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Chickens treated with a nitric oxide inhibitor became more resistant to *Plasmodium gallinaceum* infection due to reduced anemia, thrombocytopenia and inflammation

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Abstract

Malaria is a serious infectious disease caused by parasites of the *Plasmodium* genus that affect different vertebrate hosts. Severe malaria leads to host death and involves different pathophysiological phenomena such as anemia, thrombocytopenia and inflammation. Nitric oxide (NO) is an important effector molecule in this disease, but little is known about its role in avian malaria models. *Plasmodium gallinaceum-* infected chickens were treated with aminoguanidine (AG), an inhibitor of inducible nitric oxide synthase, to observe the role of NO in the pathogenesis of this avian model. AG increased the survival of chickens, but also induced higher parasitemia. Treated chickens demonstrated reduced anemia and thrombocytopenia. Moreover, erythrocytes at different stages of maturation, heterophils, monocytes and thrombocytes were infected by *Plasmodium gallinaceum* and animals presented a generalized leucopenia. Activated leukocytes and thrombocytes with elongated double nuclei were observed in chickens with higher parasitemia; however, eosinophils were not involved in the infection. AG reduced levels of hemozoin in the spleen and liver, indicating lower inflammation. Taken together, the results suggest that AG reduced anemia, thrombocytopenia and inflammation, explaining the greater survival rate of the treated chickens.

Introduction

Malaria remains one of the most globally-important infectious diseases, particularly in terms of morbidity, mortality and deleterious economic consequences. This disease affects half a billion people worldwide every year and more than 2 million people die yearly from severe malaria [1]. This disease presents a number of different clinical symptoms, with a variety of pathological consequences associated with severe malaria, such as acute respiratory distress, renal failure, severe anemia and cerebral malaria, all of which can arise from infection with *Plasmodium falciparum* [1,2].

Several studies on the complex physiopathology of malaria have been published, but the cellular and molecular mechanisms involved in its pathogenesis remain unclear. Thus, experimental models have been established in order to address these issues and to develop better therapeutic procedures. Different malaria models with peculiar characteristics have been developed in monkeys, mice, rats and birds [3,4]. Investigations regarding avian hemoprotozoa have provided many fundamental discoveries about malaria, including the existence of the extra-erythrocytic stages occurring with Plasmodium gallinaceum infections [5-7]. Plasmodium gallinaceum (Apicomplexa: Haemospororida) infects chickens and was first described by Brumpt in 1935, constituting a versatile model for studying alternative treatments for human malaria [5,7,8]. This model dominated studies of the biology of the parasite and chemotherapeutic research from 1890 until 1940 [4,7]. Recently, this model has come back into use [4,8-14].



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Several hypotheses exist to explain the mechanisms involved in malaria pathogenesis, such as anemia, thrombocytopenia and inflammation. One inflammatory mediator studied in malaria is nitric oxide (NO) [13,15-17]. NO is cytotoxic and cytostatic to blood stage malaria parasites in vitro [18-20], but the precise mechanism by which NO mediates an in vivo effect is not known. NO, when produced in large quantities by the inducible isoform of the NO synthase, has the potential to kill a variety of pathogens [21-23]. Whether NO controls, or not, acute parasitemia in malaria is unclear [24]. Increased production of endogenous NO during blood stage malaria has been correlated with protection against P. chabaudi infection in mice [18]. However, several studies show the dichotomous role of NO in malaria pathogenesis. Ghigo et al. demonstrated that neural changes in murine malaria increase cytokine levels and NO production by inducible NO synthase [15]. Evidence of this activation was demonstrated in the brain tissues of children with fatal malaria [17]. However, in the murine model, other authors have shown severe malaria in animals knocked out for inducible NO synthase [16]. In a previous study, we showed a positive correlation between NO production, by macrophages of chickens, with increased infection by P. gallinaceum [13]; however, little is known about the role of this radical in avian malaria.

Thrombocytopenia is also found in humans [25-27] and mice [28,29] malaria and was recently described in an avian malaria model in chickens that were experimentally infected with *P. juxtanucleare* [12], clearly indicating an important role for platelets/ thrombocytes in the pathogenesis of this disease. Platelets are activated during the course of the malaria infection [26] and release microparticles that modulate the cytoadherence of parasitized erythrocytes on the brain endothelium [30,31], with ensuing platelet aggregation [30,32]. Thrombocytopenia is thought to occur as a consequence of platelet consumption and is probably part of the pathogenesis of malaria [26].

We have observed that macrophages of chickens infected with *P. gallinaceum* produce high amounts of NO [13]. As such, we evaluated the role of NO during the infection of chickens with *P. gallinaceum* by blocking NO production using aminoguanidine (AG) treatment. This treatment increased the survival of chickens during the acute phase of the infection, reduced anemia and thrombocytopenia, and lowered levels of hemozoin pigment in the spleen and liver. Moreover, blood lymphocytes, heterophils, monocytes and thrombocytes became activated and atypical thrombocytes were observed. These results suggest that the increased survival of AG- treated infected chickens was mediated by reduced anemia, thrombocytopenia and inflammation.

Material and methods Parasite and chickens

The protozoan *P. gallinaceum*, strain 8A, was kindly provided by Dr Antoniana Krettli from the Centro de Pesquisa Renè Rachou, Fundação Oswaldo Cruz, Minas Gerais, Brazil. The parasite was maintained by successive passages in chickens. Hubbard chickens (1 day-old) were acquired from commercial establishments in Marechal Floriano, Espírito Santo, Brazil. Chickens were maintained in cages at the animal house of the Universidade Estadual do Norte Fluminense, Rio de Janeiro, Brazil, with water and a balanced feed (cocciodiostatic free), *ad libitum*. Chickens were infected on the 35th day.

This study was carried out in strict accordance with the Brazilian Law #11794/08. The animal studies protocol was reviewed and approved by the Committee on the Ethics of Animal Experiments of the Universidade Estadual do Norte Fluminense (Permit Number: 100).

Treatment with AG and infection with *Plasmodium* gallinaceum

Daily treatment with AG (25 mg/Kg) by the intraperitoneal route started two days before infection with the parasite. The dose was based on previous studies [33-35]. For infection, chickens were inoculated intramuscularly with 5×10^6 erythrocytes parasitized by *P. gallinaceum* [13]. Chickens were clinically examined and monitored daily from the 4th day post-infection (dpi); the assessment of the clinical manifestations was notated without score subdivision.

Experimental groups and blood collection

Chickens were distributed randomly into experimental groups (G1: noninfected; G2: noninfected treated with AG; G3: infected untreated; G4: infected treated with AG). G1 and G2 had 5 chickens and G3 and G4 had 12 chickens. All chickens in G1 and G2 had their blood collected every four days after infection. G3 and G4 were divided into two subgroups of 6 chickens each. The subgroups were bled every four days, but with a 2-day difference between these subgroups; thus, 6 chickens from G3 and G4 were bled every other day. Blood was collected from the wing vein starting on the 4th dpi through to the 28th dpi. For hematology assays, all chickens from every group and subgroup had their blood (1 mL) collected with ethylenediaminetetraacetic acid as the anticoagulant. For serum biochemistry, three chickens from every group and subgroup had their blood (2 mL) collected without anticoagulant to obtain serum. Three independent experiments were performed; figure legends indicate the number of repetitions.

Determination of parasitemia and temperature

Blood smears were obtained daily from a drop of blood taken from the nail of the bird; the sample was then

Giemsa stained and observed under an Axioplan Zeiss microscope by bright field microscopy. Parasitemia was estimated as a percentage by counting the number of parasites in about 1000 erythrocytes found in 10 microscopic fields using an immersion objective $(100\times)$ lens [13]. Parasitemia of immature erythrocytes, monocytes, heterophils and thrombocytes was also estimated as a percentage by counting at least 100 cells in three individual blood smears. The birds' temperatures in Celsius

were evaluated daily between 3:00 and 4:00 pm by inserting a digital thermometer in the chickens' cloaca.

Classic hematology

Packed cell volume was determined by the microhematocrit technique. Hemoglobin concentration was determined by a colorimetric method following sample centrifugation $(1600 \times g, 5 \text{ min})$ before reading [36]. Blood was diluted (1:200) with phosphate buffer saline (PBS) and erythrocytes





representative experiment.

were counted in a Neubauer chamber. Mean corpuscular volume (MCV) and mean corpuscular hemoglobin concentration (MCHC) were calculated [37]. Thrombocytes and leukocytes were counted simultaneously in a Neubauer chamber by diluting (1:50) blood with PBS containing 0.01% brilliant blue cresyl [36]. Later the percentage of thrombocytes in relation to leukocytes was determined by counting 100 cells in a blood smear [38]. The differential count of leukocytes was made in blood smears stained with Giemsa; 100 cells were counted per slide. Cells, infected or not, were observed under an Axioplan Zeiss microscope equipped with polarized light and images were captured with a digital camera (Axiovision MRc5). The percentage of immature erythrocytes and toxic heterophils was estimated by counting 300 and 100 cells, respectively, in at least 3 individual blood smears of chickens with high parasitemia. The cell size of thrombocytes, lymphocytes and monocytes was estimated in control (noninfected), low (15%) and high (50%) parasitemia chickens (5 animals each). Images of cells from individual blood smears were captured with the digital camera. The area of at least 250 to 170 for thrombocytes, 240 to 50 for lymphocytes and 100 to 25 for monocytes was estimated using the Axiovision software.

Serum biochemistry

In the laboratory, serum was aliquoted and stored at -70° C until the assays. Alanine aminotransferase (ALT), aspartate aminotransferase (AST), lactate dehydrogenase (LDH), alkaline phosphatase (ALP), cholesterol, urea, uric acid and creatinine were analyzed using standard kits (Labtest Diagnostica SA, Brazil) with the aid of a spectrophotometer (BTS 310, Biosystems).

Plasma nitric oxide production

Production of NO in plasma was evaluated by the Griess reaction [39] after converting nitrate to nitrite by incubation of plasma in nitrate reductase (purified from *Aspergillus*) in the presence of NADPH [40]. Ethylenediaminetetraacetic acid was used as an anticoagulant to avoid precipitation that may occur when the Griess solution is added to heparinized plasma. The mixture was incubated for 3 h at room temperature and 100 μ L of the sample was mixed with 100 μ L of the Griess reagent on a 96-well plate. After 10 min, the samples were read using a spectrophotometer (540 nm). The concentrations of nitrite in the samples were determined by the use of a standard curve with serial dilutions of sodium nitrite solution, and values were expressed in μ M.

Culture and staining of thrombocytes

Chicken leukocytes were separated from total blood on a 60% Percoll solution, as previously reported [41]. Blood from chickens, infected or noninfected, treated or not with AG, were used. Briefly, 3 mL of blood was collected into heparinized syringes, diluted (1:1) with Dulbecco's Modified Eagle's Medium (DMEM) layered on top of the Percoll solution and centrifuged at 600 *g* for 20 min without a break. The diluted plasma was discarded, and the buffy coat collected and washed. Cells, consisting mainly of lymphocytes, monocytes and thrombocytes, were resuspended in DMEM, adjusted to 2×10^7 cells/mL and seeded on glass coverslips (150 µL) in 24-well plates for tissue culture. After 1 h of culture (adherence time) at 37° C in a 5% CO₂ atmosphere, non-adherent cells were washed out and



DMEM containing 10% fetal bovine serum (FBS) was added for 24 h of culture. Some coverslips were removed, and the cells were fixed in 4% formaldehyde in PBS and processed for immunofluorescence (see below) or stained with Giemsa, dehydrated in acetone-xylol and mounted in Entellan. Morphological observations were carried out under an Axioplan Zeiss microscope.

Immunofluorescence analysis of thrombocytes

After fixing, cell monolayers were washed with PBS and incubated with ammonium chloride (100 mM) in PBS for 30 min. Cells were further incubated with 1.5% bovine serum albumin (BSA) in PBS (PBS/BSA) and incubated for 1 h in primary antibody diluted 1:10 in PBS/BSA. The primary antibody (anti-thrombocyte 11C3) was a supernatant of hybridoma cultures and a kind gift



from Dr Kanellopoulos-Langevin C. [42]. This monoclonal antibody recognizes the chicken integrin CD41/61, which is a heterodimeric cell surface protein expressed on chicken thrombocytes [42]. The cells were washed, incubated for 10 min in PBS/BSA, and further incubated with anti-mouse secondary antibody conjugated with TRITC diluted 1:100 in PBS/BSA. The cells were washed and mounted with ProlongGold[®] with DAPI. Slides were observed under an Axioplan Zeiss microscope equipped with fluorescence.

Histopathology

Chickens, at the acute phase of the infection, were sacrificed; spleens and livers were dissected and fixed in 10% buffered formalin. Samples were routinely processed in alcohol and xylol and embedded in paraffin. Paraffin blocks were cut using a rotational microtome. Sections of 5 μ m were stained with hematoxylin and eosin (H&E) and observed under an Axioplan Zeiss microscope.

Data analyses

Values are expressed as means and standard deviation. The results are also shown by correlating survival or parasitemia with days; due to the great variability of hematological values, the results for NO serum levels, hematology and biochemical assays of chickens were grouped by parasitemia range. The number of chickens in each parasitemia range of AG treated and untreated chickens are given in the figure legends. Survival was presented as a Kaplan-Meyer graph with the Mantel-Cox test analysis. The AG treated and untreated chickens were analyzed statistically using the Wilcoxon

test; for comparison of noninfected and infected chickens the ANOVA test followed by the Dunnet test were used. The threshold of significance was $p \le 0.05$ or $p \le 0.01$, as indicated in the figure legends. Comparisons of cell size between thrombocytes, lymphocytes and monocytes of noninfected, low or high parasitemia chickens were performed using the Kruskal–Wallis test ($\alpha = 0.05$).

Results

Infected erythrocytes were found on day 6 dpi in AG-treated and untreated chickens. Only 33% of the AG-treated chickens died, while 66% of the untreated group succumbed during the experiment (Figure 1A). Typical clinical avian malaria manifestations, such as apathy, lack of appetite, cachexia, paleness of the cockscomb and legs, nystagmus, retracted body position with beak down and involuntary muscular face contraction were observed. These manifestations were less evident in chickens treated with AG. One animal from the untreated group presented abnormal rhythm vocalization. An additional movie file shows this in more detail (see Additional file 1). Body temperature raised (fever) similarly and on the day of death was equal in both chicken groups (Figure 1B). AG-treated chickens that chronified during the experiment presented a higher parasitemia peak (Figure 1C). Moreover, the AG-treated chickens presented an approximately 34% higher parasitemia on the day of death, in comparison to the untreated chickens (Figure 1D, E). Thus, treatment reduced clinical manifestations and increased survival but resulted in higher parasitemia.

NO plasma levels did not change at low parasitemia (< 1) in chickens, whether treated or not with AG (Figure 2).



However, plasma NO levels positively correlated with moderate and higher parasitemia in chickens not treated with AG (Figure 2). As expected, the administration of AG reduced NO in plasma (Figure 2). In animals with chronic infection, the NO plasma levels were similar to those of noninfected chickens, independently of AG treatment (Figure 2). Thus, systemic NO production was controlled by AG treatment.

Chickens were examined by classical hematology during the time course of the experiments. All three values of the red series reduced with higher parasitemia (Figure 3A-C). However, chickens treated with AG presented higher values, some of which were statistically significant, for the number of erythrocytes (Figure 3A) and hemoglobin concentration (Figure 3C), in relation to the untreated group. In addition, AG-treated chickens recovered their erythrocyte numbers when they became chronically infected (Figure 3A). The MCV increased with higher parasitemia for untreated chickens, while the AG-treated chickens had similar values in relation to noninfected chickens, except at the higher parasitemia range (Figure 3D). The MCHC reduced with higher parasitemia, but AG treatment increased these values in



not (gray bars) with aminoguanidine grouped by parasitemia range (PR). For noninfected chickens: n = 11 for untreated and n = 12 for treated; for PR of 1–10: n = 17 for untreated and n = 19 for treated; for PR of 11–20: n = 8 for untreated and n = 16 for treated; for PR of 21–30: n = 3 for untreated and n = 6 for treated; for PR of 31–40: n = 5 for untreated and n = 5 for treated; for PR of 41–50: n = 4 for untreated and n = 4 for treated; for PR of 550: n = 3 for untreated and n = 16 for treated; for PR of 21–30: n = 4 for treated; for chronic chickens: n = 22 for untreated and n = 16 for treated. **#** Statistically significant (p < 0.05) in relation to the respective untreated value. comparison to those of untreated chickens, especially at the higher parasitemia range (Figure 3E). In short, the AG treatment lowered the severity of the anemia caused by the infection.

Observations of peripheral blood smears of AG treated or untreated chickens with parasitemia above 35% revealed the presence of 19.2% of immature erythrocytes some undergoing the process of cell division (Figure 4A-D). Most of the infected erythrocytes were in a mature stage (Figure 4E), but 13.0% of immature erythrocytes in different phases of the cell cycle were also infected (Figure 4F-H). Some blood cells were also found infected in chickens with parasitemia above 40%: 1.0% of the monocytes (Figure 5A, B), 5.0% of heterophils (Figure 5C, D) and 4.2% of thrombocytes (Figure 5E, F). No differences were found between AG treated or untreated chickens.

As parasitemia increased, AG treated and untreated chickens presented a trend towards leucopenia (Figure 6A). Treated chickens that survived the infection recovered the normal amount of leukocytes, while untreated chickens presented higher levels of leukocytes (Figure 6A). The most abundant leukocytes were lymphocytes, followed by heterophils and monocytes. A significant reduction in the total number of lymphocytes was detected in the two highest parasitemia ranges in both groups of chickens (Figure 6B). Monocytopenia was observed in both groups in the low parasitemia range (Figure 6C). At moderate parasitemia, monocytopenia was detected only in the untreated group (Figure 6C). Normal numbers of monocytes were registered in untreated chickens at the higher parasitemia range; however, treated chickens presented a lower number of monocytes (Figure 6C). A decrease in the number of heterophils was observed in both groups of chickens when higher parasitemia was achieved (Figure 6D). Chronified chickens tended to recover the number of these three leukocytes (Figure 6B-D). Eosinophils disappeared from the blood in chickens at moderate and higher parasitemia ranges (not shown).

Blood lymphocytes and heterophils changed their morphology as parasitemia increased; however, monocytes and eosinophils did not (Figure 7). Monocytes of noninfected chickens presented purple, kidney-shaped nuclei and a light-blue cytoplasm with few deep-blue areas (Figure 7A). No statistical difference of monocyte size was found for noninfected, low or high parasitemia chickens (not shown). As expected, lymphocytes of noninfected chickens had a low cytoplasm nucleus ratio and were smaller in relation to monocytes (Figure 7B); their mean area was 57.4 μ m². Infection caused lymphocytes to increase in size with a tendency to lower the cytoplasm-nucleus ratio; irregular staining of the cytoplasm was more frequent (Figure 7C, D); their mean area was 72.1 μ m², statistically different from lymphocytes of noninfected chickens. Eosinophils



noninfected (**A**, **B**) and infected chickens with low (**C**) or high parasitemia (**D**). Eosinophils from noninfected (**E**) and infected (**F**) chickens. Heterophils were normal in noninfected (**G**) and low parasitemia (**H**) animal; with higher parasitemia band (**I**) and toxic (**J**) heterophils were observed. Bar = 10 μ m.

were rarely observed and no apparent morphological change was seen when this cell type was compared between noninfected (Figure 7E) and low parasitemia infected chickens (Figure 7F). Heterophils of noninfected (Figure 7G) and moderately-infected chickens (Figure 7H) had similar morphology; but chickens with higher parasitemia presented normal (not shown), toxic band (Figure 7I) and toxic lobulated heterophils (Figure 7J). In chickens with high parasitemia, toxic heterophils represented 21.8% of the heterophil population. No clear changes in the morphology of these leukocytes were found during the infection between AG treated and untreated chickens.

Untreated chickens had a significant thrombopenia that correlated to higher parasitemia, which was not seen in the AG treated chickens (Figure 8A). Thrombocytes also presented morphological changes with higher parasitemia, becoming larger with an increase in the cytoplasmic region where vacuoles are located (Figure 8B-D). The mean area of the thrombocytes was 30.9 μ m² for noninfected, 52.8 μ m² for low parasitemia, and 70.6 μ m² for higher parasitemia, all statistically significant. Thrombocytes were cultured to better characterize its morphology. Thrombocytes of noninfected chickens were cultured for 1 h, after which they presented a spread nucleus with patches of stained chromatin, as well as spread cytoplasm with evident vacuoles (Figure 8E). A few thrombocytes (< 4%) had a pyknotic nucleus with retracted cytoplasm (Figure 8F), indicating apoptosis, as reported before [65]. However, infection of the chickens induced the appearance of atypical thrombocytes with well spread cytoplasm with, either a long nucleus (Figure 8G) or two nuclei (Figure 8H).

These atypical cells were confirmed as thrombocytes by immunofluorescence (Figure 9). Cells with typical thrombocyte morphology, but with long or two nuclei (Figure 9A, B) were recognized by the 113C monoclonal antibody specific for chicken thrombocytes [42]. Normal and pyknotic thrombocytes were also positive for this antibody after 24 h in culture, but macrophages were negative (Figure 9C, D). Blood smears also revealed thrombocytes with double nuclei, but were rarely seen (Figure 9E-G).

Serum biochemistry revealed a reduction in the ALT levels in chickens of both groups in the low parasitemia ranges (Figure 10A). AST values increased in untreated chickens in the higher parasitemia range (Figure 10B). A reduction in ALP values was detected as parasitemia increased; chronic chickens also showed a reduced level of this enzyme and untreated animals presented a lower value (Figure 10C). Values for LDH, cholesterol, urea, and uric acid tended to increase with higher parasitemia for both chicken groups (not shown). No apparent changes in either chicken groups were detected for creatinine (not shown).

Spleens of noninfected chickens presented clear white and red pulp with normal tissue display (not shown). However, chickens with higher parasitemia presented



spleen with lymphocyte depletion that was accentuated in AG treated chickens and moderate in untreated ones (Figure 11A, C). Treated chickens also presented less malaria pigment in the spleen (Figure 11B, D). Livers of untreated chickens with higher parasitemia presented a rich inflammatory infiltrate, composed of mononuclear cells and rare heterophils, with perivascular location (Figure 11E). Coagulation necrosis was also observed (not shown). AG treated chickens had scarce

inflammatory infiltrate (Figure 11G) and less malaria pigment (Figure 11F, H) in the liver.

Discussion

To better understand the role of NO in avian malaria, AG was used to pharmacologically block this radical previous to the infection of chickens with *P. gallinaceum*. AG treatment increased survival and reduced the levels of the clinical manifestation of chickens, when compared to the untreated group. Furthermore, treated chickens had higher

parasitemia, indicating that survival is not directly related to parasitemia. Higher temperature (fever) was observed similarly between both groups. Infection caused anemia, but treatment with AG ameliorated the red series parameters. In addition, thrombocytopenia and inflammation, as seen by blood leukocyte morphology and tissue hemozoin, increased with infection, but were partially reverted by AG treatment. Collectively, these results indicate that AG treatment increased the survival of chickens infected with *P. gallinaceum* by





significant (p < 0.05 or p < 0.01 for ##) in relation to the noninfected value; *Statistically significant (p < 0.05) in relation to the respective

untreated value. Data are from two independent experiments.

partially reverting some of the pathological manifestations examined.

The higher parasitemia observed in AG treated chickens may be caused by a reduced capacity to uptake infected erythrocytes by spleen and liver macrophages that may extend the presence of infected erythrocytes in the blood. This is corroborated by lower levels of hemozoin in the



infection. (A) Spleen section of untreated chickens stained with H&E, showing lymphocyte depletion (arrows). (B) Same visual field observed by polarized microscopy. (C) Spleen section of treated chickens stained with H&E, showing extensive lymphocyte depletion. (D) Same visual field observed by polarized microscopy. Note less birefringent material in treated chickens. (E) Liver section of untreated chickens, stained with H&E. An extensive area of inflammatory infiltrate can be seen (arrows) next to a vessel (arrowhead). (F) Same visual field observed by polarized microscopy. (G) Liver section stained with H&E of treated chickens. A predominantly mixed mononuclear inflammatory infiltrate can be observed (arrow). (H) Same visual field observed by polarized microscopy. Note less birefringent material in treated chickens. Bar = 50 µm.

spleen and liver of treated chickens. In addition, AG treatment caused lower phagocytic activity of rat macrophages [43], suggesting that the mechanism that increased erythrocyte in blood may be related to a reduced uptake capacity of chicken macrophages. The possibly lower uptake of infected erythrocytes by the spleen and liver of treated chickens may also explain the reduced levels of anemia found in these chickens. Another possible explanation for the higher parasitemia in AG-treated chickens may be the reduced capacity to control parasite growth. NO is a potential microbicidal agent [19,21,44,45] and blocking its production, as seen by the reduced plasma NO levels, indicates that AG caused an increase in the capacity of *P. gallinaceum* to persist in infected erythrocytes. In addition, less NO may cause parasites to increase in the entire tissue, resulting in a higher infection of erythrocytes.

The analysis of the red series parameters indicates that infection with P. gallinaceum induces a hypochromic macrocytic anemia. Although chickens of the AG group had higher parasitemia, they were less anemic. The MCV index, in particular, was reduced in treated chickens with higher parasitemia, when compared to untreated chickens. This difference in anemia can also be explained by a possibly lower uptake of infected erythrocytes by treated chickens, as discussed above, or lower lysis of these cells, caused by less NO. The observation of immature erythrocytes in the peripheral blood is a confirmation of the bone marrow's response to the infection. Plasmodium juxtanucleare, another avian plasmodium, infects only mature erythrocytes [46,47], rarely reaching higher parasitemia levels [12]. The higher aggressiveness of P. gallinaceum, in relation to P. juxtanucleare, may also involve the capacity of the former to infect erythrocytes in all states of maturation.

Plasmodium gallinaceum also infects monocytes, heterophils and thrombocytes. Monocytes and heterophils are professional phagocytes [48,49] and may actively up take free parasites or hemozoin in the blood after lysis of erythrocytes. This has been seen in the blood smears of human subjects, in monocytes and neutrophils [27,50]. However, thrombocytes are not professional phagocytes [41] and the presence of parasites in these cells indicates the entrance of *P. gallinaceum* by active invasion.

A tendency to reduce the number of total leukocytes was seen with the infection of the chickens. However, a significant reduction of lymphocytes and heterophils was observed with the increase in parasitemia. Thus, the infection by P. gallinaceum reduced the number of some blood leukocytes. Children infected with P. falciparum have low lymphocyte counts due to spleen sequestration [27]. Thus, the leukopenia seen in P. gallinaceum-infected chickens may also be caused by tissue sequestration, especially of lymphocytes and heterophils. Monocytes displayed a different behavior probably explained by tissue sequestration at the beginning of the infection and faster recovery in relation to the other two leukocytes. This recovery may be related to hemozoin accumulation in tissue that induces monocyte chemokine secretion [51]. As hemozoin accumulates in the tissues of chickens, higher levels of chemokines may attract monocytes to the tissues and also increase the production of these cells in the bone marrow, compensating quantities in the blood. A similar response may occur in treated chickens but with a shorter time course. Further studies are necessary to better understand the fluctuation in the number of monocytes observed in both chicken groups. Another interesting result was the recovery of the number of leukocytes in chickens that became chronic, especially in the untreated group, which presented leukocytosis in relation to noninfected chickens. Data indicate that the inflammatory response in untreated chickens was elevated, resulting in high numbers of leukocytes in the blood during chronification.

Infection caused lymphocytes to increase in size and heterophils became toxic. The morphological changes of lymphocytes and heterophils with the infection indicate that these cells also became activated during the infection. These changes show that the immune system of chickens was generally activated by the infection, as suggested before [13]. Eosinophils make an important contribution to inflammation and the immune response; however, the function of avian eosinophils is not very well known [52,53]. It has been suggested that avian eosinophils may be involved in the early stage of acute inflammation [54]. It has also been demonstrated that eosinophils participate in the rat liver granuloma induced by P. berghei [55]. Children infected with malaria, however, have lower eosinophil numbers [27]. Eosinophils disappeared from the blood in the chicken malaria model, studied herein, indicating that the P. gallinaceum infection of chickens negatively modulates eosinophils right at the beginning of the infection process, indicating that this cell type is not involved in the pathogenesis of this disease.

As for the other malaria models [56,57], thrombocytopenia was also seen after infection of the chickens. Interestingly, AG treatment reduced thrombocytopenia; no significant difference in total thrombocyte number was found when compared to noninfected chickens. The reduction in the number of thrombocytes in untreated chickens may be related to the greater inflammation caused by the infection, which may induce a higher consumption of thrombocytes. Moreover, in severe human malaria, vasculitis [58,59] and disseminated intravascular coagulation [60,61] are pathological manifestations that consume platelets and may also occur in infected chickens. Another effect of AG may be related to the reduced vasodilation effect in chickens [35]. This effect would reduce tissue edema, which is a seminal characteristic of inflammation [62]. Less edema maintains the perfusion of tissues, which would help the animal to better survive the infection. AG treatment may ameliorate vasodilation, vasculitis and disseminated intravascular coagulation, explaining the lower thrombocytopenia. This thrombocytopenia, together with the lower anemia and lower general inflammation, may explain the lower death rate observed in treated chickens.

In addition, the infection caused an increase in thrombocyte size, and in the appearance of thrombocytes with long and double nuclei. These atypical cells were confirmed as thrombocytes by immunofluorescence. Culture helped in the identification of the atypical thrombocytes, as these cells spread completely over a substrate [63]. After observing these atypical thrombocytes, the blood smears were also re-examined and thrombocytes with double nuclei were also seen. The long and double nuclei may be evidence of immature thrombocytes being released into the blood, due to the consumption of these cells by the infection. As far as we know, this is the first description of atypical thrombocytes present in blood in chickens.

Serum biochemistry revealed few changes between the chicken groups and the chicken with higher parasitemia. Higher AST, lower ALP and the tendency to increase urea and uric acid with the infection suggest that the liver and the kidney were affected by the infection [64].

In conclusion, anemia, thrombocytopenia and inflammation are factors that result in host death in avian malaria. The administration of AG blocks NO, leading to a higher survival rate of the chickens and higher parasitemia. The improved survival of AG treated chickens may be due to lower inflammation, anemia and thrombocytopenia. The study of NO is important for furthering the understanding of the pathophysiology of malaria and inhibition of NO signaling may be an extra therapeutic approach for severe malaria.

Additional file

Additional file 1: Abnormal rhythm vocalization of chickens infected with *Plasmodium gallinaceum*. The video shows a chicken from the untreated group with a clear abnormal rhythm vocalization (Additional file 1).

Abbreviations

NO: Nitric oxide; AG: Aminoguanidine; Dpi: Day post-infection; PBS: Phosphate buffer saline; MCV: Mean corpuscular volume; MCHC: Mean corpuscular hemoglobin concentration; ALT: Alanine aminotransferase; AST: Aspartate aminotransferase; LDH: Lactate dehydrogenase; ALP: Alkaline phosphatase; DMEM: Dulbecco's Modified Eagle's Medium; FBS: Fetal bovine serum; BSA: Bovine serum albumin.

Competing interests

The authors declare that have no competing interests.

Authors' contributions

BMM participated in chicken maintenance, infection, treatment and necropsy, hematological, immunofluorescence and histological data acquisition, thrombocyte cultivation, statistical analysis and helped to draft the manuscript. FJBM participated in chicken maintenance, infection, treatment and necropsy, hematological, biochemical and histological data acquisition, thrombocyte cultivation, statistical analysis and helped to draft the manuscript. FSS participated in chicken maintenance and data acquisition and analysis of thrombocyte cultivation. ECQC participated in histological data acquisition and analysis and helped to draft the manuscript. APA participated in hematological and biochemical data acquisition and analysis. JLMN conceived of the study, participated in its design, and helped to draft the manuscript. RAD conceived of the study, participated in its design, participated in immunofluorescence data analysis, and helped to draft the manuscript. All authors read and approved the final manuscript.

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