

# The outcome of pediatric patients undergoing congenital cardiac surgery under pulsatile cardiopulmonary bypass in different frequencies

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**Purpose:** To investigate the influence and possible pathophysiological mechanism of pulsatile cardiopulmonary bypass (CPB) in various frequencies in pediatric patients undergoing congenital cardiac surgery.

**Patients and methods:** Clinical data and hemodynamic parameters were collected in 80 patients who underwent congenital cardiac surgeries and were perfused in different settings: pulsatile perfusion (PP) in frequencies of 30 beats/min, PP 60 beats/min, PP 100 beats/min and non-pulsatile perfusion (NP). Serum proteins, plasma-free hemoglobin (PFH), endothelin-1 (ET-1) and nitric oxide (NO) were collected to study possible pathophysiological changes, possible hematological injury and oxidative status under different perfusing conditions.

**Results:** Patients in all groups had similar baseline characteristics, aortic cross-clamping time and CPB duration. More effective pulse gradient (PG), energy-equivalent pressure (EEP) and surplus hemodynamic energy (SHE) were observed in pulsatility with lower frequency setting, under which more patients achieved physiologically normal mean arterial pressure (MAP), without the support of inotropic agents during bypass. Significant between-group differences of serum proteins and PFH were absent the whole time during and after bypass, while a relatively lower percentage of perioperative requirement of diuretics was observed in the low frequency pulsatile group. A better performance to oxidative stress was seen in the low frequency group with higher levels of NO and lower concentration of ET-1, and both intergroup differences were found ( $P < 0.01$ ). Satisfactory clinical outcome was obtained on post procedure course in all groups.

**Conclusion:** Pulsatile perfusion with low frequency setting in pediatric patients undergoing congenital cardiac surgery showed better hemodynamic profiles, potential protective effects on vital organs, better oxidative status and satisfactory clinical outcome.

**Keywords:** pulsatile perfusion, cardiopulmonary bypass, frequency, congenital cardiac surgery

## Introduction

Cardiopulmonary bypass (CPB) may lead to varying degrees of vital organ injuries, of which the incidence is reported to be 1%–5% in pediatric patients.<sup>1</sup> Several investigators have recommended pulsatile cardiopulmonary bypass, offering pulsatile perfusion (PP) that mimics physiological waveforms which is supposed to be more beneficial in vital organ protection than non-pulsatile perfusion (NP) during extracorporeal circulatory support.<sup>2,3</sup>

The advantage of PP is mainly based on the fact that it provides extra stimulus which hemodynamically affects tissue microcirculation. Previous studies have demonstrated that PP has more positive effects on postoperative recovery of the respiratory system

compared with NP, which results in unbalanced flow distribution, compromising peripheral and vital organ circulation.<sup>4</sup> Investigations on tissue perfusion have confirmed advantageous effects of pulsatile pattern, as deduced by the alleviation of systemic inflammatory response after CPB.<sup>5</sup>

However, the comparison of pulsatile and non-pulsatile flow mode with regard to the damage of blood components remains controversial,<sup>6</sup> and moreover, some other researchers have claimed that no superiority has been observed in postoperative recovery or surgical prognosis.<sup>7,8</sup> Studies on pulsatile vs non-pulsatile patterns rarely reach consensus to support or oppose PP as confictions exist in mortality, surgical complications, impairments of vital organs and neurologic dysfunction.<sup>9</sup> Similarly, to the best of our knowledge, few studies have so far focused explicitly on the impact of pulsatile frequency on pathophysiological changes during CPB.

Recently, we launched a study to investigate the clinical profile and possible mechanism in pediatric patients undergoing congenital cardiac surgery during CPB in a heart-lung machine running in various pulse frequencies or conventional non-pulsatile fashion.

## Materials and methods

### Patients and surgical preparation

Clinical data were collected in 80 cases of pediatric patients undergoing congenital cardiac surgeries under PP in different pulse frequencies matched with control cases in NP. Random allocation was done consecutively via “Research Randomizer Program” (<http://www.randomizer.org>). Cases were randomly divided into four groups: PP with pulse frequency 30 beats/minute (Group A, n=20); PP with pulse frequency 60 beats/minute (Group B, n=20); PP with pulse frequency 100 beats/minute (Group C, n=20); and NP control group (Group D, n=20). Cases allocated in the current study had non-cyanotic congenital cardiac malformations, including ventricular septal defect (52 cases), ventricular septal defect combined with atrial septal defect (16 cases), ventricular septal defect with patent ductus arteriosus (7 cases) and pulmonary stenosis (5 cases). Patients with cyanotic or complex cardiac anomalies, severe pulmonary hypertension, severe multiple organ dysfunction or aortic cross-clamp period less than 40 minutes were all excluded in this study.

The study protocol was approved by the ethical committee of Guangdong General Hospital, and all patients provided written informed consent for this study.

### CPB establishment and surgery

Median sternotomy was performed under general anesthesia in every case. After arterial cannulation of ascending aorta

and bicaval cannulation of the right atrium, CPB was started routinely via a Stöckert S5 roller pump (Stöckert Instruments, Sorin Group, Munich, Germany). CPB was connected to a membrane oxygenator (CAPIOX SX10R Oxygenator; Terumo Medical Co., Ann Arbor, MI, USA), in which the extracorporeal circuit was primed with 150–250 mL of lactated Ringer’s solution, 10 mg of heparin, 1 mg/kg furosemide, 0.5 g of MgSO<sub>4</sub> and red blood cells 100 mL. CPB was maintained at a pump flow rate of 100 to 150 mL/kg/min, with rectal temperature ranging from 30°C to 34°C after the heart was arrested. Anterograde crystalloid cardioplegic solution was used in each case, with activated clotting time (ACT) maintained above 480 second during bypass. PP was commenced after aortic cross-clamp, with frequencies according to group settings (30 beats/minute, 60 beats/minute, 100 beats/minute or non-pulsatile blank control), base flow 30% and pulse width set at 30%. Fluid level was supervised intensively during CPB, and hemodynamic parameters were recorded at 3-minute intervals. Mean arterial pressure (MAP) was maintained between 25 and 60 mmHg, and phenylephrine shots were given in case of hypotension (<20 mmHg). Lactated Ringer’s solution was added to the reservoir when fluid loss was indicated through the fluid gauge. After removal of the aortic cross-clamp, the heart was re-perfused, and PP setting was terminated when acceptable contractility was reached. The patient was re-warmed until nasopharyngeal temperature and rectal temperature reached 36.0°C and 34°C, respectively. After discontinuation of extracorporeal circulation (ECC), 4 mg/kg of protamine was administered for heparin neutralization.

### Clinical documentation and tests

Hemodynamic parameters were monitored and recorded during surgical course. To quantify pulsatility, arterial pressure gradient was used to evaluate native pulsatile flow and was equivalent to pulse pressure. Arterial pressure gradient was calculated according to the formula: Arterial pressure gradient = systolic pressure – diastolic pressure. The concepts of energy-equivalent pressure (EEP) and surplus hemodynamic energy (SHE) were employed in this study to more accurately evaluate the energy gradient induced by pulsatile flow. According to Shepard’s model,<sup>10</sup> EEP was calculated following this formula:  $EEP = \int QP dt / \int Q dt$ , in which Q is the blood flow (mL/s), P is the instantaneous pressure (mmHg), and t is the time (s). SHE was calculated according to the formula:  $SHE = 1,332 (EEP - MAP) (\text{ergs/cm}^3)$ .<sup>10</sup>

Arterial blood samples were taken from an arterial catheter at baseline (before CPB), and at the time of aortic cross-clamping, separation of CPB and decannulation, 12 hours

and 24 hours after surgery. Analysis of hematocrit, acid–base variables, electrolytes and level of lactic acid were performed on blood gas analysis. Serum proteins such as creatine kinase MB (CK-MB), lactic dehydrogenase (LDH), alanine aminotransferase (ALT), bilirubin, blood urea nitrogen (BUN) and creatinine (Cr) were subjected to blood chemistry workups for the investigation of vital organ function changes during and after CPB. Plasma-free hemoglobin (PFH) was tested using a HemoCue Plasma/Low Hb photometer (HemoCue AB, Ängelholm, Sweden), for the possibility of hematologic damage relevant to CPB. Endothelin-1 (ET-1) and nitric oxide (NO) were also measured to study the status of oxidative stress. ET-1 was determined through the endothelin radioimmunoassay kit (Science and Technology Development Center, PLA General Hospital, Beijing, China), and results were described as ng/L. The measurement of NO was based on the nitrate reductase method, using the NO assay kit (Jiancheng Bioengineering Institute, Nanjing, Jiangsu, China) according to the manufacturer's instructions, in which results were stated in  $\mu\text{mol/L}$ .

One consistent team of physicians in the intensive care unit (ICU) took charge of postoperative management of patients enrolled in the present study. Clinical data were thoroughly documented during the whole operative course, including duration of the aortic cross-clamp, CPB time, duration of mechanical ventilation support, length of ICU stay and any complications which occurred.

## Statistics

Continuous variables are displayed as mean  $\pm$  standard deviation (SD), while categorical variables are presented in percentages. Prior to the comparison of differences between groups, test of normality and the Hartley test for homogeneity of variance were first applied. Analysis of variance (ANOVA) test was used to analyze within-group differences in continuous variables which were normally distributed, and when comparing within-group differences of quantitative variables at specific time checkpoints, repeated measures ANOVA was used – otherwise, one-way ANOVA was used. The chi-squared test was used to compare categorical

variables between groups. A *P*-value less than 0.05 was considered as statistical significance. Software used for statistical analysis was SPSS version 10.0 for Windows (SPSS Inc., Chicago, IL, USA).

## Results

### Patient characteristics

There was no statistically significant difference in preoperative characteristics and patients in all groups had similar ages, body weight and sex distribution. Corrective surgeries were carried out in every case. No procedure at the stage of palliation was performed in this study. Intra-operative variables were documented with respect to the duration of aortic cross-clamp and CPB, in which no significant statistical difference was observed between groups (Table 1).

### Hemodynamic data

After the initiation of pulsatility, the mean arterial pressure gradients were  $21.01 \pm 7.97$ ,  $12.46 \pm 6.53$ ,  $7.58 \pm 4.40$  and  $3.11 \pm 0.67$  mmHg under frequencies of 30 beats/min, 60 beats/min, 100 beats/min and control group, respectively, and between-group differences were observed (Figure 1). Recorded hemodynamic variables are shown in Table 2.

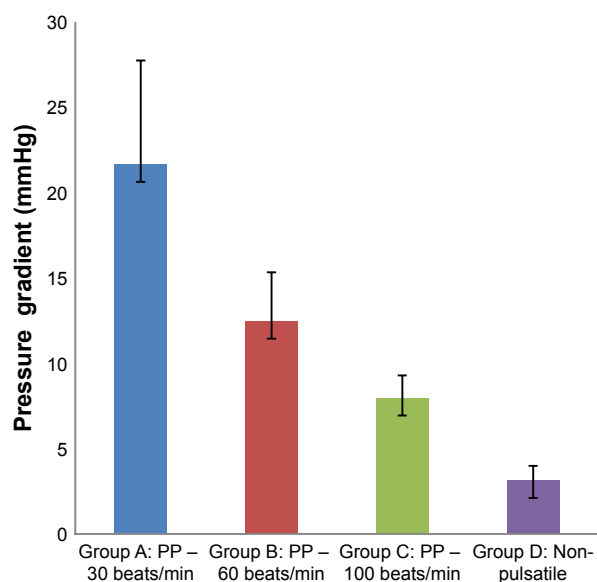
Mean energy-equivalent pressures (EEPs) from Group A to D were  $38.23 \pm 21.08$ ,  $26.09 \pm 17.52$ ,  $10.63 \pm 5.96$  and  $3.18 \pm 1.20$  mmHg, respectively; mean surplus hemodynamic energies (SHE) were  $2,471 \pm 599$ ,  $1,619 \pm 705$ ,  $785 \pm 317$  and  $220 \pm 109$  ergs/cm<sup>3</sup>, and between-group differences of both variables were observed. In Group A, ten cases of 20 (50%) achieved physiologically normal mean arterial pressure (MAP) without the support of inotropic agents during bypass, as compared to five cases (25%), two cases (10%), and one cases (5%) from Group B to D. As more effective pressure gradient and surplus hemodynamic energy could be much easier seen in lower pulsatility settings, MAP had a tendency to reach normal level.

The MAP level was similar between groups at any time points following surgery; however, only six (30%) cases in Group A required continuous inotropic administration 12 hours postoperatively than other groups (30% vs 45%,

**Table 1** Patient characteristics

Groups (n=20)	Age (M)	BW (kg)	Sex (M/F)	CPB (min)	ACC (min)
Group A: pulsatile – 30 beats/min	11.80 $\pm$ 9.84	7.37 $\pm$ 2.48	11/9	104.60 $\pm$ 48.63	57.42 $\pm$ 30.36
Group B: pulsatile – 60 beats/min	11.43 $\pm$ 9.67	7.60 $\pm$ 1.89	13/7	96.08 $\pm$ 30.97	53.85 $\pm$ 27.91
Group C: pulsatile – 100 beats/min	9.87 $\pm$ 6.34	6.81 $\pm$ 3.46	10/10	98.92 $\pm$ 49.35	49.38 $\pm$ 12.55
Group D: non-pulsatile control	10.11 $\pm$ 6.86	7.02 $\pm$ 0.93	8/12	101.43 $\pm$ 28.66	55.60 $\pm$ 23.91
<i>P</i> -value	0.852	0.724	0.456	0.923	0.76

**Abbreviations:** BW, body weight; CPB, cardiopulmonary bypass; ACC, aortic cross-clamp.



**Figure 1** Arterial pressure gradients induced by pulsatile perfusion under various frequencies.

**Abbreviation:** PP, pulsatile perfusion.

75% and 75%,  $P=0.006$ ), and the proportion decreased to four (20% cases) at 24 hours checkpoint (20% vs 30%, 55% and 65%,  $P=0.013$ ). For other examined parameters like central venous pressure (CVP) and urinary output, no significant intergroup differences were obtained at any time points. No patients required hemofiltration or peritoneal dialysis in ICU. Of the 20 cases in Group A, a diuretic was administered in two patients (10%), with a relatively lower percentage than other groups at 12 and 24 hours postoperatively (10% vs 15%, 25% and 20%,  $P=0.630$ ; 10% vs 10%, 30% and 15%,  $P=0.267$ ). However, this did not reach statistical significance.

## Laboratory findings and blood chemistry workups

Laboratory findings and results of blood chemistry workups at different time points are presented in Table 3. Hematocrit (HCT) levels dropped dramatically after the initiation of bypass, mainly because of hemodilution by primed fluid and

remained at relatively low levels in each group during CPB ( $P<0.05$ ); nevertheless, no significant within-group difference was obvious. Central venous oxygen saturation (SvO<sub>2</sub>) was significantly lower and lactic acid level was significantly higher after commencement of CPB in all groups ( $P<0.001$ ), but again significant difference was absent between groups. Impaired peripheral perfusion during CPB might be the reason for the changes of SvO<sub>2</sub> and lactic acid.

Serum CK-MB and LDH levels abruptly increased after CPB, compared to preoperative baseline ( $P<0.001$ ), but intergroup differences of the two cardiac enzymes were statistically insignificant, at each time checkpoint. Concentration of serum CK-MB reached its peak after weaning off the bypass and gradually decreased in ICU, while serum LDH still increased abruptly after surgery and peaked at 24 hours postoperatively. It might be the effect of myocardial ischemic-reperfusion injury that led to these changes. Neither level of hepatic and renal serum markers (ALT, bilirubin, BUN and Cr) in comparison with the baseline nor between-group differences of these serum proteins were significant at any time during and after bypass, and no manifestations of hepatic or renal injuries were found in this study.

A certain degree of hematologic damage was confirmed in every group, as PFH temporarily increased during ECC compared with pre-CPB levels ( $P<0.001$ ), but soon declined and recovered after transferring to ICU. Significant intergroup difference was absent for this marker at any time.

For the investigation of oxidative status, concentration of nitric oxide (NO) went up during surgery, and peaked at decannulation, then decreased postoperatively. A higher NO value was observed in Group A when coming off CPB ( $P<0.001$ ). Analogous to NO, ET-1 increased after aortic cross-clamping and also peaked at CPB-off, during which the concentrations of ET-1 were 67.89±32.59, 157.93±51.40, 130.60±65.15 and 163.62±68.13 ng/L from Group A to D, respectively. Lower concentration of ET-1 was seen in lower frequency pulsatility and an intergroup difference was obtained ( $P<0.001$ ).

**Table 2** Perfusion hemodynamic profiles

Groups (n=20)	MAP (mmHg)	PG (mmHg)	CVP (mmHg)	EEP (mmHg)	SHE (ergs/cm <sup>3</sup> )
A	46.83±19.71	21.01±7.79	8.18±3.80	38.23±21.08	2,471±599
B	51.60±25.17	12.46±6.53	7.01±6.49	26.09±17.52	1,619±705
C	47.02±15.66	7.58±4.40	9.77±6.01	10.63±5.96	785±317
D	39.67±20.01	3.11±0.67	7.65±4.22	3.18±1.20	220±109
P-value	0.329	<0.001	0.394	<0.001	<0.001

**Abbreviations:** MAP, mean arterial pressure; PG, pressure gradient; CVP, central venous pressure; EEP, energy-equivalent pressure; SHE, surplus hemodynamic energy.

**Table 3** Blood chemistry findings, vital organ biomarkers, studies of hematologic trauma and preoperative oxidative status under different pulsatile perfusion settings

Variables	Groups (n=20)	T <sub>1</sub> (pre-CPB)	T <sub>2</sub> (aortic cross-clamp)	T <sub>3</sub> (CPB-off)	T <sub>4</sub> (12 hours after surgery)	T <sub>5</sub> (24 hours after surgery)	P <sub>1</sub> -value
HCT (%)	A	34.08±8.35	20.19±6.87	24.33±8.50	26.71±9.17	26.88±10.11	<0.001
	B	32.90±11.74	22.07±8.10	21.68±10.24	27.42±10.53	26.99±8.17	<0.001
	C	30.67±7.44	18.92±10.01	25.47±7.18	24.39±8.53	23.13±6.42	<0.001
	D	36.22±5.86	21.75±8.42	21.54±6.61	22.09±4.39	24.50±5.57	<0.001
	P <sub>2</sub> -value	0.237	0.616	0.345	0.19	0.323	
SvO <sub>2</sub> (μmol/L)	A	48.26±13.91	21.39±9.52	46.61±17.74	51.01±8.56	52.26±9.84	<0.001
	B	46.59±20.02	19.55±6.70	38.59±20.12	50.62±8.73	53.18±18.95	<0.001
	C	40.25±12.74	23.61±11.71	41.09±17.52	46.18±20.34	49.45±22.67	<0.001
	D	49.49±13.56	23.48±6.50	50.65±11.67	47.51±23.02	53.20±14.40	<0.001
	P <sub>2</sub> -value	0.242	0.423	0.116	0.748	0.887	
Lactic acid (mmol/L)	A	1.08±0.44	4.61±1.82	4.15±2.37	3.38±1.41	2.92±0.92	<0.001
	B	1.29±0.72	5.01±0.93	3.31±1.65	3.82±1.54	2.41±1.03	<0.001
	C	0.92±0.15	4.44±0.76	3.63±0.93	4.05±0.99	2.33±0.85	<0.001
	D	1.01±0.64	4.78±1.90	3.56±0.41	3.91±1.05	2.39±0.92	<0.001
	P <sub>2</sub> -value	0.167	0.639	0.371	0.38	0.1	
CK-MB (IU/L)	A	12.25±4.73	20.6±9.17	62.58±20.29	96.44±39.90	145.08±60.22	<0.001
	B	17.06±6.58	21.07±12.12	64.75±28.53	102.08±45.77	150.21±54.95	<0.001
	C	12.85±3.91	16.71±6.39	59.66±31.07	87.61±26.60	134.08±60.22	<0.001
	D	15.44±8.82	19.46±6.45	52.03±16.40	101.05±40.42	127.44±43.82	<0.001
	P <sub>2</sub> -value	0.062	0.409	0.396	0.631	0.556	
LDH (IU/L)	A	125.68±60.54	187.81±50.35	652.91±118.34	1,241.7±452.69	962.33±256.21	<0.001
	B	133.40±51.33	186.44±60.74	710.24±218.57	1,185.43±310.74	1,210.59±520.67	<0.001
	C	172.05±77.50	199.55±72.46	755.38±202.45	1,048.50±581.43	981.82±471.01	<0.001
	D	137.65±62.16	177.15±53.25	725.07±194.50	1,244.59±480.65	1,172.79±666.26	<0.001
	P <sub>2</sub> -value	0.11	0.703	0.375	0.512	0.278	
ALT (U/L)	A	18.89±8.60	17.24±4.55	20.21±5.06	18.76±4.80	18.88±6.28	0.658
	B	17.27±6.51	17.49±4.06	18.38±3.71	19.24±5.84	21.01±4.60	0.134
	C	15.65±4.23	15.06±6.21	19.46±7.50	19.27±4.25	18.73±9.07	0.089
	D	14.54±5.72	17.89±5.07	17.56±5.70	17.89±5.58	16.62±7.56	0.351
	P <sub>2</sub> -value	0.168	0.291	0.469	0.448	0.285	
Bilirubin (μmol/L)	A	10.53±2.45	14.17±4.29	11.85±6.26	11.54±4.35	13.86±6.04	0.092
	B	13.44±5.86	12.93±6.00	10.48±5.94	11.68±3.42	13.38±5.17	0.346
	C	12.34±4.71	10.68±5.17	11.63±4.73	12.08±5.02	12.77±7.81	0.805
	D	12.08±5.60	12.54±7.06	13.71±4.34	12.87±3.98	11.93±5.83	0.852
	P <sub>2</sub> -value	0.306	0.289	0.302	0.755	0.789	
BUN (μmol/L)	A	4.52±1.33	6.01±3.40	6.18±2.90	4.44±2.51	5.81±3.39	0.135
	B	5.70±2.19	4.88±2.21	7.17±3.72	4.89±2.55	4.58±4.51	0.076
	C	4.57±2.89	6.06±4.92	7.82±2.83	6.02±1.93	6.39±3.67	0.062
	D	3.61±3.38	4.97±2.34	5.53±2.91	5.08±2.12	6.06±4.54	0.168
	P <sub>2</sub> -value	0.092	0.546	0.102	0.178	0.522	
Creatine (μmol/L)	A	64.72±21.80	70.88±41.11	72.83±19.96	80.65±26.07	82.33±22.82	0.241
	B	79.56±32.64	65.90±22.96	70.52±22.75	78.81±34.01	80.98±32.44	0.41
	C	88.53±52.73	84.61±28.98	69.84±44.65	88.32±20.99	89.89±31.73	0.425
	D	72.43±30.84	81.53±39.04	80.56±38.93	83.73±28.94	85.55±19.45	0.744
	P <sub>2</sub> -value	0.205	0.263	0.727	0.723	0.736	
PFH (μg/mL)	A	20.04±8.17	97.73±25.37	421.52±101.89	82.71±40.07	62.58±11.43	<0.001
	B	21.33±7.53	103.55±36.48	395.66±94.42	90.84±28.68	57.67±29.08	<0.001
	C	20.22±6.51	105.61±29.46	401.77±81.58	88.52±33.15	71.75±31.84	<0.001
	D	20.58±6.19	100.95±40.01	416.54±144.83	100.64±43.82	68.51±26.65	<0.001
	P <sub>2</sub> -value	0.943	0.89	0.86	0.487	0.33	

(Continued)

**Table 3** (Continued)

Variables	Groups (n=20)	T <sub>1</sub> (pre-CPB)	T <sub>2</sub> (aortic cross-clamp)	T <sub>3</sub> (CPB-off)	T <sub>4</sub> (12 hours after surgery)	T <sub>5</sub> (24 hours after surgery)	P <sub>1</sub> -value
NO (μmol/L)	A	121.46±96.22	118.66±85.58	399.73±121.82	199.45±72.20	166.54±53.07	<0.001
	B	103.39±73.85	120.73±79.04	285.60±99.55	201.82±91.15	143.81±67.67	<0.001
	C	129.80±71.02	141.06±50.36	242.05±115.57	211.01±101.35	129.99±92.74	<0.001
	D	119.57±97.00	96.50±34.74	150.47±93.83	162.03±45.27	135.49±85.50	0.1
	P <sub>2</sub> -value	0.8	0.203	<0.001	0.236	0.451	
ET-I (ng/mL)	A	10.70±8.02	15.94±7.62	67.89±32.59	43.17±30.64	17.17±9.91	<0.001
	B	11.09±6.47	14.66±6.51	157.93±51.40	52.66±18.73	15.35±6.58	<0.001
	C	9.98±6.03	14.88±9.70	130.60±65.15	50.21±29.37	13.59±5.00	<0.001
	D	9.86±5.57	16.03±7.77	163.62±68.13	44.89±17.69	13.86±4.99	<0.001
	P <sub>2</sub> -value	0.924	0.925	<0.001	0.589	0.342	

**Notes:** Results were collected at T<sub>1</sub> (pre-CPB), T<sub>2</sub> (aortic cross-clamp), T<sub>3</sub> (CPB-off), T<sub>4</sub> (12 hours after surgery) and T<sub>5</sub> (24 hours after surgery); P<sub>1</sub>, comparisons of differences between time checkpoints in each group; P<sub>2</sub>, comparisons of within-group differences at specific time checkpoints.

**Abbreviations:** ALT, alanine aminotransferase; BUN, blood urea nitrogen; CK-MB, creatine kinase MB; ET-I, endothelin-I; HCT, hematocrit; LDH, lactic dehydrogenase; NO, nitric oxide; PFH, plasma-free hemoglobin; SvO<sub>2</sub>, central venous oxygen saturation.

## Clinical outcome evaluation

Clinical outcome parameters are displayed in Table 4. There was no in-hospital mortality in this study. ECC was weaned off successfully in every patient; however, one patient in Group A presented with cardiomegaly and compromised contractility, therefore the closure of the sternum was delayed for about 24 hours. Both the duration of mechanical ventilation and the length of ICU stay were similar in all groups. Few surgical-related complications were observed in this study. One patient was diagnosed surgical site infection in Group B and required debridement 20 days after operation. Pneumothorax was found in one case in Group A. These sporadic complications were all properly managed.

## Discussion

The main finding of the current study was that PP in extracorporeal circulation with low frequency was more favorable with regard to vital organ protection and hemodynamics in pediatric patients undergoing congenital heart surgery. The pulsatile CPB with a frequency of 30 beats per minute

resulted in more effective pressure gradient and surplus hemodynamic energy, better performance to oxidative stress, potential protective effects on vital organs during CPB, and satisfactory clinical outcome, without evidence of hemolysis, as well as severe complications in postoperative course. The potential clinical benefits of low frequency PP were thus regarded as better extra-energy effects to provide pulse stimulus to tissue perfusion and peripheral vasculature.

Whether pulsatile CPB is superior to non-pulsatile CPB has been one of the long-lasting controversies in cardiac surgery for decades. PP is far from an ideal recipe. It may lead to hemolysis or blood spallation trauma in roller pumps owing to high speed ejection from the ascending aortic cannula. As many studies have demonstrated no benefit from employing pulsatility during CPB, the opponents of pulsatile CPB emphasize the dearth of irrefutable evidence for its clinical superiorities. Multiple factors may contribute to these disputes: patient selection criteria, patient characteristics, type of surgical procedures, preoperative vital organ function, means of obtaining pulsatility, and so forth.

**Table 4** Clinical outcome profiles

Outcomes	Group A (n=20)	Group B (n=20)	Group C (n=20)	Group D (n=20)	P-value
Diuretic usage – 12 h (%)	10%	15%	25%	20%	0.630
Diuretic usage – 24 h (%)	10%	10%	30%	15%	0.267
Inotropic usage – 12 h (%)	30%	45%	75%	75%	0.006
Inotropic usage – 24 h (%)	20%	30%	55%	65%	0.013
In-hospital mortality (%)	0	0	0	0	–
Mechanical ventilation (hours)	12.06±4.84	10.83±7.04	14.25±6.26	15.64±9.01	0.132
ICU stays (days)	1.36±0.24	1.44±0.57	1.23±0.19	1.45±0.33	0.204
Complications	Delay sternum closure (1 case); pneumothorax (1 case)	Surgical site infection (1 case)			

**Abbreviation:** ICU, intensive care unit.

Some studies from literature are therefore incomparable and lack overwhelming evidences.

The optimal pulsatility should be more biomimetic or physiologic. It should contain the following features: a typical complete stroke volume delivered into the elastic ascending aorta over a typical systolic time and at an appropriate frequency.<sup>11</sup> An appropriate pulsatile frequency enables more physiological flow, effective hemodynamic energy and pressure gradient down into the vital organs and peripheral vasculature, allowing for diastolic perfusion delivery. The pulsatility and the frequency should be in a reasonable manner, otherwise, the self-regulatory system might be impaired. Indeed, few studies have so far enunciated the influence of pulsatile frequency during CPB. In this study, more efficient pressure gradient was obtained in the low frequency pulsatility group, in which MAP came closer to physiological arterial pressure corresponding to infants at similar body weight. In spite of the similarity between high frequency pulsatility and relatively high heart rate in infants under physiological condition, high frequency setting triggers faster hemodynamic energy decaying in each cycle under fixed perfusion flow during CPB. Low frequency setting provides higher hemodynamic energy gradient, and thus imitates a more biomimetic fashion.

To create a successful PP, CPB parameters in the circuit – such as type of equipment, pump settings, aortic cannula, oxygenators, arterial line filters and CPB tube size – and the pulsatile flow delivered to circulation drops from these components should be modified. The shorter and smaller the CPB circuit, the less dampening the effect of pulsatile delivery it might generate. Various means can be chosen to establish a pulse, such as centrifugal and ventricular pumps; however, these methods still have not gained popularity in clinical practice. To clarify and confirm the clinical effects of these parameters contributing to pulsatile delivery, more comparable and well-designed studies are thereby worth carrying out.

Preoperative and postoperative functions of vital organs rely largely on perfusion quality. Especially in the kidney, both urinary volume and various serum proteins change sensitively according to the quality of perfusion, and postoperative renal function has proved to be better under PP in previous studies.<sup>5,12</sup> Plenty of mechanisms describe the salutary impacts of PP on vital organ protection in both animal models and clinical investigations. It has been found that PP attenuates the activation of renin and angiotensin II,<sup>13,14</sup> and also decreases sympathetic system activity, leading to lower blood concentration of catecholamine, which acts as

vasoconstrictors of the renal vascular bed, causing a reduction in the glomerular filtration rate (GFR).<sup>15–18</sup>

Despite the limited number of included cases, there is still some evidence from our study to suggest that PP has some positive effects on vital organ protection during CPB. Albeit, in the absence of intergroup differences, a relatively lower percentage of perioperative requirements of diuretics was observed in the low frequency pulsatile group. Our study did not show any differences of hepatic or renal serum markers (ALT, bilirubin, BUN and Cr) between groups. However, our study included only patients without existing organ dysfunction before surgery, undergoing straightforward procedures with short aortic cross-clamping, and these markers might not be sufficiently raised to indicate organ impairments. If a case has higher risk, complex congenital malformation, presence of preoperative organ dysfunction, longer CPB duration, or more complicated surgical procedure, subsequent organ dysfunction might be detectable. The kidney is a sensitive organ in response to ischemic damage, and, in comparison with BUN and Cr, some available urinary markers are heralded as more powerful predictors of acute renal injury, such as *N*-acetyl- $\beta$ -D-glucosaminidase (NAG), kidney injury molecule-1 (KIM-1) and neutrophil gelatinase-associated lipocalin (NGAL).<sup>19–21</sup> Unfortunately, due to limitations in the laboratory settings, none of these biomarkers were employed in the current study. Certainly, further and deeper investigations are required to ascertain the detailed mechanism of organ protection.

The preoperative impairment of vital organ function is relevant to inflammatory and oxidative status during CPB, meanwhile, the coagulation cascade could be activated by blood component injury induced by the mechanical force of the pump. Inflammatory and endothelial cytokines, such as interleukin-8 (IL-8), ET-1 and monocyte chemoattractant protein-1 (MCP-1), are considered to be downregulated during pulsatile CPB,<sup>5</sup> while concentrations of anti-inflammatory markers like IL-10 are higher.<sup>22</sup> Furthermore, pulsatility promotes the synthesis of NO, and thus regulates the auto-oxidative status.<sup>13,14</sup> Nakano et al<sup>14</sup> reported that pulsatile flow enhanced endothelium-derived NO release, yielding peripheral vasodilation and reduction of peripheral vascular resistance.<sup>5</sup> Our results also revealed better performance to oxidative stress and lower level of ET-1, without hematological injury under low pulsatile settings, which are in accordance with many studies published previously.<sup>5,22</sup> Pulsatility mimics the physiologic state, increases energy flow to the endothelium, and lowers vascular resistance, thus contributing to better perfusion in peripheral vasculature and microcirculation.

In addition to the positive protective impacts of pulsatility physiologically, satisfactory clinical outcomes were obtained in the postoperative course. Our study did not show significant differences with respect to surgical-related complications between groups. In the current study, we focused on clinical outcome parameters only in the early preoperative period, and unsafe or negative effects were not found during and after pulsatile CPB. However, the beneficial impacts on organ protection with respect to low frequency PP in this study did not reach statistical significance in patients with straightforward pediatric congenital cardiac operations. This might either be a result of well-compensated baseline organ function or the uncomplicated surgical process in relatively young age. Again, it should be noted that many investigations available in the literature are based on well-controlled animal experiments and are not comparable with clinical studies, which could be multifactorial and inconsistent. Murkin et al launched a double-blind, randomized study of 316 patients undergoing coronary bypass grafting and demonstrated that pulsatile setting decreased surgical mortality and the incidence of major complications.<sup>23</sup> Similar clinically beneficial effects were also confirmed in other randomized studies.<sup>24–26</sup> Based on the beneficial effects of low frequency pulsatility mentioned above, we may speculate that clinical outcome parameters in this study might reach significant differences in patients with higher surgical risks or advanced age.

## Conclusion

Pulsatile perfusion with low frequency setting in pediatric patients undergoing congenital cardiac surgery showed more effective hemodynamic profiles, potential protective effects on vital organs during CPB and satisfactory clinical outcome, without evidence of hemolytic damage, as well as severe complications in postoperative course.

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## Disclosure

The authors report no conflicts of interest in this work.

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