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Activation of $\alpha 7$ Nicotinic Acetylcholine Receptor by its Selective Agonist Improved Learning and Memory of Amyloid Precursor Protein/Presenilin 1 (APP/PS1) Mice via the Nrf2/HO-1 Pathway

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Statistical Analysis C
Data Interpretation D
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Conflict of interest: None declared

Background: To reveal the mechanism underlying the effect of $\alpha 7$ nicotinic acetylcholine receptor (nAChR) on neurodegeneration in Alzheimer disease (AD), the influence of the receptor on recognition in APP/PS1 mice was evaluated by using its selective agonist (PNU-282987).

Material/Methods: APP/PS1 and wild-type (WT) mice were treated with PNU or saline, respectively, for 7 days at the ages of 6 and 10 months.

Results: Morris water maze analysis showed that both at 6 and 10 months of age, PNU treatment enhanced the learning and memory of APP/PS1 mice. However, PNU treatment did not alter the number of senile plaques. Furthermore, a higher protein expression of Nrf2/HO-1, ADAM10, SYP, and SNAP-25, and a lower level of oxidative stress, were observed in the hippocampus of APP/PS1 mice treated with PNU compared with the control group.

Conclusions: The results indicated that the activation of $\alpha 7$ nAChR by PNU improved the learning and memory of mice carrying the APP/PS1 mutation, regulated the levels of enzymes that mediate APP metabolism to reduce β -amyloid peptide damage, and decreased the level of oxidative stress and maintained synaptic plasticity, in which the mechanism might be enhancement of the Nrf2/HO-1 pathway.

Keywords: Alzheimer Disease • beta-Amyloid Peptide (29-42) • Learning Disabilities

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Background

Alzheimer disease (AD) is defined as significant and progressive memory loss in combination with cognitive decline and change in personality [1]. The β -amyloid peptide ($A\beta$) hypothesis states that AD is initiated from abnormal processing of the amyloid precursor protein (APP), causing an abundant aggregation and deposition of $A\beta$, and subsequently induced senile plaques formation and neuronal death [2]. However, this hypothesis has been controversial, with no drugs related to the amyloid hypothesis approved to date [3]. Meanwhile, the failures of many anti-amyloid treatments have challenged the $A\beta$ hypothesis [4]. Senile plaques may play a protective role, such as regulating synaptic function and cellular signaling pathways, as well as possessing antioxidant properties [5]. Despite decades of research in this area and efforts by the pharmaceutical industry, there is still no effective cure for AD or even therapy to effectively retard progression of its symptoms [6,7].

Neuronal nicotinic acetylcholine receptors (nAChRs) are expressed widely throughout the human brain. These receptors have been implicated in many physiological and behavioral processes, such as cognitive enhancement and anxiety reduction, as well as neuroprotection [8]. Since cholinergic deficits are key elements of both cognitive and behavioral alterations in patients with AD, enhancement of nicotinic cholinergic transmission has been proposed as a treatment target [9]. However, the usefulness of drugs designed for this purpose may be limited because of addiction and adverse effects [10].

Among the various subtypes, $\alpha 7$ nAChR appears to have a key role in neurodegeneration and cognitive deficit [11]. This subtype also appears to mediate the protective effect of nicotine without being involved in its addictive properties [12]. In this context, expression of $\alpha 7$ nAChR in the brains of patients with neurodegenerative diseases has been found to be altered [13].

The $\alpha 7$ nAChR subtype is not only involved in cognitive function, but also inhibits formation of $A\beta$ and promotes α -secretase cleavage of APP [14]. Recently, we reported that activation of $\alpha 7$ nAChR promoted endogenous αB -crystallin expression to inhibit $A\beta$ aggregation via the PI3K/Akt pathway [15]. The cognitive potential of the hippocampus of rats infused with $A\beta$ is impaired by a nAChR-dependent mechanism [16]. Furthermore, selective agonists of $\alpha 7$ nAChR improved the cognitive performance of rodents in various situations [17,18]. However, the underlying mechanism by which $\alpha 7$ nAChR affects cognition in AD is still unclear.

Recently, the effects of the Nrf2/HO-1 pathway have received increasing researcher attention in connection with the pathological process of AD [19-20]. Nrf2, a regulator of antioxidant response, has a protective effect on neuron and vascular

degeneration in retinal ischemia-reperfusion injury [21]. HO-1, an antioxidant response element, plays a critical role in inflammation and iron homeostasis [22]. Experiments in vivo and in vitro showed that anthocyanins suppressed oxidative stress induced by $A\beta$ oligomers and prevented cell apoptosis and neurodegeneration through the p-PI3K/Akt/GSK3 β and Nrf2/HO-1 pathways [23]. Interestingly, the microglial $\alpha 7$ nAChR/Nrf2/HO-1 axis has a neuroprotective effect on cerebral ischemia by regulating inflammation and oxidative stress in microglia [24]. After primary glial cultures were treated with PNU (N-[(3R)-1-azabicyclo[2.2.2]oct-3-yl]-4-chlorobenzamide hydrochloride), a selective agonist of $\alpha 7$ nAChR, the mitochondrial mass and oxygen consumption increased without increasing oxidative stress, and these changes were eliminated with inhibition of Nrf2/HO-1 [25]. In the present study, transgenic animals (APP/PS1 mice) with AD were treated with PNU to determine whether the role of $\alpha 7$ nAChR in promoting cognitive function and attenuating oxidative stress and synaptic damage was involved in the Nrf2/HO-1 pathway.

Material and Methods

Materials

We purchased the following materials from the sources indicated: PNU-282987 (Sigma-Aldrich, USA), anti-synaptosome-associated protein 25 (SNAP-25), anti-NRF2, and anti-HO-1 antibodies (GTX113839, GTX103322, GTX 101147, Gentex, Inc., USA), anti-synaptophysin (SYP), anti- β -site amyloid precursor protein-cleaving protein 1 (BACE1) anti-BACE 2 antibodies (ab8049, ab183612 and ab270458, Abcam, Inc., USA); anti- $A\beta$ (6E10, SIG-39340, BioLegend, Inc., USA), and anti- β -actin, anti- α disintegrin, and metalloproteinase 10 (ADAM10) antibodies (sc-376421 and sc-28358, Santa Cruz, Inc., USA).

Experimental Animals

Double-transgenic APP^{swe}/PS1 mice and wild-type (WT) mice of this same strain (as controls) were supplied by Shanghai Research Center for Model Organisms, China. These mice were bred at a specific pathogen-free animal laboratory center with 22-25°C in a 12-h light/12-dark cycle and given free access to food and water. Mouse tails were used for genotyping by standard polymerase chain reaction (PCR) protocols to ensure the presence of the expected genes. PCR primers were designed according to cDNA sequence (Table 1).

At ages of 6 or 10 months, WT and APP/PS1 mice received PNU-282987 (1 mg/kg) or physiological saline intraperitoneally for 2 days before and during the 5 acquisition days of the behavioral test (10 mice per group) [26]. After Morris water maze (MWM) testing, the animals were anesthetized using

Table 1. Sequences of the primers used to detect the APP and PS1 genes.

Gene	Sequence	Length (bp)
APP	5'-gactgaccactcgaccagggtctg-3'	400
	5'-cttgaagttggattctcatatccg-3'	
PS1	5'-aatagagaacggcaggagca-3'	608
	5'-gccatgagggcactaatcat-3'	

chloral hydrate (400 mg/kg) by intraperitoneal injection [27]. Death was confirmed by absence of heart rate, no breathing, and no reflexes. The brain tissues were collected for analysis. The study was approved by the Ethics Committee of Guizhou Medical University, China (No. 1702110).

The MWM Test for Spatial Learning and Memory

The spatial learning and memory of mice were assessed using the MWM test, as described previously [28]. In brief, a circular tank (diameter of 120 cm, height 50 cm) contained an escape platform (diameter 10 cm) hidden 1.0 cm below the surface of milky water.

During the trial, each mouse was allowed to swim freely for 60 s to find this submerged platform, being required to remain on the platform for 5 s during both the familiarization session and acquisition phase (4 trials/day on 5 consecutive days). During the retention phase (on the fifth day of testing), the platform was removed from the pool and each mouse was allowed up to 60 s to search for its former position, whereas the number of platform area crossings was measured. The movement of mice were video recorded. We recorded the time of the escape latency, the number of platform crossings, and the time spent at the original position of the platform for assessing memory.

Hematoxylin and Eosin (HE) Staining

In brief, slides were dried, exposed sequentially to a series of aqueous ethanol solutions (100%, 95%, 90%, and 70%), and washed briefly; then the slides were stained with hematoxylin for 1 min and followed by eosin Y for 7 min. Next, dehydration was performed with a series of aqueous ethanol solutions (70%, 90%, 95%, and 100%) and the slides were finally cleared with xylene and mounted with Vectashield (Vector Laboratories, Inc., Burlingame, CA).

Immunohistochemical Staining

Immunohistochemical staining was used to detect A β level, as described previously [26]. Seven- μ m-thick sections were deparaffinized and hydrated. For antigen repair, 0.01 M citric buffer

(pH 6.0) was used. Thereafter, sections were exposed to 6E10 primary antibody (diluted 1: 100, mouse) overnight at 4°C. Then, avidin-biotinylated enzyme complex was used as secondary antibody and a peroxidase reaction solution containing DAB was used for staining. Finally, sections were mounted using Vectashield (Vector Laboratories, CA). The number of senile plaques was counted under a microscope (original magnifications $\times 40$, $\times 100$, and $\times 200$).

Western Blotting Analysis

Total protein content was measured in the brain tissues. Thirty μ g of protein in each sample was resolved with 10% SDS-PAGE, blotted onto PVDF membranes, probed overnight with primary antibody at 4°C, and incubated for 1 h at room temperature with horseradish peroxidase-conjugated secondary antibody. Finally, ECL Plus reagent was used to visualize peroxidase-coated bands.

Biochemical Assay

The activities of SOD and GSH-PX and content of MDA in brain tissues and serum were evaluated by use of the appropriate biochemical kits. The OD value was determined according to the manufacturer's instructions.

Statistical Analysis

Data are presented as means \pm standard deviation (SD) and are compared by analysis of variance (ANOVA), followed by the Tukey honestly significant difference test (HSD). Differences with a P value < 0.05 were considered as statistically significant. Pearson correlation analysis was used to evaluate the correlations between the levels of BACE1 or ADAM10 and the number of senile plaques. All analyses were performed using SPSS statistical analysis software, version 24.0 (SPSS, Inc., USA).

Results

Spatial Learning and Memory

The escape latency time (**Figure 1A**) for the APP/PS1 mice at 6 and 10 months of age was significantly longer than that of WT animals, indicating the impaired ability of spatial learning. During the probe trial, APP/PS1 mice performed fewer platform crossings and spent less time at the original position of the platform (**Figure 1B, 1C**), demonstrating poorer memory. Treatment with PNU to APP/PS1 mice 6 or 10 months of age as compared to those without PNU exposure significantly reduced the escape latency time (**Figure 1A**), which was close to the level of WT mice, indicating that PNU can increase learning ability. PNU treatment of APP/PS1 mice as compared to those

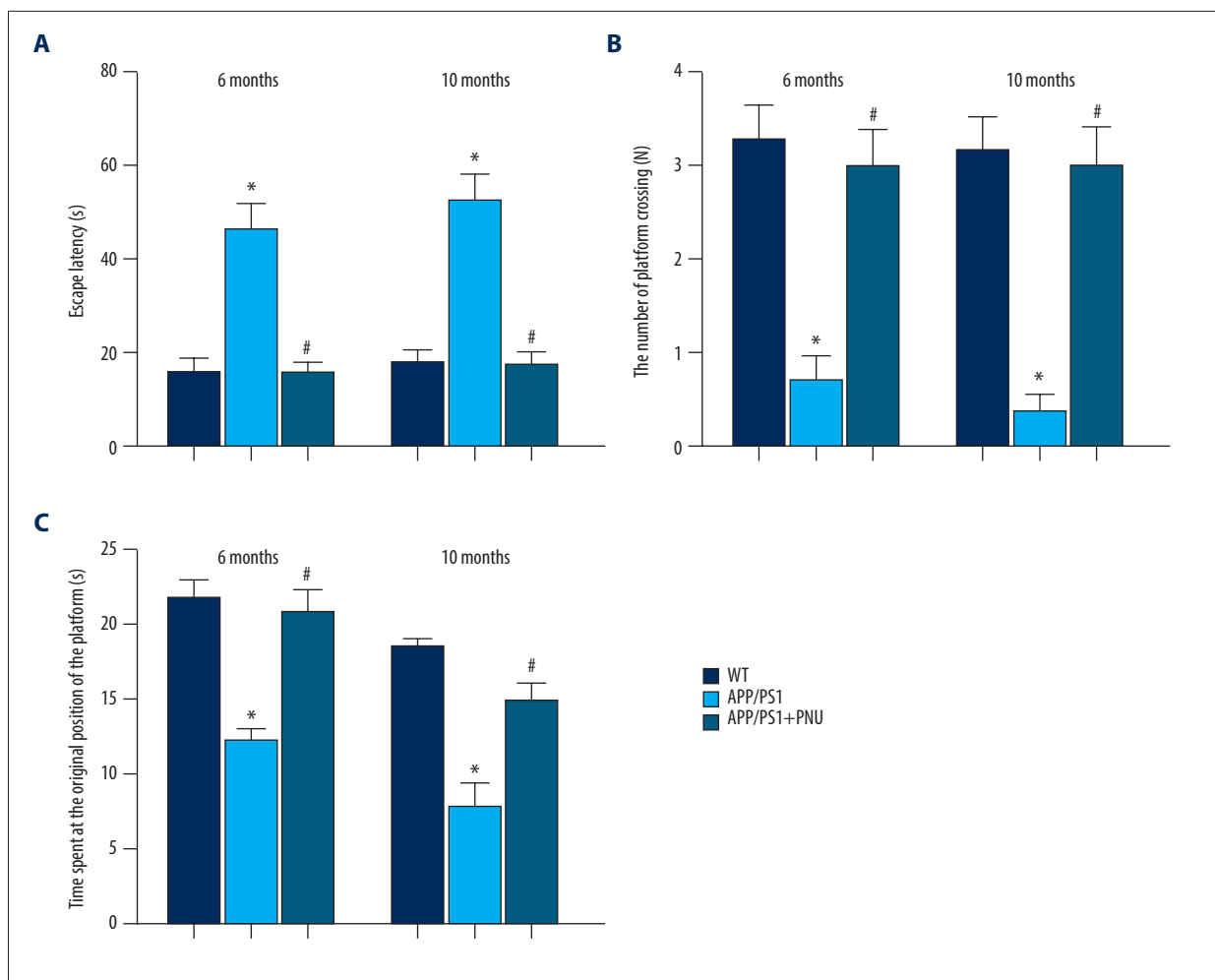


Figure 1. Effects of an activator of $\alpha 7$ nAChR on learning and memory in APP/PS1 mice at 6 or 10 months of age. The PNU was dissolved in sterile 0.9% saline and the pH adjusted to 7.0. The APP/PS1 mice at the ages of 6 and 10 months, respectively, were intraperitoneally received PNU (1 mg/kg) for APP/PS1 mice or physiological saline for wild-type (WT) animals for 2 days before and during the 5 acquisition days of the Morris water maze test. **(A)** Escape latency. **(B)** The number of platform crossings. **(C)** Time spent at the original position of platform. The values presented are means \pm SD of n=10 mice. * $P < 0.05$ compared with the WT group; # $P < 0.05$ compared with the APP/PS1 group, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

without PNU exposure obviously increased both the number of platform crossings and time spent at the original position of the platform in mice 6 and 10 months of age (Figure 1B, 1C), indicating that PNU can improve memory ability.

Histopathological Observation in the Mice Brains

The HE staining revealed no significantly histopathological changes in the CA1, CA3, and DG regions of the hippocampus of 6- and 10-month-old APP/PS1 mice, either PNU treated or without PNU, or WT mice (Figure 2A, 2B). In further studies, Nissl stain or the examination observed under an electronic microscope may be required to show pathological changes of neurons in the brains of mice with overexpression of APP.

Senile Plaques in the Brains

Immunohistochemical staining of the hippocampus of 6-month-old APP/PS1 mice revealed significantly more senile plaques (Figure 3D-3F) than that of WT animals (Figure 3A-3C). In addition, the hippocampus of APP/PS1 mice treated with PNU also showed obviously more senile plaques (Figure 3G-3I), which had no significant difference with those of APP/PS1 mice without treatment of PNU (Figure 3J). In addition, at 10 months of age, there were obviously more senile plaques in the hippocampus both in the APP/PS1 mice with or without PNU treatment (Figure 4), while no significant difference of the plaque numbers was shown between these 2 groups. There were more senile plaques in the 10-month-old APP/PS1 mice

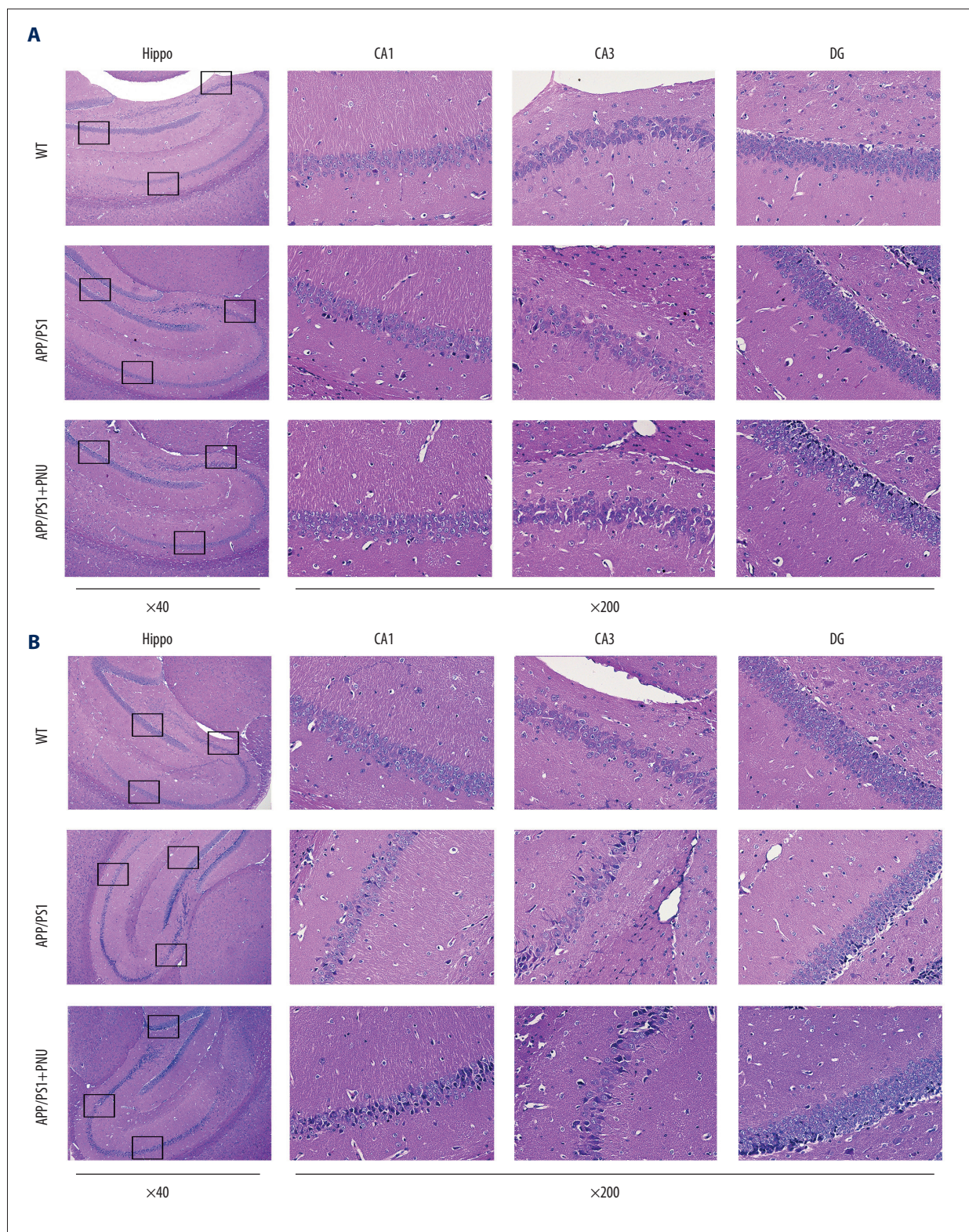


Figure 2. Absence of any significant histopathological changes in different regions of the hippocampus of the APP/PS1 mice at 6 or 10 months of age. (A) the APP/PS1 mice at 6 months of age. (B) the APP/PS1 mice at 10 months of age. WT – wild-type; Hippo – hippocampus; CA1/3 – Cornu Ammonis area 1/3; DG – dentate gyrus. Magnification: Hippocampus, 40 \times ; CA1, CA2, DG regions, 200 \times .

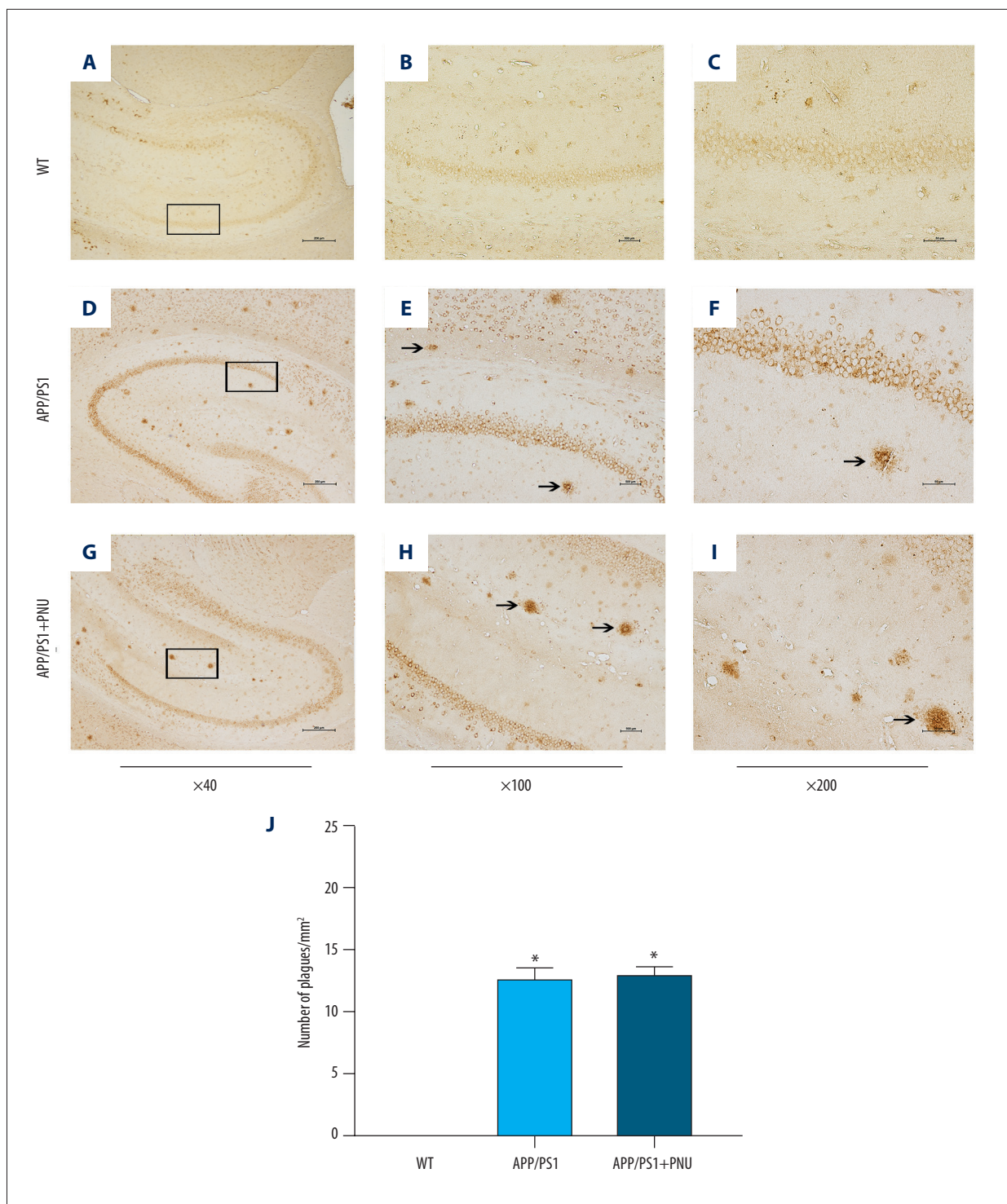


Figure 3. Immunohistochemical staining for senile plaques in the hippocampus of APP/PS1 mice at 6 months of age. (A-I) Staining of senile plaques in the hippocampus. (J) The numbers of senile plaques detected. Magnification: **A, D and G**, 40 \times , scale bar=250 μ m; **B, E and H**, 100 \times , scale bar=500 μ m; **C, F and I**, 200 \times , scale bar=50 μ m. The solid arrows indicate senile plaques. The values presented are means \pm SD of n=10 mice. * $P < 0.05$ compared to the wild-type (WT) group, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

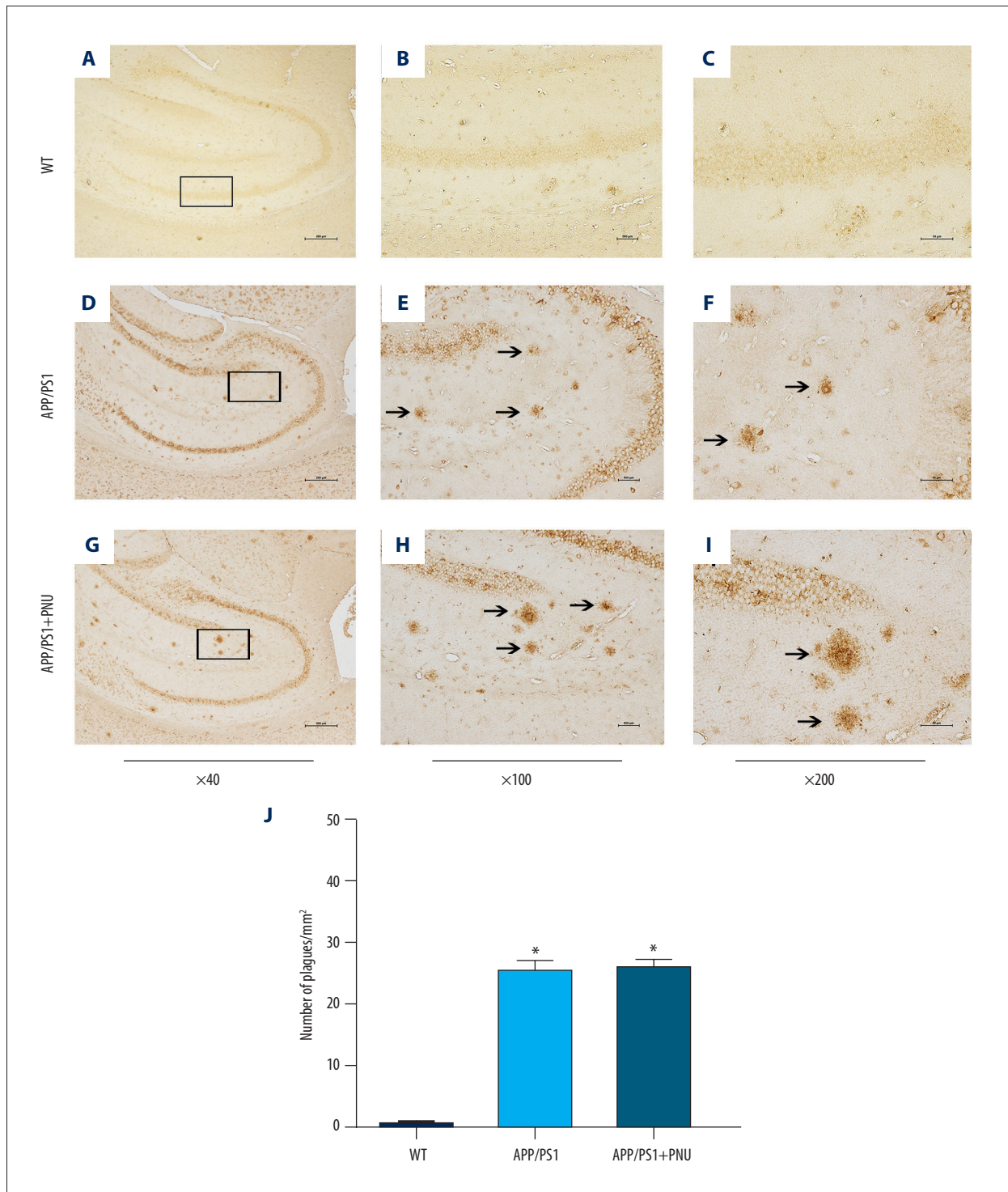


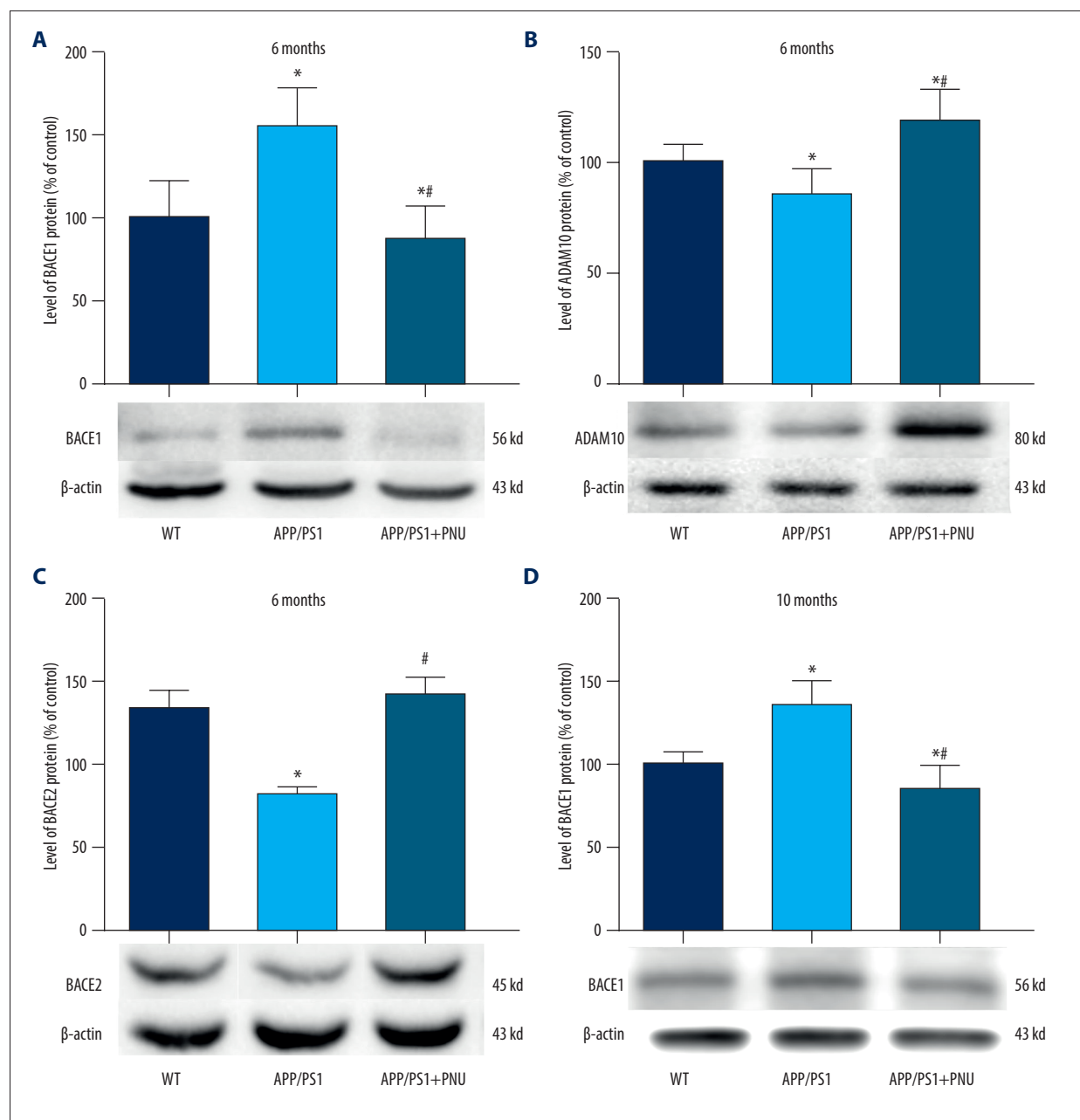
Figure 4. Immunohistochemical staining for senile plaques in the hippocampus of APP/PS1 mice at 10 months of age. (A-I) Staining senile plaques in the hippocampus. (J) The numbers of senile plaques detected. Magnification: **A, D and G**, 40 \times , scale bar=250 μ m; **B, E and H**, 100 \times , scale bar=500 μ m; **C, F and I**, 200 \times , scale bar=50 μ m. The solid arrows indicate senile plaques. The values presented are means \pm SD of n=10 mice. * $P < 0.05$ compared to the wild-type (WT) group, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

than in 6-month-old APP/PS1 mice with or without treatment of PNU (data not shown).

Levels of enzymes that cleave APP in the brains

In the brains of the 6-month-old APP/PS1 mice as compared to WT mice, the increased level of BACE1 but the decreased ADAM10 and BACE2 were found (Figure 5A-5C). Whereas, in the brains of the 6-month-old APP/PS1 mice treated with PNU, the declined BACE1, and raised ADAM10 and BACE2 were detected as compared to those of the 6-month-old APP/PS1 mice without treatment of PNU (Figure 5). Furthermore, the levels

of these enzymes in the brains of the 10-month-old mice from different groups exhibited similar patterns to those of 6-month-old mice (Figure 6). In addition, the levels of BACE1 and ADAM10 were significantly correlated with the number of senile plaques in the hippocampus of APP/PS1 mice without PNU treatment (for BACE1: $R=0.713$ in 6-month-old mice, $R=0.756$ in 10-month-old mice, both $P<0.05$; for ADAM10: $R=-0.661$ in 6-month-old mice, $R=-0.769$ in 10-month-old mice, both $P<0.05$) (data not shown).



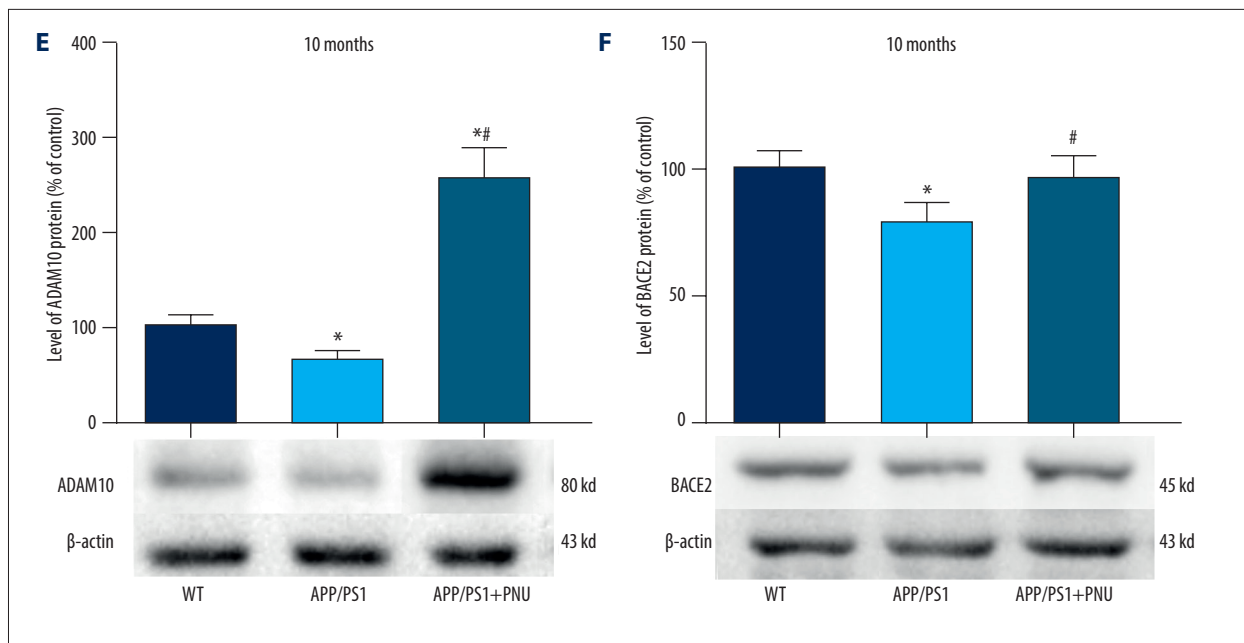


Figure 5. Western blot for BACE1, ADAM10, and BACE2 in the brains of APP/PS1 mice. (A, D) Levels of BACE1 at 6 and 10 months of age. (B, E) Levels of ADAM10 at 6 and 10 months of age. (C, F) Levels of BACE2 at 6 and 10 months of age. The values presented are means \pm SD of n=10 mice. * $P < 0.05$ compared to the wild-type (WT) group; # $P < 0.05$ compared to the APP/PS1 group, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

Levels of Nrf2/HO-1 in the Brains

The Nrf2 level in the brains of 6-month-old APP/PS1 mice, but not 10-month-old mice, was significantly higher than in WT mice (Figure 6A, 6C). Significantly, the Nrf2 level in the brains of 6- or 10-month-old APP/PS1 mice treated with PNU was much higher than those of 6- or 10-month-old APP/PS1 mice without PNU treatment, respectively (Figure 6A, 6C). In the same way, the HO-1 level in the brains of 6- or 10-month-old APP/PS1 mice was significantly higher than in WT mice (Figure 6B, 6D). In addition, the HO-1 level in the brains of 6- or 10-month-old APP/PS1 mice treated with PNU was obviously higher than those of 6- or 10-month-old APP/PS1 mice without PNU treatment (Figure 6B, 6D).

The Level of MDA and Activities of SOD and GSH-Px in the Brains and Serum

In 6- or 10-month-old APP/PS1 mice, there were higher level of MDA and decreased activities of SOD and GSH-Px in brains and serum compared to those of WT mice (Tables 2-5). Interestingly, PNU treatment of APP/PS1 mice (6- or 10-month-old) attenuated the increased levels of oxidative stress both in brains and serum as compared to the APP/PS1 mice without PNU treatment (Tables 2-5).

Levels of Synaptic Proteins in the Brain

Levels of SYP in the brains were significantly lower in 6- or 10-month-old APP/PS1 mice compared with WT mice (Figure 7A, 7C), which was obviously attenuated by PNU treatment. Compared to WT mice, the level of SNAP-25 was significantly lower in the brains of 10-month-old APP/PS1 mice, but the same as in 6-month-old mice (Figure 7B, 7D). Treatment with PNU in 6- or 10-month-old APP/PS1 mice obviously increased the level of SNAP-25 compared to the untreated APP/PS1 mice (Figure 7B, 7D).

Discussion

$\alpha 7$ nAChR has crucial regulatory functions in AD pathogenesis [17,29]. The treatment of $\alpha 7$ nAChR agonist in vivo showed its protective effect on neurons and improved the learning and memory ability of model animal. Therefore, the $\alpha 7$ nAChR agonist is an ideal drug for the treatment of AD. In AD pathology, A β shows a relatively high binding affinity to $\alpha 7$ nAChR, and the expression of these 2 proteins co-localizes in the cortical regions and the hippocampus of the brains of patients with AD [30]. The interaction between A β and $\alpha 7$ nAChR has been confirmed in various experimental models and in post-mortem AD brains [31,32]. In the case of pathologically elevated A β concentration, this interaction between A β and $\alpha 7$ nAChR may cause AD [33]. The A β - $\alpha 7$ nAChR interaction also

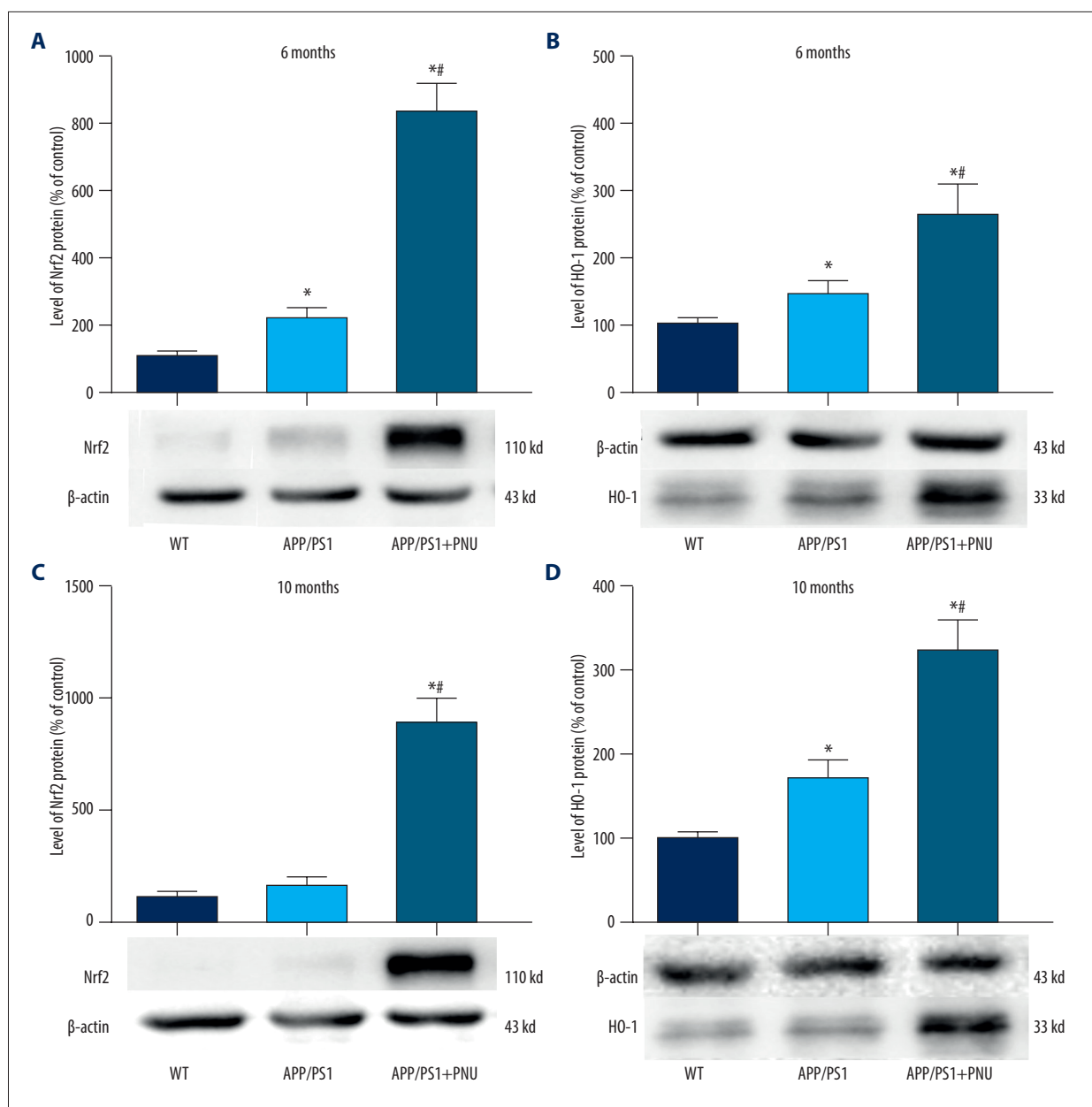


Figure 6. Western blot for Nrf2/HO-1 in the brains of APP/PS1 mice. (A, C) Nrf2 expression at 6 and 10 months of age. (B, D) HO-1 expression at 6 and 10 months of age. The values presented are means \pm SD of n=10 mice. * $P < 0.05$ compared to the wild-type (WT) group; # $P < 0.05$ compared to the APP/PS1 group, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

influences neurotransmission, synaptic plasticity, learning, and memory [34,35].

On the basis of previous *in vitro* findings, nicotine, an agonist of nAChRs, protects neurons against the toxicity of A β [36,37]. In experiments, nicotine reduced production of A β and improved the cognitive performance of rodent models of AD as assessed by various procedures [38,39]. However, nicotine is addictive and has many adverse effects, as well as minimal

benefits, limiting its usefulness in this context. Therefore, the potential of other agonists of nAChRs in treating AD needs to be explored. PNU is known as a potent and, currently, the most specific agonist of $\alpha 7$ nAChR, while interacting negligibly with other nAChR subtypes [40].

In the 6- or 10-month-old APP/PS1 mice, the increased escape latency and the decreased number of platform crossings and time spent at the original position of the platform were

Table 2. The content of MDA and activities of SOD and GSH-Px in the brains of mice at 6 months of age.

Group	n	MDA (nmol/mgprot)	SOD (U/mg prot)	GSH-Px (kU/L)
WT	10	3.61±0.23	35.4±0.75	659±32.01
APP/PS1	10	5.48±0.34**	23.3±0.44**	436±18.0**
APP/PS1+PUN-282987	10	3.72±0.49##	37.9±1.61##	655±56.4##

WT – wild-type; APP/PS1 – amyloid precursor protein/presenilin 1; pr – protein; SOD – superoxide dismutase; GSH-Px – glutathione peroxidase. The values presented are means±standard deviation. * $P < 0.05$ or ** $P < 0.01$ vs control (WT); # $P < 0.05$ or ## $P < 0.01$ vs APP/PS1, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

Table 3. The content of MDA and activities of SOD and GSH-Px in the brains of mice at 10 months of age.

Group	n	MDA (nmol/mgprot)	SOD (U/mg prot)	GSH-Px (kU/L)
WT	10	3.37±0.37	35.1±2.48	641±51.5
APP/PS1	10	5.77±0.16**	16.5±2.01**	335±15.9**
APP/PS1+PUN-282987	10	3.99±0.46*##	32.2±2.28##	650±41.5##

WT – wild-type; APP/PS1 – amyloid precursor protein/presenilin 1; pr – protein; SOD – superoxide dismutase; GSH-Px – glutathione peroxidase. The values presented are means±standard deviation. * $P < 0.05$ or ** $P < 0.01$ vs control (WT); # $P < 0.05$ or ## $P < 0.01$ vs APP/PS1, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

Table 4. The content of MDA and activities of SOD and GSH-Px in the serum of mice at 6 months of age.

Group	n	MDA (nmol/mgprot)	SOD (U/mg prot)	GSH-Px (kU/L)
WT	10	1.74±0.52	86.3±5.57	733±31.8
APP/PS1	10	7.83±0.89**	64.6±1.88**	551±19.7**
APP/PS1+PUN-282987	10	2.48±0.88##	87.4±2.68##	713±24.9##

WT – wild-type; APP/PS1 – amyloid precursor protein/presenilin 1; pr – protein; SOD – superoxide dismutase; GSH-Px – glutathione peroxidase. The values presented are means±standard deviation. * $P < 0.05$ or ** $P < 0.01$ vs control (WT); # $P < 0.05$ or ## $P < 0.01$ vs APP/PS1, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

Table 5. The content of MDA and activities of SOD and GSH-Px in the serum of mice at 10 months of age.

Group	n	MDA (nmol/mgprot)	SOD (U/mg prot)	GSH-Px (kU/L)
WT	10	1.72±0.91	88.9±2.72	720±3.86
APP/PS1	10	8.06±0.76**	58.3±4.39**	506±19.3**
APP/PS1+PUN-282987	10	2.74±0.99##	81.1±1.94*##	688±16.3*##

WT – wild-type; APP/PS1 – amyloid precursor protein/presenilin 1; pr – protein; SOD – superoxide dismutase; GSH-Px – glutathione peroxidase. The values presented are means±standard deviation. * $P < 0.05$ or ** $P < 0.01$ vs control (WT); # $P < 0.05$ or ## $P < 0.01$ vs APP/PS1, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

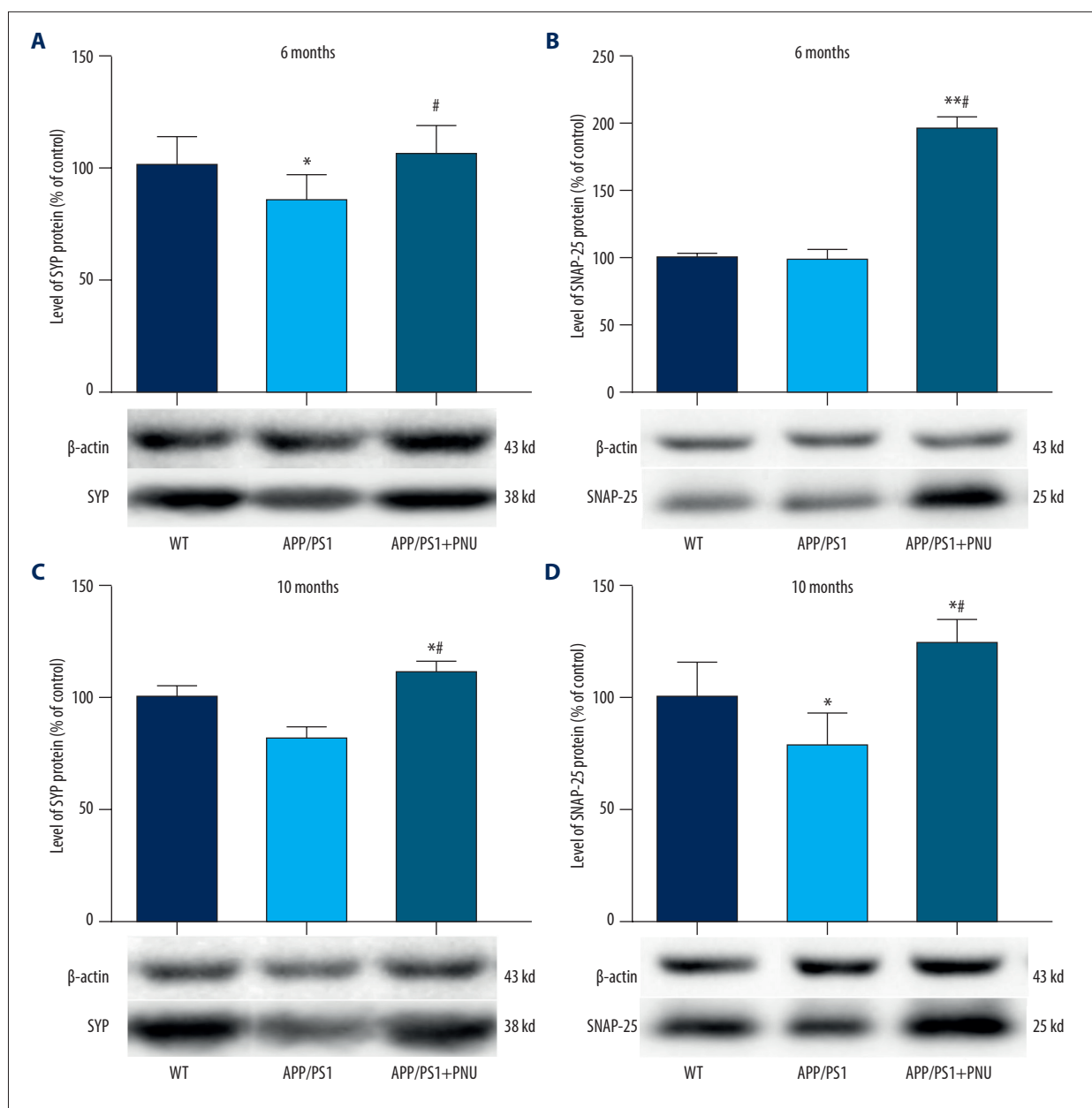


Figure 7. Western blot for SYP and SNAP-25 in the brains of APP/PS1 mice. (A, C) SYP expression at 6 and 10 months of age. (B, D) SNAP-25 expression at 6 and 10 months of age. The values presented are means \pm SD of n=10 mice. * $P < 0.05$ compared to the wild-type (WT) group; # $P < 0.05$ compared to the APP/PS1 group, as determined by analysis of variance (ANOVA), followed by the Tukey HSD test.

significantly lessened by PNU treatment. These results showed that activation of $\alpha 7$ nAChR by PNU improves the learning and memory of APP/PS1 mice, which is consistent with our previous finding [41]. In that study, we did not find any change of the learning and memory of WT mice exposed with PNU as compared to that of WT mice without PNU treatment.

A previous study evaluated the influence of PNU on the learning and memory ability of transgenic mice 2 months of age with

susceptibility to AD with or without stress [42]. In that study, no significant effect of PNU on spatial task acquisition was found in AD-susceptible transgenic mice. However, our present data suggest that PNU has an effect on recognition memory in transgenic AD mice. These opposite results may be related to the differences in the age of animals and the time of PNU administration.

Senile plaques are an extracellular spherical lesion containing aggregated A β caused by 2 proteases, β - and γ -secretase.

Here, we found more plaques in the hippocampus of both 6- or 10-month-old APP/PS1 mice. However, the administration of PNU did not obviously decrease the number of plaques in the brains of AD animals, which indicates that PNU does not totally alter the histopathological changes, since the formation of senile plaques occurs gradually in AD with age, and PNU treatment cannot quickly destroy the plaques. Furthermore, the possible changes in A β fragments like 1-40/42 without ameliorating plaques induced by PNU could be important in further study.

BACE1, a protease that is responsible for initiating A β production, is significantly associated with the level of A β deposition in the brains of AD patients [43,44]. Inhibition of BACE1 is an important intervention to prevent and/or cure AD. In addition, ADAM10 plays a key role in inhibiting A β production and increasing α APP level [10]. Moreover, α APP is neuroprotective and nutritional, and elevating its metabolism can reduce the generation of toxic A β . Enhancing the expression and activity of α -secretase can effectively inhibit the formation of A β [45]. Interestingly, even though BACE2 is homologous to BACE1, it can cleave A β completely, thereby inhibiting the formation of A β [46].

Our present data indicate there were increased BACE1 and decreased ADAM10 and BACE2 in APP/PS1 mice. PNU treatment reduced the level of BACE1 and elevated ADAM10 and BACE2 in the brains of APP/PS1 mice, indicating that the activation of $\alpha 7$ nAChR interferes with the production of A β by regulating the enzyme activity in the APP metabolic process. In 10-month-old APP/PS1 mice treated with PNU, the higher level of ADAM10 was more obvious than in 6-month-old mice. Although there were significant correlations between BACE1 or ADAM10 with the number of senile plaques in the hippocampus of APP/PS1 mice without PNU treatment, the number of senile plaques in the animals was not decreased by PNU treatment, suggesting that short-term activation of $\alpha 7$ nAChR did not totally inhibit the production of A β and thus could not fully eliminate the formation of senile plaques in mouse brains in our experiment.

Oxidative stress leads to the inflammatory infiltration of neutrophils, the increased secretion of proteases, and the production of numerous oxidative intermediates [47]. These negative effects produced by free radicals in vivo are considered to be important in connection with the development of AD [48]. It has been demonstrated that A β can lead to neurological dysfunction by increasing the level of free radicals and decreasing the activity of antioxidant enzyme activity and the content of antioxidant compound [49]. In addition, oxidative stress damages many types of intracellular organic molecules, resulting in protein overoxidation and lipid peroxidation in AD patients [50,51].

Here, at 6 and 10 months of age, the MDA content of APP/PS1 mouse brains was higher, and the SOD and GSH-Px activities were

lower than in WT animals. Importantly, treatment with PNU elevated the activities of SOD and GSH-Px and reduced the content of MDA. In addition, we found that PNU interfered with the oxidative stress level in serum of the APP/PS1 mice treated with PNU.

The activated Nrf2/HO-1 pathway is a recognized defense against internal and external oxidative stress. In the present study, we observed that the level of Nrf2/HO-1 pathway in the brains of APP/PS1 mice was increased, which could be a compensation to diminish the high level of oxidative stress induced by A β . Recently, the level of Nrf2 has been found to be elevated during the early stages of AD, but with the progression of this disease, the level declined significantly, further reducing resistance against oxidative stress [52]. In our present results, we also found that the level of Nrf2 in the brains of 10-month-old APP/PS1 mice did not increase as in 6-month-old APP/PS1 mice, which supports the above data. Activation of $\alpha 7$ nAChR by exposure to PNU resulted in significantly higher levels of Nrf2/HO-1 in the brains of APP/PS1 mice, which may greatly reduce the level of oxidative stress in AD and ease the onset of cognitive deficit.

SYP, a structural transmembrane protein of synaptic vesicles, is important for nerve repair and establishing connections between neurons (ie, the structure and functions of synapses). A deficiency in this protein can cause cognitive dysfunction and plays a key role in neurodegenerative diseases [53]. SNAP-25, an evolutionarily conserved protein, is closely related to the growth of dendrites and axons, synaptic plasticity after central nervous system injury, and learning and memory [54]. In the present study we found lower levels of SYP and SNAP-25 in the brains of APP/PS1 mice were determined, but PNU administration elevated the levels of SYP and SNAP-25. These results indicate that activation of $\alpha 7$ nAChR can improve the plasticity of synaptic function. Previous studies have shown that Nrf2 deficiency affects neuronal metabolism, synaptic density, and cognitive function in aged mice [55]. Therefore, the activation of $\alpha 7$ nAChR by PNU may rescue the loss of synaptic proteins.

Many reports have indicated that activation of the Nrf2/HO-1 pathway can attenuate cognitive dysfunction. It has been demonstrated that Nrf2 is a promising target to alleviate oxidative damages and cognitive impairment caused by chronic cerebral hypoperfusion [56]. YVLLPSPK, a walnut-derived peptide, improved learning and memory in scopolamine-induced cognitive-impaired mice through a mechanism associated with PTEN-induced putative kinase 1-mediated mitophagy via the Nrf2/Keap1/HO-1 pathway [57]. Caffeic acid phenethyl ester 4-O-glucoside protects against oxidative stress-mediated neuronal cell apoptosis and scopolamine-induced cognitive impairment by activating Nrf2/HO-1 signaling [58]. Long-term carnosine treatment can ameliorate learning and memory disturbances in streptozotocin-diabetic rats through initiation

of the NF- κ B/Nrf2/HO-1 signaling cascade [59]. In our study, since the activation of $\alpha 7$ nAChR by PNU increased the level of Nrf2/HO-1 in the brains of APP/PS1 mice, we speculate that the improved learning and memory of APP/PS1 mice by stimulation of $\alpha 7$ nAChR might involve activation of the Nrf2/HO-1 pathway due to PNU exposure.

Conclusions

The activation of $\alpha 7$ nAChR stimulated by PNU can alleviate brain damages caused by increased production of A β in

APP/PS1 transgenic mice via regulating enzyme activities related to APP metabolism, reducing oxidative stress level, and maintaining synaptic plasticity, and also improve the learning and memory ability of mice with highly-expressed APP. This neuroprotective mechanism may be related to enhancement of the Nrf2/HO-1 pathway.

Declaration of Figures' Authenticity

All figures submitted have been created by the authors, who confirm that the images are original with no duplication and have not been previously published in whole or in part.

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