



OPEN

Clinicopathologic characteristics and prognosis for male breast cancer compared to female breast cancer

Nan Yao^{1,6}, Wenzai Shi^{2,6}, Tong Liu³, Sarah Tan Siyin⁴, Weiqi Wang¹, Ning Duan¹, Guoshuai Xu¹ & Jun Qu^{1,5}✉

Male breast cancer (MBC) is rare. Due to limited information, MBC has always been understudied. We conducted a retrospective population-based cohort study using data from the National Cancer Institute's Surveillance, Epidemiology, and End Results (SEER) program. The clinical and biological features of female breast cancer (FBC) patients were compared with MBC patients. Cox regression models and competing risks analyses were used to identify risk factors associated with cancer-related survival in MBC and FBC groups. Results showed that MBC patients suffered from higher TNM stages, tumor grades, and a higher percentage of hormone receptor-positive tumors, compared with FBC patients (all $p < 0.05$). In addition, the breast tumor locations varied a lot between males and females ($p < 0.05$). FBC patients were associated with superior overall survival than MBC patients. Results from multivariate cox regression and competing risks analyses showed age, race, T, N, M-stages, tumor grades, estrogen receptor (ER)/progesterone receptor (PR) and human epidermal growth factor receptor-2 (HER-2) overexpression were independent prognosis factors in FBC patients (all $p < 0.05$). MBC patients had similar risk factors to FBC patients, but PR and HER-2 status did not independently influence survival (all $p > 0.05$). Tumor location was an independent prognostic factor for both gender groups.

Abbreviations

MBC	Male breast cancer
FBC	Female breast cancer
ER	Estrogen receptor
PR	Progesterone receptor
HER-2	Human epidermal growth factor receptor 2
OS	Overall survival
SEER	Surveillance, epidemiology, and end results
IMN	Internal mammary nodes
CS model	Cause-specific hazard model
SD model	Sub-distribution hazard function model

Breast cancer is one of the most common malignant tumors, and the leading cause of cancer-related death in women worldwide. In 2018, there were an estimated 2.1 million new cases of breast cancer and 627,000 deaths from breast cancer worldwide¹. Though it is rare, breast cancer in men accounts for 1% of all breast cancer cases^{2,3}.

Given the low incidence, previous studies on male breast cancer (MBC) have suffered from small sample sizes, short follow-up time, limiting their interpretability. And the therapeutic strategies for MBC patients are commonly extrapolated from those used to treat postmenopausal female breast cancer (FBC) patients^{4,5}. No existing evidence-based data supports this female-to-male extrapolation. Literature has suggested that MBC has

¹Department of General Surgery, Aerospace Center Hospital, Beijing 100089, China. ²Department of Hepatobiliary Surgery, Peking University International Hospital, Beijing 100038, China. ³Department of Gastrointestinal Surgery, Beijing Shijitan Hospital, Beijing 100038, China. ⁴Department of General Surgery, Beijing Children's Hospital, Beijing 100038, China. ⁵Aerospace Center Hospital, Yuquan Road 15, Haidian District, Beijing 100038, China. ⁶These authors contributed equally: Nan Yao and Wenzai Shi. ✉email: qujunchief@163.com

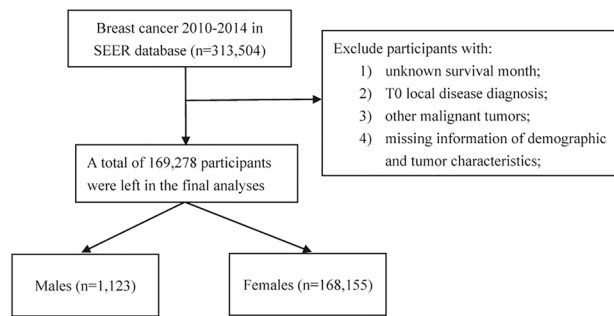


Figure 1. Flow chart of patients' selection for final analysis.

biological differences compared with FBC. MBC patients are typically associated with advanced stages, higher grades, higher prevalence of hormone receptor-positive, and a worse prognosis^{6–11}. Furthermore, studies have proposed that MBC patients are insensitive to adjuvant therapy, and an underutilization of therapy in MBC patients compared with FBC patients^{12,13}. Therefore, it may be inappropriate to adopt the clinical applications of female-to-male extrapolation.

In the current study, we attempt to compare the clinicopathologic characteristics and prognosis between MBC patients and FBC patients by drawing data from the National Cancer Institute's Surveillance, Epidemiology, and End Results (SEER) Database from the beginning of 2010 to the end of 2014, with the aim of better understanding gender differences and specificity of MBC.

Materials and methods

This is a retrospective cohort study of breast cancer patients diagnosed in the SEER database 8.3.4 from the beginning of 2010 to the end of 2014. SEER collects cancer incidence data from population-based cancer registries covering approximately 34.6% of the U.S. population. It also records data of patients' clinicopathological characteristics, and vital status during follow-up. Breast cancer cases were identified according to the 3rd edition of the International Classification of Diseases for Oncology (ICD-O-3).

A total of 313,504 patients with breast cancer were identified in the SEER database. Patients were excluded if they had 1) survival month that was 0 or unknown; 2) T0 local disease diagnosis; 3) other malignant tumors. 4) missing information for demographic and tumor characteristics including sex, age, laterality (left, right, bilateral), tumor location, race (white, black, and other), pathological type (ductal, lobular, and other), TNM stage, histological grade (well-differentiated, moderately differentiated, poorly-differentiated and undifferentiated), surgical treatment of breast cancer, estrogen receptor (ER), progesterone receptor (PR), and HER-2. A total of 169,278 patients (1,123 males and 168,155 females) remained in the final analysis (Fig. 1). Surgical treatment of breast cancer was defined as patients who received any type of surgical resection of the primary tumor. Histology was classified into three subtypes: ductal, lobular and others including mucinous adenocarcinoma, non-small cell carcinoma, adenocarcinoma and other rare types of cancer. All patients have given prior informed consent to being registered in SEER database.

Statistical analysis. All statistical analyses were performed using SAS statistical software (version 9.4). The characteristics of the subjects with normal distribution were expressed as mean \pm standard deviation and compared using t test. Categorical variables were represented as absolute value with percentage and the Chi-square test was used for comparison between male and female patients. Kaplan–Meier survival curves were generated to compare differences in survival probabilities over time between groups, and the equality of these curves was tested using a log-rank statistic.

The interval from the date of cancer diagnosis to the endpoint was calculated as survival time (in months). The endpoint was defined as one of the three events, whichever occurred first: date of breast cancer-related death, date of non-breast cancer related death, or the date used as the cutoff for the study. Cox regression models were generated to describe the relationship between clinicopathologic features and risk of breast cancer-related death among MBC patients and FBC patients.

Non-breast cancer related death may occur before the occurrence of breast cancer-related death during the follow-up period which hinders us from identifying the existence of breast cancer cases. The traditional multivariate COX regression model may markedly overestimate the risk of breast cancer¹⁴. To avoid overestimation and to improve accuracy, the cause-specific hazard model (CS model) and sub-distribution hazard function model (SD model) were used to calculate the absolute risk of breast cancer-related death. A two-sided *p*-value < 0.05 was considered statistically significant in this study.

Ethics approval and consent to participate. The study was approved by the Ethics Committee of Aerospace Center Hospital and was complied with the Declaration of Helsinki.

Results

Differences in clinical and pathological characteristics between males and females. MBC (n = 1,123/169,278) represented 0.66% of all breast cancers. The common descriptive characteristics of both genders are presented in Table 1. The median age at diagnosis for MBC was 63.45 ± 10.81 years old compared to 58.96 ± 12.14 years old for FBC ($p < 0.001$). In MBC patients, the race of patients was predominantly white (80.23%), with 14.34% black and 5.43% other races. In FBC patients, 79.19% were white, 11.04% were black and 9.77% were of others races ($p < 0.001$). There was no difference in laterality between men and women ($p = 0.085$). MBC patients tend to have larger tumor sizes ($p < 0.001$), a higher percent of lymph node ($p < 0.001$) and organ metastasis ($p < 0.001$) compared with FBC patients. MBC patients were also more likely to present with advanced grades ($p < 0.001$). In terms of pathological types, 84.86% of MBC patients were invasive ductal carcinoma compared with 77.81% in FBC patients. Lobular carcinomas accounted for only 0.62% of breast cancer in MBC patients by the contrast of 8.14% in FBC patients ($p < 0.001$). Compared with FBC patients, MBC patients were more likely to express hormone receptor-positive. 97.42% of men and 82.72% of women had ER-positive tumors ($p < 0.001$). Similarly, MBC patients were more likely to have PR-positive tumors than FBC patients (91.63% vs. 72.46%, $p < 0.001$). Compared with FBC patients, MBC patients exhibited a lower percentage of HER-2 overexpression (11.04% vs. 14.68%, $p < 0.001$).

Among MBC patients, there were 47.91% of tumors located with the central portion, followed by 15.58% in the upper-outer quadrant, 6.14% in the nipple, 5.16% in the lower-outer quadrant, 4.27% in the upper-inner quadrant, 2.23% in the lower-inner quadrant, 0.09% in the axillary tail, and the remaining 18.61% were classified as overlapping lesion. However, in FBC patients, there were only 5.20% of tumors located in the central portion, and tumors primarily located in the upper-outer accounted for 39.16%. The rest were located in the upper-inner quadrant (14.06%), lower-inner quadrant (6.38%), lower-outer quadrant (8.44%), nipple (0.38%), axillary tail (0.53%), and overlapping lesion (25.86%).

The association of clinicopathologic characteristics with the cancer-related death risk. During the median follow-up of 57 (43–74) months, 116 male patients and 13,140 female patients died from breast cancer. The Kaplan–Meier method showed that the MBC patients had a worse overall survival (OS) than FBC patients. The log-rank test showed a significant difference in the OS between the two groups (log-rank, $p < 0.001$, Fig. 2).

Multivariate Cox regression models were generated to describe the association between clinicopathological characteristics and risk of death. Among FBC patients, results indicated that age (HR = 1.17, 95% CI: 1.16–1.19), black race (HR = 1.24, 95% CI: 1.19–1.30), higher tumor grades (HR_{grade2vs.grade1} = 1.79, 95% CI: 1.65–1.93; HR_{grade3vs.grade1} = 2.98, 95% CI: 2.75–3.23; HR_{grade4vs.grade1} = 3.01, 95% CI: 2.42–3.73), larger tumor size (HR_{T2vs.T1} = 2.34, 95% CI: 2.23–2.45; HR_{T3vs.T1} = 3.46, 95% CI: 3.25–3.68; HR_{T4vs.T1} = 3.81, 95% CI: 3.56–4.08), higher lymph node involvement (HR_{N1vs.N0} = 1.84, 95% CI: 1.76–1.92; HR_{N2vs.N0} = 3.06, 95% CI: 2.89–3.24; HR_{N3vs.N0} = 3.57, 95% CI: 3.36–3.80), distant metastasis (HR = 3.95, 95% CI: 3.74–4.17), and type of histology (HR_{lobular vs. ductal} = 1.10, 95% CI: 1.03–1.18) were associated with a higher risk of cancer-related death. On the contrary, ER positive (HR = 0.67, 95% CI: 0.64–0.71), PR positive (HR = 0.61, 95% CI: 0.58–0.64), HER-2 positivity (HR = 0.56, 95% CI: 0.54–0.59), and breast surgery (HR = 0.33, 95% CI: 0.31–0.34) were associated with significantly reduced risks of cancer-related death (Table 2). Similar results were obtained among MBC patients; however, it was noteworthy that PR (HR = 0.68, 95% CI: 0.35–1.31) and HER-2 status (HR = 0.95, 95% CI: 0.55–1.63) did not appear to independently influence cancer-related survival (Table 2). Tumor location was an independent prognostic factor for both MBC and FBC patients. Medial location tumor was associated with a poorer prognosis compared with central and lateral location tumor (HR_{central vs. medial} = 0.95, 95% CI: 0.92–0.98, HR_{lateral vs. medial} = 0.93, 95% CI: 0.90–0.97 in females; HR_{central vs. medial} = 0.44, 95% CI: 0.21–0.94, HR_{lateral vs. medial} = 0.47, 95% CI: 0.24–0.72 in males).

During the follow up, a total of 9,255 non-breast cancer-related death cases were identified before the occurrence of breast cancer-related death. Tables 3, 4 summarizes adjusted HRs (95%CI) for the association of clinicopathological characteristics with breast cancer related death after taking competing risk events (none breast cancer-related death) into consideration. The associations of clinicopathological characteristics with breast cancer-related death were attenuated but remained significant both in the CS models and the SD models.

Discussion

This large-scale population-based study, which makes comparisons between MBC and FBC patients, provides intriguing etiologic and prognostic clues to this disease. Several significant conclusions were made. First, MBC patients have a worse prognosis than FBC patients. Second, there were differences in independent prognostic factors between MBC and FBC patients: PR and HER-2 were independent prognostic factors for FBC but not MBC patients. Finally, breast tumor locations between the two genders were different, which might have an important influence on prognostic results.

In our analysis, MBC patients had a worse overall prognosis than FBC counterparties which was in line with several previous studies. Nahleh et al. found that FBC patients had a significantly longer OS than MBC patients. The median OS for MBC patients was 7.0 years compared with 9.8 years for FBC patients (log-rank test; $p < 0.05$)⁹. Similarly, a study including 2,537 MBC patients also demonstrated that MBC patients had a relatively shorter 5-year survival rate than FBC patients⁴. Several explanations may help to explain this phenomenon. Better prognosis in FBC patients is partly due to the introduction of screening, public awareness, diagnosis at an earlier age with fewer complications, advances in treatment, and standardization of treatment regimens in international guidelines. However, the situation in MBC patients differs a lot compared with female counterparts. First, the breast tissue in men is sparser, and a small tumor would be able to invade the breast skin rapidly. The

	Males	Females	t/X ²	p-value
n	1,123	168,155		
Age (years)	63.45 ± 10.81	58.96 ± 12.14	- 12.34	<0.001
Races (%)			32.73	<0.001
White	901 (80.23)	133,163 (79.19)		
Black	161 (14.34)	18,557 (11.04)		
Other	61 (5.43)	16,435 (9.77)		
Laterality (%)			4.93	0.085
Left	516 (45.95)	82,798 (50.6)		
Right	607 (54.05)	85,344 (48.9)		
Bilateral	0 (0)	13 (0.5)		
Tumor locations (%)			4906.95	<0.001
Upper-inner	48 (4.27)	23,642 (14.06)		
Upper-outer	175 (15.58)	65,854 (39.16)		
Lower-inner	25 (2.23)	10,721 (6.38)		
Lower-outer	58 (5.16)	14,188 (8.44)		
Nipple	69 (6.14)	638 (0.38)		
Central portion	538 (47.91)	8,740 (5.20)		
Axillary tail	1 (0.09)	887 (0.53)		
Overlapping lesion	209 (18.61)	43,485 (25.86)		
Grades (%)			87.80	<0.001
I (Well)	131 (11.67)	38,377 (22.82)		
II (Moderately)	596 (53.07)	73,013 (43.42)		
III (Poorly)	395 (35.17)	56,229 (33.44)		
IV (Undifferentiated)	1 (0.09)	536 (0.32)		
T stages (%)			180.73	<0.001
T1	492 (43.81)	100,663 (59.86)		
T2	513 (45.68)	52,779 (31.39)		
T3	43 (3.83)	9,772 (5.81)		
T4	75 (6.68)	4,941 (2.94)		
N stages (%)			78.84	<0.001
N0	639 (56.90)	115,159 (68.48)		
N1	337 (30.01)	39,239 (23.34)		
N2	101 (8.99)	8,699 (5.17)		
N3	46 (4.10)	5,058 (3.02)		
M stages (%)			16.36	<0.001
M0	1,064 (94.75)	162,878 (96.86)		
M1	59 (5.25)	5,277 (3.14)		
Histology (%)			85.16	<0.001
Ductal	953 (84.86)	130,836 (77.81)		
Lobular	7 (0.62)	13,681 (8.14)		
Others	163 (14.51)	23,638 (14.06)		
ER (%)			169.30	<0.001
Positive	1,094 (97.42)	139,103 (82.72)		
Negative	29 (2.58)	29,052 (17.28)		
PR (%)			20,596	<0.001
Positive	1,029 (91.63)	121,851 (72.46)		
Negative	94 (8.37)	46,304 (27.54)		
HER-2 (%)			20.64	<0.001
Negative	960 (85.49)	139,936 (83.22)		
Equivocal	39 (3.47)	3538 (2.10)		
Positive	124 (11.04)	24,081 (14.68)		
Surgery (%)			0.008	0.930
Yes	1069 (95.19)	160,164 (95.25)		
No	54 (4.81)	7991 (4.75)		

Table 1. Disease characteristics of male versus female breast cancer. *ER* estrogen receptor, *PR* progesterone receptor, *HER-2* human epidermal growth factor receptor 2. The definitions of T, N, M were referred to pathologic stage groups (pTNM).

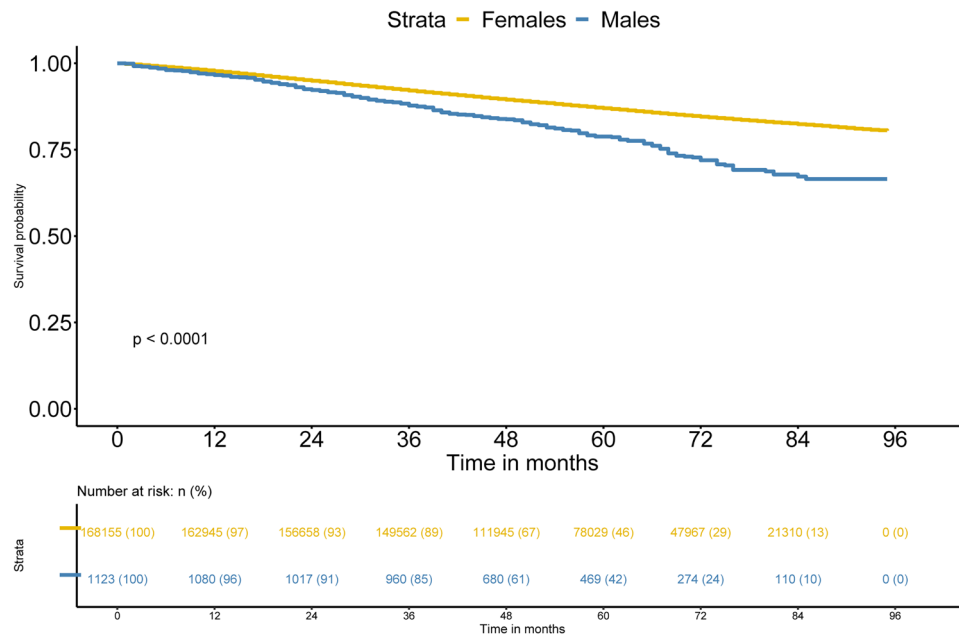


Figure 2. Breast-cancer-specific survival between the MBC and FBC groups.

tumor can also be easily drained into the subareolar lymphatic plexus and thus could lead to a high propensity to metastasize¹⁵. Second, the prevalence of adjuvant therapies for MBC patients is far behind FBC patients. A recent study using the SEER data from 1996 to 2005 demonstrated that there is a 42% decrease in breast cancer-specific mortality among women compared with only a 28% decrease among men, suggesting that the treatments being used in MBC patients are not as effective as they are for FBC patients¹⁰. Third, the use of adjuvant therapy in MBC patients is not widespread as FBC patients. In a paper that included 10,173 men with HR-positive breast cancer, men were less likely to receive adjuvant endocrine therapy than women (67.3% vs 78.9%, $p < 0.001$)¹⁶. Reliable and widespread use of adjuvant chemotherapy and radiotherapy for men is also lacking^{17–20}. However, among the patients who were treated with surgery in this current study, male patients were more likely to receive mastectomy than tumorectomy (88.77% vs. 11.23%) when compared to female patients (37.84% vs. 62.16%, $p < 0.001$). The generally higher rate of mastectomies in men could explain why radiotherapy is less often used.

There may be different risk factors between FBC and MBC especially when it is related to PR and HER-2. A population-based study indicated PR status did not appear to independently influence survival among MBC patients⁴. Matthew J's study also demonstrated PR status did not affect survival in MBC patients²¹. This may be related to the fact that PR status is not a crucial factor for endocrine therapy, and MBC patients are not as sensitive towards endocrine therapy. Little research has focused on HER-2 expression in men. The effectiveness of trastuzumab in HER-2 overexpressing MBC is unproven²². In addition, MBC patients with HER-2 overexpression only comprise a small portion of all MBC patients^{23,24}, making it difficult to draw a reliable conclusion.

In this current study, the tumor locations between the MBC and FBC patients were markedly different. Among FBC patients, tumors were primarily located in the upper-outer and accounted for 39.16% while other sites in the breast were discovered at lower frequencies, which is in alliance with previous studies^{25–28}. This basic observation of asymmetric occurrence of breast cancer has become well accepted but lacks an adequate scientific explanation. A possible explanation is that the upper-outer quadrant of the breast contains a greater proportion of the epithelial tissue, which has a greater chance to occur cancer²⁹. In MBC patients, the central position (nipple and central portion) is dominant which accounted for 54.05%. The upper-outer quadrant only made up 15.58%, which was far below the central position. This discrepancy may be caused by the anatomy of the male breast, as there is a larger volume of epithelial breast tissue in the central portion in men²⁹. In addition, the prognostic role of the tumor location is also underappreciated, as almost all breast cancer guidelines do not include tumor location as a prognostic factor^{30,31}. Yet in our study, tumor location affected the prognosis for both MBC and FBC patients; tumors situated in the medial quadrants of the breast have a worse prognosis compared with those located in lateral quadrants. This finding was compatible with other papers. David K et. al suggested that medial tumor location adversely impacts breast cancer-specific survival and OS in breast cancer patients³². Similarly, the Caroline trials indicated that medial location was associated with a 50% excess risk of systemic relapse and breast cancer death compared with lateral tumors³³.

The poor prognosis of tumors with the internal location may be associated with internal mammary nodes (IMN), which were not conventionally treated. Findings from a previous study have found occult nodal metastases in the internal mammary chain is more likely to be found in tumors with a central or medial location and female breast cancer patients with metastatic axillary nodes³⁴. The tumor cell is usually clinically silent in the internal mammary chain, and it might disseminate the disease, especially in node-negative women, who did

	Men		Women	
	HRs (95% CI)	p-value	HRs (95% CI)	p-value
Age (every10 years)	1.11(1.07–1.16)	0.012	1.17(1.16–1.19)	<0.001
Races				
White	Ref		Ref	
Black	1.59(1.12–2.07)	<0.001	1.24(1.19–1.30)	<0.001
Others	0.33 (0.10–1.10)	0.070	0.76(0.71–0.82)	<0.001
Grades				
I (Well)	Ref		Ref	
II (Moderately)	1.49(0.53–4.24)	0.453	1.79(1.65–1.93)	<0.001
III (Poorly)	2.93(1.04–8.28)	0.042	2.98(2.75–3.23)	<0.001
IV (Undifferentiated)	16.07(1.55–166.67)	0.020	3.01(2.42–3.73)	<0.001
T stages				
T1	Ref		Ref	
T2	1.84(1.11–3.07)	0.019	2.34(2.23–2.45)	<0.001
T3	2.45(1.07–5.63)	0.034	3.46(3.25–3.68)	<0.001
T4	2.25(1.08–4.68)	0.030	3.81(3.56–4.08)	<0.001
N stages				
N0	Ref		Ref	
N1	1.90(1.17–3.08)	0.009	1.84(1.76–1.92)	<0.001
N2	3.10(1.74–5.52)	<0.001	3.06(2.89–3.24)	<0.001
N3	3.32(1.59–6.95)	0.001	3.57(3.36–3.80)	<0.001
M stages				
M0	Ref		Ref	
M1	5.17(2.86–9.34)	<0.001	3.95(3.74–4.17)	<0.001
ER				
Negative	Ref		Ref	
Positive	0.34(0.14–0.85)	0.021	0.67(0.64–0.71)	<0.001
PR				
Negative	Ref		Ref	
Positive	0.68(0.35–1.31)	0.249	0.61(0.58–0.64)	<0.001
HER-2				
Negative	Ref		Ref	
Positive	0.95(0.55–1.63)	0.845	0.56(0.54–0.59)	<0.001
Equivocal	1.58(0.97–2.59)	0.067	1.01(0.91–1.13)	0.845
Surgery				
No	Ref		Ref	
Yes	0.39(0.19–0.76)	0.006	0.33(0.31–0.34)	<0.001
Histology				
Ductal	Ref		Ref	
Lobular	1.18(0.14–9.74)	0.878	1.10(1.03–1.18)	0.005
Others	0.58(0.27–1.28)	0.179	0.99(0.95–1.05)	0.949
Tumor locations				
Medial	Ref		Ref	
Central	0.44(0.21–0.94)	0.035	0.95(0.92–0.98)	0.041
Lateral	0.47(0.24–0.72)	0.021	0.93(0.90–0.97)	0.038
Other	0.58(0.26–1.33)	0.198	1.07(0.99–1.16)	0.062

Table 2. Multivariate analysis for breast-cancer specific survival stratified by sex in Cox regressions. *ER* estrogen receptor, *PR* progesterone receptor, *HER-2* human epidermal growth factor receptor 2, *HR* hazard ratio, *CI* confidence intervals. The definitions of T, N, M were referred to pathologic stage groups (pTNM).

not receive adjuvant systemic treatment³⁵. It has also been observed that 5% of breast cancer patients metastasis to IMNs alone³⁴.

Competing risks are common in epidemiological research^{35,36}. In the current study, cancer-unrelated death occurred before the identification of cancer-related death. In this competing risk setting, traditional Cox regression may overestimate the absolute risk of cancer-related death, because individuals with a competing (and therefore censored) event are considered to be likely to experience events of interest in the future. The CS model

	Men		Women	
	HRs (95% CI)	p-value	HRs (95% CI)	p-value
Age (every10 years)	1.11(1.07–1.16)	0.016	1.17(1.16–1.19)	<0.001
Races				
White	Ref		Ref	
Black	1.59(0.98–2.59)	0.062	1.24(1.19–1.30)	<0.001
Others	0.33(0.10–1.09)	0.070	0.76(0.71–0.82)	<0.001
Grades				
I (Well)	Ref		Ref	
II (Moderately)	1.49(0.53–4.24)	0.454	1.79(1.65–1.93)	<0.001
III (Poorly)	2.94(1.04–8.31)	0.042	2.98(2.75–3.23)	<0.001
IV (Undifferentiated)	16.70(1.61–173.17)	0.018	3.01(2.43–3.74)	<0.001
T stages				
T1	Ref		Ref	
T2	1.84(1.11–3.07)	0.019	2.34(2.23–2.45)	<0.001
T3	2.46(1.07–5.64)	0.034	3.46(3.25–3.68)	<0.001
T4	2.27(1.09–4.71)	0.029	3.82(3.57–4.09)	<0.001
N stages				
N0	Ref		Ref	
N1	1.90(1.17–3.08)	0.009	1.84(1.76–1.93)	<0.001
N2	3.12(1.75–5.55)	<0.001	3.07(2.90–3.25)	<0.001
N3	3.34(1.60–6.98)	0.001	3.58(3.37–3.81)	<0.001
M stages				
M0	Ref		Ref	
M1	5.23(2.86–9.34)	<0.001	3.98(3.78–4.20)	<0.001
ER				
Negative	Ref		Ref	
Positive	0.34(0.14–0.85)	0.020	0.67(0.64–0.70)	<0.001
PR				
Negative	Ref		Ref	
Positive	0.68(0.35–1.31)	0.248	0.61(0.58–0.64)	<0.001
HER-2				
Negative	Ref		Ref	
Positive	0.95(0.55–1.62)	0.838	0.56(0.54–0.59)	<0.001
Equivocal	1.57(0.98–2.58)	0.088	1.01(0.91–1.13)	0.842
Surgery				
No	Ref		Ref	
Yes	0.39(0.20–0.77)	0.007	0.33(0.31–0.34)	<0.001
Histology				
Ductal	Ref		Ref	
Lobular	1.18(0.14–9.75)	0.879	1.10(1.03–1.18)	0.005
Others	0.58(0.27–1.28)	0.180	0.99(0.95–1.05)	0.965
Tumor locations				
Medial	Ref		Ref	
Central	0.44(0.20–0.94)	0.034	0.94(0.91–0.98)	0.033
Lateral	0.46(0.19–0.71)	0.019	0.93(0.89–0.96)	0.030
Other	0.58(0.26–1.32)	0.195	1.05(0.97–1.15)	0.112

Table 3. Multivariate analysis for breast-cancer specific survival stratified by sex in the CS models. *ER* estrogen receptor, *PR* progesterone receptor, *HER-2* human epidermal growth factor receptor 2, *HR* hazard ratio, *CI* confidence intervals, *CS model* cause-specific hazard model. The definitions of T, N, M were referred to pathologic stage groups (pTNM).

and the SD model are different, and the choice of method should be determined by scientific issues. The CS model may be more suitable for studying the cause of the disease, while the SD model can be used to predict individual risks¹⁴. Future research should be conducted to explore methodological differences and expand tools to understand competitive risk methods for epidemiological data.

	Men		Women	
	HR (95%CI)	p-value	HR (95%CI)	p-value
Age (every10 years)	1.10(1.01–1.36)	0.041	1.14(1.12–1.16)	<0.001
Races				
White	Ref		Ref	
Black	1.47(0.86–2.53)	0.162	1.22(1.16–1.28)	<0.001
Others	0.33(0.11–1.01)	0.051	0.76(0.71–0.82)	<0.001
Grades				
I (Well)	Ref		Ref	
II (Moderately)	1.41(0.47–4.20)	0.537	1.79(1.66–1.94)	<0.001
III (Poorly)	2.94(0.97–8.94)	0.057	2.96(2.73–3.21)	<0.001
IV (Undifferentiated)	14.75(3.73–58.27)	<0.001	3.01(2.40–3.77)	<0.001
T stages				
T1	Ref		Ref	
T2	1.77(1.05–2.96)	0.031	2.28(2.17–2.40)	<0.001
T3	2.01(0.81–5.00)	0.132	3.34(3.12–3.57)	<0.001
T4	1.94(0.86–4.46)	0.113	3.61(3.34–3.92)	<0.001
N stages				
N0	Ref		Ref	
N1	1.81(1.11–2.94)	0.017	1.86(1.78–1.95)	<0.001
N2	2.90(1.58–5.31)	0.001	3.01(2.82–3.21)	<0.001
N3	3.40(1.55–7.47)	0.002	3.53(3.28–3.80)	<0.001
M stages				
M0	Ref		Ref	
M1	5.41(2.85–10.25)	<0.001	3.94(3.70–4.20)	<0.001
ER				
Negative	Ref		Ref	
Positive	0.32(0.12–0.84)	0.020	0.69(0.65–0.73)	<0.001
PR				
Negative	Ref		Ref	
Positive	0.67(0.35–1.28)	0.224	0.61(0.56–0.64)	<0.001
HER-2				
Negative	Ref		Ref	
Positive	0.92(0.51–1.70)	0.794	0.58(0.55–0.61)	<0.001
Equivocal	1.55(0.93–2.54)	0.133	0.99(0.88–1.11)	0.886
Surgery				
No	Ref		Ref	
Yes	0.46(0.23–0.93)	0.031	0.36(0.34–0.38)	<0.001
Histology				
Ductal	Ref		Ref	
Lobular	1.37(0.13–14.05)	0.791	1.11(1.03–1.19)	0.037
Others	0.59(0.27–1.27)	0.178	0.98(0.93–1.04)	0.542
Tumor locations				
Medial	Ref		Ref	
Central	0.42(0.20–0.89)	0.024	0.92(0.87–0.96)	0.005
Lateral	0.45(0.22–0.71)	0.019	1.03(0.95–1.12)	0.503
Other	0.65(0.30–1.43)	0.283	0.98(0.92–1.04)	0.427

Table 4. Multivariate analysis for breast-cancer specific survival stratified by sex in the SD models. *ER* estrogen receptor, *PR* progesterone receptor, *HER-2* human epidermal growth factor receptor 2, *HR* hazard ratio, *CI* confidence intervals, *SD model* sub-distribution hazard function model. The definitions of T, N, M were referred to pathologic stage groups (pTNM).

The strength of this current study is the large quantity of data regarding MBC and FBC patients, which allows for a reliable extrapolation of the results. Furthermore, we analyzed the tumor location within the breast, which has been rarely focused on. Moreover, competing risk regressions were further used to validate our results, increasing the accuracy of the study. However, the limitations should also be acknowledged. The main limitation

of this study was its missing data, especially on antigens identified by monoclonal antibody Ki-67 status, disease-free survival and adjuvant therapy information. Furthermore, the pathologic information was collected from different hospitals and failed to undergo a centralized review. Lastly, because of the special status of the disease, the number of MBC and FBC patients was very asymmetric. However, the bias was minimized as males and females were studied separately.

Conclusions

Our retrospective study showed that MBC has a worse overall prognosis than FBC and the independent prognostic factors between MBC and FBC were not entirely the same. In addition, there are vast differences between genders for tumor location, which should be considered by clinicians as a prognostic factor. MBC should be considered as an independent disease. Future research on MBC is needed in many aspects, including molecular pathology, risk factors, genetic contributions diagnostic and therapeutic tools.

Received: 20 May 2021; Accepted: 17 December 2021

Published online: 07 January 2022

References

- Bray, F. *et al.* Global cancer statistics 2018: GLOBOCAN estimates of incidence and mortality worldwide for 36 cancers in 185 countries. *CA Cancer J. Clin.* **68**(6), 394–424 (2018).
- Siegel, R., Naishadham, D. & Jemal, A. Cancer statistics, 2012. *CA Cancer J. Clin.* **62**(1), 10–29 (2012).
- Fentiman, I. S., Fourquet, A. & Hortobagyi, G. N. Male breast cancer. *Lancet* **367**(9510), 595–604 (2006).
- Giordano, S. H., Cohen, D. S., Buzdar, A. U., Perkins, G. & Hortobagyi, G. N. Breast carcinoma in men: A population-based study. *Cancer* **101**(1), 51–57 (2004).
- English, J. C., Middleton, C., Patterson, J. W. & Slingluff, C. L. Cancer of the male breast. *Int. J. Dermatol.* **39**(12), 881–886 (2000).
- Yu, X. F., Yang, H. J., Yu, Y., Zou, D. H. & Miao, L. L. A prognostic analysis of male breast cancer (MBC) compared with postmenopausal female breast cancer (FBC). *PLoS ONE* **10**(8), e0136670 (2015).
- Pant, K. & Dutta, U. Understanding and management of male breast cancer: A critical review. *Med. Oncol.* **25**(3), 294–298 (2008).
- Kornegoor, R. *et al.* Molecular subtyping of male breast cancer by immunohistochemistry. *Mod. Pathol.* **25**(3), 398–404 (2012).
- Nahleh, Z. A. *et al.* Male breast cancer in the veterans affairs population: A comparative analysis. *Cancer* **109**(8), 1471–1477 (2007).
- Anderson, W. F., Jatoi, I., Tse, J. & Rosenberg, P. S. Male breast cancer: A population-based comparison with female breast cancer. *J. Clin. Oncol.* **28**(2), 232–239 (2010).
- Gnerlich, J. L. *et al.* Poorer survival outcomes for male breast cancer compared with female breast cancer may be attributable to in-stage migration. *Ann. Surg. Oncol.* **18**(7), 1837–1844 (2011).
- Giordano, S. H. *et al.* Adjuvant systemic therapy for male breast carcinoma. *Cancer* **104**(11), 2359–2364 (2005).
- Vetto, J., Jun, S. Y., Paduch, D., Eppich, H. & Shih, R. Stages at presentation, prognostic factors, and outcome of breast cancer in males. *Am. J. Surg.* **177**(5), 379–383 (1999).
- Lau, B., Cole, S. R. & Gange, S. J. Competing risk regression models for epidemiologic data. *Am. J. Epidemiol.* **170**(2), 244–256 (2009).
- Joshi, M. G. *et al.* Male breast carcinoma: An evaluation of prognostic factors contributing to a poorer outcome. *Cancer* **77**(3), 490–498 (1996).
- Venigalla, S. *et al.* Use and effectiveness of adjuvant endocrine therapy for hormone receptor-positive breast cancer in men. *JAMA Oncol.* **4**(10), e181114 (2018).
- Miao, H. *et al.* Incidence and outcome of male breast cancer: An international population-based study. *J. Clin. Oncol.* **29**(33), 4381–4386 (2011).
- Kiluk, J. V. *et al.* Male breast cancer: Management and follow-up recommendations. *Breast J.* **17**(5), 503–509 (2011).
- Fields, E. C., DeWitt, P., Fisher, C. M. & Rabinovitch, R. Management of male breast cancer in the United States: A surveillance, epidemiology and end results analysis. *Int. J. Radiat. Oncol. Biol. Phys.* **87**(4), 747–752 (2013).
- McKinley, N., McCain, S. & Kirk, S. Long term follow up of male breast cancer. *Ulster Med. J.* **86**(3), 177–180 (2017).
- Abrams, M. J., Koffer, P. P., Wazer, D. E. & Hepel, J. T. Postmastectomy radiation therapy is associated with improved survival in node-positive male breast cancer: A population analysis. *Int. J. Radiat. Oncol. Biol. Phys.* **98**(2), 384–391 (2017).
- Sanguinetti, A. *et al.* Male breast cancer in the twenty-first century: What's new?. *Ann. Ital. Chir.* **85**, 544–550 (2014).
- Bloom, K. J., Govil, H., Gattuso, P., Reddy, V. & Francescatti, D. Status of HER-2 in male and female breast carcinoma. *Am. J. Surg.* **182**(4), 389–392 (2001).
- Muir, D., Kanthan, R. & Kanthan, S. C. Male versus female breast cancer. A population-based comparative immunohistochemical analysis. *Arch. Pathol. Lab. Med.* **127**(1), 36–41 (2003).
- Haagensen, C. J., *The surgical treatment of mammary carcinoma*. 1971.
- Hussain, M. A., Ali, S., Tyagi, S. P. & Reza, H. Incidence of cancer breast at Aligarh. *J. Indian Med. Assoc.* **92**(9), 296–297 (1994).
- Raju, G. C. & Naraynsingh, V. Breast cancer in West Indian women in Trinidad. *Trop. Geogr. Med.* **41**(3), 257–260 (1989).
- Azzena, A. *et al.* Risk factors for breast cancer. Case-control study results. *Eur. J. Gynaecol. Oncol.* **15**(5), 386–392 (1994).
- Darbre, P. D. Recorded quadrant incidence of female breast cancer in Great Britain suggests a disproportionate increase in the upper outer quadrant of the breast. *Anticancer Res.* **25**(3c), 2543–2550 (2005).
- Goldhirsch, A., Wood, W. C., Senn, H. J., Glick, J. H. & Gelber, R. D. Fifth International Conference on Adjuvant Therapy of Breast Cancer, St Gallen, March 1995. International Consensus Panel on the Treatment of Primary Breast Cancer. *Eur. J. Cancer*, 1995. **31a**(11): p. 1754–9.
- Blum, J. L., Jones, S. E., Fay, J. W., Senzer, N. & Mennel, R. G. Guidelines for systemic therapy of early stage breast cancer. *Breast Cancer Res. Treat.* **43**(3), 259–276 (1997).
- Gaffney, D. K., Tsodikov, A. & Wiggins, C. L. Diminished survival in patients with inner versus outer quadrant breast cancers. *J. Clin. Oncol.* **21**(3), 467–472 (2003).
- Lohrisch, C., Jackson, J., Jones, A., Mates, D. & Olivotto, I. A. Relationship between tumor location and relapse in 6,781 women with early invasive breast cancer. *J. Clin. Oncol.* **18**(15), 2828–2835 (2000).
- Morrow, M. & Foster, R. S. Jr. Staging of breast cancer: a new rationale for internal mammary node biopsy. *Arch. Surg.* **116**(6), 748–751 (1981).
- Tsai, H. K., D'Amico, A. V., Sadetsky, N., Chen, M. H. & Carroll, P. R. Androgen deprivation therapy for localized prostate cancer and the risk of cardiovascular mortality. *J. Natl. Cancer Inst.* **99**(20), 1516–1524 (2007).
- Xue, Q. L., Fried, L. P., Glass, T. A., Laffan, A. & Chaves, P. H. Life-space constriction, development of frailty, and the competing risk of mortality: The Women's Health and Aging Study I. *Am J Epidemiol* **167**(2), 240–248 (2008).

Acknowledgements

We thank all the staff and participants of the SEER database for their important contributions.

Author contributions

N.Y., and W.S. executed the study and drafted the manuscript. N.Y., T.L. and S.T.S. participated in the study design and performed the statistical analyses. W.W., N.D. and G.X. contributed to the discussion. J.Q. reviewed the manuscript.

Competing interests

The authors declare no competing interests.

Additional information

Correspondence and requests for materials should be addressed to J.Q.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>.

© The Author(s) 2022