



OPEN Non-invasive SARS-CoV-2 RNA detection and human transcriptome analysis using skin surface lipids

Tetsuya Kuwano¹✉, Takayuki Kanno², Minoru Tobiume², Yuichiro Hirata², Harutaka Katano², Michiko Koga^{3,4}, Hiroyuki Nagai⁴, Takeya Tsutsumi^{3,4}, Noritada Yoshikawa⁵, Hiroshi Yotsuyanagi^{3,4}, Satoshi Kutsuna^{6,10}, Yusuke Miyazato^{6,11}, Noriko Kinoshita-Iwamoto⁶, Norio Ohmagari⁶, Taiichiro Kobayashi⁷, Kazuaki Fukushima⁷, Masaru Tanaka⁷, Akifumi Imamura⁷, Yui Ueda¹, Maeko Iwamura¹, Naoto Takada¹, Takayoshi Inoue¹, Tetsuro Matano^{8,9}, Ai Kawana-Tachikawa^{8,9} & Tadaki Suzuki²✉

There have been several reports of skin manifestations in patients with coronavirus disease 2019 (COVID-19). However, it is unclear whether severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) RNA can be detected on the skin surface, including the sebum, of these patients. In this study, SARS-CoV-2 RNA was detected using real-time reverse-transcription polymerase chain reaction (RT-PCR) assay of skin surface lipids (SSLs) collected using an oil-blotting film from the faces of hospitalized patients with COVID-19. Human transcriptome analysis was also performed using the same samples. In facial SSLs of patients with COVID-19, the RT-PCR positivity rate was 84.6% (11/13 samples) within 5 days and 30.4% (7/23 samples) by 6–10 days of symptom onset. In the transcriptome analysis, the most characteristic SSL-RNA profile was the upregulation of interferon-stimulated gene (ISG)-related genes, such as *ISG15*, *IFITM1*, and *MX1*. This study presents an alternative technique using SSLs for non-invasive SARS-CoV-2 RNA detection and simultaneous analysis of human molecular pathogenesis in patients with COVID-19.

Keywords SARS-CoV-2, COVID-19, Skin, Sebum, Transcriptome, Skin surface lipid

Since the beginning of the coronavirus disease 2019 (COVID-19) pandemic, real-time reverse-transcription polymerase chain reaction (RT-PCR) of viral RNA isolated from nasopharyngeal swabs has been used for its clinical diagnosis. However, identification of the specimens carrying severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2) at detectable levels is still underway, and this can be critical in devising strategies to prevent SARS-CoV-2 transmission. It has been reported that SARS-CoV-2 can be detected in upper respiratory tract specimens, such as nasopharyngeal and oropharyngeal swabs, and in other specimens, such as saliva, sputum, bronchoalveolar fluid, feces, blood, and urine^{1,2}. The collection of nasopharyngeal swab fluid is invasive, uncomfortable for patients, and poses a risk of infection to healthcare workers; therefore, SARS-CoV-2 nucleic acid detection using saliva specimens—which are as sensitive as nasopharyngeal swab fluid—is now widely used for diagnosis³. However, there are several limitations, such as collection of an insufficient amount of saliva

¹Biological Science Research, Kao Corporation, 2606 Akabane, Ichikai-machi, Haga-gun 321-3497, Tochigi, Japan. ²Department of Pathology, National Institute of Infectious Diseases, 1-23-1 Toyama, Shinjuku 162-8640, Tokyo, Japan. ³Division of Infectious Diseases, Advanced Clinical Research Center, University of Tokyo, Tokyo, Japan. ⁴Department of Infectious Diseases and Applied Immunology, Hospital of Institute of Medical Science, University of Tokyo, Tokyo, Japan. ⁵Department of Allergy and Rheumatology, Institute of Medical Science, University of Tokyo, Tokyo, Japan. ⁶Disease Control and Prevention Center, National Center for Global Health and Medicine, Tokyo, Japan. ⁷Department of Infectious Diseases, Tokyo Metropolitan Cancer and Infectious Diseases Center Komagome Hospital, Tokyo, Japan. ⁸AIDS Research Center, National Institute of Infectious Diseases, Tokyo, Japan. ⁹Department of AIDS Vaccine Development, Institute of Medical Science, University of Tokyo, Tokyo, Japan. ¹⁰Present address: Department of Infection Control and Prevention, Graduate School of Medicine, Faculty of Medicine, Osaka University, Osaka, Japan. ¹¹Present address: Department of Internal Medicine, Hashimoto Municipal Hospital, Wakayama, Japan. ✉email: kuwano.tetsuya@kao.com; tksuzuki@niid.go.jp

samples from which SARS-CoV-2 nucleic acid cannot be detected⁴ and difficulty in collecting saliva samples from infants and children.

Cutaneous manifestations, such as morbilliform rash, urticaria, vesicles, pseudo-chilblains, and vaso-occlusive lesions, are observed in some patients with COVID-19⁵. Additionally, SARS-CoV-2 RNA has been detected in skin biopsies of patients with COVID-19^{6,7}. Notably, the reports of SARS-CoV-2 RNA detection in sweat samples are controversial^{8–10}. Moreover, it remains unclear whether SARS-CoV-2 can be detected on the skin surface.

We previously established a method using RNA isolated from skin surface lipids (SSLs) for biological analysis¹¹. The method enables transcriptome analysis using RNA extracted from SSLs collected using an oil-blotting film; it can be used to detect pathological molecular changes in patients with atopic dermatitis and Parkinson's disease^{12–14}. It is a simple specimen collection method, and unlike blood or nasopharyngeal swabs, samples can be collected by nonmedical personnel, including the patients themselves.

In this study, we aimed to clarify whether SARS-CoV-2 RNA can be detected on the skin surface of patients with COVID-19. Facial SSLs of patients with COVID-19 were collected using an oil-blotting film, and RT-PCR and patient transcriptome analyses were performed on these samples. Here, we established an alternative, non-invasive method for the detection of SARS-CoV-2 and simultaneous analysis of the molecular pathogenesis of COVID-19 using an oil-blotting film.

Results

Patient demographic and clinical findings

Hospitalized patients with COVID-19 who were enrolled between April 2020 and April 2021 ($n = 29$) and healthy participants who underwent SSL sampling in 2019 ($n = 18$) were included in this study (Supplementary Table 1). COVID-19 occurrence in patients was confirmed by RT-PCR assay for detection of SARS-CoV-2 RNA from nasopharyngeal swabs at hospitals. The median age of patients with COVID-19 was 38 years (interquartile range: 28–53 years; range: 18–72 years), and 79.3% of the participants were male individuals. The first SSL sample was collected after a median of 6 days (interquartile range: 2.75–7 years; range: 1–10 days) after symptom onset, followed by a second SSL sample collection in some cases. Upon hospital admission, the severity of COVID-19 was classified as mild in 15 patients and moderate in 14 patients.

SARS-CoV-2 detection in SSLs obtained from patients with COVID-19

SSLs were collected from the entire face using an oil-blotting film before washing the face in the morning. SARS-CoV-2 was detected in 51.4% (19/37) SSL samples collected from the patients' face within 10 days of symptom onset (one patient was asymptomatic) (Fig. 1a). The RT-PCR positivity rates of SSL samples within 5 and 6–10 days of onset were 84.6% (11/13) and 30.4% (7/23), respectively (Fig. 1b). Saliva contamination of the SSL samples was expected as they were obtained from the face; therefore, the results were compared with the RT-PCR results of saliva samples collected at the closest time point to the SSL samples. In 50% (7/14) of the samples, the results of both tests matched (five positive and three negative), whereas they did not in the remaining 50% of the samples (Fig. 1c, Supplementary Fig. 1, Supplementary Table 2). Interestingly, in a few patients, the saliva samples showed negative results but the SSL samples showed positive results (3/14). The expression of the salivary marker histatin 3 (HTN3)¹⁵ was not observed in five SSL samples that were positive for SARS-CoV-2 RNA and had transcriptome data. Furthermore, we tested SSL samples collected from the body (armpits, chest, and abdomen), where SARS-CoV-2 contamination from saliva via droplets was considered insignificant, and found that 3 out of 14 samples were positive. In particular, on the day after symptom onset, two of three samples were positive, and on the second day after symptom onset, one of three samples of SSLs on the body was positive (Fig. 1d). Differences in the amount of SSLs collected in each sample could affect the SARS-CoV-2-positivity rate; however, it was difficult to estimate the amount of SSLs in each sample because the quantity was low. Therefore, we compared human internal standard gene expression levels between SARS-CoV-2-positive and -negative samples using RT-PCR and found no significant differences in *ACTB* and *GAPDH* levels in the face and body (Fig. 2a, b, Supplementary Fig. 2a, b). The mean Ct value of human *ACTB* in samples obtained from the face and body was 13.9 and 17.7, respectively, suggesting that the amount of RNA collected was approximately 10 times lower in samples obtained from the body, which had fewer SSLs (Fig. 2c, Supplementary Fig. 2c). Finally, whole-genome sequencing of the SARS-CoV-2-positive SSL samples resulted in strain identification in 12 of the 17 samples (Table 1): 2 samples with B.1.1 and 4 samples with B.1.1.284 among the samples collected between April and July 2020; 3 samples with R.1 (EPI_ISL_12941049, EPI_ISL_12941050, EPI_ISL_18884079) and 3 samples with B.1.1.7 (EPI_ISL_12941051, EPI_ISL_12941052, EPI_ISL_18884080) among the samples collected between March and April 2021.

Transcriptome analysis of SSL samples from patients with COVID-19

Previous studies have shown that it is possible to analyze the human transcriptome from SSL samples collected from the face using an oil-blotting film¹¹. After preprocessing the sequence data, 45 samples (18 healthy participants and 27 patients with COVID-19) and 3,835 genes were analyzed (Fig. 3a). The false discovery rate (FDR) was set to 0.05, and a comparison of the two groups, healthy participants and patients with COVID-19, resulted in the identification of 302 differentially expressed genes (DEGs) (Fig. 3b, Supplementary Tables 3, 4). Analysis of 235 upregulated and 67 downregulated genes among the DEGs showed significant results in Gene Ontology (GO) for biological process categories and Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways. The top three terms for the upregulated genes were defense response to the virus (GO:0051607), negative regulation of viral genome replication (GO:0045071), and response to the virus (GO:0009615) (Fig. 3c). These terms included a group of type I IFN-related genes that are essential for antiviral immunity, and the expression of genes such as *ISG15*, *IRF7*, *IFITM1*, *IFITM3*, *IFI6*, and *MX1* was significantly upregulated in

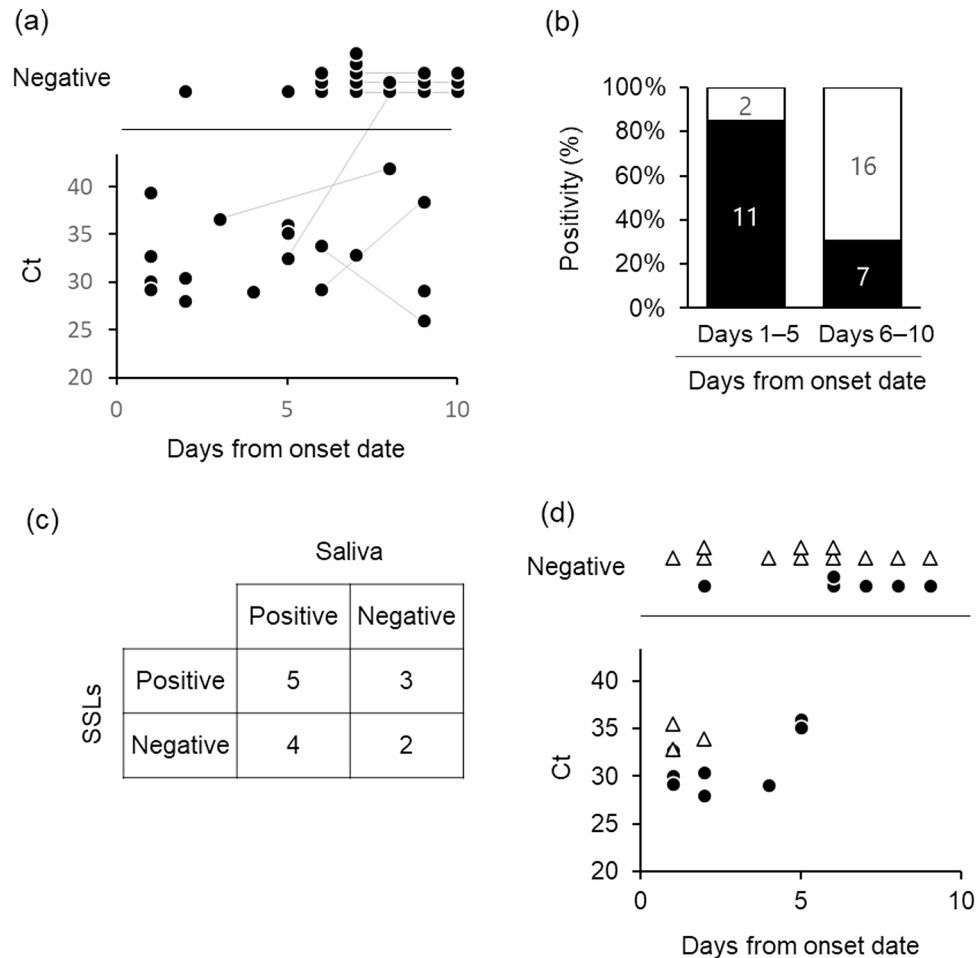


Fig. 1. SARS-CoV-2 detection in SSLs from patients with COVID-19. (a) Scatter plots of Ct values obtained using the N2 primer set from facial SSL samples versus days from symptom onset. A total of 33 specimens from 24 patients were used in the analysis. Plots connected by lines indicate the same patient. (b) Positivity rates for SARS-CoV-2 in SSL samples collected on days 1–5 and 6–10 from symptom onset. The numbers in the bars indicate the number of individuals. (c) Comparison of SARS-CoV-2 detection results of RT-PCR in paired saliva and SSL samples ($n = 14$). (d) Scatterplot of Ct values obtained with the N2 primer set from the SSL samples versus days from symptom onset ($n = 14$) of face (●) and body (△).

patients with COVID-19 (Fig. 3d). The expression of TNF pathway-related genes (*TNFSF10*, *TNFAIP6*, and *TNFSF13*) was significantly upregulated in patients with COVID-19 compared with that in healthy controls (Fig. 3e). No significant differences were observed for the expression of the inflammation-related genes *IL1B* and *NF-kB* (Supplementary Fig. 3). The expression of IL-6-induced genes, such as *IL6R*, *SOCS3*, and *STAT3*, was not included in the analysis because of their low expression levels. By contrast, analysis of downregulated genes revealed terms related to cytoplasmic translation (GO:0002181), translation (GO:0006412), and ribosomes (hsa03010), suggesting that potential alterations in protein synthesis occurred in response to this disease.

Discussion

In this study, we attempted to detect SARS-CoV-2 and simultaneously analyze the human transcriptome using specimens obtained from a single oil-blotting film. To our knowledge, this is the first report of detection of SARS-CoV-2 RNA from the skin surface. The patient or nurse followed the instructions in the manual to collect SSLs from the patient's face, and human mRNA—used as an indicator of proper sample collection—was detected in all 37 samples, suggesting that this oil-blotting film method is an easy and effective way for any individual to collect specimens. A key advantage of this technique is its simplicity and non-invasive nature, making it especially useful for patients for whom conventional sampling methods pose challenges, such as infants.

A positive rate of 84.6% was obtained with facial SSLs isolated within 5 days of symptom onset, indicating that the sensitivity of this technique for detecting SARS-CoV-2 RNA is relatively high in the early stages of symptom onset. Analysis of nasal swabs revealed that the SARS-CoV-2 RNA level peaked on day 4 of symptom onset¹⁶ and that the viral load decreased as time progressed¹⁷. Although the date of peak viral loads was not clear in this study because of the small sample size, the overall trend in SSL samples of a high positivity rate up to day

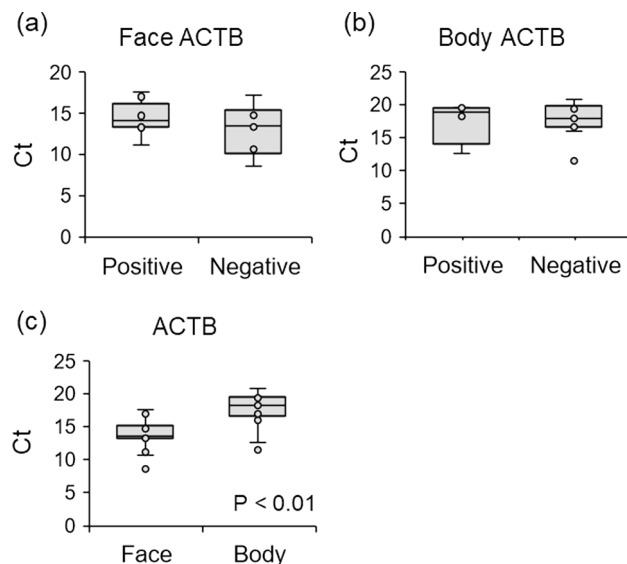


Fig. 2. Influence of SSL-RNA content on SARS-CoV-2 detection. **(a)** Ct values of human *ACTB* for SARS-CoV-2-positive ($n=9$) and -negative ($n=6$) samples in facial SSLs. **(b)** Ct values of human *ACTB* for SARS-CoV-2-positive ($n=4$) and -negative ($n=11$) samples in SSLs of the body. **(c)** Ct values of human *ACTB* in SSL samples ($n=15$) from the face and body of the same individual.

PANGO Lineage	2020/Apr–Jul	2021/Mar–Apr
B.1.1	2	0
B.1.1.284	4	0
R.1	0	3
B.1.1.7	0	3
Failed	2	3

Table 1. Determination of the lineage of SARS-CoV-2.

5 after symptom onset, followed by a decrease in the detection rate over time, was consistent with the results reported for nasal swabs.

There are two possibilities for the origin of SARS-CoV-2 nucleic acids detected in oil-blotting film samples: (i) persistence of droplets on the face and body and (ii) release of SARS-CoV-2 RNA on the skin via sebum or sweat. SSL collection was performed with new nitrile gloves; therefore, contamination from the hands was eliminated as much as possible; however, the possibility of contamination from the patient's salivary droplets and nasal secretion on the face was not eliminated. Owing to the presence of RNase on the skin, it is unlikely that SARS-CoV-2 RNA in the droplets would remain undegraded. It has been found that fatty acids in sebum inhibit RNase activity¹¹, and it is possible that SARS-CoV-2 RNA remains undegraded in environments where droplets evaporate quickly and sebum is abundant. Interestingly, in this study, there were some cases where SARS-CoV2 RNA was detected in SSL samples but not in saliva samples, and there were some cases where SARS-CoV2 RNA was detected even on bodies where droplet contamination was considered low. To our knowledge, there are no reports of SARS-CoV-2 detection in sebum. On the contrary, there is a report of SARS-CoV-2 RNA being detected in sweat¹⁰, as well as reports that SARS-CoV-2 RNA was not detected in sweat^{8,9}. Considering the findings mentioned above, the possibility that SARS-CoV-2 RNA was released on the skin via sebum or sweat cannot be denied. The origin of SARS-CoV-2 RNA in the specimens collected by oil-blotting film in this study was difficult to determine, as there was insufficient evidence to reject the possibility of contamination from the patient's salivary droplets and nasal secretion. However, this study provides the first knowledge of SARS-CoV-2 detection on the skin surface, and we propose this as a novel methodology for non-invasive SARS-CoV-2 RNA detection in patients with COVID-19.

In this study, human transcriptome analysis was performed using RNA obtained from the same oil-blotting film used for SARS-CoV-2 detection. The most characteristic SSL-RNA profile of patients with COVID-19 was the upregulation of interferon-stimulated (ISG)-related genes, such as *ISG15*, *IFITM1*, and *MX1*, which are typical genes involved in host immune response during SARS-CoV-2 infection¹⁸. This gene expression profile is similar to that of the blood transcriptome of patients with COVID-19¹⁹. Regarding the skin, the levels of IFN-related genes and inflammation-related molecules have been reported to be elevated in the biopsy gene expression profiles of skin lesions in patients with moderate-to-severe COVID-19²⁰. In addition, the expression of BAFF (TNFSF13B) and TRAIL (TNFSF10), members of the TNF superfamily, was upregulated in areas with

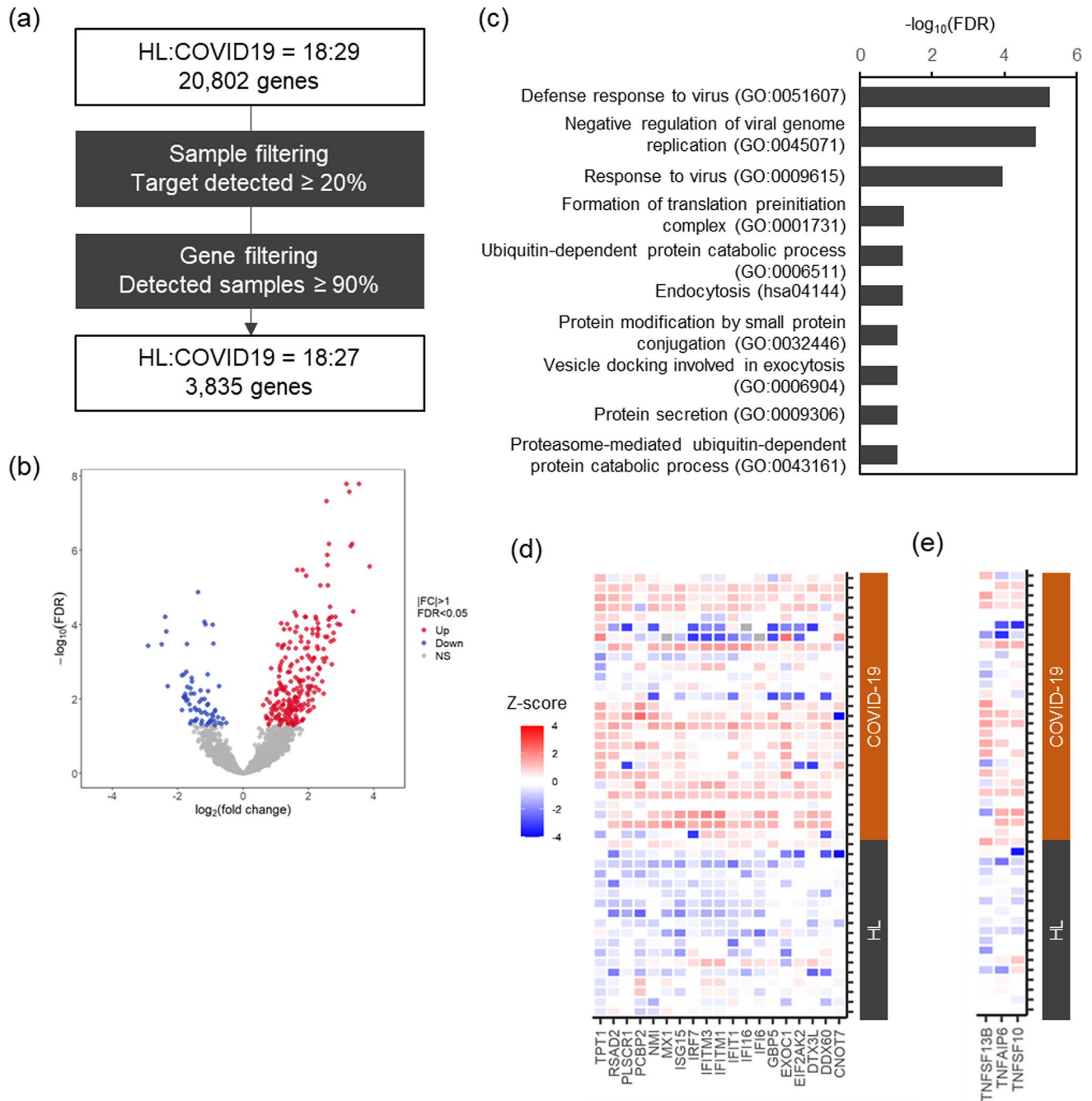


Fig. 3. Transcriptome analysis of SSL samples from patients with COVID-19. **(a)** Data preprocessing. We selected 45 samples with a detected gene percentage greater than 20%. Normalization factors were calculated using DESeq2, and genes with non-zero read counts in more than 90% of samples (3,835 genes) were selected. **(b)** Volcano plot of gene expression changes in COVID-19. **(c)** Significant GO terms in biological processes and KEGG pathways for 235 genes upregulated in patients with COVID-19. **(d)** Heatmap of viral response-associated genes in the top three GO terms (GO:0051607, GO:0045071, and GO:0009615) extracted from the genes upregulated in patients with COVID-19. **(e)** Heatmap of TNF pathway-related genes upregulated in patients with COVID-19. Expression levels were converted to z-scores by genes. HL, healthy control.

severe lung tissue damage²¹. It is difficult to discuss the association between the SSL-RNA gene profile and skin manifestations because the skin manifestations of patients with COVID-19 were not recorded in this study. The fact that the host response during acute respiratory infection was detectable in SSL-RNA, as well as in the skin and lung tissues, is interesting. The expression profile of SSL-RNA is presumed to reflect its expression primarily in the epidermis, hair follicles, and sebaceous glands¹¹. ISG are also expressed in keratinocytes and cutaneous leukocytes, which are involved in immune responses in the skin²². It is important to note that it is unclear whether changes in the SSL-RNA gene profile are a reflection of changes in keratinocytes, the main cells of the

skin, or whether they also reflect the changes in immune cells. Indeed, genes encoding macrophage receptor molecules (CD209 and CD163) and chemokines (CXCL2 and CCL2), which have been detected in skin punch biopsy²⁰, were not detected in SSL-RNA profile owing to low expression levels. However, this methodology, which can noninvasively detect the biological response to acute infection without biopsy, will help us understand the pathogenesis of the disease.

A limitation of the present study is the small number of patients tested. For the comparative study of the positivity rates of saliva and SSLs, sampling was not conducted on the same day; therefore, sampling at the same time is necessary for a comprehensive discussion. It was not possible to determine the source of the SARS-CoV-2 RNA detected in SSLs. Additionally, the detection of SARS-CoV-2 nucleic acids using RT-PCR alone does not indicate that the presence of infectious virus on the skin and, therefore, this should be discussed with caution as a possible route of transmission. Finally, accurate negative controls need to be prepared and examined for possible future real-world diagnostic use of this method. If false-negative results are caused by cross-contamination between infected and healthy individuals (for example, patients with COVID-19 sneezing on healthy individuals), it may be necessary to reduce the false-negative rate, perhaps by waiting for a certain time after COVID-19 exposure before collecting sebum.

In conclusion, this study presents a method for the simultaneous detection of SARS-CoV-2 nucleic acids and host transcriptome analysis from SSLs collected using a single oil-blotting film. This method can be used as an alternative technique for convenient pathogen detection and understanding the molecular pathogenesis of acute respiratory infections.

Methods

Study design

This study was approved by the Medical Research Ethics Committee of the National Institute of Infectious Diseases (NIID; approval number: 1111) and the Ethical Committee of Kao Corporation (approval numbers: T293-200331 and T229-190615). This study was conducted in accordance with the Declaration of Helsinki. Written informed consent was obtained from all the participants or their legal representatives. The selection criteria were as follows: (i) patients aged 20 years or older, (ii) patients with confirmed SARS-CoV-2 infection who visited a collaborating medical institution (patients with COVID-19) or hospitalized patients with clinically suspected SARS-CoV-2 infection to be tested for infection, and (iii) patients who provided written informed consent themselves or through a legal representative. The exclusion criteria were as follows: (i) patients who were judged by their physicians to be inappropriate for inclusion and (ii) patients whose health condition would worsen by having their blood collected due to anemia or other reasons.

Patients from whom consent was obtained were enrolled as study participants, and information on age, sex, date of symptom onset, clinical symptoms related to COVID-19, and clinical examinations was obtained from their medical records. Severity was based on World Health Organization (WHO) categories. Specimens collected from hospitalized patients in Japan between April 2020 and April 2021 were used for analysis. In the case of healthy controls, data from a study conducted in 2019, in which SSLs were collected from healthy participants, were used. Our study examined both male and female participants, and similar findings have been reported for individuals of both sexes.

SSL collection and RNA preparation

SSLs were collected from the entire face (forehead, temples, cheeks, nose, and chin) or body (armpits, chest, and abdomen) of the participants before washing the face in the morning using an oil-blotting film (5.0 cm × 8.0 cm; 3 M Japan, Tokyo, Japan) by the patients or a nurse wearing a nitrile glove. The oil-blotting films with the SSLs were placed in RNase-free 25-mL tubes containing molecular sieves 13 × 1/8 (FUJIFILM Wako Pure Chemical Corporation, Tokyo, Japan) and stored at −80 °C. After cutting the oil-blotting film into small pieces, QIAzol (1,425 µL; QIAGEN, Hilden, Germany) was added, and the samples were vortexed for 3 min; then, 1,300 µL of solution was collected in a tube. After adding 260 µL of chloroform, the tube was vortexed for 10 s and centrifuged at 12,000 × *g* for 15 min at 4 °C. The supernatant (aqueous layer; 750 µL) was collected and RNA was purified using the RNeasy Mini QIAcube Kit (QIAGEN) with DNase treatment, according to custom protocol. Briefly, 85% ethanol (750 µL) was added to samples (upper aqueous phase; 750 µL), which were then mixed well and transferred to a RNeasy mini column. After washing with RW1 buffer, DNase I treatment, re-washing with RW1 buffer, and washing with RPE buffer, the RNA was finally eluted by passing RNase-free water (50 µL) through the column twice to obtain RNA solution (100 µL). Subsequently, the purified RNA solution (100 µL) was ethanol precipitated with Ethachinmate (Nippon Gene, Tokyo, Japan) and redissolved in RNase-free water (10 µL).

SARS-CoV-2 detection

Of the 10 µL RNA obtained from the oil-blotting film, 1 µL was diluted five-fold with water and used for virus detection. Cycle threshold (Ct) values were measured using RT-PCR with the QuantiTect Probe RT-PCR kit (QIAGEN) and the NIID-N2 primer/probe set²³ (Supplementary Table 5) targeting the SARS-CoV-2 nuclear protein (N) region on an Applied Biosystems 7500 Fast Real-Time PCR System (Thermo Fisher Scientific, Waltham, MA, USA). The thermal cycling conditions were as follows: 50 °C for 30 min, 95 °C for 15 min, 45 cycles at 95 °C for 15 s, and 60 °C for 1 min.

Whole-genome sequencing

The sample RNA was reverse transcribed using the SuperScript IV First-Strand Synthesis System (Thermo Fisher Scientific) or LunaScript RT SuperMix Kit (New England BioLabs, Ipswich, MA, USA), and DNA amplicons for amplifying the SARS-CoV-2 genomic region were obtained using multiplex PCR with ARTIC-N4 or N5

primers and Q5 Hot Start DNA polymerase (New England BioLabs)²⁴. A library was prepared using the QIAseq FX DNA Library Kit (QIAGEN) and sequenced using the MiSeq System (Illumina, San Diego, CA, USA). The obtained reads were mapped to the SARS-CoV-2 reference genome MN908947.3. Whole-genome sequencing was performed by Takara Bio, Inc. or the National Institute of Infectious Diseases.

AmpliSeq transcriptome analysis

Transcriptome analysis was performed as previously described, with a few modifications¹¹. Briefly, RNA solution (1.5 µL) was used for reverse transcription and sequencing library preparation using the Ion AmpliSeq Transcriptome Human Gene Expression Kit (Thermo Fisher Scientific, Waltham, MA, USA). In addition to the previously described methods, 250 and 100 ng of T4 Gene 32 Protein (New England Biolabs) were added to the reverse transcription reaction mix and first-round PCR mix, respectively. The library was then used for template preparation using the Ion 540 Chip Kit on an Ion Chef instrument (Thermo Fisher Scientific), and sequencing was performed on an Ion S5 XL System (Thermo Fisher Scientific). The read count data were analyzed using the R software. Samples in which the percentage of detected genes was less than 20% of the target 20,802 genes were excluded from the analysis as low-quality samples. Genes detected in more than 90% of the samples that met the criteria were normalized using the size factor in DESeq2²⁵ to extract genes with differential expression (FDR < 0.05, |Log2FC| > 1). Biological process and KEGG pathway analyses were performed using the Database for Annotation, Visualization, and Integrated Discovery (DAVID)^{26–28}.

Internal standard gene expression analysis

Owing to the limited amount of SSL-RNA, the remaining samples from the AmpliSeq analysis were used for the evaluation of human internal standard genes using RT-PCR. In other words, pre-amplified amplicons were used as cDNA templates using an Ion AmpliSeq™ Transcriptome Human Gene Expression kit (Thermo Fisher Scientific). In accordance with the sequences included in the Ion AmpliSeq™ Transcriptome Human Gene Expression Core Panel provided by Thermo Fischer Scientific, the primers for RT-PCR were designed using Primer-BLAST (NCBI) and are shown in Supplementary Table 6. They were designed as nested primers, which were specified to amplify the region in the first PCR using the Ion AmpliSeq™ Transcriptome Human Gene Expression kit. Human *ACTB* and *GAPDH* were quantified as stably expressed genes in the SSL-RNA.

RT-PCR was performed with reaction mixtures comprising 0.75 µL of each forward and reverse primers of each gene (250 nM), 1.0 µL of template (1:10 dilution), and 2.5 µL of THUNDERBIRD Next SYBR qPCR Mix (TOYOBO, Osaka, Japan) using the QuantStudio™ 12 K Flex Real-time PCR System (Thermo Fisher Scientific). The thermal cycling conditions were as follows: 50°C for 2 min, 95°C for 10 min, 40 cycles at 95°C for 15 s and at 60°C for 1 min; specificity of the PCR products was evaluated using melting curve analysis.

Statistics

To assess the significance of the differences between the two groups, Welch's *t*-test was used. We extracted DEGs between healthy controls and patients with COVID-19 using the likelihood ratio test with Benjamini-Hochberg's FDR < 0.05 and |Log2FC| > 1 as threshold values.

Data availability

Source data are available as Supplementary Data Values file.

Received: 14 June 2024; Accepted: 25 October 2024

Published online: 30 October 2024

References

1. Wang, W. et al. Detection of SARS-CoV-2 in different types of clinical specimens. *JAMA*. **323**, 1843–1844 (2020).
2. Peng, L. et al. SARS-CoV-2 can be detected in urine, blood, anal swabs, and oropharyngeal swabs specimens. *J. Med. Virol.* **92**, 1676–1680 (2020).
3. Wyllie, A. L. et al. Saliva or nasopharyngeal swab specimens for detection of SARS-CoV-2. *N Engl. J. Med.* **383**, 1283–1286 (2020).
4. Matic, N. et al. Practical challenges to the clinical implementation of saliva for SARS-CoV-2 detection. *Eur. J. Clin. Microbiol. Infect. Dis.* **40**, 447–450 (2021).
5. Polly, S. & Fernandez, A. P. Common skin signs of COVID-19 in adults: An update. *Cleve Clin. J. Med.* **89**, 161–167 (2022).
6. Majumdar, R. et al. SARS-CoV-2 RNA detection in formalin-fixed paraffin-embedded (FFPE) tissue by droplet digital PCR (ddPCR). *Clin. Chim. Acta* **532**, 181–187 (2022).
7. Marzano, A. V. et al. SARS-CoV-2 detection by digital polymerase chain reaction and immunohistochemistry in skin biopsies from 52 patients with different COVID-19-associated cutaneous phenotypes. *Dermatology*. **239**, 584–591 (2023).
8. Fathizadeh, H. et al. Study presence of COVID-19 (SARS-CoV-2) in the sweat of patients infected with COVID-19. *Microb. Pathog* **149**, 104556 (2020).
9. Arslan, B., Bercin, S., Aydogan, S., Islamoglu, Y. & Dinc, B. SARS-CoV-2 is not found in the sweat of COVID-19 positive patients. *Ir. J. Med. Sci.* **191**, 27–29 (2022).
10. Recalcati, S., Tonolo, S., Meroni, E. & Fantini, F. SARS-CoV-2 in the sweat of COVID-19-positive patients: A possible route of transmission? *J. Eur. Acad. Dermatol. Venereol.* **35**, e865–e866 (2021).
11. Inoue, T. et al. Non-invasive human skin transcriptome analysis using mRNA in skin surface lipids. *Commun. Biol.* **5**, 215 (2022).
12. Shima, K. et al. Non-invasive transcriptomic analysis using mRNAs in skin surface lipids obtained from children with mild-to-moderate atopic dermatitis. *J. Eur. Acad. Dermatol. Venereol.* **36**, 1477–1485 (2022).
13. Yamamoto-Hanada, K. et al. mRNAs in skin surface lipids unveiled atopic dermatitis at 1 month. *J. Eur. Acad. Dermatol. Venereol.* **37**, 1385–1395 (2023).
14. Uehara, Y. et al. Non-invasive diagnostic tool for Parkinson's disease by sebum RNA profile with machine learning. *Sci. Rep.* **11**, 18550 (2021).
15. Song, M., Bai, H., Zhang, P., Zhou, X. & Ying, B. Promising applications of human-derived saliva biomarker testing in clinical diagnostics. *Int. J. Oral Sci.* **15**, 2 (2023).

16. Frediani, J. K. et al. The new normal: Delayed peak SARS-CoV-2 viral loads relative to symptom onset and implications for COVID-19 testing programs. *Clin. Infect. Dis.* **78**, 301–307 (2024).
17. Puhach, O., Meyer, B. & Eckerle, I. SARS-CoV-2 viral load and shedding kinetics. *Nat. Rev. Microbiol.* **21**, 147–161 (2023).
18. Sarkar, L., Liu, G. & Gack, M. U. ISG15: Its roles in SARS-CoV-2 and other viral infections. *Trends Microbiol.* **31**, 1262–1275 (2023).
19. Hadjadj, J. et al. Impaired type I interferon activity and inflammatory responses in severe COVID-19 patients. *Science* **369**, 718–724 (2020).
20. Domizio, J. D. et al. The cGAS-STING pathway drives type I IFN immunopathology in COVID-19. *Nature* **603**, 145–151 (2022).
21. Ohue-Kitano, R. et al. Medium-chain fatty acids suppress lipotoxicity-induced hepatic fibrosis via the immunomodulating receptor GPR84. *JCI Insight.* **8**, e165469 (2023).
22. Greenberg, E. et al. (ed, N.) Circadian control of interferon-sensitive gene expression in murine skin. *Proc. Natl. Acad. Sci. U S A* **117** 5761–5771 (2020).
23. Shirato, K. et al. Development of genetic diagnostic methods for detection for novel coronavirus 2019(nCoV-2019) in Japan. *Jpn J. Infect. Dis.* **73**, 304–307 (2020).
24. Itokawa, K., Sekizuka, T., Hashino, M., Tanaka, R. & Kuroda, M. Disentangling primer interactions improves SARS-CoV-2 genome sequencing by multiplex tiling PCR. *PLoS One* **15**, e0239403 (2020).
25. Love, M. I., Huber, W. & Anders, S. Moderated estimation of fold change and dispersion for RNA-seq data with DESeq2. *Genome Biol.* **15**, 550 (2014).
26. Kanehisa, M. & Goto, S. KEGG: Kyoto encyclopedia of genes and genomes. *Nucleic Acids Res.* **28**, 27–30 (2000).
27. Huang da, W., Sherman, B. T. & Lempicki, R. A. Systematic and integrative analysis of large gene lists using DAVID bioinformatics resources. *Nat. Protoc.* **4**, 44–57 (2009).
28. Sherman, B. T. et al. A web server for functional enrichment analysis and functional annotation of gene lists (2021 update). *Nucleic Acids Res.* **50**, W216–W221 (2022).

Acknowledgements

We thank the clinical staff at the Hospital of the Institute of Medical Science, University of Tokyo, National Center for Global Health and Medicine, and Tokyo Metropolitan Cancer and Infectious Diseases Center, Komagome Hospital. We also thank GISAID for sharing and comparing our data with data submitted globally. This work was supported by the Japan Agency for Medical Research and Development (AMED) [grant numbers: JP21fk0108104 and JP23fk0108637 (to T.S.)].

Author contributions

Conceptualization, T.S.; Methodology, T. Kuwano (T.K.1) and T.I.; Investigation, T.K.1, T. Kanno (T.K.2), M.T., Y.H., H.K., Y.U., M.I., and N.T.; Resources, M.K., H.N., T.T., N.Y., H.Y., S.K., Y.M., N.K.I., N.O., T. Kobayashi (T.K.3), K.F., M.T., and A.I.; Project Administration, A.K.T. and T.S.; Funding Acquisition, T.S.; Supervision, T.M., A.K.T., and T.S.; Writing – Original Draft, T.K.1; Writing – Review & Editing, T.K.1, T.I., T.M., A.K.T., and T.S.

Competing interests

T. Kuwano (T.K.1), T. Kanno (T.K.2), M.T., N.T., T.I., T.M., A.K.T., and T.S. are the inventors of the patented method of SARS-CoV-2 detection in SSLs. The authors declare no competing interests.

Additional information

Supplementary Information The online version contains supplementary material available at <https://doi.org/10.1038/s41598-024-77862-0>.

Correspondence and requests for materials should be addressed to T.K. or T.S.

Reprints and permissions information is available at www.nature.com/reprints.

Publisher's note Springer Nature remains neutral with regard to jurisdictional claims in published maps and institutional affiliations.

Open Access This article is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License, which permits any non-commercial use, sharing, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if you modified the licensed material. You do not have permission under this licence to share adapted material derived from this article or parts of it. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by-nc-nd/4.0/>.

© The Author(s) 2024