# Isolated cutaneous *Pseudallescheria boydii* abscess in an immunocompetent man



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**Key words:** abscess; antifungal; fungus; immunocompetent; infection; infectious disease; mycology; *Pseudallescheria boydii*; therapy.

# INTRODUCTION

Pseudallescheria boydii is increasingly recognized as a source of infection in the immunocompromised. It has rarely been reported as a pathogen in immunocompetent patients, especially as a single cutaneous abscess. We present the case of a solitary *P boydii* abscess presenting in an immunocompetent man.

## **CASE REPORT**

A 51-year—old man presented to the Columbia University Irving Medical Center in January 2021 for

evaluation of an abscess on his right forearm. One year before presentation, he had cut his forearm while cleaning a broken fluorescent light bulb. The lacerated area initially healed without cause for concern, but over the following 6 months, the patient noticed that the affected area beneath the involved area began to swell, elicit pain when palpated, and express purulent discharge. In January 2021, he visited a local dermatologist, who cultured the abscess, revealing *P boydii* species complex. He was then referred to the



**Fig 1. A,** Clinical photograph of the indurated pustular nodule with a central, crusted ulcer. **B,** Closer view of the same image.

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IRB approval status: Not applicable.

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JAAD Case Reports 2022;21:160-4. 2352-5126

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https://doi.org/10.1016/j.jdcr.2021.12.034

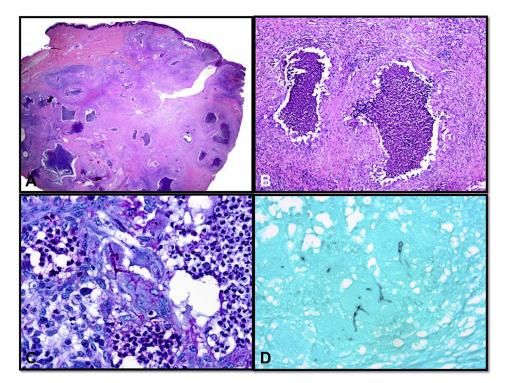


Fig 2. Histologic section of the biopsy specimen showing (A) a mostly dermal-based nodule (hematoxylin-eosin stain; original magnification: ×10.25) composed of (B) multifocal neutrophilic aggregates and a mixed inflammatory infiltrate (hematoxylin-eosin stain; original magnification: ×100). (C) Periodic acid-Schiff and (D) Gomori methenamine silver stains show septate fungal hyphae with acute angle branching (original magnification: ×400).

Columbia University Irving Medical Center for further evaluation.

On presentation 3 weeks later, the patient reported that the nodule on his right forearm had continued to increase in size and express pus. The patient was a healthy male without a significant past medical history, including immunosuppressive conditions, and was not taking any immunosuppressive medications. He also denied a history of unusual environmental exposures, intravenous drug use, or recurrent infections. He denied fever, chills, night sweats, or recent weight loss; a complete metabolic panel and a complete blood cell count with differential were within normal limits. HIV qualitative polymerase chain reaction testing was negative.

Palpation of the right forearm revealed a  $3.5~\mathrm{cm}~\times~3.5~\mathrm{cm}$  indurated nodule with central ulceration and purulent discharge (Fig 1, A and B). No other lesions were observed, and no lymphadenopathy was detected on examination. Wound cultures of the lesion grew *P boydii* species complex.

Excisional biopsy of the lesion on hematoxylineosin-stained histologic sections revealed a predominantly dermal-based nodule (Fig 2, A) composed of multifocal collections of neutrophils (Fig 2, B)



Fig 3. Clinical photograph of the affected area after 3 months of voriconazole therapy with only residual scarring at the site of the prior excision.

surrounded by epithelioid and multinucleated histiocytes, lymphocytes, plasma cells, and eosinophils. Periodic acid-Schiff (Fig 2, C) and Gomori

**Table I.** Primary Cutaneous Presentations of *P boydii* in Immunocompetent Patients

Age/Sex	Clinical Diagnosis	Immune Status	Clinical Features	Microbiologic Diagnosis	Therapy	Outcome
35 M	P boydii mycetoma with co-occurring Madurella grisea mycetoma	No significant past medical history Normal CBC with differential Normal immunoglobulin levels Normal CD4, CD8 cell counts HIV negative	8 cm × 5 cm firm, nonfluctuant, nontender nodule on right anterolateral ankle for months (exact number unknown) 6 cm × 5 cm nontender nodule on dorsal aspect of right hand for 8-10 mo	Ankle lesion: P boydii/ Scedosporium apiospermum complex (S. apiospermum sensu stricto) Hand lesion: Madurella grisea	Voriconazole (dosing not provided) for 6 mo	Complete resolution of the Scedosporium ankle lesion; minimal improvement of Madurella hand lesion
25 F	Scedosporium apiospermum lymphadenitis	No significant past medical history Normal CBC with differential Normal lymphocyte subsets (T cells, B cells, and NK cells) Normal immunoglobulin and complement levels Normal phagocytic activity and burst activity of neutrophils and monocytes	Mobile and nontender lymph nodes (0.5-2 cm) in the anterior and posterior cervical chains for 10 y; posttraumatic scar on right hemiface secondary to laceration 12 y prior	Scedosporium apiospermum	Itraconazole, 200 mg 3 times daily for 1 y	Complete resolution after 1 y
73 F	P angusta soft tissue infection	No significant past medical history Additional labs not reported	Multiple painful 1- to 3- mm erythematous papulopustules on the dorsum of the left hand for 4 mo	P angusta	Oral itraconazole 200 mg/ day for 4 wk with transition to oral voriconazole 400 mg/ day for 3 mo	Slight improvement after oral itraconazole Complete resolution after 3 mo of oral voriconazole
16 M	Multiple subcutaneous mycetomas	No significant past medical history CBC with mild anemia, mild leukocytosis (WBC 13), and mild eosinophilia Normal bone marrow aspirate	Numerous subcutaneous nodules involving the neck, trunk, arms, and thighs ranging from 2 to 15 cm for 8 y	P boydii/Scedosporium apiospermum complex (no speciation reported)	Initially treated with oral itraconazole with periodic needle aspirations for 4 wk Switched to potassium iodide saturated solution 1 mL 3 times a day, subsequently increased to 6 mL each dose due to financial difficulties	Complete resolution of lesions after 2 y

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Oral voriconazole 200 mg Significant improvement twice daily for 6 mo after 6 mo Amoxicillin/clavulanate for 6 wk
Oral voriconazole 200 mg twice daily for 6 mo Amoxicillin/clavulanate for 6 wk
P boydii/Scedosporium apiospermum complex Neisseria spp.
Numerous pustules and woody induration of left forearm for 5 y following dog bite
No significant past medical history Normal CBC
P boydii/Scedosporium apiospermum species complex and Neisseria spp. soft tissue infection of the forearm
<b>∑</b> ⊗

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2BC, Complete blood cell count; NK, natural killer; WBC, white blood cell.

methenamine silver (Fig 2, D) stains showed several septate fungal hyphae with acute angle branching, resembling Aspergillus spp. Gram stain was negative for bacteria. Fite stain was negative for acid-fast bacilli.

The patient was treated with wide local excision of the abscess and prescribed voriconazole 300 mg twice a day. The patient delayed initiation of voriconazole for 2 months, during which time small papules developed along the scar that were concerning for recurrent infection. He subsequently completed 3 months of voriconazole therapy. At the time of last follow-up, the area had healed well and showed no signs of recurrent infection (Fig 3).

### DISCUSSION

P boydii is a ubiquitous saprobic fungus known to grow in saltwater, sewage, soil, swamps, coastal tidelands, poultry manure, cattle manure, and bat feces. P boydii thrives in environments high in agricultural and industrial pollution, as the species is able to use nitrogen-containing compounds, such as fertilizers, and aromatic hydrocarbons found in oil and gas as nutrient sources. P boydii is the name of the teleomorph, or sexual state, of the fungal species, and Scedosporium apiospermum describes its anamorph, or asexual state. 1,2 Although the names are interchangeable, P boydii commonly takes precedence in clinical descriptions.

P boydii is an opportunistic pathogen, responsible for a wide variety of clinical presentations. P boydii has become an increasingly recognized source of lifethreatening infections in immunocompromised hosts with a high risk of progressing to disseminated disease. Cases of septic arthritis, endocarditis, and meningoencephalitis, among many other infectious complications, have been reported in immunocompromised individuals. Infection in immunocompetent patients is rare. The classic pathology attributed to P boydii in immunocompetent patients is mycetoma, a chronic, granulomatous infection of subcutaneous tissues and contiguous bone characterized by suppurative sinus tracts and expression of fungal "grains" representing organized mycelial aggregates.<sup>3,4</sup> Pneumonia, bone and joint infections, otitis media, otitis externa, keratitis, endophthalmitis, and brain abscesses have also been reported in immunocompetent patients.<sup>1,5</sup> Primary cutaneous infections in immunocompetent patients have been infrequently reported in the literature. A literature review of existing cases is presented in Table I. 6-10 In the currently reported case, the infection was isolated to a single abscess on the forearm of an immunocompetent host, which lacked the typical grains seen in P boydii mycetoma.

P boydii infection requires extended treatment, with some patients requiring years of antifungal therapy

due to frequent recurrence. Recent DNA studies have shown that *P boydii* is likely not a single species but rather a "species complex" including at least 6 known species (*P boydii*, *P angusta*, *P ellipsoidea*, *P fusoidea*, *P minutispora*, and *Scedosporium aurantiacum*) and 2 recently reported species (*P minutispora* and *S aurantiacum*). This phylogenetic diversity may explain the difficulty in treating these infections. Gilgado et al<sup>11</sup> tested 84 isolates belonging to 8 species that constitute the *P boydii* species complex against 11 antifungal agents. Among the antifungal agents tested, voriconazole had a fungicidal effect in the most species. A long course (at least 3 months) is usually required due to the recalcitrant nature of the infection.

This report highlights a rare case in which *P* boydii presented as a solitary abscess on the right forearm of an immunocompetent man. This underscores the need to maintain a broad differential diagnosis and to include deep fungal infections in the assessment of nodules associated with transcutaneous trauma. In addition to a routine workup, including biopsy and bacterial cultures, fungal cultures should always be considered. Sensitivity testing is important, as *P* boydii may be resistant to numerous antifungal agents due to the organismal diversity of the *P* species complex. Treatment requires aggressive management with debridement and long-term antifungal therapy.

### Conflicts of interest

None disclosed.

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