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# Role of microglia and P2X4 receptors in chronic pain

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Review

### Abstract

Pain plays an indispensable role as an alarm system to protect us from dangers or injuries. However, neuropathic pain, a debilitating pain condition caused by damage to the nervous system, persists for a long period even in the absence of dangerous stimuli or after injuries have healed. In this condition, pain becomes a disease itself rather than the alarm system and is often resistant to currently available medications. A growing body of evidence indicates that microglia, a type of macrophages residing in the central nervous system, play a crucial role in the pathogenesis of neuropathic pain. Whenever microglia in the spinal cord detect a damaging signal within the nervous system, they become activated and cause diverse alterations that change neural excitability, leading to the development of neuropathic pain. For over a decade, several lines of molecular and cellular mechanisms that define microglia activation and subsequently altered pain transmission have been proposed. In particular, P2X4 receptors (a subtype of purinergic receptors) expressed by microglia have been investigated as an essential molecule for neuropathic pain. In this review article, we describe our understanding of the mechanisms by which activated microglia cause neuropathic pain through P2X4 receptors, their involvement in several pathological contexts, and recent efforts to develop new drugs targeting microglia and P2X4 receptors.

Keywords: Microglia, P2X4 receptors, Chronic pain, Neuropathic pain, Pain mechanism, Drug discovery

# 1. Introduction

Nociception is a sensory process caused by noxious stimuli in the nervous system. Nociceptive signals from peripheral tissues are conveyed to the brain through primary afferents and spinal dorsal horn (SDH) neurons and are frequently perceived as pain. Such acute nociceptive pain functions as an important defense system to protect the organisms from injury or potentially dangerous stimuli. By contrast, chronic pain often persists for a long time even in the absence of any dangers or even after the primary tissue damage has already been repaired. Neuropathic pain, a debilitating chronic pain, is caused by damage to the nervous system after diabetes, cancer, chemotherapy, infection, and trauma.

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Symptoms of neuropathic pain are characterized by spontaneous pain, hyperalgesia, and tactile allodynia, the last of which is a pain caused by innocuous stimuli.<sup>29</sup> In this condition, pain no longer functions as a defense system and becomes simply an unpleasant sensation. Moreover, neuropathic pain is often refractory to current available analgesics.<sup>43</sup> Malfunctions in the pain transmission pathway caused by injury within the peripheral or central nervous system (CNS) characterize this debilitating disorder.

Somatosensory stimuli from the periphery are converted to electrical excitation at the endings of primary afferents. Primary afferents are broadly divided into 2 classes: nociceptive and nonnociceptive, which respond to noxious and innocuous stimuli, respectively.<sup>9</sup> The nociceptive afferents consist mainly of thin, myelinated Aδ fibers and unmyelinated C fibers, which transmit to the superficial SDH (laminae I and II). The non-nociceptive afferents, such as large-diameter, thick, myelinated AB fibers, detect innocuous mechanical stimuli and transmit to the deeper laminae of the SDH. Spinal neural circuit consists of projection neurons, which convey sensory information to higher brain regions, and a large number of excitatory and inhibitory interneurons.<sup>9,105,127</sup> The electrical excitation in nociceptors caused by nociceptive stimuli is conveyed to the SDH, where it excites the projection neurons through complex circuits. This excitation is further conveyed into various brain regions. Although AB fibers convey innocuous stimuli such as touch to the skin and anatomically connect to the nociceptive projection neurons, the excitation of AB fibers does not cause pain sensation. This can be explained by the gate-control theory.94 As per this theory, feed-forward inhibition prevents the pain-projection neurons to be fired by innocuous stimuli through y-aminobutyric acid (GABA) or glycine-containing inhibitory

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interneurons which are also excited by  $A\beta$  fibers. In short, a balance between synaptic excitation and inhibition determines the output of pain-projection neurons.<sup>15</sup> It should be properly coordinated for the normal pain transmission.

When the nervous system is injured, the inhibitory inputs within the SDH are reduced (disinhibition), altering the excitatory and inhibitory balance, and shifting the balance towards excitation.<sup>95,117</sup> Artificial disinhibition of inhibitory interneurons causes nocifensive behavior or mechanical hypersensitivity in which the innocuous stimuli can elicit abnormal pain.40,75,82,106,108 The excitatory shift of the balance is also mediated by enhancement of the excitatory inputs. In pathological conditions, glutamatergic excitatory inputs are potentiated through activation of glutamate receptors including N-methyl-D-aspartate receptors (NMDARs) or α-amino-3-hvdroxv5-methyl-4-isoxazolepropionic acid receptors.<sup>14,55,150</sup> These synaptic alterations have been extensively studied using rodent models of peripheral nerve injury (PNI). In the SDH of these models, not only neuronal cells but also microglia, which are resident immune cells in the CNS, undergo functional alterations.

Microglia are originally derived from erythromyeloid progenitors in the embryonic yolk sac.47-49 These erythromyeloid progenitors migrate into the CNS and differentiate to form microglia in a stepwise manner, after which the microglia persist to stay in the CNS throughout life.49,92,110 Microglia are necessary for the proper development of neural circuits or myelin sheaths during their developmental stages<sup>52,104</sup> and are also used for surveying the surrounding environment using their ramified and motile processes during adulthood.<sup>35,99</sup> In pathological conditions, there is activation of microglia characterized by increase in their number and change in their morphology and transcriptional activity.<sup>20,61,114</sup> Microglia in the SDH also become activated in response to PNI.<sup>38,76</sup> Although PNIinduced activation of SDH microglia was described in 1970s<sup>46</sup> and later confirmed by several other studies, 27,28,33,45 the role of the activated microglia had not been elucidated for long.<sup>60</sup> In 2003, 2 studies demonstrated a causal link between activated microglia and neuropathic pain by showing the role of P2X4 receptors (P2X4Rs), a subtype of ionotropic purinergic receptors, and p38 mitogenactivated protein kinases (p38MAPKs) which are upregulated and activated specifically in microglia after PNI.<sup>65,135</sup> Thereafter, activated microglia and P2X4R have been recognized as critical players for the pathogenesis of neuropathic pain. 61,134

In this review article, we summarize our current insights into the mechanism by which microglial P2X4Rs cause neuropathic pain, focusing on their downstream signaling leading to neuronal hyperexcitability and upstream factors increasing P2X4Rs on microglia. In addition, we also describe the role of microglia and P2X4R in several pathological conditions and their therapeutic potential, based on recent advances in the development of new drugs targeting microglia.

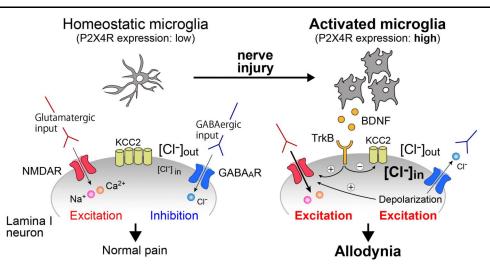
# 2. Activation of P2X4Rs on activated microglia causes neuropathic pain

Since Burnstock proposed new roles of nucleotides as neurotransmitters,<sup>18</sup> there is an increasing body of evidence for important and interesting roles of extracellular adenosine-5'-triphosphate (ATP) in cell-to-cell signaling through purinergic receptors in health and disease.<sup>58,112</sup> ATP activates P2 receptors, which are divided into ionotropic (P2XRs) and metabotropic receptors (P2YRs). Seven subunits of P2XRs (P2X1R-P2X7R) have been identified, and these are assembled as trimeric channels. P2XRs are cation-selective channels with almost equal permeability to Na<sup>+</sup>, K<sup>+</sup> and, in some including P2X4R, Ca<sup>2+</sup>. The flow of ions through P2XRs, altering transmembrane potential and intracellular ion concentrations, is a key machinery for the cell-to-cell signaling.<sup>72,73</sup> P2X4Rs are expressed by various tissues in the body<sup>12,44,145</sup> including the nervous systems<sup>16,151</sup> and have been implicated in physiological role and disease.<sup>19,73</sup> In the context of PNI, a selective upregulation of P2X4Rs in microglia activated in the SDH was seen.<sup>135</sup> Furthermore, it was found that pharmacological blockade or antisense-oligonucleotide knockdown of P2X4Rs suppresses the PNI-induced mechanical pain hypersensitivity without any effects on acute nociceptive behavioral responses. Further research showed that P2X4R-knockout mice failed to develop the PNI-induced mechanical hypersensitivity.<sup>133,139</sup> These reports indicate the role of P2X4R in neuropathic pain. Moreover, intrathecal administration of ATP-stimulated cultured microglia, but not unstimulated microglia, evoked mechanical hypersensitivity in naive animals,<sup>128,135</sup> indicating a sufficient role of microglial P2X4R activation in neuropathic pain development.

#### 3. Downstream signaling of P2X4R activation

Findings that non-neuronal cells cause pain hypersensitivity had indicated a possible interaction between microglia and neurons in the SDH. Brain-derived neurotrophic factor (BDNF) was identified as a signaling molecule that is released from microglia stimulated by activation of P2X4Rs. Brain-derived neurotrophic factor acts on tropomyosin-related kinase B (TrkB) expressed on nociceptive projection neurons located in lamina 131,71,139 and decreases expression of K<sup>+</sup>-Cl<sup>-</sup> cotransporter 2 (KCC2) that maintains transmembrane CI<sup>-</sup> gradient required for GABA or glycine-induced hyperpolarization. The BDNF-induced downregulation of KCC2 led to a depolarizing shift in the anion reversal potential and rendered lamina I neurons excitatory by GABA or glycine.<sup>31,32,71</sup> In addition, BDNF also induces potentiation of NMDAR responses through phosphorylation of the NMDAR subunit GluN2B.<sup>55</sup> Importantly, this phenomenon can be observed not only in rodents but also in human SDH neurons.<sup>36</sup> These changes might collectively contribute to the abnormal excitation of lamina I neurons and subsequently to hypersensitive pain behaviors (Fig. 1). ATP stimulation of microglia through P2X4Rs evokes release of BDNF followed by de novo synthesis and further release of BDNF.<sup>129</sup> These are released by exocytosis depending on extracellular Ca<sup>2+</sup> and phosphorylation of p38MAPK. Although BDNF is also upregulated in dorsal root ganglion (DRG) neurons after PNI,<sup>100</sup> a conditional knockout of BDNF in Nav1.8-positive primary afferent neurons does not affect pain hypersensitivity induced by PNI.<sup>160</sup> However, a recent study demonstrated a significant contribution of BDNF derived from DRG neurons, for processing of chronic pain<sup>120</sup> This study also found that mice lacking BDNF in all DRG neurons showed a normal development of pain hypersensitivity after PNI. However, a significant recovery of the hypersensitivity was observed only in the conditional BDNF-knockout mice 5 days after PNI, indicating the contribution of DRG-derived BDNF to the chronification of neuropathic pain.<sup>120</sup> The critical role of microglial BDNF has also been confirmed by using microglia-selective BDNF-knockout mice.<sup>121</sup>

Besides BDNF, activated microglia after PNI also release proinflammatory cytokines such as interleukin-1 $\beta$  (IL-1 $\beta$ ) and tumor necrosis factor- $\alpha$ , which contribute to neuropathic pain by modulating neuronal excitability.<sup>61,64</sup> Released IL-1 $\beta$  acted on SDH neurons and rapidly enhanced the strength of excitatory synaptic transmission through NMDAR phosphorylation and decreased GABA- and glycine-mediated synaptic inhibition.<sup>24,70,113,144</sup> Tumor necrosis factor- $\alpha$  rapidly increased gluta-matergic transmission within the SDH through tumor necrosis factor- $\alpha$  receptors without changing GABA- or glycine-evoked responses.<sup>70</sup> P2X7Rs, fractalkine receptors (CX3CR1), or toll-like



**Figure 1.** Activated microglia cause an aberrant neuronal excitability that underlies mechanical pain hypersensitivity. The excitability of SDH neurons is determined by a balance between excitatory and inhibitory inputs. After PNI, BDNF released from activated microglia act on TrkB expressed by the neurons, causing down regulation of KCC2 and phosphorylation of NMDA. The alterations result in an aberrant neuronal excitation and mechanical pain hypersensitivity (allodynia). PNI, peripheral nerve injury; [CI<sup>-</sup>]<sub>i</sub>, intracellular CI<sup>-</sup> concentration; [CI<sup>-</sup>]<sub>o</sub>, extracellular CI<sup>-</sup> concentration, NMDAR, N-methyl-D-aspartate receptor.

receptors on microglia have been extensively studied as key regulators of production and release of the proinflammatory cytokines.<sup>25,74,125,132</sup> P2X4R has been reported to regulate inflammation in cultured microglia79,141 and other cell types (macrophages or kidney cells),<sup>22,69</sup> but there is so far no direct evidence, indicating that microglial P2X4Rs are necessary for the production of proinflammatory cytokines in the SDH after PNI. Although a recent study reported that CORM-2 (carbon monoxide-releasing molecule), a compound that was used as a P2X4R antagonist in this study, reduces the production of proinflammatory cytokines in the SDH and pain hypersensitivity after PNI,67 another study indicated that antinociceptive effects of CORM-2 are independent of the blockade of P2X4Rs.<sup>54</sup> P2X4R has been shown to interact with P2X7R<sup>5,13</sup> and to augment the P2X7R-mediated IL-1β release,<sup>69</sup> raising the possibility that P2X4R may participate in microglial inflammatory responses through an interaction with P2X7R. Thus, P2X4Rs on activated microglia enhance neuronal excitability and pain transmission primarily through BDNF-TRKB-KCC2 axis-mediated disinhibition<sup>61</sup> and also presumably through P2X7R-mediated proinflammatory cytokine production (Fig. 2).

# 4. Mechanisms underlying P2X4R upregulation and activation

As mentioned above, microglia proliferate and increase their cell number in response to PNI. The expression of P2X4Rs per cell was upregulated in activated microglia.<sup>135</sup> Thus, the number of microglia that have high levels of P2X4Rs increases in the SDH after PNI. Several extracellular factors, intracellular signaling, and transcriptional factors, which are involved in the increase of cell number, upregulation P2X4R, and subsequent pain hypersensitivity, have been identified (**Fig. 2**).

### 4.1. Extracellular factors

Chemokine (C-C motif) ligand 21 (CCL21) was found to be induced in the injured DRG neurons and transported to central terminals of the SDH.<sup>11</sup> CCL21 increased the expression of P2X4Rs in microglia both under in vitro and in vivo conditions. Peripheral nerve injury-induced upregulation of P2X4Rs was blunted in mice lacking CCL21. CCL21-deficient mice also showed no development of mechanical hypersensitivity after PNI, indicating that CCL21 in DRG neurons contributes to neuropathic pain by upregulating microglial P2X4Rs. On the other hand, CCL21 deficiency did not affect microglial proliferation and morphological changes.<sup>11</sup>

Recent studies revealed that colony stimulating factor 1 (CSF1) is also a crucial factor for inducing microglial activation.<sup>51,102</sup> Like CCL21, CSF1 is also upregulated in DRG neurons after PNI and transported to the SDH, where its receptor (CSF1R) is specifically expressed in microglia. Conditional deletion of CSF1 from DRG neurons suppressed the increase of microglial cell number and development of pain hypersensitivity.<sup>51</sup> Moreover, intrathecal administration of CSF1 induced microglial activation (microgliosis and upregulation of pain-related gene expression) and pain hypersensitivity. These results indicate that CSF1 is necessary and sufficient for activation of spinal microglia after PNI. Colony stimulating factor 1 was also found to increase P2X4R expression,<sup>51</sup> assuming a possible involvement of CSF1 in producing P2X4Rexpressing activated microglia. Although P2X4R deficiency did not suppress CSF1-induced mechanical hypersensitivity at 2 hours after administration, it is conceivable that a P2X4R-independent mechanism may be involved in acute mechanical pain behavior caused by CSF1 at that time point.51

Fibronectin was also shown to be considered as a key regulator of P2X4R expression.<sup>98</sup> Fibronectin levels were elevated in the ipsilateral side of the SDH after PNI.<sup>98</sup> Exogenous treatment with fibronectin induced the upregulation of microglial P2X4R both in vitro and in vivo.<sup>136</sup> Inhibition of fibronectin binding with  $\beta$ 1 integrins by echistatin or genetic knockout of Lyn (one of the Src family kinases) resulted in reduced expression of P2X4Rs and impaired pain hypersensitivity,<sup>136,137</sup> suggesting the contribution of fibronectin to neuropathic pain through microglial P2X4R upregulation.

#### 4.2. Transcriptional factors

Microglia alter their gene expression pattern along with development of disease processes in the nervous system.<sup>90</sup> The profile of gene expression is controlled by transcriptional

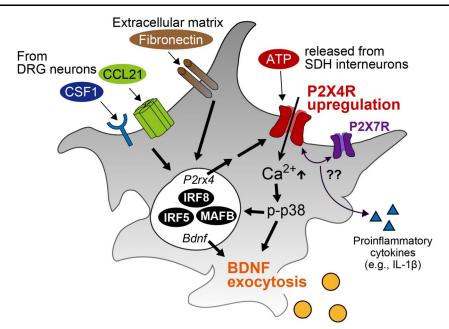


Figure 2. Molecular mechanisms of P2X4R activation leading BDNF and other factor secretion. Extracellular factors (CCL21, CSF1, and fibronectin) and transcriptional factors (IRF8, IRF5, and MAFB) contribute to P2X4R upregulation. ATP released by SDH interneurons activate P2X4Rs and result in BDNF exocytosis. P2X4R may also have a role in production or release of proinflammatory cytokines (eg, IL-1β) through an interaction with P2X7R. IL-1β, interleukin-1β; BDNF, brain-derived neurotrophic factor; DRG, dorsal root ganglion; SDH, spinal dorsal horn.

factors in a context-dependent manner.<sup>56</sup> After PNI, interferon regulatory factor (IRF) 8, IRF5, and v-maf avian musculoaponeurotic fibrosarcoma oncogene homolog B (MAFB) critically contribute to the regulation of P2X4R expression in microglia.<sup>61</sup> It was found that IRF8 is upregulated in the SDH after PNI, and its expression is restricted to microglia.<sup>91</sup> Forced expression of IRF8 in cultured microglia promoted P2X4R expression as well as other pain-related molecules including TLR2, P2Y12R, cathepsin S (CTSS), and CX3CR1. Interferon regulatory factor 8 deficiency blunted pain hypersensitivity and P2X4R upregulation after PNI. Finally, intrathecal administration of microglia overexpressing IRF8, but not mutant IRF8, was sufficient to produce pain hypersensitivity. These results indicate that IRF8 is a critical transcriptional factor to regulate pain-evoking microglia. Interferon regulatory factor 8 was also shown to regulate IRF5 expression by directly binding to its promoter regions.<sup>87</sup> Thereafter, it was identified that IRF5 binds to putative promoter region of P2X4R and promotes its expression.<sup>87</sup> In this process, fibronectin stimulation of microglia mediated the translocation of IRF5 into the nucleus, which could be involved in the fibronectininduced P2X4R upregulation. Consistently, genetic ablation of IRF5 dampened the upregulation of P2X4R and development of mechanical pain hypersensitivity.<sup>87</sup> In addition to IRF5, IRF1 was also controlled by IRF8. IRF1 regulated the expression of IL-1B,86 which led to pain hypersensitivity by enhancing excitatory synaptic transmission of SDH neurons.<sup>70</sup> As the mRNA level of IRF1 was increased in the SDH as well as IL-1ß levels after PNI, IRF1 may also be involved in neuropathic pain by enhancing inflammatory responses. Musculoaponeurotic fibrosarcoma oncogene homolog B has been implicated as a critical regulator to maintain the transcriptional profile of homeostatic microglia in adulthood.92 Although MAFB expression was not specific to microglia, PNI-induced upregulation of MAFB protein was selectively observed in microglia.<sup>128</sup> Musculoaponeurotic fibrosarcoma oncogene homolog B knockdown by intrathecal treatment with its small interfering RNA prevented the

development of mechanical pain behavior and the upregulation of P2X4R expression. Furthermore, conditional knockout of microglial MAFB demonstrated suppression of neuropathic pain development, indicating its contribution to P2X4R-dependent neuropathic pain.<sup>128</sup>

### 4.3. Extracellular adenosine-5'-triphosphate

Activation of P2X4Rs (and other purinergic receptors) expressed on the plasma membrane of microglia would need extracellular ATP. Adenosine-5'-triphosphate can be released from a broad range of cell types in the CNS through vesicular release- and/or pannexin or connexin hemichannel-dependent mechanisms.<sup>23</sup> By focusing on the role of vesicular nucleotide transporter (VNUT) that was identified as being crucial for ATP exocytosis,<sup>116</sup> its essential role in neuropathic pain was revealed.<sup>88</sup> Extracellular ATP content was increased in supernatant of spinal cord slices from PNI mice. The ATP increase was suppressed in VNUTdeficient mice. These mice also exhibited reduction of PNIinduced pain. Moreover, these attenuations of biochemical and behavioral alterations observed in VNUT global knockout mice were also observed in mice whose VNUT was selectively deleted from the SDH neurons, but not from astrocytes, microglia, or DRG neurons. Thus, VNUT expressed in the SDH neurons are involved in the increased levels of the extracellular ATP and subsequent pain hypersensitivity.<sup>88</sup>

# 5. Role of P2X4R and microglia in other models of chronic pain

Other than PNI models in which peripheral nerves are directly constricted or transected, a variety of other neuropathic pain models has been developed. Although the mechanisms underlying microglial P2X4R-dependent neuropathic pain (described in above sections) have been mainly studied in PNI models, the role of microglial P2X4Rs has also been investigated in other models.

Herpes zoster is a viral disease whose symptoms are clustered blisters and mechanical allodynia. In a model of herpetic pain in which herpes simplex virus-1 is inoculated on the skin of mice, mechanical allodynia was developed after the inoculation, and the time course of allodynia was found to correlate with that of P2X4R upregulation in microglia.<sup>93</sup> Intrathecal administration of NP-1815-PX, a P2X4R-selective antagonist developed in the study, attenuated the herpetic mechanical allodynia.

Chronic migraine is a disabling headache defined as having more than 15 days of headache per month over a 3-month period. Repeated dural infusions with inflammatory soups induce trigeminal allodynia (decreased periorbital withdrawal threshold to von Frey filaments), which is used as a migraine model, and describes underlying neuronal hyperexcitability in the trigeminal nucleus caudalis.<sup>39</sup> In this region, expression of P2X4Rs was upregulated in microglia, and blocking P2X4Rs by 2',3'-O-(2,4,6-Trinitrophenyl)ATP (TNP-ATP), a nonselective P2X4R antagonist, repressed the BDNF protein upregulation and trigeminal allodynia.<sup>80</sup> The P2X4R upregulation was also observed in a model of bone cancer pain, where P2X4R knockdown by its small interfering RNA attenuated pain behavior and reduced expression of BDNF.<sup>66</sup>

An increase of P2X4R expression was also observed in an experimental autoimmune neuritis model,<sup>159</sup> which mirrors pathologies such as mechanical allodynia of acute inflammatory demyelinating polyradiculoneuropathy. The increased P2X4R expression was mainly localized in CD68<sup>+</sup> microglia and temporally correlated with the development of pain hypersensitivity, suggesting an involvement of microglial P2X4Rs in mechanical allodynia induced by experimental autoimmune neuritis. A similar correlation between P2X4R expression and pain hypersensitivity has been also reported in a spinal cord injury model<sup>118</sup> or an experimental autoimmune encephalomyelitis model.<sup>141,156</sup> Thus, P2X4Rs in activated microglia might contribute to neuropathic pain in diverse models.

An important role of microglial P2X4R-BDNF-TrkB-KCC2 pathway was also demonstrated in morphine hyperalgesia, a paradoxical increase in pain sensitivity which hampers an efficient pain control and leads to dose escalation of morphine. Repeated administration of morphine caused a decrease in pain threshold to thermal and mechanical stimuli, increase of nocifensive behavior and microglial activation in the SDH. Ferrini et al. showed that chronic morphine treatment also caused an upregulation of P2X4R expression in vivo and in cultured microglia.<sup>42</sup> Furthermore, morphine induced a depolarizing shift in lamina I neurons, which was prevented by coincubation of a TrkB-blocking antibody. These observations indicate that morphine hyperalgesia is attributed to microglial P2X4R-BDNF-TrkB-KCC2 pathway. Indeed, P2X4R-deficient mice did not show morphine hyperalgesia, and pharmacological blockade of P2X4Rs attenuated morphine-induced BDNF release from microglia. Consistently, microglia-selective BDNF knockout abolished morphine hyperalgesia without affecting an antinociceptive response to a single dose of morphine.<sup>42</sup> Moreover, it was demonstrated that spinal microglia activated by repeated morphine treatment also play a crucial role for morphine withdrawal.<sup>17</sup> Although morphine directly affects microglial activation status and pain transmission, the pathway how it activates microglia remains unclear. A study demonstrated that microglia do not express  $\mu$ -opioid receptors.<sup>30</sup> In addition, the chronic morphine-induced microglial activation (increased cell number and hypertrophic morphology) was evident even in µ-opioid receptor-knockout mice, suggesting that an unidentified receptor is responsible for their activation.<sup>30</sup> This is an important question that should be clarified by further investigations.

Besides P2X4R, many molecules expressed by activated microglia have been implicated in pain hypersensitivity caused by some neuropathic pain models. Diabetes mellitus is one of the primary causes of neuropathic pain, and a considerable portion of diabetic patients describe mechanical allodynia. In animal models of diabetes that are developed by streptozotocin (type 1) or by obese (type 2), painful behaviors including allodynia are accompanied by microglia activation which is characterized by the increased cell number and the upregulated marker gene expression in the spinal cord.<sup>131</sup> Treatment with minocycline (a tetracycline antibiotic),96 gabapentin (an anticonvulsant drug),149 or inhibitors of an intracellular kinase, which are selectively activated in microglia,<sup>138</sup> attenuated allodynia as well as microglial activation, suggesting microglial contribution to diabetic pain hypersensitivity. Spinal activation of microglia was also shown to occur in other neuropathic pain models such as fibromyalgia,<sup>3</sup> chemotherapy,<sup>101</sup> and chronic fatigue syndrome.<sup>153</sup> Pain hypersensitivity observed in these models was attenuated by interfering with microglial activation. In summary, spinal microglia undergo activation in a variety of neuropathic pain models and may contribute to their pathologies.

### 6. Sex differences

In rodent models of neuropathic pain, it is still under debate that whether there is a sex difference in the role of microglia in pain hypersensitivity or not. Reports have shown that minocycline (a microglial inhibitor),<sup>8</sup> by deletion of microglia (and macrophages),<sup>10</sup> or genetic removal of microglia-selective molecules (including P2Y12R,<sup>50</sup> CX3CR1,<sup>122</sup> and transmembrane protein 16F [TMEM16F]<sup>10</sup>) can suppress PNI-induced pain hypersensitivity in both females and males. In other rodent models of chronic pain, it has demonstrated that there is no obvious sexual dimorphism in the analgesic effects of microglia targeted treatments.<sup>61</sup> On the other hand, sex difference in the contribution of spinal microglia to pain has also been shown.<sup>53</sup> It was found that although PNI produces microglial activation and pain behaviors to the same extent between the female and male in rodents, the suppressive effect of genetic or pharmacological inhibition of microglial P2X4Rs or its downstream molecules (BDNF and TrkB) in the PNI-induced pain hypersensitivity was observed only in male mice but not in female mice.<sup>121</sup> A similar sex difference has also been reported in rats.<sup>84</sup> The sexual dimorphism might be dependent on a failure of the PNI-induced upregulation of P2X4R expression in female microglia.84,121 A difference in chromatin accessibility may underlie the transcriptional difference of P2X4R. Interferon regulatory factor 5 and transcriptional factors, which drive microglial P2X4Rs,87 were increased to an equivalent degree in both female and male; however, IRF5 silencing prevented P2X4R upregulation only in male-derived microglial culture. Chromatin immunoprecipitation-quantitative polymerase chain reaction revealed that IRF5 binding affinities at the P2X4R region were increased by PNI only in males but not in females.<sup>84</sup> Instead of microglia, adaptive immune cells, such as T cells, function in females to induce pain hypersensitivity at a comparable level that in males.<sup>121</sup> However, in a model of herpetic pain, microglial P2X4Rs were found to be increased in female mice,93 suggesting that the sexual dimorphism seems to be dependent on pathological contexts.

### 7. Pain modulation by P2X4R on other cells

Beside microglia, P2X4R has been reported to be expressed by Schwann cells, peripheral macrophages, and DRG neurons which contribute to chronic pain induced by tissue inflammation. Global knockout of P2X4Rs attenuated pain behavior after intraplantar injection with complete Freund's adjuvant (CFA) is a well-established model of inflammatory pain.<sup>133,140</sup> It was also reported that CFA-induced neuronal plasticity within the SDH is a P2X4R-dependent manner.<sup>2</sup> Wide-dynamic-range (WDR) neurons located in deeper laminae of the SDH, which respond to both noxious and innocuous stimuli, are known to project into brain. Wide-dynamic-range neurons display a form of sensitization after repetitive inputs from primary afferents, referred as wind-up.<sup>115</sup> Complete Freund's adjuvant injection to wild-type mice decreased the threshold for C-fiber-evoked responses and enhanced wind-up amplitude in wide-dynamic-range neurons, which caused facilitated pain transmission. These alterations were absent in P2X4R-deficient mice, and CFA-induced pain was blunted in these mice, suggesting the role of P2X4R in inflammatory pain.<sup>2</sup>

In the context of inflammatory pain, P2X4Rs on peripheral macrophages also participate in the pathology.<sup>140</sup> Macrophages stimulated by ATP released prostaglandin E<sub>2</sub> (PGE<sub>2</sub>), a potent mediator of inflammation triggering pain hypersensitivity and enhancing neuronal excitability, through P2X4Rs and their downstream intracellular Ca<sup>2+</sup>- and p38MAPK-dependent mechanisms. P2X4Rs were expressed by macrophages in the inflamed hind paw, and an increase in PGE<sub>2</sub> contents in the hind paw was suppressed in mice lacking P2X4Rs. Thus, macrophage in inflammatory peripheral tissue may drive sensitization of nociceptors and subsequent pain hypersensitivity by releasing PGE<sub>2</sub>.<sup>140</sup> Macrophage P2X4R in the muscle was shown to be involved in activity-induced muscle pain.<sup>103</sup> In PNI models of neuropathic pain, a pharmacological ablation of peripheral macrophages, which accumulated in the DRG or the site of injured nerve, was found to attenuate pain development.<sup>26,119,155</sup> Thus, P2X4Rs in macrophages may have a role in PNI-induced pain hypersensitivity, but this remains to be determined.

On the other hand, P2X4Rs on Schwann cells play a beneficial role in remyelination of the sciatic nerve after crush injury. Overexpression of P2X4Rs in Schwann cells resulted in an enhanced recovery of injured nerves. In contrast, pharmacological blockade of P2X4Rs hampered the functional recovery.<sup>123</sup> Putting these reports together, P2X4Rs play various functions in a cell-type and context-dependent manner. Further characterization of the role of P2X4R in other cell types will be an important issue for clinical application of drugs targeting P2X4R.

#### 8. Discovery of drug for P2X4R and its signaling

Based on the basic studies described above, microglia and P2X4R have been getting attention as potential therapeutic targets of chronic pain.<sup>61</sup> Although there are so far no drugs selectively targeting microglia and their expressing molecules that have been approved for treating neuropathic pain, microglia-selective drug discovery research is in progress.

Several P2X4R antagonists have been developed and are used in basic research.<sup>1,158</sup> NP-1815-PX was shown to be a potent selective inhibitor of functioning of P2X4Rs in rodents and human and to attenuate pain hypersensitivity induced by PNI or herpes inoculation.<sup>93</sup> More recently, a new antagonist, BAY-1797, was also found to inhibit P2X4R.<sup>147</sup> This compound when given orally produced anti-inflammatory and antinociceptive effect in CFAinduced pain. Unfortunately, the development of BAY-1797 was stopped because of its non-negligible effect on CYP3A4 induction.<sup>147</sup>

In terms of the specificity and selectivity, antibody drugs which bind to target antigen are superior to conventional small molecule drugs. A series of various monoclonal antibodies to mouse and human P2X4R has also been developed.<sup>148</sup> Several antibodies inhibited the function of P2X4R channels, while the others potentiated it. Among them, IgG#151-LO inhibited ATP-induced responses through human P2X4Rs expressed on HEK293 cells, and a similar inhibition was observed in native P2X4Rs expressed in human monocytes. Intrathecal administration of IgG#191 that inhibited mouse P2X4Rs reduced pain hypersensitivity caused by PNI in mice. Moreover, systemic administration of IgG#191-Bbbt0626, a CNS-permeable antibody, produced dosedependent and long-lasting analgesia. However, the CNSimpermeable antibody IgG#191 did not produce any analgesic effects, suggesting that central, but not peripheral, P2X4Rs could be a primary target for its analgesic effect on neuropathic pain.<sup>148</sup>

As another strategy to discover drugs for chronic pain, much effort has been made to seek new effects of existing drugs. Antidepressants are frequently used to alleviate chronic pain<sup>43</sup> presumably through their inhibitory effects on serotonin and/or noradrenaline transporters, which potentiate endogenous descending pain inhibition. However, it was found that paroxetine and duloxetine have an inhibitory effect on P2X4R and that their analgesic effect on the PNI-induced pain hypersensitivity persisted even after serotonin and/or noradrenaline signaling was inhibited by its receptor antagonists or spinal depletion of these neurotransmitters.<sup>97,152</sup> Thus, it is possible that these antidepressants produce pain relieving effect, at least in part, through inhibiting microglial P2X4Rs.

More recently, a first-generation bisphosphonate clodronate was shown to have analgesic effects through a mechanism inhibiting VNUT,<sup>68</sup> which are responsible for ATP release required for activation of purinergic receptors such as P2X4R and neuropathic pain.<sup>88</sup> Clodronate reversed pain hypersensitivity in models of inflammatory and neuropathic pain. The analgesic effect was dependent on inhibition of VNUT because it was occluded in VNUT-deficient mice.<sup>68</sup>

Preclinical studies have shown that ablating microglia or inhibiting their activation attenuate pain hypersensitivity. For instance, minocycline was used to suppress activated microglia.<sup>109,154</sup> Although it can also affect other types of cells including neurons,<sup>83</sup> preemptive administrations of minocycline prevented neuropathic pain and microglial activation after perturbation.<sup>77,111</sup> Although some clinical studies reported that perioperative administration of minocycline does not improve pain resolution after surgery,<sup>34,85</sup> other smaller trials reported slight efficacy of minocycline.<sup>124,142</sup> However, further large-scale trials will be needed. Chronic treatments of CSF1R inhibitor, which specifically depletes microglia from the CNS,<sup>41</sup> can also alleviate tactile allodynia.<sup>78,126</sup> Because clinical trials to evaluate the efficacy of CSF1R inhibitors in cancer are currently underway, depleting activated microglia by such CSF1R inhibitors can be a new treatment for neuropathic pain in the future.

It is also particularly important to determine whether microglia are indeed activated in patients with neuropathic pain. A histological study using the postmortem spinal cord from a patient with long-standing complex regional pain syndrome reported an increased number of CD68-immunoreactive microglia in the posterior horn compared with healthy subjects.<sup>37</sup> Positron emission tomography (PET) imaging targeting 18-kD translocator protein (TSPO), which can be expressed by activated microglia, has been used as a technique to detect microglia in the CNS.<sup>62</sup> A study using rats with PNI clearly showed the availability of PET imaging with [<sup>11</sup>C] PK11195, a radiolabeled ligand to TSPO, to quantify glial activation in the spinal cord.<sup>59</sup> Accumulation of TSPO was observed in some brain regions of patients with limb denervation,<sup>7</sup> complex regional pain syndrome,<sup>63</sup> and chronic low back pain.<sup>81</sup> One limitation of PET imaging using TSPO is its low specificity to microglia.<sup>62</sup> However, a recent study showed that cortical microglia, but not astrocytes, were activated in the brain of patients with fibromyalgia by combining 2 PET tracers, [<sup>11</sup>C] PBR28 and [<sup>11</sup>C]-L-deprenyl-D2<sup>4</sup>: the former binds to TSPO, which is expressed on both of microglia and astrocytes, and the latter is considered to reflect astrocytic signals. [<sup>11</sup>C] PBR28 signal was elevated within some cortical regions in fibromyalgia patients compared with healthy control subjects, whereas no difference between the 2 groups was observed in [<sup>11</sup>C]-L-deprenyl-D2 signals. These studies suggest that microglia are activated in the CNS of patients with chronic pain.

Several new radiotracers targeting molecules expressed on microglia other than TSPO have been developed for the purpose of conquering the shortcomings of TSPO ligands.<sup>62,130,157</sup> There is an article reporting a radiolabeled P2X4R antagonist as a candidate PET tracer, but it did not show adequate selectivity and affinity to P2X4Rs.<sup>146</sup> More recently, [<sup>11</sup>C] CPPC, a radiolabeled ligand that specifically binds to CSF1R, was developed.<sup>57</sup> Further investigations using these tracers or development of new tracers are needed to characterize microglial activation in patients with neuropathic pain. Moreover, the improvement of PET imaging technique may allow us to use it as a new diagnostic tool.

### 9. Conclusion

In 2003, the critical role of P2X4R on microglia was identified as being necessary and sufficient for neuropathic pain. Since then, a large number of studies have revealed the mechanisms underlying P2X4R upregulation and the downstream pathway that leads the hyperexcitability of neurons in the pain transmission pathway.<sup>21,61</sup> Furthermore, the P2X4R-BDNF-TrkB-KCC2 pathway has been implicated in several pain models. Because pharmacological or genetical inhibition of these molecules and other microglial genes that are implicated to neuropathic pain result in attenuation of pain hypersensitivity without any major effects in normal nociception in animals, targeting microglia may be a promising strategy for refractory chronic pain. A role of P2X4Rs expressed by DRG neurons or peripheral macrophages in inflammatory pain extends its therapeutic application. On the other hand, microglial P2X4Rs also plays a beneficial role as antidepressants and remyelination associated with a late phase of ischemic stroke and multiple sclerosis, respectively.<sup>143,156</sup> A longer term analysis of neuropathic pain pathology and potential involvement of activated microglia in later phase is needed. Recent studies using a single-cell RNA sequencing technique have identified heterogenous subpopulations of microglia in the rodent and human brain.<sup>6,89,90</sup> A heterogeneity of activated microglia in the SDH and its transcriptome signature in PNI models and patients with neuropathic pain will help us to develop new therapeutics or diagnostic criteria for neuropathic pain.

### **Disclosures**

The authors have no conflicts of interest to declare.

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