

How precautionary medicine and public health are attached?

Dear Editor,

We recently visited your recent issue article where we found very important issue discussed in Editorial with entitled “Training in public health and community medicine without training of precautionary principles is incomplete.” Whatever topic discussed in editorial are always important but this topic is really need of current world. From start to end, it maintains same interest level of authors. We also want to add some points on relevance of the topic.^[1]

During the pandemic, whole world understands the importance of community medicine. Treatment plan never control the outbreak or pandemic. Identification of infection source and their removal are better way to treat any type of infection and outbreak.^[2] Precautionary measures are primary lesion of the preventive and social medicine, which is now well known as community medicine. Estimation of upcoming outbreak and risk assessment is need of current world. Comparison of the cases increment trends with past outbreaks/pandemic can give idea about the future outbreak/pandemic, which also useful to prevent the upcoming illness in the near future.^[3]

Assessment of the various risk factor related to major diseases is the part of precautionary medicine. During the COVID-19 pandemic, treatment was not much affective to control the disease, but the hand hygiene, mask, and social distancing type preventive measure play an important role to control the pandemic.^[4] Same for the possible future pandemic like antimicrobial resistance need risk assessment of current prevalence and how to avoid the risk factor to delay or avoid the pandemic. We know that risk assessment gives only probability of the disease but if we try to follow preventive measure, we can get 90% or more assurance of secureness; however, sometime <1% probability of disease can be making major illness in the patient.^[5]

Training of the precautionary measure is needed and should be given to each and everyone same like basic life support and fire safety training are required for the all employ of institute. All public and/or private firm specifically healthcare organization should train their staff regarding preventive measure at the time of employ's orientation program.

We conclude that public health cannot be complete without people awareness regarding preventive measures. Community medicine people cannot achieve the public health without support of community. Their training is one and only need to prevent future outbreak, and it should be start earlier for common people too. If our community learns this things, further things will be managed by the community medicine people.

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Conflicts of interest

There are no conflicts of interest.

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