# The ERF transcription factor LTF1 activates DIR1 to control stereoselective synthesis of antiviral lignans and stress defense in Isatis indigotica roots 

Ruibing Chen ${ }^{\mathrm{a}, \mathrm{g}, \dagger}$, Jian $\mathrm{Yu}^{\mathrm{a}, \dagger}$, Luyao $\mathrm{Yu}^{\mathrm{a}, \dagger}$, Liang Xiao ${ }^{\mathrm{a}, \dagger}$, Ying Xiao ${ }^{\mathrm{b}}$, Junfeng Chen ${ }^{\text {b }}$, Shouhong Gao ${ }^{\text {c }}$, Xianghui Chen ${ }^{\mathrm{d}}$, Qing $\mathbf{L i}^{\mathrm{c}}$, Henan Zhang ${ }^{\text {e }}$, Wansheng Chen ${ }^{\text {b,c,* }}$, Lei Zhang ${ }^{\text {a,f,* }}$<br>${ }^{\text {a }}$ Department of Pharmaceutical Botany, School of Pharmacy, Naval Medical University, Shanghai 200433, China<br>${ }^{\mathrm{b}}$ Research and Development Center of Chinese Medicine Resources and Biotechnology, Shanghai University of Traditional Chinese Medicine, Shanghai 201203, China<br>${ }^{\text {c }}$ Department of Pharmacy, Shanghai Changzheng Hospital, Naval Medical University, Shanghai 200003, China<br>${ }^{\mathrm{d}}$ School of Medicine, Shanghai University, Shanghai 200433, China<br>${ }^{\mathrm{e}}$ Institute of Edible Fungi, Shanghai Academy of Agricultural Sciences, National Engineering Research Center of Edible Fungi, Key Laboratory of Edible Fungi Resources and Utilization (South), Ministry of Agriculture, Shanghai 201403, China<br>${ }^{\mathrm{f}}$ College of Life Sciences and Medicine, Key Laboratory of Plant Secondary Metabolism and Regulation of Zhejiang Province, Zhejiang Sci-Tech University, Hangzhou 310018, China<br>${ }^{\mathrm{g}}$ State Key Laboratory of Dao-di Herbs, Beijing 100700, China

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#### Abstract

Lignans are a powerful weapon for plants to resist stresses and have diverse bioactive functions to protect human health. Elucidating the mechanisms of stereoselective biosynthesis and response to stresses of lignans is important for the guidance of plant improvement. Here, we identified the complete pathway to stereoselectively synthesize antiviral (-)-lariciresinol glucosides in Isatis indigotica roots, which consists of three-step sequential stereoselective enzymes DIR1/2, PLR, and UGT71B2. DIR1 was further identified as the key gene in respoJanuary 2024nse to stresses and was able to trigger stress defenses by mediating the elevation in lignan content. Mechanistically, the phytohormone-responsive


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ERF transcription factor LTF1 colocalized with DIR1 in the cell periphery of the vascular regions in mature roots and helped resist biotic and abiotic stresses by directly regulating the expression of DIR1. These systematic results suggest that DIR1 as the first common step of the lignan pathway cooperates with PLR and UGT71B2 to stereoselectively synthesize ( - -lariciresinol derived antiviral lignans in I. indigotica roots and is also a part of the LTF1-mediated regulatory network to resist stresses. In conclusion, the LTF1-DIR1 module is an ideal engineering target to improve plant Defenses while increasing the content of valuable lignans in plants.
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## 1. Introduction

The accumulation level of bioactive metabolites and the ability to resist stresses determine the quality of medicinal plants. Lignans are a large group of natural products derived from the oxidative coupling of two coniferyl alcohol molecules. Owing to the stressresistant function and biological activities, lignans are important for plant growth and human health. Therefore, it is of great significance to elucidate the biosynthesis and regulation mechanism of lignans for the guidance of optimizing plants, whether to improve the stress resistance or the content of active lignans.

Plants are not motile and thus they must endure a variety of stresses, especially the root-based environmental stresses underground, such as high salinity and pathogen infection. Fortunately, plants have evolved powerful defense mechanisms in roots to withstand and adapt to their environments ${ }^{1,2}$. When environmental stress signals are sensed, plants can directly resist stresses by regulating the accumulation of secondary metabolites with the guidance of multistage signal transduction ${ }^{3}$. Plants produce a series of secondary metabolites to govern interactions with and adaptation to their biotic and abiotic environments ${ }^{4-7}$. Lignans are ubiquitously present in all plants that contain lignin (most land plants) and have long been considered as potential metabolites that increased tolerance to stress ${ }^{8,9}$. After the activity against insects of the lignans sesamin, asarin and pinoresinol was first proposed through in vitro tests in $1942^{10}$, a series of stressresistant lignans were discovered in vitro ${ }^{11}$. Western red cedar (Thuja plicata) accumulates relatively large amounts of lignans, which are derived from plicatic acid in the heartwood, as part of a complex system that may increase pest and disease resistance ${ }^{12,13}$. Pinoresinol, as one of the simplest lignans, is synthesized from two molecules of coniferyl alcohol through $8-8^{\prime}$ radical coupling reactions and has antihelminthic and antifungal activities in vitro ${ }^{14,15}$. Our previous study found that the synthesis and accumulation of pinoresinol and its derivatives were regulated by methyl jasmonate (MeJA) in Isatis indigotica, suggesting its potential involvement in the response to stresses ${ }^{16,17}$. However, the actual stress-resistant potential in vivo and the application potentiality to increase plant tolerance of lignans remains to be confirmed.

Lignans have also received wide attention as leading compounds of novel drugs for the treatment of tumor and virus infection, as well as healthy diets to reduce the risks of lifestylerelated non-communicable diseases ${ }^{8,18,19}$. Sesamin and its metabolites exhibited anti-hypertensive, anticancer, immunomodulatory, and anti-inflammatory activities ${ }^{20-22}$. It is worth noting that the activities of most lignans are closely related to the stereo
configuration of lignans. The (-)-podophyllotoxin (isolated from Podophyllum plants) and its semi-synthetic derivatives, ( - )-etoposide, ( - )-teniposide, and (-)-etopophos, are clinically utilized to treat testicular and small-cell lung cancer ${ }^{23}$. ( - )-gossypol, instead of ( + )-gossypol, is the bioactive form with antispermatogenic activity in mammals ${ }^{24}$. These active lignans with specific stereo configurations are typically distributed in specific tissues at low content levels and are even accumulated only in some endangered plants, which hinders the efficient and stable production ${ }^{25,26}$. Therefore, understanding and exploiting the mechanisms of lignan stereoselective synthesis and regulation will prompt the discovery of rational intervention strategies toward desired plant improvement for higher lignan content and stronger plant defense.

The biosynthetic pathways of lignans and flavonoids share the upstream of shikimate and phenylpropanoid pathways to produce phenolic acids that are further converted to the lignan precursor coniferyl alcohol (Supporting Information Fig. S1). In this process, chorismic acid is first converted to L-phenylalanine, which is used to synthesize cinnamic acid by phenylalanine ammonia-lyase (PAL). Cinnamic acid is then hydroxylated by a cytochrome P450 monooxygenase (CYP) cinnamate 4-hydroxylase ( C 4 H ) to form $p$ coumaric acid. Furthermore, the sequential reactions catalyzed by 4CL (4-(hydroxy) cinnamoyl CoA ligase), CCoAOMT (caffeoyl CoA $O$-methyltransferase), CCR (cinnamoyl CoA reductase), and CAD (cinnamyl alcohol dehydrogenase) achieve the biosynthesis of coniferyl alcohol. The pathway of all lignans in plants is started from a common first step, the electron coupling reaction of coniferyl alcohol to produce the key lignan molecule pinoresinol with stereo configuration, which is accomplished by Dirigent (DIR) protein, followed by the production of diverse lignan structures through specific downstream enzymes, such as pinoresinollariciresinol reductase (PLR), CYP, and UDP-glucotransferase (UGT), etc. ${ }^{27-31}$. DIR as the first step of the lignan pathway mediates the regio- and stereoselectivity of bimolecular phenoxy radical coupling reactions for ( - -pinoresinol ${ }^{32}$ or ( + )-pinoresinol ${ }^{33}$ biosynthesis, which preliminarily determines the stereo configuration of lignans in a plant. In addition, DIRs are also involved in the formation of Casparian strips in roots ${ }^{34}$ and the atroposelective synthesis of gossypol ${ }^{24,35,36}$. Lignan synthesis is very sensitive to environmental changes ${ }^{31,37-39}$. Although several stress- and phytohormone-responsive transcript factors have been identified to explain the susceptible perturbation of lignan biosynthesis, these affect all are indirectly mediated through upstream genes of phenylpropanoid and aromatic alcohol pathway (phenylalanine ammonia-lyase, PAL; coumarate3-hydroxylase, C3H; 4-coumarate: CoA ligase, 4CL; cinnamoyl-CoA reductase,

CCR ) rather than the actual lignan pathway ${ }^{40,41}$, which suggests that the effect of these transcription factors on lignan synthesis is probably a side effect, and the actual regulatory target is the stressresistant flavonoids and lignin. Therefore, the transcription factor that directly regulates lignan synthesis has not been discovered so far, that is, the specific regulatory mechanism of lignan response and adaptation to environmental stress is still unclear.

The root of I. indigotica (Radix Isatidis), with the Chinese name "Ban Lan Gen", is frequently used for the treatment of influenza and hepatitis because of antiviral lariciresinol glucosides ${ }^{25,26,42}$ and indole alkaloids ${ }^{43}$, as well as their derivatives. Therefore, this study aims to elucidate the stereoselective synthesis and the response mechanism to stresses of antiviral lariciresinol glucosides in I. indigotica, which can guide the improvement of the herbal quality of Radix isatidis. Here, we found that the $(-)$-lariciresinol glucosides are the primary antiviral components in I. indigotica roots, which are synthesized through continuous stereoselective reactions catalyzed by DIR1/ 2, PLR, and UGT71B2. Two of the 19 DIRs (DIR1 and DIR2) were identified in I. indigotica roots mediating the regio- and stereoselective synthesis of ( - )-pinoresinol, which is further converted to ( - -lariciresinol and ( + )-secoisolariciresinol by lariciresinol glucosides by UGT71B2, although UGT71B2 prefers to react with $(+)$-lariciresinol. Constitutive overexpression of DIR1 and DIR2 in hairy roots significantly increased lignan and lignin biosynthesis because of their regioselectivity; furthermore, overexpression enhanced the hairy root resistance to biotic and abiotic stresses, which suggested the definite stressresistant function of lignans in vivo. Despite having redundant biochemical functions, the expression patterns of DIR1 and DIR2 are completely different. DIR1 is specifically localized in the cell periphery of vascular regions in mature roots and is regulated by a variety of phytohormones synergistically or antagonistically. Furthermore, we identified an ERF transcriptional regulator LTF1 that regulates lignan biosynthesis through DIR expression in response to abiotic and biotic stresses. LTF1 is the first transcription factor found to directly and specifically regulate the lignan pathway, and its regulatory target DIR is the first common step for the lignan synthesis in plants and the decisive step for lignan configuration. Lignans are ubiquitously present in all plants that contain lignin, and this study provides evidence of a novel mechanism by which the plant ERF-DIR module regulates lignan synthesis in response to stresses. In particular, the ERF-DIR module will be an ideal engineering target for enhancing plant stress resistance while increasing the content of valuable lignans, such as antiviral lignans in I. indigotica.

## 2. Materials and methods

### 2.1. Plant material and growth conditions

Flowers, leaves, stems, petioles, and roots were collected from 8-month-old plants. To collect sterilized seedlings, seeds of $I$. indigotica were surface sterilized in $75 \%$ ethanol for 1 min and then in sodium hypochlorite solution with $1.7 \%$ active chlorine for 15 min . After rinsing thoroughly five times with sterile distilled water, the seeds were placed on Murashige and Skoog (MS) medium (PhytoTech, USA) with 3\% sucrose and $0.5 \%$ agar ( pH 6.0 ).

## 2.2. sgRNA design and CRISPR/Cas9 vector construction

LTF1 was selected as the target locus for editing, and the sgRNA was designed by an online web tool (http://crispr.mit.edu/). Two potential $20-\mathrm{bp}$ sequences followed by PAM from the ORF of LTF1 (no introns of the LTF1 DNA sequence) were used for the CRISPR/Cas9-mediated efficient targeted mutagenesis of LTF1 according to published protocols ${ }^{44,45}$.

### 2.3. Construction of plant overexpression vectors

To create overexpression hairy roots, the coding sequences of DIR1, DIR2, and LTF1 were separately cloned into the $p \mathrm{HB}-\mathrm{X}-$ myc vector with BamH I and Sac I restriction sites. The empty vector $p \mathrm{HB}-\mathrm{X}$-myc was used as the control without exogenous gene insertion into the vector.

### 2.4. Plant transformation of hairy roots

The transgenic hairy roots were cultured through the induction of Agrobacterium rhizogenes C 58 C 1 harboring the proper plasmids as described by reference ${ }^{39}$. The hairy roots were weighed each week and harvested after 9 weeks for DNA extraction, RNA extraction, metabolite determination, microscopic analysis, phloroglucinol- HCl staining, GUS staining, and induction assays according to corresponding protocols.

### 2.5. Bioinformatics analysis

Phylogenetic analysis was performed using the neighbor-joining method with the pairwise deletion option in MEGA 5.05. The ciselements of promoters were predicted using the PANTCARE tool (http://bioinformatics.psb.ugent.be/webtools/plantcare/html).

### 2.6. Protein heterologous expression

The coding sequences of DIRs were separately constructed into $p \mathrm{PICZ} \alpha$ for protein expression in Pichia pastoris. The expression process was performed according to the reference. The day after, the sample was subjected to a nickel-nitrilotriacetic acid (Ni-NTA) agarose affinity column for further purification ${ }^{46}$.

The $p$ ET28a vector was transformed into Escherichia coli BL21 (DE3) for the expression of LTF1, PLR, and UGT71B2. The expression was induced with $0.5 \mathrm{mmol} / \mathrm{L}$ IPTG followed by continued growth at $16^{\circ} \mathrm{C}$ and 110 rpm for 16 h . The protein was extracted by sonication and purified by a Ni-NTA agarose affinity column for EMSAs.

### 2.7. Catalytic assays

In a total reaction mixture volume of $250 \mu \mathrm{~L}$, a final concentration of $400 \mathrm{mmol} / \mathrm{L}$ MES ( pH 6.0 ), $0.5 \mathrm{U} / \mathrm{mL}$ laccase (Sigma, product number 40452), and $1 \mathrm{mg} / \mathrm{mL}$ coniferyl alcohol was maintained along with purified DIR enzymes. The reaction mixture without DIRs served as a control. The reaction mixture was incubated at $30^{\circ} \mathrm{C}$ and 500 rpm for 4 h and then quenched by adding $500 \mu \mathrm{~L}$ of ethyl acetate. Finally, the mixture was centrifuged to remove proteins and filtered through a $0.22 \mu \mathrm{~m}$ filter prior to analysis by high-performance liquid chromatography-tandem mass spectrometry (HPLC-MS-MS). The assays of enzyme activity for PLR and UGT71B2 were performed as previous methods ${ }^{27,47}$.

### 2.8. Chemical extraction

Lignans were extracted from 500 mg of powdered lyophilized tissues. The samples were extracted two times in 15 mL methanol and sonicated for 10 min . Combined extracts were then centrifuged for 30 min at 4000 rpm , and the supernatant was evaporated and dissolved in $1 \mathrm{~mL} 50 \%(v / v)$ of methanol for further $\beta$-glucosidase (Sigma, product number 49290) hydrolysis and determination.

Lignin extraction was performed from 10 g powdered lyophilized tissues by nitrobenzene oxidation. Lignin is oxidatively cleaved to form aromatic carbonyl compounds, i.e., syringaldehyde and vanillin as the main products. Vanillin and syringaldehyde were used as markers for guaiacyl- and syringyl-type lignin, respectively. The samples were mixed in 27 mL methanol and centrifuged after 10 min . The precipitate was then washed twice with $60^{\circ} \mathrm{C}$ deionized $\mathrm{H}_{2} \mathrm{O}$ and dried at $50^{\circ} \mathrm{C}$ in an oven. The 0.2 g solid residues were mixed in 7 mL basic solution ( $2 \mathrm{~mol} / \mathrm{L} \mathrm{NaOH}$ and 0.5 mL nitrobenzene), loaded into a stainless-steel reactor and heated up to $170{ }^{\circ} \mathrm{C}$ for 2.5 h . In case of high-pressure conditions in this step, we paid close attention to safety. After cooling, the reactor was opened to collect the supernatant, which was then adjusted to pH 3.0 with $1 \mathrm{~mol} / \mathrm{L} \mathrm{HCl}$ and extracted twice with chloroform at room temperature. The combined organic phases were dried with nitrogen and dissolved in $500 \mu \mathrm{~L}$ methanol for further experiments.

### 2.9. Chemical analysis

Lignan analysis was performed by high-performance liquid chromatography (HPLC) with detection by mass spectrometry (MS) on an Agilent Technologies 1200 system coupled to an Agilent Technologies 6410 quadrupole mass spectrometer (Santa Clara, CA). The enzymatic reaction products of DIRs were subjected to chromatography by a Superchiral R-OZ column (4.6 $\mathrm{mm} \times 250 \mathrm{~mm}, 5 \mu \mathrm{~m}$ ) for chiral analysis using the constructed methods (Supporting Information Table S2). The associated Agilent MassHunter and OpenLAB software packages were used for data collection and analysis. Lignan extracts from LTF1-OVX hairy roots were subjected to chromatography by an Agilent ZORBAX SB-C18 ( $2.1 \mathrm{~mm} \times 100 \mathrm{~mm}, 3.5 \mu \mathrm{~m}$ ) column (Supporting Information Table S3). Lignin extractions were subjected to chromatography on an Agilent HPLC 1260 equipped with a UV detector and an Agilent tc-C18 column (4.6 $\mathrm{mm} \times 250 \mathrm{~mm}, 5 \mu \mathrm{~m}$ ) (Supporting Information Table S4).

### 2.10. Stress treatment, qRT-PCR, and heatmap construction

The hairy roots were treated with $\mathrm{NaCl}(200 \mathrm{mmol} / \mathrm{L}), \mathrm{H}_{2} \mathrm{O}_{2}$ ( $200 \mu \mathrm{~mol} / \mathrm{L}$ ), flg22 $(1 \mu \mathrm{~mol} / \mathrm{L}), \mathrm{ABA}(50 \mu \mathrm{~mol} / \mathrm{L})$, ethephon ( $50 \mu \mathrm{~mol} / \mathrm{L}$ ) and ABA + ethephon ( $50 \mu \mathrm{~mol} / \mathrm{L}$ ) separately and then sampled at designated time points for gene expression analysis. Total RNA was extracted using the Plant RNA Extraction kit (Takara, Japan) and then reverse transcribed into complementary deoxyribonucleic acid (cDNA) using the PrimeScript TM kit (Takara, Japan). The PP2A4 gene of I. indigotica was selected as the internal reference gene. Primers and standard curves for qPCR analysis are listed (Supporting Information Dataset 1, Fig. S2). The heatmap was constructed with $\log 2$ transformed and normalized expression data by TBtools ${ }^{48}$.

### 2.11. Bioinformatics analysis

Phylogenetic analysis was performed using the neighbor-joining method with the pairwise deletion option in MEGA 5.05 (Supporting Information Datasets 2 and 3). The cis-elements of promoters (Supporting Information Dataset 4) were predicted using the PlantCARE tool (http://bioinformatics.psb.ugent.be/webtools/ plantcare/html).

### 2.12. Subcellular localization

The gene ORF was fused in a frame with a yellow fluorescent protein (YFP) and driven by the 35 S cauliflower mosaic virus promoter. The constructs were introduced into the A. tumefaciens strain GV3101 for infiltration and transient expression in Nicotiana benthamiana epidermal cells. We collected and recorded the results after 2 days of transformation at an excitation wavelength of 511 nm and an emission wavelength in the range $520-548 \mathrm{~nm}$. The YFP fluorescence signal was imaged using a Leica TCS SP5 laser confocal scanning microscope (Leica Microsystems, Germany).

### 2.13. $\beta$-Glucuronidase staining (GUS) analysis

The gene promoter was collected from the genomic DNA through PCR and subcloned into the $p$ CAMBIA1301 vector. The constructs were transformed into the A. tumefaciens strain C58C1, which was used for the transformation of hairy roots. Hairy roots were analyzed by histochemical GUS staining. The stained samples were visualized under an Olympus BX43 light microscope (Olympus, Japan).

### 2.14. Histochemical staining

Histochemical staining was performed on sections cut from the maturation zone of hairy roots. The hairy roots were embedded in 7\% agarose before being transversely sectioned at a thickness of $50 \mu \mathrm{~m}$ using a vibratome (Leica VT1000S, Germany). The phloroglucinol -HCl staining method was used to detect the deposition and composition of lignans, lignin, or wall-bound phenolics and derivatives. All sections were observed under an Olympus BX43 microscope (Japan).

### 2.15. Y1H assay

In Y1H experiments, LTF1 was amplified and cloned into the $p$ GADT7-REC2 vector. The sequence containing the GCCGCC elements of the promoter of pathway genes was cloned into the $p$ His 2.1 vector. The combination of $p$ GADT7-REC2-LTF1 and $p$ His2.1-GCC was transformed together into the yeast strain Y187 for cultivation on SD-Leu-Trp selection medium. The empty $p$ GADT7-REC2 vector and the mutated $p$ His2.1-TCC were used as negative controls. Different combinations were transformed into the yeast strain Y187 to verify the binding of LTF1 to the promoters.

### 2.16. Electrophoretic mobility shift assays

The biotin-labeled oligonucleotides in this experiment were synthesized by the Genewiz company (Suzhou, China). EMSAs were
performed using the EMSA/Gel-Shift Kit (Pierce, USA) according to the manufacturer's instructions. After blotting on a positively charged nylon membrane, a UV cross-linker was used to crosslink the DNA. The biotin-labeled DNA was detected by chemiluminescence and exposed to X-ray film.

### 2.17. Luciferase assay

The coding sequence of LTF1 was subcloned into the $p$ GreenII 62 -SK vector (Biovector, Beijing, China) to generate the effector, and the promoters of pathway genes were fused into the vector pGreenII 800-LUC (Biovector) to generate reporters. The empty vectors $p$ GreenII 62 -SK and $p$ GreenII 800 -LUC were used as controls for the effector and reporter, respectively. The constructs were then separately transformed into A. tumefaciens strain GV3101. Then, the incubated cells were harvested by centrifugation and resuspended in an MSS medium with $10 \mathrm{mmol} / \mathrm{L}$ methylester sulfonate (MES) and $150 \mathrm{mmol} / \mathrm{L}$ acetosyringone. Cultures were then grown to an $\mathrm{OD}_{600}$ of 0.6 and incubated at room temperature for 3 h . Effector- and receptor-containing cells were mixed at a ratio of $1: 1$ and dispensed into tobacco leaves. LUC activity was measured using a cooled CCD imaging system after 2 days (Lumazone 1300B; Roper Scientific, Trenton, NJ, USA). The leaves were sprayed with $1 \mathrm{mmol} / \mathrm{L}$ luciferin and placed in darkness for 3 min before luminescence detection. Three independent biological replicates were measured for each sample.

## 3. Results

### 3.1. Stereochemical analysis of lignans in I. indigotica

Stereochemical differences in the lignans of wild-type I. indigotica were investigated (Supporting Information Fig. S3). With the exception of flowers, $( \pm)$-lariciresinol is the major constituent of lignans in the vascular-rich organs of I. indigotica, including the root, stem, and leaf. Treatment with $\beta$-glucosidase significantly increased the lignan content, indicating that lignans were mainly present in the form of glucosides. To characterize the level of lignan synthesis more accurately, the content levels of all lignans in this study were determined based on the aglycone form, which occurs after glycoside hydrolysis. Lignans in roots and flowers have similar stereochemical characteristics, that is, ( - )-pinoresinol, ( - )-lariciresinol and (+)-secoisolariciresinol are predominant (Supporting Information Fig. S3d), implying the presence of potential (-)-pinoresinol-forming DIR (defined as (-)-DIR) protein which directs the selective synthesis of lignans.

### 3.2. Stereoselective synthesis of antiviral lignans in I. indigotica roots

To completely characterize the whole stereoselective biosynthesis pathway of lignans, the stereochemical function of pathway enzymes DIR, PLR, and UGT was studied.

To predict functional members of the DIR family, an unrooted phylogenetic tree was created based on the amino acid sequences of 19 potential DIRs of I. indigotica and 16 known DIRs (Supporting Information Fig. S4, Dataset 2). Cluster I, consisting of four I. indigotica DIRs (DIR1, 2, 3, and 4) and four known (-)-DIRs from flax (Linum usitatissimum) and Arabidopsis thaliana, corresponds to the previously defined DIR-a subfamily ${ }^{49}$. Of these, the high expression of DIR1 and DIR2 in roots
suggests their potential involvement in root lignan biosynthesis (Fig. 1a). Recombinant proteins DIR1 and DIR2 were expressed in pichia pastoris and then tested for their biochemical function in in vitro reaction mixtures containing Trametes versicolor laccase for one-electron oxidation and coniferyl alcohol as a substrate. Reactions with both DIR1 and DIR2 had significant stereoselectivity and produced ( - -pinoresinol in enantiomeric excess (ee), which identified DIR1 and DIR2 as ( - )-DIR proteins (Fig. 1b). DIR1 and DIR2 produced (-)-pinoresinol in $45.8 \pm 2.3 \%$ and $71.0 \pm 1.8 \%$ ee with the addition of $6.4 \mu \mathrm{~mol} / \mathrm{L}$ DIR protein, respectively.

To further study the physiological function of DIRs in vivo, DIR1-and DIR2-overexpressing hairy roots (DIR1-OVX and DIR2-OVX) of I. indigotica were constructed. Quantitative RTPCR (qRT-PCR) analysis showed that the transcription of DIR1 and DIR2 was successfully increased in the corresponding overexpression hairy roots (Supporting Information Fig. S5). Analysis of stereochemical differences in lignan accumulation indicated that the content of all lignan stereoisomers in DIR-OVX was increased (Fig. 1c-e). Of these, the content of (-)-pinoresinolderived lignans in DIR1-OVX and DIR2-OVX hairy roots increased to $1.55 \pm 0.09$ folds ( $36.5 \pm 2.2 \mu \mathrm{~g}$ ) and $2.52 \pm 0.25$ folds ( $59.2 \pm 5.8 \mu \mathrm{~g} / \mathrm{g}$ ) of control ( $23.6 \pm 1.3 \mu \mathrm{~g} / \mathrm{g}$ ), respectively (Fig. 1f). Similarly, the content of (+)-pinoresinol-derived lignans (total content of $(+)$-pinoresinol, $(+)$-lariciresinol and $(-)$-secoisolariciresinol), compared to the control ( $1.0 \pm 0.1 \mu \mathrm{~g} / \mathrm{g}$ ), was increased by $3.05 \pm 0.49$ folds ( $3.0 \pm 0.5 \mu \mathrm{~g} / \mathrm{g}$ ) and by $6.91 \pm 1.12$ folds ( $6.8 \pm 1.1 \mu \mathrm{~g} / \mathrm{g}$ ) in DIR1-OVX and DIR2-OVX hairy roots, respectively. The increase in content may be a result of the DIR-mediated regioselectivity of the $8-8^{\prime}$ oxidative coupling of coniferyl alcohol ${ }^{50}$. Surprisingly, coniferyl alcohol content was also significantly increased in both DIR1-OVX ( $7.0 \pm 1.1 \mu \mathrm{~g} / \mathrm{g}$ ) and DIR2-OVX ( $32.2 \pm 13.4 \mu \mathrm{~g} / \mathrm{g}$ ) hairy roots, which presents an alternative reason for the overall increase in lignan content (Supporting Information Fig. S6a). Unexpectedly, the ee of (-)-pinoresinol-derived lignan in both DIR1-OVX ( $84.8 \pm 2.5 \%$ ) and DIR2-OVX ( $79.5 \pm 1.5 \%$ ) hairy roots was slightly decreased compared to the control ( $92.0 \pm 0.9 \%$ ), which may be due to excess substrate coniferyl alcohol and saturation of DIR function (Supporting Information Fig. S6b) ${ }^{51}$. In vitro, a gradual decrease in the ee of ( - -pinoresinol with increasing coniferyl alcohol concentration supports this hypothesis (Fig. S6c). In conclusion, DIR1 and DIR2 as highly expressed ( - )-DIR determine ( - -pinoresinol derived lignans as dominant lignan configuration in I. indigotica roots (Fig. 1g).

In previous studies, we reported that PLR is the key enzyme that catalyzes the continuous synthesis of lariciresinol and secoisolariciresinol from pinoresinol ${ }^{28}$. Here, we found that PLR also exhibits significant substrate selectivity, which contributes to the preferential accumulation of ( - -lariciresinol and ( + )-secoisolariciresinol in roots (Supporting Information Fig. S7). In vitro catalytic assays showed that PLR was able to indiscriminately convert ( + )-pinoresinol and ( - )-pinoresinol to ( + )-lariciresinol and (-)-lariciresinol, respectively; however, PLR only showed low activity in stereoselectively catalyzing ( - )-lariciresinol to generate (+)-secoisolariciresinol. Thus DIR1/2 and PLR jointly determine that ( - -lariciresinol derived lignans are the dominant form in roots.

Glycosylation is important for the synthesis of many active natural products ${ }^{52,53}$. UDP-glucoside transferase UGT71B2 was previously identified as a key enzyme catalyzing lariciresinol to antiviral lariciresinol glucosides ${ }^{30,47,54}$. However, the activity to


Figure 1 Stereoselective synthesis of lignan glucosides in I. indigotica roots. (a) Expression levels of the cluster I DIRs in I. indigotica. (b) Enantiomeric excess (ee) of (-)-pinoresinol with increasing amounts of recombinant DIR1 and DIR2. Chiral HPLC-MS/MS analysis of (-)-pinoresinol/(+)-pinoresinol (c), ( - -lariciresinol/(+)-lariciresinol (d), (-)-secoisolariciresinol/(+)-secoisolariciresinol (e) and total pinoresinol-derived lignan (f) contents in transgenic plants. The ( - )-pinoresinol-derived lignan content is equivalent to the sum of $(-)$-pinoresinol, $(-)$-lariciresinol and $(+)$-secoisolariciresinol content, and the $(+)$-pinoresinol-derived lignan content means the sum of $(+)$-pinoresinol, $(+)$-lariciresinol and (-)-secoisolariciresinol content. Statistical analysis was performed tween control and over-expressing hairy roots by using Two-way ANOVA multiple comparisons $(* P<0.05, * * P<0.01, * * P<0.001)$. All data represent the mean of three biologically independent samples and error bars show standard deviation. (g) Stereoselective synthesis of lignan glucosides in I. indigotica roots. DIR1 and DIR2 mediates the stereoselective synthesis of $(-)$-pinoresinol; PLR is able to indiscriminately convert $(+)$-pinoresinol and ( - )-pinoresinol to $(+)$-lariciresinol and ( - -lariciresinol, respectively, and only show low activity in stereoselectively catalyzing ( - -lariciresinol to generate ( + )-secoisolariciresinol; UGT71B2 is able to react with both configurations of lariciresinol and also displayed stereoselectivity, favoring reaction with ( + )-lariciresinol over $(-)$-lariciresinol. In conclusion, $(-)$-pinoresinol-derived ligans, including $(-)$-lariciresinol, ( + )-secoisolariciresinol and ( - -lariciresinol
different stereo configurations of lariciresinol remains to be investigated. To validate the stereoselectivity of UGT71B2, recombinant UGT71B2 expressed in E. coli was reacted with totally racemic ( $\pm$ )-lariciresinol as the sugar-acceptor, producing two glucosides (peaks 8 and 9) and one diglucoside (peak 10) (Supporting Information Fig. S8a). Owing to the difficulty in the chiral separation of glucosides by chromatographic analysis, the remaining concentrations of substrates were used to analyze the stereoselectivity of UGT71B2 (Fig. S8b). The unequal amounts of remaining substrates $(+)$-lariciresinol and ( - )-lariciresinol indicated that UGT71B2 was able to react with both configurations and also displayed stereoselectivity, favoring reaction with $(+)$-lariciresinol over ( - )-lariciresinol (Fig. S7).

In conclusion, the stereo configuration of lignans in I. indigotica is determined by the first key enzyme DIR from the beginning, and PLR and UGT71B2 further refine it, ultimately achieving lignan accumulation with specific stereoconformation, which determines that the dominant antiviral lignan in I. indigotica roots is $(-)$-lariciresinol derived lignans including $(-)$-lariciresinol glucosides (Fig. 1g).

### 3.3. DIRs enhance stress resistance by mediating an increase in lignan and lignin content

As the first key enzyme of the lignan pathway, 22 AtDIRs in $A$. thaliana were shown to exhibit specific expression patterns in different tissues and in response to different hormones ${ }^{55}$. In parallel, the expression of different $A t$ DIRs significantly varies following biotic and abiotic stress-related treatments ${ }^{50,55}$. Each DIR in spruce, conifer, and sugarcane also shows its own unique expression patterns in different tissues and in response to different stress and hormone treatments ${ }^{49,56,57}$. These results imply that DIR may be the key gene for plant lignans to respond to environmental stresses, but the transcriptional regulation mechanism has not been well explained.

To investigate whether the DIRs contribute to plant defense through lignan biosynthesis, we first tested their response to biotic and abiotic stresses. $\mathrm{NaCl}(300 \mathrm{mmol} / \mathrm{L})$ and $\mathrm{H}_{2} \mathrm{O}_{2}(200 \mu \mathrm{~mol} / \mathrm{L})$ treatments were used to assess salt and oxidative tolerance, respectively; Flg22 ( $1 \mu \mathrm{~mol} / \mathrm{L}$ ) treatment was used to simulate biotic stress for triggering immunity (Fig. 2). Upon stress stimulation, there was a rapid and robust increase in the expression of DIRs, especially DIR1 (Fig. 2a). Compared with DIR2, the expression of DIR1 was more significantly increased by $55.12 \pm 25.45$ folds at 6 h following $\mathrm{H}_{2} \mathrm{O}_{2}$ treatment. NaCl and Flg22 increased the expression of DIR1 by $5.79 \pm 3.08$ and $31.32 \pm 7.04$ folds at 0.5 h , respectively. The expression of DIR2 was induced at $0.5,6$, and 0.5 h after the different stress treatments. These results suggest that DIR1 expression may play an important role in plant defense, especially in response to oxidative stress.

We next investigated the stress resistance of control and overexpression hairy roots (Fig. 2b). After 9-day cultivation, the growth rate and biomass of DIR1-OVX and DIR2-OVX hairy roots were significantly higher than those in the control following NaCl and $\mathrm{H}_{2} \mathrm{O}_{2}$ treatment, suggesting that DIR1 and DIR2 were
involved in tolerance to abiotic stresses. Flg22 is often used to induce plant immune responses caused by microorganisms without causing actual damage to the plants. Although the hairy roots of the control and overexpression lines had similar growth rates (biomass of $\sim 10 \mathrm{~g}$ ), the inducible expression by Flg22 implied the involvement of the DIR proteins in response to biotic stresses (Fig. 2a). In addition to the increase of lignan levels in DIR overexpressing roots (Fig. 1c-e), we also found an increase in lignin content (both S- and G-type lignin) (Supporting Information Fig. S9), which is important for plant defens ${ }^{58}$; furthermore, $\mathrm{S} / \mathrm{G}$ ratio values decreased from 1.64 to 1.17 and 1.45 in the DIR1-OVX and DIR2-OVX hairy roots, respectively (Fig. 2c and d), which could be caused by the increased content of coniferyl alcohol (Supporting Information Fig. S6). Furthermore, fluorescence localization of GFP indicated that both DIR1 and DIR2 specifically localize in the cell periphery, which allows them to perform biological functions extracellularly (Fig. 2e). These results suggest that DIRs, especially DIR1, participate in the regulation of stress resistance by mediating lignan and lignin biosynthesis in I. indigotica (Fig. 2c).

### 3.4. LTF1 positively regulates stress resistance through lignan biosynthesis

Given that a typical ERF binding element (GCCGCC box) was found in the promoter of DIR1, the ERF transcription factor may regulate DIR1 expression and lignan synthesis (Supporting Information Fig. S10). ERF transcription factors play an important role in the response to biotic and abiotic stresses ${ }^{59-61}$. Through "gene-metabolite" network analysis, we previously predicted that an ERF transcription factor, lignan biosynthesis-associated transcription factor 1 (LTF1), which is highly expressed in roots, was correlated with lignan biosynthesis ${ }^{17}$. Comparison of the amino acid sequences along with phylogenetic analysis indicated that LTF1 was homolog to the unknown ERF1B of other Cruciferae (RsERF1 of Raphanus sativus and BrERF1 of Brassica rapa) and seemingly clustered with $A t E R F 1$, which was thought in plant defense with unknown mechanisms ${ }^{62}$ (Fig. 3a, Supporting Information Dataset 3). LTF1 subcellular localization was determined by transiently expressing an N-terminal fusion of ERF1 to GFP in $N$. benthamiana leaves by agroinfiltration. The specific fluorescence localization of the LTF1-GFP fusion protein indicated that it functioned as a transcription factor in the nucleus (Fig. 3b). The transcriptional pattern showed that LTF1 was highly expressed in roots, which was similar to the accumulation characteristics of lignans (Fig. 3c and d).

Biosynthesis of antiviral lignans in I. indigotica is originated from phenylalanine and is accomplished by three cooperative pathways including the phenylpropanoid pathway, aromatic alcohol pathway, and lignan pathway (Fig. 3e). The gene transcript abundance detected by qPCR showed that the expression pattern of LTF1 was very similar to that of DIR1, as well as some other pathway genes (e.g., PLR and CCR) (Fig. 3f). These results suggest that LTF1 is strongly associated with lignan biosynthesis in roots and is a strong candidate gene for mediating stress resistance. By the way, the low expression levels of DIR1 and

[^1]a

b


p-coumaryl alcohol





Figure 2 Stress resistance by DIR1 and DIR2 in plants. (a) qRT-PCR analysis of DIR1 and DIR2 induction by $\mathrm{NaCl}_{2} \mathrm{H}_{2} \mathrm{O}_{2}$ and Flg 22 treatment. (b) Growth curves of control and overexpression hairy roots after $\mathrm{NaCl}, \mathrm{H}_{2} \mathrm{O}_{2}$ and Flg 22 treatment. (c) Metabolic mechanism by which DIR exerts stress resistance. (d) Lignin analysis in control and overexpression hairy roots. (e) Subcellular localization of DIR1 and DIR2 in $N$. benthamiana leaf epidermal cells. Statistical analysis was carried out by using Two-way ANOVA ( ${ }^{* *} P<0.005$, ${ }^{* * * P<0.001 \text { ). }}$

DIR2 are consistent with the weak stereoselective synthesis of $(-)$-pinoresinol derived lignans in stems and leaves (Supporting Information Fig. S3e and f).

From the above screening, LTF1 was selected and further characterized. The expression of LTF1 was rapidly induced by salt, $\mathrm{H}_{2} \mathrm{O}_{2}$, and Flg 22 over 6 h , and the expression peaked at $0.5,6$, and
0.5 h , respectively, for the different stress treatments (Supporting Information Fig. S11). The expression of defense- and stressresponsive genes in response to biotic and abiotic stresses are modulated by the antagonistic interactions between multiple components of the ABA and ethylene signaling pathways ${ }^{63,64}$. Considering that phytohormones play an important role in the


Figure 3 Expression patterns of LTF1. (a) Phylogenetic analysis of LTF1. (b) Transient expression of LTF1-GFP fusion in N. benthamiana leaves. Image shows nuclear localization of LTF1-GFP. LTF1 expression (c) and lignan contents (d) in different organs of I. indigotica. (e) Biosynthetic pathway of lignans. (f) Cluster analysis of gene expression patterns in different organs. Gene expression levels from low to high are represented by the transition from blue to red. Values represent relative expression levels.
response to stresses, we asked whether ethephon (ET) and ABA affect the induction of LTF1 expression. The results of qRT-PCR indicated that ET significantly triggered LTF1 expression after 1 h of treatment, which was highly similar to the expression pattern of DIR1 and DIR2 (Fig. 4a). The response intensity of DIR1 and

DIR2 to ET was significantly higher than that of other pathway genes, implying that DIR may be a key step of the lignan pathway in response to environmental changes. Conversely, LTF1 was inhibited after 0.5 h of ABA treatment and gradually recovered at later time points (Fig. 4b). It should be noted that DIR1 and DIR2


Figure 4 LTF1 positively regulates lignan biosynthesis in the roots of I. indigotica. Heatmap of the expression patterns of lignan pathway genes in response to ET (a), ABA (b) and $\mathrm{ET}+\mathrm{ABA}$ (c). (d) Analysis of GUS activity driven by the LTF1, DIR1 and DIR2 promoters in hairy roots. (e) Relative expression of LTF1 in LTF1-OVX hairy roots. (f) The changes in transcript expression of ligan pathway genes in LTF1-OVX hairy roots. (g) The relative level of lignans in LTF1-OVX hairy roots compared to the control. (h) The design of sgRNA for LTF1 editing. (i) The induction and cultivation I. indigotica hairy roots. (j) Relative expression of LTF1 in ltfl $\Delta$ hairy roots. (k) The changes in transcript expression of ligan pathway genes in $l f f 1 \Delta$ hairy roots. (l) The relative level of lignans in $l f f 1 \Delta$ hairy roots compared to the control. (m) Cross sections of hairy roots stained with phloroglucinol- HCl .
had completely different responses to ABA, and only DIR1 maintained the same expression pattern as LTF1. Furthermore, LTF1 induction by ET treatment was suppressed by ABA, which was again consistent with DIR1 (Fig. 4c). These results imply that LTF1 may regulate lignan biosynthesis through DIR1, rather than DIR2, and mediate stress resistance. The GUS staining assays also showed that $\mathrm{P}_{L T F I}$ :GUS and $\mathrm{P}_{\text {DIRI }}$ :GUS expression principally occurred in the vascular strand of mature root tissues, while $\mathrm{P}_{\mathrm{DIR} 2}$ :GUS was principally expressed in root tips, which further suggests a potential regulatory relationship between LTF1 and DIR1 (Fig. 4d).

To test this conjecture, we first overexpressed LTF1 in LTF1OVX hairy roots, where the expression level of LTF1 was
successfully increased $10.23 \pm 4.31$ folds compared to the control (Fig. 4e). As expected, DIR1 expression levels were dramatically increased by $33.80 \pm 12.00$ folds (Fig. 4f). Conversely, the expression level of DIR2 in the LTF1-OVX hairy root was only $0.72 \pm 0.33$ folds of that in the control. Clearly, these results indicated a significant positive regulation of DIR1 by LTF1. Metabolite analysis indicated a $4.76 \pm 0.61$ folds increase in pinoresinol content in the LTF1-OVX hairy root compared to the control (Fig. 4 g ). The increase of pinoresinol content was also transmitted to downstream, which increased the accumulation levels of lariciresinol and secoisolariciresinol by $2.15 \pm 0.26$ and $2.47 \pm 0.37$ folds, respectively. The results of
qRT-PCR indicated that abiotic and biotic stresses also triggered the LTF1 expression, which was very similar to the response of DIR1 (Fig. S11). Growth curve analysis showed that overexpression of LTF1 made hairy roots grow better under the stress treatments (Supporting Information Fig. S12). Based on these results, we conclude that LTF1 can respond to environmental stresses through phytohormones, thereby positively regulating DIR1 expression and lignan biosynthesis to increase stress resistance.

To verify the necessity of LTF1 in stress resistance by lignans, we tried to mutate the LTF1 gene in hairy roots through the CRISPR/Cas9 system. Based on the previously constructed genome of I. indigotica, two potential high-scoring $20-\mathrm{bp}$ sequences followed by the NGG (PAM sequence) from the open reading frame (ORF) of LTF1 were designed and cloned into a construct harboring a chimeric single guide RNA (sgRNA) driven by the A. thaliana U6-26 promoter ( $\mathrm{P}_{A t U 6}$ ) (Fig. 4h). The constructs were transformed into A. rhizogenes to infect wounded young leaves for generating hairy roots (Fig. 4i). Heterozygous and biallelic mutations that produced superimposed sequence chromatograms of LTF1 were decoded using the Degenerate Sequence Decoding method ${ }^{65}$. Sequencing data revealed that sgRNA1 and sgRNA2 generated 10 and 12 hairy root lines containing mutations with corresponding mutation rates of $52 \%$ and $47 \%$, respectively (Supporting Information Table S1). Of these, seven mutations were homozygous, with mutations occurring in the same DNA locus in both alleles (Supporting Information Fig. S13). Others were non-homozygous mutations, including six heterozygous mutations (wild type/single mutation) and nine biallelic mutations (two distinct variations). Most mutations generated by sgRNA1 caused a single nucleotide insertion of A or T, whereas many mutations produced by sgRNA2 had multiple nucleotide deletions. Three hairy root lines (lines $1-5,1-18$, and 2-1) with significantly reduced expression of LTF1 were selected by qRT-PCR and used for further analysis (Fig. 4j). The qPCR results showed that the expression of lignan pathway genes was reduced to varying extents upon mutation of LTF1 (Fig. 4k). The expression of DIR1 and DIR2 in ltfl $\Delta$ hairy roots was $0.37 \pm 0.04$ folds and $0.66 \pm 0.18$ folds of that in control hairy roots. Combined with the results of tissue localization experiments, these results show that DIR1 expression is likely controlled by LTF1, while LTF1 does not regulate the expression of DIR2 (Fig. 4d). Unexpectedly, the expression of other pathway genes was also inhibited in $\operatorname{lffl} \Delta$ hairy roots, especially PLR, which was decreased most significantly to only $0.12 \pm 0.05$ folds of the control, suggesting that LTF1 is essential for the normal expression of PLR. Metabolite analysis revealed that the contents of pinoresinol, lariciresinol, and secoisolariciresinol were significantly reduced to $0.09 \pm 0.02,0.10 \pm 0.01$ and $0.34 \pm 0.10$ folds of the control, respectively (Fig. 41). Phloroglucinol-HCl staining of cross sections of hairy roots shows that the $\operatorname{ltf} 1 \Delta$ hairy root had a weaker browning of vascular regions visually compared to the control, which reveals that LTF1 is necessary for the accumulation of lignans, lignin, and/or wall-bound phenolics and derivatives (Fig. 4k). Thus, it is reasonable that the growth of $\operatorname{ltf} 1 \Delta$ hairy roots was worse than that of the control (Supporting Information Fig. S12). Based on these results, we preliminarily conclude that LTF1 plays a stress-resistant function by regulating the expression of the lignan pathway gene DIR1, and LTF1 is also critical for the expression of other genes in the pathway, especially PLR.

### 3.5. LTF1 directly upregulates DIR1 for stress defense

Previous results indicated that the expression of the stress resistance-related DIR1, instead of DIR2, was significantly elevated in the LTF1-OVX line and decreased in the $l t f 1 \Delta$ line. To investigate the underlying mechanisms by which LTF1 regulates DIR1 expression and lignan biosynthesis, we found a typical ERF binding element (GCCGCC box) in the DIR1 promoter (Supporting Information Fig. S9). Considering that the homolog of LTF1 in other plants, can directly regulate gene expression by binding to the GCC box, we speculate that DIR1 may also be directly regulated by LTF1 ${ }^{66-69}$. To test this hypothesis, the yeast one-hybrid assay ( Y 1 H ), electrophoretic mobility shift assay (EMSA), and transient luciferase analysis were performed.

We first performed Y1H assays to determine whether LTF1 was able to directly bind the DIR1 promoter sequence ( $\mathrm{P}_{\text {DIRI }}$ ) containing the GCC box. Y1H assays were carried out with the addition of $50 \mathrm{mmol} / \mathrm{L} 3$-AT to inhibit the self-activating effect (false positive result) and the results showed that LTF1 was indeed able to bind the $3 \times$ GCC element in the DIR1 promoter to activate the expression of the reporter gene HIS3, which allowed yeast to grow on selection plates ( $-\mathrm{T} /-\mathrm{L} /-\mathrm{H} /+50 \mathrm{mmol} / \mathrm{L} 3-\mathrm{AT}$ ) (Supporting Information Fig. S14, Fig. 5a). Conversely, all negative controls, including the use of the mutated $3 \times$ TCC element ( $\mathrm{P}_{\text {mutDIR1 }}$ ), failed to grow clones on the selection plate.

Next, $\mathrm{P}_{\text {DIR1 }}$ was used as a labeled probe for EMSAs, and the results showed a distinct shift band of the DNA-LTF1 complex (column 2) (Fig. 5b). Binding activity was gradually diluted by the unlabeled probes (columns 3-6) and the labeled mutated probes with the TCCTCC box (columns 7-10). These results provide strong evidence that LTF1 binds to the native promoter of DIR1 through the GCCGCC cis-element.

To further verify whether LTF1 positively regulates the transcription of DIR1, we performed transient expression assays in $N$. benthamiana leaves (Fig. 5c). The DIR1 promoter region $\mathrm{P}_{\text {DIRI }}$ was used to drive the luciferase gene $(L U C)$ as the reporter, and LTF1 was overexpressed under the control of the CaMV35S promoter ( $\mathrm{P}_{\text {CaMV35S }}$ ) as the effector. Detection of LUC luminescence indicated that overexpression of LTF1 ( $\mathrm{P}_{\text {CaMV35s: }}$ :LTF1) significantly increased the LUC signal of the reporter ( $\mathrm{P}_{\text {DIRI }}$ :LUC) compared to controls lacking $\mathrm{P}_{\text {CaMV35s: }}$ LTF1.

In conclusion, combined with the analysis of hairy roots, these results showed that LTF1 can transcriptionally upregulate lignan biosynthesis through the first key enzyme DIR1.

## 4. Conclusions and discussions

In addition to the involvement in the process of plant defense, lignans have various activities to protect human health. Lignans are the main antiviral components in the I. indigotica root ${ }^{25,26}$. However, the stereo configuration of lignans and their stereoselective biosynthetic pathway in I. indigotica are unclear, which may threaten the safety of medicine use and make it difficult for plant improvement. Although lignans have been considered key players in plant stress resistance ${ }^{9}$, the long-sought-after mechanism of lignan biosynthesis in response to the environment has remained elusive.

In this study, we systematically identified the stereoselective biosynthesis of lignans in the I. indigotica root, which determined (-)-lariciresinol glucosides as antiviral lignans. First, we found that two of the 19 DIRs (DIR1 and DIR2) were highly expressed


Figure 5 LTF1 directly binds to the GCC box of the DIR1 promoter and activates its transcription. (a) Promoter of DIR1. (b) Y1H assays showing that the LTF1 protein binds to triple $(3 \times)$ tandem repeats in the $\mathrm{P}_{\text {DIRI }}$ sequence of the DIR1 promoter. Black triangles represent the dilution ratio of the yeast suspension. (c) EMSAs showing that LTF1 specifically binds to the $\mathrm{P}_{\mathrm{DIR} 1}$ sequence of the DIR1 promoter. An excess of the unlabeled probe (lines 3-6) and labeled mutated probe (lines 7-10) were used as competitors. The free and bound DNA bands are indicated by black arrows. (d) Transient luciferase analysis showing that higher luminescence intensity was observed following coexpression of LTF1 and $\mathrm{P}_{\text {DIRI }}$ :LUC. Quantitative analysis of luminescence intensity was performed. Statistical analysis was carried out by using Student's $t$-test (onetailed, $* P<0.05)$.
in the I. indigotica root, showed stereoselectivity in vitro by guiding the synthesis of $(-)$-pinoresinol, and showed significant regioselectivity in vivo, thereby promoting the accumulation of lignans in roots (Fig. 1). In the consequent step, PLR showed stereoselectivity for the substrate and catalyzed the formation of specific configurations of $(-)$-lariciresinol and $(+)$-secoisolariciresinol. The last step of antiviral ( - -lariciresinol glucoside biosynthesis involved the reaction of UGT71B2 with (-)-lariciresinol. The biochemical functions of DIR1, DIR2, PLR, and UGT71B2 explain the lignan composition in the roots of I. indigotica (Supporting Information Fig. S3).

In addition, we showed that overexpression of DIR1 and DIR2 increased biosynthesis of lignan and lignin, resulting in significantly enhanced stress tolerance of hairy roots to $\mathrm{NaCl}, \mathrm{H}_{2} \mathrm{O}_{2}$, and Flg22 (Fig. 2). Additionally, we observed a high consistency between the expression patterns of DIR1 and LTF1 (tissue localization, phytohormone response, and stress induction). We found that LTF1 directly activates DIR1 to enhance plant defense ability through lignan biosynthesis, which sheds light on the potential application of lignan biosynthesis in improving plant stress tolerance (Figs. 4 and 5). As shown in Fig. 4, the expression levels of some other pathway genes were changed in LTF1 overexpressed and mutated plants. Among the gene promoters available to us (CCoAOMT, DIR2 and, PLR) (Supporting Information Dataset 4), only the DIR2 promoter contains many cis-elements related to stress response and binding sites of MYB transcription factors (Supporting Information Fig. S10), which imply the different regulatory mechanisms for DIR2 expression. The fact
that DIR2 shows a completely different response to phytohormones than DIR1 (Fig. $4 \mathrm{a}-\mathrm{c}$ ), and CCoAOMT and PLR are also less responsive to phytohormones, support this hypothesis. Notably, although DIR2 has a similar biochemical function to DIR1, the response level to stresses of DIR2 is much weaker than that of DIR1 (Fig. 2a), indicating that DIR1 is more like a supplement for DIR2 under environmental stresses, making lignan synthesis more efficient. Given that methyl jasmonate (MeJA) is a vital plant cellular regulator that mediates defense responses against biotic and abiotic stresses, including drought, salinity, and pathogen infection ${ }^{70,71}$, the MeJA induced transcript abundance of all identified genes of the lignan pathway and DIR family members were analyzed through the previously constructed transcriptome data (Supporting Information Fig. S15) ${ }^{39}$. As expected, all genes of the lignan pathway are highly expressed in the root. The transcript abundance of five members of the DIR family (DIR1, DIR2, DIR9, DIR11, and DIR17) is higher in the root. Interestingly, of the all identified lignan pathway genes, only DIR1 can significantly respond to MeJA treatment. Conversely, the expression of DIR2 is always at a relatively high level in the root. These results confirm our conclusion that DIR1 is vital for the environmental response of $I$. indigotica roots through regulating lignan biosynthesis.

We developed a CRISPR/Cas9-guided gene-editing system for I. indigotica to construct ltfl $\Delta$ hairy roots, which showed extreme lignan defects and stress susceptibility (Fig. 4). Conversely, the content of lignan and the defense against stresses were significantly increased in LTF1-OVX hairy roots. Based on this data, we
propose a working model of the I. indigotica stress response in which LTF1 responds to environmental stresses through phytohormone-related signal transduction, directly binding to the DIR1 promoter and activating DIR1 expression in the cell periphery of vascular regions in mature roots and further triggering the accumulation of lignin and the stereoselective synthesis of lignans (Fig. 6). Furthermore, the increased content of lignan and lignin lead to higher stress resistance in I. indigotica.

Although transcription factors AP2/ERF049 of Soloist subfamily and WRKY34 in our previous studies have been proven to affect lignan synthesis through PAL and 4CL of phenylpropanoid pathway, and CCR of aromatic alcohol pathway, which all are not direct regulation of the lignan pathway ${ }^{40,41}$. The LTF1 of the ERF subfamily in this study is the first transcription factor directly activating lignan biosynthesis through DIR, the common key gene of all lignan biosynthesis in plants. As reported, DIR and homologs thereof are found in at least 104 studied terrestrial plants but not in aquatic organisms (such as algae), bacteria and mammals, indicating that the DIR family may originate from and be present in vascular plants to withstand the stresses on land ${ }^{72}$. Most members of the DIR family in A. thaliana (15 of 22) and $I$. indigotica ( 9 of 19) are highly expressed in roots ${ }^{16,55}$, further implying that vascular plants may have evolved the DIR family and their specific functions during the process of land colonization. As an increasing number of DIR proteins have been characterized, there is no doubt that some DIRs with regio- and stereoselectivity mediate the specific production of $(+)$ - or $(-)$-pinoresinol ${ }^{32,50,73-75}$. In addition to the identified pinoresinolforming DIRs, there are at least 20, 35, and 17 DIRs with unknown functions in A. thaliana, Picea spruce, and I. indigotica, respectively. Considering that their expression levels all show temporal and spatial specificity, as well as inducibility, it is reasonable to speculate that they could have specific biological functions in response to stress. For example, a Dirigent domain-
containing protein identified in A. thaliana mediates resistance to floods and droughts by regulating the formation of the Casparian strip in the root ${ }^{34}$. Therefore, more efforts are needed to unravel the mystery of DIR functions in plant defense. This study verified that the root-specific DIRs (DIR1 and DIR2) of I. indigotica are involved in stress resistance (salt, oxidative and pathogen stress in this study) in vivo through overexpression experiments, and this finding suggests that the DIRs in other plants with the same biochemical function in mediating the selective biosynthesis of lignans should play a role in stress resistance. The inducibility of these genes by phytohormones and stresses further supports this hypothesis ${ }^{49,55-57}$. In the signal transduction process, whether in response to biotic stress or abiotic stress, $\mathrm{H}_{2} \mathrm{O}_{2}$ is an important signaling molecule, and $\mathrm{H}_{2} \mathrm{O}_{2}$ is detrimental to biomolecules when its levels exceed the cellular capacity for detoxification ${ }^{76}$. As polyphenolic compounds, lignans may achieve stress resistance by eliminating ROS, and this idea has been verified by pharmacological experiments ${ }^{77,78}$. On the other hand, the free radical oxidative coupling reaction of coniferyl alcohol to generate pinoresinol can consume $\mathrm{H}_{2} \mathrm{O}_{2}$, and the increase in DIR expression can significantly enhance the number of reactions (Fig. 1 and Supporting Information Fig. S5). Thus, the expression of DIRs is significantly upregulated under stresses in $I$. indigotica, and this probably enhances the consumption of $\mathrm{H}_{2} \mathrm{O}_{2}$ by the free radical oxidation coupling reaction, which in turn increases resistance to stresses.

In addition to stress defense for plants, lignans with the specific stereo configuration often have important physiological functions in humans, such as the functions of (-)-podophyllotoxin as pharmaceuticals for cancer treatment ${ }^{79,80}$. In particular, chemically-modified derivatives of ( - -podophyllotoxin, teniposide, etoposide, and etoposide are widely used in cancer chemotherapy ${ }^{81-83}$. Although lignan glucosides are the main antiviral active component of I. indigotica, their stereo configurations are


Figure 6 Proposed working model depicting the roles of LTF1-DIR1 module in lignan biosynthesis and stress defense. The stresses are sensed by diverse receptors and the perceived signals further trigger stress-specific signal transduction. The multilevel transduction ultimately activates LTF1, which further binds to the promoter of DIR1 to up-regulate the expression of DIR1. The DIR1 protein is specifically localized in the cell periphery of vascular regions in mature roots to direct the accumulation of lignin and the stereoselective synthesis of lignans and thus plays a role in stress defense.
still unclear. This study indicated that 3 enzymes (DIR, PLR, and UGT) with stereoselectivity cooperate to synthesize ( - )-pinoresinol derived lignans and antiviral ( - -lariciresinol glucosides in I. indigotica roots. The overexpression of DIR1 and DIR2 in hairy roots proved that DIR1 and DIR2 were involved in the in vivo synthesis of ( - )-pinoresinol derived lignans, and also significantly increased the content of antiviral lignans and stress resistance. Therefore, we believe that DIR is an ideal target to engineer plants that accumulate valuable lignans, which will increase the content of lignans while also improving stress resistance.

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## Author contributions

Lei Zhang, Wansheng Chen, and Ruibing Chen conceived the original research. Ruibing Chen, Jian Yu, and Liang Xiao designed and performed experiments. Qing Li and Luyao Yu analyzed the data. Ying Xiao, Junfeng Chen., Shouhong Gao, and Xianghui Chen performed the metabolic analysis. Ruibing Chen and Henan Zhang wrote the manuscript. All authors contributed to the preparation of the manuscript.

## Conflicts of interest

The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

## Appendix A. Supporting information

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[^0]:    *Corresponding authors.
    E-mail addresses: chenws126@126.com (Wansheng Chen), starzhanglei@aliyun.com (Lei Zhang).
    ${ }^{\dagger}$ These authors made equal contributions to this work.
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[^1]:    glucosides, are the primary lignan component in I. indigotica roots. Green background represents stereoselective pathway of antiviral lignans in $I$. indigotica roots. Arrows represent the reactions in vitro. Dotted arrows represent reactions that do not happen in I. indigotica roots. The red squares represent the stereoselective steps in the root.

