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ORIGINAL ARTICLE



Multifunctional polymeric micelle-based chemo-immunotherapy with immune checkpoint blockade for efficient treatment of orthotopic and metastatic breast cancer

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KEY WORDS

Checkpoint blockade; Immunotherapy; Immunogenic cell death; Anti-metastasis; Nanoparticle **Abstract** Immunotherapy has become a highly promising paradigm for cancer treatment. Herein, a chemo-immunotherapy was developed by encapsulating chemotherapeutic drug doxorubicin (DOX) and Toll-like receptor 7 agonist imiquimod (IMQ) in low molecular weight heparin (LMWH)-D- α -tocopheryl succinate (TOS) micelles (LT). In this process, LMWH and TOS were conjugated by ester bond and they were not only served as the hydrophilic and hydrophobic segments of the carrier, but also exhibited strong anti-metastasis effect. The direct killing of tumor cells mediated by DOX-loaded micelles (LT-DOX) generated tumor-associated antigens, initiating tumor-specific immune responses in combination with IMQ-loaded micelles (LT-IMQ). Furthermore, the blockade of immune checkpoint with programmed cell death ligand 1 (PD-L1) antibody further elevated the immune responses by up-regulating the maturation of DCs as well as the ratios of CD8⁺ CTLs/T_{reg} and CD4⁺ T_{eff}/T_{reg}. Therefore, such a multifunctional strategy exhibited great potential for inhibiting the growth of orthotopic and metastatic breast cancer.

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1. Introduction

Cancer is one of the leading causes of death worldwide, and the incidence has increased continuously. For many years, chemotherapy has been a mainstay of cancer treatment¹. Doxorubicin (DOX), one of the most effective chemotherapeutic drugs, is essential for the treatment of a range of cancers, including lung cancer and breast cancer^{2,3}. Recently, DOX has been demonstrated to activate tumor-specific immune responses by eliciting immunogenic cell death (ICD) in tumor cells, which acted as anti-cancer vaccine, and initiated powerful immune responses^{4,5}. ICD could induce immune responses, which was widely accepted. Several biochemical correlates of ICD have been identified, including the exposure of calreticulin (CRT) on the surface of dying cells, and the release of large amounts of ATP and high-mobility group box 1 (HMGB1) into the extracellular milieu^{6,7}. In addition, CRT exposure determines the engulfment of dying tumor cells by specific DC subsets. In this scenario, dendritic cells engulf portions of the dving cells, incorporate tumor-derived antigenic peptides into MHC molecules, and present them with adequate co-stimuli to T cells, thus stimulating the generation of tumor-specific CD8⁺ T cells⁸. To be specific, after treatment with DOX, CRT will be expressed on tumor cell surface, which releases an "eat me" signal that induces the maturation of dendritic cells (DCs), thereby enhancing antigen presentation. Consequently, antigen-specific cytotoxic T lymphocytes (CTLs) are activated, and cytokines' secretion is also increased^{9,10}. Nevertheless, the immune response induced by DOX alone is not sufficient to prevent tumor metastasis and recurrence.

It has been reported that immunotherapy can enhance the effect of chemotherapy^{11,12}. Due to the ability to specifically eradicate systemic tumors and control metastases, immunotherapy emerges as an attractive approach for the treatment of cancers. Imiquimod (IMQ), a Toll-like receptor 7 (TLR7) agonist, has been proven an efficient immune adjuvant^{13,14}. By triggering TLR7, IMQ induces the secretion of a variety of cytokines, and activates immunerelated cells such as macrophages, dendritic cells, especially Th1 cell immunity, thereby enhancing the closely related anti-tumor ability $^{15-17}$. Therefore, the combination of DOX and IMO may exert synergistic anti-tumor effects by eliciting immunogenic cell death and activating antigen presenting cells. IMQ may also increase the number of CTLs and kill tumor cells consequently¹⁸. However, the adverse effects in the circulation of DOX and the insolubility of IMQ hindered their clinical application. Therefore, a suitable carrier which can solve these problems is urgently needed.

A self-assembled polymeric micelle was designed in this study by conjugating the hydrophilic low molecular weight heparin (LMWH) and hydrophobic $D-\alpha$ -tocopheryl succinate (TOS) *via* ester bonds. Our previous studies have shown that LMWH can block P-selectin-based platelet interaction with tumor cell surface mucins and inhibit epithelial–mesenchymal transition, thereby reducing metastasis^{19–21}. Furthermore, TOS can reduce the expression of matrix metalloproteinase 9 (MMP9), inhibiting the degradation of stromal layer and preventing the formation of tumor micrometastasis^{22–24}. It is hypothesized that the multifunctional LMWH-TOS (LT) micelles can not only be used as nanocarriers for DOX and IMQ due to their good biodegradability, but also exhibit anti-metastasis effects, contributing to the outcome of cancer therapy^{25–27}.

Although the elicited anti-tumor immune responses can inhibit the tumor growth, the high level of cytokines also up-regulate the expression of immune checkpoints. The interaction between programmed cell death 1 (PD-1) and its ligand PD-L1 may produce immune inhibition signals, which attenuated the tumor-specific immune responses²⁸. To further enhance the anti-tumor immune responses and relieve the immunosuppression, the block-ade of checkpoints offers a solution. It has been reported that immune activators may be synergistic with PD-1 pathway inhibitors such as anti-PD-L1^{29–33}.

In this study, we present an immune-stimulating strategy that encapsulates DOX and IMQ in LT micelles in combination with a PD-L1 checkpoint blockade to effectively suppress orthotopic 4T1 breast cancer and its lung metastases. DOX- and IMQ-loaded micelles were formulated and characterized. The cell toxicity, cell apoptosis and anti-metastasis effect of drug-loaded micelles were tested on 4T1 cells *in vitro*. Besides, the maturation of dendritic cells and activation of tumor-specific immune responses of LT-DOX+LT-IMQ in combination with anti-PD-L1 were analyzed *in vivo*. The anti-tumor and anti-metastasis effects of combined therapy were evaluated on 4T1 tumor-bearing mice. Additionally, the mechanisms of anti-tumor and anti-metastasis responses were also explored.

2. Materials and methods

2.1. Materials and animals

Low molecular weight heparin (LMWH) was obtained from Melonepharma (Dalian, China). D- α -Tocopheryl succinate (TOS) and doxorubicin hydrochloride were obtained from J&K Scientific Co., Ltd. (Beijing, China). Imiquimod was obtained from Abmole Bioscience Inc. (Houston, TX, USA). 1-[3-(Dimethylamino) propyl]-3-ethylcarbodiimide hydrochloride (EDC) and Nhydroxy-succinimide (NHS) were obtained from Keddia Reagent (Chengdu, China). 4-(Dimethylamino) pyridine (DMAP) was obtained from Sigma-Aldrich (St. Louis, MO, USA). PD-L1 antibody was purchased from BioXCell. Recombinant murine IL-2 was obtained from Peprotech (Rocky Hill, CT, USA). MTT, 1,1'-dioctadecyl-3,3,3',3'-tetramethylindodicarbocyanine, 4chlorobenzenesulfonate salt (DiD), 4,6-diamidino-2-phenylindole (DAPI) and LDH kits were purchased from Beyotime Institute Biotechnology (Shanghai, China). Anti-CD3e-PE, anti-CD4-FITC, anti-CD8a-FITC, anti-CD11c-PE, anti-CD80-FITC and anti-CD86-FITC were bought from eBioscience (San Diego, CA, USA). Matrigel was bought from BD Biosciences (San Jose, CA, USA). CRT antibody was bought from Boster Biological Technology (Wuhan, China) and secondary antibody was purchased Shanghai Abways Biotechnology Co., Ltd. (Shanghai, China). ELISA kits for IFN- γ and TNF- α , annexin V-FITC/PI apoptosis detection kit were obtained from KeyGEN Biotech (Nanjing, China). Plastic cell culture dishes and plates were purchased from Wuxi NEST Biotechnology Co. (Wuxi, China). Other reagents and chemicals were of analytical grade. BALB/c mice (about 5-week-old, 18-21g) were purchased from Dashuo Experimental Animal Company (Chengdu, China). All animal experiments were performed according to the rules of Experimental Animals Administrative Committee of Sichuan University (Chengdu, China).

2.2. Synthesis of LMWH-TOS

The amphiphilic LMWH-TOS was synthesized as described previously, by attaching TOS to LMWH through ester bond formation²¹. First, TOS (201 mg), EDC (126.5 mg), NHS

(76.0 mg) and DMAP (20.1 mg) were dissolved in *N*,*N*-dimethylformamide (DMF). The mixture was stirred for 3 h to activate the carboxylic acid groups of TOS. Meanwhile, LMWH (100 mg) was dissolved in formamide at 50 °C and added slowly into the activated TOS solution. The reaction mixture was stirred for 48 h, and then dialyzed against deionized water for 72 h and lyophilized. All the structures were characterized by ¹H NMR spectra using a Varian Mercury 400 NMR system (Varian Inc., Palo Alto, CA, USA) and by PerkinElmer Spectrum two FI-IR (USA).

2.3. Hemolysis assay

For the hemolysis study, fresh mouse blood was collected, and red blood cells (RBCs) were obtained after centrifugation and washed with PBS. LT with different concentrations was incubated with 2% red blood cell suspension from mouse for 2 h at 37 °C. Then, each sample was centrifuged at 3000 rpm (5427R, Eppendorf, Hamburg, Germany) for 10 min. The absorbance of supernatant was analyzed at 545 nm by a microplate reader and the precipitated erythrocytes were observed under microscope. The hemolysis (%) was calculated according to Eq. (1). A hemolysis ratio (%) of less than 5% was regarded as nontoxic.

Hemolysis (%) =
$$[A_{\text{sample}} - A_{\text{PBS}}] / [A_{\text{ultrapure water}} - A_{\text{PBS}}] \times 100$$
 (1)

PBS and ultrapure water treated erythrocyte suspensions were used as negative and positive controls, respectively.

2.4. CRT exposure

The CRT exposure after DOX treatment assessed by flow cytometry (FCM) and confocal lacer scanning microscopy. For analysis by FCM, 4T1 cells were seeded into 6-well plate at a density of 5×10^5 cells/well and allowed for attachment overnight. After 4 h incubation with LT, free DOX, LT-DOX at an equivalent DOX dose of 3 µmol/L, cells were collected and washed twice with PBS. Afterwards, cells were treated with CRT primary antibody for 1 h and then stained with secondary antibody for 30 min at 4 °C in darkness and then analyzed by flow cytometer (Cytomics FC 500, Beckman Coulter). For immunofluorescence observation, cells were seeded on slips and incubated with LT, free DOX, LT-DOX at an equivalent DOX dose of 3 µmol/L. After washed by PBS, cells with no permeabilization were stained by anti-CRT primary antibody for 1 h and then stained with secondary antibody for 30 min at 4 °C in darkness. Cells were then fixed in 4% paraformaldehyde for 15 min and nuclei were stained with DAPI for 5 min. After being washed with cold PBS three times, the coverslips were imaged by a laser scanning confocal microscope (FV1000, Olympus, USA).

2.5. Pharmacokinetics study

For the pharmacokinetic assay, female BALB/c mice (6 mice/group) were injected with free DOX&IMQ and LT-DOX+LT-IMQ (at an equivalent dose of 3 mg/kg DOX, 0.75 mg/kg IMQ) through the tail vein. Three mice were randomly chosen for the first 5 time points, and the other 3 mice were used for the remaining 5 time points. Approximately 100 μ L of blood was collected in 0.5-mL heparintreated tubes from the orbit sinus at each time point (3, 15, 30 min, 1, 2, 4, 6, 8, 12 and 24 h). The blood samples were centrifuged at 4 °C and 5000 rpm (5427R, Eppendorf) for 10 min to obtain 50 μ L of supernatant plasma, and four volumes of

precipitation agent (200 µL) was added to each sample. The samples were oscillated for 3 min, sonicated for 15 min, and centrifuged at 4 °C and 12,000 rpm (5427R, Eppendorf) for 10 min. The supernatant was collected and filtered through a 0.22-µm filter for LC–MS/MS analysis. The chromatographic conditions were as follows: chromatographic column, C18 (2.1 mm × 50 mm, 1.7 µm); mobile phase, 0.1% formic acid in water: methanol (v/v = 45/55). The mass spectrometer was operated in positive ion mode using an electrospray source and the quantification analysis was performed using multiple reaction monitoring, with the transition of the m/z 544.2 $\rightarrow m/z$ 397.1 for DOX and m/z 241.1 $\rightarrow m/z$ 185.0 for IMQ. The pharmacokinetic data was analyzed by Data and max Statistics (DAS, Shanghai, China).

2.6. Evaluation of in vivo immune status after different treatments

Six days after tumor implantation, animals with an average tumor volume of $80-100 \text{ mm}^3$ were selected and divided into 5 groups randomly (n = 3). Mice of each group received 3 i.v. injections, and were sacrificed 7 days after the last dose and their spleens were collected. Splenocytes suspensions were prepared by using the Spleen Dissociation kit (Miltenyi Biotec Germany). The extracted spleen cells were stained with anti-CD11c-PE, anti-CD86-FITC and anti-CD80-FITC, and then detected by flow cytometry.

To analyze the CD8⁺ and CD4⁺ T cell responses in tumors, tumors were harvested from mice in different groups and stained with anti-CD3e-eFluor 610, anti-CD8a-FITC, anti-CD4-FITC antibodies according to the manufacturer's protocols. Briefly, tumor tissues were cut into small pieces and put into a glass homogenizer containing PBS (pH 7.4) with 2% heat-inactivated fetal bovine serum. Then, the single-cell suspension was prepared with the homogenizer without addition of digestive enzyme. Finally, cells were stained with fluorescence-labelled antibodies after the removal of red blood cells (RBC) using the RBC lysis buffer.

Serum samples were isolated from mice after various treatments and diluted for analysis. Tumor necrosis factor (TNF- α) and interferon gamma (IFN- γ) were analyzed with ELISA kits according to the protocols of vendors.

2.7. Ex vivo cytotoxicity assay of cytotoxic T lymphocytes

In order to obtain the activated splenocytes as effector cell, 1×10^{6} 4T1 cells were orthotopically implanted into the mammary fat pad of female BALB/c mice on day 0. The average volume of tumors was approximately 100 mm³ on day 8, the mice were divided into 4 groups randomly to receive the following treatments: Hepes, free DOX&IMQ, LT-DOX, LT-DOX+LT-IMQ. The dosages of DOX and IMQ were 3 and 0.75 mg/kg, respectively. The second treatment with the same dosing regimens was given to each group on day 11. Three days later, the mice were sacrificed and the spleens were harvested. The spleen dissociation kit (Miltenyi Biotec Germany) were utilized to prepare the solution of splenocytes, which were further incubated with mitomycin Ctreated 4T1 tumor cells for 72 h at 37 °C under 5% CO₂ with mouse IL-2 added into the culture media. After stimulation, viable splenocytes were used as effector cells for the measurement of specific cytotoxicity activity. And 4T1 cells were used as target cells. The splenocytes obtained from LT-DOX+LT-IMQ group

were divided into two parts, one of which was added to 4T1 cells that had been given anti-PD-L1 in advance, while the other was added to normal 4T1 cells. The cytotoxicity of cytotoxic T lymphocytes was determined by LDH kits in accordance with manufacturer's protocol.

2.8. Therapeutic effect on 4T1 orthotopic tumor models

To further eliminate immunosuppressive factors, we combined anti-PD-L1 with LT-DOX+LT-IMQ to treat 4T1 orthotopic tumors and metastatic tumors. Five days after tumor implantation, animals with an average tumor volume of 80-100 mm³ were selected and divided into 5 groups randomly (n = 6): Hepes, free DOX&IMQ, LT-DOX, LT-DOX+LT-IMQ, LT-DOX+LT-IMO+anti-PD-L1. The mice of each group were dosed intravenously on days 6, 9, and 12, and the tumor volumes were measured with a vernier caliper every two days. According to the earlier results we obtained, the administration dosage of DOX, IMO and anti-PD-L1 were finalized at 3, 0.75 and 2.5 mg/kg, respectively. Mice were sacrificed on day 16, and the tumors were collected for hematoxylin and eosin (H&E) and terminal dexynucleotidyl transferase (TdT)-mediated dUTP nick-end labeling (TUNEL) staining. Immunohistochemistry staining of PD-L1 was performed. Tumor growth was calculated from caliper measurements with Eq. (2):

$$Tumor volume = (L \times W^2)/2$$
⁽²⁾

where L is length and W is width.

2.9. Therapeutic effect on lung metastatic tumor models

To establish lung metastasis model of breast cancer, mice were intravenously injected with tumor cells on day 1. Five days later, mice were randomly divided into 7 groups (n = 5), and injected with Hepes, LMWH, LT, free DOX+IMQ, LT-DOX, LT-DOX+LT-IMQ, LT-DOX+LT-IMQ+anti-PD-L1, respectively. The administration dosages of DOX, IMQ and anti-PD-L1 were 2.5, 0.75 and 2.5 mg/kg, respectively. The dosing interval between LT-DOX+LT-IMQ and anti-PD-L1 was 48 h. The treatment was conducted every 3 days for 3 times. On day 23, mice were euthanized, and lung tissues were collected. The macroscopic tumor nodules on the whole surface were counted. Immunohistochemistry staining of MMP9 was also performed.

2.10. Statistical analysis

All the data were presented as mean \pm standard deviation. Statistical comparisons were performed by one-way ANOVA for multiple groups. *P* values < 0.05 were considered statistically significant.

3. Results

3.1. Synthesis and characterization of drug-loaded micelles

LMWH was conjugated to the TOS *via* ester bonds. The successful synthesis of LMWH-TOS was confirmed by ¹H NMR (Supporting information Fig. S1) and infrared spectroscopy (Supporting information Figs. S2–4). Since LMWH could bind to toluidine blue, quantification of the content of LMWH in LT conjugate was then determined by analyzing the dissociated

toluidine blue at 629 nm. The result showed that the content of LMWH in LT was 29.2%, *w/w* (Supporting information Fig. S5). The loading capacities of DOX and IMQ in LT-DOX and LT-IMQ micelles were ~8.1% and ~5.2%. (Supporting information Table S1). The average hydrodynamic size of LT-DOX was 133.9 ± 2.8 and LT-IMQ was 112.7 ± 1.5 nm (Table S1). Both LT-DOX and LT-IMQ exhibited uniform and spherical appearance under TEM observation (Fig. 1A and B, inset).

It has been reported that heparin has anticoagulant function, which may increase the hemolytic activity of LT and lead to corresponding side effects³⁴. The hemolysis of LT was lower than 3% when the concentration ranged from 100 to 900 μ g/mL (Fig. 1C and D). Microscopic examination and photographs showed that after co-incubation with LT, no structure change of the erythrocyte membrane or aggregation of red blood cells were observed, which was similar to the results of PBS-treated group (negative control, Supporting Information Fig. S6). All the results confirmed that LT micelle exhibited little hemolytic effect.

The sizes of three nanoparticles in 50% FBS showed little change over 48 h (Fig. 1E). Meanwhile, no obvious changes were observed in the serum turbidity for all three nanoparticles (Fig. 1F). Cumulative release of DOX and IMQ from LT-DOX and LT-IMQ were investigated in PBS. As shown in Fig. 1G, approximately 75% of the total DOX was released after incubation at pH 5.0 for 48 h, while approximately 39% DOX was released at pH 7.4. After 48 h's incubation, the release of IMQ at pH 7.4 and pH 5.0 were ~20% and ~40%, respectively, indicating that the release of DOX and IMQ in acidic medium was increased.

3.2. Cytotoxicity and apoptosis assays

The cytotoxicity was measured by MTT assays. Both free DOX and LT-DOX exhibited enhanced anti-proliferation effects as drugs concentration increased. The cell inhibition of DOX plus IMQ was higher than that of LT-DOX plus LT-IMQ. In addition, LT almost did not affect cell viability on 4T1 cells. Even if the concentration of the LT was as high as 500 µg/mL, no obvious cytotoxicity was observed (Supporting Information Fig. S9).

The cell apoptosis induced by drug-loaded micelles was detected by annexin V-FITC/PI assay. The percentage of apoptosis and necrotic cells was $6.8 \pm 0.59\%$ for Hepes, $85.1 \pm 0.34\%$ for free drugs, $59.9 \pm 1.57\%$ for LT-DOX, $28.3 \pm 1.96\%$ for LT-IMQ and $61.7 \pm 1.20\%$ for LT-DOX+LT-IMQ, respectively (Fig. S9).

3.3. In vitro anti-metastatic effect

Our previous studies have verified that LMWH could inhibit the adhesion between tumor cells and platelets and TOS could inhibit the production of MMP9, thereby inhibiting different phases of the metastasis cascade^{20,21}. Thus, the *in vitro* anti-metastatic effects of micelles were evaluated. Firstly, wound healing assays were used to assess the inhibitory effect of micelles. The healing rate of control group was approximately 80%. The healing abilities of LT-treated and free DOX&IMQ-treated groups were similarly reduced. Notably, LT-DOX plus LT-IMQ group significantly reduced the cell motility compared with LT, LMWH and free drugs groups, reducing the wound closure rate to less than 20% (Fig. 2A and B).

Furthermore, invasion assays were performed *in vitro*. As can be seen in Fig. 2C and D, cells treated with Hepes buffer could easily invade into the lower chamber. For the LT-treated group,



Figure 1 Hydrodynamic diameters and TEM image of (A) LT-DOX and (B) LT-IMQ. (C) Photo images of plastic pipe containing supernatant from red blood cell content treated with different concentrations of LT. (D) Hemolysis (%) of red blood cell cultured with LT at various concentrations. Less than 5% hemolysis was regarded as nontoxic. (E) Stability of nanoparticles represented by size when incubated in 50% FBS for 48 h at 37 °C. (F) The turbidity variation (represented by transmittance) of nanoparticles in 50% FBS. (G) *In vitro* release kinetics of DOX and IMQ from micelles of LT-DOX and LT-IMQ.

the number of cells in the lower layer was greatly reduced compared with Hepes and LMWH treated group. Similarly, free DOX&IMQ also reduced the number of invaded cells, probably owing to the cytotoxicity. When treated with LT-DOX + LT-IMQ, the number of cells passing through the membrane was significantly lowest, only one-tenth that of the control group (P < 0.001). Therefore, LT-DOX plus LT-IMQ could effectively inhibit the migration and invasion ability of 4T1 cells *in vitro*.

3.4. CRT exposure induced by DOX and pharmacokinetic properties

DOX could engage a tumor-specific immune response by inducing immunogenic cell death (ICD)^{35,36}. Calreticulin (CRT) acts as the

"eat me" signal and promotes the phagocytosis, regulating DCmediated tumor antigen cross-presentation and T cell polarization³⁷. Flow cytometry results showed that the expression of CRT on the surface of cancer cells treated with DOX or LT-DOX was significantly increased (Fig. 3A). The immunostaining analysis was consistent with the flow cytometry results (Fig. 3B). With the help of adjuvant LT-IMQ, the immunogenic signal of CRT may consequently induce potent immune responses against tumors *in vivo*. Pharmacokinetics studies of micelles were performed in BALB/c mice. Plasma concentration–time curves of free DOX&IMQ and LT-DOX+LT-IMQ after intravenously administration were shown in Fig. 3C and D. As expected, free DOX and IMQ showed a higher clearance *in vivo*. At 2 h post-injection, the free drugs concentrations of free drug group was already under the limit of detection. In contrast, LT-DOX and LT-IMQ showed



Figure 2 (A) Representative images of healing extent treated with different preparations after 24 h. (B) Wound healing rate. (C) Representative images of invaded 4T1 cells when treated with different formulations for 48 h. (D) Relative invasion rate of invaded cells. Data are mean \pm SD, n = 3; ${}^{*}P < 0.05$; ${}^{**}P < 0.01$; and ${}^{***}P < 0.001$.

much higher concentration at all-time points. Pharmacokinetic parameters were shown in Supporting Information Table S2. LT-DOX and LT-IMQ significantly decreased clearance rate and enlarged AUC_{0-t} and $AUC_{0-\infty}$.

3.5. In vivo immunity level after treatment

After intravenous injection of DiD-loaded micelles (LT-DiD) into 4T1 tumor-bearing mice, the bio-distribution was detected by the IVIS imaging system. Fluorescence can be observed at the tumor site 2 h after the injection (Supporting Information Figs. S10 and S11), and the fluorescence intensity was increased over time through EPR effect. We speculated that LT-IMQ could induce a strong immune response *in vivo* as an adjuvant, which also enhanced the immune activation of LT-DOX. To verify this

hypothesis, 4T1 orthotopic tumor bearing mice were intravenous injected with Hepes, free DOX&IMQ, LT-DOX, LT-DOX+LT-IMQ or LT-DOX+LT-IMQ+anti-PD-L1. Three days post injection, mice were sacrificed and the spleens were collected for flow cytometry analysis after co-staining with CD11c (the DC marker), CD80 and CD86 (Fig. 4A and B). Compared with LT-DOX and free drugs treated groups, the maturation of DCs of LT-DOX+LT-IMQ treated group increased by 2.4- and 1.5-fold, respectively. Moreover, after combination with anti-PD-L1, the percentages of mature DCs further increased by 1.3-fold (Fig. 4C and D). The high expression of PD-L1 on DC cells might suppress the maturation of DCs. After combination with anti-PD-L1, the negative effects were eliminated, which enhanced the activity of DC cells^{38,39}. The results were consistent with the *in vitro* BMDC maturation results (Supporting information Fig. S8).



Figure 3 (A) CRT exposure on the cell surface of 4T1 cells was evaluated by flow cytometry after different treatments. (B) Immunofluorescence microscopy of CRT expression on the cell surface of 4T1 cells after different treatments. The scale bar represents 10 μ m. (C) and (D) DOX and IMQ plasma concentration–time profiles in BALB/c mice treated with different DOX and IMQ formulations (at a dose of 3 mg/kg DOX, 0.75 mg/kg IMQ; data are mean \pm SD, n = 3).

To better understand the mechanism of synergistic anti-tumor effect triggered by LT-DOX+LT-IMQ in combination with anti-PD-L1 therapy, the tumor-infiltrating T cells were studied. CD8⁺ T cell-mediated cytotoxicity is a crucial step in tumor immunotherapy. This process not only requires DC cells to effectively present tumor antigens to cytotoxic T lymphocytes cells, but also needs corresponding cytokines which are secreted by helper T cells to promote CTLs production^{40,41}. The activation of antigenspecific CD8⁺ CTLs and CD4⁺ T cells were examined. The tumors from Hepes treated mice clearly showed limited T cell $(\sim 1.00\%$ for CD4⁺, $\sim 1.24\%$ for CD8⁺ cells) infiltration (Fig. 5A, B, D, E). In comparison, after combined treatment of LT-DOX+LT-IMQ and anti-PD-L1, the number of infiltrating CD8⁺ and CD4⁺ T cells were remarkably increased, which was beneficial for the anti-tumor effect. CD4⁺ helper T cells (CD3e⁺CD4⁺) can be divided into effective T cells that are helpful to promote immune responses and regulatory T cells (T_{reg}, CD4⁺Foxp3⁺) which could hamper effective anti-tumor immune responses. Compared with other groups, although immune responses have been also generated after LT-DOX treatment, the anti-tumor efficacy in this group remained less effective owing to the presence of high percentages of T_{reg} cells. As illustrated in Fig. 5C and F, the number of T_{reg} cells was significantly reduced with PD-L1 blockade. However, the ratios of CD8⁺ CTLs/T_{reg} cells and CD4⁺ T_{eff}/T_{reg} cells of LT-DOX+LT-IMQ plus anti-PD-L1-treated group were increased to nearly 2fold compared with LT-DOX+LT-IMQ-treated group, and more than 3-fold compared with Hepes, free drugs and LT-DOX-treated groups, indicating stronger cellular immune responses in cancer immunotherapy (Fig. 5G).

Cytokine secretion in tumor microenvironment was important to tumor growth as well. The secretion level of TNF- α and IFN- γ play an important role in T-helper cell 1 type (Th1) immune response^{42,43}. Cytokines secretions induced by LT-DOX+LT-IMQ plus



Figure 4 The expression status of CD80⁺ and CD86⁺ on CD11c⁺ dendritic cells from spleens. Representative flow cytometry plots showing percentages of CD11c⁺CD80⁺ cells (A) and CD11c⁺CD86⁺ cells (B). From left to right are groups of Hepes, free DOX & IMQ, LT-DOX, LT-DOX+LT-IMQ, LT-DOX+LT-IMQ+anti-PD-L1. Proportions of CD11c⁺CD80⁺ cells (C) and CD11c⁺CD86⁺ cells (D). (E) The cytotoxicity assay of CD8⁺ T lymphocytes against 4T1 cells. Data are mean \pm SD, n = 3; *P < 0.05; **P < 0.01; and ***P < 0.001.

anti-PD-L1 were obviously higher than the rest groups, which was helpful for triggering anti-tumor immune response (Fig. 5H and I).

3.6. Ex vivo cytotoxic T lymphocytes responses

To further ascertain the function of CTLs, we conducted an *ex vivo* CTLs response assay. As shown in Fig. 4E, the effector cells extracted from the mice treated with LT-DOX+LT-IMQ showed a strong killing effect on 4T1 cells. Moreover, after pre-treatment with anti-PD-L1, the killing effect of CD8⁺ T cells obtained from LT-DOX+LT-IMQ group was significantly elevated (Fig. 4E). When the ratios of effector cells: tumor cells were 20:1 and 5:1, anti-PD-L1 could significantly increase the killing effect of the effector cells on tumor cells (P < 0.01). However, when the ratio of effector cells: tumor cells was 1:1, no significant difference was observed between groups, indicating that anti-PD-L1 increased the cytotoxicity of effector cells not by direct killing, but by blocking the inhibitory signals of tumor cells.

3.7. Anti-tumor and anti-metastasis efficacy in vivo

In the animal experiments, aiming at enhancing the anticancer therapeutic efficacy of chemo-immunotherapy, PD-L1 blockade therapy was introduced. In this section, we evaluated the therapeutic effect of combined therapy on 4T1 tumor bearing BALB/c mice. No significant changes in body weight between the groups were observed during the period of treatment (Supporting information Fig. S12). The tumors of Hepes treated mice progressed rapidly. The tumor weight of mice treated with LT-DOX+LT-IMQ plus PD-L1 blockade was significantly lower than that of LT-DOX+LT-IMQ, LT-DOX and free drugs (Fig. 6A). As shown in Fig. 6B and C, LT-DOX+LT-IMQ group showed better anti-tumor efficiency than free drugs owing to the EPR and controlled release effects. Compared with LT-DOX-treated group, the combination of LT-DOX and LT-IMQ also significantly reduced the tumor volume (P < 0.005). Moreover, after combination with anti-PD-L1, LT-DOX+LT-IMO further inhibited the tumor growth (P < 0.01 vs. LT-DOX+LT-IMQ group), which could be attributed to the reduced expression of PD-L1 and relieved immunosuppression.

H&E and TUNEL staining were used to further investigate the cell apoptosis in tumor (Fig. 6D). Tight nuclei of tumor cells were observed after treatment with Hepes, which was in accordance with the rapid tumor growth. In other groups, tumor tissues exhibited different degrees of apoptosis. Heart toxicity is a major



Figure 5 Representative flow cytometry plots showing percentages of tumor-infiltrating CD3e⁺CD4⁺ killer T cells (A), CD3e⁺CD8⁺ effector T cells (B) and CD4⁺FoxP3⁺ regulatory T cells (C) in solid tumors after various treatments indicated. From left to right are groups of Hepes, free DOX & IMQ, LT-DOX, LT-DOX+LT-IMQ, LT-DOX+LT-IMQ+anti-PD-L1. Proportions of CD3e⁺CD4⁺ effector T cells (C), CD3e⁺CD8⁺ T cells (D) and CD4⁺FoxP3⁺ regulatory T cells (E). (G) CD4⁺CTLs/T_{reg} ratios and CD8⁺ effector T cells/T_{reg} cells ratios in the solid tumors upon various treatments. Cytokine levels of TNF- α (H), and IFN- γ (I) in sera from mice isolated on day 3 after various treatments. Three mice were measured in each group in A–I. Data are mean \pm SD, n = 3; *P < 0.05; **P < 0.01; and ***P < 0.001.



Figure 6 (A) The weights of dissected tumors at the end of treatment. (B) Tumor growth curves of 4T1 tumors when treated with different formulations. (C) Representative picture of tumors 16 days after implantation of 4T1 cells. (D) Representative H&E and TUNEL staining of tumor sections. The scale bar represents 200 μ m. (E) Immunohistochemistry to detect CRT in tumors (shown in brown). The scale bar represents 100 μ m. Data are mean \pm SD, n = 6; *P < 0.05; **P < 0.01; and ***P < 0.001.

issue of DOX. No obvious heart toxicity was observed after loading DOX into the LT micelle (Supporting Information Fig. S14), suggesting this strategy decreased the toxicity of free DOX. Although LT-DOX+LT-IMQ had better anti-tumor effects than LT-DOX, PD-L1 expression was inevitably increased after treatment (Supporting Information Fig. S13), which indicated a bad prognosis. To block the immunosuppressive PD-1/PD-L1, anti-PD-L1 was used to down-regulate the expression of PD-L1. Immunohistochemical staining of tumors revealed a high level of CRT in DOX-treated mice. Unlike *in vitro* experiments, LT-DOXtreated group expressed more CRT than free drugs-treated group, because LT-DOX was more likely to reach the tumor site. Tumor cells can degrade the stromal layer and then cross into the blood vessels by upregulating MMP9 expression, thereby forming a metastatic lesion at the distal end^{44–46}. As shown in Supporting Information Fig. S15, compared with Hepes buffer and free drugs treated groups, the expression of MMP9 enzyme in groups treated with LT were reduced, inhibiting the metastasis of tumor cells. Therefore, LT-DOX+LT-IMQ plus anti-PD-L1 not only effectively inhibited the growth of solid tumor, but also inhibited the occurrence of *in situ* metastasis.

It is difficult to effectively treat metastatic tumors through traditional therapies such as surgery, chemotherapy and radio-therapy^{47,48}. Several studies have reported that LMWH and TOS could reduce tumor metastasis in the mouse models⁴⁹. Therefore, we wondered if LT-IMQ combine with LT-DOX could provide any opportunity in treating metastatic cancer. A relatively low dose of DOX was chosen for metastatic tumor treatment to reduce the anti-metastasis effect of DOX, but mainly investigate the role of anti-metastatic micelles LT. After 23 days of tumor inoculation, a large number of metastasized colonies were observed in lungs of Hepes-treated mice. Owing to the anti-metastatic effect of TOS and the enhanced accumulation in tumors, LT had a greater anti-metastatic ability than LMWH *in vivo*. Above all,

LT-DOX+LT-IMQ plus PD-L1 blockade exhibited the strongest inhibition of tumor metastasis, showing minimum metastasis in lungs (Fig. 7C). Consistent with previous results, LT-DOX+LT-IMQ+anti-PD-L1 group exhibited the best anti-metastasis effect as indicated by H&E staining (Fig. 7D). Besides, immunohistochemical staining of lungs revealed that the expression of MMP9 enzyme in LT treated groups was reduced compared with the groups of Hepes, free drugs and LMWH (Fig. 7E).

These results demonstrated that LT-DOX+LT-IMQ combined PD-L1 blockade could not only suppress the orthotopic tumor, but also effectively inhibit the pulmonary metastasis of 4T1 cells, exhibiting potent anti-tumor effects.

4. Discussion

Chemo-immunotherapy has exhibited great potential in treatment of breast cancer and its metastasis. Chemotherapeutic drug DOX is essential for the treatment of a range of cancers, and has been demonstrated to activate tumor-specific immune responses^{2,4,5}. In this study, DOX and immune adjuvant IMQ were chosen to activate powerful immune responses to treat cancers. PD-1 and PD-L1 are a



Figure 7 (A) The weights of lungs at the end of treatment. (B) Total number of surface lung Mets. (C) Representative pictures of lungs 23 days after injection of 4T1 cells *via* tail vein. The yellow circle represents the Mets. (D) Histological analysis of lung sections. The scale bar represents 200 μ m. The dashed lines mean metastasis loci. (E) Immunohistochemistry to detect MMP9 in lung (shown in brown). The scale bar represents 100 μ m. Data are mean \pm SD, n = 5; ${}^*P < 0.05$; ${}^{**}P < 0.01$; and ${}^{***}P < 0.001$.

pair of important immunosuppressive molecules⁵⁰, which would attenuate the immune activation of DOX and IMQ. Thus, we used anti-PD-L1 to further elevate the immune responses.

Recently, because of excessive modification of nanoparticles, clinical applications have encountered with many obstacles⁵¹. In our latest study, we constructed a simple self-delivering micellar nanoparticle consisting of the anti-metastatic components LMWH and TOS, which inhibit different phases of the metastatic cascade²¹. Considering that the dosage of drugs can be adjusted more accurately, the drug-loaded micelles LT-DOX and LT-IMQ were formed. The two self-assembled micelles could prolong the circulation time and increase the accumulation in tumor through EPR effect. Flow cytometry, immunostaining analysis and immunohistochemical staining revealed a high level of CRT in LT-DOX-treated group. Then, the maturation of DCs and activation of tumor-specific immune responses of LT-DOX+LT-IMQ in combination with anti-PD-L1 were analyzed. The number of specific CTLs and secretion of IFN- γ and TNF- α were increased. The inhibitory PD-1/PD-L1 pathway has previously been demonstrated to limit the expansion of T_{reg} cells by controlling STAT-5 phosphorylation⁵². In the present manuscript, the number of T_{reg} cells was significantly reduced with PD-L1 blockade and the ratios of CD8⁺ CTLs/Treg cells and CD4⁺ Teff/Treg cells of LT-DOX+LT-IMQ plus anti-PD-L1-treated group were increased by nearly 2-fold compared with LT-DOX+LT-IMQ-treated group, indicating stronger cellular immune responses in cancer immunotherapy.

Although many researches based on chemotherapeutics and immune adjuvant have entered clinical stage, it is rare that the researches deal with the combination of immunotherapy and chemotherapy to effectively treat metastatic 4T1 breast tumors. In this study, LMWH and TOS have good biocompatibility and anti-metastatic effect, which formed micelle in aqueous solution with good stability. Furthermore, LT could inhibit the adhesion between tumor cells and platelets and the production of MMP-9 to inhibit different stages of the metastasis cascade, so that the application of LT micelle to this immune activation strategy can strongly prevent metastasis. Wound healing assays, invasion assays and the treatment of lung metastasis of 4T1 breast cancer revealed a strong anti-metastasis effect of LT-DOX+LT-IMO in combination with anti-PD-L1. MMP-9 is an enzyme secreted by various tumor cells, which can degrade extracellular matrix, promote cell detachment and invasion, and enhance tumor cells entry into blood vessels^{53–55}. Immunostaining analysis of orthotopic and metastasis tumors indicated that the administration of micelles could reduce the secretion of MMP-9 in the tumor microenvironment. The anti-metastasis micelle LT was proven an efficient delivery system for chemo-immunotherapy of orthopotic and lung metastasis of breast cancer. In summary, we have rationally designed a multifunctional self-assembly micelle for enhanced chemo-immunotherapy. DOX loaded nanoparticles LT-DOX could initiate a tumor-specific immune response by eliciting immunogenic cell death (ICD), which further strengthened by adjuvant IMQ-loaded nanoparticles LT-IMQ. LT-DOX+LT-IMO stimulate specific immune responses by triggering the maturation of DCs, increasing the number of specific CTLs and secretion of IFN- γ and TNF- α . Furthermore, the combination with clinically approved PD-L1 checkpoint blockade inhibited the activities of T_{reg} cells, which alleviated the immune inhibition signal and promoted anti-tumor efficacy. Our studies demonstrated that LT anti-metastatic micelle based chemoimmunotherapy strategy would be promising for orthotopic and metastatic breast cancer treatment.

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Appendix A. Supporting information

Supporting data associated with this article can be found in the online version at https://doi.org/10.1016/j.apsb.2019.01.018.

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