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Case Report

Possible case of polyarteritis nodosa with epididymitis following COVID-19 vaccination: A case report and review of the literature.

Yusuke Ohkubo, Shin-ichiro Ohmura, Ryuhei Ishihara, Toshiaki Miyamoto

Department of Rheumatology, Seirei Hamamatsu General Hospital, Hamamatsu, Shizuoka, Japan.

Address correspondence to: Shin-ichiro Ohmura,

Division of Rheumatology, Seirei Hamamatsu General Hospital,

2-12-12 Sumiyoshi, Naka-ku, Hamamatsu-city, Shizuoka 430-8558, Japan

Telephone: +81-53-474-2222; Fax: +81-53-471-6050; E-mail: s-omura0018@sis.seirei.or.jp

Abstract

The global outbreak of coronavirus disease (COVID-19) caused by severe acute respiratory syndrome coronavirus type 2 has prompted the rapid spread and development of vaccines to prevent the spread of the disease. COVID-19 vaccine has demonstrated excellent efficacy in reducing morbidity and severity of the disease, and most adverse reactions are very minor. However, some patients have been reported to develop autoimmune diseases, such as rheumatoid arthritis, myocarditis, Guillain-Barre syndrome, and vasculitis, following COVID-19 vaccination. Herein, we present a case of polyarteritis nodosa with epididymitis following COVID-19 mRNA vaccination. The patient's initial symptoms were fever and testicular pain, and magnetic resonance imaging showed epididymitis. He was diagnosed as having polyarteritis nodosa with epididymitis and treated with high-dose prednisolone, with a good clinical outcome.

Keywords: COVID-19, mRNA vaccine, autoimmune phenomena, polyarteritis nodosa, epididymitis

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Introduction

The new coronavirus disease (COVID-19) has spread worldwide and sometimes causing severe conditions, leading to poor outcomes. COVID-19 vaccines have been rapidly delivered worldwide. In Japan, the mRNA vaccines "BNT162b2" (Pfizer Biotech) and "mRNA-1273" (Moderna) have been approved since 2021. These vaccines are effective in reducing the morbidity and severity of the disease. Although minor adverse drug reactions are common, serious adverse drug reactions, such as thrombosis with thrombocytopenia and myocarditis, have rarely been reported [1]. In addition, the development of autoimmune diseases, such as rheumatoid arthritis (RA) and lupus nephritis, has been reported following COVID-19 vaccination [2,3]. Furthermore, several investigators reported vasculitis following the vaccination [4,5].

Herein, we report a possible case of polyarteritis nodosa (PN) with epididymitis following COVID-19 mRNA vaccination.

Case presentation

A 61-year-old healthy man presented with fever and testicular pain. He had no past history of chronic disease or allergies, no any new medications, and no infectious symptoms before vaccination. He and his family had no documented history of COVID-19.

In September 2021, he received the first dose of the Pfizer vaccine. Seventeen days following the first dose of Pfizer vaccination, fever and testicular pain developed, which did not resolve. He visited the clinic and received antibiotics, however, the treatment did not improve his condition. Therefore, he was referred to our hospital. On admission, his body temperature was 38.5°C, pulse rate 105 beats per minute, blood pressure 127/91 mmHg, respiratory rate 18 breaths per minute, and oxygen saturation 98% (room air). His weight was 83.0 kg, which had reduced by 6 kg compared to that 3 weeks prior. Physical examinations showed no conjunctival hyperaemia, palpable cervical lymph nodes, difference in breath sounds, obvious pulmonary or cardiac murmur, tenderness of the abdominal region, bilateral leg oedema, skin rash, or abnormal neurological findings. However, he had grasping pain in the lower leg and scrotum.

Blood tests showed white blood cells $12890/\mu$ L, red blood cells $549 \times 10^4/\mu$ L, haemoglobin 13.8 g/dL, haematocrit 41.2%, platelet $35.5 \times 10^4/\mu$ L, total protein 7.3 g/dL, albumin 3.4 g/dL, total bilirubin 1.3 mg/dL, direct bilirubin 0.4 mg/dL, aspartate transaminase 14 U/L, alanine transaminase 13 U/L, alkaline phosphatase 58 U/L, lactate dehydrogenase 141 U/L, γ -glutamyltransferase 20 U/L, cholinesterase 252 U/L, creatine kinase 78 U/L, uric acid 3.3 mg/dL, blood urea nitrogen 17.0 mg/dL, creatinine 1.1 mg/dL, c-reactive protein 22.9 mg/dL,

erythrocyte sedimentation rate 83 mm/hour, total prostate-specific antigen 2.04 ng/mL, free prostate-specific antigen 0.35 ng/mL, antinuclear antibody 1:40 (homogeneous), myeloperoxidase-anti neutrophil cytoplasmic antibody (ANCA) <1.0 U/mL, proteinase 3-ANCA <1.0 U/mL, and urinalysis showed no occult blood, 1-4 red blood cells/high power field, 1-4 white blood cells/high power field, and no proteins. The patient was negative for Hepatitis B antigen. T-SPOT-TB test and urine mycobacterium culture was negative. Polymerase chain reaction (PCR) test for chlamydia and gonorrhoea as per the urine sample was negative. His PCR test for COVID-19 was also negative. His blood and urine culture were negative. Whole computed tomography (CT) showed no specific lesions, and CT angiography showed no aneurysm. Testicular ultrasonography showed that the left spermatic cord was markedly more prominent than the right spermatic cord, with a perineal hyper-echoic area but not increased blood flow (Fig. 1). He was initially administered meropenem for the high fever, but his condition did not improve. Thus, further examinations were conducted. T2-weighted MRI for his scrotum showed enlargement of the left epididymis and dilation of the venous system (Fig.2a). Gadolinium-contrasted T1-weighted MRI findings for a sagittal section of the epididymis showed soft tissue thickening around the epididymis (Fig.2b). These MRI findings were consistent with epididymitis, but did not show vasculitis change. The MRI for his lower extremities showed diffuse high intensity area in his adductor femoris, hamstrings, quadriceps, and triceps surae muscles (Fig. 3). In addition, the MRI showed that perivascular high-signal area and vessel wall thickening was seen in femoral artery and posterior tibial artery, which showed inflammation of the arteries. The patient refused biopsy for his testicular vein and a biopsy was performed for his lateral great muscle, which showed mild lymphocyte infiltration of the muscle fibers with degeneration and atrophic change but the biopsy did not show necrotizing vasculitis.

Although the pathological findings did not show vasculitis, the patient was fulfilled with the American College of Rheumatology 1990 criteria for the classification of PN [6]. In addition, he had myalgia with diffuse hyperintensity area of muscle and inflammatory change of femoral and posterior tibial arteries on MRI. Furthermore, scrotum MRI showed epididymitis and infections that cause epididymitis such as gonorrhea, chlamydia, and tuberculosis were denied in blood or urine examinations. Considering these results, we diagnosed him PN with epididymitis and treated with prednisolone (PSL) 60 mg/day. Clinical course was shown in Figure 4. After the treatment, his testicular pain improved within a few days after PSL treatment and his condition improved. He was discharged from the hospital 31 days after admission. Five months later, his condition was stable with the treatment of PSL 5 mg/day. His MRI for the scrotum at last observation improved compared to the those of before treatment (Fig.2).

Discussion

We experienced a possible case of PN with epididymitis following COVID-19 vaccination. Through our experience of this case, we can make 2 clinically important observations.

Firstly, our patient developed following COVID-19 vaccination. The COVID-19 vaccine is a mRNA vaccine, with a different mechanism from that of existing vaccines. Viral mRNA is administered into human cells in the epithelium encapsulated in lipid nanoparticles which undergoes cellular translation to form the target spike protein and promote antibody formation [7]. Vaccines based on mRNA-containing lipid nanoparticles (LNPs) are a promising new platform. However, injection of LNPs lead to rapid and robust inflammatory responses, characterized by neutrophil infiltration, activation of diverse inflammatory pathways, and production of various inflammatory cytokines and chemokines [8].

On the other hand, in patients with COVID-19, the cooperative action of NF-kB and STAT3 activates the amplification circuit of interleukin 6, resulting in an abnormal increase in the production of inflammatory cytokines [9]. In addition, patients with multiorgan failure had coagulation abnormalities and these patients were associated with poor prognosis because they had the microthrombi of the lungs, lower limbs, hands, brain, heart, liver, and kidneys while vaccine vaccine-induced inflammation is not associated with microthrombi [8,9]. Although the mechanism of development of vasculitis following vaccination is unknown, a number of cases of vasculitis have been reported following influenza vaccination [10]. One report showed that 64.6% of systemic vasculitis following influenza vaccination was small vessel vasculitis [11]. Small vessel vasculitis following COVID-19 vaccination also has been reported, mainly ANCA associated vasculitis (AAV) [4]. In addition, one report showed that AAV patients with second vaccination was higher than those of first dose and it is possible that booster vaccination might have induced the development of AAV [12]. However, medium vessel vasculitis is a rare complication. We found four cases of medium-sized vasculitis following COVID-19 vaccination, including our case, and summarized them in Table 1 [13-15]. Three patients were male and two patients received mRNA vaccination. Three patients developed vasculitis after the first dose of vaccination. All the patients experienced adverse effects within 30 days of vaccination. Two male patients experienced orchitis. The visceral involvement were renal, mesenteric artery, skin, and muscle, and epididymis. Biopsy was performed in three cases, two of which showed necrotizing vasculitis. ANCA was negative in all cases. All patients were treated with systemic therapy, including glucocorticoids and immunosuppressive drugs, and all recovered.

Secondly, our patient had PN with epididymitis. A previous report showed that approximately 20% of

patients with PN had testicular pain, which was associated with epididymitis [16]. In addition, autopsy cases of patients with PN showed that 60–86% had intra-scrotal lesions, which were then identified as common lesions in these patients [17]. On the other hand, several investigators reported epididymitis following vaccination, in particular, measles-mumps-rubella vaccination [18,19]. Epididymitis following Mumps vaccination is considered to be an immune-mediated adverse reaction in which specific lymphocytes for the vaccine antigen or wild-type mumps virus are pre-existing in the testis and react immediately when the vaccine antigen reaches the testis [18]. Testicular pain and epididymitis also was also observed in patients with COVID-19, and one report showed that patients with severe COVID-19 developed epididymitis more frequently [20]. In addition, patients with mild to moderate COVID-19 without testicular symptoms also had ultrasonographic findings indicative of epididymitis [21]. The novel COVID-19 has an affinity for angiotensin-converting enzyme 2 (ACE-2) receptors and angiotensin-converting enzyme 2 (ACE-2), which is frequently found in the COVID-19 pathology of pneumonia, was also found in testicular tissue [22].

On the other hand, a retrospective study showed that COVID-19 vaccination decreased the risk of epididymitis [23]. In addition, the Society for Male Reproduction and Urology and the Society for the Study of Male Reproduction have reported that the COVID-19 vaccination should not be avoided for men desiring fertility [24, 25]. However, there is no solid data indicating whether COVID-19 vaccination can help decrease the risk of epididymitis, and it is possible that the vaccination may induce vasculitis, as seen in our case [26]. Further study is warranted to investigate the association between COVID-19 vaccination and vasculitis. In conclusion, COVID-19 vaccination may induce vasculitis and clinicians should be aware of the disease following the vaccination.

Patient consent

A written informed consent for this case report has been obtained from the patient.

Conflict of interest

None.

Author contributions

All authors approved the final version of this article. YO had full access to all the data. SO was responsible for the organization and coordination of the case.

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Ethical approval

Not applicable

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Figure legends

Figure 1.

(a) was a right Spermatic cord and (b) was a left Spermatic cord. Left spermatic cord was markedly more prominent than the right spermatic cord, with a perineal hyper-echoic area.

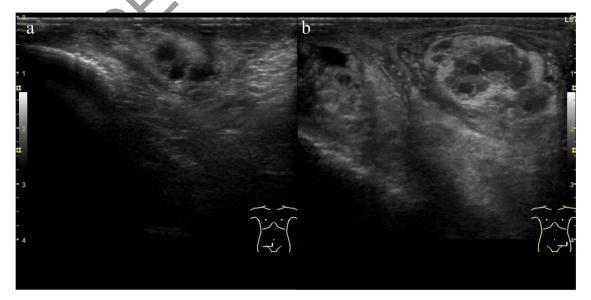


Figure 2.

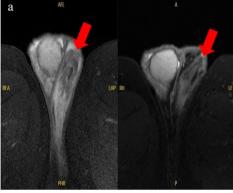
(a) is T2-weighted MRI image, which showed enlargement of the left epididymis and dilation of the venous system but improved the size and vasodilation of the epididymis after treatment.

(b) is Gadolinium-contrasted T1-weighted MRI findings for a sagittal section of the epididymis,

which showed soft tissue thickening around the epididymis but improved after treatment.

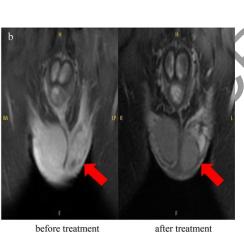
Abbreviations

MRI: Magnetic Resonance Imaging.





after treatment



before treatment

Figure 3.

All images were fat-suppressed T2-weighted MRI findings.

(a) and (c) showed MRI of femur. (b) and (d) showed MRI of lower legs. (a) and (b) showed a high intensity

area in the adductor femoris, hamstrings, quadriceps, and triceps surae muscles.

(c) and (d) showed that perivascular high-signal with thickening of the vessel wall was seen in femoral and posterior tibial artery.

Abbreviations

MRI: Magnetic Resonance Imaging.

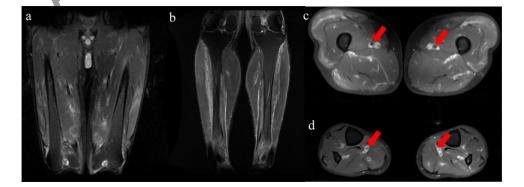


Figure 4.

Abbreviations

CTRX, Ceftriaxone; CRP, C reactive protein; MEPM, meropenem; PSL,prednisolone;

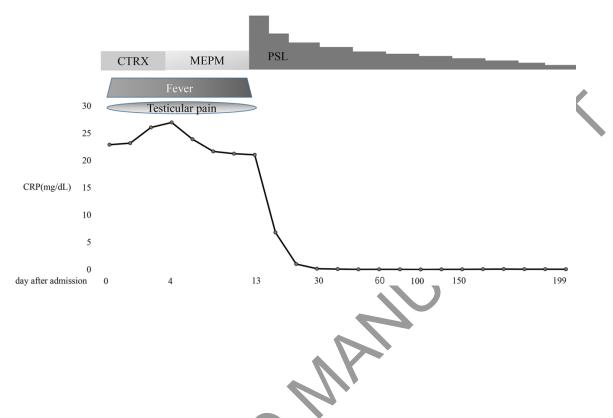


Table 1. Medium-sized vasculitis following COVID-19 vaccination

Case 1	Case 2	Case 3	Case 4
73	46	52	63
male	male	female	male
N/A	Pfizer	Astra Zeneca	Pfizer
HBV	HT	none	none
first	second	first	first
21	7	28	17
N/A	20.3	normal	22.9
N/A	11	normal	83
fever, arthralgia,	abdominal pain	erythematous	fever, orchitis
purpura, orchitis		subcutaneous nodule	
kidney	celiac artery	cutaneous	muscle
			epididymis
HD,GC, CY	IVMP, GC, AZP	GC, MTX	GC
improved	improved	improved	improved
	73 male N/A HBV first 21 N/A N/A fever, arthralgia, purpura, orchitis kidney HD,GC, CY	7346malemaleN/APfizerHBVHTfirstsecond217N/A20.3N/A11fever, arthralgia, purpura, orchitisabdominal painkidneyceliac arteryHD,GC, CYIVMP, GC, AZP	734652malemalefemaleN/APfizerAstra ZenecaHBVHTnonefirstsecondfirst21728N/A20.3normalN/A11normalfever, arthralgia, purpura, orchitisabdominal pain subcutaneous nodulekidneyceliac arterycutaneousHD,GC, CYIVMP, GC, AZPGC, MTX

Reference	[13]	[14]	[15]	our case
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Abbreviations: AZP, azathioprine; CRP, C reactive protein; CY, cyclophosphamide; ESR, erythrocyte sedimentation rate; GC, glucocorticoid; HBV, hepatitis B virus; HD, hemodialysis; HT, hypertension; IVMP, intravenous methylprednisolone; MTX, methotrexate; N/A, not available.

South Manuschi