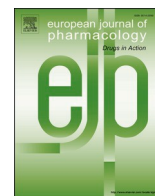




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## Efficacy and safety of dihydroorotate dehydrogenase (DHODH) inhibitors “leflunomide” and “teriflunomide” in Covid-19: A narrative review

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### ABSTRACT

Dihydroorotate dehydrogenase (DHODH) is rate-limiting enzyme in biosynthesis of pyrimidone which catalyzes the oxidation of dihydro-orotate to orotate. Orotate is utilized in the biosynthesis of uridine-monophosphate. DHODH inhibitors have shown promise as antiviral agent against Cytomegalovirus, Ebola, Influenza, Epstein Barr and Picornavirus. Anti-SARS-CoV-2 action of DHODH inhibitors are also coming up. In this review, we have reviewed the safety and efficacy of approved DHODH inhibitors (leflunomide and teriflunomide) against COVID-19. In target-centered *in silico* studies, leflunomide showed favorable binding to active site of MPro and spike: ACE2 interface. In artificial-intelligence/machine-learning based studies, leflunomide was among the top 50 ligands targeting spike: ACE2 interaction. Leflunomide is also found to interact with differentially regulated pathways [identified by KEGG (Kyoto Encyclopedia of Genes and Genomes) and reactome pathway analysis of host transcriptome data] in cogen based drug-repurposing studies. Based on GSEA (gene set enrichment analysis), *leflunomide was found to target pathways enriched in COVID-19*. *In vitro*, both leflunomide (EC<sub>50</sub> 41.49 ± 8.8 μmol/L) and teriflunomide (EC<sub>50</sub> 26 μmol/L) showed SARS-CoV-2 inhibition. In clinical studies, leflunomide showed significant benefit in terms of decreasing the duration of viral shedding, duration of hospital stay and severity of infection. However, no advantage was seen while combining leflunomide and IFN alpha-2a among patients with prolonged post symptomatic viral shedding. Common adverse effects of leflunomide were hyperlipidemia, leucopenia, neutropenia and liver-function alteration. Leflunomide/teriflunomide may serve as an agent of importance to achieve faster virological clearance in COVID-19, however, findings needs to be validated in bigger sized placebo controlled studies.

### 1. Introduction

COVID-19 pandemic has become a major cause of mortality and morbidity at this current point of time across the world (Prajapat et al., 2020a; Vm et al., 2020). The coronavirus invades the host via binding of S1-domain of the spike protein of SARS-CoV-2 with the host receptor angiotensin Converting enzyme-2 (ACE-2) leading to conformational changes in spike protein (S1 and S2 domains) (Prajapat et al., 2020b, p. 2), which leads to exposure of “fusion peptide” of S2 domain and subsequent fusion of the virus and host cell membranes, thereby leading to release of viral RNA genome into the host (Prajapat et al., 2020a;

Shekhar et al., 2020). Host-cell machinery is then utilized for the synthesis of polyproteins which further releases structural (S, M, E proteins) and nonstructural proteins (NSP 1–16) after processing by proteases. NSPs participates further in the replicase transcriptase complex formation and viral RNA replication. All these processes in coherence leads to generation of new viral progenies, which are released into extracellular environment by exocytosis (Prajapat et al., 2020a). The associated cytokine storm, sequestration of inflammatory cells in lung tissue, host cell apoptosis and resultant loss of type I and II pneumocytes all takes part in the pathogenesis of COVID-19 and results in clinical manifestations like respiratory distress, sepsis, coagulopathy, organ injury and

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other complications (Parasher, 2020).

Various virus and host directed therapeutic measures are being tried e.g. favipiravir (Prajapat et al., 2020b, p. 2; Vm et al., 2020), tocilizumab (Gupta et al., 2021, p. 19), ivermectin (Harpinder Kaur et al., 2021) etc. The questionable efficacy of hydroxychloroquine (Sarma et al., n.d.) and Lopinavir/Ritonavir is under scanner now (Bhattacharyya et al., 2020). Among all, steroid therapy is showing some promise especially among severe and critical patients (Sarma et al., 2020a). Role of povidone iodine is also coming up as a prophylactic agent (Khan et al., 2020; Sarma et al., 2020b, 2020c, p. 2). Other agents under evaluation are remdesivir (Rezagholidzadeh et al., 2021) folic acid (Bhattacharyya et al., 2021, p. 19; Hardeep Kaur et al., 2021) etc. Various vaccine candidates are also under clinical trials for the same. However, we are far behind from finding a potent and clinically effective anti-COVID-19 medication with low toxicity profile and this is the need of the day.

Apart from various therapies being explored for their possible-role in therapeutics against COVID-19, the role of dihydroorotate dehydrogenase (DHODH) inhibitors are coming up gradually. DHODH is an important rate limiting enzyme in the “pyrimidine biosynthesis” pathway and thus play a vital role in viral replication. Here, in this review we narrate the mechanism of antiviral action of DHODH inhibitors and the evidence of safety and efficacy of two FDA approved DHOH inhibitors: leflunomide and its active metabolite teriflunomide for their possible role in the treatment and management of COVID-19.

### 1.1. Pyrimidine biosynthesis and the role of dihydroorotate dehydrogenase (DHODH)

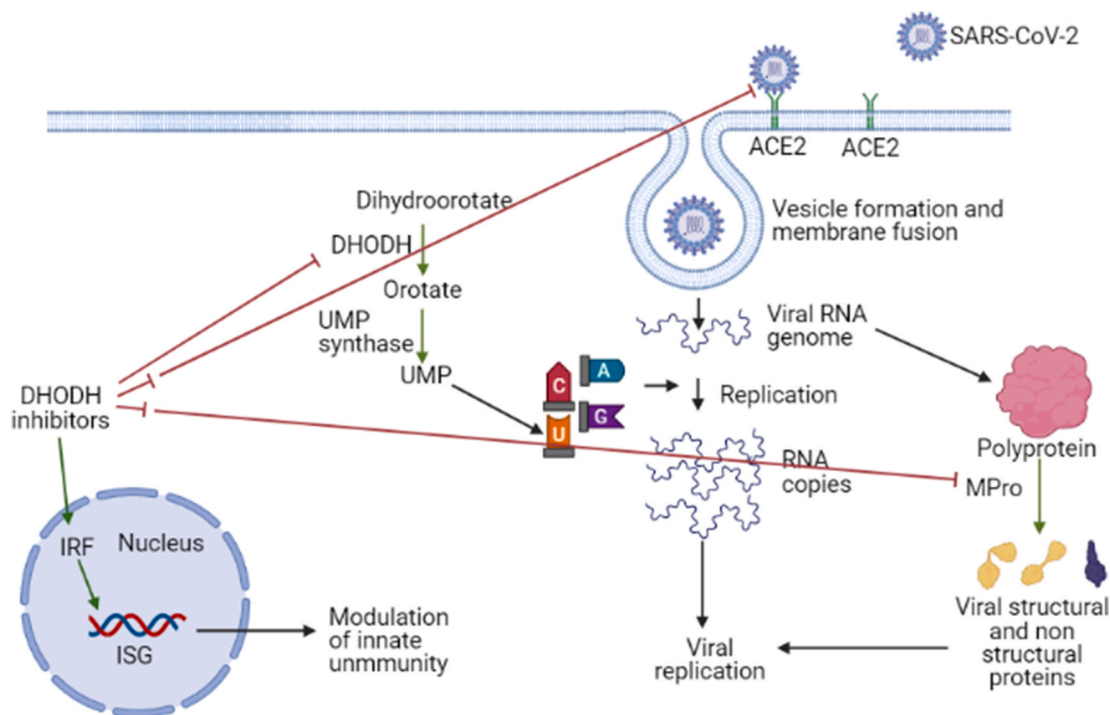
The viral replication inside host cells is reliant upon the “pyrimidine synthesis” bio-mechanics of the host. Pyrimidine building blocks are the structural basis of many physiologically important biomolecules e.g. RNA, DNA, glycoproteins and phospholipids and these important

biomolecules are critically important for cell survival and proliferation (Xu and Jiang, 2020). In the pyrimidine biosynthesis process, dihydroorotate dehydrogenase (DHODH) is a rate-limiting enzyme (Mei-jiao et al., 2019) and catalyzes the oxidation of dihydro-orotate, which results in formation of orotate (Xu and Jiang, 2020), which is utilized in the bio-synthesis of uridine-monophosphate (UMP) by the enzyme uridine-monophosphate synthase subsequently (Mei-jiao et al., 2019). The same is represented in Fig. 1.

### 1.2. DHODH inhibitors and innate immunity

Interferons play a major role in the innate immunity system. Interferon inducible genes are mediators of antiviral effect of IFNs. Interferon regulatory factor-1 (IRF-1) and IRF-2 are major regulators of interferon genes (Harada et al., 1994). IRF-1 acts as a transcription repressor or activator on a number of genes by binding to specific response element in their promoters. IRFs are also essential for adaptive immunity through their role in elicitation of innate pattern recognition receptors (Yanai et al., 2012) and thus takes important part in immune-regulation and induction of expression of interferon genes (Brien et al., 2011).

DHODH inhibitors induce interferon stimulated genes (ISG) and thus strengthens the innate immune system and can act as host directed therapy against viral infections (Lucas-Hourani et al., 2013). A DHODH inhibitor FA-613, which is active against influenza A & B, SARS and MERS (Cheung et al., 2017; Coelho and Oliveira, 2020), induces expression of IFN- $\beta$ 1 and ISG-15. Antiviral efficacy of FA-613 was lost in interferon-deficient vero-cells (Cheung et al., 2017; Coelho and Oliveira, 2020). Other DHODH inhibitors like DD264 (Brequinar) and SW835 also stimulated the production of IRF1 mediated expression of antiviral genes in human cells (Lucas-Hourani et al., 2013; Luthra et al., 2018). GSK-983, which also target activity of DHODH, activates immune response through IRF-1 and ATM mediated immune system stimulation



**Fig. 1.** Virus directed and host directed actions of DHODH inhibitors as antiviral agents. DHODH plays an important role in generation of UMP, which is used by the virus for its replication. Thus DHODH inhibitors may hamper the RNA replication process of the virus. By acting on the interferon system, DHODH inhibitors also plays crucial role in activation of innate immune system. Leflunomide/teriflunomide shows binding to the spike: ACE2 interface (*in silico* evidence), binds to active site of M-Pro of SARS-CoV-2 (*in silico* evidence).  $\downarrow$  indicates inhibition and  $\uparrow$  indicates possible inhibition (only *in silico* evidence). Green arrow  $\rightarrow$  indicates activation of a pathway. ISG: Interferon stimulated genes, IRF: Interferon regulatory factors. MPro: Main protease, DHODH: Dihydroorotate dehydrogenase, UMP: Uridine monophosphate.

(Coelho and Oliveira, 2020). The possible mechanism of stimulation of innate immunity by DHODH inhibitors is showed in Fig. 1.

### 1.3. Antiviral effect of DHODH inhibitors

In animal model (RAG<sup>-/-</sup> mice), two DHODH inhibitors (FK778 & Cmp1) inhibited the replication of CMV (Xiong et al., 2020). Other viruses/viral diseases against which efficacy of DHODH inhibitors are reported are Newcastle disease, Ebola, EBV and Picornavirus (Maghzi et al., 2020). On the basis of structure based virtual screening (against the ubiquinone-binding site of DHODH) and *in vitro* studies, Xiong R et al., 2020 identified two potent DHODH inhibitors (S416 and S312) which were found to be active against influenza-A virus (Xiong et al., 2020). Another DHODH inhibitor FA-613 was found to be active against influenza A & B, SARS and MERS (Cheung et al., 2017; Coelho and Oliveira, 2020).

### 1.4. Antiviral effects of approved DHODH inhibitors (leflunomide and teriflunomide)

DHODH inhibitors approved by FDA are leflunomide and teriflunomide. Leflunomide [N-(4-trifluoromethylphenyl)-5-methylisoxazole-4-carboxamide] belongs to the category of isoxazole compounds. After oral administration, it is rapidly metabolized to the active-metabolite teriflunomide (A77 1726) and hepatic cytosolic & microsomal fractions are implicated in its metabolism. In kinetic studies, the metabolite teriflunomide is primarily evaluated for PK-PD correlations (Rozman, 2002). These agents are approved as immunomodulators for the treatment of rheumatoid arthritis (Xu and Jiang, 2020) and multiple sclerosis (Xu and Jiang, 2020). These agents are also reported to have antiviral effect against different viruses e.g. cytomegalovirus (Gokarn et al., 2019; Silva et al., 2018), BK viremia (Chen et al., 2013; Nesselhauf et al., 2016), HIV-1 (Read et al., 2010), Junin virus (Sepúlveda et al., 2018) and Epstein-Barr virus (Zivadinov et al., 2019).

## 2. LEFLUNOMIDE/TERIFLUNOMIDE (approved DHODH inhibitors) in COVID-19

DHODH inhibitors are reported to have anti-SARS-CoV-2 effect (Xiong et al., 2020) and clinical case reports and studies are increasingly coming up on the same (Maghzi et al., 2020, p. 1). In this context, we have reviewed the safety and efficacy of FDA approved DHODH inhibitors (leflunomide and its metabolite teriflunomide) against “SARS-CoV-2” and in the evidence generation process; we reviewed data from *in silico*, *in vitro*, preclinical *in-vivo* and clinical studies.

### 2.1. Computational drug re-propositioning studies

#### 2.1.1. Target-centered in silico based screening studies

Leflunomide was found to bind to two important targets of SARS-CoV-2, which are M-pro (Farag et al., 2020; Sencanski et al., 2020) and spike protein: ACE2 interface (Smith and Smith, 2020). In case of SARS-CoV-2 main protease (MPro), leflunomide was found to bind with both the central site of M-pro (S score of  $-7.1231$  kcal/mol) and the allosteric pocket (binding energy  $-5.7$  kcal/mol). In case of binding of leflunomide to spike protein: ACE2 interface, Smith et al. found leflunomide to be among the top posers among the 8000 screened candidates for binding to host recognition region of S-protein. However, none of the studies provided details of amino acid level interactions. [Data showed in Table 1].

#### 2.1.2. Artificial intelligence (AI) and machine learning (ML) based screening studies

AI/ML based approach is increasingly being used to identify novel drugs or to repurpose existing drugs against COVID-19. Batra R et al., 2020 (Batra et al., 2020) used a sequential machine learning based

**Table 1**

Details of studies based upon target centered in-silico approach, AI/ML based screening approach, host transcriptional response and network biology based approach and in-vitro studies.

S. No.	Type of study/ Study design	Details of study/ Study methodology	Result	References
1	Target-centered in-silico based screening	<b>Target:</b> MPro <b>Site targeted for in-silico design:</b> Allosteric site of MPro	Leflunomide binding energy $-5.7$ kcal/mol	Sencanski et al. (2020)
2	Target-centered in-silico based screening	<b>Target:</b> MPro (PDB: 6LU7) <b>Site targeted for in-silico design:</b> Inhibitory peptide (N3) binds to the substrate binding pocket of COVID-19 MPro. Central site of protease domain	Leflunomide S score $-7.1231$ kcal/mol, Leflunomide was one of the top 100 drugs with good binding profile. However, they did not evaluate leflunomide in-vitro.	Farag et al. (2020)
3	Target-centered in-silico based screening	<b>Target:</b> Spike protein: ACE2 interaction	Leflunomide was among the top 50 ligands.	Smith and Smith (2020)
4	AI/ML based screening	<b>Target:</b> S Protein and S: ACE2 interaction surface <b>Methodology:</b> Autodock Vina scores of ligands against S-protein (n = 8120) and of S-Protein: human ACE2 (n = 5478) were used for training Random Forest (RF) machine learning model. The RF models were validated by conducting docking calculations.	Leflunomide was one of the top 50 candidates	Batra et al. (2020)
5	Drug repurposing studies based upon host transcriptional response and network biology	The bronchoalveolar lavage fluid (BALF) of 8 COVID-19 patients and 20 healthy controls were analysed for transcriptomic changes. Differential expression analysis was performed with Bioconductor edgeR and limma packages and visualized with Principal Component Analysis (PCA). Pathway and drug repurposing analysis was performed on the cogen package.	Leflunomide was one of the top 20 enriched drugs.	Jia et al. (2020b)
6	Drug repurposing studies based upon host	RNA seq data from normal human bronchial epithelial cells,	Leflunomide is among the top 100 identified	(Li et al., 2020, p. 19)

(continued on next page)

Table 1 (continued)

S. No.	Type of study/ Study design	Details of study/ Study methodology	Result	References
	transcriptional response and network biology	cells without ACE2 expression. Lung cancer expressing ACE2, and SARS-CoV-2 infected cells were obtained from Geo database. Significant fold changes (Fischer exact test, P = 0.1) was used to identify significant Gene Ontologies (GOs). Activated GOs were divided in subgroups by affinity propagation clustering (APclustering). The genes upregulated in each subgroup were analysed in the connectivity map (CMAP) database to identify potential drug candidates.	possible candidates.	
7	Drug repurposing studies based upon host transcriptional response and network biology	380 unique Covid-19 drug targets were identified from 1) <a href="https://www.clinicaltrials.gov">ClinicalTrials.gov</a> , 2) Human proteins interacting with Sars-Cov-2, and 3) genes associated with SARS-CoV. The tissue specific gene expression data were obtained from databases e.g. GTE <sub>x</sub> , OpenTargets, ChEMBL, DrugBank and DGI platforms were used to map the drug targets with potential drugs. 726 target disease associations were prioritized by scoring on basis of 1) omics 2) Infection score, 3) Druggable score and 4) Target score.	DHODH as a target gene to abate COVID-19. Leflunomide and teriflunomide are known and approved DHODH inhibitors.	<a href="#">Zheng et al. (2020)</a>
8	In vitro study	<b>Drugs evaluated:</b> Leflunomide and teriflunomide. <b>Cell line model:</b> Vero E6 cell line SARS-CoV-2 (MOI = 0.05)	<b>Leflunomide:</b> EC50: 41.49 ± 8.84 μmol/L, CC50: 879 ± 62.58 S.I.: 21.19 <b>Teriflunomide:</b> EC50: 26.06 ± 6.4 CC50: 850 ± 67	<a href="#">Xiong et al. (2020)</a>

Table 1 (continued)

S. No.	Type of study/ Study design	Details of study/ Study methodology	Result	References
			S.I.: 32.64 EC50 (μmol/L) of other drugs evaluated: Favipiravir: 67 μmol/L, Remdesivir: 0.77 μmol/L, Chloroquine: 0.017 μmol/L, <b>Cell line model:</b> Vero E6 cell line SARS-CoV-2 (MOI = 0.03) <b>Teriflunomide:</b> EC50: 6.00 ± 0.77 CC50: 850 ± 67 SI: 141.75	

combined methodology to screen the ligand databases against spike protein of SARS-CoV-2 or the S:ACE2 interaction surface, which was followed by validation using Autodock. For training of the ML-model and validation, they used dataset from [Smith and Smith \(2020\)](#) ([Smith and Smith, 2020](#)). Testing the trained model against “FDA approved CureFFI” dataset, common active ingredient from “DrugCentral” and “BindingDB dataset” of small molecules revealed a total of 187 ligands with good binding scores. Out of the 187 ligands, 87 were from FDA approved dataset. After performing ensemble docking study of the selected 187 ligands, 175 ligands out of 187 showed favorable profile. Leflunomide was one of the top 50 candidates. Data showed in [Table 1](#).

### 2.1.3. Host transcriptional response and network biology based drug re-purposing

Biological networks provide an excellent platform for understanding and characterizing complex multilevel biological interactions i.e. interactomes and is increasingly being used in the new drug discovery and drug repurposing process ([Zhang et al., 2014](#)). [Jha Z et al., 2020](#) ([Jia et al., 2020](#)), used transcriptomic data of broncho-alveolar lavage fluid from healthy controls and COVID-19 cases and a differential expression analysis was performed. “KEGG pathway analysis”, “reactome pathway analysis” and “computational repositioning” was then performed for the co-expressed genes. For the pathway analysis they used “KEGG” and “reactome gene sets” and the drug-induced transcriptome was used for cogena-based drug-repositioning. Leflunomide was identified as one of the top 20 enriched drugs (leflunomide ranked 15th).

In another transcriptional response of host-cell to SARS-CoV2 based drug re-purposing, [Li et al. \(2020\)](#) used RNA sequence data of normal human bronchial cells, lung cancer cell line without ACE2 expression (A549), lung cancer cells with ACE2 expression (CALU-3) and SARS-CoV-2 infected cells and signaling network analysis was done. Identification of potential gene candidates was identified through signaling network analysis. On the basis of gene ontology (GO) analysis, genes that were upregulated within each super GO were used as signatures to identify potential drugs that can inhibit activation of these super GOs. Drug-target interaction analysis was done with the FDA approved drug bank database. These gene signatures were fed into the connectivity map database to identify potential drugs and drugs were categorized based upon gene set enrichment analysis (GSEA) scores. They have highlighted top 100 FDA approved drugs based on GSEA score to identify potential drugs against COVID-19. Leflunomide was one of them. Among the identified drugs they identified 16 drugs, the clinical trial of which was also running simultaneously for the treatment of COVID-19. Leflunomide was one of these 16 drugs.

In another multi-omics based study, disease-atlas of drug-targets for COVID-19 were constructed and using this 726 target disease associations were prioritized (on the basis of mendelian randomization and co-



localization evidence). The whole study resulted in identification of three potential genes as targets of COVID-19 therapy, which included DHODH and leflunomide and teriflunomide are known inhibitors of DHODH (Zheng et al., 2020). Data from all these studies is showed in Table 1.

## 2.2. In vitro efficacy of leflunomide/teriflunomide against SARS-COV-2

Efficacy of leflunomide and teriflunomide was evaluated *in vitro* settings (Xiong et al., 2020) and both Leflunomide and teriflunomide showed inhibitory action against “SARS-CoV-2” in “vero E6 cells” (MOI 0.05) with EC50 of  $41.49 \pm 8.84 \mu\text{mol/L}$ . However, teriflunomide was found to be more potent with EC50 of  $26 \mu\text{mol/L}$  (at MOI 0.05) and  $6 \mu\text{mol/L}$  (at MOI 0.03). Notably, EC50 of leflunomide was found to be higher than fevipiravir, but lower than remdesivir and chloroquine. At MOI 0.05, leflunomide had higher selectivity index compared to teriflunomide, whereas at MOI 0.03, teriflunomide showed a higher selectivity index. Data showed in Table 1.

## 2.3. Efficacy of leflunomide/teriflunomide against SARS-COV-2 in pre-clinical IN-VIVO studies

After exhaustive search of different databases, we couldn't find a single study which evaluated the “safety and efficacy” of leflunomide/teriflunomide in animal models of “COVID-19”.

## 2.4. Clinical safety and efficacy: leflunomide/teriflunomide versus control/standard of care (SOC)

We could find two comparative clinical studies, where leflunomide was compared against control/standard of care (Ke et al., 2020; Wang et al., 2020), and one dedicated case series on teriflunomide in COVID-19, which evaluated the “safety and efficacy” of leflunomide/teriflunomide in “COVID-19” (Mantero et al., 2020a) [Details shown in Table 2]. Among these studies, the study by Wang Q et al., 2020 is a

pre-print (Wang et al., 2020).

### 2.4.1. Duration of viral shredding

Duration of viral shredding represents an important endpoint to evaluate the clinical antiviral activity of an agent under investigation. In the study by Ke et al. (2020) (Ke et al., 2020), leflunomide treatment showed significantly “shorter duration of viral shredding time” (median 5 days in leflunomide group vs. 11 days in control, mean  $\pm$  S.D.  $5.67 \pm 2$  days in leflunomide and  $10.33 \pm 1.155$  days in control group, (mean derived from original data provided in the article  $n = 3$  in each arm,  $p < 0.05$ ).

In the open label controlled study by Wang et al., 2020 (Wang et al., 2020), median time of viral shredding in the leflunomide group ( $n = 15$ ) among clearers till 14th day post enrollment ( $n = 12$ ) was 6 days (IQR 1–12). Among 3 patients who did not clear the virus in leflunomide group till day 14 post enrolment, leflunomide was further continued and virus clearance was noted with 1, 2 and 5 days of additional leflunomide. However, in the standard of care group ( $n = 12$ ), only two patients showed clearing of the virus on day 14 post enrollment. After 14 days of standard of care, the control patients ( $n = 9$ ) were crossed over to leflunomide, and median duration of viral clearance in the cross over group was 9 days (IQR 1–13) following initiation of leflunomide.

### 2.4.2. SARS-CoV-2 clearance

Number of patients who became cleared of the virus at specific time points represents an important clinical endpoint to evaluate the antiviral activity of an agent under evaluation (Jomah et al., 2020). Two comparative studies reported “clearance of SARS-CoV-2” following treatment with leflunomide. Wang et al., 2020 reported higher proportion of patients (80%) showed better clearance of the virus compared to standard of care (16.7%) on day 14 post initiation of therapy ( $P < 0.05$ ) (Wang et al., 2020). Another study by Ke et al. (2020), all the 3 patients (100%) showed virological clearance in the leflunomide arm, whereas, in the control arm none (0%) showed virological

**Table 2**

Details of clinical trials, observational studies and dedicated case series reporting safety and efficacy of leflunomide and teriflunomide in COVID-19. (N.A. = not applicable).

S. No	Study design	Population	Intervention	Control	Co-interventions	Outcome	Comment	References
1	Open label Randomized controlled trial	Lab confirmed (RT-PCR) moderate COVID-19 patients (Moderate as per NHC, 2020; China),	Leflunomide 50 mgm 12 hourly three times daily than 20 mg every day for total 10 days. N = 5	Blank control N = 5	Arbidol, Lianhua qingwen capsule (traditional medicine), magnesium isoglycyrrhizinate & cefoperazone.	Time from leflunomide initiation to discharge, length of hospitalization, duration of viral shredding and safety.	2 patients in each group showed COVID-19 PCR negativity, however, there were obvious lung inflammatory opacities, so these four patients were excluded while calculating “viral shredding time analysis”.	(Ke et al., 2020)
2	Open label controlled study/Allocated as per patients' choice	PCR+, Radiologically confirmed COVID-19 cases positive for the virus for >28 days despite standard of care.	Leflunomide 30 mg/day in patients <64 years and 20 mg/day in patients $\geq 65$ years N = 15	Standard of care N = 12	Standard of care was given to both the groups, which included antibiotics, antivirals, glucocorticoids and Lianhua capsules	Rate and time of SARS-CoCV-2 clearance, 14 and 30 day hospital discharge rate, flare incidence, Adverse event	The trial was initiated and registered as RCT (ChiCTR2000030058), but later the allocation to different groups were made on the basis of patients' choice.	Wang et al. (2020b)
3	Case series	COVI-19 positive multiple sclerosis patients on teriflunomide	6 Patients already on Teriflunomide for multiple sclerosis with mean duration $2.1 \pm 1.6$ years.	N.A.	N.A.	All the 6 cases had mild self-limiting disease.	None had other co-morbidities, PCR diagnosis in only three cases, rest three diagnosis was done based on typical symptomatology following a contact.	(Mantero et al., 2020b, p. 19, p. 19)
4	Case series	Multiple sclerosis patients on teriflunomide developing COVID-19	5 patients already on teriflunomide for multiple sclerosis.	N.A.	N.A.	In all 5 patients, disease was mild disease.	Symptoms ranged from mild fever to mild dyspnea. In 4 patients, there was no requirement of hospitalization, while the 5th patient developed the disease during hospitalization.	Mantero et al. (2020b)

clearance on day 8 post initiation of therapy (Ke et al., 2020).

#### 2.4.3. Effect of leflunomide on level of C reactive protein (CRP) level

C reactive protein is an important biomarker of inflammatory status in different diseases e.g. rheumatoid arthritis, sepsis etc. (Dhingra et al., 2007). CRP also serves an important prognostic biomarker for COVID-19 with higher level correlating well with disease severity (Ali, 2020, p. 19). In the study by Ke et al. (2020) (Ke et al., 2020), compared to baseline (median 37.4, IQR: 7.8–120.6) a significant decrease in CRP level was seen in the leflunomide treatment group post treatment (median 5, IQR 5-5).

#### 2.4.4. Duration of hospital stay

Duration of hospital stay and hospital discharge rate at specific day can serve as important surrogates of the health status of patients under different disease conditions (Baek et al., 2018). In a single study (Wang et al., 2020), “median duration of hospital stay” was 11 days (IQR 7–19) in the leflunomide group and it was median 24 days in the SOC group ( $P < 0.05$ ) showing lower duration of hospital stay in leflunomide group.

#### 2.4.5. 14 day and 30 day hospital discharge-rate

In a single study (Wang et al., 2020), 14-day hospital discharge rate was 73.3% in leflunomide group compared to only 8.3% in the SOC arm ( $P < 0.05$ ). Similarly, 30 day discharge rate was also higher in the leflunomide group compared to the SOC group (100% in leflunomide group, 66.7% in the SOC arm,  $P < 0.05$ ).

#### 2.4.6. Effect of leflunomide/Teriflunomide on severity of infection

Although we don't have data from dedicated controlled studies, two case series on teriflunomide addressed this issue. In a case series of five “COVID-19” infected cases among teriflunomide treated patients with multiple sclerosis (Maghzi et al., 2020), All the patients had mild disease (100%, 5/5) and 4 patients recovered with medications and no hospital admission was required, while the 5th patient developed the disease while in hospital for other disease condition, however after restarting teriflunomide, his fever didn't exceed 37.5° (Maghzi et al., 2020). In another case series of 6 multiple sclerosis patients on teriflunomide therapy (Mantero et al., 2020a) with average duration of teriflunomide use of  $2.1 \pm 1.6$  years (no additional co-morbidity), all had a self-limiting mild disease. None of the patients developed leucopenia, neutropenia or lymphopenia. None of the patient required hospital admission.

#### 2.4.7. Adverse effects

In a single study, 73% in the leflunomide group showed adverse events, however, more adverse events were seen in the control group (83.3%) (Wang et al., 2020).

**2.4.7.1. Treatment emergent adverse effect (TEAE).** In a single study, 40% patients in the leflunomide group showed treatment emergent adverse event, whereas only 25% in the SOC group showed TEAE (Wang et al., 2020).

**2.4.7.2. Alteration in lipid profile.** Hyperlipidemia was seen in 20% of the population in the leflunomide group (3/15) and 16.7% (2/12) in the SOC group.

**2.4.7.3. Alteration in hematological profile.** Alterations in hematological profile reported in the leflunomide group (single study) were leucopenia (20%) and Neutropenia (13.3%) (Wang et al., 2020). Other less common TEAEs were lymphopenia, thrombocytopenia each of which occurred in the leflunomide Group (6.7% for both). However, no such adverse effects were noted in the control group (Wang et al., 2020).

**2.4.7.4. Alteration in liver function.** One study reported higher level of liver enzymes (AST and ALT) in the leflunomide group ( $p < 0.05$  for each) when compared to the control/SOC group (Ke et al., 2020). In the study by Wang et al., 2020 (Wang et al., 2020) elevation of ALT was seen in 6.7% of case (1/15) in the leflunomide and 0% cases in the SOC group. These changes were commonly reversible after stopping of leflunomide and standard clearance protocols were sufficient for dealing with such an increase (Ke et al., 2020).

#### 2.5. Clinical safety and efficacy: leflunomide as add on to other therapy

One single RCT evaluated leflunomide as add on to nebulized interferon alpha-2a (Mantero et al., 2020b) among patients with prolonged post symptomatic viral shredding. However, no difference was seen between the interferon alpha-2a + leflunomide arm compared to interferon alpha-2a alone arm with regards to “duration of viral shredding (confirmed by RT-PCR)” and “duration of hospital stay”. It is to be noted that viral shredding was not confirmed by culture (Wang et al., n. d.). Interestingly, two patients in the leflunomide arm couldn't complete owing to occurrence of adverse events.

#### 2.6. Ongoing clinical studies

Three studies are registered in “COVID-19”, out of which 2 studies addressed leflunomide and the third study was a case control study addressing the safety and efficacy of traditional anti-rheumatoid drugs against “COVID-19”. [Details of ongoing studies showed in Table 3].

### 3. Summary and conclusion

DHODH inhibitors are important class of antivirals which can act as both host-directed, and virus directed therapy. The primary antiviral mechanism of DHODH inhibitors involve both inhibition of pyrimidine synthesis and stimulation of innate immunity (through stimulation of interferon stimulated genes e.g., ISGs). In case of SARS-CoV-2, however, other mechanisms like binding to the active site of M-Pro and Spike: ACE2 interface can also play role. The possible virus directed actions of DHODH inhibitors are showed in Fig. 1. However standard precautions are to be exercised while using these agents e.g. in patients having interstitial lung disease and among patients with previous methotrexate exposure (Chikura et al., 2009; Sawada et al., 2009).

To summarize the evidence of efficacy, *in vitro* studies, both leflunomide and teriflunomide showed inhibitory action against “SARS-CoV-2” in vero E6 cells [multiplicity of infection (MOI) 0.05] with EC50 of  $41.49 \pm 8.84$   $\mu\text{mol/L}$ . However, teriflunomide was found to be more potent with EC50 of 26  $\mu\text{mol/L}$  (at MOI 0.05) and 6  $\mu\text{mol/L}$  (at MOI 0.03). Notably, EC50 of leflunomide was found to be higher than Favipiravir, but lower than remdesivir and chloroquine.

In clinical studies, compared to control/standard of care, leflunomide showed significant benefit in terms of decreasing the duration of viral shredding (2 studies), decreasing CRP level (1 study, pre post comparison), duration of hospital stay (1 study), 14-day and 30-day hospital discharge rate (1 study) and severity of infection (2 case series on teriflunomide). However, among the four clinical studies included, 1 was a small sample size RCT ( $n = 5$  in each arm), one was a non-randomized controlled trial, and rest two were case series (in both teriflunomide was used,  $n \geq 5$  for both the cases). However, no add on advantage was seen with leflunomide treatment when it was added to (IFN alpha-2a) and the combination did not decrease the duration of viral shredding among patients with prolonged post symptomatic viral shredding compared to IFN alpha-2a alone. However, this fact can be attributed to the involvement of interferon pathway in the efficacy of the DHODH inhibitors, such that addition of additional IFN alpha-2a was not associated with additional benefit.

Among adverse effects, leflunomide use was associated with alteration in lipid profile (hyperlipidemia), alteration in hematological

**Table 3**Details of ongoing studies evaluating safety and efficacy of leflunomide and teriflunomide in COVID-19 (Data collected from [Clinicaltrials.gov](https://clinicaltrials.gov)).

NCT no	Population	Intervention	Control	Outcome	Reference
NCT04361214/Phase 1/Single group trial	Mild COVID patients	Leflunomide	Single group study	Tolerability, Rate of hospitalization, Time to defervescence, Resolution of other COVID-19 symptoms	(University of Chicago, 2020)
NCT04532372/Phase 2/RCT	Severe COVID-19 in Patients With concurrent malignancy	Leflunomide	Placebo	Toxicity, time to clinical response, survival, O2 saturation improvement, SARS-CoV-2 resolution, hospitalization, requirement of mechanical ventilation.	(City of Hope Medical Center, 2021)
NCT04434118/Case control study	Rheumatoid Arthritis Patients on anti-rheumatoid drugs	Traditional anti-rheumatoid drugs	N.A.	Risk of SARS_CoV-2 infection among patients on different anti-rheumatoid drugs. Incidence of hospitalization.	(Abdallah, 2021)

profile (leucopenia, neutropenia and rare ones like lymphopenia and thrombocytopenia), alteration in liver function test (in most cases reversible after stopping of the drug) were commonly encountered adverse effects in “COVID-19” population.

To conclude, leflunomide seems promising against “COVID-19” across all range of studies ranging from *in silico*, *in vitro* and clinical studies. Although seems promising, we need more targeted evaluation of leflunomide as an “anti-COVID-19” agent in larger sized blinded placebo/standard controlled RCTs before coming to a final conclusion.

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### Ethical clearance

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### CRedit authorship contribution statement

**Hardeep Kaur:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Phulen Sharma:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Anusuya Bhattacharyya:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Saurabh Sharma:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Neeraj Chhimpia:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Manisha Prajapat:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Ajay Prakash:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Subodh Kumar:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Ashutosh Singh:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Rahul Singh:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Pramod Avti:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Prasad Thota:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. **Bikash Medhi:** Conceptualization, Data curation, Formal analysis, and/or interpretation, Writing – original draft, Visualization, Writing – review & editing. All authors have reviewed the

manuscript and approved the submission.

### Declaration of competing interest

None declared.

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### Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.ejphar.2021.174233>.

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