# Study on the Relationship Between PTPRO Methylation in Plasma and Efficacy Neoadjuvant Chemotherapy in Patients with Early Breast Cancer 

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#### Abstract

Objective: This study aimed to explore the correlation between PTPRO methylation in plasma and the efficacy of neoadjuvant chemotherapy (NAC) for early breast cancer (BC). Methods: Eighty-two patients with early BC undergoing NAC were included. PTPRO methylation status in plasma before and after NAC was detected using methylation-specific PCR and the relationship between PTPRO methylation and NAC efficacy was analyzed. Results: The rate of pathologic complete response ( pCR ) was only $25.0 \%$ (12/48) in patients with positive PTPRO methylation result before NAC, but $610.8 \%(21 / 34)$ in pre-NAC methylation-negative patients ( $O R=0.24,95 \% C I: 0.09-0.65, P=0.005$ ). In addition, the pCR rate was $12.1 \%$ ( $4 / 33$ ) in patients with positive PTPRO methylation results both before and after NAC, but $53.3 \%(8 / 15)$ in patients with pre-NAC positive methylation and post-NAC negative methylation results ( $O R=0.12,95 \% C I: 0.03-0.52, P=0.004$ ) . Conclusion: Plasma PTPRO methylation is a potential biomarker for predicting the efficacy of NAC in early BC. Keywords: breast cancer, neoadjuvant chemotherapy, PTPRO, methylation, liquid biopsy


## Introduction

Breast cancer $(\mathrm{BC})$ is the most prevalent malignant cancer among Chinese women, seriously threatening women's health and lives. ${ }^{1}$ Chemotherapy is an important treatment for BC. Neoadjuvant chemotherapy (NAC) is a systemic therapy with cytotoxic agents administered prior to surgical treatment, mainly for patients with stage II and III BC and inflammatory BC. ${ }^{2}$ The maximum lesions diameter and clinical stage of breast cancer patients decreased significantly after NAC than before, while the apparent diffusion coefficient increased considerably. ${ }^{3}$ Meanwhile, NAC could monitor the sensitivity of patients to chemotherapy regimens, thus converting inoperable BC into operable BC and giving non-breast-conserving patients the chance of breastconserving. NAC can also. A good prognosis is suggested if patients achieve a pathologic complete response (pCR) after completing NAC. ${ }^{4}$ However, NAC is not effective for all BC patients, with pCR rates typically ranging from $5 \%$ to $38 \%{ }^{5}$ A significant proportion of patients are insensitive to NAC and even experience tumor progression during NAC. Consequently, the timing of surgery is delayed, and the treatment opportunity is missed. ${ }^{6}$ Therefore, the prediction of whether NAC is effective for BC patients is highly meaningful for the precise treatment of BC .

Epigenetics is a heritable molecular mechanism that regulates gene expression without altering the actual sequence of DNA. ${ }^{7}$ DNA methylation, histone modification, chromatin remodeling, and RNA-mediated targeting regulate many biological processes that are critical to cancer development. ${ }^{8}$ A recent review by Sher et al provides a comprehensive overview of the important role of multiple epigenetic disorders in the progression and survival of BC. ${ }^{9}$ A clinical study by Paydar et al showed that compared with benign breast tumors, malignant breast tumor samples displayed aberrant patterns of histones marks with hypomethylation of

H4K20 and hypoacetylation of H3K18 and promoter methylation, and there was a negative significant correlation between H3K9ac levels and tumor size, indicating gene promoter hypermethylation along with histone modification may play an important role in the progression and prognosis of breast cancer. ${ }^{10}$ In addition, several clinical studies have shown the role of DNA methylation in early diagnosis of breast cancer, ${ }^{11}$ chemotherapy response, ${ }^{12}$ immune infiltration and survival. ${ }^{13}$ In conclusion, epigenetic modification plays an important role in the progression and prognosis of breast cancer.

DNA methylation is an epigenetic mechanism, involving the transfer of methyl groups to cytosine bases by DNA methyltransferases. ${ }^{14}$ DNA methylation is a reversible process, occurring mainly in dinucleotide-rich CpG islands. ${ }^{14}$ Methylation in the promoter region of tumor-suppressor genes can lead to silencing of anti-oncogenes. ${ }^{15}$ Methylated circulating tumor DNA (met-ctDNA) can be detected in $20 \%$ to $47 \%$ of early BC, ${ }^{16}$ with a significantly higher positive rate than that of traditional tumor markers (eg CEA, CA15-3). Met-ctDNA has been used to predict the response of BC to chemotherapy and has shown good specificity and sensitivity. ${ }^{17}$

Protein Tyrosine Phosphatase Receptor-type O (PTPRO) belongs to the R 3 receptor-type protein tyrosine phosphatase family, which functions as an anti-oncogene in a variety of tumors. ${ }^{18,19}$ PTPRO regulates multiple kinases and pathways (AKT/mTOR/ SREBP1/ACC1 pathway, MAPK/PPARa/ACOX1 pathway, TLR4/NF-kB pathway, etc) and has been implied to play a regulatory role in immune cell infiltration in various cancers. ${ }^{20-22}$ Moreover, studies have shown that PTPRO gene promoter methylation and functional inhibition are frequently present in $\mathrm{BC} .{ }^{23} \mathrm{~A}$ study by Huang et al ${ }^{24}$ demonstrated $74.3 \%$ of BC tissues had PTPRO methylation; when PTPRO methylation was observed in cancer tissues, methylated PTPRO was detectable in the plasma of $62.1 \%$ of patients. Similarly, Li et al ${ }^{25}$ revealed $54.1 \%$ of BC tissues had PTPRO methylation and the overall survival rate was reduced in patients with higher methylation levels; when PTPRO methylation was present in cancer tissues, $54.7 \%$ of patients exhibited PTPRO methylation in plasma. At the cellular level, PTPRO phosphatase activity shortens the half-life of epidermal growth factor receptor 2 (HER2) by increasing intracellular degradation of HER2. ${ }^{26}$ These studies suggest that PTPRO methylation in plasma is a promising BC biomarker.

Based on the above research background, this study is intended to examine PTPRO methylation in the plasma from BC patients before and after NAC and analyze its relationship with NAC efficacy. We aimed to explore whether PTPRO methylation in plasma could be used as a potential biomarker.

## Study Subjects and Methods

## Study Subjects

Eighty-two patients with early BC admitted to The First People's Hospital of Foshan between September 2016 and June 2018 were selected. The study was approved by the Ethics Committee of the First People's Hospital of Foshan and conducted in accordance with the approval guidelines (L-2023-5).

## Inclusion and Exclusion Criteria

Inclusion criteria were as follows: (1) women aged $>18$ years; (2) a diagnosis of early intensive BC confirmed by histopathologic examination; (3) women who gave informed consent to NAC; (4) women who gave informed consent and volunteered to participate in this study.

Exclusion criteria were as follows: (1) severe cardiac, hepatic, or renal insufficiency or a combination of other highrisk diseases; (2) history of neurological disorders, psychiatric disorders, and recent use of psychiatric medications; (3) coagulation disorders or other contraindications to surgery; (4) incomplete clinical data.

## Treatment Methods

## Chemotherapy Regimens

All patients received four cycles of anthracyclines (liposomal epirubicin or liposomal doxorubicin), followed by four cycles of taxanes (docetaxel or paclitaxel or albumin-bound paclitaxel). Chemotherapy was given every three weeks and recorded as a cycle. Patients received a total of eight chemotherapy cycles. For patients with HER2-positive BC, trastuzumab (Herceptin) targeted therapy was received in conjunction with taxanes-based chemotherapy.

## Evaluation of Chemotherapy Efficacy

Postoperative specimens from post-NAC patients were collected for pathological examination to clarify whether pCR was achieved. The pCR was defined as the absence of invasive BC at the primary site and a negative result of regional lymph nodes.

## Extraction of Circulating DNA

Before NAC and before surgery, 5 mL of venous blood from each patient was collected in anticoagulant tubes and mixed. Then the tubes were placed on ice, followed by centrifugation ( $4{ }^{\circ} \mathrm{C}, 1000 \times \mathrm{g}, 15 \mathrm{~min}$ ). The supernatant plasma was collected, divided, and stored at $-80^{\circ} \mathrm{C}$ or on ice until use. Circulating DNA in plasma was extracted according to the instructions of the Circulating DNA Nucleic Acid Extraction Kit (AmoyDx, Xiamen, China).

## Bisulfite Modification of DNA and Reference Selection

Bisulfite modification of plasma DNA was performed using EZ DNA Methylation-Gold TM Kit (Zymo Research, Irvine, CA, USA). The modified DNA was stored at $-20^{\circ} \mathrm{C}$. PTPRO-methylated MCF-7 human cancer cell line and PTPROunmethylated NE-2 immortalized normal cell line were used as positive and negative controls, respectively. ${ }^{18}$

## Methylation-Specific PCR

Before NAC, the methylation-specific PCR (MSP) was used to detect PTPRO methylation status in the plasma of all patients. For patients with a positive result of PTPRO methylation in pre-NAC plasma, MSP was carried out again after NAC. For patients with a negative result of PTPRO methylation in pre-NAC plasma, PTPRO methylation status in post-NAC plasma was not tested again. Primers synthesized by Invitrogen (Shanghai, China) were added, and the primer sequences were referred to a published literature. ${ }^{27}$ A $20 \mu \mathrm{~L}$ MSP reaction system was built as follows: $2 \times$ premix $10 \mu \mathrm{~L}$, forward and reverse primers $(10 \mu \mathrm{~mol} / \mathrm{L}) 0.4 \mu \mathrm{~L}$ each, DNA $2 \mu \mathrm{~L}$, and $\mathrm{ddH}_{2} \mathrm{O} 7.2 \mu \mathrm{~L}$. The reaction conditions were: pre-denaturation at $94^{\circ} \mathrm{C}$ for $2 \mathrm{~min} ; 95{ }^{\circ} \mathrm{C}$ for $45 \mathrm{~s}, 60^{\circ} \mathrm{C}$ for $45 \mathrm{~s}, 72^{\circ} \mathrm{C}$ for $45 \mathrm{~s}, 35$ cycles; extension at $72^{\circ} \mathrm{C}$ for 10 min . PCR products were electrophoresed on $2 \%$ agarose gels with ethidium bromide. Images were acquired using a bio-rad UV imaging system (Bio-Rad, Hercules, CA, USA) and Image J software (National Institutes of Health, Bethesda, MD, USA) was used for grayscale value analysis and result calculation. Each sample was amplified simultaneously with methylated primers and unmethylated primers. If the gene promoter was aberrantly methylated, it is denoted by M ; if it was not methylated, it is denoted by U . The presence of only the M band indicated complete methylation, and that of both M and U bands indicated partial methylation; both partial and complete methylation were considered as methylationpositive. The presence of only the U band indicated a methylation-negative state.

## Statistical Analysis

SPSS 21.0 software (SPSS, Chicago, IL, USA) was used for statistical analysis, and $P<0.05$ was considered statistically significant. Measurement data were expressed as means $\pm$ standard deviation (SD) and count data were expressed as n (\%). Univariate analysis was performed first. The $t$-test was used for comparison between two groups for measurement data, and $\chi^{2}$ test was used for the count data. Factors with $P<0.05$ in univariate analysis were further included in logistic regression analysis, and the odds ratio (OR) was calculated.

## Results

## General Clinical Data of Patients with Early Breast Cancer

A total of 82 patients with early BC were included in this study, aged from 34 to 65 years (average age: $47.9 \pm 7.8$ years). Preoperative clinical tumor stages were cT1-4 in $7,59,6$, and 10 patients, respectively; preoperative clinical lymph node stages were $\mathrm{cN} 0-3$ in 19, 53, 8 and 2 cases, respectively. In terms of pathological classification, 79 patients had invasive ductal carcinoma, and 3 patients had other pathological types. Pathological histology was grade II in 64 cases and grade III in 18 cases. There were 34 estrogen receptor (ER)-negative patients and 48 ER-positive patients; there were 27 progesterone receptor (PR)negative patients and 55 PR-positive patients; there were 45 HER2-negative patients and 37 HER2-positive patients. Twentyeight ( $34.1 \%$ ) BC patients with $\mathrm{Ki} 67 \leq 30 \%$ and 54 ( $65.9 \%$ ) with $\mathrm{Ki} 67>30 \%$. Before NAC, plasma PTPRO methylation was negative in 34 ( $41.5 \%$ ) patients, and it was positive in 48 ( $58.5 \%$ ) patients (Table 1).

## Univariate Analysis of NAC Efficacy in Patients with Early Breast Cancer

We evaluated the efficacy of NAC in BC patients using pathological response. Seventy-eight BC patients underwent mastectomy after NAC, and the other four patients underwent breast-conserving surgery; all patients received axillary lymph node dissection. pCR was achieved in 33 (40.2\%), but not in the other 49 (59.8\%) patients. Univariate analysis found that PTPRO methylation status before NAC $(P=0.001)$ and HER2 status $(P=0.01)$ were correlated factors for post-NAC pCR in patients with early BC. However, age, $\mathrm{cT}, \mathrm{cN}$, pathological type, histological grade, ER, PR, Ki67 were not significantly correlated with post-NAC pCR (Table 1).

## Logistic Regression Analysis of NAC Efficacy in Patients with Early Breast Cancer

Further logistic regression analysis was performed (Table 2). The pCR rate was only $25.0 \%(12 / 48)$ in early BC patients with methylated PTPRO (methylation-positive) before NAC, while the pCR rate was $61.8 \%(21 / 34)$ in those with unmethylated PTPRO (methylation-negative) before NAC ( $O R=0.24,95 \% \mathrm{CI}: 0.09-0.65, P=0.005$ ). The pCR rate was $56.8 \%(21 / 37)$ in HER2-positive patients and $26.7 \%(12 / 45)$ in HER-negative patients $(O R=2.95,95 \%$ CI: 1.11-7.87,

Table I Univariate Analysis of Clinical Data and NAC Efficacy in Patients with Breast Cancer

| Clinical Features | Total | Non-pCR | pCR | $\chi^{2} / t$ | $P$-value |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Number of patients, n (\%) | 82 (100) | 49 (59.8) | 33 (40.2) |  | - |
| Age, years | $47.9 \pm 7.8$ | $47.6 \pm 7.8$ | $48.3 \pm 7.8$ | -0.41 | 0.68 |
| cT, n (\%) |  |  |  | 4.096 | 0.25 |
| 1 | 7 (8.5) | 6 (7.2) | 1 (1.3) |  |  |
| 2 | 59 (72.0) | 32 (39.0) | 27 (33) |  |  |
| 3 | 6 (7.3) | 5 (6.1) | 1 (1.2) |  |  |
| 4 | 10 (12.2) | 6 (7.3) | 4 (4.9) |  |  |
| $\mathrm{cN}, \mathrm{n}$ (\%) |  |  |  | 0.562 | 0.91 |
| 0 | 19 (23.2) | 11 (13.4) | 8 (9.8) |  |  |
| I | 53 (64.6) | 33 (40.2) | 20 (24.4) |  |  |
| 2 | 8 (9.8) | 4 (4.9) | 4 (4.9) |  |  |
| 3 | 2 (2.4) | 1 (1.2) | I (1.2) |  |  |
| Pathological type, n (\%) |  |  |  | 2.097 | 0.15 |
| Invasive ductal carcinoma | 79 (96.3) | 46 (56.1) | 33 (40.2) |  |  |
| Others | 3 (3.7) | 3 (3.7) | 0 (0) |  |  |
| Histological grade, n (\%) |  |  |  | 0.913 | 0.34 |
| Grade II | 64 (78.0) | 40 (48.8) | 24 (29.2) |  |  |
| Grade III | 18 (22.0) | 9 (11.0) | 9 (11.0) |  |  |
| ER, n (\%) |  |  |  | 2.299 | 0.13 |
| Negative | 34 (41.4) | 17 (20.7) | 17 (20.7) |  |  |
| Positive | 48 (58.6) | 32 (39.0) | 16 (19.6) |  |  |
| PR, n (\%) |  |  |  | 2.256 | 0.13 |
| Negative | 27 (33.0) | 13 (15.9) | 14 (17.1) |  |  |
| Positive | 55 (67.0) | 36 (43.9) | 19 (23.1) |  |  |
| HER2, n (\%) |  |  |  | 7.645 | 0.01 |
| Negative | 45 (54.9) | 33 (40.2) | 12 (14.7) |  |  |
| Positive | 37 (45.1) | 16 (15.9) | 21 (29.2) |  |  |
| Ki67, n (\%) |  |  |  | 1.16 | 0.28 |
| $\leq 30 \%$ | 28 (34.1) | 19 (23.2) | 9 (10.9) |  |  |
| >30\% | 54 (65.9) | 30 (36.6) | 24 (29.3) |  |  |
| PTPRO methylation status before NAC, n (\%) |  |  |  | 11.186 | 0.001 |
| Negative | 34 (41.5) | 13 (15.9) | 21 (25.6) |  |  |
| Positive | 48 (58.5) | 36 (43.9) | 12 (14.6) |  |  |

Note: Bold P -value indicates significance.
Abbreviations: cT, clinical tumor stage; cN, clinical nodal stage; ER, estrogen receptor; PR, progesterone receptor; HER2, epidermal growth factor receptor 2; PTPRO, protein tyrosine phosphatase receptor-type O; NAC, neoadjuvant chemotherapy; pCR, pathologic complete response.

Table 2 Logistic Regression Analysis of NAC Efficacy in Breast Cancer Patients

| Clinical Features | OR value | $\mathbf{9 5 \% ~ C I}$ | P-value |
| :--- | :--- | :--- | :--- |
| HER2 (positive vs negative) | 2.95 | $1.11-7.87$ | $\mathbf{0 . 0 3}$ |
| PTPRO methylation status before NAC (positive vs negative) | 0.24 | $0.09-0.65$ | $\mathbf{0 . 0 0 5}$ |

Note: Bold P -value indicates significance.
Abbreviations: HER2, epidermal growth factor receptor 2; PTPRO, protein tyrosine phosphatase receptor-type O; NAC, neoadjuvant chemotherapy.
$P=0.03$ ). The results suggested that plasma PTPRO methylation status before NAC and HER2 status were relevant factors for post-NAC pCR in BC patients.

## Univariate Analysis of NAC Efficacy in Early Breast Cancer Patients with Positive Pre-NAC PTPRO Methylation

After NAC treatment, we evaluated the factors affecting the efficacy of NAC in BC patients with PTPRO methylationpositive results in plasma (Table 3). Age, cT, cN, pathological type, histological grade, ER, PR, HER2 and Ki67 were not

Table 3 Univariate Analysis of NAC Efficacy in Early Breast Cancer Patients with Positive Pre-NAC PTPRO Methylation

| Clinical Features | Total | Non-PCR | PCR | $\chi^{2} / t$ | $P$-value |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Number of patients, n (\%) | 48 (100) | 36 (0.75) | 12 (0.25) |  | - |
| Age, years | $48.8 \pm 7.6$ | $48.4 \pm 7.9$ | $50.2 \pm 6.7$ | -0.712 | 0.48 |
| cT, n (\%) |  |  |  | 2.971 | 0.40 |
| 1 | 6 (12.5) | 6 (12.5) | 0 (0) |  |  |
| 2 | 35 (72.9) | 25 (52.1) | 10 (20.8) |  |  |
| 3 | 5 (10.4) | 4 (8.3) | 1 (2.1) |  |  |
| 4 | 2 (4.2) | 1 (2.1) | I (2.1) |  |  |
| $\mathrm{cN}, \mathrm{n}$ (\%) |  |  |  | 0.342 | 0.84 |
| 0 | 13 (27.1) | 9 (18.8) | 4 (8.3) |  |  |
| I | 30 (62.5) | 23 (47.9) | 7 (14.6) |  |  |
| 2 | 5 (10.4) | 4 (8.3) | I (2.1) |  |  |
| Pathological type, n (\%) |  |  |  | 0.696 | 0.40 |
| Invasive ductal carcinoma | 46 (95.8) | 34 (70.8) | 12 (25.0) |  |  |
| Others | 2 (4.2) | 2 (4.2) | 0 (0) |  |  |
| Histological grade, n (\%) |  |  |  | 0.593 | 0.44 |
| Grade II | 36 (75.0) | 28 (58.3) | 8 (16.7) |  |  |
| Grade III | 12 (25.0) | 8 (16.7) | 4 (8.3) |  |  |
| ER, n (\%) |  |  |  | 0.254 | 0.61 |
| Negative | 21 (43.8) | 15 (31.3) | 6 (12.5) |  |  |
| Positive | 27 (56.2) | 21 (43.7) | 6 (12.5) |  |  |
| PR, n (\%) |  |  |  | 1.488 | 0.22 |
| Negative | 17 (35.4) | 11 (22.9) | 6 (12.5) |  |  |
| Positive | 31 (64.6) | 25 (52.1) | 6 (12.5) |  |  |
| HER2, n (\%) |  |  |  | 1.488 | 0.22 |
| Negative | 31 (64.6) | 25 (52.1) | 6 (12.5) |  |  |
| Positive | 17 (35.4) | II (22.9) | 6 (12.5) |  |  |
| Ki67, n (\%) |  |  |  | 0.134 | 0.71 |
| $\leq 30 \%$ | 14 (29.2) | 11 (22.9) | 3 (6.3) |  |  |
| >30\% | 34 (70.8) | 25 (52.1) | 9 (18.7) |  |  |
| PTPRO methylation status after NAC, n (\%) |  |  |  | 9.341 | 0.004 |
| Negative | 15 (31.3) | 7 (14.6) | 8 (16.7) |  |  |
| Positive | 33 (68.7) | 29 (60.4) | 4 (8.3) |  |  |

Note: Bold P -value indicates significance.
Abbreviations: cT, clinical tumor stage; cN, clinical nodal stage; ER, estrogen receptor; PR, progesterone receptor; HER2, epidermal growth factor receptor 2; PTPRO, protein tyrosine phosphatase receptor-type O; NAC, neoadjuvant chemotherapy; pCR, pathologic complete response.
significantly associated with post-NAC pCR. Only PTPRO methylation status after NAC was a correlate of pCR ( $O R=$ $0.12,95 \%$ CI: $0.03-0.52, P=0.004$ ). We found that after NAC treatment, PTPRO methylation status in plasma changed from positive to negative in 15 of $48(31.3 \%)$ patients with early BC, and the pCR rate reached $53.3 \%(8 / 15)$. Plasma PTPRO methylation status remained positive in the other 33 ( $68.7 \%$ ) patients and their post-NAC pCR rate was only $12.1 \%(4 / 33)$.

## Discussion

NAC is increasingly used in treating BC and has gradually become a new mode in BC treatment. ${ }^{28}$ However, not all BC patients can benefit from NAC, and the pCR rate of early BC patients after NAC treatment in this study was only $40.2 \%$ (33/82). Therefore, it is necessary to identify patients who are not sensitive to NAC in advance to ensure more precise treatment. Liquid biopsy refers to the extraction of patient's body fluid (such as blood) by non-invasive means and analysis of tumor-derived biomarkers (such as met-ctDNA, ctDNA). Liquid biopsy is applied to early diagnosis, prognosis evaluation, and monitoring of treatment effects. Liquid biopsy has the advantages of non-invasiveness, repeatability, timeliness, which can realize the standardized process of diagnosis. ${ }^{29}$ The use of liquid biopsy for predicting the efficacy of NAC in BC is also increasingly studied. ${ }^{30}$

The present study showed that the pre-NAC positive rate of plasma PTPRO methylation in BC patients was $58.5 \%$. This positive rate is basically equal to the positive rate of $54.1 \%{ }^{25}-62.2 \%{ }^{24}$ reported in previous research, but higher than the positive rate of $17.0 \%-46.2 \%$ for traditional tumor markers (CEA, CA125, CA153). ${ }^{30}$ Pre-NAC plasma PTPRO methylation status was an independent influencing factor of pCR ( $O R=0.24,95 \% \mathrm{CI}: 0.09-0.65, P=0.005$ ). The pCR rate was only $25.0 \%$ in patients with a positive result of pre-NAC PTPRO methylation, which was significantly lower than the pCR rate of $61.8 \%$ in methylation-negative patients. This suggests that plasma PTPRO methylation is a promising predictor of NAC efficacy in BC.

This study showed that changes in plasma PTPRO methylation status before and after NAC were also significantly associated with NAC efficacy ( $O R=0.12,95 \% \mathrm{CI}: 0.03-0.52, P=0.004$ ). The pCR rate was only $12.1 \%$ in patients with positive PTPRO methylation results before and after NAC, but $53.3 \%$ in patients with pre-NAC methylation-positive and post-NAC methylation-negative results. This result has some implications for the selection of surgical modality for patients after NAC. Patients with positive PTPRO methylation of the PTPRO gene both before and after NAC have a low pCR rate and thus breast-conserving surgery should be carefully selected.

This study also has some limitations. The number of cases was small and there may have been bias. We failed to detect the pre-NAC methylation status of PTPRO gene in the primary tumor specimens obtained by needle biopsy and did not study the concordance between the methylation of PTPRO gene in the primary tumor and blood. Additionally, the effect of plasma PTPRO methylation on the long-term survival of patients has not been observed because of short followup time. In future studies, we will continue to expand the sample size and observe the effect of PTPRO methylation on patient survival.

## Conclusion

In conclusion, plasma PTPRO methylation status is a valid predictor of NAC efficacy in BC. The pCR rate is low in patients with positive methylation results before NAC, especially in patients with positive methylation results both before and after NAC. This study provides a new option for NAC efficacy prediction and precision medicine of BC. It is expected that the predictive efficiency can be further improved by combining other predictors in future studies.

## Data Sharing Statement

The data used to support the findings of this study are available from the corresponding author upon request.

## Ethics Approval and Consent to Participate

The study was approved by the Ethics Committee of the First People's Hospital of Foshan and conducted in accordance with the approval guidelines (L-2023-5). All patients provided written informed consent prior to enrollment in the study. My study complies with the Declaration of Helsinki.

## Disclosure

The authors declare that they have no competing interests.

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