

Inhibitory role of circRNA_100395 in the proliferation and metastasis of prostate cancer cells

Journal of International Medical Research 49(2) 1–13 © The Author(s) 2021 Article reuse guidelines: sagepub.com/journals-permissions DOI: 10.1177/0300060521992215 journals.sagepub.com/home/imr



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Abstract

Objective: Circular RNAs (circRNAs) are non-coding RNAs with high cancer-specific expression and the potential for regulating tumorigenesis. CircRNA_100395 is expressed at low levels in many cancers and is involved in the regulation of tumor cell proliferation and metastasis. However, its expression and function in prostate cancer remain unclear.

Methods: Endogenous expression levels of circRNA_100395 and microRNA-1228 (miR-1228) in prostate cancer tissue samples and cell lines were detected by quantitative reverse transcription-polymerase chain reaction. Cell proliferation, invasion, and migration, cell cycle distribution, and epithelial-mesenchymal transition (EMT) were analyzed in circRNA_100395-overexpressing prostate cancer cells by Cell Counting Kit-8, flow cytometry, Transwell assay, and western blotting, respectively.

Results: CircRNA_100395 expression was downregulated in cancerous prostate tissues relative to adjacent normal tissues. CircRNA_100395 expression was negatively correlated with tumor size, Gleason score, tumor stage, and lymph node metastasis. Moreover, circRNA_100395 over-expression inhibited cell proliferation, altered cell cycle distribution, reduced cell migration and invasion abilities, and suppressed EMT in prostate cancer cells. Moreover, miR-1228 was a direct downstream target of circRNA_100395, and the anti-tumor ability of circRNA_100395 was significantly reversed by miR-1228.

Conclusion: This study identified circRNA_100395 as an anti-tumor circRNA and a potential therapeutic target for prostate cancer.

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Keywords

CircularRNA_100395, microRNA-1228, epithelial–mesenchymal transition, metastasis, proliferation, prostate cancer

Date received: 11 October 2020; accepted: 11 January 2021

Introduction

Prostate cancer is one of the most common malignant tumors worldwide. Despite the development of traditional prostatectomy and androgen deprivation therapy, the median survival of prostate cancer patients is only 2 to 3 years,^{1,2} mainly as a result of uncontrolled proliferation and metastasis of prostate cancer cells.^{3,4} There is thus a crucial need to identify novel therapeutic targets to suppress cell proliferation and metastasis in prostate cancer.

Circular RNAs (circRNAs) are noncoding RNAs that contain specific circular structures with covalent bonds.⁵ Their circular structure prevents circRNAs from being easily eliminated by RNA exonucleases, thereby increasing their stability in the cytoplasm, and multiple studies have accordingly indicated that circRNAs are enriched in the cytoplasm of eukaryotic cells.^{6,7} Studies have also explored the functions of circRNAs, including the splicing and transcriptional regulation of specific RNAs and interactions with RNA-binding proteins.^{8,9} Moreover, emerging studies have revealed that circRNAs can act as microRNA (miRNA) sponges, interfere with the function of miRNAs, and promote tumor development.¹⁰ For example, Wang et al.¹¹ found that the circRNA ITCH inhibited prostate cancer progression by increasing HOXB13 expression via spongy miR-17-5p, and Ou et al.¹² reported that the circRNA AMOTL1 regulated cell growth in prostate cancer. Overall, these studies indicate that circRNAs play a crucial role in cell survival and may serve as novel therapeutic targets for cancer. CircRNA_100395 is located at chr1: 173726114–17374498.¹³ Emerging evidence has shown that circRNA_100395 is down-regulated in tumors, and its expression pattern was strongly associated with lymph node metastasis, tumor size, and overall survival in patients with lung,¹³ liver,¹⁴ and ovarian cancers.¹⁵ However, the relationship between circRNA_100395 and prostate cancer is still unclear.

In this study, we detected the expression of circRNA 100395 in prostate cancer tissues and analyzed its relationship with clinical features in patients with prostate cancer. We also examined the function of circRNA 100395 by inducing its expression in prostate cancer cells, and identified its impact on cell proliferation, metastasis, epithelial-mesenchymal and transition (EMT). In addition, we predicted miRNA (miR)-1228 as a potential downstream target of circRNA 100395, thus validating the molecular mechanism and biological function of circRNA 100395.

Materials and methods

Tissue samples

This research was conducted in accordance with the Declaration of Helsinki and approved by the Ethics Committee of Shenzhen Nanshan District Shekou People's Hospital. Signed informed consent was obtained from all patients or their family members before collecting their tissue samples. Prostate cancer and normal specimens were obtained from patients with prostate cancer who underwent surgical resection or biopsy at Shenzhen Nanshan District Shekou People's Hospital and Nanfang Hospital from 2012 to 2019. Cancerous prostate tissues were verified and distinguished from normal tissues by three experienced pathologists. After excision or biopsy, the tissues were quickly frozen and stored at -80° C.

Cell culture

The prostate cancer cell lines PC3, DU145, VCaP, 22RV1, C4-2, and LNCaP, and the normal prostate cell line, RWPE, were obtained from the American Type Culture Collection (Manassas, VA, USA). The cells were cultured in RPMI 1640 (TransGen Beijing, China) supplemented Biotech, with 10% fetal bovine serum (TransGen Biotech), in Dulbecco's modified Eagle's medium (DMEM, TransGen Biotech), or in keratinocyte serum-free medium containing 5 ng/mL epidermal growth factor and $25 \,\mathrm{mg/mL}$ bovine pituitary extract (K-SFM, Gibco, Waltham, MA, USA) in an incubator containing 5% CO₂ at 37°C.

RNA interference

PC3 and DU145 cells were transfected with circRNA_100395 cDNA plasmids (pcDNA3.1; developed by GenePharma, Suzhou, China) and miR-1228 mimic (OE-circRNA_100395) or the relative negative control sequence (miR-1228 NC) using Lipofectamine 3000 transfection reagent (Thermo Fisher, Waltham, MA, USA).

Quantitative reverse transcriptionpolymerase chain reaction (RT-qPCR)

RNA was isolated from frozen tissues and cell lines using TRIzol reagent (Takara, Dalian, China), according to the manufacturer's protocol. A total of 500 ng of RNA was then reverse-transcribed into cDNA using Prime Script RT Master Mix (Takara), and the cDNA was amplified with a SYBR-Green PCR kit (Roche, Basel, Switzerland). The expression levels of circRNA_100395 and miR-1228 were analyzed using the $2^{-\Delta\Delta Ct}$ method. The complete sequences of the primers are shown in Table 1.

Cell proliferation assay

CircRNA_100395-overexpressing PC3 and DU145 cells were seeded into 96-well plates. Diluted Cell Counting Kit-8 solution (CCK-8; Sigma-Aldrich, St Louis, MO, USA) was then added to each well after 1, 2, 3, and 4 days of incubation. Optical density values were then measured using a microplate reader (Bio-Rad, CA, USA) at 450 nm.

Flow cytometry

PC3 and DU145 cells were collected after trypsinization and stained using a propidium iodide cell cycle kit (TransGen) according to the manufacturer's

 Table 1. Sequences of oligomers and primers used in the present research

Name	Sequence (5'-3')
Circ_100395-forward	AGT GAT GTG GCC CCT ACA AG
Circ_100395-reverse	CCA CTG GAG ACC ACT GGT TG
miR-1228-forward	AGT GGG CGG GGG CAG G
miR-1228-reverse	AGT GCA GGG TCC GAG GTA TT
β -actin-forward	TCC GCA AAG ACC TGT ACG A
β -actin-reverse	GTA CTT GCG CTC AGG AGG AG

instructions. The cells were analyzed with a FACS Canto II flow cytometer (BD Biosciences, San Jose, CA, USA).

Transwell assays

The metastatic capacities of PC3 and DU145 cells were analyzed using Transwell chambers (0.8 µm; Corning, NY, USA) with or without Matrigel coating. Treated cells were seeded into the top chamber and 500 µL of RPMI 1640 containing 15% fetal bovine serum was added to the bottom chamber. After removing the non-invading and non-migrating cells with cotton-tipped swabs, the remaining cells were fixed and stained with 0.1% crystal violet. Invaded and migrated cells were imaged and counted using a microscope (Bio-Rad).

Western blotting

Proteins were isolated from PC3 and DU145 cells using radioimmunoprecipitation assay lysis buffer (Thermo Fisher) and quantified using a bicinchoninic acid protein assav kit (BioVision. San Francisco, CA, USA). Proteins were separated on 10% sodium dodecyl sulfatepolyacrylamide gels and transferred to polvvinvlidene fluoride (Thermo Fisher) membranes. The membranes were incubated in 5% milk followed by incubation with primary antibodies against EMT-related proteins overnight at 4°C, using an Epithelial-Mesenchymal Transition Antibody Sampler Kit (catalog no. 9782; CST, Danvers, MA, USA) at a dilution of 1:1000. The membranes were subsequently incubated with horseradish peroxidaseconjugated anti-rabbit or anti-mouse secondary antibody (BD Biosciences) diluted in 5% bovine serum albumin at 1:5000 and incubated at room temperature for 1 hour. Protein bands were evaluated using

SynGene systems with GeneSnap software (Syngene, Frederick, MD, USA).

Dual-luciferase reporter assay

The luciferase reporter vectors were constructed by Miaolingbio (Guangdong, China) and confirmed by sequencing. PC3 cells were incubated in 96-well plates and pmirGLO-circRNA transfected with 100395-wild-type (WT) or pmirGLOcircRNA 100395-mutant (MUT) plasmids and miR-1228 mimics or miR-1228 NC sequentially. Three replicates were set up for each sample. DNA and transfection reagents were prepared at a ratio of firefly:Renilla:transfection reagent of 0.1 µg: 0.01 µg: 0.25 µL. The final RNA concentration was 100 nM for miRNA and transfec- $(0.25 \,\mu\text{L/well}).$ tion reagent Relative luciferase activity was detected after 48 hours by dual-luciferase reporter assay (Promega, Madison, WI, USA) in WT and MUT cells, with a mutated circRNAbinding site. Renilla luciferase was used as a reference. The degree of activation of the target reporter gene was compared based on the ratio of firefly:Renilla luciferase.

Statistical analyses

All data are shown as mean \pm standard deviation. Data were analyzed using GraphPad Prism v7.0 (GraphPad Software Inc., La Jolla, CA, USA) and IBM SPSS Statistics for Windows, version 20.0 (IBM Corp., Armonk, NY, USA). All experiments were performed at least three times. P < 0.05 indicated a statistically significant difference.

Results

Patients

Prostate cancer and normal specimens were obtained from 73 patients with prostate cancer (Table 2)

Clinicopathological variable	n
Age	
\leq 65 years	32
>65 years	41
PSA	
Low (0–10 ng/mL)	12
High (>10 ng/mL)	61
Gleason score	
≤7	43
>7	30
Tumor size, cm	
\leq I cm	40
>I cm	33
Lymph-node metastasis	
Yes	34
No	39
Tumor stage	
TI+T2	43
T3+T4	30
Total	73

 Table 2 Clinicopathological variables of patients

 used for detection of circRNA100395 expression in

 prostate cancer

PSA, prostate-specific antigen.

Associations of clinicopathological features with circRNA _100395 expression

results indicated The qPCR that circRNA 100395 was significantly downregulated in all 73 prostate cancer samples (P < 0.001; Figure 1a). Lower expression of circRNA_100395 was significantly associated with a higher Gleason score (P < 0.001; Figure 1b), lymph node metastasis (P < 0.001; Figure 1c), and advanced tumor stage (P < 0.01;Figure 1d). CircRNA_100395 was reduced in prostate tumor tissues, and may thus be an inhibitory factor in cancer progression.

Effects of circRNA_100395 on cell proliferation and cell cycle distribution in prostate cancer

We investigated the biological role of circRNA_100395 in prostate cancer by

examining its expression levels in six prostate cancer cell lines (PC3, DU145, LNCaP, C4-2, 22RV1, and VCaP) and in the normal prostate cell line, RWPE. CircRNA 100395 expression levels were downregulated in all cells compared prostate cancer with RWPE cells, as demonstrated by RTqPCR (Figure 2a). PC3 and DU145 cells exhibited the lowest circRNA 100395 expression levels among the seven tested cell lines and were therefore selected for further cellular experiments. We established circRNA 100395-overexpressing PC3 and DU145 cells via plasmid transfection. CircRNA 100395 expression levels were significantly upregulated by approximately five- and four-fold in PC3 and DU145 cells (OE-circRNA 100395 groups), respectively, compared with non-treated cells (blank) (both P < 0.001), whereas no significant change was observed in the negative control (OE-Control), as determined by RT-qPCR (Figure 2b).

Because circRNA_100395 was closely related to tumor size and prostate cancer stage (Figure 1), we assumed that it may be involved in prostate cancer cell growth. CCK-8 assay revealed that overexpression of circRNA_100395 significantly suppressed the proliferation of PC3 and DU145 cells compared with control cells, based on optical density values (Figure 2c). Moreover, flow cytometric analysis showed that circRNA_100395 overexpression was associated with significantly more PC3 and DU145 cells arrested in the G2/M phase compared with the OE-control group (both P < 0.001; Figure 3a and 3b). These findings indicated that circRNA 100395 potentially exerted anti-growth effects in prostate cancer cell lines.

Effect of circRNA_100395 on metastatic capacity of prostate cancer cells

Evaluation of the correlations between circRNA_100395 expression and



Figure 1. Expression of circRNA_100395 in prostate cancer and correlations with clinicopathological parameters. (a) CircRNA_100395 was significantly downregulated in prostate tumor tissues relative to adjacent normal tissues, detected by quantitative reverse transcription-polymerase chain reaction (n = 73). Relative circRNA_100395 expression was lower in patients with (b) higher Gleason score and (c) lymph-node metastasis. (d) Relative circRNA_100395 expression was lower in patients with advanced tumor stage. **P < 0.01, ***P < 0.001.

clinicopathological parameters in patients revealed that circRNA_100395 was significantly associated with lymph node metastatherefore sis. We presumed that circRNA 100395 could influence prostate cancer cell metastasis, as a major aspect of tumor progression. CircRNA 100395 overexpression significantly inhibited the migration and invasion abilities of PC3 and DU145 cells in Transwell assays (all P < 0.001; Figure 4a and 4b). These results indicated that circRNA 100395 inhibited prostate cancer cell metastasis.

Effect of circRNA_100395 on EMT progression in prostate cancer

We clarified the mechanism by which circRNA_100395 suppressed prostate cancer cell proliferation and metastasis by detecting EMT-related proteins via western blotting. The epithelial marker protein, E-cadherin, was significantly upregulated in PC3 and DU145 cells overexpressing circRNA_100395, whereas the mesenchymal markers, N-cadherin, vimentin, and Slug, were downregulated (all P < 0.001;

Figure 5a and 5b). These results suggest that circRNA_100395 might suppress prostate cancer cell metastasis and proliferation by regulating EMT.

Role of miR-1228 as a potential regulatory target of circRNA_100395 in prostate cancer

Using the StarBase bioinformatics tool, we identified miR-1228 as a potential downcircRNA 100395 stream effector of (Figure 6a). OE-circRNA 100395 PC3 cells showed a 60% decrease in miR-1228 expression compared with the control group (P < 0.001; Figure 6b). We further explored the regulatory relationship between miR-1228 and circRNA 100395 by luciferase reporter assay. Luciferase activity was significantly decreased in WT cells cultured with miR-1228 mimics, but not in cells with a mutated circRNAbinding site (P < 0.001; Figure 6c). These results suggested that circRNA_100395 may bind directly to and inhibit miR-1228 expression.



Figure 2. Overexpression of circRNA_100395 inhibited proliferation of prostate cancer cells. (a) Expression levels of circRNA_100395 in six prostate cancer cell lines (PC3, DU145, LNCaP, C4-2, 22RV1, and VCaP), and the immortalized epithelial cell line (RWPE), detected by quantitative reverse transcription-polymerase chain reaction. (b) Successful construction of circRNA_100395-overexpressing prostate cancer cell lines (OE-CircRNA_100395 PC3 and DU145 cells). (c) Cell proliferation determined by CCK-8 assays in PC3 and DU145 cells after upregulation of circRNA_100395. *P < 0.05, **P < 0.01, ***P < 0.001. OD, optical density

We further explored the relationship between miR-1228 and circRNA 100395 by assessing the expression of miR-1228 in OE-circRNA 100395 PC3 cells (Figure 6d). Cell growth was significantly enhanced after transfection with miR-1228 mimic (P < 0.001; Figure 6e). In addition, cell migration and invasion were significantly inhibited by upregulating miR-1228 according to Transwell assays (both P < 0.001; Figure 7a). Western blot analysis also showed that miR-1228 significantly downregulated the epithelial marker, E-cadherin, and upregulated the mesenchymal markers, N-cadherin, vimentin, and Slug (all P < 0.001; Figure 7b). Overall, these results suggested that miR-1228 was a potential downstream gene of circRNA_100395 in prostate cancer, and that the anti-tumor effect of circRNA_100395 could be reversed by increasing the expression of miR-1228.

Discussion

This study identified the tumor-suppressing role of circRNA_100395 in prostate cancer and clarified its underlying mechanism. We demonstrated that expression levels of circRNA_100395 were lower in prostate cancer tissues compared with adjacent



Figure 3. Overexpression of circRNA_100395 regulated cycle distribution in prostate cancer cells. Flow cytometry images (left) and static cell cycle distribution (right) in (a) PC3 cells and (b) DU145 cells after upregulation of circRNA_100395. ***P < 0.001. PI, propidium iodide.

normal tissues. We also showed that low circRNA 100395 expression was correlated with Gleason score, lymph node metastasis, and tumor stage. Emerging evidence shows that circRNAs are tightly associated with the occurrence of malignant tumors, and their dysfunction could inhibit tumor growth and metastasis.^{16,17} For example, al.¹⁸ discovered Huang et that circRNA 100876 was dysregulated in esophageal squamous cell carcinoma, and that its expression was closely linked to clinical progression, suggesting that it could be a promising prognostic biomarker. These studies, together with the current results, suggest that circRNA_100395 may be a potential therapeutic biomarker and target in prostate cancer.

Tumor cell proliferation, migration, and invasion are hallmarks of tumor development.^{19,20} Given that circRNA_100395 expression was significantly correlated

with tumor size, tumor stage, and lymph node metastasis, we hypothesized that it might be involved in the regulation of prostate cancer cell proliferation and metastasis. We therefore elucidated its function by examining the changes in cell proliferation and metastasis in prostate cancer cells overexpressing circRNA 100395. CCK-8 and cytometric analyses consistently flow revealed that circRNA 100395 overexpression inhibited prostate cancer cell proliferation and altered the cell cycle distribution. Moreover, Transwell assays revealed that OE-circRNA 100395 inhibited metastasis in prostate cancer cells. Numerous previous studies found that circRNAs specifically participated in the regulation of tumor cell development. For example, Kong et al.²¹ reported that circFOXO3 enhanced prostate cancer cell growth, while Kong et al.22 found that circRNA_0001206 suppressed prostate cancer cell proliferation



Figure 4. Overexpression of circRNA_100395 suppressed migration and invasion of prostate cancer cells. Migration and invasion images (upper) and number of Transwell cells (lower) for (a) PC3 and (b) DU145 cells after upregulation of circRNA_100395. ***P < 0.001

and metastasis. The findings of these *in vitro* studies, coupled with the clinical significance of circRNA_100395, indicated that circRNA_100395 inhibited prostate cancer growth and distant metastasis, resulting in favorable outcomes.

EMT is a crucial biological process during cell survival. The pathological features of EMT include loss of cell-to-cell adhesion and cell polarity by epithelioid cells, which then transform into mesenchymal cells with increased proliferative, migratory, and invasive capacities.^{23,24} In our study, western blot analysis revealed that overexpression of circRNA_100395 increased the expression of the epithelial marker, E-cadherin, and suppressed the mesenchymal proteins, N-cadherin, vimentin, and Slug, in PC3 and DU145 cells. Emerging studies have indicated that cell growth and metastasis are affected by EMT. For example, Shao et al.²⁵ found that NLRP3 promoted colorectal cancer cell proliferation and metastasis by regulating EMT, while Chen et al.¹⁴ showed that circRNA_100395 suppressed liver cancer cell proliferation and metastasis by regulating EMT. Collectively, these studies suggest that the mechanism underlying the antiproliferation and anti-metastatic effects of



Figure 5. Overexpression of circRNA_100395 regulated epithelial-mesenchymal transition in prostate cancer cells. Expression levels of E-cadherin, N-cadherin, vimentin and Slug proteins (upper) and static gray values (lower) in (a) PC3 cells and (b) DU145 cells after upregulation of circRNA_100395. ***P < 0.001. GAPDH, glyceraldehyde 3-phosphate dehydrogenase

circRNA_100395 could be related to EMT dysfunction.

Accumulating studies have also indicated that circRNAs can interfere with the expression of miRNAs by functioning as miRNA sponges. CircRNA could collect target miRNA and reduce the intracellular level of target miRNA. thereby regulating cell proliferation through the cavernous mechanism. Zhang et al.²⁶ reported that circRNA_SMAD2 impaired tumor metastasis and EMT by sponging miR-629. The inhibitory role of circRNA_100395 may also depend on unknown miRNAs. In the present study, miR-1228 was predicted as a potential downstream gene of circRNA_100395 using bioinformatics software (Starbase 2.0). Direct binding between circRNA_100395 and miR-1228 was confirmed by dual-luciferase reporter assay, and miR-1228 was found to be downregulated in OE-circRNA_100395 prostate cancer cells. Many studies have confirmed that miR-1228 acts as a tumor inducer, and its overexpression could promote tumor proliferation and metastasis in lung, ovarian, and liver cancers.^{13–15} Based on the critical regulatory role of miR-1228 in cancer cells, we carried out RT-qPCR, which showed that its expression was increased



Figure 6. MiR-1228 reversed anti-proliferation effect of circRNA_100395 in prostate cancer cells. (a) Predicted binding region between circRNA_100395 and miR-1228A. (b) Effect of circRNA_100395 overexpression on miR-1228 expression in PC3 cells. (c) Relative luciferase activity of 293 PC3 cells after cotransfection with pmirGLO-circRNA_100395-WT or pmirGLO-circRNA_100395-MUT, plus miR-1228 or NC mimic. (d) Expression of miR-1228 in OE-circRNA_100395 PC3 cells transfected with miR-1228 NC or miR-1228 mimic. (e) CCK-8 assays of OE-circRNA_100395 PC3 cells transfected with miR-1228 NC or miR-1228 mimic. MUT, mutant; NC, negative control

in prostate cancer cell lines. We also found that miR-1228 reduced the inhibitory effect of circRNA_100395 on cell growth in circRNA_100395-overexpressing PC3 cells, and enhanced cell migration, invasion, and EMT progression.

The major limitation of the current study was the need to clarify the mechanism by which miR-1228 regulates the EMT process. CircRNAs and miRNAs are all epigenetic regulators that directly affect downstream target gene expression. However, we only considered the cell function and detected the protein levels of EMT-related proteins. We were therefore unable to identify the direct target of circ-100395 and miR-1228. Further studies using high-throughput methods, such as RNA-seq, are planned to further explore the molecular mechanisms of circ-100395 and miR-1228.

The current results consistently indicated that circRNA_100395 plays a significant role in the control of prostate cancer cell proliferation, metastasis, and EMT by regulating miR-1228. However, further studies are needed to address the functional relationship between circRNA_100395 and miR-1228 in greater detail.



Figure 7. MiR-1228 reversed anti-metastasis and epithelial-mesenchymal transition-regulation effect of circRNA_100395 in prostate cancer cells (crystal violet 1%)(a) Cell migration and invasion assays of OE-circRNA_100395 PC3 cells transfected with miR-1228 NC or miR-1228 mimic (left), and static number of Transwell cells (right). Magnification $\times 40$. (b) Expression of the E-cadherin, N-cadherin, vimentin, and Slug proteins (left) and static gray values (right) in OE-circRNA_100395 PC3 cells transfected with miR-1228 NC or miR-1228 mimic. ***P < 0.001. GAPDH, glyceraldehyde 3-phosphate dehydrogenase; NC, negative control

Declaration of conflicting interest

The authors declare that there is no conflict of interest.

Funding

This research received no specific grant from any funding agency in the public, commercial, or not-for-profit sectors.

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