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# Linear IGA bullous dermatosis potentially triggered by vaccination

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#### **Abstract**

Linear IgA bullous dermatosis (LABD) is a mucocutaneous autoimmune blistering disease affecting both adults and children. It is caused by IgA antibodies targeting multiple antigens along the basement membrane zone, leading to disruption of dermoepidermal junction and development of bullous lesions which often presents in characteristic arrangement. Although most LABD cases have been reported to be idiopathic, different triggers have been described, including several drugs and infection. However, the occurrence of vaccine-induced cases of LABD is not widely known and accepted due to the few reports available. We present two cases of LABD occurred following different triggers, rising the suspicion for a possible pathogenetic role of vaccines.

## **Keywords**

adverse reaction, autoimmune blistering disease, dermatology, linear IgA bullous dermatosis, papillomavirus, vaccines

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## Introduction

Linear Immunoglobulin A bullous dermatosis (LABD) is a rare acquired autoimmune subepithelial bullous disease characterized by linear deposition of IgA along the basement membrane zone (BMZ) targeting several autoantigens.1 The clinical presentation is heterogeneous and can mimic other blistering diseases such as dermatitis herpetiformis and bullous pemphigoid. However, characteristic cutaneous lesions consist of tense arciform bullae in 'string-of-pearls' configuration. LABD can affect both adults and children, with similar histological and immunopathological features.<sup>2</sup> However, LABD generally shows spontaneous resolution in children but not in adults. Incidence also differs between adults and children, even changing among countries.<sup>3</sup>

Most cases of childhood LABD are idiopathic, but drugs and infections were reported as potential triggering factors. In adults, malignancies and influenza vaccination also may act as triggers.<sup>4,5</sup> We will

present two cases of LABD occurred following different triggers, both rising the suspicion for a possible pathogenetic role of vaccines.

# **Case reports**

## Case I

A 1-year-old male child was admitted for severe blistering eruption. One week before he was administered amoxicillin-clavulanic-acid for upper

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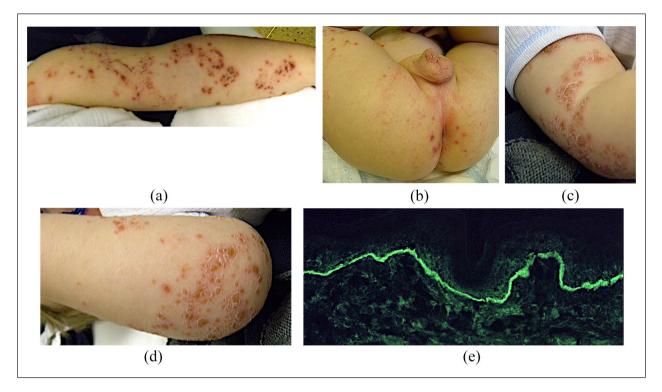


Figure 1. (a–d) Tense bullous lesions, some of which in the typical 'string-of-pearls' configuration, in periorificial regions, upper limbs and abdomen. (e) Linear IgA deposition associated with linear C3 deposition along the BMZ of the perilesional skin.

airway infection, while 2 weeks earlier he received anti-measles, -mumps and -rubella vaccination. On physical examination, tense bullous lesions of about 3-10 mm in diameter, most in 'string-of-pearls' configuration, appeared on upper limbs, buttocks and abdomen, associated with erythema and crusts (Figure 1). The child appeared restless and distressed for intense itch. Lesional and perilesional biopsies were taken from the buttocks for histology and direct immunofluorescence (DIF). Histology showed subepidermal blistering with neutrophilic dermal infiltration, while DIF revealed linear IgA and C3 deposition along the BMZ (Figure 1). Indirect immunofluorescence (IIF) on human saltsplit-skin substrate was negative. Clinical features and DIF supported the diagnosis of LABD of childhood. Amoxicillin-clavulanic acid was discontinued while topical steroid treatment was started, considering parents rejection for systemic therapies. Complete resolution was obtained within a week, without local side effects. The topical therapy was continued for 4 weeks. One month later, a recurrence of mild-itchy blisters occurred on buttocks and limbs following further intake of amoxicillin for a new upper airway infection. Considering the exacerbation after drug re-administration, the

Naranjo Score applied for amoxicillin-clavulanic acid was 5, stating the association as probable. The recurrence was controlled simply suspending the drug intake without adjunctive therapies.

## Case 2

A 14-year-old girl was admitted for a face eruption appeared 1 week before. Vesicles and small blisters on normal to slightly erythematous skin were located on forehead, cheeks, nose, ears, forearms and dorsal surface of hands (Figure 2a and b). Most of the lesions were grouped in 'string-of-pearls' forms, clinically compatible with LABD. Some honey-coloured crusts raised the suspicion of bacterial superinfection. The girl was otherwise healthy, with no recent history of medications. Three weeks before, she got -6, -11, -16, -18 human papillomavirus (HPV) vaccine injection (Gardasil). Perilesional skin biopsy was taken in preauricular area: DIF showed linear IgA deposition along the BMZ (Figure 2c), confirming the diagnostic hypothesis.

The patient started systemic steroid therapy contemporary with topical retamipulin, getting progressive improvements with complete resolution within 3 weeks.

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Figure 2. (a, b) Vesicles and blistering lesions on cheeks, nose and forehead in 'string-of-pearls' distributions, with some yellowish crusts. (c) Linear IgA deposition along BMZ at DIF performed on perilesional skin biopsy.

## **Discussion**

LABD is one of the most common bullous disorders in children and occurs usually at the age of approximately 4–5 years old<sup>2,3,6–8</sup> while few cases are reported in new-borns.<sup>9–12</sup> The clinical heterogeneity of the disease can lead to diagnostic difficulties for differential diagnosis with other bullous diseases, such as bullous pemphigoid and dermatitis herpetiformis, even in cases with blisters in 'string-of-pearls' arrangements.<sup>13,14</sup> Conversely, LABD can manifest atypical clinical pictures, such as the prurigo-like variant.<sup>15</sup> Mucosal involvement is less frequent<sup>2,16</sup>; however, previous reports of mucosal or mucosal-dominant LABD could represent misdiagnosed cases of mucous membrane pemphigoid (MMP).<sup>17</sup>

Although most cases of LABD are idiopathic, infections and drugs may represent the trigger. Several medications were reported as responsible for drug-induction in adults including antibiotics, <sup>16</sup> non-steroidal anti-inflammatory drugs (NSAIDs), antiretrovirals, diuretics, ACE-inhibitors, anti-epileptics, statins, amiodarone and cyclosporine. <sup>3</sup> By contrast, in children drug-induced LABD has been related to antibiotics and NSAIDs only. <sup>18,19</sup>

Amoxicillin-clavulanic acid was described as possible trigger in different cases including two paediatric patients of 2 and 9 years old respectively, and one in a 62-year-old woman.<sup>20,21</sup> Clinical presentation of these cases and, more in general, of drug-induced LABD, consists of classic tense bullae often in annular disposition, but toxic-epidermal-necrolysis-like pattern has been reported in up to 20% of cases in a French study.<sup>22,23</sup> The median interval from start of drug intake to the onset of

LABD ranges from 7 to 9 days to 3 weeks and in 20% rapid resolution following discontinuation of the offending drug can be observed, even without specific treatments. 9,23 However, the particularity of our case 1 is related to the possible association of LABD with anti-measles, -mumps and -rubella vaccination. Similar reports are not currently available in literature. One case of LABD shortly after receiving influenza vaccination has been described in a 54-year-old woman,24 while two paediatric cases occurred 2 weeks after varicella and influenza vaccination are reported.25

While the possible causative role of amoxicillin was suggested by an involuntary re-challenge test and the Naranjo score, it was not possible to clearly demonstrate that the vaccination was not able to induce the disease, considering the compatible timing. In the second case, the association between LABD and vaccination appears clearer, due to the absence of concomitant therapies. Moreover, another case of LABD following quadrivalent HPV vaccination has been reported, with a latency time of 3 weeks, similarly to our case.<sup>24</sup> Regarding the physiopathology, one hypothesis implies vaccinations as non-specific activators of the immune response, leading to exacerbations of pre-existent autoimmunity or the development of de novo autoimmune diseases. Autoimmunity can also be induced by molecular mimicry between vaccine antigens and BMZ proteins.<sup>26</sup>

# **Conclusions**

To date, the role of vaccinations in LABD induction has little evidence, indeed it is shared only by few case reports. However, the growing number of reports should make clinicians aware of this association, which appears more frequent than a simple coincidence. Possible causative agents should be carefully searched in patients with LABD, since their removal alone may be effective. Further warnings and population-based studies would reveal useful in improving the knowledge of this phenomenon, in particular about the incidence. Moreover, the attention should be raised in 2021 considering the global vaccination plan for COVID-19, which will involve billions of subjects in a short period.

#### **Authors' Note**

Lavinia Quintarelli, Alice Verdelli, and Marzia Caproni are now affiliated to Rare Dermatological Diseases Unit, Section of Dermatology, Azienda USL Toscana Centro, Florence, Italy.

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## Ethics approval

Our institution does not require ethical approval for reporting individual cases or case series.

### Informed consent

Written informed consent was obtained from a legally authorized representative(s) for anonymized patient information to be published in this article.

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