INTERNAL X MEDICINE

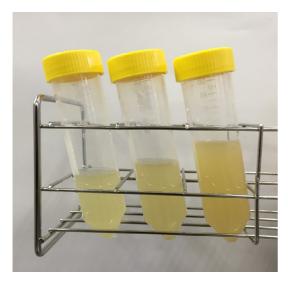
□ PICTURES IN CLINICAL MEDICINE □

Yellow Broncho-alveolar Lavage Fluid in Eosinophilic Pneumonia

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Key words: eosinophilic pneumonia, broncho-alveolar lavage, yellow, eosinophil cationic protein

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A 34-year-old man with bronchial asthma was introduced to our clinic because his blood tests showed a white blood cell count of 25,200/ μ L with a differential of 70% eosinophils, and chest computed tomography revealed nonsegmental multi-lobar consolidation. Bronchoscopy was performed and yellow broncho-alveolar lavage fluid (BALF) was collected (Picture 1). The supernatant of BALF was still yellow (Picture 2). The total cell count (TCC) was 110×10^5 /mL and the cell differentiation of BALF showed a significant elevation of eosinophils (98%). As a result, a diagnosis of idiopathic chronic eosinophilic pneumonia (EP) was made. Eosinophilic cationic protein (ECP), a representative eosinophil-derived protein, in BALF was also significantly elevated (105 µg/L).

It is presumed that a high protein concentration caused by elevated TCC results in the observed yellow color. Since extremely high TCC and ECP levels are observed in some EP



Picture 2.

cases (1, 2), yellow BALF is sometimes seen in EP. Although yellow BALF is not a specific finding, it may nevertheless provide an important diagnostic clue for identifying EP.

The authors state that they have no Conflict of Interest (COI).

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Department of Infectious Diseases, Respiratory, and Digestive Medicine, Graduate School of Medicine, University of the Ryukyus, Japan Received for publication January 24, 2016; Accepted for publication March 16, 2016 Correspondence to Dr. Daijiro Nabeya, respiratoryyy@gmail.com philic cationic protein levels in patients with eosinophilic pneumonia. Nihon Kokyuki Gakkai Zasshi **36**: 864-870, 1998 (in Japanese, Abstract in English). The Internal Medicine is an Open Access article distributed under the Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License. To view the details of this license, please visit (https://creativecommons.org/licenses/ by-nc-nd/4.0/).

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