



Review

TR α 2—An Untuned Second Fiddle or Fine-Tuning Thyroid Hormone Action?

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Abstract: Thyroid hormones (THs) control a wide range of physiological functions essential for metabolism, growth, and differentiation. On a molecular level, TH action is exerted by nuclear receptors (TRs), which function as ligand-dependent transcription factors. Among several TR isoforms, the function of TR α 2 remains poorly understood as it is a splice variant of TR α with an altered C-terminus that is unable to bind T3. This review highlights the molecular characteristics of TR α 2, proposed mechanisms that regulate alternative splicing and indications pointing towards an antagonistic function of this TR isoform in vitro and in vivo. Moreover, remaining knowledge gaps and major challenges that complicate TR α 2 characterization, as well as future strategies to fully uncover its physiological relevance, are discussed.

Keywords: thyroid hormone receptor; TR α 2; alternative splicing; thyroid hormone signalling; dominant-negative effect; biological role; physiological function



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1. Introduction

Thyroid hormones (THs; thyroxine, T4; and the biologically active TH 3,3',5-triiodothyronine, T3) are key regulators of organ development, growth, and cardiometabolic functions [1–4]. Circulating TH concentration is maintained by the hypothalamic-pituitary–thyroid axis through a very stable negative feedback loop [5]. The plethora of local TH effects at the cellular level is regulated by several mechanisms, including TH transmembrane transport, conversion by deiodinases, and, ultimately, binding to TH receptors (TRs) [6,7]. Canonically, TRs function as ligand-dependent transcription factors that regulate a wide set of genes in several organs [8–11]. Additionally, TRs exert physiological effects via the activation of cytoplasmic signalling pathways; this is referred to as non-canonical TR signalling [12–17]. In mammals, four major TR isoforms (TR α 1, TR α 2, TR β 1, and TR β 2) are encoded by two distinct genes, *THRA* and *THRB* [18]. Tissues vary in the expression levels of TR α and TR β isoforms during development and in adulthood [19,20]. Remarkably, only TR β 1, TR β 2, and TR α 1 bind T3, while TR α 2 does not interact with T3 [3,21–23]. Nevertheless, TR α 2 is evolutionarily conserved in eutherian mammals [24], and a recent study revealed high and even predominant expression of TR α 2 in certain tissues [20]. Even though these observations strongly suggest a physiological function of TR α 2, this remains to be proven [3,25,26]. In this review, we will focus on the molecular differences between TR α 1 and TR α 2, highlight the mechanisms controlling TR α 2 expression, and discuss these characteristics related to a potential biological role of TR α 2.

2. The Diverse Landscape of TR α Isoforms

2.1. Structural Differences of TR α Isoforms

The genetic structure of *THRA* (Chr17q21.1), the gene encoding for TR α isoforms in humans, is composed of 10 exons and has a total size of approximately 31 kb. TR α belongs to the superfamily of nuclear receptors, which share a similar domain structure and function as ligand-dependent transcription factors [27]. The activator function domain 1 (AF1) acts as a coactivator binding site and is encoded by exons 2 and 3 (Figure 1). The DNA-binding domain (DBD) is highly conserved between TR isoforms and is composed of two zinc-finger motifs that are crucial for the sequence-specific recognition of thyroid hormone response elements (TREs) on the DNA (encoded by exon 4 and 5; Figure 1). Exons 6 and 7 encode for the hinge region that contains the nuclear localization sequences (NLS) mediating nuclear import. The C-terminal ligand-binding domain (LBD) is not only necessary for T3 binding but is also involved in receptor dimerization, mediated by the ninth heptad (Figure 1), the most conserved heptad repeat in TRs, containing hydrophobic amino acids at positions 1, 5, and 8 (L367, V371, and L374) [3,28]. The $\Phi\Phi x E\Phi\Phi$ sequence (LFLEVF; amino acids 400–405; Φ = hydrophobic amino acid, x = any amino acid, and E = glutamic acid) in this AF2 domain is important for coactivator and corepressor binding [3]. In the context of ligand binding, helix 12, the most C-terminal region of the receptor that carries the $\Phi\Phi x E\Phi\Phi$ sequence, executes a conformational change from an 'open' to a 'closed' state that traps T3 in a hydrophobic binding pocket. The 'closed' conformation of helix 12 is stabilized by T3, which promotes coactivator binding, a condition generally considered as the switch mechanism. Of note, a recent study revealed that this switch is rather a coregulator shift between coactivators and corepressors bound to the TR than a 'all or none' switch [29]. However, a functional helix 12 is a prerequisite for TRs to act as ligand-dependent transcription factors [3,30,31].

2.2. The Multifold TR α Isoforms Encoded by *THRA*

Several TR α isoforms have been reported (TR α 1, TR α 2, TR α 3, TR α Δ 1, TR α Δ 2, TR α p43, and TR α p30), which are supposedly either generated by alternative translation, alternative transcription, or alternative splicing (Figure 1) [14,32–36]. The expression of the truncated TR α isoforms TR α Δ 1 and TR α Δ 2 is presumably under the control of an internal promoter in intron 7. TR α Δ 1 and TR α Δ 2 had an inhibitory effect on TR α 1 transcriptional activity in *in vitro* assays [36]. In the absence of TR α 1 and TR α 2 (in TR $\alpha^{-/-}$ mice), TR α Δ 1 and TR α Δ 2 are thought to severely alter intestinal development, a phenotype that is milder in TR $\alpha^{0/0}$ mice that additionally lack the truncated isoform [37–39]. Whether there is a physiological function of these truncated isoforms beyond the intestine remains highly questionable.

The use of internal TLS (translational start sites) leads to the formation of the two larger isoforms TR α p43 and TR α p30 [35]. The translation of TR α p43 was shown to be initiated by methionine at position 39 (Met39). This isoform is most likely located in mitochondria. Thus, TR α p43 is thought to function as a mitochondrial transcription factor [40]. Mice that specifically lack the TR α p43 isoform display impaired insulin secretion and affected glucose homeostasis [41], decreased respiratory chain activity in skeletal muscle that alters muscle development and activity [42], and glucose intolerance and insulin resistance during aging [43]. In 2014, Kalyanaraman et al. demonstrated that Met150 serves as an internal TLS to produce a 30 kDa TR α p30 isoform, which is neither located in the nucleus nor in mitochondria but binds to the inner site of the plasma membrane. TR α p30 was shown to act via noncanonical signalling, activating cytoplasmic signalling pathways in primary human and murine osteoblasts, affecting the proliferation and survival of these cells [14]. However, evidence for a physiological function *in vivo* has not been tested to date.

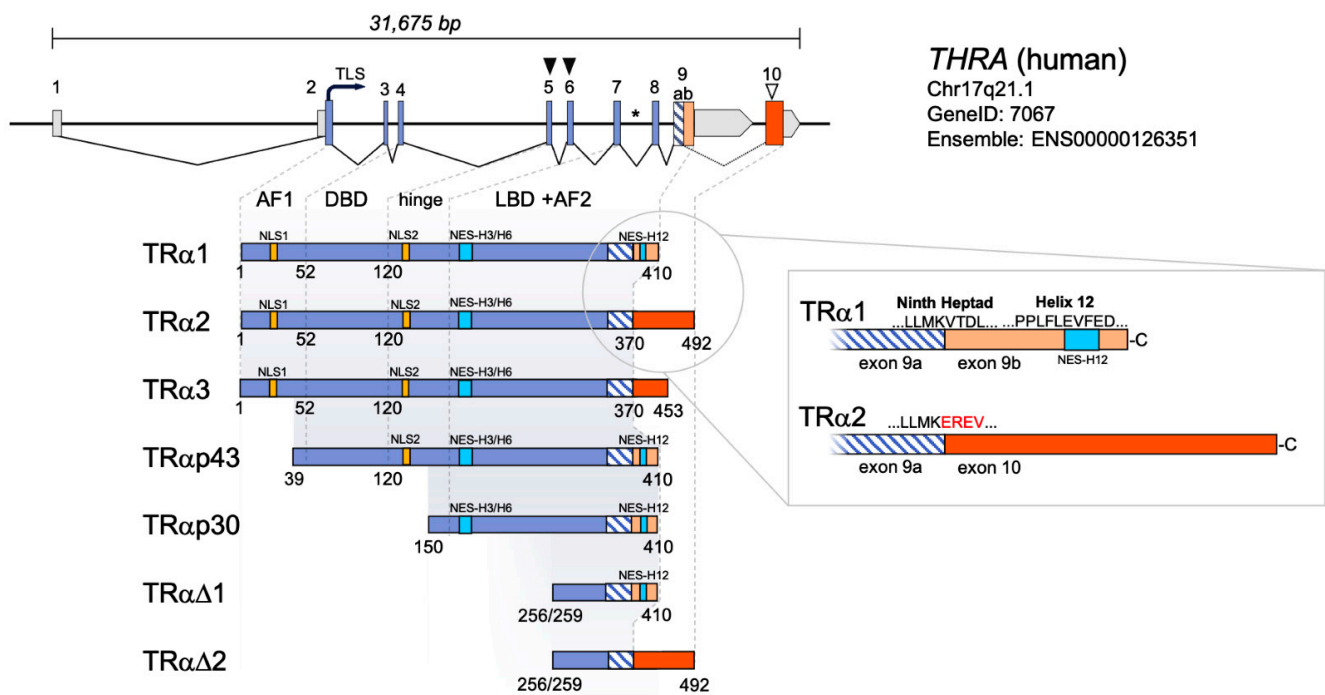


Figure 1. Genetic organization of *THRA* and domain structure of TR α isoforms. *THRA* consists of 10 exons encoding for a diverse set of TR α isoforms. Translation of TR α 1, TR α 2, and TR α 3 starts at a translational start site (TLS) in exon 2, whereas the use of two alternative TLS (closed triangles) results in generation of TR α p43 and TR α p30. TR α Δ1 and TR α Δ2 originate from alternative transcription at an internal transcriptional start site (asterisk) in intron 7. Generation of TR α 2 and TR α 3 also requires alternative splicing at an alternative splice site located in exon 9. The alternative splice acceptor for TR α 3 is located in exon 10 (open triangle). This results in several truncated isoforms lacking one to several domain structures such as the activator function 1 domain (AF1), the DNA-binding domain (DBD), the hinge region, parts of the ligand-binding domain (LBD), and the C-terminal AF2 domain. Intracellular localization is also affected by the different domain structures as loss of a certain domain also leads to loss of nuclear localization sequences (NLS; yellow boxes) and nuclear export sequences (NES; light blue boxes). The box displays a zoom in exon 9 and 10. An alternative splice site in exon 9 divides this exon into two parts (exon 9a and b), whereas splicing of exon 9a with exon 10 results in the formation of TR α 2, consequently disrupting the ninth heptad sequence as well as helix 12 and the NES-H12 in this region.

Alternative splicing of the *THRA* transcript generates the two non-TH binding isoforms TR α 2 and TR α 3 [33,34]. TR α 2 and the smaller TR α 3 have a high homology with TR α 1, sharing exon 1–8 and the first half of exon 9 [32,33]. While alternative splicing of TR α 2 introduces the entire exon 10, an alternative splice acceptor 117 bp downstream of the splice acceptor of exon 10 is used for TR α 3, resulting in a loss of the first 39 amino acids encoded by exon 10 [34]. In contrast to TR β 3, an isoform that is generated via alternative transcription and that is only present in rat [44,45], the alternative splice acceptor in exon 10 that leads to TR α 3 is also present in human *THRA*. However, since the first description of TR α 3, no additional studies on this isoform have been published, questioning its general biological relevance. Albeit the manifold TR α isoforms, here we will focus on TR α 2 that is generated via an alternative splice site in exon 9 because the existence of this isoform was confirmed by several independent studies.

2.3. Alternative Splicing Controls the Intracellular TR α 1:TR α 2 Ratio

The transcription of TR α 1 and TR α 2 is under the control of the same promoter, and both TR isoforms share the first 8 exons. Thus, TR α 2 shares exons 1–8 with TR α 1, enabling TR α 2 to interact with cofactors and bind to TRES as the AF1 and the DBD are preserved.

However, the abundance of TR α 2 only relies on splicing using an alternative splice site in exon 9 (Figure 1). This site is located in the middle of the ninth heptad (LLMK/VTDL) between lysine 370 and valine 371 encoded by AGG/GTG, upstream of the region encoding for helix 12 and the $\Phi\Phi xE\Phi\Phi$ sequence [22]. In human *THRA*, splicing results in an exchange of 40 C-terminal amino acids of TR α 1 by 120 amino acids encoded by exon 10. This leads to an increased size of TR α 2 compared to TR α 1, and it abrogates TH binding due to the lack of the AF2 domain including helix 12 and the $\Phi\Phi xE\Phi\Phi$ sequence that are essential for a functional LBD, having dramatic effects on the function of this isoform that are explained in Section 3.

3. Molecular Characteristics and Function of TR α 2

Although the non-T3-binding splice variant TR α 2 was discovered more than 30 years ago [21,22,46], its function is still poorly understood. To exert their function as ligand-dependent transcription factors, TRs require nuclear translocation, DNA-binding ability, ligand binding, dimerization, and corepressor/coactivator binding [3,4]. The exchange of the 40 C-terminal amino acids of TR α 1 by 120 amino acids specific to TR α 2 not only impairs T3 binding [21–23] but also results in the disruption of the ninth heptad within the LBD required for heterodimerization with retinoid X receptor (RXR) [28,47], thus potentially altering the recruitment of the receptor to the DNA [48].

3.1. DNA Binding and Dimerization Characteristics of TR α 2

The DNA target sites bound by TRs are referred to as TREs, of which different types have been described. TREs consist of two half-sites containing the consensus-motif AGGTCA or variations of it [18,49]. Depending on the orientation of the two half-sites and the number of nucleotides spacing them, TREs are classified as direct repeats (e.g., DR4: AGGTCA_nAGGTCA) [50] or palindromic arrangements (e.g., PAL0: AGGTCA TGACCT) [51] that can be inverted or everted (e.g., IP6: AGGTCA_nnnnnnTGACCT; ER6: TGACCC_nnnnnnAGGTCA) [18,52]. TR α 2 binds to TREs with a substantially lower affinity than TR α 1 [21,53,54], although they share identical DBDs. Moreover, TR α 2/TRE complexes are less stable compared to TR α 1/TRE [55]. The binding affinity of TR α 2 varies among different TRE types: the binding of TR α 2 to palindromic and inverted palindromic TREs is impaired [48,56], while binding to direct repeat TREs with 4 bases of spacing (DR4) is detectable but restricted to a subset of octameric DR4s [48,57], with a preference for certain spacer motifs and the presence of perfect AGGTCA consensus TRE half-sites [55]. Of note, the described TRE binding characteristics of TR α 2 are based on testing selected TREs of each subtype, but an analysis at a whole-genome level is required to test whether these characteristics hold true in vivo. The low DNA binding affinity of TR α 2 has been attributed to its specific C-terminus as the deletion of this region enhances the binding of TR α 2 to palindromic TREs [54]. The altered C-terminus of TR α 2 could directly interfere with DNA binding but also indirectly compromise DNA binding by affecting the dimerization properties of TR α 2 [58].

While TR α 2 forms homodimers, the ability to interact with other TR isoforms in heterodimers is questioned in some studies due to disruption of the ninth heptad region [54,59,60]. Consistent with this notion, TR α 2 was found to be unable to interact with RXR in vitro in the absence of DNA unless the ninth heptad was restored [48]. However, other studies demonstrated the capability of TR α 2 to form heterodimers with RXR when bound to DR4 TREs [48,55–57], suggesting that DR4 binding mediates the interaction of TR α 2 with RXR. In contrast, in the case of palindromic TREs, the reconstitution of the ninth heptad is required for binding by TR α 2 as a heterodimer with RXR [61], indicating that TR α 2 cannot bind to these TREs unless recruited by RXR [48]. However, the requirement of reconstitution of the ninth heptad appears to be sequence-independent to allow binding of TR α 2 to inverted palindromic TREs, although it does not allow DNA-independent heterodimerization with RXR, suggesting that for these TREs, the ninth heptad rather serves as

a spacer that separates the C-terminus of TR α 2, which otherwise inhibits DNA binding [48] and therefore dimerization.

3.2. Posttranslational Regulation of TR α 2

Interestingly, posttranslational modifications also affect the DNA binding of TR α 2. The dephosphorylation of two serine residues (S474-S475) in the C-terminal region of rat TR α 2 has been found to enhance DNA binding, as shown by the enhanced TRE binding of a TR α 2-SA mutant that lacks the phosphorylation sites [62]. In agreement with this finding, the monomeric and homodimeric binding of rat TR α 2 to DR4 and inverted palindromic TREs in vitro was enhanced if TR α 2 was expressed in bacteria and thus was non-phosphorylated. The in vitro translation of TR α 2 with rabbit reticulocyte lysates resulted in phosphorylated TR α 2 and subsequently decreased TRE binding [48,62]. Of note, the specific serine residues (S474-S475) are absent in the human TR α 2 isoform. Nevertheless, it is suggested that other serine residues nearby might be phosphorylated instead because the TRE binding affinity of the human TR α 2 isoform has been reported to be affected by phosphorylation as well [62]. However, no data were shown to confirm this finding. Interestingly, apart from affecting DNA binding, phosphorylation controls the subcellular localization of TR α 2 as well. While unphosphorylated TR α 2 is mainly found in the nucleus, the phosphorylated isoform accumulates in the cytoplasm [63]. Remarkably, this seems to be a TR α 2-specific function. Due to the different C-terminus TR α 2 also lacks the NES in helix 12, one of two NES that are present in TR α 1, while both NLS are preserved in TR α 2. Thus, the loss of one NES rather suggests a mainly nuclear localization of TR α 2. However, the phosphorylation of TR α 2 at its C-terminus can compensate for that loss. Whether phosphorylation might serve as a molecular switch to regulate its function yet needs to be determined.

Moreover, sumoylation of TRs at lysine (K) residues affects the interaction of TRs with other transcription factors, as well as gene induction and repression [64]. TR α 1 has two main sumoylation sites at K283 and K389 and an alternative sumoylation site at K288 that can compensate for K283 [65]. While K389 lies within the TR α 1-specific region of the C-terminus, K283 and K288 are located within a region shared by both isoforms. Thus, K283/K288 might be sumoylated in TR α 2 as well. However, further analyses are required to dissect isoform-specific sumoylation sites and establish whether they affect TR functions.

3.3. Corepressor Binding of TR α 2

Apart from TRE binding and dimerization, interactions with corepressors constitute most likely the biggest difference between TR α 1 and TR α 2. Corepressors such as the nuclear receptor corepressor (NCoR) and the silencing mediator of retinoic acid receptor and TRs (SMRT) are essential to repress the transcription of T3-positively regulated genes and hence the physiological function of TRs [66–69]. For TR α 2, only a weak or even no interaction with NCoR or SMRT was found [55,70,71]. As shown for limited TRE binding and heterodimerization, the lack of a complete ninth heptad region also plays a role in the interaction of TR α 2 with corepressors because restoring the ninth heptad greatly enhances the interaction with corepressors [70,71]. Ligand-independent gene repression is markedly impaired in mice expressing a mutant TR β (R429Q) that cannot effectively recruit NCoR [72]. Thus, the ligand-independent repression of TR α 2 must be attenuated compared to a TR isoform that can interact with NCoR to repress the expression of target genes.

3.4. Molecular Functions of TR α 2 in TH Signalling

Several publications demonstrated a weak dominant-negative effect (DNE) of TR α 2 on TR α 1- and TR β -mediated target gene transactivation in vitro [23,33,48,55,56], potentially to fine-tune TH signalling. Not only TRs but also other hormone receptors such as RXR and the estrogen receptor were shown to be inhibited by TR α 2 [58]. Despite the demonstration of this DNE, the underlying mechanisms are not well understood.

On a molecular level, the antagonistic function of TR α 2 is related to its C-terminus. Experiments with hybrid receptors containing the TR α 2 C-terminus revealed that the DNE

of TR α 2 is transferable to other receptors [58]. Mechanistically, the DNE of TR α 2 may be exerted by competitive binding of TREs, or by a DNA-binding independent mechanism such as the competitive binding of cofactors or the formation of inactive heterodimers [73,74] (Figure 2).

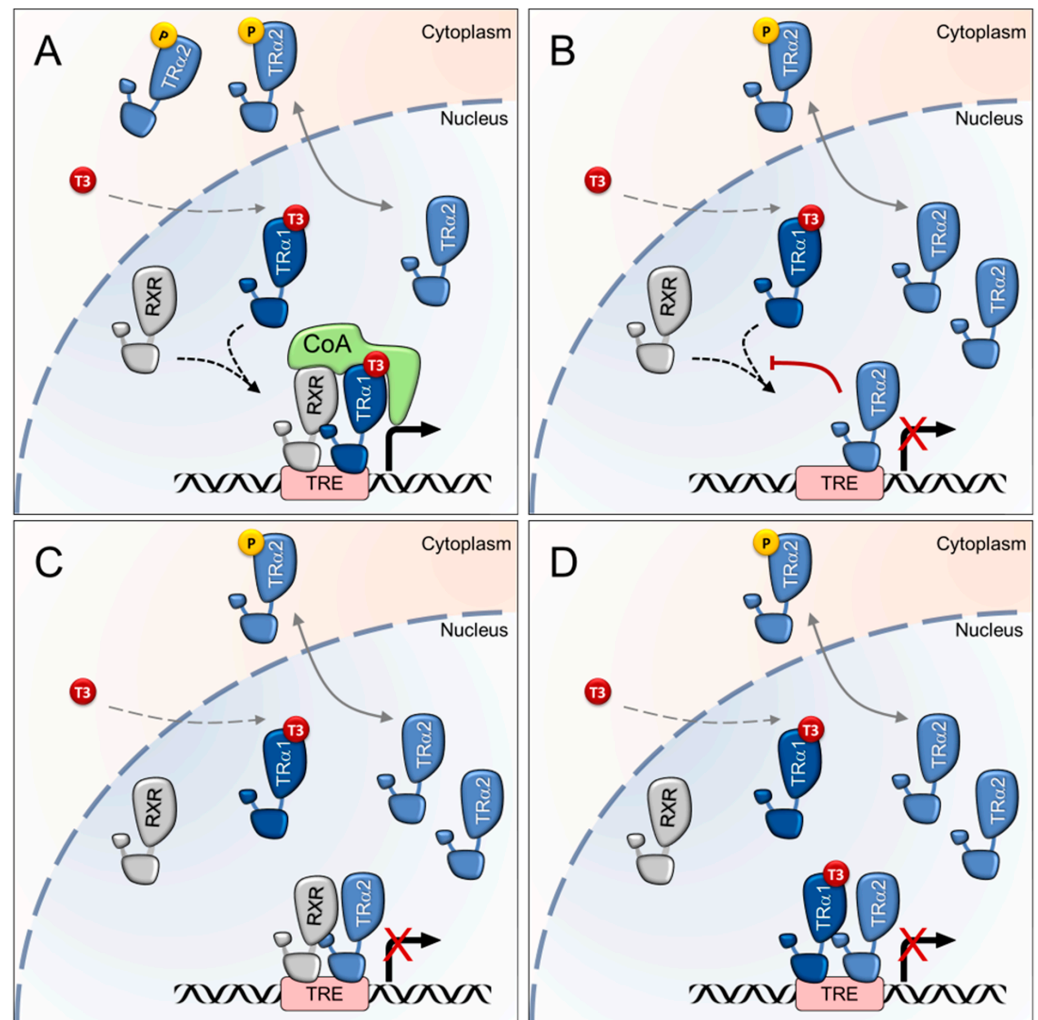


Figure 2. Proposed mechanisms underlying the dominant-negative activity of TR α 2. (A) Canonical action of TR α 1 in the absence of excess nuclear TR α 2. After entering the nucleus, the biologically active TH 3,3',5-triiodothyronine (T3) interacts with TR α 1, which binds to TREs (TH response elements) of TH-target genes, preferentially as a dimer with other hormone receptors as RXR (retinoid X receptor). If low levels of TR α 2 are present in the nucleus, TR α 1 exerts its genomic function by recruiting coactivators (CoA) to stimulate the expression of target genes in the presence of T3. (B) While phosphorylated TR α 2 (indicated with P) is located in the cytoplasm, unphosphorylated TR α 2 accumulates in the nucleus and potentially antagonizes TH signalling by competitive binding of TREs impeding binding of TR α 1. (C) Competitive DNA-dependent sequestration of cofactors as RXR required for TR α 1 action, or (D) formation of inactive TR α 1/TR α 2 heterodimers, can alternatively hamper TR α 1-mediated transactivation of target gene expression.

Several findings support the hypothesis that the dominant-negative activity of TR α 2 is exerted by competitive TRE binding, although the DNA binding affinity of TR α 2 is lower than that of TR α 1. First, mutations enhancing DNA binding also enhance the DNE of TR α 2 [59]. Moreover, the low DNA binding affinity of TR α 2 is enhanced by dephosphorylation, which could display a posttranslational control mechanism to adjust the DNE of TR α 2 [62]. In addition, a higher expression of TR α 2 than TR α 1, which has

been found in several murine tissues [20], could also compensate for the low DNA binding affinity. Furthermore, TR α 2 inhibits the action of chimeric transcription factors only when they contain the N-terminus of TR α 1 and bind to TREs, but not if they contain the C-terminus of TR α 1 and bind to other response elements, supporting the hypothesis that inhibition by TR α 2 is DNA-dependent [59]. Investigations to clarify the requirement of DNA binding of TR α 2 for its antagonistic function using TR α 2 variants with a mutated or deleted DBD revealed contrasting findings [48,73], and some studies suggest that the requirement of DNA binding is TRE-dependent [48,56].

These findings suggest that DNA-independent mechanisms play a role for the DNE as well. TR α 2 was demonstrated to inhibit only the transactivation of positive TREs, which are located within regulatory regions of genes upregulated in response to T3 [26], supporting the hypothesis that it competitively binds a factor required for TR-mediated transactivation [74]. More recent data suggest that TR α 2 can inhibit both positively and negatively regulated TREs *in vitro*; notably, the overexpression of TR α 2 *in vivo* had no significant effect on negative TREs [75]. However, this may also explain why its antagonistic effect is limited and further strengthens the hypothesis that the repression of T3-mediated gene expression is attenuated due to a lack of corepressor binding, as shown for the TR β mutant [72].

The reconstitution of the ninth heptad in TR α 2 greatly enhances the DNE, as on the one hand it allows heterodimerization with other TRs and on the other hand augments DNA binding [48]. These Janus-faced results complicate drawing conclusions regarding the role of DNA binding or the sequestration of cofactors for the DNE of TR α 2 [48]. Moreover, the C-terminal domain of α 2 was demonstrated to be sufficient for the inhibition of transactivation mediated by the estrogen receptor without requiring the N-terminal DBD [58], but it does not inhibit the binding of TR α 1 to TREs [59]. Additionally, a recent study revealed a mutation in a patient, affecting both TR α 1 and TR α 2 [76]. This point mutation is located outside the DBD and enhances the DNE of TR α 2, suggesting enhanced cofactor binding rather than affecting DNA binding [76].

These diverse findings regarding the relevance of DNA binding raise the question of whether there might be different TRE-dependent mechanisms involved in exerting the DNE of TR α 2 [48]. In conclusion, the DNE of TR α 2 could be modulated separately for different TRE types and diversely by different mechanisms, which would further specify the fine-tuning of TH signalling.

4. Mechanisms Controlling Expression of TR α 2

4.1. Tissue-Specific Expression of TR α 2

Even before the discovery of TRs, differences in nuclear bound T3 in several tissue samples suggested the tissue-specific content of 'T3 binding sites' [77], today better known as TRs. The first studies used northern blot analysis and *in situ* hybridization to investigate the tissue-specific expression of TR transcripts [78–81]. The low amount of TR transcripts, however, makes detection by *in situ* hybridization quite challenging. Nevertheless, these techniques enabled the identification of tissues predominantly expressing TR α or TR β , as well as crude TR isoform-specific differentiation. TR α 1 is predominantly expressed in heart, brain, adipose tissue, skeletal muscle, and bone, whereas TR β 1 is the predominant isoform in liver and TR β 2 in pituitary. TR α 2 transcripts were identified most abundantly in brain and heart [81]. Of note, as a limitation, the direct comparison of these studies may not be possible as different species such as chicken [79], rat [78,80], or pig were investigated, and, moreover, not all studies differentiated between the different TR isoforms [79,82]. Due to a lack of suitable antibodies specifically detecting different TR isoforms, all studies investigating TR protein amount must be treated with caution. For instance, TR α 2 protein was detected in human, dog, and guinea pig hearts but it was absent in rat and mouse hearts [83]. Contrary to this, a recent study using mouse models with endogenously tagged-TRs revealed TR α 2 in brain and heart [20]. Remarkably, the expression of TR α 2 was higher than that of TR α 1. Extensive studies of TR-knockout and TR-mutant mouse models gave genetic proof of the tissue-specific expression of the different TR isoforms [38,84–90].

However, the underlying mechanisms that orchestrate the tissue-specific expression of TR α isoforms are yet to be determined.

4.2. Factors That Influence the TR α 1:TR α 2 Ratio

Alternative splicing of *THRA* controls the intracellular ratio of TR α 1:TR α 2 and can ultimately and very rapidly adjust cellular TH-responsiveness [33,77,91]. Interestingly, several factors are known to affect the TR α 1:TR α 2 ratio. Fasting resulted in a three-fold increase of TR α 2 over TR α 1 in rat livers, while the TR α 1:TR α 2 ratio in heart was unaffected [92]. Further, pharmacological T3 treatment altered the balance of TR α 1 and TR α 2 in favour of TR α 2 in HepG2 cells, possibly by changing the ratio of two splicing factors (hnRNP A1 and SF1) that are involved in alternative splicing of TR α 2 [91,93]. An isoform switch to non-T3 binding TR α 2 suggests the protective adaptation of cells against excessive TH-mediated gene expression [93]. Additionally, low T3 serum concentrations correlated with a higher TR α 1:TR α 2 ratio in livers of critically ill patients. Of note, here splicing factors seemed to be not involved [94]. Fasting and T3 both induce the expression of the PPAR γ coactivator α (PGC-1 α) in liver [95,96], a transcription factor that also acts on mRNA processing [97,98]. In HepG2 cells, the overexpression of PGC-1 α resulted in a decreased TR α 1:TR α 2 ratio, thus providing a unifying explanation of increased TR α 2 expression in fasting and under high T3 concentration [99]. However, the underlying mechanisms that regulate the alternative splicing of TR α 2 are manifold, complex, and not yet fully understood.

4.3. Cis-Regulatory Factors of TR α 2 Alternative Splicing

Several sequences in intron 9 (splicing enhancer α 2, SE α 2; TR-intronic splicing enhancer 3, TR-ISE3) and exon 10 (G-rich element, G30; exonic splicing enhancer in exon 10, ESX10) of *THRA* that are necessary for the accurate splicing of TR α 2 have been identified [24,100–102]. The SE α 2 sequence is located directly downstream of the stop codon of TR α 1 and is about 80 bp long. Remarkably, even though this sequence is located in the 3'-UTR of TR α 1, it is highly conserved among mammals (>95% homology), and genetic variants in this sequence dramatically reduce the alternative splicing of TR α 2 [91,100]. Two mouse models further support the importance of SE α 2 for the splicing of TR α 2. In the first model, TR α 1 was tagged with GFP at the C-terminus to overcome a lack of suitable TR α antibodies. This model enabled one to study temporospatial TR α 1 expression during brain development and revealed an exclusively nuclear localization of TR α 1. The second model is the TR α 2 knockout mouse, in which a SV40-polyA/neomycin cassette was introduced directly downstream of exon 9 [103]. However, in both models, the fusion of GFP to TR α 1 and the introduction of the SV40-polyA/neomycin cassette extended the distance between the alternative splice site and SE α 2, consequently fully abolishing the expression of TR α 2. Of note, the loss of alternative splicing of one TR α 2 allele resulted in an increase of TR α 1 level, showing that the TR α 1:TR α 2 ratio is under the control of this alternative splicing mechanism [103,104].

Three additional sequences that are important for the alternative splicing of TR α 2 are TR-ISE3, ESX10, and G30. TR-ISE3 is located upstream of the 3'-splice site of TR α 2 and affects splicing additively and independently of SE α 2 [101]. ESX10 consists of several 42–43 bp long sequences promoting the splicing of TR α 2 [101]. In contrast, the G30 sequence inhibits the splicing of TR α 2. This inhibitory effect correlates with the G-content of the sequence as mutations that increase the number of G-clusters strongly decrease splicing. Thus, the involvement of a G-quadruplex, a noncanonical secondary nucleic acid structure that was shown to affect transcription, translation, polyadenylation, and splicing, was suggested as a possible *cis*-regulatory element in the alternative splicing of TR α 2 [102].

4.4. The Antisense Overlap with *Rev-erb α* —Regulatory Function and Genetic Evolution

With respect to TR-ISE3, G30, and especially for ESX10, the antisense overlap with *NR1D1* encoding for *Rev-erb α* must be mentioned. This special genomic organization results

in a bidirectional coding sequence of 200 bp for exon 10 of TR α 2 and exon 8 of Rev-erb α , including ESX10 (Figure 3A) [101,105,106]. G30 is directly antisense downstream of the stop codon of Rev-erb α , thus mapping to the 3'-UTR of Rev-erb α as well as TR-ISE3 [101,102]. The higher expression of Rev-erb α is correlated with an increase of the TR α 1:TR α 2 ratio. Possible mechanisms such as interference with exon 10 transcription, the destabilization of TR α 2 mRNA, or the inhibition of TR α 2 splicing have been suggested. Ultimately, the inhibition of TR α 2 splicing by Rev-erb α mRNA, which is complementary to the mRNA sequence of exon 10 of TR α 2, is the most likely explanation [106–108]. Base pairing between Rev-erb α and TR α 2 mRNA might prevent the binding of splicing factors [109], and TR-ISE3 is suggested to function as a possible initiator of this base pairing [101].

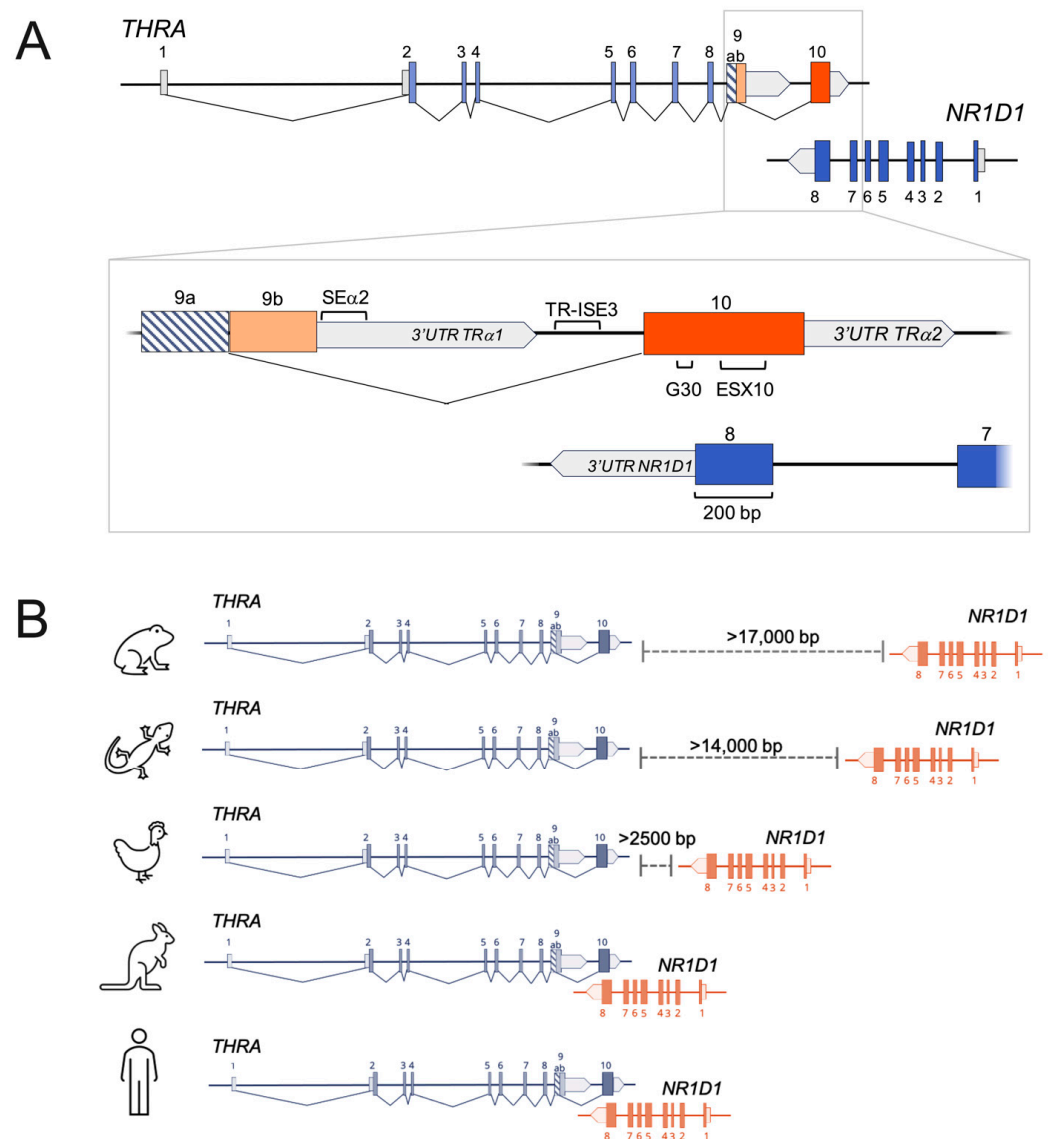


Figure 3. Alternative splicing of *THRA* and overlap with *NR1D1*. (A) Antisense overlap of *THRA* with *NR1D1* results in a 200 bp-long bidirectional coding sequence in exon 10 of *THRA* and exon 8 of *NR1D1*. Several sequences important for alternative splicing of *THRA* have been identified. The splicing enhancer α 2 (SE α 2) is located directly downstream of exon 9 in the 3' untranslated region (UTR) of TR α 1, while the intronic splicing enhancer TR-ISE3 lies between the 3'-UTR of TR α 1 and exon 10 of TR α 2. The guanine-rich element G30 and ESX10 (exonic splicing enhancer in exon 10) map directly to the coding sequence of exon 10. (B) Evolution from distal convergent transcription in non-mammals (e.g., amphibians and reptiles) to bidirectional overlapping transcription in mammals (e.g., marsupials and humans).

Even though the exact molecular mechanisms remain unknown, the regulation of TR α 2 splicing by the antisense overlap of Rev-erb α and TR α 2 is a physiological function that can only be found in mammals [24,102]. Here, the proximity between *THRA* and *NR1D1* is the closest, followed by birds where the sequences are only 2.8–3.8 kb apart, whereas in amphibians and reptiles the distance is about 9–15 kb [102] (Figure 3B). No sequence corresponding to TR α 2 is present in *Xenopus tropicalis* [101]. In conclusion, phylogenetic analysis suggests that TR α 2 originated with the infrequent alternative splicing of a read-through transcript, enabled by the antisense overlap of TR α 2 and Rev-erb α coding sequences, in a common ancestor of marsupials and eutherian mammals [102]. Marsupials are the only mammals that have lost TR α 2, probably due to an absence of positive selection [102], but the evolution and conservation of TR α 2 in eutherian mammals strongly suggests a physiological function of this isoform.

5. Unravelling the Biological Function of TR α 2—Lessons of Mice and Men

5.1. Deducing TR α 2 Function from Expression and In Vitro Experiments

The physiological relevance of TR α 2 is still questioned [26], even though evolutionary conservation and the presence of the protein in most tissues point towards a specific function of the isoform [20,102]. As rapid changes in TH-dependent TR α 1 action are crucial for murine development [110], the switch from TR α 1 towards TR α 2 splicing may represent a mechanism to regulate quickly transcript levels of TR α 1 without requiring a specific function of the TR α 2 protein. However, the half-life of TR α 2 mRNA, which has been found to be longer than that of TR α 1 mRNA [106], and the presence of the protein in most tissues, in some cell types even with a higher abundance than TR α 1, indicate a specific function of TR α 2 [20]. One potential function of TR α 2 shown in vitro is antagonizing TR α 1 and TR β action as a possible fine-tuning mechanism of TH signalling [23,33]. In general, as the DNE of TR α 2 appears to be weak, excess TR α 2 protein is required to achieve a substantial inhibition of TR α 1 function in vitro [55,59,74], potentially related to the low DNA binding affinity [59], the incapability of TR α 2 to interact with CoRs [55], and the lack of a complete ninth heptad [48]. However, the comparably weak inhibition of TH signalling may be important to gradually finetune TR action rather than to impair it drastically, supporting the hypothesis that TR α 2 plays a role in vivo.

5.2. Lessons of Mice and Men

A first attempt to determine a possible physiological role of TR α 2 was the generation of a TR α 2 knockout mouse model [103]. Unfortunately, the abolishment of TR α 2 led to the increased expression of TR α 1 with a mixed hypothyroid/hyperthyroid phenotype, thus making it difficult to attribute the phenotype solely to the loss of TR α 2. However, the results suggest that the TR α 1:TR α 2 ratio provides a fine-tuning mechanism controlling growth and homeostasis in mammals [103]. Furthermore, a knockout of both TR α isoforms in mice exhibits higher sensitivity towards T3 in tissues that are predominantly controlled by TR β , likely due to the absence of TR α 2-mediated inhibition [111]. The homozygous TR α 1-GFP mice, in which TR α 2 expression was abrogated, only had a mild phenotype compared to wild-type mice, and the determined differences were rather related to a mildly impaired ability of TR α 1-GFP to repress TH-target gene expression than to the loss of TR α 2 [104]. Indirect indications of the physiological relevance of TR α 2 were concluded from studies using *Pax8*^{-/-} mice. Homozygous *Pax8*^{-/-} mice die during the first weeks of life due to impaired TH production leading to a strong repressive effect by the apo-TRs [112]. Of note, these mice can be rescued by the inactivation of TR α but only if both isoforms are knocked out, thus concluding an antagonizing effect of TR α 2 on the remaining TR β in the *Pax8*^{-/-}/TR α 1^{-/-} mice that is lethal in absence of TH [113].

In the human heart, a shift from TR α 1 to TR α 2 expression was observed in heart failure [114,115], and elevated TR α 2 expression was found to attenuate TR α 1-mediated hypertrophy in this condition [116]. These findings suggest an antagonistic activity of TR α 2 that may play an important role in the pathophysiology of heart disease. Further-

more, recent findings reveal a potential relation of TR α 2 and cancer. Low TR α 2 levels are associated with unfavourable tumour characteristics and an increased mortality or lower disease-free survival in breast cancer, as demonstrated in several studies [117–119]. However, this association was not found to be independent of other prognostic factors in every case [118,119]. Moreover, other studies reveal partially contradictory results [120]. Thus, further investigation is required to disclose the role of TR α 2 in cancer.

More indications for the potential physiological relevance of the DNE of TR α 2 are displayed in patients with genetic variants affecting both TR α isoforms: a patient with a mutation between the DBD and LBD of both TR α 1 and TR α 2 shows a partially hypothyroid phenotype, potentially caused by the enhanced DNE of TR α 2 [76]. Consistent with this finding, it has been suggested that the TR α 2^{N359Y} variant affecting both isoforms identified in a patient with an atypical phenotype of resistance to thyroid hormone could increase the T3 sensitivity in TR β 1-dominated tissues, contributing to the observed phenotype [121]. To date, no pathogenic *THRA2*-specific variants associated with a distinct phenotype that could further contribute to the understanding of the biological function of TR α 2 have been described.

6. Future Challenges to Define the Biological Role of TR α 2

The poor characterization of TR α 2 function is partly due to the lack of isoform-specific antibodies. Moreover, attempts to study the consequences of TR α 2 knockout in mice have been complicated by the concomitant overexpression of TR α 1 [103]. A TR α 2 knockout mouse model that maintains a normal TR α 1 expression level could provide more insights into the physiological role of TR α 2 but could only give indirect evidence for its function, and the presence and effect of truncated protein variants due to the knockout needs to be carefully evaluated [25].

A possible solution to allow for the specific analysis of the different isoforms would be the use of tagged isoforms enabling the specific detection of isoforms with tag-specific antibodies. This strategy has already been followed by Shabtai et al., where TR β has been tagged to study TH-dependent coregulator interactions [29]. Moreover, interesting findings regarding the expression pattern and ratio of the two TR α isoforms were demonstrated by Minakhina et al., where TR α has been tagged N-terminally with a 2xHA tag [20]. Further research needs to follow to uncover isoform-specific DNA binding profiles and protein interactions, as well as the mechanism regulating isoform splicing to understand the role of TR α 2 during development and for different tissues. Moreover, intriguing findings showing phosphorylation-dependent DNA binding affinity and subcellular localization [62,63] representing a potential mechanism to regulate TR α 2 function need to be confirmed and further analysed on the endogenous level. The finding that TR α 2 can also be located in the cytoplasm [63], and the demonstration of the noncanonical functions of TRs [15], raises the question of whether TR α 2 might have non-genomic functions as well.

Taking advantage of tagged TR isoforms may represent a promising approach to further investigate the role of the enigmatic TR α 2 isoform endogenously in vivo. Moreover, to fully unravel the function of TR α 2, new models are needed. Considering that the nuclear-cytoplasmic shuttling of TR α 2 can be modulated by the phosphorylation of specific residues of the C-terminus, introducing a phosphomimetic mutation could ban TR α 2 from the nucleus, thus abrogating its DNE on TR α 1-mediated gene expression. Further, such a model could also shed light on the potential noncanonical actions of TR α 2. Likewise, animal models with specific point mutations in TR α 2 could be helpful, even if only to exclude a contribution of TR α 2 to phenotypes associated with TR α 1 defects. Of note, the use of iPSCs (induced pluripotent stem cells) instead of mouse models could not only accelerate such studies but also allow for the investigation of *THRA* mutations in the genetic background of patients, facilitating genetic manipulation and retaining the possibility to study the role of TR α 2 in various cellular models. However, the further identification and basic characterization of functional motifs that discriminate TR α 2 from TR α 1 precede any generation of an iPSC or even a mouse model.

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