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Case illustrated

Disseminated Mycobacterium chelonae infection in a heart transplant recipient



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A 66 year-old male heart transplant recipient was hospitalized with heart failure. He incidentally reported multiple nodular, painless skin lesions on his right thigh (Fig. 1). He denied fever, chills, cough, shortness of breath, or recent trauma. He had undergone heart transplantation four months prior and home medications included mycophenolate mofetil, sirolimus, prednisone, and prophylactic trimethoprim-sulfamethoxazole. Skin biopsy was performed and histopathology revealed suppurative dermatitis and slightly beaded, filamentous bacilli which were positive on Gram and Fite stains. Ziehl-Neelsen stain was positive for acid fast bacilli (Fig. 2; arrow). No fungal organisms on Periodic-acid Schiff or Grocott's methamine silver stains were identified. Blood cultures were negative. Computed Tomography (CT) of chest revealed interlobular septal thickening and scattered tree-in-bud opacities. CT abdomen and pelvis did not reveal any acute process. MRI brain was negative for mass-effect, midline shift, or space-occupying lesion. A broad differential diagnosis was considered, including nocardiosis, nontuberculous mycobacteria infection, and invasive fungal infection). After six days of incubation, right thigh tissue culture grew grampositive beaded bacilli which was identified as Mycobacterium chelonae by MALDI-TOF mass spectrometry. The patient was treated with imipenem, azithromycin and moxifloxacin and the skin lesions improved after several weeks of treatment.

Mycobacterium chelonae is an environmental, rapidly growing non-tuberculous mycobacteria (NTM) that may cause infection in



Fig. 1. Erythematous, nodular skin lesions on the right thigh of the patient.

both immunocompetent and immunocompromised hosts [1,2]. *M chelonae* infection in immunocompetent patients commonly manifests as a localized, cutaneous disease as a result of direct trauma such as contact with contaminated water or material after cosmetic procedures. Patients with immunosuppressive conditions such as chronic steroid use, transplantation, hematologic malignancy and biologic therapy are particularly susceptible to NTM infections including *M. chelonae* [3]. In immunosuppressed patients, cutaneous lesions are often associated with disseminated disease and a history

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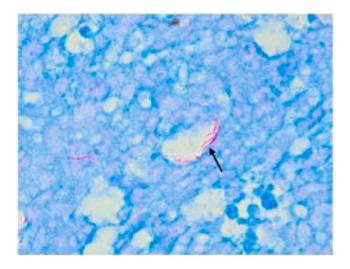


Fig. 2. Ziehl-Nelson staining of the skin biopsy specimen (arrow showing acid-fast bacilli).

of direct skin trauma is commonly absent. Biochemical tests may be inadequate to identify NTM to the species level. Molecular techniques such as polymerase chain reaction (PCR) and restriction fragment length polymorphism (RFLP) are often utilized [4]. Culture and susceptibility testing is recommended for all isolates. Treatment of *Mycobacterium chelonae* infection in solid organ transplant recipients can be challenging due to variation in susceptibility pattern and drug-drug interactions. The treatment regimen should be based on in vitro susceptibilities. *M. chelonae* is generally susceptible to tobramycin (100%), clarithromycin (100%), linezolid (90%), imipenem (60%), amikacin (50%), clofazimine, doxycycline (25%), and ciprofloxacin (20%) [5]. Imipenem is preferred over cefoxitin because *M. chelonae* isolates are uniformly resistant to cefoxitin [5]. A combination therapy with 2 or 3 antimicrobials is recommended as failure with clarithromycin monotherapy due to the development of drug

resistance has been reported [6]. In addition to antimicrobials, reduction of immunosuppression may be warranted.

Author contribution

Both authors contributed equally.

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Consent

A written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of written consent is available for review by the Editor.

Conflicts of interest

None.

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