# Histopathological Diagnostic Value of the IgG4<sup>+</sup>/IgG<sup>+</sup> Ratio of Plasmacytic Infiltration for IgG4-Related Diseases

A PRISMA-Compliant Systematic Review and Meta-Analysis

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**Abstract:** This article aims to perform a meta-analysis to evaluate the diagnostic value of the immunoglobulin G  $(IgG)4^+/IgG^+$  ratio of plasmacytic infiltration for IgG4-related diseases.

Four databases—EMBASE, ISI Web of Knowledge, PubMed, and the Cochrane Library—were systematically searched. Approximately 200 participants from several studies were included in this research. STATA 11.2 software (Stata Corporation, College Station, TX) and Meta-DiSc 1.4 (Unit of Clinical Biostatistics, Ramon y Cajal Hospital, Madrid, Spain) were used to perform the meta-analysis.

Nine studies were included in the meta-analysis. The pooled diagnostic odds ratio was 18.94 [95% confidence interval (CI), 2.89-124.30]. The sensitivity was 58.80% (95% CI, 50.90-66.30) and the specificity was 90.20% (95% CI, 81.20-95.80). The positive and negative likelihood ratios were 3.12 (95% CI, 1.07-9.16) and 0.26 (95% CI, 0.09-0.70), respectively. The area under the curve of the summary receiver-operating characteristic was 0.88.

To conclude, the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio of plasmacytic infiltration is modestly effective in diagnosing IgG-related disease.

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**Abbreviations**: AUC = area under the curve, DOR = diagnostic odds ratio, HPF = high power fields, IgG4-RD = IgG4-related disease, LR- = negative likelihood ratio, LR+ = positive likelihood ratio, SROC = summary receiver-operating characteristic.

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#### **INTRODUCTION**

mmunoglobulin G (IgG)4-related disease (IgG4-RD) is a systemic immune-mediated disease characterized by storiform fibrosis, infiltration of  $IgG4^+$  plasma cells in involved organs, and, in some cases, elevated serum IgG4 levels.<sup>1</sup> IgG4-RD can affect almost any organ and common sites of involvement are the pancreas, salivary glands, orbit, and lymph nodes. Few studies have focused on the incidence or prevalence of IgG4-RD, but recent epidemiological studies have shown that approximately 6700 to 26,000 patients have developed IgG4-RD over the past 20 years in Japan.<sup>2</sup>

Diagnosis of IgG4-RD mainly depends on 4 criteria: histopathology, imaging, serology, and response to steroid therapy. However, these criteria are insufficient for diagnosing IgG4-RD. Imaging of involved organs cannot efficiently differentiate tumors and IgG4-RD.<sup>3</sup> Furthermore, elevated serum IgG4 is not exclusively observed in IgG4-RD, and 30% of IgG4-RD patients indeed present normal IgG4 levels.<sup>4,5</sup> Histopathological evidence has shown higher sensitivity and specificity for steroid therapy, and is widely accepted as the gold standard for the diagnosis of IgG4-RD.<sup>6</sup>

Histopathological findings of IgG4<sup>+</sup> plasma cells are the most important features of IgG4-RD, especially the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio. Over the past decade, numerous studies have evaluated the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio for its ability to accurately diagnose IgG4-RD. However, inconsistent conclusions relating to the diagnostic performance of IgG4<sup>+</sup>/IgG<sup>+</sup> ratio antibodies have been drawn.<sup>7-15</sup> The aim of this study was to systematically review the literature to determine the diagnostic performance of the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio in patients with IgG4-RD.

#### METHODS

#### Literature Search

Studies were identified in the EMBASE, ISI Web of Knowledge, PubMed, and the Cochrane Library databases. To retrieve all relevant publications related to histopathological findings of IgG4<sup>+</sup> plasma cells, we searched for the follow terms: "IgG4/IgG ratio," "IgG4<sup>+</sup>/IgG<sup>+</sup> ratio," "ratio of IgG4<sup>+</sup>/IgG<sup>+</sup>," and "IgG4<sup>+</sup>/IgG<sup>+</sup>" combined with IgG4-related diseases. No limits were placed on ethnicity or geographic region, and all documents were updated to September 2014. Additional relevant references cited in searched articles were also selected. All analyses of this systemic review were based on previous published studies, thus no ethical approval and patient consent are required.

#### **Eligibility Criteria**

Studies meeting the following criteria were eligible for inclusion: those that assessed the diagnostic accuracy of

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histopathological findings of IgG4<sup>+</sup> plasma cells with an IgG4<sup>+</sup>/IgG<sup>+</sup> ratio  $\geq$ 0.40 and IgG4<sup>+</sup>/high power fields (HPFs) >10 for IgG4-RD; sufficient data reported to construct 2-by-2 tables; no criteria for published language; and studies based on animals or cell cultures and case reports; conference abstracts without subsequent publication in full text were excluded. In the case of overlapping studies, only the study with the largest sample size was included in our analysis.

### **Data Extraction**

Data were extracted from all selected studies by 2 independent investigators. Interresearcher disagreements were resolved by consensus or by a third investigator. The following data were collected from each selected study: first author's name; publication year; country in which the study was performed; study design; and study results. Study quality was assessed using the Quality Assessment of Diagnostic Accuracy Studies (QUADAS) tool. Authors of the identified studies were contacted via e-mail if further study details were needed.

#### **Statistical Analysis**

Statistical analysis was performed using STATA 11.2 software (Stata Corporation, College Station, TX, USA) and Meta-DiSc 1.4 (Unit of Clinical Biostatistics, Ramon y Cajal Hospital, Madrid, Spain). Heterogeneity between studies was evaluated by Cochrane *Q*-statistic as well as  $l^2$ -statistic. A *P* value >0.10 in *Q*-statistic indicated lack of heterogeneity among studies.  $l^2 < 25\%$  was considered low heterogeneity, 25% to 50% moderate, and >50% a high degree of inconsistency. Finally, the overall or pooled diagnostic odds ratio (DOR), sensitivity, specificity, positive likelihood ratio (LR+) and negative likelihood ratio (LR-), and their 95% CIs were obtained by a random-effects or a fixed-effects model in the presence ( $P \le 0.10$  or  $l^2 > 50\%$ ) or absence (P > 0.10 and  $l^2 \le 50\%$ ) of heterogeneity, respectively. The area under the summary receiver-operating characteristic (SROC) curves represented the overall performance of the detection method. A *P* value <0.05 (2 sided) was considered significant. Evaluation of threshold effect and publication bias was also undertaken.

#### RESULTS

## Literature Search

Electronic and manual searches yielded a total of 388 potentially eligible articles. A flow chart of screening articles for meta-analysis is illustrated in Figure 1. Three hundred seventy-two articles were excluded by screening the titles and abstracts. A further 7 duplicated articles were excluded. A total of 9 eligible studies were included in the meta-analysis.<sup>7-15</sup>



FIGURE 1. Flow chart of studies included in the meta-analysis.

#### **Study Characteristics**

The characteristics of the 9 studies are summarized in Table 1. A total of 170 IgG4-RD patients and 90 controls were involved in these studies. With regard to the geographic location of the studies, 2 were carried out in the United States,<sup>7,8</sup> 6 in Japan,<sup>9–11,13–15</sup> and 1 in Korea.<sup>12</sup> Assessment using QUADAS indicated that the studies were of medium quality, with positive results for at least 6/14 items (Figure 2).

# Meta-Analysis of IgG4<sup>+</sup>/IgG<sup>+</sup> Ratio of Plasmacytic Infiltration

The sensitivity of the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio of plasmacytic infiltration ranged from 10.00% to 96.80%, and the reported specificity ranged from 50.00% to 97.80%. The pooled DOR was 18.94 (95% CI, 2.89–124.30; Q = 21.34, P = 0.01;  $I^2 = 57.80\%$ ). The sensitivity was 58.80% (95% CI, 50.90–66.30; Q = 107.67, P < 0.01;  $I^2 = 91.60\%$ ) and the specificity was 90.20% (95% CI, 81.20–95.80; Q = 9.29, P = 0.41;  $I^2 = 3.10\%$ ). The LR+ and LR- were 3.12 (95% CI, 1.07–9.16; Q = 24.06, P = 0.04;  $I^2 = 62.60\%$ ) and 0.26 (95% CI, 0.09–0.70; Q = 21.87, P = 0.01;  $I^2 = 58.90\%$ ), respectively. The area under the curve (AUC) of the SROC was 0.88. The forest plots and SROC are shown in Figure 3A and B, and Figure 4A, respectively.

# Meta-Analysis of IgG4<sup>+</sup> Plasma Cells/HPF

In order to compare the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio of plasmacytic infiltration with IgG4<sup>+</sup> plasma cells/HPF, we performed metaanalysis of IgG4<sup>+</sup> plasma cells/HPF based on the articles included in this research. The sensitivity of IgG4<sup>+</sup> plasma cells/HPF ranged from 38.00% to 97.60%, and reported specificity ranged from 50.00% to 81.80%. The pooled DOR was 26.16 (95% CI, 5.66–120.95; Q = 4.83, P = 0.44;  $I^2 = 0\%$ ). The sensitivity was 72.20% (95% CI, 63.30–80.00; Q = 54.63, P = 0.00;  $I^2 = 90.80\%$ ) and the specificity was 72.50% (95% CI, 56.10–85.40; Q = 2.40, P = 0.79;  $I^2 = 0\%$ ). The LR+ and LR- were 3.08 (95% CI, 1.91–4.96; Q = 4.15, P = 0.53;  $I^2 = 0\%$ ) and 0.09 (95% CI, 0.03–0.31; Q = 7.39, P = 0.19;  $I^2 = 32.30\%$ ), respectively. The AUC of the SROC was 0.91. The forest plots and SROC are shown in Figure 3C and D, and Figure 4B, respectively.

#### Exploration of Threshold Effect

A Spearman rank correlation was performed to confirm the threshold effect; indication of no threshold effect was found [Spearman correlation coefficient = -0.77, P = 0.009; the slope (b) of the regression equation did differ from zero (P = 0.412)].

TABLE 1. Characteristics of Studies Included in the Meta-Analysis of Diagnostic Performance of IgG4+/IgG<sup>+</sup> Ratio in IgG4-RD

Reference	Author	Year	Disease	Case Number (n = 154)	Male Number $(n = 70)$	Mean Age, y	Control Number (n = 69)	Male Number (n = 30)	Mean Age, y
7	Graham et al	2014	IgG4-related sclerosing cholangitis	9	9	61.3	0	0	0
8	Lehman et al	2014	IgG4-related skin diseases	50	NR	NR	0	0	Õ
9	Morivama et al	2014	Mikulicz disease	13	5	64.5	1	1	70
9	Moriyama et al	2014	Mikulicz disease	13	5	64.5	1	1	70
10	Uehara et al	2013	IgG4-related lymphadenopathy	13	9	64.5	16	NR	NR
11	Sato et al	2013	IgG4-related skin diseases	10	9	64	0	0	0
12	Go et al	2012	IgG4-related disease	14	7	51.2	21	14	50.3
13	Kawano et al	2012	IgG4-related tubulointerstitial	20	18	64	0	0	0
14	Kubota et al	2010	IgG4-related lymphoplasmacytic infiltrative disorder	10	5	57.6	9	5	56.1
15	Yamamoto et al	2009	IgG4-related sclerosing disease	15	8	59.1	22	10	21.4

#### **Table 1 Continued**

Reference		Design	Plasma Cells of IgG4 <sup>+</sup> /IgG <sup>+</sup> Ratio >40%				IgG4 <sup>+</sup> Plasma Cells/High Power Fields >10				QUADAS Scores
	Region		ТР	FP	FN	TN	ТР	FP	FN	TN	
7	United States	Case only	4	0	4	0	9	0	0	0	10
8	United States	Case only	5	0	45	0	19	0	31	0	10
9	Japan	Case control	13	0	0	1	NA	NA	NA	NA	9
9	Japan	Case control	9	0	4	1	NA	NA	NA	NA	9
10	Japan	Case control	13	0	0	16	NA	NA	NA	NA	9
11	Japan	Case only	10	0	0	0	10	0	0	0	10
12	Korea	Case control	14	3	0	18	14	5	0	9	11
13	Japan	Case only	9	0	11	0	20	0	0	0	6
14	Japan	Case control	7	0	3	9	NA	NA	NA	NA	10
15	Japan	Case control	15	0	0	22	15	4	0	18	11

FN = false negative, FP = false positive, IgG4-RD = immunoglobulin G4-related disease, NA = not applicable, NR = no report, QUADAS = Quality Assessment of Diagnostic Accuracy Studies, TN = true negative, TP = true positive.



FIGURE 2. Quality assessment of included studies based on the Quality Assessment of Diagnostic Accuracy Studies tool.

#### **Publication Bias**

The presence of a statistically significant slope coefficient (P < 0.05) was considered to indicate possible bias. We conducted funnel plots that represented a somewhat symmetric curve (Figure 5). The *P* value of the slope coefficient was calculated to be 0.00, indicating that publication bias was observed in the included studies.

#### DISCUSSION

The diagnosis of IgG4-RD mainly relies on a triad of clinical characteristics: results of serum IgG4 tests, imaging features, and histological assessment. However, the common clinical manifestations are not specific to IgG4-RD. Furthermore, the performance of serum IgG4 is not satisfactory, having moderate specificity and sensitivity.<sup>4,5</sup> Histopathological findings were considered the gold standard of  $IgG4^+$  plasma cells, especially the  $IgG4^+/IgG^+$  ratio and  $IgG4^+/HPF$ . To date, no systematic evaluation of the  $IgG4^+/IgG^+$  ratio has been performed. To our knowledge, this study is the first meta-analysis to provide precise and controlled data on the diagnostic performance of the  $IgG4^+/IgG^+$  ratio in IgG4-RD.

The IgG4<sup>+</sup>/IgG<sup>+</sup> ratio was found to be a potential diagnostic biomarker of IgG4-RD, and its diagnostic performance needs to be confirmed. There were 9 eligible studies of medium quality (QUADAS scores >6, Figure 2) included in this metaanalysis (Table 1). The pooled specificity was high (90.20%), in comparison with a relatively low sensitivity (58.80%), which revealed that the diagnostic performance of the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio could identify controls better than IgG4-RD. The SROC curve implies that the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio showed moderate



**FIGURE 3.** Forests plot of the accuracy of  $IgG4^+/IgG^+$  ratio and  $IgG4^+/HPF$  for the diagnosis of IgG4-RD. (A) Sensitivity forest plot of the  $IgG4^+/IgG^+$  ratio. (B) Specificity forest plot of the  $IgG4^+/IgG^+$  ratio. (C) Sensitivity forest plot of the  $IgG4^+/HPF$ . (D) Specificity forest plot of  $IgG4^+/HPF$ .



**FIGURE 4.** SROCs of  $IgG4^+/IgG^+$  ratio and  $IgG4^+/HPF$  for IgG4-RD diagnosis. (A) SROC for  $IgG4^+/IgG^+$  ratio. (B) SROC for  $IgG4^+/HPF$ . HPF = high power field, IgG4-RD = immunoglobulin G4-related disease, SROC = summary receiver-operating characteristic.

diagnostic performance for IgG4-RD. The pattern of the data points in the SROC curve did not suggest a ''shoulder-arm'' shape, and the AUC of SROC was 0.88. Taken together, these results indicate that the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio had a modest level of overall diagnostic accuracy for IgG4-RD. Considering that IgG4<sup>+</sup>/HPF was also regarded as an important histological feature of IgG4-RD diagnosis, we also performed a metaanalysis of IgG4<sup>+</sup>/HPF. Compared with the IgG4<sup>+</sup>/IgG<sup>+</sup> ratio, the pooled specificity of IgG4<sup>+</sup>/HPF was lower (72.50%) but the sensitivity was higher (72.20%). The AUC of SROC was 0.91. Primary comparison revealed that the diagnostic performance of IgG4<sup>+</sup>/HPF was better than that of the IgG4<sup>+</sup>/ IgG<sup>+</sup> ratio.

Heterogeneity has been found in the pooled DOR of the  $IgG4^+/IgG^+$  ratio (18.94, P = 0.01;  $I^2 = 57.80\%$ ). In order to explore the heterogeneity found across studies, publication bias and Spearman rank correlation were performed. No statistical difference was found using Spearman rank correlation, which means that there was no threshold effect among these studies. However, publication bias was found in this meta-analysis, which could introduce heterogeneity.



FIGURE 5. Funnel plot of included studies.

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Some limitations in this meta-analysis need to be noted. The cutoff value of the  $IgG4^+/IgG^+$  ratio remains somewhat controversial, and exploring its clinical significance might help further our understanding of the  $IgG4^+/IgG^+$  ratio; however, relatively few studies have focused on this aspect. Second, meta-analysis of  $IgG4^+$  plasma cells/HPF only considered the studies that we included for the  $IgG4^+/IgG^+$  ratio, and thus, requires further research.

In conclusion, the  $IgG4^+/IgG^+$  ratio is a modestly effective diagnostic biomarker for IgG4-RD, with a low sensitivity but a high specificity.

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