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#### ORIGINAL RESEARCH

# Solid dispersions in the form of electrospun core-sheath nanofibers

Deng-Guang Yu<sup>1</sup> Li-Min Zhu<sup>2</sup> Christopher J Branford-White<sup>3</sup> Jun-He Yang<sup>1</sup> Xia Wang<sup>1</sup> Ying Li<sup>1</sup> Wei Qian<sup>1</sup>

<sup>1</sup>School of Materials Science and Engineering, University of Shanghai for Science and Technology; <sup>2</sup>College of Chemistry, Chemical Engineering and Biotechnology, Donghua University, Shanghai, People's Republic of China; <sup>3</sup>Faculty of Life Sciences, London Metropolitan University, London, United Kingdom **Background:** The objective of this investigation was to develop a new type of solid dispersion in the form of core-sheath nanofibers using coaxial electrospinning for poorly water-soluble drugs. Different functional ingredients can be placed in various parts of core-sheath nanofibers to improve synergistically the dissolution and permeation properties of encapsulated drugs and to enable drugs to exert their actions.

**Methods:** Using acyclovir as a model drug, polyvinylpyrrolidone as the hydrophilic filament-forming polymer matrix, sodium dodecyl sulfate as a transmembrane enhancer, and sucralose as a sweetener, core-sheath nanofibers were successfully prepared, with the sheath part consisting of polyvinylpyrrolidone, sodium dodecyl sulfate, and sucralose, and the core part composed of polyvinylpyrrolidone and acyclovir.

**Results:** The core-sheath nanofibers had an average diameter of  $410 \pm 94$  nm with a uniform structure and smooth surface. Differential scanning calorimetry and x-ray diffraction results demonstrated that acyclovir, sodium dodecyl sulfate, and sucralose were well distributed in the polyvinylpyrrolidone matrix in an amorphous state due to favoring of second-order interactions. In vitro dissolution and permeation studies showed that the core-sheath nanofiber solid dispersions could rapidly release acyclovir within one minute, with an over six-fold increased permeation rate across the sublingual mucosa compared with that of crude acyclovir particles.

**Conclusion:** The study reported here provides an example of the systematic design, preparation, characterization, and application of a novel type of solid dispersion consisting of multiple components and structural characteristics.

**Keywords:** core-sheath nanofibers, solid dispersion, coaxial electrospinning, poorly water-soluble drug, dissolution, permeation

### Introduction

Nanomedicine is a new field and an offshoot of nanotechnology, which focuses on the new properties of medical materials gained when structures are controlled at the atomic and molecular levels, leading to significantly changed properties distinct from traditional science fields. Nano drug delivery systems, as a subset of nanomedicine, have shown great potential in meeting many difficult pharmaceutical challenges, such as effective absorption of poorly water-soluble drugs, targeting cancer, oral vaccine and protein delivery, gene therapy, combating multidrug resistance, and trans blood—brain barrier drug delivery systems.<sup>2,3</sup>

Electrospinning is a simple and straightforward process for generating nanofibers. The popularity of this system is due to its ease of implementation, capability of being used with a variety of materials, convenience in obtaining composites of multiple

which permits unrestricted noncommercial use, provided the original work is properly cited.

Correspondence: Deng-Guang Yu; Xia Wang School of Materials Science and Engineering, University of Shanghai for Science and Technology, 516 Jungong Road, Yangpu District, Shanghai 200093, People's Republic of China Tel +86 21 5527 4069 Fax +86 21 5527 0632 Email ydg017@gmail.com; wangxia@usst.edu.cn components, and with secondary microstructures (such as core-sheath, side-by-side, and island-in-sea). The applications of electrospun products are expanding, especially in areas relating to tissue engineering and drug delivery.<sup>4-8</sup>

Solid dispersion is one of the more promising strategies to improve the oral bioavailability of poorly water-soluble drugs, and is mainly obtained by two traditional methods, ie, melting and solvent evaporation. 9-14 Over several decades, research concerning the development of solid dispersions and related fabrication processes has been widely reported, and a few solid dispersion products have already been marketed. Recently, it has been shown that the dissolution profile can be enhanced if the carrier has surface activity or self-emulsifying properties. Therefore, third-generation solid dispersions have been developed, usually consisting of an active pharmaceutical ingredient, an amorphous polymer, and a surfactant. The objective of this new generation of solid dispersions is to achieve a higher degree of bioavailability for poorly soluble drugs that stabilize the solid dispersion, so avoiding drug recrystallization. 15-17 However, all the reported solid dispersions, as intermediate formulations, are complexes or amorphous hybrids of two or multiple components and often lack secondary microstructural characteristics. If solid dispersions are designed with secondary structures, then this approach may not only provide greater physical stability, so avoiding recrystallization, but may also have new properties because of tactical deposition of varying functional ingredients in different locations within the solid dispersion.

Electrospinning, which has the shared characteristics of both electrospraying and conventional solution dry spinning of fibers, is inherently an appropriate method for preparing solid dispersions. 18-20 Correspondingly, electrospun nanofibers can be good solid dispersion products. The fast-drying electrospinning process is able to "freeze" drug molecules randomly in the solid polymer fiber matrix into a state comparable with that in a liquid form. This is very useful for preventing phase separation, eg, recrystallization of either drug or matrix during removal of solvents.<sup>15-20</sup> Exploitation of electrospinning in preparing solid dispersions is at present still somewhat limited, in that all the reported solid dispersions are produced by single fluid electrospinning and the nanofiberbased solid dispersions formed invariably do not have structural characteristics. 16-20 Over the past few years, electrospinning technology has evolved from using single, coaxial, and sideby-side electrospinning, to adopting multiple fluid systems. These techniques allow the formation of new types of sophisticated nanofibers with well defined microstructures, novel morphologies, and/or new functions. 21-25

Among all the different types of electrospinning processes, coaxial electrospinning, in which a concentric spinneret can accommodate two different liquids, is regarded as one of the most significant breakthroughs in the field. 26–28 It has been applied in controlling secondary structures of nanofibers, encapsulating drugs or biological agents into polymeric nanofibers, fabricating polymeric microtubes, preparing nanofibers from materials that lack filament-forming properties, and enclosing functional liquids within the fiber matrix. 29–33 Through modifications, nanofiber diameters can be manipulated for controlling the size of self-assembled nanoparticles, preparing ultrafine structures from concentrated polymer solutions, and improving nanofiber quality systematically. 34–39

Based on the above knowledge, we report on the formation of a novel solid dispersion in the form of coresheath nanofibers produced using a coaxial electrospinning process. We believe that this is the first investigation of nano solid dispersions consisting of multiple components, with each constituent having its own spatial deposition in the nanofibers and the resulting format influencing functional characteristics.

# Materials and methods Materials

Polyvinylpyrrolidone (PVP) K60 (molecular weight 360,000) was purchased from BASF Corporation (Shanghai, China), acyclovir from Zhejiang Charioteer Pharmaceutical Company (Hangzhou, China), and sucralose and sodium dodecyl sulfate (SDS) from Sinopharm Chemical Reagent Co, Ltd (Shanghai, China). N,N-dimethylacetamide (DMAc) and anhydrous ethanol were provided by Shanghai Shiyi Chemicals Reagent Co, Ltd (Shanghai, China). All chemicals used were analytical grade. Water was double-distilled just before use.

# Coaxial electrospinning process

A codissolving solution of 10% (w/v) PVP and 2% (w/v) acyclovir in a mixed solvent of DMAc:ethanol (4:6, v:v) was used as a core fluid. The electrospinnable sheath liquid consisted of 10% (w/v) PVP, 0.5% (w/v) SDS, and 0.2% (w/v) sucralose in a mixed solvent of water:ethanol (2:8, v:v).

A concentric spinneret with a coplanar inner and outer capillary was used to carry out the coaxial electrospinning.<sup>36</sup> Two syringe pumps (KDS100 and KDS200, Cole-Parmer, Vernon Hills, IL) were used to drive the sheath and core fluids at the same flow rate of 1.0 mL/hour. A metal clip was used to connect the spinneret with the high voltage supply (Shanghai Sute Electrical Co, Ltd, Shanghai, China) and the

applied voltage was 12 kV. The nanofibers were collected on a metal collector wrapped with aluminum foil and kept at a fixed distance of 20 cm away from the needle tip of the spinneret. The coaxial processes were recorded using a digital video recorder (PowerShot A640, Canon, Japan) under magnification of  $11\times$ .

### Characterization

The morphology of the surface and cross-sections of the core-sheath nanofibers were assessed using a S-4800 field-emission scanning electron microscope (FESEM, Hitachi, Japan). The average fiber diameter was determined by measuring diameters of nanofibers over 100 points from the FESEM images using Image J software (National Institutes of Health, Bethesda, MD). Before carbon-coating, cross-sections of the nanofiber mats were prepared by placing them into liquid nitrogen for over 15 minutes before manual breaking.

Transmission electron microscopy images of the samples were taken on a JEM 2100F FESEM (JEOL, Tokyo, Japan). Transmission electron microscopy samples of core-sheath nanofibers were prepared by fixing a lacey carbon-coated copper grid on the metal collector. Nanofibers were spun directly onto the grid.

# Physical status of components and their interactions

Differential scanning calorimetry (DSC) analyses were carried out using an MDSC 2910 differential scanning calorimeter (TA Instruments Co, New Castle, DE). Sealed samples were heated at 10°C per minute from ambient temperature (21°C) to 300°C. The nitrogen gas flow rate was 40 mL/minute.

X-ray diffraction analysis were obtained on a D/Max-BR diffractometer (RigaKu, Japan) with Cu K $\alpha$  radiation in the  $2\theta$  range of  $5^{\circ}$ – $60^{\circ}$  at 40 mV and 300 mA.

Attenuated total reflectance Fourier transform infrared (ATR-FTIR) analysis was carried out on a Nicolet-Nexus 670 FTIR spectrometer (Nicolet Instrument Corporation, Madison, WI) over the range 500–4000 cm<sup>-1</sup> and a resolution of 2 cm<sup>-1</sup>.

### In vitro dissolution and permeation tests

The in vitro dissolution studies were carried out according to the Chinese Pharmacopeia (2005 ED) Method II, and a paddle method using a RCZ-8A dissolution apparatus (Tianjin University Radio Factory, China) was carried out. Core-sheath nanofibers (227 mg) or 20 mg of crude acyclovir

particles (<100  $\mu$ m) were placed in 600 mL of phosphate-buffered solution (pH 6.8, 0.1 M) at 37°C  $\pm$  1°C and 50 rpm, in sink conditions of  $C < 0.2C_s$ . At predetermined time intervals, 5.0 mL samples were withdrawn and replaced with fresh medium to maintain a constant volume. After filtration through a 0.22  $\mu$ m membrane (Millipore, Bedford, MA) and appropriate dilution with phosphate-buffered solution, the sample solutions were analyzed at 252 nm using an ultraviolet spectrophotometer (Unico Instrument Co, Ltd, Shanghai, China). All measurements were carried out in triplicate.

### In vitro buccal permeation studies

The in vitro permeation studies were performed using a RYJ-6A diffusion test apparatus (Shanghai Huanghai Drug Control Instrument Co, Ltd), in which material was mounted on six Keshary-Chien glass diffusion cells and a water bath system that maintained a constant temperature of  $37^{\circ}\text{C} \pm 0.2^{\circ}\text{C}$ . Each cell had a diffusion area of  $2.60 \text{ cm}^2$  and the receptor compartment had a capacity of 7.2 mL.

Porcine sublingual mucosa obtained from a local abattoir was mounted between the donor and receptor compartments of the diffusion cells, with the mucosal surface uppermost. This was performed within 2 hours of slaughter. Each donor compartment was filled with 1 mL of phosphate-buffered solution, and the hydrodynamics in the receptor compartment were maintained by stirring with a Teflon-coated magnetic bead at 100 rpm. The sublingual membranes were equilibrated for 30 minutes before permeation tests.

Core-sheath nanofibers (1.14 mg) or 0.1 mg of crude acyclovir particles (<100  $\mu$ m) were placed on the mucosal surface. Samples (1 mL) were withdrawn from the receptor compartment at timed intervals, filtered through a 0.22  $\mu$ m membrane (Millipore) and absorption was measured at 252 nm as before. All measurements were carried out in triplicate.

### Results and discussion

### Coaxial electrospinning

A schematic diagram of the coaxial electrospinning process and digital pictures of the process are shown in Figure 1. Coaxial electrospinning appeared to proceed smoothly under the conditions used. Acyclovir, a poorly water-soluble drug, has a high melting point (257°C) and also has poor solubility in a series of typical organic solvents, such as ethanol, methanol, chloroform, and acetone. There are no previous reports of the use of this drug in solid dispersions using traditional melt and solvent evaporation methods. Although acyclovir is soluble in DMAc, PVP cannot be electrospun

Figure 1 Schematic diagram of the coaxial electrospinning process (A) and digital pictures of the process (B).

under these conditions due to its high boiling point (166°C) and poor volatility, thus it is impossible to prepare nanofiber solid dispersions of multiple components using single fluid electrospinning. This is due to the lack of cosolubility of the components or good electrospinnability.

For coaxial electrospinning, the core solution does not need to have electrospinnability, and the sheath solution acts as a guide and surrounds the core liquid. The sheath solution is critical, and the sheath polymer-solvent system selected should be electrospinnable by itself to facilitate formation of a core-sheath structure in the nanofibers. Thus, although the core solution consisting of 10% (w/v) PVP and 2% (w/v) acyclovir in a mixed solvent of DMAc:ethanol (4:6, v:v) was nonelectrospinnable, the electrospinnable sheath fluid consisting of 10% (w/v) PVP, 0.5% (w/v) SDS, and 0.2% (w/v) sucralose in a mixed solvent of water:ethanol (2:8, v:v) was able to ensure a smooth coaxial electrospinning process and formation of core-sheath nanofibers.

On the other hand, the critical voltage applied to a fluid to initiate Taylor cone formation and the straight thinning jet  $(V_c)$  has a close relationship with the surface tension and conductivity of fluid:<sup>43</sup>

$$V_c \sim \sqrt{\frac{\gamma d^2}{\varepsilon R}}$$

where  $V_c$  is the critical voltage for a jet emanating from the meniscus tip, d is the electrode separation,  $\varepsilon$  is the permittivity,  $\gamma$  is the surface tension, and R is the principal curvature of the liquid meniscus. The addition of SDS and sucralose to the sheath solution would reduce the surface tension and increase the permittivity of the sheath fluid, and thus in turn decrease the applied voltage value needed to initiate coaxial electrospinning.

## Morphology

Figure 2A and B show FESEM images of the surface and cross-section of the core-sheath nanofiber mats.

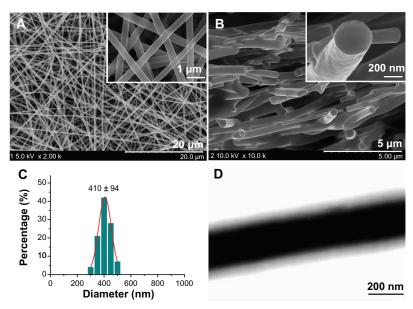


Figure 2 Characterization of the electrospun core-sheath nanofibers. (A) FESEM images of nanofiber surfaces; (B) FESEM images of nanofiber cross-sections; (C) distribution of nanofiber diameters; (D) TEM images of the fiber core-sheath structure.

Abbreviations: FESEM, field emission scanning electron microscope; TEM, transmission electron microscopy.

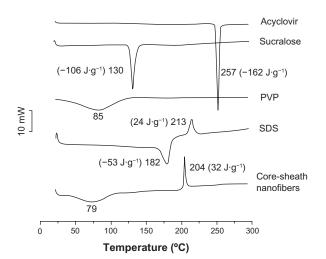
The nanofibers had a uniform structure without beads-on-a-string morphology. They had smooth surfaces and the matrix was free of any separating particles. The nanofibers were evenly distributed, with an average diameter of  $410 \pm 94$  nm (Figure 2C).

Transmission electron microscopy images (Figure 2D) clearly demonstrate the core-sheath structure of the nanofibers, and the uniform gray shading of the sheath and core parts of the nanofibers indicate that acyclovir is evenly distributed in the PVP matrix in the core part and SDS and sucralose are distributed in the PVP matrix in the sheath region.

# Physical status of components in electrospun fibers

DSC and x-ray diffraction tests were undertaken to determine the physical status of the components contained in the coresheath nanofibers. DSC thermograms are shown (Figure 3), and the DSC curves of pure acyclovir and sucralose show a single endothermic response corresponding to melting points of 257°C and 130°C, respectively. SDS had a melting point of 182°C followed by a decomposing temperature of 213°C. As an amorphous polymer, PVP K60 did not show any fusion peaks or phase transitions, apart from a broad endotherm, this being due to dehydration, and lying between 80°C and 120°C, with a peak at 85°C.44

DSC thermograms of nanofibers did not exhibit any melting peaks for small molecules. The nanofibers had a broad endotherm ranging from about 60°C to 100°C with a peak at 79°C. However, the decomposition bands of SDS in the



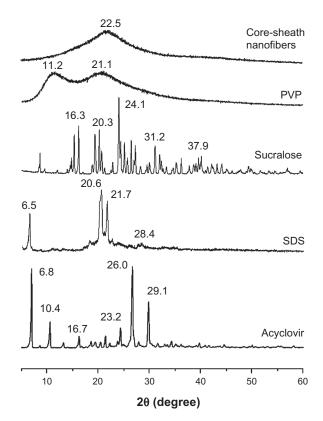
**Figure 3** Differential scanning calorimetry thermograms of the components (acyclovir, PVP, SDS, and sucralose) and their core-sheath nanofibers under a heating rate of 10°C per minute and a nitrogen gas flow rate of 40 mL/minute. **Abbreviations:** PVP, polyvinylpyrrolidone; SDS, sodium dodecyl sulfate.

core-sheath nanofibers were narrower and higher than that of pure SDS. The peak temperatures of decomposition shifted from 204°C. These results suggest that acyclovir, SDS, and sucralose were no longer present as a crystalline material but that their respective parts had been converted into an amorphous state in the core-sheath nanofibers.

As shown in Figure 4, the presence of numerous distinct peaks in the x-ray diffraction patterns indicated that acyclovir, sucralose, and SDS were present as crystalline materials with characteristic diffraction peaks. The PVP diffraction exhibited a diffuse background pattern with two diffraction halos, indicating that the polymer was amorphous. Similarly, the results of DSC and x-ray diffraction demonstrated that the small functional molecules (acyclovir, sucralose, and SDS) were widely distributed in the PVP matrix and were present in a complex manner whereby the original structure of the pure materials was lost.

# Secondary interactions among components

Compatibility between components is essential for producing nanofibers of high quality and stability. Often the



**Figure 4** X-ray diffraction patterns of the components (acyclovir, PVP, SDS, and sucralose) and their core-sheath nanofibers with  $CuK\alpha$  radiation at 40 mV and 300 mA.

Abbreviations: PVP, polyvinylpyrrolidone; SDS, sodium dodecyl sulfate.

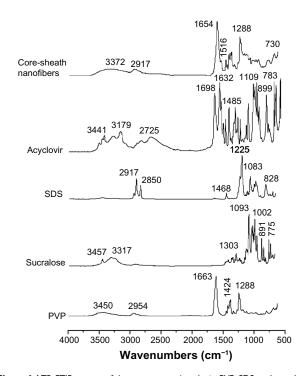
Figure 5 Molecular structures of the components (A) and hydrogen bonding between acyclovir molecules and between acyclovir and PVP molecules (B). Abbreviation: PVP, polyvinylpyrrolidone.

second-order interactions, such as hydrogen bonding, electrostatic interactions, and hydrophobic interactions would improve compatibility. The molecular structures of the four components are shown (Figure 5A). Acyclovir and sucralose molecules contain free hydroxyl groups which could act as potential proton donors for hydrogen bonding. SDS has S=O groups and PVP has carbonyl groups which could act as proton receptors. Therefore, it can be postulated that hydrogen bonding can occur within the core-sheath nanofibers through interactions determined by the specific presence of these groups.

Acyclovir molecules have both –OH groups and –C=O groups, and so hydrogen bonds can form between the drug molecules (Figure 5B). This can be verified from the ATR-FTIR spectra in which sharp peaks are visible for pure crystalline acyclovir at 1698 cm<sup>-1</sup> and 1632 cm<sup>-1</sup> (Figure 6), representing the stretching vibration of -C=O groups for the different states. However, all the peaks for acyclovir were absent in the core-sheath nanofibers when samples were evaluated using ATR-FTIR spectra. Only one large peak at 1654 cm<sup>-1</sup> can be identified for the core-sheath nanofibers. This result indicates that hydrogen bonding between the PVP carbonyl group and the oxhydryl group of the acyclovir molecule occurs (Figure 5B). In respect to acyclovir, by interacting with the polymer, the structure is less likely to form the dimers that are necessary for constructing a crystal lattice.

The disappearance of absorbance of —C=O groups in acyclovir, the shift to a lower wavenumber of peaks assigned to the C=O stretching vibrations in PVP (from 1663 cm<sup>-1</sup> to 1654 cm<sup>-1</sup> for the core-sheath nanofibers), and the disappearance of multiple peaks within the 3000–4000 cm<sup>-1</sup> regions (related to the O—H stretching vibrations in sucralose and acyclovir) together demonstrate that hydrogen bonding was occurring.

The absorption of SDS (C—H stretching) at 2917 cm<sup>-1</sup> and 2850 cm<sup>-1</sup> and PVP (C—H stretching) at 2954 cm<sup>-1</sup> were not present in the core-sheath nanofibers when compared with single SDS and PVP. However, a broader and weaker band at 2917 cm<sup>-1</sup> appeared, which is indicative of hydrophobic interactions between the PVP and SDS molecules. Although electrostatic interactions cannot be determined from the ATR-FTIR spectra, they do exist between the negatively charged SDS head group and the nitrogen atom on the pyrrolidone ring of PVP<sup>47,48</sup> and also between the negatively charged PVP oxygen (N<sup>+</sup>=C—O—) and the electron-poor C—1' of SDS,<sup>49,50</sup> as shown in Figure 5A.



**Figure 6** ATR-FTIR spectra of the components (acyclovir, PVP, SDS, and sucralose) and their core-sheath nanofibers at 500–4000 cm<sup>-1</sup> and a resolution of 2 cm<sup>-1</sup>. **Abbreviations:** PVP, polyvinylpyrrolidone; SDS, sodium dodecyl sulfate; ATR-FTIR, attenuated total reflectance Fourier transform infrared.

Based on the evidence presented, it is postulated that a combination of hydrogen bonding and hydrophobic and electrostatic forces provides an environment that stabilizes the structure, thereby giving a high degree of compatibility between the components that make up the core-sheath nanofibers. This, in turn, creates a homogeneous structure which influences both the stability of the solid dispersion and even distribution of the drug, so facilitating dissolution of acyclovir from the nanofibers.

### In vitro dissolution properties

Acyclovir has an ultraviolet absorbance peak at 252 nm, whereas the other components, ie, PVP, SDS, and sucralose, have no absorbance at this wavelength. Using this parameter, the content of acyclovir was determined by ultraviolet spectroscopy, and samples were calculated from a calibration curve A = 0.05908C + 0.00515 (R = 0.9999), where C is the concentration of acyclovir (µg/mL) and A is absorbance at 252 nm (linear range 2–20 µg/mL).

A comparison of the in vitro dissolution profile for acyclovir from core-sheath nanofibers and that for crude acyclovir particles ( $\leq 100~\mu m$ ) is shown in Figure 7. The nanofiber mats released all the encapsulated acyclovir within one minute, whereas only 40.5% of the drug was released from acyclovir particles left in the dissolution media for one hour.

Methods for improving drug solubility and dissolution rate continue to be sought.<sup>51,52</sup> Generally, these protocols have been guided by the Noyes-Whitney equation, <sup>53,54</sup> which defines the dissolution rate (dX/dt) as follows:

$$dX/dt = (A \times D/\delta) \times (C_0 - X/V)$$

where X is the amount of drug in solution, t is time, A is the effective surface area, D is the diffusion coefficient of the

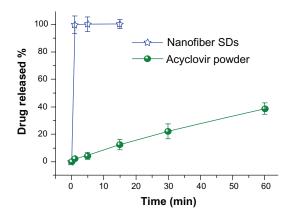


Figure 7 In vitro dissolution profiles of the acyclovir powders and core-sheath nanofiber solid dispersions.

drug,  $\delta$  is the effective diffusion boundary layer,  $C_0$  is the saturation solubility of the drug, and V is the volume of the dissolution medium. Based on this equation, the rate of dissolution is directly proportional to the surface area of the drug and to the drug concentration gradients in the dissolution medium, but is inversely proportional to the diffusion layer thickness at the solid-liquid interface.

Core-sheath nanofibers have essential properties for improving the dissolution rates of poorly water-soluble drugs: the nanofibers have a small diameter and a high surface to volume ratio, which means that there is a large surface area for the drug to be in contact with the dissolution media; the nanofiber assembly has a three-dimensional continuous web structure which provides great porosity to facilitate fast mass transformation of solvent and drug molecules from or into the bulk dissolution media; the nanoscale diameter of the nanofibers which greatly decreases the diffusion layer thickness with the uniform PVP-SDS-sucralose/ PVP-acyclovir complex which can improve drug wettability; and the fast dissolution of the core-sheath nanofibers, which could augment local concentrations of supersaturated drug solution, especially in the presence of PVP and SDS, and thus correspondingly increases the drug gradients for rapid diffusion of molecules to the dissolution media. The combined synergistic effect of nanosizing of fibers, the continuous web structure of the nanofibers, and molecular distribution of drug in the filament-forming matrix provide these structures with unique properties for improving the dissolution rate of acyclovir.

### In vitro permeation properties

Comparison of the in vitro permeation profiles for acyclovir from core-sheath nanofibers and crude acyclovir particles is shown in Figure 8. The cumulative permeation percentages

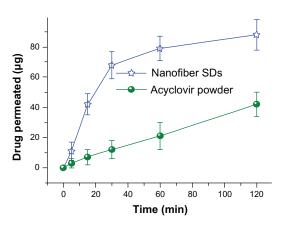


Figure 8 In vitro permeation profiles of the acyclovir powders and core-sheath nanofiber solid dispersions.

after half an hour for the core-sheath nanofibers and crude acyclovir particles were 68.3% and 11.4%, respectively. Regression values from the linear release-time equations were estimated for the core-sheath nanofibers and crude acyclovir particles. These were Q = 2.3095t + 1.3809 (R = 0.9915,  $t \le 30$  minutes) and Q = 0.3408t + 1.1024 (R = 0.99089,  $t \le 120$  minutes), respectively, where Q is total permeation of acyclovir in  $\mu g$  and t is time in minutes. Thus, the core-sheath nanofibers and crude acyclovir particles had a permeation rate of 0.89 and 0.13  $\mu g/min/cm$ , respectively.

The core-sheath nanofibers yielded a permeation rate of acyclovir that was over six-fold faster than that of the crude particles. The faster permeation rates from the coresheath nanofibers can be explained in terms of permeability across the sublingual mucosa being a passive diffusion process, and hence faster dissolution of acyclovir would lead to an increased concentration gradient of drug at the mucosal surface. This would facilitate rapid partitioning of drug into the sublingual mucosa and subsequent permeation. 55 The SDS released from the nanofibers may also improve permeation by extracting intercellular lipids that act as a rate-limiting barrier to the transport of acyclovir molecules. 56

In addition to the advantages of improved solubility behavior and permeation properties of acyclovir, core-sheath solid dispersions can be post-processed more easily because they have good drug stability due to the steric constraints provided by the small diameter of the nanofibers and the "nanocoating" effect of the sheath on the core drug-loaded region. This would effectively avoid recrystallization and possible growth of a crystal lattice.

Within this context, sucralose, an artificial sweetener, has recently gained popularity because it is 600 times more effective by weight compared with sucrose and does not have the bitter aftertaste characteristic of many non-nutritive sweeteners. The US Food and Drug Administration has approved sucralose, and it is now applied as a general purpose sweetener in foods, beverages, dietary supplements, and medical foods.<sup>57,58</sup> The positioning of sucralose in the sheath component would effectively provide an acceptable taste for patients if solid dispersions are developed further as oral drug delivery systems. On the other hand, researchers are now focusing on the mass preparation of nanofibers for scaling up,59,60 so the development of core-sheath solid dispersions as demonstrated here may offer a solution for development of commercial products that involve poorly water-soluble active ingredients.

### **Conclusion**

This study has demonstrated that it is possible to prepare a solid dispersion in the form of core-sheath nanofibers using a coaxial electrospinning process for poorly water-soluble drugs. Different functional ingredients can be placed in various locations in the core-sheath nanofibers and provide unique and specific properties for the nanofiber system. The core-sheath nanofibers had an average diameter of 410  $\pm$  94 nm with a uniform structure and smooth surface, as demonstrated by FESEM and transmission electron microscopy. X-ray diffraction and DSC results demonstrated that the acyclovir, solid dispersions, and sucralose were distributed in the core/sheath PVP matrix in an amorphous manner. The ATR-FTIR spectra verified second-order interactions suggesting that hydrogen bonding, electrostatic interactions, and hydrophobic interactions occurred among the components, and that these noncovalent forces are likely to play a significant role in promoting the homogeneity of the structure. In vitro dissolution and permeation tests showed that the core-sheath nanofiber solid dispersions could rapidly release all their acyclovir within one minute, with a six-fold greater permeation rate across the sublingual mucosa compared with crude acyclovir particles. The study also provides an example of the systematic design, preparation, characterization, and application of a novel type of solid dispersion consisting of multiple components and with unique structure characteristics. This nanofiber structure has the potential to enhance the dissolution and permeation performance of a series of poorly water-soluble drugs, and could be developed further as a novel oral drug delivery system.

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#### **Disclosure**

The authors report no conflicts of interest in this work.

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