REVIEW

Recent Advancements of Nanomedicine in Breast Cancer Surgery

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Abstract: Breast cancer surgery plays a pivotal role in the multidisciplinary approaches. Surgical techniques and objectives are gradually shifting from tumor complete resection towards prolonging survival, improving cosmetic outcomes, and restoring the social and psychological well-being of patients. However, surgical treatment still faces challenges such as inadequate sensitivity in sentinel lymph node localization, the need to improve intraoperative tumor boundary localization imaging, postoperative scar healing, and the risk of recurrence, necessitating other adjunct measures for improvement. To address these challenges, specificity-optimized nanomedicines have been introduced into the surgical therapeutic landscape of breast cancer. In particular, this review involves starting with an overview of breast structure and the composition of the tumor microenvironment and then introducing the guiding principle and foundation for the design of nanomedicine. Moreover, we will take the order process of breast cancer surgery diagnosis and treatment as the starting point, and adaptively propose the roles and advantages of nanomedicine in addressing the corresponding issues. Furthermore, we also involved the prospects of utilizing advanced technological approaches. Overall, this review seeks to uncover the sophisticated design and strategies of nanomedicine from a clinical standpoint, address the challenges faced in surgical treatment, and provide insights into this subject matter.

Keywords: breast cancer, surgery procedure, nanomedicine, wound healing, postoperative recurrence

Introduction

Breast cancer, its incidence rate is increasing year by year, has emerged as the top ranking diagnosed.¹ According to data from the Cancer statistics 2024, approximately, 310,720 new cases were reported in 2024, occupied the first place of 32% in the total number of new cases of cancer in female, surpassing lung and colorectum.² Exposure to factors (eg obesity and smoking) prompting tumorigenesis or abnormal occurrences in breast tissue may lead to the development of benign tumors or metastatic cancers.^{[3](#page-20-1)} A significant contributor to decreased survival rates among breast cancer patients is the spread of cancer to diverse organs, such as the bone, liver, lung, brain, and lymph nodes. Breast cancer is categorized into various subtypes, including luminal A, luminal B, human epidermal growth factor receptor-2 (HER2)-positive, and triple-negative breast cancer (TNBC), among others.⁴ The classification of breast cancer into subtypes is crucial for the prognostication of patient response to treatment and the identification of pertinent interventions.

Throughout history, the treatment of breast cancer has gradually evolved to primarily include surgical treatment, complemented by chemotherapy, radiotherapy, endocrine therapy, targeted therapy, and immunotherapy as adjunctive comprehensive treatment approaches. Consequently, the surgical methods for breast cancer have also undergone revolutionary changes[.5](#page-20-3) A milestone event that laid the foundation for modern breast cancer treatment was the radical mastectomy proposed by William Stewart Halsted in 1894, establishing the core role of surgical treatment.^{[6](#page-20-4)} He

Graphical Abstract

advocated for the extent of dissection of breast, pectoral muscles, and axillary lymph nodes. This marked the first successful practice of achieving R0 resection surgery for early-stage breast cancer in human history, significantly improving long-term patient survival, with the postoperative local recurrence rate dropping from 58%**–**85% to 6% and the 5-year overall survival rate reaching 30%. Subsequently, breast cancer surgery has gradually evolved to modified radical mastectomy, and now to the current breast-conserving surgery (BCS) ,⁷ further marking the transformation of breast cancer surgery from a one-size-fits-all approach to a mindset focused on seeking cure, preserving function, and pursuing aesthetic outcomes. It is worth mentioning that our team had developed a single-incision endoscope-assisted breast-conserving surgery (SINA-BCS), which yields excellent cosmetic outcomes and high patient satisfaction.^{[8](#page-20-6)} Furthermore, robot-assisted breast-conserving surgery represents a burgeoning trend in breast surgery, exemplifying the application of modern technology in the medical field.^{9,[10](#page-20-8)}

However, surgical intervention can lead to severe pain and potential complications, such as delayed healing and infection, and the risk of disease recurrence.¹¹ Additionally, the accuracy, false-negative rate, and safety of sentinel lymph node detection in breast cancer surgery are crucial factors that influence prognosis. However, the excessive use of blue dye in domestic practices can lead to rapid imaging of secondary lymph nodes and requires significant exposure of lymphatic vessels, resulting in greater trauma.^{[12](#page-20-10),[13](#page-20-11)} Another key factor in influencing surgical outcomes is obtaining clear margins, ensuring that they are negative on frozen pathology at the anatomical tissue level. Thus, it is important to note that while the technology is still evolving, further research is necessary to optimize and assess the intraoperative tumor

localization and integrity of tumor dissection.¹⁴ On the other hand, one significant advancement in surgery has transformed removing the cancer and reconstructing organ morphology and function, that is breast reconstruction, ultimately improving quality of life.^{[15](#page-20-13)[,16](#page-20-14)} Thus, promoting wound filling and healing and selecting the right prosthesis are crucial for enhancing incisional cosmetic effects and improving the psychological state of patients.

Recent advancements in nanomedicine, coupled with enhanced insights into cancer biology and nano-bio interactions, have facilitated the creation of a range of nanomaterials.¹⁷ Nanomedicine, first mentioned in research literature around 2000, utilized nanoscale or nanostructured materials in medical applications, leveraging nanotechnology to improve human health.¹⁸ Advancing beyond initial cancer nanomedicines, which focus on enhancing the accumulation of nanotherapeutics in solid tumors to minimize off-target effects through tissue-specific targeting, second-generation cancer nanomedicines aim to achieve specific and efficient internalization of nanotherapeutics into tumor cells via cellspecific targeting.¹⁹ These innovations seek to enhance the therapeutic effectiveness of encapsulated anticancer agents by targeting specific tumor tissues, cells, or organelles, through modifying nanocarriers with specific molecules like antibodies, peptides, carbohydrates, and small molecules.²⁰ Hence, specially designed nanoparticles can be used as imaging contrast agents for their distinctive physicochemical and optoelectronic characteristics, exhibiting magnetic properties, and heat generation among other attributes, enabling highly sensitive and high-resolution tumor detection through tumor diagnosis.^{[21,](#page-20-19)22} In addition, through rational design and manufacture of nanomedicine carriers, targeted drug delivery in tumor therapy can be realized.²³ For instance, superparamagnetic iron oxide nanoparticles (SPIONs) have been employed as a contrast agent in magnetic resonance imaging (MRI) for highly sensitive cancer diagnosis.^{[24](#page-20-22),[25](#page-20-23)} Recently, biomaterials can be designed and engineered to interact with biological systems in surgical procedures, such as tissue engineering, regenerative medicine, or medical devices.^{26–28} Accordingly, various categories of biomaterials have been created, encompassing naturally derived materials like collagen, hyaluronic acid, chitosan, as well as a range of synthetic polymers including hydrogels and polyethylene glycol (PEG).^{[29](#page-20-25),[30](#page-20-26)} For example, short designer self-assembling peptide (dSAP) biomaterials offered surgeons a versatile and durable set of tools to integrate the wound microenvironment, providing a significantly safer and more effective hemostatic capacity compared to conventional materials and hemostatic agents. 31

In this review, we will start from the shortcomings encountered in the diagnosis and treatment of breast cancer surgery procedure, then combined with the unique advantages of nanomedicine: (1) aiming to enhance the sensitivity and specificity in the diagnostic process, to achieve earlier and rapid diagnosis of tumors and primary prevention of tumors; (2) aiming to improve the localization of intraoperative tumors and metastatic lymph nodes, more accurately remove tumors, and reduce the risk of postoperative recurrence; (3) aiming to promote the healing of postoperative wounds, improve the patient-oriented cosmetic effect of wounds, and alleviate the psychological burden of patients ([Figure 1\)](#page-3-0). Finally, we would briefly introduce the progress of advanced technologies in the field of breast cancer surgery procedure, which is future trend and research direction.

General Overview of Breast Cancer and Relative Medicine

To better develop nanomaterials applicable during surgical procedures for breast cancer patients, lies in engineering them to efficiently target tumor tissues and effectively deliver therapeutic drugs. Therefore, the key to developing nanomedicines with high therapeutic efficacy, and understanding the anatomy of the breast and its tumor microenvironment (TME) is essential.

Anatomical Structure and Tumor Microenvironment

The majority of the breast extends downward from around the level of the 2nd or 3rd rib to the fold beneath the breast, which typically lies near the 6th or 7th rib. Horizontally, it spans from the edge of the breastbone to the front part of the armpit. 32 Behind the breast lies portions of the fasciae of the pectoralis major, rectus abdominis muscles, external abdominal oblique, and serratus anterior.^{[33](#page-20-29)} The breast primarily consists of fat tissue, known as adipose tissue.^{[34](#page-20-30)} Female breasts are comprised of 12–20 lobes, further subdivided into smaller sections, connected by milk ducts.³⁵ Breast cancer often manifests within the glandular epithelial tissue of the breast. A correct understanding of the anatomical structure of the breast is the foundation for performing breast tumor surgery.

Figure 1 Application and advancement of nanomedicine during breast cancer surgery process. Created in BioRender. Xiangyue, M. (2025) [https://BioRender.com/u57d024.](https://BioRender.com/u57d024) **Abbreviations**: MRI, magnetic resonance imaging; Gold NP, gold nanoparticle; SLNs, sentinel lymph nodes; ROS, reactive oxygen species; CTCs, circulating tumor cells.

After introducing the anatomy of the breast, understanding the TME is crucial for subsequent selection of nanomaterials. The TME is an intricate milieu where dynamic interactions between cells and between cells and the ECM play a significant role in cancer initiation. Communication between stromal and immune cells triggers a series of events that promote tumor progression.³⁶ Regarding the cellular composition, it consists of breast cancer cells and stromal cells, the latter including molecules of tumor-associated fibroblasts (CAFs), immune cells, vascular endothelial cells, and adipocytes.³⁷ In addition, the ECM, a three-dimensional (3D) network composed of proteins such as collagen, laminin, and fibronectin, offers structural support and presents biomechanical and biochemical signals that enable cells to adhere, proliferate, and migrate.^{[38,](#page-21-0)[39](#page-21-1)} Changes in the ECM characteristics may influence cellular behavior and could potentially promote tumor progression. The variability among different tumors and the heterogeneity of tumor cells within breast cancer pose significant challenges for treatment. Hence, it is crucial to identify the alterations in cellular characteristics specific to each type and stage of breast tumors.

Design Principle of Nanomedicine

After introducing the breast anatomical structure and TME, it is necessary to understand the properties of nanomedicine. In 1986, Matsumura and Maeda first demonstrated that macromolecules within a specific molecular range tend to accumulate preferentially in solid tumors through a phenomenon known as the Enhanced Permeability and Retention (EPR) effect.[40](#page-21-2) This discovery has facilitated targeted delivery of macromolecular drugs and nanomedicines to tumor tissues. Nonetheless, a substantial portion (90% or more) of the therapeutic agent tends to accumulate in reticuloendothelial organs such as the liver and spleen, possibly due to uptake by mononuclear phagocytes, specific tumor types, intratumoral pressure, and vascularization.^{[41](#page-21-3),42} For instance, molecules smaller than with hydrodynamic diameters of 5–6 nm, which are below the renal clearance threshold, typically have brief circulatory lifespans. Conversely, nanopar-ticles larger than 200 nm often exhibit poor extravasation into tumors.^{[43](#page-21-5),44} Nanoparticles ranging in diameter from 50 to 150 nm are thus regarded as the ideal size for targeting tumors via the EPR effect.^{[45](#page-21-7)}

On the basis of that, active targeting strategies are utilized to guide nanoparticles towards receptors or surface membrane proteins that are overexpressed on target cells, facilitating internalization and initiating receptor-mediated endocytosis.⁴⁶ Commonly employed engineered modifications encompass antibodies, peptides, and natural polysaccharides, granting them enhanced penetration and immune evasion capabilities.^{47–49} It is worth noting that breast cancers show increased expression of HER2, in which anti-HER2 monoclonal antibodies, such as Trastuzumab (Herceptin®) and Pertuzumab (Perjeta®), have been developed for directly killing cancer cells, delivering cytotoxic chemotherapy through antibody-drug conjugates (ADCs), and targeting nanosized drug delivery vehicles for cancer therapy.⁵⁰ Alternatively, in the past decade, a natural biomimetic targeting approach has gained considerable interest. By cloaking nanocarriers with plasma membranes derived from cancer cells or blood cells, these nanocarriers acquire the homotypic or heterotypic adhesive properties of the source cells.^{[51](#page-21-11)[,52](#page-21-12)} Active targeting is poised as the future of cancer therapy, aligning with the principles of precision medicine.

Classification and Composition of Nanomedicine in Breast Cancer

After comprehensively introducing the characteristics of nanomedicine, we will then categorize nanomaterials into four types: organic, inorganic, biomimetic, and hybrid nanocarriers. Organic and inorganic nanomaterials are categorized according to their chemical composition, specifically whether they consist of carbon-based molecules.⁵³ Organic components mainly consist of liposomes, polymers, and dendrimers, and inorganic components mainly consist of magnetic particles, cationic particles, gold nanoparticles (AuNPs), iron oxide nanoparticles and iron-gold nanoparticles.^{54–58} Furthermore, biomimetic nanoformulations integrate characteristics from biological systems and surfaces to actively interact with targets and improve their biocompatibility.^{[59](#page-21-15),[60](#page-21-16)} These particles are engineered to replicate essential traits observed in nature, enabling them to closely mimic the behavior of natural systems.⁶¹ Due to the diversity of types and properties of nanomaterials, this paper only focuses on nanomaterials that can function in the surgical treatment of breast cancer [\(Figure 2\)](#page-4-0).

The organic nanomedicine has received significant attention due to their low toxicity and high biocompatibility with biological tissues.^{62–64} Liposomes are spherical vesicles characterized by an aqueous core enclosed within phospholipid bilayers, typically ranging in diameter from 50 nm to 1000 nm.^{[65,](#page-21-19)66} For example, the initial FDA-approved nanomedicine, Doxil® (PEGylated liposomal doxorubicin), was now routinely used in clinical practice.⁶⁷ Polymeric nanoparticles, created through polymer self-assembly or self-aggregation, achieve precise targeting and effective utilization of the EPR effect,

Figure 2 Classification and nanoformulations of nanomedicine applied in breast cancer surgery. Created in BioRender. Xiangyue, M. (2025) [https://BioRender.com/e89b081.](https://BioRender.com/e89b081)

leveraging their high molecular weight and structured nanoforms.⁶⁸ Polyethylene glycol (PEG) and polylactic-co-glycolic acid (PLGA) are widely used in breast cancer therapy.^{[69](#page-21-23),[70](#page-21-24)} For example, Lo et al designed a fucoidan/chitosan layered PLGA nanoparticles with enhanced delivery efficiency and increased TNBC immunogenic cell death.⁷¹ Furthermore, dendrimers, a type of hyperbranched polymeric macromolecules, were also widely utilized in drug delivery systems.⁷² Dendrimers offer distinct advantages due to their precise chemical structures and molecular weights, as well as the abundance and density of functional groups available for drug conjugation and targeting sites, which surpass those found in linear polymeric structures.⁷³ A preclinical study demonstrated that Ma et al developed a PD-L1 antibody-conjugated PAMAM dendrimer nanosystem to be gene delivery vectors precisely with branched structure and cooperative multivalency.^{[74](#page-22-2)}

To mitigate the issue of postoperative residual tumor cells and promotion of wound healing, the mucoadhesive properties of nanomaterials are crucial, notably hydrogels. Hydrogels have emerged as highly competitive candidates for wound dressings due to their excellent hydrophilicity, biocompatibility, and 3D porous structure resembling the ECM and have attracted considerable interest from researchers.^{[75](#page-22-3)} For example, Liu et al designed the biodegradable silk fibroin/ perfluorocarbon hydrogel loaded with DOX demonstrated continuous oxygen release in physiological conditions to enhance hypoxia and radiotherapy sensitivity, while also effectively prevented tumor recurrence and reduced the progression of skin radiation damage. Stimuli-responsive hydrogels react to variations in the external environment (such as temperature, pH, or light), enabling them to undergo size or shape adjustments in response to these stimuli. These characteristics hold promising applications in the realm of wound dressing hydrogels.^{[76](#page-22-4)}

Inorganic materials have been utilized in the synthesis of nanostructured materials for diverse applications in drug delivery and imaging. These inorganic nanoparticles are carefully designed and can be tailored to exhibit a broad range of sizes, structures, and geometries.⁷⁷ Carbon nanotubes (CNTs), known for their excellent thermal and electrical conductivity, possess a natural ability to absorb NIR light and convert it into heat through vibrational energy release. This heat induces cell death by mechanisms such as coagulation necrosis, cell membrane rupture, and protein denaturation.^{78[,79](#page-22-7)} Gold nanoparticles (AuNPs) have free electrons on their surface that oscillate at frequencies determined by their size and shape, which confers upon them photothermal properties.⁸⁰ Iron oxide is another frequently studied material used in the synthesis of inorganic nanoparticles, with iron oxide nanoparticles comprising the majority of FDA-approved inorganic nanomedicines.⁸¹ In December 2022, the FDA officially approved the Magtrace (consisted of iron oxide) and Sentimag magnetic localization system developed by Endomag to assist breast cancer patients in sentinel lymph node biopsy determining whether cancer has spread beyond the initial tumor site.⁸²

Biomimetic nanomaterials mimic natural structures and processes, enhancing biocompatibility and reducing immune responses.⁸³ Typical biomimetic nanomaterials encompass protein derivatives, predominantly albumin, and vesicles based on membranes, including cell membranes and exosomes. The most notable of albumin is Abraxane, an albumin-bound nanoparticle formulation of paclitaxel (PTX), which has received approval from the FDA.^{[84](#page-22-12)} By utilizing the natural and unique transport mechanism of albumin, Abraxane facilitates a higher drug distribution within tumor tissues, and the formulation significantly reduces the occurrence of allergic reactions.⁸⁵ The biomimetic membranes are separated from the cell membranes of natural cells and retain the biological recognition receptors (protein and carbohydrate molecules) completely on the membranes.⁸⁶ By avoiding the recognition of immune cells, it realizes the "stealth" effect in the circulation system, thus prolonging the blood circulation time and improving the bioavailability of the nanomedicine. Biomimetic membranes include blood cell membranes (red blood cells (RBC) and platelets^{61[,87](#page-22-15)}), immune cell membranes $(macrophages⁸⁸)$, tumor cell membranes, 89 exosomes, $90,91$ hybrid biological membranes and so on. For example, Li et al tailored a RBC membrane coated mesoporous titanium dioxide nanoparticles (mTNPs), termed as RBC-mTNPs@AQ4N.⁹² They utilized the RBC membranes to avoid the clearance of immune cells and extend circulation, with the tumor accumulation up to 1.8-fold higher than without RBC membranes coated after injected into the Balb/c mice for 24 h.

Applications of Nanomedicine in Diagnosis and Treatment in Breast Cancer Surgery

Nanomedicine for Increasing Diagnosis Sensitivity

Precise identification of the cancer is crucial, given its status as a pioneer in cancer treatment. Establishing a clinical diagnosis of breast cancer necessitates a comprehensive approach, including a detailed medical history, assessment of

subjective symptoms and clinical signs, laboratory examination, imaging, and tissue biopsy, the latter being indispensable. By integrating imaging modalities such as ultrasound imaging, mammogram, CT-scan, and magnetic resonance imaging (MRI) to effectively locate pathological tissue within the body as an indispensable adjunct to clinical diagnosis.^{[93–95](#page-22-21)} Then it is mandatory to perform a core needle biopsy (CNB) on suspicious solid masses with BIRADS IVa and beyond.[96](#page-22-22) However, the sensitivity of imaging examinations and the heterogeneity of tumors (including fat necrosis, fibrosis, and inflammatory cells among tumor cells) to some extent limit the accuracy of clinical diagnosis. In the following, we will elaborate on the unique role that nanomaterials can function, starting from different imaging diagnostic modalities. Since the diagnostic role of nanomedicine has been extensively discussed in the aforementioned article, only selected representative examples are presented in this paper. $97,98$ $97,98$

As for increasing ultrasound sensitivity, for example, Abdolahad et al fabricated a real-time in vivo biopsy guided probe (BGP) to realize real-time distinguish BIRADS III from IVa of breast tumors.^{[99](#page-22-25)} The BGP was formed by electrostatically adhering positively charged multiwall carbon nanotube (MWCNT) powder onto steel needles coated with negatively charged silver paste. The BGP tracked the release of H_2O_2 from suspicious cancer cells during glycolysis using electrochemistry. In vivo results of the BGP demonstrated about 93% accuracy and 95% sensitivity, enabling differentiation between tumor cells (4T1 and MC4L2) and normal lesions. It is worth mentioning that besides utilizing tumor metabolism changes for early tumor detection with ultrasound, ultrasound can also be used for monitoring treatment responses. For instance, Sun et al developed a nano-ultrasonic contrast agent named Pt(IV)/CQ/PFH NPs-DPPA-1.[100](#page-22-26) Among that, perfluorohexane (PFH) acted as a stable imaging agent capable of undergoing phase transition to localize and image in response to an ultrasound therapeutic apparatus (US), which could monitor the therapeutic effect of NPs by responding to ultrasound.

To further enhance CT sensitivity while reducing contrast agents' toxicity, Gkikas et al synthesized polyethylene glycol (PEG)-stabilized AuNPs (mPEG-S-AuNPs) linked with a fibronectin-mimetic peptide.^{[101](#page-22-27)} It has been reported that the peptide could specifically recognize and bind to α5β1 integrins, which were overexpressed in MDA-MB-231 breast cancer cells.¹⁰² In addition, PEG, an FDA-approved compound, has been recognized as an outstanding surface modification agent for a wide range of nanoparticles because of high biocompatibility and biodegradable nature.¹⁰³ In contrast to previous studies using 5–54 mg of Au for CT detection in mice, this study utilized only 0.5 mg of Au and successfully detected signals in tumors for up to 21 days. Furthermore, the specific accumulation of ligand-targeted NPs in tumors is observed, with minimal presence in other organs compared to the control group.

Nevertheless, as for MRI, their clinical utility is limited by extremely weak signals and reduced contrast in MRI scans, leading to challenges in distinguishing between normal tissues and diseased areas.^{[104](#page-22-30)[,105](#page-23-0)} Accordingly, Kulhari et al synthesized the manganese oxide nanocuboid system, surface modified with PEG and functionalized with biotin (Biotin-PEG-MNCs).[106](#page-23-1) In MRI investigations, Biotin-PEG-MNCs exhibited longitudinal and transverse relativity of approximately 0.091 and 7.66 mM⁻¹ s⁻¹, respectively at a 3.0 T MRI scanner. The studies clearly demonstrated the dual T1 and T2 contrast agent capabilities of Biotin-PEG-MNCs, positioning it as a promising nano-platform for diagnosis applications. To further increase precise and specific detection of cancer tissues, Whittaker et al introduced a new hybrid 19 F MRI agent for pH-sensitive detection of breast cancer tissues, which is a composite system created by attaching a perfluoropolyether to the surface of manganese-incorporated layered double hydroxide (Mn-LDH@PFPE) nanoparticles.^{[107](#page-23-2)} Following a 4-hour incubation period in various pH buffer solutions, no ¹⁹F NMR signal could be detected at pH 7.4, while the signal was "activated" upon lowering the pH below 6.5. This results from Mn^{2+} partial dissolution, reducing the paramagnetic relaxation effect. In MDA-MB-468 subcutaneous murine tumor models, after intravenously injected for 24 h, the ^{19}F signal intensity originating from the tumor site represented 92.7% of the total signal from the entire mouse, while weak or absent in essential organs. The pH-activated Mn-LDH@PFPE nanoparticles utilizing paramagnetic relaxation offered novel prospects for highly specific and sensitive cancer detection.

On the basis of more sensitive and precise differentiation between tumors and normal tissues, distinguishing between different pathological types is also clinically necessary. Accordingly, there has been a growing interest in the precise and non-invasive fluorescence-guided imaging technology for analyzing membrane proteins.¹⁰⁸ To differentiate HER-2 positive breast cancer cells, Shen et al presented a nano-probe consisting of HER-2 antibody-conjugated NIR emitting MnCuInS/ZnS quantum dots (QDs) encapsulated in bovine serum albumin (BSA), named the MnCuInS/ZnS@BSA-Anti -HER2.^{[109](#page-23-4)} The nano-probe exhibited low non-specificity and cytotoxicity. After coincubation with SK-BR-3 cells (HER2 overexpression) of 3h, significant and plentiful fluorescence emission signals were observed from the SK-BR-3 cells through confocal microscopy imaging. In contrast, the control group showed no red fluorescence signal. The nano-probe offered a foundation for designing strategies to distinguish between different subtypes of breast cancer.

From the above examples, it can be seen that developing contrast agents with safety and high specificity of ultrasound, CT and MRI is clinically significant in preclinical studies. The corresponding content would be summarized in [Table 1](#page-7-0). In addition, the application of advanced techniques for the diagnosis of breast cancer will be detailed in Section 5.

Nanomedicine for Enhancing Intraoperative Tumors and Lymph Nodes Localization

For intraoperative localization of breast tumors, wire localization has been the standard method for preoperative localization in breast imaging for decades. Recently, the available options have greatly expanded to include nonwire

Main Function	Nanoformulation	Mechanism of Action	Ref.
Increase diagnosis sensitivity	Biopsy guided probe (BGP)	Detect cancer tumors under the sonography guide without the need for biopsy	[110]
	Pt(IV)/CQ/PFH NPs-DPPA-1	Monitor the therapeutic effect of NPs by responding to ultrasound	THIT
	FnM-PEG-S-AuNPs	Prolonged signal retention in tumor and reduce toxicity	[112]
	Biotin-PEG-MNCs	Promoted T1 and T2 higher relaxation rate and enhanced MRI contrast imaging properties	[113]
	Mn-LDH@PFPE	PH-responsive nanoparticles increased precise and specific detection of breast tumor tissue	[114]
	MnCuInS/ZnS@BSA-Anti-HER2	Antibody conjugated nano-probe to differentiate HER-2 positive subtypes	[115]
Enhance intraoperative tumors and lymph nodes localization	99mTc _{-TRZ} -MTX-HSA	Increased tumor cells binding ability and cellular uptake	[116]
	99mTc-dendrimer-anti-VEGF	Increased accumulation in tumor regions	$[117]$
	VGd@ICG-FA	Under NIR-II fluorescence imaging guided to visualize tumor margins	$[118]$
	CREKA-GK8-QC	Under NIR-I fluorescence imaging to detect primary and micro- metastatic lesions	[119]
	Cathepsin enzymatic-responsive	Identified the tumor's position under the tumor	[120]
	Turn-ON probes	microenvironment difference responsive	
	Fiber optic acoustic guiding system	Assisted surgeons in directly observing the tumor's location and shorten the surgery time	$[121]$
Induce postoperative wound healing	ZnO nanoparticle	Induce the breast cancer cell lines death and exert antimicrobial activity	[122]
	Van-ICG@PLT nano-sensor	Innate tropism to the tumor wound sites and combined with phototherapy to increase the antibiotic sensitivity to bacteria	[123]
	Mix-Gel	Enzymatic degradation ROS and elevated oxygen level	[124]
Prevent from postoperative recurrence	Magnetic supramolecular hydrogel	Explore magnetocaloric liquid-conformal property and sustainable dual drugs release	$[125]$
	Gel@M/CuO2/DOX/STING	Combined immunoagonist and chemotherapeutic drugs to amply tumor killing effect	$[126]$
	NIGel-Vax	Induce nanogel drain into lymph nodes and stimuli immune memory	[127]
	GBP-PEG	Adopt high photothermal ablation efficacy without thermal injury	[128]
	Afterglow/photothermal	Achieve thermal damage and residual tumor under imaging	$[129]$
	bifunctional polymeric nanoparticle (APPN)	observation	
	PPECS	Achieve CTCs positive charged stimulation deactivated	[130]

Table 1 Applications of Nanoformulations in Breast Cancer Surgery Procedure

devices such as radioactive and magnetic seeds, radar reflectors, and radiofrequency identification tags.^{131,132} While the current recommended gold standard for intraoperative localization of sentinel lymph nodes (SLN) in clinical practice is the dual tracers combining dye and radionuclide.¹³³ The use of ^{99m}Tc radioactive colloid and methylene blue dual tracing technique in SLNB achieved a higher SLN identification rate (>90%) and lower false-negative rate (FNR) (<5–10%), as well as a lower axillary recurrence rate.^{[134](#page-23-29)} However, it also faces disadvantages such as the risk of allergic reactions, radiation exposure, and insufficient targeting. To address the above-mentioned issues and offer a precise delineation of tumor boundaries and enable an accurate assessment of tumor margins, one can amplify the imaging agent's visualization signal at the tumor site or increase the probe's sensitivity to capture signals. Focusing on enhancing tumor imaging signals, nano-radiopharmaceuticals and fluorescence imaging both offer methods for accurate real-time surgical navigation.^{[135,](#page-23-30)[136](#page-23-31)} In the following, we will proceed to provide specific examples separately.

Involving nano-radiopharmaceuticals, for example, Derya et al developed an innovative nano-radiopharmaceutical, technetium-99m-labeled trastuzumab-decorated methotrexate-loaded human serum albumin nanoparticles, abbreviated as [^{99m}Tc]-TRZ-MTX-HAS.¹³⁷ The cellular binding percentage of [^{99m}Tc]-TRZ-MTX-HSA nanoparticles in MCF-7 cells (breast cancer cell lines) varied from $95.21 \pm 3.25\%$ at 30 minutes to $97.54 \pm 2.16\%$ at 120 minutes, which suggested higher cellular uptake compared with control groups. In addition, [^{99m}Tc]-TRZ-MTX-HSA nanoparticles demonstrated a 3-fold higher uptake in MCF-7 and 4T1 breast cancer cell lines compared to healthy cells (*p* < 0.05). Moreover, to further enhance the targeting ability, antibody conjugation modification is a feasible solution. Seyedeh et al synthesized ^{99m}Tc-dendrimer-anti-VEGF [\(Figure 3A](#page-9-0)i), among that VEGF referred to vascular endothelial growth factor overex-pressed on the surface of tumors.^{[138](#page-24-1)} In comparison to the aforementioned examples, this study validated the accumulation of tumors in vivo. After intravenously administration with 37 MBq, the in vivo biodistribution mainly accumulated in the tumor sites and excreted through the hepatobiliary system ([Figure 3Ai](#page-9-0)i). The MTT cytotoxicity assay indicated no toxicity in normal cells and demonstrated dose-dependent toxicity in cancerous cells.

Accurate assessment of margins during surgery can lower re-excision rates, and currently, pathological examination is considered the gold standard for evaluating tumor margins.¹⁴¹ However, it is time-consuming and prone to discrepancies. To visualize tumor margins, Zhang et al explored NIR-II fluorescence imaging guided surgery and synthesized Gd-coated and tetrasulfide bonds doped mesoporous virus-like $SiO₂$ nanoprobe with surface modification of folic acid and encapsulated with indocyanine green, named as $VGd@ICG-FA$.^{[142,](#page-24-3)[143](#page-24-4)} The nanoparticles are virus-like morphology facilitated strong adhesion to tumor cells and improved cellular uptake efficiency. Following intravenous injection into tumor-bearing mice, it could be accurately localized at the tumor site, resulting in a higher tumor-to-background ratio (TBR) compared to that of ICG alone $(8.26 \pm 0.83 \text{ vs } 1.76 \pm 0.06, p < 0.0001)$. Moreover, the probe effectively assisted in the accurate resection of 4T1-Luc residual and 4T1-bearing tumor models under NIR-II fluorescence imaging, ensuring the complete removal of solid tumors with a volume of at least 1 mm³. Similarly, Yuan et al developed a smart fibronectin-targeting and metalloproteinase-activatable imaging probe CREKA-GK8-QC.¹⁴⁴ In vivo experiments showed that NIR-I fluorescence imaging could detect primary and micro-metastatic lesions (approximately 1 mm). It was mentioned that Kaplan-Meier analysis showed that, in comparison to conventional white light surgery, the survival rate increased from 0% to 80% within 80 days after CREKA-GK8-QC guided fluorescence surgery.

Intraoperative fluorescence imaging provides advantages such as strong differentiation and sensitivity, affordability, simplicity, safety, and the ability to observe cells and tissues both in vitro and in vivo.^{[145](#page-24-6),146} However, the present obstacle in NIR fluorescence-guided surgery lies in developing agents with exceptional tumor specificity and distinct imaging capabilities. In pursuit of this goal, Ronit et al designed polymeric Turn-ON probes, that was "smart probes", triggered by the cathepsin enzymatic degradation that overexpressed at the tumor sites, resulting in the production of a fluorescence signal.¹³⁹ "Smart" probes became active specifically at the tumor location, remaining inert elsewhere in the body. The three Turn-ON probes were HPMA copolymer-GFLG-Cy5 (P-GFLG-Cy5), PGA-Cy5 (PC), and PGA-Cy5 -Quencher (PCQ) ([Figure 3Bi](#page-9-0)). Within P-GFLG-Cy5, enzymatic cleavage of the Gly-Phe-Leu-Gly (GFLG) tetrapeptide linker led to the liberation of the dye, while the polymeric structure remained undisturbed. As for the others, the enzymes broke down the polymeric backbone composed of poly-glutamic acid ([Figure 3B](#page-9-0)ii). These processes ultimately facilitated the release of the free dyes, enabling them to emit fluorescence and activated accordingly. As for the in vivo characterization and surgical guidance, the P-GFLG-Cy5 probe showed the highest accumulation after 4 h post-

Figure 3 Nanomedicine for enhancing intraoperative tumors and lymph nodes localization. (A) ^{99m}Tc-Anionic dendrimer targeted vascular endothelial growth factor as a novel nano-radiotracer for *in-vivo* breast cancer imaging: (i) Schematic illustration of citric acid second generation dendrimer and conjugation with vascular endothelial growth factor antagonist (anti-VEGF); (ii) SPECT images. Arrow showed the accumulation of ^{99m}Tc-dendrimer-anti-VEGF in the tumor site. Reproduced from Ebrahimi A et al 99mTc- Anionic dendrimer targeted vascular endothelial growth factor as a novel nano-radiotracer for in-vivo breast cancer imaging. *Bioorg Chem*. 2022, 128, 106085. Reprinted from *Bioorg Chem*, volume 128, Ebrahimi A, Pirali Hamedani M, Mohammadzadeh P, et al (99m)Tc-Anionic dendrimer targeted vascular endothelial growth factor as a novel nano-radiotracer for in-vivo breast cancer imaging. 106085, copyright 2022, with permission from Elsevier.¹³⁸ (B) Image-guided surgery using near-infrared Turn-On fluorescent nanoprobes for precise detection of tumor margins: (i) Scheme illustration of Turn-On probes; (ii) Representative fluorescence intensity. Data represent mean ± SD (n = 3); (iii) Surgical field representative images of the surgery performed under P-GFLG-Cy5 guidance. Dotted circles refers to the surgical field. Adapted from Blau R; Epshtein et al Image-guided surgery using near-infrared Turn-ON fluorescent nanoprobes for precise detection of tumor margins. *Theranostics* 2018, 8 (13), 3437–3460, [http://creativecommons.org/licenses/by/4.0/.](http://creativecommons.org/licenses/by/4.0/) [139](#page-24-8) (**C**) A fiber optoacoustic guide with augmented reality: (i) Principle of using a fiber optoacoustic guide (FOG) and an AR system to locate the FOG tip and provide the visual guidance on the AR display. The green sphere refers to the breast tumor area. The red and black arrow show the wave emission. (ii) Illustration of using a biopsy clip in breast cancer patient using the system. The FOG tip (red circle) is close to the implanted biopsy clip (green circle). The green arrow shows the FOG tip, and the red arrow shows the biopsy clip. Reproduced from Lan L, Xia Y et al A fiber optoacoustic guide with augmented reality for precision breast-conserving surgery. *Light Sci Appl* 2018, 7, 2, <http://creativecommons.org/licenses/by/4.0/>. [140](#page-24-9)

Abbreviations: PEG, polyethylene glycol; DCC, N,N-Dicy-clohexylcarbodiimide; EDC, 1-Ethyl-3-(3-dimethylaminopropyl)carbodiimide; NHS, N-Hydroxysuccinimide; DMSO, Dimethyl sulfoxide; DMF, Dimethylformamide; VEGF, vascular endothelial growth factor; HPMA, N-(2-hydroxypropyl)-methacrylamide; PGA, poly-L-glutamic acid; GFLG, Gly-Phe-Leu-Gly; CTSB, cathepsin B; FOG, fiber optoacoustic guide; AR, augmented reality.

intravenous administration in the breast cancer model ([Figure 3Bi](#page-9-0)ii). At this stage, the tumor's position could be identified without the need for invasive procedures.

Despite the above radioactive and light-guided lumpectomy can located the tumor accurately, the approaches had still faced limited qualitative measure and dependent on the depth to some extent. To increase the probe's sensitivity to capture signals, for example, Cheng et al presented a fiber optic acoustic guiding system (FOG) integrated with augmented reality (AR) to precisely locate tumors at sub-millimeter scales and provide intuitive surgical navigation with minimal disruption [\(Figure 3Ci](#page-9-0)).¹⁴⁰ The FOG was surgically implanted into the tumor prior to the procedure. When exposed to external pulsed light, the FOG emitted acoustic waves in all directions due to the optoacoustic effect facilitated by a specifically engineered nano-composite layer at its tip. An AR setup utilizing a tablet gauges the ultrasound sensors' coordinates and converted the position of the FOG tip into visual guidance with precision exceeding

1 millimeter [\(Figure 3Ci](#page-9-0)i). This assisted surgeons in directly observing the tumor's location and conducting swift and precise tumor resections, leading to a notable decrease in reoperation rates and shortened surgical durations.

Nanomedicine for Inducing Postoperative Wound Healing

Considering both tumor staging and patient preference, breast mastectomy and/or breast reconstruction involves preserving the breast skin, removing the subcutaneous gland and fat, and placing an implant under the skin to achieve a visually and tactilely symmetrical appearance, still holding an important position.¹⁴⁷ However, significant surgical trauma would result in persistent wounds failing to heal posed by infection, and the fibrous layer encasing the implants constricts, leading to discomfort and swelling.¹⁴⁸ In recent times, nanomedicine have gained extensive utilization in wound recovery attributed to their remarkable abilities in absorption, drug incorporation, and antimicrobial functions.^{[149](#page-24-12)} Presently, novel nanomedicine dressings such as hydrogels, nanofibers, and films are seeing widespread application. Various influencing factors and treatment strategies have been previously addressed in published reviews,¹⁵⁰ that can be categorized into hemostasis, antimicrobial inhibition, inflammation, etc. Next, we will enumerate representative examples to support the role of nanomedicine in promoting wound healing in breast cancer surgery procedure.

After breast cancer surgery, the significant skin deficiency, combined with the microenvironment surrounding residual tumors, creates an environment conducive to bacterial colonization, leading to complications associated with infections.^{[151](#page-24-14)} Additionally, vascular damage hinders drug transportation to the remaining microtumors at the surgery site. Consequently, this disrupts the incision recovery of postoperative breast cancer. To exert antimicrobial activity, Chandrakant K. et al synthesized ZnO nanoparticles with biotemplate of Locust Bean Gum (LBG), a galactomannan polysaccharide.¹⁵² Exposing bacterial cells to ZnO nanoparticle results in the disruption of the cell membrane, proteins, and genome, ultimately leading to cell demise.¹⁵³ Its wide-ranging antibacterial efficacy is primarily credited to its capacity to stimulate the production of surplus reactive oxygen species (ROS). The study showed that substantial cell mortality at concentrations of 500 μg/mL of nanoparticles in breast cancer cell lines. Wound healing assays revealed that the nanoparticles effectively impeded cell migration at concentrations as low as 62.5 μg/mL in breast cancer cell lines. Furthermore, continued refinement of the nanomedicine characteristics and introduction of biomimetic nanomaterials will position it as a compelling contender in the realm of nanobiotechnology and bioengineering. Accordingly, Yao et al fabricated a nano-sensor system, Van-ICG@PLT, consisting of the innate tropism of platelets (PLT) membrane to delivery vancomycin (Van) and indocyanine green (ICG) ([Figure 4A](#page-11-0)i).^{[154](#page-24-17)} This study capitalized on the potential of phototherapy and antibiotic treatment to address the dual challenge of bacterial infection. The Van-ICG@PLT nanosensor was drawn to surgical wounds through a mechanism that mimics the role of platelets as immediate responders to vascular damage.[155](#page-24-18) Upon exposure to laser light, the membrane permeability would increase, and bacterial sensitivity to Van would be facilitated ([Figure 4A](#page-11-0)ii). Moreover, it had been observed to notably increase ROS generation, effectively impeding the growth of *Staphylococcus aureus (S. aureus)*. In the *S. aureus* subcutaneously abscess model, the combination of Van-ICG@PLT with laser treatment resulted in the eradication of nearly 100% of the bacteria while the Van group (55.1%) and the ICG + laser group (59.5%) [\(Figure 4Ai](#page-11-0)ii and [Ai](#page-11-0)v). Above all, the nano-sensor showed high safety and great potential in managing postoperative wound infection.

In the array of factors leading to insufficient wound healing, excessive inflammation and hypoxia also emerge as central contributing factors.^{157,158} An increased level of ROS in wounds with inadequate healing would trigger oxidative pressure and worsen the inflammatory reaction, thus maintaining macrophages in the M1 state and significantly upregulated pro-inflammatory factors.^{[159](#page-24-21)} Accordingly, Joseph et al designed a cascade enzymatic reaction-based oxygen-delivering nano chamber, embedded within an alginate hydrogel, called Mix-Gel [\(Figure 4B](#page-11-0)i).¹⁵⁶ The nano chamber consisted of two types of oxygen bubbles: one for scavenging superoxide (SOS) and another for generating oxygen (OGC). These bubbles were enclosed within a glycosylated protein complex composed of dextran-conjugated superoxide dismutase (SOD) and catalase (CAT) [\(Figure 4B](#page-11-0)ii). Mechanically, the sequential enzymatic mechanism propelled by SOS prompting the transformation of superoxide anions into hydrogen peroxide, subsequently efficiently converted into oxygen and water by catalase within OGC ([Figure 4B](#page-11-0)iii). In the rat model of full-thickness wounds, the nano oxygen chamber demonstrated a remarkable ability to accelerate wound closure without resulting in scar formation [\(Figure 4B](#page-11-0)iv). As for the in vivo wound healing efficacy, they utilized day 3 post-surgery porcine full-thickness

Figure 4 Nanomedicine for inducing postoperative wound healing. (**A**) Platelet-mimetic nano-sensor for combating postoperative recurrence and wound infection of TNBC: (i) Scheme illustration of Van-ICG@PLT; (ii) Evaluation of 4T1 intracellular ROS generation; (iii) Bacterial inhibition rate. Data represent mean ± SD (n = 5), \$\$p < 0.01 vs Van, ##p < 0.01 vs ICG + laser; (iv) Photographs of various treatments. Reproduced from Liu Y, Qi Y et al. Platelet-mimetic nano-sensor for combating postoperative recurrence and wound infection of triple-negative breast cancer. *J Control Release* 2023, 362, 396–408. Reprinted from *J Control Release*, volume 362, Liu Y, Qi Y, Chen C, et al. Platelet-mimetic nano-sensor for combating postoperative recurrence and wound infection of triple-negative breast cancer. 396–408, copyright 2023, with permission from Elsevier.[154](#page-24-17) (**B**) Nano oxygen chamber by cascade reaction for hypoxia mitigation and ROS scavenging in wound healing: (i) SEM images. Scale bar: 300 μm; (ii) Quantitative assessment of SOD. Data represent mean ± SD $(n = 3)$, *: p < 0.05, **: p < 0.01; (iii) Intracellular hypoxia levels; (iv) Digital photos and (v) H&E imaging of wounds. Yellow arrow: newly generated epidermis; Green arrow: granulation tissue; Black arrow: newly born glands. Reproduced from Han X, Ju L; Saengow, C et al. Irudayaraj, J Nano oxygen chamber by cascade reaction for hypoxia mitigation and reactive oxygen species scavenging in wound healing. *Bioact Mater*. 2024, 35, 67–81,<http://creativecommons.org/licenses/by/4.0/>. [156](#page-24-22) **Abbreviations**: Van, vancomycin; ICG, indocyanine green; PLT, platelets; SOS, superoxide scavenging; OGC, oxygen-generating catalyst.

wound models, and the Mix-Gel significantly increased wound closure rates compared to the OGC-Gel and Blank-Gel groups ([Figure 4Bv](#page-11-0)).

In order to achieve better adipose tissue filling and reduce chronic inflammation caused by fillers and to promote wound healing and recovery, Morimoto et al reported that poly-L-lactic acid (PLLA) mesh implants including collagen sponge (CS) were substituted with in vivo autologous adipose tissue regeneration.¹⁶⁰ The results showed that the PLLA implants experienced internal space collapse after 6 months and the higher regeneration, while the remaining after 12 months. However, preclinical trials still faced many obstacles transforming into clinical trials. It was worth mentioning that a retrospective clinical trial compared the utilization of round nano-surface Ergonomix in capsular contracture rate (0.9%) , with better performance of wound healing and patient satisfaction.¹⁶¹ In conclusion, promoting incision healing and reducing scarring are crucial for restoring the prognosis and improving the appearance.

Nanomedicine for Preventing from Postoperative Recurrence

Surgery incompletely eradication leaving behind residual microtumors, leading circulating tumor cells (CTCs) counts increased postoperatively, which often result in recurrence and metastasis. [162](#page-24-25) According to clinical guidelines, following breast-conserving surgery (BCS), patients typically undergo radiotherapy to reduce the risk of local recurrences and improve long-term survival outcomes. Nevertheless, the ionizing radiation administered increases the likelihood of mortality from radiation-induced cardiac disease and secondary malignancies.¹⁶³ Recently, in 2020, CTC testing was included in the CSCO guidelines that post-treatment CTCs could predict the prognosis of patients, especially suffering recurrence and metastasis patients after the completion of radical breast cancer surgery.^{[164](#page-24-27),165} Due to the low content of CTC, it is necessary to develop a technology that combines enrichment and separation technology with high sensitivity and specificity detection.^{[166](#page-24-29)} It is worth mentioning that the TUMORFISHER method had sufficient clinical validation data and had been incorporated into clinical expert consensus, which could be used to predict the efficacy of PD-L1 drugs and effectively monitor the efficacy after medication.^{[110](#page-23-5),167} However, the current CTC testing technology is still expensive, and the search for new more sensitive and cheaper technology platforms is still needed in the clinic.

Currently, to address the above problems, the implantation of hydrogel systems following resection has demonstrated efficacy as a promising therapeutic approach with significant clinical promise. Injectable hydrogels exhibit significant promise in drug delivery owing to their consistent three-dimensional (3D) porous architecture and remarkable capacity for encapsulation upon formation in situ.^{111,112} Also, photothermal tumor ablation is a burgeoning treatment approach leveraging the heat produced by specific nanoparticles when exposed to NIR light, aiming to eliminate cancer cells without causing radiation-related harm and with exceptional specificity towards tumors.^{168,169} Finally, CTCs based strategy combined with nanomedicine could provide robust and high-throughput platforms for CTCs isolation and analysis, which facilitate the development of personalized medicine approaches. In the following, we would discuss specific instances of strategy applications.

Injectable Gels Strategy

To eradicate residual tumor cells, utilizing the gel–sol transition characteristics with the temperature/magnetic responsiveness of hydrogels, Zhang et al designed a shear-thinning injectable magnetic supramolecular hydrogel (MSH) selfassembled using PEGylated iron oxide (Fe_3O_4) nanoparticles and a-cyclodextrin (a-CD) through complex formation loaded with paclitaxel (PTX) and doxorubicin (DOX) to prevent post-operative recurrence.¹⁷⁰ Mechanically, MSH was uniformly administered into the postoperative wound, rendering it flexible and seamlessly conforming to irregular cavities without any inaccessible areas. Then exposed to the alternating current magnetic field (ACMF), the MSH exhibited gel–sol transition and sustained-released dual drugs with local precise. Apart from lingering tumor cells, the immunosuppressive tumor microenvironment (TME) following surgery stands out as another significant driver of tumor recurrence and metastasis.¹⁷¹ Accordingly, Ye et al devised an injectable hydrogel system for localized drug administration, aiming to bolster immune response while thwarting tumor relapse.¹¹³ They introduced poly-(sulfobetaine methacrylate) (PSBMA) hydrogels to load DOX, copper peroxide nanoparticles $(CuO₂)$ coated with macrophage membranes and 2',3'-cGAMP, that was the stimulator of interferon genes (STING) agonist, named $Ge(aM/CuO₂)$ /DOX/STING ([Figure 5A](#page-13-0)i and [A](#page-13-0)ii). Among that, the 2′,3′-cGAMP initially diffused out of the hydrogel to trigger the

Figure 5 Nanomedicine for preventing from postoperative recurrence through injectable gels strategy. (A) Injectable hydrogel with tumor remodeling and antitumor recurrence: (i) and (ii) Scheme illustration of Gel@M/CuO2/DOX/STING; (iii) Immunofluorescence staining image. Scale bars represent 100 μm; (iv) Level of IFN-γ; Data are presented as mean ± SD (n = 5): *p < 0.05; **p < 0.01; ***p < 0.001. (v) Survival curves; (vi) H&E staining of lung metastatic nodules. Among that, (1) - (8) represent the following meanings: untreated, blank gel, Gel@STING, Gel@DOX, Gel@CuO₂, Gel@CuO₂/DOX, Gel@M/CuO₂/DOX and Gel@M/CuO₂/DOX/STING. Reprinted (adapted) with permission fromFang YL, Huang SS, et al. Injectable Zwitterionic Physical Hydrogel with Enhanced Chemodynamic Therapy and Tumor Microenvironment Remodeling Properties for Synergistic Anticancer Therapy. *Acs Nano* 2023, 17 (24), 24,883–24,900. Copyright 2023 American Chemical Society[.113](#page-23-8) (**B**) Injectable nano-in-gel vaccine for breast cancer postsurgical therapy: (i) Schematic illustration of NIGel-Vax and action mechanism; (ii) Quantitative analysis of fluorescence intensity in draining lymph nodes at day 7, 14 and 21; (iii) The number of visible metastatic lung lesions; (iv) The proportion of CD4⁺ IFN-γ⁺ and CD8⁺ IFN-γ⁺ T cells in the peripheral blood. Results are presented as means ± SD (n = 4): *P < 0.05; ***P < 0.001; ****P < 0.0001. Reprinted(adapted) with permission from Liu T, Si X et al. Injectable Nano-in-Gel Vaccine for Spatial and Temporal Control of Vaccine Kinetics and Breast Cancer Postsurgical Therapy. *ACS Nano* 2024, 18 (4), 3087–3100. Copyright 2024 American Chemical Society.¹⁷²

Abbreviations: PSBMA, poly-(sulfobetaine methacrylate); DOX, doxorubicin; CuO2, copper peroxide nanoparticles; ODEX, oxidized dextran.

STING pathway, then the dendritic cells developed, presented tumor antigens to T cells, and enhanced tumor-specific $CD8+T$ cell responses, which this process reshaped the TME ([Figure 5A](#page-13-0)iii and [Ai](#page-13-0)v). In addition, the CuO₂ reacted to the TME acidic conditions, initiating the generation of hydroxyl radicals (˙OH), thereby facilitating self-sustained hydrogen peroxide (H₂O₂) production for chemodynamic therapy (CDT), that was introduced tumor cell death with $[OH]^{114}$ In the subcutaneous tumor recurrence model of 4T1 breast cancer, the incidence of local tumor recurrence markedly declined following $GeI@M/CuO₂/DOX/STING$ therapy, with a complete suppression rate of 100% observed in residual 4T1 tumors [\(Figure 5Av](#page-13-0) and [Av](#page-13-0)i). Accordingly, the Tregs in 4T1 breast cancer decreased from 19.9% to 8.8% treated with Gel@M/CuO₂/DOX/STING. However, regarding temporal regulation, prolonged antigen exposure and immune memory effects were considered more efficacious for preventing tumor relapse. To address the problem, Chen et al introduced a single-dose injectable nano-in-gel vaccine (NIGel-Vax) for postoperative breast cancer treatment, which consisted with protein antigens and polyethylenimine-benzoimidazole-4-carboxylic acid-2-isothiocyanatoethyl-α-D-mannopyranoside (PEI-4BImi-Man) adjuvant, then encapsulated within hydrogel ([Figure 5B](#page-13-0)i).^{[172](#page-25-3)} Following subcutaneous injection administration, the NIGel-Vax was released slowly and migrated to the lymph nodes, thus eliciting immune responses specific to the antigens [\(Figure 5Bi](#page-13-0)i). The flow cytometry analysis exhibited Cy5-labeled dendritic cells and macrophages kept an increase by day 21, and the draining lymph nodes had higher fluorescence intensity at day 21 then at day 14 [\(Figure 5Bi](#page-13-0)ii). Utilizing the tumor-associated antigen trophoblast cell-surface antigen 2 (TROP2) protein as the immunogen, NIGel-Vax attained a 96% inhibition rate of tumor growth and a 50% remission rate in models of TNBC [\(Figure 5B](#page-13-0)iv).

In summary, hydrogels are highly deformable, capable of high drug loading, and biocompatible materials that can perfectly conform to the shape of an incision, maximally inhibiting tumor growth. Moreover, when combined with chemotherapy drugs and immune adjuvants, they can enhance their therapeutic effects, offering significant potential for development and utilization.

Photothermal Assisted Strategy

Photothermal therapy (PTT) damages tumor cells by increasing the local temperature as the photosensitizer absorbs energy and transitions to an excited state upon exposure to specific wavelengths of light. The excited photosensitizer then converts the light energy into heat, affecting surrounding molecules and inducing tumor ablation.¹¹⁵ The elevated temperature also affects the permeability of biofilms.^{[116](#page-23-11)} Significant research has focused on developing nanoplatforms for imaging-guided PTT, with various photothermal nanomaterials being developed and functionalized for enhanced imaging properties, enabling treatment visualization.^{[117](#page-23-12)} Metallic nanoparticles and carbon nanotubes, designed to absorb electromagnetic radiation in the NIR or infrared (IR) spectrum, create localized heating that can lead to temperatures up to 113 °F. When these nanoparticles are targeted to cancerous regions and irradiated, they induce cell death through necrosis.¹¹⁸ For example, chitosan modified molybdenum selenide (MoSe₂) had been proved to have excellent photothermal conductivity under NIR irradiation and prevent the aggregation of nanoparticles.¹¹⁹

To prove the feasibility of PTT as the adjuvant approach followed BCS, Lu et al utilized PEGylated gold nanobipyramids (GBP-PEG) postoperation to evaluate local recurrence rates in orthotopic mouse models of breast cancer [\(Figure 6Ai](#page-15-0)).¹²⁰ The studies demonstrated that the acquired GBP-PEG exhibited greater efficiency in converting light into heat compared to nanorods, which the tumor temperature rose by approximately 10°C lowering the likelihood of dermal injuries surrounding the surgical cut ([Figure 6Ai](#page-15-0)i). The Kaplan–Meier curves revealed that by day 18 after treatment, the occurrence of local recurrences was 60% in the surgical cohort, while 10% in the surgery combined with PTT cohort ([Figure 6Ai](#page-15-0)ii–[Av](#page-15-0)).

Besides the metal nanomaterials, semiconducting polymer nanoparticles (SPNs) have been confirmed to exhibit outstanding NIR-II photothermal capabilities and afterglow luminescence, making them valuable for NIR-II photoacoustic imaging and PTT^{121} For instance, Zhen et al presented an afterglow/photothermal bifunctional polymeric nanoparticle (APPN) utilized for in vivo PTT and early recurrence theranostics in orthotopic breast cancer mouse models.[122](#page-23-17) The APPN comprised a targeted component (PPV-PEG-cRGD), incorporating a NIR dye serving as an initiator (NCBS) and a NIR-II light-absorbing semiconducting polymer acting as a photothermal converter (PBBTOT) [\(Figure 6Bi](#page-15-0)–[B](#page-15-0)iii). The therapeutic studies showed that following 10 minutes of 1064 nm laser exposure, the temperature elevation of the APPN solution reached 22.9°C with a tissue depth of 5 mm, which sufficient to heat ablation of tumor cells ([Figure 6B](#page-15-0)iv). Following a 15-day treatment period, the occurrence of local recurrence was 100% in both the BCS

Figure 6 Nanomedicine for preventing from postoperative recurrence through photothermal assisted strategy. (**A**) Adjuvant photothermal therapy inhibits local recurrences after breast-conserving surgery: (i) TEM images. Scale bars represent 100 nm; (ii) Illustration scheme of laser energy distribution; (iii) H&E staining; (iv) Survival curves and (v) H&E staining of lung metastatic nodules with various treatments. P values <0.001 are denoted with three asterisks. Reprinted (adapted) with permission from Wang S, Ma X et al. Adjuvant Photothermal Therapy Inhibits Local Recurrences after Breast-Conserving Surgery with Little Skin Damage. *ACS Nano* 2018, 12 (1), 662–670. Copyright 2018 American Chemical Society.¹²⁰ (B) Afterglow/photothermal bifunctional polymeric nanoparticle for early recurrence theranostic: (i)-(iii) Schematic illustration of PPV-PEG-cRGD; (iv)-(v) Scheme illustration of in vitro deep tissue phototherapeutic ability and cell ability; (vi) Afterglow imaging and bioluminescence of recurrence tumors and scars distinction. Red dashed circle: tumor. White dashed circle: scar; (vii) Relative tumor signals. Results are presented as means ± SD: *** < 0.001. Reprinted (adapted) with permission from Qu R, He, D et al. Afterglow/Photothermal Bifunctional Polymeric Nanoparticles for Precise Postbreast-Conserving Surgery Adjuvant Therapy and Early Recurrence Theranostic. *Nano Lett* 2023, 23 (10), 4216–4225, Copyright 2023 American Chemical Society.[122](#page-23-17) **Abbreviations**: cPTT, conventional photothermal therapy; aPTT, adjuvant photothermal therapy; BCS, breast-conserving surgery; APPN, afterglow/photothermal bifunc-

tional polymeric nanoparticle; cRGD, cyclic arginine-glycine-aspartate; PEG, peptide-conjugated poly(ethylene glycol); MRI, magnetic resonance imaging; NIR, near-infrared.

group and the PTT group, whereas in the $BCS + PTT$ treatment group, it was 0% [\(Figure 6Bv](#page-15-0)). In addition, it was surprising that clear afterglow signals were observed in the breast area on day 6 following BCS, with the signal-tobackground ratio (SBR) reaching 41.0, which was 5.0 times higher than that on day 0 after BCS [\(Figure 6Bv](#page-15-0)ii). The afterglow signals from the APPN aligned closely with the bioluminescence signals of 4T1 tumor cells, demonstrating the effective identification of localized tumor recurrence on day 6 post-BCS ([Figure 6Bv](#page-15-0)ii).

In summary, PTT can serve as an alternative to postoperative radiotherapy. When combined with suitable nanomaterials, it can circumvent the drawbacks of local thermal damage. Additionally, when integrated with real-time imaging modalities such as ultrasound or MRI, 123 123 123 it enables the continuous monitoring of residual tumors, offering significant potential for clinical translation.

Circulating Tumor Cells Based Strategy

Sites of early metastasis, along with shrinking tumors, are extremely small, measuring only a few micrometers and cannot be seen with current medical imaging technology.¹²⁴ Due to these constraints, scientists have redirected their focus to the initial phase of metastasis and are concentrating on identifying CTCs directly.[125](#page-23-20) For example, G. Brolo et al presented a CTC identification method through direct visualization labeled metallic nanoshells (Au-Thy nanoshells).¹²⁶ Cells labeled with antibodies and Au-Thy nanoshells displayed heightened brightness at lower levels of magnification. A clear differentiation was made between the positive and negative cells with a small quantity of nanoshells attaching to the negative cells (less than 6), while multiple nanoshells (more than 25) labeled the positive cells. This facilitated rapid sample screening and enabled the effortless visual identification of individual CTCs. However, the restrictions and difficulties associated with capturing CTCs have significantly decreased the likelihood of targeted elimination of CTCs in the blood of patients according to treatment protocols. Accordingly, Abdolahad et al chose to disable the intrusive capability of CTCs, while they moved through the blood vessels by subjecting the entire blood sample to a form of stimulation involving a uniform positive electrostatic charge stimulation (PPECS).¹²⁷ The primary mechanism of this chip could involve the alteration of cellular surface charge, leading to an uneven distribution of ions within cancer cells and disruption the ion channels. The study restrained the spread of cancer to the lungs and prolonged the lifespan of the mice (up to 40 days) that had received intravenous by electrostatically deactivated 4T1 breast cancer CTCs. Investigating the impact of PPECS on blood components indicated that there were no significant alterations in the functional characteristics of white blood cells. Only a minimal portion (approximately 10%) was affected during this procedure. Overall, the detection of CTCs levels and the development of stratified treatment strategies based on postoperative breast cancer patients are crucial for improving their disease-free survival (DFS).¹²⁸ It is an important field where nanomaterials can have tremendous potential and deserve close attention.

Clinical Research Status of Breast Cancer Surgery

Currently, evolved in breast cancer surgery, accurately assessing the axillary status after neoadjuvant chemotherapy (NAC) and exploring the feasibility and oncological safety of avoiding axillary lymph node dissection (ALND) is an important issue.¹²⁹ Targeted axillary dissection (TAD) refers to the placement of metal markers in lymph nodes confirmed as metastatic foci through ultrasound-guided core needle biopsy prior to NAC.¹³⁰ A clinical trials demonstrated the false-negative rate (FNR) of SLNB using single or dual tracing methods was over 10%, whereas the FNR using the TAD method was further reduced to 1.4% ¹⁷³ A recent clinical study published in the New England Journal of Medicine further confirmed that for breast cancer patients with clinically negative axillary lymph nodes and 1 or 2 positive sentinel lymph nodes, ALND could be omitted after breast-conserving surgery (BCS) or mastectomy.^{[174](#page-25-5)} The 5-year recurrence-free survival rate was sentinel-node biopsy only (89.7%) vs completion ALND (88.7%).

In addition, contralateral prophylactic mastectomy (CPM) is also a hotly debated issues in recent clinical discussions, but guidelines lack clear implement recommendations.^{[175](#page-25-6)} Germline mutations in the BRCA gene are one of the major risk factors. It was mentioning that Xie et al had developed and validated the first risk prediction model, called BRCA-CRisk.[176](#page-25-7) BRCA-CRisk could accurately predict the 10-year absolute cumulative risk (ROC, 0.702) of contralateral breast cancer in BRCA mutation carriers and serves as an important reference tool for clinicians and patients in making decisions regarding the need for CPM. Additionally, clinical studies involving the surgical diagnosis and treatment processes of breast cancer have been summarized in [Table 2.](#page-17-0)

Table 2 Clinical Trials Evolved in Breast Cancer Surgery Procedure

(*Continued*)

Table 2 (Continued).

Summary and Prospect

Both preclinical and clinical research indicated that cancer nanomedicines could enable earlier diagnosis, stimulated the immune system against tumors, disrupted the TME support for neoplastic cells, and fulfilled other roles that may be even more effective or applicable than traditional drug carriers.¹⁷⁷ These expanded functionalities are likely to revolutionize and expand the application of cancer nanomedicines in clinical settings. Yet, cancer nanomedicine research is evolving into a more genuinely interdisciplinary field, integrating tools and advancements from various other disciplines. In the upcoming sections, we will explore future directions in cancer diagnosis and therapeutic applications.

Artificial Intelligence (AI)

The initial advancements in AI for breast cancer detection set the stage for broader applications in diagnostic tasks like tumor classification and cancer detection.¹⁷⁸ Over the past decade, AI-based diagnostic tools have been continually refined, demonstrating diagnostic performance in many cases that matches or exceeds that of human experts across various cancer types. This success has prompted the evaluation of AI approaches for more intricate decision-making roles.^{[179](#page-25-10)} For instance, by employing AI techniques in breast imaging, quantitative information regarding tumor size, shape, morphology, texture, and kinetics can be derived in early screening and diagnosis.^{180–183} Recently, the breast cancer mammography screening AI system exceeded the performance of all five full-time breast-imaging specialists, with an average sensitivity enhancement of 14% .¹⁸⁴ Additionally, Ji et al designed a completely digital platform that merged label-free stimulated Raman scattering (SRS) microscopy with weakly supervised learning. This approach allowed for swift and automated cancer diagnosis on unlabeled breast core needle biopsies (CNB) reaching 95% diagnosis accuracy.[185](#page-25-13) The deep-learning based algorithms created a clarity and visual representation to perform benign/malignant area segmentation in histologically heterogeneous breast CNB.^{[186](#page-25-14)}

Machine learning techniques applied to genomic, transcriptomic, and other data modalities hold promise for forecasting prognosis and patient survival.^{187–189} For example, the most prevalent method for survival prediction is the Cox proportional hazards regression model (Cox-PH), which is a multivariate linear regression model that identifies correlations between survival time and predictor variables.¹⁹⁰ In addition, a deep learning model based on 18Ffluorodeoxyglucose positron emission tomography-computed tomography (¹⁸F-FDG-PET-CT) imaging signals can predict the EGFR mutation status of patients with non-small cell lung cancer, thereby enabling the selection of more precise treatment strategies, which is of paramount importance for clinical decision-making[.191](#page-25-17) This strategy evaluates the potential risks and clinical implications of numerous nanoparticles to facilitate their practical application, enabling the tailoring of patient-specific treatment regimes.

Three-Dimensional Bioprinting (3D Bioprinting)

3D printing is a method of additive manufacturing where precursor materials are deposited layer by layer to create intricate 3D shapes based on computer-aided designs.^{[192](#page-25-18)} The advancement of medical 3D printing has been rapid, catering to diverse medical requirements and showcasing a broad spectrum of applications. These include the fabrication of patient-specific implants, prosthetics, surgical instruments, drug delivery systems, organ models, and bioprinting of living cells and biomolecules, which have been reviewed in detail.^{193,194} Its functionality has evolved from solely addressing repair needs to encompassing disease treatment and tissue regeneration.^{[195](#page-25-21)}

The development of 3D printing technology also enables more realistic simulation of changes under physiological conditions in vitro[.196](#page-25-22) Utilizing 3D printing technology, Mak et al presented a novel thick collagen network that closely resembled the structure of the extracellular matrix (ECM) in vivo, particularly mirroring the characteristics of human skin scars.^{[197](#page-25-23)} The elongated and undulating nature of these thickened collagen bundles contributed to their overall flexibility. This collagen structure imposed fewer physical barriers and facilitated the spread of tumor cells. On the basis of the 3D-printed scaffold system, the incorporation of continuous drug release can exert a postoperative local anti-inflammatory and anti-metastatic effect on the wound.^{[198](#page-25-24),199} Accordingly, Song et al reported a 3D-printed scaffold for a local drug delivery platform termed CCNACA, incorporating carbon dots-curcumin nano-drug release (CCNPs) enabled visualization of drug release.^{[200](#page-25-26)} To sum up, CCNACA structures demonstrated robust mechanical integrity and hold promise as skin alternatives for repairing damaged skin with the elastic moduli of 42.51 Kpa located in the skin tissue range.²⁰¹ The in vitro drug release assessment over a 14-day period revealed that CCNACA scaffolds achieved a 73.77 ± 1.68% inhibition rate in breast cancer cells (MCF-7). Consequently, advancing 3D printing technologies and the development of printable biomaterials should be a focal point of future endeavors, as they are pivotal for achieving substantial advancements in cancer treatment.

Conclusion

We focus on the application of nanomaterials in breast cancer surgery from a clinical perspective. From practical clinical practice needs to expand to the function of nanomaterials, we aim to provide research direction for the subsequent development of nanomaterials. With limitless possibilities and a promising future, this area warrants further investigation. As technology continues to advance, it is hoped that significant milestones will be reached in the treatment of cancer.

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Author Contributions

All authors made a significant contribution to the work reported, whether that is in the conception, study design, execution, acquisition of data, analysis and interpretation, or in all these areas; took part in drafting, revising or critically reviewing the article; gave final approval of the version to be published; have agreed on the journal to which the article has been submitted; and agree to be accountable for all aspects of the work.

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Disclosure

The authors declare that they have no competing interests in this work.

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