



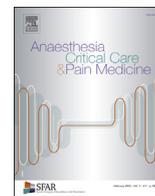
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Contents lists available at ScienceDirect

# Anaesthesia Critical Care & Pain Medicine

journal homepage: [www.elsevier.com](http://www.elsevier.com)

## Original Article

### French multicentre observational study on SARS-CoV-2 infections intensive care initial management: the FRENCH CORONA study



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## ARTICLE INFO

## Article history:

Available online 10 July 2021

## Keywords:

Viral pneumonia  
Outcome  
COVID-19  
Management

## Abbreviations:

ICU, intensive care unit  
LOS, length of stay  
ARDS, acute respiratory distress syndrome  
SAPS II, Simplified Acute Physiology Score  
SOFA, Sequential Organ Failure Assessment  
RRT, renal replacement therapy  
ECMO, extra corporeal membrane oxygenation  
IMV, invasive mechanical ventilation  
NIV, non-invasive ventilation  
HFNC, high-flow nasal cannula

## ABSTRACT

**Aim:** Describing acute respiratory distress syndrome patterns, therapeutics management, and outcomes of ICU COVID-19 patients and indentifying risk factors of 28-day mortality.

**Methods:** Prospective multicentre, cohort study conducted in 29 French ICUs. Baseline characteristics, comorbidities, adjunctive therapies, ventilatory support at ICU admission and survival data were collected.

**Results:** From March to July 2020, 966 patients were enrolled with a median age of 66 (interquartile range 58–73) years and a median SAPS II of 37 (29–48). During the first 24 h of ICU admission, COVID-19 patients received one of the following respiratory supports: mechanical ventilation for 559 (58%), standard oxygen therapy for 228 (24%) and high-flow nasal cannula (HFNC) for 179 (19%) patients. Overall, 721 (75%) patients were mechanically ventilated during their ICU stay. Prone positioning and neuromuscular blocking agents were used in 494 (51%) and 460 (48%) patients, respectively. Bacterial co-infections and ventilator-associated pneumonia were diagnosed in 79 (3%) and 411 (43%) patients, respectively. The overall 28-day mortality was 18%. Age, pre-existing comorbidities, severity of respiratory failure and the absence of antiviral therapy on admission were identified as independent predictors of 28-day outcome.

**Conclusion:** Severity of hypoxaemia on admission, older age (> 70 years), cardiovascular and renal comorbidities were associated with worse outcome in COVID-19 patients. Antiviral treatment on admission was identified as a protective factor for 28-day mortality. Ascertaining the outcomes of critically ill COVID-19 patients is crucial to optimise hospital and ICU resources and provide the appropriate intensity level of care.

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## 1. Introduction

Since December 2019, a new agent, the SARS-CoV-2 coronavirus, has been spreading originally from the region of Wuhan in China, and rapidly overseas, causing an international outbreak of respiratory illnesses, designated as COVID-19 by the World Health Organization (WHO). In France, the first cases of COVID-19 have been reported at the end of January 2020. The increasing numbers of patients requiring intensive care urged local health and government officials to significantly increase ICU beds capacity to face COVID-19 patients [1].

While the outbreak has progressed, it appeared that SARS-Cov-2 was responsible for a very specific disease leading to a severe acute respiratory failure. Despite sharing a similar aetiology, COVID-19 patients may present quite different patterns from severely hypoxaemic patients to normally breathing hypoxaemic patients with or without associated hypercapnia and inconsistent response to prone position as an example [2,3]. It is therefore difficult to identify which patients could benefit from one therapy to another. Currently, a variety of therapeutic strategies to manage COVID-19 patients in ICU have been suggested from supportive care alone to prescribing unproven medications. Apart from corticosteroids and tocilizumab, evidence from randomised clinical trials that potential therapies could significantly improve outcomes in patients suffering from severe COVID-19 is still needed [4–6]. Clinical features of hospitalised COVID-19 patients have been described in China, Europe and the United States [7–10]. Although male gender, older age, comorbidities such as diabetes, immunosuppression and severe obesity appear as the most common risk factors of COVID-19 outcome worldwide, a great heterogeneity in COVID-19 features is reported amongst countries limiting potential extrapolation from other countries [11].

Accordingly, the primary objective was to perform a prospective, multicentre, observational study to provide a detailed description of the initial management of COVID-19 patients admitted to French ICUs. The secondary objective was to identify

risk factors associated with 28-day mortality in a large cohort of ICU patients. These could promote an individualised therapeutic approach for COVID-19 patients during the current and potential future coronavirus-related outbreaks.

## 2. Methods

### 2.1. Study design and population

This study is reported in accordance with the STrengthening the Reporting of OBServational studies in Epidemiology (STROBE) guidelines [12]. The AZUREA group, a French research network, conducted a prospective, observational, multicentre cohort study in 16 French university and 13 general hospitals. The study was approved by the “Comité de Protection des Personnes – Sud Méditerranée IV” (2020-A00797-32) for prospective (from the 2<sup>nd</sup> of April to the 3<sup>rd</sup> of July 2020) data collection and the Institutional Review Board of Nimes University Hospital for retrospective (from the 4<sup>th</sup> of March to the 1<sup>st</sup> of April) data collection, respectively. This study was registered in ClinicalTrials.gov on the 9<sup>th</sup> of April 2020, NCT04340466. According to French law, written informed consent was waived due to the non-interventional design of the study [13]. Patient or his/her surrogate decision-maker received an information letter prior to patient enrolment when possible.

All patients admitted to the intensive care unit for a diagnosis of probable or confirmed SARS-CoV-2 infection were enrolled into the study according to the predefined following criteria:

- Age  $\geq$  18 years.
- Patient presenting a confirmed SARS-CoV-2 infection (defined as positive result by reverse transcriptase polymerase chain reaction (RT-PCR) testing of a nasopharyngeal or lower respiratory tract swab) OR a probable SARS-CoV-2 infection (defined as a severe acute respiratory infection associated with inconclusive or unavailable RT-PCR testing) according to WHO guidance. This guidance was implemented locally with the adjunct of consistent COVID-19 CT scan imaging to classify

SARS-CoV-2 infection as probable ([https://www.who.int/publications-detail/global-surveillance-for-human-infection-with-novel-coronavirus-\(2019-ncov\)](https://www.who.int/publications-detail/global-surveillance-for-human-infection-with-novel-coronavirus-(2019-ncov))).

Were not included:

- Patient presenting a severe acute respiratory syndrome with negative SARS-CoV-2 PCR and CT scan results.
- Patient already enrolled in the present study.
- Patient refusal to participate to the present study.

## 2.2. Data collection

For each included patient, the following data were recorded: demographic data (age, gender, weight, height), clinical data (admission diagnosis, comorbidities, Charlson score [14]), severity scores (SAPS II (Simplified Acute Physiology Score) [15], SOFA (Sequential Organ Failure Assessment) [16] scores) at ICU admission, and at day 7 and 14 for SOFA. Additionally, biological data (including serum creatinine concentration, lactate, ferritin, troponin, CRP, WBC count, haemoglobin, D-dimers, fibrinogen), infection data including clinical symptoms, antimicrobial therapy modalities (timing of initiation, dosing regimen, combination therapy), sedatives and respiratory support mode (invasive mechanical ventilation (IMV), non-invasive mechanical ventilation (NIV), oxygen mask, high-flow nasal cannula oxygen), adjunctive therapies, microbiological and imaging data (chest X-ray, thoracic CT scan, US exam) were collected. Moreover, complications (pulmonary embolism, acute kidney injury, cardiac arrhythmias, myocarditis, ventilator-associated pneumonia (VAP), liver failure) were recorded until hospital discharge or death. VAP was diagnosed based on French VAP/HAP guidelines and microbiological cultures [17]. Date of death was recorded and mortality at day 7, at ICU discharge and at day 28 as well as organ support requirement during 28-day follow-up were also reported.

ARDS was graded according to the Berlin Definition for patients receiving mechanical ventilation on ICU admission [18]. Mild ARDS was defined as a PaO<sub>2</sub>/FIO<sub>2</sub> ratio of ≤ 300 mmHg to 200 mmHg with PEEP or continuous positive airway pressure of ≥ 5 H<sub>2</sub>O, moderate ARDS was defined as PaO<sub>2</sub>/FIO<sub>2</sub> ratio of ≤ 200 mmHg to 100 mmHg with PEEP ≥ 5 H<sub>2</sub>O and severe ARDS defined as PaO<sub>2</sub>/FIO<sub>2</sub> ≤ 100 mmHg with PEEP ≥ 5 cm H<sub>2</sub>O.

## 2.3. Data management

Data collection was performed by trained staff at each participating centre. Data were entered into a structured electronic password-protected and secured web-based case report form (eCRF). The eCRF was developed using the REDCap Data Management Platform designed to support data capture for research studies [19]. Data monitoring was handled by the coordinating Centre (Nîmes University Hospital, France). Outstanding queries regarding the completion of the CRF were undertaken with each participating centre when necessary to ensure accuracy of data.

## 2.4. Study outcomes

The primary outcome was all-cause mortality determined from patient medical chart at day 28. The secondary outcomes were ICU and hospital mortality, ICU and hospital length of stay (LOS), all-cause mortality at day 7 and requirement of organ support.

## 2.5. Statistical analysis

Simple descriptive statistics were used to characterise the study population; continuous data were summarised by median and interquartile range or median and (min; max), categorical data as n (%). Comparisons between survivors and non-survivor patients at 28 days were performed using Student's *t*-test for quantitative variables, or the Mann–Whitney *U* test when the distribution of variables was non-Gaussian, and the Chi-square test for qualitative variables. We used a mixed logistic regression model with a centre-specific random intercept to assess relationships with mortality at day 28, considering the clustered structure of the data.

A primary analysis focused on patients' characteristics at inclusion: age, gender, BMI (> 40 vs. ≤ 40), SOFA score without respiratory SOFA score component (< 2 vs. ≥ 2), chronic obstructive pulmonary disease, chronic heart failure, chronic kidney failure, cancer, arterial hypertension (with or without angiotensin-receptor blockers or ACE inhibitors treatment), and partial oxygen arterial blood pressure (PaO<sub>2</sub>) to fraction of inspired oxygen (FiO<sub>2</sub>) ratio (PaO<sub>2</sub>/FiO<sub>2</sub> ratio).

A secondary analysis focused on care at admission with adjustment on characteristics at admission. Care parameters included in the model were: type of respiratory support, anti-coagulants, antiviral therapy, hydroxychloroquine and corticosteroids.

Sensitivity analyses were made using generalised estimating equation (GEE) model with an exchangeable correlation matrix and Cox proportional hazards model with gamma frailty distribution. Statistical analyses were performed at the conventional two-tailed α level of 0.05 using SAS statistical software, version 9.4 (SAS Institute Inc).

## 3. Results

Between the 4<sup>th</sup> of March and the 3<sup>rd</sup> of July 2020, data from 966 patients admitted to 29 ICUs were analysed (Fig. 1, study flow diagram). The distribution of included patients among the different participating hospitals is shown in **Table S1** (Supplemental data). Baseline characteristics of the study cohort are presented in **Table 1**. Among patients under mechanical ventilation on admission, 44 (8%) presented mild ARDS, 249 (47%) moderate ARDS and 224 (42%) severe ARDS. The main symptoms at ICU admission were fever (71%, n = 691), shortness of breath (69%, n = 666) and cough (58%, n = 565). Lymphopaenia, elevated D-dimer, fibrinogen and ferritin levels were the most frequent biological abnormalities observed at ICU admission. Most patients underwent CT scan (76%, n = 740) and/or PCR testing (98%, n = 944) for SARS-CoV-2 infection diagnosis (**Table 2**).

### 3.1. Microbiology

Microbiological samples were obtained from 963 (97%) patients with 96% of lower respiratory tract samples. For 857 (92%) patients, SARS-CoV-2 infections were proven by RT-PCR (**Table 3**). For 79 (3%) patients, bacterial co-infection was diagnosed, and during ICU stay, 342 (43%) patients developed ventilator-associated pneumonia (VAP).

### 3.2. COVID-19 management

Respiratory, haemodynamic and therapeutic COVID-19 initial management are presented in **Table 4**. More than half of the included patients received mechanical ventilation on ICU admission. For non-intubated patients on admission, median time to intubation and mechanical ventilation was 2 [1–3] days. Overall,

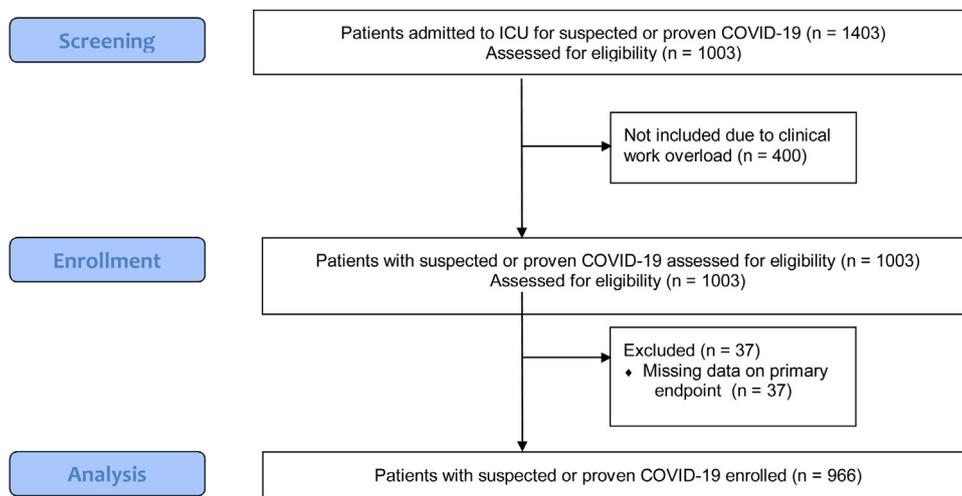


Fig. 1. Flow Diagram.

**Table 1**  
Characteristics of COVID-19 patients admitted to ICU.

	Day 28 status		All (n = 966)	p-value
	Survivors (n = 793)	Non-survivors (n = 173)		
Age, years (n = 966)	65 [57;72]	70 [62;77]	66 [58; 73]	< 0.0001 (a)
< 50 years	95 (12%)	7 (4%)	102 (11%)	< 0.0001 (b)
50–59 years	157 (20%)	25 (15%)	182 (19%)	
60–69 years	278 (35%)	47 (27%)	325 (34%)	
70–79 years	218 (28%)	61 (35%)	279 (29%)	
> 80 years	45 (6%)	33 (19%)	78 (8%)	
Sex, male (n = 966)	593 (75%)	127 (73%)	720 (75%)	0.7081 (b)
Weight, kg (n = 955)	85 [74; 97]	86 [73; 99]	85 [74; 97]	0.5119 (a)
Height, cm (n = 931)	171 [165; 178]	170 [165; 175]	171 [165; 178]	0.0110 (c)
Body Mass Index, kg.m <sup>-2</sup> (n = 930)	28.4 [25.2; 32.1]	29.4 [26.0; 34.2]	28.7 [25.2; 32.6]	0.0523 (a)
BMI > 30, kg.m <sup>-2</sup>	305 (40%)	74 (46%)	379 (41%)	0.1390 (b)
BMI > 40, kg.m <sup>-2</sup>	42 (6%)	14 (9%)	56 (6%)	0.1167 (b)
Settings (n = 962)				0.3533 (b)
Home or emergency department	370 (47%)	83 (48%)	453 (47%)	
Long term care facility	6 (1%)	2 (1%)	8 (1%)	
Ward	217 (28%)	47 (27%)	264 (27%)	
Transfer from another hospital	114 (14%)	30 (17%)	144 (15%)	
Transfer from another ICU	83 (11%)	10 (6%)	93 (10%)	
SAPS II score [15] (n = 957)	36 [27; 46]	45 [38; 60]	37 [29; 48]	< 0.0001 (a)
SOFA score [16] (n = 960)	4 [2; 7]	7 [4; 9]	4 [2; 8]	< 0.0001 (a)
Underlying conditions				
Arterial hypertension (n = 965)	394 (50%)	104 (61%)	498 (52%)	0.0103 (b)
Chronic cardiovascular disease (n = 965)	439 (55%)	118 (69%)	557 (58%)	0.0014 (b)
Diabetes (n = 966)	240 (30%)	57 (33%)	297 (31%)	0.4883 (b)
Ischaemic heart disease (n = 964)	65 (8%)	18 (11%)	83 (9%)	0.3246 (b)
Chronic heart failure (n = 960)	25 (3%)	18 (11%)	43 (5%)	< 0.0001 (b)
Immunosuppression (n = 965)	34 (4%)	9 (5%)	43 (4%)	0.5861 (b)
COPD (n = 966)	138 (17%)	43 (25%)	181 (19%)	0.0228 (b)
Chronic kidney failure (n = 966)	48 (6%)	30 (17%)	78 (8%)	< 0.0001 (b)
Cancer (n = 966)	70 (9%)	31 (18%)	101 (10%)	0.0004 (b)
Charlson score [14] (n = 966)	1 [0; 2]	2 [1; 4]	1 [0; 2]	< 0.0001 (a)
Recent travel (n = 957)	33 (4%)	8 (5%)	41 (4%)	0.8072 (b)
Previous medications (n = 966)				
Use of angiotensin-receptor blockers	137 (17%)	41 (24%)	178 (18%)	0.0483 (b)
Use of ACE inhibitors	159 (20%)	41 (24%)	200 (21%)	0.2667 (b)
Anticoagulants	53 (7%)	25 (14%)	78 (8%)	0.0007 (b)
Antiplatelets	162 (20%)	47 (27%)	209 (22%)	0.0511 (b)

For continuous variables mean ± standard deviation or median [interquartile-range] are given. For categorical variables, numbers (%) are given. BMI: body mass index. SOFA: Sequential Organ failure Assessment. SAPS: Simplified Acute Physiology Score. COPD: Chronic Obstructive Pulmonary Disease. ACE: Angiotensin Converting Enzyme. ICU: Intensive Care Unit.

(a) Wilcoxon test, (b) Chi<sup>2</sup> test, (c) Student test.

**Table 2**  
Clinical, biological and radiological characteristics at ICU admission.

	Day 28 status			p-value
	Survivors (n = 793)	Non-survivors (n = 173)	All (n = 966)	
Number of days since symptoms onset (n = 961), days	8 [6; 12]	7 [3; 10]	8 [6; 11]	< 0.0001 (a)
Symptoms at ICU admission (n = 966)				
Cough	472 (60%)	91 (53%)	563 (58%)	0.0945 (b)
Shortness of breath	538 (68%)	127 (73%)	665 (69%)	0.1520 (b)
Fever	573 (72%)	117 (68%)	690 (71%)	0.2222 (b)
Diarrhoea	186 (23%)	33 (19%)	219 (23%)	0.2125 (b)
Nausea	20 (3%)	3 (2%)	23 (2%)	0.7831 (d)
Asthenia	51 (6%)	8 (5%)	59 (6%)	0.3685 (b)
Anorexia	14 (2%)	4 (2%)	18 (2%)	0.5460 (d)
Weakness	235 (30%)	60 (35%)	295 (31%)	0.1915 (b)
Confusion	31 (4%)	13 (8%)	44 (5%)	0.0393 (b)
Headache	94 (12%)	13 (8%)	107 (11%)	0.0994 (b)
Myalgia	171 (22%)	23 (13%)	194 (20%)	0.0139 (b)
Anosmia	71 (9%)	13 (8%)	84 (9%)	0.5428 (b)
Ageusia	40 (5%)	6 (3%)	46 (5%)	0.3778 (b)
Vital signs				
Temperature, °C (n = 951)	37.8 (±1.1)	37.7 (±1.5)	37.8 (±1.2)	0.5668 (a)
SAP, mmHg (n = 955)	128 (±27)	125 (±32)	128 (±28)	0.0479 (a)
MAP, mmHg (n = 956)	89 (±18)	84 (±22)	88 (±18)	0.0019 (a)
Heart rate, beat/min (n = 957)	89 (±20)	93 (±24)	89 (±21)	0.0415 (a)
Laboratory tests				
Haemoglobin, g/dL (n = 950)	12.7 [11.5; 14.0]	11.9 [10.6; 13.4]	12.6 [11.3; 13.9]	< 0.0001 (a)
WBC count, 10 <sup>3</sup> /mm <sup>3</sup> (n = 948)	8.2 [5.9; 10.9]	8.3 [5.7; 11.7]	8.2 [5.8; 11.1]	0.4432 (a)
Neutrophil count, 10 <sup>3</sup> /mm <sup>3</sup> (n = 830)	6.5 [4.6; 9.0]	6.3 [4.4; 9.6]	6.5 [4.6; 9.2]	0.8653 (a)
Lymphocyte count, 10 <sup>3</sup> /mm <sup>3</sup> (n = 814)	0.8 [0.6; 1.1]	0.7 [0.5; 1.0]	0.8 [0.5; 1.1]	0.0083 (a)
Platelet count, 10 <sup>3</sup> /mm <sup>3</sup> (n = 945)	229 [172; 304]	212 [145; 264]	225 [169; 296]	0.0002 (a)
Platelet/lymphocyte ratio (n = 811)	283 [190; 425]	272 [174; 453]	283 [186; 428]	0.8170 (a)
D-dimer, ng.mL <sup>-1</sup> (n = 440)	1570 [827; 3690]	1480 [788; 3495]	1560 [821; 3690]	0.6687 (a)
Ferritin, (µg/L) (n = 211)	1407 [843; 2407]	1149 [409; 1976]	1383 [738; 2389]	0.0924 (a)
Fibrinogen, g.L <sup>-1</sup> (n = 619)	6.9 [5.9; 7.8]	6.4 [5.2; 7.4]	6.8 [5.8; 7.8]	0.0008 (a)
Prothrombin, % (n = 844)	85.0 [74.0; 96.0]	80.5 [69.5; 91.5]	84.5 [73.0; 95.0]	0.0022 (a)
Procalcitonin, µg. L <sup>-1</sup> (n = 568)	0.5 [0.2; 1.3]	0.7 [0.2; 4.0]	0.5 [0.2; 1.6]	0.0109 (a)
CRP, mg. L <sup>-1</sup> (n = 753)	157.7 [100.0; 233.0]	143.4 [95.8; 235.4]	154.9 [99.8; 234.0]	0.6810 (a)
Arterial lactate, mmol. L <sup>-1</sup> (n = 873)	1.3 [1.0; 1.7]	1.4 [1.0; 2.0]	1.3 [1.0; 1.7]	0.0070 (a)
Serum creatinine, µmol. L <sup>-1</sup> (n = 947)	74 [60; 96]	93 [66; 142]	77 [61; 103]	< 0.0001 (a)
Troponin I, ng.mL <sup>-1</sup> (n = 353)	3.4 [0.0; 15.0]	13.0 [0.1; 81.5]	4.0 [0.0; 18.1]	0.0008 (a)
Troponin T, pg.mL <sup>-1</sup> (n = 254)	14 [8; 27]	39 [24; 86]	17 [10; 37]	< 0.0001 (a)
PaO <sub>2</sub> /FiO <sub>2</sub> , mmHg (n = 701)	114 [83; 160]	103 [77; 148]	112 [81; 159]	0.0456 (a)
PaO <sub>2</sub> , mmHg (n = 922)	76 [65; 94]	74 [63; 94]	76 [64; 94]	0.3592 (a)
PaCO <sub>2</sub> , mmHg (n = 922)	37 [32; 42]	38 [31; 46]	37 [32; 43]	0.3099 (a)
Radiological exams				
X-ray (n = 966)	715 (90%)	149 (86%)	864 (89%)	0.1175 (b)
CT-scan (n = 966)	622 (78%)	116 (67%)	738 (76%)	0.0014 (b)
US exam (n = 959)	369 (47%)	91 (53%)	460 (48%)	0.1522 (b)

For continuous variables, mean ± standard deviation or median [interquartile-range] are given. For categorical variables, numbers (%) are given. SAP: systolic arterial pressure, WBC: white blood cells, CRP: C-reactive protein. PaO<sub>2</sub>: oxygen arterial pressure, PCO<sub>2</sub>: carbon dioxide arterial pressure, CT: computerised tomography, US: ultrasound.

(a) Wilcoxon test, (b) Chi<sup>2</sup> test, (d) Fisher's exact test.

721 (75%) patients were mechanically ventilated during their ICU stay. Four hundred and ninety-four (51%) received prone positioning at a median time of 2 [1–5] days post admission in the ICU. Two-thirds of patients required vasopressor support. Antiviral treatment was prescribed in 242 (25%) patients with lopinavir/ritonavir being the most common used antiviral therapy (Table 4). Among adjunctive therapies, corticosteroids were administered to 212 (22%) patients and hydroxychloroquine to 289 (30%) patients.

### 3.3. Patient outcomes

Overall 28-day mortality, ICU mortality and 7-day mortality were of 18% (173/966), 17% (166/966) and 8% (77/966), respectively. Twenty-eight-day mortality increased with the severity of hypoxaemia on admission (Fig. 2). Among deaths occurring in ICU, 78/166 (53%) were preceded by end-of-life decisions. The median (IQR) time from admission to death was 8 [4–16] days. Among the 793 patients alive at day 28, 250 (32%)

patients were still hospitalised. Complications and organ support therapy are described in Table 5. Median time to renal replacement therapy (RRT) and extra corporeal membrane oxygenation (ECMO) support were 5.5 [3–9] days and 5 [0–8] days post ICU admission. Multivariate analysis identified age, chronic kidney failure, chronic heart failure, SOFA score and PaO<sub>2</sub>/FiO<sub>2</sub> at admission as independent risk factors of death at day 28 (Table 6). After adjustment on admission characteristics, antiviral therapy use was significantly associated with a lower risk of death at day 28. Sensitivity analyses confirmed these findings.

## 4. Discussion

### 4.1. Key findings

This large multicentre observational French cohort reports the initial management of 966 severe COVID-19 patients admitted to ICU over 4 months with complete data on 28-day outcome. The overall 28-day mortality was 18% with age, pre-existing comorbi-

**Table 3**  
Infection-related data from COVID-19 patients admitted to ICU (n = 966).

Respiratory samples for SARS-CoV-2 Test (n = 931)	
BAL	43 (5%)
Aspirates	66 (7%)
Nasopharyngeal swab	822 (88%)
SARS-CoV-2 Test (n = 944)	
RT-PCR	926 (98%)
Rapid Diagnostic Testing	3 (0.3%)
Unknown	15 (2%)
SARS-CoV-2 Test result (n = 937)	
Positive	857 (91%)
Negative	80 (9%)
Microbiological tests on admission (n = 966)	
Respiratory samples	963 (99.5%)
Positive	318 (33%)
Blood cultures	79 (3%)
Positive	465 (48%)
PCR Influenza A	32 (7%)
Positive	308 (32%)
PCR Influenza B	2 (0.6%)
Positive	303 (31%)
Pneumococcal urinary antigen	3 (1%)
Positive	425 (44%)
Legionella urinary antigen	8 (2%)
Positive	579 (60%)
Microbiological tests during ICU stay (n = 966)	6 (1%)
Respiratory samples	550 (57%)
PCR <i>Pneumocystis jirovecii</i>	394 (41%)
Positive	50 (5%)
Viral PCR	2 (4%)
Positive HSV	267 (28%)
Positive CMV	16 (6%)
Positive HBV	3 (1%)
Positive VZV	3 (1%)
Galactomannan in BAL	2 (2%)
Positive	126 (13%)
Blood cultures	8 (6%)
Positive	156 (16%)
	69 (44%)

BAL: bronchoalveolar lavage, RT-PCR: Reverse Transcriptase Polymerase Chain Reaction, HSV: Herpes Simplex Virus, CMV: cytomegalovirus, HBV: Hepatitis B virus, VZV: Varicella Zoster virus.

Results are given as numbers and percentages.

dities, severity of respiratory failure and the use of antiviral therapy as independent predictors of 28-day outcome. Initial management of COVID-19 patients consisted in IMV in 58%, in standard oxygen therapy in 53% and HFNC in 23% of patients on ICU admission. Prone positioning and neuromuscular blocking agents were used in half of patients. Bacterial co-infection rates were low (3%), whereas secondary pulmonary infections occurred in 43% patients.

#### 4.2. Relationship with previous literature

The pandemic of COVID-19 has dramatically and rapidly challenged the global health care system in terms of hospital resources and patient care management. Reported rates of IMV may vary according to resources available among centres and experience. In this cohort, half of COVID-19 patients were intubated on admission ending to two-thirds of patients under IMV during their ICU stay in line with previous data from 4244 critically ill COVID-19 patients, showing a rate of 63% and 80% of patients mechanically ventilated on admission and during their ICU stay, respectively [20]. The rate of IMV was much higher (82–87%) in Italian and Spanish cohorts compared to reports from China (43%) [8–10]. The lack of experience in the treatment of patients with acute respiratory failure from a previously unknown viral agent and heterogeneity in recommendations might have had an effect on respiratory management of COVID-19 patients [21]. This

may partially explain the differences observed in rates of mechanical ventilation in COVID-19 patients with similar median severity scores and similar severity of acute respiratory failure on admission. Although most of patients presented severe hypoxaemia on admission in the present cohort, intubation was not performed in half of cases. Some authors found a beneficial effect of early initial intubation after HFNC, whereas a recent meta-analysis suggested that timing of intubation might have no effect on critically ill COVID-19 patients' outcome [22,23]. Thus, the optimal timing for intubation in critically ill COVID-19 patients remains uncertain [24]. Performing unnecessary intubation in patients who may have improved without invasive MV can be detrimental, especially in medical resource-limited settings. A recently published cohort of 13 301 Brazilian critically ill patients found that non-invasive respiratory support was associated with improved outcome at day 60 but causal inference remains uncertain due to the observational nature of this study [25]. Additionally, early intubation itself may contribute to ventilator-associated pneumonia (VAP) risk in COVID-19 patients, and consequently had some negative impact on clinical outcomes. The high rate (43%) of VAP in our cohort is similar to the rate reported in the coVAPid study showing that ventilator-associated lower respiratory tract infections incidence was significantly higher in SARS-CoV-2 patients (36.1%), as compared to influenza patients (22.2%) or patients with no viral infection (16.5%) [26]. Several hypotheses have been formulated to explain the higher rate of secondary infections observed in critically ill COVID-19 patients, such as the use of immunosuppressive agents, the longer duration of mechanical ventilation and the severity of endothelial injury that may promote lung infection [26].

As previously reported, the most common comorbidities found in COVID-19 patients admitted to ICU were arterial hypertension, chronic cardiovascular disease, diabetes and obesity [8,10,27]. Among these comorbidities, chronic heart and kidney failures were associated with 28-day mortality in the present study. The 28-day mortality rate in the present cohort is lower than first published cohorts of critically ill COVID-19 patients with similar median severity score and median age on admission but in line with most recently published cohorts on the same study period [10,25]. The mortality rates reported in the literature widely vary and could be potentially related to rationing of resources in overwhelmed ICUs, differences in respiratory and therapeutic interventions or cohorts reporting incomplete follow-up [28]. The lower mortality rate reported in our cohort could be partially explained by an increased use of corticosteroids compared to the COVID-ICU cohort [20]. Even though this factor was not associated with 28-day mortality in our cohort, the beneficial impact of corticosteroids in severe COVID-19 pneumonia has been demonstrated in a large randomised controlled trial and further confirmed in a meta-analysis [6,29]. At the time of the present study data collection, benefits of corticosteroids were not clearly demonstrated.

Interestingly, after adjusting on patient characteristics on admission, receiving an antiviral treatment was an independent protective factor for 28-day mortality. At the time of enrolment in the study, lopinavir/ritonavir was the most common antiviral therapy used. However, lopinavir/ritonavir alone was not significantly associated with 28-day mortality when this variable was tested in the model. To date, no antiviral therapy has confirmed its efficiency in COVID-19 patients. Due to the observational nature of this study, some residual confounders may play a role in the association between antiviral treatment and outcome so that this association should be interpreted with caution. Finally, severe hypoxaemia ( $\text{PaO}_2/\text{FiO}_2 < 100$ ) on admission and age > 70 years have been identified as prognostic factors in the present cohort. Elderly COVID-19 patients have much more severe disease and

**Table 4**  
COVID-19 management (n = 966).

	Day 28 status		All (n = 966)	p-value
	Alive at day 28 (n = 793)	Dead at day 28 (n = 173)		
<b>Maximal respiratory support during the first 24 h in ICU (n = 966)</b>				0.0001 (b)
Standard oxygen therapy	203 (26%)	25 (15%)	228 (24%)	
High-Flow Nasal Cannula	156 (20%)	23 (13%)	179 (19%)	
Non-Invasive Ventilation	25 (3%)	8 (5%)	33 (3%)	
Mechanical Ventilation	434 (55%)	125 (72%)	559 (58%)	
Mechanical Ventilation mode (n = 545)				0.3209 (d)
VAC	403 (96%)	123 (99%)	526 (97%)	
BIPAP	2 (0%)	1 (1%)	3 (1%)	
PSV	5 (1%)	0 (0%)	5 (1%)	
APRV	9 (2%)	0 (0%)	9 (2%)	
Tidal volume (mL) (n = 507)	423 [241–658]	418 [300–540]	420 [241–658]	0.1611 (a)
Respiratory rate (/min) (n = 528)	22 [10–42]	22 [12–35]	22 [10–42]	0.3712 (a)
PEEP (cmH <sub>2</sub> O) (n = 535)	12 [3–22]	10 [2–20]	12 [2–22]	0.0683 (a)
FiO <sub>2</sub> (%) (n = 543)	80 [30–100]	80 [40–100]	80 [30–100]	0.0427 (a)
Plateau pressure (cmH <sub>2</sub> O) (n = 360)	24 [10–40]	25 [12–53]	24 [10–53]	0.0700 (a)
Intubation management (n = 489)				0.9511 (b)
Video laryngoscopy	156 (42%)	52 (44%)	208 (43%)	
Fiberoptic bronchoscopy	37 (10%)	12 (10%)	49 (10%)	
Direct Laryngoscopy	177 (48%)	55 (46%)	232 (47%)	
<b>Haemodynamic support</b>				
Vasopressor support (n = 964)	484 (61%)	137 (79%)	621 (64%)	< 0.0001 (b)
Inotropes (n = 963)	41 (5%)	29 (17%)	70 (7%)	< 0.0001 (b)
<b>Adjunctive therapies</b>				
Antiviral therapy (n = 966)	268 (34%)	35 (20%)	303 (31%)	0.0005 (b)
Lopinavir/ritonavir	213 (27%)	29 (17%)	242 (25%)	0.0055 (b)
Remdesivir	13 (2%)	0 (0%)	13 (1%)	0.1410 (d)
Oseltamivir	37 (5%)	7 (4%)	44 (5%)	0.7232 (b)
Lamivudine	1 (0%)	0 (0%)	1 (0%)	1.0000 (d)
Nevirapine	1 (0%)	0 (0%)	1 (0%)	1.0000 (d)
Darunavir	1 (0%)	0 (0%)	1 (0%)	1.0000 (d)
Immunomodulatory agents (n = 966)				
Hydroxychloroquine	236 (30%)	53 (31%)	289 (30%)	0.8198 (b)
Corticosteroids	175 (22%)	37 (21%)	212 (22%)	0.8446 (b)
Tocilizumab	12 (2%)	1 (1%)	13 (1%)	0.4831 (d)
Interferon $\gamma$	9 (1%)	1 (1%)	10 (1%)	1.0000 (d)
Anti-interleukin 1	5 (1%)	0 (0%)	5 (1%)	0.5922 (d)
Intravenous immunoglobulin	2 (0%)	1 (1%)	3 (0%)	0.4472 (d)
Antibiotics (n = 965)	730 (92%)	163 (94%)	893 (92%)	0.3530 (b)
Type of antibiotic therapy (n = 893)				0.9372 (b)
Monotherapy	141 (19%)	33 (20%)	174 (19%)	
Dual combination therapy	481 (66%)	105 (64%)	586 (66%)	
Multiple combination therapy	108 (15%)	25 (15%)	133 (15%)	
Anticoagulants (n = 963)	703 (89%)	152 (88%)	855 (89%)	0.8498 (b)
Anticoagulant dosing (n = 855)				0.0189 (b)
Therapeutic dosing	192 (27%)	56 (37%)	248 (29%)	
Prophylactic dosing	511 (73%)	96 (63%)	607 (71%)	
Sedatives (n = 964)	434 (55%)	129 (75%)	563 (58%)	< 0.0001 (b)
Neuromuscular blocking agents (n = 966)	357 (45%)	103 (60%)	460 (48%)	0.0004 (b)

ICU: Intensive Care Unit. VAC: Volume Assist Control mode, BIPAP: Bi-level Positive Airway Pressures, APRV: Airway Pressure Release Ventilation, PSV: Pressure Support Ventilation. PEEP: Positive End Expiratory Pressure, VA: veno-arterial, VV: veno-venous. FIO<sub>2</sub>: inspired oxygen fraction.

For continuous variables mean  $\pm$  standard deviation or median [min-max] are given. For categorical variables, numbers (%) are given.

(a) Wilcoxon test, (b) Chi<sup>2</sup> test, (d) Fisher's exact test.

show poorer response to treatments than younger patients with reported 6-month mortality rate up to 72% [10,20,30,31]. Consequently, the level of care intensity should be discussed in older patients with severe respiratory failure.

## 5. Clinical implications

This study provides large outcome data and detailed treatment strategies to establish risk stratification for COVID-19 patients on admission. Identifying prognostic factors on admission such as severity of hypoxaemia, older age, cardiovascular and renal comorbidities may allow the early identification of patients infected with SARS-CoV-2 who are at the highest risk of death to guide initial management and optimise resource allocation. Compared to the reported wave, current critically ill COVID-19

management has evolved with corticosteroids becoming a key component of therapeutic strategy as well as HFNC that was first considered cautiously. In future pandemics, taking into account patient medical conditions and severity of hypoxaemia will help to determine the best therapeutic approach and guide patient admission to appropriate care settings.

## 6. Study limitations

This study has several limitations. First, due to the design of the study, the reasons determining therapeutic approaches (antiviral agents, corticosteroids) or adjunctive therapies (prone position) used were not analysable and the ventilatory strategy may not be representative of clinical practice in non-pandemic circumstances. Second, due to the critical moment of the pandemic and the limited

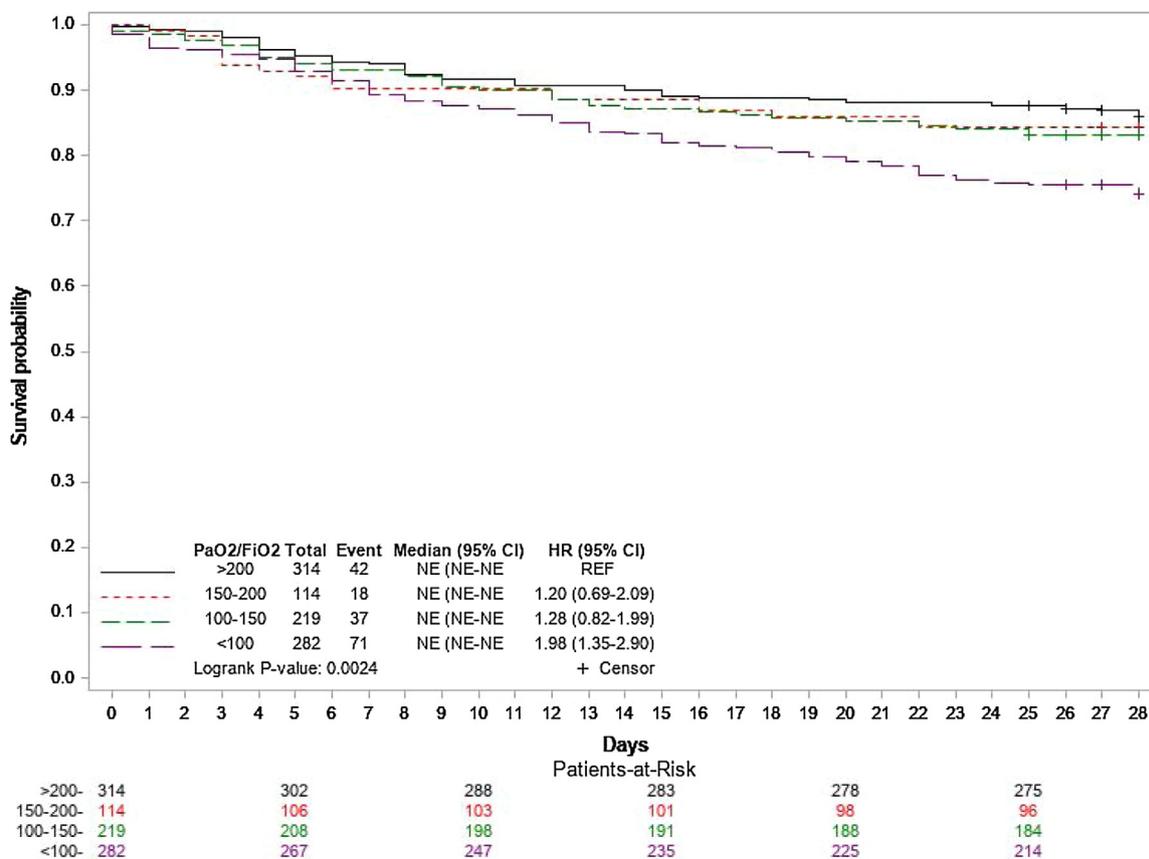


Fig. 2. Kaplan-Meier survival estimates during the 28 days following intensive care unit admission according to PaO<sub>2</sub>/FiO<sub>2</sub> ratio in mmHg at admission. PaO<sub>2</sub>: partial oxygen arterial blood pressure. FiO<sub>2</sub>: fraction of inspired oxygen

Table 5  
Clinical outcomes.

	Day-28 status		All (n = 966)	p-value
	Alive (n = 793)	Dead (n = 173)		
SOFA score at day 7 (n = 828)	4 [2-7]	8 [5-12]	4 [2-8]	< 0.0001 (a)
SOFA score at day 14 (n = 686)	3 [0-6]	7 [5-10]	3 [1-7]	< 0.0001 (a)
Overall complications (n = 966)				
Mechanical ventilation	576 (73%)	143 (83%)	719 (74%)	0.0062 (b)
Vasopressor support	484 (61%)	137 (79%)	621 (64%)	< 0.0001 (b)
VAP/HAP	342 (43%)	69 (40%)	411 (43%)	0.4344 (b)
Myocarditis	15 (2%)	8 (5%)	23 (2%)	0.0488 (d)
Cardiac arrest	18 (2%)	28 (16%)	46 (5%)	< 0.0001 (b)
Pulmonary embolism	106 (13%)	32 (19%)	138 (14%)	0.0806 (b)
AKI	201 (25%)	86 (50%)	287 (30%)	< 0.0001 (b)
AKIN 1 score [32] (n = 287)	63 (31%)	7 (8%)	70 (24%)	
AKIN 2 score [32] (n = 287)	41 (20%)	20 (24%)	61 (21%)	
AKIN 3 score [32] (n = 287)	97 (48%)	58 (68%)	155 (54%)	
RRT	99 (13%)	43 (25%)	142 (15%)	0.0001 (b)
RRT mode (n = 136)				0.2344 (b)
CVVH	19 (20%)	14 (34%)	33 (24%)	
CVVHD	12 (13%)	2 (5%)	14 (10%)	
CVVHD Ci-Ca	35 (37%)	13 (32%)	48 (35%)	
CVVHDF	29 (31%)	12 (29%)	41 (30%)	
Duration to RRT (days)	5 [3-10]	6 [3-9]	5 [3-9]	
ECMO (n = 966)	43 (5%)	20 (12%)	63 (7%)	< 0.0031 (b)
Mode (n = 62)				
VA	2 (5%)	6 (30%)	8 (13%)	
VV	40 (95%)	14 (70%)	54 (87%)	
Duration to ECMO (days) (n = 63)	5 [0-18]	4 [0-15]	5 [0-18]	0.1088 (a)
Liver dysfunction	46 (6%)	15 (9%)	61 (6%)	0.1597 (b)
No complication	263 (33%)	19 (11%)	282 (29%)	< 0.0001 (b)

ICU: intensive care unit, LOS: length of stay, SOFA: Sequential Organ Failure Assessment, VAP/HAP: ventilator/healthcare-associated pneumonia, AKI: acute kidney injury, AKIN: acute kidney injury network, RRT: renal replacement therapy. CVVH: continuous veno-venous haemofiltration, CVVHD: continuous veno-venous haemodialysis, CVVHDF: continuous veno-venous haemodiafiltration. ECMO: Extra Corporeal Membrane Oxygenation. VA: venous-arterial. VV: Venous-venous.

For continuous variables median [interquartile-range] are given. For categorical variables, numbers (%) are given.

(a) Wilcoxon test, (b) Chi<sup>2</sup> test, (d) Fisher's exact test.

**Table 6**  
Independent risk factors associated with 28-day mortality.

	OR	95% CI	p-value
<b>Model 1: Multivariate analyses of admission characteristics</b>			
<b>Age</b>			
< 50 years	1.0	ref	–
50–59 years	2.2	[0.8–5.7]	0.1126
60–69 years	2.0	[0.8–5]	0.1423
<b>70–79 years</b>	<b>3.3</b>	<b>[1.3–8.3]</b>	<b>0.0113</b>
<b>≥ 80 years</b>	<b>9.0</b>	<b>[3.3–24.6]</b>	<b>&lt; .0001</b>
Gender, female	1.0	[0.6–1.5]	0.8533
Body Mass Index > 40, kg.m <sup>-2</sup>	1.7	[0.8–3.7]	0.1793
COPD	1.3	[0.8–2]	0.2497
<b>Chronic heart failure</b>	<b>2.4</b>	<b>[1.1–5]</b>	<b>0.0241</b>
<b>Chronic renal failure</b>	<b>2.1</b>	<b>[1.2–3.8]</b>	<b>0.0113</b>
Cancer	1.6	[0.9–2.7]	0.0956
<b>Arterial hypertension</b>			
No	1.0	ref	–
Yes, with treatment by ACEI or ARB	1.1	[0.7–1.7]	0.6448
Yes, without treatment by ACEI or ARB	0.9	[0.5–1.5]	0.6103
<b>SOFA score (without respiratory component) at inclusion</b>			
< 2	1.0	ref	–
<b>≥ 2</b>	<b>2.4</b>	<b>[1.6–3.7]</b>	<b>&lt; .0001</b>
<b>PaO<sub>2</sub>/FiO<sub>2</sub></b>			
> 200 mmHg	1.0	ref	–
150–200 mmHg	1.1	[0.6–2.1]	0.8012
100–150 mmHg	1.1	[0.7–1.9]	0.6798
<b>&lt; 100 mmHg</b>	<b>1.8</b>	<b>[1.1–2.9]</b>	<b>0.0161</b>
<b>Model 2: Multivariate analysis of care at admission<sup>a</sup></b>			
<b>Respiratory support</b>			
Oxygen therapy or no ventilation	1.0	ref	–
High-Flow Nasal Cannula or Non-Invasive Ventilation	0.6	[0.2–1.5]	0.2868
Mechanical Ventilation	1.6	[0.7–3.4]	0.2756
<b>Anticoagulants</b>			
No anticoagulants	1.0	ref	–
Prophylactic dosing	0.7	[0.4–1.4]	0.3762
Therapeutic dosing	0.9	[0.5–1.8]	0.7503
<b>Antiviral therapy on admission</b>			
No antiviral therapy on admission	1.0	ref	–
<b>Antiviral therapy on admission</b>	<b>0.5</b>	<b>[0.3–0.9]</b>	<b>0.0194</b>
Hydroxychloroquine on admission	1.0	[0.6–1.6]	0.9414
Corticosteroids on admission	1.0	[0.5–1.9]	0.9000

OR were calculated using random effects logistic regression. The regression was based on 908 patients for 28-day mortality.

OR: odds ratio, CI: Confidence Interval, SOFA: Sequential Organ Failure Assessment, COPD: Chronic Obstructive Pulmonary Disease, ICU: Intensive Care Unit; SOFA: Sequential Organ failure Assessment; PaO<sub>2</sub>: Oxygen Arterial Pressure; PCO<sub>2</sub>: carbon dioxide arterial pressure; COPD: chronic obstructive pulmonary disease; ACEI: angiotensin converting enzyme inhibitor, ARB: angiotensin receptor blocker.

Bold values represent statistically significant values.

<sup>a</sup> Model 2 was adjusted for characteristics at admission.

resources to conduct research at that time, some variables have missing data and 400 critically ill COVID-19 patients admitted to participating ICUs could not be included and may differ from the study cohort in terms of outcome. However, our multivariable model included 908 (94%) patients of the cohort, which is higher than previously reported [20]. Third, as the participating ICUs were exclusively located in different French regions, these results may not be extrapolated to other countries. Still, this cohort provides an interesting national overview of the initial management of COVID-19 patients.

## 7. Conclusion

Severity of hypoxaemia, older age (> 70 years), cardiovascular and renal comorbidities are prognostic factors for COVID-19 patients. Identifying the determinants of outcomes of critically ill COVID-19 patients is crucial to optimise hospital and ICU resources and provide the appropriate intensity level of care.

## Ethics approval and consent to participate

The study was approved by the “Comité de Protection des Personnes – Sud Méditerranée IV” (2020-A00797-32).

According to French law, written informed consent was waived due to the non-interventional design of the study. Patient or his/her surrogate decision-maker received an information letter prior to patient enrollment when possible.

## Disclosure of interest

The authors declare that they have no competing interests.

## Funding

No funding.

## Authors' contributions

CR and BA contributed to study design, data collection, data analysis and drafting the manuscript. LM and JYL contributed to study design, data collection and data interpretation. OC, OAA, LT,

MG, CH, PGG, EN, PA, TC, JB, GB, LF, MF, AO, OJB, MOF, ML, YAT, JP, PYC, PA, MDM, EH, MB, MJJ, JC, MDD and NM contributed to data collection and data analysis. SL contributed to study coordination and data monitoring. MM and TM contributed to study design, data analysis and statistical analysis. All authors read and approved the final manuscript.

### Acknowledgements

The authors would like to thank Lucie Vettoretti, Sandrine Brisset, Arnaud Romoli, Audrey Ambert, Loubna Elotmani, Sophie Lloret, Mathieu Expert, and Christophe Masseguin for their help in data collection and supervision of the study conduct.

The authors acknowledge support from the SFAR research network.

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### Appendix B. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:<https://doi.org/10.1016/j.accpm.2021.100931>.

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