BRIEF REPORT



Acquired thrombotic thrombocytopenic purpura with isolated CFHR3/1 deletion—rapid remission following complement blockade

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Abstract

Background Thrombotic thrombocytopenic purpura (TTP) is caused by the abundance of uncleaved ultralarge von Willebrand factor multimers (ULvWF) due to acquired (autoantibody-mediated) or congenital vWF protease ADAMTS13 deficiency. Current treatment recommendations include plasma exchange therapy and immunosuppression for the acquired form and (fresh) frozen plasma for congenital TTP.

Case-diagnosis/treatment A previously healthy, 3-year-old boy presented with acute microangiopathic hemolytic anemia, thrombocytopenia, erythrocyturia and mild proteinuria, but normal renal function, and elevated circulating sC5b-9 levels indicating complement activation. He was diagnosed with atypical hemolytic uremic syndrome and treated with a single dose of eculizumab, followed by prompt resolution of all hematological parameters. However, undetectably low plasma ADAMTS13 activity in the pretreatment sample, associated with inhibitory ADAMTS13 antibodies, subsequently changed the diagnosis to acquired TTP. vWF protease activity normalized within 15 months without further treatment, and the patient remained in long-term clinical and laboratory remission. Extensive laboratory workup revealed a homozygous deletion of CFHR3/1 negative for anti-CFH antibodies, but no mutations of ADAMTS13, (other) alternative pathway of complement regulators or coagulation factors.

Conclusions This case, together with a previous report of a boy with congenital TTP (Pecoraro et al. Am J Kidney Dis 66:1067, 2015), strengthens evolving in-vitro and ex-vivo evidence that ULvWF interferes with complement regulation and contributes to the TTP phenotype. Comprehensive, prospective complement studies in patients with TTP may lead to a better pathophysiological understanding and novel treatment approaches for acquired or congenital forms.

Keywords ADAMTS13 · Atypical hemolytic uremic syndrome · Complement factor H-related protein · Eculizumab · Thrombotic microangiopathy · Ultra-large von Willebrand factor multimers

		Abbreviations ADAMTS13	A disintegrin and metalloprotease	
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	martin.bitzan@mcgill.ca	AH50	Alternative pathway of complement	
			hemolytic activity	
1	Division of Nephrology, Department of Pediatrics, Montreal	aHUS	atypical hemolytic uremic syndrome	
	Children's Hospital, McGill University Health Centre, Room B RC 6651 Montreal Outbee H4A 311 Canada	APC	Alternative pathway of	
_	Re.0051, Wohlean, Quebee 11477 551, Canada		complement	
2	Service d'hématologie-oncologie, CHU Sainte-Justine and	aTTP	Acquired thrombotic	
	Université de Montréal, Montréal, Canada		thrombocytopenic purpura	
3	Present address: Department of Pediatric, Tawam Hospital, Al	CFH	Complement factor H	
	Ain, United Arab Emirates	CFHR	Complement factor H-related protein	
4	Division of Hematology/Oncology, Department of Pediatrics,	CFI	Complement factor I	
	Montreal Children's Hospital, McGill University Health Centre,	CH50	Classical pathway of complement	
	Montreal, Canada		hemolytic activity	

DEAP HUS	Deficiency of CFHR proteins and			
	CFH autoantibody positive			
	(anti-CFH antibody HUS)			
cTTP	Congenital thrombotic			
	thrombocytopenic purpura			
ELISA	Enzyme-linked immune assay			
FRETS-VWF73	Fluorescence resonance energy			
	transfer assay with synthetic			
	73-aminoacid peptide			
Hb	Hemoglobin			
HUS	Hemolytic uremic syndrome			
IgG	Immunoglobulin G			
MAC	Membrane attack complex			
PLEX	Plasma exchange			
sMAC	Soluble (circulating) MAC			
TMA	Thrombotic microangiopathy			
TTP	Thrombotic thrombocytopenic			
	purpura			
ULvWF	Ultra-large vWF			
vWF	von Willebrand factor			

Introduction

Thrombotic microangiopathies (TMA) comprise a heterogeneous group of hereditary and acquired disorders characterized by microangiopathic hemolytic anemia, thrombocytopenia, and organ damage associated with capillary and arteriolar thrombosis and, in many instances, vessel wall abnormalities [1]. Thrombotic thrombocytopenic purpura (TTP) results from deficient von Willebrand factor (vWF) cleaving zinc metalloprotease ADAMTS13 [2]. vWF is released from Weibel-Palade bodies in vascular endothelial cells and platelet alpha granules and participates in platelet adhesion and aggregation especially in conditions of high-shear stress [3]. ADAMTS13 controls the hemostatic function of endothelial cell- and platelet-derived vWF by cleaving hyper adhesive ultra-large vWF multimers (ULvWF) [2,3]. Abundance of uncleaved ULvWF multimers leads to occlusive microthrombi in small blood vessels [1.3]. TTP can be congenital, due to homozygous or compound heterozygous mutations of ADAMTS13 (Upshaw-Schulman syndrome) or acquired (aTTP) [4]. The latter is caused by inhibitory ADAMTS13 antibodies [2,4]. Diminished metalloprotease activity below 10% of normal differentiates TTP from other forms of TMA [1,4]. Intensive plasma exchange (PLEX) therapy combined with immunosuppression has improved the previously dismal outcome of aTTP [2,4].

Complement-mediated haemolytic uremic syndrome (HUS), commonly referred to as "atypical" (aHUS), is caused by mutations of genes encoding regulatory proteins of the alternative pathway of complement (APC) or the coagulation cascade [5]. Ten to 20% of cases are due to inhibitory

autoantibodies, predominantly against complement factor H (CFH), associated with biallelic deletions of *CFHR3/1* ("DEAP HUS," deficiency of CFHR proteins and CFH autoantibody positive) [6]. Uncontrolled APC activation results in the formation of membrane attack complex (MAC), endothelial injury, and a prothrombotic phenotype. However, the etiological diagnosis of TMA can be challenging, particularly where diagnostic assays are not readily available. aHUS is effectively treated with the anti-C5 antibody eculizumab [7,8], while PLEX and immunosuppression are recommended for patients with autoimmune (DEAP) HUS [7], similar to aTTP [2,4].

Here we present a 3-year-old boy with an eventual diagnosis of aTTP who recovered promptly after a single dose of eculizumab. The case challenges the accepted diagnostic and therapeutic dichotomy between (atypical) HUS and TTP.

Case report

A previously healthy 3-year-old Moroccan boy was admitted with anemia and thrombocytopenia. He had been well until 3 weeks prior to presentation, when he developed a febrile erythematous rash. Fever recurred a week before admission, associated with lethargy, vomiting, and non-bloody diarrhea. Family history is negative for kidney or hematological disorders; the non-consanguineous parents and the boy's three siblings are healthy.

The patient appeared pale, with bruises on abdomen, back, and lower extremities. The clinical exam was otherwise unremarkable. Laboratory work-up revealed hemolytic anemia with marked reticulocytosis, presence of schistocytes, profound thrombocytopenia, elevated uric acid, and normal serum creatinine concentrations. Plasma haptoglobin was undetectable, lactate dehydrogenase (LDH) elevated, and direct Coombs test negative. A stool sample was negative for E. coli O157:H7. Anti-streptolysin titers were only marginally elevated. D-dimers were increased to 2.49 µg/mL fibrinogenequivalent units (N 0.02–0.47 µg/mL). Prothrombin, international normalized ratio (INR), partial thromboplastin time, fibrinogen, and C3 and C4 concentrations were normal, and sC5b-9 was increased to 653 ng/mL (normal < 300 ng/mL; SC5b-9 Plus MicroVue, ELISA, TECOmedical/Quidel, San Diego, CA). Urinalysis revealed microscopic erythrocyturia and mild proteinuria. On Day 2, the patient received transfusions of red blood cells and platelets. Hemoglobin (Hb) continued to fall to 48 g/L, and platelets dropped to $5 \times 10^{9}/L$ within 2 days of the transfusions (Table 1).

A tentative diagnosis of aHUS was made, and a single dose of eculizumab (~900 mg/m²) was given 2 days after admission. The patient was vaccinated against *N. meningitidis* and started amoxicillin prophylaxis. Platelet count, Hb, and LDH started to improve after 4 days and normalized within 17 days. The diagnosis was corrected to TTP several days after

Parameter ^a	Reference range	Presentation	Peak/nadir	Pre- eculizumab	Resolution ^b	Last measurement
Hemoglobin	105–135 g/L	60 (D-1)	48 (D-1)	74 ^c	108 (D+17)	125 (D + 1494)
Serum lactate dehydrogenase (LDH)	142–297 U/L	1205 (D-1)	1205 (D-1)	926	285 (D + 17)	211 (D + 1494)
Haptoglobin	0.69–1.96 g/L	< 0.06 (D - 1)	< 0.06 (D - 1/+17)	< 0.06	0.36/0.89 (D+59/82)	$0.83 (D + 1494)^{d}$
Reticulocytes	$0.002-0.020 \times 10^9/L$	NA	0.116 (D-0)	0.116	0.018 (D + 12/17)	0.012 (D + 521)
Platelet count	140–450 × 10 ⁹ /L	8 (D-1)	5 (D + 1)	21 °	202 (D+17)	311 (D + 1494)
eGFR ^e	mL/min/1.73m ²	110 (D – 1)	110 (D – 1)	113	139 (D + 10)	122 (D+1301)
ADAMTS13 ^f	56-133%	NA	<10 (D-0/+17)	<10	$<10/47~({\rm D}+17/82)~^{\rm f}$	>150 (D+1301)
Anti-ADAMTS13	Negative	NA	1:64 (D-0)	1:64	1:4/negative (D+360/475)	negative (D + 942/1304)
C3	0.75–1.40 g/L	NA	0.85 (D-0)	0.85	NA	1.37 (D+1494)
C4	0.17–0.47 g/L	NA	0.35 (D-0)	0.35	NA	0.39 (D+1494)
CH50	69–129%	87 (D-0)	$< 1 (D+1)^{g}$	87	9/79 (D+31/59) ^g	103 (D+528)
AH50	30-113%	42 (D-0)	$< 1 (D+1)^{g}$	42	29/76 (D+59/82) ^g	78 (D+528)
sC5b-9	< 300 ng/mL	NA	653 ^h (D – 0)	653	262 (D+81/360)	106 (D+1301) ^h
Anti-CFH antibody	Negative	Negative	Negative	Negative	Negative	Negative
Urine protein (dipstick)	Negative (g/L)	0.3 (D – 1)	0.3 (D-1)	NA	Neg (D + 1)	Neg (D+1301)
Urine blood/hemoglobin (dipstick)	Negative	Moderate (D-1)	Moderate $(D - 1/+2)$	NA	Small/negative $(D + 5/6)$	negative (+1301)
U protein/creatinine	<0.020 g/mmol	NA	0.050 (D + 5)	NA	0.021 (D+6)	0.012 (D+1301)
Urine RBC (microscopy)	Per HPF	25–30 (D – 0)	25–30 (D – 0)	25–30	Negative $(D+6)$	Negative (D + 1301)

D day (relative to eculizumab infusion), *eGFR* estimated glomerular filtration rate, *HPF* high-power field, *NA* not available/not applicable, *RBC* red blood cells ^a See text for additional laboratory results. "D" (day) refers to the number of days before or after eculizumab infusion ("D 0" indicates the day of infusion, "D – 0" immediately prior to infusion)

^b Resolution documented on the second of the two indicated days (where interim measurements were not obtained)

^c After transfusion of packed red blood cells and platelets

^d Haptoglobin peaked after recovery at 2.89 (D + 523)

e Schwartz (CKiD) formula

^fFluorescence resonance energy transfer (FRETS-VWF73) assay

g Eculizumab-induced complement blockade

^h Intermittent rise of plasma sC5b-9 concentration to 530 ng/mL was incidentally detected more than 2 ½ years after initial presentation (see Fig. 1 and Discussion)

discharge from hospital, when the ADAMTS13 activity in the pre-treatment plasma sample was found to be unmeasurably low using the fluorescence resonance energy transfer (FRETS-VWF73 substrate) assay (Peptide International Inc. Louisville KY) [9]. The patient also had anti-ADAMTS13 IgG antibodies (1:64) (in-house titration ELISA with recombinant ADAMTS-13 (Baxter, Mississauga, Canada) as target antigen and serial plasma dilutions). Incubating patient and reference plasma (ADAMTS13 activity 0 and 100%, respectively) in equal volumes at 37 °C for 30 min reduced the ADAMTS13 activity in the mixture to 0%, indicating the presence of an inhibitor in an assay analogous to the Bethesda assay using the FRETS-VWF73 substrate. Due to rapid clinical and laboratory improvement following treatment with eculizumab, we refrained from PLEX and immunosuppressive therapy. ADAMTS13 activity normalized completely after 15 months (Fig. 1 and Table 1).

The initial mutation screen for *ADAMTS13* and genes encoding complement factors CFH, CFI, and CFB, CD46/ membrane cofactor protein (MCP), factor H-related protein (CFHR) 5, C3, apelin and thrombomodulin was negative. CFH protein concentration was normal. Comprehensive retesting confirmed the previous results and excluded mutations of diacylglycerol kinase-epsilon (*DGKE*), plasminogen (*PLG*) and methylmalonic aciduria and homocystinuria, cblC complementation type (*MMACHC*), but identified a homozygous deletion of *CFHR3/1*. No anti-CFH antibodies were demonstrated during active disease and follow-up, and there was no



Fig. 1 Disease course **a** Platelet count and lactate dehydrogenase (LDH) levels pre- and post-therapy. Eculizumab was given on Day 2 of admission (red arrow). The platelet count increased steadily from 5×10^{9} /L on Day 3 and normalized 17 days after the antibody infusion, similar to LDH and hemoglobin (108 g/L on day 17 of eculizumab therapy; not shown). **b**

ADAMTS13 activity and anti-ADAMTS13 antibodies following eculizumab infusion. c Results of global classical (CH50) and alternative pathway activities (AH50), C3 and soluble MAC (sC5b-9) concentrations during acute disease and long-term follow-up

documented relapse of TTP or TMA over the 4 years of observation. A moderate, temporary increase of plasmatic sC5b-9 was noted $> 2\frac{1}{2}$ years after presentation in the absence of clinical symptoms or hematological evidence of TMA. At the time, ADAMTS13 activity had normalized, and anti-CFH antibodies were undetectable (Table 1 and Fig. 1).

Discussion

We report a young boy with acquired TTP, with nonmeasureable ADAMTS13 activity and elevated, inhibitory anti-ADAMTS13 antibodies. He had no neurological signs, and apart from erythrocyturia and mild proteinuria, renal function remained normal throughout the disease course. The case is noteworthy because of documented complement activation and swift clinical and laboratory resolution following treatment with eculizumab, without PLEX or immunosuppressive therapy.

The differentiation between TTP and aHUS can be challenging [10–12]. Our patient was found to have a homozygous deletion of *CFHR3/1* without detectable anti-CFH antibodies. Deletions in the *CHFR3/1* locus have been noted in 5–8% of the healthy population, with wide ethnic diversity [13], and are believed to be of no consequence in the absence of anti-CFH antibodies [6,14]. At present, a link between *CFHR* deletion and TTP has not been formally established. However, it has been speculated that lack of CFHR expression predisposes to autoimmune diseases [15]. Interestingly, we documented retrospectively a second "silent" rise of plasma sC5b-9 concentrations long after the resolution of TTP, without apparent hemolysis and thrombocytopenia and in the absence of anti-CFH autoantibodies (Fig. 1). We posit that intermittent or abortive episodes of APC activation and sMAC formation occur in predisposed individuals, depending on stimulus type and intensity [16]. While increased levels of sC5b-9 indicate that the terminal complement cascade has been activated, we do not know what triggered this biological event 2 $\frac{1}{2}$ years after the initial presentation, and the current literature does not provide an answer concerning the frequency and specificity of increased sC5b-9 measurements or what constitutes an indication for treatment. By way of analogy, Page et al. [17] recently reported that TTP patients experience clinically uneventful episodes of diminished ADAMTS13 activity < 10% during periods of disease remission. Comprehensive and prospective, functional studies are needed to better understand the biological and clinical importance of these observations. Likewise, the temporary increase of ADAMTS13 (FRETS-VWF73) activity on day 84 of admission, confirmed in repeat assays, was unexpected in view of still detectable anti-ADAMTS13 antibodies and remains unexplained. In contrast, the documented normalization of FRETS-VWF73 assay results 15 months after disease onset correlated well with the disappearance of anti-ADAMTS13 antibodies (Fig. 1, panel B).

There is evolving experimental and ex vivo evidence of complement activation and dysregulation in TTP. For example, Turner and Moake [18] described the assembly and activation of complement by endothelial cell-anchored ULvWF molecules in vitro. Reti et al. demonstrated increased plasma concentrations of sC5b-9 and C3a in a series of patients with aTTP [19]. Plasma from TTP patients was found to contain significantly higher levels of complementcoated endothelial microparticles than controls [20]. The latter authors also showed C3 deposition on vWF-platelet strings and primary glomerular endothelial cells exposed to plasma from TTP patients in vitro, under shear. These and other studies [21–23] suggested that cleaved vWF serves as a cofactor for CFI to cleave C3b to iC3b, alone or in the presence of CFH, while ULvWF lacks cofactor activity toward CFI or CFH and permits APC activation [21,22]. The concept that ULvWF binds C3b and acts as a platform for the assembly of C3/C5 convertase has been recently confirmed and expanded using plasma from a series of patients with congenital as well as acquired TTP [24].

Pecoraro et al. first described a 12-year-old boy with cTTP due to a compound heterozygous *ADAMTS13* mutation, who was successfully treated with eculizumab [11]. This patient, too, was initially misdiagnosed to have aHUS, and eculizumab induced prompt remission. Unlike our scenario, Pecoraro's patient had severe acute kidney injury requiring

dialysis. The authors also noted moderately increased plasma sC5b-9 concentrations. Renal function recovered quickly after anti-complement therapy, but TTP recurred with its discontinuation. Subsequent relapses reverted promptly with single doses of eculizumab. Pecoraro's patient had no detectable complement factor mutations nor anti-CHF or anti-ADAMTS13 antibodies, albeit the number of genes tested was limited and did not include *CFHR3/1* [11].

In conclusion, complement activation, likely due to ULvWF-induced APC dysregulation, may contribute to the pathophysiology and clinical manifestations of TTP, especially hemolysis and likely, thrombocytopenia. The potential role of isolated CFHR3/1 deletion without detectable anti-CFH antibodies is incompletely understood. The present case and a previous report [11] suggest that anti-complement agents may have a role in the management of (some) patients with TTP, congenital, or acquired. While we are currently not advocating for complement blocking therapies in all TTP patients, we wish to highlight the merits of additional basic and clinical research beyond present guidelines. Different nosological entities as currently defined [25] may overlap, and comprehensive functional and genetic studies are needed to avoid diagnostic pitfalls, such as the presence of complement regulator mutations and/or anti-CFH antibodies [10,12,26], particularly in patients presenting with a complicated or protracted course of TTP. The pathophysiological role of dyregulated APC activation in TTP should be addressed in prospective studies.

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Genetic testing for ADAMTS13 was performed at Prevention Genetics (Marshfield, Wisconsin, USA), and for complement genes at the Molecular Genetics Laboratory, The Hospital for Sick Children (Toronto, Ontario) and the Molecular Otolaryngology and Renal Research Laboratories (University of Iowa, Iowa City, IA, USA). ADAMTS13, anti-ADAMTS13, anti-CFH antibody, and sC5b-9 measurements were performed in the laboratory of the Service d'hématologie-oncologie, CHU Sainte-Justine (Montréal, Québec). Additional samples were tested in the Institute of Immunology (University of Heidelberg, Germany) and the Centre hospitalier universitaire Laval (Québec, Québec).

Compliance with ethical standards

Conflict of interest AB and MB received honoraria from Alexion Pharmaceuticals, Inc. The remainder of the authors has no potential conflicts of interest to declare.

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