# Quality by Design–Applied Liquid Chromatography-**Tandem Mass Spectrometry Determination of** Enzalutamide Anti-Prostate Cancer Therapy Drug in **Spiked Plasma Samples**

# ASK Sankar<sup>1,2</sup>, Shanmugasundaram Palani<sup>3</sup> and Ravichandiran Velayudham<sup>4</sup>

<sup>1</sup>School of Pharmaceutical Sciences, Vels University (VISTAS), Chennai, India. <sup>2</sup>Adhiparasakthi College of Pharmacy, Melmaruvathur, Tamilnadu, India. <sup>3</sup>School of Phamaceutical Sciences, Vels University, (VISTAS), Chennai, India. <sup>4</sup>National Institute of Pharmaceutical Education and Research (NIPER), Kolkata, India.

Analytical Chemistry Insights Volume 12: 1-11 © The Author(s) 2017 Reprints and permissions: sagepub.co.uk/journalsPermissions.nav DOI: 10.1177/1177390117726776



ABSTRACT: This research article presents the Quality by Design (QbD)-finalised conditions for a method that uses liquid chromatographytandem mass spectrometry for the determination of concentration of enzalutamide (ENZ), an atypical anticancer drug, in a drug formulation and in spiked plasma samples. Critical process attributes (CPA) considered to be the influential parameters in separation, identification, and quantification processes by ultrahigh-performance liquid chromatography-electrospray ionisation-tandem mass spectrometry (UHPLC-ESI-MS/MS) were organic content, buffer strength, pH modifier, flow rate, spray voltage, sheath gas, and auxiliary gas that alter critical analytical attributes, such as retention time (R1) and area (R2). These factors were evaluated first in a factorial design (Taguchi orthogonal array design) and then extensively in a central composite design (CCD) to zero-in on the mobile phase for the quantification of ENZ standard drug and along with its internal standard (ENZIS) in spiked plasma samples and in formulation. Pareto chart from initial factorial design (Taguchi orthogonal array design) model suggested which of the CPA factors should be given the weightage, that is, to be exhaustively analysed in the CCD and response surface analysis. The elaborated parameters proposed by World Health Organization were studied by method validation, ie, selectivity, linearity, accuracy, precision repeatability system-suitability tests, method robustness/ruggedness, sensitivity, and stability. The strategy followed gives an insight on the development of a robust QbD-compliant quantitative UHPLC-ESI-MS/MS method for ENZ drug containing plasma samples (spiked).

KEYWORDS: Enzalutamide, anti-prostate cancer, Quality by Design, response surface analysis, spiked plasma samples, UHPLC-ESI-MS/MS

RECEIVED: March 30, 2017. ACCEPTED: July 26, 2017.

PEER REVIEW: Four peer reviewers contributed to the peer review report. Reviewers' reports totalled 496 words, excluding any confidential comments to the academic editor.

TYPE: Original Research

FUNDING: The author(s) received no financial support for the research, authorship, and/or publication of this article

DECLARATION OF CONFLICTING INTERESTS: The author(s) declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

CORRESPONDING AUTHOR: ASK Sankar, School of Pharmaceutical Sciences, Vels University (VISTAS), Chennai, India; Adhiparasakthi College of Pharmacy, Melmaruvathur, Tamilnadu 603319, India. Email: asksankar@yahoo.com; asksankar1@gmail.com

#### Introduction

Approach of applying Quality by Design (QbD)-based method<sup>1-6</sup> development for analysing the drug initially was approved as an effective second-generation androgen receptor inhibitor. Enzalutamide (ENZ) was earlier known as MDV3100 and now the branded version is 'Xtandi', an antiprostate cancer drug. It blocks the androgen receptor by binding to it and by inhibiting the nuclear translocation and interaction with DNA.<sup>7,8</sup> The formal chemical name of ENZ 4-[3-[4-cyano-3-(trifluoromethyl)phenyl]-5,5-dimethylis 4-oxo-2-sulfanylideneimidazolidin-1-yl]-2-fluoro-N-methylbenzamide (Figure 1). The molecular weight is 464.44, and the molecular formula is  $C_{21}H_{16}F_4N_4OS$ . Enzalutamide is a white crystalline non-hygroscopic solid, practically insoluble in water, sparingly soluble in methanol, and soluble in acetonitrile and dimethyl sulfoxide.9 The product is provided as liquid-filled soft gelatin capsules for oral administration. Each soft gelatine capsule contains 40 mg of ENZ as a solution in caprylocaproyl polyoxylglycerides. This drug found to increase the survival rate in patients with metastatic castrate-resistant

prostate cancer (mCRPC) in a clinical trial. Developed method was validated as per bioanalytical method validation proposed by US Food and Drug Administration (FDA).<sup>10,11</sup> Many methods of determination of ENZ in plasma samples of dog, human, and in tissue homogenates were reported.<sup>12-18</sup> This reported method discusses about the process of optimising the liquid chromatography (LC)-tandem mass spectrometry (LC-MS/MS) parameters simultaneously in a Taguchi orthogonal array and central composite design (CCD) methods. Combined evaluation reduces the experimental run to greater extent. The developed method was found to be compliant with the acceptable limits for the bioanalytical method development laid by the World Health Organization. Pareto chart from initial factorial design (Taguchi orthogonal array design) model suggested which of the critical process attributes (CPA) factors should be given the weightage, that is, to be exhaustively analysed in the CCD and response surface analysis. An ultrahigh-performance liquid chromatography SIL-20AC HT with 20AD instrument with the octadecylsilica

 $\Theta$ 

Creative Commons Non Commercial CC BY-NC: This article is distributed under the terms of the Creative Commons Attribution-NonCommercial 4.0 License (http://www.creativecommons.org/licenses/by-nc/4.0/) which permits non-commercial use, reproduction and distribution of the work without further permission provided the original work is attributed as specified on the SAGE and Open Access pages (https://us.sagepub.com/en-us/nam/open-access-at-sage).

column ( $C_{18}$ ) of dimensions (5 µm, 2.1 mm × 50 mm) was used, and selectivity on the column was modified using 2-mM ammonium acetate in acetonitrile (20:80) having 0.1% formic acid as ionic modifier as the mobile phase at a flow rate of 0.6 mL min<sup>-1</sup>. The spray voltage for the method is maintained at the level predicted by the response analysis. Detection was performed using triple quadrupole MS/MS by multiple reaction monitoring (MRM) via a positive electrospray ionisation (ESI) source spray voltage for the method finalised by design of experiments (DOEs) and response surface analysis is 4750 V. Results clearly showed linearity with r = .9934 in the concentration range of 0.2 to 50.0 ng mL-1, an intra- and inter-assay precision of 2.7% and 5.1%, respectively, and recovery studies were found to be between 100.8% and 105.6%. The lower limit of quantification (LLOQ) was 0.078 ng mL-1 in 50 µL of human plasma sample. An intra- and inter-assay precision had %RSD less than 5.0%, and recovery studies were found to be in the acceptable range of 88% to 96%. The LLOQ was 0.078 ng mL-1 in 50 µL of human plasma sample.19-21 Enzalutamide was approved in 2012 for the treatment of



4-{3-[4-cyano-3-(trifluoromethyl) phenyl]-5,5-dimethyl-4-oxo-2-thioxoimidazolidin-1-yl}-2-fluoro-N-methylbenzamide

Figure 1. Structure of ENZ (enzalutamide).

mCRPC post-docetaxel by the US FDA. The objective of this study was to validate a method for quantification of ENZ in plasma (spiked samples).

#### Materials and methods

High-performance liquid chromatography (HPLC)-grade acetonitrile and methanol were purchased from Merck (Chennai, India) and used as such. Analytical-grade ammonium acteate and formic acid were used. Extrapure water was produced in the Quest Life Sciences, Chennai, with the help of MilliPore water purification system (EMD Millipore, Billerica, MA, USA). Standard substances, ENZ and deuterated ENZ (ENZIS), were kindly gifted by Quest Life Sciences. All other chemicals used were of AR grade.

#### Instrumentation and its conditions

Liquid chromatography-tandem mass spectrometry positive ESI of ENZ produced the abundant protonated molecule (MH+) at 466.2 m/z, under positive ionisation conditions and subsequently fragmented in MS/MS mode to the product ion spectra, which had mass-to-charge ratio as 209.2 (Figure 2). Mass spectrometry parameters and collision energies were set as derived from the fractional factorial design (FFD)-optimised method. Quantitative analysis was conducted by MRM at 466.2 to 209.2 m/z for ENZ and its internal standard (IS). Several stationary and mobile phases were tested, whereby a combination of a C18 column and a mobile phase of 2-mM ammonium acetate in water containing 0.1% formic acid and acetonitrile gave the optimum separation and sensitivity towards ENZ.



Figure 2. A Pareto chart showing effects of influential critical process attributes on first response, Rt (retention time).

#### ESI-MS/MS of ENZ

Mass spectrometry analysis was performed using a TSQ Quantum Triple Quadrupole Mass Spectrometer (Thermo Scientific, San Jose, CA, USA). The injection volume was 10 µL. The ENZ samples were introduced into the mass spectrometer via the ESI source and analysed in the positive ion mode. The pre-ionised ENZ (M+) samples were detected in the MRM mode using the following transitions: 466.2 to 209.2 m/z for ENZ. The QbD-optimised ESI-MS/MS conditions were as follows: spray voltage: 4750kV; sheath gas: nitrogen, 50 (arbitrary units, bar); auxiliary gas pressure, 10 bar; ion transfer capillary temperature: 380°C; collision gas: Ar; and capillary offset voltage: 35 V. High-performance liquid chromatography was performed using a Shimadzu SIL-20AC HT Autosampler with LC-20AD HPLC Pump; both were controlled by CBM-20A module. Software used to acquire data was LCQUAN 2.5.6, which is a 21 CFR Part 11-compliant solution for method development in LC-MS/MS. For the separation of ENZ from its matrix, a QbD-optimised isocratic mobile phase was used. This comprises 2-mM ammonium acetate having 0.1% formic acid in water (20 parts) - acetonitrile (80 parts) at a flow rate of 0.6 mL min<sup>-1</sup>. During the experimental run, the column and autosampler tray were preserved at 37°C and 4°C, respectively.<sup>13,20</sup>

#### **Extraction of ENZ from Plasma**

About 100  $\mu$ L of human plasma samples were spiked with 50  $\mu$ L each of ENZ and ENZIS (100 ng mL<sup>-1</sup>). To this, 1.8 mL of extraction mixture (containing acetonitrile [80%] [a protein precipitant] and 2-mM ammonium acetate buffer [adjusted to pH 3.0 using 0.1% formic acid] (20%)) was added and then subjected to vortex mixing followed by centrifugation at 13000g. After this, 10  $\mu$ L was injected directly into the triple quadrupole LC-MS/MS system.<sup>20</sup>

# Preparation of the calibration standard, quality control, and IS stock solutions

Primary stock solutions containing  $1 \mu g m L^{-1}$  concentration of ENZ and ENZIS were dissolved in acetonitrile, and serial dilutions of this solution were made in mobile phase to achieve working standard solutions at concentrations of 0.25, 0.5, 0.75, 1.5, 8.5, 12.5, 22.5, 30.0, 40.0, and 50.0 ng mL<sup>-1</sup> of both ENZ and ENZIS. Solutions to outline the LLOQ and low quality control (LQC), medium quality control (MQC), high quality control (HQC), and dilution quality control samples were prepared in bulk by diluting the primary stock solution. The IS working solution (1 µg mL<sup>-1</sup>) was prepared by diluting an aliquot of stock solution (1 mg mL<sup>-1</sup>) of ENZIS with acetonitrile. All stock solutions were stored in glass bottles at  $-20^{\circ}$ C in the dark.

#### Sample preparation

Precipitation of plasma proteins was initiated by adding  $200\,\mu L$  of acetonitrile, and  $50\,\mu L$  of both ENZ and ENZIS solutions

was added to 100- $\mu$ L aliquots of human plasma containing 5  $\mu$ L of calibration standards. This mixture was vigorously vortexed for 10 minutes and centrifuged at 13 500g for 10 minutes, after which an aliquot (200  $\mu$ L) of the supernatant was evaporated to dryness in the stream of nitrogen gas. An aliquot equivalent to 10  $\mu$ L of this solution was then directly injected into the LC-MS/MS system.

# Selection and Optimisation of LC-MS/MS Parameters Using DOE

Experimental design for evaluating the CPA was organic content concentration, spray voltage, sheath gas and auxiliary gas pressure, buffer strength (ammonium acetate), pH modifier (formic acid) concentration, and flow rate. These factors were expected to influence critical analytical attributes (CAA), ie, area (R2) and retention time (Rt) (R1) significantly. Fractional factorial design (Taguchi orthogonal array design) and CCD were considered for finding the critically influencing levels of each factors; this 2-step experimental run will greatly reduce the total experiments at least by 30 for a 7-factor process.<sup>22</sup> Factorial design based on Taguchi orthogonal array design was used to determine the main effect without their interaction effects, experiments were run as per the design, and Pareto chart was derived. Based on their percent contribution on the responses (Figures 2 and 4), CAA were further taken in a CCD and optimised by applying response surface analysis, whereas the non-influencing ones were left out.

#### FFD for Screening Method

The 7 factors that were found to influence responses and the ones that need to be analysed extensively in CCD for their influence on CAA were as follows: spray voltage, set at low level to 4000 V and high level at 5000 V, sheath gas pressure (between 20 and 50 bar), auxiliary gas pressure (between 10 and 20 bar), organic solvent (acetonitrile 70% and 90%), buffer strength of ammonium acetate (2 and 10 mM), pH modifier (formic acid at 0.1% and 0.3%), and flow rate (at 0.3 and 0.6 mL min<sup>-1</sup>). Critical analytical attributes chosen for analyses were Rt (R1) and area (R2). With the help of Design-Expert trial version 10.0, a statistics program for DOE, factors, and responses was chosen and fed into this program. Based on the generated Taguchi orthogonal array design (8 runs) (Table 1) and their levels (Table 2), experiments were conducted. A factorial model was chosen after aliases were eliminated from the model. Most of the influence comes mainly from spray voltage, acetonitrile content, and with buffer strength, whereas flow rate, formic acid content, sheath gas, and auxiliary gas pressure were having influence only at a contribution % >0.1% on the response. The above parameters were finalised after verifying the perturbation plots (Figures 3 and 5) (significance level was set at .05). The most influencing factors found were acetonitrile with more than 98% and buffer strength by 0.5% for Rt, whereas all other factors were found to influence only by a meagre 0.05%

FACTOR 1	FACTOR 2	FACTOR 3	FACTOR 4	FACTOR 5	FACTOR 6	FACTOR 7	RESPONSE 1	RESPONSE 2
-1	–1	1	1	1	–1	1	1.508	312846
-1	1	–1	1	–1	1	–1	1.478	490436
-1	-1	-1	-1	1	1	1	1.487	316 092
-1	1	1	-1	-1	-1	-1	1.513	492382
1	–1	1	-1	1	1	-1	1.208	320762
1	-1	-1	-1	-1	-1	-1	1.182	318786
1	1	-1	1	-1	1	1	1.175	490474
1	1	1	1	1	–1	1	1.171	485628

 Table 1. Taguchi orthogonal array design for optimising liquid chromatography-tandem mass spectrometry conditions for determining enzalutamide

 in plasma samples in coded levels with retention time as response 1 and area as response 2.

Table 2. Actual levels used in the Taguchi orthogonal array design.

FACTOR NUMBER/NAME	LOW (-1)	HIGH (1)
1. Acetonitrile, %	70	90
2. Spray voltage, V	4000	5000
3. Buffer strength, mM	2	10
4. Formic acid, %	0.1	0.3
5. Flow rate, mLmin <sup>-1</sup>	0.3	0.6
6. Sheath gas, bar	20	50
7. Auxiliary gas, bar	10	20

for Rt (R1). For area (R2), the influential CAA were spray voltage and buffer strength. The flow rate was fixed at  $0.6 \,\mathrm{mL\,min^{-1}}$  because the elution time gets prolonged at a flow rate of less than  $0.6 \,\mathrm{mL\,min^{-1}}$ . Formic acid content was fixed at 0.1%, and sheath gas and auxiliary gas pressures were fixed at 50 and 10 bar, respectively.

# CCD and Derringer's Desirability Function for Response Surface Analysis

Three selected factors (content of organic solvent, spray voltage, and buffer strength) need further exploration in a CCD, a response surface design for improving Rt and area. The generated design is shown in Table 3. The experimental point ranges of the selected factors for the response surface method were the same as for FFD, but a centre level was introduced so as to get the median value of extremes (Table 4). A total of 15 experiments for CCD were conducted and the responses were noted down. Analysis of variance test was performed to select function model and to evaluate significance of factors over responses. The significance level was set at P < .05. The selected function model for Rt (R1) was reduced 2F1, whereas for area (R2), a reduced quadratic model was found to fit significantly. For Rt (R1), most influencing factors were interaction terms of acetonitrile

and spray voltage (AB), spray voltage and buffer strength (BC), and the squared terms of spray voltage (B<sup>2</sup>). For area (R2), influential parameter was spray voltage and interaction term between spray voltage and buffer strength and squared terms of spray voltage. Although none of the other factors show significant influence, which was evident from their *P* value which was less than <0.05, only spray voltage, buffer strength, and acetonitrile have influence on area. With the above finalised models, 2F1 for Rt and a reduced quadratic one for area (R2), criteria were set to minimise the Rt and maximise the area; this was done by applying Derringer's desirability method of optimisation. Selected model was used to find the desirable point by applying response surface analysis.

# Method Validation: Selectivity, Linearity, Precision, Accuracy, Sensitivity, and Stability Studies

Selectivity of the method was ensured by checking that no interference peaks were observed at the Rt of both ENZ and ENZIS with blank plasma samples. Linearity of the method was validated by injecting 9 calibration samples ranging from lower limit of quality control sample, LQC, MQC, HQC, and one concentration in between each level and the standards injected were as follows 0.25, 0.5, 1.75, 7.5, 12.5, 22.75, 32.5, 40.0, and 50.0 ng mL-1. Peak area was plotted against concentration and regression analysis with weightage of x<sup>-2</sup> was given in finding the regression values. Accuracy and precision were determined by injecting the 3 QC samples, LQC, MQC, and HQC, repeatedly for 6 times and the results were analysed for their %RSD. For accuracy, MQC level sample was spiked at 40%, 80%, and 120% of MQC and analysed by the proposed method. Sensitivity of the method was established by injecting the LLOQ for 6 times, and the %RSD was verified to be in the acceptable limits (20% for LLOQ and 15% for ULOQ [upper limit of quantification]). The stability of the analytes (ENZ and ENZIS) in spiked plasma in different storage conditions was examined by analysing low and high QC samples (n = 3 at each concentration) and compared



Figure 3. Perturbation plot showing the factors influence on Rt (retention time).



their deviation from the nominal concentration. Bench-top stability was done till the value falls below the acceptable limits. Freeze-thaw stability was determined after 3 freeze-thaw cycles of the QC samples by storing at  $-70^{\circ}$ C for 24 hours, and thawing to room temperature before analysis was performed and it was done for 3 times. Short-term stability was determined after exposure of the QC samples at 4°C for 24 hours for 3 days, whereas long-term stability was

done upto 14 days. Autosampler stability too was found out. All the samples would be stored in the freezer at -20°C, and at intervals specified in the respective stability studies, their concentration was verified with the developed QbDoptimised method. All the results were based on their percent difference from their nominal values<sup>7,17</sup> (US FDA, 2001). Figure 9 shows representative LC-MS/MS MRM chromatograms obtained from the analysis of plasma spiked



rigure 5. Terturbation plot showing the lactors initiance on area.

Table 3.	Coded levels of factors	used in central composite	e design to finalise th	ne parameters of LC	C-MS/MS for plasma	determination of ENZ.
----------	-------------------------	---------------------------	-------------------------	---------------------	--------------------	-----------------------

FACTOR 1	FACTOR 2	FACTOR 3	RESPONSE 1	RESPONSE 2
A: ACETONITRILE, %	B: SPRAY VOLTAGE, V	C: BUFFER STRENGTH, MM	RT, MIN	AREA, UNITS
-1.414	0	0	1.582	378920
-1	1	1	1.51	503094
-1	-1	-1	1.489	314734
0	-1.414	0	1.343	323476
0	1.414	0	1.365	600346
0	0	-1.414	1.299	460340
0	0	1.414	1.388	456744
0	0	0	1.338	458762
0	0	0	1.34	452348
0	0	0	1.341	454982
0	0	0	1.335	456992
0	0	0	1.329	448902
1	1	-1	1.179	603456
1	-1	1	1.201	404800
1.414	0	0	1.092	528004

Table 4. Actual levels of factors used in central composite design.

FACTOR	NAME	LOW (-1)	CENTRE (0)	HIGH (+1)
А	Acetonitrile, %	70	80	90
В	Spray voltage, V	4000	4500	5000
С	Buffer strength, mM	2	6	10



with ENZ (1 ng/mL). Sample carryover effects were not observed as 100% acetonitrile was used as needle wash.

### **Results and Discussion**

Method development: screening studies, finalisation of influencing parameters with FD, CCD optimisation, method validation, and application

Method parameters that were to be extensively optimised by CCD was selected after the investigation of Pareto charts derived from the results of experiments conducted based on FD. The Pareto charts from FD suggested that acetonitrile content negatively influences Rt, evidenced from the Pareto chart and perturbation plot (Figures 2 and 3), and buffer strength needs to be optimised further for their effect on Rt (R1). While spray voltage alone influences the area positively which can be evidenced from the Pareto chart and perturbation plot (Figures 4 and 5) (R2), other parameters such as auxiliary gas and sheath gas pressure, flow rate, and formic acid concentration were not able to influence both the responses which is evident from the perturbation plots of Rt and area (Figures 3 and 5). The MS/MS parameter that has considerable influence on peak area was spray voltage which was taken into the CCD for studying elaborately. The flow rate of the LC parameters does influence the Rt but is not statistically significant enough to be considered for CCD, which is evident from Figure 5. Similar to the flow rate, the formic acid concentration too was not considered for investigation in CCD. Flow rate and formic acid concentration were fixed as follows. Flow rate and the concentration of formic acid were set to 0.6 mL min-1 and 0.1%, respectively. Sheath and auxiliary gas pressures were fixed at 50 and 10 bar, respectively. With the factors being reduced from 7 to 3, CCD was generated and 15 experiments were conducted. The model generated for Rt was a reduced 2F1 model which suggested both the interaction terms between spray voltage and acetonitrile and buffer strength (AB and BC); whereas for area (R2), the model that fit was a reduced quadratic model which suggested interaction term of spray voltage and buffer strength (BC); significant influence of acetonitrile and the squared terms of spray voltage was too found. With the models generated, the study of perturbation plots (Figures 3 and 5) suggested that only Derringer's desirability function could help identify the solution for the desired levels of responses. This is because acetonitrile influences both the response in an opposite manner. Optimisation criteria were set for the area to be maximised and minimisation of the Rt. In the response surface 3D graph and from the perturbation plot, the area and the Rt were opposed to each other because they were in inverse proportions to the content of organic modifier (acetonitrile) and spray voltage. The factors with the most significant influence on sensitivity were content of organic modifier and spray voltage, whereas buffer strength has comparatively less effect than acetonitrile and spray voltage on area and interaction terms of the main factors could find a place in the model for Rt and area. This is mainly due to nature of mobile phase changes with buffer alters the sensitivity. With the criteria set as to maximise the area and Rt to be 'in the range' and strength of buffer to be kept at low level (2 mM), the deposition of salt on capillary electrode gets reduced, thereby lifetime of the instrument increases. With the desirability of 0.937 (Figure 6), the following optimised conditions were considered after analysing the response surface plots (Figures 7 and 8): acetonitrile 80% and 2mM of ammonium acetate buffer (20%) having 0.1% formic acid flow rate at 0.6 mL min<sup>-1</sup>. The MS/MS parameters set were as follows: spray voltage 4750 V, sheath gas







and auxiliary gas pressures were set at 50 and 10 bar, respectively. With these settings predicted, Rt was 1.33 and obtained value was 1.34 (Figure 9). In the case of area, predicted and observed values were very close. Standard calibration curves were linear over an ENZ concentration range of 0.2 to 10 ng mL<sup>-1</sup> in human plasma (spiked). Linear regression of these curves resulted in a linear fit (Figure 10) of y = 0.0615x + 0.000474 (r = .9984) with a weightage of x<sup>-2</sup>. Assay sensitivity was determined by analysing LLOQ samples (n=6)in 3 separate validation batches. The precision values was found to be in the range <3.7% (RSD), and accuracy studies has been found to be between 88% and 95% at 3 QC levels; calculated concentrations at each level are shown in Table 5. The same table shows a summary of intra- and inter-assay precision and accuracy data for QC samples in plasma (spiked) containing ENZ. Results show that these results suggest the acceptable

accuracy and precision of the described method. The LLOQ was set at 0.078 ng mL<sup>-1</sup> for ENZ using 100 µL of spiked plasma (a representative chromatogram is shown in Figure 9, noting that the signal-to-noise ratio for ENZ is >10 times the baseline at 0.078 ng mL<sup>-1</sup>). The average extraction recoveries determined at LQC, MQC, and HQC concentrations were between 88% and 95% for ENZ. The developed assay was applied to a laboratory-prepared spiked samples and softgel capsules containing ENZ. The mean concentration and recoveries for them were found to be quite good in agreement with the nominal values and that was with precision % <5. The overall process efficiency of ENZ quantified in spiked plasma was consistent at 3 concentration levels, varying from 81.33% to 104.6%, whereas that of the IS was 92.7%. In addition, this demonstrates that the precipitation of plasma via the addition of acetonitrile can be successfully used to extract ENZ from



Figure 9. Representative chromatogram of the enzalutamide in the predicted settings.



spiked plasma. The stability results of ENZ during sample handling for 3 freeze-thaw cycles, short-term temperature storage for 3 days, long-term stability for 15 days, and the

stability of the processed samples in the autosampler for 30 hours were evaluated and are shown in Table 6. These sample preparation and storage steps had little effect on the

<b>Fable 5.</b> Precision and accurac	y studies of enzalutamide.
---------------------------------------	----------------------------

AMOUNT PRESENT, NG ML <sup>-1</sup>	AVERAGE AMOUNT RECOVERED <sup>a</sup> , NG ML <sup>-1</sup>	ACCURACY, % RECOVERY	PRECISION, %RSD
0.685	0.651	95.04	1.953
22.75	20.013	87.97	2.634
39.35	36.788	93.49	3.626
0.685	0.622	90.8	2.037
22.75	19.838	87.2	1.623
39.35	36.963	93.93	2.137
% LEVEL ADDED TO 22.75, NG ML <sup>-1</sup>	AVERAGE AMOUNT RECOVERED, NGML <sup>-1</sup>	ACCURACY, % RECOVERY	%RSD
40	27.78	88.19	2.703
80	36.053	89.02	1.963
120	44.867	90.64	2.571

an=6.

#### Table 6. Stability studies of enzalutamide in different conditions.

STORAGE CONDITION	AVERAGE CONCENTRATION <sup>a</sup> , NG ML <sup>-1</sup>	AVERAGE RECOVERED, %	%RSD
Bench-top stability, 11 h	0.629	91.78	2.403
	21.148	92.96	1.781
	35.463	90.12	3.377
Freeze-thaw stability, 3 cycles	0.632	92.31	3.251
	21.01	92.35	2.736
	37.077	94.22	1.748
Short-term stability, 2d	0.617	90.1	3.483
	19.838	87.2	1.623
	36.963	93.93	2.137
Long-term stability, 15d	0.627	91.51	1.950
	22.707	90.1	4.903
	35.515	90.25	2.394
Autosampler stability, 30 h	0.621	90.66	2.408
	4.158	94.19	3.214
	21.34	91.71	3.523

an = 6.

quantification of LQC and HQC samples. Extracted QCs and calibration standards were allowed to stand at 4°C for 24 hours prior to injection without affecting quantification.

#### Conclusions

A robust, simple, QbD-optimised, sensitive MS/MS method was developed and validated for the determination of ENZ

concentration in spiked plasma using a protein precipitation and low pressure gradient elution monitored over MRM mode. This assay provides a linear dynamic range from 0.2 to  $10 \,\mathrm{ng}\,\mathrm{mL}^{-1}$ , leading to an LLOQ of  $0.078 \,\mathrm{ng}\,\mathrm{mL}^{-1}$  using  $100 \,\mu\mathrm{L}$  of blank plasma. To our knowledge, this is quite a robust report of an LC-MS/MS method for ENZ quantification in plasma spiked, and the rugged nature of this study proves that the method may be applied for various research and other preclinical studies.

#### Acknowledgements

A.S.K. Sankar acknowledges the support given by Vels university (VISTAS), Chennai, for allowing him to conduct the research in university facility and the gift samples supplied and the lab facility provided by Quest Life sciences, Chennai.

# **Author Contributions**

ASKS analysed the data and wrote the first draft of the manuscript. RV and SP contributed to the writing of the manuscript. All authors reviewed and approved the final manuscript.

#### **Disclosures and Ethics**

As a requirement of publication, author(s) have provided to the publisher signed confirmation of compliance with legal and ethical obligations including but not limited to the following: authorship and contributorship, conflicts of interest, privacy and confidentiality, and (where applicable) protection of human and animal research subjects. The authors have read and confirmed their agreement with the ICMJE authorship and conflict of interest criteria. The authors have also confirmed that this article is unique and not under consideration or published in any other publication, and that they have permission from rights holders to reproduce any copyrighted material. Any disclosures are made in this section. The external blind peer reviewers report no conflicts of interest.

#### REFERENCES

- International conference on harmonisation (ICH) of technical requirements for the registration of pharmaceutical for human use (ICH 2009). Pharmaceutical development, 2009. http://www.ich.org/fileadmin/Public\_Web\_Site/ICH\_ Products/Consideration\_documents/ICH\_Women\_Revised\_2009.pdf.
- International conference on harmonisation (ICH) of technical requirements for the registration of pharmaceutical for human use (ICH 2005). Validation of analytical procedures: text and methodology, 2005. https://www.ich.org/fileadmin/ Public\_Web\_Site/ICH\_Products/Guidelines/Quality/Q10/Concept\_papers/ Q10\_Concept\_Paper.pdf.
- International conference on harmonisation (ICH) of technical requirements for the registration of pharmaceutical for human use (ICH 2005). Quality risk management, 2005. http://www.ich.org/fileadmin/Public\_Web\_Site/ICH\_Products/ Guidelines/Quality/Q9/Step4/Q9\_Guideline.pdf.
- Borman P, Truman K, Thompson D, Nethercote P, Chatfield M. The application of quality by design to analytical methods. *PharmTech.* 2007;31. http://www.

pharmtech.com/application-quality-design-analytical-methods?id=&;pageID=1&sk=&date. Accessed September 20, 2016.

- Hendriks MMWB, De Boer JH, Smilde AK, Doornbos DA. Multicriteria decision making. *Chemometr Intell Lab.* 1992;16:175–191.
- Sivakumar T, Manavalan R, Valliappan K. Global optimization using Derringer's desirability function: enantioselective determination of ketoprofen in the formulation and in biological matrices. *Acta Chromatogr.* 2007;19:29–47.
- Beg S, Chaudhary V, Sharma G, Garg B, Panda SS, Singh D. QbD-oriented development and validation of a bioanalytical method for nevirapine with enhanced liquid-liquid extraction and chromatographic separation. *Biomed Chromatogr.* 2015;30:818–828.
- Bennett D, Gibbons JA, Mol R, Ohtsu Y, Williard C. Validation of a method for quantifying enzalutamide and its major metabolites in human plasma by LC– MS/MS. *Bioanalysis*. 2014;6:737–744.
- Caiazza F, Murray A, Madden SF, et al. Preclinical evaluation of the AR inhibitor enzalutamide in triple-negative breast cancer cells. *Endocr Relat Cancer*. 2016;23:323–324.
- Gibbons JA, De Vries M, Krauwinkel W, et al. Pharmacokinetic drug interaction studies with enzalutamide. *Clin Pharmacokinet*. 2015;54:1057–1069.
- González O, Blanco ME, Iriarte G, Bartolomé L, Maguregui MI, Alonso RM. Bioanalytical chromatographic method validation according to current regulations, with a special focus on the non-well defined parameters limit of quantification, robustness and matrix effect. J Chromatogr A. 2014;1353:10–27.
- 12. Ha YS, Kim IY. Enzalutamide: looking back at its preclinical discovery. *Expert* Opin Drug Discov. 2014;9:837–845.
- Kim TH, Jeong JW, Song JH, et al. Pharmacokinetics of enzalutamide, an antiprostate cancer drug, in rats. Arch Pharm Res. 2015;38:2076–2082.
- Kochling J, Wu W, Hua Y, Guan Q, Castaneda-Merced J. A platform analytical quality by design (AQbD) approach for multiple UHPLC-UV and UHPLC-MS methods development for protein analysis. *J Pharmaceut Biomed.* 2016;125:130–139.
- Ma X, Zhou W, Zou Q, Ouyang P. Structural elucidation of the impurities in Enzalutamide bulk drug and the development, validation of corresponding HPLC method. *J Pharmaceut Biomed*. 2016;131:436–443.
- Ohtsu Y, Gibbons JA, Suzuki K, Fitzsimmons ME, Nozawa K, Arai H. Absorption, distribution, metabolism, and excretion of the androgen receptor inhibitor enzalutamide in rats and dogs. *Eur J Drug Metab Pharmacokinet*. 2016;42:611–626.
- Ohtsu Y, Thakker DR, Gibbons JA, Tsubota K, Otsuka S, Hiroshi A. Determination of the androgen receptor inhibitor enzalutamide and its metabolites in animal plasma and brain homogenates using LC-MS/MS and its application to pharmacokinetic studies. *Chromatography*. 2015;36:115–122.
- Sandhu PS, Beg S, Katare OP, Singh B. QbD-driven development and validation of a HPLC method for estimation of tamoxifen citrate with improved performance. *J Chromatogr Sci.* 2016;54:1373–1384.
- Sangshetti JN, Deshpande M, Zaheer Z, Shinde DB, Arote R. Quality by design approach: regulatory need. *Arab J Chem.* 2014;10:S3412–S3425.
- Song JH, Kim TH, Jung JW, et al. Quantitative determination of enzalutamide, an anti-prostate cancer drug, in rat plasma using liquid chromatography-tandem mass spectrometry, and its application to a pharmacokinetic study. *Biomed Chromatogr.* 2014;28:1112–1117.
- Tamae D, Byrns M, Marck B, et al. Development, validation and application of a stable isotope dilution liquid chromatography electrospray ionization/selected reaction monitoring/mass spectrometry (SID-LC/ESI/SRM/MS) method for quantification of keto-androgens in human serum. *J Steroid Biochem Mol Biol.* 2013;138:281–289.
- Torrealday N, Gonzalez L, Alonso R, Jimenez R, Lastra EO. Experimental design approach for the optimisation of a HPLC-fluorimetric method for the quantitation of the angiotensin II receptor antagonist telmisartan in urine. *J Pharm Biomed Anal.* 2003;32:847–857.