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Copper Redox Cycling Inhibits A β Fibre Formation and Promotes Fibre Fragmentation, while Generating a Dityrosine A β Dimer

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Oxidative stress and the formation of plaques which contain amyloid- β (A β) peptides are two key hallmarks of Alzheimer's disease (AD). Dityrosine is found in the plaques of AD patients and A β dimers have been linked to neurotoxicity. Here we investigate the formation of A β dityrosine dimers promoted by Cu^{2+/+} Fenton reactions. Using fluorescence measurements and UV absorbance, we show that dityrosine can be formed aerobically when A β is incubated with Cu²⁺ and hydrogen-peroxide, or in a Cu²⁺ and ascorbate redox mixture. The dityrosine cross-linking can occur for both monomeric and fibrillar forms of A β . We show that oxidative modification of A β impedes the ability for A β monomer to form fibres, as indicated by the amyloid specific dye Thioflavin T (ThT). Transmission electron microscopy (TEM) indicates the limited amyloid assemblies that form have a marked reduction in fibre length for A β (1–40). Importantly, the addition of Cu²⁺ and a reductant to preformed A β (1–40) fibers causes their widespread fragmentation, reducing median fibre lengths from 800 nm to 150 nm upon oxidation. The processes of covalent cross-linking of A β fibres, dimer formation, and fibre fragmentation within plaques are likely to have a significant impact on A β clearance and neurotoxicity.

Alzheimer's disease (AD) is the most common form of dementia which directly affects more than 30 million people worldwide¹. The amyloid cascade hypothesis has been widely accepted as an explanation for AD pathology². Central to the hypothesis is the accumulation of amyloid- β peptide (A β) into fibrillar plaques within the brain interstitium³. However, it is the self-assembly of A β into dimers and small oligomers that confers toxicity^{4–10}. In addition to the formation of A β assemblies, AD is characterised by the presence of numerous markers of oxidative stress^{11–13}. Patients with AD are reported to have increased levels of oxidative damage in the brain tissue, as well as in the cerebrospinal fluid (CSF) and plasma. Observed oxidative damage includes the oxidative modifications of proteins¹⁴ which include A β ^{15–17}, DNA and RNA oxidation¹⁸, and also lipid peroxidation¹⁹. This is particularly apparent in sporadic AD where aging leads to a reduction in antioxidant defences in the brain²⁰. Interestingly, these oxidative markers can be observed before plaque formation^{21,22}. Another feature of AD pathology is the presence of concentrated metal ions in plaques, and disrupted metal ion homeostasis^{15,23–25}. In particular, redox active copper ions are linked to AD phenotypes in *drosophila*^{26,27} and rabbit models²⁸.

Several residues within A β , in particular Methionine, Tyrosine, and Histidine have been shown to be oxidized both *in vitro* and within plaques of patients with AD^{15–17,29–32}. A proportion of A β has its single methionine (Met35) oxidized to a sulphoxide within A β plaques^{15,33}, and the Met oxidation can impact A β fibre formation^{34,35}. In addition to methionine oxidation, tyrosine can also be oxidised to form a dityrosine covalent dimer. Immuno-gold-labelling provides good evidence for co-localisation of dityrosine and A β within AD plaques¹⁷, while mass-spectrometry has revealed the presence of dityrosine cross-linked A β in the brains of AD patients³². Furthermore, dityrosine concentrations are five- to eight-fold higher in the hippocampus and neocortical regions of the AD brain³⁶. Taken together these observations constitute compelling evidence of A β dityrosine cross-linking within the AD brain^{17,32,36}.

Oxidation of methionine can be caused by H₂O₂ alone, a ubiquitous molecule *in vivo*³⁷, without the presence of oxidative free-radicals^{30,34,38}. In contrast, dityrosine formation requires the presence of a radical^{29,39,40}. The most commonly reported pathway for dityrosine formation occurs when a tyrosine radical, reacts with a second

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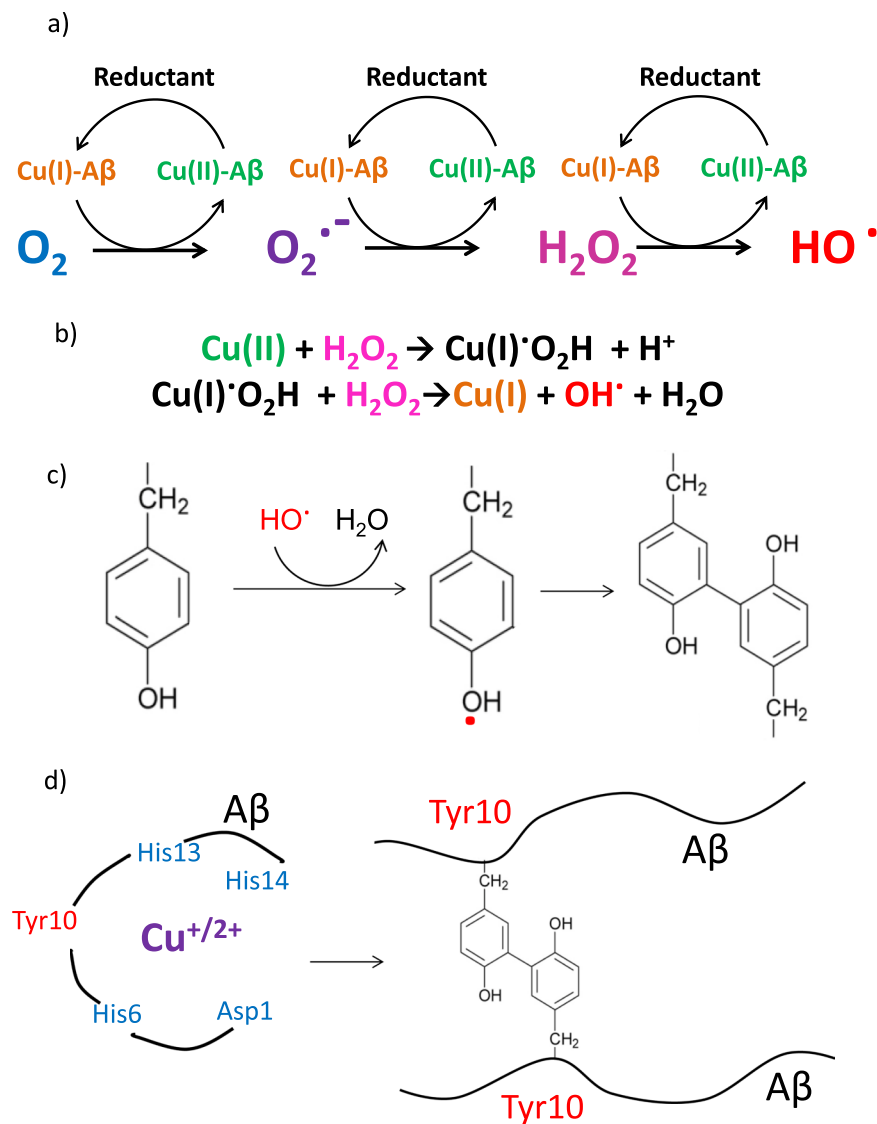


Figure 1. (a) Fenton reactions: The redox cycling of Cu(II/I) bound to A β in aerobic conditions results in the production of superoxide; hydrogen peroxide; and the hydroxyl radical. The reductant used in this study was ascorbate (b) Haber-Weiss cycle: Hydrogen peroxide will also produce Cu(I) and the hydroxyl radical via the Haber-Weiss cycle. (c) Dityrosine formation: The hydroxyl radical can generate a tyrosine radical that then combines with tyrosine to form dityrosine, the covalent bond typically forms at the C_{ortho}-C_{ortho} position on the ring, although the C_{meta} can also occur. (d) Covalent A β dimer: Cu(II/I) coordination to A β centred at the His imidazole rings produces hydroxyl radicals close to the Tyr10, that will form a covalent dimer.

tyrosine to form a covalent cross-link, Fig. 1^{40–42}. A dityrosine A β (1–16) dimer (but not full-length A β) has also been described by mass-spectrometry⁴³. The tyrosine radical can readily be generated by highly reactive hydroxyl radicals, produced by Fenton redox cycling of iron as haem⁴⁴ or copper ions⁴⁵, see Fig. 1. Cu²⁺ has a sub-nanomolar affinity for A β with a consensus conditional dissociation constant at pH 7.4 reported in the 50–100 pM range for A β (1–40) and A β (1–42) (for monomer and fibre)⁴⁶ and A β (1–16)^{47,48}. Cu(II) is also found bound to A β in plaques^{15,23,24}. Cu²⁺ has an even tighter femto-molar affinity for truncated forms of A β (11–40) and A β (4–40) which are capable of co-fibrillising with full-length A β , and are also found at appreciable levels in plaques^{49,50}. The affinity of Cu⁺ for A β is less well established, but the most recent affinities reported for A β (1–16) are also sub-nanomolar; 40 pM at pH 7.4⁴⁷.

Cu²⁺ and Cu⁺ coordinates to A β via histidine residues (His6, His13 and His14) which are close to the Tyr10 side-chain^{46,51–55}. Specifically, the pH sensitive tetragonal Cu²⁺ complex involves interchangeable coordination from two of the three histidine imidazole nitrogens (His6, His13 and His14) together with coordination at the N-terminal Asp1^{46,47,51,55}. Whereas, the Cu⁺ complex comprises interchangeable pairs of imidazole nitrogens, to form a linear complex^{47,52–55}. An “in-between” state responsible for ROS production has been proposed which involves Asp1, and a single histidine imidazole nitrogen^{54,55}. Importantly, Cu²⁺ is redox active in the Cu(A β) complex and readily generates hydroxyl radicals, superoxide and H₂O₂ in the presence of a physiological reductant such as ascorbate or in a Cu + H₂O₂ Haber-Weiss redox system, highlighted in Fig. 1^{30,56–61}.

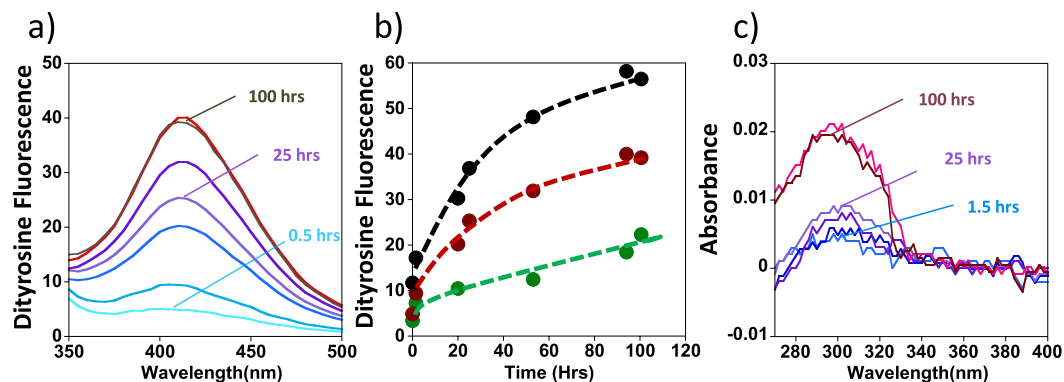


Figure 2. Cu-A β (1–40) in the presence of hydrogen peroxide will generate dityrosine, monitored by fluorescence at 410 nm. (a) Fluorescence spectra of monomeric A β (1–40) with 5 μ M Cu $^{2+}$ and 800 μ M H $_2$ O $_2$ over 100 hours, fluorescence excitation at 310 nm. (b) Increase in dityrosine fluorescence at 410 nm with time, 5 μ M Cu $^{2+}$ and 400 μ M H $_2$ O $_2$ (green), 5 μ M Cu $^{2+}$ and 800 μ M H $_2$ O $_2$ (red), and 5 μ M Cu $^{2+}$ and 1600 μ M H $_2$ O $_2$ (black). (c) UV absorbance spectra of A β (1–40) over time, difference spectra shown with spectra for unoxidised A β subtracted from each spectra. 5 μ M Cu $^{2+}$ and 800 μ M H $_2$ O $_2$. 10 μ M A β (1–40) are incubated at pH 7.4, 100 μ M HEPES buffer and 160 mM NaCl.

Small oligomers, and in particular A β dimers, have been implicated as the neuro-toxic forms of A β ^{4,10}, rather than larger A β fibre assemblies^{4–8}. A β dimers are shown to be elevated in AD patients' blood⁶². Insoluble amyloid plaque cores taken from the AD patients' cerebral cortex do not inhibit long-term potentiation in mice, unless they are solubilised to release A β dimers⁴. Furthermore, A β toxicity in primary cell-culture has been demonstrated to decrease when Tyr radical production is inhibited by spin trapping⁴⁰. This study went on to show that an A β analogue which lacks tyrosine at position 10 did not induce cytotoxicity⁴⁰. Taken together with more recent studies, this suggests that the covalently cross-linked dityrosine A β dimer may have an important role in A β neurotoxicity^{40,63}. Notably, a designed disulphide linked A β dimer A β (Ser26Cys) has also been shown to be synaptotoxic⁴.

Despite the presence of dityrosine in plaques^{17,32}, and the role for A β dimers in neurotoxicity^{4,10} there have been relatively few studies describing the effect of dityrosine formation on A β fibre assembly. Some studies have suggested that dityrosine formation might accelerate fibre formation, with stable dimer formation being the first step in fibre assembly⁴², as has been reported for other covalent dimers of A β ^{64,65}. However, more recent studies suggest dityrosine formation will inhibit fibre assembly and promote formation of oligomer and protofibrillar assemblies^{63,66–68}. In particular, the process of Copper and Hydrogen peroxide Induced Cross-linking of Unmodified Proteins (CHICUP), can stabilize large SDS resistant A β oligomers, attenuate fibril formation, and cause prolonged disruption to biomimetic lipid vesicles⁶⁶. In related studies, oxidative stress and dityrosine cross-linking of α -synuclein has also been implicated in Parkinson's disease^{69,70}.

Here we have investigated the effect of dityrosine formation on A β self-assembly. We chose to use copper ions to oxidize A β and generate dityrosine in these investigations, as it is thought to be a source of dityrosine formation *in vivo*^{11,39–42}. Using dityrosine fluorescence and UV absorbance, we have monitored dityrosine production rates for monomeric and fibrillar A β . Using two aerobic oxidizing systems, Copper + H $_2$ O $_2$ or Copper + ascorbate, we have investigated the impact that each system has on A β fibre assembly. Our *in vitro* studies on A β oxidation and dityrosine formation indicate that rather than accelerate amyloid fibre formation, A β assemblies are largely protofibrillar, while fibres become fragmented.

Results

Dityrosine Formation for A β monomers and fibres. We chose a combination of Cu $^{2+}$ with H $_2$ O $_2$ under aerobic conditions to oxidize A β , because Cu $^{2+}$ is found concentrated in A β plaques^{15,23–25} while H $_2$ O $_2$ is a physiologically common and relatively mild oxidant³⁷. To determine the extent by which this redox system is capable of producing dityrosine within A β , we used fluorescence spectroscopy. Dityrosine produces a characteristic intrinsic fluorescence signal with an emission at 410 nm when excited at 310 nm^{17,29,40,71–73}.

Figure 2a shows the fluorescence spectrum of A β (1–40) monomer evolving with time as it is incubated with a Cu $^{2+}$ + H $_2$ O $_2$ oxidizing system. A β (1–40) (10 μ M) was incubated with Cu $^{2+}$ (5 μ M), and three levels of H $_2$ O $_2$ (0.4, 0.8, 1.6 mM). The fluorescence emission signal at 410 nm was then monitored over time. The data presented in Fig. 2b indicates that the greater concentrations of H $_2$ O $_2$ cause increased amounts of dityrosine to form more rapidly. After 100 hours, the increase in fluorescence signal starts to plateau.

We wanted to quantify the amount of dityrosine that the Cu $^{2+}$ + H $_2$ O $_2$ + O $_2$ system can generate. Fluorescence spectra cannot readily be used for direct quantitation, however, dityrosine has a UV absorbance band at 315 nm, with a known extinction coefficient, $\epsilon_{315\text{ nm}} = 5,000\text{ M}^{-1}\text{cm}^{-1}$ at pH 7.5^{71,72}, which was used to quantify the amount of dityrosine formed. Figure 2c shows a UV difference absorption spectrum of oxidized A β (1–40), with the absorbance spectrum for unoxidized A β subtracted from all spectra. As A β (1–40) is oxidized over time, increasing amounts of dityrosine absorbance are observed. After 100 hours incubation with Cu $^{2+}$ (5 μ M) and H $_2$ O $_2$ (800 μ M), an absorbance at 315 nm of 0.018 was recorded. The weak absorbance signal at 315 nm is a shoulder on the main tyrosine absorbance band at 280 nm, and so this method of dityrosine quantification can only be

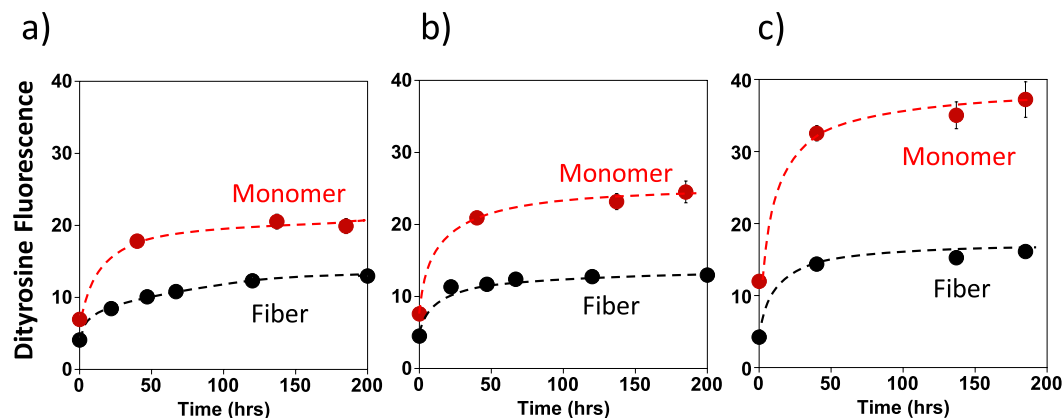


Figure 3. Comparison of dityrosine formation rates for monomeric and fibrillar A β (1–40). Both A β monomer and fibre can be oxidized to form dityrosine using Cu $^{2+}$ + H $_2$ O $_2$; but A β (1–40) monomer forms dityrosine more readily. Dityrosine fluorescence (410 nm) was monitored over 200 hrs for both 10 μ M A β (1–40) monomer (red) and fibre (black) at a range of Cu + H $_2$ O $_2$ concentrations: (a) 5 μ M Cu $^{2+}$ + 200 μ M H $_2$ O $_2$; (b) 10 μ M Cu $^{2+}$ + 200 μ M H $_2$ O $_2$; (c) 5 μ M Cu $^{2+}$ + 400 μ M H $_2$ O $_2$. All samples contain 100 mM HEPES buffer at pH 7.4 and 160 mM NaCl.

approximate. An accuracy of 0.005 absorbance units equates to a dityrosine concentration of 3.6 \pm 1.0 μ M (A β dimers). This absorbance value indicates that between 50–90% of A β (1–40) has formed dityrosine.

In order to further investigate the conversion of tyrosine to dityrosine, we used Cu $^{2+}$ + H $_2$ O $_2$ to oxidize A β (1–16). The N-terminal fragment still retains the Tyr at position 10, and the Cu $^{2+}$ binding ligands, but is less prone to aggregation and consequently the absorbance spectra are less affected by light scatter. According to the absorbance spectrum, Supplemental Fig S1, incubation with Cu $^{2+}$ and H $_2$ O $_2$ (1 mM) for 120 hours will convert between 50–90% of the tyrosine to dityrosine, producing comparable fluorescence intensity as is observed for monomeric A β (1–40), in Fig. 2.

We wanted to use a second method to quantify the amount of dityrosine formed. SDS-PAGE was able to monitor dimer formation over time. In the presence of Cu $^{2+}$ + H $_2$ O $_2$ the intensity of the band for A β (1–40) monomer decreased with time as the band for the A β dimer appears, Supplemental Fig S2. Quantification of the band intensities indicates the rate of conversion of monomer to dimer, to closely agree with the fluorescence and UV absorbance measurements. In particular, after 100 hours incubation approximately 50% of the A β (1–40) monomer has formed a covalent dimer.

Monomeric A β can therefore readily form a dityrosine cross-link, next we investigated whether dityrosine can also be formed when A β is in its fibril form. Figure 3 directly compares the rate at which dityrosine forms within A β (1–40) monomer compared to that of A β (1–40) fibres; at three different levels of H $_2$ O $_2$ + Cu $^{2+}$. The dityrosine formation largely plateaus after 50–100 hours of incubation. The total amount of dityrosine fluorescence is consistently less by a factor of two, for A β fibres compared to the same oxidising condition for monomeric A β .

We were also interested in how the relative concentration of H $_2$ O $_2$ + Cu $^{2+}$ affects the total amount of dityrosine produced. With a fixed amount of Cu $^{2+}$ present (5 μ M), increasing the concentration of H $_2$ O $_2$ from 0.4 mM to 1.6 mM promotes dityrosine formation (Fig. 2b). However, on using the same concentration of H $_2$ O $_2$ (0.4 mM) while doubling the Cu $^{2+}$ concentration from 0.5 molar equivalents to equimolar concentrations, there is a minimal impact on the total amount of dityrosine produced (Fig. 3a,b). The copper does not become depleted in the Fenton and Haber-Weiss reactions, so doubling the levels of Cu $^{2+}$ present does not strongly impact the total amount of dityrosine formed.

To summarize, the Cu $^{2+}$ + H $_2$ O $_2$ redox cycling system is capable of oxidizing most (between 50–90%) of the A β monomer within 100 hours to produce the dityrosine dimer. Both A β (1–40) monomer and fibre can form considerable amounts of dityrosine, but with the Cu $^{2+}$ + H $_2$ O $_2$ system, dityrosine formation appears more readily achieved for A β monomers.

Dityrosine formation impedes A β fibre assembly. As dityrosine is reported to co-localize within A β plaques *ex-vivo*¹⁷, we wanted to probe the possibility of dityrosine formation as a mechanism to promote fibre assembly. In order to study the effect of dityrosine formation on the kinetics of amyloid- β fibre growth, we used a 96-micro-wellplate assay, in which the binding of Thioflavin T (ThT) to A β fibres induces ThT fluorescence at 490 nm and so can be used to monitor the kinetics of fibre formation. Different amounts of Cu $^{2+}$ and H $_2$ O $_2$ were added to A β (1–40) monomer and the development of a ThT signal was monitored.

Fibre formation is strongly inhibited by conditions that cause dityrosine formation, Fig. 4. Cu $^{2+}$ alone accelerates A β (1–40) fibre formation (Fig. 4a and Supplemental Fig S3a) as previously reported^{74,75}, but co-incubation with H $_2$ O $_2$ causes significant inhibition of fibre generation. Sub-stoichiometric Cu $^{2+}$ (5 μ M) incubated with 100 μ M H $_2$ O $_2$ decreases the maximum ThT signal by 50% while the lag-phase of fibre formation increases from 70 to 125 hours, while higher concentrations of H $_2$ O $_2$ with Cu $^{2+}$ completely inhibit fibre formation (Fig. 4a–d).

Similar effects were observed when A β was incubated with 300 μ M H $_2$ O $_2$, and varying amounts of Cu $^{2+}$ present, Fig. 4e–h. For example, 300 μ M H $_2$ O $_2$ reduces the total amount of fibres formed while accelerating their

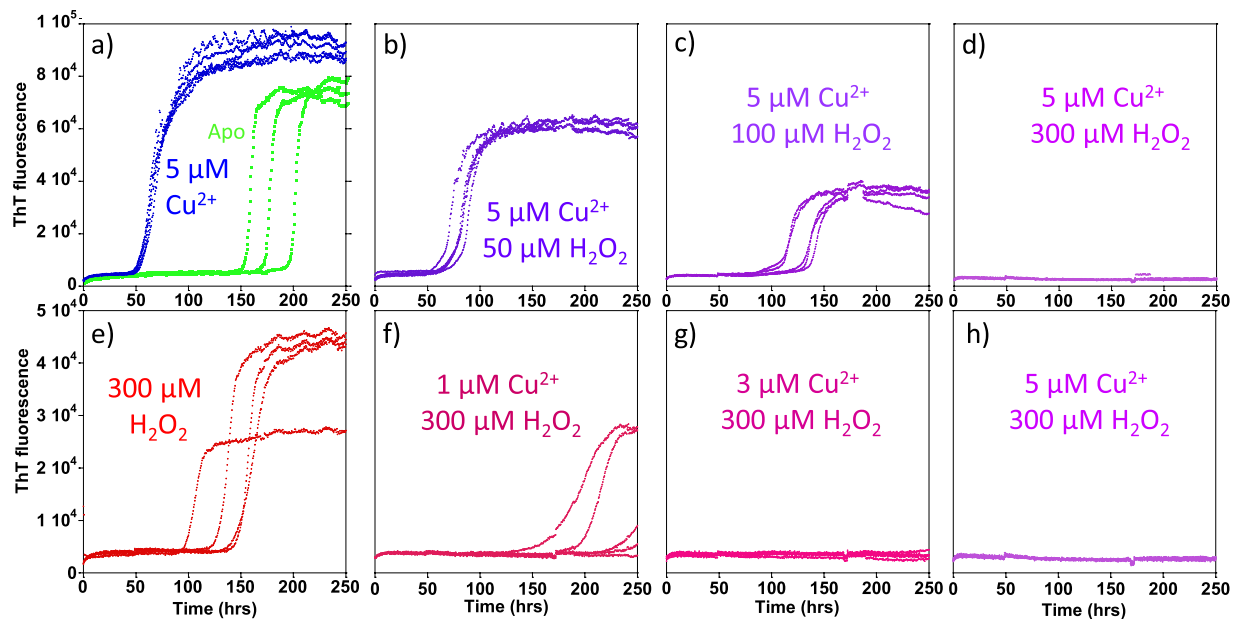


Figure 4. The effect of A β (1–40) oxidation on the rates of fibre assembly. Redox cycling of Cu $^{2+/+}$ oxidizes A β and inhibits its formation of fibres, causing extended lag-times and reduced total fibre mass. ThT fluorescence was used to monitor A β fibre formation in the presence of 5 μ M Cu $^{2+}$ and increasing levels of H $_2$ O $_2$ (a–d). (a) 0 μ M H $_2$ O $_2$; (b) 50 μ M H $_2$ O $_2$; (c) 100 μ M H $_2$ O $_2$ and (d) 300 μ M H $_2$ O $_2$. While (e–h) has 300 μ M H $_2$ O $_2$ with increasing levels of Cu $^{2+}$. (e) 0 μ M Cu $^{2+}$; (f) 1 μ M Cu $^{2+}$; (g) 3 μ M Cu $^{2+}$ and (h) 5 μ M Cu $^{2+}$. Fibre formation is also shown for A β (1–40) alone (green traces). 10 μ M A β (1–40) was incubated with 100 mM HEPES, pH 7.4, 20 μ M ThT and 160 mM NaCl at 30 $^{\circ}$ C with intermittent agitation.

formation a little (Fig. 4e and Supplemental Fig S3b), however upon the addition of even small amounts of Cu $^{2+}$ (1 μ M); the effects are reversed and are much more pronounced, with extended lag-times and a marked reduction in fibre load (Fig. 4f–h). In the case of A β (1–40) incubated with 5 μ M Cu $^{2+}$ and 300 μ M H $_2$ O $_2$, there is no detectable ThT signal even after 250 hours incubation, Fig. 4h. These data indicate conditions which induce dityrosine crosslinking strongly inhibit fibre formation, as detected by ThT fluorescence.

In previous studies we have carefully characterised the impact of Cu $^{2+}$ or H $_2$ O $_2$ alone on A β fibre assembly^{34,74,75}. In particular, Cu $^{2+}$ ions and H $_2$ O $_2$ do not directly affect ThT as a detector of fibres. It is notable that Cu $^{2+}$ alone accelerates A β (1–40) fibre formation with little impact to ThT maximum signal Supplemental Fig S3a^{74,75}. While H $_2$ O $_2$ on its own accelerates fibre formation but reduces ThT maximum intensity as previously reported, Supplemental Fig S3b³⁴. We were concerned that the presence of Cu $^{2+}$ and H $_2$ O $_2$ might react with the fluorescence dye, ThT, and disrupt the detection of A β fibres. However, there is not a gradual loss of signal due to chemical modification of ThT, as the signal is maintained over hundreds of hours, as shown in Fig. 4b,c. Although, the H $_2$ O $_2$ + Cu $^{2+}$ addition to samples in which fibres are pre-formed caused some reduction in ThT intensity over the first few hours, the ThT fluorescence signal is maintained for over 150 hours after this initial reduction (data shown later). We conclude, Cu $^{2+}$ + H $_2$ O $_2$ does not substantially interfere with the ThT dye as fluorescence is observed when fibres are present.

We were also interested in the effect of Cu $^{2+}$ with H $_2$ O $_2$ on the assembly of A β (1–42). Similar effects to A β (1–40) were observed when using ThT to detect fibre inhibition. However, it is notable that unlike A β (1–40), Cu $^{2+}$ ions even in the absence of H $_2$ O $_2$ will cause A β (1–42) to be trapped in an oligomer state⁷⁵. So, in the case of A β (1–42), it is difficult to differentiate the effects of Cu $^{2+}$ binding alone from dityrosine formation.

The effect of di-tyrosine formation on fibre morphology. To gain further insight into the morphological effects to A β (1–40) fibre formation in the presence of the Cu $^{2+}$ and H $_2$ O $_2$ redox system, A β assemblies were examined using TEM, Fig. 5. Upon incubation of monomeric A β (1–40) with Cu $^{2+}$ + H $_2$ O $_2$ for 300 hours, TEM images taken over numerous grids consistently indicate there to be very few detectable A β assemblies. These assemblies do not have a fibrous appearance; they are short “curvy linear” structures typically only 50 nm long and 10 nm thick, Fig. 5a. After further incubation for 2 weeks, these structures were superseded by a limited number of amyloid fibres typically 10 nm thick. The lengths of these structures do not exceed 500 nm, Fig. 5b. These fibres are much less abundant and are shorter in length than A β (1–40) fibre generated in the absence of oxidizing Cu + H $_2$ O $_2$, Fig. 5c.

In vivo A β fibres could potentially form first and subsequently be oxidized by redox active Cu $^{2+}$. We therefore studied the effect of the oxidising system on pre-formed amyloid fibres, Fig. 6. Cu $^{2+}$ with H $_2$ O $_2$ was added to pre-formed fibres, causing the ThT signal to drop by 35% over a few hours. This indicates some loss in the total fibre mass, Fig. 6a. The addition of H $_2$ O $_2$ only to preformed fibres has no effect on the ThT signal, it is only when H $_2$ O $_2$ is added to Cu $^{2+}$ bound A β (1–40), that we observed a reduction in ThT signal and fragmentation of

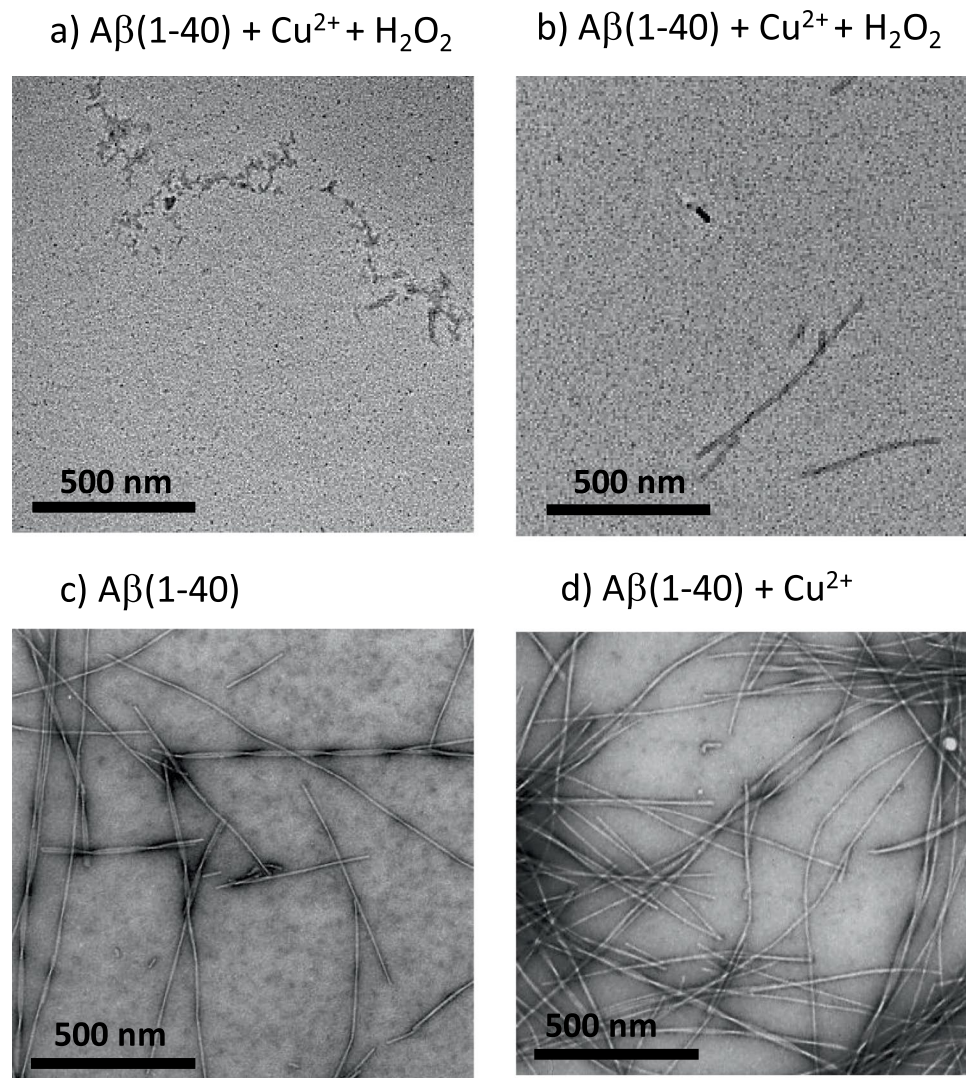


Figure 5. TEM images of A β (1–40) assemblies formed with and without H $_2$ O $_2$ + Cu $^{2+}$. Redox cycling of Cu $^{2+/+}$ oxidizes A β (1–40) and cause a reduction in both the number, and the maximum length of fibres, while promoting short curvy-linear protofibrils. 10 μ M A β (1–40) was incubated with (a) 5 μ M Cu $^{2+}$ + 300 μ M H $_2$ O $_2$ for 300 hours, (b) 5 μ M Cu $^{2+}$ + 300 μ M H $_2$ O $_2$ for more than 2 weeks, and also (c) A β (1–40) in the absence of Cu $^{2+}$ and H $_2$ O $_2$. (d) A β (1–40) with 5 μ M Cu $^{2+}$. All samples contain 100 mM HEPES at pH 7.4 and 160 mM NaCl at 30 $^{\circ}$ C with intermittent agitation.

fibrils, as shown in Supplemental Fig S4. This observation is supported by the TEM images, Fig. 6, which shows widespread fragmentation of the preformed fibres. We have quantified the length of A β (1–40) fibres before and after the addition of Cu $^{2+}$ + H $_2$ O $_2$. Figure 6f show data for more than 600 fibres for each condition. The A β (1–40) fibres imaged exhibit a range of fibre lengths typically more than 800 nm and sometimes many microns in length. In marked contrast, after incubation with Cu $^{2+}$ + H $_2$ O $_2$ the fibres become highly fragmented and are typically 150 nm in length and tend not to exceed 600 nm, Fig. 6f. A combination of the TEM images and the observed reduction of ThT fluorescence suggest that dityrosine cross-links within pre-formed fibres will cause widespread fragmentation of A β fibres. While dityrosine generated from A β monomers markedly inhibits fibre formation, and the sparse number of amyloid fibres that do form are also fragmented.

The impact of a Cu $^{2+}$ with Ascorbate Redox System on A β fibrillisation. In order to further understand dityrosine formation within A β , we investigated the oxidizing effects of the Cu $^{2+}$ + ascorbate redox system. Formation of dityrosine has been monitored by the appearance of a fluorescence emission at 410 nm. The influence of Cu $^{2+}$ + ascorbate on dityrosine formation appears broadly similar to Cu $^{2+}$ + H $_2$ O $_2$, although the fluorescence signal is shifted by 10 nm to shorter wavelengths. As with the Cu $^{2+}$ + H $_2$ O $_2$ system, we have compared the extent by which A β monomers or fibres can be oxidized. The Cu $^{2+}$ + ascorbate system results in dityrosine formation to a greater extent for pre-formed fibres, compared to monomeric A β (1–40), Fig. 7. We were surprised by this observation because for the Cu $^{2+}$ + H $_2$ O $_2$ redox system, the opposite behaviour was observed, as previously shown in Fig. 3.

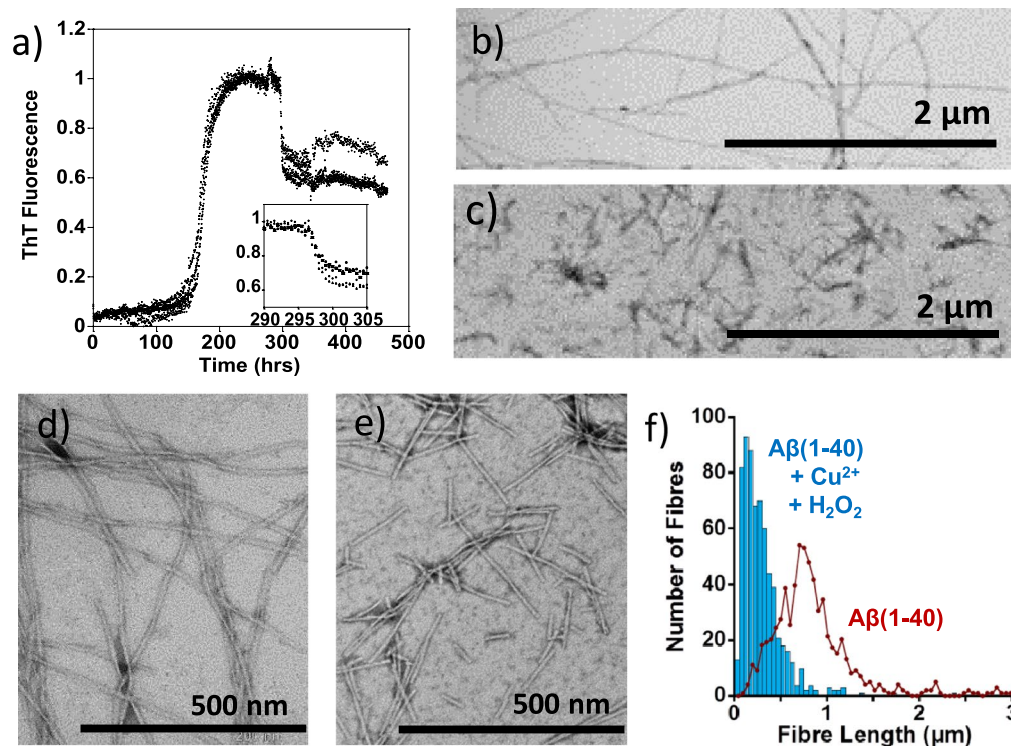


Figure 6. Impact of Cu^{2+} with H_2O_2 on preformed $\text{A}\beta(1-40)$ fibres. Cu^{2+} redox cycling cause a reduction in total fibre mass and causes fibres to fragment into short (<600 nm) $\text{A}\beta$ fibres. (a) ThT fluorescence monitored over time (normalized to maximum), with $5\ \mu\text{M}$ Cu^{2+} and $300\ \mu\text{M}$ H_2O_2 added after 290 hours, causing a 40% reduction in fibre mass within 5 hours (shown in zoomed insert). TEM images show the morphology of $\text{A}\beta$ assembly state both before (b,d), and following (c,e), an addition of Cu^{2+} and H_2O_2 to preformed fibres and further incubation. (f) Quantification of fibre length before and after the addition of Cu^{2+} + H_2O_2 , with more than 600 fibres measured for each condition. $\text{A}\beta(1-40)$ ($10\ \mu\text{M}$) was incubated with 100 mM HEPES buffer at pH 7.4, $20\ \mu\text{M}$ ThT and 160 mM NaCl, at 30°C with intermittent agitation. Scale bar, $1\ \mu\text{m}$ and 500 nm.

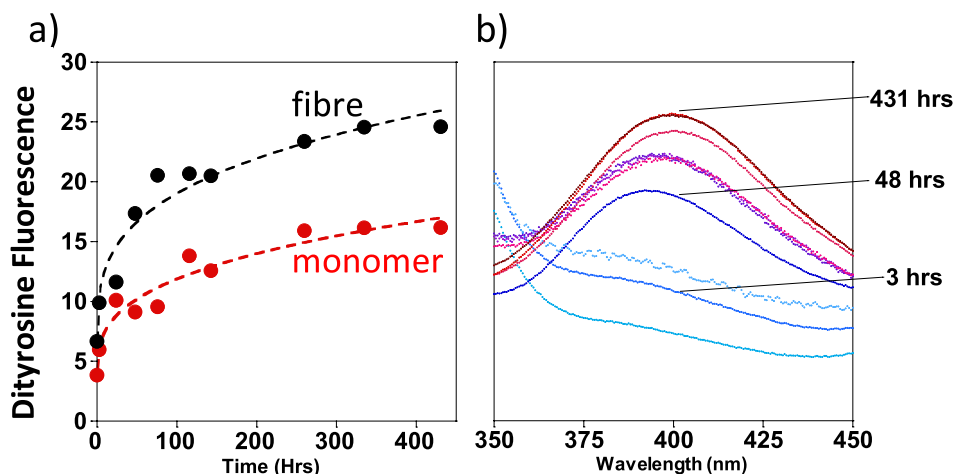


Figure 7. Dityrosine fluorescence of $\text{A}\beta(1-40)$ generated with Cu^{2+} + ascorbate. Both $\text{A}\beta$ monomer and fibre can form dityrosine. Using the Cu + Ascorbate redox system, $\text{A}\beta(1-40)$ fibres form dityrosine more readily. (a) Dityrosine fluorescence at 410 nm plotted against time, on incubation of $10\ \mu\text{M}$ $\text{A}\beta$ monomer (red), or fibre (black), with $5\ \mu\text{M}$ Cu^{2+} and $50\ \mu\text{M}$ ascorbate. (b) Dityrosine fluorescence spectra. Samples contained HEPES buffer (100 mM) at pH 7.4 and NaCl (160 mM).

Next we determined how oxidizing $\text{A}\beta(1-40)$ using Cu^{2+} with ascorbate affects the ability for $\text{A}\beta(1-40)$ monomer to form fibres, as detected by ThT fluorescence dye, Fig. 8. We note that $500\ \mu\text{M}$ of ascorbate, in the absence of Cu^{2+} , has little effect on fibre formation, Fig. 8b, while the additional presence of $5\ \mu\text{M}$ Cu^{2+} with $500\ \mu\text{M}$

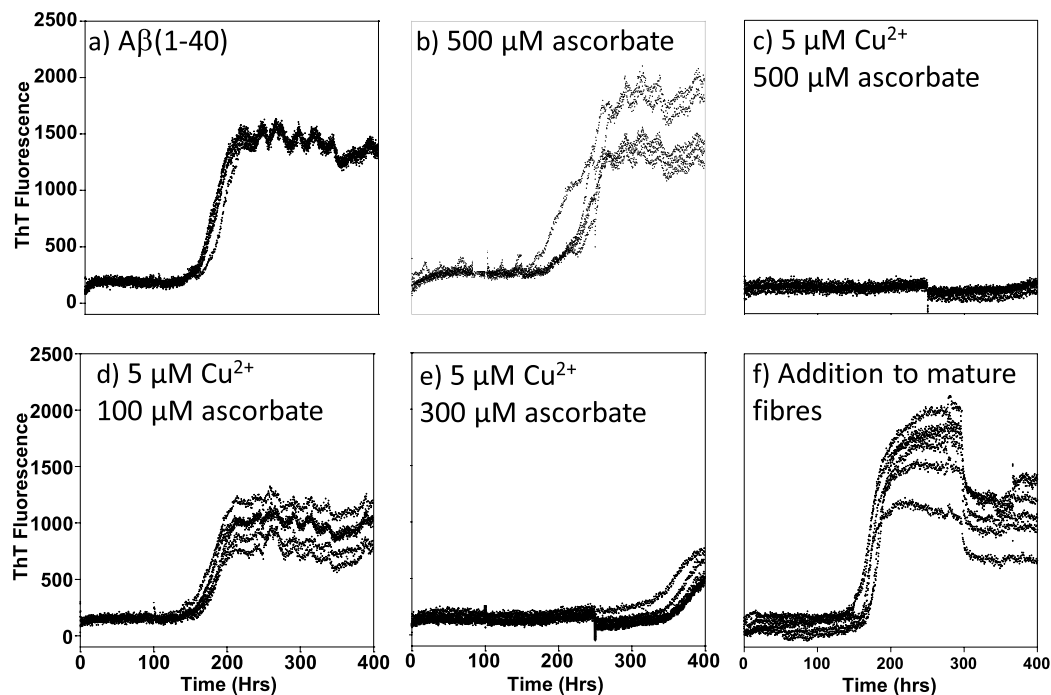


Figure 8. Cu^{2+} with Ascorbate inhibits $\text{A}\beta(1-40)$ Fibre Formation. Redox cycling of $\text{Cu}^{2+/+}$ oxidizes $\text{A}\beta$ and inhibits its formation of fibres, causing extended lag-times and reduced fibre mass. ThT ($20\ \mu\text{M}$) was used to monitor $\text{A}\beta(1-40)$ $10\ \mu\text{M}$ fibre formation in the presence of different amounts of Cu^{2+} with ascorbate: (a) $\text{A}\beta(1-40)$ alone; (b) $500\ \mu\text{M}$ ascorbate; (c) $5\ \mu\text{M}$ $\text{Cu}^{2+}/500\ \mu\text{M}$ ascorbate; (d) $5\ \mu\text{M}$ $\text{Cu}^{2+} + 100\ \mu\text{M}$ ascorbate; (e) $5\ \mu\text{M}$ $\text{Cu}^{2+} + 300\ \mu\text{M}$ ascorbate. (f) $5\ \mu\text{M}$ $\text{Cu}^{2+} + 500\ \mu\text{M}$ ascorbate were added to preformed fibres after 300 hours and a reduction in fibre load occurs within 5 hours. Samples contained HEPES buffer ($100\ \text{mM}$) at pH 7.4 and NaCl ($160\ \text{mM}$) at $30\ ^\circ\text{C}$, under intermittent agitation.

ascorbate totally inhibits fibrillisation over 400 hours of incubation (Fig. 8c). Incubation of $\text{A}\beta(1-40)$ with $5\ \mu\text{M}$ Cu^{2+} , but less ascorbate only partially inhibits fibre formation. In particular, Cu^{2+} plus $300\ \mu\text{M}$ ascorbate does not completely inhibit fibre formation but extends the lag-phase to 350 hours, while Cu^{2+} plus $100\ \mu\text{M}$ ascorbate only reduces the ThT maximum signal a little, Fig. 8d,e. Furthermore, the addition of $5\ \mu\text{M}$ Cu^{2+} and $500\ \mu\text{M}$ ascorbate to pre-formed fibres decreases the ThT signal by ~50% within a few hours, Fig. 8f.

TEM shows morphological changes similar to those observed with $\text{A}\beta(1-40)$ oxidized with $\text{Cu}^{2+} + \text{H}_2\text{O}_2$, Fig. 9. Oxidized $\text{A}\beta(1-40)$ monomers formed a very limited number of short fibres with a fragmented appearance, Fig. 9b. Addition of Cu^{2+} with ascorbate to pre-formed fibres causes changes in the morphology of the fibres, which have a more fragmented appearance, shown in Fig. 9c. The distribution of fibre lengths have been quantified for $\text{A}\beta(1-40)$ grown in the presence of ascorbate and then upon the addition of $\text{Cu}(\text{II})$, Fig. 9d. Median fibre lengths reduce from $700\ \text{nm}$ to $150\ \text{nm}$ upon oxidation and formation of dityrosine.

Discussion

A great deal of evidence suggests $\text{Cu}^{2+/+}$ redox cycling to be instrumental in oxidative stress in AD¹¹⁻¹³. A single $\text{Cu}^{2+/+}$ ion can bind to one $\text{A}\beta$ molecule via its histidine residues to form an $\text{A}\beta$ -Cu complex for both $\text{A}\beta$ monomers and fibres^{25,46,52-55}. The Cu- $\text{A}\beta$ complex is redox active and readily produces reactive oxygen species (ROS)^{30,56-60}. We chose to oxidize $\text{A}\beta$ using Cu^{2+} under reducing/oxidising aerobic conditions, because it is thought to be an important mechanism by which $\text{A}\beta$ is oxidized *in vivo*¹¹⁻¹³. Ascorbate is a ubiquitous molecule³⁹, while elevated levels of Cu^{2+} are found at the synapse during depolarization ($15-250\ \mu\text{M}$)^{76,77} and also amyloid plaques^{15,23,24}. Cu^{2+} redox cycling causes the generation of hydroxyl radicals which are highly reactive. Cu^{2+} and Cu^+ form multiple interchangeable tetragonal and linear complexes respectively. These involve at least two of the three His residues within $\text{A}\beta$. Coordination of Cu^{2+} and Cu^+ to $\text{A}\beta$ at residues His6, His13 and His14 places Tyr10 in close proximity to the redox active copper ion^{25,46,52-55}. Dityrosine is readily formed as a consequence of nearby ROS generation but other oxidative modifications of $\text{A}\beta$ can also occur, including methionine oxidation^{15,30,33} whose impact on fibre formation has recently been characterized³⁴. In addition, a small amount of histidine oxidation generates 2-oxo-Histidine^{30,31,78}, and some main-chain cleavage can occur⁵⁸. We have shown here that dityrosine crosslinking can occur both with $\text{A}\beta$ fibres and $\text{A}\beta$ monomer, when in the presence of either the $\text{Cu}^{2+} + \text{H}_2\text{O}_2$, or the $\text{Cu}^{2+} +$ ascorbate aerobic redox systems.

We were interested in how the formation of the cross- β -sheet fibre structures might impact the formation of dityrosine cross-links within $\text{A}\beta$ fibres. There are numerous studies that reveal atomic level details of the structure of amyloid fibres for both $\text{A}\beta(1-40)$ and $\text{A}\beta(1-42)$ ⁷⁹⁻⁸³. Deuterium exchange and solid state NMR experiments suggest the in-register β -strands of both $\text{A}\beta(1-40)$ and $\text{A}\beta(1-42)$ amyloid fibres to occur between residues

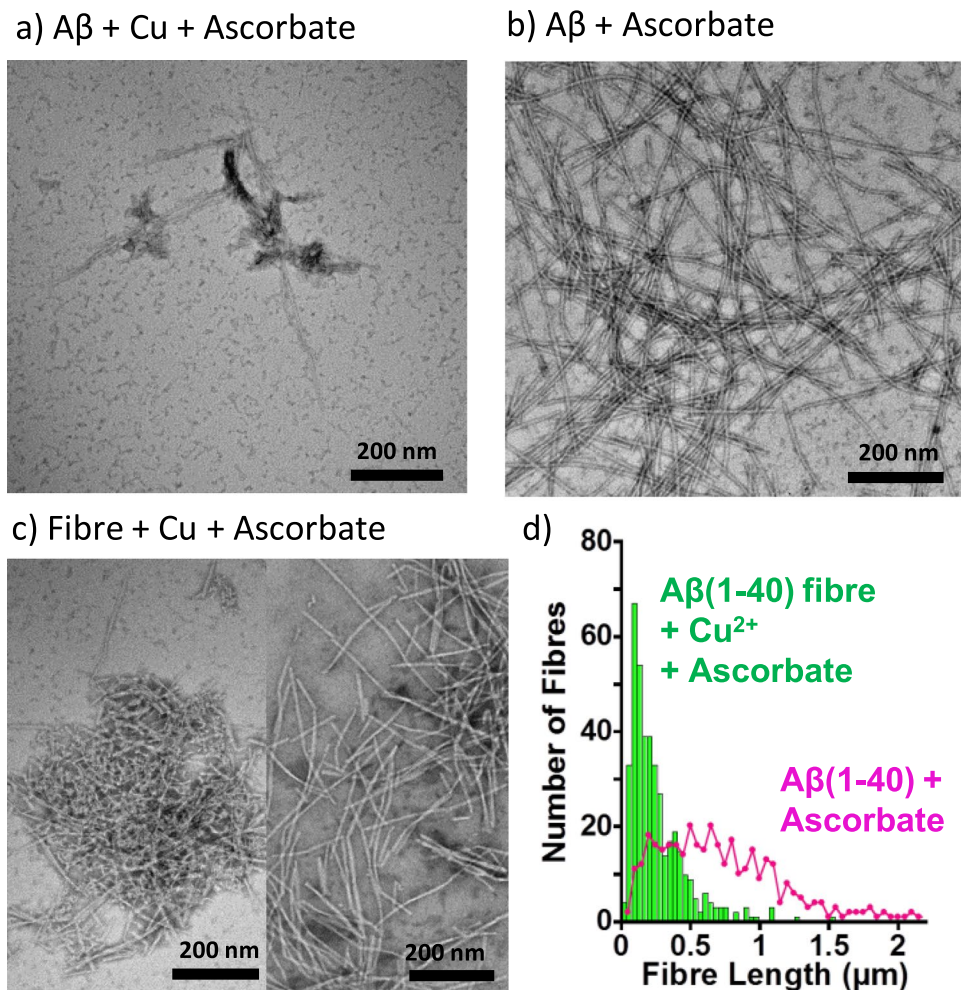


Figure 9. TEM of A β (1–40) incubated with Cu $^{2+}$ and ascorbate. Redox cycling of Cu $^{2+/+}$ by ascorbate oxidizes A β (1–40) and inhibits fibre formation while promoting short curvy-linear protofibrils. Preformed A β (1–40) fibres are fragmented into curvy-linear protofibrils by Cu $^{2+/+}$ with ascorbate. (a) A β (10 μ M) with Cu $^{2+}$ (5 μ M) and ascorbate (500 μ M). (b) 10 μ M A β (1–40) fibres formed with 500 μ M ascorbate, but no Cu $^{2+}$ (c) Preformed A β (1–40) fibres subsequently incubated with 5 μ M Cu $^{2+}$ and 500 μ M ascorbate. (d) Quantification of fibre length before and after the addition of Cu $^{2+}$ + Ascorbate. Data is comprised of more than 300 fibres for each condition.

13–40, while the N-terminal residues with the Cu $^{2+/+}$ binding site remain unstructured. In particular, the single tyrosine at position 10 has a good deal of flexibility even within amyloid fibres^{79–83}. A β amyloid fibres exhibit in-register stacking of side-chains from successive A β molecules along the length of the fibre. Adjacent Tyr residues are aligned in close proximity to each other, so that the tyrosine residues are sufficiently close to form a covalent link. We hypothesised that this might facilitate tyrosine cross-linking more readily than for the monomer. Alternatively, the position of two adjacent strands might mean cross-linking is less favoured because of the steric consideration of adjacent Tyr residues. Our data of dityrosine formation indicates that with a Cu $^{2+}$ + H $_2$ O $_2$ oxidizing system, A β monomer forms dityrosine more readily than for A β fibres, although both monomer and fibres will form dityrosine. The opposite behaviour is observed when A β is oxidized with the Cu $^{2+}$ + ascorbate system with a slight preference for dityrosine formation within A β fibres. It may be that the hydrophobic side-chains are buried in the fibre, allowing ascorbic acid to interact with the Cu–A β more readily. Importantly, this data suggests that *in vivo* dityrosine can continue to be generated even once A β plaques are formed. This is of particular relevance *in vivo*, as redox active Cu $^{2+}$ is concentrated in plaques bound to A β ^{15,23–25,46,49}. We considered the possibility that the dityrosine crosslinking might occur between different fibres, forming a covalently linked mesh of many fibres, and certainly the data is consistent with this. However, it is important to note that the intensity of the dityrosine fluorescence signal indicates that the majority (>50%) of the Tyr residues have formed covalent dimers, which suggests that most of these occur in adjacent β -strands within a single amyloid fibre. We note that dityrosine formation can only result in covalent dimers of A β , because A β contains only a single Tyr. The large oligomers formed^{17,29} must be stabilised by non-covalent interactions, in addition to covalent dimer formation.

We also aimed to determine if dityrosine formation might accelerate or inhibit the rate of fibre formation. The process by which A β monomer assembles into amyloid fibres includes a kinetically slow step which involves

A β dimers	Fibre formation	Reference
A β S26C	Accelerated nucleation	64,68
A β K16QK	Extended lag-time	85
A β A2C	Extended lag-time	84
A β Y10A-linker	Accelerated nucleation	63,65
A β diY10-(synthetic)	Extended lag-time	63
A β diY10-(Cu ²⁺ + H ₂ O ₂)	Extended lag-time	66, (this study)
A β diY10-(Cu ²⁺ + Ascorbate)	Extended lag-time	(this study)
A β diY10-(peroxidase)	Extended lag-time	68

Table 1. A β covalent dimers and their fibre formation kinetics.

the formation of a small nucleating “seed”. Once a templating oligomer is formed, A β monomers are rapidly recruited to extend the fibre length. *In vitro* this process is reported as a sigmoidal fibre growth curve; this includes a lag-phase, and a rapid elongation phase followed by a plateau once equilibrium is reached. The fibre-nucleating form of A β could be a misfolded monomer of A β , or a small oligomer. It is also suggested the nucleating form of A β could be a simple dimer. A dityrosine dimer might result in rapid acceleration of fibre production. Indeed, this seems to be the case for dityrosine formation within Parkinson’s disease linked α -synuclein, which causes acceleration of α -synuclein fibre formation^{69,70}. However, we show here that this is not the case for A β ; indeed dityrosine formation strongly inhibits A β fibre formation. Others have generated A β covalent dimers of dityrosine A β using solid-phase synthesis⁶³, or the use of horse radish peroxidase with H₂O₂⁶⁸, or Cu²⁺ + H₂O₂ to oxidize the tyrosine⁶⁶. These methods of dityrosine formation also cause inhibition of fibre formation^{63,66,68}. We can infer from our *in vitro* studies that dityrosine formation is unlikely to be a trigger for rapid fibre formation *in vivo*.

Our studies also indicate that even after fibres are formed, Cu²⁺ in the presence of a physiological reductant such as ascorbate, can form dityrosine and will also cause widespread fragmentation of preformed fibres. This is important, as Cu²⁺ is directly bound to A β within AD plaques and will be redox active. Dityrosine cross-linking can increase the non-degradability of mature fibres once formed, perhaps forming a network of cross-linked fragmented fibres.

More generally, there is much interest in how A β dimer formation impacts the assembly of A β into larger oligomers and fibres. Fibre formation kinetics have been studied for a range of other covalent A β dimers summarized in Table 1^{63–65,68,84,85}. In one study, the alanine at position 2 was replaced by cysteine, and a covalent disulphide bond was introduced between two A β molecules at position 2⁸⁴. Interestingly, the assemblies that were formed with A β (Ala2Cys)-dimer have a strikingly similar appearance to the assemblies formed for the dityrosine A β -dimer reported here, producing short fragmented fibre assemblies⁸⁴. In contrast a Cys dimer for a A β (Ser26Cys) produced very different assemblies, reducing the lag-time to nucleate fibre formation^{64,68}. Furthermore, A β dimers that are also linked at position 10 with a shorter 3-carbon alkane chain, behave differently from dityrosine and exhibit accelerated fibre formation^{63,65}. Conversely, dimers formed at Lys16 also inhibit fibre formation⁸⁵. The ability to accelerate or inhibit fibre formation is sensitive not only to the position of the dimerization in the sequence but also to the geometry of the linker used to dimerise A β , Table 1.

The relationship between dityrosine formation, A β synaptotoxicity, and AD pathology is yet to be resolved. The soluble A β oligomers extracted from AD patients’ brains suggest that A β dimers are the smallest cytotoxic species^{4,10}. Indeed, it is suggested that dityrosine formation is key to cytotoxicity^{17,29,40,63,68}, supported by an observed ability for dityrosine dimers to cause disruption to biomimetic lipid vesicles⁶⁶. This study suggests that Cu²⁺ redox cycling does not promote amyloid fibres, but rather it traps A β in a potentially more cytotoxic oligomeric and fragmented assembly state.

To conclude, covalent dimers of A β formed by Tyr10 cross-linking have a profound impact on the kinetics of fibre formation, as well as the morphology of the assemblies. It is also apparent that the dityrosine observed *ex vivo* in plaques^{17,32}, can be generated after amyloid fibres are formed. Rather than dityrosine formation accelerating fibre formation, this oxidation process is likely to cause cross-linking and fragmentation of pre-formed fibres within plaques. This will have a significant effect on A β cytotoxicity, as well as the morphology and clearance of plaques.

Materials and Methods

Solubilisation of Amyloid- β . A β (1–40) and A β (1–42) (from Cambridge Research Biochemicals) was dissolved at 0.7 mg/mL pH 10 and kept at 4 °C with gentle rocking for 8 hours, this has been found to be an effective solubilization protocol^{186,87}. A β (1–42) in particular required purification via SEC to obtain a single elution peak. This generated predominantly seed-free A β stock, based on a clear consistent lag-phase observed via ThT fluorescence, with a lack of detectable assemblies in TEM images and a single elution peak in size exclusion chromatography. A single batch of A β was used for any set of experiments, so that controls were directly comparable. All other chemicals were purchased from Sigma.

Dityrosine Formation. Typically dityrosine was produced under aerobic conditions using A β (10 μ M) and substoichiometric Cu²⁺ (5 μ M CuCl₂). Fenton reactions require the presence of a reductant, here we used between 50 μ M – 1.6 mM H₂O₂ or between 50–500 μ M ascorbate. Solutions contained HEPES buffer (100 mM) at pH 7.4 and NaCl (160 mM). The cycling of copper between its two oxidation states results in the production of hydroxyl radicals which will generate a tyrosine radical, which then go on and form dityrosine with a second tyrosine sidechain, see Fig. 1.

UV and Fluorescence detection of Dityrosine. Dityrosine has a fluorescence maximum at 410 nm, using an excitation wavelength of 310 nm. Dityrosine emission was monitored between 300 and 500 nm using a 1 cm quartz cuvette (Hellma) and a Hitachi F-2500 fluorescence spectrophotometer.

UV absorbance was also used to monitor dityrosine production of the covalent dimer by monitoring the absorbance spectrum at 315 nm with an extinction coefficient of $5,000 \text{ M}^{-1} \text{ cm}^{-1}$ ^{71,72}, using a 1 cm quartz cuvette (Hellma). Difference spectra, with non-oxidized A β subtracted from each spectrum are presented.

Fibre Growth Assay. Fibres were generated by incubation of A β (1–40) or A β (1–42) at 10 μM , HEPES buffer (100 mM) at pH 7.4 with NaCl (160 mM) and Thioflavin (ThT) (20 μM) at 30 °C. BMG-Galaxy and Omega fluoro-star fluorescence 96-well plate readers were used to monitor fibre formation with mild agitation (60 seconds every 30 minutes). The binding of ThT to amyloid fibres was used to monitor the kinetics of A β fibre growth. When bound to amyloid fibres, ThT fluoresces at a maximum of 489 nm, the intensity of which is directly related to the concentration of A β fibres present⁸⁸. By exciting at 440 nm and measuring the fluorescence at 490 nm, fibre formation can be followed over time^{89,90}. Cautious interpretation of ThT fluorescence as a quantitative measure of fibre mass is needed⁸⁹, as not all A β assemblies fluoresce with ThT. In particular, the ThT fluorescence with prefibrillar oligomers and protofibrils of A β are typically very weak⁸⁸. Furthermore it may be possible that the intensity of fluorescence may vary slightly for different fibre morphologies.

Conversion of A β monomer to fibre follows a characteristic sigmoidal growth curve, which has a lag-phase (nucleation) and a growth-phase (elongation). The lag-phase involves the formation of an increasing number of small nucleating assemblies. The number of individual assemblies (rather than assembly mass) can increase by both primary and secondary nucleation and also fragmentation. The growth-phase (elongation) is dominated by the addition of A β monomers on to the ends of growing fibres which leads to rapid increases in fibre mass (and ThT fluorescence)⁸⁹. Some important empirical parameters were obtained from the fibre growth curves, including the time needed to reach half-maximal ThT intensity (t_{50}), the apparent fibre elongation rate (k_{app}) and the lag-time to nucleate fibres (t_{lag})⁹¹.

Transmission Electron Microscopy (TEM). Glow-discharged carbon-coated 300-mesh copper grids, purchased from SPI, were prepared using the droplet method, where 10 μl aliquots of samples from the fibre growth assay were adsorbed for 1 min and blotted with filter paper. After rinsing with deionized water (10 μl for 1 minute) and blotting, samples were placed onto a drop of 2.0% phosphotungstic acid (PTA) (purchased from Sigma), (10 μl for 1 minute), blotted, rinsed and air-dried. Images were recorded on a JEOL JEM-1230 electron microscope operated at 80 keV. Fibre lengths were measured manually for each preparation using image-J software.

SDS-PAGE. A β samples (100 μM) were diluted 1:1 into Biorad SDS Laemmli loading buffer and boiled for 10 minutes before running at 200 V for 1 hour on a 15% SDS polyacrylamide gel (10 μl per well). Gels were then stained using Coomassie Brilliant Blue R-250 (Sigma-Aldrich Company Ltd., UK). SDS-PAGE was performed on BioRad Mini-Protean electrophoresis cells. Gel-band lane profiles were generated using image-J and band intensities were quantified using Biorad Image Lab 6.0.1 gel analysis software.

Size Exclusion Chromatography (SEC). Seed-free A β stock was generated using SEC. The samples were loaded on to a Superdex prep grade S75/200 HR 10/30 column (GE Healthcare) using ÄKTA system (GE Healthcare). The column was pre-equilibrated with buffer and run at 0.5 ml/min. Then A β samples (20 μM) of 200 μl were loaded on to the column with a flow rate of 0.5 ml/min.

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Author Contributions

M.G. (Figs 1–9) and D.C.B. (Figs 6 and 9) performed experiments. J.H.V. conceived of the experimental approach. All authors interpreted the data and wrote the manuscript.

Additional Information

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