# Apples to oranges: Making sense of hybrid palliation for hypoplastic left heart syndrome

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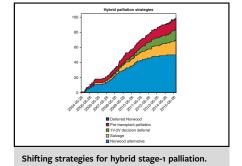
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Feature Editor's Introduction—Hypoplastic left heart syndrome (HLHS) remains one of the most challenging anomalies for the surgical repertoire. Despite initial nearly overwhelming enthusiasm for a hybrid strategy as the first surgical step in single-ventricle palliation, the hybrid procedure did not show convincing superiority over conventional stage 1 surgical palliation. Here, experts discuss the role, pitfalls, potential benefits, and outcomes of the hybrid procedure.

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In the early 1980s, the Norwood operation revolutionized treatment for children with hypoplastic left heart syndrome (HLHS) and related variants.<sup>1</sup> Although survival among children with HLHS has continued to improve, outcomes for patients with HLHS remain comparatively poor compared with outcomes in patients with less severe congenital heart defects.<sup>2</sup> In the early 1990s, the hybrid strategy for single-ventricle palliation was developed as an alternative management approach, initially aimed at improving outcomes among neonates with HLHS by providing a bridge to heart transplantation.<sup>3</sup> Hybrid strategies subsequently became a stage 1 alternative with the objective of achieving Fontan completion. Enthusiasm for hybrid strategies was based on the expectation that avoiding cardiopulmonary bypass (CPB) and deep hypothermic circulatory arrest (DHCA) or antegrade cerebral perfusion (ACP) during the neonatal period would provide superior long-term outcomes.

The objectives of any stage 1 palliation strategy for neonates with HLHS are to achieve (1) unobstructed systemic outflow, (2) balanced pulmonary blood flow (PBF), (3) unrestricted pulmonary venous egress, and (4) unobstructed coronary artery perfusion.<sup>4</sup> The hybrid stage 1 procedure as initially described achieved these objectives via



#### CENTRAL MESSAGE

Hybrid palliation is a niche treatment strategy for neonates with hypoplastic left heart syndrome. Uniform terminology for intent and risk stratification will help compare outcomes, leading to improved clinical decision making.

See Commentaries on pages 55 and 56.

catheter-based stenting of the patent ductus arteriosus (PDA) combined with surgically placed bilateral pulmonary artery (PA) bands and, if needed, balloon atrial septostomy.<sup>3,5,6</sup> In the "conventional" hybrid approach, a comprehensive stage 2 (CS2) operation is performed 4 to 6 months after hybrid stage 1 palliation. The CS2 operation consists of PA band and ductal stent removal, atrial septectomy, aortic arch reconstruction, and creation of a bidirectional superior cavopulmonary connection (SCPC).<sup>7</sup> The objective following second-stage palliation, either Norwood or hybrid, is for children to undergo Fontan palliation (total cavopulmonary connection) at around 3 years of age.

Since the introduction of hybrid strategies in the early 1990s, variations of the conventional technique involving surgical PA banding and ductal stent placement have emerged.<sup>3</sup> Innovative strategies for hybrid palliation have evolved for application in a number of clinical scenarios. Unfortunately, however, as palliative strategies and technical details associated with the hybrid procedure have

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evolved, the intention of the clinicians using the hybrid approach is not always clearly articulated. For example, clinical intent might be to palliate for planned cardiac transplantation, salvage for a patient who presents with shock or organ dysfunction, or as an intentional alternative to the Norwood procedure because of patient/family preference. Consequently, a retrospective analysis of hybrid strategy outcomes is challenging.

Standardized definitions of palliative intent and details of the variations in procedural techniques are important to permit risk stratification and comparison of outcomes between the hybrid and Norwood strategies and permit comparisons across institutions. In this review, we summarize the contemporary hybrid strategy literature, emphasizing patterns of hybrid use, in an effort to promote clarification and standardization of terms of clinical intention and thereby allow more refined assessment of outcomes.

# SURGICAL CONSIDERATIONS WITH HYBRID SINGLE-VENTRICLE PALLIATION

Although hybrid palliation offers several theoretical advantages compared with the Norwood strategy, understanding outcomes and potential limitations of the hybrid strategy is important to identify the optimal clinical scenario for hybrid strategies.

# Hybrid Palliation: Stages I and II

Overall survival for patients after hybrid palliation has been studied independently as well as in comparison to recipients of a Norwood procedure. Although reports evaluating outcomes after hybrid palliation are often confounded by biased patient selection or heterogeneous patient populations, in the aggregate, overall survival is similar after the hybrid and Norwood stage 1 procedures.<sup>7-11</sup> An important difference between hybrid and Norwood stage 1 palliation strategies is the complexity of the second-stage operation. That is, the CS2 operation is more complex than the typical SCPC after Norwood procedures. Importantly, aortic arch reconstruction during the CS2 requires either DHCA or ACP and their attendant risks. The relative complexity of the CS2 operation after hybrid stage 1 is considered a potential limitation of hybrid strategies. As such, evaluating outcomes after the CS2 is important.

Compared with the stage 2 SCPC after a Norwood operation, which does not require cardiac arrest in most situations, the CS2 after a hybrid procedure is associated with worse outcomes.<sup>12,13</sup> However, centers experienced with hybrid palliation are able to achieve mortality rates of 5% to 7% after CS2.<sup>7,11</sup> Despite these favorable results, the hospital mortality associated with the CS2 operation remains higher than that with the SCPC after the Norwood procedure.<sup>11,14</sup> A recent review of the Society of Thoracic Surgeons (STS) Congenital Heart Surgery Database reported a 12.4% operative mortality after CS2,  $^{12}$  considerably higher than the STS-reported hospital mortality of 2.5% for SCPC.  $^{13}$ 

## **PA Intervention**

PA reintervention, particularly on the left PA (LPA), is an important consideration after either hybrid or Norwood stage-1 palliation.<sup>15-18</sup> Repeated PA intervention may negatively impact PA growth, which is a critical factor in determining Fontan candidacy and post-Fontan outcomes. PA interventions before stage 2 are uncommon for both hybrid and Norwood strategies.<sup>17</sup> However, patients undergoing hybrid palliation are at increased risk for PA reintervention compared with patients undergoing Norwood procedures.<sup>16,17,19</sup>

PA reintervention rates after CS2 range between 46%<sup>11</sup> and 50%<sup>17</sup> at experienced hybrid centers but can be as high as 86% in low-volume centers.<sup>20</sup> Most PA reinterventions are directed at the LPA and include catheter-based balloon dilation with or without PA stent placement.<sup>11,15,17,18</sup> PA size at the time of Fontan palliation is smaller following hybrid stage 1 than after a Norwood procedure.<sup>15,17,19</sup> Even though hybrid palliation is associated with increased rates of PA reintervention, in high-volume centers, PA reinterventions did not impact survival or Fontan candidacy.<sup>17,18</sup>

In aggregate, the data on the fate of PA growth after stage 1 palliation suggest that PA stenosis occurs more frequently following hybrid palliation than after Norwood palliation, occurs most commonly after stage 2, and usually involves the LPA. Importantly, PA stenosis is largely treatable and does not seem to have a lasting impact on survival, Fontan completion, or successful palliation.

# Postoperative Hemodynamics and Coronary Artery Perfusion

Although the objectives for stage 1 palliation can be achieved with both the hybrid approach and the Norwood procedure, there are important differences in cardiovascular physiology between the 2 strategies.

**Retrograde arch obstruction.** Following a Norwood procedure, systemic arterial blood flow—including cerebral and coronary circulation—is delivered via the reconstructed neoaorta. In contrast, circulation after hybrid palliation relies on retrograde arch perfusion of the brachiocephalic and coronary arteries. Consequently, arch obstruction secondary to narrowing of the isthmus by the ductal stent or delayed coarctation can result in cerebral and coronary malperfusion.<sup>21,22</sup> Risk factors for retrograde arch obstruction include aortic atresia, small aortic root, increased angle between the ductus arteriosus and aortic isthmus, and increased peak Doppler velocities in the retrograde arch.<sup>23</sup>

For patients at risk of retrograde arch obstruction, a prophylactic main PA-to-innominate artery (reverse modified Blalock–Taussig [BT]) shunt may help mitigate the effects of retrograde arch obstruction.<sup>24</sup> Although the Toronto group demonstrated the feasibility of using a reverse BT shunt,<sup>25</sup> current data supporting use of a reverse BT shunt are limited. Placement of an aortic isthmus stent is an alternative strategy to secure retrograde arch perfusion in patients with obstruction due to "jailing" of the isthmus from the ductal stent.<sup>23</sup> However, more common strategies to avoid ductal stenting (and potential retrograde arch obstruction) among high-risk neonates for retrograde arch obstruction include the use of continuous prostaglandin infusion to maintain the ductal patency and avoidance of ductal stenting or abandonment of the hybrid strategy with a Norwood procedure.<sup>26</sup>

**Diastolic runoff.** Diastolic runoff occurs when blood is shunted away from the systemic and coronary arterial systems in favor of the pulmonary circulation. A potential consequence of diastolic runoff is poor coronary perfusion or "coronary steal," which in severe cases causes decreased myocardial reserve and hemodynamic compromise. The arterial source of PBF makes the physiology after Norwood-BT and hybrid stage 1 susceptible to diastolic runoff, which can lead to hemodynamic instability in the early postoperative period.<sup>4,27-30</sup>

Inconsistent hemodynamics. Creating bilateral PA bands that precisely balance systemic and PA blood flow while also allowing for equal distribution of blood flow to each lung is technically challenging. Although there are various physiological parameters to help guide PA band placement, this is an inexact process. In addition, the early period after hybrid stage 1 tends to be associated with increased systemic vascular resistance, decreased cardiac efficiency, and lower cardiac output compared with the Norwood procedure,<sup>9,31</sup> with higher oxygen extraction ratios despite lower oxygen consumption.<sup>31</sup> Typically, the hemodynamic discrepancy between patients undergoing a Norwood procedure and those undergoing a hybrid procedure resolves within 48 hours. During this period, strategies to reduce afterload help improve cardiac efficiency, especially in those neonates with marginal myocardial reserve.<sup>31</sup>

### Neurodevelopment

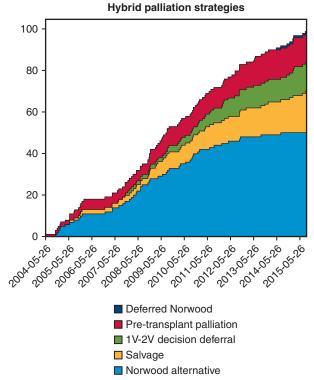
For neonates with HLHS, brain development is delayed by an average of 5 weeks at birth compared with normal controls.<sup>32,33</sup> Not surprisingly, immature brain development increases the risk for compromised neurodevelopment when exposed to CPB.<sup>34,35</sup> Early adoption of hybrid procedures was driven by the presumed benefit of avoiding CPB and arch reconstruction in the neonate; however, skeptics argue that important physiological considerations regarding persistent retrograde aortic arch perfusion diminish the benefits gained by avoiding neonatal CPB.<sup>19,36</sup>

A recent study evaluating brain magnetic resonance imaging results in children age 2 to 3 years found that patients who underwent hybrid palliation had comparable total gray matter as age-matched controls, but children who underwent Norwood palliation had persistent gray matter loss.<sup>37</sup> The clinical significance of reduced brain volume on functional neurologic outcomes is unknown, however. Furthermore, these findings are confounded by results showing no difference in neurocognitive outcomes among toddlers who underwent hybrid or Norwood palliation when assessed by the Bayley-III standardized neuromotor examination.<sup>38</sup>

Although it is a logical hypothesis to assume that delaying DHCA or ACP from the neonatal period to the timing of CS2 ultimately leads to improved cognitive development, the available data supporting or refuting the neurologic benefit of hybrid strategies are inconclusive.

### **Current Strategies for Hybrid Palliation**

Today, only a handful of centers report using hybrid strategies as a primary approach for stage 1 palliation<sup>7,11,17,39,40</sup>; however, many centers have adopted "nontraditional" hybrid strategies for specialized clinical circumstances (Figure 1).<sup>15,41-44</sup> Although there is no formal consensus, we propose that current hybrid approaches can be classified in to 5 categories:



**FIGURE 1.** Shifting palliation strategies. Cumulative sum plot indicating the pattern of hybrid use over an 11-year period at the Hospital for Sick Children based on palliation strategy (ie, indication). In recent years, there is a decreased trend toward the use of hybrid as a Norwood alternative, whereas deferred Norwood and univentricular-biventricular decision deferral strategies have increased. *1-V*, Univentricular; *2-V*, biventricular.

- Norwood alternative: conventional hybrid palliation with a stage 1 procedure which includes bilateral PA banding and maintenance of ductal patency with a PDA stent in patients who otherwise might be suitable for a Norwood procedure with CS2 as the second planned procedure.
- Salvage procedure: bilateral PA banding to stabilize patients who are not considered suitable candidates for the Norwood operation owing to hemodynamic instability. After stabilization, the patients might undergo a delayed Norwood procedure, CS2, or transplantation.
- Deferred Norwood strategy: use of the hybrid approach to defer a planned Norwood operation from the neonatal period, commonly using continuous prostaglandin infusion to maintain ductal patency.
- Pretransplantation palliation: use of the hybrid approach to stabilize hemodynamics and control PBF and thereby minimize waiting list attrition in a patient listed for cardiac transplantation.
- Univentricular-biventricular decision deferral: stabilization of hemodynamics and control of PBF in a patient with borderline left heart structures in whom feasibility for biventricular repair is uncertain in the neonatal period, with consideration for maintenance of a restrictive atrial septum (Table 1).<sup>41</sup>

Creating a standard language with respect to palliative intent and risk stratification is necessary to accurately assess hybrid outcomes. That is, to compare "apples to apples" and thus determine the ideal setting for hybrid stage 1 use, a clear understanding of hybrid intent and patient characteristics is necessary.

# **Norwood Alternative**

In the strictest sense, the use of hybrid strategies as a "Norwood alternative" extends hybrid palliation to all neonates with HLHS; that is, proponents of the Norwood alternative approach suggest that hybrid palliation is a substitute for Norwood-based palliation. Although only a few centers worldwide have adopted this "hybrid-first" approach, these dedicated centers have demonstrated promising outcomes after hybrid palliation as a primary strategy for patients with HLHS. For example, the Giessen group reported an overall survival of 82% at 1 year, 78% at 5 years, and 75% at 10 years after adopting hybrid palliation as their primary strategy.<sup>18</sup> Similarly, a team from Columbus, Ohio reported an initial overall survival of 82% over 5 years. Follow-up studies from these 2 centers have reported a combined operative mortality for stage 1 and CS2 of 9.4% and 8%, respectively.<sup>7,18</sup> In addition, the Toronto group reported a 6% mortality after CS2.<sup>14</sup>

In comparison, results of the Single Ventricle Reconstruction (SVR) Trial showed a 3-year transplantation-free survival of 67% after Norwood with right ventricle to pulmonary artery conduit and 61% after Norwood-BT.<sup>2</sup> In addition, a 20-center review comparing hybrid and Norwood survival, showed a 4-year survival after hybrid closer to 61%.<sup>29</sup> Although intent was not specified for these patients, the hybrid recipients were propensity matched to share similar characteristics as the Norwood patients. These results are similar to those reported by Japanese studies demonstrating an overall 5-year survival of 54% after hybrid palliation. Of note, Japanese centers use hybrid palliation as their primary treatment strategy more frequently than centers in the United States or Europe, favoring the technique for both high-risk and standard-risk patients.<sup>40</sup> Approximately 62% of centers use bilateral PA banding (with or without ductal stenting) as their only stage 1 palliation strategy, with 80% of centers using hybrid strategies in >50% of stage 1 palliation cases. As such, these data need to be interpreted in the context of a heterogeneous patient population.<sup>40</sup>

# Hybrid Strategies for High-Risk Patients

The terms "salvage procedure," "deferred Norwood, "rapid 2-stage Norwood," and "bridge to Norwood" have

Palliative strategy	Description
Norwood alternative	Conventional hybrid palliation as a stage 1 procedure, which includes bilateral pulmonary artery banding. Management of the atrial septum may be performed at the initial procedure or in a subsequent procedure. Ductal patency is maintained through long-term administration of prostaglandin or by placement of a ductal stent at the time of the initial procedure or in a subsequent procedure. The second planned procedure is a comprehensive stage-2 procedure which includes arch reconstruction and bidirectional cavopulmonary shunt.
Salvage procedure	Procedure to stabilize hemodynamically unstable patients who are otherwise unsuitable for the Norwood operation.
Deferred Norwood	Strategy to utilize the hybrid approach to intentionally defer the Norwood operation for weeks to months. A Norwood is the second planned procedure.
Pretransplantation palliation	Strategy to utilize bilateral pulmonary artery banding to improve hemodynamic stability while awaiting a suitable organ for transplantation.
Univentricular-biventricular decision deferral	Strategy to promote growth of left ventricular structures to increase probability of achieving a biventricular repair typically with deliberate maintenance of a restrictive atrial septum.

#### TABLE 1. Hybrid palliative strategies

been used to describe the hybrid approach as a strategy for high-risk patients. There is conceptual overlap among these strategies, making it difficult to tease out the specific differences. For example, each strategy can maintain ductal patency via either stenting or continuous prostaglandin infusion and may include atrial septostomy. In addition, each strategy lends itself to a number of secondary surgical approaches, including delayed Norwood, cardiac transplantation, or CS2. However, despite the overlap, these strategies have important differentiating properties.

**Salvage procedure.** For patients with severe hemodynamic instability, hybrid palliation can serve as an initial stabilizing strategy. Salvage hybrids are generally considered a "last ditch" surgical option, are commonly used as an emergent intervention for rapidly deteriorating patients, many of whom have multisystem organ failure and are considered unfit for a Norwood procedure.

Outcomes reporting hybrid use as a true salvage strategy are limited; however, a few studies describe hybrid palliation in critically ill neonates. The Great Ormond Street group describes 17 high-risk neonates treated with the intent for a rapid 2-stage Norwood. Among these patients, 12 survived to Norwood, and the overall 1-year mortality was  $\sim 53\%$ .<sup>42</sup> In a similar series of 9 critically ill neonates with a planned "bridge to Norwood" strategy, 8 patients survived to a Norwood after initial PA banding, even though 7 of them required extracorporeal membrane oxygen support postoperatively.<sup>43</sup> In a study from Children's Medical Center in Dallas, Texas evaluating 24 high-risk neonates with end-organ dysfunction (2007-2011), 63% survived to Norwood, CS2, or primary cardiac transplantation after hybrid palliation.<sup>44</sup>

Deferred Norwood. The difference between a salvage procedure and a deferred Norwood approach is based largely on intent. In both instances, all available posthybrid strategies may be considered. As with a salvage procedure, a deferred Norwood approach is commonly used for neonates who are considered high-risk Norwood candidates. In contrast to a salvage hybrid, a deferred Norwood strategy has been described as an institutional preference on an elective basis for patients who are otherwise satisfactory candidates for a primary Norwood procedure.<sup>40</sup> Furthermore, although not all children end up undergoing a Norwood, by definition, a deferred Norwood strategy is done with the intent to perform a subsequent Norwood.<sup>41</sup> Because a Norwood procedure is anticipated in infancy, ductal patency is typically maintained with prostaglandin infusion, and ductal stenting is not performed, to simplify the planned Norwood procedure.

In reports describing intentional deferred Norwood strategies, the time from hybrid stage 1 to Norwood ranged between 7 days and 46 days (Table 2). Japan has the largest published series using a deferred Norwood approach. Among the 256 neonates who underwent bilateral PA banding, 194 underwent a Norwood in rapid succession, 27 underwent CS2, 34 patients died before a subsequent operation, and 1 patient survived without intervention.<sup>40</sup> Although the authors did not report the survival differences between deferred Norwood and hybrid palliation with CS2, 34% of neonates died after deferred Norwood, compared with 30% after CS2. Notably, all patients who eventually underwent cardiac transplantation or conversion to biventricular repair were excluded from the analysis.<sup>40</sup>

Despite being a novel approach requiring longer-term follow-up, the theory behind the deferred Norwood strategy is conceptually intuitive. As such, this approach will likely continue to expand as an option for stage 1 palliation. **Low birth weight.** Low birth weight is among the most important predictors for poor outcomes after stage 1 palliation, with most literature suggesting decreased survival after Norwood in neonates weighing <2.5 kg.<sup>28,29,50,51</sup> Consequently, hybrid stage 1 palliation has been adopted as a strategy for use in low birth weight neonates. Early reports are promising, demonstrating a threshold for improved survival after hybrid strategies versus Norwood procedures for birth weight 2.0 to 2.5 kg.<sup>18,29,52</sup> It is reasonable for centers with hybrid capabilities, irrespective of their Norwood outcomes, to pursue stage-1 hybrid pallia-

tion as an initial strategy for low birth weight neonates.

# **Pretransplantation Palliation**

Hybrid strategies can be used to stabilize hemodynamics and control PBF in neonates with single-ventricle physiology listed for heart transplantation while awaiting a suitable organ. These patients commonly have severely compromised ventricular or tricuspid valve function, precluding Norwood consideration. Alternatively, the family's preference may be to pursue primary transplantation rather than a single-ventricle palliation strategy in a patient who might otherwise be a favorable Norwood candidate.<sup>41</sup> Neonates who undergo hybrid palliation with a pretransplantation intent may occasionally undergo an alternative treatment (ie, survival to CS2). Despite being among the first indications described for hybrid palliation,<sup>5</sup> the successful results using a hybrid approach as a pretransplantation palliation strategy have not yet been quantified.

# **Univentricular-Biventricular Decision Deferral**

Hybrid palliation has been used by some centers to delay the decision between single-ventricle and biventricular repair in neonates with borderline left heart structures. Neonates with small left-sided heart structures approaching a *z*-score of -4 represent a particularly challenging group of patients with respect to selection of the optimal initial palliation strategy.<sup>53</sup> For these patients, an erroneous decision to pursue a biventricular repair can result in early cardiac failure. Conversely, a Norwood procedure can be undertaken in patients with borderline left heart structures in whom a

Study	Center	Number of patients	High-risk vs routine	Method of ductal patency: PGE vs stent	Time to Norwood/age	Survival to SCPC, %
Sakamoto, 2011 <sup>45</sup>	Nagano, Japan	11	Routine	PGE	1-2 mo	100%
Gomide et al, 2013 <sup>42</sup>	London (GOSH)	12	High-risk	PGE	8 d/38 d	83%
Guleserian et al, 2013 <sup>44</sup>	Dallas	7	High-risk	Stent/PGE	7 d	86%
Davies et al, 2015 <sup>15</sup>	Delaware	14	High-risk	Stent (8) PGE (6)	25 d/28 d	72%
Murphy, 2015 <sup>46</sup>	London (Evelina)	11	High-risk	Stent	N/A	100%
Nassar, 2015 <sup>47</sup>	London (Evelina)	17	High-risk	Stent	N/A	14/17
Dodge-Khatami, 2015 <sup>48</sup>	Mississippi	8	High-risk	PGE	14 d	63%
Hirata et al, 2018 <sup>40</sup>	Japan (national database)	194	All patients	Stent/PGE	46 d	110/194
Schulz, 2020 <sup>49</sup>	Berlin	14	High-risk	Stent/PGE	Age 56 d	92%

TABLE 2. Published reports of centers using a deferred-Norwood strategy

PGE, Prostaglandin infusion; SCPC, superior cavopulmonary connection; GOSH, Great Ormand Street Hospital.

biventricular repair was feasible, albeit with the potential for a subsequent 2-ventricle repair.<sup>53</sup> The concept of ventricular rehabilitation to promote left ventricular growth through maintenance of a mildly restrictive atrial septal defect has been proposed to improve the probability of successful biventricular repair.

The technical details of bilateral PA banding and ductal stenting for left ventricular rehabilitation are the same as in a standard hybrid procedure. The important difference is that the atrial septal defect is intentionally left more restrictive than in other strategies, to force increased blood flow through the mitral valve into the diminutive left ventricle. Early results among centers attempting biventricular repair after initial hybrid palliation are promising; the Giessen group reported successful biventricular repair for 67 of 69 patients with borderline left heart structures.<sup>18</sup>

### **CONCLUSIONS**

Initially hailed as a panacea when first introduced, by allowing neonates to avoid CPB and altered cerebral perfusion during arch reconstruction, the hybrid procedure for singleventricle palliation was met with great enthusiasm. However, hybrid outcomes have not attained the hoped-for clear superiority as an alternative to the Norwood strategy. Interestingly, although there are some data to suggest that patients treated with hybrid palliation have similar brain magnetic resonance imaging findings as age-matched controls, the data on delaying CPB and DHCA remain inconclusive. Most centers do not routinely use hybrid strategies as an alternative to the Norwood strategy, although high-volume hybrid centers report favorable outcomes.

Like many innovations, the hybrid concept has found a niche in several specific clinical situations. Surgeons have devised creative applications for the strategy, including salvage, pre-transplant palliation, and univentricularbiventricular decision deferral. Additionally, emerging data suggest that low birth weight infants may gain significant benefit from hybrid palliation. Hybrid strategies have evolved into a set of versatile management options that can be adapted to a wide variety of clinical situations for patients of varying clinical acuity. It seems certain that hybrid utilization will continue to expand within these niches, providing an important resource for clinicians in the treatment of patients with HLHS. As hybrid use grows, focusing on standardized terminology regarding palliative intent and risk stratification will provide more robust data, leading to better informed clinical decision making, and ultimately optimized outcomes.

### **Conflict of Interest Statement**

The authors reported no conflicts of interest.

The *Journal* policy requires editors and reviewers to disclose conflicts of interest and to decline handling or reviewing manuscripts for which they may have a conflict of interest. The editors and reviewers of this article have no conflicts of interest.

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