NATURAL PRODUCTS: FROM CHEMISTRY TO PHARMACOLOGY (C HO, SECTION EDITOR)

Determination of Potential Drug Candidate Molecules of the *Hypericum perforatum* for COVID-19 Treatment

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Abstract

The novel human coronavirus was firstly emerged in December 2019 in Wuhan, China, and has spread rapidly around the world. There is no known specific effective treatment of COVID-19. The most commonly used agents against this disease both in Turkey and around the world include chloroquine, hydroxychloroquine, lopinavir/ritonavir, favipiravir, and remdesivir. In the study, we investigated the drug potential of molecules that the components of an important medicinal plant *Hypericum perforatum* by using molecular docking and drug possibility properties of these molecules. The molecular docking results showed that the most stable complex was obtained with COVID-19 main protease and hypericin/isohypericin ligands with − 11 kcal/mol binding energy. Furthermore, ADMET, drug-likeness features of compounds of *H. perforatum* were investigated using the rules of Lipinski, Veber, and Ghose. According to the results obtained, it has been shown that *H. perforatum* has the potential to be an effective drug in the COVID-19 pandemic. In the next stage, it is necessary to carry out the clinically necessary reliability studies of these components. It is thought that it can be used for the treatment of COVID-19 if our molecular docking results are found to be in high correlation with clinical studies.

Keywords COVID-19 · *Hypericum perforatum* · Molecular docking · ADMET · Drug-likeness drug

Introduction

Hypericum perforatum is commonly known as St. John's wort around the world and in Turkey is known as yellow cantaron and blood grass. This species is highly important and remarkable because of its pharmacological effects like antidepressant, antiviral, and antibacterial properties. These features made it the most studied species of *Hypericum* [1].

Several studies of *H. perforatum* introduced that the chemical components of plant (naftodiantrone compounds (hypericin, psodohypericin), fluoroglusinols (hyperforin), flavonoids (hyperositis, quercetin), biflavones (biapigenin, amentoflavones) phenolic acids, (ferulic acid, caffeic acid), proanthocyanidins, and essential oils) have provided its pharmacological effects [2]. There are also studies showing that it has potent cytotoxic and proapoptotic effects against tumor cell lines and inhibits tumor-induced angiogenesis [3, 4].

These medicinal plant extracts include complex phytochemicals, and the complete molecular characteristics of these pharmacologically important chemicals are still unknown. However, napthodianthrones are a considerable compound of *H. perforatum* extracts, and hypericin is the best-characterized member of this class. Hypericin is one of the main components of *H. perforatum*. It can be extracted from the plant or chemically synthesized and has powerful cytotoxic and proapoptotic effects on cancer cells [5]. The molecular mechanism of this component is not known, but previous studies have reported the different cellular pathways related to survival, necrosis, or apoptosis of the cell [6]. Therewithal, further studies are needed to reveal the action of these compounds.

COVID-19 is a new strain of coronavirus that affects primarily aging humans with especially dyspnea. Alveolar-interstitial pneumonia develops in 20% of patients with acute

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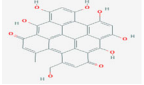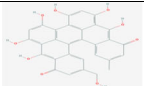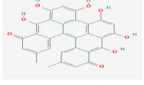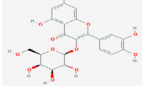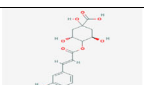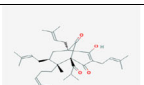
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respiratory distress syndrome. This virus spreads rapidly worldwide, and the World Health Organization (WHO) has announced it as a pandemic disease [7]. There is no specific treatment known so far. Thus, new approaches to drug design and discovery can be used as a promising tool for the discovery of some therapeutic drug candidates against COVID-19. In this sense, molecular docking has become a promising and useful tool for drug design and development and attracts researchers' attention. With this useful tool, we tried to reveal the binding potential of the target protein and the ligands with drug potential [8, 9].

Many drugs, including chloroquine, remdesivir, and hydroxychloroquine, have been shown to be effective against COVID-19 [10, 11]. Most of these drugs are HIV protease inhibitors. Chloroquine and hydroxychloroquine are thought to cause changes in glycolysis transferases in the vesicles of the endoplasmic reticulum or tr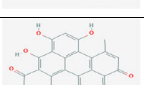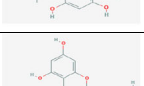ans-Golgi complex at low pH [12]. In the study, we have performed a docking procedure with COVID-19 (PDB ID: 6LU7) and main components of *H. perforatum* as a ligand.

Table 1　Ligands used in the study and their properties

No	Ligands	PubChem ID code	Molecular weight (g.mol⁻¹)	Structure(2D)	Structure(3D)
1	Hypericin	3663	504.4 g/mol		
2	Pseudohiperisin	4978	520.4 g/mol		
3	Protopseudohyperisin	171335	522.5 g/mol		
4	Protohypericin	164660	506.5 g/mol		
5	Hyperoside	5281643	464.4 g/mol		
6	Adhyperforin	9963735	550.8 g/mol		
7	Cryptochlorogenic acid	9798666	354.31 g/mol		
8	Hiperforine	441298	536.8 g/mol		
9	Isohypericin	136161635	504.4 g/mol		
10	Miquelianin	5274585	478.4 g/mol		
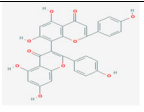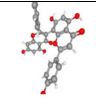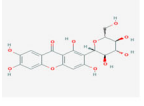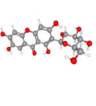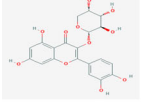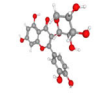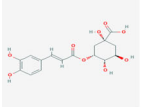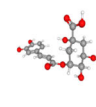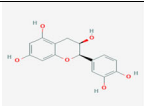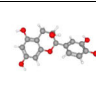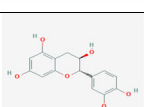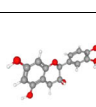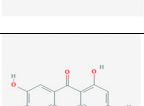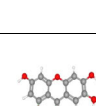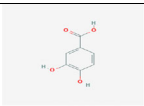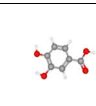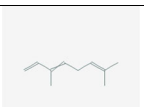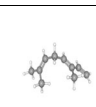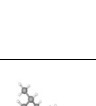
12	Biapigenin	10414856	538.5 g/mol		
13	Mangiferin	5281647	422.3 g/mol		
14	Guaijaverin	5481224	434.3 g/mol		
15	Neochlorogenic acid	5280633	354.31 g/mol		
16	Epicatechin	72276	290.27 g/mol		
17	Catechin	73160	290.27 g/mol		
18	Norathyriol	5281656	260.2 g/mol		
19	Protocatehuic acid	72	154.12 g/mol		
20	Beta-Ocimene	18756	136.23 g/mol		
21	2-Methyldecane	23415	156.31 g/mol		
22	2-Methyloctane	18591	128.25 g/mol		

Table 1 (continued)

Materials and Methods

Molecular docking calculations were performed in Autodock Vina software [13]. The water molecules and cofactors were removed from the protein to clearly see the protein-ligand interaction. COVID-19 main protease [14] was used as a protein, and the structure of this protein was freely available from the RCSB Protein Data Bank as a 3D theoretical model (PDB ID: 6LU7) (https://www.rcsb.org/structure/6LU7). Ligands used in the study and their

properties are given in Table 1. Ligands were obtained from PubChem (https://pubchem.ncbi.nlm.nih.gov/). Protein-ligand interactions were screened by Molegro Molecular Viewer 2.5 (Molegro Molecular viewer free software) (http://www.molegro.com) [15].

The binding potential of chloroquine and hydroxychloroquine has been reviewed as a control ligand. 2D structure of the ligands was converted to energy-minimized 3D structure. The binding energy results calculated by Vina are presented in Table 2. All protein and ligands were validated before performing the in silico computations [16]. Protein and ligand interactions can be observed in Figs. 1–19 (Supplementary file 1).

Drug Likeness and ADMET Prediction for the Components

Currently, computer-based ADMET analyses are gaining for drug discovery [17]. ADMET analyses are used to decide the pharmacological structure from the perspective of drug discovery (http://biosig.unimelb.edu.au/pkcsm/prediction). Pharmacokinetics and drug-likeness prediction of drug candi-

date molecule(s) were performed by online tools SwissADME (http://www.sib.swiss) (http://www.swissadme.ch/index.php) [18, 19] and admetSAR (http://lmmd.ecust.edu.cn/admetsar2/) [20]. In addition, these toxicological predictions have applied to Lipinski, Ghose, and Veber rules and bioavailability scores [21–23].

Results and Discussion

Molecular docking results obtained from this study indicated a strong interaction between COVID-19 main protease and potential drug candidates. The binding strength was defined by use of scoring function based on the Lamarckian generic algorithm. The binding free energy may include electrostatic, hydrogen bonding, and van der Waals interactions [14]. The least binding energy refers to the most stable binding between protein and the ligand. According to these results, the best stable binding score was obtained between tested protein and hypericin/isohypericin ligands with same score (− 11 kcal/mol binding energy). All of the docked structures were visualized in Molegro Molecular viewer (free academic).

Table 2 Target protein and drug candidate molecules (ligands) molecular docking results

Ligands	Binding energy (kcal/mol)	H bound and a.a. side
Chloroquine	− 5.6 kcal/mol	1 (Trp 218)
Hydroxychloroquine	− 7.0 kcal/mol	0
Hypericin	− 11 kcal/mol	6 (Asp 197x2; Lys 137; Leu 287x3)
Protopseudohypericin	− 9.9 kcal/mol	5 (Tyr 239x2; Leu 271, Leu 272; Thr 199)
Hyperocide	− 9.5 kcal/mol	5 (Asn274; Glu 270; Arg 279; Asn 277x2)
Cryptochlorogenic acid	− 8.1 kcal/mol	6 (Gly 183; Phe 181; Arg 188; Glu 55; Arg 40x2)
Isohypericin	− 11.0 kcal/mol	4 (Asp 197x2; Lys 137; Tyr 239)
Mangiferin	− 9.7 kcal/mol	6 (Thr 199; Asp 289; Leu 287; Tyr 239x2; Leu 271)
Neochlorogenic acid	− 8.6 kcal/mol	2 (Thr 292; Thr 111)
Catechin	− 7.4 kcal/mol	4 (Leu 287; Thr 199; Asp 197; Tyr 237)
Protocatehuic acid	− 5.9 kcal/mol	4 (Asn 277x2; Arg 279; Asn 221)
2-Methyldecane	− 5.0 kcal/mol	0
Pseudohypericin	− 10.7 kcal/mol	5(Thr 199, Tyr 237, Leu 272, Leu 287x2)
Protohypericin	− 9.7 kcal/mol	5 (Asn 238; Thr 199; Tyr 239x2; Leu 271; Leu 272)
Adhyperforin	− 8.8 kcal/mol	1 (Leu 287)
Hiperforine	− 7.9 kcal/mol	2 (Arg 279; Asn 274)
Miquelianin	− 9.8 kcal/mol	3 (Tyr 239; Leu 287; Thr 199)
Biapigenin	− 9.8 kcal/mol	6 (Leu 271; Leu 287x2; Tyr 239; Thr 199; Asn 238)
Guaijaverin	− 9.3 kcal/mol	5 (Asn 274; Glu 270; Arg 279; Asn 277x2)
Epicatechin	− 7.9 kcal/mol	5 (Tyr 237; Thr 199; Asp 289; Lys 137;Tyr 239)
Norathyriol	− 7.1 kcal/mol	3 (Arg 105; Gln 110; Thr 111)
Beta-Ocimene	− 5.2 kcal/mol	0
2-Methyloctane	− 4.3 kcal/mol	0

Table 3 Drug-likeness results of compounds

Ligand	Drug-likeness			Bioavailability score
	Lipinski	Ghose	Veber	
Hypericin	No; 2 violations: MW > 500, NHorOH > 5	No; 3 violations: MW > 480, WLOGP > 5.6, MR > 130	No; 1 violation: TPSA > 140	0,17
Pseudohypericin	No; 2 violations: MW > 500, NHorOH > 5	No; 2 violations: MW > 480, MR > 130	No; 1 violation: TPSA > 140	0,17
Protopseudohypericin	No; 2 violations: MW > 500, NHorOH > 5	No; 2 violations: MW > 480, MR > 130	No; 1 violation: TPSA > 140	0,17
Protohypericin	No; 2 violations: MW > 500, NHorOH > 5	No; 2 violations: MW > 480, MR > 130	No; 1 violation: TPSA > 140	0,17
Hyperocide	No; 2 violations: NorO > 10, NHorOH > 5	No; 1 violation: WLOGP < − 0.4	No; 1 violation: TPSA > 140	0,17
Adhyperforin	No; 2 violations: MW > 500, MLOGP > 4.15	No; 4 violations: MW > 480, WLOGP > 5.6, MR > 130, #atoms > 70	No; 1 violation: rotors > 10	0,56
Cryptochlorogenic acid	Yes; 1 violation: NHorOH > 5	No; 1 violation: WLOGP < − 0.4	No; 1 violation: TPSA > 140	0,11
Hiperforine	No; 2 violations: MW > 500, MLOGP > 4.15	No; 4 violations: MW > 480, WLOGP > 5.6, MR > 130, #atoms > 70	No; 1 violation: rotors > 10	0,56
Isohypericin	No; 2 violations: MW > 500, NHorOH > 5	No; 3 violations: MW > 480, WLOGP > 5.6, MR > 130	No; 1 violation: TPSA > 140	0,17
Miquelianin	No; 2 violations: NorO>10, NHorOH>5	No; 1 violation: WLOGP < − 0.4	No; 1 violation: TPSA > 140	0,11
Biapigenin	No; 2 violations: MW > 500, NHorOH > 5	No; 2 violations: MW > 480, MR > 130	No; 1 violation: TPSA > 140	0,17
Mangiferin	No; 2 violations: NorO > 10, NHorOH > 5	No; 1 violation: WLOGP < − 0.4	No; 1 violation: TPSA > 140	0,17
Guaijaverin	No; 2 violations: NorO > 10, NHorOH > 5	Yes	No; 1 violation: TPSA > 140	0,17
Neochlorogenic acid	Yes; 1 violation: NHorOH > 5	No; 1 violation: WLOGP < − 0.4	No; 1 violation: TPSA > 140	0,11
Epicatechin	Yes	Yes	Yes	0,55
Catechin	Yes	Yes	Yes	0,55
Norathyriol	Yes	Yes	Yes	0,55
Protocatehuic acid	Yes	No; 3 violations: MW<160, MR<40, #atoms < 20	Yes	0,56
Beta-Ocimene	Yes	No; 1 violation: MW < 160	Yes	0,55
2-Methyldecane	Yes; 1 violation: MLOGP > 4.15	No; 1 violation: MW < 160	Yes	0,55
2-Methyloctane	Yes; 1 violation: MLOGP > 4.15	No; 1 violation: MW < 160	Yes	0,55

In this study, human intestinal absorption, aqueous solubility levels, BBB penetration levels, CYP inhibition (CYP2D6, CYP3A4, CYP1A2, CYP2C19, CYP2C6, CYP2D6), hepatotoxicity, AMES toxicity, max. tolerated, dose etc. of compounds of *H. perforatum* were analyzed by prediction models. ADMET (absorption, distribution, metabolism, excretion, toxicity) analysis shows that compounds predicted good human intestinal absorption and no hepatotoxicity (Supplementary file 2).

Drug-likeness can be characterized as a complex balance of different structural properties that determines whether a compound is a drug. These features are mainly lipophilicity, hydrogen bonding properties, molecule size, pharmacophoric features, and many others [24]. In addition, drug-likeness results of compounds are shown in Table 3.

According to Lipinski's rule (Pfizer's rule, Lipinski's rule of five, RO5), the active drug has no more than one violation of the following properties including molecular weight (MW) ≤ 500, LogP ≤ 5, hydrogen bond acceptors ≤ 10, and hydrogen bond donors ≤ 5 [21]. According to Veber rules, the active drug has total hydrogen bonds ≤ 12, rotatable bonds ≤ 10, and polar surface area (PSA) ≤ 140 tend to have oral bioavailability ≥ 20% [22]. According to Ghose rules, active drug has Log P(− 0.4~5.6), MR (molar refractivity (40~150), MW (160~480), number of atoms (20~70), and PSA < 140 [23].

Based on the drug-likeness analysis, guaijaverin, epicatechin, catechin, norathyriol, protocatechuic acid, beta-ocimene, 2-methyldecane, and 2-methyloctane were found in accordance with the Lipinski's, Veber's, or Ghose's rule. However, Lipinski's rule of five may not apply to natural compounds. The only half of all FDA-approved small-molecule drugs are both used and compatible with the "rule of five" [25]. Therefore, it has the potential to be used as a medicine in other molecules.

Conclusion

Hypericum sp., used for many years as a medicinal plant for different treatments, has recently become popular with research for its different properties. This medicinal plant has long been used due to the beneficial effects it has on human health [26–29]. In our research, the possibility of this useful plant being used against COVID-19, which our country and other countries in the world have been fighting for a long time, has been investigated. Based on the results, it was concluded that *H. perforatum* could be effective against COVID-19 and it is hypothesized that compounds may be screened to in vitro and in vivo experimental analyses to indicate its inhibitory potency.

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