

1 **SUPPLEMENTAL METHODS**

2 **Cell Culture**

3 The SV40 transformed human lung fibroblast cell line, IMR90SV, and human embryonic kidney 293
4 cells expressing the SV40 large T antigen (HEK293T) cells were cultured in RPMI1640 (WAKO,
5 Japan; Cat. #: 189-02025) and DMEM (WAKO, 043-30085), respectively supplemented with 10%
6 FBS (Biowest, Nuaille, France; Cat. #: S1530-500), but without antibiotics. Human HeLa cervical
7 carcinoma cells, HepG2 hepatoma cells and the THP1 monocytic cell line were grown in DMEM
8 supplemented with 10% FBS, but without antibiotics. The cell-types used in this study are listed in
9 **Supplemental Table 1**. All cells were grown in a humidified incubator in an atmosphere containing
10 5% CO₂. As stipulated in the results, in some short-term experiments, cells were assessed using
11 medium without FBS. Under these conditions there was no change in cellular viability as judged by
12 cellular morphology and Trypan blue staining.¹

13

14 For collection of EVs, cells were cultured in 0.5% FBS that had been depleted of bovine EVs with or
15 without FAC (0-20 µg/mL). The bovine EV-depleted FBS was prepared as described previously.² In
16 brief, EVs were depleted from FBS by centrifugation at 100,000 x g/20 h/4 °C. The collected
17 supernatant was kept at -80 °C until use.

18

19 Chemical compounds used for iron-loading, iron-chelation and inhibition of autophagy are listed in
20 **Supplemental Table 2.**

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22 **Lentiviral Production**

23 Lentivirus-based shRNA was used for gene knockdown of human IRP1, IRP2 and NCOA4. The
24 lentiviral vector was co-transfected with the packaging vectors, psPAX2, pMD2 VSV-G in
25 HEK293T cells using polyethylenimine HCl MAX 4000 (PEI), as described previously.³

26

27 pLKO-puro-scramble was used as control. After a 48 h/37 °C incubation, culture supernatants were
28 collected and virus concentrated 10x overnight with a Lenti-X concentrator according to the
29 manufacturer's instructions. Cells were transduced with virus using polybrene (2 µg/mL). To prepare
30 stable cells, cells were selected with puromycin (0.2–1 µg/mL) 48 h after transduction. Those cells
31 were maintained with puromycin (0.2–1 µg/mL) after selection. Expression of the target protein was
32 verified by immunoblotting. The chemical compounds used for lentivirus production are listed in
33 **Supplemental Table 2.**

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37 **Gene Knockdown**

38 Lentiviral shRNA pLKO.1 plasmids were obtained as bacterial stocks from Sigma-Aldrich: human
39 IRP1 #1; human IRP1 #2, human IRP2 #1, human IRP2 #2 and human NCOA4. For silencing of the
40 *IRP1*, *IRP2* or *NCOA4* gene, lentiviral pLKO.1-IRP1, pLKO.1-IRP2, or pLKO.1-NCOA4 shRNA
41 was used to transduce HEK293T cells, as described previously.⁴ Scrambled shRNA was a gift from
42 David Sabatini (Massachusetts Institute of Technology, MA). The shRNAs used in this study are
43 listed in **Supplemental Table 3**.

44

45 **Immunofluorescence Staining and Light Microscopy**

46 Cells were plated on coverslips transfected with the indicated plasmids. Cells were fixed with 4%
47 paraformaldehyde for 20 min/4 °C, permeabilized for 3 min in 0.1% Triton X-100 and then blocked
48 with 2% BSA in PBS. Cells were stained with specific antibodies listed in **Supplemental Table 4**,
49 namely mouse anti-CD63, rabbit anti-FtH, rabbit anti-CD81 and rabbit anti-NCOA4. Highly
50 cross-absorbed H+L secondary antibodies conjugated to Alexa 488, Alexa 568, or Alexa 647 were
51 used at 1:2000. Glass coverslips were mounted with ProLong™ Diamond Antifade Mountant
52 (Thermo Fisher Scientific; Cat. #: P36961).

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55 Images were obtained using Olympus SpinSR10 confocal microscope and 100X 1.4NA oil
56 immersion objective. Images were analyzed using the image processing package, Fiji (<https://fiji.sc/>),
57 with data being presented as maximum intensity projections.

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59 **General Cloning and Plasmids**

60 DNA constructs were amplified in *E. coli* DH5 α or Stbl3 and purified using mini prep columns
61 (Econospin, Aji-biopharma, Osaka, Japan). DNA sequence verification of all plasmids was
62 performed using an ABI 3100 automated DNA sequencer (Thermo Fisher Scientific).

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64 **Lysing and Immunoblotting**

65 Cells were lysed in lysis buffer (20 mM Tris pH 7.4, 0.5% NP-40, 60 mM NaCl, 1 mM DTT) and
66 centrifuged at 10,000 x *g*/10 min/4 °C. Supernatant was collected and protein concentration was
67 measured by the BCA assay (Nacalai Tesque, Kyoto, Japan; Cat. #: 06385-00). Samples were
68 analyzed by immunoblotting with the specific antibodies listed in **Supplemental Table 4**, namely:
69 anti-mouse human CD63, rabbit anti-human PDI, rabbit anti-human IRP1, rabbit anti-human IRP2,
70 rabbit anti-human calnexin, rabbit anti-human CD81, rabbit anti-human ferritin heavy chain, rabbit
71 anti-human ferritin light chain, rabbit anti-LC3B, mouse anti-human β -actin, mouse anti-human
72 α -tubulin, mouse anti-human LAMP2 and anti-human NCOA4.

73 **Collection of EVs from Cellular Supernatants**

74 IMR90SV cells were incubated with 0, 5, 20 $\mu\text{g/mL}$ FAC for 48 h/37 °C supplemented with 0.5%
75 FBS depleted of bovine EVs. EVs were collected from cellular supernatants by a well characterized
76 protocol.² Briefly, medium was collected and centrifuged at 500 x g/10 min/4 °C, the supernatant
77 carefully decanted and then centrifuged again at 2000 x g/30 min/4 °C. The supernatant was
78 transferred to new tube and mixed with 2 x PEG buffer (16% polyethylene glycol 6000, 1.0 M NaCl)
79 and then incubated for 16 h/4 °C. The solution was then centrifuged at 2900 x g/ 70 min/4 °C. The
80 collected pellet was resuspended in PBS and then centrifuged at 100,000 x g/70 min/4 °C. The cell
81 pellet was resuspended in RIPA buffer (10 mM Tris pH 7.4, 150 mM NaCl, 5 mM EDTA, 1% Triton
82 X-100, 1% sodium deoxycholate) and the protein concentration measured by the BCA protein assay.

83

84 **Electron microscopy**

85 The collected EVs from cellular supernatants described above were resuspended in PBS and added
86 dropwise onto a grid supported by Excel Support Film (Nisshin EM Tokyo, Cu200). EVs were
87 imaged using TEM (JEM-1400Plus; JEOL, Tokyo, Japan) after 1% uranyl acetate staining. Thirty
88 transmission electron micrograph fields over 3 experiments at a magnification of 20,000x were
89 randomly chosen and the EVs counted by a blinded investigator (up to 500-1000 vesicles were
90 counted/experiment). EVs number was analyzed by Fiji software.

91 RNA Pulldown

92 The IRE region of *CD63* mRNA (NM_001257389.2 on NCBI) was analyzed by SIREs Web Server
93 2.0 (<http://ccbg.imppc.org/sires/>).⁵ The predicted IRE of *CD63* 5'-UTR RNA
94 (5'-GAGGGGGCUUGCACAGAGUUGGAGCCAGAGG-3') was synthesized by Eurofins
95 Scientific (Luxembourg). The RNA 3'-end was biotinylated using a Pierce RNA 3'-End Biotinylation
96 kit according to the manufacturer (Thermo Fisher Scientific, Cat. #: 20160). Briefly, 50 pmol RNA
97 was heated 5 min/85 °C and cooled on ice immediately. The RNA and biotinylated cytidine
98 (bis)phosphate were mixed with T4 RNA ligase overnight at 16 °C. Total protein was extracted from
99 IMR90SV cells in pulldown buffer (20 mM Tris pH 7.5, 150 mM KCl, 0.5% NP40, 5 mM EDTA,
100 0.5 mM DTT and proteinase inhibitor cocktail (Roche, Basel, Switzerland, Cat. #: 11873580001).

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102 The non-IRE-containing RNA
103 (5'-CCUGGUUUUUAAGGAGUGUCGCCAGAGUGCCGCGAAUGAAAAA-3') included in the
104 kit (Thermo Fisher Scientific, Cat. #: 20160) was used as negative control according to the
105 manufacturer's instructions. Biotinylated RNA was mixed with precleared total protein extraction
106 from IMR90SV cells, recombinant GST-IRP1 or GST-IRP2 for 1 h/4 °C and then magnetic
107 streptavidin R280 beads (Veritas, Tokyo, Japan; Cat. #: 11205D) were added to mixture and

108 incubated for additional 45 min/4 °C. Beads were washed with pulldown buffer and analyzed by
109 immunoblotting with anti-IRP1 (Cell Signaling Technology, 1:4000; Cat. #: 20272S) and anti-IRP2
110 (Cell Signaling Technology, 1:2000; Cat. #: 37135S) antibodies.

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112 **Purification of Recombinant IRPs**

113 To generate recombinant IRP1 and IRP2 proteins, the full-length of human IRP1 or IRP2 was cloned
114 into pGEX5X-1 and transformed in *E. coli* BL21 DE3. Bacterial cells were grown at 37 °C in Lucia
115 Broth medium and induced at $A_{600\text{ nm}} = 0.6-0.7$ by the addition of 0.5 mM
116 isopropyl-1-thio- β -D-galactopyranoside (Wako) and harvested after 4 h/18 °C. The cell pellets were
117 resuspended in ice-cold pulldown buffer and disrupted by sonication. Lysates were centrifuged at
118 15,000 x g/15 min/4 °C. Clarified lysates were incubated with glutathione Sepharose 4B beads
119 (Cytiva, Marlborough, MA) for 2 h/4 °C. The beads were then washed three times with 5 column
120 volumes of pulldown buffer and eluted in 15 mM reduced glutathione-containing 50 mM Tris (pH 8).

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122 **Electrophoretic Mobility Shift Assay (EMSA)**

123 The IRE RNA included in the RNA 3' biotinylation kit (Thermo Fisher Scientific, Cat. #: 20160)
124 described above was used as positive control. The specific unlabeled tRNA from yeast (Thermo
125 Fisher Scientific, Cat. #: AM7119) competitors were added in excess (200-fold) in pulldown buffer.

126 The incubated reactions included 62.5 nM biotinylated RNA and 0.5 μ g purified GST-IRP1 or
127 GST-IRP2 with unlabeled RNA competitors. Before adding the biotinylated RNA, the reaction
128 components were pre-incubated for 15 min/room temperature (RT) and the binding reactions were
129 incubated for 30 min/RT before adding the loading buffer. The binding reactions for RNAs and
130 GST-IRP1 or GST-IRP2 were electrophoresed on native 6% TBE/acrylamide gels. The gels were
131 transferred to a nylon membrane using in 0.5 x TBE, at 90 mA for 40 min. After UV crosslinking of
132 biotinylated RNA to the nylon membrane, the biotinylated RNA was detected with the
133 streptavidin-HRP (Dako, Santa Clara, CA, Cat. #: P0397).

134

135 **Loading Cells with Zinc**

136 Cells were incubated with 40 μ M ZnSO₄ for 6 h/37 °C in -FBS media and then washed with PBS.
137 Then the fluorescent zinc indicator, FluoZin-3 AM, was incubated with cells according to the
138 manufacturer's instructions. Briefly, a 2 mM stock solution of FluoZin-3 AM (Thermo Fisher
139 Scientific; Cat. #: F24195) in DMSO was diluted to a final concentration of 5 μ M in FluoroBrite
140 DMEM Media (Thermo Fisher Scientific; Cat. #: A1896701). Cells were incubated with FluoZin-3
141 AM for 1 h/37 °C with 5% CO₂, followed by a 30 min wash in FluoroBrite DMEM Media at 37 °C.
142 Imaging was performed immediately after washing. To apply Pluronic F-127 non-ionic surfactant
143 during the staining procedure, the stock solution of the zinc indicator was mixed with an equal

144 volume of Pluronic F-127 20% (w/v) solution (Thermo Fisher Scientific; Cat. #: P3000MP) and then
145 the mixture was diluted in phosphate-free Hank's balanced salt solution, making the final Pluronic
146 concentration 0.025%.^{6,7}

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148 **RNA Isolation, cDNA Synthesis and Reverse Transcription Quantitative Real-Time PCR**
149 **(RT-qPCR)**

150 Total RNA was isolated from cells by using an RNeasy Mini Kit System (Qiagen, Hilden, Germany;
151 Cat. # 74104) according to the manufacturer's protocol. cDNAs were synthesized by using a
152 SuperScript™ III First-Strand Synthesis System (Thermo fisher, Cat. #: 18080051) with 1 µg of total
153 RNA. Real-time PCR was performed by using the Platinum™ SYBR™ Green qPCR
154 SuperMix-UDG (Thermo Fisher, Cat #: 11733046) with a CFX96 thermocycler (Bio-Rad, Hercules,
155 CA). The relative mRNA levels of *CD63*, *CD81*, *FtH* and *FtL* were calculated using the $2^{-\Delta\Delta C_q}$
156 method⁸⁻¹⁰ and normalized to *GAPDH*. Primers are listed in **Supplemental Table 5**.

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158 **Native-PAGE, Prussian Blue Staining and Immunoblotting Analysis**

159 To determine whether ferritin in cells and EVs store iron after incubation with FAC, total cell
160 extracts or EVs were resolved by 7.5% native PAGE and then stained with a mixture (1:1; v/v) of 2%
161 $K_4Fe(CN)_6$ and 2% 11.6 M HCl prepared immediately before use.^{11,12} Cellular expression of FtH-

162 and FtL- chain was identified using the same native PAGE procedure followed by immunoblotting
163 analysis with anti-FtL and -FtH antibodies listed in **Supplemental Table 4**.

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165 **Statistical Analysis**

166 Statistical analyses were conducted using GraphPad, Prism 8 (GraphPad Software, San Diego, CA).

167 Results are presented as mean \pm standard error of the mean (SEM) of 3 independent experiments and

168 were compared using Student's *t*-test. Results were considered significant when $p < 0.05$.

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171 **Supplemental Table 1. List of cell-types used in this study**

Reagent type (species) or resource	Designation	Source or reference	Identifiers
Cell line (Homo sapiens)	HEK293T	Riken Bank	RCB2202
Cell line (Homo sapiens)	IMR90SV	Riken Bank	RCB1024
Cell line (Homo sapiens)	HeLa	Riken Bank	RCB0007
Cell line (Homo sapiens)	HepG2	Riken Bank	RCB1886
Cell line (Homo sapiens)	THP1	Riken Bank	RCB1189

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174 **Supplemental Table 2. List of chemical compounds used in this study**

Reagent type or resource	Designation	Source or reference	Identifiers	Additional information
Chemical compound	Bafilomycin A1	Medchem	HY -100558	
Chemical compound	Ferric ammonium citrate	Sigma-Aldrich	F5879	
Chemical compound	Deferasirox	Novartis Pharma	147868	
Chemical compound	polyethylenimine HCl MAX 4000	Polysciences, Inc	24885-2	Reed SE <i>et al.</i> 2006
Chemical compound	Lenti-X concentrator	Takara-Bio	631231	
Chemical compound	Pluronic F-127	Thermo Fisher	P3000MP	
Chemical compound	FluoZin™ -3、AM	Thermo Fisher	F24195	

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178 **Supplemental Table 3. List of shRNAs used in this study**

Reagent type (species) or resource	Designation	Source or reference	Identifiers
Genetic reagent (shRNA) / (Homo sapiens)	human IRP1 #1	Sigma-Aldrich	TRCN0000333171
Genetic reagent (shRNA) / (Homo sapiens)	human IRP1 #2	Sigma-Aldrich	TRCN0000333172
Genetic reagent (shRNA) / (Homo sapiens)	human IRP2 #1	Sigma-Aldrich	TRCN0000029191
Genetic reagent (shRNA) / (Homo sapiens)	human IRP2 #2	Sigma-Aldrich	TRCN0000335543
Genetic reagent (shRNA) / (Homo sapiens)	human NCOA4	Sigma-Aldrich	TRCN0000236186
Genetic reagent (shRNA)	Scrambled shRNA	Addgene	RRID:Addgene_1864

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181 **Supplemental Table 4. List of antibodies used in this study**

Reagent type or resource	Designation	Source or reference	Identifiers	Additional information
Antibody	mouse anti-human CD63	Thermo Fisher Scientific	10628D	IB;1:1000, IF;1:500
Antibody	rabbit anti-human PDI	Cell Signaling Technology	3501S	IB;1:1000
Antibody	rabbit anti-human IRP1	Cell Signaling Technology	20272S	IB;1:4000
Antibody	rabbit anti-human IRP2	Cell Signaling Technology	37135S	IB;1:2000
Antibody	rabbit anti-human calnexin	Cell Signaling Technology	2679S	IB;1:2000
Antibody	rabbit anti-human CD81	Cell Signaling Technology	56039S	IB;1:1000, IF;1:200
Antibody	rabbit anti-human FtlH	Santa Cruz	sc25617	IB;1:1000, IF;1:200
Antibody	rabbit anti-human FtlL	Abcam	69090	IB;1:2000
Antibody	rabbit anti-LC3B	MBL	PM036	IB;1:1000
Antibody	mouse anti-human β -actin	Wako	017-24556	IB;1:5000

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Antibody	mouse anti-human α -tubulin	Sigma	049K4764	IB;1:5000
Antibody	mouse anti-human Lamp2	Santa Cruz	sc18822	IB;1:2000
Antibody	rabbit anti-human NCOA4	Thermo Fisher Scientific	PA5-96398	IB;1:1000, IF;1:200
Antibody	mouse anti-human HERC2	BD Transduction Laboratories	612366	IB;1:2000
Antibody	Highly cross-absorbed H+L secondary antibodies conjugated to Alexa 488	Life Technologies	A11029	IF;1:2000
Antibody	Highly cross-absorbed H+L secondary antibodies conjugated to Alexa 488	Life Technologies	A11008	IF;1:2000
Antibody	Highly cross-absorbed H+L secondary antibodies conjugated to Alexa 568	Life Technologies	A11031	IF;1:2000
Antibody	Highly cross-absorbed H+L secondary antibodies conjugated to Alexa 568	Life Technologies	A21069	IF;1:2000
Antibody	Highly cross-absorbed H+L secondary antibodies conjugated to Alexa 647	Life Technologies	A21244	IF;1:2000

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184 IB; immunoblotting, IF; immunofluorescence

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186 **Supplemental Table 5. List of primers for RT-qPCR in this study**

	Forward (5'-3')	Reverse (5'-3')	Additional information
	CD63 ATGCAGGCAGATTTTAAGTGCT	GTTCTTCGACATGGAAGGGATT	Kudo K <i>et al.</i> 2018
	CD81 GGGAGTGGAGGGCTGCACCAAGTGC	GATGCCACAGCACAGCACCATGCTC	ZHANG Y <i>et al.</i> 2020
	FtH ACTGATGAAGCTGCAGAACC	GTCACCCAATTCTTTGATGG	Huang BW <i>et al.</i> 2013
	FtL CAGCCTGGTCAATTTGTACCT	CGGTCGAAATAGAAGCCCAGAG	Huang BW <i>et al.</i> 2013
187	GAPDH CCAAAATCAGATGGGGCAATGCTGG	TGATGGCATGGACTGTGGTCATTCA	ZHANG Y <i>et al.</i> 2020

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235 **SUPPLEMENTAL FIGURE LEGENDS**

236 **Supplemental Figure 1: Expression of CD63 is increased by cellular iron-loading and decreased**
237 **by iron depletion in (A-D) HeLa and (E-H) HepG2 cells. (A)** Confocal immunofluorescence
238 microscopy analysis of HeLa cells that were incubated in the absence or presence of 10 µg/mL FAC
239 or 5 µM DFX for 16-h/37°C (-FBS). Cells were then fixed and stained with anti-CD63 (red) or CD81
240 (green) antibodies. Scale bar = 10 µm. Photographs are typical from 3 experiments. **(B)** Quantitation
241 of CD63 and CD81 as intensity/cell of the data in **(A)** was performed using Fiji software. Results are
242 from the analysis of >60 cells/condition over 3 experiments. **(C)** Immunoblotting analysis of HeLa
243 cells that were incubated in the absence or presence of 10 µg/mL FAC or 5 µM DFX for 16-h/37°C
244 (-FBS). Cells were lysed in lysis buffer and 20 µg of protein/sample analyzed with anti-CD63,
245 anti-CD81, anti-FtH and anti-β-actin antibodies. **(D)** Quantitation of CD63, CD81 and FtH intensity
246 from the immunoblotting analysis in **(C)**. **(E)** Confocal immunofluorescence microscopy analysis of
247 HepG2 cells that were incubated in the absence and presence of 10 µg/mL FAC or 5 µM DFX for
248 16-h/37°C (-FBS). Cells were then fixed and stained with anti-CD63 (red) or CD81 (green)
249 antibodies. Scale bar = 10 µm. Photographs are typical from 3 experiments. **(F)** Quantitation of CD63
250 and CD81 as intensity/cell of the data in **(E)** was performed using Fiji software. Results are from the
251 analysis of >60 cells/condition over 3 experiments. **(G)** Immunoblotting analysis of HepG2 cells that
252 were incubated in the absence or presence of 10 µg/mL FAC or 5 µM DFX for 16-h/37°C (-FCS).

253 Cells were lysed in lysis buffer and 20 µg of protein/sample analyzed with anti-CD63, anti-CD81,
254 anti-FtH and anti-β-actin antibodies. **(H)** Quantitation of CD63, CD81, and FtH intensity from the
255 immunoblotting analysis in **(G)**. Results are mean ± SEM (3 experiments). Analysis of significance
256 determined in **(B, D, F and H)** was performed using Student's *t*-test; *, $p<0.05$; **, $p<0.01$; ***,
257 $p<0.001$; ****, $p<0.0001$.

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259 **Supplemental Figure 2: CD63 protein expression is induced by iron, but not by Zn(II)-loading**
260 **of cells.** **(A)** IMR90SV cells were incubated with 40 µM ZnSO₄ for 6-h/37 °C in -FBS media. After
261 washing cells with PBS, cells were incubated with 5 µM FluoZin-3 AM and 0.025% Pluronic F-127
262 for 1-h/37 °C, followed by a 30 min wash in FluoroBrite DMEM Media at 37 °C. **(B)** Quantitation of
263 FluoZin-3 AM intensity in **(A)**. **(C)** IMR90SV cells were incubated with 40 µM ZnSO₄ or 10 µg/mL
264 FAC for 6-h/37 °C in -FBS media. The relative mRNA levels of *CD63*, *CD81*, *FtH* and *FtL* were
265 calculated using the $2^{-\Delta\Delta C_q}$ method and normalized to *GAPDH*. **(D)** IMR90SV cells were incubated
266 with 0, 5, 20 and 40 µM ZnSO₄ or 10 µg/mL FAC for 24-h/37 °C in -FBS media. Cells were lysed in
267 lysis buffer and 20 µg of protein/sample analyzed with anti-CD63, anti-CD81, anti-FtH, anti-FtL and
268 anti-β-actin antibodies. **(E)** Quantitation of CD63, CD81, FtH and FtL intensity from the
269 immunoblotting analysis in **(D)**. Results are mean ± SEM (3 experiments). Analysis of significance

determined in (B, C and E) was performed using Student's *t*-test; **, $p<0.01$; ***, $p<0.001$; ****, $p<0.0001$.

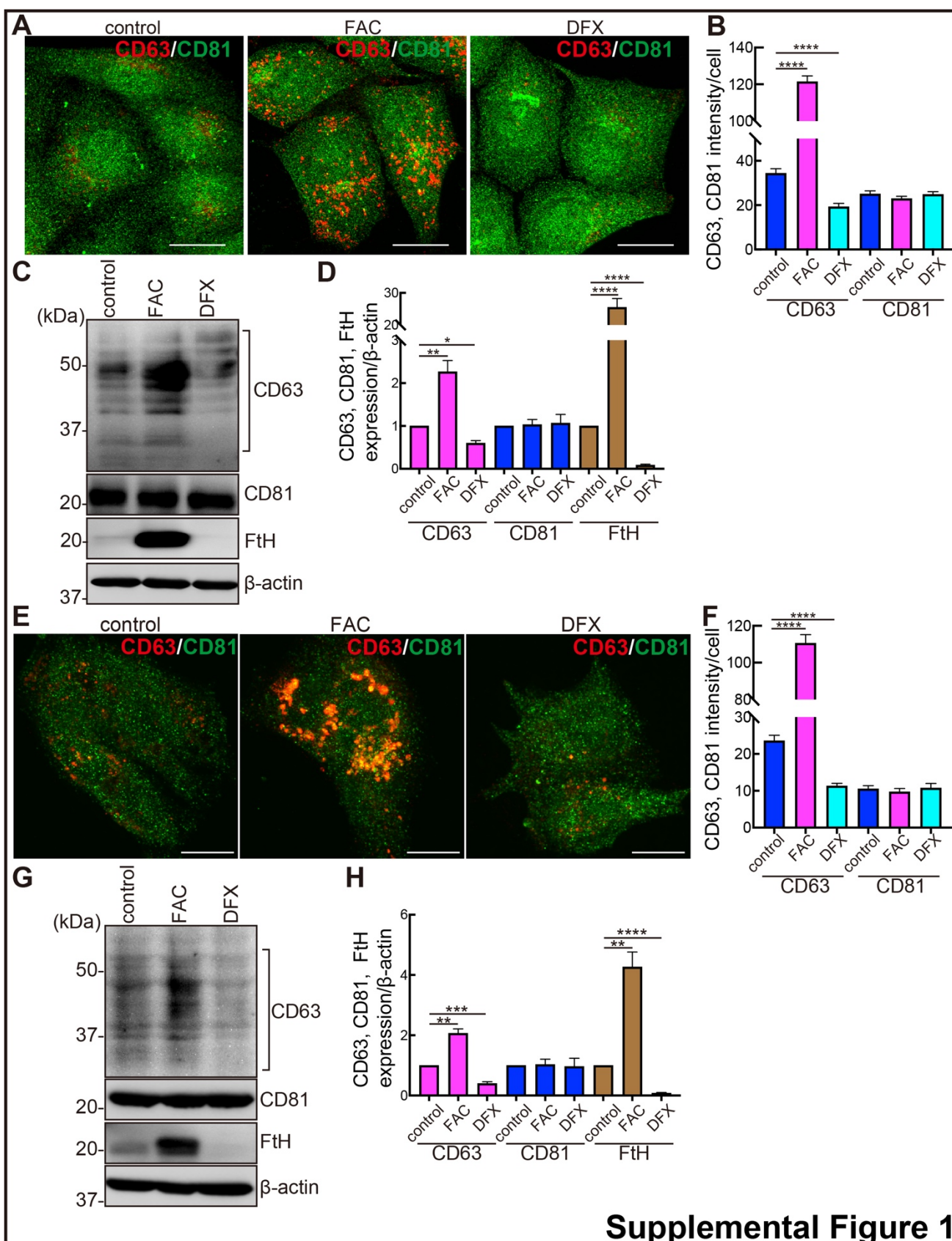
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Supplemental Figure 3: Expression of CD63 in cells and EV's is increased by cellular iron-loading of THP1 cells. (A) Immunoblotting analysis of THP1 cells incubated in the presence of 5 or 20 $\mu\text{g/mL}$ FAC for 24-h/37°C (-FBS). Cells or EVs were prepared in lysis buffer, the protein concentration was measured by the BCA assay, and 20 μg of protein/sample analyzed using anti-CD63, anti-CD81, anti-FtH, and anti-FtL antibodies. (B) Quantitation of CD63, CD81 and FtH intensity from the immunoblotting analysis in (A). (C) THP1 cells were incubated in the presence of 5 or 20 $\mu\text{g/mL}$ FAC for 48-h/37°C (0.5% FBS). Isolated EVs from cell culture supernatants were collected by the procedures described in the *Materials and Methods* section. Twenty μg of EV protein/sample were then analyzed by immunoblotting with anti-CD63, anti-FtH, anti-FtL and anti-CD81 antibodies. (D) Quantitation of CD63, CD81, FtH and FtL were normalized by Ponceau S staining in (C). (E) Quantification of FtH expression as a ratio between EVs/cells from data in (A) and (C). Results are mean \pm SEM (3 experiments). Significance was determined using the Student's *t*-test; *, $p<0.05$; **, $p<0.01$; ***, $p<0.001$; ****, $p<0.0001$.

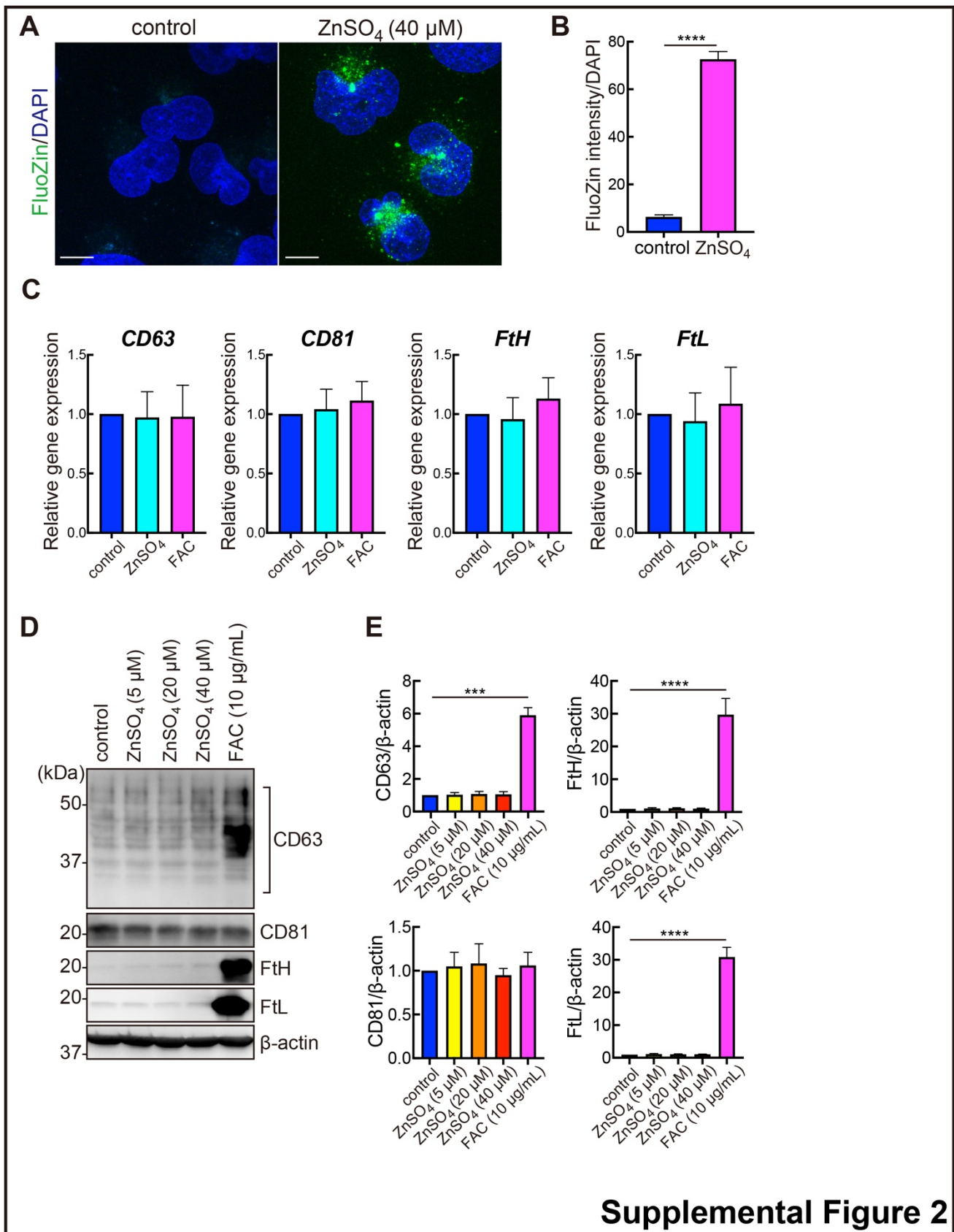
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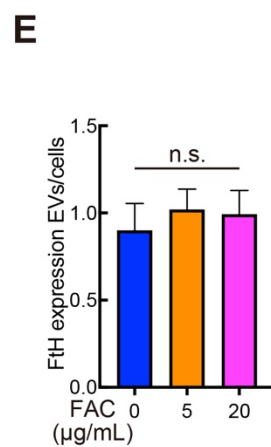
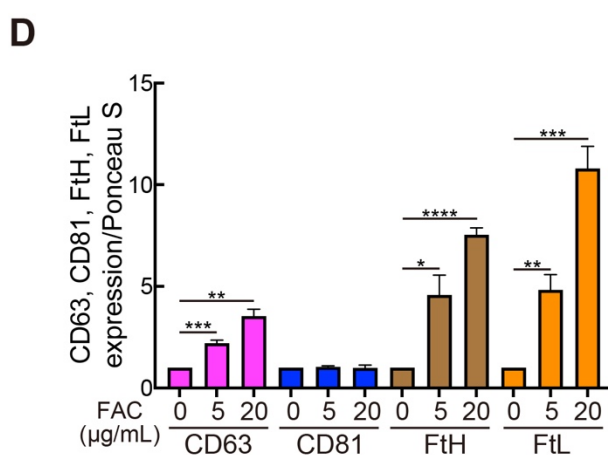
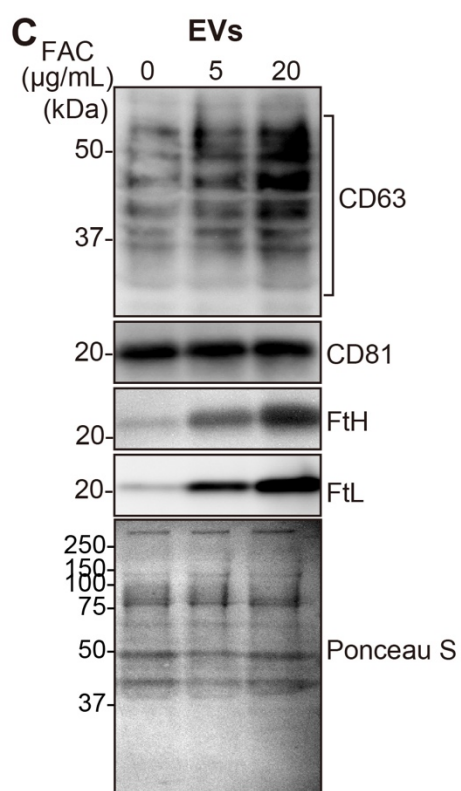
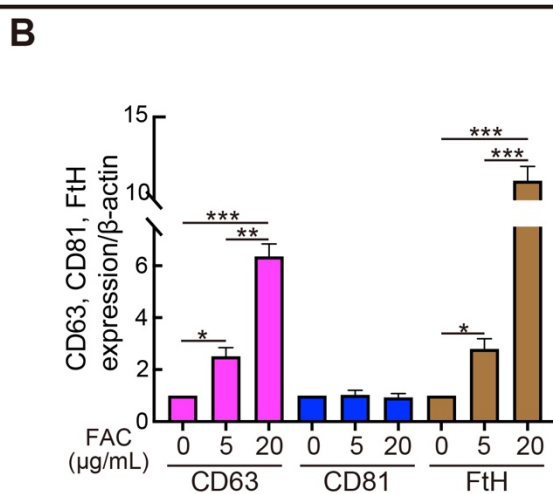
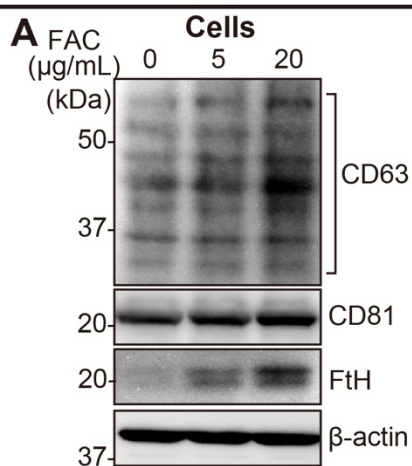
287 **Supplemental Figure 4: Confocal immunofluorescence microscopy demonstrates that NCOA4**
288 **forms larger fluorescent foci upon incubation with iron. (A)** IMR90SV cells were incubated with
289 10 µg/ml FAC (-FBS) for 2-24 h/37°C. Cells were fixed with 4% PFA and stained with anti-NCOA4
290 antibodies and DAPI. Scale bar (upper panel- (i)) = 10 µm; Scale bar (lower panel- (ii)) = 2 µm.
291 Photographs are typical from 3 experiments. Quantitation of the number (B) and size (C) of NCOA4
292 in (A). For analysis, >20 cells were examined *per* condition over 3 experiments. Significance was
293 determined using Student's *t*-test; *, $p<0.05$; ***, $p<0.001$; ****, $p<0.0001$. (D) IMR90SV cells
294 were incubated with 20 µg/ml FAC (-FBS) for the indicated time. Cells were lysed in lysis buffer and
295 20 µg of protein/sample analyzed by immunoblotting with anti-HERC2, anti-IRP2, anti-NCOA4,
296 anti-FtL, anti-FtH and anti-β-actin antibodies. Results are mean ± SEM (3 experiments). (E)
297 Quantitation of HERC2, IRP2, NCOA4, FtL and FtH protein levels from the immunoblotting
298 analysis in (D). Significance was determined by Student's *t*-test; *, $p<0.05$; **, $p<0.01$; ***,
299 $p<0.001$; ****, $p<0.0001$.

300



Supplemental Figure 1





Supplemental Figure 3

