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# Unravelling the effect of *N*( $\epsilon$ )-(carboxyethyl)lysine on the conformation, dynamics and aggregation propensity of $\alpha$ -synuclein†

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$\alpha$ -Synuclein ( $\alpha$ S) aggregation is a hallmark in several neurodegenerative diseases. Among them, Parkinson's disease is highlighted, characterized by the intraneuronal deposition of Lewy bodies (LBs) which causes the loss of dopaminergic neurons.  $\alpha$ S is the main component of LBs and in them, it usually contains post-translational modifications. One of them is the formation of advanced glycation end-products (mainly CEL and MOLD) arising from its reaction with methylglyoxal. Despite its biological relevance, there are no data available proving the effect of glycation on the conformation of  $\alpha$ S, nor on its aggregation mechanism. This has been hampered by the formation of a heterogeneous set of compounds that precluded conformational studies. To overcome this issue, we have here produced  $\alpha$ S homogeneously glycosylated with CEL. Its use, together with different biophysical techniques and molecular dynamics simulations, allowed us to study for the first time the effect of glycation on the conformation of a protein. CEL extended the conformation of the N-terminal domain as a result of the loss of transient N-/C-terminal long-range contacts while increasing the heterogeneity of the conformational population. CEL also inhibited the  $\alpha$ S aggregation, but it was not able to disassemble preexisting amyloid fibrils, thus proving that CEL found on LBs must be formed in a later event after aggregation.

## Introduction

Parkinson's disease (PD) is a neurodegenerative movement disorder characterized by the loss of dopamine-producing neurons as a result of the accumulation of intraneuronal protein deposits (known as Lewy bodies (LBs)).<sup>1</sup> LBs interfere with the trafficking in neurons, disrupt membranes and sequester proteins.<sup>2</sup> Their main component is  $\alpha$ -synuclein ( $\alpha$ S), a small monomeric and intrinsically disordered protein (IDP).<sup>3</sup> Its sequence contains three domains: (i) an N-terminal lipid-binding domain (M1-K60); (ii) a non-amyloid- $\beta$  central domain (NAC; E61-V95) with a highly hydrophobic motif indispensable for  $\alpha$ S aggregation; and (iii) a C-terminal acidic domain (K96-A140) involved in the biological binding of  $\alpha$ S (Fig. 1A). *In vivo*,  $\alpha$ S can either display an  $\alpha$ -helical structure when it is bound to vesicles, or an unfolded conformation. Hence, this dynamical conformation suggests specific roles in different cellular locations that must be involved in the maintenance of the function of dopaminergic neurons. In fact,  $\alpha$ S acts as a chaperon of synaptic

*SNARE* proteins,<sup>4</sup> regulates the neuronal redox balance,<sup>5</sup> inhibits apoptosis, participates in the regulation of glucose levels, and modulates the calmodulin activity, among others.<sup>6</sup>

Regardless of its biological role,  $\alpha$ S is a highly aggregation-prone protein. It initially forms soluble oligomers, which might bind to the neuronal membrane and induce the formation of reactive oxygen species (ROS),<sup>7</sup> thus facilitating PD.<sup>8</sup> Later, these oligomers further evolve into amyloid fibrils, which consist of two protofilaments (involving the V37-Q99 stretch) that intertwine by forming a left-handed helix.<sup>9</sup>  $\alpha$ S fibrils finally clump into LBs.<sup>1</sup>

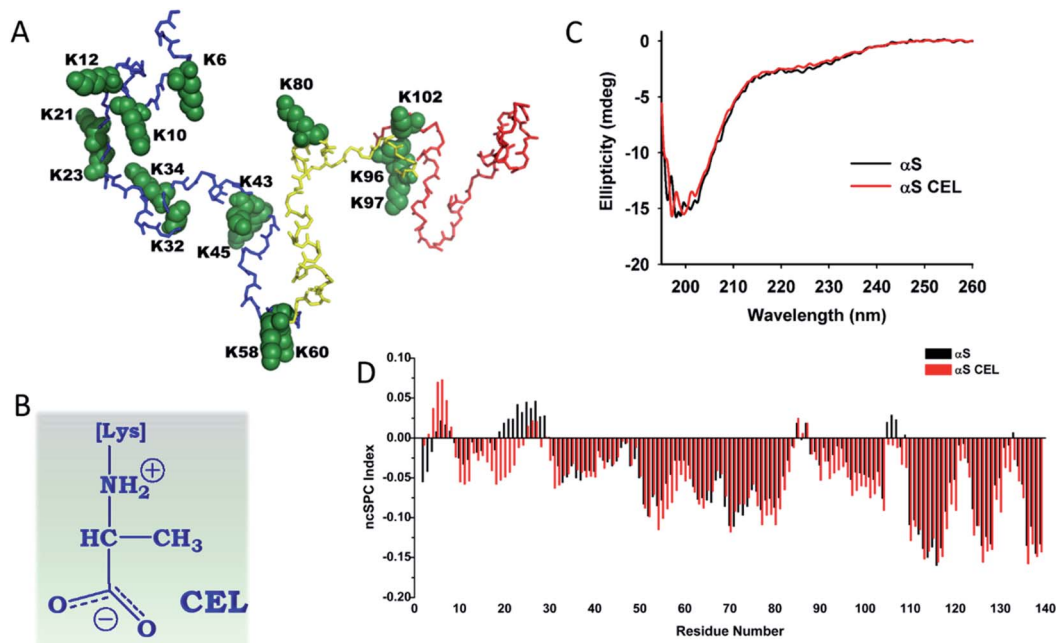
Many molecular mechanisms contribute to stimulate the  $\alpha$ S aggregation. An increased  $\alpha$ S expression is sufficient to trigger its aggregation and neurodegeneration.<sup>10</sup> This occurs as a result of the duplication<sup>11</sup> or triplication<sup>12</sup> of the  $\alpha$ S encoding gene (*SCNA*). Genetic mutations (*e.g.* A53T, A30P, E46K or G51D)<sup>13</sup> are also able to promote  $\alpha$ S aggregation and cause early-onset forms of PD. The formation of metal- $\alpha$ S complexes enhances the  $\alpha$ S aggregation rate; meanwhile they also exert neuronal toxicity through the formation of ROS.<sup>14</sup>

In addition to all these factors, most of the  $\alpha$ S found *in vivo* includes post-translational modifications (PTMs) such as acetylation, phosphorylation, ubiquitination, nitration, sumoylation, truncation, oxidation or glycosylation.<sup>15</sup> These PTMs can have either positive or negative effects on  $\alpha$ S aggregation. While S129 phosphorylation promotes its aggregation, that occurring

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**Fig. 1** Effect of CEL formation on the secondary structure of  $\alpha$ S. (A) Structural conformation corresponding to the averaged ensemble of native  $\alpha$ S, which was obtained from the Protein Ensemble Database (PED9AAC).<sup>59</sup> The backbone atoms corresponding to the N-terminal domain (M1-K60) are colored in blue. Those corresponding to the NAC domain (E61-V95) are colored in yellow, whereas the backbone atoms corresponding to the C-terminal domain (K96-A140) are colored in red. The backbone and the side chain atoms of the fifteen Lys residues included in the  $\alpha$ S sequence are shown as spheres and colored in green. Each Lys has been labelled according to their residue number. (B) The chemical structure of CEL. It is shown under its zwitterionic form, which must be predominant form at physiological pH. (C) Overlapping of the far-UV CD spectrum of  $\alpha$ S with that corresponding to  $\alpha$ S-CEL. The spectra were recorded in 200 mM phosphate buffer (pH 7.4) at 25 °C. (D) Residue-specific ncSPC scores obtained for  $\alpha$ S (black) and for  $\alpha$ S-CEL (red) calculated from the  $H_{Ni}$ , N,  $H_{\alpha}$ ,  $C_{\alpha}$ ,  $C_{\beta}$ , and CO chemical shifts at 12.5 °C and at pH 6.5. “+1” indicates the maximum propensity to form a full  $\alpha$ -helix, “-1” indicates a fully formed  $\beta$ -sheet, and “0” indicates disorder.

on Y39, S87, Y125 or Y133 diminishes its aggregation propensity.<sup>15b,16</sup> Ubiquitination and sumoylation display a site-dependent effect, although they mainly delay or even inhibit  $\alpha$ S aggregation.<sup>15b</sup> Tyr nitration (on Y39, Y125, Y133 and/or Y136) stabilizes  $\alpha$ S oligomers, but inhibits fibril formation.<sup>17a</sup>  $N^{\alpha}$ -acetylation does not affect the aggregation of  $\alpha$ S,<sup>15b</sup> whereas C-terminal truncated  $\alpha$ S displays a higher aggregation propensity than full-length  $\alpha$ S.<sup>18</sup> Met oxidation (detected in LBs) notably stabilizes neurotoxic  $\alpha$ S oligomers.<sup>19</sup> Recently,  $\alpha$ S has been found O-GlcNAcylated *in vivo*, which completely inhibits its aggregation, and thus it could constitute a plausible cellular strategy to protect neurons.<sup>20</sup>

$\alpha$ S within LBs can also be non-enzymatically glycosylated. This random process, also known as glycation, occurs on Lys side chains as a result of their reaction with reducing sugars, or with the oxidative by-products of intraneuronal glycolysis. These reactions yield a heterogeneous set of compounds, known as advanced glycation end-products (AGEs), which change the chemical nature of Lys and therefore alter the biophysical features of proteins (Fig. S1†). Accumulation of AGEs on LBs becomes more relevant to people suffering from diabetes mellitus (DM),<sup>21</sup> which could explain the increased prevalence of PD in DM patients.<sup>22</sup>

AGEs such as  $N^{\epsilon}$ -(carboxymethyl)lysine (CML)<sup>23</sup> or pyrroline<sup>21b</sup> have been detected on  $\alpha$ S. However, the most prevalent AGEs found on LBs are MOLD and  $N^{\epsilon}$ -(carboxyethyl)lysine (CEL)<sup>23,24</sup> (Fig. 1B and S1†). Both arise from the reaction of  $\alpha$ S

with methylglyoxal (MG), a prominent product of intraneuronal glycolysis<sup>25</sup> with notorious glycation potential on  $\alpha$ S.<sup>24</sup> Glycation of  $\alpha$ S mediated by MG enhances its neurotoxicity through different mechanisms, such as reducing its membrane binding ability or facilitating the accumulation of toxic oligomers.<sup>24</sup> Moreover, we recently proved that MG also diminishes the metal-binding ability of recombinant  $\alpha$ S (Fig. S2†), while reducing its protective role against oxidative stress.<sup>26</sup>

All these initial insights are still far from providing a full molecular-level comprehension of the glycation effect on the biophysical properties of  $\alpha$ S. This has been hampered by the formation of a heterogeneous set of AGEs, as well as by the formation of a heterogeneous mixture of protein molecules with different glycation degrees.<sup>26,27</sup> Therefore, it has been nearly impossible to assign each glycation-induced effect to the formation of a specific AGE and therefore unveil the glycation effect on  $\alpha$ S conformation or aggregation propensity. This information would become crucial to be able to design effective therapies to diminish the predisposition of DM patients to suffer from synucleinopathies.

Being aware of the importance of obtaining homogeneously glycosylated  $\alpha$ S to enable the understanding of its biophysical and biochemical properties in the context of PD, we have synthesized a homogeneously glycosylated  $\alpha$ S through the attachment of CEL moieties on each of its fifteen Lys residues ( $\alpha$ S-CEL) (Fig. S3A–D and S4†). The effect of CEL on the structural descriptors of  $\alpha$ S has been analyzed at the residue level by using

NMR in combination with a coarse-grained molecular dynamics approach (CG-MD), which we have recently adapted to specifically study  $\alpha$ S and  $\alpha$ S-CEL.<sup>28</sup> Besides studying the structural effects, we have used fluorescence spectroscopy, molecular dynamics simulations and steered molecular dynamics (SMD) to investigate the effect of CEL not only on the aggregation process of  $\alpha$ S, but also on the inter- and intra-molecular interactions between the different NAC domains assembling the architecture of  $\alpha$ S amyloid fibrils. To our knowledge, this is the first study that describes at the residue level (using high-resolution techniques) the specific effect of a single AGE (*i.e.* CEL) on the biophysical properties of a protein.

## Results

### Obtaining homogeneously glycosylated $\alpha$ S with N<sup>ε</sup>-(carboxyethyl) lysine (CEL)

Glycation of  $\alpha$ S with MG results in the formation of a heterogeneous set of molecules that preclude structural studies (Fig. S5†). To overcome this drawback, we chemically synthesized CEL (Fig. 1B) on  $\alpha$ S. The modified  $\alpha$ S ( $\alpha$ S-CEL) was isolated using SEC (Fig. S3B†), and its monomeric state was confirmed by SDS-PAGE (Fig. S3C†) and MALDI-TOF/TOF analysis. Its mass spectrum displayed a narrow and unique peak with an increase in its  $\Delta m/z \sim 1162$  Da (Fig. S3D†), which proves that CEL moieties (72 Da) have been added on the 15 Lys of  $\alpha$ S and on its N-terminal amino group. NMR spectroscopy additionally confirmed the Lys carboxyethylation, since the Lys-C<sup>ε</sup> signals downfield shifted by  $\sim 6.5$  ppm in  $\alpha$ S-CEL (Fig. S3E†). This synthetic approach yielded a homogeneous sample, which allowed us to study the specific effect of CEL on the conformation, dynamics and aggregating features of  $\alpha$ S.

### The effect of CEL on the secondary structure content of $\alpha$ S

Native  $\alpha$ S is a disordered protein<sup>3</sup> especially in its C-terminal region (Fig. S6†). Its overall unfolding degree was not severely altered as a result of CEL formation (Fig. 1C). However, CD spectroscopy and CG-MD simulations suggested a slight increase of its disordered percentage upon CEL formation (Table S1†). These subtle differences were deeply analysed at the residue level using NMR spectroscopy. The chemical shifts of N, H<sub>N</sub>, C<sub>α</sub>, C<sub>β</sub>, H<sub>α</sub> and CO were achieved for all residues between D2 and A140 in  $\alpha$ S (BMRB code 27796) and  $\alpha$ S-CEL (BMRB code 27797), and they were used to estimate the secondary structure content using the ncSPC index,<sup>29</sup> the SSP scores,<sup>30</sup> the TALOS + program<sup>31a</sup> and the NOE intensity ratios. The CEL-induced modifications can be ascribed to a CEL-induced conformational change. Controls carried out on N<sup>ε</sup>-Ac-Lys proved that CEL does not have any inductive effect on H<sub>α</sub>, C<sub>α</sub>, H<sub>β</sub>, C<sub>β</sub>, H<sub>γ</sub> or C<sub>γ</sub> chemical shifts, and it only slightly affected the C<sub>δ</sub> chemical shift ( $\sim 0.1$  ppm) and largely that of C<sub>ε</sub> (Table S2 and Fig. S7A†). This trend was also observed when comparing the chemical shifts of the Lys side chains between  $\alpha$ S and  $\alpha$ S-CEL (Figs. S3E and S7B†).

CEL formation on the N-terminal amino group and/or K6 seems to slightly increase the transient  $\alpha$ -helicity of the F4-L8

region, while CEL21 and/or CEL23 reduced the  $\alpha$ -helicity of the E20-A29 stretch (Fig. 1D and S8†). This was additionally confirmed by the increase in the  $d_{\alpha N}(i,i)/d_{\alpha N}(i-1,i)$  NOE intensity ratios of the F4-L8 stretch, whereas those corresponding to the E20-A29 stretch decreased (Fig. S9A†).

CEL formation on K10 and K12, on K58 and K60, and on K96, K97 and K102 results in a conformational extension of the S9-G25, T54-E61 and A89-Q109 regions, respectively (Fig. 1D and S8†). This elongation cannot be attributed to the partial acquisition of a polyproline II helix (PP<sub>II</sub>) conformation, since CEL did not increase the  $d_{\alpha N}(i,i)/d_{\alpha N}(i-1,i)$  NOE intensity ratios in these stretches (Fig. S9A†), nor the ellipticity at 217 nm (Fig. 1C).<sup>32</sup> A CEL-induced PP<sub>II</sub> conformation is also discarded by the disappearance of some  $d_{NN}(i-1,i)$  NOEs (Fig. S10†) and the negligible change in the  $d_{NN}(i-1,i)/d_{NN}(i,i)$  NOE intensity ratios<sup>32</sup> (Fig. S9B†).

The secondary structure content of the G31-A53 stretch was not affected by the formation of CEL on K32, K34, K43 and K45 (Fig. 1D and S8†). In addition, CEL formation did not affect the transient  $\beta$ -hairpin loops typically formed within the NAC domain or between this and the N-terminus of the C-terminal domain (Fig. S11†).

Hence, CEL does not induce the acquisition of any secondary structure on  $\alpha$ S, but likely transiently extends the conformation of most of the regions holding CEL-modified Lys.

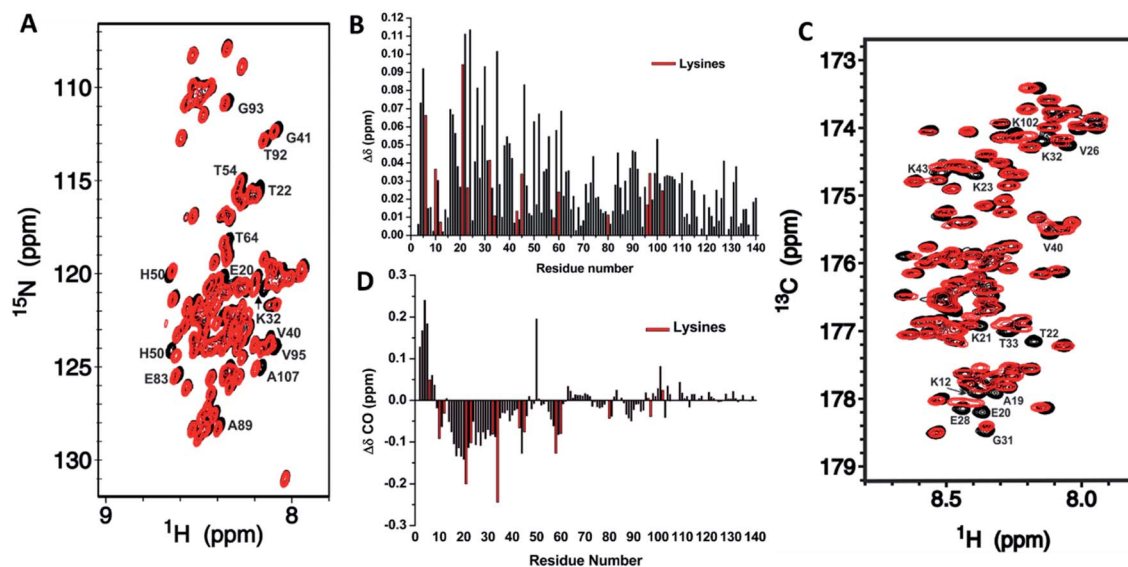
### CEL formation changes the chemical environment of most of the N-terminal residues

NMR assignments were also used to evaluate how CEL affects the local chemical environments of the population-weighted average over all  $\alpha$ S conformations. In IDPs, the chemical shift dispersion of N, H<sub>N</sub> and CO is much greater than others because of their higher sensitivity to the molecular environment.<sup>33</sup> Indeed, the H<sub>α</sub>, C<sub>α</sub> or C<sub>β</sub> chemical shifts of Lys were not affected by the formation of CEL (Fig. S12 and S13†). Furthermore, the <sup>1</sup>H,<sup>15</sup>N-HSQC spectrum of  $\alpha$ S-CEL was nearly identical to that of  $\alpha$ S (Fig. 2A), thus pointing out that CEL does not significantly modify the weighted average conformation. However, many residues displayed subtle chemical shift variations, which were mainly mapped on the N-terminal domain (Fig. 2B). These perturbations became greater when comparing the HN<sub>*i*</sub>-CO<sub>*i-1*</sub> cross-peaks (Fig. 2C), but higher  $\Delta\delta_{CO}$  still occurred on the N-terminal residues (Fig. 2D). In fact, CEL formation on K80 (NAC domain), K96, K97 and K102 (C-terminal domain) (Fig. 1A) had a negligible effect on  $\Delta\delta_{CO}$  and thus on the chemical environment of their neighboring regions (Fig. 2C, D).

Consequently, CEL formation over the entire sequence of  $\alpha$ S must display a sequence-related effect, since it only affects the environments of those residues within the N-terminal Lys-rich domain.

### CEL formation induces a slight increase of the $\alpha$ S hydrodynamic radius

NMR data point towards an increase in the populations displaying a more extended N-terminal domain. This should result in a slightly higher hydrodynamic radius ( $R_h$ ), which is



**Fig. 2** Mapping of the residue-specific effect of CEL on  $\alpha$ S. (A) Overlapping of the  $^{15}\text{N}$ -HSQC spectrum of  $\alpha$ S-CEL (red) with that corresponding to native  $\alpha$ S (black). Cross-peaks of residues displaying a high chemical shift perturbation are labelled with their residue number. (B) Amide chemical shift perturbations ( $\Delta\delta$ ) of the  $\text{H}_\text{N}$  and N backbone resonances of  $\alpha$ S as a result of the formation of CEL on its Lys. For each residue,  $\Delta\delta = \sqrt{(\Delta\delta_{\text{HN}})^2 + (\Delta\delta_{\text{N}})^2} \times x$ , where  $x$  is 0.2 for Gly and 0.14 for the other residues.<sup>60</sup>  $\Delta\delta_{\text{HN}}$  and  $\Delta\delta_{\text{N}}$  are the amide proton and the amide nitrogen chemical shift differences, respectively. Experimental data corresponding to the Lys are colored in red. (C) Overlapping of the projections of the HN-CO plane in the HNCO spectra of  $\alpha$ S (black) and  $\alpha$ S-CEL (red). Cross-peaks of residues displaying a high chemical shift perturbation are labelled with their residue number. (D) Chemical shift perturbations ( $\Delta\delta_{\text{CO}} = \Delta\delta_{\alpha\text{S-CEL}} - \Delta\delta_{\alpha\text{S}}$ ) occurring on the CO chemical shifts of  $\alpha$ S as a result of the formation of CEL on its Lys. Experimental data corresponding to the Lys residues are colored in red.

suggested by the lower elution volume of the SEC peak of  $\alpha$ S-CEL than that of  $\alpha$ S (Fig. S3B<sup>†</sup>). However, this could also be due to a change in the column affinity without the need for a structural alteration, as we reported for lysozyme glycosylated with ribose<sup>27d</sup> and with glycolaldehyde.<sup>27e</sup>

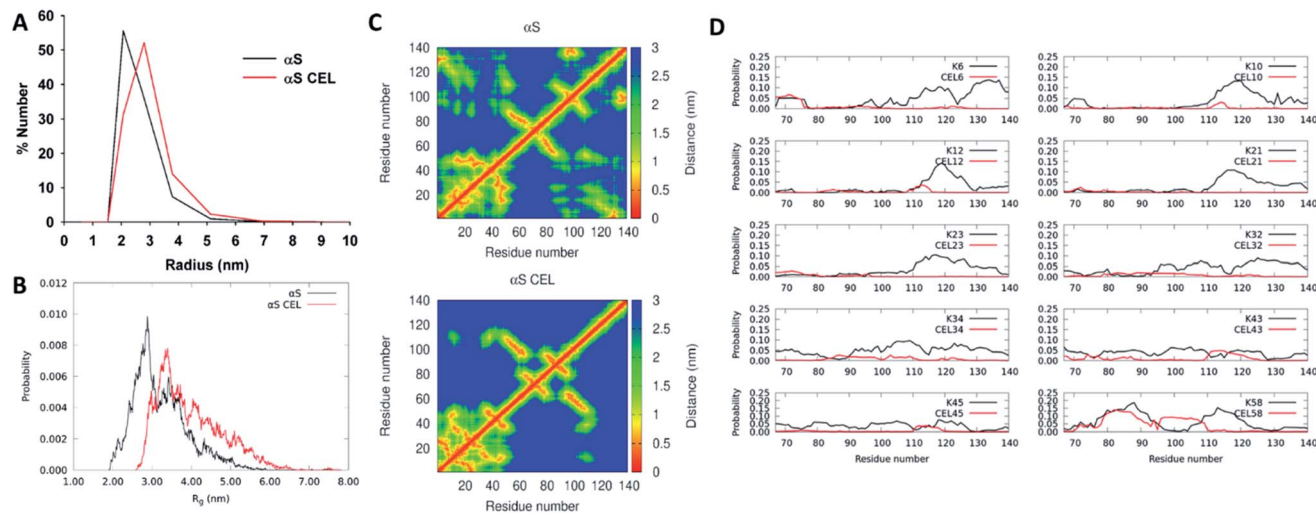
To clarify this issue, we carried out DLS, SAXS and DOSY measurements, as well as CG-MD simulations. DLS evidenced that the most populated conformations of  $\alpha$ S displayed a  $R_\text{h}$  of  $\sim 2.06$  nm, whereas for  $\alpha$ S-CEL it shifted up to  $\sim 2.80$  nm (Fig. 3A). Accordingly, diffusion-ordered spectroscopy also evidenced a greater  $R_\text{h}$  for  $\alpha$ S-CEL than for  $\alpha$ S ( $3.15 \pm 0.03$  nm vs.  $2.89 \pm 0.04$  nm). This trend was also confirmed by SAXS measurements, which were used to calculate the radius of gyration ( $R_\text{g}$ ) from Guinier plots. The obtained data indicated that  $\alpha$ S has a  $R_\text{g}$  of  $3.33 \pm 0.05$  nm, whereas the  $R_\text{g}$  of  $\alpha$ S-CEL is  $3.73 \pm 0.13$  nm (Fig. S14<sup>†</sup>). CG-MD simulations also pointed towards a higher  $R_\text{g}$  for  $\alpha$ S-CEL (Fig. 3B). In addition, DLS and CG-MD simulations revealed a more heterogeneous size distribution for  $\alpha$ S-CEL than for  $\alpha$ S, which implied an increase in the populations of the ensembles with a  $R_\text{g} > 3.5$  nm. This greater population heterogeneity was also confirmed by the HSQC peak intensities, which were mostly lower and wider in  $\alpha$ S-CEL than in  $\alpha$ S (Fig. S15<sup>†</sup>), thus reflecting a broader heterogeneous ensemble of transiently interacting states.

These results indicate that the conformational extension of the N-terminal domain in  $\alpha$ S-CEL might be responsible for the increase in the protein radius, as well as for the enhanced heterogeneity of the different conformational populations.

### CEL formation truncates the transient long-range contacts in $\alpha$ S

To better understand the effect of CEL on the radius of  $\alpha$ S we analysed the most populated clusters of  $\alpha$ S and  $\alpha$ S-CEL obtained by CG-MD simulations. CEL increased the average distances between the geometry center of the C-terminal domain and that of the N-terminal domain ( $4.5 \pm 2.2$  nm in  $\alpha$ S and  $6.7 \pm 2.5$  nm in  $\alpha$ S-CEL) (Fig. S16A<sup>†</sup>) and that of the NAC domain ( $3.3 \pm 1.3$  nm in  $\alpha$ S and  $4.6 \pm 1.7$  nm in  $\alpha$ S-CEL) (Fig. S16B<sup>†</sup>). These increase in the separations occurred due to a CEL-induced reduction of the transient N-terminal/C-terminal contacts (Fig. 3C). In fact, the propensity of the N-terminal Lys to be in close contact with other residues of the C-terminal domain significantly decreases when Lys are replaced by CEL (Fig. 3D).

Regardless of the domain separation, the average solvent-exposed surface area (SASA) per residue was not drastically affected (Fig. S17A<sup>†</sup>). However, the mapping of the  $\Delta$ SASA evidenced subtle differences. CEL reduced the SASA of the residues within the M1-V40 stretch, while increasing that of most of the residues of NAC and C-terminal domains (Fig. S17B<sup>†</sup>). This increase might be related to the breakage of the transient ion pair contacts between the amphipathic N-terminal domain and the acidic C-terminal domain, which should be linked to the replacement of positively charged Lys by zwitterionic CEL. In addition, the reduction of the SASA of the N-terminal residues might respond to an increase in the CEL-induced local interactions within the N-terminal domain, as suggested by the contact maps (Fig. 3C).



**Fig. 3** Effect of CEL on the radius of  $\alpha$ S and on its intramolecular contacts. (A) Number-weighted dynamic light scattering (DLS) size distributions obtained for monomeric  $\alpha$ S (black) and monomeric  $\alpha$ S-CEL (red). (B) Overlapping of the  $R_g$  histograms obtained for  $\alpha$ S (black) and  $\alpha$ S-CEL (red). These histograms were calculated from the ensembles computed by using CG-MD simulations and a factor  $f$  of 1.3.<sup>28</sup> (C) Contact maps corresponding to the central structure of the most populated cluster in  $\alpha$ S (top) and in  $\alpha$ S-CEL (bottom) obtained from CG-MD simulations ( $f = 1.3$ ). (D) Propensity of each Lys (in  $\alpha$ S; black) or of each CEL moiety (in  $\alpha$ S-CEL; red) in the N-terminal domain (M1-K60) to establish transient contacts with residues at the NAC or at the C-terminal domains. A contact is defined as a distance  $\leq 1.5$  nm. The residue-residue propensity contacts were determined from the CG-MD structures obtained during 1400 ns simulations ( $f = 1.3$ ).

Although the conformational extension of the N-terminal domain might be involved in the increase of  $R_g/R_h$ , it seems that the breakage of the transient N-terminal/C-terminal contacts as a result of CEL formation is the driving force that structurally unpacks  $\alpha$ S and increases the heterogeneity of its conformational ensemble.

#### **Cis/trans Pro isomerization in $\alpha$ S is not affected by CEL formation**

To further understand the effect of CEL on  $\alpha$ S, we also studied whether it affected the *cis/trans* Pro isomerization. The C-terminal domain of  $\alpha$ S contains five Pro (P108, P117, P120, P128 and P138) with a *cis* population less than 5%.<sup>34</sup> To determine how CEL affected this percentage, we used the N,  $H_N$ ,  $C_\alpha$ ,  $C_\beta$ ,  $H_\alpha$  and CO chemical shifts as input for Promega.<sup>31b</sup> Independently, we also evaluated the intensity ratios of the <sup>15</sup>N-HSQC resonances affected by the *cis*- and *trans*-Pro states (Fig. S18†).<sup>34</sup> In both cases, we found that *cis*-Pro bonds varied between 2 and 8%, but these percentages were not altered by CEL formation (Table S3†). Hence, CEL does not change the *cis*-Pro fraction in  $\alpha$ S. However, this cannot be taken as a general rule in all proteins, since all Lys residues in  $\alpha$ S are sequentially far away from Pro.

#### **J couplings also point towards a CEL-induced extension of the N-terminal domain and suggest a change in the N- and C-terminal side chain topology**

J couplings are independent reporters for the backbone and side chain conformations in folded proteins<sup>35</sup> and in IDPs.<sup>36</sup> Hence, we used the HNHA experiment to determine the <sup>3</sup>J<sub>HNH $\alpha$  coupling constants<sup>37</sup> for  $\alpha$ S and  $\alpha$ S-CEL (Fig. S19A†). Their</sub>

values ranged between 4.5 and 7 Hz, thus indicating random coil conformations.<sup>38</sup> In addition, their variations within each residue type ( $\Delta^3J_{\text{HNH}\alpha} \sim 1\text{--}3$  Hz) (Fig. S19B†) must correspond to sequence/structure-dependent effects<sup>31c</sup> since <sup>3</sup>J<sub>HNH $\alpha$  is quite insensitive to the residue type.<sup>39a</sup> CEL formation did not directly affect the <sup>3</sup>J<sub>HNH $\alpha$  values, as the <sup>3</sup>J<sub>HNH $\alpha$  of *N*<sup>z</sup>-Ac-Lys was identical to that of CEL-modified *N*<sup>z</sup>-Ac-Lys (*i.e.* 7.65 Hz). CEL formation mainly increased the <sup>3</sup>J<sub>HNH $\alpha$  values of Lys neighboring residues within the N-terminal domain ( $\Delta^3J_{\text{HN-H}\alpha} \sim 0.6 \pm 1.1$  Hz), whereas NAC and C-terminal domains were less affected (Fig. 4A). This increase can be interpreted as a gain in the conformational populations with more extended backbone geometry.<sup>36a</sup> Nonetheless, the lack of <sup>3</sup>J<sub>HNH $\alpha$  > 8 Hz also proves that these extensions do not involve the formation of  $\beta$ -sheets.<sup>38</sup></sub></sub></sub></sub></sub>

The one-bond <sup>1</sup>J<sub>C $\alpha$ C $\beta$  values were also measured for  $\alpha$ S and  $\alpha$ S-CEL from their HN(CO)CA spectra, as they exhibit substantial conformational dependences.<sup>40</sup> However, <sup>1</sup>J<sub>C $\alpha$ C $\beta$  values seem to also display certain amino acid type dependence. For instance, Asp, Asn, Ser and Thr had slightly high <sup>1</sup>J<sub>C $\alpha$ C $\beta$  values (Fig. S20A†), which might mask the structural effects.<sup>35</sup> The averaged values for  $\alpha$ S and  $\alpha$ S-CEL were  $37.2 \pm 1.4$  and  $36.6 \pm 1.5$  Hz respectively (Fig. S20B†), which are greater than the averaged values found in globular proteins ( $\sim 34.9 \pm 2.5$  Hz).<sup>35</sup> In any case, CEL reduced the overall <sup>1</sup>J<sub>C $\alpha$ C $\beta$  values ( $\Delta^1J_{\text{C}\alpha\text{C}\beta} \sim -0.5 \pm 1.7$  Hz). This decrease mainly occurred for the V15-Q24 stretch ( $\Delta^1J_{\text{C}\alpha\text{C}\beta} \sim -2.3 \pm 1.7$  Hz), and it could also confirm the CEL-induced decrease in the local turns as a result of a conformational extension.<sup>35</sup> However, this local decrease could also be related to the loss of the N-terminal/C-terminal contacts, since the <sup>1</sup>J<sub>C $\alpha$ C $\beta$  values are affected by the side chain topology and therefore, they are dependent on the side chain torsion angles.<sup>35</sup> This idea is supported by the decrease in the <sup>1</sup>J<sub>C $\alpha$ C $\beta$  values of the</sub></sub></sub></sub></sub></sub>

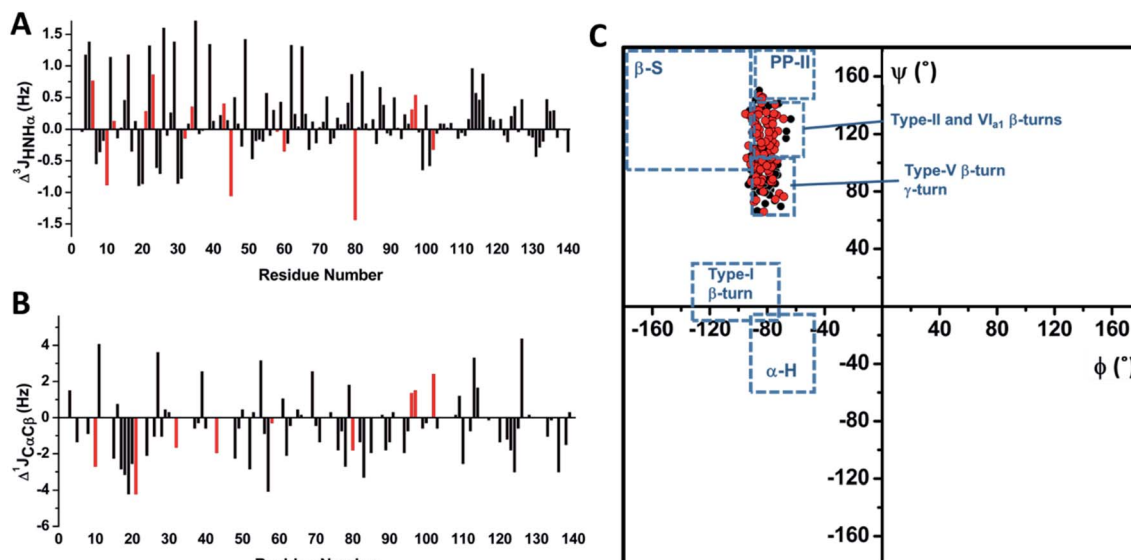


Fig. 4 Determining the  $J$  coupling constants and the dihedral angles for  $\alpha$ S and  $\alpha$ S-CEL. (A) Sequence-dependent variations in the  ${}^3J_{\text{HNH}\alpha}$  coupling constants of  $\alpha$ S as a result of CEL formation ( $\Delta{}^3J_{\text{HNH}\alpha} = {}^3J_{\text{HNH}\alpha-\alpha\text{S-CEL}} - {}^3J_{\text{HNH}\alpha-\alpha\text{S}}$ ). Data corresponding to the Lys residues are colored in red. (B) Sequence-dependent variations in the  ${}^1J_{\text{C}\alpha\text{C}\beta}$  coupling constants of  $\alpha$ S as a result of CEL formation ( $\Delta{}^1J_{\text{C}\alpha\text{C}\beta} = {}^1J_{\text{C}\alpha\text{C}\beta-\alpha\text{S-CEL}} - {}^1J_{\text{C}\alpha\text{C}\beta-\alpha\text{S}}$ ). Gly  ${}^1J_{\text{C}\alpha\text{C}\beta}$  is non-existent, whereas the  $\Delta{}^1J_{\text{C}\alpha\text{C}\beta}$  values of Asn, Asp, Ser and Thr are not plotted since these residues exhibit slightly high  ${}^1J_{\text{C}\alpha\text{C}\beta}$  values (Fig. S20A†) that could involve the misinterpretation of the structural data derived from  ${}^1J_{\text{C}\alpha\text{C}\beta}$ . Data corresponding to the Lys residues are colored in red. (C) Ramachandran plot obtained for monomeric  $\alpha$ S (black) and monomeric  $\alpha$ S-CEL (red). The  $\phi$  and  $\psi$  dihedral angles were obtained from the  ${}^3J_{\text{HNH}\alpha}$  and  ${}^1J_{\text{C}\alpha\text{C}\beta}$  coupling constants using the corresponding Karplus equations. The different conformational regions in the Ramachandran plot are classified as follows:  $\alpha$ -helix,  $-90^\circ < \phi < -45^\circ$  and  $-60^\circ < \psi < -15^\circ$ ;  $\beta$ -sheet,  $-180^\circ < \phi < -90^\circ$  and  $90^\circ < \psi < 180^\circ$ ; PPII,  $-90^\circ < \phi < -45^\circ$  and  $105^\circ < \psi < 180^\circ$ ; type I  $\beta$ -turn,  $-135^\circ < \phi < -75^\circ$  and  $-15^\circ < \psi < 30^\circ$ ;<sup>31c</sup> type II  $\beta$ -turn,  $-50^\circ < \phi < -80^\circ$  and  $120^\circ < \psi < 150^\circ$ ; type V  $\beta$ -turn,  $-75^\circ < \phi < -85^\circ$  and  $75^\circ < \psi < 85^\circ$ ; type VI<sub>a1</sub>  $\beta$ -turn,  $-60^\circ < \phi < -70^\circ$  and  $130^\circ < \psi < 140^\circ$ ; and  $\gamma$ -turn,  $-80^\circ < \phi < -90^\circ$  and  $60^\circ < \psi < 75^\circ$ .<sup>44</sup>

A76-F94 ( $\Delta{}^1J_{\text{C}\alpha\text{C}\beta} \sim -1.2 \pm 1.2$  Hz), P120-A124 ( $\Delta{}^1J_{\text{C}\alpha\text{C}\beta} \sim -1.6 \pm 0.9$  Hz) and Y133-P138 ( $\Delta{}^1J_{\text{C}\alpha\text{C}\beta} \sim -1.1 \pm 1.2$  Hz) stretches, which was larger than the average (Fig. 4B).

### CEL formation enhances the conformational space explored by the N-terminal domain

${}^3J_{\text{HNH}\alpha}$  couplings are sensitive to  $\phi$  dihedrals,<sup>36a,39a</sup> whereas  ${}^1J_{\text{C}\alpha\text{C}\beta}$  values vary as a function of  $\phi$ ,  $\psi$ ,<sup>40</sup>  $\chi_1(\text{C}_\alpha-\text{C}_\beta)$  and  $\chi_2(\text{C}_\beta-\text{C}_\gamma)$  dihedrals.<sup>35</sup> Hence, Karplus equations were applied to estimate the backbone torsion angles ( $\phi$  and  $\psi$ ) of  $\alpha$ S and  $\alpha$ S-CEL. In both cases, most of the  $\phi$  angles were between  $-70^\circ$  and  $-90^\circ$ , whereas  $\psi$  values ranged from  $65^\circ$  to  $140^\circ$  (Fig. S21†), thus indicating that the averaged conformations of  $\alpha$ S and  $\alpha$ S-CEL explore the same conformational space. The positive  $\psi$  values are additionally confirmed by the  $d_{\alpha\text{N}}(i,i)/d_{\alpha\text{N}}(i-1,i)$  NOE intensity ratios  $< 1$  (Fig. S9A†),<sup>41</sup> which are typical of extended conformations,<sup>42</sup> whereas the lack of large  ${}^1J_{\text{C}\alpha\text{C}\beta}$  values ( $\sim 40$  Hz) also discards positive  $\phi$  angles.<sup>35</sup>

The Ramachandran plots (Fig. 4C) reveal that the averaged conformations of  $\alpha$ S and  $\alpha$ S-CEL do not display structural motifs resembling  $\beta$ -sheet,  $\alpha$ -helix, PP-II or type-I  $\beta$ -turns. As expected, they are similar to those observed in random coil peptides,<sup>43</sup> and their  $\phi/\psi$  pair angles are located in regions characteristic of type-II, -V, and -VI<sub>a1</sub>  $\beta$ -turns, as well as in regions typical of  $\gamma$ -turns.<sup>44</sup>

Although the  $\phi/\psi$  pair angles of the averaged conformations of  $\alpha$ S and  $\alpha$ S-CEL explore the same conformational space, CEL

induced a slight decrease and increase in the averaged  $\phi$  ( $\Delta\phi_{\text{avg}} \sim -0.97 \pm 3.8^\circ$ ) and  $\psi$  values ( $\Delta\psi_{\text{avg}} \sim 5.1 \pm 20^\circ$ ), respectively (Fig. S22A-C†). The main differences between the  $\phi_{\alpha\text{S}}$  and  $\phi_{\alpha\text{S-CEL}}$  values map on most of the residues at the N-terminal domain, although the  $\phi$  angle of K80 and those of their neighboring residues were also affected (Fig. 5A and S22A†). In contrast, the residues with the greatest differences between  $\psi_{\alpha\text{S}}$  and  $\psi_{\alpha\text{S-CEL}}$  angles were found along the entire N-terminal and NAC domains, as well as in the N-terminal region of the C-terminal domain (Fig. 5B and S22B†). Consequently, these results suggest that CEL formation may induce a shift between the different populations of turns, which would mostly occur at the N-terminal domain.

Nonetheless, the estimation of  $\phi/\psi$  dihedrals from  $J$  couplings only gave information about the weighted-average conformations of  $\alpha$ S and  $\alpha$ S-CEL. Consequently, we used several restraints (*i.e.*  ${}^3J_{\text{HNH}\alpha}$  coupling constants; N,  $\text{C}_\alpha$ , and CO chemical shifts; and  $d_{\text{NN}}(i,i+1)$ ,  $d_{\alpha\text{N}}(i,i)$  and  $d_{\alpha\text{N}}(i,i+1)$  NOEs) and the MERA program to generate the Ramachandran map distribution for each residue. We obtained a wide distribution of the  $\phi/\psi$  pairs for all residues, which is typical of disordered conformations.<sup>39b</sup> Yet, CEL formation expanded, even more, the number of conformational states around regions characteristic of  $\beta$ - and  $\gamma$ -turns, which occurred concomitant with a change in the voxel populations. However, this was mainly observed for the Lys located at the N-terminal domain and for their neighboring residues, as the Ramachandran map distributions for

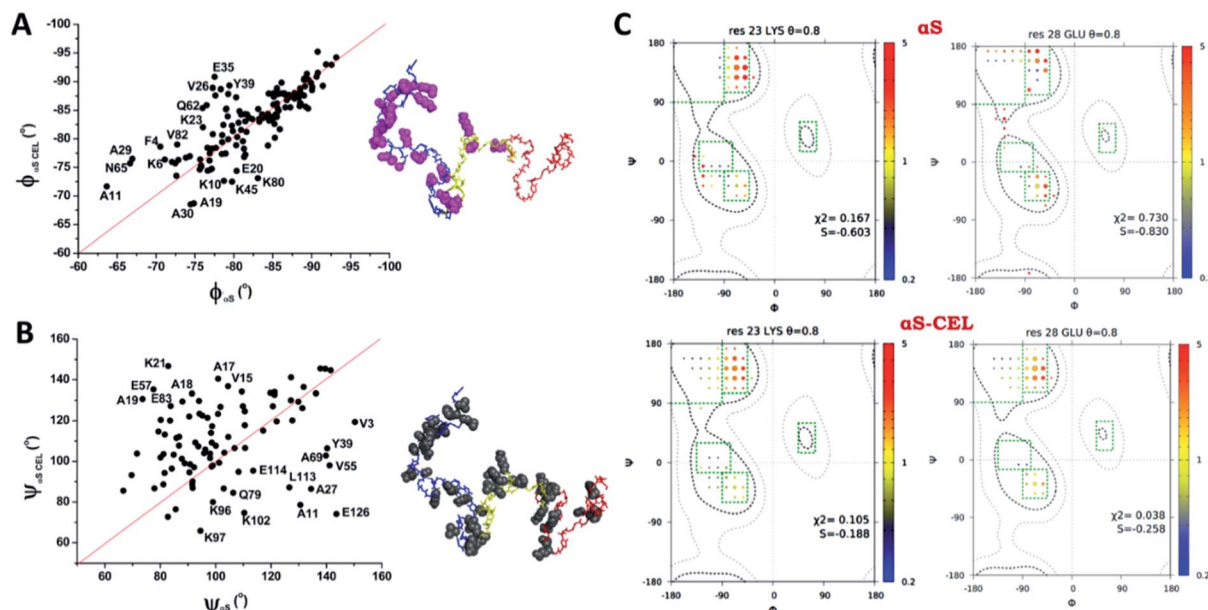


Fig. 5 Effect of CEL on the  $\phi/\psi$  dihedral angles of  $\alpha S$ . (A, B) Plots of the  $\phi$  (A) or  $\psi$  (B) dihedral angles obtained for each residue of  $\alpha S-CEL$  vs. the corresponding values obtained for  $\alpha S$  (black dots). The red lines simulate the 1 : 1 relationship between the dihedral angles of  $\alpha S$  and  $\alpha S-CEL$ . The experimental points corresponding to those residues with a high divergence between its  $\phi/\psi_{\alpha S}$  values and its  $\phi/\psi_{\alpha S-CEL}$  values have been labelled with its one letter amino acid code followed by its sequence number. In addition, these residues are highlighted [pink space fill (A) or grey space fill (B)] on the averaged structural ensemble obtained for native  $\alpha S$  (PED9AAC)<sup>59</sup> (right). The color code of each domain is given in the legend of Fig. 1A. (C) Examples of  $\phi/\psi$  distributions derived from MERA calculations for K23 (left) and E28 (right) in  $\alpha S$  (top) and  $\alpha S-CEL$  (bottom). The surface area of each circle is proportional to the population of its  $15^\circ \times 15^\circ$  voxel, and its color represents the ratio relative to that of the population seen in the coil database for that residue type, from 0.2 (blue) to 5 (red). An entropy weight factor of 0.8 was used. Each Ramachandran plot includes its  $\chi^2$  and  $S$  values.

the residues at the NAC and the C-terminal domains were always nearly the same (Fig. 5C and S23<sup>†</sup>). Accordingly, CEL increased the conformational entropy of most of the N-terminal residues, which might occur as a consequence of the loss of transient N-terminal/C-terminal contacts.

Our data reveal that the average conformations of  $\alpha S$  and  $\alpha S-CEL$  mostly explore regions typical of  $\beta$ - and  $\gamma$ -turns. However, CEL expanded the conformational space explored by the N-terminal domain, although all the new populations were placed near to Ramachandran regions characteristic of turns.

#### The comparison of the $\alpha S$ and $\alpha S-CEL$ ensembles evidences a tiny but preferred CEL-induced structural rearrangement at the N-terminal domain

NMR chemical shifts (N,  $H_N$ ,  $C_\alpha$ ,  $C_\beta$ ,  $H_\alpha$  and CO) were also used to generate ensembles characteristic of the average conformations of  $\alpha S$  and  $\alpha S-CEL$ . The initial random structures were grouped into clusters with cut-offs of 1.7, 1.8, 1.9 and 2.0 nm (Table S4<sup>†</sup>), and then used to generate weighted ensembles of  $\alpha S$  and  $\alpha S-CEL$  that best reproduced the chemical shifts (Tables S5–S7<sup>†</sup>). The weight of each structure in the final linear combination was used to calculate the weighted ensemble averages of the  $R_g$  and the ensemble RMSD of different sections of  $\alpha S-CEL$  with respect to  $\alpha S$  (Table 1). The  $\alpha S-CEL$  ensembles calculated at each cutoff always displayed greater  $R_g$  values than those obtained for the ensembles of  $\alpha S$ , which constitutes additional evidence (besides the DLS, SAXS, DOSY and the CG-

MD simulation data) that CEL slightly enhances the radius of  $\alpha S$ . In addition, the structural comparison between the ensembles of  $\alpha S-CEL$  and  $\alpha S$  proves that CEL-induced conformational perturbations are larger at the N-terminal domain than at the NAC and C-terminal domains (Table 1).

#### CEL induces changes in the motional properties of the Lys-containing domains

To study whether CEL modifies the dynamic features of  $\alpha S$ , we acquired the  $R_2$  values (sensitive to slow [ns] motions, and to very slow [ $\mu s$  to ms] conformational exchange processes) and performed HET-NOE (sensitive to fast motions [from ps to sub-ns]) backbone relaxation experiments. The averaged  $R_2$  and HET-NOE values are lower than those found in folded proteins

Table 1 Comparison of the ensemble weighted average radius of gyration ( $R_g$ ) between  $\alpha S$  and  $\alpha S-CEL$  and of the ensemble RMSD (nm) of  $\alpha S-CEL$  with respect to  $\alpha S$  for the different domains of the protein

Cutoff (nm)	$\Delta R_g$ (nm)	N-terminal <sup>a</sup>	NAC <sup>b</sup>	C-terminal <sup>c</sup>
2.0	0.64	0.93	0.66	0.51
1.9	0.01	1.06	0.41	0.58
1.8	0.34	0.91	0.94	0.56
1.7	0.77	0.92	0.59	0.63

<sup>a</sup> Residues from M1 to V66. <sup>b</sup> Residues from G67 to K96. <sup>c</sup> Residues from K97 to A140.

of similar size (*i.e.*  $\sim 10 \text{ s}^{-1}$  and 0.8 respectively) (Fig. 6A, B), thus confirming that  $\alpha\text{S}$  and  $\alpha\text{S-CEL}$  are mainly unfolded. However, CEL slightly increased the  $R_2$  values of Lys, and in some cases, those of their neighboring residues (*e.g.* G31-G47 stretch) (Fig. 6A). This did not occur as a result of a CEL-induced conformational slow exchange process, as the  $\Delta R_2^{\text{eff}}$  values determined for  $\alpha\text{S}$  and  $\alpha\text{S-CEL}$  using Carr-Purcell Meiboom-Gill relaxation dispersion (CPMG RD) experiments were almost negligible (Fig. S24<sup>†</sup>). This indicates that CEL-modified Lys has a greater propensity for slower motions than Lys in  $\alpha\text{S}$ , which could be related to the increase in the CEL-induced intra-domain interactions suggested by the contact maps (Fig. 3C).

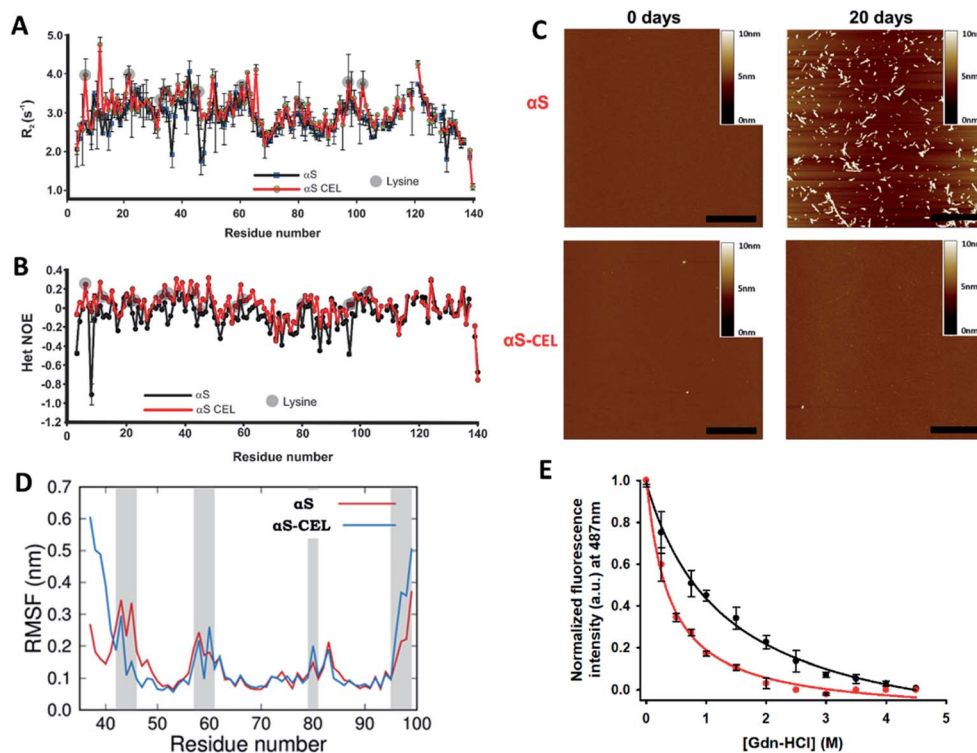
CEL also increased the HET-NOE values of the N-terminal and NAC domains (Fig. 6B), which additionally confirms a preference for slower over faster motions of these domains in  $\alpha\text{S-CEL}$ . In contrast, it seems that the flexibility of the C-terminal domain was not affected by the formation of CEL. These results prove that CEL reduces the propensity of fast motions of those  $\alpha\text{S}$  stretches containing Lys.

### CEL formation inhibits the $\alpha\text{S}$ amyloid fibril formation

Glycation has been pointed out as an inducer of amyloid fibril formation.<sup>45</sup> However, more recent data suggested the opposite,

since AGEs seem to inhibit the amyloid formation through the stabilization of preformed oligomers.<sup>24,27d,46</sup> To clarify this controversy we also studied the specific effect of CEL on the aggregation of  $\alpha\text{S}$ .

The incubation of  $\alpha\text{S}$  involved the time-dependent formation of ThT-active aggregates (Fig. S25A, C<sup>†</sup>) through the typical profile of a nucleation-dependent pathway. These aggregates displayed a linear and unbranched morphology, typical of amyloid fibrils (Fig. 6C). In contrast, the incubation of  $\alpha\text{S-CEL}$  under the same conditions did not induce the formation of ThT-active aggregates (Figs. S25B, C<sup>†</sup>). In fact, its AFM micrographs did not show any kind of aggregate bound to the mica surface (Fig. 6C). To further confirm this finding, we acquired the DLS autocorrelation functions for  $\alpha\text{S}$  and  $\alpha\text{S-CEL}$  (Fig. S26A, B<sup>†</sup>). At increasing incubation times,  $\alpha\text{S}$  displayed higher correlations for longer delay times, thus indicating the formation of large aggregates. This did not occur for  $\alpha\text{S-CEL}$ , as its correlation functions did not increase with the delay times. In fact, the average particle size of  $\alpha\text{S-CEL}$  scarcely changed during incubation, whereas that of  $\alpha\text{S}$  notably increased (Fig. S26C, D<sup>†</sup>). These results reveal that CEL completely inhibits the  $\alpha\text{S}$  fibrillization and likely diminishes the oligomer formation process.



**Fig. 6** Effect of CEL formation on the dynamics and aggregation propensity of  $\alpha\text{S}$ . (A, B) Plots of the  $R_2$  ( $\text{s}^{-1}$ ) (A) and HET NOE (B) relaxation data obtained for  $\alpha\text{S}$  (black) and  $\alpha\text{S-CEL}$  (red). The relaxation measurements were carried out at  $12.5 \text{ }^\circ\text{C}$  in 20 mM phosphate buffer (pH 6.5) in the presence of 150 mM NaCl. Data corresponding to the different Lys residues are labelled with grey circles. (C) AFM micrographs of  $\alpha\text{S}$  (top) and  $\alpha\text{S-CEL}$  (bottom) solutions previously incubated for 0 (left) and 20 days (right) at pH 7.4 and at  $37 \text{ }^\circ\text{C}$  in phosphate buffer in the presence of NaCl (150 mM), while shaking at 1000 rpm. The scale bar represents 0.5  $\mu\text{m}$ . (D) Root mean square fluctuation (RMSF) per residue of  $\alpha\text{S}$  and  $\alpha\text{S-CEL}$  monomers when assembled in the cryo-EM structure of the  $\alpha\text{S}$  amyloid fibrils (PDB code 6A6B).<sup>9</sup> The RMSF values were computed for the monomers located at the ending extreme of the fibril by using MD simulations. Grey areas indicate the location of Lys/CEL side chains. (E) ThT fluorescence study ( $\lambda_{\text{exc}}$  440 nm) of Gdn-HCl-assisted denaturation of full-length  $\alpha\text{S}$  amyloid fibrils (black) and full-length  $\alpha\text{S}$  amyloid fibrils previously modified with CEL (red).



$\alpha$ S chelates a wide number of metal cations, and most of the resulting complexes display an enhanced fibrillation propensity.<sup>17b</sup>

Hence, we studied whether metals could induce fibril formation on  $\alpha$ S-CEL, which possesses a higher chelating ability than  $\alpha$ S.<sup>26</sup> The presence of  $\text{Fe}^{3+}$ ,  $\text{Al}^{3+}$  or  $\text{Cu}^{2+}$  was not sufficient to induce the formation of ThT-active aggregates in  $\alpha$ S-CEL (Fig. S27†), thus proving that CEL is able to inhibit  $\alpha$ S fibrillation even when metal cations are present.

Our results conclusively prove that CEL completely inhibits the fibrillation of  $\alpha$ S.

### CEL formation is able to destabilize preformed $\alpha$ S fibrils

To better understand the mechanism through which CEL inhibits fibril formation, we carried out all-atom MD and SMD simulations on the native and the CEL-modified cryo-EM structure of  $\alpha$ S fibrils (Fig. S28A†).<sup>9</sup> We initially studied if CEL was able to destabilize the amyloid assembly. The RMSD value of the backbone of the  $\alpha$ S monomer at the ending of the fibril (0.4 nm) was smaller than that obtained for the  $\alpha$ S-CEL monomer (0.5 nm) (Fig. S28B†). Hence,  $\alpha$ S-CEL relaxes to a more different conformation than  $\alpha$ S, thus their incorporation into the fibril should be less favorable.

In addition, the RMSF per residue of the two monomers at the end of the fibril evidenced larger fluctuations for  $\alpha$ S-CEL than for  $\alpha$ S. The mobility of the V37-S42 stretch was enhanced, since the protonated N-terminal amino group interacted with the carboxylate groups of CEL43 and CEL80. However, this might occur to a lesser extent on fibrils formed by the full-length protein. The large RMSF of the C-terminal region was caused by the repulsion of K96 and K97 with their counterparts in the monomer below, although the side chain of D98 of the adjacent monomers seems to form salt bridges that might retain the integrity of the fibril. The formation of CEL on K96 and K97 hinders their salt bridges with D98, and thus the mobility of the C-terminal region is increased (Fig. 6D).

The CEL-induced formation of new salt bridges between CEL43 and CEL45 in  $\alpha$ S-CEL – which do not occur between K43 and K45 in  $\alpha$ S – explains the decrease in their local mobility. In addition, the K45-H50-E57<sup>7</sup> (of the opposite monomer) H-bond observed in the  $\alpha$ S fibrils is maintained in the  $\alpha$ S-CEL fibrils (Fig. S29A†).

CEL58 did not evidence larger mobility than K58, and thus the interaction between K58 and E61 is maintained in the  $\alpha$ S-CEL fibrils (Fig. S29B†). CEL60 became more dynamic than K60 because it is able to exchange interactions with other CEL60 moieties, E62 and water molecules (Fig. 6D). Moreover, the interaction between K80 and E46 in the  $\alpha$ S fibrils was still present when K80 was replaced by CEL80 (Fig. S29C†), and thus the mobility of K80 did not notably change (Fig. 6D).

The mechanical work performed in the SMD simulations to detach a monomer from the ending of the fibril is, on average, smaller for  $\alpha$ S-CEL than for  $\alpha$ S (Fig. S28C†). The application of the Jarzynski equation (eqn (8) in the ESI†) allowed us to estimate that the free energy cost to detach the  $\alpha$ S-CEL monomers from the CEL-modified protofibril is  $\sim 18$  kcal mol<sup>-1</sup> smaller than to detach  $\alpha$ S monomers from the native protofibril.

We then studied if the synthesis of CEL on preformed amyloid fibrils could trigger their disassembly. The incubation of  $\alpha$ S fibrils with  $\text{NaBH}_3\text{CN}$  and pyruvic acid did not change their ThT fluorescence profile (Fig. S30†), thus indicating that CEL formation inhibits their formation but it might not be sufficient to induce their disaggregation. Accordingly, Gdn-HCl-assisted (de)polymerization studies further confirmed that CEL weakens the inter-monomer interactions tying the  $\alpha$ S fibrils (as already suggested by MD and SMD simulations). In fact, the ThT fluorescence intensity decrease upon increasing the Gdn-HCl concentration was greater in the CEL-modified fibrils than in the native fibrils (Fig. 6E).

Our results indicate that the low tendency of  $\alpha$ S-CEL to form amyloid fibrils might be due to the disruption of the monomer-monomer interaction at the N- and C-terminal domains of the protofilament. This, together with the estimated  $\Delta G$  for the monomer detachment from the two types of fibrils, indicates that  $\alpha$ S-CEL is less prone to form amyloid fibrils than  $\alpha$ S.

## Discussion

Since 1980, when Monnier and Cerami postulated the “glycation hypothesis of aging”, which linked non-enzymatic protein browning with aging<sup>47</sup>, most of the efforts in this field have been focused on understanding the molecular mechanism underlying protein glycation. In spite of that, the effect of glycation on the protein conformation is not yet understood because spontaneous glycation always results in the formation of a heterogeneous set of protein molecules with different glycation degrees, which hampered structural studies at the residue level.<sup>27</sup> To date, most of the structural data arising from the use of low-resolution techniques (e.g. CD or fluorescence spectroscopy) might be easily misinterpreted as a result of concomitant aggregation or due to AGE-induced fluorescence quenching effects.<sup>27d</sup>

To overcome this drawback, we have synthesized a homogeneously glycated protein, which enables conformational studies at the residue level. Here, we have studied  $\alpha$ S since LBs isolated from PD patients with DM display abnormally high levels of AGEs,<sup>21</sup> which might explain the higher prevalence of PD in DM patients ( $\sim 38\%$ ).<sup>22</sup> We have synthesized CEL, one of the main AGEs found *in vivo* on LBs,<sup>23,24</sup> on all fifteen Lys residues of  $\alpha$ S. The combined use of different biophysical techniques, together with different molecular dynamics approaches, has allowed us to describe, for the first time, the precise effect of a single AGE on the biophysical properties of an IDP.

CEL formation involved the replacement of fifteen positively charged Lys residues by fifteen zwitterionic CEL moieties (Fig. 1B), and thus the decrease in the protein pI and the increase in its negative electrostatic potential at the N-terminal and NAC domains.<sup>26</sup> These changes did not induce a remarkable structuration on  $\alpha$ S, differently from the increase of its  $\beta$ -sheet content detected when it was modified with 4-hydroxy-2-nonenal.<sup>48</sup> However, the obtained data (*i.e.* ncSPC index in Fig. 1D;  $\Delta\delta_{\text{CO}}$  in Fig. 2D; SSP index, TALOS + data and CG-MD simulation data in Fig. S8†) unequivocally indicate that CEL slightly increases the transient  $\alpha$ -helicity of the F4-L8 region

while decreasing it in the E20-A29 stretch. These data, together with the  $\Delta^3J_{\text{HNH}\alpha}$  and  $\Delta^1J_{\text{C}\alpha\text{C}\beta}$  values (Fig. 4A,B), also indicate a CEL-induced fluctuating extended character in most of the N-terminal stretches (*e.g.* S9-G25 or T54-E61), which is not related to the acquisition of any transient  $\beta$ -sheet or  $\text{PP}_{\text{II}}$  conformation.

NMR was used to map those residues whose chemical environment was mostly affected by the formation of CEL, which might differ from those changing their transient structure. Residues located at the N-terminal domain were those displaying higher chemical shift perturbations (Fig. 2B,D), which agrees with the data reported by Miranda *et al.*, who proved that glycation of  $\alpha\text{S}$  mediated by MG essentially affected the N-terminal domain.<sup>24</sup> Although CEL was also formed on K80, K96, K97 and K102 (Fig. 1A), we could neither detect a significant perturbation of their chemical shifts, nor those of their neighboring residues (Fig. 2D). This let us hypothesize that in an IDP, the sole formation of CEL on Lys would not be sufficient to change its chemical environment, but it could certainly be modified due to the CEL-induced disruption of the medium and long-range intramolecular interactions.

In fact,  $\alpha\text{S}$  displays lasting long-range interactions between the N-terminal and the C-terminal domains,<sup>49</sup> which are lost upon CEL formation (Fig. 3C, D). This would occur as a result of the loss of the salt-bridges tying the N-terminal positively charged Lys with the C-terminal negatively charged Asp/Glu, through a mechanism resembling the conformational process occurring on  $\alpha\text{S}$  upon lowering the pH.<sup>30</sup> This distancing was suggested not only by CG-MD simulations, but also by the  $^1J_{\text{C}\alpha\text{C}\beta}$  values, which are dependent on the side chain topology,<sup>35</sup> on the steric effects and on interactions with lone-electron pairs.<sup>40</sup> In fact, the  $\Delta^1J_{\text{C}\alpha\text{C}\beta}$  values of the N-terminal and C-terminal stretches decreased more than the average (Fig. 4B). Additionally, CEL increases the propensity of local interactions within the N-terminal domain because its zwitterionic character enhances its ability to establish additional hydrogen bonds. This idea is also supported by the  $\Delta\text{SASA}$  data (Fig. S17B†) and by NMR relaxation data. The CEL-induced increase in the  $R_2$  and HET-NOE relaxation values (which were similar to those reported for  $\alpha\text{S}^{\text{S1}}$ ) of the residues located at the N-terminal domain indicates their preference for slower over faster motions, which might arise from the CEL-induced intradomain interactions.

The breakage of these long-range interactions implies an enlargement of the averaged distances between the geometric centres of the N-terminal and the C-terminal domains, which results in an increase of the radius of the protein by  $\sim 1$  nm (Fig. 3A, B and S14†).<sup>28</sup> The  $R_g$  values obtained for  $\alpha\text{S}$  and  $\alpha\text{S}$ -CEL are similar to those reported for  $\alpha\text{S}$ ,<sup>50,52</sup> and differences must arise from its high dependence on the environment; in TRIS it is 4.27 nm, whereas in acetic acid buffer it is 2.72 nm.<sup>52</sup> In addition, the breakage of the N/C-terminal contacts induced a more heterogeneous size distribution, as proved by DLS (Fig. 3A) and CG-MD simulation (Fig. 3B) data. In fact, the greater heterogeneity in the HSQC peak intensities and peak shapes (Fig. S15†) indicates that  $\alpha\text{S}$ -CEL displays a larger interconverting and transiently interacting heterogeneous ensemble of states than  $\alpha\text{S}$ .

NMR spectroscopy also enabled us to obtain the  $J$  coupling constants, which arise from the hyperfine interaction between two different nuclei. While the  $^1J_{\text{C}\alpha\text{C}\beta}$  couplings for  $\alpha\text{S}$  have not yet been reported, the  $^3J_{\text{HNH}\alpha}$  values correlate with those already published (Pearson's  $r$  was 0.67; rmsd  $\sim 0.50$  Hz),<sup>39a</sup> although our experimental conditions were slightly different – we added 150 mM NaCl. CEL mainly increased the  $^3J_{\text{HNH}\alpha}$  values of the Lys neighboring residues within the N-terminal domain (in  $\sim 0.6 \pm 1.1$  Hz), and these changes were larger than those arising from the conformational change induced by pressure.<sup>36a</sup> In any case, the  $^3J_{\text{HNH}\alpha}$  and  $^1J_{\text{C}\alpha\text{C}\beta}$  couplings were used together with the Karplus equations to derive the  $\phi/\psi$  angles. The obtained values suggest that the averaged ensembles of  $\alpha\text{S}$  and  $\alpha\text{S}$ -CEL explored the same conformational regions, which are those typically occupied by random coil peptides – mainly  $\beta$ - and  $\gamma$ -turns. However, CEL induced a remarkable decrease in the  $\phi$  values of the N-terminal residues, and an increase in the  $\psi$  values along the entire N-terminal and NAC domains, as well as in the N-terminus of the C-terminal domain (Fig. S21†). Therefore, it seems that CEL induces a shift between the different populations of turns. The Ramachandran map distributions obtained for each residue proved that Lys located at the N-terminal domain and its neighboring residues expanded the number of conformational states around regions characteristic of  $\beta$ - and  $\gamma$ -turns. This proves that CEL increases the conformational entropy of most of the N-terminal residues, which might occur as a consequence of the loss of transient N-terminal/C-terminal contacts. Besides, it confirms that CEL enhances the heterogeneity of the conformational populations and proves that this change directly arises from the structural perturbation occurring at the N-terminal domain demonstrated by comparing the ensembles of  $\alpha\text{S}$  with those of  $\alpha\text{S}$ -CEL (Table 1).

After the detailed description of the effect of CEL on the conformation of  $\alpha\text{S}$ , we wanted to further study whether CEL is able to influence its aggregation mechanism. Differently from what we observed when using  $\alpha\text{S}$ , the incubation of  $\alpha\text{S}$ -CEL did not involve the formation of amyloid fibrils or any other aggregate (*e.g.* soluble oligomers). The presence of metal cations, well known to induce  $\alpha\text{S}$  aggregation,<sup>17b</sup> was also not sufficient to induce  $\alpha\text{S}$ -CEL fibrillation. Hence, we proved that CEL completely inhibits  $\alpha\text{S}$  aggregation. The inhibition of  $\alpha\text{S}$  fibrillation due to its glycation was already reported when using MG<sup>24,54</sup> or ribose.<sup>55</sup> However, both were able to stabilize cytotoxic soluble oligomers, which proves that this must occur due to the formation of other AGEs different from CEL. These findings, together with our conformational studies comparing  $\alpha\text{S}$  and  $\alpha\text{S}$ -CEL, would reinforce the idea that the release of the long-range N-terminal/C-terminal contacts is not a triggering factor for aggregation,<sup>56</sup> differently of what was thought before.<sup>49</sup>

To date, the scientific community had been still debating whether AGEs found on LBs are already formed on the  $\alpha\text{S}$  monomer, before its aggregation, or on preexisting amyloid fibrils.  $\alpha\text{S}$  fibrils are made of a left-handed helix composed of two protofilaments assembled from the V37-Q99 stretch. This region folds into a  $\beta$ -strand-rich architecture with a Greek key-like topology, facilitated by the formation of intramolecular

K58-E61 and E46-K58 salt bridges. The dimer interface involves the interaction between antiparallel V37-Q99 stretches, which is stabilized by hydrophobic (*e.g.* A53-V55') and electrostatic (*e.g.* E57-H50-K45) interactions<sup>9</sup> (Fig. S28A and S29†). Our data prove that, at least in the case of CEL detected on LBs,<sup>23</sup> its formation must occur on preformed LBs since  $\alpha$ S-CEL monomers are not able to fibrillate. On the other hand, CEL formation on pre-existing  $\alpha$ S amyloid fibrils did not induce their disassembly (Fig. S30†), although it seems that it might weaken the driving forces intertwining consecutive monomers. This is supported by the CEL-induced increased dynamics of K60 and that of the N- and C-terminal regions of the amyloidogenic stretch. In addition, the decrease in the free energy cost to detach the monomers from the CEL-modified fibrils and their higher sensitivity against the chemically induced disassembly (Fig. 6E) also support this idea. Hence, the lack of a completely CEL-induced disassembly could occur because some of the Lys residues are buried in the inner part of the fibril (*e.g.* K58), thus being inaccessible to glycation.

Besides the effect of CEL on the conformation and aggregation propensity of  $\alpha$ S, our data enable us to go further and argue about the possible effect of CEL on the biological function of  $\alpha$ S. The N-terminal domain of  $\alpha$ S<sup>57</sup> and specially its Lys<sup>58</sup> are essential to bind biological vesicles. Hence, the replacement of these cationic Lys residues by zwitterionic (*e.g.* CEL) or neutral AGEs must have a disrupting effect on  $\alpha$ S-vesicle binding. In fact, MG impairs the  $\alpha$ -helical folding of  $\alpha$ S typically occurring in the presence of SUVs.<sup>24</sup> Hence, it is likely that AGEs formed from MG (among them CEL) inhibit vesicle binding. However, further structural studies need to be performed to validate this hypothesis.

## Conclusion

Here we prove that CEL formation on  $\alpha$ S did not induce its folding process, but increased the population of transient conformations displaying a more extended N-terminal domain. This seems to result from the breakage of the long-range transient contacts between the N- and C-terminal domains, which induced a slight increase in the radius of the protein, and an increase in the population heterogeneity. In addition, CEL completely inhibited  $\alpha$ S aggregation, but the destabilizing effect caused by its formation on preexisting  $\alpha$ S fibrils is not sufficient to induce their disaggregation.

## Conflicts of interest

There are no conflicts to declare.

## Author contributions

L.M. produced  $\alpha$ S; synthesized  $\alpha$ S-CEL; performed SEC, electrophoretic, mass spectrometry, NMR, CD and fluorescence studies. In addition, she and M.A carried out the data analysis and interpretation. R.R carried out most of the CG-MD simulations. R.C. performed the MD and SMD simulations, and he also calculated the  $\alpha$ S and  $\alpha$ S-CEL ensembles. J.O.-C. carried out

the DLS studies and analyzed the CG-MD simulation results. B.V. performed the AFM and ThT studies. J.F. and M.A. conceived and designed the experiments. M.A. and L.M. wrote the manuscript.

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