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Prenatal Maternal Risk Factors Contributing to Atopic Dermatitis: A Systematic Review and Meta-Analysis of Cohort Studies

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Hospital of Tianjin University of Traditional Chinese Medicine, No.88 Changling Road, Xiqing District, Tianjin 300381, China Tel: +86-022-27987678 Fax: +86-022-27987678 E-mail: hongtcm123@outlook.com https://orcid.org/0000-0003-1242-6167 **Background:** The gestational risk factors predispose to the manifestation of early childhood atopic dermatitis (AD).

Objective: We evaluated the association between modifiable and non-modifiable gestational and prenatal risk factors that affect the AD prevalence in children.

Methods: We performed the systematic review and meta-analysis of cohort studies (n=27) in PubMed and EMBASE (2000~2021). A meta-analysis was performed using random-effects models to estimate pooled odds ratios (OR) or hazard ratio (HR). We performed a systematic review according to Preferred Reporting Item for Systematic Review and Meta-Analyses (PRISMA) guidelines and summarized cohort studies investigating gestational and prenatal risk factor those predispose to AD in off spring. Leading modifiable and non-modifiable were identified through ORs. Meta-analysis using the random effect model was also conducted to provide an overall estimate for several significant factors.

Results: Among the non-modifiable risk factors gestational diabetes (7.2, 95% confidence interval [CI]: 1.4~34.5), maternal history of allergy (2.14, 95% CI: 1.54~2.97) and prenatal history of eczema (2.46, 95% CI: 1.0~5.8) were found as major determining risk factors in early manifestation of AD in children. Further, maternal exposure to industrial products (1.89, 95% CI: 1.10~3.16), exposure to antibiotics during pregnancy (3.59, 95% CI: 1.19~10.85) and passive smoking during pregnancy (2.60, 95% CI: 1.11~6.1) are leading causes of early AD manifestation.

Conclusion: Conclusively, both genetic and environmental factors play a pivotal role in early manifestation of AD. The better managing the environmental factors during gestational phase to the least can help curtail the prevalence of AD in children.

Keywords: Atopic dermatitis, Gestational, Prenatal, Risk factors

INTRODUCTION

Atopic dermatitis (AD) is common non-communicable inflammatory skin diseases manifested by itching and recurrent eczematous lesions^{1,2}, skin inflammation, skin barrier abnormality and increase chances of skin infection³. It is one of the leading cause of skin related global burden affecting healthrelated quality of life (HRQoL)in both adults and children⁴. According to estimates, the prevalence of AD is highest in children ranging from 10% to 20%⁵ compared to 2.1%~8.1% among adults⁶. A group of dermatologists put the prevalence of AD at 30.48% in infants aging 1 to 12 months and 12.94% in 1 to 7 years old children⁷. It may also predispose to asthma, hay fever and food allergy, infections and cardiovascular risk⁸.

The etiology of AD is poorly understood and literature mainly puts the burden on genetic factors, immunological factors⁹ and lifestyle issues^{10,11}. The filaggrin protein is located on chromosome 1q21.3 and its modifications are identified as major contributing factor in AD onset and progression and asthma^{12,13}. The major role of flaggerin is to maintain skin barrier functions¹⁴. More than

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34 loci have been identified as predisposing factors in AD, among which overexpression of EMSY, mutations in docking protein 2 (DOK2), CD200 receptor 1, LoF mutations in caspase recruitment domain-containing protein (CARD14) are linked with AD^{15–17}. Socioeconomic position, demographics, smoking patterns, diet, alcohol exposure, weight gain, allergy history and even season of birth play a vital role in clinical manifestation of AD¹⁸.

Considering the importance of genetic and ecological factors combined, it is imperative to notice what maternal and gestational factors during pregnancy play their part in manifestation of AD. This review aims to provide the data from the cohort studies relating to the maternal factors during pregnancy those affect the onset of AD in offspring.

MATERIALS AND METHODS

Search strategy and selection criteria

This review comprises of an extensive and systematic literature search from PubMed (2000~present) and Cochrane library (2000~present). Preferred Reporting Item for Systematic Review and Meta-Analyses (PRISMA) guidelines were followed for the conduction of this review¹⁹. Both PubMed and Cochrane library were searched in the first week of August 2021. Search terms were based on the Mesh terms where necessary and free text [For instance (prenatal OR antenatal OR gestational OR maternal OR pregnancy) AND ("atopic dermatitis" OR "eczema" OR "allergic disease*" OR "atopic disease*" OR "allergic disorder*")] (Complete search terms are provided as Supplementary Data). Selection criteria was further narrowed by restricting the search to cohort studies that are published in English language after 2000. The titles and abstracts of the finalized articles were screened based on the pre-existing criteria. Two independent researchers reviewed full-texts articles that qualifies for the selection criteria. Any inclusion conflict was settled through discussion among the study team. The protocols for this review are registered with PROS-PERO (registration number: XXX12345678901). The software RevMan 5.2 and STATA version 14.0 (College Station, TX, USA) were used to construct the meta-analysis. Ethical approvals were not required as this systematic review and meta-analysis does not involve any direct participation of human. The cohort studies based on the association of any pre-existing maternal condition(s) that is/are manifested into AD in newborn were included in this systematic review. If the same research had duplicate reports, only the most recent one was included in the meta-analysis.

Data collection and analysis

1) Selection of studies

Two researchers independently performed the study selection procedure the same time. Duplicate papers and unqualified literatures were removed by sifting through the abstracts and articles. Full-text articles were then screened for further exclusion. Excluded studies were compiled in a table with a reason for exclusion written in front. Any conflict was resolved through discussion. Details of the study selection procedure are shown in Fig. 1 (PRSIMA table).

2) Data extraction

Two independent researchers extracted the required data from all the included studies on first author's name, publication year, study location, study design, maternal infection, children's allergic disorder information, sample size, effect size and 95% confidence interval (CI), and adjusted or matched varieties. Disagreements about study information were resolved through discussing with a third author.

3) Quality assessment of included studies

Newcastle–Ottawa Scale (NOS) recommended by Cochrane Collaboration assessed the quality of the included studies. This scale consists of 8 items evaluating the quality of observational cohort studies in terms of selection, comparability, and outcome. Differences in opinion were resolved by discussion or consultation with a third author.

Data synthesis and statistical analysis

1) Data synthesis

We conducted a meta-analysis to generate pooled odds ratios (ORs) and 95% CI for the association between maternal infection during pregnancy and asthma or eczema in offspring using RevMan 5.3.5 and STATA version 12.0.

2) Assessment of heterogeneity

Heterogeneity was assessed by the I² test. The value of I2 ranges from 0% to100%. with 0% to 40% indicating no important heterogeneity, 40% to 60% indicating moderate heterogeneity, 60% to 90% indicating substantial heterogeneity, and >90% indicating considerable heterogeneity. If I² \geq 50%, the reasons for the high heterogeneity was searched and a random-effects model for data analysis were used.



Fig. 1. PRISMA flow diagram. *Consider, if feasible to do so, reporting the number of records identified from each database or register searched (rather than the total number across all databases/registers). [†]If automation tools were used, indicate how many records were excluded by a human and how many were excluded by automation tools.

3) Assessment of publication bias

A funnel plot was used to evaluate publication bias if more than 10 studies are included. Relative risk from each study is plotted against their variance. Asymmetrical appearance of the plot indicates the presence of publication bias. Egger test was used to test the asymmetry of the funnel plot. The result was classified based on the Cochrane Handbook for Systematic Reviews of Interventions.

4) Sensitivity analysis

The sensitivity analysis was performed to assess whether the sample size and missing data impact the results of the review. If there are adequate studies (no less than 3 studies), we conducted a sensitivity analysis to check the robustness of conclusions and assess the impact of methodological quality.

RESULTS

Literature search

We have searched the PubMed and Embase databases for related search terms (Supplementary Data) that yielded 171 and 58 records respectively. Duplicates, review articles/metaanalysis, and inconclusive conference proceedings were removed. Only the cohort studies published in English language were selected for further analysis. 72 records were finalized for screening of which 45 were found to be eligible for final analysis. In total, 27 studies were included in the meta-analysis. The PRISMA flow diagram is presented in Fig. 1.

Study characteristics

The retrospective and prospective cohort studies those discuss the prenatal and gestational risk factors in pregnant women that affect the manifestation and/or occurrence of AD in offspring were included in the review. The age of mother(s) was not specified, though studies discussing the age as an isolated risk factor for AD were included. The included 27 studies encompass 327, 364 individuals (pregnant mother/kid) form 13 different countries. Both modifiable and non-modifiable risk factors were included in the study. The minimum age detected for diagnosis of AD was 6 months and maximum was observed to be at 18 years (Table 1)²⁰⁻⁵⁴. OR and hazards ratio were used to draw a forest plot. Multiple factors from one study were also included in the forest plot. Quality assessment using the NOS scale revealed 70% of the studies have score more than 6.

Reference (year)	Country	Sample size (n)	Study design	Risk of AD development manifested in OR (95% Cl)	AD diagnosis age in children	Study goal	Modifiable/ non-modifiable
Bertelsen et al. (2014) ⁴⁴	Norway	40,614	Questionnaire	0.859 (0.807~0.914)	6 months	Association between consumption of probiotic milk in pregnancy and childhood AD	Modifiable
Chiu et al. (2015) ⁴⁵	Taiwan	164 mother– child pairs	Questionnaire	0.12 (0.02~0.63)	4 years	Relationship between maternal vitamin D levels and AD in early age	Modifiable
Chen et al. (2018) ²¹	China	1,056 pregnant women	Interview/ medical records	2.22 (1.07~4.58)	24 months	The link between Prenatal exposure to perfluoroalkyl and perfluoroalkyl substances and childhood AD	Modifiable
Chang et al. (2016) ³⁸	Republic of Korea	973 mother- baby dyads	Questionnaires	1.31 (1.02~1.69)	5 years	Prenatal maternal distress association with AD in offspring	Non- modifiable
		1,531 mother- baby dyads		1.85 (1.06~3.25)			Non- modifiable
Celik et al. (2019) ²⁰	Turkey	84 AD children, 56 normal children	Questionnaire	2.60 (1.11~6.1)	24 Months	Mothers exposure to fermented food/exposure to passive smoking and chances of childhood eczema	Modifiable
Carson (2013) ³⁰	Denmark	411 Kids	Interview	1.44 (1.05~1.99)	First seven years of life	Alcohol intake with history of asthma and childhood AD	Modifiable
Drucker et al. (2019) ³¹	United States of America	13,269	Questionnaires	1.23 (1.05~1.43)	10-17 years of age	Association between maternal pre- pregnancy BMI, gestational weight gain, and offspring AD	Modifiable
Gazibara et al. (2016) ⁴⁶	The Netherlands	3,019 mothers and their children	Questionnaires	0.97 (0.50~1.87)	Until the age of 4 years	Associations of maternal and fetal 25-hydroxyvitamin D levels with childhood AD	Modifiable
Wadonda- Kabondo et al. (2004) ³⁵	United Kingdom	14,541 mothers 14 062 children	Questionnaires and clinical assessments	1.69 (1.47~1.95)	42 months	Association of parental eczema, hay fever, and asthma with AD in infancy	Non- modifiable

Table 1. Tabulated characteristics of thirty-five included studies

Reference (year)	Country	Sample size (n)	Study design	Risk of AD development manifested in OR (95% CI)	AD diagnosis age in children	Study goal	Modifiable/ non- modifiable
Mukherjee et al. (2018) ⁴⁷	United Kingdom	1,456 mother– child pairs	Interviews and examinations	0.4 (0.2~0.8)	18 years of age	Breastfeeding modifies the effect of smoking during pregnancy on eczema	Modifiable
Renz-Polster et al. (2005) ⁴⁸	United States of America	8,953 births	Electronic medical records	0.90 (0.7~1.16)	Children aged 3–10 years	The effects of C-section/Vaginal delivery on AD	Modifiable
Wegienka et al. (2015) ⁴⁹	United States of America	1,258 women	Interviews, a clinic visit with a study physician and results from biological and environmental samples	0.69 (0.44~1.08)	2 years	Antibiotics and vaginal antifungal use during pregnancy and its effects on childhood eczema	Modifiable
Goudarzi et al. (2018) ⁵⁰	Japan	3,296 mother– child pairs	Asthma and Allergies in Childhood (ISAAC) questionnaires	0.97 (0.94~0.99)	Up to 7 years	Pre-pregnancy BMI and risk of eczema at 7 years	Non- Modifiable
Taylor- Robinson et al. (2016) ⁴³	United Kingdom	14,499 children	-	1.52 (1.31~1.76)	Up to 5 years	Pre-pregnancy BMI and risk of eczema at 7 years	Non- Modifiable
Korhonen et al. (2018) ⁵¹	Finland	Atopic kids: 202 Non-atopic kids: 333	Blood and cord sample collection	0.43 (0.23~0.80)	5 years	Enterovirus infection in pregnancy and AD risk in children	Non- Modifiable
Zulyniak et al. (2020) ⁵²	Canada	2,160 mother- infant pairs	Semi-quantitative food-frequency questionnaire (FFQ)	0.65 (0.55~0.76)	1 year	Plant-based diet and its association with AD	Modifiable
Deng et al. (2016) ²⁴	China	2,598 pre- school children	Questionnaire	1.54 (1.14~2.09)	6 years	Maternal exposure to outdoor air pollution and links with childhood AD	Modifiable
Kumar et al. (2009) ³²	United States of America	680 children	Medical record review	7.2 (1.4~34.5)	3.2±2.3 years	Gestational diabetes and risk of childhood AD	Non- Modifiable
Gao et al. (2019) ³⁴	China	976 mother– child pairs	Questionnaires	3.59 (1.19~10.85)	12 months	Influence of prenatal and early-life exposures on food allergy and eczema in infancy	Modifiable
				2.14 (1.54~2.97)			Non- modifiable

Table 1. Continued 1

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Reference (year)	Country	Sample size (n)	Study design	Risk of AD development manifested in OR (95% Cl)	AD diagnosis age in children	Study goal	Modifiable/ non-modifiable
				1.38 (1.00~1.91) 1.81 (1.17~2.80)			Non- modifiable Modifiable
Wang et al. (2013) ⁴²	Taiwan	24,200 mother– newborn pairs	Questionnaires	1.64 (1.44~1.87)	3 years of age	Maternal employment and AD in children	Non- modifiable
Hersoug et al. (2008) ⁴¹	Denmark	31,471 mother-child pairs	Interview	1.03 (0.81~1.301)	18 months of age	Maternal employment in child-care institutions and the risk of AD in the offspring	Non- modifiable
Miyake et al. (2013) ²⁷	Japan	1,354 Japanese mother–child pairs	Diet history questionnaire	1.42 (0.93~2.17)	23~29 months	Maternal fat intake and risk of AD	Modifiable
Rucci et al. (2016) ²⁸	Netherlands	4,976 subjects	ISAAC-based questionnaires	1.21 (1.07~1.37)	6 years	Maternal fatty acid levels during pregnancy, childhood lung function and risk of AD	Modifiable
Leermakers et al. (2013) ²⁹	Netherlands	2,976 mothers	Food frequency questionnaire	1.17 (1.00~1.38)	4 years	Maternal fish consumption during pregnancy and risks of wheezing and eczema in childhood	Modifiable
Elbert et al. (2017) ³⁷	Netherlands	5,205 children	Questionnaire	1.15 (1.02~1.29)	5 years	Gestational psychiatric symptoms and risk of childhood AD	Non- modifiable
Wang et al. (2016) ³⁶	Taiwan	24,200 mother– newborn pairs	Questionnaire	1.42 (1.21~1.66)	3 years	Maternal psychologic problems increased the risk of childhood AD	Non- modifiable
Rada et al. (2020) ⁴⁰	United States	4,044 mothers 4,813 off springs	Questionnaire	1.06 (0.76~1.47)	Born between 1987 and 1995*	Night shift work surrounding pregnancy and offspring risk of AD	Non- modifiable
Lu et al. (2017) ²⁶	China	2,598 children	Questionnaire	1.26 (1.09~1.46)	3~6 years	Perinatal exposure to traffic-related air pollution and eczema in preschool children	Modifiable
Timm et al. (2017) ⁵³	Denmark	62,560 mother–child pairs	Questionnaires	1.45 (1.19~1.76)	18 months	Prenatal antibiotics and AD risk	Modifiable

Table 1. Continued 2

Reference (year)	Country	Sample size (n)	Study design	Risk of AD development manifested in OR (95% Cl)	AD diagnosis age in children	Study goal	Modifiable/ non-modifiable
Lu et al. (2017) ²⁶	China	2,598 children	Questionnaire	1.26 (1.09~1.46)	3~6 years	Perinatal exposure to traffic-related air pollution and eczema in preschool children	Modifiable
Timm et al. (2017) ⁵³	Denmark	62,560 mother– child pairs	Questionnaires	1.45 (1.19~1.76)	18 months	Prenatal antibiotics and AD risk	Modifiable
Just et al. (2012) ²⁵	United States of America	407	Questionnaires	1.52 (1.21~1.91)	24 months of age.	Prenatal exposure to butyl benzyl phthalate and early eczema	Modifiable
Kurzius- Spencer et al. (2005) ³³	United States of America	744 pregnant women	Questionnaires/ blood samples	2.46 (1.0~5.8)	12 months	Prenatal factors associated with the development of eczema	Non- modifiable
Lee et al. $(2021)^{23}$	Republic of Korea	738 mother– child pairs	Questionnaires/ blood samples	1.83 (1.00~3.38)	6-month	Prenatal heavy metal exposures and atopic dermatitis	Modifiable
Wen et al. (2009) ²²	Taiwan	863 mother infant pairs	ISAAC questionnaire	1.89 (1.10~3.16)	5-year	Prenatal perfluorooctanoic acid exposure and early onset AD	Modifiable
McKeever et al. (2001) ⁵⁴	United Kingdom	29,238 children	Questionnaire	0.70 (0.64~0.76)	2 years	Siblings, multiple births, and the incidence of allergic disease	Non- modifiable
Mommers et al. (2010) ³⁹	Netherlands	2,319 children	Questionnaire	1.42 (0.84~2.39)	2 years	Timing of infection and development of wheeze, eczema, and atopic sensitization	Non- modifiable

Table 1. Continued 3

AD: atopic dermatitis, OR: odds ratio, CI: confidence interval, HR: hazards ratio, RR: relative risk, BMI: body mass index, C-Section: cesarean delivery, PUFA: polyunsaturated fatty acids. *Questionnaires were completed in 2004.

The modifiable gestational/prenatal risk factors and association with AD

The analysis of the studies revealed that AD is associated with various modifiable gestational/prenatal risk factors. Among the 27 included reports, 20 had highlighted the modifiable gestational risk factors. The ingestion and/or exposure to different industrial pollutants during pregnancy was found to be greatest modifiable risk factor(s) that predisposes to AD in off springs. Mothers with exposure to passive smoking had higher risk of developing AD in their kids (2.60, 95% CI 1.11~6.1)²⁰. Prenatal exposure to perfluoroalkyl and polyfluo-

roalkyl substances raised the risk for childhood AD (2.22, 95% CI 1.07~4.58)²¹. It was followed by prenatal perfluorooctanoic acid (1.89, 95% CI 1.10~3.16)²² and heavy metal exposure (1.83, 95% CI 1.00~3.38) during pregnancy that raises the chances of AD in kids²³. Other prominent modifiable risk factors are maternal exposure to outdoor air pollution (1.54, 95% CI 1.14~2.09)²⁴, prenatal exposure to butyl benzyl phthalate (1.52, 95% CI 1.21~1.91)²⁵, and 1st trimester exposure to NO₂ in 1st trimester (1.26, 95% CI 1.09~1.46) (Fig. 2)²⁶.

Dietary habits and patterns during pregnancy were found as second leading cause of AD risk in children.

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Studies	Estimate (95% CI)	
Exposure to environmental tobacco smoking during pregnancy	2.600 (1.110, 6.090)	
Higher maternal vitamin D levels during pregnancy	0.120 (0.023, 0.626)	
Prenatal exposure to perflurononanoic acid	2.220 (1.076, 4.580)	
Gestational weight gain	1.230 (1.050, 1.441)	-
25-hydroxyvitamin D in mid-gestation	0.970 (0.503, 1.871)	
Parents atopic disease	1.690 (1.470, 1.943)	
Effects of C-section vs normal delivery on AD	0.900 (0.700, 1.157)	
Degree level qualification vs no educational qualification	1.520 (1.310, 1.764)	
Maternal etenovirus infection	0.430 (0.230, 0.804)	_
Plant based diet	0.650 (0.550, 0.768)	-
Maternal exposure to outdoor air pollution during pregnancy	1.540 (1.140, 2.080)	
Gestational diabetes	7.200 (1.400, 37.029)	• • • • • • • • • • • • • • • • • • •
Prenatal history of allergy	2.140 (1.540, 2.974)	
Milk or milk products consumption 3~4 times a week	1.810 (1.324, 2.474)	
Exposure to antibiotics during pregnancy	3.590 (1.190, 10.830)	
Maternal emplyment in professional and technical occupation	1.640 (1.440, 1.868)	
Eicosapentaenoic acid+docosahexaeoric acid	1.420 (0.930, 2.168)	
Total PUFA and total n-6 PUFA levels	1.210 (1.070, 1.368)	
Maternal fish consumption of 3,569 g per week	1.170 (1.000, 1.369)	-
Maternal anxiety	1.150 (1.020, 1.297)	
Maternal psychological problems	1.420 (1.210, 1.666)	—
Maternal night shift work	1.060 (0.760, 1.478)	- -
1st trimester exposure to No2 (air pollution)	1.260 (1.090, 1.457)	_
Prenatal antibiotic exposure	1.450 (1.190, 1.767)	
Prenatal active eczema	2.460 (1.000, 6.052)	
Prenatal heavy metal exposure	1.830 (1.000, 3.349)	
Timing of infection of common cold (7~12 mo) and eczema studied at 12~24 mo	1.420 (0.840, 2.400)	
Overall (l ² =84.39%, p<0.001)	1.330 (1.178, 1.502)	\$
	0.02 0.05 0.11 0.23	3 0.46 1.15 2.3 4.6 11.5 23 37.03 OR (log scale)

Fig. 2. Pooled ORs from meta-analyses representing modifiable/non-modifiable factors gestational/prenatal risk factors for the predisposition of AD in children. The analysis was performed using RevMan 5.3.5 and STATA version 12.0. Both modifiable and non-modifiable maternal factors play a decisive role in manifestation of AD in offspring. Gestational diabetes and maternal exposure to antibiotics during pregnancy remain a key factor for AD risk in immediate children. AD: atopic dermatitis; OR: odds ratio.

Maternal fat intake during pregnancy (eicosapentaenoic acid+docosahexaenoic acid) (1.42, 95% CI $0.93\sim2.17$)²⁷, higher maternal total polyunsaturated fatty acids (PUFA) and total n-6 PUFA levels (1.21, 95% CI $1.07\sim1.37$)²⁸ are also linked with raised risk of AD in newborns. Further, higher maternal fatty fish consumption of around 35~69 g per week (1.17, 95% CI $1.00\sim1.38$)²⁹, alcohol intake in pregnancy (1.44, 95% CI $1.05\sim1.99$)³⁰, higher maternal pre-pregnancy body mass index and gestational weight gain (1.23, 95% CI $1.05\sim1.43$)³¹ are dietary risk factors associated with higher risk of AD (Fig. 2).

The non-modifiable gestational/prenatal risk factors and association with AD

The most important non-modifiable gestational risk factors associated with the prevalence of AD in newborn is gestational diabetes (7.2, 95% CI $1.4 \sim 34.5$)³², followed by prenatal eczema in pregnancy (2.46, 95% CI $1.0 \sim 5.8$)³³ and prenatal history of

allergy (2.14, 95% CI 1.54~2.97)³⁴. Another study also pointed at the parents history of eczema, asthma, hay fever and associated risk of AD in offspring (1.69, 95% CI 1.47~1.95)³⁵. Furthermore, children of mothers suffering from mental disorders such as maternal psychological disorder (1.42, 95% CI 1.21~1.66)³⁶, maternal anxiety (1.15, 95% CI 1.02~1.29)³⁷, distress mothers suffering from distress (1.85, 95% CI 1.06~3.25), depression during pregnancy (1.31, 95% 1.02~1.69)³⁸ had an increases risk of developing AD.

Timing of first infection of common cold (7~12 months) and eczema in kids diagnosed at 12~24 months (1.42, 95% CI 0.84~2.39)³⁹ is related. The pattern of life during gestational period seems to play a vital role in determining the degree of risk of AD in offspring. For instance, maternal night shift work (1.06, 95% CI 0.76~1.47)⁴⁰, mothers employed in childcare institutions (1.03, 95% CI 0.81~1.301)⁴¹, mothers with professional or technical occupation (1.64, 95% CI 1.44~1.87)⁴²,

season of birth (1.38, 95% CI 1.00~1.91), and degree-level qualifications (1.52 95% CI 1.31~1.76)⁴³, predisposes to AD in children (Fig. 2).

DISCUSSION

The results of this meta-analysis of cohort studies focusing on the prenatal factors that increase the risk of childhood eczema suggest that both modifiable and non-modifiable factors are important in AD predisposition. The broader understanding of this meta-analysis revealed that exposure to industrial hazards and outdoor air pollution in pregnant mothers is the largest group of risk modifiable factors that raises the risk of AD in young kids. Previous studies have also highlighted eczema as an environmental disease^{55,56}. In addition to environmental factors, dietary factors also play a significant role. The consumption of fatty diet in prenatal phase remains a second largest group of factors in the context. Our results are in line with the previous animal⁵⁷ and human data⁵⁸. Furthermore, life patterns, obesity and alcohol consumption during pregnancy phase are other important causes of childhood AD. Correspondingly, previous studies have associated reduction in weight with improved treatment outcomes in AD patients⁵⁹. Our analysis suggested that other factors such as consumption of probiotic milk in pregnancy, higher levels of maternal vitamin D, deficiency in vitamin D at mid-gestational period, effects of gestational smoking and breastfeeding on AD, cesarean delivery and plant based diet does not significantly affect the outcomes in childhood AD.

Similarly, among group of non-modifiable risk factors gestational diabetes and prenatal eczema/allergies understandably remain a key determining factor of childhood AD. There is abundant data available suggesting the key role and association of asthma and other allergies with childhood eczema⁶⁰. Mother's psychological state, depression and anxiety is second largest non-modifiable group of risk factors predisposing to childhood AD. Interestingly there is a shared genetic liability between major depressive disorders and AD⁶¹. Furthermore, mother's occupation and pattern of work life style was revealed as another vital predisposing factor. It is also interesting to notice that even season of birth of autumn/winter play a significant role in AD manifestation in young kids. Mother's exposure to passive smoking invariably affects the emergence of AD in kids. Interestingly, the manifestation of AD in adolescents is also affected by second-hand smoking⁶².

Our results showed that maternal risk factors during pregnancy period play a decisive role in manifestation of AD in off spring. A set of both modifiable and non-modifiable risk factors are associated with predisposition of AD. Namely, mother's exposure to industrial substances, antibiotics use and passive smoking during pregnancy are leading causes of AD early risk. Similarly parental allergy history, prenatal eczema mother's psychological state determines the predisposition of AD in children. Both environmental and genetic factor in gestational period play a diverse and intricate role in manifestation of AD in off spring. Further studies are required clarify the mechanisms and ways to manage the modifiable factors to the least.

SUPPLEMENTARY MATERIALS

Supplementary data can be found via http://anndermatol.org/ src/sm/ad-21-268-s001.pdf.

CONFLICTS OF INTEREST

The authors have nothing to disclose.

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DATA SHARING STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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