

## Interleukin-1 $\beta$ (*IL-1 $\beta$* ) & *IL-4* gene polymorphisms in patients with systemic lupus erythematosus (SLE) & their association with susceptibility to SLE

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**Background & objectives:** Interleukin-1 (IL-1) is one of the pro-inflammatory cytokines that plays a main role in the regulation of immune and inflammatory responses. Interleukin 4 (IL-4) as an anti-inflammatory cytokine regulates balance between Th1 and Th2 immune responses. This study was undertaken to investigate the *IL-1 $\beta$*  and *IL-4* genes polymorphisms in patients with systemic lupus erythematosus (SLE) and also association between the polymorphisms and susceptibility to SLE.

**Methods:** One hundred and sixty three SLE patients and 180 healthy controls were genotyped for the *IL-4* VNTR (variable number tandem repeat), *IL-1 $\beta$*  C-511T and *IL-1 $\beta$*  T-31C polymorphisms by polymerase chain reaction (PCR) or PCR-RFLP (restriction fragment length polymorphism) method.

**Results:** The frequencies of CC genotype and C allele of the *IL-1 $\beta$*  T-31C polymorphism were significantly ( $P<0.01$ ) lower in SLE patients than controls. Moreover, the frequencies of RP1/RP2 genotype and RP2 allele of *IL-4* VNTR polymorphism were significantly ( $P<0.05$ ) higher in the SLE patients. No association was observed between *IL-1 $\beta$*  C-511T polymorphism and increased risk of SLE. We observed increased frequency of CT and TT genotypes of *IL-1 $\beta$*  C-511T polymorphism in SLE patients with malar rash compared to SLE patients without this manifestation.

**Interpretation & conclusions:** The present findings suggest that *IL-1 $\beta$*  T-31C and *IL-4* VNTR polymorphisms but not *IL-1 $\beta$*  C-511T polymorphism may contribute in SLE pathogenesis. In addition, CT and TT genotypes of *IL-1 $\beta$*  C-511T polymorphism were associated with SLE.

**Key words** Interleukin-1 $\beta$  - interleukin-4 - polymorphism - systemic lupus erythematosus

Systemic lupus erythematosus (SLE) is a heterogeneous autoimmune disease characterized by pathogenic autoantibody formation against the host's nuclear antigens, immune complex deposition, and end-organ damage<sup>1</sup>. The exact aetiology of this disease is unknown but genetic and environmental factors have important roles in SLE pathogenesis<sup>2</sup>. The prevalence of this disease in women is about 8-10 times more than men and in African Americans is about 3-4 times more than Caucasian Americans<sup>3</sup>. The prevalence of SLE has been reported to be 190 per 100,000 persons in South East Iran<sup>4</sup>. Family and genetic studies, especially investigations on monozygotic and dizygotic twins, indicate an essential role for genetic predisposition to SLE<sup>5</sup>. One of the potential susceptible regions for SLE is located in the human leukocyte antigen (HLA) region. However, this is not the only susceptible region in relation with SLE pathology<sup>6</sup>.

Given the importance of interleukins (ILs) in immune system regulation, several immunological abnormalities such as dysregulation of B-cell activation that leads to B-cell hyperactivity and overproduction of autoantibodies have been reported in SLE<sup>7</sup>. Several reports have indicated the correlation between SLE and different pro-inflammatory and anti-inflammatory interleukins including IL-1 $\beta$  and IL-4<sup>8,9</sup>.

*IL-1 $\beta$* , a member of *IL-1* gene family (*IL-1 $\alpha$* , *IL-1 $\beta$*  and *IL-1Ra*) is a potential pro-inflammatory cytokine that plays an important role in inflammatory and immune responses. This cytokine is produced mainly by activated macrophages and monocytes<sup>10</sup>. However, the human IL-4 is an anti-inflammatory cytokine produced by CD4+ Th2 cells, basophils and mast cells which are involved in the regulation of the humoral immune response<sup>11</sup>. IL-4 has cytotoxic effect, inhibits induction of nitric oxide synthase and release of superoxide anions by macrophages, and has several anti-inflammatory effects. *IL-1 $\beta$*  and *IL-4* genes are mapped on chromosomes 2q14-21 and 5q31-33, respectively<sup>11,12</sup>. *IL-1 $\beta$*  gene contains two polymorphisms in its promoter region, including *IL-1 $\beta$*  T31C, *IL-1 $\beta$*  C-511T that cause higher expression of IL-1 $\beta$ . Considering the essential role of IL-1 in inflammation, it seems that allelic polymorphisms in *IL-1* might have an effect on susceptibility to SLE. Moreover, there is a 70bp VNTR (variable number tandem repeat) polymorphism located in the third intron of *IL-4* gene, which could be a candidate region for this disease. Several studies have investigated the association between *IL-1 $\beta$*  T31C, *IL-1 $\beta$*  C-511T and

*IL-4* 70bp VNTR polymorphism and SLE susceptibility, however, the results were inconsistent<sup>9,13</sup>.

Given the involvement of IL-1 $\beta$  and IL-4 in autoimmune diseases including SLE<sup>8,9</sup>, the aim of this study was to investigate *IL-1 $\beta$* , *IL-4* genes polymorphism in patients with SLE and their possible association with susceptibility to SLE.

### Material & Methods

This study was conducted on 163 consecutive SLE patients (13 men and 150 women) who were referred to the Rheumatology clinic of Ali-Ebne-Abitaleb hospital, Zahedan University of Medical Sciences, Zahedan, Iran, from June 2011 to May 2013. Individuals with other rheumatic diseases, infections or malignant tumours were excluded. All patients fulfilled at least four items of SLE, according to American College of Rheumatology (ACR) 1997 criteria<sup>14</sup>. A written informed consent was obtained from all participants, and the study protocol was approved by the Ethics Committee of Zahedan University of Medical Sciences, Zahedan, Iran.

The control group consisted of 180 age, sex and ethnically matched volunteers (14 men and 166 women) with negative antinuclear antibody (ANA) test and were randomly selected from healthy volunteers who were referred to the internal medicine clinic for general examination. The controls had no systemic disease and were not related to lupus patients.

Blood samples (2 ml) of all participants were collected in sterile EDTA tubes and kept frozen at -20°C.

*Genomic DNA extraction and genotyping:* Genomic DNA was extracted from peripheral blood leukocytes by salting out method<sup>15</sup>. Genotypes of *IL-1 $\beta$*  polymorphisms were detected using polymerase chain reaction-restriction fragment length polymorphism (PCR-RFLP) method. PCR amplification was performed for 70bp VNTR polymorphism of the *IL-4* gene. The sequence of primers were as follows: for *IL-1 $\beta$*  C-511T polymorphism, forward 5'-TGGCATTGATCTGGTTCATC-3' and reverse 5'-GTTTAGGAATCTTCCCCT-3'<sup>16</sup>; for *IL-1 $\beta$*  T-31C polymorphism, forward 5'-AGAAGCTTCCACCAATACTC-3' and reverse 5'-ACCACCTAGTTGTAAGGA-3'<sup>17</sup>; for *IL-4* 70bp VNTR polymorphism, forward 5'-AGGCTGAAAGGGGAAAGC-3' and reverse 5'-CTGTTACCTCAACTGCTCC-3'<sup>18</sup>.

Polymerase chain reaction was performed in a 25 µl final volume containing 25 pmol of each primers, 0.1mM dNTP (Fermentas, Lithuania), 0.5 µg genomic DNA, 1.5 mM MgCl<sub>2</sub>, 2.5 µl of 10× PCR buffer and 1.5 U Taq DNA polymerase (Fermentas, Lithuania), according to the following protocol: initial denaturation at 94°C for four min; 30 cycles of denaturation at 94°C for 45 sec, annealing for 30 sec at 57°C for *IL-1β* C-511T and 61°C for *IL-1β* T-31C and *IL-4* VNTR polymorphisms, and extension at 72°C for 45 sec; and final extension at 72°C for five min. The 305 bp PCR fragments of *IL-1β* C-511T polymorphism were digested with *Ava I* restriction enzyme (Fermentas, Lithuania) for 16 h at 37°C. The C allele had one *Ava I* cleavage site and digested to 115 and 190 bp fragments, whereas the T allele had no *Ava I* cleavage site and produced 305 bp fragment only.

The 239bp PCR product of *IL-1β* T-31C polymorphism was digested with *Alu I* restriction enzyme (Fermentas, Lithuania) for 16 h at 37°C. The T allele had *Alu I* cleavage site and digested to 152 and 87bp fragments, whereas the C allele had no *Alu I* cleavage site and produced 239bp fragment only. The PCR product of *IL-4* 70bp VNTR polymorphism was a 183bp fragment in the absence of repeat polymorphism1 (RP1) and a 253bp fragment in the presence of RP2 of the 70bp VNTR fragment. PCR and digested products were separated by electrophoresis on a 2.5 per cent agarose gel and visualized by ethidium bromide staining.

**Statistical analysis:** Data were analyzed using the statistical software SPSS 18 (SPSS, Chicago, IL, USA). The differences between groups were analyzed by independent Student t test, chi square test or Fisher's exact test, wherever appropriate. The genotypes and alleles frequency were compared between SLE patients and controls by  $\chi^2$  test and Fisher's exact test. The odds ratio (OR) and 95% confidence intervals (CI) were also estimated. Logistic regression analysis was used to assess the independent effect of each risk polymorphism on SLE. Bonferroni's correction was applied to confirm the association of haplotypes with the disease. Linkage disequilibrium (LD) was analyzed using CubeX software<sup>19</sup>.

## Results

Demographic data of SLE patients and control group are shown in Table I. There were no significant differences for age, gender and ethnicity between SLE patients and controls.

**Table I.** Demographic characteristics of SLE patients and healthy controls

Parameter	SLE patients (n=163)	Controls (n=180)
Age (yr) (mean±SD)	32.6 ± 8.6	32.1 ± 11.7
Sex, n (male/female)	13/150	14/166
Joint symptoms	141 (87)	-
Renal diseases	36 (22)	-
Dermomucus manifestations	135 (83)	-
Neurological disorders	23 (14)	-
Haematological disorders	98 (60)	-
Oral ulcers	45 (28)	-
Antinuclear antibodies (ANA)	147 (90)	-
Anti-dsDNA antibody	122 (75)	-
dsDNA, double-stranded deoxyribonucleic acid		
Values are given as n (%)		

The allele and genotype frequencies of *IL-1β* C-511T, *IL-1β* T-31C and *IL-4* VNTR polymorphisms in patients with SLE and controls are shown in Table II. All loci were in Hardy-Weinberg equilibrium. Linkage analysis showed that *IL-1β* promoter single nucleotide polymorphisms (SNPs) rs1143627 and rs16944 were located in one haplotype block and the magnitude of LD between the SNPs was high ( $D'$ =0.665,  $r^2$ =0.324).

The genotype and allele frequencies of *IL-1β* C-511T polymorphism were not significantly different between SLE patients and control group. However, the genotype and allele frequencies of *IL-1β* T-31C polymorphism were significantly different between the two groups and the risk of SLE was lower in individuals with CC genotype compared to those with TT genotype. [OR, 0.6 (95% CI, 0.4 to 0.9);  $P$ <0.01]. In addition, the frequency of C allele was significantly higher in controls compared to SLE patients. Therefore, this allele could have protective effect on SLE susceptibility [OR, 0.7 (95% CI, 0.5 to 0.9);  $P$ <0.01] (Table II).

The *IL-4* VNTR polymorphism frequency was significantly different between SLE and control groups. Although we did not observe RP2/RP2 genotype in SLE patients and controls, the heterozygous individuals for this polymorphism (RP1/RP2 genotype) were significantly higher in SLE patients and the risk of SLE was 1.8 fold higher in these individuals [OR, 1.8 (95%

**Table II.** Genotype and allele frequencies of *IL-1β* and *IL-4* polymorphisms in SLE patients and healthy controls

Polymorphisms	SLE patients (n=163)	Controls (n=180)	OR (95% CI)
<i>IL-1β</i> C-511T (rs16944)			
CC	25 (15.3)	35 (19.4)	1
CT	87 (53.4)	92 (51.1)	1.3 (0.7-2.4)
TT	51 (31.3)	53 (29.4)	1.2 (0.8-1.6)
C	137 (42)	162 (45)	1
T	189 (58)	198 (55)	1.1 (0.8-1.5)
<i>IL-1β</i> T-31C (rs1143627)			
TT	24 (15)	14 (8)	1
CT	87 (53)	85 (42)	0.6 (0.3-1.2)
CC	52 (32)	81 (45)	0.6 (0.4-0.9)**
T	135 (41.4)	113 (31.4)	1
C	191 (58.6)	247 (68.6)	0.7 (0.5-0.9)**
<i>IL-4</i> VNTR			
RP1/RP1	128 (78.5)	156 (86.6)	1
RP1/RP2	35 (21.5)	24 (13.4)	1.8 (1 -3.1)*
RP1	291 (89)	336 (93.3)	1
RP2	35 (11)	24 (6.7)	1.7 (1-2.9)
<i>P</i> * < 0.05, ** < 0.01, *** < 0.001 Logistic regression analysis and Fisher's exact test were performed wherever appropriate Values are given as n (%) IL, interleukin; OR, odds ratio; CI, confidence interval; RP, repeat polymorphism			

CI, 1 to 3.1);  $P < 0.05$ ] (Table II). No association was observed between the allelic and genotypic distributions of *IL-1β* T-31C and *IL-4* VNTR polymorphisms and SLE manifestations. However, we observed an association between *IL-1β* C-511T polymorphism and malar rash and the frequencies of CT and TT genotypes were significantly higher than CC genotype in SLE patients with malar rash compared to SLE patients without this manifestation [OR, 4 (95% CI, 1.5 to 10.6);  $P < 0.01$  and OR, 1.7 (95% CI, 1 to 2.9)  $P < 0.05$ ] (Table III).

Four haplotypes of the *IL-1β* consisting of two alleles of each polymorphism are shown in Table IV. The frequency of CC haplotype was significantly lower in SLE patients compared to controls [6 versus 14%, OR, 0.4 (95% CI, 0.18 to 0.9);  $P = 0.015$ ].

### Discussion

Our findings showed that CC genotype of *IL-1β* T-31C polymorphism was significantly lower in SLE

patients compared to controls and the risk of SLE was lower in individuals with CC genotype compared to TT genotype. However, no association between *IL-1β* C-511T polymorphism and SLE was observed. In addition, higher frequencies of RP1/RP2 genotype and RP2 allele of *IL-4* VNTR polymorphism were found in SLE group. The frequencies of CT and TT genotypes of *IL-1β* C-511T polymorphism were significantly higher than CC genotype in SLE patients with malar rash compared to those without this manifestation.

SLE is a complex polygenic disease with immune dysregulation having a critical role in its pathogenesis. In SLE patients like in other autoimmune diseases, cytokines and antibodies are higher than in healthy individuals<sup>20</sup>. The central role of *IL-1β* in inflammation suggests that allelic polymorphisms in *IL-1β* gene might have an effect on susceptibility to SLE. Evidences indicate that T allele of *IL-1β* T-31C polymorphism is associated with higher production of *IL-1β*<sup>21</sup>.

**Table III.** Association of *IL-1β* C-511T polymorphism and malar rash

Genotypes	SLE patients with malar rash (n=87)	SLE patients without malar rash (n=76)	OR (95% CI)
<i>IL-1β</i> C-511T			
CC	7 (8)	18 (23.7)	1
CT	53 (61)	34 (44.7)	4 (1.5- 10.6)**
TT	27 (31)	24 (31.6)	1.7 (1-2.9)*
CT+TT	80 (92)	58 (76.3)	3.6 (1.4-9)**

*P*\* < 0.05, \*\* < 0.01, \*\*\* < 0.001  
Logistic regression analysis was performed for analysis  
Values are given as n (%)

**Table IV.** Frequency (in %) of haplotypes of *IL-1β* gene polymorphisms in SLE patients and control groups

Haplotypes		SLE patients (n=163)	Controls (n=180)	OR (95% CI)
<i>IL-1β</i> C-511T	<i>IL-1β</i> T-31C			
T	C	53	47	1
C	T	36	29	1.1 (0.7-1.7)
C	C	6	14	0.4 (0.18-0.9)*
T	T	5	7	0.64 (0.26-1.6)

*P*\* < 0.05

*IL-4* as an anti-inflammatory cytokine, mediates the humoral immune response and plays a key role in immune regulation of helper-2 subset of lymphocytes. *IL-4* is a key cytokine that induces the activation and differentiation of B cells and is involved in the development of the T cells<sup>22</sup>. These evidences show that genetic variants that contribute in regulation of *IL-1β* and *IL-4* production may be relevant in genetic susceptibility to SLE.

Muraki *et al*<sup>9</sup> reported that CC and TT genotypes of *IL-1β* gene C-511T and T-31C polymorphisms were significantly less frequent in SLE patients than controls in Japan, which was in contrast to our findings. However, among African Americans living in the United States, Parks *et al*<sup>23</sup> reported higher risk of SLE in individuals with *IL-1β* -511T allele than individuals with -511CC genotype, similar to our study this association was not observed in the Whites. Tahmasebi *et al*<sup>24</sup> showed no association between C-511T, T-31C polymorphisms and SLE in an Iranian population living in Tehran. However, we found that the TT genotype of T-31C

polymorphism was significantly higher in SLE patients in South East of Iran. Wang *et al*<sup>25</sup> performed a meta-analysis (six studies) to determine the effects of *IL-1* polymorphisms in susceptibility to SLE and revealed that this polymorphism was not associated with SLE risk in the study subjects. Subgroup analysis for Asian ethnicity indicated that *IL-1β* C-511T polymorphism was associated with SLE only for TT vs. CT+CC genotypes. In another meta-analysis conducted by Song *et al*<sup>26</sup>, no association between *IL-1β* C-511T polymorphism and SLE was reported.

The information about the association between *IL-4* VNTR polymorphism and SLE is scarce. Wu *et al*<sup>13</sup> reported the association between RP1/RP1 genotype and RP1 allele of VNTR and TT genotype and T of C-590T polymorphisms of *IL-4* gene with discoid rash in SLE patients in Taiwan. We observed a relation between RP2 allele and RP1/RP2 genotype of *IL-4* VNTR polymorphism and SLE susceptibility.

It was suggested that these differences in the genotypes and alleles distribution might be due to different sample size and different selection criteria adopted for patients and controls in particular clinical manifestations, ethnicity and environmental risk factors. As mentioned previously by Manchanda *et al*<sup>27</sup>, there is considerable evidence that polymorphisms in the regulatory regions of cytokine genes are affected by ethnicity, therefore, these differences could be related to ethnic and clinical heterogeneity between populations.

Our study had certain limitations. The first was the low sample size, and second that environmental conditions which are known to have essential role in SLE initiation and progression, were not studied. Therefore, further investigations using a larger sample size with effect of environmental conditions and different ethnic groups are necessary to confirm the present results.

In conclusion, our study showed an association between *IL-1β* T-31C and *IL-4* VNTR polymorphisms and SLE susceptibility. There was no association between *IL-1β* C-511T polymorphism and SLE. Further, T allele of *IL-1β* C-511T polymorphism could be related with malar rash manifestation in SLE patients.

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**Conflicts of Interest:** None.

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