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one case associated with a cutaneous exanthema that we could observe. Our report focuses on a COVID-19-related rash description and is supported by clinical images and histopathological examinations. Histological examination did not show any particular signs that can make this affection different from other rashes of viral aetiology except for extremely dilated vessels in the dermis which could represent a histological diagnostic finding. It should be kept in mind that skin manifestations associated with this virus could present in any form and at any time during the natural history of the disease and we have no data demonstrating a direct correlation with the prognosis of this illness. More studies of the physiopathology of the SARS-CoV-2 action are needed, above all regarding its interaction with endothelial cells in small vessels sites and its possible prognostic role.

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# Hand disinfection in the combat against COVID-19

Dear Editor,

The World Health Organization (WHO) has declared a global health emergency over a new coronavirus. The new coronavirus (SARS-CoV-2) has raised global attention with raising concerns of rapid spread from human-to-human. Like severe acute respiratory syndrome (SARS)-nCoV, 2019-nCoV can be passed directly from person to person by respiratory droplets and may also be transmitted through contact and fomites.<sup>1</sup>

Currently, there is no vaccine or specific therapeutic option against the new virus. Hygienic hand antisepsis is one of the most important measures in preventing healthcare- and outbreak-associated viral infections. Hence, there is an emergency in identifying efficacious antiviral agents to combat the disease.<sup>2</sup>

Appropriate measures to decrease the risk of transmission from infected person to the patients, visitors and healthcare workers include hand hygiene. Appropriate care is to be considered for higher risk patients with chronic lung disease, diabetes and renal failure, as well as immunocompromised patients. WHO formulations I and II (two alcohol-based hand rubs) or povidone-iodine (PVP-I) are highly effective against the enveloped coronaviruses (Table 1), as well as other antiseptic agents. If alcohol-based hand rubs (gel or foam) or povidone-iodine are not available, ethanol 70% solution may be used. These are all available as commercial solutions — however, the correct use is crucial and has received insufficient investigation.

The accessibility of the WHO/PVP-I formulations as well as their correct use is therefore likely to be of significant benefit for human health on a global scale, particularly in the developing countries.<sup>3</sup> Repeated hand disinfection must be paired with simple handwashing. This has been shown to be of even increased

Table 1 Hand disinfectants

Type of antiseptic	Inactivates
lodine	Bacteria
	<ul> <li>Bacterial spores</li> </ul>
	<ul> <li>Enveloped viruses</li> </ul>
	<ul> <li>Non-enveloped viruses</li> </ul>
Ethanol	Bacteria
	<ul> <li>Enveloped viruses</li> </ul>
	<ul> <li>Non-enveloped viruses 'variable'</li> </ul>
Phenolic	Bacteria
	<ul> <li>Enveloped viruses</li> </ul>
	<ul> <li>Non-enveloped viruses 'variable'</li> </ul>
Chlorine	Bacteria
	<ul> <li>Bacterial spores 'variable'</li> </ul>
	<ul> <li>Enveloped viruses</li> </ul>
	<ul> <li>Non-enveloped viruses</li> </ul>
Quaternary ammonium	Bacteria
	<ul> <li>Bacterial spores</li> </ul>

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efficiency compared to disinfection for both enveloped and nonenveloped viruses.<sup>4</sup>

Ultraviolet germicidal irradiation (UVGI) is a disinfection method that uses UV-C radiation to inactivate microorganisms by causing deoxyribonucleic acid damage (DNA) and preventing replication. Inactivation of Middle East respiratory syndrome coronavirus (MERS-CoV) in plasma with riboflavin and UV-A light has been reported. In addition, the efficacy of whole room UV-C disinfection has been reported. Whole room UV-C disinfection system during coronaviruses outbreaks, including severe acute respiratory syndrome coronavirus (SARS-CoV) and MERS-CoV, has been demonstrated in previous studies. This may prevent the nosocomial spread of the virus and protect staff in the process. Hamzavi *et al.* proposed repurposing of phototherapy devices, including these UVB units, to serve as a platform for ultraviolet-C (UV-C) germicidal disinfection.

It has been also noted that 0.5% sodium hypochlorite with colour additive achieved full viral inactivation of human CoV 229E. 8,9 Newly implemented strategies include application of long-lasting compounds based on quaternary ammonium chloride on buttons and check-in kiosk and other surfaces in public spaces.

Front-line medical workers are facing tremendous pressure, containing major risk of infection and insufficient contamination protection. Hand hygiene, while an important preventive measure, is insufficient and should not stand alone for control of SARS-CoV-2 spread. Currently, there are no data to describe the frequency of hands contamination with coronavirus, or the viral load on hands after patient contact or touching contaminated surfaces. WHO recommends applying alcohol-based hand rubs for the decontamination of hands, e.g. after removing gloves. Hospitals should have infection control strategies in place for managing the spread of infection, including personal protective equipment, such as N95 respirators, double gloves, gowns, and goggles, alcohol-based hand sanitizer and soap.

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# Acro-ischaemia in hospitalized COVID-19 patients

Dermatological manifestations of the coronavirus disease 2019 (COVID-19) may include unspecific macular erythematous rash, urticarial lesions and chickenpox-like vesicles. Acro-ischaemic lesions have been described in two different types of COVID-19 patients: firstly critically ill patients with severe limb ischaemia and secondly paucisymptomatic young patients with chilblain-like lesions. The aetiopathogenesis and clinical implications of these lesions remain unclear.

This letter reports three cases admitted to our hospital with bilateral pneumonia during the COVID-19 pandemic in Madrid (Spain), who developed acral ischaemic lesions during their hospitalization period. All three patients presented with atypical bilateral pneumonia and positive nasopharyngeal swab for severe