


# miR-30e-5p represses angiogenesis and metastasis by directly targeting AEG-1 in squamous cell carcinoma of the head and neck

Shuiting Zhang<sup>1,2</sup> | Guo Li<sup>1,2</sup> | Chao Liu<sup>1,2</sup> | Shanhong Lu<sup>1,2</sup> | Qiancheng Jing<sup>1,2,3</sup> | Xiyu Chen<sup>1,2</sup> | Hua Zheng<sup>1,2</sup> | Huiling Ma<sup>1,2</sup> | Diekuo Zhang<sup>1,2</sup> | Shuling Ren<sup>1,2</sup> | Zhe Shen<sup>1,2</sup> | Yunyun Wang<sup>1,2</sup> | Zhaoyi Lu<sup>1,2</sup> | Donghai Huang<sup>1,2</sup> | Pingqing Tan<sup>4</sup> | Jie Chen<sup>4</sup> | Xin Zhang<sup>1,2</sup> | Yuanzheng Qiu<sup>1,2</sup> | Yong Liu<sup>1,2</sup> 

<sup>1</sup>Department of Otolaryngology Head and Neck Surgery, Xiangya Hospital, Central South University, Changsha, China

<sup>2</sup>Otolaryngology Major Disease Research Key Laboratory of Hunan Province, Changsha, China

<sup>3</sup>Department of Otolaryngology Head and Neck Surgery, Changsha Central Hospital, University of South China, Changsha, China

<sup>4</sup>Department of Head and Neck Surgery, Hunan Cancer Hospital, The Affiliated Tumor Hospital of Xiangya Medical School, Central South University, Changsha, China

## Correspondence

Yong Liu and Yuanzheng Qiu, Department of Otolaryngology Head and Neck Surgery, Xiangya Hospital, Central South University, 87 Xiangya Road, Changsha, Hunan 410008, China.  
Email: liuyongent@csu.edu.cn (YL); xyqyz@hotmail.com (YQ)

## Funding information

National Natural Science Foundation of China, Grant/Award Number: 81874133, 81773243, 81772903, 81602684, 81974424; National Key Research and Development Program of China, Grant/Award Number: 2016YFC0902003; Natural Science Foundation of Hunan Province, Grant/Award Number: 2019JJ40481, 2019JJ50944, 2018JJ2630 and 2017JJ3488; Huxiang Young Talent Project, Grant/Award Number: 2018RS3024; Xiangya Hospital-Sinobiway Clinic and Rehabilitation Research Foundation, Grant/Award Number: XYWM2015123; Fundamental Research Funds for the Central South University, Grant/Award Number: 1053320182447

## Abstract

Metastasis is a critical determinant for the treatment strategy and prognosis in patients with squamous cell carcinoma of the head and neck (SCCHN). However, the mechanisms underlying SCCHN metastasis are poorly understood. Our study sought to determine the key microRNA and their functional mechanisms involved in SCCHN metastasis. For The Cancer Genome Atlas (TCGA) data analysis, quantitative PCR was used to quantify the level of miR-30e-5p in SCCHN and its clinical significance was further analyzed. A series of in vitro and in vivo experiments were applied to determine the effects of miR-30e-5p and its target AEG-1 on SCCHN metastasis. A mechanism investigation further revealed that AEG-1 was implicated in the angiogenesis and metastasis mediated by miR-30e-5p. Overall, our study confirms that miR-30e-5p is a valuable predictive biomarker and potential therapeutic target in SCCHN metastasis.

## KEYWORDS

AEG-1, angiogenesis, metastasis, miR-30e-5p, squamous cell carcinoma of the head and neck

Shuiting Zhang and Guo Li contributed equally to this paper.

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## 1 | INTRODUCTION

Squamous cell carcinoma of head and neck (SCCHN) arises, for example, in the oral cavity, the nasopharynx, the oropharynx, the hypopharynx and the larynx. It represents the sixth leading cancer by incidence and there are approximately 500 000 new patients around the world annually.<sup>1</sup> Patients with SCCHN suffer from vital dysfunctions, including dyspnea, dysphagia and dysphonia. Although multiple therapies including surgery, radiotherapy and chemotherapy have been applied to fight against SCCHN for decades, the prognosis for patients with SCCHN remains unsatisfactory.<sup>2</sup> Local and/or distant metastasis definitely contributes to the poor prognosis in patients with SCCHN.<sup>3,4</sup> Therefore, it is urgent and imperative to clarify the mechanisms underlying metastasis, which will benefit future surveillance and target therapy to overcome SCCHN metastasis.

Genetic aberrations in cancer cells are reprogrammed to acquire aggressive traits such as epithelial-mesenchymal transition (EMT).<sup>5</sup> EMT is a process in which cancer cells lose their polarity and cell-cell adhesion, change to mesenchymal fibroblast-like cells, and, finally, confer metastatic properties upon cancer cells through enhancing migratory and invasive abilities.<sup>5,6</sup> In contrast, endogenous oncogenes or suppressors also shape the tumor microenvironment (TME) to facilitate cancer metastasis.<sup>7,8</sup> As a critical component in the TME, new formation of blood vessels in tumors, called angiogenesis, is essential to provide nutrition and oxygen to support the malignant cancer growth and also generate the metastatic vessel for cancer cells to spread.<sup>9</sup> Cancer cells secrete distinct angiogenic growth factors and activate their corresponding receptors in TME to promote cancer angiogenesis.<sup>10</sup> Thus, angiogenesis is important in cancer metastasis,<sup>11</sup> indicating the potential of antiangiogenic therapy.<sup>12</sup> However, the molecular regulatory mechanisms involved in angiogenesis and cancer metastasis are complicated, which should be addressed in future.

MicroRNA (miRNA) are a family of small non-coding RNA that are involved in the post-transcriptional modulation of target genes. miRNA bind to the 3'- or 5'-untranslated regions (UTR) of target mRNA, leading to the degradation of mRNA and repression of protein translation.<sup>13-15</sup> It is well established that miRNA play key roles in diverse biopathological behaviors, including malignant growth, metastasis and resistance to chemotherapy and radiotherapy.<sup>13,14</sup> Abundant studies have shown that miRNA are dysregulated in numerous cancers, including SCCHN, contributing to cancer progression.<sup>16,17</sup> Therefore, modulation of specific miRNA activities represents a potential therapeutic avenue.<sup>13,15</sup>

Here, the Cancer Genome Atlas (TCGA) data and a validation patient cohort were used to determine that miR-30e-5p was closely associated with the aggressive traits of SCCHN, including metastasis. Survival analysis revealed that patients with low expression of miR-30e-5p displayed a worse prognosis, and miR-30e-5p was an independent factor for the survival prognosis in patients with SCCHN. Further *in vitro* and *in vivo* evidence demonstrated that miR-30e-5p, as a metastasis suppressor, obviously repressed the migration, invasion and metastasis of SCCHN. Mechanistically, miR-30e-5p inhibited the occurrence of EMT of SCCHN cells, and also blocked

SCCHN angiogenesis through downregulating multiple proangiogenic factors, including vascular endothelial growth factor (VEGF) and hepatocyte growth factor (HGF). More importantly, we found that oncogene AEG-1 was directly targeted by miR-30e-5p and partially involved in the angiogenesis and metastasis mediated by miR-30e-5p. Our data suggest that miR-30e-5p is a valuable prognosis biomarker and a potential therapeutic target for SCCHN metastasis.

## 2 | MATERIALS AND METHODS

### 2.1 | Cell culture

Squamous cell carcinoma of the head and neck JHU011, CAL33 and CAL27 cell lines were kindly provided by Dr Joseph Califano (University of California, San Diego, USA). Tu686 cell line was kindly provided by Dr Zhuo G. Chen (Emory University Winship Cancer Institute, USA).<sup>18</sup> Tca8113 cell line was obtained from The Cell Bank of Type Culture Collection of Chinese Academy of Sciences. The FaDu and the HUVEC were purchased from ATCC. SCCHN cells were cultured in appropriate media supplemented with essential materials.

### 2.2 | The Cancer Genome Atlas data analysis

Differentially expressed miRNA profile based on TCGA data was obtained from OncomiR (<http://www.oncomir.org>), in which 522 SCCHN and 44 noncancerous samples were included.

### 2.3 | Human squamous cell carcinoma of head and neck tissue samples

All SCCHN tissue samples and clinical information of patients were collected in the same manner as in our previous studies.<sup>19,20</sup> The study was approved by the Research Ethics Committee of Central South University, Changsha, China.

### 2.4 | Quantitative RT-PCR analysis

cDNA was reversed from 1  $\mu$ g total qualified RNA using the All-in-One miRNA or mRNA cDNA Synthesis Kit (GeneCopoeia) following the manufacturer's protocol. Relative gene expression values were calculated using the  $2^{-\Delta\Delta CT}$  method and normalized with a control (U6 for miRNA and GAPDH for mRNA).<sup>21</sup> The primers are listed in Table S1.

### 2.5 | Transfection

Squamous cell carcinoma of head and neck cells were transfected with the miR-30e-5p mimic/negative control (NC) or inhibitor/

inhibitor NC (GenePharma) according to the manufacturer's protocol. In addition, the empty vector and miR-30e-5p overexpression plasmid (GeneCopoeia) were used for stable expression of miR-30e-5p in Fadu cells. For AEG-1 downexpression, a lentiviral vector encoding AEG-1sh was used (GeneCopoeia) at a multiplicity of infection (MOI) of 50 pfu/cell.

## 2.6 | Wounding-healing and transwell invasion assay

Wound-healing and transwell invasion assays were performed as we described previously.<sup>19,20</sup>

## 2.7 | Colony formation assay

Squamous cell carcinoma of head and neck cell colonies were stained 2 weeks later and counted by Image J v1.8.0 (positive colony was defined as >50 cells).<sup>22</sup>

## 2.8 | Western blotting assay

The western blot assay was carried out according to our previous studies.<sup>19,20,22,23</sup> Antibody information is listed in Table S2.

## 2.9 | Immunofluorescence microscopy analysis

The cells in slides were incubated with a rabbit anti-human primary antibody against E-cadherin (Santa Cruz) or mouse anti-human antibody against vimentin (Proteintech Group) at 4°C overnight. Next, the cells were incubated in the dark box with Alexa Fluor 488 goat anti-rabbit IgG (H+L) and Alexa Fluor 594 goat anti-mouse IgG (Jackson ImmunoResearch).

## 2.10 | Endothelial cell tube formation assay

The 100  $\mu$ L serum-free supernatant mixed with  $1 \times 10^4$  HUVEC cells were seeded in 96-well plates that spread with 50  $\mu$ L of high concentration Matrigel (BD Biosciences). Five random selected fields of view were captured using a microscope at 4 hours after implantation.

## 2.11 | Chick chorioallantoic membrane assay

Thirteen fertilized chicken eggs were incubated for 8 days. Then a small circular window was opened above the air sac, which was followed by implantation of 20  $\mu$ L SCCHN cells ( $2 \times 10^6$  cells) mixed with 20  $\mu$ L of high concentration Matrigel (BD Biosciences) into

chick chorioallantoic membrane (CAM) for each egg. Images of CAM were observed 72 hours after implantation.

## 2.12 | Matrigel plug angiogenesis assay

Fadu cells suspended in 100  $\mu$ L PBS (100  $\mu$ L) were mixed with 100  $\mu$ L of high concentration Matrigel. Then the mixed liquor was injected subcutaneously into hind flanks of nude mice. One week after inoculation, the gel plugs were collected.

## 2.13 | Xenograft tumor model

Fadu cell aliquots (200  $\mu$ L) of  $4.0 \times 10^6$  cells were injected subcutaneously into 4-week-old male BALB/c nude mice (five mice per group) in their right flank. Approximately 4 weeks later, the mice were killed by anesthesia and tumor samples were harvested.

## 2.14 | Metastasis model

To establish the metastasis model,  $4 \times 10^6$  Fadu cells suspended in 200  $\mu$ L PBS were injected via the tail vein in 4-week-old male BALB/c nude mice (five mice per group). After 6 weeks, liver and lung tissues were fixed and stained with H&E.

## 2.15 | H&E staining, immunohistochemistry and quantification

All H&E staining and immunohistochemistry staining was conducted as previously described.<sup>24-26</sup>

## 2.16 | Luciferase reporter assays

Fadu and JHU011 cells were seeded on 24-well plates and cotransfected with 50 nmol/L of either miR-30e-5p mimics or NC oligos together with 200 ng plasmid of wild-type or mutated 3'-UTR of the AEG-1 (GeneCopoeia) using FuGENE 6 Reagent (Promega). Two days later, relative luciferase activity was measured using the Dual-Luciferase Reporter Assay System (Promega).

## 2.17 | Statistical analysis

All data were analyzed using SPSS 20.0. Results in this study were presented as the mean  $\pm$  SD. The statistical comparisons of two groups were determined by Student's *t* test (for equal variances) or Mann-Whitney *U* test (for unequal variances). In addition, survival curves were plotted using the Kaplan-Meier method and compared using the log-rank test. *P* < 0.05 was regarded as statistically significant.

### 3 | RESULTS

#### 3.1 | Aberrant expression profile of miRNA in patients with squamous cell carcinoma of the head and neck

To comprehensively analyze the aberrant expression of miRNA in patients with SCCHN, TCGA sequencing data including 522 SCCHN and 44 noncancerous samples were used to delineate a whole aberrant expression profile of miRNA (Table S3). As a result, 376 miRNA were dysregulated in SCCHN samples and 172 miRNA were found to be predictive in patients' survival analysis (Figure S1A; Table S3). Among these miRNA, 33 abnormally expressed miRNA, including 16 upregulated and 17 downregulated miRNA, were determined to have prognostic value (Figure S1A). Finally, 2 miRNA (miR-30e-5p and miR-3187-3p) were ultimately analyzed and found to be associated with SCCHN metastasis (Figure S1B). These data demonstrate that these 2 miRNA may be potential biomarkers for prognosis and molecular targets for SCCHN metastasis. However, in our current study, we only focus on the significance and biological effects of miR-30e-5p in SCCHN.

#### 3.2 | Low expression of miR-30e-5p predicts a worse prognosis in patients with squamous cell carcinoma of the head and neck

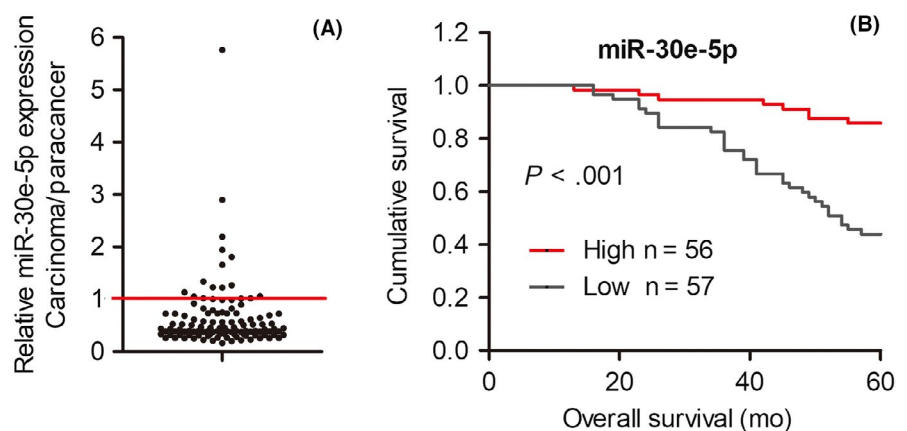
To further validate the clinical significance of miR-30e-5p in patients with SCCHN, the relative expression of miR-30e-5p was quantified in 113 cases of SCCHN via quantitative PCR (qPCR). Our data revealed that miR-30e-5p was dramatically decreased in SCCHN samples compared with corresponding adjacent noncancerous tissues (Figure 1A;  $P < 0.01$ ). For further analysis, our SCCHN patient cohort was divided into two groups: high miR-30e-5p ( $n = 56$ ) and low miR-30e-5p ( $n = 57$ ) expression groups, in which the expression level of miR-30e-5p was greater than or less than the median value in 113 patients with SCCHN. As summarized in Table 1 via Student's *t* test, low expression of miR-30e-5p

was closely associated with high T classification, advanced clinical stage and cervical lymph node metastasis in patients with SCCHN (Table 1; all  $P < 0.05$ ). Importantly, survival analysis further indicated that patients with low expression of miR-30e-5p displayed a worse prognosis than that in patients with high expression of miR-30e-5p (Figure 1B;  $P < 0.001$ ). Univariate Cox regression analyses revealed that histological grade, metastasis and status of miR-30e-5p expression were significantly associated with the overall survival status (Table 2; all  $P < 0.05$ ). Furthermore, histological stage, metastasis and miR-30e-5p expression were determined to be independent factors with prognostic value for the overall survival in patients with SCCHN in the multivariate Cox regression analyses (Table 2). Taken together, these data suggest that miR-30e-5p is a valuable biomarker for prognosis in patients with SCCHN.

#### 3.3 | miR-30e-5p impedes squamous cell carcinoma of the head and neck metastasis

To further investigate the function of miR-30e-5p in the progression of SCCHN, its expression was modulated in diverse SCCHN cell lines, and then alterations in cell malignant behaviors were examined. Initially, expression of miR-30e-5p was quantified in 6 SCCHN cell lines, in which its expression was high in Tu686, and low in Fadu and JHU011 (Figure S2A). Therefore, its expression was 20–30-fold overexpressed in Fadu and JHU011 cell lines, and >80% inhibited in Tu686 cells (Figure S2B). Plate cloning formation assays were then used to check the proliferative changes, which indicated that miR-30e-5p did not influence the proliferation of SCCHN cell lines in vitro (Figure S2C,D). We also stably overexpressed miR-30e-5p in Fadu cells and established the xenograft tumors in nude mice (Figure S2E). The in vivo experiments further confirmed that miR-30e-5p had no effects on the growth pattern of SCCHN cells (Figure S2F–H).

Based on the results that miR-30e-5p was closely associated with SCCHN metastasis in clinical patient samples, both wound-healing and Transwell assays were used to check the effects of miR-30e-5p on migration and invasion in vitro. As



**FIGURE 1** Correlations between expression of miR-30e-5p and prognosis. A, quantitative RT-PCR results showed that the relative expression of miR-30e-5p was downregulated in squamous cell carcinoma of head and neck (SCCHN) tissue samples compared with corresponding adjacent noncancerous tissues. The unit in the Y-axis indicates the ratio of carcinoma/paracancer. B, Kaplan-Meier analysis in patients with SCCHN according to expression level of miR-30e-5p. \*\*\* $P < 0.001$

Parameters	Number of patients	miR-30e-5p expression	t value	P-value*
Age				
<59	60	0.512 ± 0.284	-2.277	<b>0.025</b>
≥59	53	0.785 ± 0.881		
Gender				
Female	8	0.715 ± 0.535	0.338	0.736
Male	105	0.634 ± 0.659		
Smoking				
Yes	69	0.527 ± 0.311	2.352	<b>0.020</b>
No	44	0.817 ± 0.946		
Histological grade				
G1 + G2	45	0.602 ± 0.452	-0.501	0.617
G3	68	0.665 ± 0.755		
T classification				
T1 + T2	60	0.756 ± 0.808	20.047	<b>0.043</b>
T3 + T4	53	0.509 ± 0.367		
Clinical stage				
I + II	42	0.871 ± 0.930	3.007	<b>0.003</b>
III + IV	71	0.503 ± 0.342		
Lymph node metastasis				
N0	66	0.807 ± 0.796	3.390	<b>0.001</b>
N+	47	0.405 ± 0.187		

\* $P < 0.05$  was considered to be statistically significant (in bold and italics).

**TABLE 2** Cox model analysis of overall survival

Parameters	Relative risk (95% CI)	P-value
Univariate		
Age	1.895 (0.969-3.707)	0.062
Gender	0.983 (0.329-2.941)	0.976
Smoking	0.661 (0.307-1.426)	0.291
T classification	1.027 (0.984-1.073)	0.224
Clinical stage	1.026 (0.956-1.101)	0.480
Histological grade	2.111 (1.034-4.311)	<b>0.040</b>
Lymph node metastasis	3.069 (1.185-7.947)	<b>0.021</b>
miR-30e-5p expression	0.236 (0.096-0.577)	<b>0.002</b>
Multivariate		
Lymph node metastasis	4.170 (1.996-8.713)	<b>0.000</b>
miR-30e-5p expression	0.222 (0.099-0.498)	<b>0.000</b>
Histological grade	2.168 (1.110-4.233)	<b>0.023</b>

Note: All the clinicopathological variables listed in the table were included in the univariate and multivariate analyses.

95% CI, 95% confidence interval.

$P < 0.05$  was considered to be statistically significant (in bold and italics).

presented in Figure 2A-2D, ectopic overexpression of miR-30e-5p dramatically repressed the migratory and invasive abilities of both Fadu and JHU011 cells in vitro. In contrast, miR-30e-5p

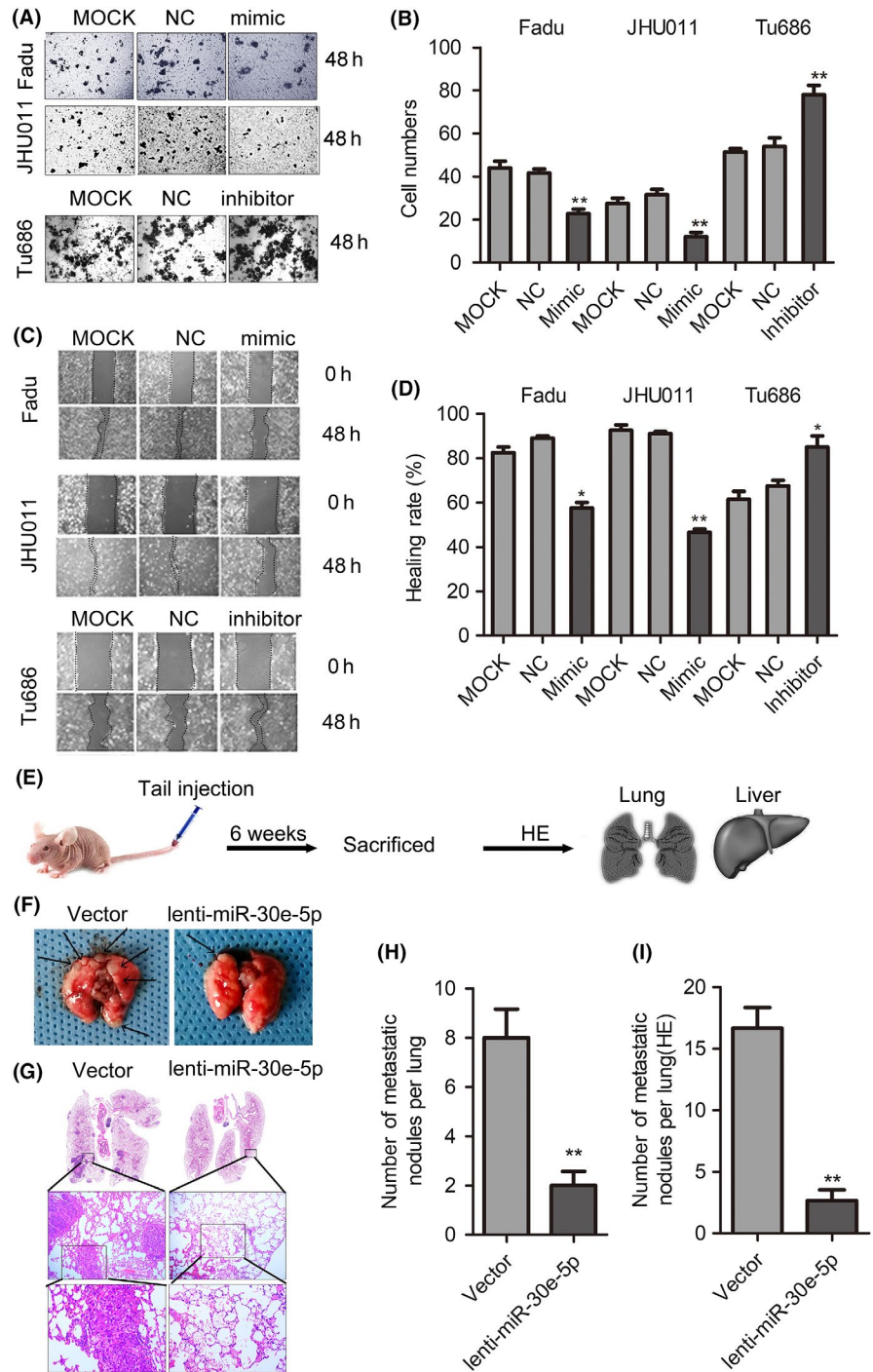
**TABLE 1** Correlations between miR-30e-5p expression and clinicopathological parameters in squamous cell carcinoma of head and neck (SCCHN) patients

inhibition led to enhanced migration and invasion of Tu686 cells in vitro (Figure 2A-D). For the reason that these SCCHN cell lines cannot form metastatic lesions after subcutaneous tumorigenesis, Fadu cells were injected via mouse tail veins to form distant organ metastatic lesions (Figure 2E). Our data based on this metastatic model indicated that miR-30e-5p impeded the formation of lung metastatic lesions of Fadu cells (Figure 2F,G). Both the size and number of lung metastatic tumors were reduced in Fadu cells with miR-30e-5p overexpression (Figure 2H,I). Notably, no liver metastatic lesions were observed in mice after the delivery of lenti-miR-30e-5p or lenti-miR-ctrl (Figure S2I). Collectively, these data indicate that miR-30e-5p, as a metastasis suppressor, inhibits the metastasis of SCCHN cells but not malignant proliferation, suggesting that miR-30e-5p is a metastasis-associated gene.

### 3.4 | miR-30e-5p inhibits epithelial-mesenchymal transition and angiogenesis in squamous cell carcinoma of head and neck

Cancer malignant progression is determined by both endogenous changes of oncogenes and/or suppressors, and its surrounding tumor microenvironment (TME).<sup>7,8</sup> In the aspect of cancer cells, EMT is a complicated reprogramming process, which is

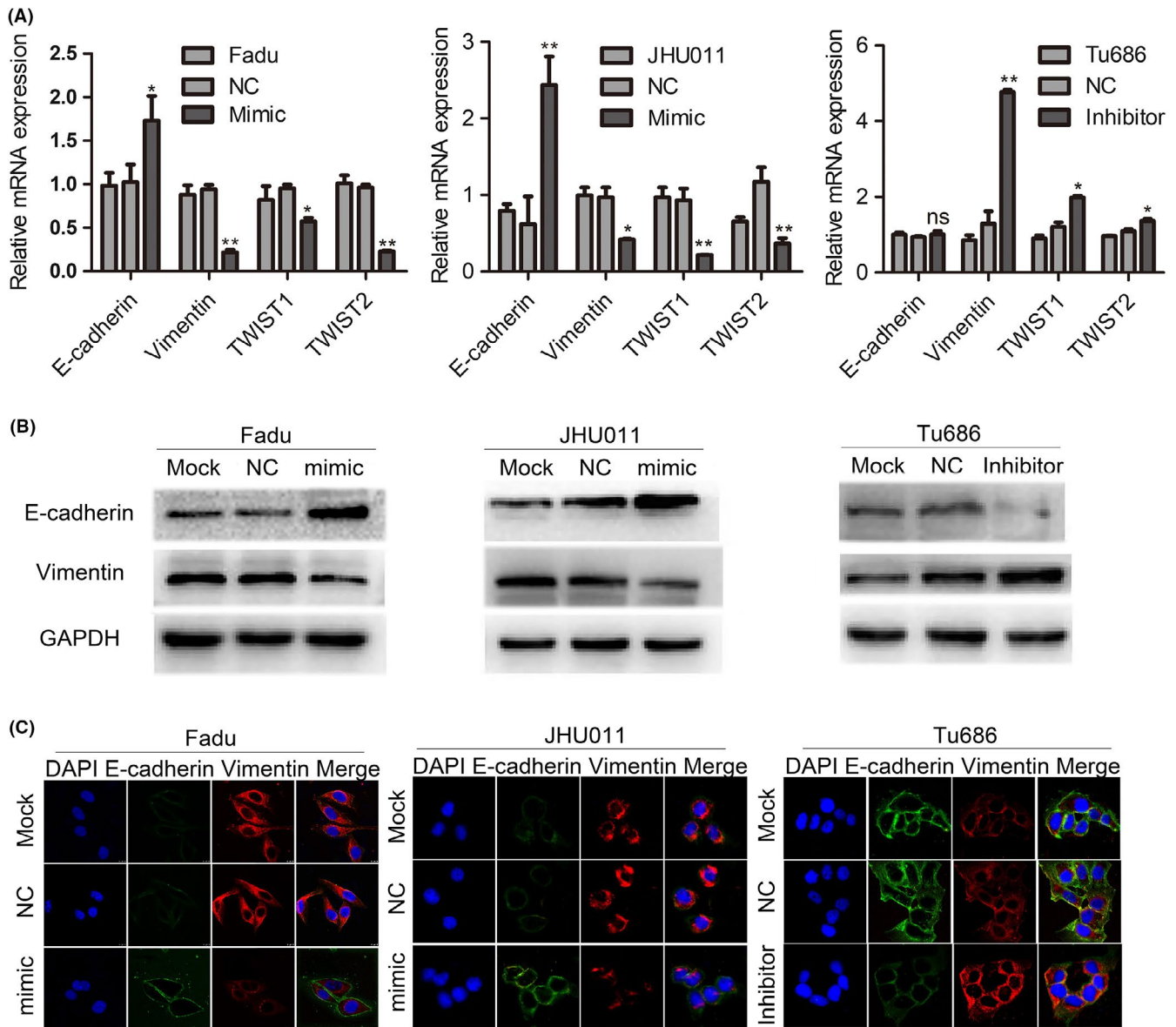
**FIGURE 2** miR-30e-5p impedes squamous cell carcinoma of head and neck (SCCHN) metastasis. A and B, Cell invasion was assessed using a transwell assay. Representative fields with migrated cells (A) and quantification of the number of migration cells (B) are shown in the insets. C and D, The scratch test was used to check the changes in healing ability in vitro (C) and the percentage of healing area was determined (D). "The healing rate" is the ratio of "healing area" to "area of original wound." E, Distant lung metastatic model was established via the tail vein injection of Fadu cells that stably overexpressed miR-30e-5p or vector. F and H, The images of macroscopic lung metastatic nodules were photographed (F), and numbers of lung nodules were calculated (H); arrowheads indicate metastatic nodules. G and I, Representative images (G) and quantification (I) of microscopic lung metastatic nodules stained with H&E. \* $P < 0.05$ ; \*\* $P < 0.01$



characterized by the inhibition of epithelial markers and upregulation of mesenchymal markers.<sup>6,16</sup> Therefore, we used multiple methods to evaluate the effects of miR-30e-5p on the alterations of EMT markers. As shown in Figure 3A, the qPCR results revealed that miR-30e-5p overexpression in Fadu and JHU011 obviously increased the mRNA expression of E-cadherin and reduced the mRNA expression of vimentin, which was accompanied by the inhibition of EMT transcription factor including mRNA of Twist 1 and Twist 2 (Figure 3A). Western blotting and immunofluorescence staining confirmed that miR-30e-5p overexpression in Fadu and JHU011 also upregulated E-cadherin and reduced

vimentin (Figure 3B,C). Conversely, miR-30e-5p inhibition correspondingly repressed the expression of E-cadherin and increased the expression of vimentin at both mRNA and protein levels (Figure 3A-C). These data clearly demonstrate that miR-30e-5p inhibits the occurrence of EMT.

Angiogenesis has an important function in cancer metastasis, which provides a vessel for cancer cells to migrate into the blood system.<sup>9,12,27</sup> In examining the exact role of miR-30e-5p in SCCHN angiogenesis, the migratory ability of HUVEC was found to be significantly suppressed when cocultured with Fadu cells that upregulated miR-30e-5p (Figure 4A,B). Consistent with migration



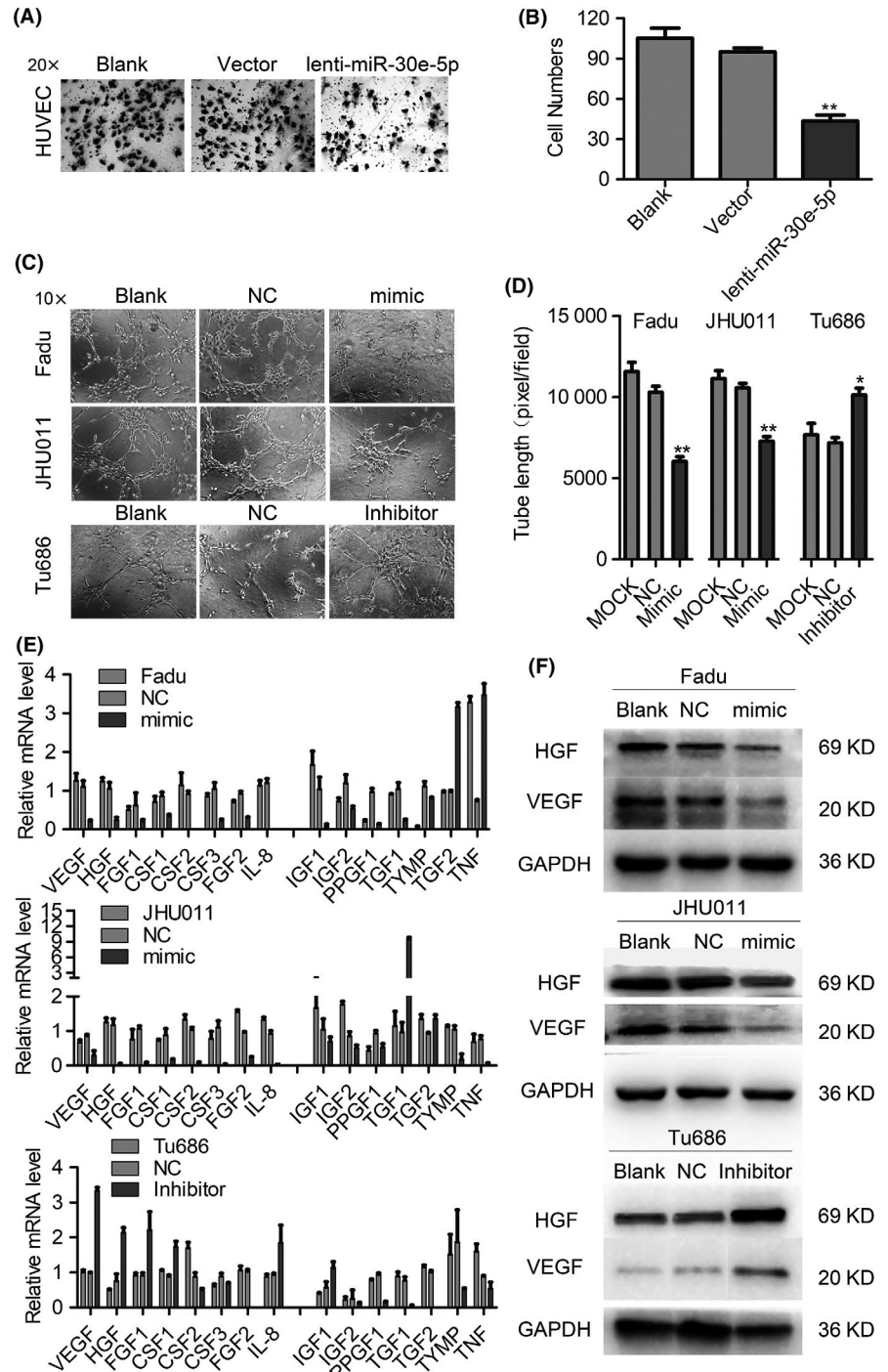
**FIGURE 3** miR-30e-5p inhibits epithelial-mesenchymal transition (EMT) in squamous cell carcinoma of head and neck (SCCHN). A, Quantitative PCR analysis quantified the expression of EMT markers of E-cadherin, vimentin and related transcription factor, including Twist1 and Twist2 in Fadu, JHU011 and Tu686 cells. The  $2^{-\Delta\Delta CT}$  method was used to measure the relative mRNA expression. B and C, Representative western blotting (B) and immunofluorescence staining (C) showed the expression of E-cadherin and vimentin. \* $P < 0.05$ ; \*\* $P < 0.01$ ; ns, not significant

assays, miR-30e-5p overexpression in Fadu and JHU011 cells inhibited capillary-like tube formation of HUVEC cells in Matrigel (Figure 4C,D). To answer the question of how miR-30e-5p represses SCCHN angiogenesis, we quantified a panel of cytokines and chemokines involved in cancer angiogenesis, which revealed that miR-30e-5p overexpression significantly inhibited the mRNA expression of *VEGF*, *HGF*, *FGF1*, *CSF1/2/3*, *FGF2*, *IL-8*, *IGF1* and *IGF2* (Figure 4E,F). This result clearly suggests that miR-30e-5p can exert a broad inhibitory effect on the expression of proangiogenic regulators.

In examining the role of miR-30e-5p in cancer angiogenesis, in vivo Matrigel angiogenesis plug assay revealed that miR-30e-5p overexpression in Fadu cells reduced the tumors' newly formed

blood vessels in Matrigel (Figure 5A,B), which was accompanied by the decline of proangiogenic factors including *VEGF*, *FGF1*, *CSF1/2/3* and *HGF* (Figure 5C). H&E staining in plug gels and xenograft tumors samples revealed that MVD in the group of miR-30e-5p overexpression was also reduced (Figure 5D-J). In addition, immunostaining of proangiogenic factor *VEGF* and blood vessel epithelial marker *CD31* were also significantly decreased in the miR-30e-5p overexpression group (Figure 5D-J). Finally, the chick chorioallantoic membrane vascular assay indicated that miR-30e-5p overexpression in Fadu cells similarly reduced the vascular density (Figure 5K,L). Collectively, these data clearly indicate that miR-30e-5p represses EMT in cancer cells themselves and also impedes the formation of cancer angiogenesis.

**FIGURE 4** miR-30e-5p suppresses angiogenesis in squamous cell carcinoma of head and neck (SCCHN). A, The blood vessel epithelial cell HUVEC cocultured with Fadu cells transfected with miR-30e-5p mimic. B, Quantification of the number of migrated cells (B). C and D, Tube formation by HUVEC cells was measured and the results were expressed as the tubule length. Representative morphological images (C) and statistical results (D) are shown. E and F, The effects of miR-30e-5p on the expression levels of cytokines and chemokines involved in cancer angiogenesis measured by quantitative PCR (E) and western blot (F) analysis. The  $2^{-\Delta\Delta CT}$  method was used to measure the relative mRNA expression. \* $P < 0.05$ ; \*\* $P < 0.01$

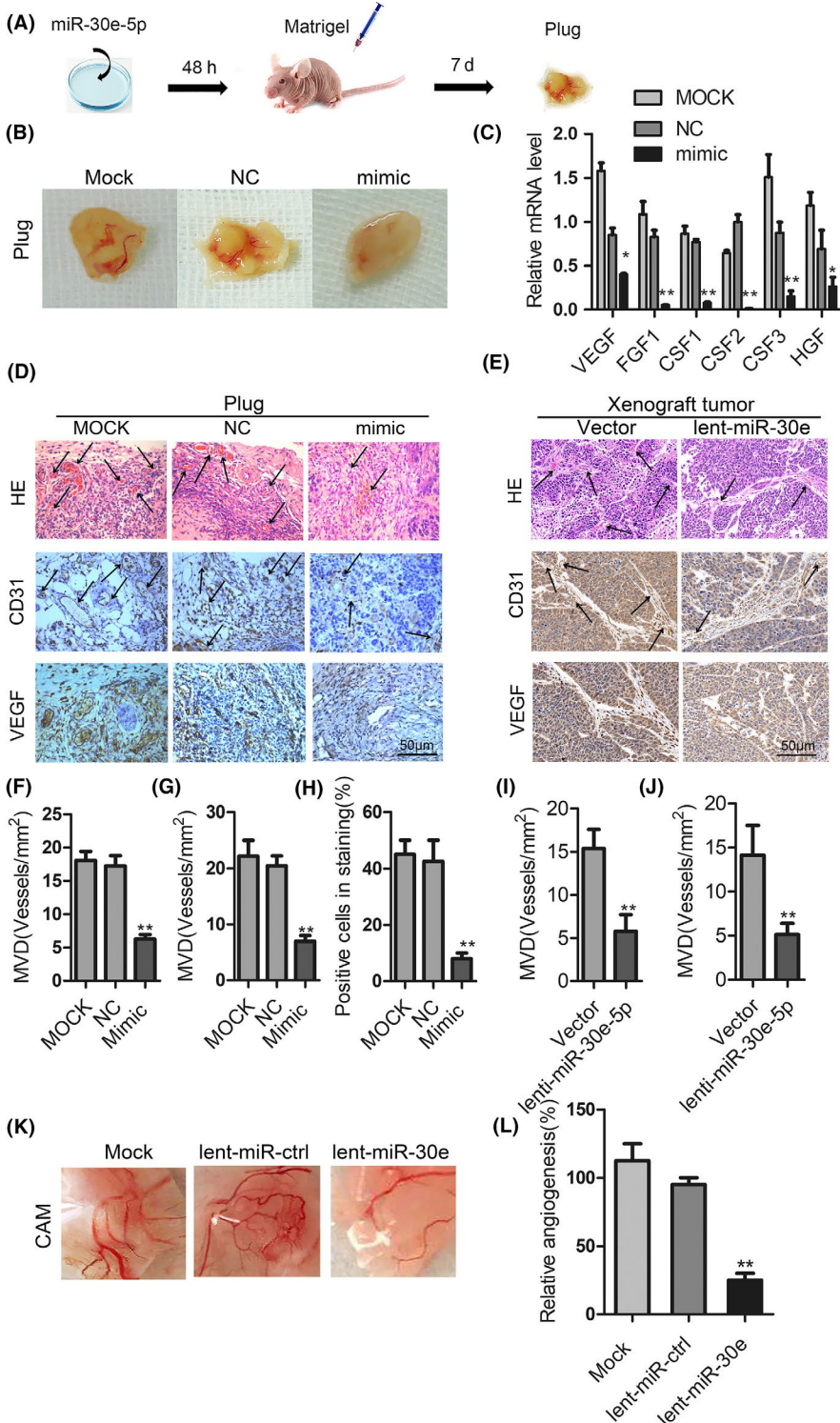


### 3.5 | AEG-1 mediates the effect of miR-30e-5p on angiogenesis and metastasis

To finally ascertain the potential target mRNA of miR-30e-5p, four online prediction algorithms were chosen to screen the potential targeted mRNA of miR-30e-5p: TargetScanHuman (targetscan.org), Pictar (pictar.org), miRNABD (sysbio.suda.edu.cn) and microT-CDS (diana.imis.athena-innovation.gr). As a result, five mRNA presented in the lists of four online prediction algorithms (Figure 6A). In addition, among these five mRNA, AEG-1 ranked first on the list, and

displayed an opposite expression style with miR-30e-5p based on the analysis of SCCHN TCGA data (Figure 6B; Figure S3). Therefore, we used luciferase reporter assays to determine whether AEG-1 was a direct binding target of miR-30e-5p. Luciferase reporter plasmids encoding the wild-type (WT) or mutant (MU) 3'-UTR domain of AEG-1 mRNA were designed (Figure 6C), and then miR-30e-5p mimic was cotransfected with the reporter plasmid into SCCHN Fadu and JHU011 cells. As shown in Figure 6D, luciferase activities in Fadu and JHU011 cells cotransfected with AEG-1 3'-UTR-WT and miR-30e-5p mimic were significantly lower than those cells





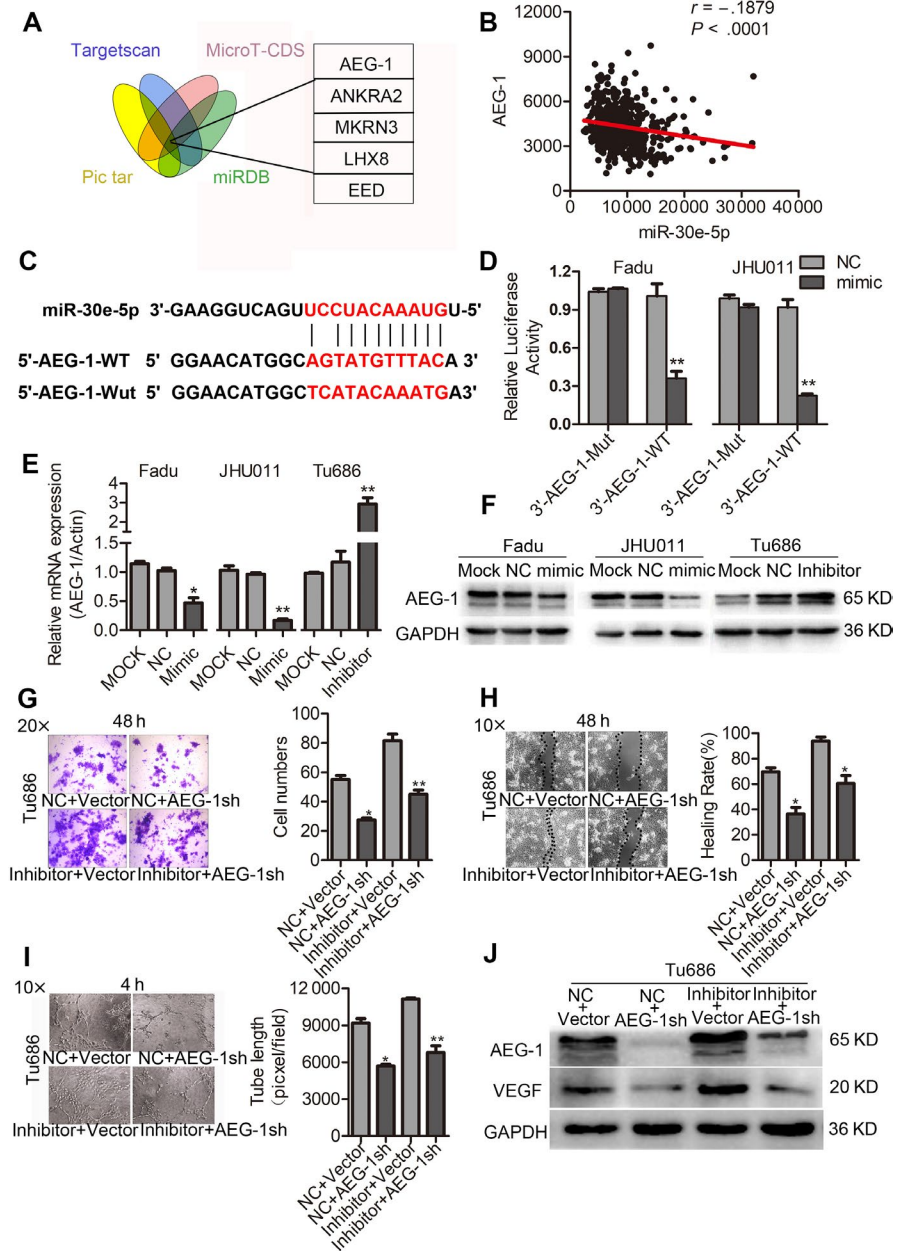
**FIGURE 5** miR-30e-5p suppresses angiogenesis in squamous cell carcinoma of head and neck (SCCHN) in vivo. A, Matrigel angiogenesis plug assay was formed by subcutaneously implanting Fadu cells with Matrigel. B and C, Gel plugs were collected and photographed (B) in 7 d after implantation; the proangiogenic factors were detected by quantitative PCR detection (C). D–J, H&E staining and immunohistochemical staining analysis of the levels of CD31 and vascular endothelial growth factor (VEGF) in gel plugs (D) and xenograft tumors (E) of nude mice. Arrows are pointed to neovascularization and quantification of the microvessel density (F, G, I, J). The positive staining cell numbers of CD31 were counted (H). K and L, chick chorioallantoic membrane (CAM) angiogenesis assays were performed with Fadu cells stably overexpressing miR-30e-5p or vector. Representative images of new blood vessel formation (K) and quantification of the average number of new blood vessels (L;  $n = 10$  for each group). \* $P < 0.05$ ; \*\* $P < 0.01$

cotransfected with AEG-1 3'-UTR-WT and NC (Figure 6D;  $P < 0.01$ ). These data meant that miR-30e-5p reduced the expression of AEG-1 by directly binding to its 3'-UTR region of AEG-1 mRNA. Consistent with the result of luciferase reporter assays, miR-30e-5p mimic also greatly inhibited the expression of AEG-1 mRNA (Figure 6E) and protein (Figure 6F).

Subsequently, rescue experiments were performed to confirm the functional involvement of AEG-1 in miR-30e-5p-mediated

SCCHN angiogenesis and metastasis. Tu686 cells were transfected with miR-30e-5p inhibitor and AEG-1sh or corresponding empty vectors. Our data revealed that knockdown of AEG-1 mitigated the repression of migration, invasion and angiogenesis in Tu686 cells (Figure 6G–I). Similar to the phenotypical changes in the above rescue experiments, AEG-1 restored the expression of proangiogenic factor VEGF (Figure 6J). Therefore, our data clearly suggest that AEG-1 is involved in miR-30e-5p-mediated angiogenesis and metastasis.

**FIGURE 6** AEG-1 is a direct target of miR-30e-5p and rescues its suppressive effects in squamous cell carcinoma of head and neck (SCCHN). A, The prediction algorithms of TargetScanHuman, PicTar, miRDB and MicroT-CDS were chosen to screen the potential mRNAs of miR-30e-5p. B, Correlations between expression of miR-30e-5p and AEG-1 in TCGA databases. C, The putative binding sequence of miR-30e-5p in AEG-1 3'-UTR; mutations were generated as indicated. D, Luciferase reporter assays showed AEG-1 was a direct binding target of miR-30e-5p. Relative luciferase activity is presented as the ratio of Firefly/Renilla luciferase activity. E and F, Relative expression of AEG-1 mRNA (E) and protein (F) in Fadu and JHU011 cells that transfected with miR-30e-5p mimic, and in Tu686 cells transfected with miR-30e-5p inhibitor. We calculated the relative mRNA expression using the  $2^{-\Delta\Delta CT}$  method. G-J, Effects of restoration of AEG-1 on metastasis and angiogenesis in Tu686 cells determined by transwell migration (G), wound-healing (H), endothelial cell tube formation assay (I) and western blot analysis (J). \* $P < 0.05$ ; \*\* $P < 0.01$



## 4 | DISCUSSION

In this study, we found that miR-30e-5p was correlated with the aggressive characteristics in patients with SCCHN, which was an independent factor for prognosis in patients with SCCHN. A series of in vitro and in vivo experiments further identified that miR-30e-5p impeded the invasion and metastasis of SCCHN via the modulation of both EMT occurrence and cancer angiogenesis. Our study provides solid evidence demonstrating that miR-30e-5p is a valuable prognosis biomarker and a critical inhibitor for SCCHN metastasis.

The clinical significance of miR-30e-5p, especially its prognostic value in SCCHN, was a key highlight of our current investigation. As a metastasis suppressor, miR-30e-5p has been reported to be down-regulated in several malignant carcinomas, such as bladder cancer,<sup>28</sup>

colorectal cancer,<sup>29</sup> nasopharyngeal carcinoma<sup>30</sup> and head and neck cancer.<sup>31</sup> In the available clinical studies based on tumor samples, low expression of miR-30e-5p always exists in patients with more aggressive clinical characteristics, including advanced TNM stages and metastasis, which is consistent with our conclusion. However, Saleh et al determined that the miR-30 family, including miR-30a-5p, was an important tumor suppressor; our study mainly sought to elucidate the metastasis regulator of miR-30e-5p.<sup>31</sup> Our survival and Cox regression analyses based on the expression level of miR-30e-5p strengthen the notion that miR-30e-5p is a valuable metastasis biomarker with predictive potential in patients with SCCHN, which also needs to be tested in other solid carcinomas with large patient numbers to broaden its clinical significance.

Metastasis is a critical malignant behavior for SCCHN cells, which tremendously influences the treatment strategy decisions

and final prognosis of patients, including SCCHN.<sup>2</sup> Consistent with the clinical results, loss and gain of functional experiments clearly indicated the critical role of miR-30e-5p in SCCHN metastasis. Several studies have confirmed that miR-30e-5p is a microRNA that is closely associated with metastasis *in vitro*<sup>28-30</sup>; however, how miR-30e-5p blocks cancer metastasis and its exact molecular mechanisms remain largely unknown. In the process of metastasis, metastatic cancer cells are required to detach the primary lesion and enhance the migratory and invasive abilities, in which EMT is indispensable in the initiation of metastasis.<sup>5</sup> Our data clearly demonstrated that miR-30e-5p, as an endogenous metastasis suppressor, together with its target AEG-1, inhibited EMT and then impeded SCCHN metastasis. Only Ma et al have reported that miR-30e-5p regulates the process of EMT *in vitro*<sup>30</sup>; however, we also provide more pervasive *in vivo* evidence to strengthen the links between miR-30e-5p and EMT. In addition, mounting evidence has indicated that AEG-1, as an oncogene, has an important function in the process of EMT and metastasis in diverse human solid cancers.<sup>32-34</sup> miR-30e-5p and AEG-1 can form an miR-30e-5p/AEG-1 axis pathway, which regulates the metastasis and EMT of SCCHN.

Angiogenesis is an essential step for cancer progression, local invasion and distant dissemination; therefore, it plays a very important role in cancer metastasis.<sup>35</sup> A number of anti-angiogenesis agents have been approved by the FDA and are being used in cancer treatment.<sup>36</sup> Our study, for the first time, confirmed the critical role of miR-30e-5p/AEG-1 in cancer angiogenesis. In our study, data from coculture system initially revealed that miR-30e-5p repressed the migration of blood vessel epithelial cells (HUVEC), indicating the potential role of miR-30e-5p in cancer angiogenesis. Therefore, *in vivo* Matrigel angiogenesis plug and chick chorioallantoic membrane vascular assays were also used to determine its role in angiogenesis. As expected, both experimental models verified that miR-30e-5p overexpression dramatically reduced the microvessel density in cancer angiogenesis, which suggests the pivotal function of miR-30e-5p in the regulation of SCCHN angiogenesis.

To decipher the molecular mechanisms, a panel of cytokines and chemokines associated with cancer angiogenesis were quantified. Our data showed that miR-30e-5p overexpression obviously reduced the expression of multiple proangiogenic factors, including VEGF and HGF, both of which are the main stimulators for tumor blood vessel formation.<sup>9,12,27,36</sup> Apart from VEGF and HGF, IL-8,<sup>37</sup> FGF<sup>12</sup> and CSF/1/2/3<sup>38</sup> are also potent proangiogenic factors, which were correspondingly decreased after miR-30e-5p overexpression. In addition, as a direct target of miR-30e-5p, AEG-1 overexpression restored the level of part of the proangiogenic factors, revealing that AEG-1, indeed, participated in miR-30e-5p-mediated angiogenesis. However, some other proangiogenic factors, including FGF, were not changed following AEG-1 overexpression, which suggests that other potential signaling pathways may be affected by miR-30e-5p.

Micro RNA regulate the malignant behaviors of cancer cells by controlling distinct gene expression, including that of oncogenes

and/or suppressors.<sup>39</sup> Specific miRNA synchronously inhibits multiple target genes by directly binding to the 3'-UTR or 5'-UTR region of mRNA.<sup>40</sup> Based on review of the literature (present study), miR-30e-5p modulates diverse mRNA targets in different disease situations, including cancer. These target genes are listed as follows: *NFAT5*,<sup>41</sup> *TUSC3*,<sup>42</sup> *Bim*,<sup>43</sup> *USP22*,<sup>30</sup> *MYBL2*,<sup>44</sup> *ITGA6*,<sup>29</sup> *ITGB1*,<sup>29</sup> *LRP6*<sup>45</sup> and *YAP1*<sup>45</sup>. In our current study, miR-30e-5p was found to directly link to the 3'-UTR domain of AEG-1 mRNA, which accelerates the degradation of AEG-1 mRNA and eventually reduces the level of AEG-1 protein. In addition, TCGA data analysis revealed that miR-30e-5p and AEG-1 mRNA display an opposite expression status in SCCHN samples. Taken together, these data reveal that AEG-1 is a direct downstream target of miR-30e-5p. AEG-1, as a multifunctional oncogene, have been reported to play critical roles in several cancer biological malignant behaviors, including transformation, metastasis, angiogenesis and therapeutic resistance.<sup>46</sup> More importantly, restoration of AEG-1 level abolished the enhancement of metastasis capability caused by miR-30e-5p downexpression, which suggests that AEG-1 is involved in the effects mediated by miR-30e-5p, although we have to acknowledge that other potential targets of miR-30e-5p may also participate in this process.

In summary, our current data demonstrated that decreased expression of miR-30e-5p was significantly correlated with the malignant traits of SCCHN, particularly metastasis. Low expression of miR-30e-5p suggests a poor prognosis in patients with SCCHN. Most importantly, *in vitro* and *in vivo* evidence revealed that miR-30e-5p directly targeted oncogene AEG-1, and repressed the invasion and metastasis by blocking EMT and angiogenesis. Therefore, miR-30e-5p and AEG-1 represent promising molecular treatment targets to conquer metastatic SCCHN cancer.

## ACKNOWLEDGMENTS

This study was supported by the National Natural Science Foundation of China (Nos. 81874133, 81773243, 81772903, 81602684 and 81974424), the National Key Research and Development Program of China (2016YFC0902003), the Natural Science Foundation of Hunan Province (Nos. 2019JJ40481, 2019JJ50944, 2018JJ2630 and 2017JJ3488), the Huxiang Young Talent Project (No. 2018RS3024), the Xiangya Hospital-Sinobiway Clinic and Rehabilitation Research Foundation (No. XYWM2015123) and the Fundamental Research Funds for the Central South University (No. 1053320182447).

## DISCLOSURE

This study has no potential conflict of interest to declare.

## ORCID

Yong Liu  <https://orcid.org/0000-0001-5102-0309>

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#### SUPPORTING INFORMATION

Additional supporting information may be found online in the Supporting Information section.

**How to cite this article:** Zhang S, Li G, Liu C, et al. miR-30e-5p represses angiogenesis and metastasis by directly targeting AEG-1 in squamous cell carcinoma of the head and neck. *Cancer Sci.* 2020;111:356–368. <https://doi.org/10.1111/cas.14259>