

Sorafenib, Lenvatinib, or Lenvatinib Combining PD-1 Inhibitors Plus TACE in Unresectable Hepatocellular Carcinoma: A Retrospective Analysis

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Abstract

Introduction: This retrospective study aimed to compare the efficacy and safety of transarterial chemoembolization plus lenvatinib and programmed death 1 (PD-1) inhibitors versus transarterial chemoembolization plus lenvatinib or sorafenib in patients with unresectable hepatocellular carcinoma. **Methods:** Consecutive patients with unresectable hepatocellular carcinoma who received transarterial chemoembolization plus lenvatinib and PD-1 inhibitors, lenvatinib, or sorafenib were retrospectively identified in our institution between January 2018 and August 2020. The primary endpoint was overall survival. **Results:** A total of 84 patients were included in this analysis. The median overall survival was significantly improved in the transarterial chemoembolization plus lenvatinib and PD-1 inhibitor group compared with the transarterial chemoembolization plus sorafenib group (26.7 months [95% confidence interval 25.2-31.6] vs 14.4 months [95% confidence interval 9.5-18.9]; hazard ratio 0.39 [95% confidence interval 0.17-0.72]; $P = .007$) or the transarterial chemoembolization plus lenvatinib group (26.7 months [95% confidence interval 25.2-31.6] vs 17.9 [95% confidence interval 13.4-22.2] months; hazard ratio 0.45 [95% confidence interval 0.17-0.87]; $P = .031$). Transarterial chemoembolization plus lenvatinib and PD-1 inhibitor also significantly prolonged median progression-free survival compared with transarterial chemoembolization plus sorafenib group (8.2 months [95% confidence interval 3.3-13.0] vs 6.0 months [95% confidence interval 4.2-7.8]; hazard ratio 0.47 [95% confidence interval 0.24-0.74]; $P = .005$) or the transarterial chemoembolization plus lenvatinib group (8.2 months [95% confidence interval 3.3-13.0] vs 6.6 [95% confidence interval 4.3-7.9] months; hazard ratio 0.58 [95% confidence interval 0.31-0.96]; $P = .047$). No significant difference was seen between groups in the incidence of an adverse event or grade 3 or higher adverse event. **Conclusion:** Transarterial chemoembolization plus lenvatinib, and PD-1 inhibitor was associated with better survival benefits and acceptable toxicities, which may provide an additional therapeutic option for unresectable hepatocellular carcinoma.

Keywords

hepatocellular carcinoma, lenvatinib, nivolumab, programmed death 1 inhibitors, sorafenib, toripalimab, transarterial chemoembolization

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Abbreviations

AE, adverse event; BCLC, Barcelona clinic liver cancer; BMI, body mass index; CI, confidence interval; DCR, disease control rate; ECOG-PS, Eastern Cooperative Oncology Group performance status; HCC, hepatocellular carcinoma; HR, hazard ratio; mRECIST, modified response evaluation criteria in solid tumor; ORR, objective response rate; OS, overall survival; PD-1, programmed death 1; PD-L1, programmed death ligand 1; PFS, progression-free survival; TACE, transarterial chemoembolization; TTP, time-to-progression; VEGF, vascular endothelial growth factor; VEGFR, VEGF receptor

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Introduction

Hepatocellular carcinoma (HCC) is a major cause of cancer-related death and the most frequently diagnosed primary liver tumor worldwide and in China.^{1,2} Despite improved survival owing to potentially curative approaches, including surgical resection, liver transplantation, and some locoregional treatments, in early-stage disease, however, most of the patients present with advanced HCC which has a limited chance for radical treatment.³

The Barcelona Clinic Liver Cancer (BCLC) staging system is the most widely validated staging system for HCC, which integrates tumor burden, liver function, and general health status to provide a clinical algorithm for treatment decision-making according to disease stages. The BCLC system allocates management choices based on the following 5 different disease categories: very early, early, intermediate, advanced, and terminal. Transarterial chemoembolization (TACE) is the standard of care for intermediate-stage HCC in asymptomatic patients with preserved liver function. It is also incorporated in the treatment of patients with early-stage diseases who are not feasible for or have failed the recommended treatments. TACE induces tumor necrosis by the delivery of drugs and embolic particles into tumor-nourishing arterial vessels.⁴ However, this approach is associated with deterioration of liver function and tumor hypoxia, resulting in poor prognosis and increased tumor angiogenesis.^{5–7}

Emerging novel agents have modified the therapeutic landscape of advanced and metastatic HCC in recent years. In addition to sorafenib, lenvatinib has been approved in the first-line treatment setting for patients with advanced HCC with improved progression-free survival (PFS) and similar overall survival (OS) benefits to sorafenib.⁸ Immune checkpoint inhibitors, especially programmed death 1 (PD-1)/programmed death ligand 1 (PD-L1) inhibitors also demonstrated promising activities in patients with advanced HCC.^{9,10} Despite failures in phase 3 randomized studies, PD-1 inhibitors showed a trend of prolonged survival and durable response in different treatment settings.^{11,12} In the recently reported KEYNOTE-394 study, pembrolizumab plus best supportive care significantly prolonged OS (hazard ratio [HR] 0.79, 95% confidence interval [CI] 0.63-0.99, $P = .0180$) and PFS (HR 0.74, 95% CI 0.60-0.92, $P = .0032$) as second-line treatment in Asian patients with advanced HCC.¹³ Immune-based combinations were also being investigated. In the open-label, randomized, phase III IMbrave150 study in which atezolizumab plus

bevacizumab was compared with sorafenib in 501 treatment-naïve patients with advanced HCC, both primary co-endpoints PFS and OS were met, leading to the US Food and Drug Administration approval of this combination as first-line treatments.¹⁴ In the phase Ib study of pembrolizumab plus lenvatinib demonstrated that this combination had promising survival benefits, with an objective response rate (ORR) of 46%, a median duration of response of 8.6 months, a median PFS of 9.3 months, and a median OS of 22 months, as well as acceptable toxicity profiles without severe adverse events (AEs) without new safety signals.¹⁵ These findings suggested that a combination of antiangiogenic drugs and PD-1 inhibitors may represent a novel treatment option in this setting. Moreover, emerging novel therapeutics focus on other major mechanisms of HCC immune escape, including cytotoxic T-lymphocyte antigen 4, lymphocyte activating gene 3 protein, and mucin-domain molecule 3 (T cell immunoglobulin and mucin-domain containing molecule 3), which will bring new combination strategies.¹⁶

Some evidence indicates the therapeutic potential of combining antiangiogenic drugs with TACE in selected subpopulations and the combination of PD-1 inhibitors with TACE is being investigated in ongoing studies (for instance NCT03143270 and NCT03397654). However, limited data is available for a combination of TACE, antiangiogenic drugs, and immune checkpoint inhibitors. Thus, here we present a retrospective analysis of the efficacy and safety of TACE combined with sorafenib, lenvatinib, or lenvatinib plus PD-1 inhibitors in patients with unresectable HCC.

Method

Study Design and Patients

This retrospective study included all adult patients (18 years or older) with intermediate-stage and advanced-stage HCC who were consecutively admitted to our department from January 2018 to August 2020. Patients included in our study met the following criteria: an age of 18 years or older; histologically or cytologically confirmed HCC or clinically confirmed HCC according to the practice guidelines of the American Association for the Study of Liver Disease¹⁷; TACE-eligible patients; patients treated with a combination of TACE and sorafenib, lenvatinib, or lenvatinib plus PD-1 inhibitors; BCLC stage B or C; Child-Pugh class A or B; Eastern Cooperative Oncology Group performance status (ECOG-PS) of 0 or 1; at

least 1 measurable target nodule per modified Response Evaluation Criteria in Solid Tumors (mRECIST, version 1.1); and acceptable heart, kidney, and bone marrow functions. Microsatellite instability status or PD-L1 expression analyses of tumor tissue samples were not mandatory. Patients were excluded if they had any of the following reasons: missing or unevaluable data; symptomatic brain metastases; a complete obstructive invasion of the bile duct; tumor burden over 50% of the total liver volume; or had received any previous systemic therapy.

Our study did not require an ethical board approval or informed consent from patients because the institutional review board does not require ethical board approval for a retrospective study using anonymous data. All patient details have been deidentified in this study. The reporting of this study conforms to Strengthening the Reporting of Observational Studies in Epidemiology guidelines.¹⁸

Treatment Procedure

This is a retrospective study to investigate the efficacy and safety of sorafenib, lenvatinib, or lenvatinib combining PD-1 inhibitors plus TACE in unresectable HCC. Patients were selected consecutively, for whom treatment was assigned based on the disease, patient status, availability of drug, as well as the physician's preference.

TACE consisted of intraarterial injection of chemotherapy drug, followed by embolization to interrupt blood flow. The tip of the catheter was inserted into the artery branches for tumor feeding according to tumor size, location, and arterial supply. Embolization was initially conducted using different diameter microspheres or drug-eluting beads, and the trunk was ultimately embolized with an absorbable gelatin sponge until the bleeding stopped. Pharmorubicin was used as the chemotherapy drug.

Systemic treatment was administered within 3 months following TACE until disease progression or intolerable toxicity. Sorafenib was administered orally at 400 mg twice daily. Lenvatinib was administered orally at 8 mg (body weight < 60 kg) or 12 mg (body weight > 60 kg) once per day. Nivolumab was administered intravenously at 3 mg/kg once every 2 weeks. Toripalimab was administered intravenously at 3 mg/kg once every 2 weeks.

Data Collection

Clinical information was retrieved from the medical records. Patient characteristics were retrospectively examined, which included sex, age, ECOG-PS score, body mass index, BCLC staging, hepatitis virus status, presence of liver cirrhosis, tumor size, tumor number, presence of tumor embolus, presence of extrahepatic metastasis, Child-Pugh status, and history of previous treatment. Survival, tumor response, AE, and other related treatment data were also analyzed.

The primary endpoint was OS, defined as the time from the date of receiving the first TACE therapy to the date of death.

The secondary endpoints were PFS, defined as the interval between the date of receiving the first TACE therapy and the date of disease progression according to the mRECIST or death from any cause, whichever occurred first, the ORR, defined as the proportion of patients with complete response or partial response, and the disease control rate (DCR), defined as the proportion of patients with ORR plus stable disease. The ORR and DCR were evaluated by the investigator according to the mRECIST criteria.

Statistics Analysis

Continuous variables were presented as mean ± standard deviation and compared using a *t*-test, or Mann-Whitney *U*-test for nonnormally distributed continuous variables. Categorical variables were reported as frequency and compared using the chi-square test and Fisher's exact test. Kaplan-Meier method was used to evaluate the OS and PFS, and the difference between groups was analyzed with a log-rank test. *P* values < .05 were considered to be statistically significant. All data were statistically analyzed using Statistical Package for the Social Sciences version 21.0.

Results

Between January 1, 2018, and August 1, 2020, a total of 84 patients were included in this analysis: 23 patients received a triple combination with TACE plus lenvatinib and PD-1 inhibitor (including nivolumab [n = 13] and toripalimab [n = 10]), 32 received TACE plus lenvatinib, and 29 received TACE plus sorafenib. Table 1 summarized the baseline characteristics, and no significant difference was observed between groups except for the presence of liver cirrhosis and tumor number. The lowest percentage of liver cirrhosis was noted in the TACE plus sorafenib group (86.96% vs 75% vs 55.17%, *P* = .036).

Efficacy

By data cut-off (May 16, 2021), the median OS was significantly improved in the TACE plus lenvatinib and PD-1 inhibitor group compared with the TACE plus lenvatinib group (26.7 months [95% CI 25.2-31.6] vs 17.9 [95% CI 13.4-22.2] months; HR 0.45 [95% CI 0.17-0.87]; *P* = .031; Figure 1A) or the TACE plus sorafenib group (26.7 months [95% CI 25.2-31.6] vs 14.4 months [95% CI 9.5-18.9]; HR 0.39 [95% CI 0.17-0.72]; *P* = .007; Figure 1B). TACE plus lenvatinib and PD-1 inhibitor also significantly prolonged median PFS compared with the TACE plus lenvatinib group (8.2 months [95% CI 3.3-13.0] vs 6.6 [95% CI 4.3-7.9] months; HR 0.58 [95% CI 0.31-0.96]; *P* = .047; Figure 2A) or the TACE plus sorafenib group (8.2 months [95% CI 3.3-13.0] vs 6.0 months [95% CI 4.2-7.8]; HR 0.47 [95% CI 0.24-0.74]; *P* = .005; Figure 2B).

The evaluation of the best response in each group was shown in Table 2 according to the mRECIST criteria. The TACE plus lenvatinib and PD-1 inhibitors were associated with significantly higher ORR and DCR than TACE plus lenvatinib

Table 1. Baseline Patient Demographic and Disease Characteristics.

	TACE + lenvatinib + PD-1 inhibitors (n = 23)	TACE + lenvatinib (n = 32)	TACE + sorafenib (n = 29)	P-value
Sex				.095
Male	23 (100.00)	31 (96.88)	25 (86.21)	
Female	0 (0.00)	1 (3.13)	4 (13.79)	
Age (mean ± SD, y)	52.83 ± 7.14	57.38 ± 9.44	55.90 ± 8.18	.146
BMI (mean ± SD)	23.00 ± 2.96	23.96 ± 3.47	23.03 ± 3.40	.450
ECOG-PS				.928
0	12 (52.17)	18 (56.25)	15 (51.72)	
1	11 (47.83)	14 (43.75)	14 (48.28)	
Hypertension				.450
No	17 (73.91)	19 (59.38)	17 (58.62)	
Yes	6 (26.09)	13 (40.63)	12 (41.38)	
BCLC stage				.319
B	6 (26.09)	13 (40.63)	7 (24.14)	
C	17 (73.91)	19 (59.38)	22 (75.86)	
Tumor embolus				.629
No	10 (43.48)	18 (56.25)	14 (48.28)	
Yes	13 (56.52)	14 (43.75)	15 (51.72)	
Longest diameter of liver tumor (median, Q1, Q3)	8.00(3.40,11.30)	7.80(3.80,11.65)	9.00(4.90,10.90)	.921
Liver cirrhosis				.036
No	3 (13.04)	8 (25.00)	13 (44.83)	
Yes	20 (86.96)	24 (75.00)	16 (55.17)	
Extrahepatic metastasis				.294
No	11 (47.83)	22 (68.75)	17 (58.62)	
Yes	12 (52.17)	10 (31.25)	12 (41.38)	
Etiology				.116
No	1 (4.35)	7 (21.88)	4 (13.79)	
HBV	22 (95.65)	21 (65.63)	23 (79.31)	
HCV	0 (0.00)	4 (12.50)	2 (6.90)	
Child-Pugh class				.999
A	19 (82.61)	27 (84.38)	24 (82.76)	
B	4 (17.39)	5 (15.63)	5 (17.24)	
Tumor node				.344
Single	8 (34.78)	6 (18.75)	6 (20.69)	
Multiple	15 (65.22)	26 (81.25)	23 (79.31)	
Surgery				.722
No	18 (81.82)	24 (75.00)	24 (82.76)	
Yes	4 (18.18)	8 (25.00)	5 (17.24)	
Radiotherapy				.999
No	21 (91.30)	30 (93.75)	27 (93.10)	
Yes	2 (8.70)	2 (6.25)	2 (6.90)	
Ablation				.248
No	21 (95.45)	27 (84.38)	28 (96.55)	
Yes	1 (4.55)	5 (15.63)	1 (3.45)	

Abbreviations: BCLC, Barcelona clinic liver cancer; BMI, body mass index; ECOG-PS, Eastern Cooperative Oncology Group performance status; HBV, hepatitis B virus; HCV, hepatitis C virus; PD-1, programmed death 1; SD, standard deviation; TACE, transarterial chemoembolization.

(ORR: 86.96% vs 46.88%; DCR: 100% vs 75%) and TACE plus sorafenib (ORR: 86.96% vs 34.48%; DCR: 100% vs 48.28%).

Safety

AEs were summarized in Tables 3 and 4. AE occurred in 79% of patients, with fever, elevated alanine transaminase (ALT), and elevated aspartate transaminase (AST) being the most

common ones. Fever, nausea, and fatigue were more frequently seen in patients treated with TACE plus lenvatinib and PD-1; hypertension and diarrhea were more common in patients treated with TACE plus lenvatinib; while elevated ALT, elevated AST, abdominal pain, loss of appetite, diarrhea, rash, and hand-foot syndrome were more common in patients treated with TACE plus sorafenib. However, these differences were not significant. With respect to grade 3 or higher AE, the incidence was similar in all groups. Table 5 summarized

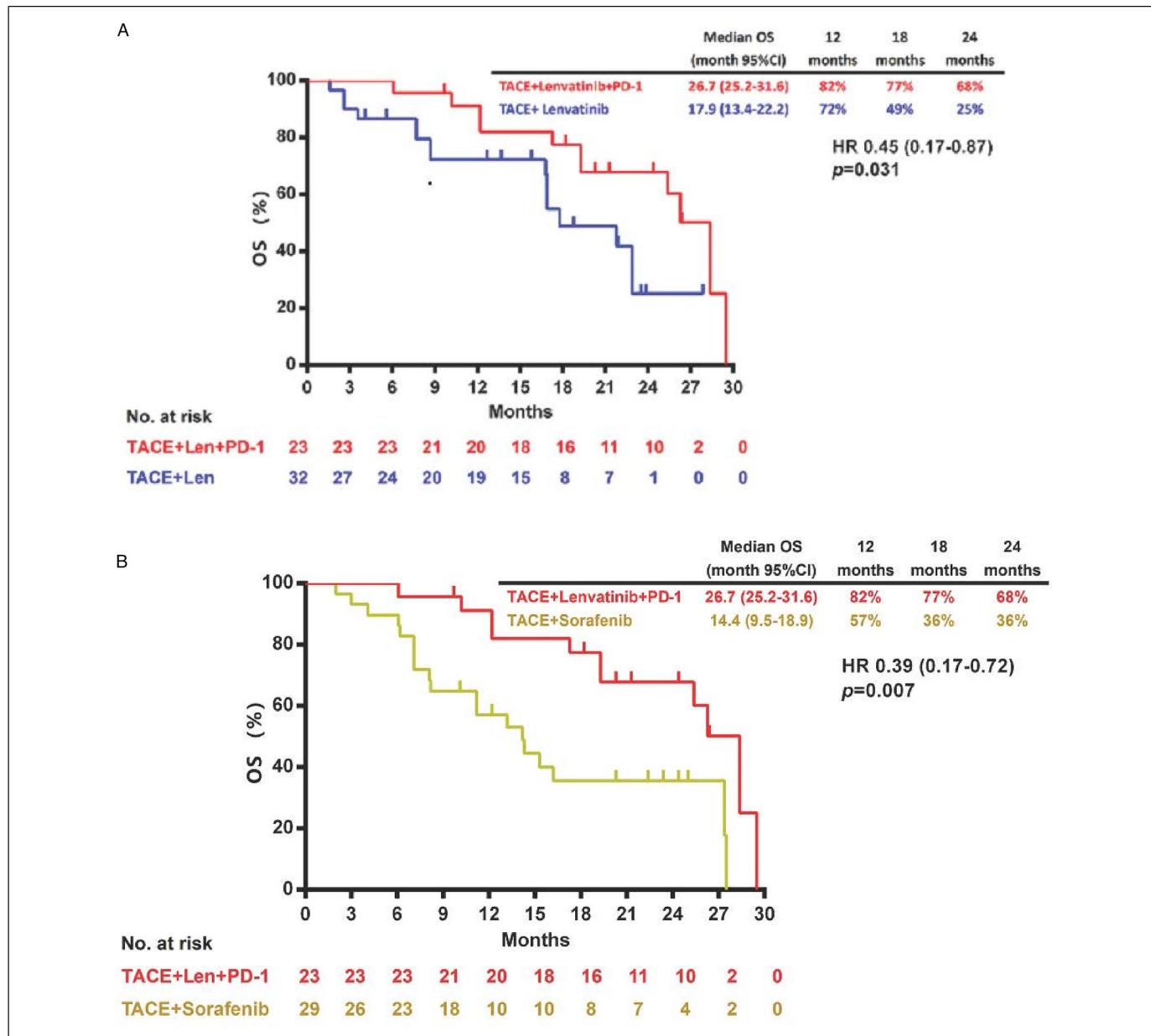


Figure 1. Kaplan–Meier curves showing OS of comparison of TACE plus lenvatinib and PD-1 inhibitor with TACE plus lenvatinib (A), and TACE plus lenvatinib and PD-1 inhibitor with TACE plus sorafenib (B).

Abbreviations: CI, confidence interval; HR, hazard ratio; OS, overall survival; PD-1, programmed death 1; TACE, transarterial chemoembolization.

liver function in terms of elevated ALT and elevated AST of enrolled patients at enrollment and after treatment discontinuation, showing no difference was found between the 3 groups at enrollment or after treatment discontinuation. We also found no difference in liver function after treatment discontinuation as compared with that at enrollment in each group (Table 5).

Discussion

The current study found that the combination of TACE plus lenvatinib and PD-1 inhibitor resulted in significantly longer OS as well as PFS than TACE plus lenvatinib (OS: 26.7 [95% CI

25.2-31.6] vs 17.9 [95% CI 13.4-22.2] months; HR 0.45 [95% CI 0.17-0.87], $P = .031$; PFS: 8.2 [95% CI 3.3-13.0] vs 6.6 [95% CI 4.3-7.9] months; HR 0.58 [95% CI 0.31-0.96]; $P = .047$) or TACE plus sorafenib (OS: 26.7 [95% CI 25.2-31.6] vs 14.4 months [95% CI 9.5-18.9]; HR 0.39 [95% CI 0.17-0.72], $P = .007$; PFS: 8.2 [95% CI 3.3-13.0] vs 6.0 months [95% CI 4.2-7.8]; HR 0.47 [95% CI 0.24-0.74]; $P = .005$). Moreover, a higher ORR and DCR were also seen in the TACE plus lenvatinib and PD-1 inhibitor group (ORR: 86.96%; DCR: 100%) than that in the TACE plus lenvatinib group (ORR: 46.88%; DCR: 75%) or in the TACE plus sorafenib group (ORR: 34.48%; DCR: 48.28%). With respect to

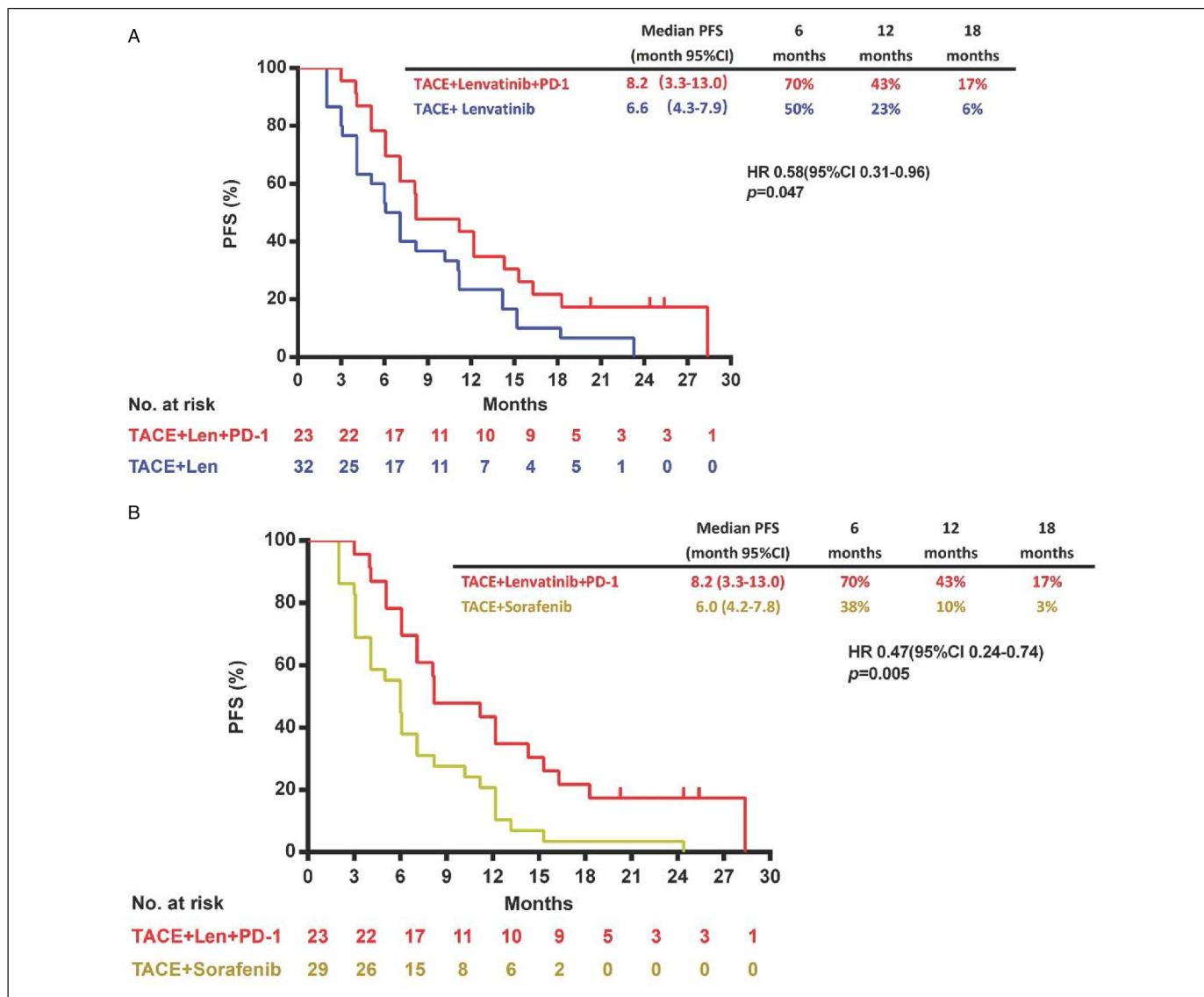


Figure 2. Kaplan–Meier curves showing PFS of comparison of TACE plus lenvatinib and PD-1 inhibitor with TACE plus lenvatinib (A), and TACE plus lenvatinib and PD-1 inhibitor with TACE plus sorafenib (B).

Abbreviations: CI, confidence interval; HR, hazard ratio; PFS, progression-free survival; PD-1, programmed death 1; TACE, transarterial chemoembolization.

safety, no significant difference was observed in all-grade AE or grade 3 or higher AE among groups. The TACE plus lenvatinib and PD-1 inhibitor may provide an effective and safe option for patients with unresectable HCC.

Vascular endothelial growth factor (VEGF) is a key biomarker of tumor angiogenesis which is directly involved in tumor growth and metastasis in HCC.¹⁹ TACE-associated acute hypoxia can cause the upregulation of VEGF, leading to tumor revascularization and local recurrence.^{20,21} This evidence establishes the rationale of combined antiangiogenic systemic therapies with TACE. Additionally, TACE can cause immune activation and immunogenic cell death that promotes the release of tumor antigens, which partly owing to chemotherapy-induced apoptosis.²² TACE has also been shown to be associated with a change in the immune

microenvironment that could be modulated by immunotherapy.^{22,23} Furthermore, a synergistic effect from the combination of VEGF receptor (VEGFR) tyrosine kinase inhibitors (TKIs) and checkpoint inhibitors was also reported in several preclinical studies. Cabozantinib can enhance sensitivity to T cell-mediated killing by upregulating the expression of major histocompatibility complex class 1 antigens on tumor cells.²⁴ The PD-1 inhibitors plus lenvatinib are able to improve anti-PD-1 efficacy by decreasing the number of tumor-associated macrophages and reducing tumor PD-L1 level and regulatory T (Treg) cell differentiation.^{25,26} Thus, the combination of TACE, antiangiogenic drugs and checkpoint inhibitors may be a potential therapy for unresectable HCC.

Studies have demonstrated the TACE combined with antiangiogenic agents is safe, effective, and feasible in patients with

Table 2. Best Objective Response According to mRECIST.

	TACE + lenvatinib + PD-1 inhibitors (n = 23)	TACE + lenvatinib (n = 32)	TACE + sorafenib (n = 29)	P-value
Complete response	1 (4.35)	1 (3.13)	0 (0.00)	
Partial response	19 (82.61)	14 (43.75)	10 (34.48)	
Stable disease	3 (13.04)	9 (28.13)	4 (13.79)	
Progressive disease	0 (0.00)	8 (25.00)	15 (51.72)	
ORR	20 (86.96)	15 (46.88)	10 (34.48)	.0005
Disease control rate	23 (100)	24 (75)	14 (48.28)	.0002

Abbreviations: mRECIST, modified response evaluation criteria in solid tumors; PD-1, programmed death 1; TACE, transarterial chemoembolization; ORR, objective response rate.

Table 3. Summary of All-Grade Adverse Events.

	TACE + lenvatinib + PD-1 inhibitors (n = 23)	TACE + lenvatinib (n = 32)	TACE + sorafenib (n = 29)	P-value
All-grade	18 (78.26)	24 (75)	24 (82.75)	.761
Fever	18 (78.26)	23 (71.88)	22 (75.86)	.857
Elevated ALT	17 (73.91)	20 (62.5)	22 (75.86)	.471
Elevated AST	16 (69.57)	21 (65.63)	21 (72.41)	.847
Abdominal pain	11 (47.82)	13 (40.63)	15 (51.72)	.678
Nausea	5 (21.74)	3 (9.38)	1 (3.45)	.101
Hypertension	5 (21.74)	8 (25.00)	2 (6.90)	.155
Loss of appetite	3 (13.04)	3 (9.38)	4 (13.79)	.851
Diarrhea	3 (13.04)	2 (20.00)	5 (17.24)	.408
Fatigue	3 (13.04)	3 (9.38)	3 (10.34)	.907
Rash	3 (13.04)	3 (9.38)	6 (20.69)	.443
Hypothyroidism	2 (8.70)	1 (3.13)	0	.241
Hand-foot syndrome	1 (4.35)	2 (0.00)	15 (51.72)	0

Abbreviations: ALT, alanine transaminase; AST, aspartate transaminase; RECIST, modified response evaluation criteria in solid tumors; PD-1, programmed death 1; TACE, transarterial chemoembolization.

intermediate and advanced HCC. The efficacy and safety of subsequent sorafenib after TACE has been evaluated in 2 randomized studies with a time-to-progression (TTP) of 5.4 and 5.6 months, and an OS of 29.7 and not reached, respectively.^{27,28} Different from the aforementioned studies, in the TACTICS trial, however, sorafenib was administered 2 to 3 weeks prior to first TACE, and disease progression was defined as untreatable (UnTACEable) progression.²⁹ In this study, TACE plus sorafenib significantly prolonged PFS over TACE alone (25.2 vs 13.5 months; $P = .006$) with increased but manageable AE.²⁹

Furthermore, TACE plus sorafenib improved TACE-associated deterioration of liver function with a prolonged interval between pairs of TACE sessions. Lenvatinib is a multikinase inhibitor that targets VEGFRs 1-3, fibroblast growth factor receptors 1-4, platelet-derived growth factor receptor alpha, rearranged during transfection, and TKI. The phase III REFLECT study confirmed its noninferiority to sorafenib in terms of OS, based on which lenvatinib was approved as first-line treatment for advanced and metastatic HCC.⁸ Ding et al. reported a randomized study that compared TACE plus lenvatinib with TACE plus sorafenib in patients with HCC and portal vein tumor thrombus, showing a significantly longer TTP of TACE plus lenvatinib than TACE plus sorafenib (4.7 vs 3.1 months; HR, 0.55; 95% CI 0.32-0.95; $P = .029$). The TACE plus lenvatinib was also associated with a numerically longer OS (14.5 vs 10.8 months), however, the difference was not statistically significant ($P = .17$).³⁰ In a retrospective study, a combination of TACE, sorafenib, and PD-1 inhibitors (pembrolizumab or nivolumab) showed promising outcomes with increased disease control rate (81.8% vs 55.2%, $P = .046$), and prolonged PFS (16.26 vs 7.30 months, $P < .001$) and OS (23.3 vs 13.8, $P = .012$) as compared with TACE and sorafenib.³¹ Another study also found that TACE plus lenvatinib and pembrolizumab was associated with improvement of OS (18.1 vs 14.1 months; $P = .004$) and PFS (9.2 vs 5.5 months; $P = .006$) when compared with TACE plus lenvatinib.³² Remarkable tumor shrinkage was seen in both combinations while enhanced antitumor activity was achieved by TACE plus lenvatinib and pembrolizumab (90% vs 72.2%, $P = .007$).³² The current study found that in patients with unresectable HCC, TACE plus lenvatinib and PD-1 inhibitor resulted in significantly longer OS and PFS than did TACE plus lenvatinib or TACE plus sorafenib. The median OS and PFS in the TACE plus lenvatinib group were consistent with that in the previous study. The PFS of the TACE plus sorafenib group was 6.0 months, which was also comparable with previous reports, while the median OS was 14.4 months, which is numerically shorter than that reported in other studies. Possible explanations included distinct populations and a small sample size. The clinical benefit of TACE plus lenvatinib and PD-1 inhibitor over TACE plus lenvatinib or TACE plus sorafenib was also supported by the higher ORR and DCR, which was 86.96% versus 46.88% ($P = .0005$) and 100% versus 75% versus 48.28% ($P = .0002$), respectively. Overall, ORR and DCR for the 3 groups seem similar to previous studies, although somewhat different patient populations and methods of assessment limit comparison.

The combination of TACE plus lenvatinib and PD-1 inhibitor was clinically feasible and safe. The incidence of AE and grade 3 or higher AE was similar among the 3 groups. The safety profile of each combination was in line with that reported in previous studies. None of the AEs in either group was unexpected. However, we should note that the potential effect of immunotherapies in the liver microenvironment and immunosuppressive cells such as Treg cells, which was associated with the occurrence of immune-related AE.³³ Treg cells were found to be specifically distributed in the tumor microenvironment of HCC. Several immune checkpoints, including tumor

Table 4. Grade 3 or Higher Adverse Events.

	TACE + lenvatinib + PD-1 inhibitors (n = 23)	TACE + lenvatinib (n = 32)	TACE + sorafenib (n = 29)	P-value
Elevated ALT	5 (21.74)	6 (18.75)	6 (20.69)	.961
Elevated AST	4 (17.39)	7 (21.88)	4 (13.79)	.711
Hypertension	1 (4.35)	1 (3.13)	0 (0.00)	.558
Nausea	1 (4.35)	2 (6.25)	0 (0.00)	.411
Diarrhea	1 (4.35)	1 (3.13)	1 (3.45)	.970
Fatigue	1 (4.35)	1 (3.13)	1 (3.45)	.970
Rash	0 (0.00)	0 (0.00)	1 (3.45)	.383
Hand-foot syndrome	0 (0.00)	0 (0.00)	2 (6.70)	.143

Abbreviations: ALT, alanine transaminase; AST, aspartate transaminase; RECIST, modified response evaluation criteria in solid tumors; PD-1, programmed death 1; TACE, transarterial chemoembolization.

Table 5. Liver Function of Enrolled Patients at Enrollment and After Treatment Discontinuation.

	TACE + lenvatinib + PD-1 inhibitors (n = 23)	TACE + lenvatinib (n = 32)	TACE + sorafenib (n = 29)	P-value
Elevated ALT				
At enrolment	3 (13.04)	3 (9.38)	4 (13.79)	.837
After treatment discontinuation	3 (13.04)	5 (15.63)	5 (17.24)	.925
P-value	1.000	.708	1.000	
Elevated AST				
At enrolment	3 (13.04)	4 (12.50)	5 (17.24)	1.000
After treatment discontinuation	6 (26.09)	8 (25.00)	8 (27.59)	.728
P value	.459	.337	.530	

Abbreviations: ALT, alanine transaminase; AST, aspartate transaminase; RECIST, modified response evaluation criteria in solid tumors; PD-1, programmed death 1; TACE, transarterial chemoembolization.

necrosis factor receptor 4, T cell immunoreceptor with immunoglobulin and ITIM domain, and cytotoxic T-lymphocyte-associated protein 4, were found to be uniquely overexpressed in Treg cells.³⁴ CD4 + CD25 + Tregs are thought to contribute to the impaired immune response during chronic hepatitis B virus (HBV) and hepatitis C virus (HCV) infection, while HBV and HCV infection is a major cause of HCC in China.

A major limitation of this study was the retrospective nature with inherent bias. Moreover, the small sample size limited the reliability, however, the aim of this study was exploration more than proof of concept. We also failed to collect data on biomarkers including PD-L1 status since PD-L1 expression was not mandatory in the clinical practice; in addition, the study has demonstrated that baseline PD-L1 expression did not have an impact on the objective response rates to anti-PD-1 therapy.¹⁰ Finally, we did not conduct subgroup analysis to further identify the effect of baseline characteristics on the clinical outcome due to the small sample size, further study with a prospective design and large population was warranted.

Conclusion

In summary, our study indicated that, compared with TACE plus lenvatinib or sorafenib, triple combination therapy with

TACE, lenvatinib, and PD-1 inhibitor was associated with better survival benefits and acceptable toxicities in patients with unresectable HCC. TACE plus lenvatinib and PD-1 inhibitor may provide an additional therapeutic option for unresectable HCC.

Declaration of Conflicting Interests

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