

Forsythoside A Alleviates High Glucose-Induced Oxidative Stress and Inflammation in Podocytes by Inactivating MAPK Signaling via MMP12 Inhibition

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Background: Podocyte injury serves an important role during the progression of diabetic nephropathy (DN). The aim of this study was to investigate the effects of forsythoside A (FA) on high glucose (HG)-induced podocyte injury and to identify the possible mechanisms.

Methods: MPC-5 podocytes were cultured under HG conditions. After exposure to different doses of FA, cell viability and apoptosis were respectively evaluated with CCK-8 assay and flow cytometry. Then, the levels of oxidative stress-related markers and inflammatory factors were examined by corresponding kits. Western blot analysis was employed to detect the expression of Nox2, Nox4, COX-2, iNOS and matrix metalloproteinases 12 (MMP12). Subsequently, MMP12 was overexpressed to assess whether the effects of FA on HG-stimulated podocyte injury were mediated by MMP12 and MAPK signaling.

Results: Results indicated that FA dose-dependently elevated cell viability, reduced cell apoptosis in HG-induced MPC-5 cells. Additionally, FA significantly inhibited oxidative stress, which could be certified by decreased content of malondialdehyde (MDA), enhanced activities of superoxide dismutase (SOD) and catalase (CAT), and downregulated expression of Nox2 and Nox4. Moreover, notably reduced levels of tumor necrosis factor (TNF)- α , interleukin (IL)-1 β and IL-6 were observed in FA-treated MPC-5 cells under HG conditions, accompanied by decreased COX-2 and iNOS expression. Remarkably, FA suppressed MMP12 expression in a dose-dependent manner, and the effects of FA on MPC-5 cells exposed to HG were partially counteracted by MMP12 overexpression. Mechanically, FA inactivated the expression of phospho-ERK (p-ERK), p-p38 and p-JNK, which was restored after MMP12 overexpression.

Conclusion: These findings demonstrate a protective mechanism of FA by inactivating MAPK signaling via MMP12 inhibition in HG-induced podocyte injury, providing a promising therapeutic candidate for the treatment of DN.

Keywords: diabetic nephropathy, high glucose, oxidative stress, inflammation, apoptosis

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Introduction

Diabetic nephropathy (DN), one of the most common diabetic complications, is the principal cause of chronic kidney disease and end-stage renal disease which leads to global health and socioeconomic burdens on human beings.^{1,2} It is estimated that approximately 30–50% of the patients with type 1 or type 2 diabetes develop

symptoms of DN during their lifetime, which results in a high mortality rate.^{3,4} The conventional approaches to treating DN are strict control of hyperglycemia and blockage of renin–angiotensin–aldosterone system, which can only cut down but not eliminate DN risk.⁵ Therefore, it is particularly important for us to more comprehensively understand the pathogenesis of DN development in order to find new and effective treatment options for treatment of this disease.

Podocytes are a kind of highly specialized and terminally differentiated tubular epithelial cells, which can constitute glomerular filtration barrier.^{6,7} A considerable body of evidence indicates that the functional and structural injuries of podocytes representing a typical characteristic of DN occur in the early stages of this disease.^{8,9} Further, damaged podocytes cause the impairment of selective glomerular filtration function and prompts the formation of proteinuria.¹⁰ Existing studies have shown that the generation of reactive oxygen species (ROS), which is induced by persistent hyperglycemia, invariably brings about the impairment of the antioxidant defense systems, oxidative stress and inflammation.^{11,12} Therefore, employing novel therapies that possess antioxidant and anti-inflammatory properties may afford protection against DN.

Forsythoside A (FA), one of the main bioactive components isolated from air-dried fruits of *Forsythia suspensa*, has been reported to possess multiple beneficial properties, such as antioxidant, anti-bacterial, anti-inflammatory, antiviral and antipyretic characteristics.^{13–16} It was found that *Forsythia suspensa* extract, where FA might be the major antioxidant constituent, attenuates diquat-induced oxidative stress.¹⁷ Compelling evidence indicates that FA could alleviate lipopolysaccharide-induced inflammation via up-regulating miR-124 expression.¹⁸ FA plays anti-inflammatory role in *staphylococcus aureus*-stimulated primary bovine mammary epithelial cells through inactivation of NF-kappa B and MAPKs pathways.¹⁹ Research has proposed that FA alleviates renal damage in adriamycin-induced nephropathy rats.²⁰ Additionally, the SwissTargetPrediction website (<http://www.swisstargetprediction.ch/>) predicts that FA can be combined to macrophage metalloelastase 12 (MMP12), which is a protein of the matrix metalloproteinase family.²¹ Emerging evidence supports that the levels of plasma MMP12 are closely related to atherosclerotic burden and symptomatic cardiovascular disease in subjects with Type 2 diabetes.²² Abnormal MMP12 expression

is associated with an increased risk of DN.²³ Therefore, we focused on whether FA might exert protective effects in high glucose (HG)-induced podocytes by regulating MMP12 and related signaling pathway.

The present study used HG-induced mouse podocytes (MPC-5 cells) model to explore the protective effects of FA on oxidative stress, inflammation and apoptosis and identify the potential mechanisms.

Materials and Methods

Cell Culture

Conditionally immortalized mouse podocytes MPC-5 cell line were obtained from Cell Bank of the Chinese Academy of Sciences (Shanghai, China). Cells were maintained in RPMI-1640 (Sigma, St. Louis, MO, USA) medium supplemented with 10% FBS (HyClone Laboratories, Logan, UT, USA) and 10 U/mL of mouse recombinant interferon- γ (IFN- γ) (PeproTech, California, USA). The incubator was humidified and maintained at the temperature of 33°C, with 5% CO₂ and 95% room air. To induce differentiation, MPC-5 cells were maintained in RPMI 1640 medium without IFN- γ at 37 °C for 10–14 days.

Treatment

Prior to stimulation, the differentiated podocytes were serum-starved overnight to induce quiescence. Then, MPC-5 cells were incubated with medium containing normal glucose (NG, 5.5 mM glucose), 5.5 mM glucose plus 22.5 mM mannitol (MA) as the osmolality control, or HG (25 mM glucose) at 37 °C for 24 h. Different doses of FA (2.5, 5 and 10 μ g/mL) were used to treat cells for 24 h after glucose challenge. FA (purity of 98.60%) was purchased from Must Bio-Technology (Chengdu, China).

Cell Transfection

MPC-5 cells (1×10^6 per well) in logarithmic phase were collected and seeded in 6-well plates. When the cell confluence rate reached 85%, MMP12 overexpression plasmid and the empty vector were transfected into cells by means of lipofectamine 2000[®] reagent (Invitrogen; Thermo Fisher Scientific, Inc.) according to the manufacturer's recommendations. Forty-eight hours after post-transfection, the expression of MMP12 was tested with Western blot assay.

Cell Viability Assay

A Cell Counting Kit-8 (CCK-8) assay (Beyotime Institute of Biotechnology) was adopted to assess MPC-5 cell

viability following the product instructions. Briefly, cells were plated into a 96-well plate (5×10^3 cells per well) and cultured at 37°C for 48 h prior to the addition of 10 μ L CCK-8 solution. After 2 h of incubation, cell absorbance at 450 nm was evaluated using the microplate reader (Bio-Rad Laboratories, Richmond, CA, USA).

Cell death was evaluated by examining the activity of lactate dehydrogenase (LDH) in the culture medium with the LDH assay kit purchased from Nanjing Jiancheng Bioengineering Institute (Nanjing, China) in accordance with the manufacturer's descriptions. Absorbance was read at 450 nm using a microplate reader (Bio-Rad Laboratories, Richmond, CA, USA).

Terminal Deoxynucleotidyl Transferase-Mediated Deoxyuridine Triphosphate (dUTP)-Biotin Nick End Labeling (TUNEL) Apoptosis Staining

Apoptotic cells were examined by an apoptosis detection kit (Roche, Basel, Switzerland) in accordance with the manufacturer's guidelines. Briefly, cells were stained by a TUNEL kit, followed by the counterstaining with 4', 6-diamidino-2-phenylindole (DAPI) for the nuclei. The staining was observed under a fluorescence microscope (Olympus Corporation, magnification, x200). TUNEL-positive cells were captured under an fluorescence microscope (Olympus Corporation, magnification, x200).

Test for Oxidative Stress-Related Markers

The content of malondialdehyde (MDA) and the activities of superoxide dismutase (SOD) and catalase (CAT) were detected using specific commercial assay kits (Nanjing Jiancheng Bioengineering Institute, Nanjing, China) according to the manufacturer's recommendations. Subsequently, the absorbance was measured by a microplate reader (Bio-Rad Laboratories, Richmond, CA, USA).

Assessment of Inflammatory Factors

Following indicated transfection and treatment, the supernatants of podocytes were collected. The contents of tumor necrosis factor (TNF)- α , interleukin (IL)-1 β and IL-6 were evaluated by means of Enzyme-linked immunosorbent (ELISA) kits (Shanghai Xitang Biotechnology Co., Ltd., Shanghai, China) based on the producer's protocols. Absorbance readings of samples were detected at 450 nm

with a microplate reader (Bio-Rad Laboratories, Richmond, CA, USA).

Reverse Transcription-Quantitative Polymerase Chain Reaction (RT-qPCR) Analysis

Trizol reagent (Invitrogen) was used to extract the total RNA from MPC-5 cells according to the manufacturer's instructions. Then, RNA was reverse transcribed into cDNA using a Reverse Transcription kit (Beijing TransGen Biotech, Beijing, China). qPCR was conducted using SYBR Premix Ex Taq (TaKaRa, Dalian, China) on Applied Biosystems 7500 (Applied Biosystems, Foster City, California). The primer sequences used in this study were as follows: MMP12, forward 5'-CATGAAGCGTGAGGATGTAGAC-3', reverse 5'-TGGGCTAGTGTACCACCTTTG-3'; GAPDH, forward 5'-AATGGATTTGGACGCATTGGT-3', reverse 5'-TTTGCACTGGTACGTGTTGAT-3'. Analysis of gene expression employed relative quantification using $2^{-\Delta\Delta CT}$ method.²⁴ GAPDH was used as an internal reference gene.

Western Blot Analysis

MPC-5 podocytes in each group were lysed by RIPA buffer (Beyotime Institute of Biotechnology) on the ice to extract the total protein. A bicinchoninic acid assay kit (Pierce; Thermo Fisher Scientific, Inc.) was used to determine the concentrations of total proteins. The same amount of protein (50 μ g/lane) was subjected to 10% SDS-PAGE electrophoresis. The separated proteins were then transferred to PVDF membranes. After blocking with 5% skimmed milk for 1.5 h at room temperature, these membranes were incubated overnight at 4°C with primary antibodies. Following primary incubation, these blots were immersed in HRP-conjugated secondary antibodies (Cell Signaling Technology; cat. no. 7074S). The immunoreactive protein bands were visualized using the enhanced chemiluminescence kit (Amersham Pharmacia Biotech, Amersham, UK). Anti-Nox2 (cat. no. ab129068), anti-Nox4 (cat. no. ab154244) and anti-MMP12 antibodies were the products of Abcam Company (Cambridge, UK). Anti-cyclooxygenase-2 (COX-2; cat. no. 12282T), anti-inducible nitric oxide synthase (iNOS; cat. no. 13120S), anti-phospho-ERK (p-EKR; cat. no. 4370T), anti-ERK (cat. no. 4695T), anti-p-p38 (cat. no. 4511T), anti-p38 (cat. no. 8690T), anti-p-JNK (cat. no. 9255S), anti-JNK (cat. no. 9258T) and anti-GAPDH (cat. no. 5174T) antibodies were purchased from Cell Signaling Technology (Boston,

MA, USA). Protein bands were analyzed using ImageJ software (National Institutes of Health). GAPDH was used as the loading control.

Statistical Analysis

Data are presented as the mean ± standard deviation. A comparison among multiple groups was performed by a one-way analysis of variance (ANOVA) followed by Tukey's post-hoc test. P-values of <0.05 were taken as statistically significant.

Results

FA Treatment Increases Cell Viability and Decreases Cell Apoptosis in HG-Induced Podocytes

The chemical structural formula of FA was presented in Figure 1A. To study the effects of FA on HG-induced podocytes MPC-5 cell line, firstly, cell viability was examined with CCK-8 assay after cells being treated with different concentrations of FA. As shown in Figure 1B, there was no significant effect on cell viability in

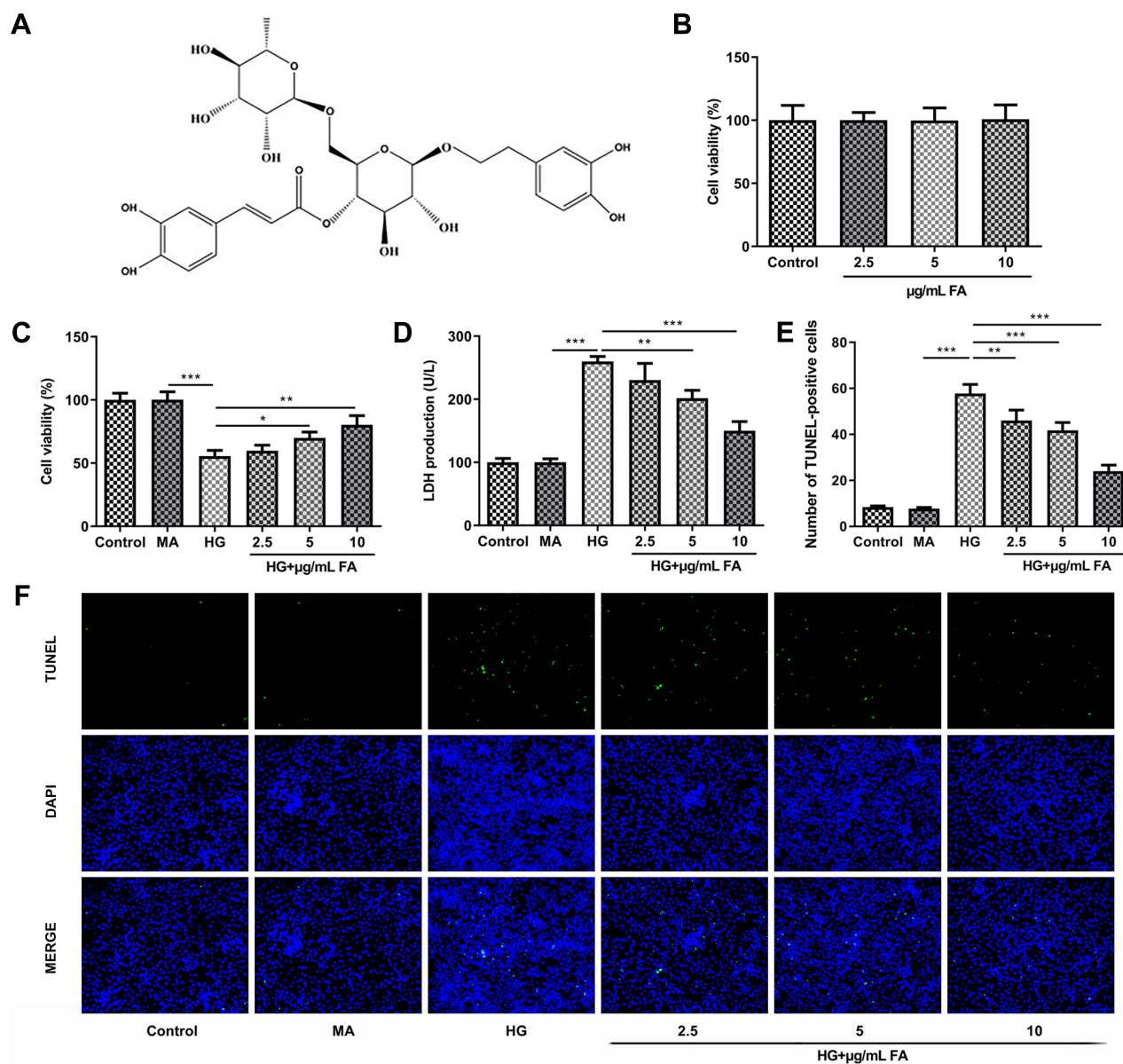


Figure 1 FA treatment intensified cell viability and suppressed cell apoptosis in HG-induced podocytes. (A) The chemical structural formula of FA. (B) Cell viability was tested with CCK-8 assay after treatment with different doses of FA. (C) Cell viability was evaluated using CCK-8 assay in the presence or absence of FA under HG condition. (D) The activity of LDH was determined by means of LDH assay kit. (E and F) Cell apoptosis was assessed by TUNEL assay. *P<0.05, **P<0.01, ***P<0.001.

response to FA with 2.5, 5 and 10 $\mu\text{g/mL}$ relative to the control group. Then, it was found that HG exposure notably decreased cell viability compared with the mannitol control (MA) group (Figure 1C). By contrast, FA dose-dependently elevated cell viability as compared to the HG induction group. Additionally, the activity of LDH was remarkably intensified when MPC-5 cells were stimulated with medium containing HG (Figure 1D). However, FA treatment conspicuously reduced LDH activity in a dose-dependent manner relative to the HG group. Subsequently, cell apoptosis was evaluated by means of TUNEL assay. As what is observable from Figure 1E and F, HG exposure significantly enhanced the number of apoptotic cells compared with the MA group, which was reversed by FA intervention. These results indicate that FA treatment elevates cell viability and inhibits cell apoptosis in HG-induced podocytes.

FA Treatment Notably Alleviates Oxidative Stress and Inflammation in Podocytes Under HG Condition

To explore the effects of FA on oxidative stress in HG-stimulated podocytes, the levels of oxidative stress-related markers were detected with corresponding kits. As exhibited in Figure 2A–C, HG challenge conspicuously increased the content of MDA whereas decreased the activities of SOD and CAT antioxidases relative to the MA group, which was restored by FA treatment. Consistently, as compared to the MA group, the expression of NADPH oxidase (Nox)2 and Nox4 was remarkably upregulated in the HG-treated group, whereas FA dose-dependently downregulated the levels of these two proteins relative to the HG group (Figure 2D). Concurrently, it was found that HG stimulation significantly elevated the concentrations of TNF- α , IL-1 β and IL-6 compared with mannitol control group, and the pro-inflammatory impact of HG induction in MPC-5 cells was partially counteracted after FA intervention (Figure 2E–G). Additionally, FA treatment dramatically reversed the promoted effect of HG stimulation on the expression of COX-2 and inducible nitric oxide synthase (iNOS) (Figure 2H). Overall, these data suggest that intervention with FA markedly attenuates HG-induced oxidative stress and inflammation in podocytes.

FA Inactivates MMP12 Expression in HG-Induced Podocytes

To investigate the potential mechanisms of FA in DN model in vitro, the expression of MMP12 was tested by Western blotting. It was observed that HG induction significantly upregulated MMP12 expression as compared to the MA group, while FA dose-dependently downregulated the level of MMP12 (Figure 3A and B). Then, MMP12 was overexpressed by transfection with MMP12 plasmid. Results obtained in Figure 3C and D revealed that MMP12 expression level was remarkably elevated after transfection with MMP12 plasmid compared with the empty group. These data provide evidence that FA treatment inactivates MMP12 expression in HG-induced podocytes.

MMP12-Upregulation Conspicuously Restores the Impact of FA Treatment on HG-Induced Podocyte Injury

To further clarify the mechanism of FA and MMP12 in MPC-5 cells under HG exposure, cell viability and cell apoptosis were tested firstly. As displayed in Figure 4A and B, MMP12 overexpression notably decreased cell viability and enhanced LDH activity as compared to the empty group. Then, it was found that the gain-function of MMP12 notably promoted cell apoptosis in FA-treated MPC-5 cells under HG condition when compared with Oe-NC group (Figure 4C and D). Additionally, significantly increased MDA content and decreased SOD and CAT activities were noticed following overexpression of MMP12 (Figure 5A–C). Meanwhile, the expression of Nox2 and Nox4 presented marked upregulation after MMP12 overexpression (Figure 5D). Moreover, MMP12 overexpression conspicuously promoted the secretion of inflammatory factors TNF- α , IL-1 β and IL-6 relative to the empty control group in MPC-5 cells stimulated by HG and FA (Figure 5E–G). As expected, notably intensified COX-2 and iNOS expression levels were observed after transfection with MMP12 plasmid (Figure 5H). These observations reveal that FA attenuates HG-induced cell apoptosis, oxidative stress and inflammation by inhibiting MMP12 expression.

FA Alleviates HG-Induced Podocyte Injury by Inactivating MAPK Signaling via MMP12 Inhibition

Finally, the expression of proteins in MAPK signaling was evaluated by means of Western blot analysis. As

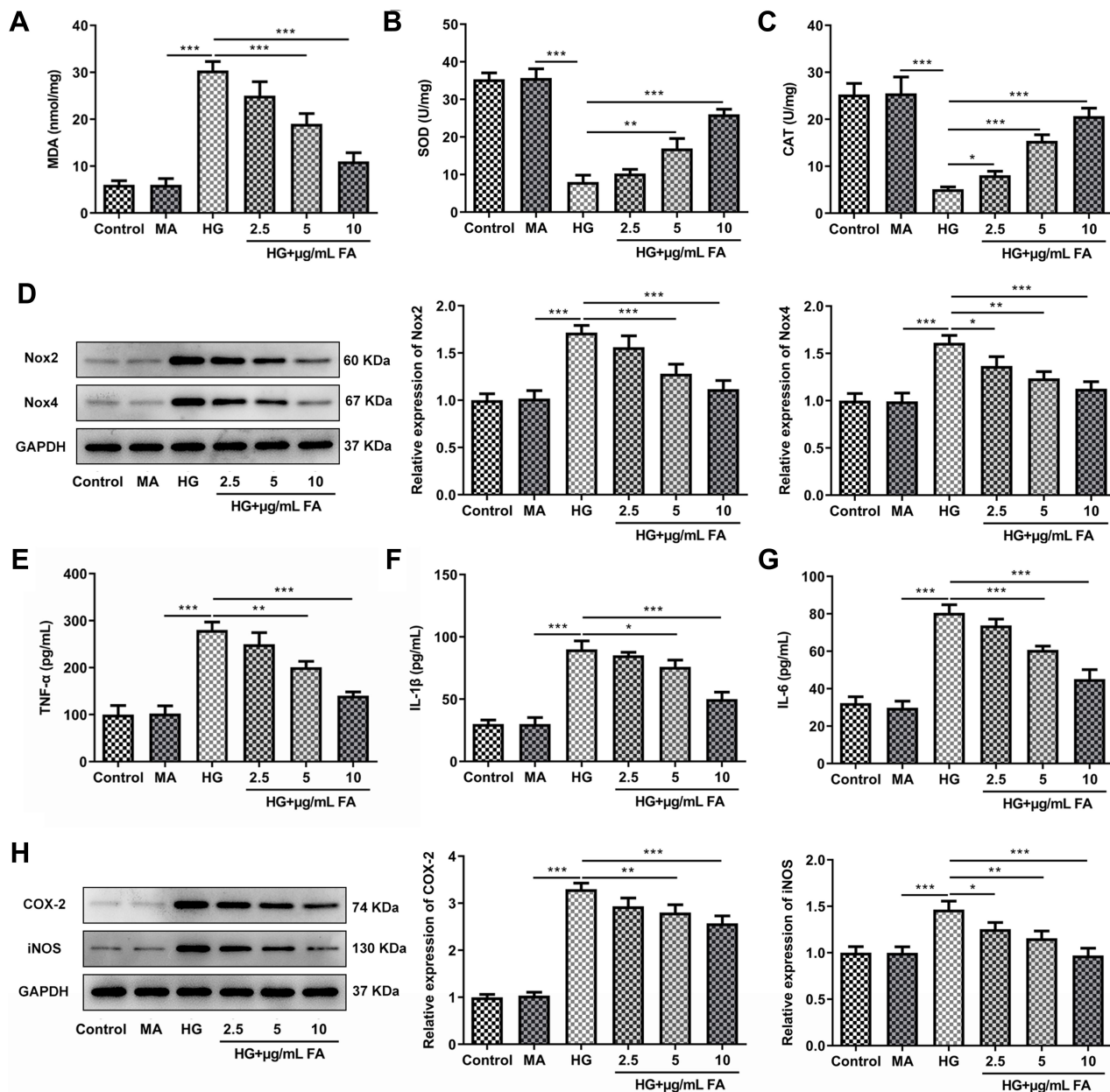


Figure 2 FA treatment significantly alleviates oxidative stress and inflammation in HG-induced MPC-5 cells. (A–C) The levels of MDA, SOD and CAT were tested by means of corresponding commercially available kits. (D) Western blot analysis was employed to examine the expression of Nox2 and Nox4. (E–G) The concentrations of TNF-α, IL-1β and IL-6 were evaluated with ELISA kits. (H) The expression of COX-2 and iNOS was determined with Western blotting. *P<0.05, **P<0.01, ***P<0.001.

shown in Figure 6, HG stimulation notably upregulated the expression of p-ERK, p-p38 and p-JNK as compared to the MA group. However, FA intervention downregulated the levels of above-mentioned proteins in MPC-5 cells exposed to HG. Interestingly, reduced expression of p-ERK, p-p38 and p-JNK after FA treatment was partially restored following MMP12 overexpression. To conclude, these findings suggests that FA relieves HG-induced podocyte injury by inactivating MAPK signaling via MMP12 inhibition.

Discussion

DN, evoked by persistent hyperglycemia, is a frequent cause of morbidity and death among patients with diabetes.²⁵ Podocytes are terminally differentiated and highly specialized cells that play a significant role in maintaining the glomerular structure and filtration barrier.²⁶ Due to limited division capacities, podocyte injury and loss is a critical factor contributing to the progression of DN.²⁷ Traditional Chinese medicine (TCM) has become increasingly important in the treatment

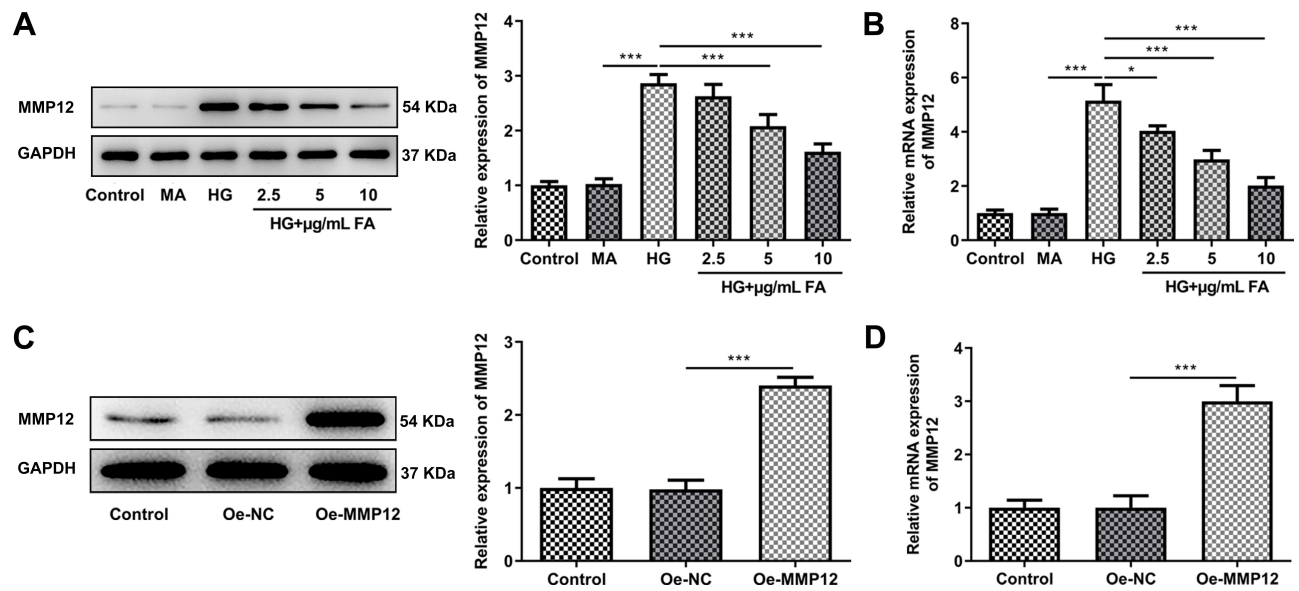


Figure 3 FA reduced MMP12 expression level in HG-induced MPC-5 cells. **(A and B)** The expression of MMP12 was respectively evaluated using Western blotting and RT-qPCR. **(C and D)** Western blot assay and RT-qPCR were used to detect MMP12 level after transfection. *P<0.05, ***P<0.001.

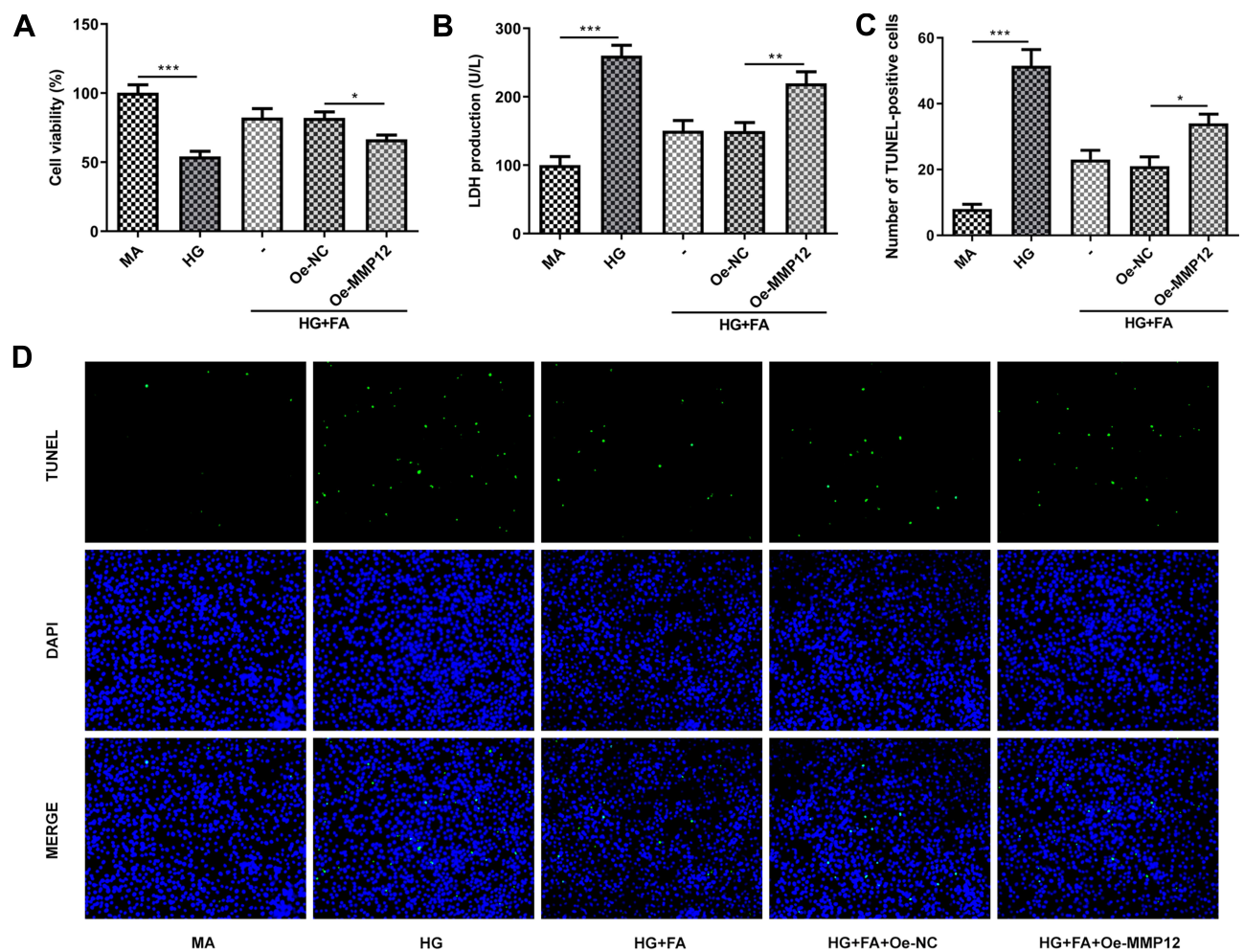


Figure 4 MMP12 overexpression partially reversed the impact of FA treatment on cell viability and cell apoptosis in HG-induced podocyte. **(A)** Cell viability was tested with CCK-8 assay. **(B)** LDH activity was measured using LDH assay kit. **(C and D)** TUNEL assay was adopted for evaluation of cell apoptosis. *P<0.05, **P<0.01, ***P<0.001.

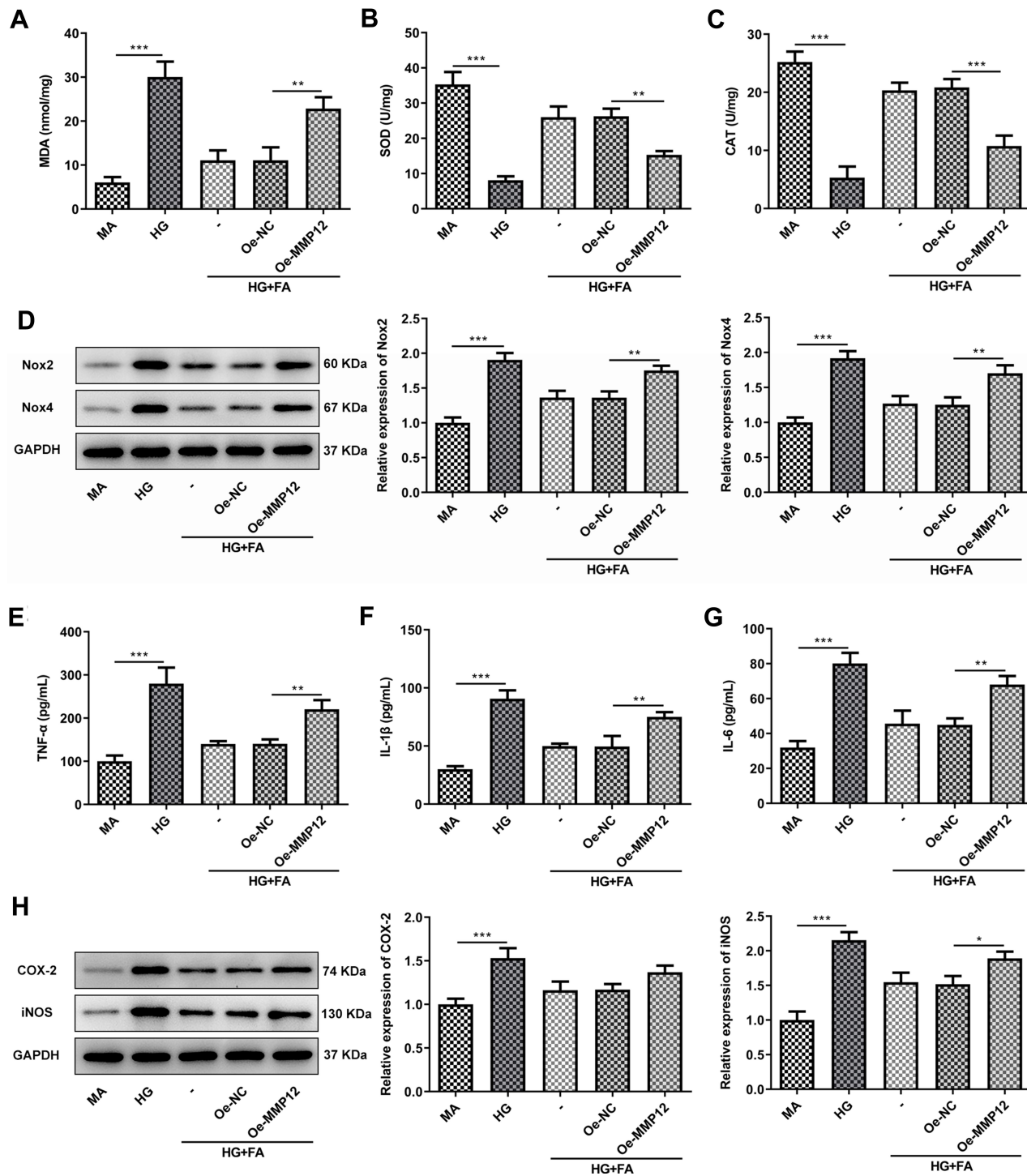


Figure 5 MMP12 upregulation conspicuously abrogated the inhibitory effects of FA treatment on oxidative stress and inflammation in HG-induced MPC-5 cells. (A–C) The levels of MDA, SOD and CAT were examined using the corresponding commercially available kits. (D) The expression of Nox2 and Nox4 was determined with Western blotting. (E–G) The concentrations of TNF-α, IL-1β and IL-6 were assessed by ELISA kits. (H) The expression of COX-2 and iNOS was measured with Western blotting. *P<0.05, **P<0.01, ***P<0.001.

of DN, among which FA possesses a wide range of pharmacological properties in the regulation of multiple physiological activities. In the present study, we provided convincing evidence that FA protects podocytes from HG-

triggered injury by inactivating MAPK signaling via MMP12 inhibition.

Accumulating study confirms that HG-induced reduction in podocyte viability and increase in apoptosis are the

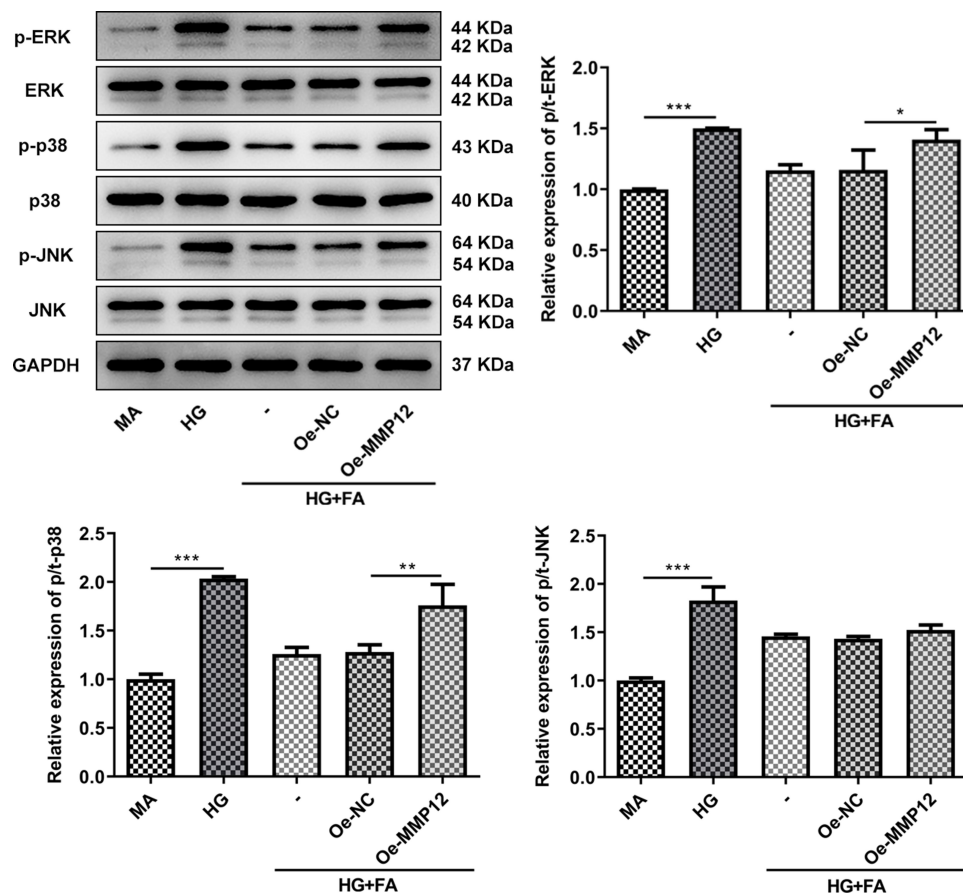


Figure 6 FA ameliorated HG-induced podocyte injury by inactivating MAPK signaling via MMP12 inhibition. The expression of p-ERK, p-p38 and p-JNK was determined with Western blot analysis. * $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$.

major causes of podocyte depletion, which plays a crucial role in the pathogenesis of DN.^{7,28} FA was reported to increase the viability of lipopolysaccharide-treated RAW264.7 cells and primary lymphocytes.²⁹ Yan et al demonstrated that FA exerts neuroprotective effects on amyloid beta 25–35-stimulated PC12 cells by enhancing cell viability and decreasing cell apoptosis.³⁰ In the current study, HG exposure markedly interfered with MPC-5 cell viability and intensified the percentage of apoptotic cells, which is consistent with the results of previous studies.^{31,32} Importantly, FA treatment dose-dependently improved the impact of HG induction on MPC-5 cells, suggesting the protective effect of FA on podocytes under HG condition.

Additionally, oxidative stress and inflammation are reported to be closely associated with HG-induced podocyte injury in the development of DN.^{33,34} MDA, the end product of lipid peroxidation, is an oxidative stress marker. SOD and CAT are crucial antioxidant enzymes in the defensive system under oxidative stress condition, which

together resist the podocytes to HG-induced cell death.^{35,36} Nox2 and Nox4, pathologically relevant sources of ROS in HG-induced podocytes, appear to be the dominant contributors to the mediation of glomerular injury in diabetes.^{37,38} Additionally, the amplified and continued production of inflammatory cytokines including TNF- α , IL-1 β and IL-6 can be induced by exposure of podocytes to HG.³⁹ COX-2 and iNOS proteins are two important inflammation-related proteins during DN progression, and their induction are well documented in podocytes response to HG stimulation.⁴⁰ FA, which could be a major antioxidant constituent,¹⁷ was reported to protect against lipopolysaccharide-induced inflammation in acute lung injury via up-regulating miR-124 expression.¹⁸ Moreover, it exerts anti-inflammatory effects on *S. aureus*-stimulated primary bovine mammary epithelial cell injury through inactivation of NF-kappa B and MAPKs pathways.¹⁹ Apart from the previous standpoints, this study revealed that FA alleviates HG-induced oxidative stress and inflammation in podocytes.

MMP12, a protein of the matrix metalloproteinase family, is considered to be associated with an increased risk of DN.²³ HG exposure significantly upregulated MMP12 expression in this study implied the elevated risk of DN initiation and development, whereas FA intervention dose-dependently downregulated its expression. However, MMP12 overexpression notably reversed the protective effects of FA treatment on HG-induced MPC-5 cells. Substantial evidence exists to suggest that MAPK signaling pathway is activated when podocytes are exposed to HG, which is further verified in the present study.^{41,42} Besides, MMP12 promotes the secretion of IL-1 β , IL-6 and TNF- α in mouse macrophages through upregulating ERK/p38 MAPK signaling pathway, and MMP12 knockdown decreases the phosphorylation levels of p38 and ERK1/2.⁴³ In this study, significantly decreased expression levels of p-ERK, p-p38 and p-JNK in MAPK signaling in FA-treated group were observed, which was partially restored following MMP12 overexpression.

Conclusion

Taken together, results presented in the current study demonstrated that FA alleviates HG-induced oxidative stress and inflammation in podocytes. The protective effects are mediated by the inhibition of MAPK signaling via MMP12 inactivation. These findings provide experimental and scientific evidence for the potential of using FA as a therapeutic agent in the treatment of DN.

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Disclosure

The authors declare that they have no conflicts of interest for this work.

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