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Explainable machine learning using perioperative serial laboratory results to predict postoperative mortality in patients with peritonitis-induced sepsis

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Purpose: Sepsis is one of the most common causes of death after surgery. Several conventional scoring systems have been developed to predict the outcome of sepsis; however, their predictive power is insufficient. The present study applies explainable machine-learning algorithms to improve the accuracy of predicting postoperative mortality in patients with sepsis caused by peritonitis.

Methods: We performed a retrospective analysis of data from demographic, clinical, and laboratory analyses, including the delta neutrophil index (DNI), WBC and neutrophil counts, and CRP level. Laboratory data were measured before surgery, 12–36 hours after surgery, and 60–84 hours after surgery. The primary study output was the probability of mortality. The areas under the receiver operating characteristic curves (AUCs) of several machine-learning algorithms using the Sequential Organ Failure Assessment (SOFA) and Simplified Acute Physiology Score (SAPS) 3 models were compared. 'SHapley Additive exPlanations' values were used to indicate the direction of the relationship between a variable and mortality.

Results: The CatBoost model yielded the highest AUC (0.933) for mortality compared to SAPS3 and SOFA (0.860 and 0.867, respectively). Increased DNI on day 3, septic shock, use of norepinephrine therapy, and increased international normalized ratio on day 3 had the greatest impact on the model's prediction of mortality.

Conclusion: Machine-learning algorithms increase the accuracy of predicting postoperative mortality in patients with sepsis caused by peritonitis.

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Key Words: Delta neutrophil index, Machine learning, Peritonitis, Postoperative mortality, Sepsis

INTRODUCTION

Sepsis is one of the most common causes of death in postoperative patients. Despite recent developments in antibiotic treatment and general critical care practices, rates of mortality due to severe sepsis and septic shock are still

increasing worldwide [1-3]. In particular, surgical site infections complicate recovery following surgery and increase hospital stay and medical care costs. Some studies have reported that the rate of death from sepsis is between 20% and 30%, and early recognition and risk stratification are needed to improve outcomes for patients with sepsis [4,5].

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Many investigators have tried to identify reliable biomarkers for diagnosis and management of sepsis. CRP and procalcitonin levels are the most frequently used diagnostic and prognostic markers, but their ability is limited [6]. Despite numerous investigations, no single biological marker has been shown to reliably identify patients at risk of developing severe sepsis or septic shock [7,8]. In addition to biomarkers, several clinical scores, including the Acute Physiology and Chronic Health Evaluation (APACHE) score, the Sequential Organ Failure Assessment (SOFA) score, and the Simplified Acute Physiology Score (SAPS), reflect disease severity and predict sepsis outcomes.

Machine learning has been used in various clinical fields in efforts ranging from diagnosis to prediction [9-11]. Because of the success of machine learning in other clinical applications, this study sought to explore whether machinelearning algorithms can also predict mortality in patients with sepsis caused by peritonitis. In addition, explainable artificial intelligence (AI) has recently been introduced to explain the specific decisions made by AI models [12-15]. Explainable AI can help assess the interpretability and explainability of risk predictors for mortality in patients with sepsis caused by peritonitis. This study compares the performance of several machine-learning models with those of conventional SAPS3 and SOFA scores.

METHODS

This study was approved by the Institutional Review Board of the Kangdong Sacred Heart Hospital (No. 2022-03-009). It was performed in accordance with the Declaration of Helsinki and written informed consent was waived due to its retrospective nature.

Patients

We retrospectively reviewed the medical records of patients who underwent surgery for septic peritonitis at the Kangdong Sacred Heart Hospital from July 2011 to December 2021, a 600 bed teaching hospital in Seoul (Fig. 1).

Sepsis is defined as a case in which microbial etiology was proved or suspected in addition to systemic inflammatory response syndrome (SIRS). SIRS is defined by the satisfaction of any 2 of the following components: (a) body temperature of >38 °C or <36 °C; (b) leukocytosis (>10,000/ μ L), leukopenia \langle <4,000/ μ L) or >10% band formation; (c) heart rate of >90 beats/min; and (d) respiratory rate of >24 breaths/min. Septic shock refers to a case in which the arterial blood pressure is continuously <90 mmHg, the mean arterial pressure is <60 mmHg, or a decline in systolic pressure >40 mmHg from baseline occurs without other causes such as hypotension or inadequate fluid resuscitation [16]. Patients aged <18 years; who were pregnant; who had hematologic abnormalities; who had received granulocyte colony-stimulating factors, glucocorticoids, or other immunosuppressants; and who died within 72 hours after surgery were excluded.

Data collection

Clinical characteristics of interest were age, sex, diagnosis, operation time, transfusion, blood culture results, presence of septic shock, and hospital mortality. Postoperative mortality was limited to cases of death within 30 days of surgery due to sepsis only. Patients who required reoperation, mechanical ventilation, or renal replacement therapy were documented as well. The SAPS [17] and SOFA scores [18] were calculated to measure the severity of the patient's condition. The American Society of Anesthesiologists (ASA) physical status classification [19] was referenced from the anesthesia record chart.

Fig. 1. Patient flowchart. GCSF, granulocyte colony-stimulating factor.

Blood sample measurement

The delta neutrophil index (DNI), WBC and neutrophil counts, and CRP level were measured <12 hours prior to surgery (day 0), 12–36 hours after surgery (day 1), and 60–84 hours after surgery (day 3). DNI measurement is part of the routine complete blood count tests performed at our institution. DNI calculations were performed by an automatic cell analyzer (ADVIA 2120 Hematology System; Siemens Healthcare Diagnostic). DNI values were calculated by subtracting the fraction of polymorphonuclear neutrophils from the number of myeloperoxidase-reactive cells.

Statistical analysis

For statistical analyses, IBM SPSS Statistics ver. 28.0 (IBM Corp.) was used. The categorical variables are shown as absolute and relative frequencies, and continuous variables are shown as mean \pm standard deviation values. The chi-square tests were used to compare categorical values, and the independent t-test was used to compare continuous variables between groups. A significant difference was defined as $P < 0.05$.

Values are expressed as the or number of patients (percentage).

Values are presented as number $\frac{9}{6}$, mean (interquartile range), or mean \pm standard deviation.

ASA, American Society of Anesthesiologists; PS, physical status; SAPS, Simplified Acute Physiology Score; SOFA, Sequential Organ Failure Assessment; DNI, delta neutrophil index.

Machine learning model generation and comparison

Python 3.9.7 (Jupyter Notebook) was used for data handling and machine-learning analysis. The dataset was randomly divided into training (80%) and testing (20%) datasets. Models included in the PyCaret version 3.0 library, such as logistic regression (LR), extreme gradient boost (XGB), gradient boosting classifier, and CatBoost, were used in this study [20]. We performed 10-fold cross-validation on the training set for all models. Through the PyCaret library, machine-learning algorithms were applied to determine the significant models and to fine tune the model hyperparameters.

After the proper models were fitted, their predictive performances were compared using the testing set based on the accuracy, precision, F1 score, and area under the receiver operating characteristic curve (AUC). To calculate the metrics of SAPS3 and SOFA scores, including the accuracy, precision, F1 score, and AUC, we used Youden J statistic and found the

Table 2. Model performances for mortality prediction in the test set

Variable	AUC.	Accuracy F1 score	
CatBoost classifier	0.933	0.888	0.748
Logistic regression	0.931	0.876	0.727
Extreme gradient boost	0.931	0.880	0.739
Gradient boosting classifier	0.919	0.888	0.761
Light gradient boosting machine	0.886	0.872	0.724
Random forest classifier	0.869	0.855	0.643
SAPS ₃	0.860	0.802	0.652
SOFA scores	0.867	0.773	0.626

AUC, area under the receiver operating characteristic curve; SAPS, Simplified Acute Physiology Score; SOFA, Sequential Organ Failure Assessment.

Fig. 2. Receiver operating characteristic curves of the CatBoost classifier, logistic regression (LR), extreme gradient boost (XGB), and gradient boosting classifier (GBC).

optimal thresholds to be 72 and 8, respectively. Interpretation of the prediction model was performed using the SHapley Additive exPlanations (SHAP), a unified approach adopted to precisely calculate the contribution and influence of each feature on the final predictions. The SHAP values show the contribution of each predictor, either positively or negatively, to the target variable. In addition, each observation in the dataset can be interpreted using the set of SHAP values [21].

RESULTS

Baseline clinical characteristics

Table 1 shows the baseline clinical characteristics of the study participants at enrollment. In all, 242 patients were enrolled in this study, including 183 survivors (75.6%) and 59 non-survivors (24.4%). Septic shock, norepinephrine use, reoperation, renal replacement, mechanical ventilator therapy, higher ASA classifications, and higher SAPS3 and SOFA scores were more common among non-survivors than survivors.

The most common cause of reoperation was wound dehiscence, followed by anastomosis leakage, bile leakage, bleeding, intestinal obstruction, and small bowel ischemia.

Mortality prediction model building and evaluation

The AUC values, accuracy, and F1 scores obtained from the test set are listed in Table 2. The AUC value of the CatBoost classifier was 0.933, which was the highest among all the AUCs of machine-learning models (Fig. 2). LR and XGB achieved the next highest AUC values, both being 0.931. Finally, the AUC values of the SOFA scores and SAPS3 for prediction of intensive care unit (ICU) mortality were 0.860 and 0.867, respectively. Overall, the SOFA scores and SAPS3 achieved lower AUC values, accuracies, and F1 scores than the machine-learning models (Fig. 3).

Fig. 3. Receiver operating characteristic curves of the Simplified Acute Physiology Score (SAPS) 3, Sequential Organ Failure Assessment (SOFA) scores, and CatBoost classifier.

Explanation of CatBoost model with SHAP values

The SHAP algorithm was used to determine the significance of each predictor variable to the outcome predicted by the CatBoost model. The SHAP values represent the contribution of a single feature to the prediction of mortality. The variable importance plot lists the most significant variables in descending order (Fig. 4A). The DNI on day 3 had the strongest predictive value for all prediction horizons, followed closely by septic shock and norepinephrine use. For detection of risk factors for mortality, the positive and negative relationships of SHAP values. As presented in Fig. 4B, the SHAP values of all features for all samples were plotted. The horizontal location of features shows whether the effect of a value is associated with a stronger or weaker prediction, and the color shows whether that variable is high (red) or low (blue).

SHAP individual force plots

Fig. 5 shows the individual force plots of a survivor and a non-survivor. The force plot is another way to see the effect of each feature on the prediction for individual patients. In the plot, positive and negative SHAP values are displayed on the left and right sides, respectively. The left (red) side shows the components that increase mortality risk, while the right (blue) side shows those that decrease the mortality risk. The bold numbers are the probabilistic predicted values $(f(x))$. The $f(x)$ of the survivors was −4.5 and that of the non-survivors was 2.6.

Fig. 5. SHapley Additive exPlanations force plot for 2 selected patients.

The length of the arrow of each feature indicates the degree of contribution. DNI on day 3, septic shock, and norepinephrine use demonstrated a high impact on survivability among both survivors and non-survivors.

DISCUSSION

Sepsis is the leading cause of death in critically ill patients, and its prevalence is increasing globally each year. To improve the treatment outcome of sepsis, early detection and treatment are essential. Biomarkers such as CRP level, procalcitonin concentration, and various cytokines are elevated in sepsis patients and could be useful as prognostic and diagnostic markers during sepsis treatment. Several scoring systems employing clinical and laboratory variables have been developed to predict the outcomes of critically ill patients, including the SAPS3 and SOFA scores. Siwei et al. [22] used the SOFA score and SAPS3 scores to extract mortality predictions after cardiac surgery, with AUC values of 0.809 and 0.850, respectively. Likewise, in a study by Basile-Filho et al. [23] and Pawar et al. [24], the AUC values for the SOFA scores and SAPS3 for postoperative mortality prediction were 0.791 and 0.840, respectively. In several other studies, the classic scoring system showed a similar or lower prediction performance [9,25,26]. For this reason, there is a need to find suitable and specialized prediction modalities for sepsis.

The prediction of mortality using machine learning has become a new field of research. Pirracchio et al. [27] used a composite machine learning-based mortality prediction approach called the Super ICU Learner Algorithm. In this study, the AUC for hospital mortality prediction was 0.88 according to Super Learner compared to 0.71 and 0.78 for SOFA scores and SAPS-II, respectively. With machine learning, Kong et al. [13] predicted in-hospital mortality for sepsis patients in the ICU (AUC, 0.829), and Fransvea et al. [28] predicted mortality for emergency surgery in the elderly (accuracy, 94.9%). Thus, machine-learning algorithms have been applied to predict mortality in sepsis patients, but studies have not focused on their use for patients with sepsis caused by peritonitis.

The present study showed that machine learning can improve the prediction of postoperative mortality in patients with sepsis caused by peritonitis. The AUC of the CatBoost classifier model, the optimal model in this study, was 0.933, which was superior to that of the current clinical scoring system.

The advantage of this study is that explainable machine learning was used to establish a prediction model. Even though machine learning is being used more often in the medical field, black-box issues remain a major concern for physicians when making high-stakes decisions [29]. Lately, explainable AI based on domain knowledge and post-hoc analyses has been actively applied to interpret machine-learning models; this could lead to

the resolution of black-box issues [12,15]. In this study, the SHAP algorithm was used to interpret the model at the feature level. This leads to a further advantage in that we analyzed several features before and after surgery. The results showed that DNI, INR, CRP, and neutrophil count on day 3 had a greater influence on mortality prediction than did preoperative results.

The WBC and neutrophil percentage can fluctuate in both directions, either increasing or decreasing during sepsis. These bidirectional changes in baseline data can make it challenging to interpret the results accurately. Time series analysis studies on DNI and CRP are quite rare, but in the research conducted by Park et al. [30], they found that the peak time for CRP was 36–50 hours and for DNI was 24 hours. The prompt response of DNI could potentially result in a more accurate depiction of post-surgical sepsis recovery.

These data demonstrate the application of a real dataset and explainable machine-learning approach to establish a physicianunderstandable postoperative mortality prediction model for patients with sepsis caused by peritonitis.

Our study has several limitations. Since this was a retrospective review of medical records rather than a prospectively designed study, it could only compare WBC count and CRP level, which are measured routinely at the hospital, unlike biological markers such as procalcitonin, lactic acid, and disseminated intravascular coagulation scores. Due to the small sample size in this study, additional studies enrolling larger numbers of patients are required to confirm the best choice of machinelearning model for predicting prognosis after peritonitis surgery and to establish guidelines for sepsis in surgical patients.

Our study found that machine-learning models predict postoperative mortality of patients with sepsis caused by peritonitis better than conventional scoring systems, such as SAPS and SOFA scores. This study indicated that machinelearning algorithms are suitable for clinical use in mortality prediction.

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Conflict of Interest

No potential conflict of interest relevant to this article was reported.

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Conceptualization: JHP

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