# PAIN

# Hepatocyte growth factor, colony-stimulating factor 1, CD40, and 11 other inflammation-related proteins are associated with pain in diabetic neuropathy: exploration and replication serum data from the Pain in Neuropathy Study

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# Abstract

One in 5 patients with diabetes suffers from chronic pain with neuropathic characteristics, but the pathophysiological mechanisms underlying the development of neuropathic pain in patients with diabetic distal symmetrical polyneuropathy (DSP) are poorly understood. Systemic low-grade inflammation has been implicated, but there is still a considerable knowledge gap concerning its scope and meaning in this context. The aim of the study was to establish the broad inflammatory signature of painful diabetic DSP in serum samples from the Pain in Neuropathy Study, an observational cross-sectional multicentre study in which participants underwent deep phenotyping. In the present two cohorts exploration–replication study (180 participants in each cohort), serum samples from Pain in Neuropathy Study participants were analyzed with the Olink INFLAMMATION panel (Olink Bioscience, Uppsala, Sweden) that enables the simultaneous measurement of 92 inflammation-related proteins (mainly cytokines, chemokines, and growth factors). In both the exploration and the replication cohort, we identified a high-inflammation subgroup where 14 inflammation-related proteins in particular were associated with more neuropathy and higher pain intensity. The top 3 proteins were hepatocyte growth factor, colony-stimulating factor 1, and CD40 in both cohorts. In the exploratory cohort, additional clinical data were available, showing an association of inflammation with insomnia and self-reported psychological distress. Hence, this cross-sectional exploration–replication study seems to confirm that low-grade systemic inflammation is related to the severity of neuropathy and neuropathic pain in a subgroup of patients with diabetic DSP. The pathophysiological relevance of these proteins for the development of neuropathic pain in patients with diabetic DSP must be explored in more depth in future studies.

Keywords: Biomarker, Chronic pain, Diabetes, Inflammation, Neuropathic, Neuropathy, Pain, Polyneuropathy

# 1. Introduction

A third to a half of patients with diabetes develop distal symmetrical polyneuropathy (DSP),<sup>1,68,71</sup> and 25 to 50% of patients with diabetic DSP develop neuropathic pain. <sup>1,68</sup> One in 5 patients with diabetes suffers from chronic pain with neuropathic characteristics.<sup>11</sup> Neuropathic pain is defined as pain arising as a consequence of a lesion or disease of the somatosensory nervous system<sup>25</sup> and is very difficult to treat effectively.<sup>24</sup>

The pathophysiological mechanisms underlying the development of pain in patients with diabetic DSP are poorly understood, but the initial inciting event is a "dying back" axonopathy principally affecting sensory neurons, possibly involving a cutaneous immunogenic imbalance towards inflammation in which Langerhans cells may play a role.<sup>23,64</sup> Risk factors for the development of painful DSP include obesity, glycemic burden, and female sex.<sup>57</sup> Microvascular abnormalities of the vasa

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nervorum, hyperglycemia and its downstream effects (eg, advanced glycation end-products), and chronic low-grade inflammation are believed to be involved in injury and sensitization of peripheral neurons.<sup>56,61</sup> These changes are not intrinsic to neurons, but alterations in Schwann cells and the nerve microenvironment are also likely to be contributory.<sup>50,62</sup>

Recent human biomarker studies in blood and cerebrospinal fluid indicate that different chronic pain conditions are associated with low-grade chronic inflammation and neuroinflammation. This has been shown for instance in chronic postsurgical neuropathic pain,<sup>14</sup> trigeminal neuralgia,<sup>21</sup> chronic widespread pain including fibromyalgia,<sup>16,29,36</sup> and lumbar radicular pain.<sup>48</sup> Immune cell profiles by flow cytometry can also be used to further ascertain the role of the immune system.<sup>42</sup> Preclinical animal models of neural injury also link inflammation or neuroinflammation to the development of pain-related hypersensitivity.<sup>31</sup>

There is still a considerable knowledge gap concerning the scope and meaning of systemic low-grade inflammation in the development of painful DSP in humans. A prerequisite for the acquisition of such pathophysiological knowledge is the possibility to analyse not just a few candidate proteins (see, eg, Ludwig et al.<sup>43</sup>) but rather to simultaneously study an extensive network of cytokines, chemokines, and growth factors to get a more comprehensive image.

The aim of the study was to establish the broad inflammatory signature assessed in serum in the context of painful diabetic DSP. The goals of the project were to measure 92 inflammation-related proteins in serum collected from study participants, recruited as part of the Pain in Neuropathy Study (PiNS),<sup>66</sup> with painful and painless diabetic DSP, and to relate the inflammation pattern to clinical data. The study contained an exploratory phase and a replication phase, with 180 participants in each phase.

#### 2. Methods

#### 2.1. Overview of procedures and rationale

In a first exploratory phase, serum samples from 180 PiNS patients were sent from Oxford to the biobank of Uppsala University Hospital, Sweden, and the samples were then analysed using a panel of 92 inflammation-related proteins as described below. The results were related to the extensive clinical data recorded in PiNS. Then, in a replication phase, serum samples of 180 new PiNS patients were handled in the same way.

An underlying assumption in the present work is that (partly) different pathophysiological mechanisms might be at work in subgroups of patients suffering from painful diabetic DSP. As expressed on a more general level by Comte et al., many clinical disease entities may be umbrella terms encompassing several "molecular diseases" that share prominent signs and symptoms.<sup>17</sup> Concerning patients with DSP, chronic low-grade inflammation may be of greater importance for the development and maintenance of pain in some patients and less important in others. A simple comparison between painful and painless patients with DSP might therefore lead to the "drowning" of a putative inflammatory signal. Therefore, our main strategy in the present article was to first define a subgroup of patients with high inflammatory activity, the hypothesis being that such a subgroup would then be shown to be clinically meaningful. Our approach partly resembles that of Baron et al.,<sup>5</sup> who clustered patients with peripheral neuropathic pain using quantitative sensory testing (QST), the difference being (1) that our clustering methodology was based on objective measures, ie, proteins and not based on a semiobjective psychophysical method such as QST, and (2)

that we took the additional step of testing whether the highinflammation subgroup made clinical sense using patient-report data (as described below). This approach is consistent with a system medicine perspective, in which groups of interest are defined using "mechanism-based stratification"<sup>17</sup> instead of the more conventional focus on signs and symptoms.

## 2.2. Patients and clinical data

# 2.2.1. General information about the Pain in Neuropathy Study

The Pain in Neuropathy Study is an observational cross-sectional multicentre study in which participants underwent deep phenotyping that included neuropathy screening tools, extensive symptom and function questionnaires, neurological examination, nerve conduction studies, QST, and skin biopsy for intraepidermal nerve fibre density (IENFD) assessment in a subset of patients.<sup>66</sup> Patients with diabetes mellitus aged above 18 years with diagnosed DSP or patients with symptoms and signs suggestive of DSP were included. Exclusion criteria were pregnancy, coincident major psychiatric disorders, poor or no English language skills, severe pain at recruitment from a cause other than DSP (to prevent potential confounding influence on pain reporting as well as psychological and quality-of-life reported outcomes), patients with documented central nervous system lesions, or patients with insufficient mental capacity to provide informed consent or to complete questionnaires. Many of the study participants were recruited from primary care practices in London and Oxford. Study participants were also recruited from diabetes and other clinics at Chelsea and Westminster Hospital (London), Sheffield Teaching Hospitals and Oxford University Teaching Hospitals, neurology clinics at King's College Hospital (London), and through advertisements.

#### 2.2.2. Exploratory cohort

We analyzed the following clinical data on the 180 PiNS patients of the exploratory cohort:

- 1. Anthropometric data (weight [kg] and height [m])
- Data pertaining to diabetes and metabolic control (body mass index [BMI; kg/m<sup>2</sup>], HbA1c, type of diabetes, and duration of diabetes)
- Data related to neuropathy—the Toronto Clinical Scoring System (TCSS) correlates with diabetic neuropathy severity and was used as a screening tool for DSP<sup>12</sup>; intraepidermal nerve fiber density (IENFD) was also measured
- Pain intensity measurements—Brief Pain Inventory (BPI) severity scores<sup>65</sup>; Numerical Rating Scale (NRS) for 7 days mean pain intensity by means of a pain diary
- Questionnaires pertaining to psychological distress—the Depression Anxiety Positive Outlook instrument (DAPOS) was used to measure mood and anxiety<sup>55</sup>; the Pain Anxiety Symptom Scale 20 (PASS) to assess pain-related anxiety<sup>47</sup>
- 6. Insomnia—the Insomnia Severity Index (ISI).<sup>6</sup>

The methods and questionnaires have been previously described in detail.  $^{66}$ 

#### 2.2.3. Replication cohort

We analyzed 180 new patients in a replication cohort. This was collected as part of the DOLORisk project and was harmonized with the original PiNS study with some minor adjustments (for full DOLORisk protocol, see PMID: 30756091): Duration of diabetes,

NRS 7 days mean pain intensity, DAPOS, PASS, IENFD, and ISI were not available in the replication cohort. Hence, the clinical part of the replication cohort was focused on neuropathy (TCSS), pain intensity data (BPI), anthropometric data, and glycaemic control. The exploratory and replications cohorts were similar for polyneuropathy and neuropathic pain gradings.

## 2.2.4. Final analysis of clinical data of both cohorts together

After the replication phase of the study, clinical data from the 360 patients were analyzed together in a common final analysis, and at this stage, the following neuropathic pain questionnaires were included: the Douleur Neuropathique en 4 Questions (DN4),<sup>9</sup> PainDETECT,<sup>27</sup> and the Neuropathic Pain Symptom Inventory (NPSI) whereby neuropathic pain symptoms such as evoked pain, superficial spontaneous pain, deep spontaneous pain, paroxysmal pain, and paresthesia or dysesthesia were investigated.<sup>10</sup> Moreover, the total score of the Pain Catastrophizing Scale was used to assess the cognitive process by which pain was appraised.<sup>53</sup> Catastrophizing is characterized by a lack of confidence and control and an expectation of negative outcomes.

# 2.3. Inflammation data

#### 2.3.1. Blood samples

A 10 mL blood sample (BD Vacutainer SST Tubes) was drawn from each participant. After 30 minutes, to allow blood to clot, the sample was centrifuged at 3000 rpm for 10 minutes at a temperature of 4°C. Serum was then aliquoted into 1.8 mL Nunc CryoTubes and stored at  $-80^{\circ}$ C.

## 2.3.2. Proximity extension assay

First, 180 serum samples were analyzed with the Olink INFLAMMATION panel (Olink Bioscience, Uppsala, Sweden) in the exploratory phase of the study. Then, 180 new patient samples were analyzed in the replication phase. The Olink INFLAMMATION panel uses a proximity extension assay (PEA) technique that merges an antibody-based immunoassay with polymerase chain reaction (PCR) and quantitative real-time PCR (qPCR), enabling 92 inflammation-related protein biomarkers (mainly cytokines, chemokines, and growth factors) to be quantified simultaneously.4,14,44 Importantly, PEA is a dualrecognition immunoassay, where 2 matched antibodies labeled with unique DNA oligonucleotides simultaneously bind to a target protein. This brings the 2 antibodies into proximity, allowing their DNA oligonucleotides to hybridize; this is then followed by PCR.<sup>51</sup> Hence, signal generation in PEA requires both dual-recognition and DNA sequence-specific protein-to-DNA conversion. The specifics of the PEA method have been explained elsewhere.<sup>14</sup> A complete list of the 92 inflammation-related proteins, including their UniProt ID, is found in Supplemental Digital Content 1 (available at http://links.lww.com/PAIN/B474).

Olink INFLAMMATION panel data are expressed as normalized protein expression (NPX). Values of NPX are acquired by normalizing Cq values against extension control, as well as interplate control and a correction factor. They are on log2 scale. A high NPX value corresponds to a high protein concentration and can be linearized using the formula 2<sup>NPX</sup>. NPX can be used for statistical multivariate analysis and express relative quantification between samples but is not an absolute quantification.

# 2.4. Statistics

IBM SPSS Statistics (version 24.0; IBM Corporation, Route 100 Somers, New York, NY) was used for computations with the Kruskal–Wallis test, Mann–Whitney *U* test,  $\chi^2$  test, and multiple linear regression (MLR) as appropriate. A significance level of 0.05 was chosen.

Details of multivariate data analysis (MVDA) methodology<sup>22,69</sup> have been described in previous publications.<sup>13–16,28,29,52</sup> In brief, we used SIMCA version 15 (Sartorius Stedim Biotech, Umeå, Sweden) for multivariate data analysis computations. We performed principal component analysis (PCA), hierarchical clustering analysis (HCA), and, based on the groups defined by HCA, orthogonal partial least squares-discriminant analysis (OPLS-DA). Principal component analysis is a technique that models the correlation structure of a data set and thereby enables the identification of multivariate outliers.<sup>22,69</sup> Principal components extract relevant information found in the data, reducing a highdimensional space (high number of variables) to a few "summary variables." After outlier detection with PCA (strong outliers defined as Hotelling's T2»T2Crit(99%) and moderate outliers as DModX >2\*DCrit), we applied a bottom-up HCA to the principal component score vectors using the default Ward linkage criterion to identify relevant subgroups of patients. More precisely, we aimed at identifying a subgroup of patients characterized by highinflammation activity, here defined as generally high levels of inflammation-related proteins in the abovementioned panel. Hierarchical clustering analysis complements PCA in the sense that while PCA identifies distinct clusters in multivariate space, HCA can find subtle clusters. In the resulting dendrogram, interesting patient subgroups were identified, and clinical data were compared between subgroups to ascertain the clinical relevance of the subgroups. Then, OPLS-DA was performed using group belonging as Y variables and protein data as predictors (X variables). To identify the proteins most relevant for group discrimination, the OPLS-DA models analyzed and identified associations between the X variables and group belonging. Multivariate data analysis analyzes all variables simultaneously, using the overall correlation pattern present in the data, hence separating information from "noise." Hence, the protein data in this study were not primarily analyzed by multiple univariate testing, thereby minimizing the multiple testing problem.

# 2.5. Network analysis

The protein-protein association network for the important and common proteins for the cohorts were analysed using the online database tool Search Tool for the Retrieval of Interacting Genes/ Proteins (STRING; version 11). Protein accession numbers (UniProt) for the most important and common significant proteins were entered in the search engine (multiple proteins) of STRING with the following parameters: organism: Homo sapiens, maximum number of interactions was query proteins only, interaction score was set to minimum required interaction score of medium confidence (0.400), a  $FDR \leq 0.05$  was used when classifying cellular component (CC), and molecular function and biological process (BP) according to the Gene Ontology (GO; http://geneontology.org/docs/ontology-documentation/) together with terms from Kyoto Encyclopedia of Genes and Genomes (KEGG) pathways obtained from STRING. Cellular component is the locations relative to cellular structures in which gene products perform function either cellular compartments or stable macromolecular complexes. Molecular function describes activities that occur at the molecular level and hence represents activities that can be performed by individual gene products, eg, a

protein. Biological processes are larger processes or biological programs accomplished by multiple molecular activities; it is not equivalent to a pathway. In tables, we show the terms with FDR <0.001 or if a high number of terms with FDR <0.001, the 20 with lowest FDR. For the obtained network, protein–protein interaction (PPI) enrichment *P*-value and average local clustering coefficient were reported. In the network figure, each protein is represented by a coloured node, and PPI and association are represented by an edge visualized as a line. Higher combined confidence scores are represented by thicker lines/edges.

#### 2.6. Ethics

The study was approved by the National Research Ethics Service of the United Kingdom (No.:10/H07056/35). All study participants signed written consent before participating.

#### 3. Results

#### 3.1. Exploration cohort

#### 3.1.1. Grouping of patients according to the overall inflammatory pattern

Eighteen inflammation-related proteins of 92 had >20% missing values and were therefore excluded from further analyses. The remaining 74 proteins were analyzed by PCA. One patient (ID 30160) was a strong outlier and was therefore excluded. The final PCA model (n = 179 and 74 proteins as X variables) had 4 PCs,  $R^2 = 0.50$ , and  $Q^2 = 0.38$ . Based on that, HCA was performed, and a level of 3 groups was chosen in the dendrogram (Supplemental Digital Content 2, available at http://links.lww. com/PAIN/B474). The 3 groups of patients are illustrated in the PCA scatter plot in **Figure 1**.

#### 3.1.2. Protein data in the 3 groups of patients

The 74 proteins of the PCA model are depicted in the corresponding PCA loading plot in **Figure 2**. The PCA score and loading plots being complementary to each other, **Figure 1** and **Figure 2** taken together show that Group 2 is a relative high-inflammation group, whereas Group 1 is characterized by the opposite, and Group 3 is intermediate. Extensive descriptive data tabulated in Supplemental Digital Content 3 (available at http://links.lww.com/PAIN/B474) confirmed this; and as can also be seen in the same supplement, omnibus testing (3 groups of patients) was highly statistically significant for all 74 proteins (ie, confirming the validity of the HCA).

## 3.1.3. Clinical data in the 3 groups of patients

Statistically significant differences between the 3 groups were found for several of the clinical variables, that is, TCSS, several pain intensity variables, ISI, and PASS (**Table 1**). Based on descriptive data and omnibus tests shown in **Table 1**, we tested the hypothesis that Group 2 would differ from Group (1 + 3). Group 2 was significantly different with a generally more severe clinical situation than Group (1 + 3) in the following clinical variables: TCSS total score (P = 0.002), BPI pain severity subscore (P = 0.014), BPI pain average (P = 0.009), BPI worst (P = 0.020), BPI least (P = 0.040), BPI now (P = 0.015), NRS 7 days mean pain intensity (P = 0.015), ISI total score (P = 0.007), PASS physiological anxiety (P < 0.001), PASS fear (P = 0.014), PASS total (P = 0.003), DAPOS anxiety (P = 0.029), DAPOS depression (P = 0.022), and DAPOS positive outlook (P = 0.036). Age, gender, HbA1c, BMI, type of diabetes, duration of diabetes, and IENFD did not differ significantly between Group 2 and Group (1 + 3) (data not shown). In Group 2, 70% of patients had painful DSP, compared with 51% in Group (1 + 3) (P = 0.057).

Hence, grouping of patients by HCA of protein levels was clinically meaningful; Group 2 being characterized by more neuropathy (ie, higher TCSS), higher pain intensity, more psychological distress, and increased insomnia compared with the 2 other groups.

## 3.1.4. Cluster of proteins distinctive of Group 2

Next, we determined the proteins that were the most characteristic for Group 2. The PCA score and loading plots being complementary to each other, **Figures 1 and 2** together show that Group 2 is particularly characterized by high levels of proteins having loadings > 0.13 (ie, p[1] values on the x-axis of **Fig. 2**). These proteins (and most notably colony-stimulating factor 1 (CSF-1), hepatocyte growth factor (HGF), and CD40, which had loadings > 0.15, see **Fig. 2**) were confirmed to be the most important ones by OPLS-DA comparing Group 2 with Group (1 + 3), with p(corr) values > 0.66; the whole list of proteins can be seen in Supplemental Digital Content 4 (available at http://links. lww.com/PAIN/B474), in descending order of p(corr).

#### 3.2. Replication cohort

# 3.2.1. Grouping of patients according to the overall inflammatory pattern

Nineteen inflammation-related proteins of 92 had >20% missing values and were therefore excluded from further analyses. The remaining 73 proteins were analyzed by PCA. One patient (ID 30419) was a strong outlier and was therefore excluded. The final PCA model (n = 179 and 73 proteins as X variables) had 4 PCs,  $R^2 = 0.47$ , and  $Q^2 = 0.34$ . Based on that, HCA was performed and a level of 3 groups could be replicated in the dendrogram (Supplemental Digital Content 2, available at http://links.lww. com/PAIN/B474). The 3 groups of patients were of similar size compared with the exploratory cohort and are illustrated in the PCA scatter plot in **Figure 3**. Hence, we were able to replicate 3 similar groups of patients, called groups 1 to 3 (as per the exploratory cohort).

# 3.2.2. Protein data in the 3 groups of patients

The 73 proteins of the PCA model are depicted in the corresponding PCA loading plot in **Figure 4**. The PCA score and loading plots being complementary to each other, **Figures 3** and 4 together, show that Group 2 is a relative high-level-of-protein group, whereas Group 1 is characterized by the opposite, and Group 3 is intermediate. This interpretation was confirmed by descriptive analyses, and data are presented in Supplemental Digital Content 5 (available at http://links.lww.com/PAIN/B474). In addition, omnibus testing (3 groups of patients) was highly statistically significant for all 73 proteins (confirming the validity of the HCA). Hence, findings from the exploratory cohort were replicated.

#### 3.2.3. Clinical data in the 3 groups of patients

As shown in **Table 2**, we were able to replicate findings about Group 2 being characterized by more neuropathy and higher pain intensities for "BPI pain severity subscore," "BPI pain average,"





and "BPI worst," essentially confirming the findings of the exploratory cohort (**Table 1**). The same questionnaires measuring psychological distress and insomnia were not available in the replication cohort. Comparing Group 2 with Group (1 + 3), we found that TCSS total score and BPI pain average were significantly higher in Group 2 (P = 0.022 and P = 0.048, respectively).

## 3.2.4. Cluster of proteins distinctive of Group 2

Next, we determined the proteins that were most characteristic for Group 2. The PCA score and loading plots being complementary to each other, **Figures 3 and 4** together, show that Group 2 is particularly characterized by relatively high levels of proteins having loadings > 0.13 (ie, p[1] values on the x-axis of **Fig. 4**). These proteins were confirmed to be the most important ones by an OPLS-DA analysis comparing Group 2 to Group (1 + 3), with p(corr) values > 0.62; the whole list of proteins can be seen in Supplemental Digital Content 4 (available at http://links. lww.com/PAIN/B474).

# 3.3. Comparison of the protein results of the 2 cohorts

The top 20 proteins by OPLS-DA from both cohorts are listed in **Table 3**; we found that 14 of the top 20 proteins in the exploratory cohort (ie, 70%) were among the top 20 proteins of the replication cohort. Hence, the following 14 proteins were replicated as being distinctive of Group 2: HGF, CSF-1, CD40, PD-L1, LAPTGF-beta-1, LIF-R, IL-10RB, monocyte chemotactic protein 1, TGF-alpha, CXCL6, beta-nerve growth factor, TNFSF14, CD5, and CASP-8. Moreover, the top 3 proteins are the same in both cohorts: HGF, CSF-1, and CD40 (**Table 3**). The whole list of proteins, in descending order of p(corr), for both cohorts, can be viewed in Supplemental Digital Content 4 (available at http://links.lww.com/PAIN/B474).

#### 3.4. Network analysis

The network and enrichment analysis of the 14 proteins (common to the exploration and replication cohorts) based on the STRING database identified a PPI network that was highly and significantly enriched (PPI enrichment *P*-value: 3.26e-11) (**Fig. 5**). Hence, most of these proteins are known to interact.





Table 1

Exploratory cohort clinical data in 3 groups of patients

Variable	Group 1 (n = 77)	Group 2 (n = 30)	Group 3 (n = 72)	Р	
Age (y)	68 (59-73)	69 (61-74)	65 (60-73)	0.619	
Gender (% females)	30%	33%	26%	0.764	
HbA1c (expressed in %)	7.3 (6.5-8.4)	7.3 (6.6-8.2)	7.8 (6.9-8.7)	0.199	
Body mass index (BMI; kg/m <sup>2</sup> )	29.6 (26.4-35.9)	34.9 (26.6-38.1)	29.8 (26.8-33.2)	0.241	
Duration of diabetes (y)	14 (8-23)	14 (10-21)	14 (9-21)	0.939	
Type 2 diabetes	95%	83%	92%	0.157	
TCSS total score	9 (6-11.5)	12 (9.5-16.5)	10 (7-13)	0.003*	
NRS 7 days mean pain	0.7 (0-4.1)	3.8 (0-6.4)	0 (0-5)	0.037*	
BPI pain severity subscore	1.4 (0-3.6)	3.8 (0-6)	0 (0-4.8)	0.048*	
BPI pain average	1.5 (0-4.5)	4.5 (0-7)	0 (0-5.5)	0.031*	
BPI worst	2 (0-6.5)	6 (0-8)	0 (0-7)	0.063	
BPI least	0 (0-2)	1.5 (0-5)	0 (0-3)	0.121	
BPI now	0 (0-3)	2.5 (0-7)	0 (0-4.5)	0.050*	
IENFD	1.1 (0.4-1.8)	0.7 (0-1.4)	1.1 (0-1.9)	0.282	
ISI total score	9 (3.5-14)	13 (8-22)	10 (4-17)	0.024*	
PASS cognitive	5 (1-10)	9 (3.5-19.5)	5 (1.0-11.8)	0.026*	
PASS escape avoidance	3 (0-9)	9 (3.3-15.8)	4 (2-12)	0.008*	
PASS fear	2 (0-7)	6 (0.5-1.6)	1 (0-7)	0.047*	
PASS physiological anxiety	0 (0-2)	4 (0-11)	0 (0-5)	0.002*	
PASS total	12.5 (4-24.5)	31 (10-64)	10.5 (5-34)	0.011*	
DAPOS anxiety	3 (3-6)	6 (3-8)	4 (3-6)	0.089	
DAPOS depression	6 (5-10)	8 (5-16)	6 (5-10)	0.054	
DAPOS positive outlook	12 (9-13)	9 (8-12.5)	11 (9-13)	0.099	

The groups were determined by the pattern of inflammation-related proteins (cf. Fig. 1). Median (IQR) if not otherwise indicated. Statistics in the table is by the Kruskal–Wallis test. For comparisons of Group 2 vs Group (1 + 3) with the Mann–Whitney Utest, see text.

\*denotes statistical significance at the 0.05 level.

The BPI pain severity subscore is the mean of the 4 other reported BPI pain severity scores.

BPI, Brief Pain Inventory; DAPOS, Depression Anxiety Positive Outlook instrument; IENFD, intraepidermal nerve fiber density; ISI, Insomnia Severity Index; IQR, interquartile range; PASS, Pain Anxiety Symptom Scale 20; NRS, Numerical Rating Scale pain intensity 0 to 10; TCSS, Toronto Clinical Scoring System.

We have identified totally 85 GO terms with FDR values <0.001: molecular function (n = 7), CC (n = 2), and BP (n = 76). The majority concerned the BP. Cellular component of GO function enrichment analysis of the proteins identified 2 significant terms-both concerning extracellular compartment aspects (Table 4). According to the molecular function of GO, several terms related to







Figure 4. Principal component analysis loadings plot of the replication cohort. Each protein is a dot. The loadings plot is complementary to the score plot, and the loadings p[1] and p[2] "summarize" how the proteins relate to each other.

receptor binding or activity as well as cytokine and growth factor activity had low FDR for the included proteins (**Table 4**). Among the 20 terms of the BP of GO with lowest FDR were responses, pathways and receptor binding relating to cytokines, regulation of the immune system, but also regulation of intracellular signal transduction and regulation of cells (**Table 4**). The KEGG pathway with lowest FDR was cytokine–cytokine receptor interaction (**Table 4**). In addition, terms relating to the Ras-Raf-MEK-ERK pathway, IL-17 signalling, TNF signalling, and PI3K-Akt signalling pathways were significant (**Table 4**). A complete list of the significant GO terms and KEGG pathways is shown in Supplemental Digital Content 6 (available at http://links.lww.com/PAIN/B492).

#### 3.5. Clinical data of both cohorts together

We then analyzed clinical data in both cohorts together, now also including data from neuropathic pain questionnaires (DN4, NPSI, and PainDetect) as well as the Pain Catastrophizing Scale. Descriptive data in the boxplot format can be viewed in Supplemental Digital Content 7 (available at http://links.lww. com/PAIN/B474). Comparing Group 2 with Group (1 + 3) for clinical data, we found that Group 2 had significantly higher values for TCSS (P < 0.001), BPI pain average (P = 0.001), BPI severity subscore (P = 0.003), BPI worst (P = 0.004), BPI least (P =0.013), BPI now (P = 0.014), DN4 (P = 0.001), PainDetect (P =0.020), NPSI superficial spontaneous pain (P = 0.015), NPSI paroxysmal pain (P = 0.007), NPSI paresthesia/dysesthesia (P =0.003), NPSI total (P = 0.03), and BMI (P = 0.044).

#### 3.6. Regression of DN4

Because, as shown above in section 3.5, BMI was significantly higher in group 2 vs (1 + 3), we used MLR to adjust for BMI by regressing DN4 (the dependent variable) with 2 predictors (ie, independent variables), namely, BMI and the first PC of a PCA model of the 14 proteins as per section 3.3 (henceforward called PC1\_14prot).

Table 2

Replication cohort clinical data in 3 groups of patients.

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Variable	Group 1 (n = 76)	Group 2 (n = 28)	Group 3 (n = 75)	Р			
Age (y)	71 (63-76)	74 (65-78)	72 (66-78)	0.360			
Gender (% females)	28%	46%	24%	0.078			
HbA1c (expressed in %)	7.3	7.9	7.4	0.371			
Body mass index (BMI; kg/m <sup>2</sup> )	27.9 (25.7-32.3)	30.1 (26.3-35.9)	29.0 (26.6-33.0)	0.239			
Type 2 diabetes (%)	88%	93%	95%	0.341			
TCSS total score	10 (6.8-12)	13 (10-16)	11 (8-14)	0.006*			
BPI pain severity subscore	0 (0-4.3)	3.9 (0-6.4)	3.3 (0-5.6)	0.043*			
BPI pain average	0 (0-4)	5 (0-6)	3 (0-6)	0.024*			
BPI worst	0 (0-6)	5.5 (0-8)	4 (0-8)	0.037*			
BPI least	0 (0-2)	1.5 (0-5)	0 (0-3)	0.128			
BPI now	0 (0-3.3)	2 (0-5.8)	0 (0-6)	0.109			

BPI, Brief Pain Inventory (the BPI Pain severity subscore is the mean of the 4 other reported BPI pain severity scores); BMI, body mass index; TCSS, Toronto Clinical Scoring System.

Numerical Rating Scale 7 days mean pain, Depression Anxiety Positive Outlook instrument (DAPOS), Pain Anxiety Symptom Scale 20 (PASS), intraepidermal nerve fibre density (IEFND), and Insomnia Severity Index (ISI) were not available in the replication cohort.

The groups were determined by the pattern of inflammation-related proteins. Median (IQR) if not otherwise indicated. Statistics in the table is by the Kruskal–Wallis test. For comparisons of Group 2 vs Group (1 + 3) with the Mann–Whitney Utest, see text.

\*denotes statistical significance at the 0.05 level.

Table 3				
Inflammation-related	proteins characteristic of Group	p 2 for the exploratory	y cohort (left) and the ı	replication cohort (right).

Exploratory cohort				Replication cohort					
			Replication conort						
Protein	p(corr)	Group 1+3	Group 2	p-value	Protein	p(corr)	Group 1+3	Group 2	p-value
		Median (IQR)	Median (IQR)				Median (IQR)	Median (IQR)	
CSF-1	0.84	7.9 (7.7-8.0)	8.3 (8.1-8.3)	< 0.001	HGF	0.83	9.8 (9.6-10.0)	10.5 (10.3-10.8)	< 0.001
HGF	0.80	9.0 (8.6-9.3)	9.7 (9.5-9.9)	< 0.001	CSF-1	0.80	10.9 (10.7-11.0)	11.2 (11.1-11.4)	< 0.001
CD40	0.80	9.8 (9.5-10.1)	10.5 (10.3-10.8)	< 0.001	CD40	0.79	11.8 (11.6-12.1)	12.4 (12.2-12.8)	< 0.001
LAP TGF-beta-1	0.77	7.9 (7.7-8.2)	8.5 (8.3-8.8)	< 0.001	PD-L1	0.78	7.2 (7.0-7.4)	7.7 (7.6-7.9)	< 0.001
CD5	0.77	4.9 (4.6-5.2)	5.7 (5.4-5.8)	< 0.001	IL-15RA	0.74	1.5 (1.3-1.6)	1.9 (1.8-2.0)	< 0.001
MCP-1	0.76	10.9 (10.6-11.3)	11.7 (11.5-12.0)	< 0.001	CCL3	0.74	6.7 (6.3-7.0)	7.5 (7.2-7.6)	< 0.001
TGF-alpha	0.76	3.6 (3.2-4.0)	4.8 (4.3-5.2)	< 0.001	LAP TGF-beta-1	0.74	8.2 (7.9-8.5)	8.6 (8.4-8.8)	< 0.001
CASP-8	0.74	1.5(1.2-1.7)	2.1 (1.8-2.3)	< 0.001	LIF-R	0.72	4.4 (4.3-4.6)	4.9 (4.7-5.2)	< 0.001
CD244	0.74	5.7 (5.4-6.0)	6.2 (6.0-6.4)	< 0.001	IL-10RB	0.71	6.7 (6.5-6.9)	7.1 (6.9-7.3)	< 0.001
EN-RAGE	0.74	4.4 (3.7-5.1)	6.3 (5.7-6.5)	< 0.001	MCP-1	0.71	12.1 (11.7-12.3)	12.6 (12.4-12.7)	< 0.001
LIF-R	0.72	3.1 (2.9-3.3)	3.6 (3.4-3.7)	< 0.001	TGF-alpha	0.70	5.3 (4.9-5.7)	6.2 (5.8-6.6)	< 0.001
IL-10RB	0.72	7.0 (6.8-7.2)	7.5 (7.4-7.7)	< 0.001	CXCL6	0.68	9.3 (8.9-9.8)	10.1 (9.8-10.6)	< 0.001
PD-L1	0.70	4.1 (3.8-4.3)	4.7 (4.5-5.0)	< 0.001	TNFRSF9	0.68	7.5 (7.1-7.8)	8.2 (8.0-8.4)	< 0.001
CD6	0.70	4.4 (4.1-4.7)	4.9 (4.8-5.3)	< 0.001	Beta-NGF	0.68	2.1 (2.0-2.3)	2.5 (2.4-2.9)	< 0.001
TNFSF14	0.70	4.6 (4.1-5.1)	5.6 (5.3-6.0)	< 0.001	IL-18R1	0.67	9.0 (8.7-9.2)	9.7 (9.4-9.8)	< 0.001
CXCL6	0.70	8.5 (8.0-9.0)	9.4 (9.0-9.7)	< 0.001	TNFSF14	0.66	4.5 (4.1-4.9)	5.4 (5.1-6.0)	< 0.001
CX3CL1	0.67	5.9 (5.6-6.1)	6.4 (6.2-6.6)	< 0.001	VEGFA	0.66	10.8 (10.5-11.2)	11.6 (11.2-11.8)	< 0.001
TRAIL	0.66	8.1 (7.8-8.3)	8.7 (8.5-8.9)	< 0.001	CD5	0.64	5.2 (4.9-5.4)	5.6 (5.4-5.8)	< 0.001
OSM	0.66	4.1 (3.3-4.4)	5.0 (4.5-5.4)	< 0.001	CASP-8	0.63	2.8 (2.6-3.0)	3.1 (2.9-3.4)	< 0.001
Beta-NGF	0.66	1.9 (1.7-2.1)	2.3 (2.2-2.5)	< 0.001	uPA	0.63	9.8 (9.6-10.0)	10.1 (10.0-10.3)	< 0.001

Note: IQR, interquartile range. To illustrate the overlap in results between the 2 OPLS-DA models, the top 10 proteins of the exploratory cohort are marked in red in both columns of the table. Likewise, the top 11 to 20 proteins of the exploratory cohort are marked in blue in both columns. Hence, 70% of the top 20 proteins in the exploratory cohort are among the top 20 proteins of the replication cohort. Moreover, the top 3 proteins are the same in both cohorts.

The top 20 proteins are listed in falling order of p(corr), that is, in falling order of importance for group discrimination by OPLS-DA (Group 2 vs Group [1 + 3]). Protein levels (median [IQR]) are shown in normalized protein expression (NPX), which is a relative quantification on a log2 scale (see Methods section); Group 2 is compared with Group 1 + 3.

MCP-1, monocyte chemotactic protein 1; NGF, nerve growth factor; OPLS-DA, orthogonal partial least squares-discriminant analysis.

Hence, PC1\_14prot was used as a "summary" variable for the 14 proteins. This was performed first in the exploration cohort, and then, the same analysis was performed in the replication cohort. We chose DN4 as the dependent variable because it was the most normally distributed outcome variable available (ie, not skewed).

#### 3.6.1. Regression of Douleur Neuropathique en 4 Questions in the exploration cohort

In the PCA model, PC1\_14prot captured 58% of the variation. The MLR model was significant (adjusted  $R^2 = 0.041$ ; P = 0.010), and PC1\_14prot was significantly and positively associated with DN4 (significant coefficient, P = 0.01), when adjusting for BMI.

# *3.6.2. Regression of Douleur Neuropathique en 4 Questions in the replication cohort*

In the PCA model, PC1\_14prot captured 55% of the variation. The MLR model was significant (adjusted  $R^2 = 0.097$ ; P < 0.001), and PC1\_14prot was significantly and positively associated with DN4 (significant coefficient, P = 0.044), when adjusting for BMI.

#### 3.7. Summary

In this exploration–replication study of patients with DSP, we identified a cluster of 14 inflammation-related proteins associated with more neuropathy, higher pain intensity, more severe neuropathic pain (NPSI), and higher scores for DN4 and PainDETECT (higher scores represent a higher likelihood of neuropathic pain). The top 3 proteins were HGF, CSF-1, and CD40 in both cohorts. In the exploratory cohort, additional clinical data were available, also showing an association with insomnia and self-reported psychological distress (PASS). Finally, as a contrast to the main methodology used in this article, the results of a more conventional approach are reported in Supplemental

Digital Content 8 (available at http://links.lww.com/PAIN/B474), that is, participants with painful DSP are compared with participants with painless DSP (focusing on the exploratory cohort). Although the models reported in Supplemental Digital Content 8 (available at http://links.lww.com/PAIN/B474) are not statistically significant, the top 20 proteins responsible for group discrimination (painful vs painless DSP) overlap to a high degree (80%) with the 20 proteins listed in **Table 3** above.

# 4. Discussion

The "translational gap" between animal experiments and clinical studies remains a challenge in pain research.<sup>2,46</sup> Against that background, biomarker studies on people living with pain can be viewed as an important endeavour, the aim being to contribute to a better understanding of the pathophysiological mechanisms involved. Compared with other human biomarker studies in the field of chronic pain in general and of painful DSP in particular, this study has 3 major strengths.

First, our study included a replication phase, whereby many of the findings in the first cohort were confirmed in the second. In the context of a purported reproducibility crisis,<sup>7,8,26,34,35,45,54</sup> this is arguably no small advantage. Not only were the patient groups defined by HCA remarkably replicable (c.f. the dendrograms in Supplemental Digital Content 2 (available at http://links.lww.com/ PAIN/B474) and the substantial overlap of proteins results, see **Table 3**), in both the exploratory and the replication cohorts, but we also found that the HCA grouping was clinically relevant.

Second, we did not examine only a few candidate biomarkers of low-grade inflammation. Instead, we used a well-established and commercially available panel enabling the analysis of up to 92 inflammation-related proteins at the same time. As proteins work within networks, such a multiplexed approach does make sense in the search for a better understanding of biological and pathophysiological processes.<sup>39,51</sup>



Figure 5. Network based on the 14 proteins common for the 2 cohorts. It had the following characteristics: number of nodes: 14, number of edges: 24, average node degree: 3.43, average local clustering coefficient: 0.566, expected number of edges: 4, protein–protein interaction (PPI) enrichment *P*-value: 3.26e-11.

Third, we used an unbiased clustering approach based on serum protein levels rather than on the basis of patient-reported outcome measures <sup>15</sup> or psychophysical tests such as sensory phenotyping,<sup>5</sup> which are important but will be influenced by the multiplicity of psychological and social factors that can affect pain reports.<sup>19,67</sup> This approach is methodologically advantageous when investigating a particular pathophysiological mechanism. Hence, we shifted perspective by letting biology define the groups of interest. Not only that, but because we let the correlation structure of proteins define the groups, one could say that we let systems biology<sup>3</sup> define the 3 groups. We then used patient-reported outcome measures to see it the groups defined by biology made sense clinically—which they did. In addition, as stated above, the findings were replicable.

It could be argued that there is a big overlap in clinical data between the 3 groups of patients. That is, true; for instance, some patients in Group 1 reported significant pain, whereas some patients in Group 2 reported no pain. However, that is to be expected. We of course do not contend that the putative pathophysiological processes, that our study might be mirroring, are the only mechanisms underlying the development and maintenance of neuropathic pain in DSP. On the contrary, it is reasonable to believe that the biological mechanisms are much more complex and that our study mirror one part of that complexity. Although the presented OPLS-DA regressions (group 2 vs Group [1 + 3]) were highly significant, they only explained half (45%-46%) of the variation in group membership (Supplemental Digital Content 4). Given the fact that we were able to replicate our findings, we do however think that it is reasonable to conclude that our results mirror a biological reality. This also confirmed by the fact that the additional models presented in Supplemental Digital Content 8 (available at http://links.lww.com/ PAIN/B474), although not statistically significant, largely confirmed the main findings summarized in Table 3.

An obvious limitation is the fact that this study had a crosssectional design, making the assessment of causality a challenge. In addition, the possibility of confounders must be acknowledged. For instance, medication has not been taken into account. In addition, although BMI did not differ significantly between the 3 groups when looking at the 2 cohorts separately (Tables 1 and 2), there was nonetheless a trend for higher BMI in Group 2. In addition, when clinical data from both cohorts were analyzed together (section 3.5), patients in Group 2 had a higher BMI (P = 0.044, probably reflecting higher statistical power). This is important when considering that obesity or the metabolic syndrome is known to be associated with systemic low-grade inflammation<sup>18,33,49,59</sup>; do our results merely mirror that fact? It is of course a possibility, but one could also in that case argue for a causal relationship going from obesity to systemic inflammation, the latter then playing a role as a risk factor for the development of painful DSP. Whether the low-grade systemic inflammation associated with painful DSP "originates" in adipose tissue, or locally in the immediate vicinity of the injured nerves, or both, or somewhere else, cannot be answered by this study. However, the regression of DN4 with BMI and the first PC of the 14 proteins (a "summary measure" of these proteins) as predictors showed that the PC was a significant predictor even when adjusting for BMI. Given what DN4 measures, one could perhaps say that it seems that inflammation (here defined by PC1\_14prot) is associated with a higher likelihood that pain in these patients with DSP is neuropathic in nature, even when adjusting for BMI. Hence, our findings should not be simplistically discarded as resulting from a confounding effect of obesity.

Some of the main protein findings will now be highlighted. Among the classical inflammation-related proteins often cited in the context of painful DSP,<sup>56,57,61</sup> our study has confirmed that nerve growth factor and monocyte chemotactic protein 1 (also known as CCL2) both belong to the cluster of 14 proteins overrepresented in group 2 that has a high prevalence of neuropathic pain. We also identified several other interesting proteins, of whom the top 3 will now be briefly discussed.

The expression of HGF is increased in injured peripheral nerves, and HGF seems to play a role in Schwann cell-mediated nerve repair.40 Hence, the high levels in Group 2 would be indicative of more nerve damage. Hepatocyte growth factor gene therapy has been proposed as a possible treatment for diabetic neuropathy.<sup>38</sup> Macrophage CSF-1<sup>70</sup> is a cytokine which, in mouse models of Charcot-Marie-Tooth neuropathy, plays a role in macrophagemediated neural damage.<sup>32</sup> In addition, CD40L receptor (CD40), a member of the TNF-receptor superfamily, has an increased expression in diabetic nerves and seems to be a key molecule for the upregulation of hypoxia-inducible factor-1 $\alpha$  (HIF-1 $\alpha$ ).<sup>37</sup> A relationship between HIF-1 $\alpha$  (a regulator of oxygen homeostasis) and pain intensity in DSP patients has been reported.<sup>62</sup> See also Supplemental Digital Content 9 (available at http://links.lww.com/ PAIN/B474). All in all, a coherent image emerges, whereby these and other inflammation-related proteins can reasonably be hypothesized to play a role in the development of neuropathic pain in DSP.

Some of the proteins in **Table 3** have also been major findings in other human biomarker studies in the chronic pain field. In patients with chronic widespread pain or fibromyalgia, high levels of LAP TGF-beta-1,<sup>16,29</sup> CASP-8,<sup>29</sup> CXCL6,<sup>16</sup> and HGF<sup>29</sup> were found in blood. These results, albeit from nociplastic pain conditions, nevertheless confirm the pain relevance of our findings.

The expression of cytokines by peripheral blood mononuclear cells has been shown to be increased in patients with peripheral neuropathy, and proinflammatory cytokines and growth factors have been implicated in the pathogenesis of neuropathic The most significant Gene Ontology terms within cellular component, molecular function, and biological process together with the most enriched Kyoto Encyclopedia of Genes and Genomes pathways.

Category	#Term ID	Term description	Gene count	Strength	FDR	Matching proteins in the network
CC	GO:0005576	Extracellular region	11	0.79	4.26e-06	TGFB1, HGF, CCL2, CXCL6, LIFR, TGFA, CSF1, NGF, CD40, CD274, and TNFSF14
CC	GO:0005615	Extracellular space	8	0.99	1.57e-05	TGFB1, HGF, CCL2, CXCL6, TGFA, CSF1, CD274, and TNFSF14
MF	GO:0005126	Cytokine receptor binding	8	1.61	4.55e-10	TGFB1, CCL2, CXCL6, LIFR, CSF1, CASP8, NGF, and TNFSF14
MF	GO:0048018	Receptor ligand activity	8	1.39	1.32e-08	TGFB1, HGF, CCL2, CXCL6, TGFA, CSF1, NGF, and TNFSF14
MF	GO:0005102	Signaling receptor binding	10	0.97	1.52e-07	TGFB1, HGF, CCL2, CXCL6, LIFR, TGFA, CSF1, CASP8, NGF, and TNFSF14
MF	GO:0008083	Growth factor activity	5	1.64	1.55e-06	TGFB1, HGF, TGFA, CSF1, and NGF
MF	GO:0005125	Cytokine activity	5	1.51	5.54e-06	TGFB1, CCL2, CXCL6, CSF1, and TNFSF14
MF	GO:0032813	Tumor necrosis factor receptor superfamily binding	3	1.96	7.74e-05	CASP8, NGF, and TNFSF14
MF	GO:0005123	Death receptor binding	2	2.19	0.0010	CASP8 and NGF
BP	GO:0034097	Response to cytokine	11	1.17	4.74e-09	TGFB1, HGF, CCL2, CXCL6, LIFR, IL10RB, CSF1, CASP8, CD40, CD274, and TNFSF14
BP	GO:0019221	Cytokine-mediated signaling pathway	9	1.28	7.60e-08	TGFB1, HGF, CCL2, CXCL6, LIFR, IL10RB, CSF1, CD40, and TNFSF14
BP	GO:0007166	Cell surface receptor signaling pathway	12	0.88	1.59e-07	TGFB1, HGF, CCL2, CXCL6, LIFR, IL10RB, CSF1, CASP8, NGF, CD40, CD274, and TNFSF14
BP	GO:0002684	Positive regulation of the immune system process	9	1.15	5.15e-07	TGFB1, CCL2, CXCL6, CSF1, CD5, CASP8, CD40, CD274, and TNFSF14
BP	GO:0010469	Regulation of the signaling receptor activity	8	1.29	5.15e-07	TGFB1, HGF, CCL2, CXCL6, TGFA, CSF1, NGF, and TNFSF14
BP	GO:1902533	Positive regulation of intracellular signal transduction	9	1.12	6.75e-07	TGFB1, HGF, CCL2, TGFA, CSF1, CASP8, NGF, CD40, and TNFSF14
BP	GO:0048584	Positive regulation of response to stimulus	11	0.87	9.25e-07	TGFB1, HGF, CCL2, CXCL6, TGFA, CSF1, CASP8, NGF, CD40, CD274, and TNFSF14
BP	GO:0010033	Response to the organic substance	12	0.78	9.61e-07	TGFB1, HGF, CCL2, CXCL6, LIFR, IL10RB, CSF1, CASP8, NGF, CD40, CD274, TNFSF14
BP	G0:0030334	Regulation of cell migration	8	1.17	1.53e-06	TGFB1, HGF, CCL2, CXCL6, CSF1, CD40, CD274, and TNFSF14
BP	GO:0030335	Positive regulation of cell migration	7	1.34	1.53e-06	TGFB1, HGF, CXCL6, CSF1, CD40, CD274, and TNFSF14
BP	GO:0042127	Regulation of cell population proliferation	10	0.94	1.53e-06	TGFB1, HGF, CCL2, CXCL6, LIFR, TGFA, CSF1, NGF, CD40, and CD274
BP	GO:0071310	Cellular response to organic substance	11	0.84	1.53e-06	TGFB1, HGF, CCL2, CXCL6, LIFR, IL10RB, CSF1, CASP8, NGF, CD40, and TNFSF14
BP	GO:0051251	Positive regulation of the lymphocyte activation	6	1.51	1.71e-06	TGFB1, CCL2, CD5, CD40, CD274, and TNFSF14
BP	GO:0007165	Signal transduction	13	0.58	6.81e-06	TGFB1, HGF, CCL2, CXCL6, LIFR, IL10RB, CSF1, CD5, CASP8, NGF, CD40, CD274, and TNFSF14
BP	GO:0002685	Regulation of leukocyte migration	5	1.6	7.03e-06	TGFB1, CCL2, CXCL6, CSF1, and TNFSF14
BP	GO:0045785	Positive regulation of cell adhesion	6	1.35	7.71e-06	TGFB1, CCL2, CSF1, CD5, CD274, and TNFSF14
BP	GO:0008283	Cell population proliferation	7	1.16	8.92e-06	TGFB1, HGF, TGFA, CSF1, CD5, CD40, and TNFSF14
BP	G0:0048522	Positive regulation of the cellular process	13	0.57	8.92e-06	TGFB1, HGF, CCL2, CXCL6, LIFR, TGFA, CSF1, CD5, CASP8, NGF, CD40, CD274, and TNFSF14
BP	GO:0050920	Regulation of chemotaxis	5	1.57	8.92e-06	TGFB1, CCL2, CXCL6, CSF1, and TNFSF14
BP	GO:0050870	Positive regulation of T-cell activation	5	1.56	9.18e-06	TGFB1, CCL2, CD5, CD274, and TNFSF14
KEGG	hsa04060	Cytokine-cytokine receptor interaction	9	1.68	2.54e-12	TGFB1, HGF, CCL2, CXCL6, LIFR, IL10RB, CSF1, CD40, and TNFSF14

(continued on next page)

Category	#Term ID	Term description	Gene count	Strength	FDR	Matching proteins in the network
KEGG	hsa05144	Malaria	4	2.08	1.60e-06	TGFB1, HGF, CCL2, and CD40
KEGG	hsa05323	Rheumatoid arthritis	4	1.82	9.82e-06	TGFB1, CCL2, CXCL6, and CSF1
KEGG	hsa05145	Toxoplasmosis	4	1.71	2.01e-05	TGFB1, IL10RB, CASP8, and CD40
KEGG	hsa04010	MAPK signaling pathway	5	1.38	2.26e-05	TGFB1, HGF, TGFA, CSF1, and NGF
KEGG	hsa04014	Ras signaling pathway	4	1.39	0.00022	HGF, TGFA, CSF1, and NGF
KEGG	hsa05211	Renal cell carcinoma	3	1.79	0.00022	TGFB1, HGF, and TGFA
KEGG	hsa04657	IL-17 signaling pathway	3	1.66	0.00039	CCL2, CXCL6, and CASP8
KEGG	hsa05142	Chagas disease (American trypanosomiasis)	3	1.62	0.00045	TGFB1, CCL2, and CASP8
KEGG	hsa04668	TNF signaling pathway	3	1.59	0.00049	CCL2, CSF1, and CASP8
KEGG	hsa04151	PI3K-Akt signaling pathway	4	1.21	0.00065	HGF, TGFA, CSF1, and NGF

For explanation of proteins, see Supplemental Digital Content 1 (see http://links.lww.com/PAIN/B474). Note that for BP is shown the 20 terms with lowest FDR.

BP, biological process; CSF, colony-stimulating factor 1; CC, cellular component; GO, Gene Ontology; Gene count, observed gene count; HGF, hepatocyte growth factor; FDR, false discovery rate; KEGG, Kyoto Encyclopedia of Genes and Genomes. MF, molecular function; NGF, nerve growth factor.

pain.<sup>20,41,63</sup> It is worth bearing in mind that the dichotomy between proinflammatory and anti-inflammatory cytokines is by no means self-evident and absolute. For instance, IL-10 (often considered the most important anti-inflammatory cytokine in humans<sup>60</sup>) can have proinflammatory properties in some circumstances.<sup>30,60</sup> Moreover, it seems sensible to postulate that also the production of anti-inflammatory cytokines could be elevated in a high-inflammation group associated with chronic pain, as part of an (insufficient) compensatory mechanism.<sup>58</sup> The network analysis is briefly discussed in Supplemental Digital Content 10 (available at http://links.lww.com/PAIN/B474).

Using the same panel as in this study, Ziegler et al. compared 3 groups: diabetics with DSP, diabetics without DSP, and persons with normal glucose tolerance without polyneuropathy.<sup>72</sup> The authors found that 17 inflammation-related proteins were lower in the DSP group. However, and importantly, the cohorts came from different studies; only univariate testing was effectuated (ie, unlike in this study, the correlation structure of the whole material was not taken into account); the focus of the study was neuropathy, not neuropathic pain. Therefore, although we used the same panel, our 2 studies are difficult to compare. Still, in an additional analysis very briefly described in the article, Ziegler et al. did compare painful DSP with painless DSP with a conservative Bonferroni correction to account for multiple univariate testing (ie, increasing the risk for type 2 errors); no differences were detected between the groups, and data were simply "not shown."

# 4.1. Conclusion

The abovementioned limitations notwithstanding this exploration–replication study seems to confirm that low-grade systemic inflammation is related to the severity of neuropathy and neuropathic pain in a subgroup of patients with DSP. Several interesting inflammation-related proteins were identified including, but not limited to, previously described findings. Hepatocyte growth factor, CSF-1, and CD40 were particularly highlighted in both cohorts. The pathophysiological relevance of these proteins for the development of neuropathic pain in patients with DSP must be explored in more depth in future studies.

# **Conflict of interest**

D.L. Bennett has acted as a consultant in the last 2 years for Amgen (2020), Bristows (2020), LatigoBio (2021), GSK (2021), Lilly

(2020), Mundipharma, Olipass (2020), Orion, Regeneron (2020), and Theranexus (2020) on behalf of Oxford University Innovation. B. Gerdle is currently (since 2020) involved in a collaboration with Pfizer Inc. concerning chronic low back pain and osteoarthritis. A.S.C. Rice declares the interests occurring in the past 24 months: (1) Consultancy and advisory board work for Imperial College Consultants; in the past 24 months, this has included remunerated work for Abide, Confo, Vertex, Pharmanovo, Lateral, Novartis, Mundipharma, Orion, Shanghai SIMR Biotech, Asahi Kasei, Toray, and Theranexis. (2) Owner of share options in Spinifex Pharmaceuticals from which personal benefit accrued on the acquisition of Spinifex by Novartis in July 2015 and from which milestone payments were made until 2019. (3) Inventor on patents WO 2005/ 079771 & EP13702262.0/WO2013 110945. Neither being actively pursued at the current time. (4) Member, Joint Committee on Vaccination and Immunisation, Varicella subcommittee. (5) Member, Neurology, Pain & Psychiatry Expert Advisory Group, Commission on Human Medicines, Medicines & Healthcare Products Regulatory Agency (MHRA). S. Tesfaye declares potential dualities of interests over the past 5 years. Over the past 5 years, he has received honoraria as speaker fee from Novo Nordisk, Pfizer, Merk, Eva Pharma, Hikma, Grunenthal, Astellas Pharma, Abbott, and AstraZeneca. He has also been or is on the Advisory Board of Nevro, Bayer, Trigocare International, Worwag Pharma, Angelini, and Mitsubishi Tanabe Pharma. The remaining authors have no conflicts of interest to declare.

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## Appendix A. Supplemental digital content

Supplemental digital content associated with this article can be found online at http://links.lww.com/PAIN/B474 and http://links.lww.com/PAIN/B492

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