

Jaundice may be the only clinical manifestation of primary hepatosplenic diffuse large B-cell lymphoma: a case report and literature review

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Abstract

A 64-year old Chinese male patient was admitted to our hospital because of severe jaundice that persisted for 2 months. No swollen lymph nodes or hepatosplenomegaly was detected on physical examination. His laboratory data indicated high levels of direct bilirubin, alkaline phosphatase, aspartate aminotransferase, and alanine aminotransferase. No abnormality was revealed on abdominal computed tomography (CT). However, positron emission tomography (PET)-CT revealed diffuse hypermetabolism in the liver and spleen. Ultimately, liver biopsy guided by PET-CT was performed, revealing that atypical lymphocytes diffusely infiltrated the liver. The immunohistochemical analysis demonstrated that the tumor cells were positive for CD20, Bcl-2, Bcl-6, MUM1, and c-Myc but negative for CD3, CD4, CD8, and CD10. Based on these findings, this patient was diagnosed with primary hepatosplenic diffuse large B-cell lymphoma. After the definite diagnosis, he received chemotherapy and remained in good health as of September 2019.

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Keywords

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Introduction

Primary hepatosplenic lymphoma (PHSL) is a remarkably rare malignancy, accounting for 0.016% of all non-Hodgkin's lymphomas and 0.4% of all extranodal lymphomas.¹ It is highly heterogeneous, and it is characterized by an old age at presentation, female predominance, bone marrow involvement, advanced stage, a high international prognostic index (IPI), and the predominance of the γ/δ T-cell receptor type.² Although the pathogenesis of PHSL is uncertain, several etiological factors have been confirmed to increase the incidence of the disease, such as hepatitis virus infection (hepatitis A, B, and C) and autoimmune conditions.³ Because this rare disease entity has neither a specific clinical manifestation nor significant tumor formation, liver biopsy is critical for clinical definite diagnosis.

In this article, we presented the case of a patient with PHS-DLBCL and severe skin jaundice. The clinical definite diagnosis was made after liver biopsy guided using positron emission tomography (PET)-computed tomography (CT). This patient achieved complete remission after four cycles of rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisone (R-CHOP). Encouragingly, the general condition of this patient has remained good as of September 2019.

Case report

A 64-year-old Chinese male patient presented to our medical center with a chief

complaint of skin jaundice that had persisted for 2 months. The patient denied any significant medical history, medication history, family history, and occupational exposure history. The patient also stated that he was not using any herbal supplements before hospital admission. After admission, physical examination did not identify surface lymphadenopathy or hepatosplenomegaly excluding severe skin jaundice. Routine blood testing revealed the following results: hemoglobin, 9.9 g/dL; leukocytes, $9.5 \times 10^9/L$; neutrophils, $7.1 \times 10^9/L$; and platelets, $73 \times 10^9/L$. His serum levels of direct bilirubin (DBil), alkaline phosphatase (ALP), aspartate aminotransferase (AST), alanine aminotransferase (ALT), and lactic dehydrogenase were 165.24 mg/dL, 273 IU/mL, 156 IU/mL, 44 IU/mL, and 1000 IU/mL, respectively. The results of infectious disease-related tests, such as hepatitis A, B, and C, Epstein-Barr virus, and cytomegalovirus, were negative. The results of autoimmune hepatitis workups, such as anti-smooth muscle antibody, anti-liver kidney microsomal antibody, anti-soluble liver antigen antibody, were also negative. Abdominal CT was conducted to explore the cause of jaundice, but it failed to produce any meaningful results. During this period, the patient's serum DBil levels patient deteriorated further. To determine the cause of jaundice as quickly as possible, PET-CET was performed, and the results indicated diffuse hypermetabolism in the liver and spleen (Figure 1).

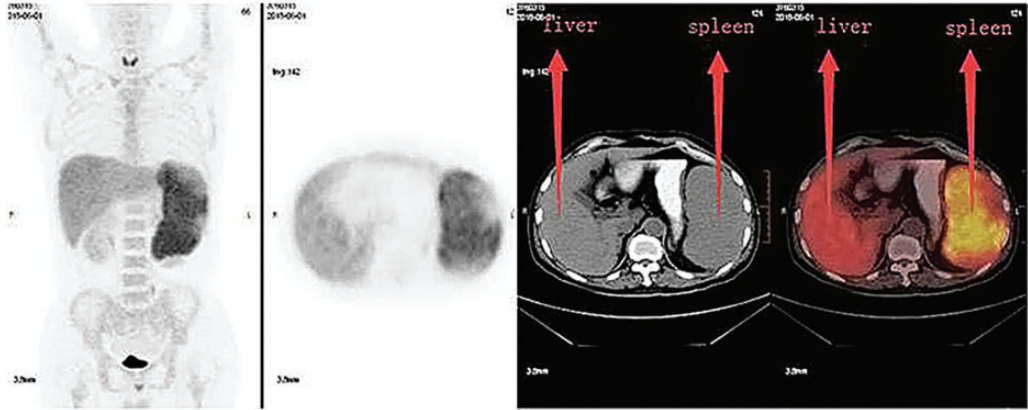


Figure 1. Results of positron emission tomography-computed tomography before rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisone chemotherapy. The liver and spleen displayed diffuse hypermetabolism.

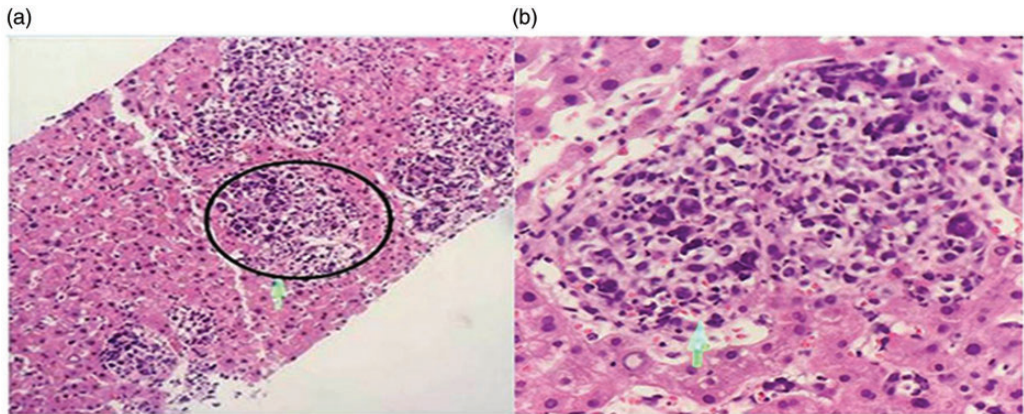


Figure 2. Results of hematoxylin and eosin staining of a liver specimen. (a) Low magnification ($\times 20$) of the liver specimen. (b) High magnification ($\times 40$) of the encircled portion in Figure 2(a). The hepatic lobule and hepatic cord were disordered with diffuse infiltration of large atypical lymphocytes.

Subsequently, liver biopsy guided by PET-CT was performed. Microscopic examination uncovered that the liver was diffusely invaded by large atypical lymphocytes, primarily within the portal triads (Figure 2). Immunohistochemical staining revealed that the tumor cells were positive for CD20, Bcl-2, Bcl-6, MUM1, and c-Myc but negative for CD3, CD4, CD8, and

CD10 (Figure 3). Bone marrow aspiration and biopsy were performed during hospitalization, but no lymphoma cells were detected. Eventually, the diagnosis of PHS-DLBCL was made according to the aforementioned findings.

After the definitive diagnosis, the patient received six cycles of R-CHOP chemotherapy. Encouragingly, the severity of skin

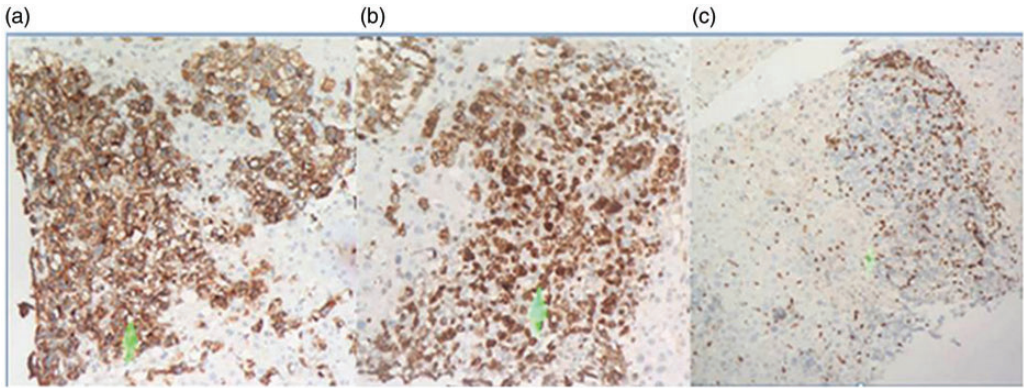


Figure 3. Results of immunohistochemical staining. The lymphoma cells were positive for CD20 and Bcl-2 but negative for CD3. (a) CD20 was diffusely and strongly positive. (b) Bcl-2 was diffusely and strongly positive. (c) CD3 was negative.

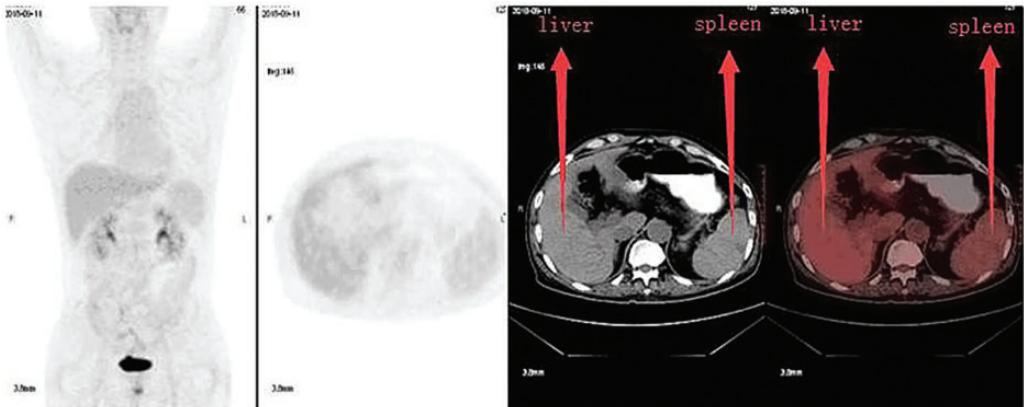


Figure 4. Results of positron emission tomography-computed tomography examination 1 month after the last cycle of rituximab, cyclophosphamide, doxorubicin, vincristine, and prednisone chemotherapy. The diffuse hypermetabolism of the liver and spleen had disappeared.

jaundice in this patient greatly improved. PET-CT was repeated 1 month after the last cycle of R-CHOP chemotherapy, revealing that PHS-DLBCL was in complete remission (Figure 4). The patient was alive as of September 2019.

This study was approved by the Ethics Committee of the Affiliated Hospital of Qingdao University. Written informed consent was obtained from this patient prior to submission of this article for consideration as a case-based review.

Discussion

PHSL is a malignancy originating from lymphoid tissue or lymphocytes of the liver and spleen with or without lymphadenopathy.^{2,4,5} It represents a rare entity, and the majority of cases are of T-cell origin, especially the γ/δ subtype.^{2,5-7} PHS-DLBCL is remarkably rare. It is typically characterized by an old age at presentation, female predominance, a high frequency of bone marrow involvement, advanced stage, and higher IPIs.⁴ The symptoms are

nonspecific, varying from loss of appetite, fatigue, low-grade fever, and night sweats to liver function abnormalities, hepatomegaly, and abdominal pain.⁸ The typical radiologic characteristics of the disease are space-occupying lesions in the liver or spleen.³ Some patients exhibit diffuse lesions, displaying hepatosplenomegaly.^{9,10} Conversely, the current patient only had jaundice without other accompanying symptoms such as fever and lymphadenopathy, and no space-occupying findings were identified by a series of radiologic examinations. This extremely rare disease entity could represent a diagnostic challenge.

Painless jaundice is a common clinical manifestation of many diseases, such as viral hepatitis, ischemic hepatitis, alcohol- or drug-induced hepatitis, primary biliary cirrhosis, hemochromatosis, malignancies, Wilson's disease, and autoimmune hepatitis.¹¹⁻¹⁵ The differential diagnosis of painless jaundice is broad and complicate. Laboratory workups including a complete blood cell count; serum AST, ALT, ALP, total and direct bilirubin, and γ -glutamyl transpeptidase measurements; and urinalysis should be performed in the initial evaluation of painless jaundice, which can help clarify whether it is an obstructive process.¹¹ Once an obstructive process is strongly suspected, imaging should be considered, such as ultrasonography, contrast-enhanced CT, endoscopic retrograde cholangiopancreatography and magnetic resonance cholangiopancreatography.¹¹ If the etiology is unclear after these tests, liver biopsy and autoantibody tests are recommended.¹¹ In this article, this patient was finally diagnosed on the basis of the results of liver biopsy.

The pathogenesis of the disease remains unclear. Findings from previous studies indicated that the disease occurred more frequently in patients with immunodeficiency or immunosuppression, thus leading to aggravated clinical symptoms, some of

which are life-threatening.² The patient in this study had no underlying immunosuppression, viral infection, or chronic liver disease. Therefore, we speculate that he harbored a specific gene profile associated with PHS-DLBCL.

It is extremely difficult for physicians to accurately diagnose PHS-DLBCL, especially in patients who only have jaundice without significant space-occupying lesions on imaging. It is essential to perform PET-CT followed by PET-CT-guided liver biopsy to confirm the diagnosis. Early diagnosis and timely treatment can greatly improve patient prognosis.

PHS-DLBCL had a rapid and aggressive evolution prior to diagnosis, and the disease is quickly fatal.¹⁶ The overall prognosis is poor, and the median overall survival for these patients has been estimated to be approximately 33 months.¹⁷ Unfortunately, PHS-DLBCL is often diagnosed in an advanced stage in which therapeutic interventions offer little benefit.³ The treatment of PHS-DLBCL includes surgery, radiotherapy, chemotherapy, and immunotherapy. Surgery combined with radiotherapy was previously considered to achieve favorable improvement. However, with the rapid development of chemotherapy, especially emerging targeted drugs, immunochemotherapy is considered the best treatment option for PHS-DLBCL, but the appropriate chemical protocol has not been established.¹⁸ The R-CHOP regimen was speculated to be the first-line treatment for PHS-DLBCL.¹⁹ Given the rarity of the disease, further studies on the optimal treatment for PHS-DLBCL should be performed. In our report, the patient quickly received R-CHOP chemotherapy after a diagnosis was reached, and a good response was achieved.

In conclusion, PHS-DLBCL is an extremely rare subtype of non-Hodgkin's lymphoma that progresses rapidly and possesses a high mortality rate. Jaundice may

be the only clinical manifestation of this rare entity. Most patients exhibit hepatosplenomegaly, and no patient with jaundice as the primary symptom was previously reported. Because of its atypical clinical manifestations, it is extremely difficult to quickly obtain a definitive diagnosis. Liver biopsy guided by PET-CT technology is essential for the diagnosis of PHS-DLBCL. R-CHOP chemotherapy is an effective treatment for this disease according to our results.

Declaration of conflicting interest


The authors declare that there is no conflict of interest.

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