

Article



Association between Ambient Air Pollution and Emergency Room Visits for Pediatric Respiratory Diseases: The Impact of COVID-19 Pandemic

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Abstract: The level and composition of air pollution have changed during the coronavirus disease 2019 (COVID-19) pandemic. However, the association between air pollution and pediatric respiratory disease emergency department (ED) visits during the COVID-19 pandemic remains unclear. The study was retrospectively conducted between 2017 and 2020 in Kaohsiung, Taiwan, from 1 January 2020 to 1 May 2020, defined as the period of the COVID-19 pandemic, and 1 January 2017 to 31 May 2019, defined as the pre-COVID-19 pandemic period. We enrolled patients under 17 years old who visited the ED in a medical center and were diagnosed with respiratory diseases such as pneumonia, asthma, bronchitis, and acute pharyngitis. Measurements of particulate matter (PM) with aerodynamic diameters of $<10 \,\mu\text{m}$ (PM₁₀) and $<2.5 \,\mu\text{m}$ (PM_{2.5}), nitrogen dioxide (NO₂), and Ozone (O₃) were collected. During the COVID-19 pandemic, an increase in the interquartile range of PM_{2.5}, PM₁₀, and NO₂ levels was associated with increases of 72.5% (95% confidence interval [CI], 50.5–97.7%), 98.0% (95% CI, 70.7–129.6%), and 54.7% (95% CI, 38.7–72.6%), respectively, in the risk of pediatric respiratory disease ED visits on lag 1, which were greater than those in the pre-COVID-19 pandemic period. After adjusting for temperature and humidity, the risk of pediatric respiratory diseases after exposure to $PM_{2.5}$ (inter p = 0.001) and PM_{10} (inter p < 0.001) was higher during the COVID-19 pandemic. PM_{2.5}, PM₁₀, and NO₂ may play important roles in pediatric respiratory events in Kaohsiung, Taiwan. Compared with the pre-COVID-19 pandemic period, the levels of PM_{2.5} and PM₁₀ were lower; however, the levels were related to a greater increase in ED during the COVID-19 pandemic.

Keywords: particulate matter; air pollution; respiratory diseases; emergency department; pediatric; COVID-19 pandemic

1. Introduction

In early 2020, coronavirus disease 2019 (COVID-19) spread rapidly worldwide. From 21 January to 30 April, there were 429 confirmed COVID-19 cases and six deaths in Taiwan (https://www.cdc.gov.tw/en/Disease/SubIndex/, accessed on 27 June 2021). The COVID-19 pandemic created an unparalleled burden on the healthcare system, especially frontline emergency department (ED) services. During the outbreak, the number of ED visits decreased significantly, with an approximately 40–60% decrease in the number of visits in the USA [1]. Regarding cardiovascular diseases, compared with 2019, there was a 20% decrease in the number of stroke-related ED visits and a 26% decrease in hospital



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Copyright: © 2022 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). admissions for acute coronary syndrome (ACS) [2]. In Taiwan, a 25–30% reduction in ED visits was also mentioned [3]. However, the disease causing the largest reduction in ED visits remains unclear. Sung et al. revealed that the patient number of ED visits with triage level 1 remained unvarying, while patients with triage levels 2–5 showed a decreasing trend during the COVID-19 pandemic [4]. In contrast, another study showed increased medical out-of-hospital cardiac arrest (OHCA) during the same period [5]. Among all the pediatric ED visits in an Italian hospital, the proportion of upper respiratory diseases reduced the most [6].

Simultaneously, air pollution conditions also changed during the COVID-19 pandemic. During that period, some countries lock down social and industrial activities globally. According to data from the National Aeronautics and Space Administration (NASA) and European Space Agency (ESA), there was a 20–30% reduction in nitrate dioxide (NO₂) in the USA, Europe, and China [7]. Regarding particulate matter (PM), Mahato et al. revealed 60% and 39% decreases in PM₁₀ (PM with an aerodynamic diameter <10 μ m) and PM_{2.5} (PM with an aerodynamic diameter <2.5 μ m) in India [8]. In Taiwan, PM_{2.5} levels also decreased during the COVID-19 pandemic because of reduced long-distance transport of air pollutants from China and reduced industrial activity [9].

Many epidemiologic studies have reported the hazardous effects of air pollution exposure on human health, such as cardiovascular diseases, respiratory diseases, and out-of-hospital cardiac arrest (OHCA) [10–13]. The hazardous effects of air pollution appear to exhibit regional and seasonal heterogeneity. These regional and seasonal variations are partly explained by community characteristics, such as weather conditions and the proportion of elderly residents [14,15]. Another possible reason is that different constituents of PM_{2.5} might have different health effects. For example, organic carbon was found to be associated with the risk of ischemic stroke-related ED visits. In contrast, elemental carbon was found to be associated with chronic obstructive pulmonary disease (COPD)-related ED visits [16,17]. Furthermore, PM_{2.5} components also changed during the COVID-19 pandemic [18].

Epidemiological evidence implied that environmental exposure such as air pollutants and smoking could have an important impact on the severity and occurrence of COVID-19 infection [19,20]. During the COVID-19 pandemic, many countries have undertaken restrictions on social gatherings, public transportation, and self-protective equipment such as mask-wearing. The association between air pollution and pediatric respiratory disease-related ED visits during the COVID-19 pandemic remains unclear. Although there were decreases in air pollution during the COVID-19 lockdown, air pollution can increase the severity of COVID infection by undermining the individual immune response and aggravating predisposing chronic diseases [21]. McAuley et al. showed the events of COPD acute exacerbation were increased during the COVID pandemic [22]. Fan et al. found a lower risk of severe asthma exacerbations but an increased frequency of mild asthma exacerbations [23]. Taquechel et al. revealed reduced hospital admissions with decreased systemic steroid prescriptions for pediatric asthma in Philadelphia [24]. Moreover, the health effects of the altered composition of $PM_{2.5}$ during the COVID-19 pandemic are not yet understood. The purposes of this study are as follows:

- To evaluate the effects of short-term exposure to PM_{2.5} and other air pollutants on pediatric respiratory disease ED visits.
- (2) To explore the different hazard effects of PM_{2.5} and other air pollutants on pediatric respiratory diseases before and during the COVID-19 pandemic.

2. Methods

2.1. Study Population

The COVID-19 pandemic was defined as the period from 1 January 2020 to 31 May 2020. The pre-COVID-19 pandemic period was selected from 1 January 2017 to 31 May 2019 to avoid seasonal effects. This retrospective observational study was conducted between 1 January 2017 and 31 May 2020 in an urban tertiary medical center with an average of

73,000 ED visits per year. We enrolled patients under 17 years of age who visited the ED with a principal diagnosis of "pneumonia" (International Classification of Diseases, tenth revision [ICD-10]: J18)," asthma" (ICD-10: J45), "bronchitis" (ICD-10: J40), and "acute pharyngitis" (ICD-10: J02), and "upper respiratory tract infection (URI)" (ICD-10: J00-06). After two trained emergency physicians (EPs) review, medical records, including demographic factors, such as age, sex, address, and time of ED visits, were obtained from the ED database. The Institutional Review Board of Chang Gung Medical Foundation approved this study (IRB number 202001641B0 approved on 24 April 2020) according to the guidelines of the Declaration of Helsinki. Informed consent was not required for this study owing to its retrospective nature.

2.2. Pollutant and Meteorological Data

Air pollutant data and meteorological conditions were acquired from 11 air quality monitoring stations established in Kaohsiung City in 1994 by the Taiwanese Environmental Protection Administration (EPA). The hourly concentrations of four "criteria" pollutants, including PM_{10} (by beta-ray absorption), $PM_{2.5}$ (by beta-ray absorption), NO_2 (by ultraviolet fluorescence), and O_3 (by ultraviolet photometry), were obtained during the study period. Weather conditions, including temperature and relative humidity, were also recorded at the monitoring stations. The daily average concentrations of air pollutants and the weather conditions were then calculated.

2.3. Statistical Method

We used a time-stratified case-crossover study design, an alternative design of the Poisson time-series regression model, to analyze the health effects of short-term exposure, as described in our previous studies [10,25]. A case-crossover study design is a special type of case-control study, and within-subject comparisons were performed between case and control periods [26,27]. Time stratification was performed to select referent days as the days falling on the same day of the week (one case day with three to four control days) within the same month as the index day [28]. The day of the pediatric respiratory disease ED visit was defined as lag 0, the day before the episode as lag 1, and the day before lag 1 as lag 2. The levels of air pollution during the case period were compared with those on all referent days. The effect of air pollutants on pediatric respiratory diseases was investigated from lag 0 to lag 3. Conditional logistic regression was used to estimate the odds ratios (ORs) and 95% confidence intervals (CIs) of air pollutants on pediatric respiratory diseases. Subgroup analyses and interaction p values were also calculated to analyze the effect of the COVID-19 pandemic. Temperature and relative humidity were included as confounding factors in the model. Potential nonlinear relationships between air temperature, humidity, and pediatric respiratory diseases were determined using Akaike's information criterion (AIC) [29]. We used the SAS macro "lgtphcurv9", which implements a natural cubic spline methodology to fit potential nonlinear response curves in logistic regression models for case-control studies [30]. ORs were calculated based on interquartile range (IQR) increments of PM_{10} , $PM_{2.5}$, and other gaseous pollutants. The significance criterion was set at p < 0.05. All statistical analyses were performed using SAS software version 9.3.

3. Results

During the study period, 11,760 pediatric patients visited the ED with respiratory diseases. A total of 1364 patients were excluded from the analysis because they did not reside in Kaohsiung City; the remaining 10,396 patients were included for further analysis. The demographic characteristics of the 10,396 patients are listed in Table 1. There were 5924 (57.0%) male patients, with a mean age of 4.6 years. In total, 1405 (13.5%) patients visited the ED during the COVID-19 pandemic. Demographic characteristics of pre-COVID-19 and during COVID-19 period are listed in Table S1.

All	Number = 10,396	
Demographic characteristics of patients		%
Age (mean \pm standard deviation)	4.6 ± 3.7	
Male	5924	57.0
Past medical history of respiratory disease	252	2.4
During COVID-19 pandemic	1405	13.5
Onset on warm days (>24.2 °C)	4809	46.3

Table 1. Demographic characteristics of patients.

The weather and air pollution conditions during the study period in Kaohsiung are summarized in Table 2. The average $PM_{2.5}$, PM_{10} , and NO_2 concentrations during the COVID-19 pandemic were 20.4 μ g/m³, 40.8 μ g/m³, and 13.3 parts per billion (ppb), respectively, significantly lower than the those in the pre-COVID-19 pandemic period.

Table 2. Summary statistics of meteorological factors and air pollutants during the study period in Kaohsiung.

		Percentiles	5	Moon	Pre-COVID-19	During COVID-19	p	IQR
	25%	50%	75%	wiedli	(Mean \pm SD)	(Mean \pm SD)		
$PM_{2.5} (\mu g/m^3)$	17.4	27.5	36.1	27.4	30.2 ± 13.0	20.4 ± 11.0	< 0.001	18.7
$PM_{10} (\mu g/m3)$	39.7	55.3	71.0	55.8	61.8 ± 22.7	40.8 ± 18.5	< 0.001	31.3
NO_2 (ppb)	11.5	15.4	19.7	15.8	16.8 ± 5.3	13.3 ± 5.0	< 0.001	8.2
O_3 (ppb)	22.9	31.3	39.3	31.6	29.8 ± 11.5	31.8 ± 11.0	0.268	16.4
Temperature (°C)	21.3	24.2	27.3	24.1	23.9 ± 3.8	24.7 ± 4.1	0.011	6.0
Humidity (%)	69.3	72.7	75.9	72.4	72.5 ± 6.5	72.3 ± 6.5	0.844	6.6

SD, standard deviation; IQR, interquartile range.

Table 3 shows the Spearman correlation coefficients for the air pollutants and weather conditions. PM_{2.5} levels highly correlated with PM₁₀ (r = 0.939, p < 0.001) and NO₂ levels (r = 0.799, p < 0.001), and moderately correlated with O₃ levels (r = 0.539, p < 0.001).

Table 3. Spearman correlation coefficients for air pollutants and weather conditions during the study period.

	PM _{2.5}	PM ₁₀	NO ₂	O ₃	Temp	Humidity
PM _{2.5}	1.000	0.939	0.799	0.539	-0.659	-0.272
PM ₁₀		1.000	0.790	0.515	-0.622	-0.350
NO ₂			1.000	0.260	-0.819	-0.177
O ₃				1.000	-0.223	-0.413
Temperature					1.000	0.175
Humidity						1.000

Before performing conditional logistic regression, potential nonlinear relationships between temperature, humidity, and pediatric respiratory diseases were evaluated using AIC. For temperature, the AIC value of the spline model was 28,629.444, which was better than that of the linear model (AIC = 28,732.096, p < 0.001). With respect to relative humidity, the spline model was also better than the linear model (p = 0.002), with AIC values of 28,770.224 and 28,783.179, respectively. Therefore, the spline model was used based on the results of the AIC and knots for humidity and temperature [31]. Figure 1 shows the restricted cubic spline and knots for temperature and relative humidity.



Figure 1. Restricted cubic spline for (A) temperature and (B) relative humidity.

The reference exposure values for temperature and relative humidity were set at 10 $^{\circ}$ C and 40%, respectively, including four knots.

Figure 2 shows the effect of air pollutants on ED visits for pediatric respiratory diseases during the study period. An IQR increment in $PM_{2.5}$, PM_{10} , NO_2 , and O_3 was associated

with an increase of 30.7% (95% CI, 25.8–35.9%), 33.5% (95% CI, 28.2–39.0%), 30.6% (95% CI, 24.7–36.8%), and 4.4% (95% CI, 0.6–8.3%) in the risk of pediatric respiratory disease-related ED visits on lag 1, respectively. We observed that the greatest effect occurred on lag 1 and gradually decreased. During the COVID-19 pandemic, an increased IQR for PM_{2.5}, PM₁₀, and NO₂ levels was associated with 72.5% (95% CI, 50.5–97.7%), 98.0% (95% CI, 70.7–129.6%), and 54.7% (95% CI, 38.7–72.6%), respectively, increased risk of pediatric respiratory disease-related ED visits on lag 1, which was greater than those during the pre-COVID-19 pandemic period (Supplementary Figure S1).



OR (95% CI) of ED visits for pediatric respiratory diseases associated with an IQR increase of air pollutants after adjusted for temperature and humidity

Figure 2. Odds ratios (ORs) and 95% confidence intervals (CIs) for pediatric respiratory diseaserelated ED visits associated with IQR increments in each air pollutant during the study period, with adjustments for temperature and humidity. ED, emergency department; IQR, interquartile range.

Two-pollutant model analysis was then performed to determine which individual air pollutants had a greater effect on pediatric respiratory disease-related ED visits, independent of the effects of the other pollutants. The results are presented in Table 4. An IQR increase in PM_{2.5} was significantly related to ED visits for pediatric respiratory diseases after adjustment for PM₁₀ (OR = 1.128; 95% CI, 1.055–1.207), NO₂ (OR = 1.186; 95% CI, 1.138–1.236), and O₃ (OR = 1.259; 95% CI, 1.212–1.308). The impact of PM₁₀ and NO₂ on pediatric respiratory disease also achieved statistical significance after adjusting for PM_{2.5}.

	OR (95% CI) of Respiratory Disease-Related ED Visits for Each Interquartile Range Change in Two-Pollutant Models after Adjusting for Temperature and Humidity					
	Adjust PM _{2.5}	Adjust PM ₁₀	Adjust NO ₂	Adjust O ₃		
PM _{2.5}		1.128 (1.055–1.207)	1.186 (1.138–1.236)	1.259 (1.212-1.308)		
PM_{10}	1.125 (1.050-1.204)		1.189 (1.139–1.240)	1.258 (1.211-1.307)		
NO ₂	1.119 (1.065–1.176)	1.118 (1.064–1.176)		1.240 (1.188-1.295)		
O3	0.965 (0.929–1.004)	0.975 (0.939–1.013)	1.050 (1.013–1.089)			

Table 4. OR (95% CI) of respiratory diseases ED visits for each interquartile range change in two-pollutant models.

Figure 3 shows the results of the stratified analysis used to elucidate the effects of $PM_{2.5}$, PM_{10} , and NO_2 on pediatric respiratory diseases according to different periods and demographic factors on lag 1. As shown in Figure 3A,B, after adjusting for temperature and humidity, the risk of pediatric respiratory diseases after exposure to $PM_{2.5}$ (inter p = 0.001) and PM_{10} (inter p < 0.001) was higher during the COVID-19 pandemic. Figure 3B also shows that older children (>4 years) were more sensitive to the harmful effects of PM_{10} (inter p = 0.03).

(A) PM_{2.5}



Figure 3. Cont.

ORs (95% CI) Ρ Int P During < 0.001 COVID-19 < 0.001 pandemic < 0.001 Pre Male < 0.001 0.560 Sex Female < 0.001 with 0.053 0.884 Asthma < 0.001 without < 0.001 ≤4 0.030 Age < 0.001 >4 Warm 0.008 Warm days 0.109 (>24.2) < 0.001 Cold 10 20 30 40 50 60 70 80 90 100110120130 -10 0 Increased risk

(C) NO₂



Figure 3. Odds ratios (ORs) for IQR increments in (**A**) PM_{2.5}, (**B**) PM₁₀, and (**C**) NO₂ on lag 1 after adjustment for temperature and humidity. Int p, interaction *p*-value.

(B) PM₁₀

4. Discussion

In this study, we estimated the effects of air pollutants on pediatric respiratory diseases. We found that $PM_{2.5}$, PM_{10} , and NO_2 may be significantly associated with the risk of pediatric respiratory diseases in Kaohsiung, Taiwan. Furthermore, the hazardous effects of $PM_{2.5}$ and PM_{10} were greater during the COVID-19 pandemic. Older children (>4 years) were more susceptible to PM_{10} -related respiratory diseases.

Epidemiological studies have shown that ambient air pollution is associated with adverse effects on pediatric respiratory diseases, including upper respiratory infections, asthma, bronchitis, and pneumonia [32–34]. For URI, Liu et al. found that $PM_{2.5}$ was associated with the risk of URI hospitalization [32]; Xiao et al. demonstrated the hazard effect of O_3 , NO_2 , and $PM_{2.5}$ on URI ED visits [33]. Bono et al. collected data from 21,793 ED admissions for respiratory diseases, including 17,684 patients with URI. They found the impact of NO_2 on respiratory diseases ED admission, but the effect of $PM_{2.5}$ did not achieve statistical significance [35]. The disparities in these previous studies might be explained by different $PM_{2.5}$ emission sources. Huang et al. collected $PM_{2.5}$ data and analyzed their sources; they concluded that $PM_{2.5}$ from metals and natural gas was positively related to the risk of pneumonia, asthma, and URI ED visits [36].

Similarly, previous studies also found a positive association between air pollution and pediatric respiratory diseases. Cheng et al. demonstrated that short-term exposure to $PM_{2.5}$, PM_{10} , NO_2 , and SO_2 three days before the event increased the odds of pediatric pneumonia by 14.0%, 10.9%, 14.1%, and 4.5%, respectively [10]. Lv et al. found that PM_{2.5} concentrations the day before hospital admission and PM₁₀ concentrations 2 days before hospital admission were associated with an increased risk of pediatric hospital admission [37]. Wu et al. assessed air pollution and weather conditions in childhood asthma. They confirmed that exposure to $PM_{2.5}$ and PM_{10} within the past two weeks significantly elevated the risk of exacerbation and decreased the disease control rate [38]. Hwang et al. reported that children were susceptible to the effect of $PM_{2.5}$, especially at lag 0 and lag 1, on asthma-related ED visits [39]. Similarly, we also found that PM_{2.5}, PM₁₀, and NO_2 levels were significantly associated with pediatric respiratory diseases, with the greatest effect occurring on lag 1 and gradually decreasing. However, the difference in pediatric respiratory disease at different lag times might be because of variations in ambient air pollution and its components and geographical and seasonal effects. In addition, air pollution policies may play a role in the variation in ambient air pollution risk.

During the COVID-19 pandemic, from February to April 2020, many countries announced first-level responses to major public health emergencies. For the "lockdown period," many places implemented national efforts limiting travel and social interaction, such as government-imposed stay-at-home orders, reducing human and industrial activity, and closing non-essential businesses and schools. The widespread changes in human behavior and non-pharmaceutical interventions may have significantly reduced emissions from vehicle exhausts and industrial production. The unprecedented actions taken to mitigate the spread of the disease have created large-scale behavioral changes in air quality. Otmani et al. found that the change in the concentrations recorded before and during the COVID-19 pandemic were 75%, 49%, and 96% reductions for PM_{10} , SO₂, and NO₂, respectively, in Morocco [40]. Yin et al. demonstrated that the COVID-19 lockdown caused a significant reduction in pollutants, including PM_{2.5}, PM₁₀, NO₂, SO₂, and CO concentrations, but not O_3 [41]. In Spain, the reduction in NO₂ concentration during the COVID-19 lockdown was approximately 50-62%. The maximum hourly peak values showed a reduction with ratios of approximately 1.2 to 1.7. Traffic from internal combustion motor vehicles is the most important source of polluting emissions in these cities [42]. In the United Kingdom, a significant reduction of mean NO2 concentrations of 35.13% at background and 40.82% at traffic sites was observed [43]. In New York City, a city-wide 23% improvement in PM_{2.5} was detected [44]. Xu et al. indicated that the levels of PM_{2.5}, PM₁₀, NO₂, SO₂, and CO were 30.1%, 40.5%, 61.4%, 33.4%, and 27.9% lower, respectively, during February 2020 compared to those in February 2017–2019 in Central China [45]. Industrial production

and vehicle exhaust emissions were reduced due to strict epidemic prevention and control actions, leading to significant reductions in NO₂ and PM₁₀ levels. The trend in O₃ concentration was opposite to that of other air pollutants (PM_{2.5}, PM₁₀, NO₂, SO₂, and CO). One potential reason for increased O₃ generation may be increased global temperature, leading to intensified photochemical reactions. In addition, a lower concentration of NO₂ hindered the reaction of NO and O₃, which led to an increase in O₃ levels [45]. Similar to previous studies, we also found that the average PM_{2.5}, PM₁₀, and NO₂ concentrations during the COVID-19 pandemic were significantly lower than those during the pre-COVID-19 period.

In the present study, although the PM_{2.5} and PM₁₀ levels were lower than those in the pre-COVID-19 period, the health effects on pediatric respiratory disease ED visits were greater during the COVID-19 pandemic. Fan et al. also demonstrated that the prevalence of asthma exacerbations did not decrease while the air quality was improved during the COVID-19 pandemic [23]. In contrast, Dias et al. highlighted policies for COVID-19 prevention could significantly reduce in hospitalization mortality due to pediatric pneumonia [46]. This may be because PM is a heterogeneous chemical mixture of solids and liquids containing organic carbon (OC), elemental carbon (EC), inorganic salts, and metals. The toxicity of the constituents and sources of ambient particles are considered to be related to different health outcomes [47–49]. Ostro et al. examined the association between specific diseases and different sources of PM_{2.5}, including vehicle emissions, soil, biomass burning aerosols, and secondary nitrate and sulfate sources. Vehicular emissions are associated with cardiovascular diseases, such as myocardial infarction and dysrhythmia. In contrast, vehicular emissions, biomass burning, and soil sources were associated with respiratory diseases. The soil source, which mainly consists of resuspended road dust, had the highest risk ratio for asthma [47]. Using two years of daily PM_{2.5} component measurements (including ions, carbon, OC, and EC), Sarnat et al. found robust associations of $17\alpha(H)$, $21\beta(H)$ -hopane with cardiovascular disease, EC with congestive heart failure, and ozone with respiratory disease [48]. Peng et al. demonstrated that an elevated IQR for organ carbon increased the risk of emergency hospital admissions in respiratory disease by 1.01, and an elevated IQR level for elemental carbon increased emergency hospital admissions for cardiovascular disease by 0.8 [49]. Therefore, changes in exposure to various sources and compositions of air pollution may be associated with changes in target human health.

The present study has some limitations. First, individuals were identified in a coastal industrial city with a tropical monsoon climate; the source of ambient air pollutants and the constituent material may be different from those in other areas. Second, personal protective equipment, including air purifiers and face masks, pollutants monitoring, and feedback, could potentially decrease exposure to pollutants [50]. Third, the diagnosis of "pneumonia", "URI", "bronchitis" and "asthma" was based on clinical judgment. Diagnosis made by different emergency physicians might impact the data we collected. In addition, we did not analyze the impact of indoor air contaminants and secondhand smoking on respiratory pathologies [51,52]. Finally, the study was conducted in a single tertiary medical center, which limited the sample size and ethnic diversity. Further studies should be conducted in more regions, including more ethnic diversity, to analyze the influence of personal protective equipment.

5. Conclusions

 $PM_{2.5}$, PM_{10} , and NO_2 may play important roles in pediatric asthma events in Kaohsiung, Taiwan. Compared with the pre-COVID-19 pandemic period, the levels of $PM_{2.5}$ and PM_{10} were lower, but their effects on pediatric respiratory disease-related ED visits were greater during the COVID-19 pandemic. Older children (>4 years old) were more susceptible to PM_{10} and respiratory diseases.

Supplementary Materials: The following are available online at https://www.mdpi.com/article/ 10.3390/toxics10050247/s1, Figure S1: Odds ratios (ORs) and 95% confidence intervals (CIs) for pediatric respiratory dis-ease-related ED visits associated with IQR increments in each air pollutant, pre- COVID-19 pandemic (A) and during the COVID-19 pandemic (B), with adjustments for temperature and humidity. ED, emergency depart-ment; IQR, interquartile range, Table S1: Demographic characteristics and diagnoses during study period.

Author Contributions: C.-Y.C. conceived the manuscript, performed the analyses, and wrote the manuscript. Y.-L.T. and K.-C.H. contributed to data collection and measurements. I.-M.C. and H.-Y.P. were involved mainly in data analysis and quality management. F.-J.C. provided overall supervision, edited the manuscript, and undertook the responsibility of submitting the manuscript for publication. All authors have read and agreed to the published version of the manuscript.

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Institutional Review Board Statement: This study was approved by the Institutional Review Board of Kaohsiung Chang Gung Memorial Hospital (IRB NO: 202001641B0) and has been performed in accordance with the ethical guidelines of the 1964 Declaration of Helsinki and its later amendments or comparable ethical standards. For this type of study, informed consent from the subjects was not required.

Data Availability Statement: Restrictions apply to the availability of these data. Data was obtained from Chang Gung Research Database and is available from corresponding author with the permission.

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