An update on transesophageal echocardiography views 2016: 2D versus 3D tee views

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ABSTRACT

In 1980, Transesophageal Echocardiography (TEE) first technology has introduced the standard of practice for most cardiac operating rooms to facilitate surgical decision making. Transoesophageal echocardiography as a diagnostic tool is now an integral part of intraoperative monitoring practice of cardiac anaesthesiology. Practice guidelines for perioperative transesophageal echocardiography are systematically developed recommendations that assist in the management of surgical patients, were developed by Indian Association of Cardiac Anaesthesiologists (IACTA). This update relates to the former IACTA practice guidelines published in 2013 and the ASE/EACTA guidelines of 2015. The current authors believe that the basic echocardiographer should be familiar with the technical skills for acquiring 28 cross sectional imaging planes. These 28 cross sections would provide also the format for digital acquisition and storage of a comprehensive TEE examination and adds 5 more additional views, introduced for different clinical scenarios in recent times. A comparison of 2D TEE views versus 3D TEE views is attempted for the first time in literature, in this manuscript. Since, cardiac anaesthesia variability exists in the precise anatomic orientation between the heart and the oesophagus in individual patients, an attempt has been made to provide specific criteria based on identifiable anatomic landmarks to improve the reproducibility and consistency of image acquisition for each of the standard cross sections.

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INTRODUCTION

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The significant role of perioperative TEE on surgical patients before, during, or immediately after surgery and cardiac catheterization interventional procedures, as well as in intensive care settings is well documented by IACTA.^[1] This modality is being used in both government institutions and private hospitals all across India. TEE is an invasive procedure which necessitates an identification of appropriate indications and contraindications, understanding the technical aspects of probe insertion/ manipulation, interpretation of the data generated by TEE, image generation/storage of data, integration of diagnostic imaging information, and generation of a report. Thus update focuses on the application of TEE in the setting of cardiac surgical patients, noncardiac surgery, and postoperative critical care. It does not address training, certification, establishing credentials and quality assurance.

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Transesophgeal Echocardiography (TEE) has the unique advantage of portability, high resolution images of normal or abnormal cardiovascular anatomy and function, easy to perform, low risk of complication and the best stepwise approach.

INSTRUMENT MANIPULATION

There are five corresponding terminology used to describe manipulation of the probe during image acquisition. Advancing the shaft of the probe distally into the esophagus or the stomach and withdrawing the tip of the probe in the opposite direction proximally called advancement or withdrawal respectively [Figure 1a]. Turning the probe to the right termed as clockwise rotation, whereas turning the probe to the left termed as counter clockwise rotation. [Figure 1b]. TEE probe may be flexed anteriorly (anteflexion), or posteriorly (retroflexion) with the large control wheel and to the left or right (probe flexion). [Figure 1c]. Flexing the tip of the tee probe can be done with the small control wheel to the patient's right or left [Figure 1d]. Finally, the array rotation buttons turn within the probe from 0 degrees or the horizontal plane "forward" to 180 degrees or from 180 to 0 degrees (backward transducer rotation). The images displayed at the top of the screen are in the near field and structures in the far field are at the bottom of the screen. At a multiplane angle of 0 degree, the patient's

right sided structures will be displayed on the left of the image display. By rotating the multiplane angle forward to 90 degrees left side of the image display shows posterior structure. Approximately distance of the probe tip from lips is 20-25 cm for upper esophageal (UE) views, 30-40 cm for midesophageal (ME) views and 40-45 cm for transgastric (TG) view in an average sized adult male; however, placement of the transducer into desired location is primarily accomplished by waiting the image to develop as the probe is manipulated rather than depth markers on the probe.^[2]

REGIONAL LEFT VENTRICLE ASSESSMENT AND CORONARY ARTERIAL DISTRIBUTION

In order to assess regional systolic function, the left ventricle (LV) is divided into different segments from base to the apex corresponding to the proximal, middle and apical segments of the coronary arteries. The currently recommended segmentation is a 17-segment model as described in the figure. The left ventricle is divided into 6 segments: Anterior, anteroseptal, inferoseptal, posterolateral and anterolateral. Each segment is divided into a basal, mid and apical segment and the apical cap represents the 17th segment [Figure 2].

In the operating room TEE examination of the LV requires obtaining at least 5 views: Mid-esophageal 4 chamber, Mid-esophageal 2-chamber, Mid-esophageal



Figure 1: (a) Advance, withdraw: Pushing or pulling the tip of the TEE probe; (b) turn to right, turn to left (also referred as clockwise and anticlockwise): rotating the anterior aspect of the TEE probe to the right or left of the patient; (c) anteflex, retroflex: anteflex is flexing the tip of the TEE probe anteriorly by turning the large control wheel clockwise. Retroflex is flexing the tip of the TEE probe with the small control wheel to the patient's right or left. The probe flexion to the right and left may not be necessary and should be avoided to minimize trauma to the esophagus

long axis, Transgastric basal short-axis ('fishmouth view') and Transgastric mid-papillary short axis. Mid-Oesophegeal four chamber view allows the simultaneous visualization of both the left and right ventricles. Common problem of Mid-oesophegeal four chamber view is foreshortening. Segmental function of the lateral and septal walls is best assessed in this view. Mid-Oesophegeal two chamber view is good for assessing segmental function of the anterior and inferior walls and can be used for measurements of ventricular volume. Mid-esophageal long axis shows the anteroseptal wall on right side facing the posterior wall on the left, which can be evaluated for regional contractile function. TG mid-papillary short-axis view gives an idea about the portion of the territories of all three main coronary arteries perfusing the LV, detect ischemia. LV apex is visualised in transgastric long-axis view. The anterior leaflet of the mitral valve (AML) clearly visualise between the left ventricular outflow tract and the mitral valve orifice in TG basal short axis view.

IACTA RECOMMENDED COMPREHENSIVE TEE EXAMINATION

Comprehensive imaging examination

The table lists suggested standard 28 views included additional views in a comprehensive perioperative transoesophageal echocardiographic examination as it exists in 2016. Each view is shown as a 2D and 3D image. The structures imaged and the acquisition protocol in each view are listed in the adjoining columns [Figures 3-36]. In the, recommendations for Echocardiography in patients referred for cardiac surgery or percutaneous Intervention echocardiography, the authors have recommended TEE or intra cardiac echocardiography, in all patients before intra cardiac percutaneous intervention to exclude potential cardiac sources of emboli that might be dislodged during intervention. The routine preoperative use of TEE to identify and manage aortic atheromatous disease is recommended in patients with increased risk for embolic stroke, including those with histories of cerebrovascular or peripheral vascular disease and those with evidence of aortic atherosclerosis or calcification by other imaging modalities, including preoperative or intraoperative MRI, CT, or chest radiography. TEE may allow the surgeon to individualize the surgical technique and potentially reduce the incidence of embolic stroke.

New guidelines on TEE for aortic sources of embolism^[8], on diastology and LV diastolic function^[9] for ASD and patent foramen ovale have been recently introduced, this year in clinical practice. These are essential to the perioperative echocardiographer and should be adopted. We recommend these additional TEE views to be carried out to complete an echocardiography based examination before, during and after cardiac surgery.

Three-Dimensional Transoesophageal Echocardiography and its Advantages over 2D TEE

3D echocardiography, a relatively new technology enables the echocardiographer to provide the real



Figure 2: Nomenclature of 17 different segments of the left ventricle in coronary artery disease

Twenty eight standard views + additional views [Figures 3-36]

MIDESOPHAGEAL FIVE CHAMBER

VIEW Transducer angle:0-10 degree Level:Mid - esophageal Structures imaged: Aortic valve LVOT LA/RA LV/RV/IVS MV (A2A1-P1) TV

MIDESOPHAGEAL FOUR CHAMBER VIEW

Multiplane angle range: 0~20 degrees

Sector depth: ~12-14 cm Anatomy imaged:

- Left ventricle and atrium Right ventricle and atrium Mitral and tricuspid valves Interatrial and interventricular septum
- Pulmonary venous baffle, AV valves, ventricular function

ME MITRAL COMMISSURAL VIEW

Multiplane angle range: 60-70 degrees Sector depth: ~ 12cm Anatomy imaged: Left ventricle and atrium Mitral valve

Clinical Utility:

Clinical Utility:

For any thrombus in the five

chamber with all regional wall motion abnormalities (RWMA),

right ventricle and left ventricle

- Ventricle function: Global and regional Intracardiac chamber masses: Thrombus, tumor, air, foreign bodies
- Mitral and tricuspid valve evaluation: Pathology, pathophysiology
- Congenital or acquired interatrial and ventral septal defects
- Hypertrophic obstructive
- cardiomyopathy evaluation. Suction event diagnosed with perioperative/postoperative TEE soon after HVAD
- activation (HeartWare left ventricular assist device.^[3] large ostium secundum ASD^[4]
- Postop. Atrial switch operation^[5,6]
- Assessment for baffle obstruction or leak, evaluation for PH (MR jet)
- LA myxoma Posterior and AV rims, maximal ASD diameter
- Device relationship to AV valves^[4]

Clinical Utility:

Left ventricle function: global and regional

Left ventricle and atrial masses: thrombus, tumor, air; foreign bodies

Mitral valve evaluation: pathology, pathophysiology

Ventricular diastolic evaluation via transmitral Doppler flow profile analysis

Recommended for mitral valve vegetations.

(Mitral commissural view) with the probe then rotated slightly to the left to reveal the left-sided pulmonary veins.









2D TEE

3D TEE







2D TEE Figure 4



3D TEE





2D TEE Figure 5





3D TEE

MID ESOPHAGEAL TWO-CHAMBER VIEW

Multiplane angle range: 80-100 degrees Sector depth: ~ 12-14 cm Anatomy imaged Left ventricle, atrium, and atrial appendage:

Mitral valve

Left pulmonary veins: turning probe to left

Coronary sinus (short axis or long axis by turning probe tip to left)

MID ESOPHAGEAL LONG AXIS VIEW

Multiplane angle range: 120-160 degrees Sector depth: ~ 12-14 cm Anatomy imaged: Left ventricle and atrium Left ventricular outflow tract Aortic valve Mitral valve Ascending aorta Dome/roof of LA Device^[4]

MID ESOPHAGEAL AORTIC VALVE: LONG AXIS VIEW

Multiplane angle range: 120-160 degrees Sector depth: ~ 8-10 cm Anatomy imaged: Aortic valve Proximal ascending aorta Left ventricular outflow tract Mitral valve

Right pulmonary artery

Clinical Utility:

Clinical Utility:

pathophysiology;

pathophysiology

dissections

regional

bodies

analysis

Left ventricle function: global and regional Left ventricle and atrial masses: thrombus, tumor, air; foreign bodies Mitral valve evaluation: pathology, pathophysiology Ventricular diastolic evaluation via transmitral and pulmonary vein Doppler flow profile analysis Coronary sinus evaluation: coronary sinus catheter placement;

coronary sinus catheter placement; dilation secondary to persistent left superior vena cava

Left ventricle function: global and

Left ventricle and atrial masses: thrombus, tumor, air; foreign

Mitral valve evaluation: pathology,

Ventricular diastolic evaluation via

Aortic valve evaluation: pathology,

transmitral Doppler flow profile

scending aorta pathology: atherosclerosis, aneurysms,

Hypertrophic obstructive cardiomyopathy evaluation

left pulmonary veins

Aortic valve: pathology;

Ascending aorta pathology: atherosclerosis, aneurysms and

Mitral valve evaluation: pathology,

Duration of AV opening during

measured using M-mode during

LVAD support can be easily

Clinical Utility:

dissections

TEE.[3]

pathophysiology

pathophysiology

Relationship to LA dome/roof^[4]

Native aortic valve endocarditis, prosthetic mitral valve thrombosis Midesophageal long-axis views with the probe rotated toward the











3D TEE



2D TEE Figure 7

Figure 8



3D TEE



3D TEE

MID ESOPHAGEAL ASCENDING AORTA LONG AXIS VIEW

Multiplane angle range: 100-150 degrees Sector depth: ~ 12cm Anatomy imaged: Ascending aorta Right pulmonary artery

Clinical Utility:

Ascending aorta pathology: atherosclerosis, aneurysms, and dissections Anterograde cardioplegia delivery evaluation Pulmonary embolus/thrombus Probe Tip Depth (from lips) Upper Esophageal (20-25 cm)











3D TEE

MID ESOPHAGEAL ASCENDING AORTA: SHORT AXIS VIEW

Multiplane angle range: 0-60 degrees Sector depth: ~ 12cm Anatomy imaged: Ascending aorta Superior vena cava (short axis) Main pulmonary artery Right pulmonary artery Left pulmonary artery (turn probe tip to left) Pulmonic valve

Clinical Utility:

Ascending aorta pathology: atherosclerosis, aneurysms, and dissections Pulmonic valve: pathology; pathophysiology Pulmonary embolus/thrombus evaluation Superior vena cava pathology: thrombus, sinus venosus atrial septal defect Pulmonary artery catheter

placement





2D TEE Figure 10





3D TEE

MIDESOPHAGEAL RIGHT PULMONARY VEIN VIEW

Transducer Angle: 0-30 degrees Level: Upper-esophageal Maneuever (from prior image): Continous wave (CW), advance

Clinical Utility:

Mid-ascending aorta Superior vena cava Right pulmonary veins





2D TEE Figure 11



ME Right Pulmonary Vein View



3D TEE

MID ESOPHAGEAL AORTIC VALVE: SHORT AXIS VIEW

Multiplane angle range: 30-60 degrees Sector depth: -10-12 cm Anatomy imaged Aortic valve: Interatrial septum Coronary ostia and arteries Right ventricular outflow tract Pulmonary valve Posterior and aortic rims, maximal ASD diameter^[4]

Clinical Utility:

Clinical Utility:

tumor, foreign

pathophysiology

pathophysiology

placement

Aortic valve: pathology; pathophysiology Ascending aorta pathology: atherosclerosis, aneurysms and dissections Left and right atrial masses: thrombus, embolus, air, tumor, foreign bodies Congenital or acquired interatrial septal defects evaluation

Right ventricle and atrial masses

bodies.

and left atrial: thrombus, embolus,

` Pulmonic valve and sub pulmonic valve: pathology;

Pulmonary artery catheter

Tricuspid valve: pathology;







2D TEE Figure 12

3D TEE





2D TEE Figure 13



3D TEE

MID OESOPHAGEAL RIGHT VENTRICULAR INFLOW-OUTFLOW VIEW

Multiplane angle range:

- ` 60-90 degrees
- Sector depth: ~ 10-12 cm
- Anatomy imaged:

` Right ventricle and atrium, Left atrium

RVOT, PAX

ME MODIFIED BICAVAL VIEW

- Structures imaged:-
- Right atrium
- LA
- Interatrial septum
- Inferior vena cava
- TV

Probe Adjustments:

Probe rotated toward right as in bicaval view.

Clinical utility:

For cannula placement in the SVC/IVC in all minimally invasive procedures e.g., Robotic Group





2D TEE Figure 14





3D TEE

MID ESOPHAGEAL BICAVAL VIEW

Multiplane angle range 80-110 degrees

Sector depth: ~ 8 - 10 cm Anatomy imaged:

Right and left atrium

Superior vena cava (long axis)

Inferior vena cava orifice: advance probe and turn to right to visualize inferior vena cava in the long axis, liver, hepatic and portal veins, IAS, RPV, IVC, SVC

Clinical Utility:

Right and left atrial masses: thrombus, embolus, air, tumor, foreign bodies Superior vena cava pathology: thrombus, sinus venosus atrial septal defect Inferior vena cava pathology (thrombus, tumor) Femoral venous line placement Coronary sinus catheter line placement

Right pulmonary vein evaluation: anomalous return, Doppler evaluation for left ventricular diastolic function





2D TEE Figure 15





3D TEE

UPPER OESOPHAGEAL RIGHTT AND LEFT PULMONARY VEIN VIEW

Transducer angle: 90-110 angle Level: Upper- esophageal Maneuver (from prior image): withdraw, CW for the right veins, CCW for the left veins Structures imaged: pulmonary vein (upper and Lower) Pulmonary artery.







3D TEE

MIDESOPHAGEAL LEFT ATRIAL APPENDAGE VIEW

Transducer Angle: 90-110 degrees Level: Midesophageal Maneuever (from prior image): Advanced

Clinical Utility:

Left atrial appendage Left upper pulmonary vein Recommendation - TEE is superior to TTE in assessment of anatomy and function of LAA in a variety of clinical contexts, such as before cardioversion, ablation of atrial arrhythmias, and percutaneous procedures for LAA closure.



2D TEE Figure 16



2D TEE Figure 17



3D TEE

TG BASAL SHORT AXIS VIEW

Multiplane angle range: 0-20 degrees Sector depth: ~ 12cm Anatomy imaged Left and right ventricle: Mitral valve Tricuspid valve

Clinical Utility:

Mitral valve evaluation ("fish-mouth view"): pathology, pathophysiology Tricuspid valve evaluation: pathology, pathophysiology Basal left ventricular regional function Basal right ventricular regional function





2D TEE Figure 18





3D TEE

TG MID PAPILLARY SHORT AXIS VIEW

Multiplane angle range: 0-20 degrees Sector depth: ~ 12cm Anatomy imaged: Left and right ventricles Papillary muscles

Clinical Utility:

Mid-left and right ventricular regional and global function Intracardiac volume status











3D TEE





0-20 degrees Level: Transgastric Anatomy imaged: Left ventricle (apex) Right ventricle (apex)

Clinical Utility:

From the TG midpapillary short-axis (SAX) view (0-20), the probe is advanced while maintaining contact with the gastric wall, to obtain the TG apical short-axis (SAX) view The right ventricle (RV) apex is imaged from this view by turning to the right (clockwise). This view allows evaluation of the apical segments of the left and right ventricles.





2D TEE Figure 20





3D TEE

TRANSGASTRIC RIGHT VENTRICLE BASAL VIEW

Transducer Angle: 0-20 degrees Level: Transgastric Maneuever (from prior image): Anteflex Clinical Utility: Left ventricle (mid) Right ventricle (mid) Right ventricular outflow tract Tricuspid valve (SAX) Pulmonary valve





TG RV Basal View



2D TEE Figure 21



3D TEE

TRANSGASTRIC RIGHT VENTRICLE INFLOW OUTFLOW VIEW

Transducer Angle:

0-20 degrees Level: Transgastric Maneuever (from prior image): Right-flex Clinical utility: Right atrium Right ventricle Right ventricular outflow tract Pulmonary valve







2D TEE Figure 22

fu '''

3D TEE

DEEP TRANSGASTRIC FIVE-CHAMBER TRANSESOPHAGEAL ECHOCARDIOGRAPHIC VIEW Comments - Detect the degenerated Aortic bioprosthetic Aortic valve





2D TEE Figure 23





3D TEE

TRANSGASTRIC TWO-CHAMBER VIEW

Multiplane angle range: 80-100 degrees Sector depth: ~ 12cm Anatomy imaged: Left ventricle and atrium Mitral valve: chordae and papillary muscles Coronary sinus Clinical Utility:

Left ventricular regional and global function (including apex) Left ventricular and atrial masses: thrombus, embolus, air, tumor, foreign bodies Mitral valve: pathology and pathophysiology







2D TEE Figure 24



3D TEE

TG RIGHT VENTRICULAR INFLOW VIEW

Multiplane angle range: 100-120 degrees Sector depth: ~ 12cm Anatomy imaged: Right ventricle and atrium Tricuspid valve: chordae and papillary muscles

Clinical Utility:

Right ventricular regional and global function Right ventricular and atrium masses: thrombus, embolus, tumor, foreign bodies Tricuspid valve: pathology and pathophysiology Probe Tip Depth Deep Transgastric (45-50 cm)





2D TEE Figure 25

3D TEE

TG LONG AXIS VIEW

Multiplane angle range: 110-130 degrees Sector depth: ~12 cm Probe adjustments Neutral leftward Anatomy imaged: Mitral leaflets Mitral subvalvular apparatus Left ventricle (anteroseptal and inferolateral walls: basal and mid segments) LV outflow tract Aortic valve and proximal ascending aorta

Clinical Utility:

Left ventricular (LV) systolic dysfunction (anteroseptal and inferolateral walls) Doppler interrogation of aortic valve.





2D TEE Figure 26





3D TEE

ME DESCENDING AORTA: SHORT AXIS VIEW

Multiplane angle range: 0 degrees Sector depth: ~ 6cm Anatomy imaged: Descending thoracic aorta Left pleural space

Clinical Utility:

Descending aorta pathology: atherosclerosis, aneurysms, and dissections Intra-aortic balloon placement evaluation Left pleural effusion Concentric IMH^[7]





2D TEE Figure 27

3D TEE

ME DESCENDING AORTA: LONG AXIS VIEW

Multiplane angle range: 90-110 degrees Sector depth: ~ 6cm Anatomy imaged: Descending thoracic aorta Left pleural space

Clinical Utility:

Descending aorta pathology: atherosclerosis, aneurysms, and dissections Intra-aortic balloon placement evaluation Left pleural effusion







2D TEE Figure 28

3D TEE

UE AORTIC ARCH: LONG AXIS VIEW

- Multiplane angle range: 0 degrees Sector depth: ~ 10cm
- Anatomy imaged: Aortic arch; left brachiocephalic vein; left subclavian and carotid arteries; right brachiocephalic artery

Clinical Utility:

Ascending aorta and arch pathology: atherosclerosis, aneurysms and dissections; aortic CPB cannulation site evaluation



2D TEE Figure 29





3D TEE

TG BASAL LONG AXIS VIEW

Multiplane angle range: 110-130 degrees Sector depth: ~12 cm Probe adjustments Neutral leftward Anatomy imaged: Mitral leaflets Mitral subvalvular apparatus, LVOT, LV, AOV, Proximal Aorta

Clinical Utility:

Left ventricular (LV) systolic dysfunction (anteroseptal and inferolateral walls) Doppler interrogation of aortic valve.





2D TEE Figure 30





UE aortic arch SAX

3D TEE

UE AORTIC ARCH: SHORT AXIS VIEW

Multiplane angle range: 90 degrees

Sector depth: ~ 10cm

Structures imaged:

Aortic arch; left brachiocephalic vein; left subclavian and carotid arteries; right brachiocephalic artery; Main pulmonary artery and pulmonic valve

Clinical Utility:

Ascending aorta and arch pathology: atherosclerosis, aneurysms and dissections; pulmonary embolus; pulmonary valve evaluation (insufficiency, stenosis, Ross procedure); pulmonary artery catheter placement Aortic atherom





2D TEE Figure 31

3D TEE

LOWER ESOPHAGEAL CORONARY SINUS VIEW

Angle: ~ 0°-10° Sector depth: ~12-14cm Retroflexed Structures imaged: Coronary sinus in LAX

Clinical Utility: Placement of retrograde cardioplegia cannula, Recognition of LSVC in congenital heart disease





2D TEE Figure 32





3D TEE



3D TEE

time images that contains all pertinent information. These systems generally acquire a volumetric data set, with greater depth than 2D echocardiography. 3D TEE provides the better understanding of spatial relationships between the dissection flap and surrounding structures such as the aortic valve and origin of coronary ostia, as well as allow the better morphologic and dynamic evaluation of aortic dissection which are not appreciated with two-dimensional TEE, thereby provides the decision making for surgeons in the operating room^[10] [Figure 37].

Figure 36

The first study demonstrating the clinical utility of live/real time three-dimensional echocardiography was published from the University of Alabama at Birmingham, Alabama.^[11] Basically, two-dimensional images are acquired in three-dimensions and the three-dimensional data set can then be cropped at any



Figure 37: Three-dimensional TEE showing the entry tear of a type B aortic dissection located in the proximal descending aorta. (Left) Live 3D image showing a large entry tear (asterisk). (Right) Maximum orthogonal diameters (D2 and D1) are 17 and 11 mm, and area measured by full volume is 1.5 cm²

desired angulation to view different cardiac structures comprehensively. Unlike 2D imaging where a fixed imaging plane requires the acquisition of standard views, 3D echocardiography is inherently volumetric and offers the potential for capturing a single dataset from which multiple questions can be answered through cropping. Therefore, a complete 3D TEE study involves acquisition of several full-volume datasets and then targeted acquisitions using 3D zoom and 3D color Doppler imaging.

Much of the 3D datasets can be obtained hand in hand with 2D acquisition and it is often the 2D images that guide 3D assessment. A distinct advantage is viewing stenotic lesions as well as the vena contracta of regurgitant jets en-face providing accurate and reproducible direct measurements of stenotic and regurgitant orifice areas. These facilitate quantitative assessment of valvular stenosis and regurgitation and obviate several pitfalls inherent in the Doppler measurements which are traditionally used for evaluation of severity of these lesions. 3D TEE also provides more reliable assessment of LV and RV volumes, ejection fraction and mass as compared to 2D TEE because no geometric assumptions are made regarding the shape of the ventricles. 3D TEE is useful in identifying AV morphology and can differentiate easily a bicuspid AV with a raphe from a tricuspid configuration. 3D TEE is useful in characterizing the morphology of various LV and RV muscular trabeculaions, cardiac tumors and thrombi since the technique facilitates sectioning and en face visualization of these masses. 3D TEE can also view congenital cardiac defects such as ASDs and VSDs en-face providing accurate assessment of their size and also their relationship to surrounding structures. This information is of great value to the interventional cardiologist and surgeon when considering defect closure. 3D TEE images are based on 2D TTE images and

are dependent on their quality and hence it is important to acquire the best quality 2D images for 3D acquisition.

HOW TO SWITCH 2D TO 3D

All this is inbuilt in all modern machines with knobology. As an example, to move from 2D to 3D TEE if in 2D TEE the descending thoracic aorta is visualized in SXA (0°) by turning the probe to the left from the ME 4C view (0°) . The near field image of the circular aorta. Advance and withdraw the probe to image the entire descending aorta. Decrease the display depth. Then, for 3D live mode with a slight tilt down better images a SAX section of the aorta intimal surface. The near field aortic wall is, however, poorly visualized. 3D full volume mode is a better choice to image a wider sector of the aorta and the thin wall of a dissection flap. The more diagnostic issues seen on 3D are then, aorta atherosclerosis, aorta dissection, aorta aneurysm, left pleural effusion, AI severity pulse wave Doppler and IABP position.

Finally, the advent of real-time three-dimensional (3D) echocardiography at the turn of the 21st century has provided unprecedented anatomic and functional details of many cardiac structures implicated as cardiac sources of embolism and allowed guidance of percutaneous treatments of sources of cardiac embolism (e.g., percutaneous closure of LA appendage (LAA) in patients with atrial fibrillation).

Three-Dimensional and Multiplane Imaging can highlight areas often missed or overlooked when it comes to cardiac source of embolism. It improves the diagnostic accuracy of cardiac tumors, more precise assessment of LA and LAA size and morphology, LV thrombus, provide incremental diagnostic information on aortic plaques and also helps in assessing atrial septal anatomy, also delineate the point of attachment on the interatrial septum in case of LA myxoma.

CLINICAL UTILITY OF 3D TEE

It has a superior reproducibility to 2D TEE, with a closer correlation to CMR-derived volumes. Hence it is the only potential modality that directly measures myocardial volume and LV Mass, especially in patients with asymmetric or localized hypertrophy or dilated ventricle, without geometric assumptions about LV shape and distribution of wall thickening. For these reasons, rather than 2D TEE, just as ASE and EACVI have done recently, we too recommend 3D TEE over 2D



Figure 38: (a) 3D transesophageal echocardiography assessment of valvular vegetations of the mitral valve vegetation (arrowhead) (b) Thrombotic complication on bioprosthetic valve heparin induced (HITTS) well seen on 3D TEE

TEE, for the routine assessment of LV volumes and ejection fraction (EF) and for details of seeing origin and extent of vegetation [Figure 38a and b].^[12]

In patients with cancer, Three-dimensional echocardiography appears to be the preferred technique of choice for monitoring the cardiac effects of chemotherapy, detecting cancer therapeutics-related cardiac dysfunction (CTRCD) and monitoring LV function. It has an advantage over 2D TEE which includes better accuracy in detecting LVEF, better reproducibility, and lower temporal variability compared with in patients with cancer treated with chemotherapy especially in 3D TEE ME4 chamber view, full volume. Costs, availability, Real-time three-dimensional echocardiography has been used to improve regional wall motion analysis during resting and stress echocardiography.^[13]

In tetralogy of fallot, Three-dimensional imaging with en-face views of the TV as seen from the right atrium and from the right ventricle can be particularly helpful when image quality and temporal resolutions are adequate.

LIMITATIONS OF 3D TEE

Three-Dimensional Measurements Assessment of LV volumes by 2DE is limited by malrotation, angulation, foreshortening, and relies on geometric assumptions for volumetric calculations, resulting in an underestimation of the true volumes, particularly in ventricular remodelling. Also need for training of operators, cost, high reliance on image quality, currently limit the wide application of 3DE in the oncologic setting.

Its function is also limited by low frame rates and poor resolution hence limited use in pediatric cases for the diagnosis of congenital heart defects.

CONCLUSION

It has been an attempt by the authors to present with 2D and 3D TEE views as comparison, with clinically accepted twenty eight views along with additional views to perform a comprehensive TEE examination. This also includes a suggested protocol of image acquisition. The standardised approach outlined in this update provides a useful framework for an assessment during cardiac surgery and also shows better resolution of 3D TEE over 2D TEE views, in most cardiac situations.

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Conflicts of interest

There are no conflicts of interest.

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