

Adjuvant Chemotherapy for the Completely Resected Stage IB Nonsmall Cell Lung Cancer

A Systematic Review and Meta-Analysis

Jiayi He, PhD, Jianfei Shen, PhD, Chenglin Yang, PhD, Long Jiang, MPh, Wenhua Liang, PhD, Xiaoshun Shi, MPh, Xin Xu, PhD, and Jianxing He, PhD, MD

Abstract: Adjuvant chemotherapy is recommended for postoperative stage II-IIIb nonsmall cell lung cancer patients. However, its effect remains controversial in stage IB patients. We, therefore, performed a meta-analysis to compare the efficacy of adjuvant chemotherapy versus surgery alone in stage IB patients.

Six electronic databases were searched for relevant articles. The primary and secondary outcomes were overall survival (OS) and disease-free survival (DFS). The time-to-event outcomes were compared by hazard ratio using log-rank test.

Sixteen eligible trials were identified. A total of 4656 patients were included and divided into 2 groups: 2338 in the chemotherapy group and 2318 in the control group (surgery only). Patients received platinum-based therapy, uracil-tegafur, or a combination of them. Our results demonstrated that patients can benefit from the adjuvant chemotherapy in terms of OS (HR 0.74 95% CI 0.63–0.88) and DFS (HR 0.64 95% CI 0.46–0.89). Patients who received 6-cycle platinum-based therapy (HR 0.45 95% CI 0.29–0.69), uracil-tegafur (HR 0.71 95% CI 0.56–0.90), or a combination of them (HR 0.51 95% CI 0.36–0.74) had better OS, but patients who received 4 or fewer cycles platinum-based therapy (HR 0.97 95% CI 0.85–1.11) did not. Moreover, 6-cycle platinum-based therapy (HR 0.29 95% CI 0.13–0.63) alone or in combination with uracil-tegafur (HR 0.44 95% CI 0.30–0.66) had advantages in DFS. However, 4 or fewer cycles of platinum-based therapy (HR 0.89 95% CI 0.76–1.04) or uracil-tegafur alone (HR 1.19 95% CI 0.79–1.80) were not beneficial.

Six-cycle platinum-based chemotherapy can improve OS and DFS in stage IB NSCLC patients. Uracil-tegafur alone or in combination with platinum-based therapy is beneficial to the patients in terms of OS, but uracil-tegafur seems to have no advantage in prolonging DFS, unless it is administered with platinum-based therapy.

(*Medicine* 94(22):e903)

Editor: Perbinder Singh Grewal.

Received: January 22, 2015; revised: March 24, 2015; accepted: April 22, 2015.

From the Department of Cardiothoracic Surgery (JH, JS, CY, LJ, WL, XS, XX, JH), the First Affiliated Hospital of Guangzhou Medical University; and Guangzhou Institute of Respiratory Disease & China State Key Laboratory of Respiratory Disease (JH, JS, CY, LJ, WL, XS, XX, JH), Guangzhou, China.

Correspondence: Xin Xu, Jianxing He, Department of Cardiothoracic Surgery, the First Affiliated Hospital of Guangzhou Medical University; Guangzhou Institute of Respiratory Disease & China State Key Laboratory of Respiratory Disease. No 151, Yanjiang Rd, Guangzhou 510120, Guangdong Province, PR China (e-mail: yichunrenjia@126.com; drjianxing.he@gmail.com/hejianxing@hotmail.com).

JH and JS contributed equally to this work.

The authors have no funding and conflicts of interest to disclose.

Copyright © 2015 Wolters Kluwer Health, Inc. All rights reserved.

This is an open access article distributed under the Creative Commons Attribution License 4.0, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited. ISSN: 0025-7974

DOI: 10.1097/MD.0000000000000903

Abbreviations: 95% CI = 95% confidence interval, DFS = disease-free survival, HR = hazard ratio, NSCLC = nonsmall cell lung cancer, OS = overall survival.

INTRODUCTION

Roughly 1.5 million new cases of lung cancer are diagnosed worldwide each year¹ with nonsmall cell lung cancers (NSCLCs) accounting for about 85% of all reported cases. Though surgery is regarded as the primary treatment modality for early stage NSCLC, only 20% to 25% of the tumors are suitable for potentially curative resection, and a substantial percentage of these patients eventually develop local recurrence or distant metastases. As a result, more effective treatment strategies to reduce lung cancer mortality and recurrence rates are needed.

Five-year survival improvements of 5% to 10% have been reported with cisplatin-based adjuvant chemotherapy from multiple large randomized clinical trials^{2–5} and meta-analyses.^{6,7} Most of the randomized clinical trials reported positive results in patients with completely resected stage IB, II, and IIIA NSCLC.^{2–5} Only 1 large randomized trial CALGB9633⁸ focused on completely resected stage IB (T2N0) patients. However, its final results of overall survival (OS) and disease-free survival (DFS) lacked statistical significance.

Currently, the role of adjuvant cisplatin-based chemotherapy has been established by multiple large randomized phase III trials for resected stage II and IIIA NSCLC, but its role is controversial in stage IB patients. We, therefore, carried out a systematic review and meta-analysis to provide more reliable and up-to-date evidence on the effect of postoperative chemotherapy in stage IB patients through OS and DFS to identify whether the effect varies by patient subgroup. This included trying to verify the effects of different regimens and duration of postoperative chemotherapy.

MATERIALS AND METHODS

Search Strategy

The electronic search was performed using PubMed, Medline, Cochrane Central Register of Controlled Trial, Cochrane Database of Systematic Reviews, ACP Journal Club, and Database of Abstracts of Reviews of Effects from the date of the earliest publication (1962) to October 2014. In order to achieve the maximum sensitivity, we used the following search strategy: “lung cancer” [all fields] AND (“chemotherapy, adjuvant” [MeSH Terms] OR “postoperative chemotherapy” [all fields]). All the articles were filtered by inclusion and exclusion criteria. The study did not involve any experiment on humans or animals, thus the ethical approval was not necessary.

Inclusion and Exclusion Criteria

Only studies that investigated lung cancer patients who received radical resection with or without adjuvant chemotherapy were eligible for inclusion in our meta-analysis. Patients who received postoperative radiotherapy, preoperative chemoradiotherapy, or any other antitumor treatments were not included. The primary outcome was OS-defined as the time between the date of randomization and death or the last date of follow-up. The secondary outcome was DFS-defined as the time from randomization to the first date of recurrence or death. All publications were limited to human subjects and in English language. Case reports, expert opinions, abstracts, conference presentations, guidelines, and reviews were excluded in case of publication bias or data duplication. Publications with no primary or secondary outcomes, less than 2 treatment arms and the studies containing less than 20 patients in each treatment group were also excluded. When duplicated data were encountered, only the most novel and complete reports were included for data extraction and assessment.

Data Extraction

All the data were independently extracted from the articles, tables, figures, and supplement of the publications by 3 inspectors (L.J., X.S., C.Y.). Discrepancies between reviewers were resolved by the discussion and consensus with the senior investigators (J.H., J.S.). The publication characteristics and time-to-event data including median overall survival hazard ratio (HR), disease-free survival HR, and 95% confidence interval (CI) were reviewed and extracted. Some of the included publications did not report the HR directly but they reported Kaplan–Meier curve or its *P* value of log-rank test between the treatment arms. As a result, we extracted the data of observed events number and the *P* value of HR. Some studies included stage I–III patients. According to the inclusion criteria, only the data of stage I patients were eligible for extraction. If the extraction of stage I data was unable to be finished or the raw data were not available, the study was excluded.

Statistical Analysis

A systemic review and meta-analysis were performed to compare the postoperative chemotherapy to surgery alone by estimating the HR of OS and DFS. The data for analysis were categorical. Based on the null hypothesis stating that the frequency distribution of certain events observed in a sample were consistent with a particular theoretical distribution, χ^2 tests were conducted to access the fit of distribution.^{9,10} In order to minimize this interference induced by the number of studies, *I*² test was used to estimate the variation across the studies instead of the *Q* test,¹⁰ because *Q* test results were closely related to the number of included studies. The *I*² was calculated by the formula: $I^2 = 100\% \times (Q - df) / Q$; *Q* stood for a heterogeneity statistic and *df* was defined as the degree of freedom (*df* = total number of trials – 1). The heterogeneity was defined as low (25%–49%), moderate (50%–74%), or severe (>75%). Fixed-effect analysis model was used to calculate the HR. If the heterogeneity was severe, a random-effects analysis model would be used. In addition, the sensitivity test or subgroup analysis would be performed. *Z*-test was performed to calculate the *P* value, which was 2-sided and defined as statistically different when *P* < 0.05. The statistical analysis was conducted via Review Management 5.2 and Stata 12. The publication bias was analyzed via Stata 12. It would be considered insignificant when the *P* > 0.05 in both Egger and Begg tests.^{11,12}

RESULTS

A search of 6 electronic databases revealed a total of 4997 potential articles for analysis; of these articles, 4918 were filtered out using our exclusion criteria. Seventy-eight full-text articles were selected for further investigation. After the intensive assessment, 23 papers were selected for evaluation. Finally, after group discussion and consensus, a total of 17 articles^{3,8,13–27} were chosen for data extraction and meta-analysis (Figure 1). A manual search for any additional relevant articles was not performed. There were 16 randomized trials and 1 retrospective study included. All the randomized trials were evaluated as low risk of bias. The retrospective study²⁷ was accessed as ordinary quality by Newcastle–Ottawa Scale.²⁸ Although the articles failed to present the details of randomization methodology and process, it is unlikely to induce severe influence to the results. The characteristics of studies are shown in Table 1.

All the 5-year OS and DFS data were extracted and recorded as “HR (95% CI)” and “N/M” (N = observed numbers of events, M = numbers randomized to the group). However, 2 articles^{20,22} reported the 10-year overall survival as the primary endpoint and were also recorded. Some studies did not present the HR directly but the *P* value of log-rank test and total observed events number.^{8,16–19,21,22,27,29} One of the relevant papers presented 90% CI.⁸ As a result, we used the method reported by Parmar et al and Tierney et al^{30,31} to calculate and verify their HRs and 95% CI.

We noticed a significant publication bias from the result of overall survival analysis as the Egger test *P* value was 0.038. We performed a sensitivity analysis and found that no publication bias existed either in Begg test or Egger test after excluding the data of Park’s²⁷ study. We decided to exclude Park’s data from the analysis. There were 16 articles in the final analysis (Figure 1).

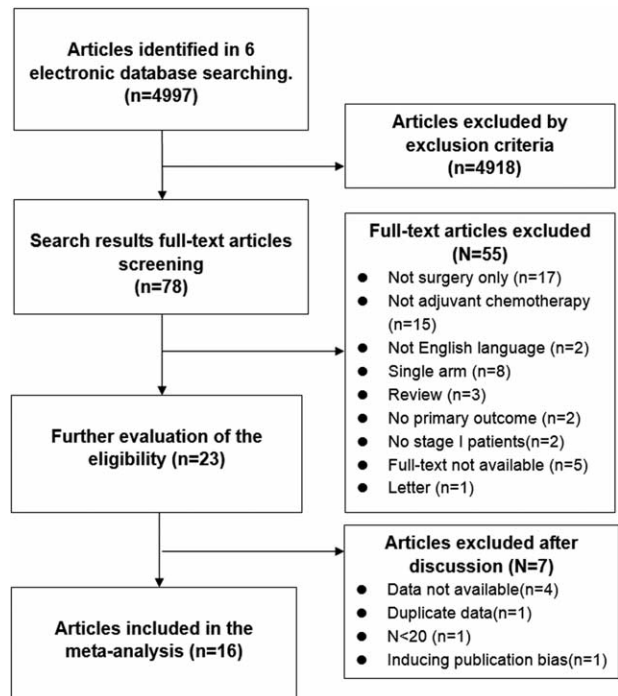


FIGURE 1. Selection and evaluation process of the eligible studies in the meta-analysis.

TABLE 1. Characteristics of Included Studies for Meta-Analysis

Study	Year	Accrual Year	Treatment Schedule	Cycles or Duration	Primary Endpoint	Size	PS	Stage	Randomization
Butts et al ¹⁴	2010	1994–2001	Cisplatin (50 mg/m ²) d1, d8, 4 wk; vinorelbine (25 mg/m ²), weekly 16 wk	4 cycles	Overall survival	482	0–2	IB-IIA	Before first cycle
Arriagada et al ¹³	2010	1995–2001	Three or 4 cycles of etoposide or vinca alkaloid with cisplatin	3 or 4 cycles	Overall survival	1867	0–2	IA-IIIA	Before first cycle
Strauss et al ⁸	2008	1996–2003	Paclitaxel (200 mg/m ²), carboplatin (AUC = 6); every 3 wk	4 cycles	Overall survival	344	0–2	IB	Before first cycle
Roselli et al ²²	2006	1988–1994	Cisplatin (100 mg/m ²) d1, etoposide (120 mg/m ²) d1, 2, 3; every 4 wk	6 cycles	Overall survival	140	0–2	IB	Before first cycle
Nakagawa et al ¹⁸	2006	1992–1994	Uracil and tegafur 400 mg/d	1 y	Overall survival	267	0–2	IA-IIIA	Before first cycle
Douillard et al ³	2006	1994–2000	Vinorelbine (30 mg/m ²), cisplatin (100 mg/m ²); every 4 wk	4 cycles	Overall survival	840	0–2	IB-IIIA	Before first cycle
Imaizumi ¹⁶	2005	1992–1995	Uracil and tegafur 400 mg/d; Cisplatin (80 mg/m ²) d1, vindesine (3 mg/m ²) d1/d8; 2 cycles every 3–4 wk	2 cycles; 2 y	Overall survival	150	0–2	I	Before first cycle
Park et al ²¹	2005	1989–1998	Mitomycin C (10 mg/m ²) d1, vinblastin (6 mg/m ²) d1, cisplatin (100 mg/m ²) d1–d5; every 3 wk	3 cycles	Overall survival	118	0–2	I	Before first cycle
Nakagawa et al ¹⁹	2005	1991–1994	Uracil and tegafur 400 mg/d	1 y	Overall survival	332	0–2	I	Before first cycle
Waller et al ²⁵	2004	1995–2001	Cisplatin (50 mg/m ²), mitomycin (6 mg/m ²) + ifosfamide (3 g/m ²); vinblastine (6 mg/m ²); cisplatin (50 mg/m ²), vindesine (3 mg/m ²), vinorelbine (30 mg/m ²); 3 wk	3 cycles	Overall survival	381	0–2	IB-IV	Before first cycle
Kato et al ¹⁷	2004	1994–1997	Uracil and tegafur 250 mg twice a day	2 y	Overall survival	979	0–2	I	Before first cycle
Scagliotti et al ²³	2003	1994–1999	Mitomycin C (8 mg/m ²) d1, vindesine (3 mg/m ²) d1, 8, cisplatin (100 mg/m ²) d1; every 3 wk	3 cycles	Overall survival	1088	0–2	IA-IIIA	Before first cycle
Endo et al ¹⁵	2003	1992–1994	Uracil and tegafur (260 mg/m ²) daily or 400 mg daily	2 y	Overall survival	219	0–2	IA-IIB	Before first cycle
Wada et al ²⁴	1999	1988–1989	Cisplatin (80 mg/m ²) d1, vindesine (2–3 mg/m ²) d1, d8, mitomycin C (8 mg/m ²) d1; every 28 d; uracil and tegafur 400 mg daily	2 cycles and 1 y	Overall survival	225	0–2	IA-IIB	Before first cycle
The study group ⁶	1995	1985–1987	Cisplatin (66 mg/m ²), Adriamycin (26 mg/m ²); uracil and tegafur 8 mg/kg/d	0.5 y	Overall survival	309	0–2	I-III	Before first cycle
Niiranen et al ²⁰	1992	1982–1987	Cisplatin (40 mg/m ²), doxorubicin (40 mg/m ²), cyclophosphamide (400 mg/m ²), every 4 wk	6 cycles	Overall survival	110	0–2	I	Before first cycle

AUC = Area Under Curve, PS = Performance Score.

A total of 4656 patients were eligible for the meta-analysis. Among them, 2338 patients were assigned to the adjuvant chemotherapy group and 2318 were assigned to the control group (surgery alone). Characteristics of patients are demonstrated in Tables 2 and 3. The median age of these patients was 61. Men accounted for the largest proportion of all patients (72.5%), and the majority of all patients had a performance status of 0 (60.9%). The longest median follow-up time was 9.3 years,¹⁴ while the shortest median follow-up time was 3.36 years.²⁵ Histology analysis demonstrated that squamous cell lung cancer accounted for 39.8%, while adenocarcinoma 48.2% and other or nonspecific for 9.2% of all included patients. In regard to the chemotherapy, 9 of 16 studies chose platinum-based therapy for patients in their treatment groups. Among these studies, 119 patients in 2 studies received 6 cycles of platinum-based chemotherapy,^{20,22} while 1143 patients in 7 studies received 4 or fewer cycles of platinum-based chemotherapy.^{3,8,13,14,21,23,25} Uracil-tegafur alone or in combination with platinum-based chemotherapy was chosen as the treatment regimen in 7 of the 16 included studies. Among them, 1 study had both a uracil-tegafur treatment group and a combined therapy (uracil-tegafur + platinum-based chemotherapy) group.¹⁶ In 5 studies from Japan, 884 patients were assigned to chemotherapy treatment group and received uracil-tegafur

TABLE 2. Characteristics of Included Studies for Meta-Analysis

Trial	Adjuvant Chemotherapy Group (n = 3914)	Surgery-Only Group (n = 3899)
Butts et al ¹⁴	240	242
Arriagada et al ¹³	932	935
Strauss et al ⁸	173	171
Roselli et al ²²	70	70
Nakagawa et al ¹⁸	132	135
Douillard et al ³	407	433
Imaizumi ¹⁶	100	50
Park et al ²¹	59	59
Nakagawa et al ¹⁹	163	169
Waller et al ²⁵	192	189
Kato et al ¹⁷	491	488
Scagliotti et al ²³	548	540
Endo et al ¹⁵	109	110
Wada et al ²⁴	89	98
The Study Group ⁶	155	154
Niiranen et al ²⁰	54	56
Age		
Mean age	61.17	61.36
Sex		
Male	2831	2833
Female	1083	1066
Performance status		
0	1831	1784
1–2	1148	1173
Unknown	2030	
Histology		
Squamous	1550	1556
Adenocarcinoma	1961	1801
Large cell	49	61
Others	302	310
Unknown	223	

TABLE 3. The Number of Stage IB NSCLC Patients in the Included Studies

Trial	Adjuvant Chemotherapy Group (n = 2338)	Surgery-Only Group (n = 2318)
Butts et al ¹⁴	111	108
Arriagada et al ¹³	333	348
Strauss et al ⁸	173	171
Roselli et al ²²	70	70
Nakagawa et al ¹⁸	85	87
Douillard et al ³	146	155
Imaizumi ¹⁶	100	50
Park et al ²¹	59	59
Nakagawa et al ¹⁹	163	169
Waller et al ²⁵	55	48
Kato et al ¹⁷	491	488
Scagliotti et al ²³	216	207
Endo et al ¹⁵	95	95
Wada et al ²⁴	89	98
The study group ⁶	103	115
Niiranen et al ²⁰	49	50

alone.^{15–19} Furthermore, 242 patients in 3 studies had received a combination of platinum-based therapy and uracil-tegafur.^{16,24,26}

Overall Survival

The OS analysis demonstrated that the patients in the treatment group slightly benefited from adjuvant chemotherapy compared with patients in the control group patients (HR 0.74 [95% CI 0.63–0.88] *P* < 0.001). In the platinum-based chemotherapy group, an interesting result was observed. Patients who received 6 cycles of platinum-based therapy had better OS than those in the control group (HR 0.45 [95% CI 0.29–0.69] *P* < 0.001). However, patients who received 4 or fewer cycles of platinum-based therapy had no significant superiority in OS compared to the control group (HR 0.97 [95% CI 0.85–1.11] *P* = 0.664). In the uracil-tegafur oral chemotherapy subgroup, the treatment group had an obvious better overall survival rate than the control group (HR 0.71 [95% CI 0.56–0.90] *P* = 0.004). Patients who received the combination of platinum-based chemotherapy and uracil-tegafur also had a better OS than those in the control group (HR 0.51 [95% CI 0.36–0.74] *P* < 0.001) (Figure 2).

Heterogeneity of Overall Survival

As shown in Figure 2, the heterogeneity of each subgroup was not significant (the *P* value is 0.82, 0.216, 0.363, and 0.953, respectively). There was a slight heterogeneity overall (*I*² = 53.2%, *P* = 0.005), even though the random-effect model was selected. By performing the sensitivity analysis, we discovered that the results were consistent with the previous results after discarding the data that contributed the most heterogeneity.

Disease-Free Survival

Only 10 of 17 articles were available and extracted for analysis. The random-effect analysis model was also utilized because of the heterogeneity. In the subgroup analysis, patients who received 4 or fewer cycles of platinum-based therapy had no advantage when compared to the control group (HR 0.89 [95% CI

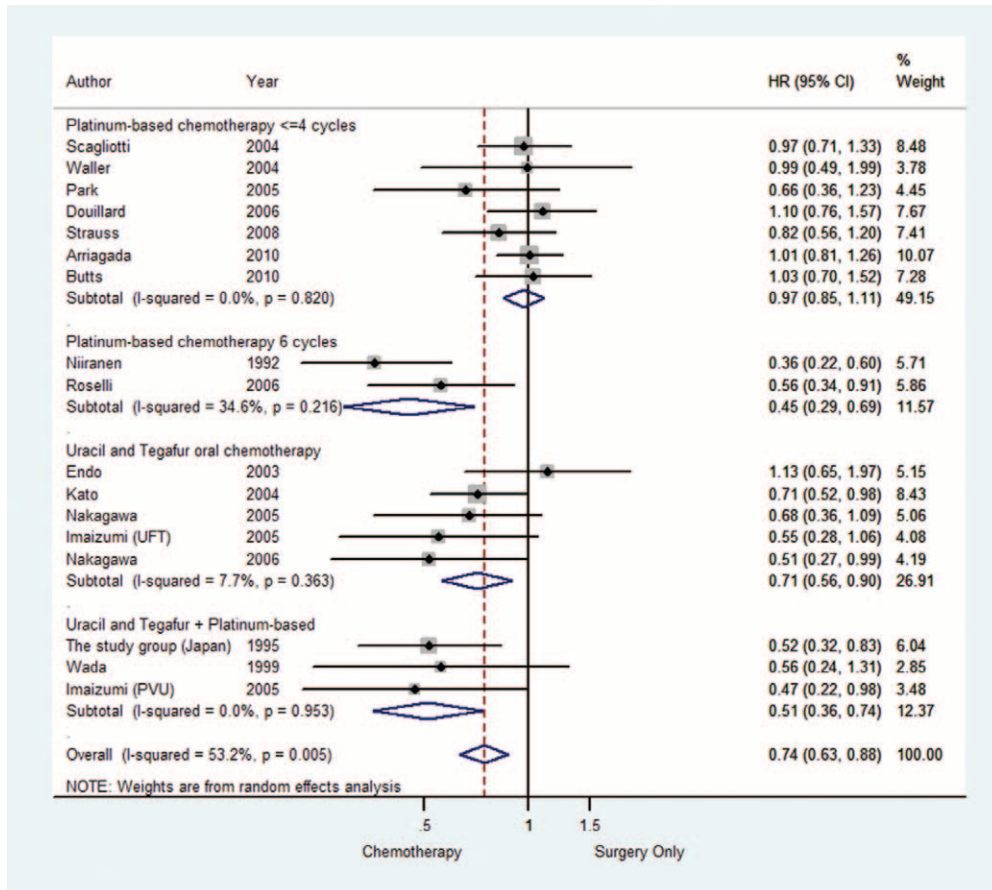


FIGURE 2. The subgroup analysis of OS in the completely resected stage IB nonsmall cell lung cancer patients who had received different chemotherapy and different therapy cycles. CI = confidence interval, HR = hazard ratio, OS = overall survival, PVU = cisplatin/vindesine+uracil/tegafur, UFT = uracil/tegafur.

0.76–1.04] $P = 0.149$). However, the DFS of the 6-cycle platinum-based therapy subgroup was significantly better than the control group (HR 0.29 [95% CI 0.13–0.63] $P = 0.002$). The platinum-based therapy in combination with uracil-tegafur treatment was superior to the control group (HR 0.44 [95% CI 0.30–0.66] $P < 0.001$). But patients who received only uracil-tegafur had no advantage compared to the patients in the control group (HR 1.19 [95% CI 0.79–1.80] $P = 0.399$) (Figure 3).

Heterogeneity of Disease-Free Survival

Even though heterogeneity was not existent in any of the subgroups ($I^2 = 0.0\%$), except for the 6-cycle platinum-based group ($I^2 = 77.5\%$, $P = 0.035$). The overall heterogeneity was rather significant ($I^2 = 82.1\%$, $P < 0.001$). Nevertheless, our results showed that adjuvant chemotherapy had a slight advantage (HR 0.64 [95% CI 0.46–0.89] $P = 0.008$).

Publication Bias

As we had mentioned above, the Begg and Egger test results indicated no publication bias in 16 relevant studies without Park’s data. The results are shown in Table S1, <http://links.lww.com/MD/A284>.

DISCUSSION

A total of 16 randomized trials were analyzed to determine via OS and DFS whether or not adjuvant chemotherapy is

beneficial for stage IB completely resected NSCLC patients. Our analysis found adjuvant chemotherapy to be beneficial in patients with completely resected stage IB NSCLC in terms of OS and DFS. However, due to the overall heterogeneity of OS and DFS ($I^2 = 53.2\%$ and 82.1% , respectively), it may not be a definite conclusion. Even so, we discovered some valuable information through the subgroup analysis process.

A number of clinical trials, meta-analysis, and NCCN guidelines recommended 4 to 6 cycles of platinum-based therapy for responsive patients.^{32–35} Rossi et al had performed a meta-analysis comparing 6 versus fewer planned cycles of first-line platinum-based chemotherapy for stage III-IV NSCLC patients³⁶; the result demonstrated that there was no difference between 6 or fewer cycles in terms of OS and PFS. On the contrary, our study in the stage IB NSCLC patients found that patients who received 6 cycles of platinum-based therapy after surgery had better OS and DFS than those who only received only surgery. However, there was no clear evidence to indicate that patients who received 4 or fewer cycles of platinum-based therapy after surgery gain more benefits in OS or DFS than those who only received surgery. Park et al performed a retrospective study which reported that 4 cycles of platinum-based adjuvant chemotherapy brought benefit to the patients.²⁷ However, the author indicated that the adjuvant chemotherapy was performed if the patients with risk factors such as poor differentiation, lymphovascular invasion, and pleural invasion. It was

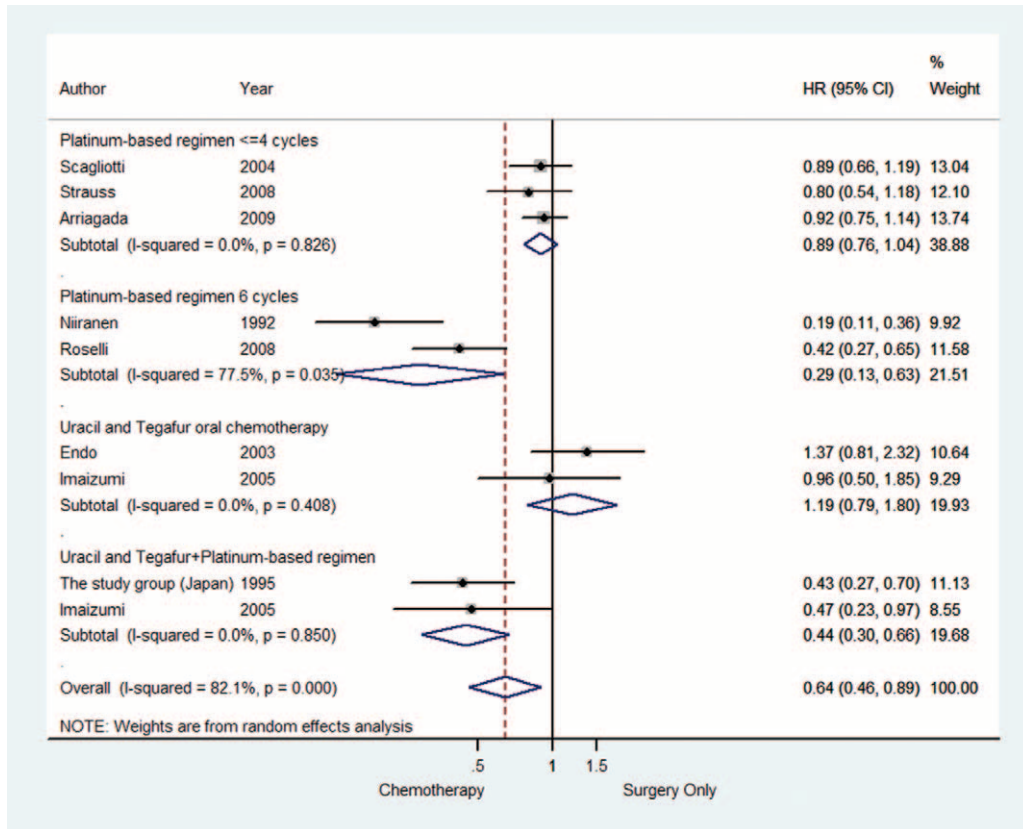


FIGURE 3. The forest plot of HR of DFS in the completely resected stage IB nonsmall cell lung cancer patients who had received different chemotherapy and different therapy cycles. CI = confidence interval, DFS = disease-free survival, HR = hazard ratio.

likely that patients with high risk factors would have worse prognosis. As a result, the efficacy of the adjuvant chemotherapy might have been overstated by the patient selection bias. Furthermore, it induced publication bias to the overall survival result, which was confirmed by Egger test. As a result, we decided to exclude this article from the analysis. However, it seemed that the result of the analysis would not be affected after this exclusion.

Moreover, we did an analysis of the same endpoints on postoperative stage I-III NSCLC patients. The results demonstrated that patients in both 6-cycle and fewer cycle subgroups gained benefits from the adjuvant chemotherapy. Data were shown in supplement (Figure S1, <http://links.lww.com/MD/A284>). It indicated that 4 or fewer cycles of adjuvant chemotherapy could bring benefit to the stage II-III NSCLC patients.

The HRs reported in the 6-cycle subgroup were for 10-year OS and DFS; HRs in other included articles presented only 5-year OS and DFS. It is possible that both subgroups have no advantage when comparing the 5-year OS or DFS to surgery alone, but have more long-term benefits such as prolonging 10-year OS and DFS. Although Mineo et al²⁹ had reported that 6-cycle platinum-based therapy was superior to surgery alone in terms of 5-year OS and DFS (HR 0.5 and 0.475, respectively), the head-to-head comparison between 6-cycle and fewer cycle adjuvant chemotherapy was lacking. More clinical trials have to be performed to compare the effect of different cycles of platinum-based adjuvant chemotherapy in long-term survival.

Oral treatment of uracil-tegafur was firstly introduced to the public in 1979 by Japanese researchers.³⁷ After that, more studies were conducted and it was discovered that oral administration of uracil-tegafur had an anticancer effect in several solid cancers. The West Japan Study Group for Lung Cancer Surgery reported that OS was longer in the treatment group (uracil-tegafur) patients than in patients assigned to the control (surgery alone) group after complete resection of stage I-III lung cancer.²⁴ Our study results were the same as these previous studies for patients with resected stage IB NSCLC who received uracil-tegafur, except that there was no benefit in terms of DFS.

In 3 trials of uracil-tegafur plus platinum-based therapy in patients with stage IB lung cancer, the patients assigned to the treatment group had better OS and DFS than those assigned to the control group. The study reported by Imaizumi et al is a 3-arm trial containing uracil-tegafur, uracil-tegafur plus platinum-based therapy, and control groups.¹⁶ They reported that patients in both treatment arms had better outcomes than those in the control arm. In terms of the comparison between 2 treatment arms, it demonstrated that there was a slight advantage of uracil-tegafur plus platinum-based therapy, but not statistically significant. However, we were unable to confirm this finding through our own subgroup analysis because our own analysis only compared platinum-based chemotherapy combined with uracil-tegafur to our control group as there was not enough data present. Future studies are needed to explore the role of uracil-tegafur in combination with platinum-based therapy for patients with NSCLC.

A number of limitations have to be addressed in the present study. Firstly, some of the HRs were not directly reported in the

texts so we had to calculate the HR from the observed patient numbers and *P* value of log-rank test. This method is not as accurate as the HRs reported by the authors. Secondly, the OS and DFS were calculated from the time after surgery in some studies, but from the date of diagnosis in other studies, which might prolong the OS. Thirdly, during the searching and evaluating process, we noticed that some studies included patients other than stage I; the data of stage I patients were unable to be separated from the data as a whole and were therefore discarded in accordance with our exclusion criteria. The loss of such data potentially weakens the reliability of our analysis results because of the loss of such data. Next, the OS and DFS Kaplan–Meier curves of all included patients were unable to be presented without the individual data. We analyzed the OS and DFS between different chemotherapy subgroups. If the individual data were available, more subgroup analysis could be performed, for example, gender, tumor size, age, toxicity, and smoking condition, which would add to precision of our study. Finally, all the studies of uracil-tegafur were performed on Asian people; other races were not included. Thus, a conclusive claim that uracil-tegafur is beneficial to all postoperative stage IB NSCLC patients is not able to be made.

In conclusion, platinum-based therapy is able to increase long-term OS and DFS of postoperative stage IB NSCLC patients. Patients who received postoperative 6-cycle of platinum-based chemotherapy, uracil-tegafur, or a combination of the 2 had better OS than the patients in the control group. However, patients who received only 4 or fewer cycles of platinum-based chemotherapy had no advantage comparing to the control group. For DFS, postoperative 6-cycle platinum-based chemotherapy alone or in combination with uracil-tegafur brought benefit to patients compared to the surgery group, but patients who were prescribed 4 or less cycles of platinum-based chemotherapy or uracil-tegafur alone had no advantage in prolonging DFS compared to the control group. Though a number of limitations exist in the present study, our findings provide potentially useful information; however, new randomized control trials are needed to make a more conclusive argument and to figure out the different effect of 6 cycles and fewer cycles of platinum-based chemotherapy and explore the effect, dosage, and toxicity of the regimens.

REFERENCES

- Jemal A, Bray F, Center MM, et al. Global cancer statistics. *CA Cancer J Clin*. 2011;61:69–90.
- Arriagada R, Bergman B, Dunant A, et al. Cisplatin-based adjuvant chemotherapy in patients with completely resected non-small-cell lung cancer. *N Engl J Med*. 2004;350:351–360.
- Douillard JY, Rosell R, De Lena M, et al. Adjuvant vinorelbine plus cisplatin versus observation in patients with completely resected stage IB–IIIA non-small-cell lung cancer (Adjuvant Navelbine International Trialist Association [ANITA]): a randomised controlled trial. *Lancet Oncol*. 2006;7:719–727.
- Pignon JP, Tribodet H, Scagliotti GV, et al. Lung adjuvant cisplatin evaluation: a pooled analysis by the LACE Collaborative Group. *J Clin Oncol*. 2008;26:3552–3559.
- Winton T, Livingston R, Johnson D, et al. Vinorelbine plus cisplatin vs. observation in resected non-small-cell lung cancer. *N Engl J Med*. 2005;352:2589–2597.
- Chemotherapy in non-small cell lung cancer: a meta-analysis using updated data on individual patients from 52 randomised clinical trials. Non-small Cell Lung Cancer Collaborative Group. *BMJ*. 1995;311:899–909.
- Group NM-aC, Arriagada R, Auperin A, et al. Adjuvant chemotherapy, with or without postoperative radiotherapy, in operable non-small-cell lung cancer: two meta-analyses of individual patient data. *Lancet*. 2010;375:1267–1277.
- Strauss GM, Herndon JE 2nd, Maddaus MA, et al. Adjuvant paclitaxel plus carboplatin compared with observation in stage IB non-small-cell lung cancer: CALGB 9633 with the Cancer and Leukemia Group B, Radiation Therapy Oncology Group, and North Central Cancer Treatment Group Study Groups. *J Clin Oncol*. 2008;26:5043–5051.
- Higgins JP, Thompson SG. Quantifying heterogeneity in a meta-analysis. *Stat Med*. 2002;21:1539–1558.
- Higgins JP, Thompson SG, Deeks JJ, et al. Measuring inconsistency in meta-analyses. *BMJ*. 2003;327:557–560.
- Begg CB, Mazumdar M. Operating characteristics of a rank correlation test for publication bias. *Biometrics*. 1994;50:1088–1101.
- Egger M, Davey Smith G, Schneider M, et al. Bias in meta-analysis detected by a simple, graphical test. *BMJ*. 1997;315:629–634.
- Arriagada R, Dunant A, Pignon JP, et al. Long-term results of the international adjuvant lung cancer trial evaluating adjuvant Cisplatin-based chemotherapy in resected lung cancer. *J Clin Oncol*. 2010;28:35–42.
- Butts CA, Ding K, Seymour L, et al. Randomized phase III trial of vinorelbine plus cisplatin compared with observation in completely resected stage IB and II non-small-cell lung cancer: updated survival analysis of JBR-10. *J Clin Oncol*. 2010;28:29–34.
- Endo C, Saito Y, Iwanami H, et al. A randomized trial of postoperative UFT therapy in p stage I, II non-small cell lung cancer: North-east Japan Study Group for Lung Cancer Surgery. *Lung Cancer*. 2003;40:181–186.
- Imazumi M. Study Group of Adjuvant Chemotherapy for Lung C. Postoperative adjuvant cisplatin, vindesine, plus uracil-tegafur chemotherapy increased survival of patients with completely resected p-stage I non-small cell lung cancer. *Lung Cancer*. 2005;49:85–94.
- Kato H, Ichinose Y, Ohta M, et al. A randomized trial of adjuvant chemotherapy with uracil-tegafur for adenocarcinoma of the lung. *N Engl J Med*. 2004;350:1713–1721.
- Nakagawa K, Tada H, Akashi A, et al. Randomised study of adjuvant chemotherapy for completely resected p-stage I-IIIA non-small cell lung cancer. *Br J Cancer*. 2006;95:817–821.
- Nakagawa M, Tanaka F, Tsubota N, et al. A randomized phase III trial of adjuvant chemotherapy with UFT for completely resected pathological stage I non-small-cell lung cancer: the West Japan Study Group for Lung Cancer Surgery (WJSG)—the 4th study. *Ann Oncol*. 2005;16:75–80.
- Niiranen A, Niitamo-Korhonen S, Kouri M, et al. Adjuvant chemotherapy after radical surgery for non-small-cell lung cancer: a randomized study. *J Clin Oncol*. 1992;10:1927–1932.
- Park JH, Lee CT, Lee HW, et al. Postoperative adjuvant chemotherapy for stage I non-small cell lung cancer. *Eur J Cardiothorac Surg*. 2005;27:1086–1091.
- Roselli M, Mariotti S, Ferroni P, et al. Postsurgical chemotherapy in stage IB nonsmall cell lung cancer: Long-term survival in a randomized study. *Int J Cancer*. 2006;119:955–960.
- Scagliotti GV, Fossati R, Torri V, et al. Randomized study of adjuvant chemotherapy for completely resected stage I, II, or IIIA non-small-cell Lung cancer. *J Natl Cancer Inst*. 2003;95:1453–1461.
- Wada H, Miyahara R, Tanaka F, et al. Postoperative adjuvant chemotherapy with PVM (Cisplatin + Vindesine + Mitomycin C) and UFT (Uracil + Tegafur) in resected stage I-II NSCLC (non-small cell lung cancer): a randomized clinical trial. West Japan

- Study Group for lung cancer surgery (WJSG). *Eur J Cardiothorac Surg*. 1999;15:438–443.
25. Waller D, Peake MD, Stephens RJ, et al. Chemotherapy for patients with non-small cell lung cancer: the surgical setting of the Big Lung Trial. *Eur J Cardiothorac Surg*. 2004;26:173–182.
 26. A randomized trial of postoperative adjuvant chemotherapy in non-small cell lung cancer (the second cooperative study). The Study Group of Adjuvant Chemotherapy for Lung Cancer (Chubu, Japan). *Eur J Surg Oncol*. 1995;21:69–77.
 27. Park SY, Lee JG, Kim J, et al. Efficacy of platinum-based adjuvant chemotherapy in T2aN0 stage IB non-small cell lung cancer. *J Cardiothorac Surg*. 2013;8:151.
 28. Wells GA SB, O'Connell D, Peterson J, et al. The Newcastle-Ottawa Scale (NOS) for assessing the quality of nonrandomised studies in meta-analyses. 2004 Available at: http://www.ohri.ca/programs/clinical_epidemiology/oxford.asp.
 29. Mineo TC, Ambrogio V, Corsaro V, et al. Postoperative adjuvant therapy for stage IB non-small-cell lung cancer. *Eur J Cardiothorac Surg*. 2001;20:378–384.
 30. Parmar MK, Torri V, Stewart L. Extracting summary statistics to perform meta-analyses of the published literature for survival endpoints. *Stat Med*. 1998;17:2815–2834.
 31. Tierney JF, Stewart LA, Ghersi D, et al. Practical methods for incorporating summary time-to-event data into meta-analysis. *Trials*. 2007;8:16.
 32. NCCN Clinical Practice Guidelines in Oncology. Non-small cell lung cancer. Version 3.2014. <http://www.nccn.com>. Accessed May 1, 2014.
 33. Azzoli CG, Temin S, Aliff T, et al. 2011 Focused Update of 2009 American Society of Clinical Oncology Clinical Practice Guideline Update on Chemotherapy for Stage IV Non-Small-Cell Lung Cancer. *J Clin Oncol*. 2011;29:3825–3831.
 34. Besse B, Adjei A, Baas P, et al. 2nd ESMO Consensus Conference on Lung Cancer: non-small-cell lung cancer first-line/second and further lines of treatment in advanced disease. *Ann Oncol*. 2014;25:1475–1484.
 35. Peters S, Adjei AA, Gridelli C, et al. Metastatic non-small-cell lung cancer (NSCLC): ESMO Clinical Practice Guidelines for diagnosis, treatment and follow-up. *Ann Oncol*. 2012;23 (suppl 7): vii56–vii64.
 36. Rossi A, Chiodini P, Sun JM, et al. Six versus fewer planned cycles of first-line platinum-based chemotherapy for non-small-cell lung cancer: a systematic review and meta-analysis of individual patient data. *Lancet Oncol*. 2014;15:1254–1262.
 37. Fujii S, Kitano S, Ikenaka K, et al. Effect of coadministration of uracil or cytosine on the anti-tumor activity of clinical doses of 1-(2-tetrahydrofuryl)-5-fluorouracil and level of 5-fluorouracil in rodents. *Gan*. 1979;70:209–214.