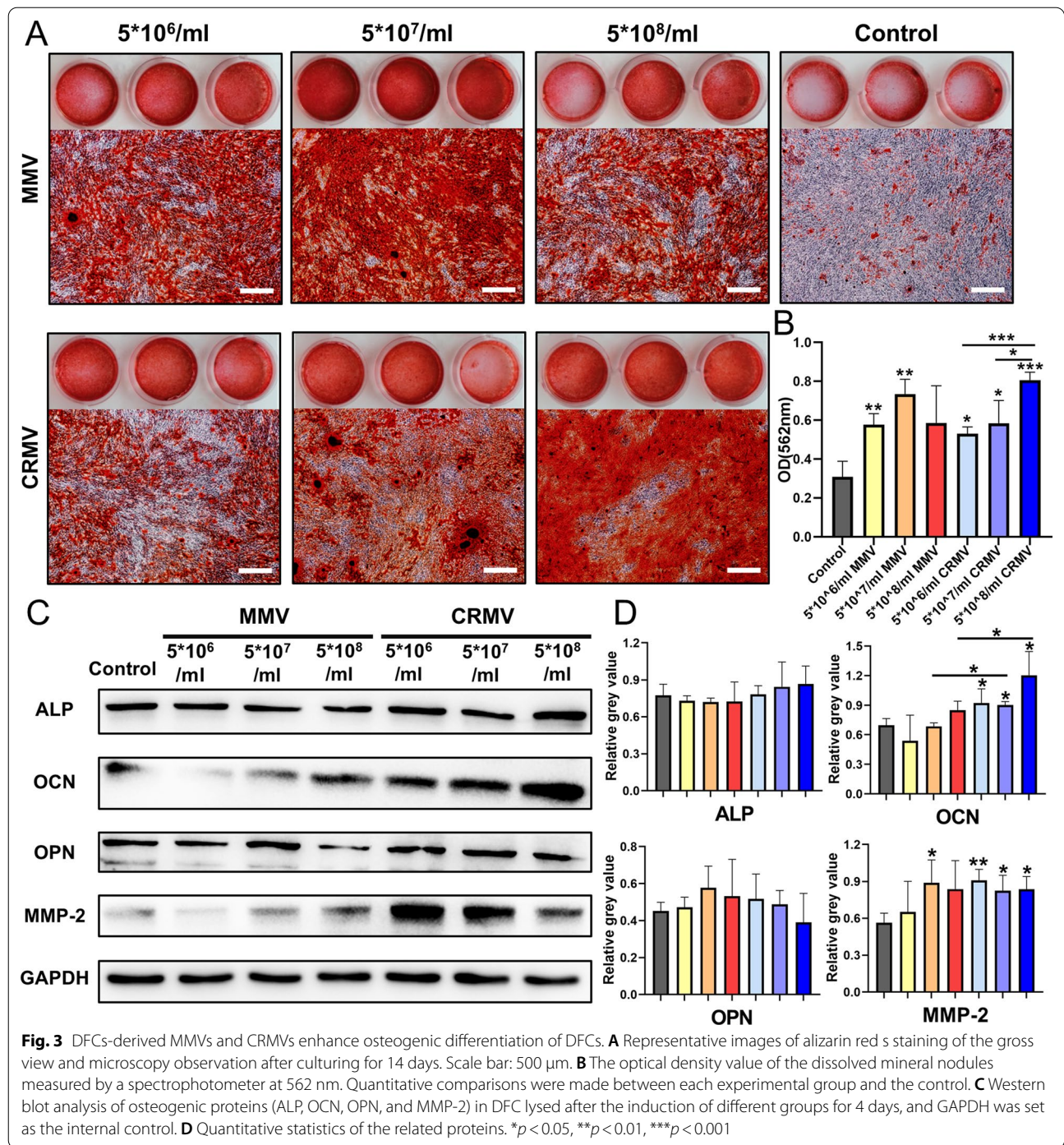
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**Fig. 2** DFCs-derived MMVs and CRMVs promote the proliferation and migration of DFCs. **A** Histograms measured by the CCK-8 assay. DFCs were cultured with different concentrations ( $5 \times 10^6$  particles/ml,  $5 \times 10^7$  particles/ml and  $5 \times 10^8$  particles/ml) of MMVs or CRMVs for 6 days. Representative microscopy images (**B**) and quantitative analysis (**C**) of cell vertical migration demonstrated by the transwell assay at 12 h. Scale bar: 200  $\mu$ m. **D** Representative images of cell horizontal migration in scratch wound assay for 12 h. The black lines indicate the original state of wounds, and yellow curves underline the frontiers of the wound. Scale bar: 500  $\mu$ m. **E** Restoring percentage of the recovery of wound area at the metering point. Statistical analysis is made among each experimental group and the control. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$



**Fig. 2** (See legend on previous page.)

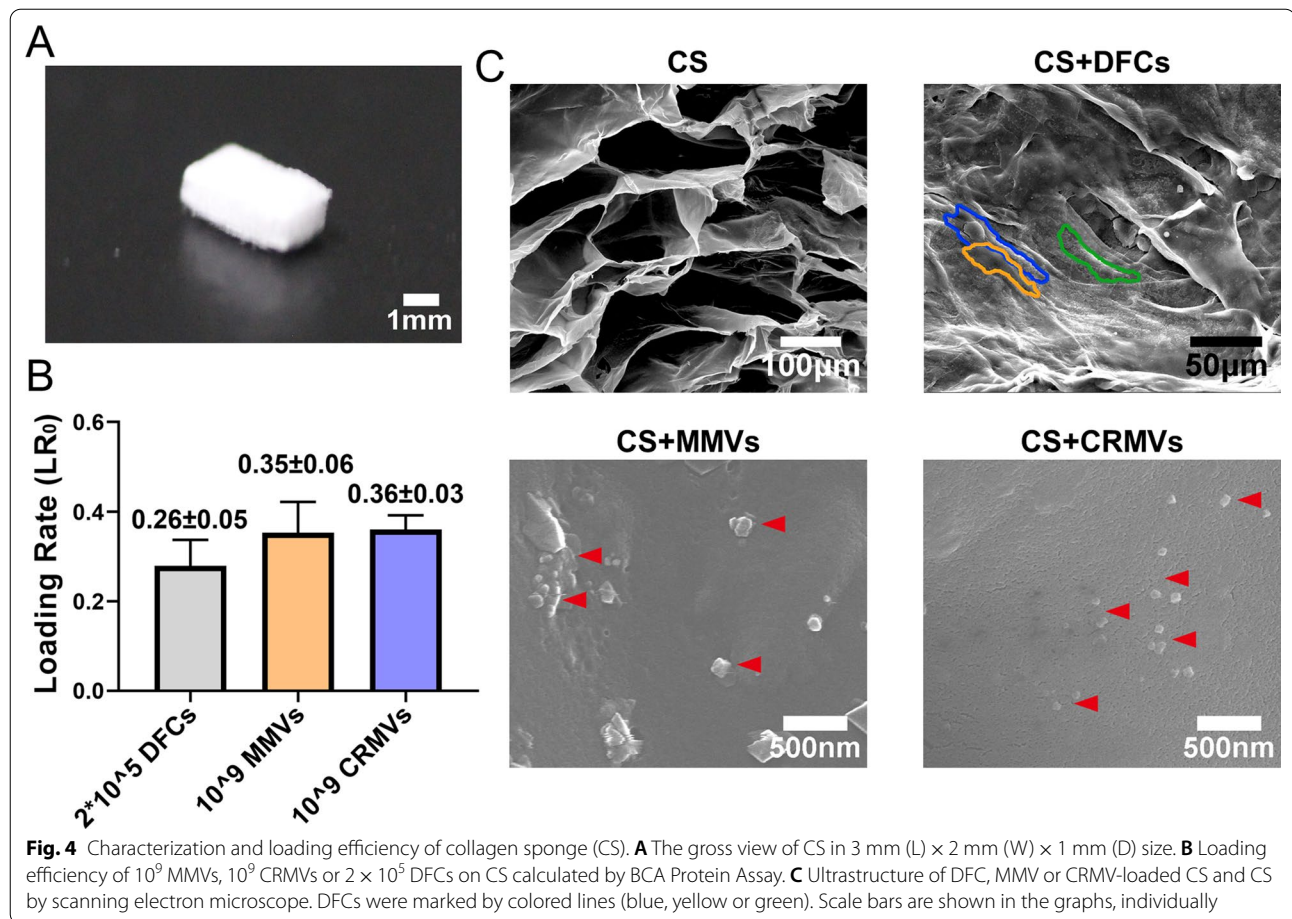




into a good state, without large pieces of hole zone remaining.

The quantitative analysis provided more details (Fig. 5B). In the Blank, CS and CS+MMVs, BV/TV was calculated at around 60%. CS+CRMVs had notably improved the level of BV/TV (over 75%), which was superior to the above groups ( $p < 0.01$  versus the Blank),

evaluated approximately to the CS+DFCs (around 80%). In particular, the CS+CRMVs were associated with the largest value of Tb. N (about 2.5/mm) and the lowest level of Tb. Sp (less than 0.2 mm) among all the groups, and the two statistical metrics showed a significant difference in comparison with other groups (Blank, CS and CS+MMVs;  $p < 0.05$ ). However, the above two indicators



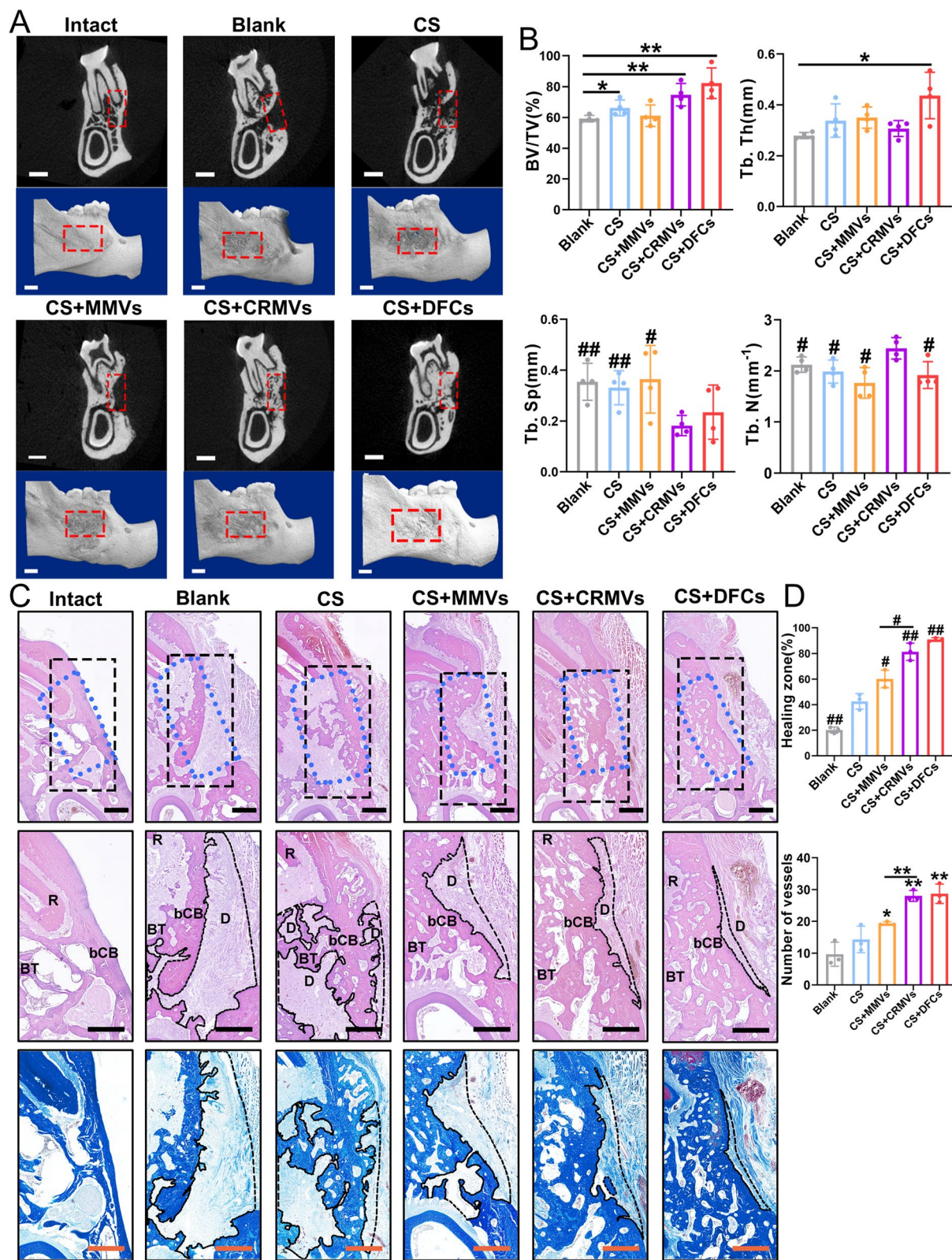
of DFCs-treated groups were not remarkable, which only presented a relatively high level of Tb. Th ( $p < 0.05$  versus the control). These proofs revealed CRMVs could effectively stimulate the formation of new bones to an ideal extent and reconstruct bone trabeculae into a good status, which brought more benefits than MMV-loaded CS or CS alone.

Tissue sections were prepared in coronal orientation, centering on the M2. The blue dotted boxes represented the original area of defects, and black boxes expressed

the ROI (Fig. 5C). Within ROI, the regenerated alveolar bone involved two portions: buccal cortical bone (bCB) in the lateral and bone trabeculae (BT) in the central, and other regions without recovery were regarded as unrepaired defects (D). In HE staining and Masson staining, CS + CRMVs and CS + DFCs showed the most notable effects for regeneration, in which the new bone has filled most of the defect area and various bone trabeculae formed. The bCB attained a favorable recovery, presenting as complete and continuous, and BT was

(See figure on next page.)

**Fig. 5** CRMV-loaded CS shows remarkable therapeutic effects in alveolar bone regeneration of SD rats after 8 weeks of administration. **A** Three-dimensional reconstruction images and two-dimensional section graphs of the microcomputed tomography, focusing on the second mandibular molar. Scale bar: 1 mm. **B** Diagrams of the indexes including bone volume/total volume, trabecular thickness, trabecular separation and trabecular number.  $n = 4$  per group. \* $p < 0.05$ , \*\* $p < 0.01$ . # $p < 0.05$ , ## $p < 0.01$  (versus the CS + CRMVs). **C** Representative images of the healing status of alveolar bone in histological observations. (Line 1) Hematoxylin and Eosin staining at 40 × magnification about second mandibular molar at coronal section. The blue dotted boxes represent the original area of defects, and black boxes express the region of interest (ROI). Scale bar: 500 μm. (Line 2) Images of ROI at 60 × magnification. **D**, Unhealing defects. bCB, buccal cortical bone. BT, bone trabecula. R, tooth root. Scale bar: 500 μm. (Line 3) Representative images of Masson staining within ROI at 60 × magnification. Scale bar: 500 μm. **D** The sizes of newborn bone were measured, including the healing rate of the center and the number of vessels (over 50 μm in diameter). \* $p < 0.05$ , \*\* $p < 0.01$ . # $p < 0.05$ , ## $p < 0.01$  (versus the CS)



**Fig. 5** (See legend on previous page.)

well remodeled into symmetrical and compact structures. In contrast, Blank and CS exhibited a wide area of unrepaired defects and an irregular morphology as well as limited numbers of BT. Furthermore, CS+MMVs showed a moderate curative effect, which presented a regular state of BT but limited healing of bCB. Quantitative analysis also showed within the healing frontier, the restoring rate and number of vessels in CS+CRMVs and CS+DFCs were superior to the other groups (Blank, CS and CS+MMVs;  $p < 0.05$ ) (Fig. 5D).

To further investigate the osteogenic activity of the frontier of the defects, the expression of osteogenic proteins (ALP, OCN, OPN and MMP-2) was assessed by immunohistochemical staining (Fig. 6A, B). For the Blank, the above proteins were weakly expressed and limited in concentration. CS and CS+MMVs were able to induce an increase in OCN production ( $p < 0.05$ ), and CS+DFCs could further intensify the expression of OPN and MMP-2 ( $p < 0.05$ ). It was remarkable that CS+CRMVs had an outstanding capacity of promoting OCN and MMP-2 synthesis in recipient tissues ( $p < 0.001$ ), which was measured in more quantify than DFCs-treated ones ( $p < 0.05$ ). Moreover, CRMVs also brought a significant augment in ALP and OPN expression ( $p < 0.05$  versus the Blank).

The results of in vivo experiments confirmed that CRMVs possessed favorable osteoinductive potency, and could promote osteogenesis of alveolar bone defects, bringing potent results for cell-free treatment. Additionally, the biological activity of CRMVs in osteogenic protein regulation has been verified both in vitro and in vivo.

#### CRMVs activated osteogenesis via the PLC/PKC/MAPK pathway

The underlying molecular mechanism was subsequently explored to account for the distinct regenerative outcomes among the two MVs. Since MVs can be internalized by DFCs and promote the upregulation of osteogenic proteins, a possible PLC/PKC/MAPK (Phospholipase C, PLC; Protein kinase C, PKC; Mitogen-activated protein kinase, MAPK) pathway associated with exogenous substance uptake and osteogenic stimulation is assumed to be involved. We found that CRMVs at  $5 \times 10^8$  particles/ml exhibited superiority in cell migration and osteogenic differentiation, while MMVs at the same concentration exhibited limited effects. To explore, in depth, the reasons for the difference, we selected the concentration of  $5 \times 10^8$  particles/ml in the mechanism experiments.

As expected, after culturing with  $5 \times 10^8$  particles/ml CRMVs for 4 days, the expression of PLC- $\gamma$ 1 in DFCs was elevated ( $p < 0.05$ ), along with the increased expression of PKC ( $p < 0.01$ ) and upregulated phosphorylation level of ERK and p38 ( $p < 0.05$ ) (Fig. 7A, B). DFCs treated

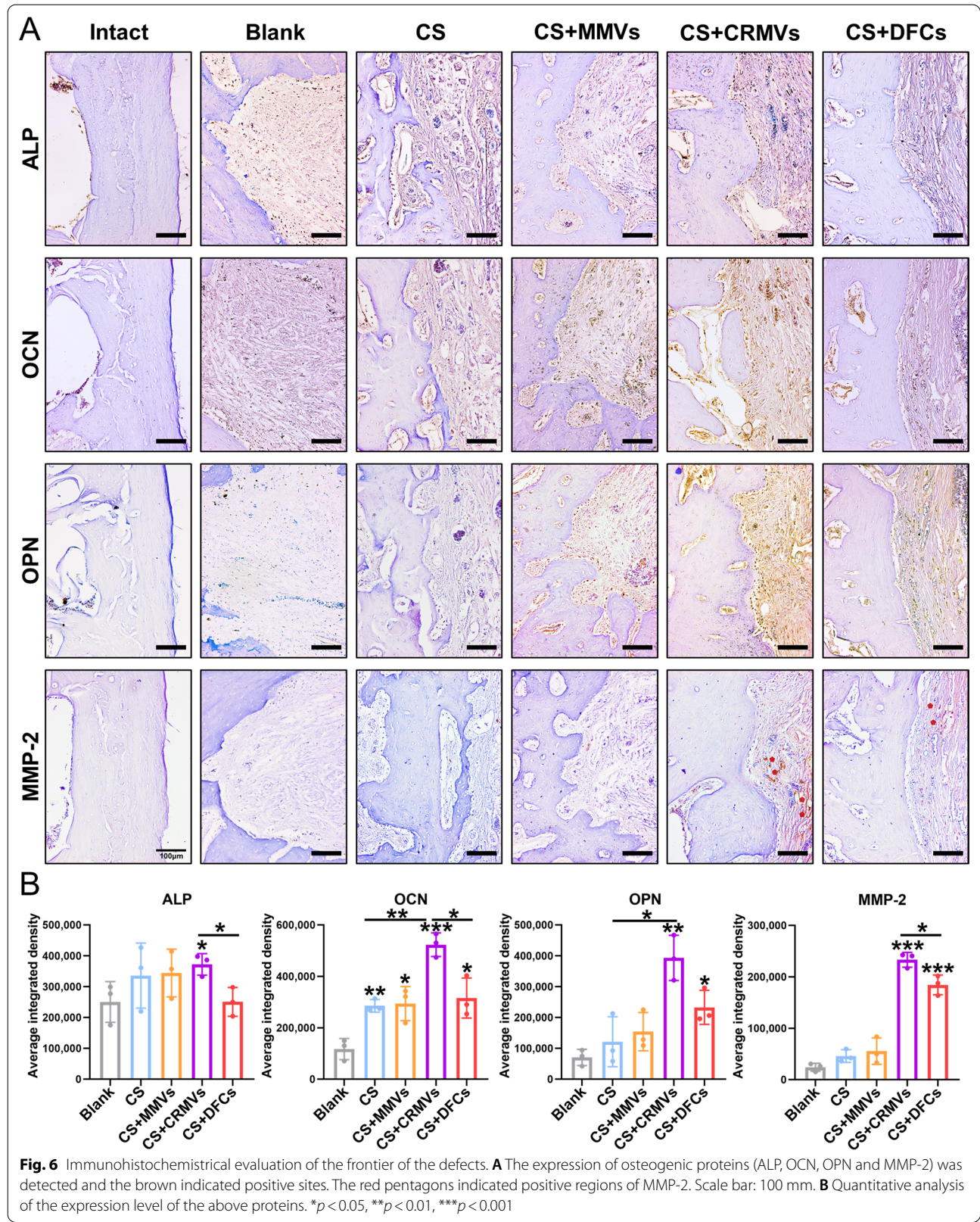
with  $5 \times 10^8$  particles/ml MMVs also brought a moderate enhancement of expression of PKC, but suppressed phosphorylation levels of ERK and p38 ( $p < 0.05$ ) without significant influence on PLC- $\gamma$ 1. Taken together, these results demonstrated that CRMVs stimulated the PLC/PKC/MAPK pathway to regulate osteogenesis (Fig. 7C), and MMVs failed to function in this field.

#### Discussion

As a part of tooth-supporting tissue, alveolar bone secures the stability of the periodontal tissues, provides the blood supply of the tooth and constructs a community of periodontium with connecting periodontal components [1, 2, 50]. In this regard, the well-repair of alveolar bone loss caused by periodontal diseases or other pathological stimuli is of great significance to ensure the structural integrity and functional coordination of periodontal tissues [51]. To date, there is still an unmet need for novel cell-free regenerative therapies, which are expected to bring favorable prognoses and avoid the problems associated with the direct administration of stem cells [14, 17]. This study demonstrated that DFC-derived CRMVs significantly strengthened alveolar bone regeneration and achieved a comparative therapeutic level of MSCs-based treatment in a murine periodontal defect model. Specifically, CRMVs possessed biological attributes adaptable for mineralization and strong potency in osteoinduction. They promote the ossification of target cells and tissues through activating the PLC/PKC/MAPK pathway. These findings provide a new preferred cell-free strategy for periodontal regenerative treatments.

MVs present as tissue-specific EVs for biomineralization and osteogenesis, which are theoretically classified into MMVs and CRMVs. Some studies revealed the biological effects of MVs on bone-related functional cells associated with increased osteogenic gene expression, indicating their potential to promote cellular mineralization [29, 30, 43]. To explain more intuitively, we examined these characteristics of MVs in vitro. We discovered both MMVs and CRMVs could elicit extensive calcium deposition of DFCs by approximately two- to threefold in quantity compared to the control. Moreover, this trend was still found even employing MVs at very low concentrations. The results suggest a strong potency of MVs to facilitate osteogenesis, which probably endows them with irreplaceable use value for alveolar bone regeneration.

The favorable findings in vitro drove us to explore the medical role of MVs in alveolar bone restoration in vivo. To repair the defect at  $3 \times 2 \times 1$  mm, MMVs, CRMVs or DFCs were routinely loaded by CS and implanted in situ for a period of eight weeks. Afterward, a notable bone



healing zone with abundant blood supply was induced by CRMVs, which filled most areas of the traumatic cavity and was as efficient as the DFCs-treated individuals. Exclusively, CRMVs could result in a visible formation of dense and well-defined bone trabeculae of the new bone and was in conjunction with the upregulation of a series of osteogenesis-related proteins within the healing frontier, superior to the other groups in related measures. Interestingly, the MMVs-treated groups presented a disparity in the status of bone healing rate, which did not exert significant improvement in the above assessments. These observations suggest CRMVs can bring significant rescuing effects and should be an optimized promoter for alveolar bone regeneration. Although recent studies have reported the regenerative potential of chemical synthesized MVs in calvaria defects [52], for the moment, the *in vivo* therapeutic effects of organism-derived MVs remain largely unknown [25]. To our knowledge, this is the first study to evaluate the bone-regenerative capacity of biogenic MVs among different origins.

Since MVs are particles generated by bone functional-related cells, they have the opportunity to inherit specific cellular substances and play a role in the execution of biomineralization and osteogenesis [27]. The current findings indicate the bone regeneration capacity of MVs is potentially attributed to three major fields: (1) ability to recruit electrolytes and facilitate mineral formation; (2) upregulation effect in protein expression targeting ossification; (3) unique performance to elicit bone trabeculae neogenesis [25, 28, 53].

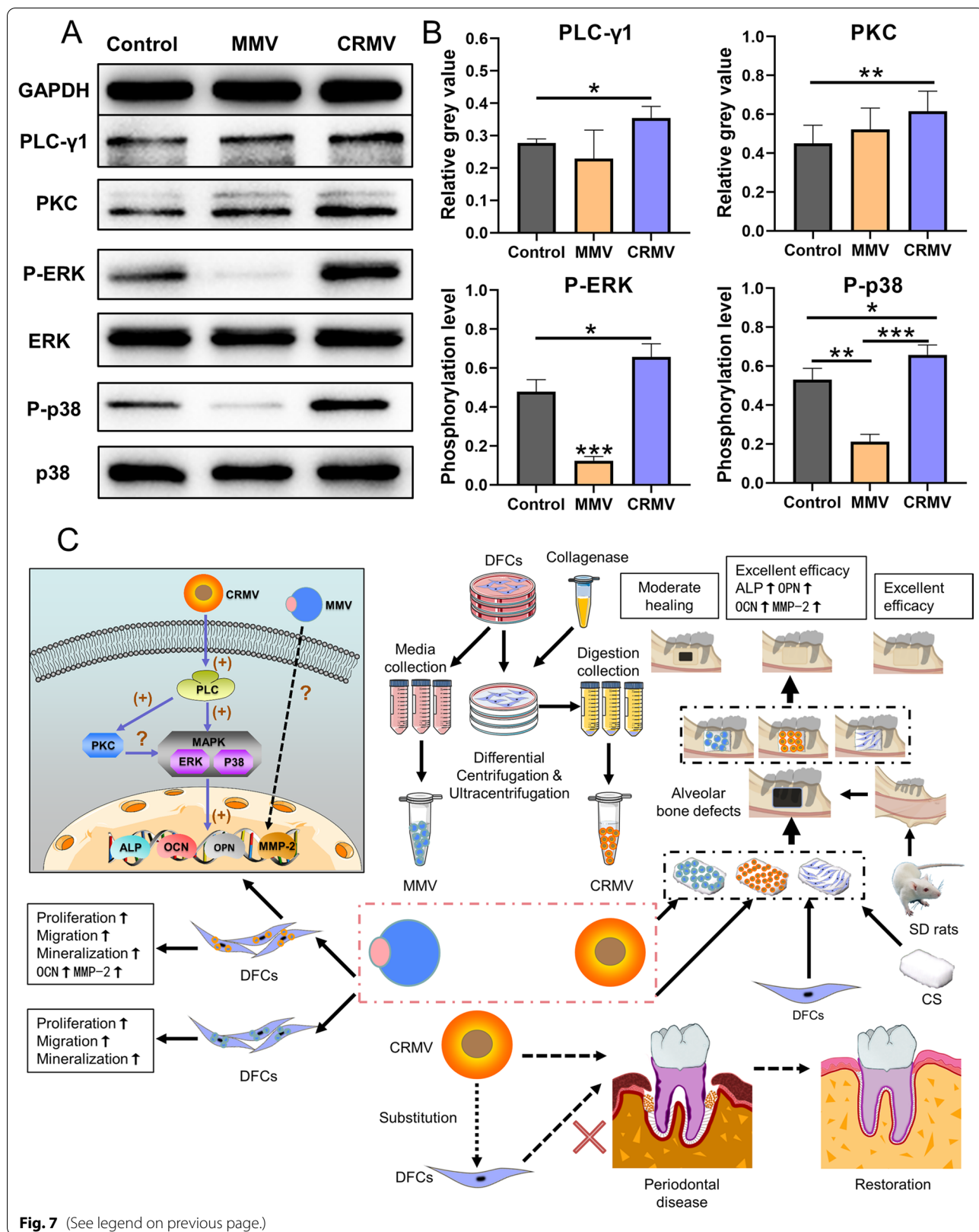
Biomineralization is confirmed to be a fundamental step for bone formation, which mainly manifests as the recruitment of calcium and phosphate and crystal deposition, and this complex activity highly relies on specific proteins [54]. MVs are identified to be native carriers of ion channel proteins and enzymes, which harness the evolution of biomineralization through the regulation in electrolyte transport and chemical reactions. In this study, we identified the component of alkaline phosphatase (ALP) in the two MVs. Other proteins include sodium/phosphate cotransporter type III (Pit1; phosphate channel protein), calcium channel proteins (Annexin; Anx), ecto-nucleotide pyrophosphatase/phosphodiesterase 1 (ENPP1) were also reported in prior studies [26, 54, 55]. Nevertheless, among the cargoes MVs

carry, ALP is considered a pivotal enzyme with multi-dimensional importance. Previously, Bolean et al. examined the property of synthesized liposomes enriched with ALP or Anx family proteins under osteogenic conditions and found measurable biomineralization in ALP-abundant liposomes but barely detectable in AnxA5-abundant ones, which suggested the leading role of ALP [56]. ALP is a peripheral membrane protein attached to the outer leaflet of MVs [57]. Relying on a glycosylphosphatidylinositol (GPI) anchor, ALP can build a chemical bonding between MVs and collagen fibrils in ECM, which secures the stability necessary for inducing mineralization [58]. In this condition, ALP abundant in MVs critically enhances mineral deposition through transforming inorganic pyrophosphate (PPi) into inorganic phosphate, which is an essential substrate for the whole mineralization process [54]. Furthermore, it is proposed that ALP participates in the extracellular ADP and ATP synthesis and provides vital energy for the following mineralization activities [59]. In this study, significant enrichment of ALP was determined within CRMVs instead of MMVs, indicating CRMVs may possess stronger potentials to accelerate mineral deposition. The following investigations of elementary distribution among the two particles verified this speculation. Our results showed the distribution of Ca and P overlapped in CRMVs on a large scale, but randomly arrayed in MMVs. Evidence proved that the distribution of the two elements correlates to the evolutionary phase of crystals. A universal collocation of Ca and P indicates the minerals reach the mature stage, while an irregular array means the early stage [26, 35]. Therefore, it implies that compared to MMVs, CRMVs are more apt to accelerate mineral accumulation relying on the higher concentration of ALP.

Exogenous therapeutic agents which potentiate cellular phenotypic changes and protein secretion specific for osteogenesis can greatly support bone regeneration [60]. The upregulated functional proteins can subsequently direct the degradation of organics in the matrix and induce crystal deposition, ultimately promoting new bone formation [61]. It is previously reported the bone regenerative effect of chemical synthesized MVs correlated to their upregulating actions on Runx2, a key factor for the early mineralization [52]. Consequently, we investigated the biogenic MV-mediated modification of gene

(See figure on next page.)

**Fig. 7** DFCs-derived CRMVs enhance osteogenic differentiation of DFCs via activating the PLC-PKC-MAPK pathway. **A, B** Western blot analysis demonstrated the expression of the proteins involved in the PLC-PKC-MAPK pathway in DFCs, after the incubation of  $5 \times 10^8$  particles/ml MMV or CRMV for 4 days. **A** Representative images of the involved proteins (PLC- $\gamma$ 1, PKC, ERK, p-ERK, p38 and p-p38). **B** Quantitative evaluation on the expression state or phosphorylation level of the above proteins, GAPDH was served as the internal control. \* $p < 0.05$ , \*\* $p < 0.01$ , \*\*\* $p < 0.001$ . **C** Schematic illustration of the isolation, functional examinations, periodontal therapeutic benefits and osteoinductive mechanism of DFCs-derived MMVs and CRMVs



expression in the recipient cells and targeted tissues. In this context, CRMVs greatly elevated the expression level of osteogenic marker proteins including matrix metalloproteinases-2 (MMP-2) and osteocalcin (OCN) in DFCs only after the co-culturing for 4 days with any predetermined concentrations. This positive effect could also be found in the healing frontier of CRMVs-treated defects, which exhibited a significant augment in all interested proteins. MMP-2 is regarded as secreted regulatory agents in the matrix, which remodels the ECM components, enhances protein absorption and provides the space to accommodate minerals, thus advancing the process of ossification [39, 62]. MMP-2 also has been proposed to assist the release and activation of neighboring growth factors and contribute to osteoblastic differentiation [27]. OCN is considered as a classical osteogenic marker reflecting the mature osteogenic phenotype [63]. Furthermore, OCN influences the hydroxyapatite nucleation in virtue of the high affinity for calcium ions, which induce mineralization and subsequently compose the matrix of new bone [64, 65]. A marked increase in OCN synthesis portends the complete success of ossification. However, MMVs underperformed in osteogenic protein regulation, which revealed a limited biological activity. Physical properties among these vesicles potentially provide some clues for this distinction. Zeta-potential is an indicator of the surface potential of biomolecules, which reflects the magnitude of repulsion force between individual particles [66, 67]. In general, the small zeta-potential is usually associated with insufficient intermolecular repulsion force and incurs molecular aggregation [68]. Since EV samples with smaller zeta-potential are prone to aggregation, particles with higher charges are less likely to aggregate and much more stable [69] and can probably gain more opportunities to interplay with target cells [68]. Considering that, we evaluated and observed a higher value of zeta-potential affiliated to CRMVs, which may render them more predominant mediating effect and osteogenic-inductive ability in medical treatment. Moreover, some unknown mechanisms probably influence the inductive activity of MVs during this course, which warrants further exploration.

Bone trabeculae manifest as indispensable elements of the vertebrate skeleton system and alveolar bone within a body, which shape like a small beam, strut or rod and possess vital importance for the entire bone structure [70]. In the composition of bone trabeculae, some transcription factors, including insulin-like growth factor (IGF), transforming growth factor- $\beta$  (TGF- $\beta$ ), fibroblast growth factor (FGF) and epidermal growth factor (EGF), have been examined [71]. These regulators are likely to be delivered into the unhealing zones and stimulate the proliferation of regional cells, thus enhancing the repair

procedure. Moreover, bone trabeculae also serve as the reservoir of readily available calcium during the daily circulatory activity [72], which can create an adaptable environment for the bone cortex restoration through the supply of calcium [73]. In this study, CRMVs were found to promote the neogenesis of bone trabeculae, in correlation with a notable remodeling of the buccal cortical bone and broad healing coverage of the defects, which verifies a good restoration of bone trabeculae can indeed benefit the integral regeneration process of the alveolar bone. It is evidenced that MVs can participate in the trabecular bone development by recruiting minerals and directly integrating themselves with the bone matrix [53, 74]. The previous proteomic analysis demonstrates that CRMVs are enriched with a group of factors that probably contribute to their integration, which are comprised of fibrillin, type VI collagen, proteoglycan link protein and so forth [46]. In contrast, MMVs are comprised of plasma membrane proteins without significant functions in the evolution of bone trabeculae [34]. Collectively, in virtue of the various connective proteins, CRMVs are more prone to stimulate trabecular bone reconstruction and support the framework of alveolar bone regeneration.

To further understand the functional roles of MVs in osteogenesis, we tried to explore the possible molecular mechanism. PLC is a family of membrane-associated enzymes, which is known for its great significance in the conduction between cell internalization and signal transduction [75, 76]. PLC receives signals originating from cell endocytosis [75–77]. Once triggered, PLC could result in the remodeling of the plasma membrane and elicit the production of multiple secondary messengers such as PKC and MAPK cascade (involving ERK and p38), finally regulating osteogenic protein expression and cell metabolism [76–79]. Some proteomic studies have determined the presence of PLC in CRMV contents [26, 80]. However, there are infrequent reports that focused on the biological state of PLC and PKC in MVs-treated cells [77]. Since the cell endocytosis of MVs was detected in the present study, PLC contained in CRMVs was likely to be assimilated by the target cells and stimulate the following activities. Therefore, we postulated CRMVs yielded osteoinductive effects, thereby activating the PLC/PKC/MAPK pathway, and PLC- $\gamma$ 1 was selected as a representative subpopulation to illustrate. Consistent with our hypothesis, the results showed CRMVs were able to induce the sequential activation of the PLC/PKC/MAPK pathway. In contrast, although MMVs exhibited a moderate activation of PKC, the enhancement of PLC and MAPK could not be detected, which may account for their insufficiency in regenerative potential. Linking these results with the performances in protein modulation by the two MVs, we speculate that the activation of PLC and subsequently, MAPK is necessary for the upregulation



of osteogenic proteins, and this effect may bypass the PKC-dependent route. Moreover, some unknown mechanisms related to the independent regulation of MAPK by PLC need to elucidate in further investigations.

Recently, the immunomodulatory property of EVs during tissue repair has been explored. EVs can transfer their contents, including protein and lipids to immune cells [81], which alleviate inflammation and assist regenerative activities during bone healing [82, 83]. MVs are also involved in some studies regarding immune regulation. The Bessueille's group found in the growth plate cartilage of ALP-deficient transgenic mice, the expression level of IL-1 $\beta$ , IL-6 and some pro-inflammatory agents was significantly increased. In response, chondrocytes accelerated the synthesis of MVs with many biomolecules, in which ALP was able to stimulate IL-10 secretion in neutrophils to balance the homeostasis and alleviate the inflammatory damages [58]. MVs are also effective inhibitors in osteoclast formation. It is demonstrated that during the co-culture process, MVs derived from osteoblasts could decrease the transcription of *Nfatc1*, *Dcstamp* and *Ctsk* in monocytes [43]. Since the above genes are accepted as adjuvants that guide osteoclast and resorption pit formation, MVs turn to be a defender of hard tissues free from bone resorption. Additionally, under the systemic inflammatory condition, it is reported that the liver can strategically produce a group of immunoregulatory factors, fetuin-A for instance. Through the endovascular approach, Fetuin-A clusters were then delivered to the peripheral tissues suffering from inflammation. Some of these proteins would timely induce the release of cationic polyamines and high mobility group box-1 (HMGB1), exerting critical regulations on inflammation [84], and the other portions would be stored in MVs producing cells or in MVs, which potentially act as a reservoir [34, 85].

It is undeniable although the alveolar bone defects have been well-repaired by MVs-based strategies, several improvements are expected for future studies. The therapeutic potential of MVs requires more persuasive investigations in large animals (e.g. beagle dogs and rhesus monkeys), whose physiological structures are more analogous to humans. In future studies, we are also enthusiastic to investigate the immunomodulatory effects of MVs, and expect they have a dual role in osteoinduction and immunoregulation. The functional mechanism and administration approach associated with MVs still need further exploration to maximize their medical practice as a reliable therapy for clinical periodontal treatment.

## Conclusion

In our current study, MMVs from DFCs culturing media and CRMVs from the collagenase-digested DFCs suspension were smoothly isolated and could

be internalized inside cells. DFC-derived MMVs moderately and CRMVs notably enhanced cell viabilities including proliferation, migration and osteogenic differentiation of DFCs. Furthermore, in alveolar bone regeneration, CRMVs possess more osteoinductive advantages in comparison with MMVs and can be regarded as a promising candidate for stem cell-based treatment for periodontal disease. The underlying reason is probably CRMVs can activate the PLC/PKC/MAPK pathway, which contributes to the ultimate upregulation of osteogenesis-related gene expression (Fig. 7C). The effect of MMVs warrants further investigations. Thus, the results in the present study also provide orientations to investigate the medical benefits of MVs in-depth in the future.

## Abbreviations

EVs: Extracellular vesicles; MVs: Matrix vesicles; DFCs: Dental follicle cells; MMVs: Media MVs; CRMVs: Collagenase-released MVs; CS: Collagen sponge; GTR: Guided tissue regeneration; MSCs: Mesenchymal stem cells; Ca: Calcium; P: Phosphate; O: Oxygen; ECM: Extracellular matrix; FBS: Fetal bovine serum; a-MEM: Alpha-modified Eagle's medium; AA: Ascorbic acid;  $\beta$ -GP:  $\beta$ -Glycerophosphate; TEM: Transmission electron microscopy; EDX: Energy-dispersive X-ray; NTA: Nanoparticle tracking analysis; PALS: Phase Analysis Light Scatter; CCK-8: Cell Counting Kit-8; SDS-PAGE: SDS-polyacrylamide gel electrophoresis; PVDF: Polyvinylidene fluoride; ALP: Alkaline phosphatase; OCN: Osteocalcin; OPN: Osteopontin; MMP-2: Matrix metalloproteinase-2; GAPDH: Glyceraldehyde-phosphate dehydrogenase; HRP: Horseradish peroxidase; SEM: Scanning electron microscope; LR<sub>0</sub>: Loading rate; 3D: Three-dimensional; M2: Second mandibular molar; Micro-CT: Micro-computed tomography; ROI: Region of interest; BV/TV: Bone volume/total volume; Tb: Trabecular thickness; Tb. Sp: Trabecular separation; Tb. N: Trabecular number; EDTA: Ethylenediaminetetraacetic acid; H&E: Hematoxylin and Eosin; bCB: Buccal cortical bone; BT: Bone trabecular; PLC: Phospholipase C; PKC: Protein kinase C; MAPK: Mitogen-activated protein kinase; Pit1: Sodium/phosphate cotransporter type III; Anx: Annexin; ENPP1: Ecto-nucleotide pyrophosphatase/phosphodiesterase 1; GPI: Glycosylphosphatidylinositol; PPI: Inorganic pyrophosphate; IGF: Insulin-like growth factor; TGF- $\beta$ : Transforming growth factor- $\beta$ ; FGF: Fibroblast growth factor; EGF: Epidermal growth factor; HMGB1: High mobility group box-1.

## Supplementary Information

The online version contains supplementary material available at <https://doi.org/10.1186/s13287-022-02721-6>.

**Additional file 1: Figure S1.** Characterization of dental follicle cells (DFCs). **Figure S2.** The creation of the alveolar bone defects in the SD rat guided by a module.

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## Authors' contributions

The specific contributions of the authors are as follows. (1) GY, BY and WT contributed to the conception and design of the study; (2) GY, YM, XY, FH and YC acquired, analyzed and interpreted the data; (3) GY was the main writer of the manuscript; (4) GY, SZ, BY and WT were responsible for the critical revision of the manuscript. All authors have read and approved the final manuscript.

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### Availability of data and materials

The data that support the findings of this study are available from the corresponding author upon reasonable request.

### Declarations

#### Ethics approval and consent to participate

This research was approved by the Ethics Committee of West China College of Stomatology, Sichuan University, China (WCHS-IRB-CT-2021-214). Human samples were collected from freshly extracted teeth with the informed consents of the donors or their guardians.

#### Consent for publication

Not applicable.

#### Competing interests

The authors declare that they have no competing interests.

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